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# THE CROSS.



God forbid that I should glory, save in the Cross of our Lord Jesus Christ; by whom the world is Crucified to me, and I to the world.—St. Paul, Gal. vi. 14.

VOL. 2.

HALIFAX, FRIDAY, JANUARY 19, 1844.

No. 3.

## WEEKLY CALENDAR.

- Jan. 21. Sunday III after Epiphany, S. Agnes, Virg. and Mart.  
22. Monday, S. S. Vincent and Anastasis, Martyrs.  
23. Tuesday, Desponsation of the B. V. Mary.  
24. Wednesday, S. Timothy, B. and Mart.  
25. Thursday, Conversion of S. Paul, Apostle.  
26. Friday, S. Polycarp, B. and Mart.  
27. Saturday, S. Vitian, Pope and Conf.

## HALIFAX PURGATORIAN SOCIETY.

ESTABLISHED NOV. 2, 1843.

1. The principal object of this Society is to excite the charity of the Faithful in behalf of the suffering souls in Purgatory—to relieve those poor souls by suffrages, prayers, and good works; and to promote a spirit of holiness and edification amongst the members by reminding them continually of their last end, and the consequent necessity of preparation for death, and that terrible judgment which we must all undergo.

2. The Members of this Society will contract no new religious obligation by their enrolment; neither will any of its Rules bind them under pain of the smallest sin. But those who are admitted members will be entitled to the indulgences which have been granted

by the Sovereign Pontiffs to Purgatorian Societies, whenever they perform the prescribed duties or prayers.

3. The Society is composed of a President, Chaplain, two Vice Presidents, Treasurer, Secretary, Assistant Secretary, Choir Members, and Simple Members, paying Members, and those who do not subscribe.

4. In order that all my share in the spiritual advantages of the Society, no pecuniary offering shall be required from those who desire to become members.

5. The highest sum required from each Subscribing Member shall be sixpence, sterling, per annum. All who may be prompted by their charity, or enabled by their means to give a larger sum, may subscribe whatsoever they please.

6. The non-subscribing members shall have no vote in the application of the funds.

7. The funds shall be principally expended in procuring Office Books and other things necessary for reciting the Office of the Dead; in purchasing requisites for Wakes, to be lent gratuitously to all proper applicants; and in every other manner which will promote the great objects of the Society.

8. The Holy Sacrifice of the Mass will be offered up on the first Monday

of every month for the Faithful Departed in general, and in particular for the deceased Parents and Relatives of the Members, for the deceased Members themselves, for the deceased Benefactors of the Society, and for all who died during the month within this Parish and Diocess.

9. The Holy Sacrifice will be also offered up at the death of each Member for the repose of his soul.

10. A Mass will be offered once a year for the deceased Benefactors of the Church and Cemetery of the Holy Cross, as well as for the deceased Parents and Relatives of all living Benefactors.

11. The Office of the Dead shall be recited in English once a week by the Choir Members. Those who cannot attend are recommended to read the Office at home.

12. Members unable to read can on those occasions say their Beads, or recite any other approved form of prayer for the souls in Purgatory.

13. When any Catholic dies in the Parish, who has been attended by the clergyman, some of the Choir Members (if the friends of the deceased require it) shall attend and devoutly recite the Office of the Dead for the repose of the departed.

14. If any Catholic should unhappily depart this life without having received the last sacraments, the Choir Members shall not recite the Office at the Wake, unless they receive a note from one of the Parochial Clergy.

15. In the following cases the Office for a deceased Parishioner is to be recited in the Church :

I. When the friends of the deceased do not wish to have it recited in the house.

II. When the person for whom the Office is to be said, has died of a contagious disease.

III. When there is not sufficient accommodation at the Wake House.

16. During their stay at the Wake House the Members shall partake of no refreshment whatever. They will recite the Holy Office with piety and

grave decorum. They will carefully prohibit at the Wake every thing which would be unsuitable in Christians on so solemn and mournful an occasion; and after having performed their pious duty, they will retire to their homes in peace and order.

