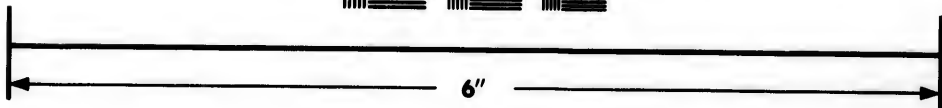
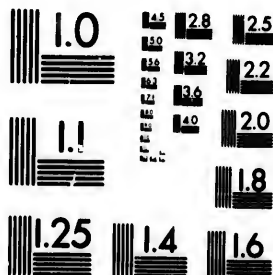


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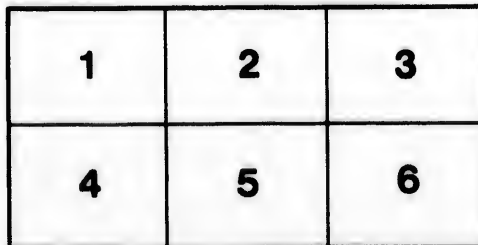
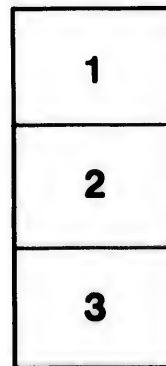
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THE SINCERE

Catholick's Companion.

By Wm. Johnson, M.D.

Published with PERMISSION,
Of my LORD JOHN OLIVER BRIAND,
Bishop of QUEBEC.



QUEBEC:
Printed by WM. BROWN, MDCCLXXVIII.

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A
CALENDAR
OF
FEASTS AND FASTS..

All *Sundays*.

JANUARY.

- 1 The *Circumcision*, or *New-Year's Day*. †
- 6 The *Epiphany*, or *Twelfth-Day*. †

FEBRUARY.

- 1 Fast.
- 2 The *Purification*, or *Candlemas-Day*. †
- 23 Fast.
- 24 St. *Matthias*.

In a LEAP-YEAR.

- 24 Fast.
- 25 St. *Matthias*.

MARCH.

- 17 Patrick.
- 19 St. *Joseph*.
- 25 The *Annunciation*, or *Lady-Day*. †

APRIL.

- 23 St. *George*.

MAY.

- 1 SS. *Philip and James*.
- 3 The *Finding of the Cross*.

JUNE

A Calendar of
JUNE.

- 23 Fast.
- 24 *St. John Baptist.* †
- 28 Fast.
- 29 *St. Peter and St. Paul.* †

JULY.

- 24 Fast.
- 25 *St. James.*
- 26 *St. Anne.*

AUGUST.

- 9 Fast.
- 10 *St. Lawrence.*
- 14 Fast.
- 15 *Assumption of our Lady.* †
- 23 Fast.
- 24 *St. Bartholomew.*

SEPTEMBER.

- 7 Fast.
- 8 *Nativity of our Lady.* †
- 20 Fast.
- 21 *St. Matthew.*
- 29 *Michaelmas-Day.*

OCTOBER.

- 27 Fast.
- 28 *SS. Simon and Jude.*
- 31 Fast.

NOVEMBER.

- 1 *All Saints-Day.* †
- 29 Fast.
- 30 *St. Andrew.*

DECEMBER.

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Feasts and Fasts.

DECEMBER.

- 8 The *Conception* of our B. *Lady*. †
20 Fast.
21 St. *Thomas* Apostle.
24 Fast.
25 *Christmas-Day*. †
26 St. *Stephen*. †
27 St. *John* Apostle and Evangelist. †
28 *Holy Innocents*.
29 St. *Thomas* of *Canterbury*.
31 St. *Silvester*, out of the *London District*.

In case a Holyday fall upon a Monday, its Fast is to be kept on the Saturday before.

The Days marked thus †, are to be kept from Servile work.

Moveable HOLYDAYS.

Easter-Day, with the *two Days* following.

Ascension-Day, on the *Thursday*, forty *Days* after *Easter*. †

Whit-Sunday, with the *two Days* following.

Corpus-Christi Day, being the first *Thursday* after *Trinity*. †

Moveable FASTING-DAYS.

All the *Week Days* of *Lent*, beginning from *Asb-*
Wednesday.

Moveable Fasting-Days.

All *Fridays*, except from *Christmas-Day* till after the Octave of *Epiphany*, and between *Easter* and *Whitsun-Eve*, and those on which a Festival of Obligation falls, unless it be in *Lent* or *Ember-Week*.

Ember-Days four Times in the Year, viz. *Wednesday*, *Friday*, and *Saturday*.

1. Next after the *First Sunday of Lent*.
2. In *Whitsun-Week*.
3. Next after the Fourteenth of *September*, being the *Exaltation* of the *Cross*.
4. Next after the Thirteenth of *December*, being *St. Lucy's Day*.

Days of Abstinence from FLESH, tho'
not F A S T S.

The *Fridays* above excepted from Fasts.

All *Saturdays*, except those in *Lent*, and those on which *Eves* and *Ember-Days* fall.

All *Sundays* in *Lent*.

The three *Rogation-Days*; viz. *Monday*, *Tuesday*, and *Wednesday* before *Ascension-Day*.

St. Mark's Day, out of the Diocese of *Canterbury*, except it falls in *Easter-Week*.

If *Christmas-Day* falls on *Friday* or *Saturday*, it is not kept with Abstinence from Flesh.

Advent

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Of Advent and Marriage.

Advent.

The first *Sunday* of *Advent* is always that which either falls on *St. Andrew's Day*, or the next to it, either before or after; that is, from the 27th of *November*, to the 3d of *December*.

The Time of Marriage.

THE solemnizing of Marriage is forbidden from the *First Sunday* of *Advent*, till after *Twelfth-Day*; and from the Beginning of *Lent* till *Low-Sunday*; all other Times it may be solemnized.

Neces:

Necessary RULES for a Christian.

YOU must often examine your Thoughts, Words, and Actions, especially after much Business, Speaking, &c. that you may discern and amend your Faults.

Hold your Peace in such Things as belong not to you, and where your Speech is not for the Honour of God, and Good of your Neighbour.

Often call to mind your Life past, and what our Saviour Suffer'd for you in every Hour of his.

You must live as tho' you had nothing, and yet possess'd all Things; and remember, that Meat, Drink, and Cloaths, are a Christians Riches.

Offer yourself entirely to God; and tho' you have nothing to requite his Favours with, but yourself, you will be comforted when you consider that He gives All, that gives Himself. The Apostles left their poor Boats, and Nets, and received for them a most ample Reward. The poor Widow gave only two Mites, and her Oblation was preferred before those of the richest Persons.

He easily parts with all Things, who always considers that he must die, and be taken from them.

In publick Assemblies use no extravagant or unusual Gestures, but in all Things observe a great Modesty and Discretion.

In all Things desire and prefer that which conduceth most to the Service and Glory of God: As

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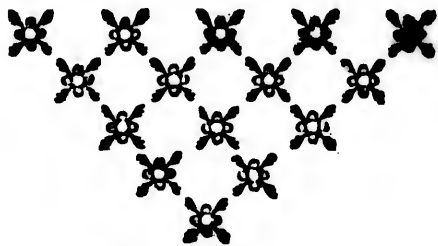
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Necessary Rules, &c.

to comfort the Afflicted, reconcile such as are at Variance, visit the Sick, and such as are in Prison, and relieve the Poor.

Never go to Bed with any Disquiet on your Mind, but endeavour to Pacify your Conscience by Confession or an Act of Contrition, if there be Occasion for it.

Every Month at least Confess your Sins, often make Acts of Contrition, and daily use Aspirations, or Ejaculatory Prayers, that so you may prevent the Deceits of the Devil.



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THE LORD'S PRAYER.

The Lord's Prayer.

OUR Father, who art in Heaven, Hallow-
ed be thy Name : Thy Kingdom come :
Thy Will be done on Earth, as it is in Heaven :
Give us this Day our Daily Bread : And for-
give us our Trespases, as we forgive them that
trespass against us : And lead us not into Temp-
tation. But deliver us from Evil. *Amen.*

HAIL *Mary*, full of Grace ; our Lord is
with thee : Blessed art thou among Wo-
men ; and blessed is the Fruit of thy Womb,
Jesus. Holy *Mary*, Mother of God, pray for
us Sinners, now, and at the Hour of our Death.
Amen.

