

NOVA SCOTIA
HOSPITAL FOR THE INSANE.

REPORT FOR

1877.



HALIFAX, N. S. :
PRINTED BY THE NOVA SCOTIA PRINTING COMPANY,
1878.

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NOVA SCOTIA
HOSPITAL FOR THE INSANE,

HALIFAX, N. S.

TWENTIETH ANNUAL REPORT

OF THE

MEDICAL SUPERINTENDENT.

PRINTED BY ORDER OF THE WORKS DEPARTMENT.



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PRINTED BY THE NOVA SCOTIA PRINTING COMPANY,
1878.

DEPARTMENT FOR THE INTERIOR

UNITED STATES OF AMERICA

THE NATIONAL ANTHROPOLOGICAL ARCHIVES

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NOVA SCOTIA HOSPITAL FOR THE INSANE,

HALIFAX, N. S.

1877.

Commissioner of Public Works and Mines.

HON. ROBERT ROBERTSON, M. P. P., M. E. C.

Board of Commissioners.

GEORGE G. DUSTAN, Esq., J. P., Chairman.

PETER ROSS, Esq., J. P.

DOMINICK FARRELL, Esq., J. P.

Visitors, *ex officio*.

The LIEUT. GOVERNOR, The CHIEF JUSTICE, The PROVINCIAL
SECRETARY, The PRESIDENT OF THE LEGISLATIVE
COUNCIL, The SPEAKER OF THE HOUSE OF
ASSEMBLY, and the heads or authorized
representatives of all Christian
Churches in the Province.

Medical Superintendent.

JAMES R. DEWOLF, M. D., EDIN., L. R. C. S. E., &c. &c.

Assistant Physician.

D. A. FRASER, M. D.

Bursar and Accountant.

MR. A. S. HUNT.

Storekeeper.

MR. GEORGE DOWNIE.

Housekeeper.

MRS. R. D. DICKSON.

Supervisors.

MRS. GEORGE DOWNIE.

MR. JOHN H. McNAB.

Engineer.

MR. R. D. DICKSON.

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REPORT
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MEDICAL SUPERINTENDENT.

To the Hon. the Commissioner
of Public Works and Mines: }

SIR,—I have the honor to submit the following Report upon the condition, progress and requirements of the Hospital for the year 1877, together with a brief retrospect of the past nineteen years.

The professional results are highly satisfactory, not only as regards the current year, but also for the whole period under review, as will appear from the following summary.

The admissions for 1877 have been ninety-four (94), and the discharges eighty (80), leaving three hundred and fifty-one (351), on our register at the close of the year.

The whole number under care during the twelve months was four hundred and thirty-one (431), and the daily average three hundred and forty-seven (347).

Of those discharged forty-eight (48) were considered as recovered, seven (7) more or less improved, and twenty-five (25) died.

The summary for the whole nineteen years gives a total, including one hundred and eighty (180) re-admissions, of twelve hundred and seventy-five (1275) under care. Of these nine hundred and twenty-four (924) were discharged, as follows:—Two hundred and sixty-five (265) died; twenty-one (21) have been removed unimproved; ninety-three (93) benefited to a greater or less extent; and five hundred and forty-five (545) have been discharged as recovered.

The mortality rate on the average number for 1877 has been seven per cent. (7.2), the mean of all former years has been six per cent. (6). *Reckoned on the whole number under care*, the rate for the current year has been less than 6 per cent. (5.8).

The recovery rate, which last year was unusually high, again presents an average of fifty per cent. on the admissions (51.06), the

mean of all former years having been forty-three per cent. nearly, (42.7).

In the recoveries this year the number of both sexes has been the same, twenty-four (24) of each, while of those who died, fourteen (14) were men, and eleven (11) women.

The tables covering the whole period from the opening of the Hospital, show a higher recovery rate for women than for men, (44 to 42), and also show that women are less liable (5.5 to 7.3), to die insane. These statistical results corroborate the views expressed on this subject by recent authors of repute.

Admissions.

The admissions have been more numerous than in any previous year since 1875, immediately after the completion of the Hospital. Besides those actually received, there were frequent applications made for persons whom it was not in our power to accommodate.

Judging by the eagerness with which admission is sought, the Institution has not lost public confidence. Many of those applied for, were cases of long standing.

During the temporary absence of the Superintendent in the Autumn, two cases, entirely unsuited, were rushed in, one in the last stage of disease and in advanced years; the other a hopeless and harmless idiot, who can receive no benefit beyond the food and shelter which ought to have been provided elsewhere.

We have been charged with refusing, on insufficient grounds, to receive patients here, whereas *no individual has ever been denied admission whose case presented the slightest prospect of improvement*; nor were any excluded who were considered dangerous to themselves or others, even though hopelessly insane.

Recoveries.

The high recovery rate which it has been our good fortune to attain to, extending as it does over the whole period since the Hospital was opened, has suggested to some the idea that a single patient was often made to register several cases of recovery. It has been more than insinuated that our returns were not indicative of actual results.

In order to settle this point, I have gone carefully over the re-admissions and find that out of five hundred and forty-five (545) recoveries, only sixty-one (61) have been discharged more than

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once. Some of these have had periods of home enjoyment varying from three to five years or more.

It is owing to our system of discharging "on probation," that we have so few relapsed cases to register here, and the proportion above enumerated will be acknowledged as exceptionally low, and as being consequently all the more satisfactory in a professional light.

Deaths.

The mortality rate, although less than in several previous years, was slightly—about 1 per cent.—in excess of last year.

There were twenty-five deaths in all; four having succumbed to debility and old age, and two to the exhaustion consequent upon Mania and Melancholia. One died from Heart Disease, one from Disease of Kidney, and one from Cancer. Three died from Epilepsy, three from Paresis, four from Apoplexy or Paralysis, and six from Pulmonary Phthisis; one of whom had recovered from his insanity.

It is satisfactory to note that no suicide, nor any serious accident, occurred; all the deaths were from natural causes.

Extending over a period of nearly twenty years the low rate of six per cent—6%—on the average number under care, will be acknowledged as a very gratifying result.

Decease of Non-Resident Officers.

During the past year we have been deprived by death of one of our respected Chaplains, Mr. Hunt; and our worthy Bursar, Mr. Thos. McCulloch; as well as of our esteemed Clerk of Works, Mr. Reid.

The Rev. A. S. Hunt, Superintendent of Education, who, for more than ten years past, has officiated here on the third Sunday of every month, was summoned, after a short illness, to a better world. During the whole period of his ministrations at the Hospital, he imparted hope and encouragement to the desponding, sympathy to the suffering, and most excellent counsel to those able to profit by it. He is greatly missed, not only by the patients, but also by the officers and attendants.

Mr. McCulloch, who had long been in delicate health, was suddenly prostrated by recurrence of Pulmonary Hæmorrhage, from which he never rallied. The loss to the Hospital was serious, since he was admirably adapted for the post he occupied, by his thorough knowledge of business, his gentlemanly deportment, his unwavering

conscientiousness, and his strict impartiality. These and many other good qualities, had endeared him to all within the sphere of his acquaintance.

The Hospital has sustained a further loss this year in the demise of our active and efficient Clerk of Works, Mr. H. B. Reid. The constantly recurring need of repairs in a building so extensive as this, gave scope for careful oversight, and unremitting attention. Mr. Reid's visits to the Hospital were very frequent, and his duties were never neglected.

To the bereaved families of these respective officers, we tender, on behalf of our household, the warm sympathy of all, and the most sincere condolence.

Industrial Occupation.

The question is often asked,—and not unfrequently in an exceedingly dubious tone—"do you get your people to do any work?" With strangers the prevalent idea seems to be that the patients do not employ themselves so steadily or efficiently as would be desirable. When however, these persons have once visited the Hospital, and witnessed the industry manifested in its daily routine, they confess themselves greatly enlightened on the subject.

"From early morn to dewy eve" they find working parties carrying out their several missions. From the time the fireman is aided by his willing co-laborer at dawn, until the last item of work for the day has been accomplished, the industrious patients have been steadily at work in their various departments.