17. The President will appoint 12 of the Choir Members for each month in the year, or twenty-four for each month in the half year, according as may be found expedient. The duty of such Choir Members, so appointed, shall be to recite the Office of the Dead in English once a week, according to Rule XI., and also to furnish a sufficient number to recite the Office at the house of any Catholic who shall die within their month of duty, or elsewhere, according to Rules XIII. XIV. and XV.

18. One hundred copies of the Office of the Dead in English shall be purchased from the funds for the general use of the Society.

19. The Society will also purchase two sets of those articles which are generally used at Wakes, and which shall be gratuitously lent out to all within the Parish who may require them.

20. Those articles shall be carefully kept by the Sexton of the Cemetery of the Holy Cross, who shall lend them out on receiving an order to that effect signed by any two of the Choir Members on duty for the month. Such Members to be responsible to the Society for the safe return, in good order, of all articles so lent.

21. Each Member of this Society shall receive a card of admission signed by the President or Secretary.

22. The Sexton of the Holy Cross will also be supplied with printed forms of application for the loan of all articles for Wakes which may be in his possession. Such forms when signed by two of the Choir Members of the month as described in Rule XX. shall be sufficient warrant to the Sexton to lend these articles.

23. The Members are earnestly exhorted to prepare for the holy Eucharist on a certain day in each year, to be

named by the President on which day a solemn Mass for the dead will be offered up, and the Communions of the Members also offered to God for the repose of the Faithful Departed.

*Anth.* Woe is me, O Lord; that my sojourning is prolonged.

PSALM cxix. *Ad Dominum, cum tribularer.*

1. In my trouble I cried to the Lord: and he heard me.

2. O Lord, deliver my soul from wicked lips, and a deceitful tongue.

3. What shall be given to thee, or what shall be added to thee, to a deceitful tongue?

4. The sharp arrows of the mighty, with coals that lay waste.

5. Woe is me that my sojourning is prolonged! I have dwelt with the inhabitants of Cedar; my soul hath been long a sojourner.

6. With them that hated peace I was peaceable: when I spoke to them they fought against me without cause.

Grant them eternal rest, &c.

*Anth.* Woe is me, O Lord, that my sojourning is prolonged.

*Anth.* The Lord keepeth thee from all evil; may the Lord keep thy soul.

PSALM cxn. *Levavi oculos.*

1. I have lifted up my eyes to the mountains: from whence help shall come to me.

2. My help is from the Lord, who made heaven and earth.

3. May he not suffer thy foot to be moved; neither let him slumber that keepeth thee.

4. Behold he shall neither slumber nor sleep that keepeth Israel.

5. The Lord is thy keeper, the Lord is thy protection upon thy right hand.

6. The sun shall not burn thee by day: nor the moon by night.

7. The Lord keepeth thee from all evil: may the Lord keep thy soul.

8. May the Lord keep thy coming in and thy going out, from henceforth now and forever.

Grant them eternal rest, &c.

*Anth.* The Lord keepeth thee from all evil: may the Lord keep thy soul.

*Anth.* If thou, O Lord, wilt mark iniquities: Lord who shall stand it?

THE OFFICE FOR THE DEAD.

When the whole Office is said, it is recited in the manner of a Double, viz. the *Vespers* on the eve, and the *Invitatory, Matins* and *Lauds*, on the following morning, concluding with one or more appropriate prayers: but at *Vespers* the Psalm *Lauda anima*, and at *Lauds* the *De Profundis* are omitted. On other occasions (when only one of the *Nocturns* and the *Lauds* are recited) there are but a word or two of the *Anthems* before each Psalm recited, and the whole Anthem at the end thereof.

VESPERS.

*Anth.* I will please the Lord in the land of the living.

PSALM cxiv. *Dilexi quoniam.*

1. I have loved, because the Lord will hear the voice of my prayer.

2. Because he hath inclined his ear unto me: and in my days I will call upon him.

3. The sorrows of death have compassed me: and the perils of hell have found me.

4. I met with trouble and sorrow: and I called upon the name of the Lord.

5. O Lord, deliver my soul: the Lord is merciful and just, and our God showeth mercy.

6. The Lord is the keeper of little ones: I was humbled, and he delivered me.

7. Turn, O my soul, into thy rest: for the Lord has been bountiful to thee.

8. For he hath delivered my soul from death; my eyes from tears, my feet from falling.

9. I will praise the Lord in the land of the living.

Grant them eternal rest, O Lord:

And let perpetual light shine on them.

