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THE

## TEMPERANCE NIONITOR.

Publiched Mösthiy under the sanctozi of the Quegec ASSOCIATLOS FOK THF DEFTUSION OF INYORSTATICA CONNECTED WITA TIIE SUBIRCE OF INTEMPERASCE.

RESOLUTIONS adopted at a Mecting called by advertisement in the Newspapers, and held at the Court House Quebec, 25th Aprilig31:-

A Public Meeting wias hold at the Court House, on Monday, 2jth ultimo.-John Neison, Esquire, in the Cbair-for the purpose of considering the expedjency of adopting measures for the Diminution of Intemperauce, at which the following Resolutions were unanimonsly passed :-
lst. Mored by the Honorable Sir Joha Caldwell, seconded by MI. Stayner-That Intemperance is a fruitful source of poverty, disease and crime, and ought to be deprecated by all denominations of Christians.

2d. Moved by I. Bedard, Esquire, M. P. seconded by the Venerable Archideacon Mountain-That this meeting regrets the esistence of intemperance in the use of intoxicating liquors in this (ity and Neighbourhood.

3d. Moved by Mr. Claphan, seconded by Mr. Ferguson-That Intemperance has been diminished in other countries by the establishment of Temperance Socirties; and that similar success may reasonably be expected to attend the adoption of similar neasures in the City of Quebec.
thi. Moved by Dr. Doughass, seconded by Mir. Sewell-That in order to prepare the public for the formation of a Temperance Society, an Association be now formed-to be called "The Quebee Association for the Diffasion of Information connected with the sulject of Iutemperance."

5th. Moved by Mr. Tremain, seconded by Mr. CamplellThat the following Gentlemen be requested ro accept the offices respectively annexed to their names, be authorized to forward the ultimate design of the Association, and have the power to add to their numbers:-
President-John Neilson, Esquire, M. P.
Vice-President-Honble. Sit John Caldwell, Bart.
Comittee.

| Messrs. | Bedard, M. P. | Messrs. Hart $\underset{\sim}{ }, 2$. |
| :---: | :---: | :---: |
|  | Campbell, | Holcomb, $=$ |
|  | Elgee, Captain, R. A. | Lyons, |
|  | Fisher, | Musson, |
|  | Gauthier, | Plinl. Panet, |
|  | Glackemeyer, | Romain, |

Treasuter-Dr. Douglass, Secretaries-Mr. W. S. Sewell, Mr. J. H. Kerr.
6th. Moved by Mr. Komain, seconded by Revd. W. SquireThat a Subscription List be now opened, and that all Subscribers of Five Shillings le considered Members of the Association.

The Chairnan ther; resigned the Chair-having previously infonued the Mecting that a subscription list was ready to receive the names of subscribers to the Assogiation; and it was resolved unanimously ou the motion of Ifr. Patton, seconded by Mr. Musson ;

Tth That the thanks of the meeting are due to John Neilson, Esquire, for his valuable services in the Chair.

The meeting was numerously and respectably attended, and the names of a number of subscribers were obtained before the meeting dispersed.

Note.-The public are requested toobserve that the Association which is founded on the foregoing Resolutions, is not itself an Institution similar to those which are known by the denomina-
tion of Temperance Societies. No pledges are exacted; no obliyations are imposed; no other condition of membership is required than the subscription of a Dollar; and let it be borne in mind, that the Association commends itself to the commemaner of the Foes as well as Frieuls of 'Temperance Societies. That i... temperance exists and that it ought to be diminished are Truism. which, it is assumed, no body is ready to deny. The on? question therefore, of which the nature of the caseadmits, rethti, to the mody of diminution which a Temperance Society present. This mode is cither grood or bad. If bad, enguiry will proven s", and the position of its enemies will be contirmed-if good, is goodness will be attested by the evidence which enquiry will atford; and then every man should be its friem!. On either hand, enquiry is needfal; and except to him who has onveloped himself in prejedice, and previously determined that he will not be informed, there is a reasonable title to geveral support, possenerd by an Association which has for its sole design to furnish the public mind with "Information cenuected with the subject of Intemperance."

> By order of the Commitiee,
*** Subscriptions will be receired b, Dr. Douglass, Treantrer, Messes. Musson, McNider, Hart and Romair.

The Committec of the Quebec Association for the diffusion of Information co.zacicicd with the subject of Intemperauce,

## TO THEIR FELLOW CITIZENS.

We have been appointed at a Public Mecting of the Iuhabitants of Quebsc and its Vicinity, a Committee for the parpose of endeavonring to arrest the erils which result from the Intemperate Use of Intoxicating Liquors.

We appeal to your own obsercation of what is nassing around us, for the motives which have led to this step on the part of those by whom we have been appointed:

We ask each of you whether futemperance has not maintained its ground and encreased? Whether the ordinary efforts for checking it have proved sufficient?

Is not a areat portion of the means which ought to provile families with a sufficient supply of wholesome food ; decent and comfortable cloathing ; cleas and substantial dwellings. the edncation of children and their estainishment in life, wasted in the use of intoxicatiug drink? How much time is lost, what contananating company is kept, what riot, disorder and moral and physical degradation, are occasionedin consequence of an indulgence in this vice of I temperame:

How many helpless mothers and chiddreu are reduced to distress by its prevalence? Education worse than neglected, evil habits furmed, and the seeds of beggary and crime widely dissemiuated throughout the Province?

We beg of sou to consider to what pitch we are arrived; to what result we shall come, if no further effiorts are made, no other means are put in operation to avert the growing evil.

The reports of the Coroners, the Calendars of our Gaols, the Verdicts of our Juries, the Sentences of our Judges, wre almost all authentic records of the victims of Lutemperance, of Intemperance authorized by example, stealing on its unfortuate votaries, leading them by imperceptible degrees, from one excess to another, till at last its effects have been open defiauce of the Laws of God and Man, public punishment and lating degradation.

It is nct more than thirty years that the terms of our Criminal Courts scarcels offered a siugle conviction. Tno old buildings contained ample space for all our prisoners. Half a dozen extensive Gaols have since been erected at the expense of the Pro-- ince; they are now full. The Criminal terms of our Courtare no longer sufficient. Besides the expences of Criminal justice and grols, the time of the honest and industrious citzen is taken up, for the apprehension, prosecution and trial of criminals, and the peaceful inhabitant no longer finds, even in his owndwelling, that security and quiet which he formerly enjoyed.

Who are the criminals and disturbers of the public peace? Almost all votaries and victims of Intemperance. Of whom were composed these gangs of nocturnal depredators, who hare infested and alarmed the Country? Amongst whom, and for what purpose did they undertalie their criminal acts and spend theirill guttergains? In the orgies of the intemperate, for intoxicating drink, which prepared them for new crimes, imprisonment, whipping, transporiacion and the gallows; but still with little or haruly any salutary impression on themselves or their asociates.