The Apostles Creed.

I Believe in God the Father Almighty, Crea-
tor of Heaven and Earth ; and in *Jesus*
Christ, his only Son our Lord ; who was con-
ceived by the Holy Ghost, born of the Virgin
Mary, suffered under *Pontius Pilate* ; was cruci-
fied, dead, and buried ; descended into Hell ;
the third Day he rose again from the Dead ;
ascended into Heaven ; sits at the Right-hand
of God the Father Almighty ; from thence he
shall come to judge the Living and the Dead.
I believe in the Holy Ghost, the Holy Catho-
lick Church, the Communion of Saints, the
Forgive-

Forgiveness of Sins; the Resurrection of the Body; and the Life everlasting. *Amen.*

The Ten Commandments.

I Am the Lord thy God, who brought thee out of the Land of *Egypt*, and out of the House of Bondage.

I. Thou shalt not have strange Gods before me: Thou shalt not make to thyself a graven Thing, nor the Likeness of any Thing that is in Heaven above, or in the Earth below, or of Things that are in the Water under the Earth: Thou shalt not adore nor worship them. I am the Lord thy God, strong and jealous, visiting the Sins of the Fathers upon their Children, to the third and fourth Generation of them that hate me; and shewing Mercy to Thousands of those that love me, and keep my Commandments.

II. Thou shalt not take the Name of the Lord thy God in vain; for our Lord will not hold him guiltless that takes his Name in vain.

III. Remember that thou keep Holy the Sabbath-Day.

IV. Honour thy Father and Mother.

V. Thou shalt not kill.

VI. Thou shalt not commit Adultery.

VII. Thou shalt not steal.

VIII. Thou shalt not bear false Witness against thy Neighbour.

IX. Thou shalt not desire thy Neighbour's Wife.

X. Thou shalt not covet thy Neighbour's Goods.

An EXERCISE

For the MORNING.

†

IN the Name of the Father, and of the Son,
and of the Holy Ghost. *Amen.*

Blessed be the Holy and undivided Trinity,
now and for ever. *Amen.*

Our Father, &c.

Hail *Mary*, &c.

I believe in God, &c.

I Confess to Almighty God, to the blessed
Virgin *Mary*, to blessed *Michael* the Arch-
angel, to blessed *John* the *Baptist*, to the Holy
Apostles *Peter* and *Paul*, and to all Saints, that
I have grievously sinned in Thought, Word and
Deed, thro' my Fault, thro' my Fault, thro' my
exceeding great Fault: Therefore I beseech the
blessed Virgin *Mary*, blessed *Michael* the Arch-
angel, blessed *John* the *Baptist*, the Holy Apo-
stles *Peter* and *Paul*, and all the Saints to pray
to the Lord God for me.

The great and glorious Lord of Heaven and
Earth have Mercy on me, forgive me my Sins,
and bring me to everlasting Life. *Amen.*

May the Almighty and most merciful God
give me Pardon, Absolution, and full Remission
of all my Sins. *Amen.*

B

O Lord

O Lord God Almighty, who hast caused us to come to the Beginning of this Day, save us this Day by thy Power, that this Day we fall into no Sin, but that all our Words may proceed, all our Thoughts and Works be directed to do thy Justice, thro' our Lord Jesus Christ. *Amen.*

O my God, I offer up to thee all my Thoughts, Words, and Actions of this Day, and of my whole Life. Give me Grace, O Lord, to do what thou commandest, and command what thou pleasest.

Give me Grace to suffer what thou permittest, and permit what thou pleasest.

The Blessing of God Almighty, Father Son and Holy Ghost, descend upon me, and dwell in my Heart for ever. *Amen.*

A Devout Recommendation, which may be used every Morning, or at any other Time.

I Adore and glorify thee, O blessed Trinity, God Almighty, Father, Son, and Holy Ghost; I offer myself to thy divine Majesty, humbly beseeching thee to take from me, and from all thy Faithful, whatever displeaseth thee, and give us that which is grateful in thy Sight. Grant that we may here do what thou commandest, and hereafter receive what thou promisest.

To thee, O Lord, I commend my Soul and Body, (*my Wife and Children, my Father and Mother,*

Prayers for Morning.

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(Mother, my Brother and Sisters) my Kinsfolk and Benefactors, my Friends and Familiars, all my nearest and dearest Relations, and all those for whom I am any ways bound to offer up my prayers. To thee I commend the Holy Catholick Church. To thee I commend this Kingdom, and our gracious Sovereign. Grant, O Lord, that all may know thee, all may honour and reverence thee, all may love thee, and be loved by thee. Reduce those that err, and bring them again into the Way; abolish Heresies, convert all to the true Faith, who as yet do not know thee. Grant us, O Lord, thy Grace, and keep us in thy Peace; may thy holy Will be done, and not ours. Comfort all those that lead their Lives in Sorrow, Misery, or Temptations, and mercifully relieve them in their Afflictions, whether Spiritual or Corporal. Lastly, I commend all universally to thy holy Protection, that thou wouldest vouchsafe to the living Forgiveness of their Sins, and to the souls departed everlasting Rest. *Amen.*

The Litany of our blessed Saviour Jesus.

†

OR D, have Mercy on us.

Christ, have Mercy on us.

Lord, have Mercy on us.

Jesus, receive our Prayers.

Lord Jesus, grant our Petitions.

B 2

O God,

O God, the Father, Creator of the World,
 O God, the Son, Redeemer of Mankind,
 O God the Holy Ghost, Perfecter of the
 Elect,

Holy Trinity, one God,
 Jesus, Son of the living God,
 Jesus, the express Image of thy Father's
 Glory.

Jesus, the bright Ray of eternal Light,
 Jesus, the increated Wisdom, by whom
 all Things are governed.

Jesus, the eternal Word, made Man for
 our Redemption,

Jesus, most blessed Son of the Virgin
 Mary,

Jesus, most powerful,

Jesus, most glorious,

Jesus, most humble and meek,

Jesus, most penitent and obedient,

Jesus, most chaste and holy,

Jesus, Lover of Poverty,

Jesus, Lover of Peace,

Jesus, Lover of us ungrateful Sinners,

Jesus, who camest down from Heaven to
 teach us with thy own sacred Mouth the
 Truths of Salvation,

Jesus, who conversedst so long on Earth,
 to shew us by thy own holy Example the
 Way to Heaven,

Jesus, who diedst even the Death of the
 Cross, to take off our Aversion from suffer-

Have Mercy on us.

ing,

Prayers for Morning.

ing, and teach us to endure all Things for
everlasting Happiness,

Jesus, who didst ascend into Heaven, to
confirm our Belief, and raise our Affections
to the sure Joys of Eternity,

Jesus, Author of our Faith, and Finish-
er of our Hope,

Jesus, supreme Object of our Love and
overflowing Safety of all our Desires,

Jesus, our God, blessed for ever,

Have Mercy, *And spare us, O Jesus.*

Have Mercy, *And bear us, O Jesus.*

From all Evil,

From all Sin,

From everlasting Death,

By the Mystery of thy holy Incarnation
and humble Nativity,

By the Sanctity of thy heavenly Doctrine
and miraculous Life,

By the Merits of thy bitter Passion and
all-reviving Death,

By the Joys of thy victorious Resurrecti-
on and triumphant Ascension,

By the Glory of thy eternal Kingdom
and incomprehensible Majesty,

We Sinners, *beseech thee bear us.*

That it would please thee to protect and go-
vern thy holy Church, which thou hast pur-
chased with thy precious Blood, *We beseech thee
bear us.*

That, looking continually on thy admirable
Life,

Have Mercy on us.

Jesus, deliver us,

Have Mercy on us.