*Anth.* I will please the Lord in the land of the living.

**PSALM CXXII. De Profundis.**

1. Out of the depths I have cried to thee, O Lord; Lord hear my voice.

2. Let thy ears be attentive to the voice of my supplication.

3. If thou, O Lord, wilt mark iniquities, Lord who shall stand it?

4. For with thee there is merciful forgiveness: and by reason of thy law I have waited for thee, O Lord.

5. My soul hath relied on his word; my soul hath hoped in the Lord.

6. From the morning watch even until night, let Israel hope in the Lord.

7. Because with the Lord there is mercy, and with him plentiful redemption.

8. And he shall redeem Israel from all his iniquities.

Grant them eternal rest, &c.

*Anth.* If thou, O Lord, wilt mark iniquities: Lord who shalt stand it?

*Anth.* Despise not, O Lord; the works of thy hands.

**PSALM CXXXVII. Confitebor tibi.**

1. I will praise thee, O Lord, with my whole heart: for thou hast heard the words of my mouth.

2. I will sing praise to thee in the sight of the Angels: I will worship towards thy holy temple, and I will give glory to thy name.

3. For thy mercy and for thy truth: for thou hast magnified thy holy name above all.

4. In what day soever I shall call upon thee, hear me: thou shalt multiply strength in my soul.

5. May all the kings of the earth give glory to thee: for they have heard all the words of thy mouth.

6. And let them sing in the ways of the Lord: for great is the glory of the Lord.

7. For the Lord is high, and looketh on the low; and the high he knoweth afar off.

8. If I shall walk in the midst of tribulation, thou wilt quicken me; and thou hast stretched forth thy hand against the wrath of my enemies; and thy right hand hath saved me.

9. The Lord will repay for me: thy

mercy. O Lord, endureth for ever: O despise not the works of thy hands:

Grant them eternal rest, &c.

*Anth.* Despise not, O Lord, the works of thy hands.

V. I heard a voice from heaven saying to me,

R. Blessed are the dead that die in the Lord.

*Anth.* All that m., Father gives me shall come to me, and him that comes to me I will not cast out.

**The CANTICLE of the B. V. MARY,  
Luke i. 48.**

My soul doth magnify the Lord:

And my spirit hath rejoiced in God my Saviour.

Because he hath regarded the humility of his handmaid: for uphold from henceforth all generations shall call me blessed.

Because he that is mighty hath done great things to me: and holy is his name.

And his mercy from generation unto generations, to them that fear him.

He that showed might \* in his arm: he hath scattered the proud in the conceit of their heart.

He hath put down the mighty from their seat, and hath exalted the humble.

† He hath filled the hungry with good things: and the rich he hath sent empty away.

He hath received Israel his servant, being mindful of his mercy.

As he spoke to our fathers, † to Abraham and his seed for ever.

Grant them eternal rest, &c.

*Anth.* All that my Father gives me shall come to me; and him that comes to me I will not cast out.

Our Father, &c. *in secret.*

V. And lead us not into temptation.

R. But deliver us from evil.

*When the Office is not a Double, the following Prayers are said kneeling.*

Our Father, &c. *in secret.*

V. And lead us not into temptation.

R. But deliver us from evil.

\* Isai. 51. 9. Psal. 32. 10.—† 1 Kings, 2. 5. Psal. 33. 11.—; Gen. 17. 9. and 22. 16. Psal. 121. 11. Isai. 41. 8.

When the Office is a Double, the following Psalm is omitted.

PSALM cxxiv. *Lauda anima.*

1. Praise the Lord, O my soul, in my life I will praise the Lord: I will sing to my God as long as I shall be.

2. Put not your trust in princes in the children of men, in whom there is no salvation.

3. His spirit shall go forth, and he shall return into his earth: in that day all their thoughts shall perish.

4. Blessed is he who hath the God of Jacob for his helper, whose hope is in the Lord his God: who made heaven and earth, the sea, and all things that are in them.

