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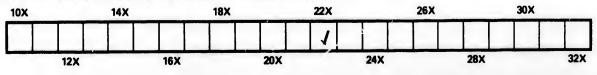


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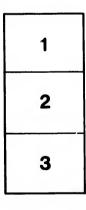
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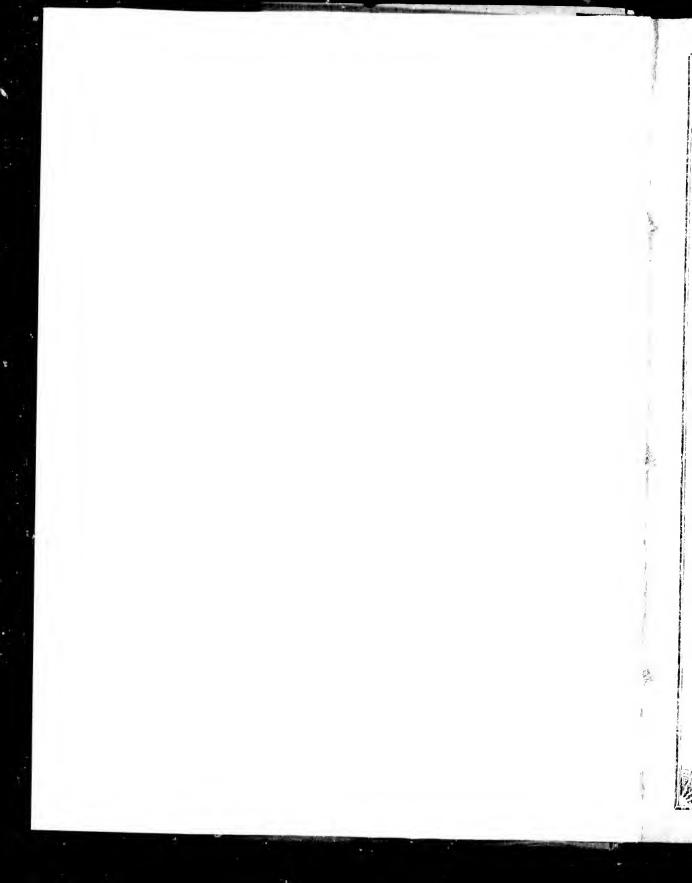
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BOUQUET

OF

KINDERGARTEN

AND

PRIMARY SONGS

With Notes and Gestures.

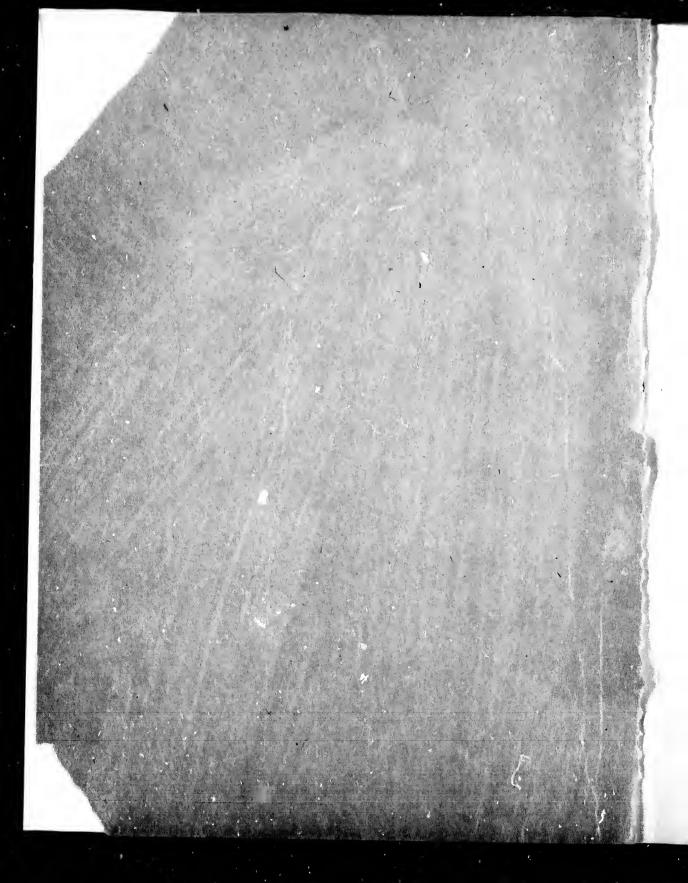
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Toronto :