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Life, we may faithfully endeavour to follow thy Steps, *We beseech thee hear us.*

That, denying all vicious and Inordinate Inclinations, we may live soberly, justly, and piously, *We beseech thee hear us.*

That through thy Love the World may be crucified to us, and we to the World, *We beseech thee hear us.*

That whatsoever we ask in thy holy Name, we may receive through thy infinite Merits, *We beseech thee hear us.*

Son of God, *We beseech thee hear us.*

Lamb of God, that takest away the Sins of the World, *Spare us, O Jesus.*

Lamb of God, that takest away the Sins of the World, *Hear us, O Jesus.*

Lamb of God, that takest away the Sins of the World, *Have Mercy on us.*

Lord, have Mercy on us.

Christ, have Mercy on us.

Lord, have Mercy on us.

Our Father, &c.

The Antiphone.

E Very Day will we repeat thy Perfections, O glorious Jesus, that every Day we may grow in our Esteem of thee. Every Day will we attentively compute thy Mercies, that every Day we may increase in thy Love.

Vers. All that we have and are, we received from thy Grace. *Allelujah.*

Ref. All we desire and hope, we expect in thy Glory. *Allelujah.* *Vers.*

Prayers for Morning.

19

Vers. O Lord, hear my Prayer.

Resp. And let my Supplication come unto

thee.

Let us pray.

Almighty God, and most merciful Saviour, the Light of this World, and Glory of the next; vouchsafe, we beseech thee, to illuminate our Understanding, and inflame our Wills, and sanctify all the Faculties of our Souls, that whilst with our Lips we recite these Prayers, we may inwardly in our Hearts adore thy Person, and admire thy Goodness, and conform our Lives to thy holy Example, till at length, by frequent Meditation on the Bliss thou hast prepared for us hereafter, we break off our Affections from all irregular Adherence to this World, and place them intirely on the Enjoyment of thee, who, with the Father and the Holy Ghost, livest and reignest one God, World without End. *Amen.*

A Prayer for Perseverance in Goodness.

Grant, O my Lord Jesus Christ, that I may persevere in good Purposes, and in thy holy Service, to my Death; and that I may now, this present Day, perfectly begin, for all have hitherto done is nothing. *Amen.*

A Prayer to our blessed Lady.

HA I L, O most holy and blessed Virgin *Mary*, full of celestial Grace, and replenished with Beauty and Comeliness, of whom, and by whom, it pleased our Saviour Jesus Christ, the

Vers.

the Son of God, the King of Heaven, the Brightness of his Father's Glory, to be born and nourished; obtain for me, O blessed Lady, of thy only begotten Son, whatever thou knowest to be necessary for the Salvation of my Soul. O Holy Mother of God, help my Frailty and Weakness; assist me this Day in all my Calamities, Temptations, and Dangers; but especially at the Hour of Death vouchsafe not to depart from me, that by thy Prayers and Protection I may be safe in that last and dangerous Battle. *Amen.*

A Prayer to our Guardian Angel.

O Angel of God, to whose holy Care I am committed by thy supreme Clemency, illuminate, defend, and govern me this Day, in all my Thoughts, Words, and Actions. *Amen.*

Bless us, O Lord, and preserve us from all Evil, and bring us to eternal Life; and may the Souls of the Faithful, through the Mercy of God, rest in Peace.

A Blessing.

THE Peace of our Lord Jesus Christ; the Virtue of his sacred Passion; the Sign of the Holy Cross; the Purity and Humility of the blessed Virgin *Mary*; the Protection of the Angels; and the Intercession of all the Saints and Elect of God, be with me, and defend me now and in the Hour of my Death, sweet Jesus. *Amen.*

Prayers for Morning.

21

When at Morning, Noon, and Evening, the Sign of the Salutation is given, say,

THE Angel of God declared to *Mary*, and she conceived by the Holy Ghost. Hail *Mary, &c.* Behold the Handmaid of the Lord, be it unto me according to thy Word. Hail *Mary, &c.* And the Word was made Flesh, and dwelt amongst us. Hail *Mary, &c.*

A Prayer.

POUR forth, we beseech thee, O Lord, thy Grace into our Hearts, that we, to whom the Incarnation of Christ thy Son was made known by the Message of an Angel, may, by his Passion and Cross, be brought to the Glory of his Resurrection, through the same Christ our Lord. *Amen.*

May the Souls of the Faithful, through the Mercy of God, rest in Peace. *Amen.*

In going forth of your House, say.

SHEW me, O Lord, thy Ways, and teach me thy Paths. Direct my Steps according to thy Word, that no Injustice rule over me. Make perfect my Goings in thy Paths, that my Steps be not moved.

Grace before Meat.

BLESS us, O Lord, and these thy Gifts, which of thy Bounty we are about to receive, through Christ our Lord. *R. Amen.*

Grace after Meat.

WE give thee Thanks, Almighty God, for all thy Benefits, who livest and reignest, World without End. *R. Amen.*

Prayers for Night.

Vouchsafe, O Lord, for thy Name's Sake, to render all our Benefactors Life everlasting. R. *Amen.*

Vers. May the Souls of the Faithful, thro' the Mercy of God, rest in Peace. R. *Amen.*

Prayers to be said at Night before going to Bed.

†

IN the Name of the Father, and of the Son, and of the Holy Ghost. *Amen.*

Blessed be the holy and undivided Trinity, now and for ever. *Amen.*

Our Father, &c.

Hail Mary, &c.

I believe in God, &c.

O Eternal, Infinite and Almighty God, whose Glory the Heaven of Heavens is not able to contain, look down upon thy unworthy Servant, prostrate at the Feet of thy Mercy, and humbly confessing to thee, in the Sight of all thy Holy Angels and Blessed Saints, the Sinfulness and Vanity of my Life, but especially the transgressions of this Day, by which I have so lately offended thy Majesty, and so grievously wounded my own Soul.

I confess to Almighty God, to the Blessed Virgin *Mary*, to blessed St. *Michael* the Archangel, to blessed St. *John Baptist*, to the holy Apostles St. *Peter* and St. *Paul*, and to all the Saints,
that

That I have grievously sinned in Thought, Word, and Deed, through my Fault, through my Fault, through my exceeding great Fault.

Here examine diligently what Sins you may have fallen into this Day, by Thoughts, Word, Deed, or Omission; and humbly confessing them, say,

OF these, and all other my Sins, I most earnestly repent, and am heartily sorry for every Thought, Word, and Deed, by which I have displeas'd the Eyes of thy Glory, and provoked thy Wrath and Indignation against me; especially for my Disobedience to so holy a Lord, and extreme Ingratitude to so gracious and bountiful a God. O Lord, I acknowledge that I have not merited the least of thy Mercies, but have deserved the greatest of thy Judgments; but thou hast revealed thyself to be a God of Pity and Compassion, forgiving the Iniquities of such as truly repent, and absolving all those that voluntarily condemn themselves: Whereof, with a penitent and contrite Heart, I freely confess the Guiltiness of my own Conscience, and humbly offer these Prayers, &c. to thee for my Penitance.

An act of Contrition.

O My God who art infinitely good, and always hatest Sin, I beg pardon from the bottom of my Heart, for all my offences against thee: I detest them all, and am heartily Sorry for them, because they offend thy infinite goodness;

ness;

ness ; and I beg I may rather die than be guilty of them any more.

Say some Prayers, and do some other pious Acts for your Penance ; then say,

BUT since my Unworthiness and many Imperfections most justly discourage me from presuming on my own Performances, and the Riches of thy Mercy have provided for us a Multitude of acceptable Intercessions ; therefore I beseech the blessed *Virgin Mary*, the blessed *St. Michael* the Archangel, the blessed *St. John Baptist*, the holy Apostles *St. Peter* and *St. Paul* and all the Saints in Heaven, to pray to God for me.

The great and glorious Lord of Heaven and Earth have Mercy on me, forgive me my Sins and bring me to everlasting Life. *Amen.*

May the Almighty Hand of our merciful God give me Pardon, Absolution, and full Remission of all my Sins. *Amen.*

THE LITANIES of our Blessed **LADY of LORETTO**, so called, because they are usually Sung in that sacred Church of **LORETTO** on all Saturdays in the Year, and Festivals of the Blessed **VIRGIN MARY**.

A N T H E M.

WE fly to thy Patronage, (O sacred Mother of God) despise not our Prayers

our Necessities; but deliver us from all Dangers,
O ever-glorious and blessed Virgin.

