## The

MILDMAY ONTARIO THU
f. A. JOHNSTON Publither


## The Automobile



CROSS-WORD P ZZZZLE


SUGGESTIONS FOR SOLVING CROSS-WORD PUZZLE




## I. H.S.

Why must we hedige and screen and
bind
To separate Thee from Mankind?
Thou, whom sad stnners made their
How cown
own they reach Thee on a
On Calvary Thy tortured brow
No halo wore, nor needs one now, O stimplehearted, warry-eyed,
We love Theo more undeifled

- Mlldred W . s $\frac{\text {-Mllared w. stllman. }}{\text { Consclentious. }}$
The plumber worked and the helper
stood Took'ting on. This was hls first


## "Say, he inquired, "do you charge for my then". "Certainly, you tdiot," came the re-

ply "But I haven't done anything.",
The plumber, to flli in the hour, tad
been looking long at the finished tob
been looking long at the frished job
with a cilihhted cande.. Handing the
two inches of it that were still unnurn.
ed to the helper, he sald wiltheringly:
"Here .f you've goto bo bo dared
conscientious, blow that out!"
conscientious, blow that out!"
Did He Need a Sea Voyage?
A doctor was examining a man who A doctor was examuning a man who
had ocme to him for the frist time
Satisfied at iast, tho doctor rokted at

| lim gravely. in bed shape," he sald. |
| :--- |
| "You are |
| "What you need is a sea voyaze. Can |
| you manage ft?" | "Oh, yes," replied the patient. "r'm

second mate on the A Anna Marie, Just
in from Hong-kong.
in from Hong-kong.
Flea and its Food.


From the Sea Bottom. Some surprising things come out of
the seat, for it is rich not only in fishes,
but in wors or art.
Remarkable treasures Remarkable treasures have been
dredged from the bed of the Bay of
Naples, and only a few monthe Naplos, and only a few months ago a
diver silithod a drowned city off the
North Africean coast. Now some North Africican cosst. Now some poor
Greek fishermenu at Marathon have
raised a beautiful bronze statue whth wae lying twenty fathoms under th
sea. sea.
Experts say it is a charming figure
of booy, and belongs to the beat period
of Greek art


 sea,
As ner hife than skies and
I know thatch you soaring overhoad,
bred of waters you were And yet I, too, am kindred of all these;
I mark your whinss that are so lightly
spread Upward and onward in a fluent ease-
Are you the
and teort of of wids that

 south on heigh,
Unheeding voices blown
-Sally Bruce Kinsolving
To Detect Fraud in Oxide.

SECRETS OF THE
HUMAN SKIN
Most persons bathe from hatit or for
the comfort or pleasure they get from
 It, and comparatively fow know tho
relationshint that oxtess botweon bath
Ing and porsonal health, sald Dr. Mat-
In thlias Nitooll in a recent address.
The skin, in relation to being a pro toctive covering riation to to being a pro
gulating organ or outre the the body. When in gulating organ of the body. When in
healtth the temperature of the human
body remans pratcilly the sam tin
teat or cold, In summer or in winter
 sewz himselif into many garments. The
skin through tis pores and the meny
 of supplied automattcally

A person runs, or is out in the hoo
sun. Heat of the body follows. network of ilttle nerves reports the act to the ekikn. Its mesh of capillary
lood vessels dilates. water oozes out
 body temperature.
At another ume se same person sitt
 atees some of tits heat into the surround.
ing atmosphere, and were it not or the
heatresulating power of the skin his
 nerves report the fact to the ekin, and
the smâl blood-vessels there begin to
contract so that less blood is at the contract so that less blood is at the
surface to be ccoled. The nerves also surface to be coled. The nerves also
report to the muscles, and they begin
to tremble and shiver.
This causes to tremblo and shliver. This causes
the productlon of more heat.
if the pores of the skin are complete. ly stopped up (as they were in an hhe
toricoal case of $a$ child whose body was oovered with gilt patnt), the person
will die within ashort thme, due to in.
terference with the theat-regulation
 tinually, "generally Insensibly. One
notes it partucularly th he wears a rub-
ber coat, or when heavy shoes or goloshes are wornt for heavy fhnoes or his coll
ing or his stocking wet or damp.
Keeping Clean and Fit.
So we bathe (1) to remove the re (2) to keep the ponsese operspiration; and (3)
oproduce a defnite environement to produce a definite onvironment tem-
perature for our comfort ant bath
to add warmth to the body or a a cold