But it is not only amongst Crininals that the mischiefs of intemperance are discernible. They are to be found in the preparation of crime, in the example which leads astray. It is amongst those who are more particularly bound by the advautagres which they eujoy in society, to set a good exauple in every thing conducive to its welfare, that Intemperance is doubly fatal. How many families now a days can say that they have not been or are not in danger of being sufferers by the Intemperance of some of their members? What losses have they and the whole community not sustained by its iusidious approaches and unconquerable dominion, and fual extiuction of the objects of affection of virtuous pride and fairest hopes?

Considoring all these things, can we say that suficiont is done; that we ought still sololy to trust to the ordinury means of checkinir the evil?

If you think as those by whom wo have been appointed, wo ask you to join heart and hand in providing a remedy, by spreading throughout the Town and Country the necessay information, that something firther may be effected in aid of what is already done. In other Countries the press and associations arainst intemperance have produced the best effects; and we know of no reason why they should not be equally powerful with .15.

Here, as elsewhere opposition will hare to be encountered, indiffercnce will have to be removed. But in every community there isasaving spirit which comes into operation, whenovor agyeat and palpable evil evists, destructive of private and publio welfare. Noopposition, no indifference, no selfish passion, can withstand it. From the humblest begiminers, amidst scoffs and scorns, it gradually rises to a power, to which all willingly submir, because it is derived from the beneficent Author of our nature, who formed unankind for the pursuit and attainment of Happiness.

Quebec, 7th May 1831.

Extracts from "an uddress by Jonathan Kettridge, Esquire, de-
luvered at a public meeiing at Lyme, New-Hampshire, coi:vened
for the purpose of fomming Tomperance Societies.
Fbllow Citizens.-That intemperance, in our country, is a great and growing evil, all are ready to admit. When we look abroad, and examine into the state of society, we find the number of those who are in the conr'zat and habitual practice of an excessive use of ardent spirits to be alarming. We see the effects that they produce among our friends and our neighbours, but the evil is so commen, and it is so fashionable to drink, and 1 had almost said, to drink to excess, that the sight of it has lost half its terror, and we look upon an intemperate man without those feelings of disgust and ablorrence which his real situation and character are calculated to produce. This is the natural result of things. The mind becomes familiar with the contemplation, the eye accustomed to the sight; we pay but little attention to the object-he passes on-we laugh at the exhibition, and grow callous and iadifferent to the guilt. Our pity is not excited, our hearts do not ache, at the scenes of intoxicatiou that arealmost daily exhibited around us. But, if for a moment we seriously reflect upon the real situation of the halitwally jutemperate; if we call
to mind what they have leen-what they now are; if we cast our eye to the future, and realize what, in a few years, they will be; if we go further, and examine into the state of their families, of their wives and their children, wo shall discover a srene of misery and wretchedness that will not long suffer us to remain cold, and indifferent, and unfeeling.

This examination we can all make for ourselves. We can all call to mind the case of some individual, whom we have known for years, perhaps from his infancy, who is now a poor, miserable drunkard. In early life his hopes and prospects were as fair as ours. His family was respectable, and he received all those advantages which are necessary, and which were calculated to make him a usefuland respectable member of socicty. Perhaps he wrs our school-fellow, and our boyhood may have been passed in his company. We aitnessed the first buddings of his mental powers, nand know that ho possessed an active, enterprising mind. He grew up into life with every prospect of usnfulness. He entered into business, and, for a while, did well. His rarents looked to him for support in old as? and he was capable of affording it. He accumulated property, and in a few years, with ordinary prudence and industry, would have been independent. He married and became the head of a family, and the father of children, and all was prosperous and happy around him. Hard he contiuned as he began, he would now have been a comfort to his frierds, and an honor to the community. But the scene quickly changed. He grew fond of ardent spirits. He was seen at the store and the tavern. By degrees the became intenperate. He neglected his business, and his affairs went to gradual decay. He is now a drunkard, his property is wasted, his parents have died of broken hearts, his wife is pale and emaciated, his children rarged, and squalid, and ignorant. He is the tenant of some little cabin that poverty has erected to house him from the storm and the tempest. Ife is useless, and worse than useless; he is a pest to all around hin. All the feelings of his nature are blunted; he las lost all shame; ho procures bis accustomed supply of the poison that consumes him ; he staggers through mud, and through filth to his hut; he meets a weeping wife and starving children-he abuses them, be tumbles into his straw, and he rolls and foams like a mad brute, till he is able to go arain. He calls for more rumhe repeats the scene from time to time, and from day to day, till soon his nature faints, and he becomes sober in death.

Let us reflect, that this guilty, wretched creature, had an immortal mind-he was like us, of the same flesh and blood-lie was our brotier, destined to the same eternity, created by, and accountable to the same God; and will, at last, stand at the same judgement bar; and who, amid such relections, will not weep
nt his fate-whose eye can remain dry, and whose heart unmoved?

This is no picture of the imarination. With the addition or subteraction of a few circumstances, it is the case of every one of the common drunkards around us. They have not completed tho drama-they are alive-but they are going to death with rapid strides, as their predecessors have already done. Another comnany of immortal minds are coming on to fill their places, as they have filled others. The number is kept good, and increasing. Shops, as nurseries, are established in every town and neighbourhoud, and drunkards are raised up by the score. They are madu--they are formed-for no man was ever born a drunkard; and 1 may say, no man was ever born with a taste for ardent spirits. They are not the food which nature has provided. The infiant may cry for its mother's milk, and for nourishing food, but nous: was ever heard to cry for ardent spirits. The taste is cieated, and in some instances may be created so young, that, perhaps, many cannot remember the time when they were uot fond ot them.