Lord, have Mercy on us.

Christ, have Mercy on us.

Lord, have Mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, *Have Mercy on us.*

God the Son, Redeemer of the World, *Have
Mercy on us.*

God the Holy Ghost, *Have Mercy on us.*

O holy Trinity, one God, *Have Mercy on us.*

Holy Mary,

Holy Mother of God,

Holy Virgin of Virgins,

Mother of Christ,

Mother of Divine Grace,

Mother most pure,

Mother most chaste,

Mother undefiled,

Mother untouched,

Mother most amiable,

Mother most admirable,

Mother of our Creator,

Mother of our Redeemer,

Mother most prudent,

Mother most venerable,

Virgin most renowned,

Virgin most powerful,

Virgin most merciful,

Pray for us,

C

Virgin

Virgin most faithful,
 Mirror of Justice,
 Seat of Wisdom;
 Cause of our Joy,
 Spiritual Vessel,
 Vessel of Honour,
 Vessel of singular Devotion,
 Mystical Rose,
 Tower of *David*,
 Tower of Ivory,
 House of Gold,
 Ark of the Covenant,
 Gate of Heaven,
 Morning Star,
 Health of the Weak,
 Refuge of Sinners,
 Comfort of the Afflicted,
 Help of Christians,
 Queen of Angels,
 Queen of Patriarchs,
 Queen of Prophets,
 Queen of Apottles,
 Queen of Martyrs,
 Queen of Confessors,
 Queen of Virgins,
 Queen of all Saints,
 Lamb of God, who takest away the Sins of the
 World, *Spare us, O Lord.*
 Lamb of God, who takest away the Sins of the
 World, *Hear us, O Lord.*

Lamb

Lamb of God, who takest away the Sins of the World, *Have Mercy on us.*

Anthem.

WE fly to thy Patronage, (O sacred Mother of God) despise not our Prayers in our Necessities, but Deliver us from all Dangers, O ever-glorious and blessed Virgin.

Vers. Pray for us, O holy Mother of God.

Resp. That we may be made worthy of the Promises of Christ.

Let us pray.

POur forth, we beseech thee, O Lord, thy Grace into our Hearts, that we, to whom the Incarnation of Christ thy Son was made known by the Message of an Angel, may by his Passion and Cross be brought to the Glory of his Resurrection: Thro' the same Christ our Lord. *Amen.*

Vers. May the Divine Assistance remain always with us.

Resp. Amen.

Vers. And may the Souls of the Faithful, through the Mercy of God, rest in Peace.

Resp. Amen.

A Prayer to our Guardian Angel.

O Angel of God, to whose holy Care I am committed by thy supreme Clemency, illuminate, defend and govern me this Night from all Sin and Danger. *Amen.*

Pray for us.

Sins of the
Sins of the
Lamb

*Prayers for Night.**The Blessing.*

GOD the Father bless me, Jesus Christ defend and keep me, the Virtue of the Holy Ghost enlighten and sanctify me this Night and for ever. *Amen.*

Into thy Hands, O Lord, I commend my Spirit: Lord Jesus, receive my Soul.

When you go to Bed, say,

IN the Name of our Lord Jesus Christ crucified, I lay me down to rest; bless me, O Lord, defend me and govern me, and, after this short and miserable Pilgrimage, bring me to everlasting Happiness. *Amen.*

An excellent Method of hearing MASS.

Sign yourself with the Priest with the Sign of the Cross, and say as follows;

†

IN the Name of the Father, and of the Son and of the Holy Ghost. *Amen.*

I will draw near to thy Altar, O my God, there to gain new Strength and Vigour to my Soul, and by thy Grace separate me from those Unbelievers who have no Trust in thee.

That Grace which comforts me when the Remembrance of my Sins afflict and cast me down.

That Grace which lets me know there's an everlasting Refuge in thy Goodness, and that thou art ready to forgive, even our greatest Sins, upon a sincere Repentance.

The Priest bowing down, says the Confiteor before he goes up to the Altar; say it with him as follows.

I Confess to Almighty God, to the blessed Virgin *Mary*, to the blessed *Michael* the Archangel, to the blessed *John Baptist*, the holy Apostles *Peter* and *Paul*, to all the Saints, and to you Father, that I have very much sinned in Thought, Word, and Deed, thro' my Fault, thro' my Fault, thro' my most grievous Fault. Therefore I beseech the blessed Virgin *Mary*, blessed *Michael* the Archangel, blessed *John Baptist*, the holy Apostles *Peter* and *Paul*, and all the Saints, and you Father, to pray for me to our Lord God.

The Psalm Judica me Deus or Part of the Mass from the Beginning to the Confiteor; as also the Gloria in Excelsis Deo and Creed, are not said by the Priest in Masses for the Dead, and at some other Times; which you may pass over as you find he does.

After the Confiteor, say,

O My God, who hast commanded us to pray one for another, and in thy holy Church hast given, even to Sinners, the Power of absolving from Sin, receive with equal Bounty the Prayers of thy People for the Priest, and those of thy Priest for the People.

We beseech thee, O Lord, by the Merits of
C 3 these

Prayers at Mass.

those Saints, whose Relics are here, and of all the Saints, that thou would'st vouchsafe to forgive me all my Sins. *Amen.*

When the Priest goes first to the Book, and says the Part of the Mass call'd the Introit, say,

GRANT, Lord, we may be truly prepared for the Offering of this great Sacrifice to thee this Day; and because our Sins alone can render us displeasing to thee, therefore we call aloud to thee for Mercy.

At the Kyrie Eleison, say,

HAVE Mercy on me, O Lord, and forgive me all my Sins.

Have Mercy on me, O Lord, have Mercy on me.

At the Gloria in Excelsis Deo, say,

GLORY be to God on High, and Peace on Earth to Men of good Will. We praise thee, we bless thee, we adore thee, we glorify thee, we give thee Thanks for thy great Glory. Lord God, Heavenly King, Father Almighty. Lord *Jesus Christ*, the only begotten Son. Lord God, Lamb of God, Son of the Father, who takest away the Sins of the World, hear our Prayers: Who sittest at the right Hand of the Father, hear our Prayers: Who sittest at the right Hand of the Father, have Mercy on us. For thou only art Holy, thou only art our Lord, thou only, O *Jesus Christ*, together with the

Holy

and of all
e to for-

Holy Ghost, art most High, in the Glory of
God the Father. *Amen.*

d says the
say,

*When the Priest turns to the People, and says Do-
minus Vobiscum, say,*

y prepar-
t Sacrifice
Sins alone
efore we

BE thou always with us, O my God, and let
thy Grace never depart from us.

and for-

*Here the Priest says the Collects, or Prayers for
the Day, say then,*

Mercy on

Almighty and eternal God, we humbly be-
seech thee, mercifully to give Ear to the
Prayers of thy Servant, which he offers thee in
the Name of thy Church, and in behalf of us
thy People: Accept them to the Honour of thy
Name, and Good of our Souls; and grant us
all those Blessings which may any Ways contri-
bute to our Salvation. Thro' our Lord *Jesus-
Christ. Amen.*

say,

The Epistle following, say,

and Peace

Will. We

thee; we

thy great

g, Father

y begotten

on of the

ae World,

ight Hand

o sitest at

rcy on us,

our Lord,

with the

Holy

BE thou, O Lord, eternally praised and blef-
sed, for having communicated to the holy
Prophets and Apostles thy Spirit, disclosing to
to them admirable Secrets, redounding to thy
Glory and our great Good. We firmly believe
their Word, because it's thine. Give us, we
beseech thee, the Happiness to understand from
the Church, by their Instructions, what is pro-
fitable, and Grace to practise the same all our
Lives.

What

What follows is called the Gradual ; say,

HOW wonderful, O Lord, is thy Name thro' the whole Earth ! I will bless thee O Lord at all Times ; his Praise shall be ever in my Mouth. Be thou my God and my Protector ; In thee alone will I put my trust, let me not be confounded for ever.