Either within or beyond the building, singly or in groups, the inmates, male and female, who are willing to work, are usefully employed. Gratuities are given to encourage industry, and commendation is bestowed upon the deserving, but no forced labor is exacted

Remuneration of Industrious Patients.

It would be only just and fair to recompense the quiet industrious patients, either by periodical money payments, or by allowing their earnings to accumulate, and paying them the interest of that sum annually, should they become able to leave the Hospital.

I have advocated this in a previous report, and am convinced

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that, within certain restrictions, it could be so carried out as to be advantageous to the Hospital, and beneficial to the patients.

Thus did we write in our report for 1861, and the remarks were supplemented by quotations from the best authorities, including Sir James Coxe and Dr. W. A. F. Browne, Commissioners in Lunacy for Scotland.

It had even before that period been proved in continental asylums, that this plan could be satisfactorily carried out, but no record is given, so far as I am aware, of its having been introduced, except in a very limited way, into British or American Asylums. Gratuities are awarded it is true, and extra diet is allowed to industrious patients, but a fair and impartial system of payment for labor according to valuation has not been arrived at, until quite recently.

Dr. Orange, Superintendent of the State Asylum for insane criminals, at Broadmoor, England, was the first to carry the scheme into practice systematically; and he has found it to work admirably. He states as follows:—

“A change in the character of the inducement held out to patients, with a view of leading them to employ themselves usefully, was made in 1874, and this change has been attended by a considerable increase in the amount of profitable work performed.”

“In 1875 the issuing of beer in the forenoon and afternoon as a reward for work, was discontinued, and a scheme was introduced instead by which a small portion of the money value of the work actually done, is credited to the workers, to be expended for them, according to their individual tastes, in procuring trifling luxuries of a harmless nature.”

The estimated value of the work in the mechanical departments, increased by more than one hundred per cent., and “notwithstanding the allotment of sums of money to the working patients, the annual cost of maintenance has undergone reduction to a very appreciable extent.”

Dr. Orange submits blank forms of the account books in which the work and its value are registered, and he gives explanatory remarks. The value is estimated by piece work when practicable. No cash passes into the patients hands; they fill in a requisition which is countersigned by the Superintendent, and a strict account is kept of every item.

That this system is worthy of adoption and ought to be generally acted upon, is proved not only by this successful experiment at Broadmoor, but also by previous examples elsewhere, as noted above.

Because a man is deprived of the light of reason, it does not follow that his right to compensation for work performed, is thereby forfeited. It may be granted that the earnings of patients only average about one-fifth of the value of hired labor; but whether the ratio of remuneration be large or small, it ought to be carefully estimated and impartially distributed; for no one will deny that “the laborer is worthy of his hire.”

Lunar Influence.

The very word "lunatic" derives its meaning from the supposed mysterious influence of the moon upon those bereft of reason. In what way does this subtle force manifest its operations? Simply, in my opinion, by interfering with sleep, in the same way that any artificial light would do. The insane are especially susceptible to irritation. The mental disorder causes restlessness and excitability, and predisposes the system to be more keenly affected than at other times, by external impressions.

We have found many of our patients restless and noisy on moonlight nights. Following this loss of sleep, they are subject to irritable feelings through the day; and another still more restless night is experienced, succeeded by a day of discomfort and disquiet.

The remedy for all this was very simple, and consisted merely of a dark blind to the bed room window. The exclusion of light produced a satisfactory result, and very rarely failed in inducing natural sleep.

The above we believe to be the true explanation of the theory of lunar influence.

Occurrences of the Year.

In addition to the concerts and customary entertainments alluded to under the head of Acknowledgments, we have had sundry variations from ordinary routine that are worthy of being placed on record.

VISIT OF THE ADMIRAL.

His Excellency the Naval Commander-in-Chief honored the Hospital with a visit, leisurely inspected the wards, the heating arrangements, the laundry, and other parts of the establishment, and was kind enough to express his opinion as follows:—

"The inspection of the Asylum for the Insane at Dartmouth has much gratified me. I have visited several similar Institutions, and know of none that surpasses it in cleanliness and good order, or in the evident care bestowed on the well-being of the patients in all respects."

(Signed), A. COOPER KEY,
Vice-Admiral,
Commander-in-Chief.

H. M. S. Bellerophon, Oct. 10, 1877.

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Marriage of Attendants.

Two worthy and estimable attendants, who had been long in the Hospital service, were united in the bonds of matrimony in our Chapel on the 5th of July. The friends of both parties were here as guests, and the attendants and patients were assembled not only at the marriage ceremony, but afterwards at a social gathering in the ward which had been recently under the charge of the bride. The groom continues in our employ, and is often entrusted with special duty, as a mark of well deserved confidence. We have at present a greater number of married attendants in our service than at any time previously.

Christmas Dinner and Decorations.

This festive season has invariably been marked in this Hospital by good cheer and kindly congratulations. Excluded from the outer world we are here drawn closer to each other; and these joyous occasions are hailed with no small delight.

Christmas of 1877 was notable with us for its rational and yet enthusiastic enjoyment. Our wards had been elaborately decorated with evergreens, in the shape of wreaths, mottoes and festoons, presenting in some instances an appearance not only tasteful but even artistic. A generous rivalry prevailed as to which of the various wards should "bear the palm."

The customary Christmas fare was participated in throughout the entire Hospital, and every inmate appeared conscious of the day's observance. Several of the senior patients from both sides of the house, accepted the Superintendent's invitation and dined with his family, enjoying a happy re-union here, even though far from their own home and friends.

Recognitions from Abroad.

It is gratifying in no small degree to learn by exchanges that our Institution is well and favorably known even in places far remote. The *Witness*, of Sydney, New South Wales, speaks highly of our Hospital, and the writer states he has had personal observation, and he tenders his congratulations on our success. From Madras we received the Official Report of the Surgeon-General, who makes specia

reference to the class of cases admitted in the Nova Scotia Hospital for the Insane. The late Surgeon-Superintendent at the Cape of Good Hope referred pointedly to our Annual Report, and procured the publication of his own Report in imitation of our example. From Trinidad we receive grateful acknowledgments, and our counsel is sought by the Surgeon-General as to the organization of a new Asylum there. From Edinburgh we have the kindest notice in the *Scotsman*, whose Medical editor speaks of our management as "exceedingly creditable." From Pittsburg, Penn., a "tourist's note" comes to us of the most cheering character. From British Columbia we have acknowledgments and eulogies, as also from Bermuda and P. E. Island. Other sources of pardonable pride might be enumerated, but we content ourselves with these evidences of our general reputation for a true devotion to the best interests of the insane.

Case of Purpura.

We seldom allude to individual cases, and decidedly prefer to discuss professional subjects elsewhere than in the pages of our Annual Report. Exceptions occur, however, and we note this case as one worthy of record.

H. H., No. 1092, a native of Newfoundland, was admitted Dec. 27, 1875. Age 22, no occupation, education limited, owing to ungovernable self-will, with an impediment in his speech due to arrest of development of the organs of voice, and arched palate. His gait was slouching and his eyes downcast. He was reported to have been weak-minded for years. An attack of measles three years prior to admission is stated as the supposed cause of the outbreak which led to his being sent here as "dangerous." No special functional disturbance required our attention, the habits and disposition of the patient improved. In February, 1877, after a visit from his uncle, who had formerly been a patient here, he manifested uneasiness and home-sickness, which increased until May, when he attempted his escape by removal of his window sash and lowering himself to the ground by sheets and blankets tied together. In this attempt he failed, the knots becoming loose, and he fell a distance of probably eight or ten feet, spraining his ankle in the fall. This mishap necessitated absolute rest for a while, and we noticed that his appetite flagged, and he became much depressed in spirits. In June he was able to move about, and by the middle of July appeared to have quite recovered from his lameness. At this time Epistaxis set in, accompanied by headache and flushed face. This continued at intervals for two days, when a purple tumor about the size of a cherry was noted attached to the gums of the upper jaw. The bleeding at the nose continued drop by drop, and blood was found to exude freely from

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* Extract

the tumor in the mouth. Rigors now set in, and purple blotches covered the extremities. The breast and upper arms were studded with dark red pin-pointed spots. Blood exuded not only from the mouth and nostrils, but passed freely *from all the natural outlets*, and the drain upon the system was such as to cause syncope whenever the head was raised from the pillow. The skin now presented a blanched and waxy appearance, and debility amounting to prostration supervened. Contrary to our expectation a favorable change occurred, and by careful nursing and suitable diet, with moderate stimulants following the use of the mineral acids, he gradually rallied, and in a fortnight from the first occurrence of hæmorrhage he was out of danger. He has since improved mentally, and although not entirely recovered in that respect, has probably attained to as much self-control and regard for proprieties as can be expected in his case. He is at present at home.