And here permit me to make a frw remarks npon the formattion, or creation of this taste. I will begin with the infant. At his birth, according to custom, a quantity of ardent spirits are provided; they are thought to be as necessary as any thing else. They are considered as indispensilie as if the child could not be born without them. The father treats his friends and his housihold, and the mother partakes with the rest. The infant is led with them, as if he could not know the good things he is heir to, without a taste of ardent spirits. They are kept on hand, and often given to him as medicine, eqpecially where the parents are fond of them themselves. By this practice, even in the cradte, his disrelish for ardent spirits is done a"ay. He grows up, and during the first months or years of bis existence, his taste end his appetite are formed. As he runs about, and berins to take notice of passing events, he sees his father and friends drink; he partakes, and grows fond of them. In most families, ardent spirity are introduced and used on every extraordinary occasion. Vithout mentioning many, that the knowledge and experience of every man can supply, 1 will instance only the case of visiters. A gentleman's friends and acquaintance call upon hini. He is glad to see them, and fashion and custom make it necessary for him to invite them to the sideboard. This is all done in lis best style, and in his most easy and affable manner. The best set of drinking ressels are brought forward, and make quite a display. The ehildren of the family notice this; they are delighted with the sight and the exhibition; they are pleased with the manners, and gratified with the conversation of the visiters on the occa-
sion. As soou as they go abroad, they associnte the idea of drinkiug $n$ ith all that is mindy and gented. They full into the custom, and imitate the edanule that is set them. Circumstances and situations expere one to mure temptations than the rest. Perhaps las acsulation, or his moral prituciple, is not so strong; and in this way, we out of tweaty-five of thuse whes live to thirty years of age, becomes intemperate. He becomes so, perhaps not from any uncommon pedisposition to the viee, but is at first bed on by fashion atad custom, and fisourable cireamstances, till at last be pluseres headloug into the cortex of dissipation and ruin. Our natural disrelish for ardent spirits is first done awayma relish for them is then crented. They next become occasional, next habitual drinhs. The hadit geitis strengeth, till at lasi, the daily drinker is snegtanay by the first adverse gale. It is on this pribipie, and let the fich operate a a hation to those who need it, that many men of far whblemished daracters, who have made a temperate, but hatituad use of ardent spinits in days of prosperity, l.ase, on a whange of fertune, becume notorions druskards; while those nho have refraned in prosperity, have encountcred all the storms of adversit, unhart. We frequently bear a man's intemperance attrilnted iy a particular cause, as hows of triends, loss of property, disappinted love, or ambition; when, if the truth were hown, it would be seen, that such nen had previousiy beea addicted to the use of ardent ofinits, permaps not manoderately, madily to them ou such enents, as their solace and suppost. litemperance retgires an apprenticeship, as much as lan or physic; and a nan can no more become intemperate in a month, than hecan become a lawy er or a plysician in a month. Many wonder that certain intemperate mat, of tiac thents, noble hearts, and manly feelingx, do not reform ; but it is a greater wonder that any ever do. The ecil genius of intemperance fratdually press upon the strenth of both body and mind, till the victio, when he is caught, tiods, that although he was agiast once, he is now a child. his inlmence is seductive and iusimating, and men are often irretrievibly lost before they are awar. of it. Let them beware how they take the first step. It is by degrens that men become intemperate. No man ever became su all at once-it is an impossibility in the nature of things. It requires time to harden the heart, to do away shame, to blunt the moral principle, todeaden the intelleotual faculties, and temper the body. The intemperance of the day is the natural and legitimate consequence of the customs of society-of gentel and respectable society. It is the commou and ordinary use of ardent spirits, as practised in our towns and villages, that has already peopled them with drunkards, and which, unless checked, will fill them with drunkards. The degree of intemporance that prevails, and the quantity of ardent spirite used, in our most respectable towns,
is almost incredible. Permps some facte on this subject will be interesting.

As it regards the degree of intempermee that previlis, it may bo ately said, that one out of a humded of the inhabitants it the part of the comery is a common drumand. I3s a common A wnami, is mennt one who is habitually intomperste, whe is uten intoxicated, and who is restranedfom intosication nevher by principle mor shame. Of suh tieme are from ten to twent!, and upwaris, in every inhabited won nolip. There is another cher Who are intemperate, and many of then are vecasiomal drahavis. The class is more numerous thun the former, and oue out of about forty of the inhabitants belongs to we or the ofler chas. Is not this a horrid state of societs: But auy one can satisty himself of the trath of the stotement, of mahiot the eammaname himself.

The quantity of ardent spirits yearly consumed in our towns, raries from six to ten thousani gallons. It will answer the argument lintended to daw from it, to state the amual quantity in this town to be six thousand gallons, aldough short of the 1rath. This would be three gallons to ehery inhakitant, or twenty one gallons to every legal roter. The cust of this hequid, ut the low price of fifty cents per gallon, will be three thonsud dollars, which will pay all your toun, cunatry, aud state taxes three years, and it is as much as it custs yon to suppurt and mantain all your pririleges, civil, religrous, and literary. In one hamdred years you would driok up all the town ia ament spirits, or it would cost just such town as this, with all your furms, stok, and personal property, to furnish the iahabitaits with ardent aphrits, at the present rate of driaking, only one hundred sears. Bat should the town contimue to drinh, is they non do, for ifity years, aud in the mean time suffer the cost of the spirits to acen mulate by simple interest only, the whole torn, at the end of the turm, could not pay their rum bills. It ande no colsolation that all ather towns woald be alike insolvent.

But this is notall. Add to this sum the loss of time and the uaste of property oceasioned by it, indephatent of its cust, and it - wells the amount to a monstrous size. Here you h.wn an acount of the cost of ardent spirits, calentuted within bounds. At present there is a great comphiat about the prewnee of the tines, and the complaint is doulthess nell founded. Hard times in esery hady's mouth; but, if you had for the hat gear only abstaned frent the use of adeat spirits, 3 ou wond now have weed indepromem and easy in your circumstances. Three thousand dollars, "hich you have paid for them, divided anong you, nould pay ill the debts you are called upon to pay. I do not mean that no one wants more than his portion of this sum, lut there are sume who wat none of it, and who would circulate it by loan ot othech ise,
among those whe do want it, avd it would reliere the whole town from the distress they are now in.

If this town had an income that would pay all its taxes, you would cousider it a matter of great joy and congratulation. But if it had an income that would discharge all its taxes, and each nam, instead of paying, should receive the amount he now pays, you would consider your situation highly prosperous and enviaWe. Discontinue the use of ardent spurts, and you have it. Use none; and your situation, as a town, will be as good, yca, farbetter than in you had an imeome of three thousand dollars yearly, to be divided anong its inhabitants.

If we carry this calculation further, we shall find, on the principle adopted, that there are in the State of New Hampshire, 2441 common drunkards, and 3663 intemperate, or occasional drunk. atds-in the whole, blot; and that the State consumes 732,48.3 gratlons of ardent spirits ammally, which cost, at 50 cents a gallon, d 366,241 . In the Cuted states, there would be 96,379 common, and 240,949 common aud occasional drumkards; and the country uould cousume ammally $28,913,887$ gallons of ardent spirits, which cost, at 50 cents per gallon, d14, 456,943 -as much as it costs to support the whole system of our national goveroment, with all that is laid out in improvements, reads, canals, pensions, \&e. \&c., and is more than one half of the whole revenue of the Union fur the last y ar. It nust be remembered that this calculation embraces only the quantity and cost of the spirits, and is on the supposition that this town cousumes only 6000 gallons, at 50 cents per gallon, and is a fair criterion for the state and nation. As it rergards this state, it would be safe nearly to double the quantity, and to treble the cost of the spirits; and as it remards the nation, it wonld be safe to double all ny calculations. In the Luited States, the quantity of ardent spirits yearly consumed, may be fairly estimated at sisty millions of gallons, the cost at thirty millions of dellars, and the number of drunkards, of both linds, at four hundred and eighty thousand.