5. Who keepeth truth forever; who executeth judgment for them that suffer wrong; who giveth food to the hungry.

6. The Lord looseth them that are fettered: the Lord enlighteneth the blind.

7. The Lord lifteth up them that are cast down; the Lord loveth the just.

8. The Lord keepeth the strangers; he will support the fatherless and the widow; and the ways of sinners he will destroy.

9. The Lord shall reign for ever; thy God, O Sion, unto generation and generation.

Grant them eternal rest, &c.

V. From the gates of hell.

R. Deliver their souls, O Lord.

V. May they rest in peace.

R. Amen.

V. O Lord, hear my prayer.

R. And let my cry come to thee.

V. The Lord be with you.

R. And with thy spirit.

Let us pray.

O God, by whose favour thy servants were raised to the dignity of bishops [or priests], and so honored with the apostolical functions, grant, we beseech thee, they may be admitted to the eternal fellowship of thy apostles in heaven. Through.

O God, the giver of pardon, and lover of human salvation, we beseech thy clemency, that the brethren, relations, and benefactors of our congregation,

who are departed this life, may, through the intercession of the blessed Mary, ever virgin, and of all thy saints, attain to the fellowship of eternal bliss.

O, God, the Creator and Redeemer of all the faithful, give to the souls of thy servants, men and women, the remission of all their sins: that by pious supplication they may obtain the pardon they have always desired. Who livest and reignest world without end.

R. Amen.

V. Eternal rest give to them, O Lord.

R. And let perpetual light shine on them.

V. May they rest in peace.

R. Amen.

On the day of the Commemoration of all the Dead, the last Prayer is said thus:

O God, the Creator and Redeemer of all the faithful, give to the souls of thy servants, men and women, the remission of all their sins; that by pious supplications they may obtain the pardon they have always desired. Who livest and reignest world without end.

R. Amen.

V. Eternal rest give to them, O Lord.

R. And let perpetual light shine on them.

V. May they rest in peace.

R. Amen.

A Prayer on the Day of the Departure of a Man or Woman.

Absolve, we beseech thee, O Lord the soul of thy servant N. that being dead to the world, he (or she) may live to thee: and whatever he (or she) has committed through human frailty, do thou wipe away by the pardon of thy most merciful goodness: through our Lord Jesus Christ thy Son, who livest and reignest with thee in the unity of the Holy Ghost, God, world without end.

R. Amen.

V. Grant them eternal rest, O Lord.

R. And let perpetual light shine on them.

R. Amen.

*A Prayer for a Bishop or Priest deceased. When it is for a Priest the word Pontifical is omitted, and Priestly (in the parenthesis) is read in its stead.*

O God, who among thy apostolic priests hast bestowed on thy servant N. the pontifical (or priestly) dignity; grant, we beseech thee, that he may also be joined with them in perpetual society. Through, &c.

*For a Father and Mother deceased.*

O God, who hast commanded us to honour our father and mother, have compassion, in thy mercy, on the souls of my father and mother, and forgive them their sins, and grant that we may meet in the joy of eternal bliss.— Through, &c.

*For a Father or a Mother.*

O God, who hast commanded us to honour our father and mother, have mercy, through thy goodness, on the soul of my father (or my mother) and forgive him (her) his (her) sins, and grant that I may see him (her) in the joy of eternal bliss. Through, &c.

*For a Mother deceased.*

O God, who hast commanded us to honour our father and mother, have mercy, through thy goodness, on the soul of my mother, and forgive her her sins, and grant I may see her in the joy of eternal bliss. Through, &c.

*For a Man departed.*

Incline, O Lord, thy ear to our prayers, in which we humbly beseech thy mercy, that thou wouldst place the soul of thy servant, which thou hast caused to depart from this world, into the region of peace and light; and unite it in the fellowship of thy saints.— Through, &c.

*For a Woman deceased.*

We beseech thee, O Lord, for thy goodness, have mercy on the soul of thy servant; and being freed from the corruption of mortality, restore her to the portion of eternal salvation. Through, &c.

*On an Anniversary Day. If it be for one person only, it is to be used in the singular number.*

O Lord, the God of pardon, give to the souls of thy servants, men and women departed, whose anniversary day of departure we commemorate, the seat of refreshment, the happiness of rest, and the brightness of eternal light.— Through, &c.