At the Gospel, when the People rise up, say,

BE ever adored and praised, O Lord, w^ho art not content to instruct and inform us by thy Prophets and Apostles, but hast even vouchsafed to speak to us by thy only Son our Saviour our *Jesus Christ*, commanding us by a Voice from Heaven to hear him : Grant us, merciful God, the Grace to profit by his Divine and Heavenly Doctrine. All that is written of thee, dread *Jesus*, in thy Gospel, is Truth itself ; nothing but Wisdom in thy Actions, Power and Goodness in thy Miracles, Light and Instruction in thy Words. With thee, sacred Redeemer are Words of eternal Life : To whom shall we go, but to thee, eternal Fountain of Truth. Give me, O God, Grace to practise what thou commandest and command what thou pleasest.

At the Creed, beginning Credo in unum Deum,
say,

I Believe, O Lord, all thou hast taught me by thy Holy Church : In this Faith, by the Assistance of thy Grace, I desire to live and die :

By

By thy Divine Grace I am convinced of the Sincerity and Wisdom of those who have delivered these sacred Truths to us. Their miraculous Success is a sufficient Proof. Where shall I go my Lord? Thou hast the Words of eternal Life. Of thy Truth thus deliver'd, my Reason and Will shall never doubt, tho' my Senses and vain Imaginations should. I believe, O Lord, help my Unbelief.

At the Offertory, when the Priest uncovers the Chalice,

ACCCEPT, O holy Father, Almighty and eternal God, this unspotted Host, which I thy unworthy Servant offer thee, my living and true God, for my innumerable Sins, Offences, and Negligences, and for all here present, and for all faithful Christians, living and dead, that it may avail me and them to Life everlasting: *Amen.*

At the Offering of the Chalice, say,

WE offer thee, O Lord, the Chalice of Salvation, beseeching thy Clemency, that it may ascend before thy Divine Majesty, as a sweet Perfume, for our Salvation, and for that of the whole World.

Accept us, O Lord, in the Spirit of Humility, and a contrite Heart; and so may our Sacrifice be made this Day in thy Sight, that it may be pleasing to thee, O Lord God.

When

When the Priest washes his Fingers at the Corner of the Altar, say,

THOU, Lord, who once vouchsafedst to wash thy Disciples Feet before their Invitation to thy holy Table, wash us also, we beseech thee, O Lord, and wash us again; not only our Feet and Hands, but our Hearts, our Desires, our Souls, that we may be wholly innocent and pure.

Go on, and say,

REceive, O holy Trinity, this Oblation we make thee, in Memory of the Passion, Resurrection and Ascension of our Lord *Jesus Christ*; and in Honour of the ever blessed Virgin *Mary*; of blessed *John Baptist*; of the holy Apostles *Peter* and *Paul*; of these, and of all the Saints; that it may be available to their Honour and our Salvation. And may they vouchsafe to intercede for us in Heaven, whose Memory we celebrate on Earth. Through the same *Christ* our Lord. *Amen.*

When the Priest turns about and says, Orate Fratres, say,

MAY our Lord receive this Sacrifice from thy Hands, to the Praise and Glory of his Name, for our Good, and the Benefit of his whole Church.

At the Secreta, or when the Priest is saying the Prayers in the Book proper for the Day, in a low Voice, say,

Mercifully

Mercifully hear our Prayers, O Lord, and graciously accept this Oblation, which thy Servants are making to thee, that as we offer it to the Honour of thy Name, so it may be to us here a Means of obtaining thy Grace, and in the next Life everlasting Happiness.

men.

When the Priest says in a loud Voice, Per omnia sæcula sæculorum, say,

It is verily meet and just, right and available to Salvation, that we always and in all Places give thanks to thee, holy Lord, Father Almighty, eternal God, thro' *Christ* our Lord; by whom the Angels praise thy Majesty, the Dominations adore it, the Powers tremble before it, the Heavens and heavenly Virtues, and blessed Seraphims with common Jubilee glorify; together with whom we beseech thee, that we may be admitted to join our Voices, saying in an humble Manner.

Holy, Holy, Holy, Lord God of Sabaoth; the Heavens and Earth are full of thy Glory.

Hosanna in the Highest. Blessed is he that comes in the Name of our Lord. Hosanna in the Highest.

What follows is call'd the, Canon of the Mass, say then,

MOST merciful Father, who hast given us thy only Son to be our daily Sacrifice, incline thy Ears to our Prayers, and favour our Desires;

Desires; protect, unite and govern thy holy Church, throughout the whole World, pour forth thy Blessing on his present Holiness, that Prelate who has a particular Charge over us, our King, and all true Professors of the Catholic Faith.

Whilst the Priest makes his Memento or Commemoration for the Living, standing with his Hands join'd before his Breast, make your Memento, praying in particular for yourself, and Friends, &c. as follows;

I Offer thee, O eternal Father, with this thy Minister at the Altar, this Oblation of the Body and Blood of thy only Son, to thy Honour and Glory; in Remembrance of my Saviour's Passion, in Thanksgiving for all thy Benefits, in Satisfaction for all my Sins, and for the Obtaining thy Grace, whereby I may be enabled to live virtuously and die happily. I desire thee likewise to accept it, O God, for my Parents, (*if alive*) Friends and Benefactors; grant them all Blessings, Spiritual and Temporal. I offer it up also (*Here name the particular Intention you would offer it up for; as, for obtaining this Virtue, overcoming that Vice; for Blessings, such as Health, &c.*) Likewise for all that are in Misery; for those I have any ways injured in Word or Deed; for all my Enemies; for the Conversion of Sinners, and Enlightening all that sit in Darkness. Pour forth thy Blessings on all, according

according to their different Necessities, thro' the Merits of thy only Son: our Lord.

Proceed, and say,

GIVE Ear; we beseech thee, to the Prayers of thy Servant, who is here appointed to make this Oblation in our Behalf, and grant it may be effectual for the Obtaining all those Blessings which we ask for us.

Behold, O Lord, we all here present to thee in this Bread and Wine the Symbols of our perfect Union. Grant, O Lord, that they may be made for us, the true Body and Blood of thy dear Son, that being consecrated to thee by this holy Victim, we may live in thy Service, and depart this Life in thy Grace.

At the Elevation, or lifting up of the sacred Host and Chalice, in Memory of Christ being lifted up on the Cross: And first of the Host, say,

MOST admirable Body, I adore thee with all the Powers of my Soul. Lord, who hast given thyself entire to us, grant we may become entirely thine. I believe, O Lord help my Unbelief.

Most merciful Saviour, be thou my Protector, strengthen and defend me by thy heavenly Grace, now, and especially at the Hour of my Death, sweet Jesus. Amen.

At the Elevation of the Chalice, say,

MOST adorable Blood, that washes away all our Sins, I adore thee: Happy we, if

D

WE

we can return our Life and Blood for thine.

O *Jesus*, do thou cleanse, sanctify and preserve our Souls to eternal Life. Live *Jesus* in us, and we in thee. *Amen.*

After the Elevation, say,

TIS now, O Lord, with grateful Hearts we call to mind the sacred Mysteries of thy Passion and Death, thy Resurrection and Ascension. Here is thy Body that was broken; here is thy Blood that was shed for us, of which these exterior Signs are but the Figures, and yet in reality contain the Substance. It is now we truly offer thee, O Lord, that pure and holy Victim, which thou hast been pleased to give us; of which all the other Sacrifices were but so many Types and Figures.

Whilst the Priest makes his Memento or Commemoration for the Dead, standing in silence with his Hands join'd before his Breast, make your Memento thus,

I Offer thee again, O Lord, this holy Sacrifice of the Body and Blood of thy only Son, in Behalf of the Faithful departed, and in particular for the Souls of (*here name whom you chiefly proposed to pray for*); my Parents (*if dead*) Relations, Benefactors, Neighbours, &c. Likewise of such as I have any Ways injured, or been the Occasion of their Sins; of such as have injur'd me, and been my Enemies; of such as die in
War,

Prayers at Mass.

39

War, or have none to pray for them, &c. To these, O Lord, and to all that rest in Christ, grant, we beseech thee, a Place of Refreshment, Light and Peace, thro' the same Christ our Lord.

Amen.

