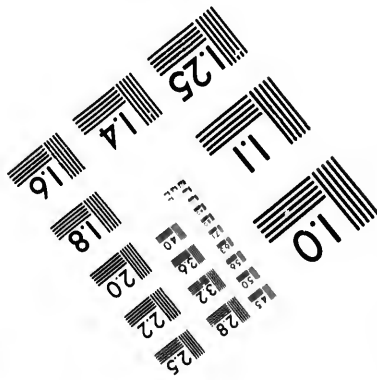
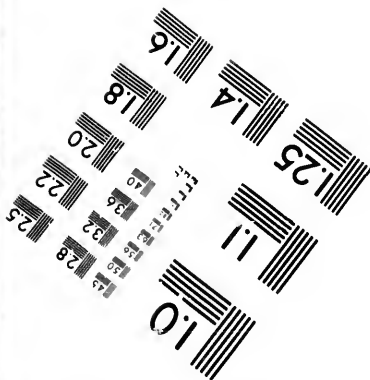
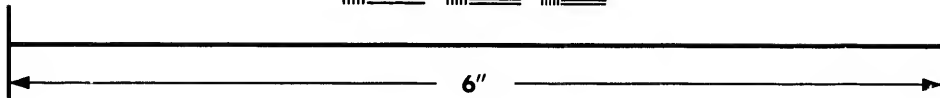
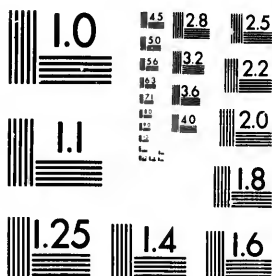


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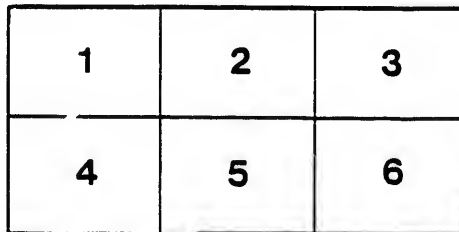
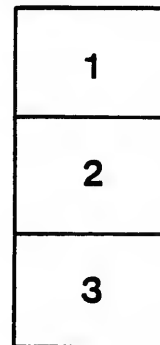
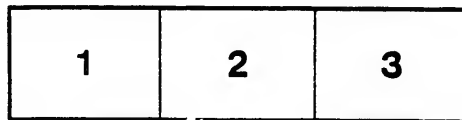
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BRIEF DEVOTIONS

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FOR THE

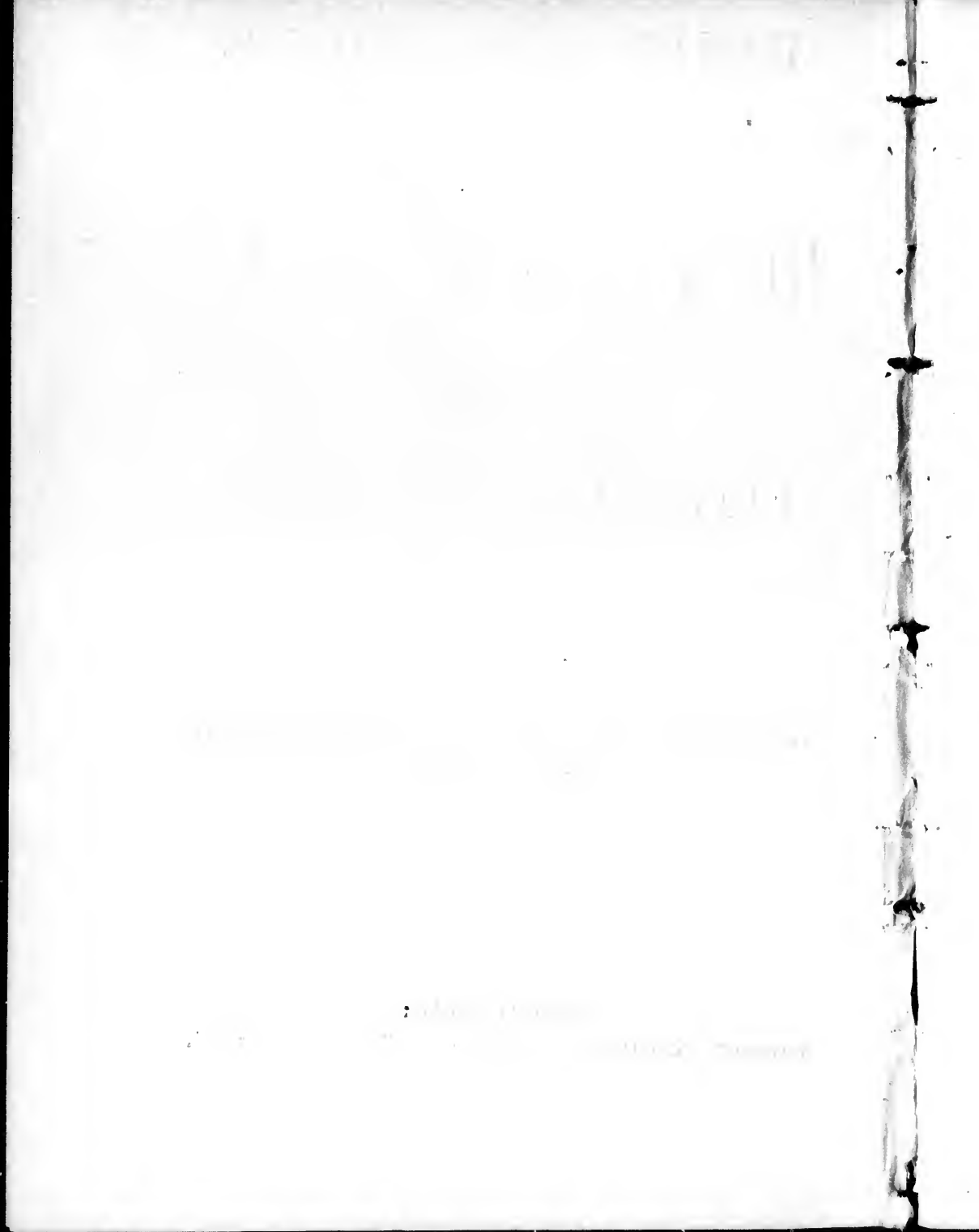
HOLY COMMUNION:

INTENDED ESPECIALLY

FOR BUSY PEOPLE.

COMPILED BY A PRIEST OF THE DIOCESE
OF TORONTO.

TORONTO:
PRINTED AT THE LEADER OFFICE, 63 KING ST. EAST.
1873.



BRIEF DEVOTIONS
FOR THE
HOLY COMMUNION.

For those who have but little leisure for devotion in approaching the Holy Communion, the following brief helps are intended. May the God of all grace bless them to as many as shall use them !

CONSIDER:

I. THE NATURE OF THIS SACRAMENT.

It is the Body and Blood of Christ.—St. Matt. xxvi, 26—28.

II. THE USE OF IT.

1. *As a Communion.*—Acts ii, 42 ; 1 Cor. x, 16.
2. *As a Sacrifice.*—1 Cor. xi, 26.

III. THE BENEFITS OF IT.

It is the Food of our Spiritual Life.—St. John vi, 53.

IV. THE PERIL OF IT.

Lest we eat and drink unworthily.—1 Cor. xi, 27.

V. THE PREPARATION FOR IT.

1. *In self examination.*—1 Cor. xi, 28.
2. *In confession and prayer for divine forgiveness.*—Psalm xxvi, 6.
3. *In Devotion.*—Psalm cxvi, 13.

All devout Christians know that the greatest assistance in leading a holy life is the continual worthy reception of the Holy Communion; and all must feel that a holy life is the only *sure* preparation for a happy death.

Our wisdom, then, is to prepare for each reception of the Holy Communion, as if it were to be our last; for he who is duly prepared for that, is alone prepared for death; but he who is unprepared to meet Jesus in the Sacrament must be equally unready to meet Jesus as the Judge.

Our Church, with motherly care, has not left us in ignorance of what makes a true preparation. This is how she instructs us to make ready for the Heavenly Feast:—

“The way and means thereto is; First to examine your lives and conversations by the rule of God’s commandments; and whereinsoever ye shall perceive yourselves to have offended, either by will, word, or deed, there to bewail your own sinfulness, and to confess yourselves to Almighty God, with full purpose of amendment of life. And if ye shall perceive your offences to be such as are not only against God, but also against your neighbours; then ye shall reconcile yourselves unto them; being ready to make restitution and satisfaction, according to the utmost of your powers, for all injuries and wrings done by you to any other; and being likewise ready to forgive others that have offended you, as ye would have forgiveness of your offences at God’s hand: for otherwise the receiving of the holy Communion doth nothing else but increase your damnation,”

“And because it is requisite, that no man should come to the holy Communion, but with a full trust in God’s mercy, and with a quiet conscience; therefore, if there be any of you, who, by this means, cannot quiet his own conscience herein, but requireth further comfort or counsel, let him come to me, or to some other discreet and learned Minister of God’s word, and open his grief; that by the ministry of God’s holy word he may receive the benefit of absolution, together with ghostly counsel and advice, to the quieting of his conscience, and avoiding of all scruple and doubtfulness.”

“The rule of God’s commandments” by which we are to examine ourselves is briefly contained in the Ten Commandments, always recited in the Communion office. We should judge ourselves by this rule as explained in

the Sermon on the Mount, and the rest of the New Testament.

This examination of ourselves should be performed most strictly, and with earnest prayer :— many books are published which will help you in this. Ask your Clergyman to procure you one, and also to teach you, if necessary, how to use it properly.

BEFORE SELF-EXAMINATION.

O Lord God, who lighteneth every man that cometh into the world, let the light of Thy grace shine into my heart, that I may fully know my shortcomings and my sins, make my examination of myself to be earnest and real. Grant that I may not try to excuse myself, or make light of my faults : For Jesus' Sake.—*Amen.*

A short Form of Examination in the three Classes of TEMPTATIONS.

Gen. III., 5, 6 ; St. Luke IV., 1—13 ; 1 Thess. V., 23.

I. SUGGESTED BY THE DEVIL TO YOUR SPIRIT.—St. Luke x, 18 ; St. John viii, 44 ; 1 Tim. iii, 6.

Pride, or trying to do without God, in work, pleasure, or worship.

Profaneness, such as swearing.

Conceit, or self esteem.

Vanity, or love of esteem of others.

Anger, or cruelty.

Envy, or desire to rob others.

Disobedience to those whom God hath set over you.

Rudeness, or flattery.

Lying or Hypocrisy, or any kind of deceit.