First Appropriation from "The Bell Fund."

This Fund was originally a donation, and subsequently a bequest, from the late Honorable Hugh Bell, who appropriated to this Institution his first year's salary as Mayor of Halifax. Before his decease a friend added two hundred pounds to the original sum, and when the Hospital was about to be opened, Mr. Bell wrote to the Board of Commissioners, who replied to his communication by the following Resolution:—

"Resolved, That the Commissioners in acknowledging the receipt of a letter from the Honorable Hugh Bell, dated 15th inst., informing them that he places at their disposal the sum of £590, would express the warmest thanks for the donation; and in accepting it they pledge themselves to appropriate the interest in accordance with the views and wishes of Mr. Bell, as expressed in his letter, viz., to allow the sum, both principal and interest, to accumulate for the present,—say until it reaches £600,—the interest of this sum then to be appropriated annually either in the purchase of books, or in some other way by which additional comfort and pleasure will be afforded to the inmates of the Hospital."*

Mr. Bell had by his will directed that "the interest for the first four years should be for a Library," and in a subsequent letter explanatory of that bequest, he states, "it would be best to let this remain for the present and accumulate to a larger sum, to be used at a future day, when the Institution is in full operation, and when a better judgment may be formed as to the mode of employing it."

The Library having become greatly diminished by long-continued

* Extract from the Minutes of the Commissioners, December 31st, 1858.

use, application was made for a grant from this Fund, and the sum of £20 Stg., was appropriated to replenish our stock of books. These were imported from London, and are now in daily request throughout the Hospital. It is with a view to the future appropriation of the interest of this Fund, that especial attention is now called to the matter.

A few other books were purchased in Halifax, and besides these we received handsome donations for our Library, which are severally noted under the head of Acknowledgments.

Mrs. Uniacke's Legacy.

Since the date of last Report the sum of five hundred dollars (\$500), N. S. Currency, has been handed over by the Executors of this estate, and deposited at interest to the credit of the Hospital. The fact of this being a Provincial Government Hospital, is no reason why generous and noble-hearted philanthropists should refrain from looking upon it in its true light as a charitable Institution. This view of the Establishment has been presented in our Reports on more occasions than one, and if the time should ever arrive when its management will be confided solely to a board of Trustees or Managers, who will give their gratuitous attention to its administration, separate and apart from Governmental control, divesting the Hospital of every sort of political influence; then, it may safely be affirmed, the truly benevolent and humane character of the Institution will be guaranteed, and generous donations and bequests will follow, even more frequently than now.

Legal Disabilities of the Insane.

It is at present a somewhat tedious and by no means inexpensive proceeding to take out letters of guardianship, in order to the settlement of matters of business, where insanity has deprived persons of their right to manage their own affairs. The practical difficulty in this matter, however, is greatest where no one can be found duly qualified to act as guardian. Again a hardship is felt where the property of the insane is in a great measure withheld, and small pittances doled out to those entitled in all honesty to comforts and conveniences such as they have formerly been accustomed to.

In Ontario the Inspector of Asylums becomes by operation of law the Committee of every lunatic who has no other Committee, and who is detained in a public Asylum in that Province. This leads to the

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collection of a larger revenue for their Asylums from private sources, and furnishes full protection to the estates of such of the insane as have no other legal guardian.

Acknowledgments.

As in former years, the pleasant duty now devolves upon your Superintendent of returning thanks for the numerous favors showered upon the Hospital and its inmates by generous and worthy contributors.

First on the list I would refer to the unfailing kindness and constant attention of those Ministers of the Gospel, who, month after month and year after year, devote their time and talents to the consolation of our stricken household. Our Chaplains are deserving of all praise for the regularity of their attendance and the judicious manner in which they present "the simple truths of the great salvation, as displayed in the Divine love to man."*

The Rev. Prof. McKnight, D. D., has officiated in our Chapel on the first Sunday of every month for upwards of eighteen consecutive years, and retiring, is now succeeded by Rev. P. M. Morrison, of Dartmouth. The Venerable the Archdeacon has performed Divine Service here on every second Sunday of the month for many years, and continues to do so. The late Rev. A. S. Hunt also, held a regular monthly service for more than ten years past. Early in the past winter Mr. Hunt made a generous donation to the Hospital of upwards of forty volumes of excellent books. His lamented decease is elsewhere alluded to. Ministers of the Methodist Church have uniformly given their attendance on the last Sundays of the month. In this way a succession of religious services has been maintained heretofore from week to week, with unbroken regularity.

The Roman Catholic employees and patients attend Mass at Dartmouth. In event of sickness among members of that Church, the very Rev. Canon Woods, P. P., has for the whole period of his incumbency given the most cheerful and prompt attention, administering the consolations of religion, and performing the last sad offices.

The Rev. J. Bell, Rector of Christ Church, Dartmouth, has also frequently ministered to the sick and the dying.

We are under many obligations to our Organist, Mrs. Harrington, who presides over the musical portion of our Sunday Services with great regularity.

For an Organ Recital on two occasions,—to the former of which all the contributors were invited,—we are indebted to Professor Bird, Organist of St. Matthew's Church, Halifax.

*Rev. George Sutherland, New South Wales, author of "Christian Psychology."

We are for the third time under obligation to J. Sandifer, Esq., of London, for a most acceptable and valuable addition to the Hospital Library. His contributions have in all amounted to upwards of five hundred volumes of interesting, well-selected books, constituting heretofore the chief part of our Library. We are indebted also to Mr. Sandifer for other very considerate favors.

The British American Book and Tract Society has kindly contributed monthly packets of illustrated and other papers and magazines.

Miss Sutherland, of Dartmouth, has also favored us with several series of interesting magazines and reviews.

Mrs. Montagu has sent regularly an increased supply of illustrated and other Australian and English papers.

The Messrs. MacKinlay generously gave a handsome discount from the price of books purchased from their firm.

The Directors of the Halifax Steamboat Company, and their obliging Agent, Captain McKenzie, have again placed us under obligation for a delightful excursion in the steamer *Mic-Mac*, early in the Autumn.

George G. Dustan, Esq., Chairman of Commissioners, has favored the patients, as on many former occasions, with sleigh drives and other marks of thoughtful attention.

The Rev. W. H. Heartz, of Halifax, kindly favored our household with a most interesting lecture, illustrated by colored diagrams, descriptive of scenes in the life of the Saviour.

A Magic Lantern Exhibition, with dissolving views and appropriate comments, was given by C. Sidney Harrington, Esq., aided by J. Godfrey Smith, Esq.

We are indebted to C. Edgar DeWolfe, Esq., of Windsor, for a dramatic reading much enjoyed.

M. G. Black and John P. Muir, Esqrs., with their respective friends, favored us with a delightful Concert, vocal and instrumental.

Professor Currie, P. E. Scott, Esq., and members of the "Variety Entertainment Company" gave one of the pleasantest treats in the way of songs, glees, readings and recitations.

Dr. Mitcheson, of the steamship *Faraday*, E. S. Crawley, S. S. Thorne, and G. H. McKenzie, Esqrs., with a number of lady friends, gave us two very interesting theatrical performances.

The members of the Poplar Grove Institute favored us with most enjoyable readings, recitations and music; Mrs. Tidmarsh kindly presiding at the piano-forte.

Thanks are due to members of our staff for excellent music on several very pleasant gatherings, including a wedding party, Halloween, &c This last is always celebrated here.