SELBY & CO., 42 CHURCH STREET,

1891.

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INTRODUCTION.

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By MRS. JAMES L. HUGHES.

N all Kindergarten Songs there is an intention to appeal to the whole nature of the child, moral, mental and physical. The physical exercise of the gesture appeals to the physical side first, but not most. The language of gesture is developed first, naturally. The little child expresses his thoughts through his movements, long before the power of speech is developed; and, in asking little children for gesture with songs, we are following the guide Nature gives us. If with each separate thought expressed in words, we unite the expression of the same in gesture, the thought is doubly impressed, because both the physical and mental actions are centred on the same thought, the one reacts upon the other, mutally deepening the impression.

There should be an especial effort on the part of the teacher to have the gesture given definitely by the entire class; otherwise the individual impression of each child, from the combined action of the whole, will be indefinite, and the result will soon be apparent in the growing indifference of the class. This should be secured through sympathetic means always, not by force.

Besides the physical and mental strength gained through gesture songs, there is also a moral strength gained, which perhaps will not be so evident at first thought. The child's words and actions correspond, he says and does at once according to his word. It is the principle of putting the thought into action, promptly and honestly, that works on his character unconsciously, but none the less certainly. The words of songs are designed to embody truths, which, stated abstractly in bare words, would make no impression whatever on the child's mind, but when presented in a figure as in the songs, become living, active truths, and because alive are of interest and make a deep impression.

This early impression of feeling, corresponds to the child's indefinite ideas of other things, and we expect the feeling to develop into the thought, just as mathematical truths grow in the child's mind, into rules which are a permanent part of his mind; both grow into formulated law through constant use and application. In this way the moral growth is one with the mental and physical, and subject to the same laws of development.

As illustrating the threefold effect of the gesture songs upon the child, and pointing out the action and reaction of one side of the nature upon the others, let us take "Good Morning, Merry Sunshine." "Good Morning, Merry Sunshine," is that of a care that never sleeps, that is constant in its loving interest, a care that extends to all children, as well as the birds and flowers. He who extends this care is the God of nature as well as of man. The idea of His personality is embodied in an active expression of His care ; and, while the children are in sympathy with that care, through the visible presence of the sunshine which He sends, their hearts are responding with all the love and thankfulness a child's heart can, to the personality which is the living heart at the centre of all things. It is all of worship the dawning mind can be conscious of.

There should be no attempt to define this hidden truth to them, they feel but cannot think yet. Grown up ideas are incomprehensible when in words, but reveal themselves in things. Instinct leads the child to be interested in things; it is nature's call to love the truth. We should foster this instinct, that the truth which they embody, and which is the vital principle of all things, may be felt, and in time become clear to the consciousness.

The rhythm, melody and gesture, all help to rouse the child's feeling, and if the teacher is in sympathy with the children, and the song is sung joyfully, but never boisterously, it cannot fail to arouse and deepen a feeling of thankful love with each repetition.

The songs used should be appropriate to the season. If the air is fresh and invigorating with clear frost, the children's voices ring out in the notes of "Jack Frost" with a spontaneous sympathy of feeling. All the blood in their young veins responds to the thought embodied in the words, and there is no need of effort to arouse the feeling of sympathy. If the snow is falling fast outside, the song, "Oh, See the Snow," comes spontaneously, voicing the feeling which was not yet strong enough to find natural expression unaided, the heart is yet moved by each passing influence which, if unexpressed, is lost. Catch the inspiration from external conditions by selecting songs which embody the spirit of the external world, and the heart of the child comes into harmony with the heart of nature.