But we all know, a dit is common to remark, that the coot of the article is comparatively nothing; that it hardly makes an item in the calrulation of permitious consequences resulting from the consumption of ardent spirits. Were we to embrace the usual concomitants, and estimate the value of time lost, the amount of property wasted, of disease produced, and of crime conmitter!, where ardent spirits are the only cause, it would transcend our conceptions, audthe imagiaation would be lest in the contempliation

But this is not half. I camot tell you half the effects of ardent spinits. And yet ardent spirits are sud to be usefnl and necessary. It is false! It is nothing but the apolory that love of theim renders for their use. There are only two cises in which Dr.

Rush says, that they can be administered withont injury, and those are cases of persons likely to perish, and where sobsitutes maybe applied of equal effect. What rational man would ure them, for the sake of these two possible cases? As well might he innoduce rattlesnakes among his children, because their oil is good in the disease with which they may possibly be afficted.

The number of persons in the Cinited States who are mentally deranged, I do not know; probably there are several thonsands; and it is ascertained, that one third of these confined in the insane hospitals of Philadelphia and New lork, are rendered insane by the use of ardent spirits. Yes, one third of the poor, miserable maniaes of our land, are made such by the use of that which, in the opinion of some, is a very useful and necessary article, and which they cannot do withoat. This article has depr ved one thir: of the crazy wretches of our land of their reason, of that whicla makes them men, of the very imare of ther (iod.

Out of the namber of the intemperate in the United States, ten thousand die annually from the effects of ardent spirits. And what a death! To live a drunkard is enough; but to die so, and to be ushered into the presence of your angry Judre, only to hear the sentence, "Depart, thon drunkard "" Ah ! languace fails, and I leave it to gour imagiation to fill up the horrid picture.

This death happens in rarious ways. Some are killed instantly; some die a lingering, gradual death; some commit suicide in fits of intoxication, and some are actually burnt up. I read of an intenperate man, a few years since, whose breath canght fire by coming in contact with a lighted candle, and he was consumed. At the time, I disbelieved the story, but my reading has since furnished me with well authenticated cases, of the combustion of the human body from the use of ardent spirits. Trotter mentions ten such cases, and relates them at length. They are attended with all the proof we require to believe any event. They are attested by living witnesses, examined by learned men, and published in the journals of the day without rontradiction.

The horror of a drunkard's death berrars description. Need I point to yonder grare, just closed over the remains of one who went from the cap of excess to almost instant death? You all know it.

But this is not all. One half the poor you support by taxes and individual charity, are made poor by the use of ardent spirits. This has been demonstrated by actual inquiry and examination In the city of New. Xork, where there are more poor, and where more is done for them than in any other rity of the United States, a committee appointed for the purpose, ascertained by facts, that more than one half of the city poor were reduced to porerty

Ly intemperance. This is also the case throughout the Cinon. Aud here permit me to state a case, with which I am acquainted. I do it with a doulle object. I do it to show, that the use of ardent spirits produces puverty and distress, and the disuse of them restore to wealth and comfort.

A gentleman, in the city of New-York, who carried on ship building on an extensive scale, and employed a great number of hands daily, and paid them all in the same mamer, and nearly to the same anomnt, was struck $w$ ith the difference in their situatious. A few, and only a few, were able from their wages to support their families; but these were out of delt, and independent in their circuastances. They always had money on hand, and freguently suffered the ir wages to lie in the hauds of their employer. The rest were poor and harassed, the former easy and comfortabie in their circumstances, and he resolved, if possible, to ascertain the cause of the difference. On inquiry and examination, he fomud that those of them who were above boand used no ardent spirits, while the others were in the constant and daily use of them. If satisfied himself that this use of ardent spirits was the only cause of the difference in their condition. He determined, if be could, to presail upon them all to abstain altogether from their use. On a thorsugh parental representation of the case to them, he succeeded, and they all agreed to make use of none for a year. At the end of the year they were all, to a man, out of debt, had supported their families in better condition, had done more work, destroyed fewer tools, and were hearty and robust, and enjoyed better health. This fact speaks volumes, ard needs no conment. Adopt the same practice in this town, and the result will he the same. "What: drink none?" les, I say, driuh none-one gallon for this town, is just four quarts too mach. In addition to the miseries of delet and poverty which they cutail upon a community, they are the parent of one half the diseases that presail, and one half the crimes that are committed. It is ardent spirits that fill our poor-houses and our jails; it is ardent spirits, that fill our penitentiarics, our mad-houseand our state prisons; and it is ardent spirits that furvish rictims for the gallons. They are the greatest curse that God ever inflicted on the world, and may well be called the seven vials of his wrath. They are more destructive in their consequences than war, plague, pestilence, or famine; yea, than all combined. They are slon in their march, but sure in their grasp. They seize not only the natura, but the moral man. They consign the body to the tomb, and the soul to hell.

While on carth, the victim of interoperance is as stupid as an ass, as ferocious as a tiger, as savage as a bear, as poisonous as the asp, as filthy as the swine, as fetid as a gaat, and as malignant as
a fiend. No natter what may be the oririnal materials of the man; his figure may possess every grace of the sculpter; his mind may be imbued with erery art and science; he may be fit to command at the head of armies, to sway a Roman senate, to wield the destinies of nations; his heart mas be the seat of esery virtue-but ardent spirits will strip him of the whole, and convert him into a demon. Need I tell how? Need I point out the change that ebriety producesin the moral and socid affections. Need I present the sword red with a brother's bluod? It uas in a druken revel that the infuriate Alexamder slew lis best friend and most beloved componion, Clytus. Aud it was in a drunhen revel that he proclaimed himself a god, and lifed.
"But have not ardent spirits one good quality, one redecming rirtue?" None; I say none. There is nothing, not esen the shadow of a virtne, to rescue them from unisermal and everlastius exerration. "Bht they are good as a medicine." No, not as at medicine. There is no physician, that dors not love then, that needs them in his practice. There is no disease that they care or relieve, that cannot he cured or relieved without them. They add to no man's health; they save no man's life. It is impossible to name a siugle good thine that they do. Give them to the dirine: do they add to his pi to his zeal, to his faithfuluess, to his love of God or man? No, they destroy them all. Give them to the physician: do they increase his shill, his fower to discriminate amid the symptoms of disease, his judguent to apply the appropriate remedies, his hind and affectionite solicitude? Nay, verily they destroy them all. Gise them to the legal advocate : do they increase his lnouledge, his perception to discover the points of his case, his readiness to apply the evidence, his ability to persmade a court and jury? No, they destroy them all. Give then to the mechanic: do they assist his ingenuity, his judgment, or his taste: No, they destroy them all. Gire them to the hanourer: do they add to his stremerth $y$ Ho thes caable him to bearfatirgar, to endunc heat and culd? Can he domore work, or do it better? No, they are the ruin of the whole. They reduce lis strength, weaken his frame, make him more susceptible to heat and cold, disorganze his whole s! stem, and unfit him for labour.
"But there are some men,", yousay," who use ardent spirits and who get along very well." Admitted. They endure it. So there are some men who get along very well with poor health and feeble constitutions. Are poor health and feeble constitutions, therefore no evils? Is the p-osperity of such to be attributed to them? As much as that of the former to the use of ardent spirits. Was ever a man made rich by the use of ardent spirits? Never; but millions have been made begrars by it.

