

## AILING WOMEN OF MIDDEE AGE

Mrs.DoucetteTells of her Distressing Symptoms During Change of Life and H,
She Found Relief.



Furniture That Satisfies
 buffets, sideboards, cabinets, and parlor, dinivg and bedroom goods

POROHARD LAWN CBAIRS, are now required. Our Furnitur is as delight to to thos who àmire good Eool


HARPER BROS.
PHONE


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## MACHINES

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.83 .75
.84 .00
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.86 .00
N. B. HOWDEN ESTATE

TRENOUTH \& CO.
Elour, Oatmoal, Cornmoa1, Wheat Izornolls, Flakel Wheat and Barloy, All Kinds of Fook, Grain, Seeds and Poultry Food.

We Carry a Full stock of
INTHRAMATIONAL STOCE FOOD OAIDTHELIS MOOLASSES MTEAI and three diferrent makes of celegreaten cale meate ALL ainds of grain taken in exchange Cropping and Rolling Done While You wait PHONE 39


You are assured of lasting satisfaction. We can supply you with two, three or four burners; with or without high shelf, or warming closet. A postal card will bring an illustrated catalog or a stove to your door.
T. DODDS \& SON

DUSTLESS-
and direct dr
$\mathrm{M}^{c}$ Sul FUPPIR the McClary de SOLD B

## Shootng 20 Mile

 The German achievemen ait liast 20 miles is canasifaisoussion in artillery
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Trench sircle
say that the
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 other we bear no more of the work againgt Dunkirk.

How We Get The Ne An exchange says-"Day


 were running a newspaper:"
poople seem to think that ou

 log you, if you aro going am
 arm, if your husband ehops hi
intead of a stick of wood, if hing gappens that makes you
s sad, happy or made, call Tell us about it. That's the
got it in the paper.
ACTION OF SING LE SPOON SURPRISES Im
$\qquad$ STMSLE Spoonvil This eme




GUIDE-ADVLLATE MATr. 14, MAY 14, 1916

DUSTLESS-By opening dust damper McClarys Sunshine all dust is carried up
smoke pipe. See 'UIPILACe smoke pipe. See CClary dealer or BY T. DODDS \& SON

## Shootung 20 Miles

The German achievement in bom- Are you one of those "little fel




 says The Now York World, Con.
stantinople
might be bombarded
 A number of the world's most im-
Actant straita are bridged in theory. shotled from Niagara-on.the-LDake

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destroying its rifing. mobbile aeroplane is most efiective in
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How We Get The News


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SURPRISES MANY

| SURPRISES MANY |  |
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| atiord people who bug ht the | eat |
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Many women with disfigured complexions


CHAMBERIANSS ABLLIS




Making the Little Farm Pay







 per pound than when matured it is
considered most proftable to market
them at a weight of three to four
 wet to a thin masso with skimmilk,
adding a little cornmeal. Stale bread adding a little cornmeal. Stale bread
or crackert soaked with skimmilk will
also do nicell. They need a chor also do nicely. They need a clover
patch to orum in Garden sturt is ex
cellent. A little cracked corn is neel ed in the last two weeks. In rais
ing ducks to an age of six or elght
mont ing dacks
months considerable grain is required
in addition to the mash and green
otnit Ftriu time of hatching to five days
old providee the followlig mixture:
Cracker or bread crumbs and
 bulk of crackers and meal; sand, 5 per
cent of the total of crackers and meal.
Mix with water or mill Mix with wa
times a day.
From five
From a day. to twenty days old the
following mixture: Wheat Pollowing misture: Wheat bran or
shorts, two parts by meanure corn-
meal, one part rolled oats, 50 per cent shorts, two parts by meanure; corn-
mean, one part: rolled oatst, 50 per cent
of. this bulk; beef scraps, 5 per cent;
 sand, 5 per cent; green food, 10 per
cent. Mix with water to a dry, crum.
. From twenty to forty-two days old the eollowing mixture: Wheat bran or
shorts, two parts by mensure: corn storts, two parts by measure; cornt
meal, one part, beef scraps, 5 per cent
of this bulk: sand. 5 per cent: qreen food, 10 per cent. Mix with water to
a dry, crumly state and feed four times a day.
From forty-two to seventy days old
the following mixture: Cornmeal, two parts by measure; wheat bran or
phorts
she shorts, one part; Eeef scraps, 10 per
cent of this bull; coarse sand or grit,
per cent; green food, 10 per cent. Mix per cent; yreen food, 10 per cent. Mix
with water to a dry, crumbly state and
feed four times a day. feed four times a day.
of all ducks for form and practical
purposes none stand
higher in popupurposes none stands higher in popu-
lar estem than the White Peking. It
is valuable for raising in a large scale is valuable for raising on a large scale
and is the most eanily raised or all
It is a very timid bird and must be be handled quite carefully. It was im-
ported from China in the early seventies and has stadadily grown in popn-
larity since its introduction into this country.
The White Aylesbury ducks are sec-
ond to the popular Peklng for market ond to the popular Pekling for market
purposes and are bred in large num-
bers in Europe. In this coontry they
 good as the latter.
The Colored Ronen duck is called
deser deservealy popular throughout this
country and is considered one of the
most
 markets, and the claim is made that it
can be grown as cheaply. The In-
din dian Runner is best for egg production,
but is not equant to the others or meat.