 Thie smaller the boty. the greater re-
ativelt is titr ratiating auracee. So we
protect the tiny infant from So protect the tina tinfant trom contact
with a to olow temperature or trom
raughts, which very
 arature much below that of his body. ortion often fersons who make little ex.
 athlote, however, takes his cold healthy fody, and thus strives to be clean and
There is no genaral There is no general rule fcr bathing.
Society. howere, demands that its. sense of smell shail not be offended dy,
the dried resilue of persppratlon, other wise the person crippting withon, ofspler
Hicn might merely rub himisal? dry.



 | minated with hace river Crossing cul alt aklavik in |
| :--- |

 raveled about 2,000 milles over west.
ern Canala's great inlend waterwas. The above map shows his routerways.
the Peace, slave and Mackenzle river.

## Natural Resources Bulletin.

The Natural Resources Intelligence
Serviceo of the Dept. of the Interior.
at Ottawa says One wonders ss Che railway, what becomes ofs aill the
oid railway ties that the section the are constantly taling the section gange ing with new ones. Occasionelly
fire is oent, when these old ties ar
being burned but the of them burned, but the greater portion
for firewood. It it the thatway men tity of thenese ties the howormous, quan-
required to keep the railway
proper are proper condititon, beceausway wines in
heavy trains ond the high spoed with the roadbed be kept up to maximum ply of ties is one of the nocessary sup
which the $r$ proms with it is a very sailways have to denal, and
figitid speciinspection in provided, and a careful
militions of ties used ary. When the sidered, and that each tie has its proportion of the load to carry, hte nee-
esity for this inspection is apparegures are avali:abie, there were 14 These, converted into thoir equiva:ent
f standing tim 60 cubic feet, with a value of $\$ 13$,
28,5 Raiiway ties vary in length from
to 9 reet, with a thickness of from to 9 feet, with a thickness of from
to 7 inches and a width on top of
rom 7 to 10 inches whit in grade according to the purposes fo
inhich they are to bo Which they araring to to the purpose for
the ties are sewed or seme of hewed one of bottom and sides, while otherra are
sawed or hewed on top and bottom During recent years the Canadian
railways have undertaken preserva-
 Canada for this purpose, many mout
ions being thus treated annually. It is claimed that the elife of of the ties. is is
doubled by this preservative treat
 prices now being paid for ties are a
heavy harge angainst operation. The
engthening of the furthermore, reduces the cost of
changing them in the roabed, and
will aisorecuce the supply of old ties
availabie for firewood.

| Kew Gardens, London's famous hor- |
| :---: |
| ticu:tural |
| Mritish demand for Amerticat. |



WHERE NOTHNE WEARS OUT
The English Farmer's Tools and Buildings Havéa Marvelcus Durability.

## The arsst impreesion on viewing Eng





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| STORIES OF WELL KNOWN PEOPLE |  |
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| A "Royal" Guard.For more than twenty-five years Mr . |  |
|  |  |
|  |  |
|  |  |
| He once told this story. The late Czar of Russia was evidently a timer |  |
| ous revelier tor the monacre gavo or- |  |
|  |  |
|  |  |
| quence the train stopped at the sta- tion. Rushing along the platform to |  |
| find out what was th matter, Guard Rose was informed that the train was going too fast and that it made the Czar feel nervous. Czar feel nervouş. |  |
|  |  |
|  |  |
|  | NIMEN [] |
|  |  |



Cuticura Baths Comfort Baby's Skin



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EARM BOYS! YOUR OPPORTUNTTY
 Nom no

ju. D .
LDS, M.A.
ontario
M. PORTER, B.s.A.