Yet some say they feel better by driaking ardent spirits. Let
ws examine this oxcuse. It is mothing but an excuse, and he who loves rum and is ashamed to own it, says he feels better to drink it. Let us enfuire how. Are they conducive to health? On this subject lat the physician decile. One, as great as this comery has produced, Dr: Rush, says that the habitual use of ardent pirits usually produces the folhowing diseases: A loss of appetite; sickness at the stomach; obstruction of the liver ; jaundice and dropsy ; hoarseness and a husky cough, which often ends in consumption; diabetis; reduess aul cruptione of the skin; a fetid breath; frequent and disrusting belehings; epilepsy; gout and madness. This is the train of diseases produced by the use of ardent spirits, and the usual, natural, and legitimate consequences of their use. And now, 1 ask, can that which, of its own nature, produces these diseases, make a man feel better: Reason might answer; and were she on her throne, uminfluenced and mbinsed hy the love of ardent spirits, she would unequirocally answer; No. And we find that those "ho say thepseel better to drink ardent spirits, are those whe are in health, but love rum, ann it gratilics their appetite; and this is what they mean by feeling better.

I "ill examine for a moment the effect, the immediate effect of ardent supirits upon the man. I will take a man in health, and give him a glass of ardent spirits. The effect is to produce mental derangement, and fulse notir is and conceptions. But one glass will not have much effect. I will give him another, and if he loves rum hefeels better; another, and he feels better; another, hetter jet. By this tine he has gat to feel pretty uell, quite hapir. Kle has no fear nor shame. He can curse, and swear, and menti things. "Mle is tit for treason, stratarems, and spoils." It. tears no conseruences, and cau accomphsh impossibilities. If he in a cripple, ine fancies he can dance like a satyr; if he is slon and unuieldy, he can run like a hart; if he is weak and fechle in strength, he can lift like $S_{i}$ mpson, and fight like Hercules; if he is poor and penyless, he is rich as Crosus on his throne, and has money to lend. This is all a correct representation. It is what happens univeisally with the dumard. I know one man "ho is intemperate, "ho is poor, and never known to have five dollars st a time, who, when he is intoxicated, has often, and does uspally ofler to lond me a thonsand dollars. Poor, miserable, and deladed man! But he feels well; he is one of those who feel hetter to drink. Ife is mentally deranged, his imagination is dinordered. He fancies bliss, and felicity, and plenty, and abundauce, which does notexist; and he awahes to misery, and poverty, and shame, and contempt. Yet this is the exact feeling of all those who feel better to drink spirits. He who drinks buta glass, han not the same degree, but precisely the same kiad of fecling with the one I havedescribed.

And this is all-this is all that rum does to make a man feel better. If his wife and children are starving, he feels it not. He foels better. If his affairs are going to ruin, or are already phanged into ruin, he is not sensible to his condition. If his house is on fire, he sings the mamiac's song, and regards it not. He feels better.

Let him who likes this better fecling, enjoy it. Enjoy it, did I say? No. Reclaim him, if possible. Convince him that he labors under a delusion. Restore him to truth, and to redson; bauish the cup from his mouth, and change the brute into the man.

And now need any more be said to persuade mankind to alandon the use of ardent spirits? The appalling facts, in relation to them, are known to all. Experience and obsernation teach us that they are the scource of ruin, and misery, and squalid wretchedness, in a thousand shapes. They are the ihree-headed monster; they are the Gorgons with their thousand snakes; their name is Legion. And shall I yet find adrocates for their use :- Will this cnlightened community yet say they are usefinland necessary? All those who have used then, and discontinsed the use of them, say they are totally unnecessary and useless. We see that those who live without them, enjoy more happiness and better health than those who use them-that they live longer lives. But, wh! the folly, the stupidity, and the delusion of rum drinkers!

But perhaps it may be said, that the effects and consequences that I have mentioned, result from the abuse, and not from the proper and moderate use of ardent spirits; and that on many orcasions, in small quantities, they are nseful. Let us examine the circumstances and neations when they are said to be necessary, aud perhaps I cannot do it better than in the words of another.
"They are said to be necessary in very cold weather. This is far from beine true; for the temporary heat they produce is always succeeded by a greater disposition in the body to tee affected by cold. Warm dresses, a plentiful meal just before exposure to the cold, and cating occasionally a cracker or any other food, is a much more durable method of preserving the heat of the body in cold weather." In confirmation of this, the case of the ressel wrecked off the harbor of Newburyport, a few years since, may a adduced. On an intensely cold night, when all the men of that ressel were in danger of freezing to death, the master advised them to drink no ardent spirits. He told them, if they did, they must surely freeze. Some took his advice, while others, notwithstanding his most earnest entreaties, disregarded it. The result was, that of those who used the spirits, some lest their hands, some their feet, and some perished; while the rest survived unhurt.
"They are said to be necessary in very warm weather. Exe
perience proves that they increase, instead of lessening, the effects of heat upon the body, and thereby expose to diseases of all kinds. Even in the warm climate of the West Indies, Dr. Bell asserts this to be true. Rum says this author, whether used habitually, moderately, or in excessive quantities, always diminishes the strength of the body, and remhers man more susceptible to disease, and mont for my sersice, in which vigror or activity is required. As well might we liyow oil into a house, the roof of which was on fire, in order to prevent the flames from extendng to its inside, as pour ardent spinits into the stomach, to lessen the effects of a hot sun upou the shin.". And here permit me to add, that they ate said to be neresamy in cold weather to warm, and in warm weather to cool; the lare statement of the argument ou these two points confonads itself.
"Nor do ardent cpinits lessen the effects of hard labour upon the body. look at the horse, with every mascle of his hody surelled from moruing tillmght, in a plough or a team. Docs be make sigus for a glans of spinits, to cnable him to cleave the ground or climb a hill? No, he requires nothing but cold water and sulestantal food. There is no noumishment in ardent spitits. The strength they mroduce in labour is of a trausient nature, and is aluays followed by a sense of weahness and fatiguc."*
some people, mestheless, pretend that ardent spirits add to their strengh, and incrase their nuscular powers; but this is all a delusion. They think they are strong when they are weak. Rum mohes them loast, and that is all. The truth is, it weakens them in body, but stengtheas them in inagination. Why was Sampson forbidden by the Angel of Gud to drink either wine or strour drinh, lut to incede and preserse his strength: When you hear a man telling how strong rum makes him, you mag be sure he is weak both in hooly and mind.

