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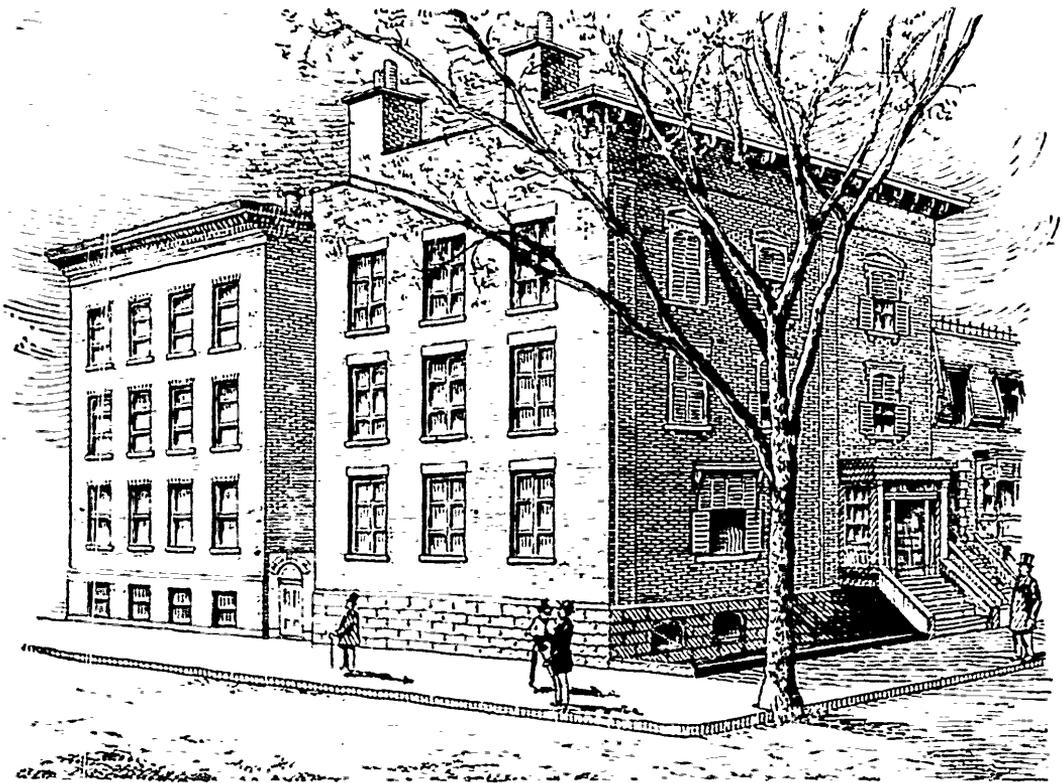
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MONTREAL

HOMŒOPATHIC RECORD.



DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE
MONTREAL HOMŒOPATHIC HOSPITAL.

“As we have, therefore, opportunity, let us do good unto all men.”



PUBLISHED MONTHLY BY THE WOMEN'S AUXILIARY OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

MONTREAL HOMŒOPATHIC PHYSICIANS' DIRECTORY.

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Physician and Surgeon

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125 MANSFIELD STREET.

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Obstetrics and diseases of children.

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Homœopathic : Hospital

44 McGill College Avenue, Montreal.

Open for the reception of private, semi-private and public patients. Elegantly furnished private rooms, at the disposal of physicians of any recognized school, the hospital supplying diet and nursing as ordered.

Rates, \$2 and \$3 per day. Semi-private Patients, 50c. and \$1 per day.

The public wards of the hospital are homœopathic, and are free to patients who are unable to pay; on presentation of an order signed by a life governor. The modern equipped operating room will be placed at the disposal of outside surgeons on application to the Medical Superintendent, charge only being made for dressings and materials used. For further particulars apply to

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CHICAGO HOMŒOPATHIC MEDICAL COLLEGE AND ITS HOSPITAL.