II. OFFERED BY THE WORLD TO YOUR MIND.—1 St. John ii, 15—17.

Stealing money, food, clothing, or any property of others.

Cheating, or taking unfair advantage.

Covetousness, or discontent.

Meanness, or grudging what is due to God or man.

Ambition, or pushing eagerly for wealth, honour or influence.

Ostentation, or love of show, dress, furniture, &c.

III. EXCITED BY THE FLESH FROM WITHIN YOUR BODY.—
St. Mark vii, 14—23; Gal. v, 19, 21.

Uncleanness in thought, word, or deed.

Immodesty, or lightness in manner.

Gluttony, by eating too much, or too delicately.

Drunkenness, or the abuse of any kind of stimulant.

Sloth, by lying in bed, or indulging in luxury, languor, &c.

Idleness, by not doing your work regularly, or not saying your prayers properly.

During self examination if thy conscience answers 'Not Guilty' to any question, say,

Not unto me, O Lord, but unto Thy Name be **the praise** for Thy loving mercy and for Thy truth's sake.

But if conscience answers 'Guilty,' say,

God be merciful to me, a sinner.

After Examination.

O MY FATHER, I am really sorry for having offended Thee by these my sins. I will show my sorrow by my future holy life. Pardon in me any want

of sincerity; pardon my coldness, and give me real earnestness, real love, which will make me serve Thee better. This, my Father, is my humble petition; my greatest longing. Hear me and answer me, for Jesus' sake. Amen.

ALMIGHTY AND EVERLASTING GOD, who hatest nothing that Thou hast made, and dost forgive the sins of all them that are penitent; create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of Thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

COME, HOLY GHOST, Thou who dost convince the world of sin, of righteousness, and of judgment, come and lead me, a sinner, into the paths of righteousness, so that judging myself I may not be judged. Lead me in the paths of repentance and amendment of life.

Make me to know wherein true repentance consists; and, knowing this, to choose it as my portion; even if it be with all the bitterness and shame of confession to those whom I have wronged or to Thee through Thy Minister.

I resign myself to Thy will; I yield my soul to Thy guidance. Unite me to Thyself by Thy Holy Mysteries, that I may be one with Thee, as Thou art with the Father and the Son for evermore. Amen.

The following Litanies to be said at convenient intervals in preparation for the blessed Sacrament.

I.—LITANY OF THE HOLY COMMUNION.

LORD, have mercy upon us.

CHRIST, have mercy upon us.

LORD, have mercy upon us.

O GOD the FATHER, Creator of the World,
*Have mercy upon us, and fit us, unworthy
 sinners, to receive Thee.*

O God the Son, Redeemer of Mankind,
Have mercy upon us, and fit us, &c.,

O God the Holy Ghost, Sanctifier of the Church,
Have mercy upon us, and fit us, &c.,

O Holy Trinity, one God,
Have mercy upon us, and fit us, &c.,

Jesus, God and Man, in two natures, one Person,
Have mercy upon us, and fit us, &c.,

Jesus, our Lord and our God, who vouchsafes to be
 present in the Holy Communion,

Have mercy upon us, and fit us, &c.,

Jesus, our Heavenly Physician, who givest Thyself
 to us to heal and comfort us,

Have mercy upon us, and fit us, &c.,

Jesus, our gracious God, who givest Thyself to us in
 the Holy Communion under the elements of **bread and
 wine,**

Have mercy upon us, and fit us, &c.,

Jesus, the Bread of Life, which whosoever eateth **shall**
 live for ever,

Have mercy upon us, and fit us, &c.,

Jesus, the good Shepherd, who didst lay down Thy
 life for Thy sheep, and feedest them with Thine own
 Body and Blood,

Have mercy upon us, and fit us, &c.,

Jesus, who in this wonderful Sacrament art Thyself
 both Sacrifice and Priest,

Have mercy upon us, and fit us, &c.,

Jesus, our adorable High Priest, who ever livest to
 make intercession for us,

Have mercy upon us, and fit us, &c.

Have mercy, O Lord, and pardon our sins,

Have mercy upon us, and fit us, &c.,

Have mercy, O Lord, and hear our prayers,

Have mercy upon us, and fit us, &c.

From unbelief in this Holy Sacrament,

Have mercy upon us, and fit us, &c.,

From all irreverence during this awful Service,

Have mercy upon us, and fit us, &c.,

From neglecting to come, and from coming negligently,

Good Lord, deliver us.

From an unworthy and fruitless receiving of this Holy Sacrament,

Good Lord, deliver us.

From hardness of heart, and ingratitude for so unspeakable a blessing,

Good Lord, deliver us.

By Thine Almighty Power, which orders all things as Thou pleasest,

Good Lord, deliver us.

By Thine Infinite goodness in giving Thyself to us in this wonderful mystery,

Good Lord, deliver us.

By Thy blessed Body, broken for us on the cross, and really given to us in the Holy Communion,

Good Lord, deliver us.

By Thy precious Blood, shed for us on the cross, and really given to us in the cup of blessing,

Good Lord, deliver us.

We sinners beseech Thee to hear us,

That we may ever believe all Thy words teach us,

We beseech Thee, to hear us, good Lord.

That before we approach this Holy Sacrament, we may sincerely endeavour to be reconciled to Thee, and be in perfect charity with all men,

We beseech Thee, to hear us, good Lord.