There is one other occasion for using ardent spirits, which it will be proper to camine. They are said to be necessary to heep oft the contagion of disease, and are recommended to atteudants upon the sich. But the mited testimony of all phy siciaus proves, that the intempenate are first attacked by epidemic dinorders. This is miversally the case in the Sonthern States, and in the West Indies. Experience aloo proves that those attendants upon the sick, who refrain from the use of ardent spisits, escape, while those who use them are snept anay. If facts could consince, the use of ardent spirits nould be abolished. But the love of rum is stronger on the human mind thap the truth of Heaven.

If, then, ardent spinits are not necessaly insickness, if they do not prerent the effects of heat anl cold; if they do not add to our strength, and enable us to perform more labour ; when are they necessary? Why, people in health say, they want to drimh them * Dr. IRush.
now and then-they do them good. What good? If they are well, why do they need them? For nothing but to gratify the taute, and to produce a feeling of intoxication and derangement, slight in its degree when moderately used, as they are by such people, but the character of the feeling is no less certain. It is the same feeling that induces the drunkard to drink. One man takes a glass to do him grood, to make him feel better; another wants two; another three; another six ; and by this time is intoxicated, and ue never feels well till he is so. He has the same feeling with the man who drinks a single glass, but more of it ; and that man who, in health, drinks one glass to make him feel better, is just so much of a druakard; one sixth, if it takes six glasses to intoxicate him. He has one sixth of the materials of a drunkard in his constitution.

But it is this moderate use of ardent spirits that produces all the excess. It is this, which paves the way to downright and brutal intoxication. Abolish the ordinary and temperate use of ardent spirits, and there would not be adrankard in the Country. He who advises men not to drink to excess, may lop off the brauches; he who advises them to drink only upon certain occasions, may fell the trunk; but he who tells them not to drink at all, strikes and digs deep for the mot of the hideous vice of intemperance. All this is the only course to pursue. It is this temperate use of ardent spirits that must be discontinued. They must be no longer necessary when friends call, when we go to the store to trade, to the tavern to transact business, when we travel the road on public days-in fact, they must cease to be fashionable and customary drinks. Do away the fashion and custom that attents their use, and change the tone of public feeling, so that it will be thought disgraceful to use them as they are now used by the most temperate and respectable men, and an end is for ever put to the prevalence, to the beastly disease of intoxication. Let those who cannot be reclaimed from intemperance go to ruin, and the quicker the better, if you regard only the public good; but save the rest of our population; save yourselves; save your children! Raise not up anarmy of drunkards to supply theirplaces ! Purify your houses! They contain the plague of death; the poison that in a few years will render some of your little ones what the miserable wretohes that yon see staggering the strests are now. And who, I ask, would not do it? What father, who knew that one of his sons that he loves, was in a few years to be what hundreds you can name are now, would hesitate, that ho might save him, to banish rum from his premises for ever.

And, if ardent spirits ere the parent of all the poverty, and dis. cases and crimes and madness, that I have named ; and if they produce no good, what ratiosal man would use them? If he loves binself, he will not; if he loves his children, he will not; and as

Hamilcar brought IIannibal to the altarat eight years of age, and madehimswear eternal hatred to the Romans; so every parent should oring his children to the altar, and make them swear, if I may so speak, eiernal hatred to ardent spirits. II should teach them by precept and example. He should instil into his children a hatred to ardent spirits, as much as he doe of falsehood and of theit. He should no more suffer his eliddren to drink a little, than he does to lie a little, and to steal a little.

And what other security have you for your children? or for yourselves! Yes, for yourselves. I knew a man who, a few years ago, was as temperate as any of you, was as respectable as any of you, as learned as any of you, and as useful in life as any of you; I have heard him from the sacred desk again and again; but by the same use of ardent spirits that most men justify and advocate, under the mistalien notion that they were beneticial to him, he has at last fallen the victim of intemperance. And this is not a solitary example. I had almost said, it is a common exanple. I could easily add to the number.

And now, what security have you for yourselves? You have none but in the course I have recommended. If it is necessary for the intemperate man to write on every vessel containing ardent spirits, "Taste not, touch not, handle not," and to brand them, as full of the very wrath of God ; it is also necessary for the temperate man to do so, to save himself from intemperance.

But if the places of the present generation of drunkards are to be supplied, whence will the victims come but from your own children? And who knows but that the infant the mother is now fondling upon her knee, and pressing to her bosom, howerer lovely he may appear, however respectable and elevated she is, will be selected to be one of that degraded, and squalid, and filthy class, that, in her oldage, will wall the streets as houseless, hopeless and abandoned drunkards? You have no security, no assurance.

But we are apt to think that the riretches whom we see and have described, were always so ; that they were come out of miserable and dearaded families; and that they are walking in the road in which they were bors. But this is not so. Among the number may be found a large proportion, who were as lovely in their infancy, as promising in their youth, and as useful in early life as yolu own children, and have become drunkards-I repeat it, and never let it be forgotten-have become drunkards by the temperate, moderate, and habitual use of ardent spirts, pust as you use them now. Were it not for this use of ardent spirits, we should not now hear of drunken senators and drunken magistrates; of drunken lawyers and drunken doctors; churches would not now be mourning over drunken ministers and drunken members; pareuts would not be weeping over druaken children; wives over

Urunken husbands; husbands over drunken wives, and angels over a drunken worlt.

Then rease. No longer use that which is the source of iufinite mischief, without one redecming benelit; which has eatailed upon you, upon your children, and upon society, woes unnumbered and unutterable. Banish it from your houses. It can be doue. You have only to will, and it is eftected. Use it not at home. Let it never be fomud to pollute your duellings. Give it not to your friends or to your workmen. Touch it not yourselves, and suffer not your children to touch it ; and let it be a part of your morning and evening prayer, that you and your children may be saved from intemperance, as much as from famine, from sichness, and from death.

An able and accurate writer subjoins the following Bill to an article on the Cost of Intemperance :-

The People of the United States to Intemperance, Dr.

1. To $56,000,000$ gallons spirits per year, at 50 cents per gallon,
d28,000,000
2. To $1,344,000,000$ hours of time wasted by drunkards, at 4 cents per hour, $\quad 53,760,000$
3. To the support of $1,500,000$ panpers, $7,500,000$
4. To losses by depravity of 45,000 criminals, unknown, but immense.
5. To the disgrace and misery of $1,000,000$ persons, (relatives and drunkards,)
incalculable.
$6 \& 7$. To the ruin of at least 30,000 , and probably 48,000 souls anuually, infinite! unspeahable!
6. To loss by premature death of 30,000 persons in the prime of life,
$30,000,000$
7. Tolosses from the carelesness and mismanagement of intemperate scamen, arents, \&c, \&c. unhnown, but very great. Certain pecuniary loss, (in round numbers, ) $120,000,000$ To which add 4th, 5th, 6th, 7th and 9th items,

> Total,

Tinus it appears that, irdependently of items ulich canuot be estimated, our Country pays or loses at the rate of One Hundred and Twenty Millions of Dollars per annum by Intemperance! This sum is five times as large as the Revenue of the United States' Government-it would pay off our national debt in six months-it would build twelve such Canals as the Grand Erie and Hudson Canal every year-it would support a navy four times
as large as that of Great Britain-it is sixty times as much as the aggregate income of all the principa? religions charitable socioties in Europe and America.