anna
 5


Wants OtherWomentoKnow About Lydia E. Pinkham' Vegetable Compound

Say "Bayer"- Insist! Unless you see the "Bayer
Cross" on tablets you are not getting the genuine Bayer prod-
uct proved safe by millions and uct proved safe by millions and
prescribed by physicians for 25 Safe $\frac{\text { Accept only }{ }^{\text {a }}}{\text { Bayer package }}$ Which contains proven directions
Handy "Bayer" boxes of 12 tablete
Also bottes of 24 and $100-$ Drugk


## 

See That This Label
is on Your Fox Wire




HOLMAN'S Summerala Onario sate A.E.inian manis sine Amin

DriT, A. Oaripenter Plysician and sur
MILDMAY


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tended to.

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Newest Methods. Lenses, assurin
We Grind the

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## Doctor-How do you manage stand the high cost of living? Surgeon-By cutting someth

## Fall Term Opens

## C)NORTHERN I Offige



| N, Pu |
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|  |
| there is no guess-work <br> It costs you nothing to let us examine your eyes. |
| If you are suffering from head aches, painin back of eyes, or zy easily. Something is ethe mater with yout yes. We fit Priases Prices Moderate. |
| C. A. FOX $\underset{\substack{\text { wgilig } \\ \text { OPTICLAN }}}{\text { Walkerton }}$ |
| N. r. Timf fable |
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| Stead of \$20, and that merchandies |
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For when he got a kissing craze
He didn't eat a ton of paint!
. . . .
$\mathrm{X}-$ Who wolld $y$ you rather be if
you were not yourself?
Y ? Y-The mat yurs wif? was going
to marry if she hadnt married me
Mother-You havent touched the
 Habsa-Dont object to my sing.
ing.
volf wolf from the door.
Whers olt sure will, if the wo
hears it.


 replied the docor. "And what is he he
now?" asked the inuuisitive pill o


## In the Tea Cup "SALADA"  <br> is revealed. The flavor is pure

 fresh and rragirant. Try it Black, Mized or Green Blends.
Plints That Are Pests. -

The Right Vetdict
by francis morton howard


 and



 con



THE QUESTION OF FLOORS











 The lamar of staining a floor is not it it carpeted room. 7 To get rid of this this


 TV

## CLIPS ${ }^{\circ}$ <br> FASHIONS <br> Exclusive Pattens

##  

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Totabice cion plain meas and com




Villian Kitchen Vassalage.
















Some Summer Helps.



## george f. Lump

## 



 see that grew near the barn and he d he He ind fourteen now, a senior in High
said, 'Now you have both been good Shoo, has just been elected Class
boys and I mm going to give you the Hist ry hat
 opes to Jackie and he gave- let mo come from this practise of which I
see, three and two are five -he gave have spoken. The daily confidential
he other two apples to Tommie.,






EVOLUTION OF A FROG

## by M. b. WALDRON

## 



$\qquad$

 11 him with food, goo could watch him. he opens his he is chi th ing gl See how
"He is only swallowing gasps."
"eoe hoo
 distended, and so has to to his work very
hard in keeping them filled with air.
Should anything hood his mouth A frog absorbs some astr. through
his skin, however, and he had the
faculty of imbibing he faculty of imbibing and he had the
wantlty of
want through his skin, quant in of
ont his whole