Acknowledgments are also tendered to Dr. Fraser, Assistant Physician, and A. Hunt, Esq., Bursar, for essential aid in preparing the professional and financial tables appended to this Report.

We are indebted to the Press, as heretofore, for liberal supplies of daily and weekly papers. No kind of reading is so eagerly indulged in at the Hospital as that afforded by the newspapers, and the continued kindness of the proprietors in forwarding these is gratefully acknowledged. We would be under still further obligations if

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members of the "fourth estate" would visit the Institution more frequently, and thus be in a position to know from actual observation the state and condition of our various wards and dormitories, and to see for themselves the working of the whole establishment.

The following papers are regularly received :—

- "Acadian Recorder," (daily).
- "Alliance Journal."
- "Cape Breton Advocate," (Sydney).
- "Christian Messenger."
- "Colchester Sun," (Truro).
- "Colonial Standard," (Pictou).
- "Eastern Chronicle," (New Glasgow).
- "Gospel Banner," (Augusta, Maine).
- "Halifax Reporter and Times," (daily).
- "Journal of Agriculture."
- "Morning Chronicle," (daily).
- "Morning Herald," (daily).
- "News of the Week," (Port Hawkesbury).
- "North Sydney Herald," (Cape Breton).
- "Nova Scotia Farmer," (Annapolis).
- "Presbyterian Witness."
- "Summerside Progress," (P. E. Island).
- "Weekly Journal," (Annapolis).
- "Weekly Monitor," (Bridgetown).
- "Wesleyan."
- "Western Chronicle," (Kentville).
- "Windsor Mail."

Requirements.

The grounds surrounding the Hospital, especially at the frontage on the harbor, require still further grading and terracing, and general improvement. A working plan is being prepared with that object in view.

A new wash-room, in a better position than the one now in use, is a desideratum.

Repairs are urgently called for in several portions of the South side of the Hospital. Painting is needed in some of the wards, and new flooring must shortly be provided. The stair-way walls require the adoption of some means to check the decay due to the absorption of moisture.

An additional supply of hair mattresses is very much needed, as has been formerly stated. They are preferable to straw beds, not only on the ground of comfort and convenience, but also on the score of economy.

A better style of dishes for conveyance of food to the various wards is recommended.

Platform scales are much needed for weighing hay and straw, coal, &c., &c.

Conclusion.

In bringing the Twentieth Report of the Hospital to a close, we are fully conscious of our inability to express the earnestness of our desire for the welfare of its inmates.

Commencing in 1858 with a single patient, and adding to our numbers one by one, it has been our good fortune to see the building brought to completion, and to have witnessed many happy recoveries. This affords a satisfactory retrospect of work performed and of attention bestowed upon those unable to care for themselves.

With full trust in the Providential oversight of the Supreme Being, we confidently commit to Him the future welfare of the Institution.

JAMES R. DEWOLF, M. D. EDIN.,

Medical Superintendent.

MOUNT HOPE, January 1st, 1878.

STATISTICAL TABLES.

STATISTICAL TABLES

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MEDICO-PSYCHOLOGICAL ASSOCIATION TABLES.

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- " 11. Monthly Admissions.
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APPENDIX.

Form of Certificate.
Statement on Application.

TABLE 1.
Showing the admissions, Re-admissions, Discharges, and Deaths for the year 1877.

	Males.			Females.			Total.
	M.	F.	T.	M.	F.	T.	
In Hospital 1st January, 1877.....							337
Admitted for the first time during the year.....	40	36	76				
Re-admitted during the year.....	11	7	18				
Total admitted.....	51	43	94				
Total under care during the year.....	215	216	431				
DISCHARGED OR REMOVED.							
Recovered.....	24	24	48				
Relieved.....	4	3	7				
Not improved.....							
Died.....	14	11	25				
Total discharged and died during the year.....	42	38	80				
Remaining in Hospital Dec. 31st, 1877.....	173	178	351				
Average number resident during the year.....	171	176	347				

TABLE 2.
Showing the admissions, Re-admissions, Discharges, and Deaths, from the opening of the Hospital to the present date, Dec. 31st, 1877.

TABLE 2.

Showing the admissions, Re-admissions, Discharges, and Deaths, from the opening of the Hospital to the present date, Dec. 31st, 1877.

	DISCHARGED OR REMOVED.			Males.	Females.	Total.
	M.	F.	T.			
Persons admitted during the period of eighteen years.....				597	498	1095
Re-admissions.....				102	78	180
Total of cases admitted.....				699	576	1275
Recovered.....	296	249	545			
Relieved.....	61	32	93			
Not improved.....	17	4	21			
Died.....	152	113	265			
Remaining December 31st, 1877.....				526	398	924
				173	178	351

	Summary of Total Admissions, 1869 to 1877.		Both Sexes.
	Males.	Females.	
Per centage of Cases Recovered.....	42.35	43.23	42.75
Not improved.....	8.73	5.55	7.29
Died.....	2.43	.70	1.465
Remaining.....	21.74	19.62	20.78
Total.....	100.00	100.00	100.00
Mean Annual Mortality, 1859 to 1877.....	7.3	5.5	6.0

TABLE 3.
Showing the Admissions, Re-admissions, Discharges and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent., of the Admissions, for each year since the opening of the Hospital.

YEAR.	Admitted.			DISCHARGED.												Remaining 31st December in each year.			Average No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on average number Resident.		
	M.	F.	T.	Recovered.			Relieved.			Not Improved.			Died.			M.	F.	T.	M.	F.	T.	M.	F.	T.			
				M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.												
1859.....	39	31	70	8	3	11	2	1	3	1	0	1	0	0	0	27	55	21	21	42	20.5	9.7	15.7	.0	0.0		
1860.....	32	31	63	8	6	14	2	0	2	2	1	3	3	1	4	50	95	34	36	70	25.0	19.3	22.2	8.8	2.8		
1861.....	38	22	60	14	9	23	4	1	5	0	0	0	3	7	10	62	117	55	50	105	36.8	40.9	38.3	5.6	14.0		
1862.....	31	12	43	12	9	21	1	1	2	2	0	2	4	1	5	74	56	130	69	52	121	18.7	75.0	48.8	5.8	1.9	
1863.....	30	17	47	17	5	22	6	0	6	1	0	1	5	1	6	75	67	142	70	62	132	56.7	29.4	46.8	7.1	1.6	
1864.....	23	23	46	8	10	18	1	2	3	3	0	3	4	6	10	82	72	154	80	71	151	34.8	43.4	39.1	5.0	8.4	
1865.....	24	22	46	12	16	28	5	2	7	1	0	1	9	5	14	79	71	150	81	74	155	50.0	72.7	60.9	11.1	6.6	
1866.....	21	21	42	10	7	17	6	4	10	3	1	4	1	3	4	80	77	157	80	73	153	47.6	33.3	40.5	1.2	4.1	
1867.....	25	15	43	12	7	19	1	4	5	1	1	2	4	1	5	87	82	169	86	81	167	48.0	39.0	44.0	4.6	1.2	
1868.....	40	46	86	8	12	20	1	2	3	1	1	2	6	8	14	111	165	216	99	91	190	20.0	26.0	23.2	6.0	8.7	
1869.....	41	38	79	22	11	33	2	2	4	0	0	0	7	6	13	121	124	243	120	114	234	53.6	29.0	41.8	5.8	5.2	
1870.....	43	27	70	12	12	24	3	2	5	1	0	1	14	11	25	134	126	260	133	128	261	27.9	44.4	34.2	10.5	8.6	
1871.....	34	32	66	23	18	41	3	2	5	0	0	0	20	8	28	122	130	252	129	131	260	67.6	56.2	62.1	15.5	6.5	
1872.....	44	33	77	20	19	39	3	1	4	0	0	0	13	14	27	130	129	259	125	133	258	45.5	57.6	50.6	10.4	10.7	
1873.....	36	38	74	24	20	44	3	1	4	0	0	0	11	6	17	128	140	268	128	138	266	66.5	52.6	59.4	8.5	4.3	
1874.....	34	33	67	17	19	36	6	0	6	0	0	0	10	4	14	129	150	279	133	145	278	50.0	57.5	53.7	7.5	2.7	
1875.....	68	46	114	22	21	43	6	1	7	1	0	1	12	12	24	156	162	318	144	156	300	32.4	45.6	37.7	8.3	7.7	
1876.....	45	43	88	23	21	44	2	3	5	0	0	0	12	8	20	164	173	337	162	169	331	51.1	48.9	50.0	7.4	4.7	
1877.....	51	43	94	24	24	48	4	3	7	0	0	0	14	11	25	173	178	351	171	176	347	47.1	55.8	51.1	8.2	6.2	
Total.....	699	576	1275	296	249	545	61	32	93	17	4	21	152	113	265	Mean of nineteen years.	420	440	43.1	7.3	5.5	6.0	7.3	5.5	6.0		

TABLE 4.
Showing the History of the Annual Admissions since the opening of the Hospital, with the Discharges and Deaths, and the number of each year remaining on 31st December 1877.