GESTURES FOR "GOOD MORNING, MERRY SUNSHINE I"

- (A) Throw a greeting with the right hand *twice* to the sun.
- (B) Raise the arms to a vertical position, rapidly moving the fingers.
- (C) Form circle with the two thumbs and forefingers.
- (D) Point again to sun.
- (E) Point with decision toward the west.
- (F) Point with decision toward the sun.
- (G) With index finger represent apparent path of sun round earth.

- (H) Point definitely to east.
- (1) Extend arms from shoulder, flutter the forearms to represent flying, without bending elbow.
- (J) Close all fingers except index, and describe a quarter circle from extended position to top of head.
- (K) Point to path from sun to ground.
- (L) Point to children.
- (M) Swing hand above the head with handkerehief.

NOTE. -- In "Britannia, the Pride of Ocean," the first part of the third verse has been changed from the original, which reads:

The wine cup, the wine cup bring hither, And fill, fill it up to the brim ; May the mem'ry of Nelson ne'er wither, Nor the star of his glory grow dim.

The above can be substituted if necessary.

ERRATA .-- Read "it" and "its," in the altered portion of verse, "she" and "her."

with clear of feeling. no need of he Snow," expression Catch the world, and

e forearms now. a quarter head.

rehief.

original,



"GOD IS LOVE."-MORNING HYMN.



Little stars that shine in heaven, As they twinkle far above; Peeping, smiling, at each other, Whisper gently, God is love. God is love, etc. God is love, the snow flakes whisper, As they linger in the air; God is love, the breezes murmur, As they meet us everywhere.

God is love, etc.

GESTURES FOR "WHITE LAMBKINS!"

- (A) Look and point upward.
- (B) Make a round moon with both hands.
- (C) Look and point upward.
- (D) Cover eyes with hands and bow heads.
- (E) Make a peaked roof with both hands.
- (C) Look and point upward.
- (H) Raise both hands over head and "twinkle" fingers.
- () Raise right forefinger vertically.
- (J) Raise left forefinger vertically.
- (K) Raise both hands over head and "twinkle" fingers.
- (F) Flourish the right hand, as if showing a large field. (L) Two forefingers clasp, as if embracing.

The song "Up Yonder Mountain" will be found to correspond to one of Grimm's fairy tales, and although, generally speaking, Grimm's fairy tales are hardly adapted to children, yet it would do no harm in this case to explain the song by means of the story.

WHITE LAMBKINS.

7



head

re fed.

----Love.

ber,

ngers.

ngers.

and o no

THUMBS AND FINGERS SAY "GOOD MORNING."



- (A) Extend arms, fingers closed, thumbs pointing up.
 (B) Close thumbs and extend fingers.

.

- (1) Extend arms right and left. (1) Bring hands up in curve and bow the head as though (1) all bowing.
- (F)
- Bend third finger. Bend little finger.
- (e) (H) (i) Extend arms and bow hands and head.
 - Shake hands on right and left.
 - Each pupil shake his own hand and throw to either side.

NG."