*For Brethren, Relations, and Benefactors.*

O God, the giver of pardon, and lover of human salvation, we beseech thy clemency to grant that the brethren, relations, and benefactors of our congregation, who are departed this world, may, by the intercession of the blessed Mary, ever virgin, and of all thy saints, attain to the fellowship of eternal beauty. Through, &c.

*For the Dead in general.*

O God, the Creator and Redeemer of all the faithful, give to the souls of thy servants, men and women, the remission of all their sins. that by pious supplications they may obtain the pardon they have always desired. Who livest and reignest with God the Father, in the unity of the Holy Ghost, world without end. R. Amen.

#### THE EUCHARISTIC WEEK.

Containing a series of Devout Aspirations and reflections for every day, in honour of the Most Holy and Adorable Sacrament of the Altar. Compiled from the Holy Scriptures and various spiritual writers.

##### SUNDAY.

Dedicated to the Most Holy Trinity and to Jesus Christ our Lord, to His Blessed Virgin Mother, and to all the Saints.

##### LOVE.

1. Saint Denis the Arcopagite, when in prison offered the Holy Sacrifice to God just as if he was in the midst of Paradise, namely, with tears and the most tender devotion.

2. What is there in heaven, or besides thee what do I wish on earth, O God of my heart and my portion for ever? (Ps. 72.) O great word! God of my heart! for he vouchsafes to dwell in the heart of his poor servant!

3. Behold I love thee O Lord my God, and if this feeling be weak, may I love thee more strongly. For, all wealth which is not my God, is poverty in my eyes. O love of my heart

what return shall I make for thy love, which has brought thee into my very bosom? S. Augustine, Conf. l. 9. c.

4. Lord, it is good for us to be here! (Matt. xv.) Let us make here three tents; one for thee, another for thee, and a third for thee! For I do not wait for Moses or Elias, or all the Saints. For to thee my heart has said: thy countenance I have sought, thy face shall I seek, O Lord Jesus. Ps. 26.

5. My soul has thirsted after God the living fountain, and my heart has hungered after God the living Bread. When shall I come and appear before thy face? Blessed are those who are called to the nuptials of the Lamb! Blessed are those who shall eat bread in the Kingdom of God. Ps. 41.

6. Then thou wilt behold, and wilt abound, and wilt wonder, and thy heart will be enlarged when the multitudes of the sea shall be turned to thee (Isai. 60), and the Sea of Mary shall descend into thy bosom. O royal banquet! O Godlike feast! O banquet of sweetest love! enter into the joy of thy Lord, and not only to adore but to feed on the Lord thy God. —S. Thom. Op. de Beat.

7. My beloved to me, and I to him! What is he to thee? or what art thou to him? Either the bride is exceedingly boastful, or the bridegroom loves very much. 'And I to him! What presumption! But no less so is: 'And he to me!' But both together are the height of presumption. O what will not a pure heart, a good conscience, and an unfeigned faith dare to utter. St. Bernard, Serm. 68 in Cant.

8. I will love thee, O Lord, my strength. The Lord is my bulwark, my refuge, and my God. But oh what strength! wherens in the strength of this food a man may walk to the mount of God, Horeb: Give us O Lord, this bread! Give us this water of which whosoever drinks will not thirst for ever. Ps. 17.

9. My soul melted when my Beloved spoke! This melting of the soul is a most delightful effect of consolation. The soul melts when at the presence of the Bridegroom it overflows with devotion, so that God exercises entire dominion over it! O happy soul to whom he thus speaks! Cant. Origen in Cantic.

10. Who will give me that thou shouldst come into my heart, and inebriate it, that I may forget all my evils, and embrace thee my only and entire good? Come and be inebriated, my dearly beloved, and you who have not money, come and buy without any price. Was it not enough that thou shouldst give thyself to those who sought thee, without offering thyself to those who seek thee not? S. August. Conf. l. 5.

11. Thou commandest thyself to be loved; and unless I love thee thou art angry, and threatenest great misfortunes. Is it then any privation of thy happiness if I love thee not? Do not hide thy face from me. Let me die, oh yes! let me die, that I may behold thee. Aug.