TABLE 4.
Showing the History of the Annual Admissions since the opening of the Hospital, with the Discharges and Deaths, and the number of each year remaining on 31st December 1877.

YEAR.	Admitted.			Of each year's Admissions, Discharged, and Died in 1877.			Total Discharged and Died of each year's admission to 31st December, 1877.			Total Discharged and Died of each year's admission to 31st December, 1877.								
	New Cases.		Total.	Recovered.		Died.	Recovered.		Died.	Relieved.		Died.						
	M.	F.		M.	F.		M.	F.		M.	F.		M.	F.				
1859	39	31	70	1	13	7	20	6	3	9	2	1	3	10	12	22
1860	32	31	63	21	12	33	7	1	8	2	..	2	6	11	17
1861	33	20	60	11	17	28	3	2	5	5	..	5	11	9	20
1862	25	11	43	18	5	23	3	1	4	4	4	8
1863	30	15	47	13	8	21	3	..	3	11	5	16
1864	21	20	46	9	10	19	5	2	7	3	4	9
1865	17	20	46	8	10	18	1	4	5	4	5	9
1866	20	19	42	12	13	25	1	2	3	4	5	9
1867	23	16	43	9	4	13	3	2	5	8	3	11
1868	35	41	86	12	7	19	3	3	6	14	11	25
1869	35	32	79	11	17	33	2	1	3	15	9	24
1870	32	17	70	21	15	35	4	..	4	10	4	14
1871	29	23	66	25	18	43	2	2	4	9	5	14
1872	34	29	77	16	20	36	5	1	6	8	9	17
1873	28	33	74	12	15	27	5	1	6	6	5	11
1874	26	26	67	31	18	49	3	2	5	10	7	17
1875	61	40	114	19	25	44	8	2	5	6	1	7
1876	37	38	88	9	10	19	1	1	2	6	1	7
1877	40	36	94	4	9	19	1	1	2	3	1	4
Total	597	498	1027	24	24	48	296	249	545	61	32	93	17	4	21	152	113	265

1859 39 31 70 1860 32 31 63 1861 33 20 60 1862 25 11 43 1863 30 15 47 1864 21 20 46 1865 17 20 46 1866 20 19 42 1867 23 16 43 1868 35 41 86 1869 35 32 79 1870 32 17 70 1871 29 23 66 1872 34 29 77 1873 28 33 74 1874 26 26 67 1875 61 40 114 1876 37 38 88 1877 40 36 94

TABLE 5.—Continued.
Showing the Causes of Death for each year, from the opening of the Hospital to the present date, Dec. 31st, 1877.

CAUSES OF DEATH.	1860.		1861.		1862.		1863.		1864.		1865.		1866.		1867.		1868.		1869.		1870.		1871.		1872.		1873.		1874.		1875.		1876.		1877.		Total.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.						
ABDOMINAL DISEASES:																																						
Inflammation of Stomach, Intestines, or Peritoneum.....	1	...	1	...	1	...	2	1	...	1	1	...	1	...	1	...	1	...	1	...	1	...	1	...	10		
Disease of Kidney.....	4		
Hepatic Abscess.....	1			
Ascites.....	1			
Diarrhoea.....	2		
Cancer.....	3		
Fever.....	4		
Erysipelas.....	4		
General Debility and old age.....	5		
Homicide.....	12		
Suicide and Accident.....	7		
Total.....	3	1	3	7	4	1	5	1	4	6	9	5	1	3	4	1	6	8	7	6	14	11	20	8	13	14	11	6	10	4	12	12	8	14	11	265		

TABLE 6.
Showing the length of Residence of those Discharged Recovered, and those who have Died, in the year 1877.

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
From one to three months.....	5	3	8	1	1	2
" three to six months.....	5	9	14	1	1
" six to nine months.....	4	4	8	2	2
" nine to twelve months.....	1	2	3	1	1
" one to two years.....	3	5	8	4	2	6
" two to three years.....	4	4	2	1	3
" three to five years.....	1	1	2	2	2
" five to seven years.....	1	1
" seven to fifteen years.....	1	1	4	4
" fifteen to eighteen years.....	1	1	2
Over eighteen years.....	1	1
Total.....	24	24	48	14	11	25

Average residence since last admission,	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Males.....	1	5	14	3	10	28
Females.....	9	9	5	9	24

TABLE 7.
Showing the duration of the Disorder on Admission, of the Admissions, Discharges, and Deaths, in the year 1877.

TABLE 7.

Showing the duration of the Disorder on Admission, of the Admissions, Discharges, and Deaths, in the year 1877.

CLASS.	Duration of Disease, &c., in Four Classes											
	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Remov'd Relieved or otherwise.					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
First attack, and within three months on admission.....	19	9	28	8	10	18	1	1	2
SECOND CLASS.												
First attack, above three and within twelve months on admission.....	5	8	13	4	6	10	1	1	2	1	2	3
THIRD CLASS.												
Not first attack, and within twelve months of admission.....	6	8	17	4	6	10	2	2	2	4	3	7
FOURTH CLASS.												
First attack or not, but of more than twelve months, on admission.....	18	18	36	8	2	10	3	..	3	8	5	13
Unknown.....
Total.....	51	43	94	24	24	48	4	3	7	14	11	25

Average residence since last admission, {
 Females..... 9 5 9 24

TABLE 8.
Showing the Ages of the Admissions, Discharges and Deaths, during the year 1877.

AGES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	M.	F.	T.	Recovered.			Removed, Relieved or otherwise.			M.	F.	T.
				M.	F.	T.	M.	F.	T.			
From 15 to 20 years.....	4	3	7	1	1	2
" 20 to 30 "	13	10	23	8	11	19	3	1	1
" 30 to 40 "	14	13	27	6	7	13	4	4
" 40 to 50 "	7	5	12	6	1	7	4	4
" 50 to 60 "	7	5	12	1	1	2	6
" 60 to 70 "	3	5	8	3	2	5	1	1	4
" 70 to 80 "	2	2	1	1
" 80 to 90 "
Unknown and re-admissions...	1	2	3	1	1	1	5
	51	43	94	24	24	48	4	3	7	14	11	25

TABLE 9.
Condition as to Marriage, in the Admissions, Discharges, and Deaths, during the year 1877.

	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			
	M.	F.	T.	Recovered.			Removed, Relieved or otherwise.			M.	F.	T.	
				M.	F.	T.	M.	F.	T.				
Single	27	18	45	17	10	27	3	2	5	5	1	6	
Married	21	25	46	6	12	18	1	1	6	12	
Widowed	2	2	1	1	2	1	1	1	1	2	
Re-admitted, or not ascertained.	1	1	1	1	2	3	5
Total	51	43	94	24	24	48	4	3	7	14	11	25	

TABLE 10.

Showing the probable causes, apparent or assigned, of the Disorder, in the Admissions, Discharges, and Deaths, of the year 1877.

