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## How to Revie Fadiris Reves.

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Near-Possum


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Henerally Used for ToIressing Not at
Attractive.

A habit of holding a windy

18


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'Bronchitis.the symptoms are


The Morality of french Pagans.

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Remon hatas to to



THE TRUE WITNESS AND CATHOLIC CHRONICLE
menay, octobink 21, 100

 verem "played-out" Lassitude and general debility lined-out feeling is the result of a slugAbbeys' Effervescent Salt affords imme diate relief, stirs the liver to proper action, and gives new life and ambition. It is a most efficacious remedy for all troubles caused by overeating or drinking. People of sedentary habits particularly, should not be without it.
25 cts . ALL DRUGGISTS. 60 cts.
Echoes and Remarks.



## 號 <br> 

| FREQUENT |
| :---: | :---: |
| COMMUNION. |

holy father urges it.
$\begin{array}{ll}\text { Requirements } & \text { So Simple and So } \\ & \text { Few. }\end{array}$

TO STOP
PROSELYTIZING. counteracting worx begun.


CONSERVATOIRE LASSALLE Free French Elocution School


Book Review.
Literary Notes.


Save the Bass for Premilums.

## International Eu

charistic Congress.

OURTBOYSANDTGIRLS
and

Guard Your Lips.
are old enough to know


## 

## You may be mistitaken




About Secrets.




Troubled With Constipation For Years.
tite tome


TLe Right Tool.


thurspay, OCTOBER 21, 1909.


Way.
Twor ltile smiles, instead of one,
Overtok the second pout-my, what








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#### Abstract

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POUTS CORNER


## 

Faith and Discovery.
The Finders of the North Poie De
parted From the Usages of Early Explorers.








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| force. |




## Though the ilabor is unfinished And my helpers of the barvest seatterea and have gove.

| Mother of the Fair Delighthandmaid perfect in God's sight,Now sitting fourth beside the Three, Thyself a woman-Trinity,Being a daughter borne to God, And wife unto the Holy Ghost:Oh, when our need is uppermost,Think that to such as death may |
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