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L XII.

TORONTO, FEBRUARY 20, 1892.

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THE MORNING HYMN.

HERE is no better way of beginning a day with a hymn of praise. In many schools this custom. In Germany, most of the schools sing

ng in their heads. In the ate schools of England this is the case, only the German is are changed to those of some or beautiful old English hymns. ur cut we see seven or eight girls singing the Morning n of praise and thanksgiving. they seem to enter into it, all ng away with their heads in ent positions as the music rolls of their young lips. Look at iny little one listlessly standing with her little head on one and finger between her lips, ing to the sweet strains of her school companions. What a group it makes up altogether, the bright, pleasing faces and cturesque caps and aprons.

HE SAVED OUR LIVES."

of the terrible trials of India ine. The principal foods of atives is rice, and if that crop they starve unless relieved outside sources. They themlive from hand to mouth, and think of laying up a supply d against the day of famine, years ago this terrible trial pon the Karens of Burmah. r between England and their e masters had just ended. stores of rice had been burned tolen, their cattle driven off, leaving them without seed to or buffeloes to till the ground. carcity of food brought ship of rice from Calcutta to But its price rose 700 nt above that usually asked, thousands of the Karens had rupee.

Karen missionary, the Rev.

t Tescher Vinton's."

Karens flocked to his house. Stalwart men hundreds of miles, carrying a basket or bag, g to receive rice for their families. Some fell ng at the missionary's door, others died in the exhausted by their long journey, during You can have a dozen cargoes if you wish."

which roots and herbs were their only food. When Mr. Vinton had given out his last bushel of rice, there were thousands of starving Karens who looked to him for their next meal.

grand old German verse of Luther's and then Going to the rice merchants, he said, "Will you account book was thrown aside work with the words and the melody still trust me for a ship load of rice? I dannot pay you "You are ruining yourself,

THE MORNING HYMN.

Vinton, lived at Rangoon. He began giving now, and I do not know when I can pay you. But a "good time." Answer his foolish questions. Be the little store of rice which he had laid in for I will pay you as soon as I am able." Their answer patient with his prants. Laugh at his jokes mission-school. The news spread—"There is showed that these native merchants, shrewd, calculated by Sweat over his considerance. Limber up your showed that these native merchants, shrewd, calcu- Sweat over his conundrums. Limber up your lating heathen, who could see their countrymen die dignity with a game of ball, or a half day's fishand yet raise the price of rice day by day, considered ing. You can win his heart atterly And hold the missionary's words the best sort of security.

"Mr. Vinton," they said, "take all the rice you want. Your word is all the security we want.

The missionary filled his gramanes and out build ings with rice. He fed native Christians and heathen. He tried to keep an account with each applicant. But they came by thousands, and the

"You are ruining yourself," remonstrated his

friends. "You don't know the names of half the people to whom you are giving this rice. How do you expect to get your pay !"

"God will see to that," replied the man who had learned to do his duty and trust God.

"Every cent of the money ex pended was refunded," writes his daughter, Mrs. Luther.

After the famine was over Mr. Vinton went out among the Karens in their jungles. Even the heathen gathered round him, bringing their wives and children to see the man who had saved them from starving.

"This is the man who saved our lives!" cried crowds of heathen Karens. "We want his religion," and down on their knees they dropped and would have worshipped him, had he not sternly restrained

To-day, though he has been dead more than twenty years, "the name of Justus Hatch Vinton is a talisman through the jungles in all that country. The Karens speak it with moistened eyes and bated breath. They still say in hushed tones, 'Ho saved our lives."

THAT BOY.

BY ARTHUR SPRING.

His name is not Solomon. There are many things he does not know. Remember that he is only a boy. You were one once. Call to mind what you thought and how you felt. Give that boy a chance! Keep near to him in sympathy. Be his chum. Do not make too many castiron laws. Rule with a velvet hand. Help him have

him steady in the path which leads higher up That boy has a soul, and a destiny reaching high above the mountain peak. He is worth a million times his weight in gold. - Selected.

So Blassed to Give-

Is the cruse of confort wasting?