12. If I have found favour in thy sight, show me thy face, (Exod. 34.) Man shall not see me, and live. Well, Lord, may I die to behold thee! May I see thee to die! But, O great consolation! He that eats this bread, although he shall be dead shall live, and shall not die for ever. — John 6.

13. How lovely are thy tabernacles, O Lord of Hosts! My soul thirsts and languishes after the courts of the Lord. My heart and my flesh have exulted in the living God. Thy altars, O Lord of Hosts! my King and my God! Oh! if any one would taste and feel the savour of these words which are sweeter than honey or the honeycomb! Ps. 83.

14. Jesus, who is the true wisdom of the Father, pours forth in us the copious streams of divine sweetness, and also pours from his fullness the most divine odours, and the most heavenly thoughts, which reach even to the participation of the Divine gifts. S. Denis, Eccl. Hier. c. 4.

15. This I pray, O Father, that as thou art in me, and I in thee, so these may be in us. He that can take, let him comprehend and contain this immensity of the love of Christ, who desires to be in our heart, though he is in the bosom of his Father, and to make us one in him, as he and the Father are one. O unspeakable confederation of thy divine mercy! — John 17.

16. Let my soul enter into the piece of the wonderful tabernacle, even to the house of God, wherein the voice of exultation is the sound of feasting. O Sacred banquet in which Christ is received! Were not our hearts burning in us, whilst he was speaking to us on the way, and when we knew him in the breaking of bread? S. Bonav. Intend. Amoris, c. 2.

17. Too late have I loved thee, O beauty so ancient, and so new; too late have I loved thee! Woe to the time when I loved thee not! Thou wert within, and I was abroad. Thou wert with me, and I was not with thee. S. Aug. Conf. x. 27; Solil 31.

18. How good is God to Israel, to those who are of righteous heart! Ps. 72.

Jesus! our hope when we repent;  
Sweet source of all our grace,  
Solo comfort in our banishment.  
Oh, what when face to face,  
—Hymn of S. Bernard.

19. Hast thou seen him whom my soul loveth? I have sought him through the streets. I have found him whom my soul loveth; I have held him, nor will I let him go. O presumption of love! O insanity of love! I have held him, and I will not let him go. For, who will separate us from the love of Christ Jesus? Cant. 3. S. Bern., Rich. de Grad., Car.

20. Blessed is the womb that bore thee! Blessed indeed; but blessed also is the soul which has borne thee, O good Jesus. Oh! how good a mother is charity, which dilates the heart of the lover, and opens the bosom, and enlarges the soul, so that it may be able to con-



min his guest, and to receive him who is ban-  
ded by no spare. Luke ii.

21. Before the face of the Lord the earth is  
moved; before the face of the God of Jacob.  
Who turneth the rock into pools of water, and  
the hard stone into fountains of water. Ps. lxx.  
—Why, therefore, O Lord my God, does  
my heart melt, why do not my eyes pour out  
fountains of water, before the face of my God  
whom I carry in my bosom?

22. When the Queen of Saba saw King So-  
lomon, and his countenance, and the edifice  
which he had erected, and the food served at  
his table, and the order of the attendants, she  
confessed her spirit no longer. I may one  
day shall see his hidden God in his glory, and the  
fire of his love, shall he not cry out with St.  
John: And I wondered when I saw him, with  
exceeding wonder. Great, truly, is the Lord,  
and worthy of praise in the city of our God—  
in the heart of his servant which is now be-  
come the city of God. 3 Kings 10. Apoc. 6.  
Ps. 47.

23. O Man! understand thy dignity, and be-  
ing now made a partaker of the divine nature,  
do not by a degenerate life return to thy an-  
cient misery and baseness. Recollect the head  
of which you are the member. S. Leo. Serm.  
l, de nativ.

24. O inestimable and inconceivable conde-  
scension, that so great a height should deign to  
descend into the horror of this prison, and the  
corruption of our mortality! O wonderful  
goodness of a God that seeks us thus! O ad-  
mirable dignity of the soul that is thus courted.  
—S. Bernard, S. Bonav.

