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DOMINION LINOLEUM RUGS

The Brightest Room in the House

What an ideal living room! One to be lived in—to be enjoyed—a comfortable room that does not get untidy. It is the cheerful, artistic Linoleum Rug that makes this room so charming. And you can obtain just as satisfactory results in treating any room.

Linoleum is perfectly clean; health' promoting. Your children may romp about on its smooth surface without danger or fear of coming in contact with any disease germs. Everything will wipe off without leaving stain or mark, should you have an accident.

Linoleum Rugs are built for long wear. They require but little cleaning. Ask your dealer to show you his display.

Important: All Genuine Dominion Linoleum Rugs and Dominion Linoleum are made on a foundation of strong Burlap. Look for it when you are buying: it ensures long wear.

How We Made \$200° Extra in Four Months – Right at Home

Mrs. A. A. Clark's record of success with her Auto Knitter is so remarkable that we have asked her to tell about it in her own words, for the help and inspiration of Auto Knitter workers everywhere. Few owners of Auto Knitter machines can give the time and effort needed to make such unusual earnings, but men and women all over the country constantly add many dollars to their incomes every month—in spare hours only. Wouldn't even \$5.00 a week extra be welcome to you? Then find out how Auto Knitter workers make money—under our "Guaranteed Wage Plan." By Mrs. A. A. Clark

Not a Miracle Worker --- But

a Real Money-Maker For the Industrious!

the Industrious! The money-making possibilities of the Auto Knitter are great, but their full realization depends, of course, upon the energy and industry of the individual owner. To make over a thousand dollars a year at Auto Knit-ting is an uncommonly good record, and requires "overtime" rather than "spare time" work. But, even in two or three hours a day, worth-while dollars can be made, and our Work Contract guarantees you a market for every standard pair of socks you knit. The Auto Knitter will work just as fast and long as you do yourself, and your pay will always be in proportion to your industry and skill.

HEN one reaches the position where it seems as though everything is a rank failure it is indeed a grand, glorious feel-ing to finally grasp a real opportunity and realize that you have at last "made good." That has been our experience with the Auto Knitter. Three years ago, filled with high hopes and having a reasonable amount of capital, my husband and I started to farm a rented quarter, fully prepared to make a fortune. Well, we did, for the other fellow. First year—dried out. Second year—good crop but no price for grain; and to make matters worse we had gone heavily in debt for feed for the stock through the long, hard winter that intervened. Meanwhile, I had been trying to find some means of helping out the situation. Finally I read about the plan for earning money at home by knitting socks on the Auto Knitter, and what was of even greater interest, the offer to take an pay for all the standard socks I could make.

the Auto Knitter, and what was of even greater interest, the offer to take an pay for all the standard socks I could make.
I told my husband about it but he was not as much interested as I was. He said there was sure to be some string to it somewhere and he would have nothing to do with it. Well, the summer went by without much improvement in our affairs. I had been keeping in touch with the Auto Knitter people, however, and when I talked it over with my husband once more he finally decided that we had better try it. Just as soon as he could get his wages drawn up he sent the order for the machine.
The machine arrived and he unpacked it for me, and I noticed as soon as he got a good look at it that he seemed more favorably impressed. "If it works as well as it looks, it is O.K.," he said, and was quite anxious to see it going. I took my time and made sure of each move and very soon I could make socks quite easily. When the yarn we had coming arrived I was ready to do real work. As soon as I had half a dozen pairs of socks made my husband took them to town and sold them all in less than one hour for \$1.00 per pair.
We had planned to send the whole output to the company, but when we saw what a good article the machine could produce and how readily they sold, we changed our plans and decided to build up a good local trade. We sold six dozen pairs to local stores easily, getting \$9.00 per dozen for them. After moving into town we put an ad. in the local paper describing out product and also offering to knit for the machine could produce and how readily they sold, we changed our plans and decided to build up a good local trade. We sold six dozen pairs to local stores easily, getting \$9.00 per dozen for them. The honery mak we were compelled to use the besit are not the local paper describing out product and also offering to knit for the machine as other and the unery mak be able to use the besit areas the none store to the enery to the enery to the comp and the use the beach we th

patrons from their own yarn. We soon had so many orders that we were compelled to use the best yarn we could get locally, as the distance from Toronto made too long a wait and we were anxious to build up a reputation for our work in anticipation of another year, when we could start early in the season.

In all we have made, as near as we can check up, over \$200.00 this last winter. After seeing what the Auto Knitter

After seeing what the Auto Knitter could do, we got another machine, so we now keep one on standard work and use the other on orders for boys' and girls' stockings and odd size orders. Next fall we intend to hire a girl to do the housework and we will stock up with good yarn early in the season and make a regular business of it. We believe our experience this season justifies our expectations. To sum the prospects up briefly, we can knit a pair of standard socks in 20 minutes. We can finish up and press a pair in 7 minutes and can sell every pair at a profit of from \$2.75 to \$5.75 per dozen, according as we sell to stores wholesale, or direct to customers. That profit represents also our wage. For custom knitting we can get 25 cents per

pair for men's socks and from 30 to 50 cents per pair for long ribbed stockings, according to size. The patrons furnish the yarn. We can knit 10 or 12 pair per day of the long ones, depending on the quality of yarn they bring in for us to use. Dutside of the few odd jobs my husband got to do this winter, our two machines have paid our rent, our living, and also reduced our obligations by \$80.00, and we consider that good when we have had them such a short time—approximately four months. With a more definite idea of how to go about it, as well as fuller knowledge of and faith in our equip-ment, we have every reason to hope for a much better showing next year. A very conservative estimate will give us \$250.00 for this year's work, getting off to a poor start at that. We plan on \$750.00 next year and will start the ball rolling by exhibiting our goods at the local fair within easy reach of us, and by using the local newspaper columns. Men I compare my husband's present cheerful optimism with his depression of four months ago I am fully convinced that the age of miracles is not passed. Mrs. A. A. Clark. Alberta.

passed.

Mrs. A. A. Clark, Alberta. Why Not Let the Auto Knitter Help You?

As soon as you have an Auto Knitter in your home, and have become proficient in using it, you will have a means of solving your extra-money problem. This

means of solving your cated in the solving your on the solving standard directions furnished with your machine, but you do not have to sell them yourself unless you wish. Not at all!

Simply send the finished socks to us in Toronto, in large or small shipments, as you find convenient. By return mail you receive a money order in payment of your wages for making the socks, at a fixed rate per dozen pairs, and also the same weight of new yarn that you used in knitting the hosiery sent to us. The yarn remains your property and is constantly replaced.

Not a Promise But a Contract

To every owner of an Auto Knitter we give a signed "Work Contract" which obligates us to carry out our when obligates us to carry out our part of the agreement for five years, whenever you wish to take ad-vantage of it. Some Auto Knitter workers have been sending us their entire output for several years.

But on the other hand, you are not bound by the terms of the Work Contract to send socks to us at all, unless you wish. You may dispose of them to private trade— just as Mrs. Clark does, but the company is bound to accept and pay for all the standard socks you do send them—whether the amount be large or small. be large or small.

A Wonderful Work Record. Less Than 5°/. Rejections

The Auto Knitter is for workers—for those who are serious in their desire to make money in their spare hours. The Olde Tyme Wool Socks that are sent to-us under the Work Contract come from everywhere— from novices as well as the experienced—and yet, out of the huge total sent in to us less than 5% have to be laid aside and returned to the worker as not being up to the standard set for Olde Tyme All Wool Socks.



Mrs. A. A. Clark

We believe it to be a great tribute to the general all-round efficiency of the Auto Knitter and the Auto Knitter Workers, that the rejections on this home work, performed in many, many different homes, are so small as to be almost negligible. If these folks learned from the instruction book to make socks that average less than 5% rejections, can you not do so, too?

The Auto Knitter will answer every demand made upon it for speed and reliability, and your earnings will be in proportion to the time you devote and the degree of proficiency attained through practice.

Find Out How You May Receive "Money Orders from Toronto"

If you are seeking some way to turn spare moments into money then we would like to send you all the facts about the Auto Knitter. We want you to know all about this new, pleasant occupation that can be conducted in your own home as a means of earning dollars in spare hours. You do not place yourself under the slightest obligation by signing and mailing the coupon-or write a letter if you prefer. The full details which we send to you are absolutely free.

The Auto Knitter Hosiery (Canada) Co., Ltd Dept: 12, 1870 Davenport Road, W. Toronto, Can.

The Auto Knitter Hosiery (Canada) Co., Ltd.

Dept. 12, 1870 Davenport Road, West Toronto, Can.

Send me full particulars about making money at home with the Auto Knitter. I enclose 3 cents postage to cover cost of mailing etc. It is understood that this does not obligate me in any way.

ADDRESS_

NAME

CITY_____

PROV Everywoman's World 2-23 2

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The finest complexion treatment is the simplest

Here it is:

Most women have, and take great pride in having, normal skin-differing, perhaps, in texture and in ability to resist various conditions of life and weather, but normally healthy.

For such skin, the highest authorities agree that the finest complexion U treatment available is the simplestsoap-and-water cleansing.

This old-fashioned, but authoritative, fact may save you trouble, and pain, and even the loss of the good complexion you now have.

To millions of women "soap-andwater cleanliness" means "Ivory-Soapand-water cleanliness."

As any reputable physician will tell you, soap, whatever claims may be made for it, can do for your skin only one good thing-cleanse it safely.

That is the duty, the privilege and the destiny of Ivory Soap-to cleanse safely. Through forty-four years it has made no other claim.

IVORY SOAP

IT FLOATS

FACTORIES AT HAMILTON

99 44/100 % PURE

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Ivory Soap must cleanse, because it lathers abundantly and rinses off completely and promptly.

It must cleanse safely, because it is made of the very finest of pure ingredients, blended to produce a pure, mild, white and delightfully fragrant soap-which floats.

When you buy Ivory, you are asked to pay only for pure soap, which contains no "mysteries" and offers no "magic" except the soothing magic of cleanliness. PROCTER & GAMBLE,



Julia, maid of maids, is as concerned as if the blouse were her own, instead of Sally Jollyco's. Its delicate crêpe is faded and torn. Sally washed it *herself*, with soap of her own choosing.

"Oh, and I warned her, Mrs. Jollyco. But she wouldn't listen.

"I know, Julia," says Mrs. Jollyco. "Miss Sally is one of those who learn only by experience. Perhaps next time she will use Ivory. Then she won't have to rub, and there will be no fading or tearing."

Side out on a triple play! The professor notes this thought: "Clean bodies make keen minds." Well, if Bobby keeps on resisting soap, we don't know how he is going to be a famous shortstop — even with the help of his canine friend. Ulysses shortstop — ev friend, Ulysses.

"Why, Sally Jollyco!" cries Miss Tippit, the family nurse, "What's that Mrs. Prowl doing in here?"

"Now, Tippity, you go right away!" says Sally. "Mrs. Prowl says this new soap will keep me

"Oh dear, oh dear! And after I brought you up so careful on Ivory Soap, too!"

Poor Sally! She has a terrible time, doesn't she? but Miss Tippit is right—soap keeps one pretty only by keeping one clean. Ivory does that, and gently, too?

Everywoman's World for February, 1923

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ered as second class matter at Post Office, Toronto, Ont. ed as second class matter, 23, 1915, at the Post Office. Io, N. Y., under the Act of ress of March 3, 1879. FVERYWOMAN'S Katherine M. Caldwell, Editor

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his message to any whom he met lumbering through the snow. But when he came to one house, on the forty

____ Illustrated by GEORGE HAY CHARLES ___

Night Of The Storm By ZONA GALE

adjoining Stephen's forty, he did not stop.
"No use wastin' breath on Waldo Rowan," he thought, and galloped on. He crossed the cut—a queer, ragged gap in the plain, shallow and rockfilled—and saw a figure fighting its way on foot.
"Turn back to Mine's!" Jake shouted. "His little girl's lost. She's—"
Then he stopped. Here was Waldo Rowan himself, who had not spoken to Stephen and Hannah for ten years, as all the Open knew.
"They wouldn't have my help!" Waldo flung back. Jake pounded on, carrying coils of rope for the searchers who were now to spread in a great circle, threading the rope, and so come drawing in. He gave not another thought to the only one on the Open who had failed to answer his appeal. Everybody was used to this feud between Mine and Waldo. Stephen would have done the same if it had been Waldo whose child was lost. But Waldo had no children to lose. In the days when he and Stephen were friends they had loved the same woman, and Stephen had won her, Waldo said,

through a lie. She and Stephen had raised their family and seemed happy. Waldo married a girl of the village who had died, with their two-year-old baby, only a year ago. Since then he lived alone, and he was dead to Stephen as Stephen dead to Stephen, as Stephen was to him.

sixteen mile north. He won't be back tonight. I guess I can mope it out—" The snow was of a deceiving softness and piled on the rocks of the cut as if billows of foam had rolled in, lapped, and now lay quiet. Here the wind roared through from the northeast, catching the tops of the white pines and making a furious singing. And on that wind, Waldo heard a cry. He heard it for a little before he knew that he heard it—with that strange inner ear which catches sound too light to be less delicately measured. An animal, or a way of the wind, he might have called it and thought no more; but when he was deep in the cut and before he began the rough ascent, abruptly this cry rose on a single, piercing note, and fell again to its quiet pulsing. He listened— Still uncertain what he had heard, he turned north

Still uncertain what he had heard, he turned north and kept along the cut, at every few steps stopping to turn his head to the wind. He was ready to face back, and then it came again. There was no mistaking now, (Continued on page 49)

OUT OF THE STORM CAME A SINGLE, PIERCING CRY ____ The c____





T ONE minute the prairie had been empty and white unEverywoman's World for February, 1923

a revelled in this un-accustomed luxury, and allowed the past, with its hardships and its memories, to drift away from me." "I revelled in this un-



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R. COURTENAY speaking!" said Lawyer Courtenay into the mouthpiece of his tele-phone. The efficiency note struck by his invariable method of answering was re-markably up-to-date for an office wherein an atmosphere of musty antiquity held its own against any grave encroachment of

an atmosphere of musty antiquity field its own against any grave encroachment of modernism.
"This is Darrel Price!" said the voice on the wire.
"Yes, Mr. Price," acknowledged Daniel P. Courtenay, with no inflection to mark the fact that he was honored by a call from the west-end candidate for the mayoralty.
"I have-er-discovered, Mr. Courtenay, that my wife has an appointment for this morning with you. Had there been time I should have dropped in to see you rather than 'phoning. It is-er-a rather delicate matter, you see. To be perfectly frank with you, Mrs. Price and I have had a little unpleasantness, and I have no doubt it is on this score she wishes to see you. May I ask if she mentioned—"
"I am sorry, Mr. Price, but—"
"I regret, Mr. Price, that—"
"Besides, Mr. Courtenay, it would affect my interests very seriously just at the climax of my campaign to have any publicity of this kind. I trust you will—"
"You may trust me," interjected the lawyer tersely
"to look after the best interests of my client!"
"If you can do anything to protect my interests," insisted the other, "I shall not forget you, and—"
"Good morning!" said Daniel P., and rang off. The lawyer sat back in his favorite attitude when thinking, chair tilted, head a little on one side, finger tips outspread and tapping each other. He looked a trifle like a sparrow, and more like a pink-cheeked, white-haired cherub.

trifle like a sparrow, and more like a pink-cheeked, white-haired cherub. The telephone rang. Daniel P. answered promptly. "Mr. Courtenay, it's Price speaking again. You will forgive me bothering you further, but I wished you to know, in spite of anything that Gwennyth—that my wife may say—that I do care, Mr. Courtenay! I hope you—understand?" "I will remember that, Mr. Price," said the lawyer quietly. "Good morning!" He picked up the morning paper from his desk. Its headlines declared that Darrel Price would lead the poll by a large majority. The election was twenty-four hours off. Courtenay paid less attention to the "Star-News" forecast than to the pictures of the candidates: Darrel Price, whose slogan was "Clean Civics", and James Mc-Ginnis, who was seeking re-election, bearing on his banners the motto "The People's Patriot"—with the evident intention of indicating a fervid fealty to the "common people," of whom he proclaimed himself to be one.

"common people," of whom he proclamed minsel to be one. The cherub dismissed the familiar physiognomy of McGinnis with a glance. He took longer with the rather heavy-built, clean-shaven, determined-looking Price. "We'll not judge you, friend," said Lawyer Courtenay "until we hear what the little lady has to say!" He raised his voice to reach the ears of his prim, middle-

WITHOUT THE LAW

P.B

By LESLIE GORDON BARNARD

Illustrated by CYRIL BRADY

aged stenographer. "Miss Calethorpe-some letters, please!"

Please!" SHORTLY after ten, his client was shown in by the diminutive junior. Gwennyth Price was a dark, serious looking girl, medium in height as she was average in features, a girl at whom men usually turned to look a second time without being conscious of any outstand-ing point of attraction. She entered with the air of one who has a distressing task to perform, but is quite de-termined to see it through. It would have taken more than a casual observer to detect an undercurrent of mental anguish. "Mrs. Price?" greeted Daniel Courtenay. "You remember me, Mr. Courtenay?" "Yearhaps I should not have, had you not recalled, in 'phoning me, our once meeting at the Settlement, Mrs. Price. You were superintending, if I remember aright, the games of as rowdy a looking bunch of young hopefuls as I have seen!" Me waited for her, then, to speak. She said, impulsively, after a space of silence: "Mr. Courtenay, I am in trouble-terrible trouble!" "Many are, who come here, Mrs. Price. I have been have been able to help some of them out of it." "I suppose," she said, with a queer little smile "I

"I suppose," she said, with a queer little smile, "I have no real business troubling you. You see, I do not know that any legal measures will help me, and I don't know that I would care to use them if they would. I came to you—well, because I—I liked your face, and the way you spoke to the boys that night, and because everyone down there thinks you are—just a little lower than the angels, Mr. Courtenay!" He smiled his dissent. "Mrs. Price," he said, leaning forward, "there are two bits of advice I always give to clients. The first is: 'Keep within the law,' and the second is 'Keep without the law.' I need not explain the paradox to you, but there is good citizenship in-volved in the first and good sense in the second. Now, if you care to tell me—"

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m Westhill—a hundred and fifty miles west of here, you know. The reply did not reach me until after; it got mixed up in the Settlement mail. We were married at a clergyman's house, with a close friend or two of Darrel's and one or two of mine as the only witnesses. The ceremony was just over when Jim arrived." Gwennyth Price looked away.

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carte blanche in the matter of furnishing; he provided me with servants, and a car, and, cherishing every gift as a token of his love, I revelled in this unaccustomed luxury, and allowed the past, with its hardships and its memories, to drift away from me. "Then, one day, a woman came to see me—an old Irishwoman who had helped us at the Settlement, and who had long known me. She sat on the edge of one of my best chairs, and looked about. Then she shook her head at me, sadly: "'Ye'll not be comin' to see the loikes av us more,' she said with finality. 'We've missed ye, and we'll be missin' ye more. Tis very grand, but I'm thinkin' the little gurl I loved is lost to me. I wondered why you never so much as looked in on us these days. I guess maybe I'll be goin'. "That awakened me, Mr.Courtenay, to what I had

gur 1 loved is lost to me. Twondered why you never so much as looked in on us these days. I guess maybe I'll be goin." "That awakened me, Mr.Courtenay, to what I had done—to my desertion of a cause that had taken me from the grip of the slums myself. And I remembered how this woman had been with my own mother when she died. And I took her in my arms, and kissed her, and I think we cried together to know we had not lost each other, after all. And the butler, passing by the doorway, forgot himself and stared, and remembered himself and sniffed. And then I heard the story of Daniel Mulanny's defections. "It was through this same Daniel Mulanny, the Irish-woman's husband—a ne'er-do-well if ever there was on of my husband"s rival candidate. I had known him before—Jerry was a great worker down our way, with purely political motives, but, through his father's in-fluence, a ready and powerful arm, as of course you know, Mr. Courtenay. He had interested himself in the present scrape of Daniel Mulanny, and we met once more. I had always feared him, Mr. Courtenay, and evaded his rather aggressive advances; and now my fars awoke again, for he began to haunt my path as I returned to my Settlement work in such time as I could spare from home. Jerry is not of the best repute, but he is hard to evade. "Darrel, meanwhile, was preparing his campaign for from him more and more. The realization did not come at once, but grew, like some nasty weed, until I could not overlook its existence, that Darrel and I had drifted away from the first intimacies. But the crisis came,

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WORDS led to words, with nerves on both sides egging us on. He forbade me with finality, to (Continued on page 37)





NONE SO YOUNG

ARTHA KNIGHT returned from three happy restful weeks at the beach, a new woman, ready to go back to the old duties and the regular routine of her days, with a zest and joy unknown before her departure. She and her husband, Henry, had found love again. Their children were a glad and noisy crew when they met them at the station the night they returned home; sweet and womanly, as Bertha always was; and Alma. She gave Martha an impulsive generous kiss, and turned without a word, to her father. "Bless me, if you aren't the sight!" she exclaimed. "Burnt to a crisp almost. Honest, Dad, you remind me—at least your face does—of some sort of breakfast tood."

"Burnt to a crisp almost. Honest, Dad, you remind me—at least your face does—of some sort of breakfast food." Martha did not hear Henry's reply; her mind was upon Alma. There was something in that laugh of Alma's, something forced and artificial. Bruce was tugging at her arm. "Say, Mom, give us pancakes for breakfast to-morrow, will you? I'm just sick for a decent plate of pancakes." "The way Bruce eats is just terrible, Mamma," Bertha put in, patting out the cover of the baby carriage. "And the way she feeds us is 'just terrible, Mamma," Bruce imitated her to perfection. "Golly! what do you think I had for luncheon yesterday?—that's Bertha's word, not mine. Well, two silver forks, two knives, half a dozen spoons, some awfully swell plates and a lettuce leaf with some juice on it." "The Rileys were in," Bertha explained. Bruce ignored her explanation. "Say, Mom, do I get those pancakes?" "You do!" Martha's tone was emphatic. Bruce, dear, boyish, irresistible Bruce—always he was the same to Martha. There was nothing about him un-known, elusive. Martha understood Bruce. Simultan-eously, she thought of Alma and that laugh. Almost an empty echo it was to Martha. "Wish we had a car to ride home in," Bruce said, then—"Hi there, you—kid!" He darted away after Tots, Bertha's older child, who was veering straight for a mud puddle. "Martha called softly after Alma. "Want me, Mamma?" she waited until Martha came up and took her arm, "I was just asking Dad all about the time you had." "It was lovely," Martha's voice was modulated in memory. "Lovely—and how did you get on, Alma?" "Oh, fine, simply fine. Bertha was awfully dear to us." "And Bruce—" "Rand Bruce—"

us." "And Bruce_"

"Bruce was just great, Mamma. Honest, I had the surprise of my life over Bruce. He never contradicted

me once." Martha smiled and said nothing. She had the wisdom

By THEODOCIA PEARCE

Illustrated by LYDIA FRASER

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BUT that night, after the mild confusion of home coming, the arrival of Buster Middleton, the de-parture of Bertha and Ed. and the babies, Martha came to a startling discovery. Alma was no longer a child—a gay girl. She was at last—a young woman. Bruce and Henry had gone for a stroll. "Just a couple of blocks, Pop," Bruce had pleaded, and Martha watching them off, smiled happily. The father and son combination—how it pleased her. She left Alma and Buster chatting on the veranda and went up stairs to put clean sheets on Henry's bed

She stepped out on the balcony to shake out the comforter. How chilly the nights were getting, almost too chilly for pleasure on the veranda. Alma and Buster down below, talking—the voices came up to her—Alma, with her dainty, sheer Georgette blouse—Martha must tell her to get a sweater. She went to the rail and leaned over, the voices coming up to her. "But I thought, Alma," Buster was speaking. Buster, the fine every-day sort of a boy—the Knights had known and liked him always. "I did hope that you might really care about me some day, care a whole lot, Alma. "And now—"

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So why not Buster? "I don't care—yet—" Martha smiled to herself in the dark—"No, Alma, you don't care—yet. It is so

Everywoman's World for February, 1923

sure, so sure when it comes-that great caring-but

sure, so sure when it comes—that great caring—but one day—" Why not Buster, clean, strong, splendid? "Hi, there Mom—you there?" Bruce called out from the hall. "Come on downstairs—Pop's down there—ice-cream for the crowd." Martha followed him down, went to the kitchen for plates and spoons. Alma and Buster came in from the veranda

veranda. Where's your sweater?" Martha asked. "That thin blouse

"Oh! I wasn't chilly-honest, Mamma. I am used

"Oh! I wasn't chilly-honest, Mannae, and to thin things." "Thin ice-" Bruce suggested and Buster laughed with him. Henry's laugh echoed from the pantry. "Martha, any cakes left from supper?" he called. Martha went into the pantry. "Now, Mamma's drudgery begins anew," Alma said, reaching for the paper pail of ice-cream and removing the wrappings. the wrappings.

THE fragrance of coffee awakened Martha the next morning. She got up quickly, surprised and amused. How like Henry to hurry down before her to have break-fast ready. She dressed hurriedly and went down to the kitchen.

Alma, her lithe young body wrapped in a pink kimona, was bending above the stove. Martha stood immobile upon the threshold. She had not expected to find Alma— Alma who usually came down late, ate a hasty breakfast and hurried away. "Why, Alma!" Martha gasped. Alma turned quickly: "Oh, Mamma, you are just fifteen minutes too early. I am not quite ready for you vet."

yet." "But-why?"

Alma shrugged her shoulders— "Don't be surprised, Mamma. I guess I can get breakfast if I want to."

to." But Martha was surprised. Some-how, Alma doing this was the unex-pected thing. Had it been Bertha, Martha would have understood. But Alma—Alma made for music and laughter and gay parlors—Alma bending over a cook stove? "You don't have to do this," Martha moved near. "You don't have to do this, Alma;" it was almost a reproof.

Martha moved near. "You don't have to do this, Alma;" it was almost a reproof. "Of course, I don't," the girl turn-ed from the stove to her mother. "Of course I don't, but I want to. Don't you suppose I understand a little about vacations? I know what it is like going back to the office after mine. I'd give a great deal to have someone type the first few letters for me. So why can't I get breakfast the first morning if I want to? Martha was filled with a glad gratitude. She tried always to under-stand Alma and never really could. "That's—that's dear of you," she said and her voice quivered. Almost she wanted to cry. "Oh, for pity sakes don't be grate-ful!" Alma took a peek into the coffee pot. "This is nothing, and besides— I want to." That was Alma. When she wanted to—she usually did. "The toast made?" Martha asked. "No, it isn't, not yet. You can do that if you really want to help some, Martha laughed.

Mamma.

hat if you really want to help some, Marma." Martha laughed. "Its quite funny being allowed to make toast if I want to." Henry came in, made straight for Martha and kissed her. "Up early!" he conceded. "How does it feel being home and getting breakfast again?" "Alma's doing this," Martha whis-pered close to his ear and, under his breath, he whistled softly, "She is setting the table in the dining-room." "Any mail?" It was Henry's regular morning question. "I haven't looked yet—you do that." Martha carried the plate of bread over to the dining-room door and paused to lay a finger on her lips. "Don't say anything about Alma." Henry smiled wryly.

Alma." Henry smiled wryly. "Not much—I won't, Martha." Martha went on into the dining-room with the bread, sat down at her place at the head of the table beside the electric toaster. "Bruce up yet?" Alma asked. Martha half started from her chair. "I promised him pancakes," she said, "Bless his heart." "Well, he can just take omelette." "But I promised." "Mamma, you promise Bruce far too much," Alma scolded. "Why

can't you make some promises to yourself for a change? You ought to, you know."

"I'd never keep them." Martha slid another slice of bread into the toaster, and reached across for the butter.
"I'm a great promise breaker."
"You are not!" Alma flounced out to the kitchen as Henry came in with the mail. Martha loved the movement and the stir of her family. Henry laid a letter at Alma's place and tossed a blue envelope'over to Martha. She paused in her toast-making to tear it open.
"Good gracious," she gasped presently. "Saturday is the afternoon I promised to give the talk to the Mother's Club of the North Street Mission, and I'd clean forgotten." There was shocked dismay in her voice. Henry laughed.
"Henty of time between now and Saturday."
"Two days," Martha turned quickly at the smell of burning toast. "Two days!"
"Mat's the trouble?" Alma returned with the coffee.
"That Mothers' meeting on Saturday."
"We promised three months ago." Martha put another slice into the toaster.
"We promised?" Alma puzzled.
"You said you would give them a piano solo."
"I said that? But I can't—not Saturday. I am going to the Belmont for dinner with Buster."
"But, Alma—"

"But, Alma—" "Oh, well," the girl pushed back the large kimona sleeves, "If you really want me to, I will. I can leave early surely."

sleeves, "It you really early surely." "About five," Martha considered. "Oh, those frowsy, slouching women and squalling babies," Alma made a little gesture of despair, "They drive me crazy. But if you want me, Mamma." "I want you," Martha said. "That's settled, " Alma went around to her place

at the table. "Dad, bring in the omelette, will you?" She saw the letter on her plate and sat down. The sudden flushed smile was not lost to Martha. She wondered—but Bruce came bounding in. "Pancakes?"

"Pancakes?" "Sorry, Bruce! To-morrow, sure. Alma got breakfast this morning." "Golly! She did!" Bruce sat down hard. "What next? Leadin' a prayer meeting, I betcha." Alma looked up from her reading. "Don't be funny," she warned.

Alma looked up from her reading. "Don't be funny," Alma looked up from her reading. "Don't be funny," she warned. They settled down to breakfast. Alma slipped her letter into the envelope with nicety. "I've just got to get a new dress now, Mamma. The Canoe Club Dance is to morrow—Friday night. I am going with Buster. I thought at first my pink one would do." Alma smiled across at Martha. At times Alma had economical tact. "But it won't now. This is a note from Harry McCoy—he's staying over for it— and wants me to save him the supper." "Who's Harry McCoy?" Henry asked. "Another Slippery Slim!" This from Bruce. "Bruce, you've got to keep out of this." Alma turned to her father, "He's a friend of Buster's, Dad. I've only seen him twice, at Lake Carling in July and last Sunday. He's awfully clever, simply stunning. All the girls—"

only seen him twice, at the Sunday. He's awfully clever, simply stunning. An the girls—" "Bah!" Bruce cut in. "All the girls—say, they gimme a pain. All the girls!" Martha laughed silently as she remembered Alma's remark. "I had the surprise of my life over Bruce. He never contradicted me once." And here he was at the old game, making up for lost time. Henry took out his watch. "Guess we'll have to hurry, Alma—after eight now." "Gracious!" Alma lifted her coffee cup and gulped the contents. "And I'm not dressed yet." Martha went to the front door with Henry when he left a few min-utes later for the shop. "Mind going back?" she inquired. "Mind being home?" he asked and they both laughed. BACK in the hall she encountered

they both laughed. BACK in the hall she encountered Alma coming down the stairs. Martha's heart swelled with its wont-ed pride. How trim and sweet and refreshing she was in her dark suit and the ten-fifty head-gear, that sparkle of pleasure in her eyes, that sense of Youth about her sprightly carriage. carriage.