CAUSE.	The Admissions.			The Discharges.						The Deaths.			
				Recovered.			Relieved.						
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	
MORAL.													
Religious Excitement.....		2	2									1	1
Fright.....	1	1	2		1	1						1	1
Failure in Business.....	5	1	6	1		1		1	1		2	2	2
Domestic Trouble.....	1		1	1	1	2					1	1	2
Disappointment.....	1	1	2					1		1	1		1
Grief.....	1	2	3	2		2						1	1
Anxiety.....	1	2	3		2	2							
PHYSICAL.													
Lightning.....	1		1										
Hereditary Predisposition.....	5	6	11	5	7	12	1		1	1	1	1	2
Intemperance.....	1		1	4		4				1			1
Overstudy.....	2	2	4		2	2							
Injury.....	2	2	4	1	1	2							
Onanism.....	2		2	1		1							
Epilepsy.....								1	1	1			1
Sunstroke.....	1		1								1		1
Measles.....											1		1
Ill-health.....	2	3	5	1	2	3				1			1
Fever.....													
Poison.....	1		1										
Congenital.....													
Puerperal.....		5	5		2	2							
Climacteric.....													
Unknown, and Re-admissions....	24	16	40	8	6	14	2	1	3	4	6	10	
Total.....	51	43	94	24	24	48	4	3	7	14	11	25	

TABLE II.
Monthly Admissions and Discharges, from January 1859, to December 31st, 1877.

	January.	February.	March.	April.	May.	June.	July.	August.	September.	October.	November.	December.	Males.	Females.	Total.
1859 TO 1876.															
Admitted.....	91	75	69	93	108	134	116	102	120	81	104	88	648	533	1181
Discharged.....	51	37	50	69	78	73	79	82	69	82	76	98	484	360	844
1877.															
Admitted.....	4	5	6	10	8	8	14	7	7	9	6	10	51	43	94
Discharged.....	3	3	7	2	6	8	6	8	13	6	6	12	42	38	80
Remaining.....	338	340	339	347	349	349	357	356	350	353	353	351	173	176	347

TABLE 12.

Alleged Ages of all Admitted.

	1877.	1859 to 1877.	Total.
From 5 to 10 years.....	4	4
" 10 to 20 ".....	6	74	80
" 20 to 30 ".....	21	311	332
" 30 to 40 ".....	30	265	295
" 40 to 50 ".....	12	183	195
" 50 to 60 ".....	12	127	139
" 60 to 70 ".....	8	67	75
" 70 to 80 ".....	2	27	29
" 80 to 90 ".....	1	1
Unknown.....	3	122	125
Total.....	94	1181	1275

TABLE 13.

Civil Condition of all Admitted.

	Married.	Single	Widowed.	Unknown.	Re-admitted.	Total.
1859-1876 { Males.....	208	311	18	20	91	648
{ Females.....	204	208	40	10	71	533
1877..... { Males.....	13	25	2	11	51
{ Females.....	24	12	7	43
Total.....	449	556	60	30	180	1275

Forme

Halifax C
Colcheste
Cumberla
Pictou
Antigoni
Guysbor
Invernes
Richmor
Victoria
Cape Br
Hants
Kings
Annapo
Digby
Yarmou
Shelbur
Queens
Lunen
Newfo
New P
P. E. I
Barba
Unite
Engla
Irelan
Scotla
Germ
Norw
Swed
India
H. M
Unkr

TABLE 14.

Former Residence (corrected by separation of Re-admissions).

	1877.		1859-76.		Total 1860-77.	Population 1871.
	Admissions.	Re-admissions.	Admissions.	Re-admissions.		
Halifax City and County.....	23	5	343	68	439	56953
Colchester County.....	4	3	74	12	93	23231
Cumberland ".....	4	1	40	7	52	23518
Pictou ".....	6	4	114	22	146	32114
Antigonish ".....	1	1	18	3	23	16512
Guysboro ".....	5	27	3	35	16555
Inverness ".....	4	1	15	20	23415
Richmond ".....	1	1	12	14	14268
Victoria ".....	15	1	16	11346
Cape Breton ".....	8	53	10	71	26454
Hants ".....	4	1	58	12	75	21302
Kings ".....	5	57	10	72	21509
Annapolis ".....	3	36	3	42	18121
Digby ".....	1	9	2	12	17037
Yarmouth ".....	2	1	14	17	18550
Shelburne ".....	1	8	1	10	12417
Queens ".....	17	3	20	10554
Lunenburg ".....	4	33	5	42	23884
Newfoundland.....	3	3
New Brunswick.....	11	11
P. E. Island.....	2	2
Barbadoes and St. Thomas.....	2	2
United States.....	16	16
England.....	2	2
Ireland.....	7	7
Scotland.....	1	1
Germany.....	2	2
Norway.....	2	2
Sweden.....	1	1
India.....	1	1
H. M. Service.....	12	12
Unknown.....	14	14
	76	18	1019	162	1275	387800

TABLE 15.

Former Occupation, so far as ascertained.

	1877.		1859-1876.		Total.	
	M.	F.	M.	F.	M.	F.
Architect's Wife.....				1		1
Barrister.....			1		1	
Baker's Wife.....	1	1		2	1	3
Blacksmith and Wife.....	1		7	7	8	7
Barbers.....			3		3	
Basket Makers.....				2		2
Brewer.....			1		1	
Book Binder.....			3	1	3	1
Brass Founder.....			1		1	
Butchers and Wives.....			3	2	3	2
Carriage Maker and Wife.....			2	1	2	1
Carpenters and Wives.....	3	1	24	22	27	23
Clerks, Bookkeepers and Wives.....	1		15	2	6	2
Officers of Customs.....			2		2	
Cabinet Makers and Daughters.....	1		5	3	6	3
Colliers and Wives.....	1	1	9	3	10	4
Coopers.....			7		7	
Coachman and Wife.....		1	1	1	1	2
Dressmakers.....				5		5
Engineers and Wives.....		1	2	2	2	3
Farmers, Wives, Sons and Daughters	12	7	204	102	216	109
Fishermen, Wives, Sons and Daughters	4	6	35	12	39	18
Gardener and Wife.....		1	1	1	1	2
Gentlemen and Women.....		1	10	25	10	26
Governess.....				1		1
Gold Miner.....	1		1		1	
Grocer and Wife.....	2		1	2	3	2
Hotel Keepers.....			4		4	
Hostler.....			1		1	
Lumbermen.....			4		4	
Laborers and Wives, Servants.....	5	17	67	102	72	119
Masons, Wives and Daughters.....			13	14	13	14
Ministers, Wives and Daughters.....	1		3	2	4	2
Millers and Widows.....			2	2	2	2
Merchants and Wives.....	1	1	10	5	11	6
Milliners.....				2		2
Moulder's Wife.....				1		1
Physician, Wife and Daughter.....	1		2	2	3	2
Priest.....			1		1	
Printers.....	1		8	1	9	1
Painters.....	1		6	1	7	1

Pension
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School
Ship Ca
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Seamen
Soldiers
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TABLE 15.—Continued.
Former Occupation, so far as ascertained.

	1877.		1859-1876.		Total.	
	M.	F.	M.	F.	M.	F.
Pensioners and Wives.....			2	5	2	5
Pedlars and Wives.....			5	2	5	2
Plumbers, Tinsmiths, and Wives.....			3	1	3	1
Reporter.....			1	1
School Teachers, Wives & Daughters	2	10	11	12	11
Ship Captains, Wives, Stevedores....	1	3	7	8	8	11
Sexton.....			1	1
Seamen and Wives.....	4	38	21	42	21
Soldiers and Marines.....	1	13	14
Shoemakers and Wives.....	1	1	17	4	18	5
Saddler.....			2	2
Seamstresses.....				7	7
Students.....	1	6	1	7	1
Shipwrights.....			2	2
Surveyor.....			1	1
Shop Keeper.....				2	2
Sail Maker.....			1	1
Tailors Wife.....				1	1
Tanners and Wives.....	1	1	2	1	3
Teamsters and Wife.....			2	1	2	1
Tobacconist.....			1	1
Trader.....			1	1
Telegraph Operator.....			1	1
Wool Sorter.....			1	1
Wheelwright.....				6	6
Washerwomen.....			2	2	2	2
Watchmen and Wives.....			1	1
Watchmaker.....				1	1
Weaver.....						