That returning from this Holy Sacrament, we may praise and bless Thee, and strive diligently to amend lives,

We beseech Thee, to hear us, good Lord.

That by this heavenly medicine we may be healed, and strengthened against future falls,

We beseech Thee, to hear us, good Lord.

That we may always through Thy grace, so believe and understand, so speak and think, and firmly hold this exceeding Mystery, as shall please Thee, and be good for our souls,

We beseech Thee, to hear us, good Lord.

That by this Holy Communion our hearts may be kindled to love Thee ever more and more,

We beseech Thee, to hear us, good Lord.

That we may love Thee in this Holy Sacrament with our whole heart, and never be separated from Thee,

We beseech Thee, to hear us, good Lord.

That as we see Thee now by faith in these Holy Mysteries, so we may hereafter see Thee face to Face, and eternally enjoy Thy Presence,

We beseech Thee, to hear us, good Lord.

O Lamb of God, that takest away the sins of the world :
Grant us Thy peace.

O Lamb of God, that takest away the sins of the world:
Have mercy upon us.

O Christ, hear us.

Lord, have mercy upon us.

Christ, have mercy upon us.

Let us pray.

Our Father.

O GOD, who in this wonderful Sacrament hast left unto us a Memorial of Thy passion; grant us, we beseech Thee, so to venerate the Sacred Mysteries of Thy Body and Blood, that we may always peceive in ourselves the fruit of Thy Redemption: Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

II. LITANY OF THE HOLY COMMUNION.

Lord, have mercy upon us.
 Christ, have mercy upon us.
 Lord, have mercy upon us.

Our Father.

O God the Father, of Heaven,
Have mercy upon us.

O God the Son, Redeemer of the World,
Have mercy upon us.

O God the Holy Ghost,
Have mercy upon us.

O Holy Trinity, one God,
Have mercy upon us.

O Father, who hast given us Thine only begotten Son,
 the true Bread from Heaven,
Have mercy upon us.

O Blessed Jesus, who camest down to give life to the
 world,
Have mercy upon us.

O Holy Spirit, bond of the mystical union between
 Christ and His members,
Have mercy upon us.

From receiving this holy Sacrament unworthily, and to our condemnation,

Good Lord, deliver us.

For all neglect in coming to Thy Holy Table, and from all irreverence and negligence when we draw near to Thee,

Good Lord, deliver us.

From hungering and thirsting after earthly things, from all sin, and from everlasting death,

Good Lord, deliver us.

By that great love wherewith Thou didst institute this holy Sacrament; by Thy Body broken on the cross and bestowed on all who came in faith and love to this Sacrament,

Good Lord, deliver us.

That our faith in Thee may never waver, our hope never fail, and our charity never decay,

We sinners, beseech Thee, to hear us.

That we may with all thankfulness commemorate Thy passion in this blessed Sacrament, that our faith may be strengthened and our devotion quickened,

We sinners, beseech Thee, to hear us.

That by true repentance we may be brought to a more frequent reception thereof, so that at length, as the heart desireth the water-brooks, our souls may long after Thee, the living God,

We sinners, beseech Thee, to hear us.

That Thou wilt wash us thoroughly from the guilt of our sins, that we may approach Thy table with joy and gladness,

We sinners, beseech Thee, to hear us.

That we may receive Thee into our hearts with love and fear, and thereby obtain pardon and forgiveness of all our sins,

We sinners, beseech Thee, to hear us.

That in this holy Sacrament we may so discern the Lord's Body and Blood, that it may not be to us judgment and condemnation, but life and salvation, and that worthily receiving the same we neither hunger nor thirst any more, nor die eternally,

We sinners, beseech Thee, to hear us.

That through the worthy participation thereof Thou mayest for ever abide in us, and we in Thee, and that as many as eat this bread may be made one in Thy peace and love,

We sinners, beseech Thee, to hear us.

That in innocency we may compass Thine altar, O Lord, and offer up ourselves a living, holy, and acceptable sacrifice to Thee, and continue in Thy faith and fear unto our lives' end, and at length behold Thee, O Saviour, with open face in everlasting glory,

We sinners, beseech Thee, to hear us.

V. Thou hast given us, O Lord, bread from Heaven ;

R. Replenished with all sweetness and delight.

V. Lord, hear our prayer ;

R. And let our cry come unto Thee.

O LORD, we beseech Thee, visit and cleanse our consciences, that Thy Son our Lord Jesus Christ may when He cometh find in us a dwelling-place prepared for Him, who liveth and reigneth with Thee in the unity of the Holy Ghost, ever one God, world without end.

God the Father, God the Son, God the Holy Ghost, be with me and mine, now and at the hour of death. Amen.

III. LITANY OF THE HOLY GHOST.

Lord, have mercy.

Christ have mercy.

Lord, have mercy.

O God, the Father, of Heaven,

Have mercy upon us.

O God, the Son, Redeemer of the World,

Have mercy upon us.

O God, the Holy Ghost,

Have mercy upon us.

Holy Trinity, one God,

Have mercy upon us.

Holy Spirit, Author of all good,

Have mercy upon us.

Holy Spirit, who didst overshadow the Blessed Virgin
Mary,

Have mercy upon us.

Spirit of wisdom and understanding,

Have mercy upon us.

Spirit of counsel and might,

Have mercy upon us.

Spirit of knowledge and piety,

Have mercy upon us.

Spirit of the fear of the Lord,

Have mercy upon us.