(
 e, "Yes; his tongue is a wonderful, in-
strumpet. Ho site perfectly quiet, and
He poor ants never suspect anything we until they ants never suspect anything
struggling on the tip of of
his tongue. When he is through his
 a frog has teeth, but he has eighty of
them; but no one knows what they are
tor, as the frog does not hew his
food, and the teeth are in an undo-
"You are mistaken Daisy, in thinkh long period without food or aide It
It
has been proven by vert thorough ex-
periments, that when all supplies were cut off they would die. found in very curious, places, been
there must have
for air and moisture, some small way
to mere tiny insect o to reach them, or the they could not not pos-
sion have existed for the length of
time they are said to have done. "Under favorable circumstances,
frogs have been known to reach the
comfortable think is quite longe enough for ar a frog
it live. I must tell you what a funny
thing used to be don "The people in those places had
great faith in the healing properties
the frog, and
 a live frog, andhotiding it by procure
legs, thrust it, struggling
ing, into the baby's mouth."
and squirm$\left\lvert\, \begin{aligned} & \text { easier to prepare. Then come the cup } \\ & \text { cakes, asch wrapped in oil paper, and } \\ & \text { above these the send }\end{aligned}\right.$ above these the sandwiches paper, and
or nut sand meat
lettuce filling and and two with salad or Celtuce fling and two sweet sand
witches. These ane also wrapped sep
arately Sometimes sol
are added. Ales or
 metal or paper drinking cups and
paper napkins finish off the top.
Boiling a couple Boiling a couple of eggs at break
fast-time and saving a bit of meat and
aphid for bad from the Saturday dinner ha
become a habit, the girls declare ha
Thing a Things are taken from the br.
used as
flies and thing is spread out to attract shoes often they take balls, horse games and other meantests. Supper partying
are chosen by lot. Sumy are chosen by lot. Once the matron
secretly numbered the girls, including
herseif among them, and tossed a bail herself among them, and tossed a ball
into the air
|he ball the first than man who caught h super with
the girl who was number one, and At another time partners were
chosen by matching strings d differ-
emt lengtiks. Some were short chosen by matching stringers wo r defer
cent lengtive. Some were short, some
long, and the rest in between, but long, and the rest in between, but
two ling the in each case watched.
Try the picnic bag for small or large groups, for the club picicnic or
the
J. T.


Do you intend to do any Roofing this fall．＇If so，investigate the merits of－
Brantford Arro－Lock Slate Shingles

Arro－Locks save you money
－because Arro－locks endure against wind and weather－
storms cannot bulge the tough，strong locked shingles． proof against rain and frost．
－because Arro－locks are fire resisting－each slate is saturated through and through with best asphalt and thickly surfaced with
fire－resisting crushed slate． －because Arro－locks cost less to buy，less to lay and nothing
for repairs．
$\qquad$
$\qquad$ mellow－toned red and green colors．
－because Arro－locks can be laid right over the old wood shing－ les－saving yo
and garden． distributors for mildmay

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A Perfect Recovery and greater ease and earning power can be secured with THOMSONS RENOWN ED RUPTURE CURE
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Try this remedy NOW．Our specialist will give free advici
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Ask For Mr．Thompson．
Consultations Private
THOMPSON，HUYCK CO．，Napanee，Ont


## ， <br> 辟

## 



 Helwig Bros．Weekly Store News
＂AUGUST CLEARING＂

Specials for This Week



WON SILVER MEDAL Miss Grace Scott，daunhter
$\begin{gathered}\text { Geo．Seott，or of Carrick，has } \\ \text { awarded a silver medal by the }\end{gathered}$
and
scorin
of an
inclu

## taken fif tary the trudimen

SCAOGLS COMMENCE SEPT Exactly two weks from last Mon－
day school vacation will come to


## During the month of Aug $\begin{aligned} & \text { young peoppe must decide the } \\ & \text { mentous question as to whether } \\ & \text { not the }\end{aligned}$

喑豆

## Summer Dress Material

| PrintedVoile | Silk and Wool Crepe |
| :---: | :---: |
| Voile and Ratine Mixed |  |
| Silk Check Ginghams | Prinited Silk Crepe |
| these materials are mostly in dress lengths and are all this season＇s GOODS．REGULAR VALUES $\mathbf{\$ 1 . 0 0}$ to $\mathbf{\$ 2 . 0 0}$ ． |  |
| PRICE TO C＇EAR ．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．． 48 4c per yard |  |
| Boys Cotton Jerseys | Sweater Coats |
| Boys lorg sleeve cotton Jersey，colors，Navy， Cerdinal，Khaki and Cardinal．Sizes 22 to 32. CLEAR AT ．．．．．．．．．．．．．．．．．．．．．．．．．．．．．．． | Pure Wool Coats for men．Just the thin cool evenings． Brown Heather． <br> PRICE |

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