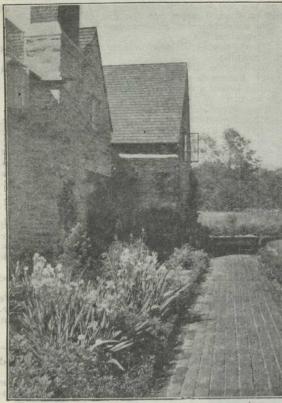
spirkle of pleasure in her eyes, that sense of Youth about her sprightly carriage.
She paused at the foot of the stairs, pulling on her gloves.
"I am sorry about that dress, Mamma—I didn't really want to pay for a new one, you know, but I must look nice. What color shall it be, Mamma?—I thought a rose one with black trimming perhaps." And Martha, remembering the funny calico gown of her youth with its rows of black braid, smiled.
"That sounds very well, but—not too expensive, Alma."
"I just can't pay much and I just must hustle." She gave Martha a pert little kiss. "I won't be home for lunch to-day," she called back from the veranda. "TI be shopping." Martha, from the little hall window, watched Youth depart, then holding Love to her heart, she went back into the dining-room. Bruce was munching the last piece of toast; Martha sat down at Henry's place.
"Bruce—"he started at the directness of her tone, "Just between ourselves," Bruce tilted back in his chair, "just between ourselves, Mom, I think she is some looker!"

ourselves, Mom, I think she is some looker!" Martha laughed at his frankness, got up and began to clear away the dishes. Then she went upstairs to make the beds. Alone in Alma's chintz-hung room with the ivory toilet pieces on the dresser, its rose-shaded light and tiny desk, Martha seemed to be looking into the heart of Alma. She stopped to straighten the cover on the dresser—how hur-ried Alma had been that morning— how thoughtful it had been of her to get breakfast. The cover was crooked, and Martha, bending over to adjust it, looked straight into the eyes of a strange young man. She picked the photograph up in hands that trembled a little and stared at it intently. It was a clever, handsome face, with a sharp cynical chin and eyes like deep places—the eyes were like deep places to Martha. Across the bottom in a sure bold hand was written "To Alma, Always. HARRY." She put the photograph back and stood staring at herself in the mirror

She put the photograph back and stood staring at herself in the mirror, her brow wrinkled, her mouth drawn. (Continued on page 32)

"I am writing Buster now,-I hurt him Mamma. Oh, I know I hurt him!"



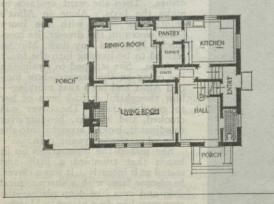


Mellor, Meigs & Howe. Architects

Against the stone walls of this picturesque little English cottage, slender evergreens are grouped to form a dark background for a wide border made gay the summer 'round by a succession of long-loved perennials: iris, Canterbury bells, foxglove, columbine, larkspur, phlox, chrysanthemum and Oriental poppies. The wide walk of red brick is a colourful adjunct colourful adjunct



<text><text><text><text><text><text><text>



Unusually wide doorways have been incorporated in this plan to impart to the living room, the dining room and the hall much the effect of one large room: which is an espec-ially useful arrangement for entertaining purposes. Quite unusual, too, is the amount of closet space provided upon the lower floor—a feature particularly appealing to all good housewives.

BEFORE YOU BUILD

The Selection of the Site is The First Logical Step Toward the

Acquisition of a New Home

By CHARLES VAUGHN BOYD

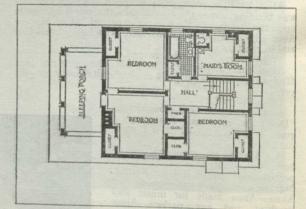
when the prospective builder is bound to no defined section; when he is free to choose between a number of communities, all of which possess commendable features; when he is able to search, without tiresome restrictions, for just the type of site that his imagination has long conjuged. conjured.

conjured. IN connection with site-hunting, one of the first and most important points to consider is transportation: for, even in this age of many motors, other forms of transportation have not lost their hold upon the general public, nor are they likely to for long years to come. What, then, of the type of transportation available between the possible homesite and the place of business, and what of the time consumed by the trip? The cost of transportation must also be taken into consideration—and, interwoven with that, the comfort of the trip to and from work. Although the cost may rise with each additional mile, there is, to balance this, the greater likelihood of a comfortable seat for the commuter, in the morning if not at night! Still another phase of the transportation problem is the possibility of delay during severe winter weather. For the city dweller, who is considering the suburbs, due attention should therefore be devoted to the records of the trans-portation companies serving the various communities which the site-seeker is inclined to view favorably, in order to ascertain exactly what to expect under adverse weather conditions. weather conditions.

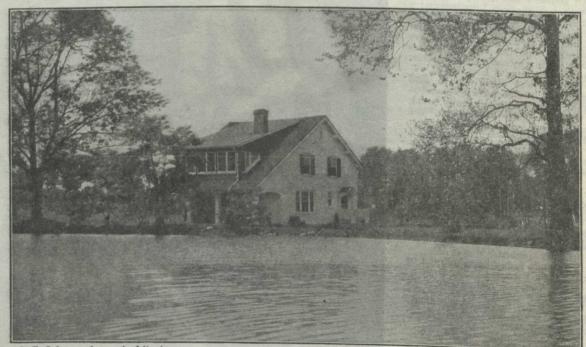
The proximity of either the train or trolley terminus is likewise of importance to such a site-hunter, when it is remembered that the distance between the home-site and the terminus will have to be covered at least site and the terminus will have to be covered at least twice every working day, whatever the weather may be. But, for a home in which there are growing children, it is not sufficient that train or trolley be readily ac-cessible: it is just as essential that there be reasonable proximity to a good school, and that the road to and from that school be free from menace to health and limb.

BEFORE passing judgment upon the suitability of any site, the general character of the entire neigh-

This is, naturally, quite inapplicable to the new com-munities which appear with startling number and amaz-ing growth near any large centre of population. With these, the criterion must rather be the physical character of the development; the improvements made, particularly in the shape of roads, sidewalks, light and water: and, coupled with these phases, there must always be con-sidered the matters previously mentioned—proximity to transportation, schools and other conveniences of modern life. As for the actual site, while a fixed criterion is obviously out of the question, there are certain points which should invariably receive careful attention. The question of size is, for example, always of importance. When



The maid's room, equipped with toilet facilities, is suit-ably placed adjacent to the stair-landing: and the plumb-ing fixtures are upon the wall next to the bathroom and immediately above the kitchen equipment to promote economy of installation and maintenance. Diagonal ventilation and ample closet-room mark the bedroom arrangement; with the hall reduced to a minimum.



C. E. Schermerhorn, Architect

What site could be more delightful than this? Great old trees and luxuriant shrubbery to soften all harsh contours and a stretch of silvery water to mirror land and sky! Into this setting, the red-roofed, reamy-plastered house of hollow-tile, with shutters of bottle-green and while-painted trim, fits perfectly. And be it noted, living room, dining room and porches are admirably placed to afford their occupants an uninterrupted outlook upon the lake.

bourhood should be investigated. Well-kept neighbouring bourhood should be investigated. Well-kept neighbouring houses and pleasant gardens do not necessarily create an ideal environment for a home-to-be, although they are undoubtedly desirable adjuncts. For instance, there may be, quite hidden away, some manufacturing plant, which, under certain atmospheric conditions, over-whelms that apparently pleasant neighborhood with soot-laden smoke, noxious fumes or irritating noise. These conditions are, of course, especially apt to arise in communities contiguous to a large city or upon a main railroad artery.

main railroad artery. One excellent criterion in choosing a new home-site is the number of "For Sale" signs in any established neighborhood—for these usually silently point to any impending or accomplished change of character that may be driving the earlier inhabitants to other sections.

there is a choice afforded between lots of larger and smaller size, it is, of course, preferable to choose the larger—that is, if its maintenance is not likely to prove a burden on either purse or person. The less restricted property assures an abundance of air and sunshine around the house and it also affords greater freedom from the too-engrossed attention of neighbours—which is no unimportant point!

is no unimportant point! Exposure, too, plays a big part in the selection of a home-site. The preference should be given to a Souther-ly exposure, when that boon can be had without the sacrifice of some other desirable feature. An exception-ally attractive view is, however, usually accepted as a fair compensation even for the loss of a Southerly ex-posure—because, with careful planning, and the right (Continued on page 30)



HE noticed him with a thrill of blurred recognition, the moment she entered the car. But he, apparently, did not see her until she had seated herself. He stared for an immeasurable part of a second. Then his whole face broke into a smile charged electrically with delight. He pulled off his hat with a swift, vigorous gesture. With his head bare, he looked appallingly alien.

alien. This is the formulæ of her thoughts for

alien. This is the formulæ of her thoughts for an infinitesimal interval: "Oh, dear, I haven't the remotest idea who he is. I know I've never seen him before in my life. I'm sure I'd remember a man that looked like that. I won't bow. I'l simply glare at him until he slinks out of the car. But I can't cut a man with a whole crowd standing round to watch the massacre. Maybe he's made a mistake. "I will bow. But suppose he's calculat-ing on my not daring to throw him down —before people—suppose he takes advan-tage of my kindness to come over and talk with me. I won't bow." She bowed. "I know as well as I know anything that I never met him in my life. I never saw such a girl as I am for seeing people that look like somebody I can't remember. Perhaps he did it just as an experiment to see if I would. Perhaps he thinks I'm the kind of girl that—Perhaps this feather is too long! But I have always thought if there was anything that could be said to my credit—it was that I looked like a lady. "Tm sorry I bowed.

to my credit—it was that I looked like a lady. "T'm sorry I bowed. "Probably I have met him somewhere. Where was the last place I went before going to St. Johns—oh, I know, that evening at the Gordons'—there were slathers of new men there. That's where I met him. Wouldn't it have been awful if I'd cut him! I wonder if the dot on my veil has worked on to the end of my nose. I'll get his name in a moment. "I'm glad I bowed."

SHE stole a sideways glance in his direc-tion when her sixth sense told her he

D tion when her sixth sense told her he was looking away. No, it was impossible that he could be a mere vulgar villain. He had all the stigmata of the thoroughbred. He had a long, sinewy body that broadened into shoulders that cut off the whole view from the window at his side. He had the kind of chin outline that she particularly liked—cleft, too, not dented. The hand that grasped a bag full of golf sticks was slender, muscular, full of character. There had been in his eyes, when he bowed, that straightforward, pleasant look that much traveling had led her to believe was characteristic mainly of the men of her own country. own country. Of course after that she stared straight

Of course after that she stared straight ahead. "Now let me think of the men I met at the Gordons'—there was the one that had the walrus mustache—the one that looked like a peanut—the one with the fuzzy English accent—the pink-looking one with the mauve eyelashes. Then there was that nice Western boy who told me I was easy to look at. Oh, I know! This one must have come with that crowd of real men who stopped at the door in the automobile with Charley Gordon. Charley Gordon insisted on dragging them in. They were all in those cubby-bear coats and of course men never look remotely human in goggles. It's out of the question trying to remember his name. "Wouldn't it have been dreadful if I hadn't bowed?"

ON THE other side of the bridge the car began to empty. There was a vacant place at her side presently. She knew the exact moment when he arose. She did not move an eyelash as she felt him drawing

She did not move an eyelash as she felt him drawing nearer. "Have you seen the Robinsons lately?" he asked pleas-antly as he seated himself at her side. Oh, it was at the Robinsons' that he had met her then. That was a different thing. It was as if he had been marked "sterling." There were never any "seconds" at the Robinsons'. "Not for two weeks, I think," she said with her prettiest air of graciousness. "How are they all?" His face grew serious. "Then you haven't heard?" "Heard?" She turned directly to him and her eyes went wide with alarm. "Of Mrs. Robinson's accident? Please don't look



"YOU WOULDN'T LET ME BELIEVE THAT YOU DON'T DARE TO COME TO SEE YOUR BEST FRIENDS ON MY ACCOUNT"?

The Match Breakers

By INEZ HAYNES GILLMORE

Illustrated by MARY H. CAMBELL

like that!" He went on reassuringly: "She's not dan-gerously hurt. She was thrown from an automobile two or three nights ago—she's all right now—there were no honce berden "

gerously hurt. She was thrown from an automobile two or three nights ago—she's all right now—there were no bones broken." "How dreadful!" Her soft brows gathered into a furry plexus. "Are you quite sure she's all right? Have you seen her?" "No. But I called last night. And they assured me that she was quite herself again; that she had, in fact, taken a short drive in the afternoon." She gnawed perplexedly at her under lip. "I can't see why they didn't tell me. But I have just this mo-ment returned to town. I suppose they wouldn't alarm me unnecessarily while I was there and they haven't had a moment since. There was an important letter, taking me away the moment I got into the house." This was half reverie and he did not say anything. But his look was sympathetic. His face was even nicer, she thought, in its serious aspect. "It would be awful to have anything happen to Mrs. Robinson," she went on. "She's such a dear. And such a wonderful woman too. Wherever she is things happen—don't you think so? And you always meet such charming people in her house." "I have—certainly," he acquiesced with enthusiasm. "What car are you taking?" he asked as they both arose. "An Arlington car. But I want to run into the station

arose. "An Arlington car. But I want to run into the station and telephone first."

"I'll hold the car for you," he offered "I'm going to Arlington too." "I tried to get the Robinsons," she said on her return, "but nobody answered the 'phone. But I got Marvin and ordered some flowers to be sent out to her. I—"" "There's our car now," he interrupted. "Who was with Mrs. Robinson at the time of the accident?" she asked as they seated themselves. "Or was she alone?" "No, I believe Dora was with her." "Dora?" she repeated questioningly, "Dora?"

"Dora?"

"Yes, her daughter." "But Mrs. Robinson has no daughters." He stared at her. "She has two daugh-re"

"Two daughters." She returned his stare. "What Mrs. Robinson do you refer to?" she asked after a perplexed pause

pause. "I mean Mrs. Marmaduke Robinson of Belton Roads." "I've been talking about Mrs. Aston Robinson! At least," she went on haughti-ly, "it was to her that I had the flowers sent with a most affectionate message of sympathy for her accident." He roared.

sympathy for her accident." He roared. "Perhaps you'll be so good," and her cutting tone broke his laughter short, "as to tell me where you met me." "Why, at the—" he began confidently. Then he began to stammer. "I—I thought I met you at a tea given by Mrs.—Mrs. Marmaduke Robinson—three weeks ago. There was a girl pouring tea—no, she was ladling out that cold slushy stuff they give you at teas. Anyway she had a feather that dripped down over the side of her hat just like yours." He looked encouragingly at her as if this alluring description must jog her memory. "As I don't know the Mrs. Robinson to whom you refer, I could not possibly have met you. It's not necessary for me to remind you that we don't know each other."

other.

other." He arose instantly. "I beg your par-don," he said simply. "It was all my fault." He raised his hat. He retreated to a seat in the farthest corner where he sat with his arms folded, looking away from her, out the window. Once she saw his shoulders shake. She knew he was think-ing of the flowers. Her own shoulders took a loftier pose.

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T'M GOING TO TRACK THAT YOUNGHIGHWAYMANDOWN!" ROARED THE WALADOO BIRD

ROARED THE WALADOO BIRD HEN Montague Skinner, son of a capitalist and capitalist himself, found by successive disillusionizing experiments that the school was neither impressed by his own worldly personality or ready for the launching of genteel sporting practices, he fell into a period of abysmal depression that was the more overwhelming in that he could see no guiding streak of light in the completeness of his darkness. He had failed to impress. There was no doubt on that score. And as his moral education, by sharp pro-cesses, began to be accomplished, he himself began, curiously enough, to lose the zest for the ways and dis-tinction of completed manhood and to long wistfully, unbeknownst to his comrades, for the simple frolics of a mere boy.

unbeknownst to his comrades, for the simple fronce of a mere boy. The trouble was that he was always an outsider. He perceived it despairingly, as he perceived the vital truth that a night feast on indigestible tinned food and dyspeptic root beer was still a banquet and a banquet that needed no more fortunate patron. When Turkey Reiter had indiscreetly informed him that his fatal drawback was the reputation for billions, he spoke the truth, and he might have added that every billionaire in such an assemblage is held to be impossible, dudified and deserving of hard labor until he has re-moved the burden of suspicion.

The result steadied him in his wavering belief in the theory of the supremacy of capital. Not only was there an instant somersault on MacNooder's part, a change accomplished between the blacking of one boot and the withdrawal of the other, but the effect in the House was electrical electrical.

electrical. Half an hour after MacNooder had received the invitation, the Triumphant Egghead smilingly appeared in the Beefsteak room, with a genial manner. "Hello, Monte, old boy, not studying, are you?" "Come in," said the Beefsteak, chuckling inwardly. "What a perfectly corking room, a peacherino!" said the Egghead, surveying for the first time the walls decorated with photographs of certain theatrical ladies

Getting Wise

Beefsteak Sees a Great Light

By OWEN JOHNSON

Illustrated by F. R. GRUGER

who adorned but did not elevate the stage, and chromos of national bruisers in boxing tights.

"You like it?" said Skinner carelessly. "And gee! Look at the Dottie-Dimple Toes! Say, you don't know all these fairies, do you?" "I'll put you next to any of them," said Skinner, relapsing into the past.

Skinner, relapsing into the past. "Gee, I'd like to meet a real live actress," said the Triumphant Egghead, slyly approach-ing his opportunity.

A^T this moment the door opened and the Waladoo Bird came hastily in. The Triumphant Egghead shot him a furi-ous glance which was returned by one of suspicion and envy. The Waladoo Bird, giant of the football eleven, sat down and, smiling on Skinner, said with directness: "Say, Monte, I've got to get a couple of suits bitten out for me in New York. You know the whole dressing game from A to Z. Give me a couple of pointers on what's the real thing. Look over my style of beauty and put me on. And say, what's the best hotel to stop at?" at?

and put me on. And say, what's the best hotel to stop at?" The Waladoo Bird understood but one method of attack and that was a mass through the center of the line. But at this moment the door swung the third time and the Tennessee Shad entered, slightly out of seize on the instant if he had been forestalled. Close on his heels came Dennis de Brian de Boru Finnegan, who beat to the threshold the Gutter Pup and Lovely Mead. That night the Uncooked Beefsteak, who had been varched since luncheon by those who were most con-cerned in watching one another, went off to sleep more thoroughly happy than he had been in months. He had played the trump card and the stakes were his. No more would he lighten the burdens of Klondike, the Ethiopian, no more would he bend in servile postures over the oozing muddy boots of striplings in knicker-bockers, no more would he listen in isolated darkness to the whispered merriment of distant feasts; he would select with a ruthless and distinguishing finger his guests among the *élite* of his comrades; there could be a week of princely entertainment and then he would return, one of the chosen, a member of the *crême de la crême*.

H

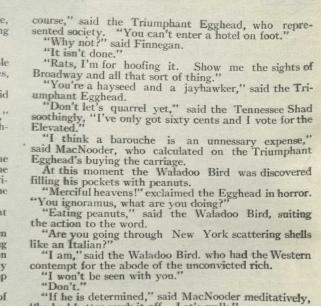
of five in close marching order, con-sisting of MacNooder and Dennis de Brian de Boru Finne-gan in advance, the the Waladoo Bird and the Tennessee Shad sup-porting the center and the Triumph-ant Egghead guarding the

F.R.GRUGE

rear. "Halt!" said Mac-Nooder. 'What for?" "We must consult How

consult. How shall we ap-proach the Regal Hotel? On foot, in a swiftly moving trolley, or drawn by prancing horses?" "Hire a

hack, of



"Don't." "Don't." "If he is determined," said MacNooder meditatively, "he had better work it off. Let's walk." The Triumphant Egghead immediately engaged a coach and hid himself in the company of the Tennessee Shad, whose exertions were always mental. The Waladoo Bird, flinging out peanut shells with the regularity of a thrashing machine, strode defiantly, flanked by Dennis, who stopped from corner to corner to buy an extra, and MacNooder, who showed a lively interest in the new attractions in the shop windows. A matter of a block behind, at a patient walk, came the hired coach from the recesses of which the Triumph-ant Egghead gazed upon the offenders with wrath and disgust.

disgust.

disgust. "I wonder what he thinks this Regal Hotel is?" he said furiously. "An actor's boarding house?" "I know for a fact," said the Tennessee Shad to soothe end comfort him, "that the Waladoo Bird has only two dollars and thirty cents." "Awfully funny, ha! ha!" said the Egghead who was in no mood for humor. "He must get filled up sometime." "If he don't, it's all off. Do you think I'm going to march into the foyer of the classiest thing in New York with an elephant ten feet high cracking peanuts?" "How far is it uptown?" "Five or six miles." (Continued on page 27)

"Five or six miles. (Continued on page 27)



"SAY, LOOK HERE, THE WALADOO BIRD HAS GONE CLEAN THROUGH HIS BED" GASPED THE TENNESSEE SHAD



John Bunny's School in Bunny Town Achieved a reputation. The Bunnies passed with highest marks In each examination.

And day by day, and week by week, The cheerful hours did pass; Each Bunny trying hard to be The smartest in his class.

But yet, in time, these Bunnikins Of lessons grew quite tired: To have some real variety They each and all desired.

Said one, "My lessons grow quite dull, Some change I'd like to see; Reading and writing, spelling too, Grow wearisome to me.

Some time ago we learned about The Birds both great and small; Those Nature Lessons seemed to us The nicest of them all."

Then said John Bunny, "Good Idea! The time has come that we Should learn of beasts upon the land And fishes in the sea.

"We'll talk of Beasts that roam the wilds, In countries far away: To learn their names and habits Will take us many a day.

"Some animals are wild and fierce; They roam through plain and wood, And hunt for other animals That form their daily food.

"While others, just as big as they, And some much bigger yet, Exist on roots, and grass and leaves, And thus their living get.

"So we will sort them out in groups, According to their habits,



To make our lesson easier For weeny little rabbits.

"The LION is the King of Beasts, Poets his praises sing; And all the other animals Accept him as their King.

"His roar is like the thunder, Consistent with his might. Like other Cats he sleeps by day, And hunts his prey at night.

A Nature Lesson

In Which John Bunny Tells About the Wild Animals of Foreign Lands

"The TIGER is both fierce and strong, The largest cat that's known; He lives in forests, hunts by night, In couples or alone.

"His tawny hide is barred with black, Alternate with the yellow; Though fierce and wild, you must admit He is a hansome fellow.

"The LEOPARD is both fierce and strong nd very bold,

And very bold, and so He ventures where the Tiger Would never dare

to go. "The OUNCE, the Leopard of the Snows, Frequents the mountain peaks

Where through the snow-clad ranges For mountain sheep he seeks. The IACKAL feeds on the wild hare.

But likes tame poultry best; And men who live where Jackals roam Consider them a pest.

"The strange HYENA hunts at night, But hides the whole day long,; He is a coward, though his teeth Are extra large and strong.

"His cry is something like a laugh, Both weird and strange in tone; He follows other animals,— Afraid to hunt alone.

"In many lands the BEAR is found; Some black, some brown, some white. To tell you all about the Bears Would take a day and night!

"Some live in caves and some in trees, And some amidst the ice. Some sleep the whole long Winter through, Which must be rather nice.

"When Bruin starts his Winter sleep, Quite fat and sleek is he; But in the Spring when he comes out, A different sight we see.

"For Bears are fat as butter When first their sleeps begin; But, when the Winter's over, They're very, very thin! "They wake up when they're hungry, (Perhaps they have a pain), And start to eat and eat and eat, Until they're fat again.

"The WALRUS is a Water Beast, Which weighs about a ton. He spends his life amidst the ice, Under the Arctic Sun.

"The WOLF is like a great fierce dog. A Dog, in fact, is he. And in the North-ern Countries The largest wol-ves we see.

"These are the animals which

on other Beasts for food.— We'll now consid-er those who eat

The growth of field and wood,

Eats roots and fish and fruit; Stays by himself—though when attacked He is a dangerous brute.

"The ELEPHANT, though huge in size, May yet be tamed with ease: And when his driver wants to mount, He goes upon his knees.

"And in our parks the Elephant

"But in the countries where he lives, In bands he roams the wild; And other animals he meets Don't find his temper mild.

"The Lion, and the Tiger too, (Though both are fierce and strong), Make way when Mr. Elephant Happens to come along.

"The CAMEL in the desert lives, Where water's hard to find; He goes for weeks without a drink, And doesn't seem to mind.

"And men who live near sandy wastes Call him the "Desert Ship"; Without his aid they dare not go On many a desert trip.

"The tall GIRAFFE, as you may know, Grows eighteen feet in height. He feeds upon the leaves of trees, And so is harmless—quite!

"He reaches with the greatest ease The tender shoots up high; But when he wants to reach the ground Quite hard he has to try.

"Although his neck is very long, His legs are longer yet; He has to spread them wide apart If grass he wants to get.

"The HIPPOPOTAMUS is found In rivers, and can sink And walk along the bottom,— A clever feat, I think!

"The "River-Cows" they call them in The countries where they live,— (Though Cow's a word that hardly seems The right idea to give.)

"The ZEBRA, all except his stripes, Is something like the horse; In bands he roams the desert plains, And lives on grass, of course.

"The CROCODILE of India You all have heard about. He's not a wild beast really, But we couldn't leave him out!

"We've only had a few short words About each special beast. To give the details of each one Would take a page, at least.

"Are you, my Bunny, one of those Who knows, and understands The habits of the great wild beasts Which live in foreign lands?

"Books may be had which tell at length The lives these wild beasts lead. It might be good to get these books And all about them read.



And good John Bunny, later on, Will tell about the DEER; Of many kinds, in many lands, Some details you shall hear.

Perhaps, in Canada, you think There isn't much to tell; But you will have a lot to learn Before you know them *well*.

And some day we will have a page Of Animals near Home, That through our own Canadian woods And mountain-country roam.



"The Great WILD BOAR of India

May oftentimes be found; The children love to have a ride, So far above the ground.

CHARMING FROCKS FOR SEMI-FORMAL OCCASIONS



3444-Ladies' and Misses' Dress Waist, closing at left shoulder and underarm seam, with slightly low waistline. U or round neck and with or without collar and trimming bands. Underwaist closing at front with long sleeves perforated for shorter length. Attached two-piece skirt gathered at sides. Sizes 16 years, 36 to 40 inches bust measure. Size 36 requires 3-1/8 yards 36-inch material with 1-3/8 yards 36-inch contrasting material. Price 35 cents. **3063**—Ladies' and Misses' Dress, consisting of separ-ate waist opening at left side of front and draped at each side; U neck with vest and collar, or square neck, lower edge of front in either of two outlines; short length kimono sleeves with deep cuffs forming three quarter length or with gathered sleeve puff; one-piece straight gathered skirt, joined to camisole at regulation waistline. Sizes 16 years, 36 to 40 inches bust measure. Size 36 requires 5-1/8 yards 36-inch material with 3/4 yard 36-inch tucked banding. Price 35 cents. Transfer

15041, 50 cents.

3480—Ladies' and Misses' Dress, to be slipped on over the head, and closing at left underarm seam; kimono waist and long sleeves in one, perforated for seven-eighths and shorter length sleeves, round or square neck or oval neck with collar. Two-piece gather-ed skirt joined to waist at low waistline and with or without loose panels. Sizes 16 years, 36 to 42 inches (Continued on page 20)



3446—Ladies' and Misses' One-piece Dress, to be slipped on over head and drawn in and bloused at slightly low waistline or to hang free. Round, square or V neck; drop shoulders; long sleeves (with or without slash), perforated for short sleeves. Sizes 16 years,

36 to 42 inches bust measure. Size 36 requires $4{\cdot}1/4$ yards $36{\cdot}inch$ material. Price 35 cents. Transfer 15076, 35 cents.

3659-Ladies' and Misses' One-piece, Slightly Long-

waisted Dress, to be slipped on over head with oval or U neck and bloused at waistline by casing with elastic inserted. Lower edge of dress in scalloped or straight (Continued on page 26)



3483—Ladies' and Misses' Coat, in 45 or 48-inch length, collar worn high or low and with or without strap at right side of back. One-piece sleeves sewed in large armholes and with or without cuffs. Sizes 16 years, 36 to 44 inches bust measure. Size 36 requires 3-3/4 yards 54-inch material. Price 35 cents.

3836—Ladies' and Misses' Coat, with fronts rolled low or buttoned close to neck and with or without in-verted plait at center back. One-piece raglan sleeves with turn back cuffs in either of two outlines at upper edge. Patch pockets at front with laps in either of

two outlines and with or without front inset pockets. Belt with round or pointed ends. Sizes 16 years, 36 to 44 inches bust measure. Size 36 requires 3-5/8 yards 54-inch material. Price 35 cents.

3777—Ladies' and Misses' Suit Coat, with notched or shawl collar, two-piece full length flare sleeves with cuffs or perforated for fitted sleeves. Pockets with or without trimming straps. Length at center back is 29 inches. Sizes 16 years, 36 to 44 inches bust measure. Size 36 requires 1-3/4 yards 54-inch material with 3/4 yard 36-inch contrasting material. Price 30 cents.

3641—Ladies' and Misses' Suit Coat, with convertible collar and one-piece straight lower band. One-piece full length sleeves, perforated for seven-eighths length sleeves. Sizes 16 years, 36 to 40 inches bust measure.

3481—Ladies' and Misses' One-piece Skirt, gathered at top lapping at front and fasten with snaps or French tacks. Having straight lower edge and may be made of a shawl, scarf or bordered material. Sizes 16 years, 28 to 36 inches waist measure. To make suit in size

(Continued on page 26)

Ordinary cleanliness won't do for towels, which come in contact with dishes. They need and deserve Fels-Naptha cleanliness.

Wash dish-towels daily with FELS-NAPTHA — a simple, sanitary safeguard

Real Naptha! You can tell by the smell

For men, too!

Autoists, sportsmen, and mechanics find Fels-Naptha great for removing grime, grease, and dirt from hands, without the use of grit. Takes spots out of clothing, too.



The original and genuine naptha soap, in the red-and-green wrapper. Buy it in the convenient ten-bar carton. Dish-towels need the purifying power of a safe, searching, sanitary soap. At least once a day, spare a few minutes to wash your dish-towels and kitchen-cloths with Fels-Naptha, the great double-cleaner.

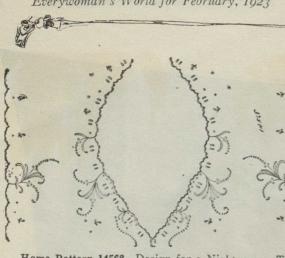
The real naptha goes through the threads and loosens grease and unsuspected dirt like magic. The sudsy water flushes them away. Its work done, the naptha vanishes, leaving the cloths clean, sweet and sanitary.

Fels-Naptha is not only a great cleanser of dish-towels. It does all laundry work, from sheets and shirts to sheerest waists, with equal speed, thoroughness and safety.

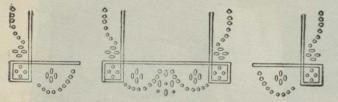
Fels-Naptha is more than soap. It is more than soap and naptha. It is the exclusive Fels-Naptha blend of *splendid* soap and *real* naptha in a way that brings out the best in these two great cleaners. Get it today from your grocer.

> TEST Fels-Naptha's wonderful efficiency. Send 2# in stamps for sample bar. Address Fels-Naptha Soap, Philadelphia.