It is, and mare it with another;
And corougo all the years of famine,
It shall serve thee and the brother.
Love divine wild fill the storehouse,
Or the brother two will often
Make a royal feast for two.

For the heart grows rich in giving, All its wealth is living gain: Seeds, which mildew in the gamer, Scattered, fill with gold the plain. Is thy burden hard and heavy? Do thy steps drag weartly? Help to bear thy brother's burden—God will bear both it and thee

Numb and weary on the mountains, Wouldst thou sleep and st the snow? Chafe that frozen form beside thee, And together both shall glow. Art thou stracken in life s battle? Many, wounded, round thoe moan; Lavish on their wounds thy balsain, And that balm shall heaf thine own.

Is the heart a well left empty Nono but God its vond can fill;
Nothing but a ccaseless fountain
Can its ccaseless longing fill.
Is the heart a living power?
Self-entwined, its strength runs lows It can only live in loving, And by serving, love will grow.

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Pleasant Hours:

A PAPER FOR OUR YOUNG FOLK

Rev. W. H. WITHROW, D.D., Editor.

TORONTO, FEBRUARY 20, 1892.

A PRIEND IN JESUS.

A DEAR girl of eighteen, when told what a true, real, and ever-present friend Jesus is, said: "I have wanted a friend like that for so long!"

Alice had lost her mother when quite a little girl, and she was now in orphin, her fither having died a fortnight before this. She had no brothers, died à fortuight before this. She had no brothers, and her one little sister lived with friends a long. way off. She did not know the Lord Jesus, and was therefore lonely indeed

But all I what a cloninge took place in her whole tifn when she received Christ for her own Saviour and proved the truth of God's word, that "The Lord is good, a stronghold in the day of trouble" (Nahum 1.7) When she was told how Jesus whill nover leave her nor forsike her, she believed his worth; and he has made himself so precious a friend to line, that she told me, only a week after lier conversion, that it had been the happiest week of her life.

Den render, have you also wanted a friend like this for so long?" If so, thank how very much testic loves you. He left his Father's home in flory that we might share it with him. He died Hour.

that we might live. He bore the awful land of our sins that we might not bear them. He suffered on the cross that we might escape the writh to come, as a beautiful hymn expresses it:

'I gave my life for thee,
My precious blood I shed,
That thou might at ransomed be,
And quickened from the dead.
I gave my life for thee;
What heat thou given for me?"

There is one thing God asks you for, only one thing; he says, "Give me thy heart." What will you answer?

I do beseech you, in the name of the Lord Jesus, to come to hum now; for he says, "Boast not thyself of to-morrow, for thou knowest not what a day may bring forth" (Prov. 27. 1).

A LIVING ROPE

QUICK thought and prompt action in time of danger have averted many an otherwise fatal accident, as is well illustrated in what came near being a case of drowning last winter. A dozen boys were skating on a pond, when one of thom broke through the ice, and the next moment was struggling in the water.

The accident occurred near the middle of the pond. There was no house near to which the boys could run for help; no rope which they could throw to their unfortunate companion, nor yet a pole or stick of any kind. For a minute they stood aghast, huddled together, watching the poor boy's struggles in the icy water, and his futile efforts to hold himself up by grasping the treacherous ice.

Suddenly David Small threw himself, face down, upon the ice, and cried: "Quick! Shove me up to the edge. John, you lie down and get hold of my feet, and Si, you get hold of his. I'll catch hold of Rob; and when I give the signal, the rest of you fellows grab Si, and haul us out of this."

The brave boy took the post of danger himself,

the others followed his directions, and when he had securely grasped Rob, the signal was given. All hands pulled with a will, and the drowning boy was saved.

FILLING A BASKET WITH WATER.

An Eastern king was once in need of a faithful servant and friend. He gave notice that he wanted a man to do a day's work, and two men came and asked to be employed. He engaged them both for certain fixed wages, and set them to work to fill a basket with water from a neighbouring well, saying he would come in the evening, and see their work. He then left them to themselves and went away.

After putting in one or two bucketfuls, one of the men said,

"What is the good of doing this useless work! As soon as we put the water in on one side, it runs out on the other."