Spirit of Holy Repentance,

Have mercy upon us.

Spirit of grace and prayer,

Have mercy upon us.

Spirit of love, peace, and joy,

Have mercy upon us.

Spirit of gentleness, goodness, and faith,

Have mercy upon us.

Spirit of manifold grace,

Have mercy upon us.

Spirit who didst descend upon Christ in the form of a Dove,

Have mercy upon us.

Spirit of Truth, who guidest us into all truth,

Have mercy upon us.

Spirit, who helpst our infirmities,

Have mercy upon us.

Spirit, who sheddest the love of God in our hearts,

Have mercy upon us.

Spirit, the Discerner of the thoughts of the heart,

Have mercy upon us.

Holy Spirit, by whom we also are born again,

Have mercy upon us.

Holy Spirit, who dwellest in us,

Have mercy upon us.

Holy Spirit, who abidest with us for ever

Have mercy upon us.

Holy Ghost, the Comforter,

Have mercy upon us.

Holy Ghost, the Sanctifier,

Have mercy upon us.

Holy Ghost, who on the day of Pentecost didst appear in fiery tongues upon the Disciples,

Have mercy upon us.

From all evil,

Deliver us, O Holy Spirit.

From the snares of the devil,

Deliver us, O Holy Spirit.

From presumption and despair,

Deliver us, O Holy Spirit.

From doubting and unbelief,

Deliver us, O Holy Spirit.

From envy and unkindness,

Deliver us, O Holy Spirit.

From obstinacy and impenitence,

Deliver us, O Holy Spirit.

From anger and strife,

Deliver us, O Holy Spirit.

From all unholiness and impurity,

Deliver us, O Holy Spirit.

From dullness and sloth,

Deliver us, O Holy Spirit.

From every evil spirit,

Deliver us, O Holy Spirit.

In the day of Judgment,

Deliver us, O Holy Spirit.

Holy Ghost, we beseech Thee, to hear us,

That Thou wouldest renew the face of the earth, and
enkindle the fire of Thy love in our hearts,

Holy Ghost, we beseech Thee, hear us.

That Thou wouldest help us to love one another,

Holy Ghost, we beseech Thee, hear us.

That Thou wouldest teach us to pray, and Thyself pray
within us,

Holy Ghost, we beseech Thee, hear us.

That Thou wouldest inspire us with holy and pious
thoughts,

Holy Ghost, we beseech Thee, hear us.

That Thou wouldest inspire us with a hatred of sin,

Holy Ghost, we beseech Thee, hear us.

That Thou wouldest help us to remember that our body
is Thy Temple,

Holy Ghost, we beseech Thee, hear us.

That we quench Thee not, neither grieve Thee,

Holy Ghost, we beseech Thee, hear us.

That Thou wouldest endue us with the grace of final
perseverance,

Holy Ghost, we beseech Thee, hear us.

That we may sow in the Spirit, and of the Spirit reap
life everlasting,

Holy Ghost, we beseech Thee, hear us.

Lamb of God, that takest away the sins of the world :

Grant us Thy Holy Spirit.

Lamb of God, that taketh away the sins of the world :

Give unto us the Holy Spirit of Peace.

Holy Ghost, hear us.

Holy Ghost graciously hear us.

V. Create in me a clean heart, O God.

R. And renew a right Spirit within me.

Our Father.

O GOD, for as much as without Thee we are not
able to please Thee ; Mercifully grant, that Thy
Holy Spirit may in all things direct and rule our hearts ;
through Jesus Christ our Lord. Amen.

Almighty and everlasting God, by whose Spirit the
whole body of the Church is governed and sanctified ;
receive our supplications and prayers, which we offer
before Thee for all estates of men in Thy Holy Church,
that every member of the same; in his vocation and
ministry, may truly and godly serve Thee ; through our
Lord and Saviour Jesus Christ. Amen.

The grace of our Lord Jesus Christ, and the love of
God, and the fellowship of the Holy Ghost, be with us
all evermore.

Prayer to be daily used while preparing.

ALMIGHTY GOD, I draw near to the Sacrament of
Thine only begotten Son, I draw near, as a sick
man to the Physician, as one defiled to the Fountain,
as one blind to the Light, as one poor and needy to the
Lord of Heaven and Earth; wherefore I implore Thee
to heal all my sickness, to wash away all my defilement,
to give light to my blindness, to enrich my poverty, so
that I may receive the Bread of Angels, with such
penitence and devotion, such purity and faith as may
avail to the welfare and salvation of my soul. Grant this
O Father, for Thy Son's sake Jesus Christ our Lord.
Amen.

THE LAMENTATION OF A SINNER.

(AN ACT OF CONTRITION TO BE SAID KNEELING.)

O LORD, turn not Thy Face from me,
Who lie in woeful state,
Lamenting all my sinful life,
Before Thy mercy-gate—

A gate which opens wide to those
Who do lament their sin :
Shut not that gate against me, Lord,
But let me enter in.

And call me not to strict account
How I have sojourned here,
For then my guilty conscience knows
How vile I shall appear.

Therefore, with tears, I come to beg
Of my offended God
For pardon, like a child that dreads
His angry parent's rod.

So come I to Thy mercy-gate,
 Where mercy doth abound,
 Imploring pardon for my sin
 To heal my deadly wound.

O Lord, I need not to repeat
 The comfort I would have ;
 Thou knowest, O Lord, before I ask,
 The blessing I do crave.