NEW COLLEGE HOSPITAL

NEW LABORATORY BUILDING.

TWENTY-FIRST YEAR, 1896-97.

Regular Session opened September 15th, 1896. Announcement and Catalogue sent on application.

JOHN R. KIPPAX, M.D., LL.B., Secretary,
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MONTREAL

Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

VOL. I. No. 11.

MONTREAL, NOVEMBER, 1896.

25cts. A YEAR.

Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Woman's Auxiliary of the Montreal
Homœopathic Hospital.

Telephone 3837.

Ambulance 3020.

All matters of business and subscriptions to be sent to C. S. De Witt, care of Montreal Homœopathic Hospital, 44 McGill College Avenue.

All manuscripts, news items, etc., should be addressed to Dr. Arthur D. Patton, care of Hospital.

WESTERN HOMŒOPATHY AND ITS HOSPITALS.

A fortnight's visit to Chicago afforded opportunity of witnessing some of the more recent developments in medicine and surgery, improvements in hospital economy and treatment of the sick, as well as the pleasure of meeting with members of our homœopathic school prominent in the ranks of the profession.

During the stay we were handsomely entertained by the homœopathic members of the Cook County hospital staff, and despite the evidence in these columns of former visitors to this hospital, thoroughly enjoyed our sojourn. A few words about the institution and its staff of internes may be of interest.

The homœopathic staff consists of six young doctors reckoned among the ablest men of the house staff. The senior, Dr. McCulloch, has an enviable record among the surgeons for his unvarying successes, doing the major operations with the celerity and dexterity of a veteran. Dr. Moore, the senior medical man, has a record to be proud of in his hospital career, he is also something of a surgeon, having the hospital record for a minor surgical

case, the putting of 129 stitches in a negro who had been too much in evidence at a social gathering where razors were the chief decorations. No anesthetic was used. Dr. Cromwell, assistant surgeon and obstetrician, had the pleasure lately of being complimented by the warden on the correctness of his diagnosis in the examining room. Dr. Patton, assistant medical man, is a brother of Dr. H. M. Patton of our hospital, he has charge of the examining room for the homœopaths and receives and assigns all patients entering the hospital on every fifth day. This position gives to the incumbent a sense of proprietorship in the hospital which adds to its importance. Chief among the various wards, is ward 22, presided over by Miss Helen Banting of Toronto, who is spoken of as one of the best nurses in the hospital. The ward has a directory of 100 beds and is divided between the homœopaths and eclectics. It is rather pleasing to note that the best ward in the largest hospital in America is a homœopathic one, and the nurse in charge is a Canadian. Many of the nurses hail from Canada, taking this course on account of the thoroughness of it, and the great variety of experience gained. The nursing for the hospital is done by the Illinois Training School for nurses, which receives \$20,000 per annum from the county and must supply all nurses needed. They have about 150 in the hospital at present. The Presbyterian Hospital 250 beds, is also supplied with nurses from the same school. Among the allopathic internes are two women, who take their full share of the work and have proved to be in every

way equal to the best of their confreres.

Among the prominent members of the medical profession in Chicago, are numbered many Canadians, some occupying positions on the faculties of the colleges and hospitals. Of the homœopaths we met Prof. J. R. Kippax, M. D. formerly of Toronto, who has achieved a national reputation as an authority on diseases of the skin, in addition to being well known through his writings on fevers etc. From a very large and lucrative practice he takes time to attend to the duties of secretary of the Chicago Homœopathic Medical College, the phenomenal success of which institution is largely due to his efforts. Dr. J. E. Hetherington professor of Physiology in the same college is an old St. John, N. B. boy who has earned an enviable reputation as a teacher. He has built up a fine practice on the fashionable West side, rivaling that of many of the older practitioners.