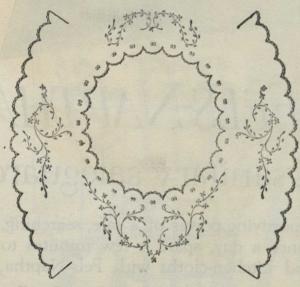
THE GOLDEN BAR WITH THE CLEAN NAPTHA ODOR



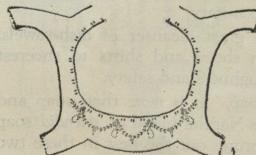
Home Pattern 14568—Design for a Nightgown. This dainty nightgown design should be embroidered in solid work and eyelets. The design is also appropriate for use on a chemise or corset-cover. Nine skeins of No. 25 working cotton are required. Price 25 cents.



Home Pattern 14441 — Design for Child's Yoke, Lingerie Waist or Nightgown. The design may be developed in solid or eyelet 'embroidery combined with lace insertion or braid on a child's dress or apron. 6 skeins, No. 25 working cotton or 8 of filo silk, 1½ yards of lace insertion or 3 yards of braid are required. Price 25 cents.



Home Pattern 14493—Design for a Nightgown. The pattern includes transfers for stamping the front and back in one, and the sleeves. This de-sign may be developed in French and eyelet work. It is appropriate for use on a slip-over or one-piece nightgown, chemise, or corset cover. Price 25 cents.



Home Pattern 14730—Yoke Design for a Com-bination. The transfer is in two parts which must be put together before transfering the pattern. This yoke design for a combination may be used on a slip-over garment or one opened at the back. It is appropriate for use on combination garments or corset-covers of handkerchief linen, lawn, batiste or crepe de Chine. The design should be developed in solid and eyelet work. Price 25 cents.

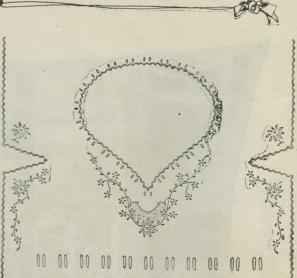




Home Pattern 14509—Design for a Com-bination Garment, ruffles each 37 inches long. This design for corset-cover and drawers ruffles should be embroidered in solid work and eyelets. The design re-quires 18 skeins of No. 20 working cotton. Price 25 cents.

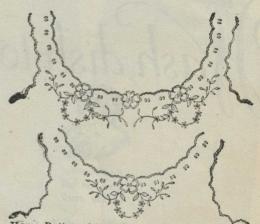


Home Pattern 13234—Daisy Design for Cor-set Cover. The leaves of this garland of daisies are embroidered in the French laid work, and the daisies may either be done in the same way or may be worked as eyelets.

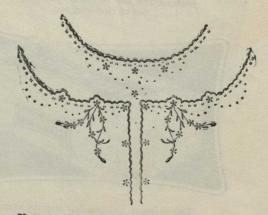


Home Pattern 14655—Design for an Empire Night-gown. The pattern includes transfers for stamping neck, sleeves and a strip of beading. The large flowers should be embroidered in solid work and the small flowers and leaves in eyelets. The large eyelets may be omitted if a loose gown is preferred. Price 25 cents.

Home Pattern 14304—Design for a Child's Dress, 6 sprays(each 2 by 13½ inches; 3 reversed. These sprays may be carried out in French or eyelet work. They are most attractive for use on underwear, waists, belts, neckwear and infants' garments. Price 25 cents. waists, belts, Price 25 cents.



Home Pattern 14133-Design for Embroidering a Corset-Cover or Chemise. It may be used on a slip over on back-closing garments. Price



Home Pattern 14046 — Design for a Corset-Cover, Chemise or Nightgown. This design can be used for either front or back-closing gar-ments. For a back-closing garment, the scal-loped front edges must be cut away before stamping. The design should be worked in French laid and eyelet embroidery. Price 25 cents.

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Luscious fruits from the world's finest orchards—"packed where they ripen the day they are picked"—ever ready to serve with all their natural fresh charm and delicacy.

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Clark's Tomato Ketchup adds wholesome zest and enjoyment to the meal.

Try it with meat---fish or eggs, etc.

The unvarying excellence of Clark's Tomato Ketchup has doubtless been the reason of its welcome on so many Canadian

The fine, sun-ripened tomatoes are brought daily, fresh from the vines, and carefully hand-picked in the Clark's establishments, right in the heart of Canada's best tomato districts.

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enables our scientific processes to be carried out without any detail being missed, and delivers to the mechanical bottle fillers Clark's Tomato Ketchup in perfect condition.

CLARK'S Tomato Ketchup is rightly termed—Canada's National Condiment—just as CLARK'S Pork & Beans are

Ask Your Dealer for Clark's W. Clark, Limited-Montreal Establishments at Montreal P. Q., St. Remi P. Q., and Harrow, Ont.



material with 2-1/2 yards lace edging. Price 25 cents.

3696—Ladies' and Misses' Pajamas and Cap, kimono waist with two lengths of short sleeves and with collar, or without collar and in V outline at back; four-piece, gathered, lower section with fulness in legs drawn in at lower edge with elastic forming frills; with or without pockets. Sizes 16 years, 36 to 42 inches bust measure. Size 36 requires 3-7/8 yards 36-inch material with 2 yards ruffling. Price 25 cents.

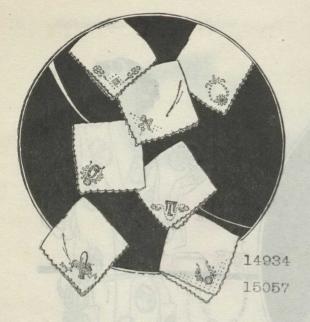
3526—Ladies' and Misses' One-piece Step-in Drawers, in either of two styles. Cut in sizes small, medium and large. The medium size requires 1-3/8 yards 40-inch

3314—Ladies' and Misses' Undervest in either of two outlines at top. Sizes 34 to 46 inches bust measure. Size 36 requires 1-1/2 yards 36-inch material with 2-1/4 yards lace banding, and 2 yards ribbon. Price 25 cents.

3727—Ladies' and Misses' One-piece Nightgown, to be slipped on over the head with short length kimono sleeves and with or without pockets and belt, fulness in neck drawn in with ribbon. Sizes 16 years, 36 to -42 inches bust measure. Size 36 requires 3-1/4 yards

36 or 40-in. material with 1-3/4 yards ribbon. Price 25c.

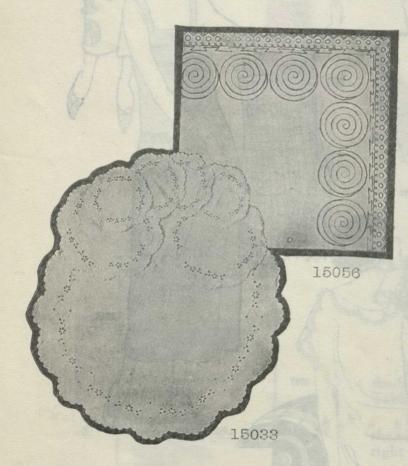
3796—Ladies' and Misses' One-piece Sleeveless Negli-gee, to be slipped on over the head with trimming piece over each shoulder extending below lower edge of neg-ligee, or in narrower width extending to lower edge of negligee at right side only and with trimming piece over left shoulder extending to waistline; with wide or narrow sash. Sizes small, medium and large. The small size requires 4-5/8 yards 36-inch material with 4 yards ribbon and 25 yards ruffling. Price 30 cents. (Continued on page 26)



14934—Handkerchiefs with different corner designs. The pattern contains 2 handkerchiefs with scalloped edges 10-1/2 inches square, and fourteen transfers for corners. Price 30 cents.

15057—Cut-work alphabet. Pattern contains one transfer of each initial. Price 30 cents.

15014—Handkerchief designs developed by drawing reads. Pattern contains 23 designs. Price 30 cents. threads.

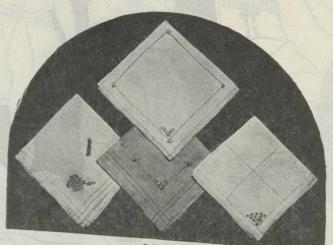


15056—Border Design, suitable for dress trimming and household linens. The border is 20 inches wide and there are 3 yards of the transfer. Price 35 cents.

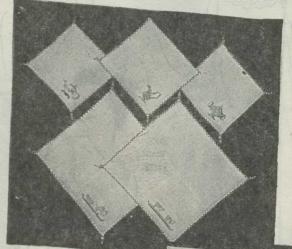
15033—Madeira Luncheon Set. The pattern con-tains transfers for 6 plate doilies, 6 tumbler doilies and 1 center piece. Price 40 cents.

The Touch of Distinction

Is Added by Embroidery, Crochet or Applique

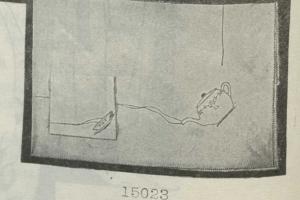


15014



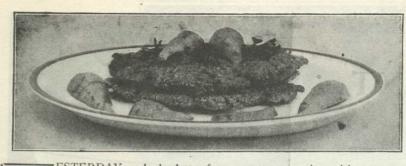
15023-Designs for tea cloth and napkins. These designs may be developed in cross stitch, outline stitch or appliqué. The pattern contains transfers for 6 tea cups and 4 transfers of teapots and 4 rows of cross stitch design. Price 30 cents.

15023



15079-Filet Patterns for household articles. The pattern contains 4 transfers of each of the three designs, making 12 in all. Price 35 cents.







ESTERDAY we had a letter from a western

STERDAY we had a letter from a western friend, who ended her epistle by remarking, "We have had a lovely fall and are prom-ised an open winter." As an ex-resident of the west, I know just how she feels about that hope of an open winter. Even the mere phrase makes us limber up—'relax to life' a bit, as it were. We have very much the same feeling toward those of our friends who have what we call an open mind. They seldom get worked up over an argument, for they are spoints of view. Whatever faults they may have, such friends seldom bore us; there is usually something they are 'side-living' or 'hobbying' on; they are generally interested in things and are therefore interesting themselves.

NOW when it comes to that prosaic subject, meals and food—how do you regard it? As a tremendous bore? Of course we admit that a great many times come to all of us when we do wish someone would invent a whole meal in tablet form! However, this convenient solution not yet being a reality, the best thing to do is to 'hobby' on our foods, to a certain extent—to study food values from a scientific angle, or think of it as a game, golf for instance, which may look ridiculous to the on-looker, yet season in and out, holds the player's interest, simply because each time he hits the ball, there seems to be something new to learn. Is it not much that way with food? We have just finished—(or have we finished?) getting such words as proteins, carbohydrates, etc., through our heads, when along come frisking those flappers of food society —the vitamines.

the vitamines

-the vitamines. Are they really old, sedate friends, erstwhile known as plain cabbages, carrots, turnips and tomatoes, who, with the craze of the day, shortened their skirts, bobbed their hair—and ventured forth' as vitamines? Or are they really foreigners—new citizens who have come to dwell in our midst? Both. The vogue of the vitamine does demonstrate once more that there is nothing new under the sun—but the vitamines have been wall-flowers, while the dressy cakes and pastries held the floor—especially in small towns where the latter have so many admirers. No— when people talk about 'the discovery' of the vitamine —what they really mean is the discovery of the impor-lance of the vitamine. —Electricians, you know, do not know what electricity

tance of the vitamine. Electricians, you know, do not know what electricity is—yet they are able to make use of its results every day. The same with vitamines; it is no disgrace not to know what they are—for even the most learned chemists have reached no definite conclusion on the matter. But doctors and dieticians have studied them and know their importance. It is up to us to profit by the advice they give us.

give us. We quote the following from Dr. Paul de Kruif, who has written a most interesting article on 'The Vitamine

Craze: "Despite a great amount of research, we do not know the *chemical structure* of vitamines. If we did, we could make them in the laboratory. The exact way in which vitamines play their important role in life is not known. But it is quite evident that they bring about in some mysterious way the assimilation of food by the in some mysterious way the assimilation of food by the

THIS is going to be a short article and not a book, so we are going to take a lot of things for granted. For instance, we expect that you have been keeping tab on up-to-date food articles and are therefore familiar with proteins (milk, eggs, meat, beans, peas, etc.,) carbohydrates (potatoes, bread, rice, sugars, etc.,) the fats (butter, cream, shortenings, etc.,); and the minerals (chiefly contained in fresh vegetables and fruits).

the fats (butter, cream, shortenings, etc.,), and the minerals (chiefly contained in fresh vegetables and fruits). And the vitamines? Where do we look for them? In milk first (the one perfectly balanced food, con-taining all needed elements for the child diet). Next, in the fresh and leafy vegetables, in the husks or shells of wheat and other grains, and in fruits, especially the citrus fruits—lemons, oranges and grape fruit. Secondly, we are taking it for granted that you have sufficient common sense to realize that an article in a magazine should never be read, inwardly digested and, in case of illness, used *inslead* of a doctor's diagnosit, People cannot be told what ails them in wholesale lots, nor through the mails, even when the trouble would appear to be very ordinary. If you are always tired, for instance, always feel run down—don't monkey with the buzz-saw—i.e.,—don't keep on trying to follow the extravagant method of doctoring yourself, but consult your family physician. But a magazine article can be of real value in *pre-serving* health, and in helping to carry out hygienic health routines, which your physician approves of in connec-

tion with you as an individual, if you are under his care

In this article

care. In this article I am not going far afield for our 'for instances'—but am going to get really chummy with the reader, and just chat over some phases of this "eating for health" idea. "Fine," said the head sanatorium doctor to me, one time, "Fine"—you've gained ten pounds, have con-siderably more reserve strength, and if you are worry-ing about getting home, I'll give my consent to your going—provided you'll keep up the feeding (stuff your-self—3000 calories per day—no less!) and with the same sort of menus as we give here, emphasizing the fresh vegetables, fish and fruits." T was quite sure of the 'would' part—I had fought a sufficiently long and difficult fight to be thoroughly anxious (now, especially, as I had a little start on a new foundation), to keep up the work of getting back to normal health. Yes, I 'would,' as far as possible, keep to a sanatorium routine—early to bed; feeding up; trying to let the things of each day be sufficient unto that day (non-worrying method). But 'could' I? There was the thing. In my own particular environment, 'could' I?

FIRST, as to household routine. I do not now have a 'wash day, ironing day, mending and cleaning day.' I work on the following method. I try to keep one day ahead of myself, so to speak. For instance, each day, I put a few things together that must be wash-ed; dampen down a few things to iron (which have been washed on the previous day); am not so spick and span that the entire house has to be gone over every day and kept with a shiny surface. I go over the upstairs twice a week—the downstairs twice a week—and that is quite sufficient for any ordinary house. Then I put together a few things for mending or sewing. That is the sanatorium idea carried out in your own home—using different sets of muscles, daily, for a short time. "Little and often" is the slogan—especially in cases of nervous exhaustion—not "all or nothing," which is usually the way those of us who work with nervous energy are apt to run our routines. Is it not so, my friend? Strange as it may seem with the matter of housework,

nervous energy are apt to run our routines. Is a not so, my friend? Strange as it may seem with the matter of housework, women in the cities are learning to relax better than many women in the country. Watch yourself. Do you think it inefficient, "plain lazy," to think out and plan how many things you can sit down to do-instead of standing? Washing dishes, ironing and many other chores are really sit-down jobs. A few pennies spent, and a little conference held with friend hus-band or the local handy-man, and wonders can be accomplished with raising or lowering heights of tables, stools and chairs for work, and so effecting a physical saving

raising of lowering neights of, tables, stools and chairs for work, and so effecting a physical saving almost incalculable. No—it is not that kitchen cabinets and labor and back-saving devices cannot be made welcome in the country as well as in the city kitchen; it is the *memtal attitude* behind it all. Re-member this—paste it on the kitchen wall where it can be seen by all the family (though not necessarily by un-sympathetic neighbours who might chide you for shift-lessness), that energy saved in such things as dishwash-ing, ironing, etc., is *not* laziness, for it means that at the end of such work, instead of being "all in"—you have some reserve left for other work or for play. This really represents the height of efficiency. efficiency.

NOW as for obtaining sanatorium menu items, (every one of those things which should appear regularly on every family table), in small towns and on the farms. Again, it is more a matter of mental attitude than of actual impossibility. To refer again to my own case. When the doctor spoke about the food I was to eat, it sounded to him and to city readers as entirely simple —but you who live in small towns of from 600 to 1,000 population, know how it is about fresh vegetables, for instance, in the winter, late fall and early spring. The local grocer only carries such things in the season when there is little need for him to carry them, when the local gardens are in full bloom. The rest of the time you substitute—or you *don't* substitute (which is more apt to be the case)—and if you happen to be a nervous or easily run-down individual, you suffer accordingly.

Out of Season Vitaminizing in the Country

A Chat with the Woman who Lives in a Rural District and Faces the Problem of a Doctor's Order to Feed Up-By One Who Has Done it.

MARION MOORE

We people who live in small towns, are much too

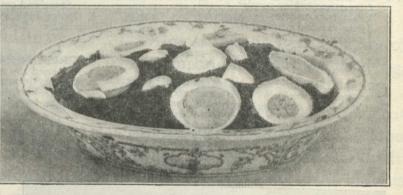
We people who live in small towns, are much too prone to have plenty of cakes, pastries, and such like, and bow to fate in the matter of the lack of winter let-tuce, celery, spinach, fresh fish (except on the sea coast or in watering places)—and especially do we consider oranges and grape fruit as extras—like buying a box of candies—instead of considering their vitamines highly essential, and including fruit in the family's food budget. Local grocers are apt to give their local public pretty whould they go to the expense of bringing and storing out-of-season lettuce, spinach, green cabbage, rhubarb and so forth, when there are perhaps only about two people in the town who even ask for them? The small-tic season lettuce or celery at any times except Thanks-giving and Christmas, is "out-of-season," such things will remain out-of-proportionately expensive. But if every Woman's Institute member or members of any ether

wing and confistmas, is "out-of-season," such things will remain out-of-proportionately expensive. But if every Woman's Institute member, or members of any other organization, decided to putronize the local grocer or butcher twice a week, say, for lettuce—he could then buy it wholesale and sell it as reasonably as it is sold in the cities.

The same with other small town luxuries, so called,

The same with other small town luxuries, so called, which, however, are not necessarily luxuries in cities. Here is something for country women and country societies especially to think about. The cost of food for a family living in a small town is not only just as high, but often higher, than for the same family living in the city—and the small town dweller does not get the same value for her money because she cannot get the same variety.

the same value for her money because she cannot get the same variety. Where the small town family wins out in financing is on rents, less demand or need for large wardrobes or store-bought clothes, and on the general expense of 'getting around' (even carfare is a big item in the city), not to mention the temptations for one's pennies in the endless movie houses and theatres. I speak, not from statistics, but from personal experience, for I have lived in the country—then in the city—then back to the country. (You see, I belong to one of the nomad tribes— banker's families.)



Spinach is invaluable and is popular when nicely prepared

There are many things—such as buying spasmodically and in smaller quantities, etc., which keep up prices in small towns. Eggs and milk may be a few cents cheaper, but to counteract that, other items are usually a bit more expensive. Perhaps we small-towners will just have to be content for the present to have our food bills equal city food bills—but we can get better value for our money, by being united in our mental attitude concerning the worth of fresh vegetables. We can say "See here, if city housekeepers can be supplied by green-houses, we small-town folks can be too." But some-body has to start these things, you know—so here's a chance for you to shine in your own small corner—and be a force in your own home town.

Now I know what you've very possibly been thinking all this time: "What a bunch of rubbish"—or "I've eaten salt pork in the winter and vegetables from the cellar—pickles, canned fruits, pies and cakes, but also milk and eggs—and I can get through a bigger day's work than a lot of my lettuce-eating **ci**ty friends."

Fine-yours is one of those enviable constitutions which makes use of all-or practically all-of the food taken in. (Continued on page 31)

THE SEASON OF ENTERTAINMENT

Calls For The Best Of Cake Making



<text><text><text><text><text>

Spice Cakes

2 cup sugar 1/4 cup butter 2 eggs 1/2 cup molasse 2 cup sour milk 1¹/₂ cup flour 1 teaspoon cinnamon ¹/₂ teaspoon cloves nutmeg 1 teaspoon soda ¹/₂ cup seeded raisins

1/2 cup walnut meats

CREAM butter and sugar and add the beaten yolks of the two eggs, the molasses and the sifted flour, to which the spices have been added (alternating flour with the liquids). Beat the soda into the sour milk, and add gradually the raisins and broken nut meats, which should be lightly floured and stirred into the mixture, and the well beaten whites of the two eggs added last. added last.

Bake in muffin pans and cover with frosting.

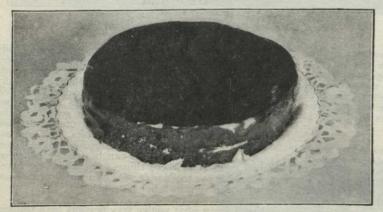
White Fruit Cake

- 1¹/₂ cups shortening 1¹/₂ cups sugar 1 cup milk 4 eggs 3 cups flour

- 2 teaspoons baking powder 1 lb. raisins or dates 1/2 cup candied citron peel
- cup currants
- teaspoon almond extract teaspoon lemon extract or
- 1 lemon rind

CREAM the butter (or butter and fine vegetable shortening mixed), with the sugar, very thoroughly. Beat the whites of the eggs very stiff, then add 1 yolk at a time, beating to a foamy mass. Add this to the butter and sugar and sift in the flour and baking pow-der, alternating with the milk. Beat well, then mix in the fruit and peel. Bake in a moderate oven for about two hours.

about two hours. It is always a pleasant addition to a fruit cake which



is not going to be iced, to sprinkle the top with blanched almonds, before baking.

One-Egg Chocolate Cake

THIS is a very economical cake indeed, as it may be made with little butter (or other shortening), only 1 egg, and no milk—although milk may be used instead of water, adding, of course, to the nourishing value of the cake.

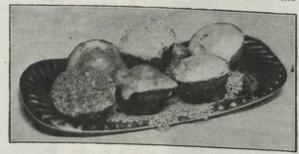
- 2 tablespoons shortening 1 egg yolk egg yolk 1/2 squares chocolate 1/2 cups flour teaspoon soda teaspoon cream of tartar teaspoon salt cup hot water
- 1 teaspoon vanilla

CREAM sugar and shortening together, add the egg yolk (the white may be used to make a boiled frost-ing); melt the chocolate and add to the hot water (or milk). Sift the dry ingredients together, adding them to the mixture alternately with the liquid. Add flav-ouring extract and turn into greased cake pans. Bake in a moderate oven. Plain white boiled frosting, or chocolate orange icing, would be good on this cake.

Date Nut Cake

- 1 cup sugar 1/2 cup shortening 2 eggs 1/2 cup sweet milk 2 cups flour 1 teaspoon cream of tartar
- 2 teaspoon soda
- 1 cup dates 1 cup nuts

CREAM sugar and shortening. together and add the eggs, well beaten. Sift together the flour (saving out about two tablespoons with which to flour the



dates and nuts) cream of tartar and soda and add alternately with the milk. Stone and cut up the dates; break up the nut meats. Dredge both with the flour and stir them into the mixture. Bake in a loaf pan.

Almond Macaroons

CRISP home-made macaroons, safely packed in a closed tin, give one the very comfortable assurance that an unexpected tea-guest will cause no embarrassment. The almond paste comes ready prepared and can be bought from grocer or confectioner.

WORK the sugar well into the almond paste and add the egg white, a little at a time, working always to make the mixture very smooth. Put some of it into a pastry tube, if you have one, or a cornucopoeia made of stiff paper, and squeeze out on a buttered paper or pastry sheet, (you may drop the mixture from a spoon, but the macaroons may not look so round, in that case). Do not place them close together because they spread while baking. Press half a blanched almond into each macaroon, and bake in a slow oven, 15 to 20 minutes.

Emergency Cake

- $\frac{11_2}{1_2}$ cups flour $\frac{11_2}{1_2}$ teaspoon salt
- 1 cup sugar 2 teaspoons baking powder
- 1 cup milk 4 tablespoons melted butter

1 egg 1 teaspoon flavouring extract.

SIFT together, twice, the flour, baking powder, salt and sugar. Add the milk gradually, beating thoroughly, then the melted butter and lastly the egg. Beat well for five minutes. Add the flavouring extract and turn



into buttered pans to bake. Put layers together with crab apple or other flavourful jelly and dust the top with confectioner's sugar.

Good Loaf Cake

- A VERY good substitute for our favourite standby, Pound cake, made as follows:
 - 1 cup sugar
 - 2 cup butter
 - 3 eggs ¹/₂ cup milk ¹/₂ cup flour

 - 1 teaspoon cream of tartar 2 teaspoon soda 2 teaspoon vanilla grated lemon rind

CREAM the butter and sugar together until very light. Drop in the eggs, one at a time, beating thoroughly. Sift in the flour, a very little at a time, beating. constantly. Add milk and flavouring, mix well and bake in a slow oven for about three quarters of an hour. of an hour.

Best Layer Cake

1/2 cup butter 1/2 cup sugar 2 eggs 2 cups sifted flour (pastry flour) 3 teaspoons baking powder 1/4 teaspoon salt 2/3 cup milk 1 teaspoon vanilla

CREAM butter and sugar until very light. Add the yolks of the eggs, beaten. Sift flour once before measuring it, then add the baking powder and salt to it and sift three times. Add to mixture alternately with the milk. Finally, add flavouring extract and fold in the stiffly beaten whites of eggs.

Cover with chocolate or maple icing or a boiled frosting with chopped candied pineapple in it.

Boiled Frosting

A SOFT, white frosting, rather fluffy in its con-There are just two things to many kinds of cake. to just the right point and to beat until the frosting is best for spreading. One soon learns to gauge these

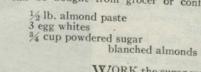
1 cup granulated sugar a little cold water 1 egg white flavouring extract

PUT the sugar into a small saucepan and add just enough water to barely moisten it all. Put over the fire and let it come to the boil. Cook until the syrup will "tread" off the point of the spoon.

Meanwhile, have the white of egg beaten very stiff, with the salt in it. Put it in a shallow dish Beat constantly and continue to beat until the mixture becomes thick and smooth. Add whatever flavour-and lemon with rose, orange flower water, almond, etc.)

Spread quickly, when the frosting reaches the right stage, using a spatula or limber knife dipped frequently into hot water.

Chopped candied cherries, finely chopped raisins, brok-en nut meats, chopped angelica or shredded candied fruits, all offer tempting variety for which the base need not be altered.





It is notsurprising Sloan's is used in seven million homes—it has so many everyday, practical uses

It happens in most families Father somehow fails to hit the nail on the head Mother undertakes too much Brother

FATHER seems unable to handle a hammer without smashing his thumb—

Mother *will* keep on her feet all day—and have a tired, aching back at night—

And young brother! Baseball in the spring and football in the fall keep him the constant possessor of bruises and sprains.

No wonder in one out of every three American homes today, Sloan's Liniment has a prominent place on the bathroom shelf.

What Sloan's does

Sloan's Liniment brings almost instant relief to sore and aching muscles. Most muscular and nerve pain is due to congestion. Congestion occurs when blood collects in a tissue and does not circulate freely. Fatigue—cold, damp weather—or an actual sprain or bruise—these are perhaps its most frequent causes.

Sloan's Liniment breaks up congestion by drawing the blood away from the congested or inflamed tissues. Normal circulation is quickly restored. Discomfort disappears.

A matter of minutes with Sloan's

The thing that astonishes you, if you have never used Sloan's Liniment before, is the rapidity with which it brings relief. Made in Canada Apply a little Sloan's to the sore or aching spot. Don't rub it in. Don't bandage.

Almost immediately you notice a warm, tingling glow—a drawing, healing sensation.

For a moment you think that this warmth has simply made you forget the pain. Then suddenly you realize that the pain itself is completely gone!

In its place is a soothing feeling of ease, comfort, relaxation.

Get a bottle of Sloan's today and keep it always on hand. Don't wait until some member of the family needs it badly.

You will find more practical everyday uses for Sloan's than for any other item in your medicine cabinet.

Sloan's Liniment Wherever congestion causes pain—use Sloans



Paramount's Six Newest Productions

MARION DAVIES in "When Knighthood was in Flower" Directed by Robert Vignola A Cosmopolitan Production.

DOROTHY DALTON in "Dark Secrets" by Edmund Goulding. Directed by Victor Fleming.

GLORIA SWANSON in "My American Wife" by Monte M. Katterjohn, based on the story by Hector Turnbull.

CECIL B. DeMILLE'S Production "Adam's Rib" by Jeanie Macpherson. With Milton Silis, Elliott Dexter, Theodore Kosloff, Anna Q. Nilsson, Pauline Garon

> "Drums of Destiny" with

MARY MILES MINTER Supported by George Fawcett Adapted by Will M. Ritchey from Sacrifice" by Stephen French Whitman.

> JACK HOLT in "Nobody's Money" by William LeBaron. Directed by Wallace Worsley. Scenario by Beulah Marie Dix.

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Theatre

MANY a dull evening has been galvanized into gaiety and sudden action by someone calling out:

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On go the wraps and two minutes later six or eight examples of Youth and Beauty are happily crowded aboard a shining limousine en route to the show.

Whether they travel in limousines or in street cars, the people who are always on the lookout for the best in entertainment recognize that the great Paramount organization has placed an entirely different aspect on the quality of motion pictures.

The greatest names in Literature, in Drama, in Art, in Direction, in Stardom, in Stagecraft, in Costuming, in Photography, in Impresarioship, are with Paramount.

-attracted there by the unprecedented opportunity, first for correct interpretation of their plans and ideas through Paramount's worldwide producing organization, and second by the sheer scope of Paramount's distributing machinery.

What a luxury for men and women of creative genius to have their work reach millions where elsewhere it reaches thousands, and to reach them with an art as perfect as Paramount's!

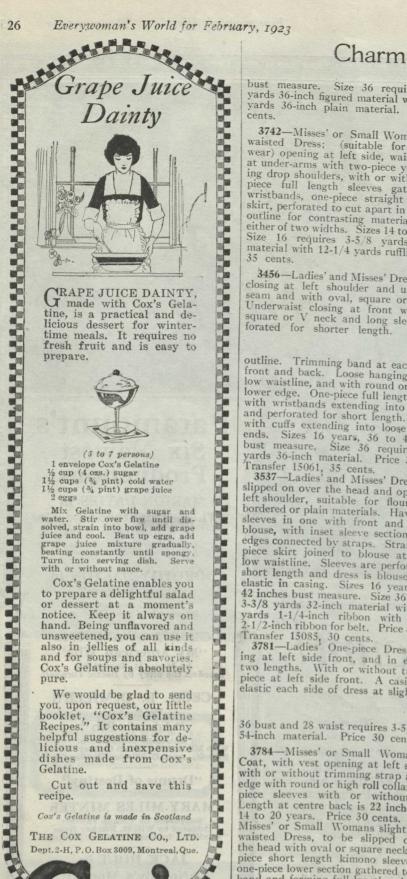
But if Paramount Pictures are aristocratic in quality they are democratic in distribution. For Paramount Pictures are shown not alone in the great cities, but in practically every town and ha.nlet in the country. No place is too small to be served by the great Paramount organization. More than 12,000 of the 17,000 theatres of the U.S.A. and Canada show Paramount Pictures. If the theatre you attend doesn't show them, ask the manager to get them.