25. Behold, O Lord, thou hast made me,  
thou hast redeemed me, thou hast promised  
me thyself. I therefore owe all that I am to  
thy love. Nay, I owe thee as much more than  
myself, as thou art greater than me, for whom  
thou hast given thyself, and to whom thou pro-  
misedst thyself. S. Angel. de Medic. Redempt.  
c. 7.

26. What God is so great as our God, of  
whose greatness there is an end? Now, we do  
not preach, Great is the Lord, and worthy of  
praise; but, little is the Lord, and worthy of  
love. O unspeakable sweetness, that he who  
created me should repose in me! O hardness  
of my heart, who loved so little him that loved  
me so much! S. Bern. S. Bonav.

27. He that eateth me shall live by me (John  
vi.) O abyss of love! Was it too little to  
vouchsafe to give us thyself to eat, but thou  
must also as a reward for this sweet task, pro-  
mise us eternal life? As if indeed thou dost  
gain anything by us when thou givest us  
thyself, for which we ought to give ourselves a  
thousand times over, and even more than our-  
selves.

28. A bundle of myrrh is my beloved to me;  
he shall abide between my breasts (Cant. l. 12).  
Love is forgetful of Dignity, is rich in conde-  
scension, powerful in effect, and in persuasion  
effusions. What is more violent than love?

It triumphs over God, because he hath hum-  
bled himself, and you may be certain that if the  
placitude of the Divinity was poured out it  
arose from love. Alas! where was it poured  
out? In our hearts, whereas he has given us  
his Body, and his most precious blood. S.  
Bern. Serm. 22, in Cantic.

29. O Love, who canst do all things! when  
what thou makest love our Lord Jesus with  
my whole heart, with my whole mind, and with  
all my strength.

30. When my soul possesses thee, O Lord my  
God, its desire is filled, and because it is capa-  
ble of containing thy majesty, there is then  
nothing external which it desires, but its joy is  
complete; for Thou art its plenitude, and all  
its desires, and its entire good. S. Aug. Sol. c.  
22, Conf.

31. Thou commandest me, O Lord, to come  
to thee, and to feed on thy Body. Ah! Lord!  
what am I then, and who art Thou? Give me,  
O good Jesus, what thou commandest, and  
earn what thou pleaseth.

32. My soul refused to be comforted; I was  
mindful of my God, and I was delighted. Ps.  
76. For what can I love, or what can I cherish,  
after having eaten my honeycomb with my hon-  
ey, that is, the Body of Christ with his Divi-  
nity? Taste and see that the Lord is sweet,  
and that of his sweetness there is no end. Ori-  
gen in Cantic.

33. What ought I to have done more, that I  
have not done? In i. 5. The Father bestowed  
his only son. The Son himself came. The Holy  
Ghost afterwards descended. What more  
could God have done? Or what besides could  
he have given? O goodness! O love! O in-  
exhaustible ocean of liberality!

34. O Blessed Fire  
And ardent desire!  
O sweet refreshment,  
To love the Son of God!—Cant. S. Bern.

35. I cannot tell what it is that prevents my  
life from rushing into your embraces, O life of  
my soul, that I may be hidden in the secret part  
of my tabernacle. This at least I know, that my  
heart exceedingly loves thee, and most ardently  
desires to love thee more than itself, and to love  
nothing but thee, the entire love of our heart. S.  
Aug. Conf.

36. Who will give me wings like a dove, and I  
will flee away and rest in the Heart of my God,  
whilst he reposes in the heart of his servant. Ps. 56.

#### THANKSGIVING FOR SUNDAY.

1. Imitate the Holy Angels, and repeat slowly,  
and with a great feeling of piety, Glory be to God  
on high, and on earth peace, &c.

2 Offer to God all the merits of Jesus Christ  
which he has bestowed us; likewise those of the  
Blessed Virgin, and of all the Saints and the Just;  
and in union with so many merits offer whatever  
you are, or shall be, all your power, or will, or de-  
sire. Make this offering from your heart, and  
from the inmost recesses of your soul.

3 Pray for something worthy of God, and of  
the most sincere love of him, either in words of  
your own, or in the language of David or St Au-  
gustine. I love thee O Lord; but because this  
love is too little, may I love thee O God more  
sincerely and more purely.

4. Resolve to do something for the love of God.