The other man answered,

"But we have our day's wages, haven't we't. The use of the work is the master's business, not ours.

"I am not going to do such a fool's work," replied the other, and, throwing down his bucket went away.

The other man continued-his work till, about sunset, he exhausted the well. Looking down into it, he saw something slining at the bottom. Heilet down his bucket once more, and drew up a precious diamond ring.

"Now I see the use of pouring water into a basket," he exclaimed to himself. "If the bucket had brought up the ring before the well was dry, it would have been found in the basket. The labour was not useless after all,"

But he had yet to learn why the king had ordered this apparently useless task. It was to test the capacity for perfect obedience, without which no servant is reliable.

At this moment the king came up to him, and, as

"THE WEED."

NY J. B., COUCH.

Ir takes more mindamore strength of mind, more firmness of purpose, more decision of character, to break off a bad habit than it does to acquire one. Some of you, perhaps, have acquired a habit-a little trifle, a small affair, hardly worth mentioning. See that young hely's fingers, marred and unsightly, stubbed, and unpleasant to dook at. What is the matter with them? She lites her nails. It is a trifling habit; let her undertake to break it. I know a lady who strove for more than three months before she could break through such a habit. She would say, "When you see me put my fingers to my mouth, cry, 'Fingers!" and when her triends cried out, down went her hand. A moment after, and she would begin thinking, and set to biting away at her nails again.

A simple habit is hard to break. I knew a man who had acquired a habit of leaning with his hand upon a desk or table, and twisting his hair rounds his fingers, while he was reading. I said to hith," "You will pull your hair out." "Oh," said he, "I have acquired the habit of reading in this way, and I cannot read with comfort unless I am twisting my hair as you see."

I knew a man who undertook to give up the use of tobacco. He chewed it—the best cavendish tobacco. He put his hand in his pocket, took out his plug of tobacco, and threw it away, saying as he did so,

"That's the end of it."

But it was the beginning of it. Oh, how he did. want it! He would lick his lips, he would chew camomile, he would chew gentian, he would chew tooth-picks, quills, anything to keep the jaws going; no use, he suffered intensely.

After enduring the craving for thirty-hix or forty-eight hours, he made up his mind:

"Now, it is no use suffering for a bit of:tobacco;

I will go and get some."
"Now," he said, "when I want it awfully, I'll take some."

Well, he did want it awfully; and he said he believed that it was God's good Spirit that was striving with him as he held the tobacco in his hand. Looking at it, he said,

"I love you. But are you my muster, or am I yours! You are a weed, and I am a man. are a thing, and I am a man You black devil, I'll master you if I die for it. It never shall be said of me again, 'There is a man mastered by a thing!'"

Every time he wanted it he would take it but and talk to it. It was six, or eight weeks hulgre, he could throw it away, and feel easy; but he said the glory of the victory reprid him for all his

struggle. Now, some people say that it is harder to give up toliacco than it is to give up drills. It has been in certain cases. Here is a young man, for the stance,—"Charley, have a glass of ale 1" Not 1. stance,—"Charley, have a glass of ale 1" "Ne 1 to don't care for it; I'll take a cigar." And if a man drinks his glass of ale once or twice a week, but takes cigars three or four times in a day—it will be harder for that man to give up the clears will the tobacco than the drink. The love of tobacco is a inighty-strong love—iliany know that. Ay, slid add I. A physicialin in Halifax told iner in year ago, that he had a patient who would use toldeco, "Tobacco is killing you," he said to him. It made no difference; he smoked his pipe still. At last a tobacco cancer came upon his lip, "Now," said the physician, "you are feeding that by your tobacco." No use! He would shoke. An operation was performed, and a painful one; shill said the physician. "I told him I would call in most since." mighty-strong love—iliany know that. Ay and we physician, "I told him I would call in hart the him; and twenty-four hours after that operation found him propped up in bed, with his first housely up on one side, and a pipe in the other side of his mouth."