The rich man's dollar buys him no better photoplays than the poor man's half or quarter.

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"It's a Paramount Picture." That's the best show in town!





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10





Charming Frocks For Semi-Formal Occasions

bust measure. Size 36 requires 3-1/2 yards 36-inch figured material with 1-3/8 yards 36-inch plain material. Price 35

3742-Misses' or Small Womans long-**3742**—Misses' or Small Womans long-waisted Dress; (suitable for evening wear) opening at left side, waist draped at under-arms with two-piece yoke form-ing drop shoulders, with or without one-piece full length sleeves gathered to wristbands, one-piece straight gathered skirt, perforated to cut apart in scalloped outline for contrasting material and in outline for contrasting material and in either of two widths. Sizes 14 to 20 years. Size 16 requires 3-5/8 yards 36-inch material with 12-1/4 yards ruffling. Price

3456—Ladies' and Misses' Dress, blouse closing at left shoulder and under-arm seam and with oval, square or V neck. Underwaist closing at front with oval, square or V neck and long sleeves per-forated for shorter length. Attached

outline. Trimming band at each side of front and back. Loose hanging and be waistline, and with round or straight ow waistline, and with round or straight ow waistline, and with round or straight ow waistline, and with round or straight with wristbands extending into the eads and perforated for short length. Sleeves with wristbands extending into loose hanging outline. Sizes 16 years, 36 to 42 inches bust measure. Size 36 requires 4.3/4 aransfer 15061, 35 cents. Tansfer 15061, 35 cents. Tansfer on ower the head and opening at left shoulder, suitable for flouncing for bordered or plain materials. Having long beeves in one with front and back of obuse, with inset sleeves are perforated for house, with inset sleeves are perforated for alexistine. Sleeves are perforated for bordered or plain material with 1.5/8 a/8 yards 32-inch material with 1.5/8 a/2, inches bust measure. Size 16 years, 36 to a 2, 1/2-inch ribbon for belt. Price 35 cents. Tansfer 15085, 30 cents. Tansfer 15085, 30 cents. Tansfer 15085, with or without trimming piece at left side front, and in either of in at left side front. A casing with elastic each side of dress at slightly low

36 bust and 28 waist requires 3-5/8 yards 54-inch material. Price 30 cents each. 3784-Misses' or Small Womans Suit 3784—Misses' or Small Womans Suit Coat, with vest opening at left side and with or without trimming strap at lower edge with round or high roll collar. Two-piece sleeves with or without cuffs. Length at centre back is 22 inches, sizes 14 to 20 years. Price 30 cents. 3785— Misses' or Small Womans slightly long-waisted Dress, to be slipped on over the head with oval or square neck. Two-piece short length kimono sleeves with one-piece lower section gathered to wrist-band and forming full length, with three two-piece slightly circular pieces stitched

3712—Ladies' and Misses' Boudoir Caps, consisting of three different styles. Cut in one size only, and requires 5/8 yard 36-inch material with 2-1/2 yards 1/2-inch ribbon. Price 25 cents.
3733—Ladies' Brassiere and Bloomer with drop seat. Sizes 36 to 46 inches bust measure. Size 36 requires 2-1/4 yards 36-inch material with 2 yards insertion. Price 25 cents.
3546—Ladies' and Misses' Two-piece Petticoat, closing at left side seam, with which the petticoat may be cut away. With or without dart at each side of ack and shadow proof panels at front and back. Sizes 16 years, 28 to 38 inches waist measure. Size 28 requires 2-1/8 yards 36-inch material with 2-1/2 yards insertion. Price 25 cents.
3546—Ladies' and Misses' Two-piece Petticoat, closing at left side seam, with which the petticoat may be cut away. With or without dart at each side of and back. Sizes 16 years, 28 to 38 inches waist measure. Size 28 requires 2-1/8 yards 36-inch material with 2-1/2 yards inding and 1-1/8 yards 18-inch or wider material for shadow proof panels. Price 30 cents. Transfer 14956, 30 cents.
3709—Ladies' and Misses' Separate Chemise and Step-in Drawers, or combinied in one, the chemise perforated to cut off and the drawers joined to the lower

(Continued from page 12)

(Continued from page 12) one-piece tucked over-skirt with plain under-skirt showing at centre front. Tucked over-skirt is perforated for plain gathered skirt used without under-skirt. Sizes 16 years, 36 to 42 inches bust mea-sure. Size 36 requires 5 yards 36 or 40-inch material with 2-1/8 yards 36-inch lining. Price 35 cents.

lining. Price 35 cents. **3505**—Ladies' and Misses' Dress. The one-piece dress slipped on over head with long kimono sleeves in one with dress, perforated for shorter length. Hav-ing panels at front and back. The skirt sections are gathered and joined to waist sections at slightly low waistline. Dress and panels may have oval or U neck and lower edges in straight or pointed outlines. Sizes 16 years, 36 to 44 inchess bust measure. Size 36 requires 3-1/4 yards 36-inch plain material with 3-1/8 yards 36-inch figured material. Price 35 cents.

3635-Ladies' and Misses' Dress, suit-

(Continued from page 13)

waistline. Oval neck with two-piece bertha or plain V neck. One-piece full length flare sleeves or one-piece short length sleeves. Sizes 36, 38 and 40 inches bust measure. Size 36 requires 4-1/8 yards 36-inch material or 3-1/2 yards 44-inch material. Price 35 cents. Transfer 15073, 35 cents. **3776**—Ladies' and Misses' Slightly Long-waisted Dress, round neck opening

15073, 35 cents. **3776**—Ladies' and Misses' Slightly Long-waisted Dress, round neck opening in front at neck and with collar, or oval neck opening in back at neck. Short length kimono sleeves with cuffs or with one-piece lower section forming full length and with or without flare extend-ing below wrist. The cuff is used as a trimming piece with full length sleeve. Five tiered skirt, lower tier with straight lower edge and remaining tiers slightly circular. The lower part of waist forms the upper tier. Sizes 16 years 36 to 40 inches bust measure. Size 36 requires 3-1/4 yards 36, 40 or 44-inch material. Price 35 cents. Transfer 15074, 35 cents. **3774**—Ladies' and Misses' Long-waist-or d Dress, opening in back with round or and transfer 15074, 35 cents. **3774**—Ladies' and Misses' Long-waist-sed press, opening in back with round or and flared at each under-arm, full length kimono sleeves perforated for short length. One-piece straight size, 16 years, 36 to 40 inches bust mea-sure. Size 36 requires 3 yards 36-inch (Continued from bare 14)

(Continued from page 14)

on one-piece, slightly gathered foundation skirt. Sizes 14 to 20 years. Price 35 cents. To make costume in size 16 years, requires 3-3/4 yards 54-inch material with 1-3/4 yards plaiting.

with 1-3/4 yards plaiting. 3638—Ladies' and Misses' Coat, with convertible collar, straight band joined to lower edge of kimono sleeves to form full length. Coat bloused at waistline by belt or plain hanging with belt. Sizes small, medium and large. The small size requires 3-1/8 yards 54-inch material with 3-1/2 yards braid. Price 35 cents. 3820—Ladies' and Misses' One-piece 3820—Ladies' and Misses' One-piece Cape, plaited and gathered at neck and with or without loose hanging back panel,

(Continued from page 19)

(Continued from page 10
(Continued from page 10
edge, forming a casing for elastic, the opening is at the lower edge. Sizes 16 opening is at the lower edge in pointed or straight outline. Sizes 16 opening is at the lower edge in scalloped outline at the fourth of the fourth rolled over in collar effect is the fourth of the sizes 16 opening. Sizes 16 opening is at measure is a straight outline. Sizes 16 opening is at measure is the fourth of the sizes 16 opening. The sizes 16 opening is at measure is a straight outline. Sizes 16 opening is at measure is a straight of the fourth of the size is 16 opening. The sizes 16 opening is at measure is a straight of the fourth of the size is 16 opening is at measure is a straight outline. Sizes 16 opening is a straight outline is a straight outline. Sizes 16 opening is a straight outline is a straight outline. Sizes 16 opening is a straight outline. Straight outline.

able for evening wear. Consisting of draped basque waist, opening at left side, and in scalloped or straight outline at lower edge, oval neck or U neck with collar and vest, with or without one-piece short length draped sleeves, one-piece gathered skirt, joined to camisole at regulation waistline and in scalloped or straight outline at lower edge. Sizes 16 years, 36 and 40 inches bust measure. Size 36 requires 4-3/8 yards 44-inch material with 10-1/4 yards binding. Price 35 cents.

Price 35 cents. 3678-Ladies' Dress with oval or V 3678—Ladies' Dress with oval or V neck, consisting of kimono waist opening in front with full length sleeves perforat-ed for shorter length, and with front and back waist panels. One-piece draped skirt, forming cascade at left side of front and in regulation waistline. Sizes 36 to 42 inches bust measure. Size 36 requires 3-7/8 yards 36-inch material with 5/8 yard 27-inch lining. Price 35 cents. Transfer 15076, 35 cents.

material with 1-3/8 yards 32-inch or wider contrasting and 5/8 yard 36-inch lining. Price 35 cents. Transfer 15084, lining. I 30 cents.

30 cents.
3672—Ladies' One-piece slightly long-waisted Dress, opening at left side front with oval neck or round neck with standing collar. One-piece full length flare sleeves or one-piece full length dart fitted sleeves perforated for short length. Panel at each side of skirt in straight or round outline at upper edge and extending below lower edge of dress with right panel in shorter length than left panel. Fullness drawn in at waistline by casing extending to side fronts with elastic inserted. Sizes 36 to 44 inches bust measure. Size 36 requires 3-1/2 yards 36-inch material. Price 35 cents. Transfer 15083, 30 cents.
3586—Ladies' and Misses' One-piece

3586-Ladies' and Misses' One-piece 3586—Ladies' and Misses' One-piece Dress, closing at back. Having square or oval neck, short kimono sleeves length-ened by one-piece full length sleeves and with or without loose panels at front and back and adjusted at slightly low waistline. Sizes 16 years, 36 to 42 inches bust measure. Size 36 requires 3-3/4 yards 36-inch material with 4 yards ruffl-ing. Price 35 cents. Transfer 15047, 35 cents. 35 cents.

plaited at neck. One-piece roll collar or two-piece standing collar. Length at centre back measures 46 inches. Sizes small, medium and large. The medium size requires 2-7/8 yards 54-inch material with 2-5/8 yards 13-inch fringe. Price 30 cents. 30 cents.

3683-Ladies' and Misses' Cape Wrap, with one-piece cape gathered to wide neckband and with rolled collar; with arm openings and with rolled collar, trim-ming bands. Sizes 16 years, 36, 40 and 44 inches bust measure. Size 36 requires 3-1/4 yards 54 inch material with 2-3/4 yards braid. Price 35 cents.

Nightgown, to be slipped on over the head; front and back tucked at each side and joined to two-piece round yoke; (with or without deep hem on edges) and two-piece short length kimono sleeves. The medium size requires 4-1/8 yards banding. Price 25 cents. 3541-Ladies' Combination Corset Cov-er, and open drawers. Sizes 36 to 46 inches bust measure. Size 36 requires 4-1/8 yards 36-inch material with 2-3/4 yds. edging and 1 yd. ribbon. Price 25c. **3715-Ladies' Bathrobe**, with slippers, bathrobe with round or V neck and two syles of collar with or without pockets with or without cuffs. Sizes 34 to 48 inches bust measure. Size 36 requires 4-1/8 yards 36-inch material with 1/2 a/4 yards 36-inch material with 1/2 a cents. **381-Ladies' and Misses' Camisole**

25 cents. 3381—Ladies' and Misses' Camisole Slip, straight hanging or bloused at waistline. Sizes 16 years, 36 to 44 inches bust measure. Size 36 requires 2-5/8 yards 36-inch material. Price 25 cents.



GETTING WISE

(Continued from page 10)

"He ought to get away with an awful lot of nuts by then," said the Shad who began to share his anxiety. "So this hotel is rather flossy?" The flossiest."

"Lots of gilt and red plush and all that sort of thing.

"Sure." "What's the food like?" "The cuisine," said the Egghead ele-gantly, "is the most fashionable in the

city." "But the Beefsteak sets up for the

Yes, you chump."

"Everything we get away with?"

"Everything we get away with: "Sure." "Perhaps if the Waladoo Bird knew that he would ease up." The announcement, in fact, produced a decided sensation. The Waladoo Bird finished the last handful outside the car-riage at the peremptory challenge of the Egghead and then jarred the carriage springs while Finnegan made the common demand for a show of speed.

demand for a show of speed. WHEN Montague Skinner, moving rest-lessly in the anteroom of the Regal Hotel, beheld the arrival of the over-loaded coach, he was quite touched by the cordiality of the greeting he received. "Leave it to me," he said intervening between the reluctant purse of the Tri-umphant Egghead and the grinning coach-man. Then with an ease that made the Waladoo Bird stiffen up and take notice, he summoned a footman and said, "Charles, see what the fare is and have the office attend to it." "Here, I say!" began the Egghead with not too much resistance. "Oh! Now, Monte, this is ours!" said MacNooder more emphatically as he per-ceived an absence of danger. "No," said the Beefsteak finally, but with the lightness that such a triviality merited. "From now on you are my guests."

The Tennessee Shad, who had sixty The Tennessee Shad, who had sixty cents, exchanged a glance of delirious joy with the Waladoo Bird, who had a two-dollar bill, and, being thrown together in their voyage toward the elevator, whispered: "It looks good to me." "It certainly does." "No expenses." "None at all." ' At this moment the Waladoo Bird was

"None at all." 4 At this moment the Waladoo Bird was overwhelmed by a fearful thought. "I say, he's got the bags." "Who's got them?" "The Buttons." "Well, what of it?" "We'll have to tip him." "Well, tip him!" "I've only got a two-dollar bill and a nickel," said the Waladoo Bird in a worried whisper.

THE Tennessee Shad nervously shifted his sixty cents to an inner recess, mali-ciously enjoying the confusion of the giant, who was wondering uneasily whether the elevator man would expect to be recommended.

whether the elevator man would expect to be recompensed. MacNooder, Finnegan and the Trium-phant Egghead were escorted to their quarters by Skinner after leaving the Waladoo Bird and the Tennessee Shad in the adjoining room assigned them. The Buttons, having deposited the bags, was languidly busy straightening the window curtains and shifting the chairs with that perfect expectant manner that is instinctive with those whose fortu-nate mission in life is to be tipped. "What'll I give him" said the Waladoo Bird in a muffled roar. "How do I know?" "I can't give him a nickel."

"I can't give him a nickel." "Never!"

"I say, lend me half a dollar." "Can't, MacNooder's got my purse." The Waladoo Bird, who had faced the Princeton Varsity without a tremor,

quailed before the spruce representative of bell boys. For a moment his fingers hesitated over the plebeian nickel and then, blushing with combined rage and embarrassment, he blurted out: "Here take this.'

And he thrust upon him the two-dollar bill

The Tennessee Shad, who had the pro-foundest respect for capital, was furious. "You jackass, what did you do that for

for?" "I had to give him something, didn't I?" "Yes, but, Holy Cats, you can buy a bell boy for two dollars!" "Well, what was I to do?" said the Waladoo Bird who, clutching his last nickel, began to feel the despairing lone-liness of one who is stranded in the great city.

liness of one who is stranded in the great city. "Do, you blockhead?" Ask him to get you some change." "Ask him—" said the Waladoo Bird in stupid amazement. "Well, why in thunder didn't you tell me?" "Humph! Thought you'd been weaned from the bottle," said the Tennessee Shad, who now felt a sense of personal loss. "Well, by gravy, I'll do it now," said the Waladoo Bird, bolting into his coat. "Hold up! What are you going to do?" "T'm going to track that young high-wayman down and shake it out of him!" "Hold up! You can't do that." "Can't I? Just watch me!" "Hold up! You'll make a social blun-der!"

der!" "Beans!"

When the triumphant Egghead with MacNooder and Finnegan entered the room they found the Tennessee Shad in an attitude of deep dejection with one ear trained for the outburst of an expected cyclone.

"What in blazes is the matter?" said MacNooder. "And where is the Waladoo Bird?'

The Tennessee Shad explained. "My aunt's cat's pants, that is awful!" said the Triumphant Egghead with a

shiver. "Wriggling snakes, what do you sup-pose he's doing?" "He'll smash the crockery!" "Had we better tell the Beefsteak?" "Nover!"

"Why the deuce didn't you look after

Why the dedde didn't you look alter "What do you expect?" said the Ten-nessee Shad, aggrieved. "Do I look like a tug-of-war team?" "This is awful," said the Triumphant Egghead wiping his forehead.

THE door opened and the Waladoo Bird plumped in. "Did you get him?" said the five in

chorus. "Get him?" said the Waladoo Bird in a rage. "Why, there are one hundred and fifty bell hops below, all hopping around, and every mother's son of them looks alike! Say, what color hair did that pirate of ours have?" The Tennessee Shad promptly forgot.

that brought a groan from the light

And don't go making a wood pile of everything you sit on!" "What's wrong?" "You. You're wrong. You're not fit to come into the parlor. A nice time we'll have with you! Didn't you ever see a hotel before?" "Are you speaking to me?" said the

"Are you speaking to me?" said the Waladoo Bird rising. When the altercation had subsided,

"When the articlation arose. "Where'll we dine?" said Finnegan, who had been coached. "Supposin' we grub with the Beefsteak—private dining room, (Continued from page 28)



Do you realize that health depends largely upon the condition of your nerves?

PERHAPS you know from bitter experience that when you drink a cup or two of tea or coffee at evening you do not get very much sleep that night. Or else, the fitful sleep you get does not seem to refresh and rest you as it should.

Remember that the caffeine in tea and coffee always works on the nerves, no matter when vou drink these irritating beverages. Only you don't notice the effects during the day as much as you do when you are kept awake at night.

Why not be on the safe side? Stop tea and coffee for awhile, and drink healthful Postum instead. Postum is the delightful table beverage with a rich flavor that many thousands of people prefer to that of tea or coffee.

Your grocer sells Postum in two forms:-Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer to make the drink while the meal is being prepared; made by boiling fully twenty minutes.



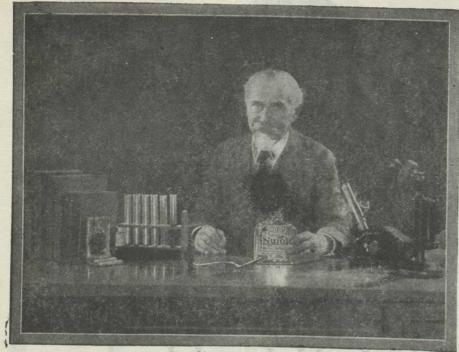
Postum FOR HEALTH "There's a Reason"

Canadian Postum Cereal Company Limited 45 Front St., E., Toronto Factory: Windsor, Ontario

chorus

ot ours have?" The Tennessee Shad promptly forgot. "Look here, boy!" said the Triumphant Egghead. "This will never do. You'll queer the whole bunch." "I gave him two dollars," said the Waladoo Bird sitting down with a crash that besucht a groun from the lister

furniture. "And don't go making a wood pile of



'If more people knew of its merits, there would be less sickness and suffering in the world."

Letters from Physicians and Public

Tell how Nujol has overcome many thousand cases of constipation

In OUR FILES are thousands of letters from users of Nujol—vol-untary tributes of gratitude in-spired by the good work Nujol has done. Daily they come pouring in, each with its earnest, human story of sickness conquered. These letters bear eloquent testimony to the ability of Nujol to overcome consti-pation in people of all ages and con-ditions of health. We quote a few extracts from letters picked at random. random.

"Relieved her without affecting the baby" "When the same trouble (constipa-tion) began with our third child, our physician said there was no laxative medicine for my wife that would not hurt the baby. I then persuaded my wife to try Nujol. It relieved her without affecting the baby; as a result we have the healthiest, happiest child I ever saw." I ever saw.

"Constipated for two years, relieved by Nujol"

relieved by Nujor "I don't think there was ever any-body more constipated than my little three year old boy. He had been constipated for two years. I tried Nujol, and it relieved him. From a mother who will always be thankful for your great remedy for constipa-tion."

"Relieved hemorrhoids"

Name.. Address.

"For two years I suffered with hem-orrhoids. I spent about \$800 before I discovered Nujol. To-day, after five bottles, I am feeling as well as the day I was born, as far as know-ing what pain is."

10.12

"A wonderful product" —Says doctor

"I beg to say that Nujol is a wonder-ful product. I have quite a number of patients now using it and all are pleased with it."

"Nuiol all it is claimed to be"

claimed to be" "Nujol has given me new life, strength, hope and comfort. It pos-sesses a wonderfully soothing effect upon the intestines, without any of the hot, burning, weakening sensa-tions that usually result from the use of pills or other purgatives. Nujol is all it is claimed to be by its makers, and if more people knew of its merits there would be less sick-ness and suffering in the world."

"Sure to give relief without griping"

"I am seventy-four years of age and had chronic constipation for years. Have suffered much at times trying Have suffered much at times trying to get relief by using physics. Now I use Nujol every morning and find it sure to give relief without griping pains of any kind. I cannot say too much in favor of Nujol as the best remedy for constipation. My friends use it with the same results; never fails; no griping; no physicking; no inconvenience. I surely recommend it to all sufferers from constipation, old or young." old or young.

Nujol over comes constipation by the so-called ubricating method. When you are constipa-ted there is not enough of Nature's lubricating liquid produced by your system to keep the food waste soft and moving. Doctors pre-scribe the gentle lubricant, Nujol, because it acts like this natural lubricant and thus re-places it. Like pure water, Nujol is harmless and pleasant. nd pl

Test Nujol yourself. Your druggist sells it.



the second



GETTING WISE

(Continued from page 27)

special dishes and all that sort of thing." "I vote for downstairs," said the Wala-doo Bird, who had been put in a contrary 'Why?"

"I want to get a chance at a real bang

up menu." "And I vote to put this buy in seclu-

up menu." Solution at a real bang "And I vote to put this buy in seclu-sion!"
The Waladoo Bird gave the Egghead an evil look and was about to reply when MacNooder suavely arose.
"The Waladoo Bird is quite right, we will dine in public."
"The Waladoo Bird is quite right, we will dine in public."
"The washall be dressed to kill."
"Then we shall be taken for Western millionaires. But—I say but—we are going to pull off this thing in classy style."
"No social blunders," said the Ten-nessee Shad.
"And no trying to split the menu," said the Triumphant Egghead.
"We will pick out the daintiest dishes," said MacNooder, trying the power of sug-gestion on the Waladoo Bird, "the re-cherché, expensive dishes and we will take little careless dabs at them."
"Fine!" said the others with the unique exception of the Waladoo Bird.
"To-morrow we'll rip the stuffing out of the bill of fare, we'll mangle it, we'll blow holes in it, tear it up the back and drive it to its corner!"
"To-morrow!"
"To-morrow!"
"To-morrow!"
"Righto," said everyone. That is, everyone except the Waladoo Bird.
"Inst take a nibble here and there and then push the plate away," said Finnegan, wishing to be helpful.
"And stretch your arms and yawn in a high bred classy sort of way."
"You chump!" said the Triumphant eghead. "Where have you been brought up."

Egghead. "Where have you toon in a side up?" "The last suggestion is withdrawn," said Finnegan modestly. "Now we're all agreed," said MacNooder with an expanding smile. "Our object is to take the wind right out of the Beef-steak's sails—to show him what! Nothing but short sprints to-night, all long dis-tance records postponed until to-morrow." "All right!" said the majority, minus one.

III

<text><text><text><text><text>

of guard of honor, he gleefully embraced the idea and balanced on the bony ridges of the Tennessee Shad, waving his hat to the crowds of Broadway with the zest of restored youth of restored youth.

WHEN, late at night, after the Waladoo Bird had consumed a terrifying num-ber of oysters and Finnegan had eaten three Welsh rabbits, Skinner had see his guests to their rooms, he returned gorgeously to his private suite. Bucks, the confidential valet, was in wait.

wait

wait. "How do, Bucks? How are you?" he said languidly. "Thank you, sir. It's good to see you back, sir." "The old boarding house is still doing a fat young business?" said Skinner, sur-rendering his coat and falling into the vernacular of the admired Turkey Reiter. "I beg pardon, sir! Oh! Yes, sir," said Bucks, momentarily mystified. "I hope you enjoy the school, sir?" "It is wonderful, Bucks, wonderful. Glorious times! Glorious fellows!" "That Mr. Walader, sir, certainly is something of a man," said Bucks with great respect.

Something of a man," said Bucks with great respect. "He could wipe the ground up with any cop in New York," said Skinner stoutly. "And at that you ought to see P. Lentz. He weighs two hundred and sixty."

Here the telephone began to buzz

angrily. "Hello," said Skinner going to it. "Hello. Is that you, Monte, old boy?" said the excited voice of the Tennessee Shad

"Yes, here I am." "Say, look here, the Waladoo Bird has gone clean through his bed!" "What?"

"What?" "Punctured a hole clean through it! Say, fix him up, will you? He's in mine now!" "All right," said Skinner who, turning from the telephone announced with pride, "What do you think of that? He's smashed the bed, Bucks—couldn't hold him! See to it, will you?" "Yes, sir." "Get something very solid."

"Get something very solid." "Yes, sir." "One of those things they rig up for ttle kings."

Cattle kings." "Certainly, sir." When the noiseless valet had slipped away, Skinner stood a moment in contem-plation of the glorious feat. "Won't

plation of the glorious feat. "By George!" he exclaimed. "Won't old King Lentz be wild when he hears of it? He's only smashed a football. The Waladoo Bird is a wonder. By George, I never had a better time in my life! Gee, what a difference, though it makes when you once get in!"

Then he sat down very seriously on the edge of his fragrant bed, staring at the toes that peeped forth from the gorgeous lavender silk pajamas.

"By George!" he said suddenly with a great moral resolve. "I know what I'll do. I'll hire a tutor, I will! I'll slave all summer. But I'll get to college with that bunch or I'll injure my health!"

IV

WHEN the stage had lumbered away after depositing the last returned con-vict, the inmates of the Dickinson House, exhausted and sleepless after that Easter period which the curriculum still persists in ascribing to rest and recuperation, fore-gathered once more on the steps and the young green banks in lively discussion. The Uncooked Beefsteak from his room directly above, looked down with satis-three new resplendent vests. It had been a never-to-be-forgotten week. His hospital-ity had gone beyond the limits where even a prince might hesitate. If there was a

TOYAL

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dish on the Hotel Regal public menu that Finnegan, MacNooder and the Waladoo Bird had not contended with, it was solely because the season outlawed it. They had because the season outlawed it. They had neglected not a single theatre, riding to and fro always with an empty cab ahead as an outrider. The totaled record of meals consumed and carriages provided had made Skinner pater blink with amazement, and there had been a few words on the subject, including a cash offer if the visit could possibly be abbrevi-ated. ated.

offer if the visit could possibly be abbrevi-ated. But this was pure, inconsequential per-siftage, and had been silenced at once by the announcement of his highly virtuous intention to secure a college education. The Beefsteak, fondly secure of the affections of his late guests, brazenly deployed an array of theatric neckwear where it would most dazzle and astound. Of course he had that admiration for the Waladoo Bird that d'Artagnan enter-tained for Porthos; Dennis de Brian de Boru fascinated him, and the Tennessee Shad moved him to envy with the dark and devious strategy of his mind. But, after all, it was MacNooder, the financier, and the Triumphant Egghead, the repre-sentative of society, who really stirred his heart strings, and they should be his special cronies, singled out from the multitude. He finished the task of sorting his mar-

doesn't improve the boots a bit. Better go up now—quietly—and see what you can do with them."

"What!" said the Beefsteak, every hair of his head starting up with horror. "Take great care of them," said Turkey Reiter softly. "They are my favourite boots."

"You don't mean it!" said the Beefsteak, turning desperately to MacNooder. 'Not again!

"It's for your own good, you blasted millionaire," said MacNooder sadly. "It hurts us more than it does you." A great lump rose in the Beefsteak's throat. He turned wildly to the Triumphant Egghead.

phant Eggnead. "Yes, MacNooder is right," said this last hope. "We're really doing you good. So, Beefsteak, when you finish the boots up nicely, come down on your tiptoes and brush up a few of my things. My clothes have been kept in such rattling good order lately that I should hate—""

But the Beefsteak, zigzagging in his walk, had wobbled up the steps. He went to his room and sat down, steadying his head in his hands. And there at last the full light broke over him. That evening as the House was gathered for guerrer Stevens suddenly.

supper, Butcher Stevens suddenly for exclaimed:

"For the love of Mike, look at the Un-

WHO'S GIVING A PARTY?

Everywoman's World Service Department

now has ready for the Spring Party Season the following material:-

Valentine Party Plans St. Patrick's Day Affairs "April Foolery"

THESE will be sent free, TO SUBSCRIBERS ONLY, on receipt of the regu-lation filled-in coupon and postage—3c. for one or 6c, for the three. Requests which do not comply with these rules cannot be filled.

EACH Plan contains several menus, recipes, and a host of appropriate games; decorations and invitations are also dealt with.

In Addition To The Above

WE HAVE available three booklets—St. Valentine's, St. Patrick's and Easter Celebrations—giving supplementary information in regard to menus, table decorations etc. Each of these costs ten cents, and will be sent to anyone on application, whether a subscriber or not. Please add 3c for postage. Of course, the free plans are absolutely complete in themselves, you do not need the supple-mentary booklets to enable you to give a party. But if you are giving a big affair you may be glad of more recipes and games than we could give in one article on the subject.

velous wardrobe and, yielding to an im-pulse, boldly arrayed himself in his latest tailored creation, a noticeable concoction in large brown and green squares. He surveyed with genteel pride the thin, per-fect line of the red silk necktie, passing his hand over the speckled vest with large white buttons. He liked to dress well, in perfect taste, yet with distinction, and now at last he dared gratify this taste.

Secure as a Braddock in his complacent

Secure as a Braddock in his complacence confidence, he went down the steps and burst in full vision upon the group. "Well, old gazebos," said the Beefsteak, throwing back the sides of his coat, pea-cock fashion, "how do you like the spring styles?"

Turkey Reiter looked at Doc Mac-Nooder and sadly shook his head, while in the group an ominous silence began to spread.

The Uncooked Beefsteak, all unawares, Sauntered down to a position beside the Triumphant Egghead and clapped him on the shoulder

the shoulder. "Egghead, old sporting life, tell the multitude about the classy food I corralled for you." Then spoke Turkey Reiter, the czar, solemnly:

solemnly: "Beefsteak, there is a pair of old muddy boots, standing right in front of my wash-stand. The mud is rather hard and

cooked Beefsteak!"

cooked Beefsteak!" Around the corner came Skinner, clad in an ill-fitting pair of ink-stained cordu-roy trousers, a jersey in place of the loud vest and a slouch hat over his eye. "Merciful heavens!" said the Trium-phant Egghead with a shock. "Beefsteak, where did you get that rig?" "I traded it," said the Uncooked Beef-steak firmly. "Got it for my last \$85 tailor suit."

steak firmly. tailor suit."

"Dear boy, what does this mean!" said MacNooder with a horrible misgiving. "Read that!" said the Beefsteak thrust-

ing a paper on Turkey Reiter. "What is it?"