The Chicago Homœopathic Hospital, adjoining the college, and directly opposite Cook County Hospital is one of the model small hospitals in the country. It's capacity is about 35 patients, or the same as our own institution and it's income averages over \$1,000 per month. The greatest surgeons of the homœopathic school are on it's staff and it's medical advisers are the most celebrated in the country. Many valuable improvements have been made in it's appointments and equipment, notable among them being the private operating room, complete, compact, and admirably suited to the hospital's requirements. The hospital is presided over by Miss Hansen, to whose untiring energy, and clever executive ability the success of the institution is mainly due. Dr. W. S. White, the Superintendent, has certainly reason to be proud of what has been accomplished during his term of office.

Hahnemann Hospital on the South side was also visited, where we were courteously received by the Superintendent, Mr. Burt. This hospital is the adjunct of old Hahnemann College, is about as large as the Montreal General

Hospital and, as it is hardly finished yet is, of course, one of the most modern equipped in the world. Some of the private rooms, looking out on Lake Michigan are marvels of elegance and comfort. There are private operating rooms on each floor, completely appointed. The public wards furnish the patients for the college clinics at one of which it was our good fortune to see Dr. H. R. Chislett perform a difficult operation of the kidney. Dr. Chislett enjoys the reputation of being one of the quickest and neatest operators on the Cook County Hospital staff and is regarded as one of the coming surgeons of the time. Hahnemann Hospital, is, we think, the best equipped and appointed homœopathic hospital in America and equalled by but few institutions of the old School.

The district surrounding Cook County Hospital is one of the greatest medical and surgical centers in the world, there being seven medical colleges bordering on the square and containing nearly 2500 students. There are four other hospitals, making the total number of patients cared for in the district about 1500, exclusive of the dispensary cases of which there are nearly 60,000 per annum. The Illinois Training School and Nurses Home with it's 250 nurses is also in the vicinity, as are the public and high schools with 2000 pupils. By taking in the different colleges and hospitals one may attend a continuous medical or surgical clinic for six days per week and observe every known form of disease and treatment. The constant clanging of the ambulance bells, the flitting by of women in striped uniforms, the little knots of men on the corners discussing Senn's, Murphy's, Fenger's or Pratt's latest operation and the air redolent with chloride of lime and iodoform makes one wonder if this can possibly be Chicago and not Vienna or Berlin.

Subscribe to the RECORD and send it to your friends, it is only twenty-five cents a year.

RULES FOR PROMOTING LONGEVITY.

Professor Lorenzo N. Fowler, phrenologist, who died at 85, gives these as his rules for long life: "Work hard, but easily. Avoid worry and chafing. Approach as near your ideal as possible and use the talents given you. Do not live at too high a pressure. Keep within your income and your strength. Take three meals a day and let these consist largely of fruits, nuts, cereals, eggs and milk. Be a total abstainer at the outset and remain so all your life. Never smoke a pipe, a cigar, chew or take snuff. Take regularly daily exercise. Remember that cleanliness is next to godliness. Avoid strong tea and coffee. Sleep the sleep of the just when you retire, and take one day in the week for rest, and ten chances to one you will succeed in becoming an octogenarian."

HINTS.

Mentally *Belladonna* is associated with hasty speech and actions, sometimes delirium, throbbing, red face and unnaturally bright eyes. *Aconite* with restlessness, anxiety, fear, especially of death, and dry skin, with fever. *Sepia*, especially with women with low spirits, inclined to weep, irritable and indifferent. *Ignatia*, "silent grief."

In liver complaints calling for *Mercurius* the region of the liver is sore to the touch, patient cannot lie on right side. Liver troubles brought on from abuse of liquor, or too much strong medicine are generally met with *Nuxvomica*. When there is pain under the angle of the right shoulder-blade *Chelidonium* is called for.

Rumbling in the belly, that afflicts so many, may be in many cases alleviated by *Carbo veg.*

For painful, callous places on the soles of the feet *Antimonium crudum* is the remedy.

Sunstroke, in men and horses, is best met by *Glonoim*. Also, in bathing such cases warm water is better than ice water.