## TEMPERANCE SOCIETIES.

Temprrance Sactetifs took their origin in America in the following manner:-
The Rev. Dr. Beecher, deeply impressed with the evils of Drunkenness, attacked that vice from the pulpit, with so much vigour as to engage public attention, and to lad to the formation of Societies in many parts of the Union, for its suppression.

From inquiries instituted by the Temperance Societies it appeared;

1st. That the quantity of ardent spirits consumed in the United States anounred in the year 1827, to fifty six millious of gallous, or nearly five gallons to each person.

2dly. That of the Pauperism and the Crime, in that country, three fourth-parts were the effect of Inten,perance.

3dly. That nearly forty thousand persons perished annually, from drinking Ardent Spirits.

There are now established, in the United States, five hundred Temperance Societies. Resolutions to abstain from Ardent Spirits have been passed by many Synods, Presbyteries, and Religious Conferences; by military, medical, and legal Associations; and other public bodies.
"The great work of reformation in America is going forward steadily among a population, whereof each had been using, at an average, five grallons of ardent spirits annually, and of whom travellers have published to the world, with too much truth, that they are a nation of drunkards. The whole work has been doue -not by legislative interference, noiby legally prohibitiug distillation, and the use of spinituous liquors, nor by throwing heavy duties in the way of the poor; for all these would have been in-sufficient:- the only remedy for the desolating evil of Intemperance has been found, in awakening the reason, the moral sense, and the piety of the community. All the efforts that have been madeefiorts already crowned with unexpected and animating sucecsshave consisted in earnest, afiectionate appeais, to the understanding and consciences of the people."

> Professor Edjar's Address in the Belfast Niewsletter of the 4th and 11th Scptember 1829.

Temperance Societies have been formed at New Ross, Cookstown, Hathfriland, Drogheda, \&c. And advocates in the public
prints have appeared in different quarters; and also in Glasgow and other parts of Scotland and England.

Extract from a Letter from Doctor Doyle, Roman Catholic Bishop of Kildare and Lcighlin, to the Secrctary of the New IRoss I'cmperance Socichy.

Carlou; Dectmber, 29, 1399.
My Dear Rev. Sir,
I heve received and read all the tracts and papers relative to the Temperance Societies, which you had the kinduess to send me. I thatuk you very much for them, and for your own most acceptable letters which accompanied them. Ilness or inability to make up my mind as to what I should say of the "good cause" in which you are engared, prevented me thll now from writing to you; and even now Iam at a loss how to express all I think respecting it.

Every Christian-indeed every man endowed with reason, whether he be or be not a Christian, must look upon drumkenyess and upon excessive drinking as one of the most debasing and hateful vices which infest the human kind; it stultities and brutalizes men; and as to women, it reduces their condition far below the condition of the brute. Your medical friends, in the tracts you have sent me, prove most fully and satisfuctorily how it generates disseases innumerable, of the body and mind; consuming life like a plarue or the parching wind of the desert ; but these are effects of it which I cam scarcely lament, for I thimk a drumkard, thourh unfit to die, is entirely unfi to live, and that when he will not be reclaimed, his removal from this "orld is not only a just judgment of Divine providence upon himself, but a blessing to has fanily and to all those whom by his indaence or exauple he had corrupted or scandalized. I would be, thercfore, glad to heal the drunkard; but, if he were obstiuate, and obstinately persevered in his vice, I would feel upon his death, as I would upon the death of the murderer dy ing ou the scafloldthat he had paid the forfeit of his life to the offended justite of earth and heaven. It is not the multiplication of disease or the waste of human life by druakemess or excessive driukiag that I chienly regret-nay, I do uot at all regret that these effects tollow so detestable a vice-they are the immoral and impious etfects of it which I camot comtemplate without horror. Rash swearing, profanation of the Lord's day, blasphemies without number-the poverty, the nakeduess, the destitution, the ruin of families-the fraud, the thefts, the robberies-tho seduction of innocence-the corruption of virtue-the disobediance of chntdrea, the infidelities of ser vauts-the discordand disunion of those

Whom God united-these and many othors which I do not name, ure the effects of trimking and of drumkenness, which I deplore.

Looking then at the vice of drankenuess as I do, with a hatred and abhorrence quite peculiar, should I not, you will say, do every thin, in my power to establish and promoto "Temperance Societies," whose sole oljicet is to mite all persons of sense aud virtue in a learue, defemsive and offensive, arainst this common enemy of mankind! You reason well in putting such a questiou; and 1 am ready to cooperate in the establishmentand sup port of any measure whose olject is to preserve the dominion of reason over passion, and to aid virtne in her warfare against vico -besides that, in seeking to promote temperance by means of a society, I wond only be seehing aid to continue a contest in which I have been engared incessimtly for nearly twenty years. But whilst I would qially co-operate with any Temperance society, I am not fitted in any one respect to undertake the formation of one; and, cren if I were, 1 an not prepared to express to others a confidenco which I do not feel, that such Socicties in this country, at this time, and with our present havs and social grovermment, can be productive of any great, or extensive, or permanent good; but yet, as some good may be effected by them, they certainly deserve support.

It cannot have escaped your obeervation that it is difficult, and in some places impossible to blend together, in society, men of differentranks and conditions; and how small-how very smoll the moral infuence is of those cailed tine upper ranks over those called the lower orders of the people. Gentiemen therefore may unite and preach, but the people, who have not before expesienced their friendslip and protection, will hear them without attention, or coof' at their advice. Moreover in towns where the vice of excessive drinking principall, prevails, you hate opposed to you all the drunkards, all the publicans, all the grocers who retail whiskey, all the brewers, all the distillers, with the swabs, and wits, and iders who appertain to them ; all these and many more who hate all movation-even that innovation which goes to the disturbance of vice-will jabour diligently to counteract your labours, and to pull down whatever you endeavour to build. The industry and energy of these classes may be measured by that evangelical rule which says that-" the children of darkness are wiser in their gencration than the ctildren of light."