Mercy, good Lord, mercy I ask,
 This is the total sum ;
 For mercy, Lord, is all my suit:
 Lord, let thy mercy come ! Amen.

ON THE MORNING OF RECEPTION.

Lord, when I present myself and my love, as all the gift I have to offer at Thine Altar, next to my love for Thee, and for the sake of Thine infinite love to me, which I there remember, give me grace to love my neighbour, and to be in charity with all men, and to walk in love as Thou hast loved me. Amen.

O Lord, Jesus Christ, King of Glory ! behold I desire to come to thee this day, and to receive Thy Body and Blood in this Heavenly Sacrament for thy honour and Glory, and the good of my soul. I desire to come to Thee, that I may be united to Thee, that I may henceforth abide in Thee, and Thou in me. O my God, I detest with my whole heart, all the sins by which I have ever offended Thy Divine Majesty. By thy grace I will never commit them any more : I am sorry for them, and will be sorry for them as long as I live. Forgive me, dear Lord, for thy mercies' sake ; pardon all that is past, and be Thou my keeper for the time to come, that I may never more offend Thee. Amen.

A PRAYER TO OUR BLESSED LORD,

To be used before Communion.

O GOD unseen, yet ever near,
 Thy Presence may we feel ;
 And thus inspired with holy fear,
 Before Thine Altar kneel.

We come, obedient to Thy Word,
 To feast on heavenly Food—
 Our meat the body of the Lord,
 Our drink His precious Blood.

Think on the blessedness of Communion.

O HAPPY DAY, in which I am to receive my
 Saviour into my soul ! O my Love, join me to
 Thee with the inseparable chains of tenderest love, for
 Thou alone canst satisfy me.

Grant to me, most loving Jesus, that in this my com-
 munion I may be most firmly united to Thee, so that I
 may rest in the love of Thy Love.

Shew to-day, I beseech Thee, Thy wondrous power, O
 Lord, and let Thy Right Hand be glorified ; for I have
 no hope to obtain any answer to my prayer, no refuge
 in temptation, but only Thee, my Lord and my God.
 Amen.

DURING THE SERVICE,

*While the Priest is preparing for the Act of Consecra-
 tion, say,*

Blessed be He that cometh in the name of the Lord :
 Hosanna in the highest.

The Lord send thee help from His Sanctuary, and
 strengthen thee out of Sion ; remember all thy offerings,
 and accept thy Sacrifice.

At the end of the Consecration Prayer, let the people as co-operating with the Priest and Christ in this Act of Consecration, say "the Amen." 1 Cor. XIV. 16 ; Rev. i, 6.

When the Consecration is ended, say,

WE ADORE THEE, O Christ, and we bless Thee, because by thy Holy Cross Thou hast redeemed the world.

Hail sweetest Jesus ! my God and my Lord ! How dare I, a miserable and wretched sinner, thus salute Thee ? Alas ! my Master, I view with shame those Sacred Wounds, for how often have my sins opened them afresh ! Behold now, I prostrate myself before Thee, my King, my God, my Judge, but still my Brother ! Hail ! Jesus, hail ! I adore, I worship Thee ! O now send Thy love into my heart, that I may love Thee as I ought.

I promise Thee, dearest Saviour, for love of Thee, seriously to amend my life, to strive never again to fall into any sins, and especially the sin I now lament. Lord, help me to keep my promise. Amen.

When about to go to the Altar, hear, as it were, an Angel whispering : The Master is come, and calleth for thee. Acknowledge your unworthiness of such a guest, and say,

Lord, I am not worthy that Thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

Then rise, walk up reverently, and as you humbly kneel down, say,

Come, Good Jesus, come into my heart with that love of Thine, which passeth knowledge.

I am my Beloved's, and His desire is toward me.

After receiving the Paten

Abide with me, Lord.

After receiving the Chalice.

Let my sins be washed away in Thy Blood, O Lord.

For any special petition at the Altar.

O Eternal Father, I receive this Holy Communion of Thy dear Son's Body and Blood, humbly beseeching Thee because of It, to grant me (—).

Returning from the Altar.

My soul doth magnify the Lord; and my spirit hath rejoiced in God my Saviour.

After reception, kneeling down in your place, thankfully say,

O JESUS CHRIST, my Creator and my Redeemer, whence is this to me, that my Lord should come and take up His abode in my heart! Oh that I could entertain Thee as I ought!

Let my soul, O Lord, feel the sweetness of Thy Presence. Let me taste how sweet Thou art, O Lord, that I may never more run after worldly pleasures; for Thou art the Joy of my heart, and my Portion for ever. Amen.

Say any of the following Psalms:—150, 103, 23, 118, 134.

HAIL! my sweetest and most powerful Guest! My Lord Jesus Christ, daily desired, anxiously sought after, and dearly loved, I salute Thee! From my inmost heart I adore Thee, with the Father and the

Holy Spirit sojourning with me, though most unworthy.
Bless the Lord, O my soul! and all that is within me
praise His Holy Name.

Now I possess Thee, Who possessest everything;
what wilt Thou deny to me, to whom Thou hast given
Thyself, the Source of all good things.

Re-invigorate the powers of my mind; grant that with
a real and steadfast resolution, and with an ardent love,
I may hold fast to Thee for ever. Let my heart be fixed
on Thee alone, most precious Jesus; let my mind feast
on the sweetness of Thy Presence, that, satiated with
Thy love, it may long for nothing out of Thee. Amen.