Inflamed knee-joints with effusion calls for *Sulphur*.

To allay the intense pain of felons, *Am. carb.*

For crops of boils the remedy is *Arnica* (the medicated pellets). Painful, throbbing boils, *Belladonna*. Boils that do not heal, *Silicea*.

Nausea from riding in cars, etc., is overcome by *Cocculus* (take a dose or

two before starting and on the cars on first signs of nausea).

Small patches on the skin that ite! terribly have been cured by *Mezereum*.

Moist and scabby patches on scalp are met by *Graphites*.

Sepia generally cures ring-worm without any external medication.

Constant backache, no aggravation or amelioration has been cured by *Cantharis Ind.*

Aene, pimples on face, skin harsh and rough, are often cured by *Sulphur*.—*Homœopathic Envy.*

SURGICAL POINTS.

Where the heart is weak, avoid poultices.

Dress a wound only with hands and nails well scrubbed, touch nothing dirty while doing so.

People living in salt air should change to fresh air once a year, at least; those in fresh air to salt air.

When chance offers, go bare-foot and bare-headed, the feet will be healthier and the hair stronger.

Surgeons boil their instruments in a soda solution to prevent rusting; one tablespoonful washing soda to the quart.

Normal temperature is 98.2-5°, normal respiration about 16 to the minute, normal pulse about 72 to the minute.

Inflamed eyes in the first 24 hours are best treated by constant application of ice-bags or cold cloths. Cold is dangerous after 24 hours.

Half a teaspoonful of Tr. Hamamelis shaken up in two tablespoonfuls of warm olive oil, used as a nightly injection will benefit hemorrhoids.

The most important thing in burns is to exclude air at once. If burn is clean, wrap the part in clean soft linen or anti-septic gauze, envelope in batting one inch thick and bandage. Unless pus-forms leave this dressing ten days.

In boots and shoes the point of great toe and ball of heel should lie in one line; the sole of boot should be as wide as foot when planted on the floor. To avoid the foot slipping forward the in-step should fit close. These points attended to will prevent corns and ingrowing nails.

Spencer's Weekly, published in New South Wales, says: "Homœopathy is gaining strength in all the colonies. People try it, stick to it, and few go back again."

AN ENGLISH VIEW OF AMERICAN HOMŒOPATHY.

"Referring to the recent Homœopathic Congress in London, it may be mentioned that there seems to be but one lady doctor of that persuasion in this country. From the Western home of freedom however, there came a considerable number of women homœopathic physicians to the Congress. They are a numerous body in the United States. There is much more freedom in regard to medical practice, as in many other respects in America than there is here.

In some of the States, at any rate, there is a State Examination Board, which holds its tests in general knowledge of physiology, disease, surgery, and the like for all comers, and then allows the student to take the examination in the use of drugs according to the medical "School" that he prefers. Then the homœopathic physician has an equal legal status with one of the other "School," and patients preferring that system are equally ensured as to the general medical education of their doctor.

Modern medicine of every "School" is so largely a matter of general hygiene and treatment, and so little one of drugs, that the point of real importance to the public is to have a practitioner who is competent to give good advice in these directions and inspire confidence."—*Illustrated London News*.

TEN HEALTH PRECEPTS.

The following ten 'hygienic aphorisms' said to have been framed by the late Dr. Frank H. Hamilton of Bellevue Hospital, New York, are given in the 'Medical News.' (1) 'The best thing for the insides of a man is the outside of a horse. (2) 'Blessed is he who invented sleep—but thrice blessed the man who will invent a cure for thinking. (3) Light gives a bronzed or tan color to skin; but where it uproots the lily it plants the rose. (4) The lives of most men are in their own hands, and, as a rule, the just verdict after death would be—felo dese. (5) Health must be earned—it can seldom be bought. (6) A change of air is less valuable than a change of scene. The air is changed every time the wind is changed. (7) Mold and decaying vegetables in a cellar weave shrouds for the upper chambers. (8) Dirt, debauchery, disease and death, are successive links in the same chain. (9) Calisthenics may be very genteel, and romping very ungentle, but one is the shadow, the other the substance, of

healthful exercise. (10) Girls need health as much—nay, more than boys. They can only obtain it as boys do by running, tumbling—by all sorts of innocent vagrancy. At least once a day girls should have their halters taken off, the bars let down, and be turned loose like young colts.