"What is it?" "It's a telegram I've just sent home. Go on, read it!" And Turkey Reiter read: JOSHUA M. SKINNER, The Regal Hotel, New York City. Cut my allowance to a dollar a week. week.

MONTAGUE.

MONTAGUE. "Explain!" said Butcher Stevens, dazed. "I will," said the Beefsteak militantly. "It means I am on, I'm wise. It means you've educated me and I know my lesson. From now on the bank is sus-pended. I'll start even. And remember this, I may still be a Beefsteak, but there's nothing uncooked about me—I'm done to a crisp!"

Do You Know?

-that Royal Baking Powder is made from Cream of Tartar?

-that Cream of Tartar is derived from grapes -rich, ripe, healthful grapes, grown in the famous vineyards of Southern Europe?

That is why Royal Baking Powder is so wholesome and healthful—why so many doctors, nurses and dietitians prefer it and recommend it—why so many women, the world over, insist upon it.

Then, too, Royal gives the food such a fine, even texture — such a delicious, appetizing flavor — such superior keeping qualities! "My cakes are 100% better since I bought that can of Royal," writes one delighted user, and everywhere — among your friends, neighbors, relatives — you'll hear similar commendations.

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Dentists the world over also urge this method. Thus the past five years have opened a new dental era.

If you don't know these benefits, send and learn them now.

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Try combating the film on teeth. See how they improve.

Film is that viscous coat you feel. It clings to teeth, gets between the teeth and stays. Discolored by stains, it forms dingy coats. Tartar is based on film. That's why beautiful teeth were seen less often than now.

Film also holds food substance which ferments and forms acids. It holds the acids in contact with the teeth to cause decay. Germs breed by millions in it. They, with tartar, are the chief cause of pyorrhea. Thus most tooth troubles are now traced to film.

Very few escaped

Old ways of brushing left much of that film intact. There it remained to constantly threaten serious damage. So, despite all care, tooth troubles were in-creasing until very few escaped. that film intact.

Then dental science sought ways to fight that film. After long research, two ways were discovered. One acts to curdle film, one to remove it, and with-out any harmful scouring.

Able authorities proved these methods effective. Then dentists began to advise them. A new-type tooth paste was created, based on modern research. Those two film combatants were embod-ied in it for daily application. That tooth paste, called Pepsodent, is now us-ed wherever careful people live.

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You can see the results wherever you look. Teeth glisten which once were dim. Beautiful teeth are now more common, and people smile to show them. Those prettier teeth mean cleaner, safer teeth. They mean that those peo-ple will hereafter have better tooth protection. They mean that children are better protected from what you may have suffered from the teeth.

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A scientific film combatant, which whit-ens, cleans and protects the teeth with-out the use of harmful grit. Now ad-vised by leading dentists the world over.



BEFORE YOU BUILD

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Tom page 8) exposure—usually affords an altogether satisfactory home-site: although, in mak-ing a selection, it is advisable to note whether or not the property includes any the outcroppings of impervious strata. These may appear at the surface; or, worse still, occur against a cellar-wall below grade, where the outflow of water can be dealt with only at considerable eyense in labor and money. The HAVE thus far dealt only with possible sites in suburb or country. These the said of city home-sites, for the convenience. It may, neverther of convenience. It may, neverther of vity home-sites to health, as recorded for example, it has been shown that funning East and West are more healthour thouses upon the North side of streets than those on the South, taken as a also been found that houses on streets unning North and South, taken as a other street-intersections or the street strunning East and West. Incident also been found that houses on streets that houses near street-intersections or the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and West are more healthour the street strunning East and



Set in the heart of an old orchard, this simple Colonial house has the advantage of a leafy background: but its beauty has been further enhanced by an effective planting aria are combined in the planting. The irregular stepping-stones add an interesting and appropriate note

Residential districts that are, as a whole, omparatively low-lying, are usually less accupying points of greater altitude. They are almost invariably warmer in summer, at almost invariably warmer in summer, and inclined to be damp at all seasons of the year; although the sheltered location tends to more temperate weather condi-tions during the winter. There is, however, in some localities, a my at night to the valley-bottom: and this is especially noticeable when there is a lake or a river in the valley. For a symmer home-site, such a valley should prove appealing. Hill-top sites are, never tendaries, ideal for summer residences, par-ticularly when well-shaded: but a hill-top sysoed to "the four winds of Heaven" is a suited to year 'round use, unless the coupants of the house be inured to blea. There winds. There is a site stope—if possible

private note records than do those located midway in a built-up block. The inference is plain: healthfulness is practically synony-dant fresh air. Tranting that these desirable attributes than in the crowded city, the urban-purchase of a country-site—should re-of far-away hills. True, the country-and fresh food for the table—and also of fresh food for the table—and also outdoor recreation. There are, however, nored. Of these, the servant problem whether for indoor or outdoor work, is totably difficult to secure in the country-itotably difficult on page 34)

Out of Season Vitaminizing in the Country

(Continued from page 21)

But what about your oldest girl, who has two big jobs on her hands at once? Nature is supplying her with one, growing so fast and blossoming into womanhood; and civilization is giving her the second—studying for her matricu-lation, possibly.

Being a wise mother, you have felt that she needed extra care and nourish-ment for both mind and body—so now under your direction, she has trained her oesophagus to become a veritable toboggan-slide for raw eggs—and you have seen to it that she "downed that egg-nog." But you will be a doubly wise mother if you also supply fresh vegetables and plenty of fruit with her meals. Keep easily accessible, figs, raisins, oranges, besides apples—and she will not buy so much cheap candy. (For there is sufficient natural sugar, so to speak, contained in such items, to coun-teract the desire for "refined" sugar).

Then again, while you may feel that you thrive on anything and everything, there are many of your neighbors who eat as much—and the same foods as you do—yet the doctor pronounces them below par from malnutrition! In plain English, malnutrition means that they are either not taking the right food, or are not assimilating it—not getting all the good out of their food (where there is no actual shortage of food, in the first place). In such cases, an extra supply of vitamines is a great help in the assimilation of other heavier foods. Milk and ergs are still the 'busy build-

Milk and eggs are still the 'busy builders'; egg-nogs, yes—absolutely—but doc-tors do not consider them the one necessity quite as much as they used to do; milk and eggs are given a front seat, but they are at the same time being asked to move over just a bit, to give a prosaic cabbage or a saucy fresh lettuce a little room.

Just why things pulled directly (i.e., not stored in cellars) from Mother Earth, should contain a "somethingness," we do not know. Savages eat their meat raw—and their fish too (let's not talk about it). Also their grains are not milled and refined—therefore they need no study of foods, for their whole foods contain whole food values—and who ever heard of wild animals who hunt their own food needing more vitamines?

But civilized man, who "cannot live without cooks," discovered the refining of foods, the cooking and making over into hashes—so we do need food study in order to get back into our diets those things which, figuratively speaking, we threw into the scrap heap—and especially do we need to make some study of foods which are laxative, that we may throw away the old pill box.

TO RETURN again to my own prob-lem and the way I met it:

Speaking simply concerning the avail-ableness of certain food items, it was a far cry from a sanatorium on the out-skirts of a large American city, where almost any sort of food, from lobsters and sweetbreads to artichokes, could be had at any season.

When I undertook to carry out, in the main, my sanatorium routine, if I were allowed to return to my home after an extensive period of treatment, those par-ticular items did not bother me, being too "fancy" for my personal taste; but what about those fresh vegetables? How was I going to get them?

I had it— I would grow lettuce in kitchen window boxes—celery and mush-rooms down cellar—but, hold on—Fall was over; the ground was now too hard

to take into the house—and anyway I did not know much about growing things inside. I would have to consult some of my neighbors who were more 'up' in the subject than I, and have my informa-tion all ready so that I could start next Fall.

I had no hope of immediately arousing the general town public to patronizing the local stores for fresh things, accord-ing to the plan previously outlined. (Public opinion moves slowly.)

(Public opinion moves slowly.) So for the 'here and now,' I would import. I instructed a grocer in the nearest large town to send me, twice a week, packed in a cardboard box, (as if they were flowers), a stated quantity of any fresh or leafy vegetables obtainable— also to enclose three fresh yeast cakes (which on a twice a week order made a yeast cake a day). Fruit was easy to manage—all I needed to do along that line was to patronize strongly our cellar apple barrel, and get grapefruit and oranges from the store (or, of course, a cheaper way is to buy them by the crate). cheaper way is to buy them by the crate).

You see, once I had conquered the mental attitude—the rest almost auto-matically suggested itself. About the yeast—some reader at this point doubtless has the happy thought that all she need do for extra vitamines is just to eat a yeast cake and presto!— the coter is vitaminized the eater is vitaminized.

Not so easy as that, though—any more than one can get the benefit from "lots of fresh air"—by going out-of-doors for five minutes. The five minutes is all right, of course,—but it is only the part of a whole. It is only five minutes, no more, no less. So with my yeast cake; I included it as a part of my more-vita-mines diet, in no way allowing it to inter-fere with my regular allotment of of vegetables and fruit.

A word, too, concerning the taking of raw eggs—it has been found by careful laboratory tests, that a raw egg taken alone (without any other article of food to fasten itself to, so to speak)—just slips through the entire digestive tract about the same way it slips down the throat; of course, some nourishment is gained from it—but nothing like the amount which is in the egg.

To get the whole good from it, take your eggs soft boiled, poached, in custards or such—or mixed up into egg-nogs or beaten with a spoonful of cream.

THE following egg-nog recipe is used in some of the leading hospitals—and if you take it, you will find that it can be taken over a lengthy period without caus-ing "bilious feelin's"—as the familiar milk and vanilla and egg mixture is apt to do; the lemon is a big asset, not only to add more vitamines, but also to offset the richness of the cream.

Half a lemon, 1 teaspoon sugar (or

more), 1 egg, cream (the richer the better).

Mix lemon and sugar first, as if start-ing a lemonade. Beat yolk of egg and beat the white stiff. Mix these two (as for a custard) and put into the glass with the lemon mixture (use a large tumbler). Fill up with the cream, then mix all well in the tumbler and set on ice or in cool place for a while; it will be as tasty as any frappé.

Here's good luck to you, friend vitaminize—and may you regain your good colour and more "pep" for the big business of living and the enjoyment of all the good things on this busy old planet of ours.



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NONE SO YOUNG

(Continued from page 7)

"I've only met him twice, Dad," Alma had said at breakfast. "I must have a new dress now!" Alma had said that too, and later, "Harry wants me to save him the supper." The sudden flushed smile when she had picked up the letter, the light joy-ousness of her voice, the little, thoughtful way she had slipped the note back into the envelope, all these things came back to Martha. The duster hung limp in her hands.

to Martha. The duster hungs came back hands. Harry McCoy—who was this Harry McCoy? Had he come into the life of Alma to take her away, to claim her love, to leave Martha alone, hopelessly alone, for it came to her, like a shot arrow—how could she go on living without Alma? And Buster—how could he go on living without Alma? He cared. But Alma did not care; there was this Harry McCoy. It was hard for Martha to understand, hard because she had never loved anyone but Henry, hard because she had cared so surely right at the first. Here was Alma—that part of herself she had never known, because she had never dared to be all that she was in her dreamings. Alma lived hers—Alma so daring, so de-fant, so sure of her individuality. Martha turned from the mirror to the bed. Well, she must work; the common tasks crowd-ed in upon her; lunch to get for Bruce and Henry, more dishes to wash, then dinner—on and on—the common tasks. And Alma, shopping, buying dancing dresses—laughing, happy Alma! E ARLY in the afternoon, shortly after

EARLY in the afternoon, shortly after four, Alma returned, her eyes sparkl-ing, her mouth—her red, red mouth—so pert and smiling. She carried a paste-board box.

board box. "Mr. Boyd let me off for the afternoon," she offered somewhat breathlessly, "and I got it." She placed the box on the kitchen table with a decided thud—"And Oh, Mamma! it's a dream! Just wait," she pulled off her gloves with quick, ner-vous jerks and fumbled at the string. A rustle of tissue paper, a soft rose mist, then—a gown shimmering before Mar-tha's eyes. She saw first Alma's beaming face.

tha's eyes. She saw first Anna S beaming face. "Why, it's beautiful," she whispered, almost with reverence. Alma gave her plenty of time for in-spection, turning the dress slowly from side to side. "A bargain?" Martha asked, and hated herself inwardly for the question. "Well, no," Alma folded the dress and laid it carefully in the box. "Well—no, Mamma, but I couldn't get a decent thing without paying high—you can't these days, you know. This was fifty dollars."

thing without paying high—you can't these days, you know. This was fifty dollars."

"Fifty dollars!" Martha exclaimed.
"Why, Alma!"
"But, Mamma," Alma protested, "I couldn't get anything decent for less. You know how it was when we bought your things."
Martha knew. But Martha had bought them for Henry. Fifty dollars for Harry McCoy was the cause of Martha's resentment. Fifty dollars for Buster—that would not have mattered. She looked at Alma—the young, happy face—
"It's all tight," she replied, "if you want it, Alma."
The girl caught up the box.
The dirl caught up the box.
The Martha wasn't. Her heart filled with pride, bordering on envy, when Alma came down dressed for the dance. She searched Buster's pleased face, heard it exclamation of approval.
"Great Scott! Alma! Where did you com," Alma answered promptly, and laughed. "Glad you like it, Buster."
"Fifty dollars for Harry McCoy".
The was early morning when Alma res

turned. Martha was awakened by the banging of the front door. She got up, slipped into her dressing gown and went into Alma's room. Alma was standing before the mirror in feminine adoration of the rose dress

"Oh, Mamma," she whispered, "Did that pesky front door waken you? The wind banged it so suddenly. I am awfully

"You needn't be," Martha sat down "You needn't be," Martha sat down on the bed. "Tell me all about it now." Alma came and sat down beside her, spreading out the rose mist skirt with adroit fingers.

"Oh! it was glorious, Mamma—the or-chestra was simply splendid and the floor was dandy and the supper—" she paused. "The supper," Martha suggested and

was dandy and the supper—" she paused.
"The supper," Martha suggested and waited.
"I had it with Harry McCoy," she began, "that clever chap, Mamma," she pointed to the dresser. "There's his picture—he gave me that. Isn't he handsome? And talk—say, Mamma, you should just hear him—why, he knows—everything. And dance—oh! he is a wonder. We had four dances together," she ended happily.
"What about Buster?"
"Oh, Buster was nice—as usual." Alma tilted her head. "Awfully decent, really. You see, Harry is staying until Saturday night now, and he wants to take me out to dinner to-morrow night, so I asked Buster if I could break my engagement with him—"
"Why, Alma—"
"Oh, don't interrupt," Alma went on, "he was perfectly all right about it, just hought a minute and then said as quietly as you please—'Why, yes—if you want to'—so I told him I would go any other night, and he din't even care when Harry asked him for the honor—for the honor, mind you, Mamma—of bringing me
"Be careful, Alma," Martha warned, her fingers caressing the new mith

home." "Be careful, Alma," Martha warned, her fingers caressing the rose mist. "Oh, don't worry about me," there was assurance in the tone. "Buster and I are old pals. And as for Harry—well, I like him. But don't you see, Mamma' I am just having a good time being free, free and happy."

I am just having a good time being free, free and happ." Martha considered a moment. "Yes," she admitted, "I do see. But get to bed now." "Get to bed yourself," Alma teased. There was no denying the gaiety of Alma. Alma was late for breakfast in the morn-ing. She came down peevish and yawning. "Oh, the morning after the night be-fore," she pouted, "isn't much fun if you work in an office." "Hump!" Bruce was almost caustic. "What did you go for, anyhow?" Alma was silent. "You remember this afternoon, don't you. Alma?" Market a slice of

"You remember this afternoon, don't you, Alma?" Martha handed a slice of toast across to Henry. "How's the two-day lecture, Martha?" he asked

"How's the two-day lecture, Martna: he asked. "Ready," Martha tapped her forehead. "In here. It isn't much, really. They are such poor, simple souls, like myself. We'll get along all right. You'll be ready at three, won't you, Alma?" "Oh! those frowsy women and the babies!" Alma shuddered. "I don't see any difference my playing is going to make. They don't know any more about music than—" "Than you do about cooking," Bruce

"Than you do about cooking," Bruce

"Than you do about cooking," Bruce was exultant. "I don't see why I have to go, Mamma. Such a waste of time—" "You don't really have to go, Alma," Martha considered, "but I said—" "Said I'd go, so now I will have to!" Alma turned defiantly to Martha, turned and saw the pained expression on the face she loved. "Oh! Mamma!" she cried, "I didn't mean to hurt you, really. I am an old crab this morning. Why, of course I'll go if you wish it." Henry looked at them inquiringly. What was the matter with Alma? He

RADE MARK REGISTERED

CANADA



asked Martha on the veranda steps ere his departure. "She is just tired from last night, Henry. Girls will be girls."

ALMA went with Martha promptly at three o'clock to the Mothers' Meeting at the North Street Mission. Martha was proud and happy with Alma walking the streets at her side, chic in the neat suit and the stylish hat. Suddenly Martha remembered Harry McCoy, and some of the happiness de-parted. Alma was dressed for Harry McCoy, not for the Mothers' Meeting. "I'll go after you give your talk, Mamma," Alma said as they came in sight of the Mission. "I'll play for them first. But I want to hear you talk. What is it about?"

"Courage in the home," Martha said, simply. And Martha spoke simply to those frowsy women with the fretful babies, those souls struggling against the odds of ignorance and poverty, without chance or encouragement in their sordid lives— spoke simply and truly •and directly, because she felt herself to be one with them. And Alma, listening from the back of the tiny hall, felt a growing wonder in her heart and a lump came into her throat. Near by, a baby cried plaintively. She reached over and took it from the weary-eyed mother, quieting it with the silver shaking of her purse chain. Thus Martha found her with a baby in her arms, the face above the baby one intent, beautiful. "Why Almat" the merced "I thought beautiful.

beautiful. "Why, Alma!" she gasped, "I thought you had left." "Isn't she sweet?" Alma chucked the tiny chin playfully. "Just look at the cute dimple, Mamma. The poor mother looked tired and she wanted to listen to you so badly but the baby cried. It was great, Mamma. I felt awfully proud of you."

Alma lingered till after five, talking to the mothers, admiring babies, serving tea. Martha followed her out to the vestibule

Martha followed her out to the vestibule when she left. "What made you stay?" she asked. "Oh, I wanted to." Alma tucked in a stray lock. "Is my hat on nicely, Mam-ma? Oh, I wanted to stay, and besides one funny old woman said to me, 'Mees, we all loff dot Mudder you haf got,' so I just had to stay for that." She laughed, kissed Martha and started down the steps. "I'll be back about eight for sure," she called back. "Harry is leaving at nine."

MARTHA went home happy, to get dinner for Henry and Bruce. Con-stantly during the preparations she thought of Alma at the Belmont with that Harry McCoy. Still, she was happy. "Alma must have pleasure," she mused. "All the pleasure she desires. She must be free."

At nine o'clock Martha became uneasy. Alma had not yet returned. "She said she'd be back at eight," she

"She said she'd be back at eight," she told Henry. "Don't you worry about Alma," Henry replied. "She knows pretty well how to take care of herself." Martha picked up the evening paper and settled down to read, but her eyes saw pages of printing blurred together. How slowly the hands of the clock moved -how slow. Every little sound—possibly a step—possibly Alma. Every little sound—she started— At ten, Henry went up to bed.

sound—she started— At ten, Henry went up to bed. "Kinda tired, Martha," he said and patted her shoulder, "don't you worry about Alma. She's all right." "Oh, I'm not worried," Martha forced a laugh, and lifted her face for his good-night kiss. "Oh, I am not worried. Did you get the animal crackers for Tots, Henry?" "Sure—put 'em in the pantry."

"Sure—put 'em in the pantry." "Martha listened to Henry's footsteps on the stairs, listened with a silent sob. Again she looked to the clock—ten-fifteen. The right hand went to her eyes. "Don't let me doubt her, God!" she pleaded. "Don't let me doubt her—don't

-me-Alma-Alma let-

Bruce came in and found her. "Sleep?" he jested. "Say, Mom, there's bed upstairs

More forced laughter on the part of

More forced taughter on the part of Martha. "Been over to Charley's?" she asked. "Sure." Then came that hungry glare Martha knew so well. "Anything in the ice-box, Mom?" "To-morrow's chicken." "Anything else?" "Ice "

"Ice.

"Anything else?" "Ice." He grinned. "Gettin' funny, Mom. Say, what do I get? You might as well hand over something soon as later." "You get—to bed—" Martha raised her eyes to the clock—tentwenty-five. Bruce followed her gaze. "It's a long time till breakfast, Mom! Come on—" He pulled lightly upon her arm, "Come on, now." She rose and followed him to the kitchen. It was eleven when Martha went up to bed. The stairs—how—how high they were—how tired she was. She gripped the banister and ascended slowly. The railing—the next step—the pattern of the carpet—blurred together before her. A weakness overcame her. Almost she stumbled. She gripped the banister anew and went on—slowly, softly, surely. It would see she was heart-sick. She gained her room, shut herself in and sat down on the bed in the dark. She wanted to go to Henry and tell him olead with him to go out—some

and sat down on the bed in the dark. She wanted to go to Henry and tell him, plead with him to go out—some-where—anywhere—to the Belmont, per-haps—and look for Alma. But Henry would laugh, assure her Alma was all right, tell her not to worry. Henry believ-ed in Alma ed in Alma. "Don't let me doubt her, God!" In the

dark the right hand went up to her eyes. Alma free—free. Always Alma had wanted to be free, always Martha had given her that wish. But this night night-

this night— She would tell Henry—she must tell Henry. Alma had said she would be back at eight. And Buster—Buster— she would 'phone him—ask him about Harry McCoy. He was Buster's friend— this Harry McCoy. Buster must know! Buster must have been sure about him— sure—sure—or never would he have let Alma go with him. Buster must be sure. The tension lessened. She thought of Buster—Buster for Alma—

Buster-Buster for Alma-A STEP on the stairs-light, buoyant her room. Sobs choked Martha. She went to the door and opened it-stillness in the hall-restful hush-and a crack of light beneath Alma's door. She wanted to go to Alma-and cry-cry-Instead she closed the door and began to undress. Unseen forces held her back, with youth and pleasure; Martha, with naught but Love. She left the door ajar and crept into bed. But suspense had stayed too long with her, sleep had passed her by. Wake-ful, she heard Alma in the hall, saw her go slowly, kimona-clad, down the stairs. Martha sat up in bed waiting, listening. Was it a drink she wanted-something in the ice-box-a mislaid article? Martha strained to hear. No sound-that all per-vading hush-long, slow-moving minutes It was too much. She got up, slipped

of silence.

It was too much. She got up, slipped into her dressing gown and went down the stairs to Alma. Alma was in the living-room at the little desk and writing. The little desk lamp cast a subdued light upon the bowed head. The rest of the room was in dark-ness. Martha drew near, cautiously, almost afraid, as one who intruded. Alma looked up quickly, half frightened, dis-mayed.

mayed. "Why, Mamma!" she exclaimed. "Why aren't you asleep?" "I couldn't go to sleep. What are you

doing? "Just a letter, Mamma. I hadn't any

(Continued on page 34)

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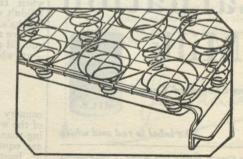
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NONE SO YOUNG

(Continued from page 33)

(Continued) ink upstairs. Worried about me, Mam-ma?" Alma made little blotches of ink on the blotting paper with her poised pen. "You shouldn't really, Mamma." "Yes," Martha admitted, "I was wor-ried. You said eight, Alma—and that Harry McCoy—" "He went away," Alma interrupted. "I went to Bertha's." "Went to Bertha's? Oh, Alma, why didn't you 'phone?" Alma looked into the face she loved and saw there the pain she had caused. She reached out impulsively and caught Martha's hands.

Martha's hands.

Martha's hands. "Mamma, you didn't think—" Martha smiled her sudden relief into the shocked, uplifted face. "No, I didn't think—it's all right," she patted the slim, smooth hands in her own. "It's all right, Alma. I was foolish to worry—even a little." "Sit down, Mamma." Alma motioned to a chair. "I think I want to talk to you—tell you things. I want you to understand me, Mamma. I want you to know something in me is different—

by a chair. I think I want to tak to you—tell you things. I want you to understand me, Mamma. I want you to know something in me is different— since you went away. Sit there, Mamma, and don't turn the light on. It is easier for me to talk to you in the dark. I want to say things, Mamma—real things." Martha obeyed and waited. "It's hard telling things sometimes, Mamma," Alma smiled shyly down at her hands, "even to you. But I want you to understand. It was so funny when you were away, so funny washing out my little things, getting breakfast in the morning, doing what you always did. It made me see just how hard you had to work for us—and I felt sorry for you. You didn't seem to have anything I had —Youth and Pleasure. When I met you at the station—somehow, I couldn't laugh at the station—somehow, I couldn't laugh —it didn't seem right for you not to have those things. And I was sorry for you, and I think, maybe, I loved you more when you came back, only I couldn't show it."

Something stirred in the deeps of Martha—but she was dumb—something of song—of joy. Perhaps it was lost of song Youth.

of song—of joy. Perhaps it was lost Youth. "But I was selfish," Alma went on, "horribly selfish, Mamma. I made up my mind, never—well, not for years— to give up my pleasures and my freedom. I wanted to keep them. It seemed as if movies and parties and visits were enough. But now—" Martha waited immobile, voiceless. "Harry McCoy," she thought. "But now," Alma resumed, "it is different. I am changed—all in a day, Mamma. It seems strange the way Life can be changed for us—so sudden and so sure. It was at the meeting listening to you talk about courage to meet the common task. One always felt courage was for the great things—but the com-mon task—you said it. And that baby in my arms and the smile of its mother— she was so grateful, Mamma—so grateful —just because I held it. I was glad when Harry left—relieved, you know. I didn't want to come home, so I went to Bertha's." "Tve nothing to do," I told her—"you and Ed go out for a while to the movies

"I've nothing to do," I told her—"you and Ed go out for a while to the movies —anywhere—I'll stay with the babies."

from page 33) "They were so happy to go, Mamma, so happy to go—it made me ashamed—I hould have done that before. And when they left, Mamma, why, it seemed—all at once—that their little home was my own—my little home—and the babies. It was something like a beautiful, stained-glass window. Outside on the street we can't see—we don't know how beautiful it is—but inside with the sun streaming through—we get the beauty of the colcurs. It is a work of art, not just a window. And I saw home like that—not from the streets—but inside. And I was happier iust sitting alone, happier than at dances. Then the baby cried—I went upstairs— took him from his crib and rocked him. Oh, Mamma, his little body in my arms arms—warm—needful? "Martha nodded and raised a hand to ..." "I loved the baby more than I ever hoved him before. And I knew—ohl swift and sure—that Youth isn't everything— and Pleasure isn't everything—"the voice was bow—"but Love is, Mamma—Love ..."

-Love was low-"but Love is, Mammais.

Again Martha nodded.

is." Again Martha nodded. Alma turned to the desk. "I am writing Buster now," her fingers went out to the pen. "I hurt him, Mamma—oh, I know I hurt him—the way he hesitated at the dance—about the dinner to-night—and his face—I tried to look past his face, but I couldn't—I saw how hurt it was. He wouldn't hurt me, he is too fine for that. He is—he is —oh, so splendid, isn't he, Mamma?" "Yes," Martha said, "yes, Alma." "It seemed to-night, alone there with the baby—that I was listening for a step on the stairs_Mamma—a step—on the stairs—you know—his step. And I knew then how hurt he was—and how much he cares. He told me that! And I knew there, alone in the little house that seemed mine, that I cared too; but I had never been on the right side of Life's window—I'd been on the shallow side—I'd never seen Love shining through—like a great sun—shining through the colour, Mam-ma. I was—well—asleep, but suddenly, I seemed to wake up. I knew—Love is most."

most." "Love is most," Martha echoed. "Yes,

Alma." "So I am writing to tell him I am sorry —I can't have him hurt, and some day— well, maybe—you know—Mamma." "I love Buster, too, dear," Martha said, simply. "Oh! I am so glad—so glad," Alma cried softly. "He is—so dear—isn't he, Mamma?"

T HAD come—Alma would one day go away—leave them—be no longer hers. But strangely Martha felt she had not lost Alma, but found her—found her— found her! For all time they were bound and welded and held together. They both knew Love. Martha watched Alma bending above the note. Memory moved her. "None so old," she murmured in retro-spection, "none so old—for Love." Then with a wistful smile at Alma, "None so young, either."



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country are also sure to find the vagaries of the weather infinitely more disconcert-

country are also sure to hnd the vagaries of the weather infinitely more disconcert-ing than they ever did in town; and they are equally certain to miss—for a time at least—conveniences and the social activities to which they have long been accustomed. 'Tis safest, therefore, to move very deliberately in choosing a home-site radically different from the one now owned and occupied. If at all possible, a site boasting of some old shade should be sought for. Although any barren waste of land can be transformed eventually into marvel-lous attractiveness by well-considered planting, is it not the better plan to secure at the outset a plot of ground sufficiently endowed with trees to assure a leafy setting for the house-to-be? Nothing can quite take the place of foliage as a means of softening the inevitable rawness of a new house; and nothing can eclipse abundant trees and shrubbery as a source

(Continued from page 30)

BEFORE YOU BUILD

of picturesqueness, dignity and stability. Water, too, is an artistic asset. Whether Water, too, is an artistic asset. Whether it be in the form of a tiny brook, a peaceful pond, a widespread lake or a tumbling sea, water has the power to add immeasur-ably to the charm of a building-site; and its presence opens up a host of alluring prospects, recreational as well as decora-tive.

tive. When all is said and done, it is evident that site-hunting is not altogether a sine-cure: for, underlying the final selection, lies a veritable network of considerations, each one of which is too important in its effect, or possible effect, to be neglected. There is, however, a reward if the task of site-hunting be tackled with keen per-ception; and that reward lies in the ac-quisition of a site—possibly only after a long, long search—which promises a home of health-giving and happy living conditions.





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with the natural oil of the pores, and so to bring out all foreign matter easily and without irritation to the tissues.

The beautiful skin must be soft, with plastic muscles and good blood-circulation beneath. A dry, tight skin cannot have the coveted peachblow appearance; set muscles make furrows; poor circulation causes paleness and sallowness.

Pompeian Night Cream provides the necessary skin-softening medium to skins that lack the normal degree of oil saturation. Gentle massaging with it flexes the facial muscles, stimulates the blood circulation and tones up all the facial tissues.

Upon retiring, first use Pompeian Night Cream as a cleanser; apply with the fingers and then wipe off with a soft cloth, freeing the pores of all the day's accumulated dust and dirt. Afterward apply the cream to nourish the skin, leaving it on over night.

The faithful following of this simple treatment works wonders in the skin-removing roughness, redness, and blackheads, and warding off wrinkles, flabbiness and sallowness. It is the most approved treatment for restoring and retaining a youthful complexion.

Pompeian Night Cream Pompeian Day Cream (vanishing) POMPEIAN BEAUTY POWDER POMPEIAN BLOOM (the rouge)

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Send coupon with ten cents for beautiful new 1923 Pompeian Art Panel of Mary Pickford. With this panel we send samples of Pompeian Night Cream, Day Cream, Beauty Powder and Bloom. POMPEIAN LABORATORIES, 5 Wyandotte Ave., Walkerville, Ont., Can.