Dueks should thave a snug shelter | Por nishts. $\triangle$ swimming pond or |
| :--- |
| ereekk 1 sot not needed. but they need a |
| trough for splashing and washing. | trough for splashing and washing.

They consume a ot or clean water.
Ducks usually lay their eggs early in the morning, and they often prefer
to drop those egss in any mud pudale
about to drop those egss in any mud puadie
about the barn_ _lot, or as they swlm

Children Cry for Fletcher's CASTORIA
The Kind You Have Always Bought, and which has been
in use for over 30 years, has borne the signature of and and has beon made under his perAn Counterfeits, Imitations and "Just-as-good" are but All Counterfeits, Imitations and "Just-as-good" are but
Experiments that trifio with and endanger the health of
Infants and Children-Experienco against Experiment.

What is CASTORIA
Castoria is a harmiess substitute for Castor Oll, Pare-
coric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotio substance. Its age is its guarantee. It destroys Worms
and allnys Feverishness.
It cures Dlarrhooa and Wind Colic. It relioves Teething Troubles, eures Constipation and Flatulency. It assimillates the Food, regulates the Stomach and Bowels, Fiving henithy and natural sleep
The Children's Panacoa-The Mother's Friend.
genuine CASTORIA always


The Kind You Have Always Bought


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## SUPPLEMENT

## Guide-Advocate

| WATFORD, FRIDAY, MAY 14, 1915 |  |
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|  | Second University Company Canadian Expeditionary Force |
|  | The following it i copy of the an- nourcement that is being Susued in oon- |
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| letter found. |  |
| soldiers. It was shocking. It was |  |
| over our headis and we cean neveref forget |  |
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| D. Warr, |  |
| rest council will instal a steam pur put a water tank at the town ball. |  |





## 1 Puerinees) Collage <br> ONTARIO'S BEST PRACTI- CAL TRAINING SCHOOL We have thorough courses and experienced instructors in each of our three departments. Ccmmecial, shoithe Our graduates succeed, and "you you should get our large, tree.cata- logue. Write for it at once. d. a. melachlan - principal.

PIANOS
 Organs Bell and Doberty.
! Sewing Machines White, Standard, and New Home
Rotacies, Raymond and New
Williams, Renfreww:Standard Gasoline Engines
Start without cranking. Renfrew standard Cream Separators
Best by every test. Gramophones,
of all kill kinds.
H. Schlemmer ser

| LOVELL'S | BAKERY | Told in the Following Letter by a Jackson Man Who |
| :---: | :---: | :---: |
| FLOUR has raised again! |  |  |
| F and is going still higher. It |  | chersie counh, but 1 mas run dioun? |
| days. We are at it every day, |  | comber |
|  |  | do a dya s work, and cough |
| let us do it for you. We use the very best materials we can buy- |  |  |
| that means that we mako |  | ot |
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| $\mathrm{our} \mathrm{weding} \mathrm{caiks}_{\text {pLEASE }}^{\text {always }}$ |  |  |
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| 'S | BAKERY | ngth ndivigor to the nerves |
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|  |  |  |
|  | drs | diseased organs of the body. If Vinol fails to help you, we return |
|  |  |  |

- For fletcher's


## Cosgrove's Comedy

An Incident of Travel
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 HOW TO CUME A CHPONIC COUBH Told in the Following Letter
by a Jackson Man Who Knows from Experience.
His Word Is Good.
 do a day's work, and coughed so much tio

 Jaccson, reason Vinol is so successful in
Tuch cases is because the active medic in Vinol rebsilds wasting tiscontes and
supplies strength and vigor to the nerve blood to absorb, oxygen and distribue
it through the system, thus restoring
henth




M1Recululs CuME Of STHMM Sutfered Tenribly for 15 Years Uniul
Tried "Fruit-a-tives"

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 SOCIETIES Court Lorne, No. 17 C.O.F


## CHANTRYFARM,

 Shorthorn CatlleLincoln Sheep ED. DeGEX
Kerwood $\qquad$
OUR CLUBBING LIST







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Fair Dates

Petrolea-Sept. 22 to 23
Sarnia-
Wept. 27 to 29.
yoming-Oct. 1 . 2 .
Wyoming-Oct. 1,2 , 2 ,
WATFORD-OCT.
Alvinston-Oct. 7, 8,
apmat
JM Asbestos Roofing

 GED. GHAMBERS