When the Priest strikes his Breast, and in a loud Voice says, Nobis quoque Peccatoribus, say,

Vouchsafe to grant the same one Day to us, poor and miserable Sinners as we are, and judge us not according to our Demerits; but through the infinite Multitude of thy Mercies, in which we hope liberally extend to us thy Grace and Pardon.

We ask it of thee, in the Name of thy dear Son, who lives and reigns eternally with thee, and in that Form of Prayer which he himself hath taught us.

At the Pater noster, or Our Father, say it with the Priest as follows,

OUR Father, who art in Heaven, hallowed be thy Name; thy Kingdom come; thy Will be done on Earth, as it is in Heaven; give us this Day our daily Bread; and forgive us our Trespases, as we forgive them that trespass against us; and lead us not into Temptation: But deliver us from Evil. *Amen.*

Deliver us from those Evils, which we labour under at present; from past Evils, which can be nothing but our manifold Sins; and from the

D 2

Evils.

Evils to come, which will be the just Chastisement of our Offences, if our Prayers, and those more powerful ones of thy Saints, who intercede for us, intercept not thy Justice, or excite not thy Bounty.

Here the Priest breaking the Host, puts a particle into the Chalice, say then,

THY Body was broken, and thy Blood shed for us: Grant that the Commemoration of this Holy Mystery may obtain us Peace: And that those that receive it may find everlasting Rest.

At Agnus Dei, or Lamb of God, say it with the Priest, as follows;

LAMB of God, who takest away the Sins of the World, have Mercy on us.

Lamb of God, who takest away the Sins of the World, have Mercy on us.

Lamb of God, who takest away the Sins of the World, grant us thy Peace.

At the Prayers before Communion say,

IN saying to thy Apostle, my Peace I leave you, my Peace I give you; thou hast promised, O Lord, to all thy Church, that Peace with thee, and Peace with ourselves.

Let nothing, O Lord, ever interrupt this holy Peace; let nothing separate us from thee, to whom we heartily desire to be united, through this blessed Sacrament of Peace and Reconciliation.

tion. Let this Food of Angels strengthen us in every Christian Duty, so as never more to yield under Temptations, or fall into our common Weaknesses.

At the Domine non sum dignus and Communion; say it with the Priest, (with all Humility and Contrition, striking your Breast) as follows,

LORD, I am not worthy thou shouldst enter under my Roof; say only the Word, and my Soul shall be healed.

Lord, I am not worthy thou shouldst enter under my Roof; say only the Word, and my Soul shall be healed.

Lord, I am not worthy thou shouldst enter under my Roof; say only the Word, and my Soul shall be healed.

Whilst the Priest receives, those who did not communicate really, may receive in Spirit and Desire, by saying the following Prayer.

MOST loving Jesus, I adore thee with a lively Faith, who art present in this Sacrament by virtue of thy infinite Power, Wisdom and Goodness. But, conscious of my Infirmities and Sins, I dare not now receive thee sacramentally. All my Hope is in thee! I love thee, O Lord, with all my Heart, who hast so loved me; and therefore I desire to receive thee now spiritually: Come therefore, O Lord, to me in Spirit, and heal my sinful Soul. Feed

me that am hungry, comfort me that am weak, enliven and sanctify me with thy sacred Body and Blood; deliver me from all Sin, and make me always obedient to thy Commands; and let me never be separated from thee, my Saviour! who with the Father and the Holy Ghost livest and reignest one God, for ever. *Amen.*

During the Ablution, and Wiping the Chalice, say,

GIVE us, O Lord, a part in the Fruit of thy Death and Passion; the sacred Memory of which we have commemorated in our present Sacrifice and Communion. Happy those who sit at thy Table to partake of the Bread of Life. O *Jesu*, my Soul sighs after thee! I long with thy Apostles to be dissolved, and be with thee. My Heart, and my whole Body, with Transports of Joy seek the living God.

My Soul languishes with ardent Desire of entering into the House of our Lord. I love thee, O my God, with all my Heart! O that I could always enjoy the Presence of thy adorable Body, which is the Pledge of our eternal Happiness. I adore thy Goodness, and return thee infinite Thanks, O gracious Lord, for thy inestimable Favour and Mercy, in admitting me to be present this Day at the dread Sacrifice, where thou art both Priest and Victim. Make me, O God, always sensible of this great Blessing, and let not my Unworthiness put a Stop to the Effect of thy Mercy and Goodness.

When

When the Chalice is covered the Priest goes to the Book and reads the Communion; say then,

LET it be now, O Lord, the Effect of thy Mercy, that we who have been present at this holy Mystery may find the Benefit of it in our Souls.

After the Post-Communion, when the Priest goes a second Time to the Book; say,

WE give thee Thanks, O God, for thy Mercy, in admitting us to have a Part in offering this Sacrifice to thy holy Name: Accept it now to thy Glory, and be ever mindful of our Weakness.

Proceed as follows,

MOST gracious God, Father of Mercy, grant, I beseech thee, that this adorable Sacrifice of the blessed Body and Blood of thy Son, our Lord *Jesus Christ*, may obtain for us, through thy Hands, Mercy, and the Remission of all our Sins. *Amen.*

When the Priest turns to the People and gives them the Benediction or Blessing, makes the Sign of the Cross over them with his Hand, make you also the Sign of the Cross; and say,

THE Blessing of God Almighty, Father, Son and Holy Ghost, descend upon us and dwell in our Hearts for ever. *Amen.*

Here,

When

Here, while the Priest concludes with St. John or the last Gospel, at the Corner of the Altar say,

O Eternal Word, speak to my Soul, which adores thee in a profound Silence: Thou art the great Creator of all Things; abandon not I beseech thee, thy own Creature: Be thou my Life, my Light and my all.

O Light eternal! enlighten me as to this present Life, and in the Life to come.

Reign in me as in thine own Inheritance: For thou, O Lord, hast made me: Thou hast redeemed me! May I be ever thine.

I have sinned too much against Heaven, and before thee, and am not worthy to be called thy Son:

Thou God Incarnate, have Pity on my frail and mortal Flesh, and grant it may one Day be what it here adores below. *Amen.*

Prayers before Sacramental Confession.

MOST gracious Lord! who of thy infinite Love and Mercy towards Mankind, hast ordained in thy Church the Sacrament of Penance, as a sovereign Remedy to heal our spiritual Wounds, and purge us from the Unclean-ness wherewith after Baptism we have any way defiled our Souls; look down on me, an unworthy

grate

grateful Sinner, who, having many Ways most grievously offended thee, purpose, through thy Grace, to fly to this Sacrament for my Remedy; and, in Obedience to thy divine Ordinance, confess my Sins to thy Servant, hoping thereby, that, according as thou hast promised, I shall receive a full and perfect Absolution from all my Sins.

Give me Grace therefore, O Lord, that as of thy Goodness thou hast inspired into my Heart this holy Resolution, so I may with due Reverence, Contrition, and Sincerity, accomplish what I have purposed, to the Glory of thy holy Name, and the full Remission of all my Sins. Open the Secrets of my Soul to me, O Lord, and make me know all my Sins and Iniquities: Give me a perfect Sorrow and hearty Contrition for them, and Grace to confess them to my spiritual Physician plainly and entirely, sincerely and penitently, with a firm and constant Resolution to endeavour the Amendment of my Life for the future.

O Lord my gracious God, the only Comfort of my Soul, since thou desirest that in all Things I should sincerely serve thee, and I, thro' thy Grace, desire nothing more than to perform thy Will: How comes it to pass, O Lord, that I still offend thee? How comes it to pass that I relapse so often into my former Follies? Thy Grace is not wanting: What then can it be attributed

tributed to, but only to my own Inconstancy and Perverseness? for which, O Lord, I am most heartily sorry. Often I determine to resist every Temptation, and immediately I am overcome and fail in my good Purpose. Justly therefore ought I to humble my Soul, and make Account that on Earth there lives not any one who is more infirm or weak than myself. Increase in me daily thy Grace, and the sovereign Virtue of Humility, I most humbly beseech thee, that I may perfectly know thee and myself, thy Majesty and Mercy, and my own Abominations and Misery; that so distrusting my own Forces, and confiding in thy gracious Help and Favour, I may at length fight more manfully, and gain the Victory over my Enemies, O my only Redeemer and Saviour Jesus Christ, who, with the Father and the Holy Ghost, livest and reignest, one God, for ever. *Amen.*

A TABLE to help our Memory, when we prepare ourselves for Confession.