Now, it is "nighty hard," As we say, to which off a habit of sincking or of using to about hints when the appetite for drink lays hold of a manes what then? Do you know what it is? Too might he hid the man keep the ring, he said,
"Thou hast been faithful in a little thing, now I said to me, using a honely expression, "I felt us if see I can trust thee in great things. Henceforward thou shalt stand at my right hand."—The Sunday not get at it "day and night crying allow the I for the stimulant: "Give! Allow the

Going to School.

BY MRS. SANOSTER

THERE'S an army that musters its legions,
And marches to roll-call each day;
And happy and blest are the regions
Which lie in that army's bright way.
They troop over hillock and hollow, They apring across brooklet and pool, And gaily and cheerily follow The summons which bids them to school.

By thousands the army is numbered, Its soldiers are fresh as the morn; Not one is by seriow encumbered, Not one is by care overborne. At decimals sometimes they stumble,
And sometimes by verbs are perpleted,
And the proudest goes saddened and humble When a question is passed to the next.

But forgot at the briefest vacation Are problems and puzzles and prose: The grief of the stern conjugation, The grief of the stern conjugation,
That late was a fountain of woes:
And the army goes back to its duty
The hour that play time is done,
Resplendent in love and in beauty,
Unmatched 'neath the light of the sun.

They gather, this wonderful army, in field, and in grove, and in street; Their voices are music to charm me, So ringing and eager and sweet. Their cheeks are as red as a cherry Their eyes are as pure as the day; And the sound of their marching is merry, Wherever they pass on their way.

NELLY'S DARK DAYS.

By the Author of "Lost in London."

CHAPTER I.

A STREET CORNER.

It was nearly twelve o'clock at night on the first Sunday of the New Year. The churches and chapels had all been closed for some hours; and none of the better class of shops had been open during the day. Business had been set on one side, even by those workmen and Inbourers who lived from hand to mouth, and scarcely knew beforehand where the day's meals were to come from. There had been, as usual, a prevailing feeling that the day was not a day for work or traffic of any kind; and what had been done had been, more or less, away. from the public scrutiny. But though midnight was close at hand, the streets in the lower parts of Liverpool were neither quiet nor dark. Up higher, farther away from the long line of docks, and the troubled stream of the mighty river, there was silence in the deserted streets where the wealthier classes had their comfortable homes; but where the poor dwelt, and wherever there was a corner of a street which afforded a good situation for traffic, or wherever it was supposed there was an immense drinking neighborhood, there stood a gin palace still open, with its bright gas lights sparkling down each dark row of dingy houses with a show of cheery welcome not easy to resist.

At one spot where four roads met, each corner house was thus brilliantly lit up; and the doors, which swung to and fro readily and noiselessly, were constantly moving, and giving a passing glimpse, but no more, of what was going on within. were so light here that a pin lying on the flagged payement was plainly seen. So were the rags of a child who stood in the full glare of the most popular of the gin-palaces, leaning against a lamp post, with her face turned towards the often opening door. It was a small, mengre face, yet pretty, with a mingled and wistful expression of anxiety and happiness. The anxiety was visible whenever the door stood ajar 7. When it was closed, the happiness came uppermost. The secret of her brief, pew born happiness was very simple, but very deep to the child. She clasped tenderfully, but carefully, in her heedful and searching eyes, to the farthest corner of

the interior.
"Nelly!" said a clear, shrill voice, which startled the child from an anxious gaze, "you here at this time! How a poor mother to night?"

"Very bad," said the child sadiy.

"And father's in there, 1 reckon?"

"Yes," said Nelly, "and oh! I want him to come home so, because mother says shed go to sleep maybe if father was home."

The girl who had spoken to her-a bright, brisklooking girl-pushed open the door a little way, and glancing in turned back with a decisive shake of her head.

"No use, Nelly," she said; "he won't come as long as he can stay. Well, I'll nurse you a bit to keep you warm; it's very bitter to night. I don't much wonder at father drinking to night, I don't."