INVALID COOKERY.

STEWED PARTRIDGE.

Clean, singe, skin, and cut up a partridge into neat pieces, put it into a stewpan containing enough boiling milk to cover it, season with salt and pepper, simmer gently one hour. Place in a circle on a hot dish with the following bread sauce in the centre.

BREAD SAUCE.

3 tablespoonsful bread crumbs, 1 gill white broth (or milk,) salt, pepper, 2 tablespoonsful of cream, soak the bread in the broth (or milk) 1 hour, then simmer and add the cream, flavor with cloves and onion if desired, boil 15 minutes.

BAKED TAPIOCA PUDDING.

3 tablespoonsful tapioca, 1 pint cold milk, 2 or 3 pieces of thin rind of lemon or orange. Simmer till clear, then remove the rind, add 2 eggs, yolks and whites beaten separately, 2 tablespoonsful sugar pour into a buttered dish. bake $\frac{1}{2}$ to $\frac{3}{4}$ of an hour, have a very hot oven, serve as soon as done.

SOMETHING FOR SMOKERS,

From the Westminster Hospital comes a statement that is somewhat alarming. A patient had symptoms that led Dr. Murrell to believe that he was in the first stage of consumption, such as cough expectoration, loss of flesh and a little blood spitting. But these symptoms are similar to those produced by the inhalation of arsenious arsenic. The doctor, therefore, analyzed a large number of samples of cigarettes and tobacco, and he found out of seventeen series of different kinds, arsenic present in the labels of at least a third.—*Edinburgh Scotsman*.

This is the centennial year of vaccination. In 1796, Jenner vaccinated his first, James Phipps, and James soon afterwards went to his reward, dying from consumption.

HOSPITAL NOTES.

Don't forget the surgical bed fund.

* * *

Are you going to the concert November 17th.

* * *

Remember the children's bazaar December 11th.

* * *

Soap, sugar, tea and butter, are needed at this time.

* * *

The new name is "Phillips' Training School for Nurses."

* * *

Send in your change of address lest you miss your next paper.

* * *

Get your friends to think up their Christmas advertisements for the December RECORD.

* * *

Several substantial donations of fruit and vegetables have been received during the past month and greatly appreciated.

* * *

Buy a ticket for the Zingari Concert, and help the hospital, at the same time making a hundred per cent profit on your investment.

* * *

If you do not receive your RECORD regularly, just drop a postal card to C. S. DeWitt, at the hospital and it will be attended to.

* * *

Miss Little of Harper Hospital Detroit, was a visitor to the hospital last month, she was very favorably impressed with our institution.

* * *

The nurses desire to thank their "good looking little friend" for the gift of a handsome mirror for their room, and also for the pretty little nursery rhyme accompanying it.

* * *

Three good things coming, the Banjo Club's concert, November 17th; the Children's Bazaar, December 11th; and Christmas, December 25th, have a share in all of them.

* * *

The ceremony in connection with the graduation of the nurses, who completed their course the end of October,

will be deferred till spring, when three more will have completed their two full years of training.

* * *

The children are most enthusiastic over their coming bazaar in Stanley Hall on December 11th. Fancy articles of moderate price, and home made delicacies of all kinds may be sent to Mrs. Binks, at the hall, on the morning of the bazaar.

* * *

Come to the corner of Stanley and St. Catherine Sts. on Friday afternoon December 11th, and enjoy the most original, unique, and interesting entertainment of the year, given by the children for sweet charity's sake, a precursor of Santa Claus' visit later on.