Of the Ten Commandments.

Sins against the first Commandment.

GIVEN to any Creature the Honour due only to God.

Not loved God above all Things.

Doubted in matters of Faith.

Be...

en ignorant of the Creed, the Ten Commandments,
or Precepts of the Chorch.

urmured against God.

anted confidence in God.

esumed on his Goodness.

fferred my Conversion to God.

elieved Dreams, or Tellers of Fortunes.

one to Witches or Cunning Men for Counsel, or

for the Recovery of Things lost.

ed Charms or superstitious Words or Actions, for

the Cure of Diseases, or finding out Things to

come, &c.

even any Succour or Favour to Heresy.

ndred any one's Conversion from Heresy or Schism.

ayed seldom, or with wilful Distractions.

II. Commandment.

AKEN the Name of God in vain.

Blasphemed God or his Saints.

oken irreverently of holy Things, or prophaned
any Thing relating to Religion.

worn falsely, rashly, or in slight and trivial Mat-
ters.

ursed myself, or others, or any Creature.

oken my Vows.

gered others, so far as to make them swear, or
blaspheme God.

III. Commandment.

NOT kept holy the Lord's Day, and other Days
commanded to be kept holy.

ught or sold Things without Necessity on that
Day. Done

Be

Done or commanded some servile Work, not of necessity.

Not heard Mass, or been willingly distracted in Time of Mass.

Talked, gazed, or laughed in the Church.

Not cared to hear Catholick Sermons.

Spent the Day in Dancing, Drinking, Dice Carding, &c.

IV. Commandment.

NOT honoured my Parents and Superiors.

Despised them, or been ashamed of them.

Spoke Evil of them.

Curst them, or provoked them to swear or curse.

Not prayed for them.

Deceived or wronged them.

Disobeyed them.

Not succoured my Parents.

Made them sad by my undutiful Behaviour.

Here also Parents and other Superiors are to examine themselves, whether they have taken due Care of their Children or Inferiors.

V. Commandment.

Procured, desired, or hastened the Death of others or my own.

Made Women miscarry.

Borne Hatred or Malice to any one.

Desired Revenge.

Not forgiven.

Refused to speak to others.

rk, not of M
distracted in

Given provoking Language.
Threatened, or struck others not under my Charge.
Made others fall out.

VI. Commandment.

urch.

Committed Adultery, Fornication, Incest, &c.
Caused Pollution in myself or others.

inking, Dic

Used immodest Words, Looks, or Gestures.

uperiors.
ed of them.

Lacivious Dressing, or such as might provoke others to Lust.

Kept lewd Company, gone to immodest Plays, lacivious Balls, or Revellings.

Dishonest Books.

Unchaste Songs.

wear or curse

Kissing, or unchaste Discourses.

Taken Pleasure in touching myself, or others, unchastly.

aviour.

Shewed my Skin, or any naked Part of my Body, to intice others.

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Kept immodest Pictures, or looked at immodest Objects.

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Married Persons ought here to examine themselves, whether they have not abused the Liberty of their State by any Action against Nature or Pollutions.

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Death of oth

VII. Commandment.

STEALTH.

Cozenage.

Deceit in Buying or Selling, Reckoning, or Gaming.

in the Wares, Prices, Weights or Measures.

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Bought

Bought of such as could not sell.

Taken of such as could not give.

Wilfully damaged another's Goods.

Negligently spoiled them.

Run carelessly into Debt, beyond my Power, or without Purpose of Payment.

Neglect to pay my Debts.

Vexed others by unjust Law-suits.

Not fulfilled my Promises.

Kept that which ought to be restored.

VIII. Commandment.

BORNE false Witness, or told Lyes.

Called one by injurious Names.

Discovered another's secret Sins.

Defamed or lessened the Reputation of others.

Rashly believed evil Reports of them.

Not defended their Reputations.

Sowed Discord between others.

Opened others Letters.

Judged rashly and without Grounds.

Listened to others Talk to an evil End.

Concealed a Truth, to the Detriment of another.

IX. Commandment.

INWARD Concupiscences of the Flesh, that pass no farther than the Mind; as desiring, or willingly taking Pleasure in thinking of immoderate Things.

Taken Pleasure in, or not resisted, irregular Motions and Lusts of the Body.

X. Com

A Table of Sins.

X. Commandment.

COVETED wrongfully any Thing that belongs to another.

Not been content with what God hath given me.
Been greedy of the Goods of this World.

Of the Seven Deadly Sins.

I. Pride.

PRIDE, that is, Self-esteem, Self-conceit, being puffed up within one's Self.

Vain-glory, or seeking to be esteemed by others.

Presumption of one's Self, and Disdain or Contempt of others.

Hypocrisy.

Obstinacy in one's own Opinion.

II. Covetousness.

COVETOUSNESS.

Wordly Solitude.

Want of Pity.

Not given Alms, having wherewith.

Not lent to those in Need.

Not been contented with my own Estate.

III. Luxury, or Lust.

OF the Sins of Luxury, see the sixth Commandment.

IV. Anger.

ANGER, or Passion.

Impatience, or Fretfulness.

Rage, or Fury,

Picking of Quarrels.

Imoderate Grieving.

Severe Correcting.

V. Gluttony.

GLUTTONY, *or Excess in Eating.**Drunkennes, Intemperance.**Eating more than one Meal on Fasting-days.**Eating Flesh on prohibited Days.**Banquetted and feasted above my Ability.*

VI. Envy.

ENVY.*Grieved at another's Prosperity, or to hear them well spoken of.**Rejoiced at their Hurt.**Dispraised their Merchandize.**Interpreted their Doings, or Sayings, in the Worst Sense.*

VII. Sloth.

SLOTH.*Indevotion.**Idleness, or Laziness.**Overmuch seeking my own Ease.**Been inconstant in good Purposes.**Neglected Things given me in Charge.**Been ungrateful to God for his Benefits.**Unthankful to my Friends and Benefactors.**Chosen rather to want, than to work or labour for my Living.**Not prayed for the Living and the Dead.***I**N all which we may not only sin ourselves, but also be accessory to another's Sin, either by commanding, counselling, consenting to, or approving; by not endeavouring to hinder, by not admonishing, and, lastly, by evil Example.

The Form and Manner of Confession.

First make the Sign of the Cross; then say,

Pray Father give me your Blessing.

After this say the *Confiteor*, &c. to *mea culpa*,
through my Fault, &c.

Then say,

I Confess to Almighty God, and to you my
Ghostly Father, that since my last Confession
(*which was so long ago*) I have divers Ways of-
fended Almighty God.

*Here accuse yourself of all the Sins which you can
well call to Mind, according to the Order of God's
Commandments; specifying, as near as you can, the
Number of Times which you have been guilty of each
Sin. Then, by Way of Conclusion, say,*

For all these, and whatever else I cannot at
this present call to Mind, I ask Pardon of Al-
mighty God, and Penance and Absolution of you
my Ghostly Father.

*Make an end, saying, Ideo precor, &c. or
Therefore I beseech, &c.*

A Prayer at the Receiving Absolution.

O Merciful God, as at the Words of the An-
gel the Chains fell off from the Feet of St.
Peter, and he immediately was restored to Liber-
ty; so grant that, by the Words of this holy Sa-
crament, pronounced by the Priest, the Chains
of my Sins may be loosed, and all my Offences
pardoned. *Amen.*

Jesus, Son of *David*, have Mercy on me.

Thou, who sufferedst for me, have Mercy on me.

God be merciful to me a Sinner.

Prayers after Confession.

O God of Mercy and Pity, having now, through thy gracious Goodness, disburdened my Conscience of the Guilt wherewith it was oppressed, and, in the humblest Manner I was able, discovered all the Sins I could possibly think of to thy Minister, my Ghostly Father: I most humbly beseech thee to accept this Confession, and forgive me all my Trespasses, as well such as I forgot, as those which I remembered.