All day long the wind had been blowing keenly from the north east, bringing a fine, piercing sleet with it, and at nightful the bitter cold had increased. The girl sat down on a door step, and drew the shivering child into her lap, covering her as well as she could with her own scanty clothing

"Enther didn't use to get drunk once, did he,

Bessie?" asked the child plaintively.
"Oh dear, no!" answered Bessie, in a cheery

voice. "Tell me all about that time," said Nelly, nestling closer to Bessie. It was an old story, often told, but neither the girl nor the child over grew

weary of it.

"It's ever so many years ago, before you was born, 'said Bessie; "and he lived in a beautiful house, with a parlour in front, and a kitchen behind, and two rooms upstairs, all full of beautiful furniture. Everybody that I knew called him Mister Rodney then; but I was nothing but a poor, ragged httle girl, raggeder than you, Nelly, selling matches in the streets. And this was how I came to know him. I was hanging about the basket-women, down by the stages, running errands for 'em, and one day, almost as cold as this, my foot slipped, and down. I fell into the water. Oh! it was so cold; and I seemed to be sinking down, down, down.

"And father jumped in after you and fetched you out," interrupted Nelly, eagerly.

"Ay! ho; did, though he knew nothing of me, and I was nothing to him, only a little dirty match-girl. And then he carried me all the way to his own house in his arms."

"He never, never carried me in his arms," cried the child, "they aren't strong enough now."

"No; but he was as strong as strong then," continued Bessie, "and he clipped me so fast I wasn't a bit afraid. That's how I'm never afraid of him now, Nelly. He's a good man, and kind, and clever, when he's himself; and I love him, and you love him; don't we ?'
"Yes," said Nelly

said Nelly, drawing a long breath, "mother says she's going to heaven soon, where the other children are, and there'll be nobody left but me to take care of father. I don't much mind, though I'd rather go with mother. Will be go on

drinking always and always ?" "If he could only see the gentleman I saw," ex-"It's six years ago, and I was a claimed Bessie. big, grown girl, ready to push in anywhere, and I see a lot of boys and girls crowding into a great hall, and I pushed in with them, nobody stopping me. And then they sang a lot of songs, oh! beau tiful songs, and some gentlemen spoke to 'em about drink, and how they'd grow up good, decent men and women if they'd keep from it. And I was one of the very last to come away, the place was so nice, and a gentleman came up to me, and he said, 'My girl, what is your name?' And I said, 'Bessie Dingle, sir. 'And he said, 'Can you read?' And I said, 'No, sir.' And he said, 'That's a pity. Do you ever drink what will make you drunk?' And you ever drink what will make you drunk? And I was ashamed to say yes, so I answered him nothing. And he said, looking me full in the face with eyes as kind as kind could be, I wish you'd promise me never to taste it till you see me again. And I said, 'Yes, I will promise, sir."

very night I foll sick with fever, and they took me to the workhouse, and the slip of paper got lost. Anyhow, I never could find it or the place, and I've nover seen him again. He's sure to think I broke my promise, and did not care for him, he's almost sure to think that, but I never did. She raised her head and looked down the long street, where the gloom seemed to press durkly against the glare of the gas-lights; it was very cheerless beyond the light, and the girl's face grow darker for a minute or two.

"It's no wonder they drink as long as the place is open," she said; "I'd like to be inside there, where it's light and warm. I wonder why the shops are all shut, and those places open. gentleman, he said to me, 'My girl, you've got sharp eyes of your own; you just look around and see what makes the most mischief among the people know what I'd say if he stood here this minute."
"Did you ever tell facilities this minute."

"Did you ever toll father about him t" asked Nelly.

"Scores and scores of times," she answered, omphatically; "and sometimes he cries and wishes he knew him, and could make him a promise like me; and sometimes he curses and calls me an idiot. If he could only see him, Nelly!"

They sat silent for a minute or two, Bessie nursing the child as tenderly as she nursed her doll. At last the girl touched the doll with the tip of her

finger, and said cheerfully,
"Why, wherever did you get this grand play-

thing from "

"It's a lady doll, and it's my very own," answered Nelly, opening her rags to display it fully; "there was a Christmas tree at our school, and this was the very best thing there, and teacher gave it me because she said I was the best child. Isn't it a beauty, Bessie "
"It's wonderful !" said Bessie, in a voice of ad-

miration.