But the great and insurmountable obstacle to the progress of Temperance Sucieties, and to all the efiorts which you and I, and such as we can make, to stop the torrent of drunkenness is found in the "Revenue Laws." Could we but induce the Chanrellor of the Exchequer to become a nember of our society, and to square his budget by our rules, 1 have no doubt whatever bnt we frould succeed in removing this pestilence of drunkenness out of
the land. To eradicate the use of ardent spirits ont of a country having such a climate as ours, and from among such a people at ours, is quite imposvible; "but to diminish the use of ardent spirits, to one-fifticth part of its present amount, is, in my opinion, perfectly practicable." But as it would be as easy to stop the mouths of the Euphrates as to stop the mouths of those who now drink whiskey in Ireland, they camnot be ectaimed until a better beverage than whiskey is nrovided fas diem, at even a lower expense. All this could be done by the Chancellor of the Exchequer, if he found it more necessilly to promote rood morals then to secure a large revenue. I am tolerably well acquanted with the makiug of malt, and the brewing of beer ; and I hare no hesitation in stating, that if maltiner and brew* ig were exempted from tax, and the impost on whishey raised, druntemaess in a little time would almost disappear frem the country.

Withal, even a small good is worth seeking after, and those engared in procariar it, even should they not he successful, wilt not lose their rewad. If the socioties of tradesmen, which are found in almost every town, conld be induced to alogit as a rule or regulation, abstinence from ardent spirits, or cren a temperate use of it, if such be possible, much good wonld result to themselves therefiom. Gireat umbers of tradesnen are notoriously addicted to excessive drinking. These now might be comfortable and happy-they are poor and miserable, they might he virtuous and respectable-they are vicious and despised-bolriety would enable them to educate and provide for their children, and to lay up some subsistence for thinown helpless are ; but drankenness leaves their children destitute, and sends themselves, throurh want and misery, to a premature grave-and atter a life of drunkenness, who can accompany them, even in thought, to that tribuna which is bryond the erave! The principle of fiet trate has been extended by the legivature to those men; but in the place of being instructed by the law, and roverned by its spirit, they hare established among themselyes an odious monopoly in every trade and m every town, I believe, in the kingdom. I am acquainted with many of the cules and usares of these men, for I take an interest in all that relates to them, and I find these rules and usages general'y a compomin of good sense and egregious folly; but leaving their follies to be corrected by their own experience, I could wish : sst leartily that they prescribed a total abstinence fron ardent spirits as an indispensible duty to all those to be admitted to, or continued in, their body or bodies, as to become in any way er titled to the privileges and emoluments belonging to the members f their several associations respectively, because they are, in truth, a most valuable portion of the community, and are at the same time that portion of it through which excessive drinking, and its attendant vices, possess an al-
most boundless sway; they are, moreover, a class of people having every uhere a sort of corporate existence, and wall not be reformed, unlocs the veform be spontaneunly adepted by themselves. Could they be induced to become temperate, the classos immediately comerted with them, and they are wery numerons, would be creatly influmed liy their examie, so that the result would be more benefitial to society than could easily be supposed.

I am unwilling almost to adi, that at present thousauds of tradesmen, on arcount of their minint oathe, and the excesses of all kinds in which they imdulre, syend their whole lives as if there was no God, no religion, no futurestate, or distinction between good and eril.

Excuse, my dear Rev. Friend, whatever I have expressed in this letter, and which lought not in your opinion to have said, and believe me,

With the most sincere esteem,
Four faithfid and humble servant in Christ,

+ J. DOYLE.
,
State or Muve, $\operatorname{si}$ Ayrrici -" In important trial has been made in our prison, of the effect on health lig cutting off habitual drmanarts at one from the nar of enitituous higuor, in every form, and coutining them to cold watis. If hav beto fuand invarably bencticial. They soon renew sone thing of their youthful appearance; and a more healthy and muscular hody of men canwot he found, in prionn or out of prison, than the cohl water conriets who work at the quarry of the Daine Prison. It shews that hard labour can beperformed with good food and cold watir. As evidence of this, it is ouly uecessary just to see these men handle the rocks,"

New Inmpsame.-"The same valuable experiment has been made here, as in Name, conceming the rfinct of cotting off drunkards from the use of ardent spirits, and with the same results." The health of the prisoners excecels that of the country at large."

Versovt.-"The experiment tried in other prisons, has been made in ours, and with the same delightful results. The subjects of such treatement renew their youth (as it may be said,) directly."

Aubtrs (Nen York).—"The convicts here are stritly polnbited the use of ardent spirits and tobacco, eacept as mailume, and, contrary to every common but fallacious notion,-that confirmed drunkards canuot break off at once from the use of spirits "ithout danger to their health,-it has been fumd imariably that prea the more accustomed or besotted drumards have never sutfered from that cause, but, on the contrary, almost as uniformlytheir health his been improved. "Some appear to he very uiseasy and depressed ior A FEw days, after which they eat hear-, tily, and improve in health and appearance !"

## SIGNS OF INTEMPERANCE.

1. If you have set times, days, or places, for indulging yourself in drinking ardent spirits.
2. If you find yourself continually inventing excuses for drinking, or avail yourself of every little catch and circumstance among your companious to bring out a "treat."
3. If you find the desire of stiong drink returning daily, and at stated hours.
4. If you drink in secret, because you are unwilling your friends or the world should know how much you drink.
5. If you are accuston to drink, when opportunities present, as nuch as you can bear without public tohens of inebriation.
6. If you find yourself always irritated when efforts are made to suppressiutemperance, and moved, by some instinctive impulse, to make opposition.
7. Reduess of eyes, with a full red countenance, and tremor of the hand, especially when connected with inritability, petulance, and violent anger.

## Sprein of Temperince Societies.

Temperance Societies were first established in 1827, in the New England States. They hase now extended to every state in the Anerican Cnion, with most extreordinary success. They have leen introduced into Lpper Canada, the Townships of Lower Canada, New Brunswick and are numerous in Ireland.

The first was introduced at Glasgow in Scotiand, about two years ago, and they have since spread to England. At Glasgow there was moch opposition and indifference, and the society in the first year had only about tive hundred members. A Liverpool pajer of February last, mentions that the Glasgow Society and its Brauches then consisted of upwards of twenty seven thousand members, and had entirely succeeded in putting an end to the use of spiritous liquors in several manufactories.

At a public mecting at Edinburgh, a most argumentative and ronclusive speech in favor of Temperance Societies, was deliver ed by Mr. Wulusa Collese, copies of which have been re-printm gd at Montreal, and may be had from the Secretaries of the Asgosiation at Quebec.

ASwedish gentleman, lately arrived at Boston, writes: to his friend inthis city, that Mr, Wijk, of Gotteaburgh, whopome time ago travelled through the United States, had, on his return to Sweden, very successfully exerted himself in establishing Tems? perance Societies in his uative country. The society at Gotten=; burgh held its first meeting in December last, and was attended by. the Bishop ( K iagard, ) Count Rosen, Governor of the Province, General Edeljelm, and other distinguished individuals. Similar Societics had beqen anstitategd at Stockholm, and Tonkioping, and were extafed to prove linghly beneficial for the purpose intended. 5 . 3 .