Grant me Grace, O Lord, to live more carefully and diligently hereafter, and to abstain from my former Follies, which I utterly detest, firmly purposing, through thy Grace, never any more to offend in them; especially, O my merciful and most bountiful Saviour, give me Grace to withstand those Temptations wherewith I am most grievously infested, [*here they are to be mentioned*] as also to avoid all the Occasions of offending thee for the future.

The just Man falls seven Times a Day, much more then shall I fall, O my Lord, having, thro' my own Frailty and vicious Customs, increased the Wickedness and Blindness which I received from my Forefather *Adam*; yet, Lord, as I hope and purpose firmly, by thy merciful Favour, to refrain from consenting to any mortal Sin, (from which

which I most humbly beg of thee to preserve me whilst I live) so will I by thy Goodness continually strive against my venial Sins and Imperfections; which that I may the better perform, grant me Grace, my sweet Saviour Jesus Christ, to persevere in examining my Conscience every Night more diligently than other, according to the Instructions it hath pleased thee to impart unto me by thy Servant, and every Morning so happily to begin the Day, by offering the First-fruits of all my Actions, that the rest of it may always be employed to thy Glory.

As for the Penance enjoined me, and not yet performed, I humbly beseech thy Assistance, both in the perfect Remembering and diligent Executing of it, till, by thus daily endeavouring, through thy Grace, to amend my Life, I become at last a true Penitent; and so, through the Merits of thy bitter Passion, obtain full Forgiveness of my Sins in this World, and in the other everlasting Life. Grant this, O my Lord and Saviour Jesus Christ, who, with God the Father and the Holy Ghost, livest and reignest World without End. *Amen.*

I beseech thee, O Lord, let this my Confession be acceptable to thee, by the Intercession of the blessed Virgin *Mary*, thy holy Mother, and of all the Saints; and vouchsafe, out of thy infinite Goodness and Mercy, to supply whatever has been defective in this or any other of my Confessions, that thou mayst fully ratify in Heaven that

that Absolution which has been here pronounced on Earth; who livest and reignest for ever. *Amen.*

Prayers before receiving the blessed Sacrament.

O My Lord and Saviour Jesus Christ, I most firmly believe, that thou, true God and true Man, art really present in this most blessed Sacrament; I believe that it contains thy Body and Blood, accompanied with thy Soul and Divinity. I acknowledge these Truths, I believe these Wonders, I adore thy Power which has wrought them, and I praise thy infinite Goodness, which has prepared them for me. But who am I, O sovereign Majesty, that thou shouldst vouchsafe to come to me! Or how shall I dare presume to approach to thee? Thou art the King of Kings, the Lord and Maker of Heaven and Earth, and I am a poor Worm of the Earth. Thou art the Saint of Saints, Purity and Holiness itself; and I am a wretched unclean miserable Sinner, the very Filth of Sin. O Lord, I confess my great unworthiness, which thou best knowest; but still my whole Confidence is in thy infinite Goodness: I am terrified at those Words of thy Apostle, that *He, who eats and drinks unworthily, eats and drinks Judgment to himself.* But then I am encouraged again with that merciful Invitation, *Come to me all you that labour and are heavy burthened, and I will refresh you.* To thee therefore I come, dear Lord, trusting in thy divine Clemency, that thou wilt pardon all my Iniquities, heal all my Infirmities, and from this

Time forward take full Possession of my Soul. My only Intention in coming to thee is, that I may comply with thy holy Will and divine Institution; that I may commemorate thy Death and Passion; and that, by receiving thee in these sacred Mysteries, I may be happily united to thee; that so, as thou hast promised, I may be in thee and thou in me. Lord, thou knowest how unable I am of myself to prepare my Soul for so great a Favour; be thou pleased therefore to prepare me by thy Grace. Cast out of my Soul all that Filth of Sin, which thou discoverest there; and rekindle in my Heart the sacred Fire of thy Love. Remember, Lord, that thou hast said, *I am come to cast Fire upon the Earth, and what do I desire but that it should be enkindled.* I earnestly beg that this divine Flame may take hold of my Soul. O give me Grace from this Moment to love thee for ever. *Amen.*

Profession of the Catholick Faith, extracted out of the Council of Trent by Pope Pius IV.

I believe and profess with a firm Faith all that is contained in the Symbol of Faith which is used in the holy Roman Church, *viz.*

I believe in one God the Father Almighty, Maker of Heaven and Earth, and of all things visible and invisible; and in one Lord Jesus Christ, the only begotten Son of God, and born of the Father before all Ages; God of God, Light of Light, true God of true God, begotten, not made,

made, consubstantial to the Father, by whom all things were made; who for us Men, and for our Salvation, came down from Heaven, and was incarnate by the Holy Ghost of the Virgin Mary AND WAS MADE MAN, was crucified also for us under *Pontius Pilate*, suffered, and was buried, and rose again the third Day according to the Scriptures, and ascended into Heaven, sits at the Right Hand of the Father, and will come again with Glory to judge the Living and the Dead, whose Kingdom there will be no End: And the Holy Ghost the Lord and Life-giver, who proceeds from the Father and the Son: Who together with the Father and the Son is ador'd and glorified, who spoke by the Prophets. And of the holy Catholic and Apostolic Church. I confess one Baptism for the Remission of Sins, and I expect the Resurrection of the Body, and the Life of the World to come. *Amen.*

I most firmly admit and embrace Apostolical and Ecclesiastical Traditions, and all other Constitutions and Observations of the same Church.

I also admit the sacred Scriptures according to the Sense which the holy Mother Church holds and does hold, to whom it belongs to judge of the true Sense and Interpretation of the holy Scriptures, nor will I ever take and interpret them otherwise than according to the unanimous Consent of the Fathers.

I profess also that there are truly and properly seven Sacraments of the new Law, instituted

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Jesus Christ our Lord, and for the Salvation of
Mankind, tho' all are not necessary for every one;
viz. Baptism, Confirmation, Eucharist, Penance,
extreme Unction, Order, and Matrimony, and
that they confer Grace; and of these Baptism,
Confirmation, and Order cannot be reiterated
without Sacrilege.

I also receive and admit the Ceremonies of the
Catholic Church, receiv'd and approv'd in the so-
lemn Administration of the above said Sacrament.

I receive and embrace all and every one of the
things which have been defin'd and declar'd in
the holy Council of *Trent*, concerning original
Sin and Justification.

I profess likewise that in the Mass is offered to
God a true, proper, and propitiary Sacrifice for
the Living and the Dead; and that in the Sacra-
ment of the Eucharist there is truly, really and sub-
stantially the Body and Blood, together with the
Soul and Divinity of our Lord Jesus Christ, and
that there is made a Conversion of the whole
Substance of the Bread into the Body, and of the
whole Substance of the Wine into the Blood;
which Conversion the Catholic Church calls
Transubstantiation.

I confess also that under either Kind alone,
the whole and entire Christ, and a true Sacrament is
receiv'd.

I constantly hold that there is a Purgatory, and
that the Souls detained there are helped by the
Prayers of the Faithful.

I likewise that the Saints reigning together with

Christ are to be honoured and invocated, that they offer Prayers to God for us, and that their Relics are to be venerated.

I most firmly assert that the Images of Christ, and of the Mother of God ever Virgin, and also of the other Saints are to be had and retained, and that due Honour and Veneration is to be given to them.

I also affirm that the Power of Indulgences was left by Christ in the Church, and that the Use of them is most wholesome to Christian People.

I acknowledge the holy Catholic, and Apostolic *Roman* Church, the Mother and Mistress of all Churches; and I promise and swear true Obedience to the *Roman* Bishop, the Successor of *St. Peter* Prince of the Apostles and Vicar of Jesus Christ.

I also profess and undoubtedly receive all other Things deliver'd, defin'd and declar'd by the sacred Canons and General Councils, and particularly by the holy Council of *Trent*; and likewise I also condemn, reject and anathematize all Things contrary thereto, and all Heresies whatsoever condemn'd, rejected, and anathematiz'd by the Church.

This true Catholic Faith out of which none can be sav'd, which I now freely profess and truly hold, I *N.* promise, vow and swear me constantly to hold and profess the same whole and entire, with God's Assistance, to the End of my Life. *Amen.*

J. McK.

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