"I take such care of it," continued Nelly, eagerly, "only I'm afraid of nursing it when there are children about, for fear they should snatch it from me, you know."

As the child spoke, the clocks in the town struck twelve, and a trail of lingurers crept reluctantly out of each brilliant gin palace. Besse kept Nelly back from springing forward to meet her father, and then seeing him take his way homewards, she followed at a little distance, clasping the child's hand warmly in her own.

(To be continued.)

TINY TED.

TEDDI, a hoy about eight years old, was taken to the Children's Hospital, Toronto, in an advanged stage of consumption, and his naked state showed how neglected the hoy had been. The doctor fought against hope, and every care was bustowed upon the little sufficer. He was an intelligent but restless child and often sat up in had to ease his sufferings. The melanchely expression of his large, lustrous block eyes touched the hearts of the nurses, and he became a great favourite. Some times the night nurse would take him in her arms, and sitting by the fireside would converse with the On one of these occasions he said to her, "I ken I'll no get hour, but I'm no feerd the dee." It was not permitted that he should die amongst his kind friends. Hes mother, a dissolute creature, appeared in a dounker state at the hospital, provided with a piece of old blanket and a She was bit of carpet and demanded her child told that if taken out he would die in a fast days, and her demand was refused. In a few days slip returned, with the same rage, but now a companied by her husband. The nurse dressed Teddy in some old clothes and they took him away. One prelimin ing point in the character of this dissolute couple was their affection for their child, and he was pleased to "gang home" with them. The purse sought it out-a little room without an article of thin, bare arms a gaily dressed doll, whose finery contributed strongly with her own rigs. When the Nelly.

door remained closed for a few minutes she passed the time in time in time, half-fearful caresses of her shin-ing doll; as soon as it opened she peefed, with pleeco would show his where it was; and that



The Wind Over the Chimney.

BY H. W. LONGFELLOW.

SEE, the fire is sinking low, Dusky red the embers glow,
While above them still I cower, While a moment more I linger, Though the clock, with lifted finger, Points beyond the midnight hour.

Sings the blackened log a tune Learned in some forgotten June,
From a school-boy at his play,
When they both were young together,
Heart of youth and summer weather,
Making all their holiday.

And the night-wind rising, bark! How above there, in the dark, In the midnight and the snow, Ever wilder, fiercer, grander, Like the trumpets of Iskander, All the noisy chimneys blow!

Every quivering tongue of flame Seems to murnur some great name, Seems to say to me, "Aspire!" But the night-wind answers, "Holle Are the visions that you follow, Into darkness sinks your fire!" "Hollow

Then the flicker of the blaze Then the flicker of the blaze Gleams on volumes of old days, Written by masters of the art, Loud through whose majestic pages Rolls the melody of ages, Throb the harp-strings of the heart,

And again the tongues of flame
Start exulting, and exclaim:
"These are prophets, bards, and seers;
In the horoscope of nations;
Like ascendant constellations,
They control the coming years."

But the night-wind cries: "Despair! Those who walk with feet on air Leave no long-enduring marks; At God's forges incandescent Mighty hammers beat incessant, These are but the flying sparks.

Dust are all the hands that wrought; Books are sepulchres of thought; The dead laurels of the dead Rustle for a moment only, Like the withered leaves in lonely Churchyards at some passing tread."

Suddenly the flame sinks down; Sink the rumours of renown; And alone the night-wind drear Clamours louder, wilder, vaguer, "Tis the brand of Meleager Dying on the hearth-atone here!"

And I answer: "Though it he Why should that discomfort me? No endeavour is in vain; Its reward is in the doing, And the rapture of pursuing
Is the prize the vanquished gain."

LESSON NOTES.

FIRST QUARTER.

STUDIES IN ISSIAH, JEREMIAH, AND EZEKIEL

B.C. 588.1 LESSON IX. [Feb. 28, JEREMIAH PERSECUTED.

Jer. 37. 11-21. Memory verses, 15-17. GOLDEN TEXT.

I am with thee, saith the Lord, to deliver thee.—Jer. 1. 19.