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Cleansing and Skin-Nourishing

The Art of Powdering By MME. JEANNETTE

As a rule, women give too little thought to the way they use powder. Perhaps one reason is that for so many years, powder has been a necessary part of the toilette among practically all classes of women. Long before the present wide use of rouge and lip stick, it had become almost a mechanical habit to "dab" a little powder on the face. This is why we often see such odd effects; at times, purplish or dead-white noses, or a broad band of white crossing the chin and half way up the cheeks. Pure carelessness can be the only reason for this grotesque mockery of nature's loveliest gifta beautiful complexion.

Powdering correctly is so simple if you will just use a little thought. Be sure to select a shade of face powder that will tone in with your own coloring. Many a lovely face has been very nearly spoiled by flesh-colored powder on an olive skin, or the rachel shade used by a delicately tinted blonde.

--:--

Powder should be placed first upon the portions of the face that are normally whitest-brow, chin and nose-then a delicate coating brushed over the whole face. And above all be sure that you do powder your face all over. It is impossible to emphasize this too strongly. A woman is too apt to forget that, when her face is freshly washed, the skin on her temples and under her chin is the same color; and never by any possible chance does nature make the mistake of having the one several shades lighter or of a different texture than the other. So be sure that these often-neglected outside edges are given the same attention that you give to nose and chin. Nature always blends, and it is by powdering correctly that you can best get this desired effect.

It is always wise to cover the face with a delicate coating of Pompeian Day Cream before powdering. This is a vanishing cream and should be spread on very softly with the tips of the fingers. The powder will go on much more smoothly and will remain far longer with this cream as a foundation.

When you have that uncomfortable feeling that you need more powder, and there is perhaps no mirror near, always pass your handkerchief over your nose first. The pores of the nose are so constituted that there is usually more moisture there than on any other part of the face. This means that powder becomes damp and may cake, so it is wiser to remove what may be left of the first layer before using more.

Pompeian Beauty Powder is absolutely pure, and harmless to any skin. It is smooth, fine in texture, will not flake, and stays on unusually long.

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Flesh shade powder sent unless you write another below



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Help us Keep Down the Price Order your Ford Today

THE FORD MOTOR COMPANY OF CANADA, LIMITED, FORD, ONTARIO



WITHOUT THE LAW

(Continued from page 5)

go near the Settlement again, until the campaign was over, at least. I left the house and went back to the Mulanny home, with the last charge thrown at him that his ambitions, and the mayor-alty meant more to him than I did, or the needs of the people from whom I had sprung. It was while I was there, Mr. Courtenay, that some evil impulse made me write to Jim, and tell him of my trouble. trouble.

trouble. "Yesterday, Mr. Courtenay, this letter came from Jim." Daniel P. read it, gravely. " . . . you did right to tell me," it said. "I wouldn't have used it against him without you had wrote me this way, but I guess its coming to him. I've sent the proof of the 'Garbut' affair to Jerry Mc-Ginnis: he'll put it across right enough. Don't you worry, sis. He'll get his" There was more along the same line. The cherub handed it back to Mrs. Price. "Have you any knowledge" he asked "of this conf.

There was more along the same line. The cherub handed it back to Mrs. Price. "Have you any knowledge" he asked "of this proof to which he refers?" "Gwennyth Price said in a low voice: "Yes, Mr. Courtenay. After the letter came I was frightened—terribly. I realiz-ed that I had betrayed my husband. In a panic of desire to save the situation I went direct to Jerry's office. He was very courteous and smooth. He said he had heard from Jim, and had the picture ...some print from a negative, Mr. Cour-tenay. I could not ascertain its nature, except that Jerry assured me it would come out in the 'Clarion' to-morrow— election day morning—and queer Dar-rel's chances. I pleaded with him, then, Mr. Courtenay, but he said, after a time, that he had given it to a newspaperman already, and could do nothing. I left, as you may imagine, much distressed. This morning early he 'phoned me—Jerry McGinnis did. He had been working to help me, he said, and the newspaperman was willing to meet me to-night and talk hings over. Jerry was sure we could stave things off if I made my plea direct. was willing to meet me to-night and talk was willing to meet me to-night and talk things over. Jerry was sure we could stave things off if I made my plea direct. He would arrange matters, and call for me with a car at any place I might wish to-night. I asked him where we would dine. He said that must remain a secret, in fairness to his friend, who feared some trick on the part of Darrel. I told him I would let him know, Mr. Courtenay. It was just after that I 'phoned you, be-cause I did not know to whom else I could go! I dare not confess to Darrel; he has said things now that show me where he stands and how much of forgive-ness—and love—I may expect!"

"mess—and love—I may expect!"
 DANIEL P. Courtenay tilted back his chair again, put his head on one side, is finger-tips together. After a time he consulted his watch. Then he said:
 "I—ahem—have to go out for half-an-work to go out for half-an-work. There is a sofa there which you will find not uncomfortable. You and presently I am going to take you to hunch, where there is music and the cooking is good. There are eight hours of daylight yet!"
 Daniel P. Courtenay stepped out of his frivate office, into the railed-off enclosure that separated the place apportioned for visitors from the meagre general office, with its one stenographer and its diminu." "Miss Calethorpe," chirped Daniel P. "I anyone asks for me I shall be out for alf-an-hour. Mrs. Price meanwhile is to wait me here, and not to be disturbed." "Yes, Mr. Courtenay! And there is its has name or state his busines." The lawyer turned briskly to an inconspicuous figure seated on the long bench that had held such a variety of characters "Well, sir?"
 "Mr. Courtenay, could I have five mintes of your time? I have a proposition." "Stocks, bonds, books or philanthropy?"

here-""
"Stocks, bonds, books or philanthropy?"

from page 5)
"Well, Mr. Courtenay, with a year's subscription to our magazine we give—"
"Sorry, friend—hope the next prospect is a more cashable one than this. Good-day!" He smiled, nodded, and went his way. Daniel P. held to the theory that it cost nothing to dismiss a canvasser with an inward glow of friendliness when one could not give an order.
As it happened, they took the same elevator to the ground floor. The lawyer left the man in the lobby, apparently consulting a book of "prospects." Part way along the street Daniel P. met an acquaintance; stopped to exchange greetings. His eye, happening to turn during this manoeuvre, beheld the canvasser come from the building, glance up and down the street, and slip into a runabout at the curb.
"Since when did canvassers take to flivvers?" asked Daniel P., in self-communion.

munion. His appointment kept him just over the half hour. With an inbred habit of punctuality, he hurried his steps back to the office. "Any messages, Miss Calethorpe?" he asked the prim stenographer. "No, Mr. Courtenay—except that Mrs. Price left word for you." "Left word?"

"Left word?" "Left word?" "She went off fifteen minutes ago, Mr. Courtenay. Someone 'phoned for her, and she came out and said to tell you someone was sick—Mul—Mul—" "Mulanny?" suggested Courtenay. "That's it, Mr. Courtenay! Mrs. Mulanny, and she must go at once. That perhaps you would send a message to her there, or she would ring you later. There's the address on that slip!" "Humph!" snapped the lawyer. "Who was it 'phoned—man or woman?" Miss Calethorpe raised her eyebrows at the junior.

Miss Calethorpe raised her eyebrows at the junior. "A man, sir," said that youth readily. "An' he 'phoned from a pay station!" "Good lad!" approved Daniel P., and entered his office. He sat for a while in thought. Then he telephoned the Price home. Mr. Price, he was told, was at Committee Room No. 1. The cherub rang Committee Room No. 1. Mr. Price was out at lunch, and had several ap-pointments, but would return about three. After that he would be too busy to make any further appointments. Who was speaking—Mr. Curtain?—Sorry, Mr. Cur-tain, but Mr. Price had distinctly given orders...

"It's all right," said the cherub, with gentle firmness. "I don't want an ap-pointment. I just want to see him. I'll drop around about three!"

FROM the smoke-laden atmosphere of

drop around about three. FROM the smoke-laden atmosphere of his father's campaign headquarters, Jerry McGinnis made his way to the outer air in a moment when the elder McGinnis was preoccupied. In this his ifial sense of duty suffered eclipse; his orders being that, as his father's lieuten-ant, he must be at his elbow now unless definite orders took him elsewhere. The found ready excuse for his defection. The unattainable had always lured Jerry; the infatuation that had long been with him—dating from the days when his political slum work brought him in con-tact with the converging but different activities of Gwennyth Bender, and so with her own rather magnetic personality —fter her marriage—became intensified. The unattainable again! And now the Mulanny affair of that recent night, when his sympathies were subordinated to his admiration; when the death-bed vigil brought a sense of maddening intimacy, set him afire! Alone it would have had power to draw him from the path of filial duty; added to it was the knowledge that both paths might lead to this goal. To have her go with him alone, to meet the newspaperman—a purely fictitious creature—this was the first move. Jerry had the print himself and with it, tucked *(Continued on page 38)*





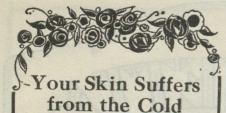
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WITHOUT THE LAW

The second move? To take advantage of her hopelessness; her helplessness; her estrangement from her husband. There were such things as easy divorces in this interesting modern world! If he played his cards carefully there might be at last some reciprocation; Jerry was not un-conscious of his charms, nor inexperienced. He might even forget his duty to his father's cause . . . if things went right! Failing that? Why then—Jerry's heavy-jowled face flushed passionately at the thought—why then, he would play a pretty tune upon her emotions; make her pay in advance, as far as such payment could be exacted, for the line-cut she should never have; then mock her with the hopelessness of it all! That was the plan which passion, and a long-nourished jealousy that another should have been given her love, dictated. And now his man Canning had tele-phoned to say that he had traced the girl to Courtenay's office, and there, in the guise of a magazine and book can-vasser—one of which he often made good use—he had discovered that she would be there for half-an-hour, and that Courtenay had gone out. Jerry, much concerned, had bade him lure the girl away at all costs—get her somewhere that he could talk to her straight—represent himself as a neighbor 'phoning for Mrs. Mulanny, who would be conveniently sick and re-quire her instantly. . . He must frighten her, if need be, away from this shrewd, queer old fellow, Courtenay. He had not spoken of the Garbut picture to anyone.

He had not spoken of the Garbut picture

The had hot spoken of the Garbut picture to anyone. That was his bait; if she was obdurate, a morning extra would make a roorback that would count. The "Clarion" would headline it; McGinnis owned the paper body and soul. Otherwise . . .

Otherwise . . . The contemplation of it all drew him like a magnet. And now word had come that the ruse had worked; the girl was on her way to Mulanny's. Jerry felt safer seeing her there than in more central and disturbed surroundings.

disturbed surroundings. A henchman, entering as he slipped out, eyed him strangely, hailed him: "What's up, Jerry?" "Nothing," retorted the young man, roughly. "What do you mean?" The other laughed. "Well, you look like a man who's been drinking, or is famished for one. Thought you might find one for me!" Jerry showed a firm set of teeth in an odd smile, and went on. The fire re-mained in his eyes.

PRECISELY at three, Lawyer Courte-nay sought his man at Committee Room No. 1. The place was chaotic, with the election less than twenty-four hours away. Henchmen crowded the place, adding to the confusion of noise and the thickness of atmosphere. Mr. Price was in, but he was busy over details of to-night's final great meeting, and could see no one. It was no use giving his name or his card just now. If he cared to wait....

to wait.... Daniel P. smiled disarmingly, but his eye was on the young man who had just come from the private room with some, papers, and was likely to return ... He moved towards him, and when the secre-tary re-entered he went not alone. The room was smoke-filled; some half-dozen men sat about a table.

room was smoke-filled; some half-dozen men sat about a table. "Just a minute," growled the candidate, when the surprised aide turned upon the intruder. "Who's this? Mr.-Mr.-" "Courtenay," said Daniel P., blandly. Darrel Price winced a little: he said: "Just sit down a moment, and I'll see you." And, presently, taking the in-truder aside into a smaller room that led off the inner committee room: "I was busy enough to-almost forget personal

to wait.

(Continued from page 37) away in his pocket, a line-cut ready for use in to-morrow's paper. That would have greater effect than just the picture. The second move? To take advantage of her hopelessness; her helplessness; her estrangement from her husband. There

troubles, Mr. Courtenay! I'm glad you've

come!" "We can save time, Mr. Price, by both coming frankly to the point. The final rock on which your domestic happiness seems like to suffer shipwreck is the Garbut affair. I know it only by name— may I suggest that it is in your interests to give me the inside details of it?" Darrel Price shot a quick look at the lawyer. come!

lawyer "Th

"The Garbut affair!" He laughed short-ly. "I'm damned!" he said. "You may be politically," said the cherub drily, "if you don't care to tell me!"

me!" "Supposing I refuse?" "I don't think you will refuse," said the cherub quietly. He added, after a moment: "I'm thinking of your-con-fession of this morning. You do care-don't you? Your wife doesn't think so, Mr. Price. I wish she might believe as I do!"

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Science proves the danger of bleeding gums

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MEDICAL science proves that un-ments. People suffering from Pyorthea (a disease of the guns) often suffer from other ilk, such as rheumatism, anaemia, nervous disorders or weak-ened vital organs. These ills have been traced in many cases to the Pyorthea germs which breed in pockets about the teeth.

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Four out of five people over forty have Pyorrhea. It begins with tender and bleeding gums. Then the gums recede, the teeth decay, loosen and fall out, or must be ex-tracted to rid the system of the infecting Pyorrhea germs.

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"I will never consent to Gray Hair



Courtenaymost men in public life have! Courtenay—most men in public life have! "As often happens the crooks fell out. Some division of the spoils, I believe, which angered young McGinnis. He put the screws on them, and it ended by their having to make a getaway. Jim was threatened with the penitentiary; Garbut had already made tracks elsewhere. I had to step in again, at Gwennyth's in-stance—though she did not know the real story—and managed to get Jim away. stance— though she did not know the real story—and managed to get Jim away. It cost money, but I won her gratitude, and got the negative and prints back from Jim. Garbut, having no further need of them, left them with him. Since then Jim has been in a job I got him at Westhill. I told him to hold it, or I'd make it hot for him! That's the whole story, Mr. Courtenay!" "Hum!" said Daniel P. "Had you any assurance that all the prints were re-turned?"

turned?'

"Only his word. But then, you see, I've something on him to keep him quiet, now that he's beyond the McGinnis pro-tection, too. I've never had a line from him since, nor a word, except indirect news through Gwennyth. He seems to have settled down as a decent citizen!" "Just the same, Mr. Price, he has tried to poison your wife's mind against you with vague references to the Garbut affair." 'Only his word. But then, you s

with vague references to the Garbut

"Humph! Well, the young scoundrel never liked me—I guess I told him things about himself that were nasty doses to swallow!

"Mr. Price," said Courtenay, gravely, "I only wish you had exercised towards your wife the same frankness you have towards her lawyer!"

DARREL PRICE roamed the room un-easily, biting an unlit cigar. He swung on the lawyer then. "A campaign like this is hard on the nerves, Mr. Courtenay. I let myself go Partly through nerves—partly because of her reputation more than my own. It angered me that she should spend all night with this Mulanny woman, and then come home with this young devil, McGinnis!"

"You forget, Mr. Price, that your wife's sympathies are doubly drawn to the unfortunate woman—and that she knew Jerry McGinnis—quite well—long before you!" "Eh?" The candidate turned sharply.

The voir is the solution of The candidate turned sharply

"You will pledge yourself to-night to

stand by the interests of the west-end, where your vote must largely come from. You will disabuse their minds of any so-called radical views which your reform takes thas brought into being? You will declaim the sacred rights of this and that? You will have on your platform a man who owns the rottenest tenement dis-trict in the city? He will applaud your safe and sane reform talk—your clean civics—and smile up his sleeve the while? I wonder, Mr. Price, how much of that wonder, Mr. Price's interests? I may be a little unfair, Mr. Price—I simply lave the question with you? Good-aternoon! Will you be here for a while? The cherub let himself out, gave smil-mig response to the dark looks of the protection of the street. He chartered taki-cab that was passing, and headed to learn that her health gave no more no urgent call to Mrs. Price, but that heatter had been here and had a lengthy interview, conducted in low tones, with the latter had been here and had a lengthy iterview, distrest in the head head sengthy iterview, it hat she had looksed di-ters head end here and had a lengthy iterview, it hat she had looksed is the hatter head gone, but had passed is difer he had gone, but had passed is difficulty; that she had left shortly atterview.

after

He headed, then, for his club, and spent He headed, then, for his club, and spent a considerable time in a private telephone-booth. His calls included one of some length with the companion of many years of matrimonial bliss, but his half promise of 'phoning Price was not then redeemed. He left that for a later hour as develop-ments might come to pass. ments might come to pass

ments might come to pass. JERRY McGINNIS felt that he had fallen on prosperous times. His scape-grace ways, while tolerated by his father —perhaps with some sense of justice based on a debt of inheritance—had not strengthened bonds between them in a time when the elder eschewed deeds that might bring censure upon him, preferring to pull the strings that would make his puppets do the devil's dance. Jerry was, in a way, a reproach to a public and paternal dignity! To-night he would play his game; unless he won the highest stake, to-morrow win his father's approval. If he won, it would be worth sacrificing everything to it.

play his generow win his father's approval. If he won, it would be worth sacrificing everything to it. Now, with the coming of evening, all was as it should be. He had driven direct to the Mulanny place, and found Can-ning's ruse had worked. Gwennyth had already arrived. There he had the best chance in the world for a further per-suasive argument with her. And, driven to desperation, she was willing to trust him. He felt he had played his cards with finesse; covering the underlying threats with a veneer of sympathetic interest that none knew better how to apply. Most potent threat of all, he had declared that any further communi-cation with Courtenay or his office would "queer" all chance of his—Jerry's—aid. Gwennyth, frightened, had promised. He hurried on his way now in the grow-ing dusk. She had agreed to meet him at the side door of the Biltor hotel at seven, and he was to take her to dinner with the newspaperman—fictitious be-ing—whose good offices must be secured, whose sympathy evoked in the matter of the return of the offensive cut. A commissionaire helped Gwennyth into the car beside him. "Where to, sir?" "The Chateau Grasset," said Jerry, happily. "It's all right. My man mows!" The exquisite pain of having her beside

knows!" The exquisite pain of having her beside him, yet knowing her to belong to an-other, fed the thing within him, to which he himself could hardly give a name. The Chateau Grasset lay in the suburbs —a well-known roadhouse. The car sped along the lighted boulevard. Once with Darrel, since their marriage, Gwennyth had motored this way; at a sudden turn, she said, quickly: (Continued on page 40)



You can make this \$35 dress for only \$9.84

By Elizabeth Biddle Illustration by Alice Seipp

OULDN'T you like to have the beautiful crepe satin dress shown on the right?

Can't you just picture yourself wearing it to a party, an informal dance, or when visitors call of an evening? How proud you would be—how happy! It would seem almost like a dream come true.

No-no! Don't say "you can't afford it." For this time—you can! There is an easy, fascinating way for you to have not only this dress, but many others just as pretty, for one-third or one-fourth of what you have been accustomed to paying.

Take this single dress as an example. It would cost at least \$35 in the shops. Yet you can make it yourself for only \$9.84. Here is the exact cost of the materials:-

3 yards of brown crepe satin at \$2.25	\$6.75
1 yard of brown georgette crepe	1.50
Beads, thread and fasteners	
1 yard spider silk lining	
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Oh, I know you are going to say you never could do it. But that is only because you do not know about the simply wonder-ful method of teaching dressmaking and millinery developed by the Woman's Insti-tute. It is different from any other method you have ever seen or heard of. No matter how little experience you may have had, even though you know nothing at all about sewing, you can quickly learn to make blouses, dresses, skirts, suits, coats, lingerie, hats, children's clothes—everything you de-sire for yourself, your family and others. Not only that, but in a few short months

Not only that, but in a few short months you can acquire so thorough a knowledge you can acquire so thorough a knowledge of dressmaking and millinery that if you have ever dreamed of taking up either of these dignified, well-paying professions as a business, or of having a cozy little ex-clusive shop of your own, the way will be easy. Many students of the Woman's Institute earn \$20, \$25, \$30, and even \$40 a week!

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It certainly is a wonderful new and easy It certainly is a wonderful new and easy method and you ought to know about it. Best of all, there is not the slightest doubt about your ability to learn. More than 150,000 women and girls in city, town and country, in all circumstances and of all ages, have proved by the garments they have made and the dollars they have saved the success of the Institute's methods.



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I T tells all about the Woman's Institute, I t describes the courses, and explains how you, too, can learn easily and quickly, in spare time at home, to make your own clothes and hats, and dress better at less cost, or prepare for success in the dress-making or millinery profession. tells all about the Woman's Institute.

☐ Home Dressmaking ☐ Professional Dre**ssm**aking □ Millinery □ Cooking

Name (Please specify whether Mrs. or Miss) Address.



WITHOUT THE LAW

(Continued from page 39)

"Isn't he going the wrong way? The

"Isn't he going the wrong way? The Chateau is straight ahead!" "Dear Miss Simplicity!" he laughed. "You forget to-morrow is election day, and I am naturally suspicious by nature. Even with your promise I must ask— 'How if our friend the Commissionaire should happen to be commissioned to tip off your husband's agents, and they should follow and disturb our little party?' No—there is a little place I know where we will be undisturbed—but it lies the other way!"

where we will be undisturbed—but it lies the other way!" Gwennyth Price leaned back in the corner, as though his very presence were a contamination. He realized that he had been a little previous in playing his hand so strongly, but a singular exultation dominated him—an anticipatory sense of triumph and power. Lights gleamed in the blackness of a rather lonely countryside. "Here we are," said Jerry McGinnis. He helped her out. She went mechanic-ally, hardly noticing that the headwaiter who showed them to a private room, seemed not only cringingly obsequious but had something of the air of a frighten-ed rabbit.

but had something of the air of a frighten-ed rabbit. "Will you step in here, please, a mo-ment?" The man held aside a drapery that covered the entrance to a small apartment which a brass sign proclaimed to be the "Ladies' Reception Room." "Isn't our room and the meal ready, Gaspard?" asked Jerry, frowning. "I 'phoned long enough in advance!" Never-theless, he stepped within, taking Gwen-nyth Price's arm in a possessive way. He started to make further protest at a delay little to his liking, but stopped short.

He started to make further protest at a delay little to his liking, but stopped short. THE room was not brightly lighted, but its dim illumination was aided by a flickering fire in the hearth. Two figures sat, facing the fire, very cosily, very com-fortably. At first, in the half light, one might take them for two old men, white haired; but closer inspection revealed them as two cherubic persons of opposite sexes! "Confound it!" whispered Jerry in the girl's ear, and not yet understanding. "Let's get out of here. We're interrupt-ing a family fireside!" But Gwennyth Price disengaged herself from his grasp, and ran forward, with a little cry of "Mr. Courtenay!" The cherub rose and greeted her with courtly grace; and, turning, acknowledged Jerry's presence. "My wife," said Lawyer Courtenay, smiling happily. "Mrs. Price, and Mr. McGinnis, Jr. You don't mind, do you, if we join you at dinner? In fact we've gone to some pains to get here!" He raised his voice. "Gaspard!" The headwaiter appeared. "You may conduct us to the table, now. I am sure we shall enjoy whatever you have for us! May I offer you my arm, Mrs. Price? Perhaps Mr. McGinnis will escort my wife!" Jerry, stupefied, did so, but with very bad grace. At the entrance to the private dining-room, however, he slipped back, to vent his wrath on Gaspard; to demand explanations. "How should I know? Someone this afternoon telephones to say: 'You have not forgotten the arrangements for Mr. McGinnis for to-night?" I think, m'sieu that it is at your order, and reply: 'Assur-edly, all is ready!' How should I know? And then, besides—" Jerry interrupted, cursing. He said, presently, in self-communion: "Clever little old devil—I'll bet he 'phoned the

And then, besides—" Jerry interrupted, cursing. He said, presently, in self-communion: "Clever little old devil—I'll bet he 'phoned the places he knows I have my hand on, until he struck it right!" He grinned; in spite of all his chagrin some element of humor came to him. Well, there was nothing for it but to see it through now, making a bold face of it. To-morrow, the "Clarion" would give him part re-venge at least. venge at least. And then, with a fuller realization of

his shattered plans, his amorous intrigue, came snarling wrath. Why did not Gaspard warn him even when they enter-ed; why bow so submissively to old Courtenay? He turned, cursing the little Frenchman, but another figure stood in the place of the headwaiter. "Easy, son!" said the elder McGinnis. "Just a minute before we go any further with this little comedy! You dirty, low-down skunk! You blackguard, you! So this is what I gave to the world in the guise of a man! I've stood for a lot from you, but when it comes to playing tricks So this is what I gave to the world in the guise of a man! I've stood for a lot from you, but when it comes to playing tricks with an innocent, trustful young woman, I'm through! Did you really intend to give her that picture? Oh, I know about it—Courtenay sized it all up pretty well, and came direct to me, like a man! He knew I'd not stand for that. We deter-mined to give you enough rope—but not too much! Tell me, son, and tell me straight—which did you mean to do: fool this girl or betray your father's interests by giving up the cut—eh? Answer me that, sir?" Eyes met eyes; the son's shifted before the old man's steely glance. McGinnis, Sr., turned away. "'Go" said the elder McGinnis, at last. "Get out of my sight! I could forgive you for betraying me—but this girl— No, stay—give me that picture first and the cut! Is that the lot now?" "Yes, sir!" Jerry's eyes were sullen. "Now get out—quick!" The elder McGinnis, the fateful "Cam-paign ammunition" in his shaking hand, watched his son go; listened to his final footfalls; heard the honking of the motor as it pulled from the curb. Then his heavy head shook once, he sighed, and, straightening himself, he went within the room to join the cherub and his party. DANIEL P. had somehow kept the conversation in channels that savored

room to join the cherub and his party. DANIEL P. had somehow kept the conversation in channels that savored of ordinary dinner-table talk. He induc-ed Gwennyth to try the rich cream-of-celery soup set before her. They would not wait, he said, for the others. But his eye roved from time to time to the doorway, in which, presently, the heavy fure of the elder McGinnis was framed. The little lawyer rose, said courteously: "You will join us now, Mr. McGinnis." "Thank you, Mr. Courtenay, but I fear I must decline that pleasure. To-"is the day of days. And I may be just in time for the end of the meeting I de-serted to come here. Our friend Price words of admonition must go largely by default!" The cherub's eyes twinkled.

words of admonition must go largely by default?" The cherub's eyes twinkled. "Mr. McGinnis," he said, "when you proved willing to sacrifice this much to save a nasty situation for your rival's wife, I felt it was only fair you both should share alike. I 'phoned Mr. Price that his wife had fallen into a nasty trap, and that he would be well advised to get to this place as quickly as he could! That was just over an hour ago. He was just about to go to his meeting. I thought it only fair to you, Mr. McGinnis!" The politician shrugged his shoulders. "It seems," he said, drily, "that I have come and he hasn't! I beg your pardon, Mrs. Price, I didn't mean to hurt you! Let me go before my hasty tongue betrays a campaign spirit again! But, first, will you accept from the father, a slight atonement for the faults of the son?" He smiled at her, that famous smile twords could do. "These are the only proofs, I believe, Mrs. Price. May I suggest that you He was gone before she could even thank him.

He was gone before she could even thank him.

THEY sat, after that, in comparative silence, eating but little. Gwennyth could hardly touch a thing, for all that the cuising world but the cuisine was excellent.



She said, at last, rather dully: "Did— did he say he would come?" "He will come," declared the cherub; to himself, he added: "But I gave him a hard test!"

The time slipped by. Little puckers began to affect the lawyer's brow. What if Price failed him? Then came the sound of a motor, preceding an arrival, and pre-sently the figure of Darrel Price in the doorway.

of a motor, preceding an arrival, and pre-sently the figure of Darrel Price in the doorway. "We had a bit of a smash-up," he said. "We had a bit of a smash-up a mile or two down the road! I started to walk, but a car picked me up and brought me back. It was McGinnis' car! McGinnis was in it!" He swayed a little, and his speech was touched with incoherence. He stared about him, said in sudden anger: "What trick's this, Courtenay? So you're in it with the McGinnis crowd after all? Huh!-a pretty trick-to lure me away from the final meeting! I didn't even wait to explain-besides, I couldn't tell them that my wife. .." He stopped, turned to the girl, said falteringly: "So you're working with his crowd against me, too?" He turned away, with a world of bitterness in his face-a bitterness that brough her to her feet. Gwennyth ran to him; cried out: "Dar-rel, Darrel, dear!" He saw, perhaps, that her face was tear-stained, for he took her in his arms, until her breath was almost gone, though she managed to say: "Let me explain, Darrel!" He shook his head at that. "No explanations little lady! Not

He shook his head at that. "No explanations, little lady! Not now! I can forgive—anything—if you care a little for me still!" "Oh, Darrel!" "Fast descent L thick—perhaps

"Oh, Darrel!" "Easy, dearest! I—think—perhaps my arm is smashed a bit! I was driving myself—and we skidded at the turn!" Mrs. Courtenay said, quickly, to the cherub: "Daniel, dear, you must see to him!"

"In a moment," said the cherub, calmly. "A broken arm is not excuse enough for me to intrude just yet!"

"A broken arm is not excuse enough for me to intrude just yet!"
 The cherub did not go out of the house on election night. He left the excitement and the turmoil of the returns to how as in the thick of it.
 The evening papers had been a day when the headlines in one case shouting aloud of the singular breaking of engagements by both candidates; but in the dase of the "Star-News"—which favoured islence on the subject. The "Claricon" bazoned forth in great headlines.
 "Politician is MAN FIRST of Alf Absence of Candidate McGinnis from final meeting explained by switing crowds impatient by waiting crowds impatient from final meeting explained by waiting crowds impatient from his explanation was understood. Then, in a fervid speech—that recalled his acclaimed as a "budding young orator" of the subscitution of lesser speakers a young woman who had been made a for the social see of the McGinnis side. The report went is explanation was understood. Then, in a fervid speech—that would tell greatly for the McGinnis side. The report went a strategy that would tell greatly for the McGinnis side. The report went which his father had dealt with his father h

At nine o'clock the telephone rang, and the cherub learned that the returns showed strongly for McGinnis. At ten-(Continued on page 43)



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THE BURNING QUESTION

How to Keep Warm without Our Usual Supply of Hard Coal

• 'WAS a cold night, and a bleak wind chilled the two men, as they walked together from the 5.40 train, to their

suburban homes. In the pause of separation, Tom noted the warmth-suggesting curl of smoke from his companion's house, before which they

his companion's house, before which they stood. "Say, Pips"—his friend's familiar hail— "what you doing about coal?" "Coal? Coal?," queried Pips, "Seems to me I've heard that cry before! Well, if you like to come in and see—" "Like, my boy, say love,—the vision of a full coal-bin is with me day and night. Lead on!" Together they entered Pips' house, and as they traversed the cheerful hall, "By Jove!" exclaimed Tom, "this is something like," and feeling the active warmth of a radiator, "We don't get heat like this. Where do you get your coal?" "Oh! from several places," said Pips, "just trying them all out." "Several places, you say?" queried Tom, "why we're just about out, and I tried a dozen firms today, and not one had a bit of hard coal in the place. My wife's just about crazy!" "But," said Pips, "I didn't say anything about hard coal!" "What," cried Tom, "you're not burn-ing soft?" "And you find it all right?" asked Tom.