* * *

Misses Adams and Egan, having completed their term in the Training School, left the hospital October 31st, to take up private nursing. Both were called out to cases, before noon next day. Good nurses are always in demand, and these ladies will not lack occupation.

* * *

The design selected for the nurses badge, is the crest of the Montreal Homœopathic Association on a gold medal, with the words "Phillips' Training School." The reverse side to bear graduates name and date of graduation. The medal to be suspended by small links from a plain round gold bar with pin.

* * *

The Zingari Banjo Club have generously given their services for a concert in aid of the hospital, at Windsor Hall, November 17th. They will be assisted by Miss Marie Hollinshead and Mr. Marshall Williams. Tickets \$1.00 and 50 cents may be obtained from members of the Woman's Auxiliary; at the hospital, or at Shaw's, 2274 St. Catherine St. where reserved seats may be secured.

* * *

A prominent gentleman of this city reports a case of successful homœopathic treatment of animals. A valuable young dog suffered from a severe attack of influenza to which it apparently had to succumb in a few hours, was given a couple of doses of aconite followed by euphrasia, when to the surprise of all present a change for the better took place after the first dose and complete recovery followed in a short time. Wonder where the "faith" so often heard of as being necessary in homœopathy, comes in here.

CHILDREN'S BAZAAR

On Friday December 11th. there will be held at Stanley Hall, corner of Stanley and St. Catherine Streets, a Children's bazaar, in aid of the Montreal Homoeopathic Hospital, on McGill College Ave.

A great many children are making useful and fancy articles for sale. There will be exhibitions of fancy dancing, and various entertainments to amuse the little ones.

The bazaar will be open from 2.30 to 10 p.m. Tea and refreshments will be served. Admission is only five cents.

It is hoped that all the friends of the Hospital will patronize the bazaar, and help the children in their good work.

Donations of material, work, home-made candy, cake etc, and subscriptions may be sent to the Secretary at 433 Elm Avenue, Westmount, at any time, or to Stanley Hall on the morning of December 11th.

SUBSCRIPTIONS AND DONATIONS
RECEIVED IN OCTOBER, 1896.

Alexander Clerk, Esq	50 00
Mrs. Mackenzie	25 00
Mrs. E. Von Rappard	15 00
James Baylis, Esq	10 00
A. H. Thomson, Esq	10 00
Mrs. Thomas Hawkins	10 00
F. S. Scholes, Esq	10 00
C. C. Holland, Esq	10 00
Mrs. Stewart Munn	10 00
Dr. T. Scott Nichol	10 00
Mrs. W. B. Landsay	10 00
Mrs. S. Bell	10 00
Mrs. H. Thomas	10 00
Mrs. Childs	10 00
Dr. H. M. Patton	10 00
Mrs. Roswell Fisher	10 00
Septimus Fraser, Esq	5 00
H. Birks, Esq	5 00
J. Hodgson, Esq	5 00
Mrs. Holland	5 00
Mrs. Hagar	5 00
Mrs. Binks	5 00
Mrs. Sutherland Taylor	5 00
Mrs. Barrie	5 00
Collected by Mrs. Binks	24 70
Mrs. Holland	2 50
Four friends	2 25
H. Archbald, Esq	2 00
Mrs. Moody	2 00
A visitor to hospital	1 00
Mrs. H. P. Birks	1 00
Mrs. C. R. Black	1 00
209 University street	1 00
Mrs. McKersow	1 00
Dr. Griffith	50
Ernest Stewart	1 00
Mrs. W. Birks	2 00
Donation box	2 13
Unknown	5 00
Total	\$311 08

John Hunter, the famous anatomist, once said that the feminine love of conversation was a consequence of a peculiarity in brain tissue.

HOSPITAL WANTS.

Cotton batting. Old cotton.

Empty homoeopathic medicine vials for the dispensary.

Slippers for male and female patients.

Wrappers for patients of both sexes and also for children.