CENTRAL TRUTH.

They that suffer with Christ shall also sign with him.

HELPS OVER HARD PLACES.

share of the food at his residence, or to take possession of his inheritance. He would need the food in the famine when the Chaldeans returned. In the mids of the people—Great numbers would rush out of the eity for various reasons. Thou fallest away—Desertest; art a traitor. The princes—Not the friendly ones in the last lesson. Those were taken canties. But the new owns. the friendly ones in the last lesson. Those were taken captive. But the new ones. Cabitis-Vaulted cells belonging to the underground dungeon. Many days-Till after Nebuchadnezzar returned to the siege (ver 19), having defeated the Egyptians Court of the prison—Or guard; above ground, where the guard dwelt. A much more comfortable place than the cell of the dungeon.

Find in this lesson-

1. Several things to avoid.
2. Some things to imitate.

REVIEW EXERCISE.

1. How many times did Nebuchadnezzar besiege Jerusalem? "Thres times—several years apart." 2. How could the Israelites have escaped? "By turning from their sins and serving the Lord." 3. What did they do to the faithful Jeremish? "They beat him and put him in a dungeon." 4. Did this make him change? "No; he kept repeating the same warning to the end."

CATECHISM QUESTION.

9. What have we then to do in repent-

We must think on our transgressions, confess both our sins and our sinfulness to God, and strive to amend our life by the help of the Holy Spirit.

I thought on my ways, and turned my feet unto thy testimonies.—Paalm 119. 59.

"LITTLE THINGS."

HERE is a little confession taken from the lips of a little school girl, and set down in her own words:

"I've begun to find such little mean streaks in myself that I'm quite frightened. Guess what I was tempted to do the other day! I was washing the dishes for ramma, and when I got to the tins and kettles I was discouraged, they looked so greasy and black, and I've always been a little vain of my hands.

"I am going to Kitty Merrill's party to-night, and I want to keep my hands nice for that. I'll leave this for mamma; it won't make any difference with her hands, because she can't keep them nice, anyway.

"Then something seemed to say to me: 'Oh, you coward! Oh, you sneak! To be willing to have whiter hands than your mother! Aren't you ashamed t'

"I was ashamed, and I washed the kettles pretty humbly, I can tell you. I felt as if they weren't half as black as I. Since then I've watched all my thoughts, for fear I should grow so wicked mamma won't know me. I've learned pretty thoroughly what the minister means when he talks about the 'little foxes that spoil the grapes of a fine character.""

A GIRL'S BEST PRIEND.

LUCY LARCOM says: There came to me in a letter the other day the sentence: "Mother is so unsympathetic," and I wish that I could reach outto the girl who wrote it and tell her what a mistake she had made. And then I suddenly remembered that it was not one girl, but many who had written this, and that there seemed to be a general misunderstanding about it. Don't you think that some of the fault Chaldens.—A general name for the people of Babylon. Broken up.—Broke up the siege. The land of Benjamin.—To his home at Anathoth, in Benjamin.
Separate himself.—Either to go morretly among the crowds, but better, to secure his ignorant of your desires, your companions, your hopes, your disappoint ments? What shall you do?

Remember that the best friend, the best confidante, is your mother. Have no friend with whom she is not acquainted. Make her interested in what you are doing, and if the trials of her life are many, just remember that to gain sympathy you must give it. Make yourself your mother's companion and friend, then she will be yours. Do nothing that you conceal from her, and never believe for a minute that when you have really made her understand, she will. not care for what interests you. Mother is not so much older than you? after all. It hasn't been such a long time since she enjoyed just what you do, since life seemed as full of bright ness as does yours, since she made a many enquiries and tried to think out as many problems as you do, and once you two can meet on this common ground, be sure that you will have no body who will as thoroughly sympa thize with you as does your mother.

Never, my dear girl, permit your self to say or write this again; try first to find if the fault is not with you, and take as much care to cultivate the friendship of your mother as that of a stranger, and be very sure that it is a thousand times much better worth the having. That it is a friendship upon which you may always rely, and that it will be that most marvellous of all friendships, one where the thought of you will be first and always.

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