TABLE 16.
Re-admissions, from 1859 to 1877.

	1861.	1862.	1863.	1864.	1865.	1866.	1867.	1868.	1869.	1870.	1871.	1872.	1873.	1874.	1875.	1876.	1877.	TOTAL.	Admitted twice.	Admitted three times.	Admitted four times.	Admitted five times.	Admitted six times.	Admitted seven times.
Males.....	5	6	..	2	7	1	2	5	6	11	5	10	8	8	7	8	11	102	77	16	5	4
Females.....	2	1	2	3	2	2	2	5	6	10	9	4	5	7	6	5	7	78	54	11	5	4	3	1
Total.....	7	7	2	5	9	3	4	10	12	21	14	14	13	15	13	13	18	180	131	27	10	8	3	1

Annapo
 Antigon
 Colches
 Cape B
 Cumber
 Digby
 Guysbo
 Halifax
 Hants
 Invern
 Kings
 Lunen
 Pictou
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TABLE 17.
Maintenance of Patients in Hospital, December 31st, 1877.

	Males.	Females.	Total.	Insane Population Census 1871.		
				Males.	Females.	Total.
Annapolis County.....	3	8	11	23	22	45
Antigonish ".....	4	3	7	42	30	72
Colchester ".....	6	4	10	32	36	68
Cape Breton ".....	16	11	27	39	28	67
Cumberland ".....	3	6	9	26	18	44
Digby ".....	1	1	2	40	23	63
Guysboro ".....	6	4	10	18	15	33
Halifax ".....	47	51	98	149	153	302
Hants ".....	6	8	14	26	39	65
Inverness ".....	6	5	11	42	44	86
Kings ".....	4	9	13	40	28	68
Lunenburg ".....	5	5	10	31	32	63
Pictou ".....	23	20	43	48	29	77
Queens ".....	3	3	6	11	8	19
Richmond ".....	2	4	6	19	17	36
Shelburne ".....	3	3	16	19	35
Victoria ".....	3	1	4	24	22	46
Yarmouth ".....	5	5	25	40	65
Province of N. S.....	17	14	31
Private Patients.....	9	14	23
Funds.....	4	2	6
(Not including 2 Females absent "on trial.")	173	176	349	651	603	1254

TABLE 18.
Cost of the Principal Items of Provisions for the year 1877, as purchased and issued.

ARTICLES.	Quarter ending				Quarter ending		Quarter ending		CONTRACT PRICES.	
	March 31.				June 30.		Sept. 30.		Dec. 31.	
									1876.	1877.
Flour.....	157	\$1105 75	115	\$ 833 75	145	\$1051 25	156	\$1131 00	\$ 6 00	\$ 7 25
Butter.....	2358½	518 67	1759	382 58	2228	490 16	2153	473 66	20	22
Tea.....	822	267 65	723	238 59	826	272 58	680	224 40	31	33
Brown Sugar.....	3807	349 01	3068	276 12	3740	336 60	2800	252 00	07½	9
White ".....	421	47 56	50	6 00	379	45 48	67	8 04	10½	12
Coffee.....	135	37 65	120½	30 94	144½	40 46	95	26 60	25	28
Chocolate.....	152	38 00	149	37 25	151	37 75	156	39 00	25	25
Beef.....	17627	1327 58	16284	1228 40	18193	1364 47	13779	1033 43	08	7½
*Pork.....	2700	189 00	2370	166 25	07	7
Mutton.....	845	63 37	2618	196 36	3940	295 51	06½	7½
Veal.....	58	4 35	99	7 42	114	8 55	05	7½
Peas.....	800	31 00	200	7 00	04	1 30
Molasses.....	451	179 20	641	256 56	414	165 60	425	169 92	37	40
Rice.....	1321	59 77	672	30 24	1120	50 40	868	39 08	04½	4½

TABLE 18—Continued.

TABLE 18.—Continued.
Cost of the Principal Items of Provisions for the year 1877.

ARTICLES.	CONTRACT PRICES.			
	1876.		1877.	
	Quarter ending March 31.	Quarter ending June 30.	Quarter ending Sept. 30.	Quarter ending Dec. 31.
Barley.....	1102 \$	60 12	896 \$	44 80 \$
Oatmeal.....	2456	83 60	2756	75 05
Corn Meal.....	2822	45 85	1764	28 79
Dry Fish.....	4975	228 00	31 75	217 08
Cheese.....	3183	235 91	4600	39 90
Biscuits.....	969	52 66	265	37 45
Apples.....	30	66 63	1007	150 50
Potatoes.....	1000	60 00	2 00
Vinegar.....	52	357 00	136 10	30 53
Salt.....	12	12 60	49	23
Onions.....	30	16 80	14 60	1 60
		1 05	15 87	110 to 140
Total.....	\$5213 58	\$4081 33	\$4714 82	Total.....\$18760 49

Average number of patients 347; being at the rate per annum for provisions per patient \$54.06.

* Pork and Early Potatoes raised on farm included in the above.

TABLE 19.
*Expenditure for labor, as shown by the Pay Lists; also for
 Salaries, 1877.*

January.....	\$ 665 41	
February.....	658 17	
March.....	650 66	
Salaries.....	1350 00	\$3324 24
April.....	\$ 643 90	
May.....	624 28	
June.....	679 12	
Salaries.....	1650 00	3597 30
July.....	\$ 648 79	
August.....	660 44	
September.....	671 79	
Salaries.....	1350 00	3331 02
October.....	\$ 664 67	
November.....	661 82	
December.....	678 40	
Salaries.....	1745 97	3750 86
		<u>\$14,003 42</u>

The expenditure for labor and salaries, as shown above, is at the rate of \$40.36, per patient, being considerably lower than for several years past.

The cost of provisions has been somewhat in advance of last year's rate, owing to the higher price of many contract articles; flour for instance, was \$6.00 per bbl. in 1876, and \$7.25 in 1877.

Notwithstanding this increase, the amount paid for labor, salaries, and provisions for 1877, was five dollars per patient, *below the average of the five previous years*, namely, \$94.42, as compared with \$99.67.

COST PER PATIENT.	1872	1873	1874	1875	1876	1877
Provisions.....	55 77	55 15	54 46	57 14	52 18	54 06
Labor and Salaries.	45 20	46 87	44 85	45 25	41 47	40 36
	\$100 97	\$102 02	\$99 31	\$102 39	\$93 65	\$94 42

For a more detailed statement of the whole cost for the year, see Table 22, which includes Dietary Articles, Medicines, Furniture, Fuel, and Repairs—and covers every item of expenditure.

Carrots.
 Parsnips.
 Beets...
 Turnips.
 Mangold
 Peas....
 Beans...
 Onions.
 Rhubarb

Cucumb
 God

233 Sh
 110 Fla
 94
 111 Co
 64 Fl
 51 Co
 147 pa
 80 V
 76 N
 562 pa
 187
 29
 74
 65 N
 10 N
 20 D
 126 A
 20 P
 18 P
 215 P
 34 J
 40 I

TABLE 20.
Field and Garden Produce, 1877.

Carrots.....	155 bushels	Early Potatoes.....	400 bushels
Parsnips.....	83 "	Radish.....	6 "
Beets.....	120 "	Spinach.....	26 "
Turnips.....	145 "	Lettuce.....	12 dozen.
Mangold.....	520 "	Celery.....	31 "
Peas.....	4 "	Cabbage.....	63 "
Beans.....	19 "	Maize.....	82 "
Onions.....	12 "	Tomatoes.....	4 "
Rhubarb.....	37 "	Squash.....	29 "

Cucumbers, Asparagus, and Sweet Herbs, Apples, Pears, Currants, Gooseberries, Strawberries, &c.

TABLE 21.
Articles made by the Female Patients, 1877.