"What," cried Tom, "you're not burn-ing soft?" "I certainly am," said Pips. "And you find it all right?" asked Tom, incredulously. "Well," rejoined Pips, "you've noticed how comfortable we are, and—but per-haps you'd like to see things in action?" "I just would," was Tom's reply, "as I can hardly believe it possible." "Quite so," said Pips, "the trouble is— as one of our U. S. friends said lately—we Canadians have been brought up on An-thracite, and it's hard to change our habits: but—let's go!"—and accordingly Pips led the way to the lower regions. Opening the door of the hot water furnace disclosed an island—so-to-speak— of fine coal in the centre of the fire pot; surrounding it was a bright, yellow flame, seemingly issuing from underneath it, and throwing out an intense heat, against the sides of the furnace. "Now, see here", said Pips, pointing to a black mass in a bin, "what do you think of that?" "Looks like a lot of screenings or dust, with a few lumps thrown in to make it look as though it were coal," said Tom, after a close inspection. "Well described," agreed Pips, "yet

look as though it were coal," said Tom, after a close inspection. "Well described," agreed Pips, "yet that is the Smokeless or Coking coal, and is just as it comes from the mines— or in trade parlance,,"run-of-mine": and, as you say, while almost like dust, yet when sprinkled over a glowing fire, it will, through the softening and oozing of its rich contents of vegetable gums, or bitu-men, cause the particles to coalesce, or. men, cause the particles to coalesce, or, as it is generally termed, to *coke*, and form a solid, but under-burning mass, as you see it there. Now watch—"

HERE Pips took a long, straight poker, and thrusting it into the island of black, he broke it apart, when it imme-diately burst into a bright flame, and ap-peared now as lumps of glowing coke. "This now gives you the foundation for an immediate, hot fire, with the great advantage of a high flame, and consequent *direct* heat through, and over, the flues, which anthracite only heats by radiation."

which anthracite only heats by radiation." "To start a fire, or get up a low or neglected one quickly, I use nothing but newspapers—of which we accumulate a lot—simply rolling up tightly each folded issue, starting with the fold or solid edge as the inside of the roll, then twisting or bending it several times so as to retain its roll shape—thus forming a stick, so-to-speak, of fibre. This burns up at once, and when cross-layered, forms a glowing base, upon which I sprinkle— not throw—one or two shovelfuls of the

lard Coal fine coal, at the same time opening up all drafts. In a few minutes coking will take place. I break this up and re-charge with coal, and repeat until the fire is sufficiently high and the coils real hot, H-O-T, not merely warm! "As soon as the water-base of the fur-nace is hot—indicating thus that all radiators throughout the house are well heated—and the fire is going strongly,— place in centre of the fire—making an island of it—from two to five scoops of coal. Leave on all drafts until a strong flame springs from under this island, all around, then all drafts should be shut off, the damper in the pipe three quarters closed, and the air vent in the door open-ed, adding at bedtime, any check-draft over flues or in the piping. "The 'island' acts as a spreader, causing the air-forced flames to strike the sides of the furnace or water jacket, thus heat-ing continuously its circumference—the most particular part, and one at which the spread anthracite is generally found dead; any gas is ignited as it rises—no need to wait for the 'burning off' as with anthracite, and thus all the heat is utilized. "This spread will continue flaming, and

This spread will continue flaming, and

animate, and thus all the heat is utilized.
"This spread will continue flaming, and will burn steadily at the rate of a scoop-ful per hour in a ten-roomed sized firepot during the daytime, or when checks are not all used, or very slight draft on. During the night it will last almost twice as long—or say, five measures will last about eight hours, and when broken up in the morning, will prove a mass of pure glowing coke, ready for recharging as described.
"When the weather requires a continuous, strong heat during daytime, and trafts on, stoke more lightly,—say for a two hour period. Then, break up the island and spread the coke—sprinkle coal thinly over entire surface—let burn for five minutes—break up again, and then build another two-hour island. The intense heat, and high flame, occur at the sprinkling stage, at which time the initial heating-up of the house should be done.
"The heart-breaking shaking, necessary with anthracite, is agreeably missing, as but a slight agitation of the shaker is required. and every particle of coal will be found burned—thus leaving no cinders to be sifted, or clinkers to be removed, with an ash residue of about half that of anthracite and this, practically dust.
"This Smokeless coal throws little or no soot, and its denoei in action."

This Smokeless coal throws little or

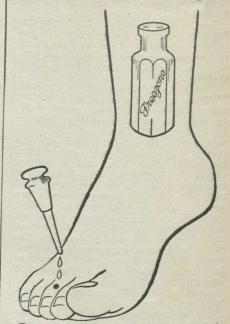
"This Smokeless coal throws little or no soot, and its deposit in pipes or flues is no more than that of anthracite. "Another form of soft coal, styled Bitu-minous Egg,—comes screened, and in varying sizes of lump, which looking and sounding like anthracite, and being almost as hard as it is, has in some cases to be solit up.

as hard as it is, has in some cases to be split up. "This is a free-burning, non-coking coal, and may be treated like wood, heaped as in an open grate, or spread like anthracite, as it starts burning at once, and makes a fire of intense heat, lasting about the same length of time as the fire built with the Smokeless coal. It is delightful to use on account of its immediate inflam-mability, even on a low fire—its only use on account of its immediate inflam-mability, even on a low fire—its only drawback being that this very desirable richness has the consequent accompani-ment of soot. You 'island' this coal too, using it in just the same way as you do the Smokeless.

using it in just the same way as you do the Smokeless. "A pair of soft, oilcloth sleeves, elastic bound at the wrists, and kept up on the arms by a band around the neck—like children's mittens—with a long apron in front, will, however, except for the hands, minimize the difficulties from the dirt of flue or pipe cleaning. "Once a week, the chimney flue outlet must be emptied and furnace flues clean-ed out; this must be done for the pipes too, when, on being tapped, they sound as if they were solid. In the furnace pipes I have a T-with removable stopper—placed about the middle of their length, through



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wooden cereal cases, lined with tin from

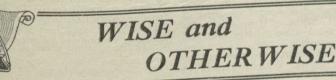
wooden cereal cases, lined with tin from tobacco caddies or other source—handy, and transferring the ash to them while waiting for the fire to burn up. "You now have, Tom," said Pips, as he washed his hands, "the main principles of the Art. How does it strike you?" "Well"—replied his friend, "it looks all right, it feels all right, and sounds all right, at least to me, and—" declaiming, "its safe to bet, you don't regret, and feel you've met, the scar-cit-ee, of—An-thra-cite!"

you've met, the scar-cit-ee, of—An-Inita-cite!" "Well," laughed Pips, "with the labour and cost of kindling saved—the depressing 'out' changed to a cheerful blaze at once— radiators sizzling in record time—no cin-ders to sift—no clinkers to fish out—half the quantity of ashes to dump—no heart-breaking shaking to do—greater heat with less coal—and, last but not by any means least, with a C. O. D. saving of three to six dollars per ton, and any number of tons just begging to be coked —well, I'm not worrying! Better 'go to it,' Tom—change your diet, use the ever-ready Bituminous, and be once more happy, and—warm."

Without The Law (Continued from page 41)

thirty the victory was certain, confirming Courtenay returned to the fireside, and at long in thought. "You're very silent," said his wife, after a time. "I'm wondering," retorted the cherub, "whether I won or lost my case!" To himself he said: "After all, I set out to restore his wife, not to make him mayor! from the lesson. He'll get in next term, and miss a lot of pitfalls. And yet..." A televen, or a little after, there was another call. From it Daniel P. came

from page 41) chuckling, radiant. He sat down again, in his favorite attitude when thinking. The voices of Gwennyth Price and of Darrel himself still sounded in his ears. The defeated candidate and his wife were going on a second "honeymoon" immed-iately, starting to-morrow. They just wished to thank him, and ... The cherub's head nodded. Mrs. Cour-tenay rose presently to set her knitting aside, prior to retiring. Her chair scraped slightly. The cherub's head lifted with a jerk, he muttered sleepily: "Perhaps I won the case after all?" then he slept again, but the smile remained on his lips,



VERY GOOD, VERY GOOD

TEACHER: Now tell me the name of the insect which is first a Tank and then an aeroplane.

PUPIL: It's the caterpillar, which changes into a butterfly.

-L'Illustration (Paris).

"I suppose," said the cross-examining lawyer, in his snappiest manner, "that you remember the date of your birth?" "Certainly," said the witness with a bored air. "Every man remembers his birthday."

"A newly born infant has no memory. Now, sir, how do you know that it wasn't a day sooner or a day later, or a week, or a month, or a year than the date you have in mind?"

"Why-er-ahem-I've been told-" "Exactly. You've been told, but you don't know. Step down. Gentlemen of the jury, this is the kind of witness who has testified against the unimpeachable character of my client."

Birmingham Age-Herald.

* *

JINKS: We used to hear about the drinks on the house.

BLINKS: Yes, but now the drinks are under the house.—British Whig, (Kingston, Ont)

"Why did they select the stork to couple with the doctor? Why not the eagle or the owl?"

"The stork is the bird with the biggest bill."—Kansas City Journal.

When the "Siamese twins" died re-cently it was said they left a big fortune. Now it turns out that the amount was only \$400. Thus the theory that two can live cheaper than one is ever exploded. -Eldorado Times.

The Episcopal church has decided to eliminate the word "obey" from the marriage ceremony. It is tacitly under-stood, however, that the men will go on obeying as usual. —Judge.

"Is this the marriage license bureau?" "No, this is the criminal court. Maybe you'd better come in here. We seldom give them more than twenty years."

* * *
A young Scothman, shorthy after his raduation from the University of Edin, they years later he revisited the country to teach, this birth. On his return to his teaching ost he was regaling some of his conference.
"Memory of the second of the transformed of the transformed of the transformed of the professor, they was they are to backed the clear for some of the transformed of the transf

"'I'm sorry, sir, but they're ha'pence

a box here.' "And do you know," added the pro-fessor, "I had to walk back eight blocks to my hotel to get some matches."

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The Match Breakers

(Continued from page 9)

(Continued and she flashed about on the seat. The comb, that held the soft tendrils of her hair at the back, fell with a clang, disap-pearing behind the seat. He started to rise, but she had already noticed her loss. She stood up and investigated. He realiz-ed that the comb had dropped into the slot which receives the shutter when low-ered. But before he could find the courage to address her again, she had beckoned the conductor into the car. "I've lost my comb down that place— there—" she explained plaintively. "Do you think you can get if for me?" The conductor stared stupidly. "Get that hook that you use when the car's off the trolley," she commanded. Returning, he fumbled with it in the slot, but un-successfully.

successfully.

Two men stopped the car and held the

Two men stopped the car and held the conductor for a moment's conversation before they decided on another route. In his absence the girl poked without avail at the narrow opening. "I must get it," she said when the con-ductor returned. "It's set with jade. I should feel heartbroken if I lost it." "Well, I guess they can git it for you at the car station," the conductor drawl-ed. Then again he left her abruptly to help aboard the kitty-faced old lady who, after a voluble interval, elected to take a later car. The man in the corner got up and stroll-ed to the girl's side. "Let me try," he entreated. "If you will be so good," she permitted

ed to the girl's side. "Let me try," he entreated. "If you will be so good," she permitted frostily after an icy pause. She held out to him the instrument of her own defeat. "Please don't give me the hook again," he asked humbly. He took one of the props from his golf bag and, breaking it at its jointed middle, transformed it into a fishing rod. He attached a hook to it and began to fish. The girl stared in amazement. Then she inhibited a smile. She watched. "The trouble is that you haven't any bait," she suggested after several moments of unsuccessful angling. "If we only had a copy of 'Izaak Walton'." Her voice had become very soft. He snapped the rod together and re-turned it to his bag. With frowning brows he examined the sticks there. "I'd advise a mashie," she volunteered. But he ignored her suggestion. Seizing a putter he went at it again. By degrees his face assumed a look of intense con-centration and then suddenly his right arm shot up and the comb flew out of the opening. He caught it adroitly and hand-ed it to her. "I lofted it," he said in a tone of great arm snot the caught it automotion opening. He caught it automotion ed it to her. "I lofted it," he said in a tone of great "faction.

satisfaction. "Thank you!" She adjusted the comb firmly in its proper place. Then she pulled the edges of her veil together and pinned them firmly over it. He started irresolutely to return to his corner again.

pinned them firmly over it. He started irresolutely to return to his corner again. "I don't suppose," she began, "that I would have cared such an awful lot for the mistake. But no girl likes to be taken for another girl." "It was all the fault of that feather," he protested with eager fluency. "I give you my word of honor now that I look at you"—he fixed her with so enthusiastic a scrutiny that she turned her face away "that that girl doesn't look any more like you than my grandmother does. I don't know who she is—or what she came from—or where she's gone, and I don't want to slam her. But honestly, I pity her from the bottom of my heart for hav-ing all the beginnings of beauty and then falling down at the last moment. You've got her played to the gaff, whipped a mile—backed on to the fire escape. But I'm glad she came ahead and prepared the way, for I know I never could have stood the full blaze at once. I'm getting all this out of my system to prove to you that I shall never make this same mistake again. No, not if you wear forty feathers. Do you mind if I sit on the other side of it?—it obscures the view."

When she caught her breath she merely said: "It's immaterial where you sit. I get out in a half minute at the Arlington Heights Station." "So do I," he averred humbly. "You said you were going to Arlington." "So did you." "But I'm going beyond it." "So am I." She bit her lips. "As a matter of fact," she announced sweetly, "I'm going to Concord." "I don't expect you to believe me, but

'I don't expect you to believe me, but so am I.

"I don't expect you to believe me, but so am I." She looked at him in silent exasperation. While they waited for the Lexington car, she made one remark. "I suppose you're from the West." When he admitted it, her answering gasp seemed to say that that accounted for a good deal. "May I sit beside you again?" he asked when they boarded the Lexington car. Without waiting for a reply, he put himself on the side opposed to the feather? "Well," she said in a tone that indicated that she had given up some sort of struggle with herself, "inasmuch as we seem doom-ed to travel to the Pacific coast together, and as the rest of the world seems to avoid us as if we were a leper colony—" Her eye fell on the gilt letters that pro-claimed the ownership of the card case he was just opening. "Are you Robert Ardsley?" she demanded. "Yew " he was just opening. "A Ardsley?" she demanded. Yes

"Yes." She jumped and then shrank away from him. "Good heavens, I'm glad I found that out." She added with a stiff-ness, "I'm Barbara Bennett. That's why you looked so familiar. I've seen dozens of pictures of you taken with Dick." "Barbara Bennett!" He stared open-mouthed. "Oh course! That picture of you and Rhoda hung in our room in college for two years."

SHE straightened herself up, and her face, turned directly to him, was freezing in its look. "And of course as Rhoda Wrentham's best friend, I must refuse—absolutely—to have anything to say to the man who is responsible for her unbappingss." unhappiness.

say to the man who is responsible for her unhappiness." "I—responsible for her! I don't know what you're talking about, Miss Bennett. I had nothing to do with their broken engagement. Dick talked the matter over with me—the way a man talks things over with his chum—and I gave him my advice when he asked it. But as for being responsible for their broken en-gagement—you're quite mistaken! Upon my word you are, Miss Bennett." "Unfortunately," the lady's tone had all the clearness and coldness of an icy mountain stream, "Dick happened to quote to Rhoda some of the things you said. She came straight to me with them. I heard the whole story in silence. But of course when she got down on her bended knees and asked my advice, I couldn't withhold it from her." "So I understand. Dick is strongly under the impression that if Miss Wren-than had not been tampered with—by "Meaning wou, if you wish—that their

Meaning me?" "Meaning mer" "Meaning you, if you wish—that their engagement would never have been brok-

engagement would never have been brok-engagement would never have been brok-"Of all things! Why, I maintained so judicial an attitude through it all that I nearly exploded. And all the time I was simply dying to tell Rhoda just what I thought of Dick Yerrington. A man who while he is engaged to one girl goes off automobiling in a party that contains another girl to whom he has been marked ly attentive in the past, and to simply load that girl with attentions until every-body in the party was talking about it to Rhoda—and *pitying* her. Well, I've "Miss Bennett, that's simply ridiculous. You know that Dick would never have gone off with that party if Rhoda—if Miss Wrentham had not gone to the





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finally.

finally. She turned from him with a movement full of the rage that she was trying to repress. "It's not necessary for me to say again, I hope, that I absolutely de-cline the honor of your acquaintance." His face grew serious. "Certainly not!" he said with emphasis. Lifting his hat he strode down the car to a seat in the corner. There, hunched against the win-dow, he stared out at the approaching scenery. scenery.

scenery. THE gale had by no means gone down— rather it had increased. The car was going at top speed. It bounced up and down the tracks, jerked around corners, and seemed occasionally to vault the crossings. Doors rattled and windows shook. Miss Bennett and Mr. Ardsley continued to occupy it in frigid silence and isolation. Because of his superior weight, he was able to present a dignified appearance, but the girl was thrown back and forth in her seat. The fresh country slid by like a moving-picture show. The trees, mere green blurs, marched with the flying car. The hills seemed to be playing a dizzy game that confused the back-ground. Suddenly Ardsley jumped. "I think I ought to tell you, Miss Bennett," he called over the hubbub, "that I'm going out to the Riverview House in Concord to meet Dick Yerrington. He came on unexpectedly for a day or two and he invited me out for a game of golf. I thought you might wish to avoid him. I'll do my best to keep him away from the places that you're going if you'll only tell me where they are. What's the matter?"

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for them to er-er see each other." he

for them to er-er see each other," he said tentatively. She stiffened immediately. "Certainly not. Nothing but pain for them both could result from such an encounter. Be-sides there's no knowing what ideas it might put into their heads. And they're the last people in the world who ought to be allowed to marry. They're not one least little atom in the world suited to each other. Don't you think so?" "I--I don't know--I don't see why no." he stuttered weakly. "She gave him a glance of uneffable scorn." The would be spiritual suicide." She brought the last words out with appalling distinctness. "Thank you," she added. Somehow he felt dismissed. He arose forlornly and retreated again to the corner of the car.

to the corner of the car.

THEY had passed through Lexington and again they plunged into open country on their way to Concord. He looked in her direction once or twice, but she had turned her head and was resting it against the arm which extended over the back of the seat. He could see the the back of the seat. He could see the round of one check, over which her eye-lashes hung, long, shadowy. Her upper lip protruded a little beyond the lower one, forcing it into ripples that ended at the corner of her mouth in a pool of soft shadow. Even as he slyly studied her, she jumped to an upright position and her eyes fixed themselves upon him. "Oh, Mr. Ardsley!" she called wildly.

Obediently he arose and walked to her

side. "I've been thinking about it all. It occurred to me that maybe Dick Yerring-ton may have heard that Rhoda was in Concord, and came out to see her. They may have met. How can we keep them apart?" He shock his head. "I don't think so.

apart?" He shook his head. "I don't think so. He's been up here for two or three days, but he didn't mention her in his letter to me. Perhaps Miss Wrentham heard that he was here and—" He stopped over-powered by the blaze in his companion's eyes. "I think he would have mentioned it to me if he expected to see her," he ended lamely. Miss Bennett sighed. "Oh dear, I am

ended lamely. Miss Bennett sighed. "Oh, dear, I am worried," she admitted wistfully. "Don't worry," he begged, dropping his voice until it was full of tenderness.

"I don't think there's any need of that." "But—" she bit her lips and did not

go on. "We shall reach the Riverview House in another moment," he warned her. "Oh!" She arose and walked to the other side of the car. He followed her, and, together, they stood, looking out. The tendrils of her feather played a soft tattoo on his cheek, but he did not mind

tattoo on his check, but he did not him it now. The big colonial hotel came into view. Two figures—a young man and a young girl—came rushing down to meet the car. Miss Bennett began to tremble. She seized her companion's arm in a grip that testified to the development of muscles, unexpected in a girl. "It's an appoint-ment," she breathed. The car stopped: He helped her off. "Barb—dear—oh, Barb," the girl cried. "I've got such news for you." She was a little brunette creature, slender, sparkling. "I know," Miss Bennett said, "you're married to Dick. I'm so glad, dear; it's perfectly lovely. I hope you'll be terribly happy."

happy." Then she burst into tears.

MISS BENNETT and Mr. Ardsley were returning to the city over the same road that they had taken in the morning. This time they were in a motor-

car. It had been a long day full of pleasant companionship and the beauty of out-of-doors. Now they had just come from seeing the bridal pair off to their honey-

moon. The wind had infused Miss Bennett's eyes with a soft brilliancy. It had whipped into her cheeks a velvety flood of color that ran from her lashes down to the shadowy pits at the corners of her mouth. Her hair, a tangled iridescent mesh, was a swaying background for all this color. "We shall be in town in another ten (Continued on page 47)



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By One of Canada's Leading Child Experts

More Solids Needed.

More Solids Needed. Q. Will you kindly send diet schedule for a baby 15 months old? She is very healthy, weighed 61/2 lbs. at birth and now weighs 25 lbs. She was brought up on the bottle and cow's milk always agreed with her. Since she was 9 months old I have been giving orange juice in the mornings, oatmeal porridge in winter but in summer cream of wheat; bread and butter, arrowroot biscuit, creamed pota-toes at noon, milk, and beef juice a few tried fresh eggs, but she does not like them, so I am puzzled to know what else to give if you think she needs more. I give her the bottle at nighttogether to sleep easily, but make her drink out of a cup during the day.

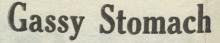
the day. A. Your baby has done very well to pull up to 25 lbs. in fifteen months, considering the smallness of her weight at birth. The food you have been giving her is all right, as far as it goes, with one exception—the creamed potato. Potato should not be given to children until they

We should advise you to discontinue the use of the bottle altogether, now, as there is nothing to recommend it, and it only forms a bad habit if she has to go to bed sucking something—besides tending to spoil the shape of her mouth.

A Curious Habit

A Curious Habit Q. I wonder if you could help me find some reason for the trouble we are having with our small son, age 16 months. He is strong and healthy, goes to bed at 6-30 p.m. after a supper of cereal, milk and bread and butter. At half-past four or five next morning he wakes with a scream and goes right on screaming until the family gets up at 6-30. This has been going on for 6 months, and we have tried everything from slapping to coax-ing. He sleeps on an enclosed porch with his sister of three years. ing. He sleeps on an e his sister of three years.

A. We think you should have your boy examined by a child specialist to see if there is any reason for his curious habit of waking. We have seen similar cases, but could not make any definite



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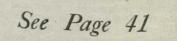


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receipt of 25c to cover printing and postage. If you have not yet sent for the coupon book which entitles you to ask for service 100 times, use the coupon on page 46.

are about 14 months old, and then only more nourishing food. We

are about 14 months old, and then only with other, more nourishing food. We are always surprised to see how many mothers give potato as the first solid food; there is practically no nourishment in them, and certainly nothing that can benefit a young baby. — You are right in thinking that your child needs more solid food than she has been getting. A schedule has been mailed during the next three months. If your baby dislikes boiled eggs, try them poached or scrambled, or broken into a cup with some breadcrumbs and a little butter and salt. By the way, as many people do not know the correct way to scramble eggs, let me explain that they should be well beaten in a bowl, and then mik and some salt. Put a tablespoonful of milk and some salt. By lifting the pan up from the beaten egg and stir rapidly until it thickens. By lifting the pan up from the direct heat as soon as it begins to "curd", you will be able to keep the contents a soft, creamy mass instead of the indigestible, leathery lumps that pass for scrambled egg in too many kitchens.

In page 46. pronouncement without a personal examination. Sometimes the presence of ade-noids or diseased tonsils causes this kind of trouble, or a too-active brain which results in bad dreams. At the same time, many children get the habit of waking early and refusing to sleep again, though usually their behaviour is different from that of your son—they wake normal-ly or with a fretful cry, and simply con-tinue to cry because they are not taken up. In such a case there is nothing for it but leaving the child severely alone, until he learns that nothing is gained by bis noise and fuss; or else thoroughly punishing in such a way that the boy realizes he is beaten. We would recommend, as measures they to help in overcoming the trouble, that the child be not allowed to get excited for at least an hour before his bedtime; and that he be given a warn sponge bath before being put into bed. See that the clothing over him is not too heavy or warm—of course, on the porch there would be plenty of air, otherwise this also might be a factor, since the absence of fresh air often induces early morning nightmare.

All sections of the Service Department may be consulted free by subscribers; non-subscribers should send a fee of \$1.00 for each question asked.

Everywoman's World for February, 1923 47



You may know some. Tell their parents of the McLain Sanitarium, which is a thor-oughly equipped private in-stitution devoted exclusive-ly to the treatment of Club Feet, Infantile Paralysis, Spinal Diseases and De-formities, Diseases of the Joints, Wry Neck, etc., especially as these condi-tions are found in children and young adults. Write for their book, "De-formities and Paralysis," and Book of References, mailed free.

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Match Breakers (Continued from page 45)

minutes." His manner was full of regret. "When am I going to see you again?" His tone was leavened with a definite element of proprietorship. "Really, Mr. Ardsley, I don't know," Miss Bennett said languidly. "Is there any necessity for our seeing each other again? I can't see how people with such peculiarly diverse ideas on things could ever take any pleasure in each other's society."

ever take any pleasure in each other's society." "Am I to understand," he demanded in an aggrieved tone, "that you refuse to let me call on you?" Perhaps she had not expected this. She thought for an instant. "Yes," she said finally with an air of decision. "Oh, very well. But of course I shall see you again." "Where?"

"Where?" "At the Yerringtons'." She laughed triumphantly. "You'll never be invited there. You know what— proverbially—happens to the bachelor friends of the groom, especially when they were the means of breaking the engage-ment once."

When the groom, especially when they were the means of breaking the engage-ment once." "I had nothing to do with the broken engagement, as nobody knows better than yourself. But I fixed that. Twe got Rhoda dead to rights." He turned to her a face that radiated mischief. "She's actually invited me to come and live with them next year, and I'm going to accept. I don't think you'll let me have the triumph," he insinuated craftily, "of believing that you don't dare to come to see your best friends on my account." Conflicting emotions, accompanied by exquisite gradations in color, warred in Miss Bennett's cheek. Ardsley watched the display with approval. Curiosity triumphed. "How in the world did you manage that?" she asked in a baffled tone.

a baffled tone. "I appealed to the instinct that

"I appealed to the instinct that is stronger in woman than death. I told Rhoda that she could certainly marry us off if she'd only provide me with a chance to get to you. Now come," he wheedled. "Be a sport! Give me a fighting chance! Let me come to-morrow night." For a moment Miss Bennett stared at him, her lips compressed, her nostrils quivering. Then something in his gaze got the better of her. She laughed. "Yes, you may come," she said.

FRUIT TREES INJURED BY WINTER SUN

WINTER SUN Many young fruit trees are lost every year through lack of foresight. Winter sunshine is responsible for a large per-centage of losses that are frequently laid to other causes. The low temperature of the winter months drives the sap down into the roots, leaving the tree itself in a dormant state. On a bright sunny day the bark becomes warm, and this draws the sap up into the trunk, where it freezes during the night, before it has time to get back to the root. In freezing, the sap expands, which splits the bark and causes severe injury to the tree. As a precaution against this danger,

As a precaution against this danger, the trunk should be wrapped with tar paper, or some similar material, to de-flect or absorb the sun rays, thereby maintaining a more constant temperature. —Popular Mechanics.

DOUBLING UP

DOUBLING UP The three children came and stood in a row in front of their mother. "Mamma," they asked, "what would you like for your birthday?" "My dears, mamma wants nothing for her birthday but three good children. She would like that." "But then, mamma," cried the eldest, "we'd be six."—*Country Gentleman*.

* * *

THAT movie actress who resents hav-ing people pay attention to her might try disguising herself as a speed limit. —Detroit Free Press.



BOYS here is the gro

accopiance which will loop the loop and do any number plane stunks. Then comes the wonderful pair of prize scyou press the button in between and they fight way od fellows. After that you get the complete Handy Andy

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know and I know that there is a quality in the late winter sun-shine—which we gen-erally flatter by calling it early spring sun-shine—that shows up every flaw in the ar-mour of our household cleanliness. To scour

and freshen becomes the dominant passion of our lives, no matter how we do it—or how we hate it!

of our lives, no matter how we do it—or how . we hate it! There are many little tricks to lighten the labour of putting the spring shine on our houses. For instance: what of all the light wood-work and the painted furniture that has come into our lives to brighten and adorn them? The blight of the winter's coal dust (especially the soft coal that so many of us have become acquainted with this year), has settled upon them. It has a sticking quality that soft water and mild soap, usually quite adequate for this purpose, do not quite overcome. Whiting—just cheap, ordinary whiting from your grocer or hardware merchant —is useful here. Make a paste of it, or dip your cloth, moistened in soft, hot water, into the powder and rub the painted surfaces smartly with it. You will find that the clear colour comes miraculously to the surface. There are some very good paint-cleaning prepara-tions on the market, too, which will prove most effective in removing the stubborn film of soil which dims light woodwork. The metal trim a b o u t the house— brass fixtures, nickelled tans and storm

The metal trim a b o u t the house-brass fixtures, nickelled taps and stove finishings, and so forth, demand fairly



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constant at

essary for all unlacquered brasses; where the surface is lacquered, simply wipe off with a cloth wrung out of clean, sud-

off with a cloth wrung out of clean, sud-sey water. Nickelled surfaces should be washed occasionally with hot soap-suds, then rinsed with very hot water. To polish, rub on a paste made of whiting, or whiting wet with liquid household ammonia and lard; leave a little while, rub off thorough-ly and buff up with a soft cloth.

THE kitchen pots and pans are, of course, kept in good condition all the time. No sink is equipped without a package of a thoroughly dependable ab-rasive, for every day use, in keeping clean the sink itself and the utensils in daily use. Occasionally stubborn stains appear on enamelled and aluminum ware. Gran-ite will yield to the smart application of on enamelled and aluminum ware. Gran-ite will yield to the smart application of the abrasive; use a skewer or toothpick on the seams. If food has been burnt on, put a little fat into the pan and put it oververy slow heat. This will soften the burnt substance so that it may be easily removed. Alu-minum stains are

removed. Alu-minum stains are best removed by cooking something acid in the pan-rhubarb answers splendidly. Re-member that it is member that it is important to use a neutral soap on aluminum—never a strong one; and that the abrasive powder you use to scour it should be mild in character, too. A coarse too. A coarse powder, filled with sharp particles, will scratch this soft metal—choose ra-

fine, white and powdery in character, fine, white and powdery in character, ther one which is rocky and jagged. powder, said to be of volcanic ori-gin, is largly used as a household abrasive, and lends itself to a multi-tude of uses, be-cause it achieves efficiency without marring or scratch-ing porcelains, en am els, painted surfaces and other things on which a dependable abra-sive cleaner is so commonly used.

sive cleaner is so commonly used. A n occasional special cleaning is necessary for a stove. A coal or

necessary 101 c stove. A coal or wood range d e-pends upon clear flues for a great part of its efficiency, and deposits of soot around the oven are something the cook easily learns to guard against. A rub, from time to time, with an oily rag will keep the top of the range in good shape (one feels con-strained to sound the usual warning—use oil strained to sound the usual warning—use oil only when there is no fire—and burn the oily rags afterwards. Even rags afterwards. Even thrown into a cupboard or tucked away in a

drawer, they are apt to cause fire by spontaneous combustion. A gas stove should have its burners taken out and put into a tub containing a strong washing-soda solution. This will cut the grease completely. After scrubbing with a stiff brush, rinse in plain hot water, wipe quite dry and replace. Drip pans, doors and other re-movable parts which have become greasy, may be treated the same way.