SOUL of Christ, sanctify me :
Body of Christ, save me :
 Blood of Christ, refresh me :
 Water from the side of Christ, cleanse me :
 Passion of Christ, comfort me :
 O good Jesus, hear me :
 Within Thy Wounds hide me :
 Suffer me not to be separated from Thee :
 From the malicious enemy defend me :
 In the hour of death call me,
 And bid me come to Thee,
 That with Thy Saints, I may praise Thee,
 For all eternity. Amen.

*While the people are communicating, say such of the
following prayers as you have time for.*

FOR OUR FRIENDS.

O MOST kind and gentle Jesus, I commend all those
who have asked my prayers to Thy Divine Love,
under the guidance of which Thou didst come down to
earth from the bosom of Thy Father to save man. And,
in union with that love wherewith Thou didst commend

Thy Spirit to Thy Father, I commend them all to Thy Sacred Heart, beseeching Thee to take from Its treasures wherewithal to bless those for whom I pray : hear me, O Jesus, for Thy mercy's sake. Amen.

FOR OUR ENEMIES.

O LORD Jesus, in union with that love and that sweetness with which, amidst the anguish and sorrows of Thy passion, Thou didst pray for those who crucified Thee, saying : *Father forgive them*, I beseech Thee with all my heart that Thou wouldst now vouchsafe to forgive all who have ever in any way offended against me, for Thy mercy's sake. Amen.

FOR THE CHURCH.

O LORD Jesus Christ who saidst unto Thine Apostles, Peace I leave with you : My Peace I give unto you ; regard not my sins, but the faith of Thy Church, and grant to Her that peace and unity which is agreeable to Thy will, Who livest and reignest for ever and ever. Amen.

FOR THE PRIEST WHO IS PERFORMING THE SERVICE.

O HOLY Jesus, Who hast purchased to Thyself an universal Church, and hast promised to be with the ministers of Apostolic Succession to the end of the world, be graciously pleased to bless the ministry and service of him who is now appointed to offer the sacrifice of prayer and praise to Thee in this house, which is called by Thy Name. May the words of his mouth and the meditation of his heart be always acceptable in Thy sight, O Lord, my Strength and my Redeemer. Amen.

FOR THE CONGREGATION THEN PRESENT.

O GOD the Holy Ghost, Sanctifier of the faithful, visit, we pray Thee, this Congregation with Thy love and favour; enlighten their minds more and more with the light of the everlasting Gospel, graft into their hearts the love of the truth, increase in them true religion, nourish them with all goodness; and of Thy great mercy keep them in the same, O Blessed Spirit, Whom, with the Father and the Son together, we worship and glorify, ever one God, world without end. Amen.

After the Blessing.

Thanks be to God.

Bless me and I shall be blest,
Soothe me, and I shall have rest:
Fix my heart, my hopes above—
Love me Lord, for thou art Love. Amen.

And these prayers.

O GOD, grant that by this Holy Sacrament, which I have received, I may be cleansed from my sins and kept pure and holy, through Jesus Christ our Lord. Amen.

I GIVE praise and thanks to Thee, O sweetest Jesus, for the great mercy which Thou hast been pleased to shew me, by feeding me in this most Sacred Banquet, with Thy most sacred Body and Blood; accept my thanksgiving and abide with me for ever. Amen.

CREATE in me a new heart, O Lord; and renew a right spirit within me.

O my Father, Thou hast promised to grant whatsoever we ask in Jesus' name; behold the prayers which now I have presented before Thee. Lord, hear me! answer me for Jesus' sake!

I believe, most firmly, that if it be for my good, Thou wilt grant me all I desire ; and thus with Jesus do I say, Thy Will be done.

Oh would that, without intermission, I could be occupied in curbing the desires of a corrupted nature ! Oh would that I could always follow the suggestions of heavenly grace ! Oh would that I could always keep Thy Holy Commandments, so that in the end Salvation should be mine.

O my God, shew me clearly the littleness of earth, the greatness of Heaven, the shortness of blessings in this life, the unending bliss of eternity.

Strengthened with the Bread of Life, once more I go forth to the battle. Be thou my Protector, Thou my Guide ; in Thee, O Lord, have I trusted. Let me never be confounded. Amen.

At home, on successive days.

O THOU blessed Lord Jesus, who hast this day vouchsafed to come under my roof, I most humbly beseech Thee, leave me not, but abide with me for ever. Abide with me, Lord, in all I say, think, do, fear, hope, and enjoy. I fear my own unsteadfastness ; abide with me, Lord, for in Thee there is no change. I often despond, and fear I shall fall ; abide with me, Lord, and make me to feel Thy nearness. Be Thou my Refreshment in weariness ; my Comfort in trouble ; my Refuge in temptation ; in death my Life ; in judgment my Redeemer ; in eternity my Reward. Abide with me always, that I may abide in Thee, O good Jesus, Thou God of my salvation. Amen.

HYMN.

At the Lamb's high feast we sing
 Praise to our Victorious King,
 Who has washed us in the tide
 Flowing from His pierced side ;
 Praise we Him, whose love Divine,
 Gives His guests His Blood for wine,
 Gives His Body for the feast :
 Christ the Victim, Christ the Priest.