233 Shirts,	225 Cotton Chemises,
110 Flannel Shirts,	25 Wool "
94 " Drawers,	92 Flannel Petticoats,
111 Cotton "	67 Skirts,
64 Fleecy Shirts,	50 Dusters,
51 Coats,	38 Collars,
147 pairs Pants,	10 Sacks,
80 Vests,	18 Mattress Covers,
76 Neck Ties,	576 Sheets,
562 pairs Woollen Socks,	271 Pillow Cases,
187 " " Stockings,	49 " Ticks,
29 " Cotton "	40 Bolster "
74 " Mittens,	211 " Cases,
65 Night Gowns,	205 Bed Ticks,
10 Night Caps,	28 Quilts,
20 Day Caps,	130 Comforts,
126 Aprons,	363 Towels,
20 Hoods,	30 Toilet Covers,
18 Hats and Bonnets,	8 Table Cloths,
215 Dresses,	20 Window Blinds,
34 Jackets,	34 Bread Bags.
40 Hooked Mats,	

TABLE 22.

*Showing the Amounts received from Counties and other sources,
during the year 1877.—(Income).*

Annapolis Co.....	\$ 1200 00
Antigonish Co.....	1931 09
Cape Breton Co.....	3000 00
Colchester Co.....	1070 75
Cumberland Co.....	1500 00
Digby Co.....	
Guysboro District.....	1000 00
St. Mary's District.....	487 00
Halifax City.....	
Halifax Co.....	12098 76
Hants, West.....	1274 06
Hants, East.....	421 70
Inverness Co.....	1849 50
Kings Co.....	1700 00
Lunenburg District.....	621 87
Chester District.....	
Pictou Co.....	4000 00
Queens Co.....	600 00
Richmond Co.....	844 35
Shelburne District.....	
Barrington District.....	200 00
Victoria Co.....	129 29
Yarmouth District.....	771 02
Argyle District.....	181 73
Funds.....	603 86
Private Patients.....	4234 74
Sales Pigs, &c., at Hospital.....	823 27
	<hr/>
	\$40542 99

PROVISIONS

Beef

Dry

Flour

Corn

Bar

Tea

Coffee

Milk

Sugar

Molasses

Butter

Bis

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TABLE 22.—Continued.
Expenditure, 1877.

PROVISIONS :	
Beef, Mutton, Veal.....	\$ 5529 44
Dry Fish and Herring.....	951 74
Flour.....	4121 75
Corn Meal and Oatmeal.....	486 86
Barley, Rice and Peas.....	402 06
Tea.....	1003 22
Coffee, Chocolate and Broma.....	289 68
Milk.....	1628 29
Sugar.....	1320 81
Molasses.....	771 28
Butter.....	1865 07
Biscuits.....	227 14
Cheese.....	165 36
Apples.....	210 50
* Potatoes, Turnips and Onions.....	879 11
Tobacco.....	186 36
Vinegar.....	44 85
Arrowroot, Sago, and Corn Starch.....	32 25
Currants and Raisins.....	30 72
Salt, Soda, and Baking Powder.....	59 38
Hops and Malt.....	13 88
Pepper and Mustard.....	31 02
Cinnamon, Ginger, Allspice and Nutmegs.....	19 45
Eggs.....	11 57
Poultry and Sausages.....	56 44
Gelatine and Lemons.....	3 55
	20341 78

* *Pork and Potatoes raised on Farm not included in Table.*

HOUSE AND OTHER EXPENSES :	
Coal and Truckage.....	\$ 5123 06
Soap and Potash.....	336 10
Starch and Blue.....	28 51
Candles, Oil, Fluid, &c.....	145 03
Buckets, Brooms and Baskets.....	105 68
Earthenware.....	242 98
Tinware and Repairs.....	156 28
Bedding and Clothing.....	4029 51
Furniture.....	273 40
Boots and Shoes.....	673 42
Stationery.....	192 70
Funeral Expenses.....	47 25
Farm Implements.....	204 71
Ferriage and Cab Hire.....	169 90
Hay and Straw.....	1250 00
Oats and Feed.....	388 42
	\$13366 95
Carried Forward.....	\$20341 78

TABLE 22.—Continued.
Expenditure 1877.

<i>Brought Forward</i>	\$13365 95	\$20341 78
Recaptures.....	15 50	
Seeds.....	22 22	
Smith Work.....	139 11	
Blacking and Matches.....	40 70	
Incidentals.....	10 92	
SALARIES AND WAGES:		13595 40
Commissioners.....	600 00	
Officers.....	5495 97	
Pay List.....	7907 45	
MEDICINES, &C:		14003 42
Drugs.....	271 87	
Wine.....	27 50	
Recreation.....	85 08	
REPAIRS, INSURANCE, &C:		384 45
Lumber.....	186 04	
Carpenters Wages.....	438 20	
Engineer's Laborer.....	390 00	
Hardware.....	540 66	
Repairs.....	3237 61	
Insurance.....	570 00	
Return Maintenance.....	39 29	
Advances to Patients.....	40 70	
Medical Certificates.....	35 00	
Medical and other Books.....	39 16	
Postage.....	65 91	
Commission Expenses.....	72 94	
Labor at Ice.....	55 50	
Duty on Organ.....	146 36	5857 37
Total		\$54182 42

The annual cost for each patient for 1877 has been as follows:—

For Food.....	\$ 58 62
" House Expenses.....	39 18
" Salaries and Wages.....	40 35
" Medicines.....	1 11
	<hr/>
Repairs and Insurance.....	\$ 139 26
	16 88
	<hr/>
Equal to \$3 per week per patient.	\$ 156 14

STATEMENT

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STATEMENT TO BE FORWARDED TO THE MEDICAL SUPERINTENDENT, WHEN
APPLICATION IS MADE FOR THE RECEPTION OF A PATIENT.

1. Name of patient (in full),
2. Where born,
3. Son (or daughter) of,
4. Residence County of,
5. Age Last Birthday,
6. State as to marriage,
7. Number and age of Children.
8. Occupation, (or that of Father or Husband).
9. Natural Disposition,
10. Habits in Health—as to Temperance, etc.
11. Education.
12. Religion.
13. Age at first attack,
14. Insanity, how first manifested.
15. Number and duration of attacks.
16. Where under treatment, and when.
17. What relatives similarly affected.
18. Supposed cause, Remote,
19. " " Recent,
20. Duration of present attack.
21. State as to sleep,
22. Appetite for food,
23. State of bodily health.
24. Whether subject to Epilepsy.
25. Any faltering of Speech, or loss of power.
26. Present habits and propensities.
27. What Delusions.
28. Whether Suicidal (attempted or threatened), and how.
29. If dangerous to others, how.
30. Pecuniary Circumstances, (or to whom chargeable.)
31. Post-office address of nearest friend, and degree of relationship.
32. Other Particulars.

I Certify that to the best of my knowledge the above particulars are correctly stated; and I hereby request you to receive the above named _____ whom I last saw at _____ on the _____ day of _____, (being within one month from this date,) as a person of unsound mind, as a patient into the Nova Scotia Hospital for the Insane.

Name.

Address.

Date,

Degree of relationship (if any) or other circumstances connected with the patient.

N. B.—If any of the particulars in this statement be not known, the fact to be stated.
No patient to be sent to Hospital until a reply shall have been received to this statement.

CERTIFICATE.

(a) Name in full. I, the undersigned ^a
(b) Qualification. being ^b and in actual practice,
hereby certify that I, on the day of
(c) Locality. 18 at ^c in the County of
separately from any other Medical Practitioner, person-
(d) Name in full. ally examined ^d
(e) Residence. of ^e (f) and that the said
(f) Occupation. is a person of unsound
mind, and a proper person to be taken charge of, and
detained under care and treatment; and that I have
formed this opinion on the following grounds, viz:

1. Facts indicating insanity observed by myself:*

1. Appearance.
2. Conduct.
3. Conversation.

(g) State the information and from whom.

2. Facts, indicating insanity, communicated to me by others: ^g

Name

Place of Residence

Date

N. B.—Two Certificates (dated within one month of the commitment) are required in every case. The second should not be signed by the father, brother, son, or assistants of the Medical Practitioner, who has signed the first Certificate.

* The facts upon which (from personal observation) the opinion of insanity has been formed, should always be specified.