A few toys for the little ones.

Fruits, jellies, preserves and flowers always acceptable.

Enlarged edition of Sankey's Hymns with music, and 12 copies of words of the same.

BOOK NOTICE.

We have received from the author, Dr. Prentice of Chicago, a copy of his new work. *The Eye in its Relation to Health*. The work is original, attracting attention to a much overlooked possible cause of disease. Written in an easy style, it will interest the general reader as well as the medical man, rendering valuable aid in determining the origin of obscure and obstinate reflex maladies.

WOMAN'S AUXILIARY, MONTREAL
HOMOEOPATHIC HOSPITAL.

Treasurer's Report, October 1896.

Dr.	
To cash on hand, October 1st	\$46 71
.. .. donations and subscriptions	311 08
.. .. patients and nurse's fees	79 50
.. .. dispensary	7 57
.. .. sale of record	10
.. .. bank interest	23
Cr.	
By wages paid	\$110 00
.. food supplies paid for	25 00
.. med. and surg.	10 75
.. furnishings	3 65
.. gas account	12 24
Cash balance on hand	283 62

\$445 25 \$445 25

Bal. due on outstanding accounts, over \$500 00

MARY VAN HORNE.

Treas. W.A.M.H.H.

DONATIONS FOR OCTOBER 1896.

Empty vials, invalid appliances, Mrs. Warren, Mrs. J. Baylis, Miss M. Brush, Mrs. Ames, Mrs. Chas. Jenner, Mrs. H. Nolan Unknown Friend; old linen, Mrs. J. Baylis, Mrs. C. G. Jones; magazines, Miss O'Connor, Mrs. Gillespie, a friend; grapes, Mrs. S. M. Baylis; barrels of apples, Mrs. Seath, Mrs. E. K. Greene; barrel potatoes and vegetables, anonymous; vegetables and fruit, St. Martin's Church. Harvest Thanksgiving. 6 bags

vegetables, potatoes, beets, turnips, carrots, parsnips, apples, Verdun Insane Hospital per Mrs. Wanless; tub butter, tin of honey, Geo. Wait & Co.; 5 jars preserves, Mrs. E. Von Rappard; 6 jars preserves, 6 bottles home made wine, 1 bottle ketchup, Mrs. A. R. Griffith; preserves, Mrs. Benjamin; scrap books, and scrap cards for children's ward, Miss Tees, and Miss Ames; 4 nightdresses, Mrs. G. S. Wait; 2 bags, 2 jars preserves, 1 pair slippers, Mrs. W. H. Nolan; piece of sheeting, piece pillow casing, D. Morrice Esq.; 1000 envelopes, box elastic bands, pens, 4 collecting books, F. E. Grafton & Sons; cake, Mrs. Benjamin; box of soap, Mrs. J. A. Mathewson jr.

HOSPITAL REPORT.

Patients admitted Aug., Sept. and Oct.....	36
Patients discharged Aug., Sept. and Oct.....	41
Remaining in hospital Oct. 31.....	6
No. of patients treated in the Out-Door department for Aug., Sept. and Oct.....	336
No. of days nursing in private houses.....	Sept., 9 days Oct., 28 "
Total.....	37 days

Twenty-eight per cent. of the births in Paris are illegitimate.

Boston is to have a magnificent new hospital to cost \$3,500,000.

Sweden is said to have a death rate of 90 per 1,000 from alcoholism.

Dr. C. C. Ottawa, writes:—"I have employed Wyeth's Liquid Malt Extract in my practice for some time past, and am in every way satisfied that it is a most valuable assistant to the processes of digestion. Its taste is agreeable, and is in my opinion a nutritive tonic."

We claim that Wyeth's Liquid Malt Extract will be found to contain all the nutritive virtues of the Best Malt Liquors in a higher degree than any of the largely sold liquid malts, while it is free from the stimulating effect which invariably follows their administration,

F. WALLACE & CO.

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