Coal oil, or gasoline stoves, should be carefully cleaned according to the special instructions issued by their makers.

FLOORS sometimes require some special

FLOORS sometimes require some special attention. If a waxed floor seems to be badly soiled, wipe it over with a clean cloth wrung out of clear, hot water—no soap or oily preparations. If this isn't sufficient, rub with turpentine. When it is quite dry, apply the fresh coat of wax—always allowing it to harden for a little while after it has been applied, before attempting to polish the floor.
A floor which has no wax on it can be kept in good order with a so-called "dustless mop,"—a yarn mop which is chemically treated and will, owing to its oily character, gather up dust with a minimum of effort. General dusting will be facilitated by the use of these "treated" mops and dusters; or the housekeeper may prefer a favourite preparation which she can apply to her duster as she needs it; (usually, the duster should first be wrung out of clear water—an essential point if the directions of the polish in g preparation call to it.

and it is almost time to straighten the furniture and re-hang the curtains, the win-dows must be cleaned, that there may be no-thing to provent

there may be no-thing to prevent tho se prying spring sunbeams from showing up our immaculate state to its fullest advan-tage. To wash the windows, water should be softened with a little household ammonia; or a paste, made of 1 part precipitated whiting to 2 parts ammonia, any be rubbed on, left to dry, then care-fully wiped off and the glass polished; or there are handy cleaners to be had which are splendid for the purpose. Chamois glass clears at its touch, as it will do at no amount of rubbing with an ordinary loth, however fresh and clean.

Tricks in all trades? Yes, indeed; and in none, more than in the year-round business of "cleaning house."



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SALE

Heavy Serge

What This Buffalo Physician Has Done For Humanity

The picture which appears here of Dr. Pierce of Buffalo, N. Y., was taken in 1910. As a young man Dr. Pierce prac-tised medicine in Pennsylvania, and was known far and wide for his great success in alleviating disease. He early moved to Buffalo, and put up, in ready-to-use form, his Golden Medical Discovery, the well-known tonic for the blood. This strength-builder is made from a formula which Dr. Pierce found most effective in discourt for the blood strength of the s which Dr. Pierce found most effective in diseases of the blood. It contains no al-cohol, and is an extract of native roots, with the ingredients plainly stated on the wrapper. Good, red blood, vim, vigor and vitality are sure to follow if you take this Alterative Extract. Dr. Pierce's this Alterative Extract. Dr. Pierce's Golden Medical Discovery clears away pimples and annoying eruptions, and tends to keep the complexion fresh, and clear. This Discovery corrects the disordered conditions in a sick stomach, aids digestion, acts as a tonic and purifies the blood. All druggists,-Liquid or tablets.

Send 10 cents to Dr. Pierce's Branch Laboratory in Bridgeburg, Ont., for trial package tablets.



SPANISH PAN-AMERICAN SCHOOLS OF SPANISH 1412 Eye St., N. W. Washington, D. C.



The Night of the Storm (Continued from page 3)

and he broke into a run.

(Continued from page 3) and he broke into a run. For all his running, he made slow pro-gress, for there was no trail up the bottom of the cut, and the rocks were rough and huddled. He would have climbed the side and followed the trail on the west of the rim, but he had an instinct that whatever he sought cried from the bot-tom of the cut. He dare not halloo for fear if this were, say, a child, he should frighten it. His impulse was to run back to the road and wait for the next passer to help him, but he dare not do that lest the faint cry be swallowed in a ruck of snow and darkness. He kept on, stum-bling, scrambling over rocks waist-high. Once the faint voice ceased for so long that he told himself that he had imagined the whole. Then it came again, there was now no mistaking what it was. Then it was silent until he heard it as a deep, sobbing breath behind him, and he had passed it.

sobbing breath behind him, and he had passed it. He turned, sought on his hands and knees, called softly, whistled, as might be to a little dog. A faint, wailing cry came from the slope just above him. He clambered toward it, his arms sweeping an arc; his hands brushed something yielding, and he was rewarded by a little scream of terror. He gathered the child in his arms. in his arms.

scream of terror. He gathered the child in his arms. SHE was very little and light. As soon as she felt herself on his breast, she yielded to him and snuggled weakly, like a spent puppy. This was an attitude that she knew, and she lay quiet, occa-sionally drawing a long, sobbing breath. She was cloaked and hooded, but Waldo, feeling for her hands, found them ice-cold, and one was bare. He unwound the scarf from his neck and wrapped her. All the time, the fact that it was Ste-phen Mine's child was barely in his consciousness. It was merely a child, terribly near freezing, terribly near death. To retrace his steps over the rocks with her in his arms was another thing from forcing his own progress. Now he must move slowly and feel each step; he must go round the rock piles now, and not over them. He must get back to the point where the trail crossed the cut, and as-cended to his cabin. And now the dark-ness had almost fallen; the wind had its way with him, his neck was bared to the blowing snow, he was cutting his shoes on jagged points and edges of the rocks. When at last he found the up-trail, made the ascent of the side and traversed the distance to his cabin, he was shivering and chattering and hardly able to stand. The cabin was cold, but he had left the show and chafed her little hands. She was terribly cold and in a perilous drowsiness. Waldo brought in his kettle of soup, hung it on the crane, dipped a little in a tin cup and held it in the blaze. When he had forced the warmed liquid between her lips, he undressed her feet and rubbed them with snow. Her cheeks and fingers were rosy, but he feared for the small white feet. "How'll I get word to Stephen?" he thought, and in that area in which his sick brain was working, there was no thought of anything wrong between Ste-phen and him. All that had dropped away. "Hannah's little girl," he thought once, and touched her hair Wonderingly. He

phen and him. All that had dropped away. "Hannah's little girl," he thought once, and touched her hair wonderingly. He had never seen any of Hannah's children. Sitting there beside the child, hearing her soft breathing, talking to her a little in awkward repetitions, nothing was in his mind save deep thankfulness that he had found her. Occasionally he would rouse her and she would give her sleepy smile and close her eyes again. Once or twice she yawned, and he was enchanted by the little tasting curl of her lips before she finally closed them. His chill had now settled upon the man so that he was shaking. He drank a cup-

His chill had now settled upon the man so that he was shaking. He drank a cup-ful of the soup, and said that it would have to be he who would go to tell Stephen that he had found her. But he could not leave her there alone, and he saw that when she was thoroughly warmed, (Continued on page 51)



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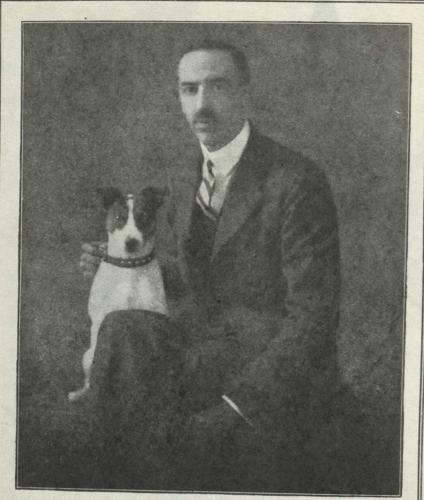
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Charles Vaughn Boyd himself, with his friend Teddy

1923 Brings Changes in the Service Department!

The first of these is in connection with the Section covering

Interior Decoration and House Furnishing

Those of our subscribers who have corresponded with him will be glad to know that

Charles Vaughn Boyd

who conducts the Architectural Section of the Service Department, has consented to take over also the allied Section of Interior Decoration.

In future our subscribers who wish advice in regard to the decoration or furnishing of their homes should address their enquiries to Mr. Boyd in care of this office. We must, however, give

A Word of Warning

to those who are interested in building and furnishing at the same time.

It should be distinctly understood that the Architectural and the Interior Decoration Sections are quite separate from one another, and that questions must be addressed separately to each one. Letters which contain requests for advice about building MUST NOT include questions about decoration or furnishing, though a letter on the second subject may, of course, be enclosed in the one envelope.

IT IS MOST IMPORTANT that this rule should be strictly followed; in cases where it is ignored, only the one set of questions—those about bu lding the home—will be answered.

Don't forget to send a stamp and a filled-in coupon for each Section addressed, and please don't ask for replies by return mail. Mr. Boyd gives the most careful consideration to every letter received, and he feels that he cannot give the best possible service unless he is allowed plenty of time. His work involves much looking-up of carefully gathered mater-ial to find just the suitable thing for each individual; it frequently necessitates the drawing of delicate little plans, too. So we ask you to give the longest possible notice of your intention to build or decorate, so that no inconvenience will be caused if your reply does not come for several weeks.

When you get to know Mr. Boyd and his work, we think you will agree with us that a letter from him is worth waiting for!

Look for the announcement of another "Change" in the next issue!

BOOK REVIEW

ANN AND HER MOTHER: By O. Douglas. Hodder & Stoughton. \$1.75 THE author of "The Setons" and "Penny Plain" has already an audi-ence for her stories—an audience not, perhaps, of very modern readers but com-posed of those folk, beginning to grow elderly, who delight in quietly-told in-cidents of the life of their youth; a life that may have been 'humourous, tragic or uneventful, but far removed from the grime and shrillness of modern liter-ature. "Ann and Her Mother" is a chron-icle of the happenings in the life of a Presbyterian minister's wife, at first in a small Scottish village, then in a factory town and finally in the great city of Glasgow. But no breath of city air hangs about its pages. They are filled with tales of the doings of her children, of her husband's congregations, her own small voyagings and adventures and finally of the tragedy that the war brought to that quiet, Scottish household—a ripple of tale, like the ripple of a Highland stream, now swirling about some small stone or bit of stick, now running on so softly that there seems to be scarcely any movement. After an overdose of the raucous clamour of the modern novel it is a relief to dip one's self in the fragrant quiet of "Ann and Her Mother." WISP. A GIRL OF DUBLIN:

WISP: A GIRL OF DUBLIN: By Katharine Adams. Macmillan. \$2.00. THIS is the story of a little Irish girl, who lives in a dingy tenement off Jef-fers' Court. She makes friends with some children from America and their cousins from India and helps them to know and love Ireland as she does herself. Kathar-ine Adams is a new writer in the field of fiction for girls. She lived in Dublin for many years while her father was American Consul there, and "Wisp" is the result of that residence.

that residence. PAGAN LOVE: By John Murray Gibbon. McClelland & Stewart. THERE is a distinct reminiscence of the style of Oppenheim in Mr. Mur-ray Gibbon's latest novel, which is not such a fine piece of work as was his "Drums Afar." Neruda, the American millionaire, who controls vast business interests, and dominates by his financial genius the world of New York, is dis-tinctly a character in whom Oppenheim would have revelled. The rapidity of Walter Oliphant's rise in the world, after his rescue of Neruda from drowning, would have a distinct appeal to that me-teoric writer; and the conclusion of the book-well, we must let the reader dis-cover for himself the key to the mystery, but we can assure him that never did Mr. Oppenheim conceive a more startling ending.

THE BALLAD OF THE QUEST: By Virna Sheard. McClelland. A^T HER best, Mrs. Sheard's verses have a fugitive and delicate melody, a charm of cadence and lilt about them which makes them always readable. Of the poems included in the present volume, one likes best, I think, "The Shepherd Wind," "A Southern Lullaby," "The Lopely Road," and "October Goes." We quote from the first mentioned: When hills and plains are powdered white

When hills and plains are powdered white, And bitter cold the north wind blows, Upon my window in the night A fairy garden grows.

Perchance the echoes of old songs Found here a resting-place at last, With drifting perfume that belongs To roses of the past.

Or all the moonbeams that were lost On summer nights the world forgets, May here be prisoned by the frost, With souls of violets.

The wind doth shepherd many things, And when the nights are long and cold, Who knows how strange a flock he brings All safely to the fold.

RAINBOW GOLD: By Sara Teasdale.

Macmillan. \$2.75. EIGHTY of the "very best" poems for boys and girls—poems both old and new, with illustrations by Du-

gald Walker. Here are all the old favour-ites of childhood—Kubla Khan, The Lady of Shalott, Young Lochinvar—with stirring ballads of Robin Hood and Sir Patrick Spens. Here also are poems by newer and less known authors—Robert Graves' "Star Talk," Hodgson's "Time, You Old Gipsy Man," Masefield's "Sea Fever," Padraic Colm's "Terrible Rob-ber Men." The imaginative child will find here poems for his soul to feed upon; he who is less imaginative, stirring songs of adventure. And the illustrations must appeal to all alike. NEIGHBOURS: By Robert Stead.

appeal to all alike. NEIGHBOURS: By Robert Stead. Hodder & Stoughton. \$1.75. "ME IGHBOURS" is the story of Frank Hall and Jean Lane, neighbours in childhood in a little On-tario town, neighbours again on adjoin-ing homesteads in the Saskatchewan ountry. It is a picture of the building of a homestead community on the western plains—a stage in our development fast passing away. While not a great novel in any sense of the word it is an interesting and convincing picture of life as it was lived on the prairies some decade or two ago; a quiet and uneventful tale of love and labour, without the impossible thrills and escapades that are found in so many a novel of western life. CONTRASTS: By Lawren Harris.

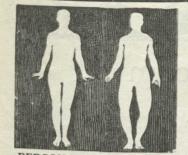
CONTRASTS: By Lawren Harris. McClelland.

McClelland. THOSE who are admirers of Lawren Harris's melodramatic and some-what vulgar and violent art-work may enjoy this book, "Contrasts" which is written in the freest of Free Verse. It is bound in an effective cover of orange and black, and illustrated throughout by Lawren Harris himself, the black and white sketches partaking of the charac-teristics of his work in colour. As a lesson in the art of How Not to Write Poetry this book may be found useful; but we fear that even the most modern of the Modernists may fail to find that "beauty born of murmuring sound" which the old-fashioned readers of poetry demand as a part of the Art of Versification. TRAPPER JIM: By Edwyn Sandys.

as a part of the Art of Versification. **TRAPPER JIM: By Edwyn Sandys.** Macmillan. \$1.00. A BOOK for every up-to-date boy, offering him much sportsman's lore, as well as a lively and amusing narra-tive. The normal lad loves to learn of the great world out-of-doors, of riding, trapping, shooting, boxing, swimming, canoeing,—and there are very useful pointers on all these subjects given to him in this book. Edwyn Sandys is a well-known writer for boys, and "Trapper Jim" will gain for him the friendship of all live and manly lads of from fourteen to sixteen years old. THE BELLS OF ST STEPHENS: By

to sixteen years old. THE BELLS OF ST. STEPHENS: By Marian Keith. McClelland & Stewart. A PLEASANT little story of a Can-adian country town and the fortunes of those who attended St. Stephens, the Presbyterian kirk, whose Rector, Dr. Sutherland, fleeing from the clutches of an all too affectionate housekeeper, im-ported his two nieces and his nephew to take her place and keep his household affairs in more or less order. While there is nothing extraordinary about this book it ripples on pleasantly enough, and its picture of Mary, the auburn-haired hero-ine, will doubtless appeal to many readers. Her efforts at missionary work in Sawdust Alley, her friendships and enmities, loves and hates are all amusingly depicted, and the book will serve to pass away an idle hour entertainingly. PUPPY DOGS' TALES: Ed. by

PUPPY DOGS' TALES: Ed. by Frances Kent. Macmillan. \$1.65 A BOOK for all little girls and boys who have pets and like to hear stories about them. Here are tales of puppies and kittens, bunnies, canaries, pigeons, chickens and lambs; some gather-ed from people who love animals and have told the editor their favourite tales about them. Others are tales and poems from well-known sources, retold especially for children. This is a gift book for chil-dren from four to six years old, and has many fine illustrations of dogs, cats and pets of all sorts. PUPPY DOGS' TALES: Ed. by



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The Burning Question

of our fuel supply, and how to make the best of it under present difficulties, is very practically treated in our February issue.

You will have

More Heat and Less Trouble from soft coal, after you have read this article.



(Continued from page 49)

he must wrap her up and take her home. That half mile would not matter to him now—only he must make it soon, soon, before he grew worse. When the baby was warm and rested, they would go. He sat down in his chair before the hot fire, the strong soup ran in his blood, his weariness preyed upon him, his head sank upon his breast.

HE WAS wakened by a sound which H at first he thought came from with-out. A calling and a trampling. Abruptly this impression changed, and his eyes went to the child in terror. It was she-it was her breathing. That rough, rattling

went to the child in teror. It was she-it was her breathing. That rough, rattling sound was in her little throat, and in a moment Waldo knew. His two years of fatherhood were there to serve him, and he sprang up in that terror which all watchers upon children know. In the same instant, the noise which he had fancied without was sharpened and defined. It was as he had thought-a trampling of feet. He did not see the face outside the cabin window, but there was a leap of feet on to his threshold and Jake Mullet was there, looking like a snow man. And he whirled and shouted: "Stephen! Here—she's here!" There was a rush of cold air across the floor, and Waldo sprang before the child, and lifted the quilt to cover her. At the same instant Stephen Mine leaped into the room.

"Here!" he cried out in a terrible voice.

"Here!"

Here!" He strode forward, tore the quilt from Waldo's hand and looked. The door filled with faces, with figures crusted with snow, and the cruel night air swept in and pos-sessed the cabin. Waldo turned to the throng at the door and shook both fists in the air

throng at the door and shook both lists in the air. "Get in or get out!" he shouted. "Don't leave the door open on her. She's sick!" They crowded in the room, stamping and breathing loudly, and they made way for a woman who came staggering in and threw herself beside the child. It was Hannah Mine, and she dared not touch the baby with her own stiff hands and in her wet garments. She only crouch-ed beside her, and burst into terrible, dry sobs. The cabin door was sharply shut, and then the thirty or more men and women who had crowded into the room, became conscious of its fearful tension. women who had crowded into the room, became conscious of its fearful tension. Stephen Mine stood with his child at his feet, and he lifted his head and looked at Waldo. Stephen was a huge man, black and thick. Waldo, small and shak-en by his chill, began to tell how all this head come about

en by his chill, began to tell how all this had come about. "In the cut, Stephen," he said, "about a quarter mile down the cut, toward Rightseys'. I'd been to look at my traps, and I heard her cry. She was in the bot-tom of the cut—I found her. I've rubbed snow on her feet—but I'm afraid—" Stephen Mine came close to Waldo and looked down at him. "You expect I'm goin' to believe that?" he said.

he said.

The silence in the room was instant

The silence in the room was instant and terrifying. Waldo lifted his face. The matted hair was low on his forehead—he brushed it aside and his clear eyes met Stephen's; but his shaking hands and his shaking voice gave doubt to his hearers. "Stephen, I swear—" he began, and Stephen laughed. "I seen you sneaking past my place twice today," he said. "I know you. You found a way to get even at last, and you took it, you dog." He stooped to the woman.

took it, you dog." He stooped to the woman. "Wrap her up, Hannah," he said. Waldo put out his trembling hands. "Stephen," he cried. "The child's sick—she's done. You mustn't take her out. Stay here—you're all more than welcome—and keep care of her—I've got what she needs. Don't take her out into this."

what she needs. this." "How do I know," said Stephen Mine, "what it is you mean to give her? Hannah, wrap her up." The woman, still breath ng heavily, put her hand on her husband's knee. "No, no, Stephen," she said. "He's (Continued on page 52)



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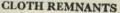


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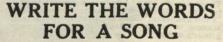
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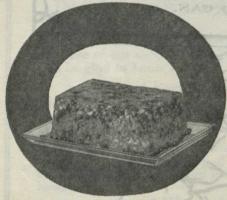
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BELOW is a new and truly delectable way of serving ricea delicious dessert that you will surely want to add to your menu-



BUTTER SCOTCH RICE PUDDING Wash ½ cup rice; cook in double boiler, with two cups sealded milk and ½ teaspoon salt, until nearly tender. Meanwhile cook together in shallow pan 1 cup brown sugar and 2 tablespoons butter until it gets dark brown, but not burnt. Add this to the rice and milk, and finish cooking until rice is tender and the caramel melted. Soak 1 envelope Knox Gelatine in ½ cup cold water 10minutes; dissolve in one cup hot milk. Strain this into cooked rice mixture and turn into cold wet mold.



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The Night of The Storm

right. Can't you hear her breathe? Let

"So you and him can take care of her while I go for the doctor—is that it?"

he sneered. She seemed not to hear him. "It's croup, Stephen," she said. "You can't take her out—" Stephen shook her off mpatiently. "I'll get out—I'll go for the doctor!" Waldo cried. "And I'll keep away. But you and Hannah stay with her, here." "Wrap her up!" said Stephen Mine. Two or three of the neighbor women came forward now, protesting, and Jake Mullet cried out:

came forward now, protesting, and Jake Mullet cried out: "Look here, Mine. This ain't no time to remember old scores. You got the kid to think of—" "Wrap her up!" said Stephen Mine. "Well, wait till one of us gets some-wheres for a team," cried one of the men. "Stephen—leave her here! I can wring out the hot clothes till the doctor comes--" "T've—I've got the stuff here, that was my baby's," Waldo chattered, but now they could hardly understand him. "Wrap her up," said Stephen Mine, and strode to the door.

and strode to the door. THE others gave way before him, and began to file out. Heavily Hannah Mine began drawing on the child's wraps, the sobs breaking through again. Some of the women gave of their own wraps, and seeing that one little mitten was missing, they put two or three pairs on the still inert hands. "You carry her," said Jake Mullet to Stephen. "And I'll go to Lewiston for the doctor." "I'll carry her—yes," said Stephen Mine, "and then I'll go up yonder and telephone for the doctor. I'll not trouble any of you that'd have me leave her here." He took the child from the mother, and they understood that it was the dis-case of anger, or he would never have let them go away from their task of that night without so much as a word of thanks. Some lingered for a word with Waldo and would have heard more of his adventure, but all that he could sav

Them go away from their task of that night without so much as a word of thanks. Some lingered for a word with Waldo and would have heard more of his adventure, but all that he could say was "In the cut," and again and again. "In the cut," and again and again. "In the cut," and they left him with kindly words of advice and even— though these folk are chary of expression —an outstretched hand or two. But there were some who went out muttering a half acceptance of Stephen's implication. Alone, Waldo began moving about the cabin, mechanically folding the quilt on which the child had lain, sweeping away the snow where the trampling feet had been, carrying the kettle back to its place in the lean-to. He felt sore and ill and weak. He felt stunned, as if he had been flung against some great, impalpable

weak. He felt stunned, as if he had been flung against some great, impalpable thing which had struck back at him with living hands. He could no longer save a child from death and be believed. He had turned to evil in Stephen's eyes, so that what he did that was good seemed evil. The black wall of the hate which he and Stephen had builded was round them, and beyond lay now more hate and evil, born of this night. Waldo began to think—"If the child

Impasse

"That woman is the most awful actress I ever saw," said the mild-mannered man to his neighbor.

"That lady is my wife," replied the neighbor.

"I am wrong," said the m. m. m.: "she is a good actress struggling with a rotten play. I wonder what fool wrote it."

"Unfortunately, I am the author," said the neighbor simply. —Columbia Jester.

A negro company had just returned from a long, forced march, and the cap-tain had been anxious to make a record.

(Continued from page 51)

(Continued from page 51) should die, it would serve Stephen right" —but he could not finish that thought. The weight of the warm little body was in his arms, the lovely curl of the child's lips as she lay before him and yawned. And Hannah—why, the child must not die. She must not die. The pictured that slow fight through the snow, the child's breathing in the thick, cold air, the heart of the mother follow-ing—the neighbors falling off one by one at their own doors and their own waiting firesides. Then Stephen would leave the child with the mother while he went to the upper road for the doctor. Would he be in time? What if the doctor were out —and abruptly, through the blur of ind that noon, "driving sixteen miles north." When Waldo thought of that, was as if his heart were a sword and smote him.

smote him. He ran to a little chest on a shelf and fumbled among its bottles. There it was, tightly corked, just as they had used it once when their baby had had such an illness; and they were alone with her, and pulled her through. What if Hannah happened to have nothing. He stood stating at the bottle, he began drawing on his mittens and his cap. His coat he had not had off the whole time. His scarf had been bundled up and carried away with the child. He let himself out into the storm.

let himself out into the storm. HIS chill was passing and was succeeded by the light-headedness and the im-perfect correlation of the first stages of fever. To his fancy, wavering out and seizing upon any figment, it was as if, back of the invisible drive of the snow, there were a glow of pale light. Now right, now left it shone, as if at the back of his eyes; and he turned his head from side to side to find it. But there were only the cutting volleys of the snow in his face; and everywhere the siege of the wind. Then as he fared on in the thick, impeding drifts, it was again as if he were beating toward and upon that great dark wall; and he kept saying to himself crazily that this was the wall that he and Stephen had raised and that he must somehow get through it, beat it down, and get to the child to save her. Yet if he broke down the wall, something would rush upon him—Stephen's hatred, Stephen's hatred! And his own hatred for Stephen, for there was rage in his heart when he remembered the man's look and the man's word. But of these he did not think— he thought only of the child, and he set his teeth and charged at the wall of dark-ness and would not wonder what lay beyond. He went through the storm to Stephen's

ness and would not wonder what lay beyond. He went through the storm to Stephen's house, in a maze of darkness and light. Toward eight o'clock Stephen came struggling back from the house on the upper road. He had heard what Waldo had already heard, of the doctor driving sixteen miles north. And when he called Oxnard, his heart sinking at the thought of the eighteen miles which lay between, there was a delay which sapped his cour-age—and then the word that the wires must be down, for Oxnard did not answer. He could only leave his message with Central, for, to drive the distance on such

"To-morrow we will go on another hike and try for this record again, but I don't want anyone to go that doesn't want to. All those who do not want to go will step two steps forward."

All moved but one man, whom the captain addressed, with a stern glance at the laggards:

"Private Jones, I'm proud of you. You are the only man in the whole com-pany who really wants to go." Jones, highly gratified, said: "Why, you see, sah, I hates to take dem two steps."

-Judge.

A British physician says that "society

a night would mean to return too late. Stephen came down from the upper road, and his strength and his pride weer gone. Abruptly now he was empty of anger, empty of malice, empty of all save his terrible despair. It was strange to see the heat and the pride shrivel before the terrible fact that the baby might pay the price—"If she dies," he had heard Jake Mullet say, "We'll all know who killed her." killed her.

"Oh God, Oh God!" Stephen Mine said.

"Oh God, Oh God!" Stephen Mine sald. Abruptly, in the midst of the storm, he seemed to feel a lull, a silence. He went on. It was before his gate that he stumbled over something yielding and mounded in the road. He stooped, touched the man, and with that which now at last is no decision but merely the second nature of the race he got him into his arms and to his own door. At the sound Hannah flung the door open, and from the dark and wind and

snow Stephen staggered across the threshold with Waldo in his arms. Stephen looked down at him as he would have looked at any other man. "How is she?" was all that his lips formed formed.

"Alive," said Hannah Mine. Waldo opened his eyes, and his snow-crusted mitten tried to find its way to

Waldo opened his eyes, and his snow-crusted mitten tried to find its way to his pocket. "I brought something," he said. "We had it left, give it to her—" At midnight when, the message having reached him at last, the doctor came, Stephen met him with a smile. "She's safe," he said. "She's sleeping. But there's a man here—a friend of ours— sick and done for. We've got him into bed. Come and have a look at him." Up some measureless corridor Waldo at last struggled, when many days had passed. And at its far end it seemed to him that Steven's face was waiting. That was queer, because it had been years since Stephen had waited for him. Yet there he was, only back of him was still that dead wall, which neither of them could pass, and beyond it lay that old hatred and bitterness, accumulated through the years. And then there was the child—he must find the child. One day he opened his eyes on that corridor and saw it clear. A homely room, now his own, about which Stephen and Hannah were moving, and a neighbor in homely talk beside the stove. "—honestly, you'll have to move out to make room for the truck they've brought him. The whole Open has lugged somethin'here." And Stephen's voice—surely Stephen's voice was saying: "That's all right—he deserved it."

And Stephen's voice—surely Stephen voice was saying: "That's all right—he deserved it." And again the neighbor's voice: "Well, I'll always be proud it was my husband found Lissa's little red mitten down the cut—"

down the cut—" Then a child came to hang in the door-

Then a child came to hang in the door-way, and to stare at the bed where Waldo was lying; and when she saw his eyes look—at her, she smiled and ran away— Stephen's child, safe and well and smiling. Waldo lay still. But in his heart there was a certain singing. And it was as if he had stood close to that dead wall of hatred which he had feared, but its door had swung open, and lo, there was nothing there.

small talk is a greater strain on the mind than is the discussion of some serious topic." Is the doctor sure that it is a mind which is strained? We have often been on the point of suggesting that several ten-minute intervals of absolute stillness during the course of an evening would be of great benefit to society; soothing intervals in which everybody stood stock still and nobody was per-mitted to speak; such periods, rich in rest, as now mark "a nation's tribute" when a great man's funeral is on. Not through death alone should the boon of silence be won. Try it out in your home circle.





vittle jack vorner sat in a corner what can the reason be? Indeed it's quite plain we is hiding from Jane, for a big dish of very o has he

hen She Grows Up

She will be beautiful, of course, in the rosy future pic-tured by a mother's dreams. But—this future beauty will not be left to chance, for modern mothers know how to make their dreams come true.

Her first concern will be care of the little daughter's complexion, to protect its smooth, fresh, childish texture from injury through careless treatment. Proper cleansing is the secret, and use of the proper cleanser. The skin must not be robbed of its own natural, beautifying oil, yet it must be kept thoroughly clean.

Only soap and water used daily will keep the skin properly clean, so the problem lies in the choice of soap. You want the mildest, most soothing and lotion-like soap which can be made. Such soap is yours in Palmolive.

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Palmolive is the modern development of an ancient beauty secret, discovered by the Egyptians 3,000 years ago. They learned that palm and olive oils were wonderful beauti-fiers. Crudely blended, they were used as cleansers as well as to keep the skin smooth and soft.

These rare oils, scientifically blended in Palmolive, pro-duce far more than mere soap. It permits thorough, beau-tifying cleansing without danger of drying the skin. It soothes, refreshes and stimulates, resulting in becoming natural bloom and glow.

Such cleansing, every day, results in a clear, healthy skin and is the basis of complexion beauty.

Clogging the greatest danger

Fear of thorough cleansing, or indifference to its im-portance, is the original cause of skin trouble. The daily accumulation of dirt, excess oil and perspiration combine with cold cream and powder to clog the tiny pores. Disfig-uring coarseness from their enlargement is the first result.

The accumulated dirt produces blackheads, with the danger of infection, which causes blotches. Such a complexion is fatal to personal charm.

What to do

Once every day, preferably at bedtime, wash your face thoroughly with Palmolive Soap. Work up a lather with your two hands and massage it thoroughly into the skin Then rinse thoroughly. Use a fine, soft towel for drying. If your skin is very dry, apply a little cold cream and wipe off what isn't quickly absorbed. If your skin is nor-mally oily you won't need it.

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