Where the Paschal Blood is poured,
 Death's dark Angel sheathes his sword,
 Israel's hosts triumphant go
 Through the wave that drowns the foe.
 Praise we Christ, Whose Blood was shed,
 Paschal Victim, Paschal Bread ;
 With sincerity and love,
 Eat we manna from above.

Mighty Victim from the sky,
 Hell's fierce powers beneath Thee lie ;
 Thou hast conquered in the fight,
 Thou hast brought us life and light ;
 Now no more can death appal,
 Now no more the grave enthral,
 Thou hast opened Paradise,
 And in Thee Thy saints shall rise.

Thankful triumph, thankful joy,
 Sin alone can this destroy ;
 From sin's power do Thou set free
 Souls new born, O Lord, in Thee.
 Hymns of glory and of praise,
 Father, unto Thee we raise ;
 Risen Lord, all praise to Thee,
 With the Spirit ever be. Amen.

O LORD Jesus Christ, to Thee I desire to consecrate all my thoughts, desires, affections, and my whole life. I have offended Thee enough, O dear Lord, in my past life ; I would spend the time which remains to me, in loving Thee as fervently as I can. Accept, O God of mercy, the Sacrifice which is offered Thee by this miserable sinner, who desires nothing but to love and please Thee for ever. Work in me, and dispose of me, and all things which belong to me, as is most pleasing to Thyself. Let Thy love destroy whatever is contrary to Thy will, that I may become all Thine. and live henceforward only to Thy service. I seek not earthly wealth, nor pleasures, nor honours, but I ask of Thee, by the merits of Thy Passion and death, a continual sorrow for my sins. Give me Thy light, that I may discover the vanity of earthly things, that so I may desire only what Thou wilt give me. Give me patience and resignation in all my afflictions, and in whatever opposes itself to my self-love. Give me humility and fervent charity. And above all things, I pray Thee to grant me perseverance in Thy grace unto my life's end, that so I may never be separated from Thee. O good Jesus, never let me leave Thee. Amen,

God the Father, God the Son, God the Holy Ghost, be with me and with mine, now and at the hour of death. Amen.

SUGGESTIONS.

For a devout and orderly reception of the Holy Communion.

1. If thou hast never communicated before, "Signify thy name to the Curate," that he may advise thee as to thy fitness and frequency of Communion. 1 Cor., iv., 1, 2.

2. Rise early. Psalm lvii, 8.

3. If possible, communicate fasting. Psalm xxiii.

4. For the carrying out of these two suggestions an early celebration is the most convenient. St. John xx, i.

5. Be in Church before the service commences, and occupy all waiting time in devotion. 1 Thess., v, 17.

6. After the consecration, *never sit*, (unless thou art infirm), but kneel or at least stand, as being in the most special Presence, vouchsafed on earth, of the King of Heaven. As a holy Bishop of our Church has said, "Let both body and heart kneel, not to the Holy Elements, but to Thy Maker." Psalm xcv., 6.

7. As thou goest and returnest from the Altar, see no man, think of no man, but in the Spirit behold thy Lord, Present with thee in His Church. St. John xx, 29.

8. At the time of Reception use the ejaculations on page 22.

During the Act of Reception it seems reverent, (1 Cor. xiv, 40.)

I. To take up no book ;

II. To wear no gloves ;

III. To receive the Sacrament of the Body of Christ into the right hand, laid open and flat upon the left, at the words, "The Body of our Lord, &c. As St. Cyril directs, "Make the left hand as if a throne for thy right, which is about to receive the King."

IV. To say softly "Amen," (as St. Cyril also directs), after the words, "Preserve Thy body and soul unto everlasting Life."

V. To receive the Cup firmly with both hands at the words, "The Blood your Lord, &c."

VI. To rise as soon as the person next after thee has received the cup, (where there are many communicants --if few, let all retire together); and to return quietly to thy place.

10. Exercise the highest consideration in thought and manner towards thy brethren in Christ, who communicate with thee; whatever be their station in life, or their religious habits or opinions. 1 Cor. x, 17.

11. Remain kneeling in prayer until the Clergy have left the Altar. St. Luke i, 21.

12. It is unseemly to hasten out of Church directly after the conclusion of the Service, as the time immediately succeeding the Communion is especially blessed for private devotion. St. John, vi, 12.

13. On rising from thy knees for the last time, look reverently towards the Altar, and say, "Thanks be unto God for His unspeakable gift. Heb. xiii, 10.

14. On going out from the Church, make the following resolution: "I will go forth in the strength of the Lord God." Eph. vi, 10.

JESU, at whose supreme command,
 We now approach to God,
 Before us in Thy vesture stand
 Thy vestnre dipped in Blood,
 Obedient to Thy gracious word,
 We break the hallowed Bread;
 Commemorate Thee, our dying Lord,
 And trust on Thee, to feed.
 The Cup of Blessing, blessed by Thee,
 Let it Thy Blood impart;
 The Bread Thy mystic Body be,
 And cheer each languid heart.
 The grace which sure salvation brings
 Let us herewith receive;
 Sate the hungry with good Things,
 The hidden Manna give.
 The Living Bread sent down from Heaven,
 In us vouchsafe to be,
 Thy Flesh for all the world is given,
 And all may live by Thee.
 Now Lord, on us, Thy Flesh bestow,
 And let us drink Thy Blood,
 Till all our souls are filled below, [No. 549.
 With all the life of God. *J. Wesley's Hymns.*