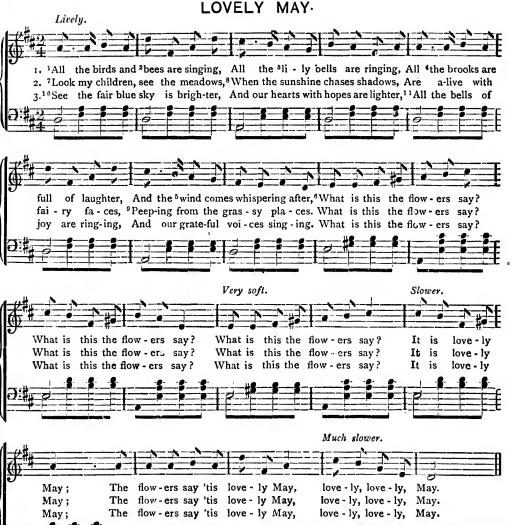








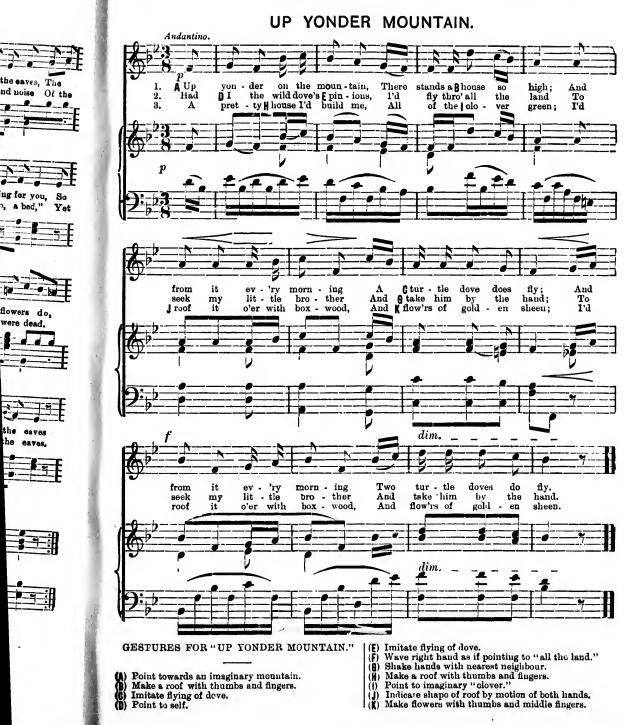
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GESTURES.

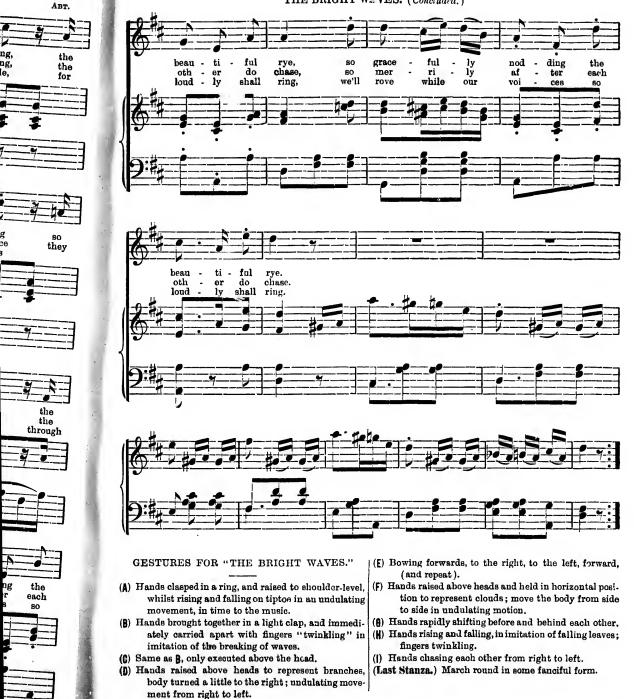
- 1 Arms outspread with flying movement.
- Close all fingers except the index, move arms rapidly over the head in curved movement, until fingers touch top of head.
- Arms extended, fingers clasping tiny bell, ringing vigorously.
- Move hands from right to left, with fingers moving up and down in horizontal position.
- 5 Extend arms above head, and imitate waving of branches of trees, moving body from waist.
- · Gesture of listening.
- 7 Point to meadows.
- ⁸ Extend arms in front parallel, and move both toward the right with smooth movement.
- Cover face with hands moving head as if peeping. 10 Point to sky.
- 11 Ring bells again.







13 THE BRIGHT WAVES. (Concluded.)



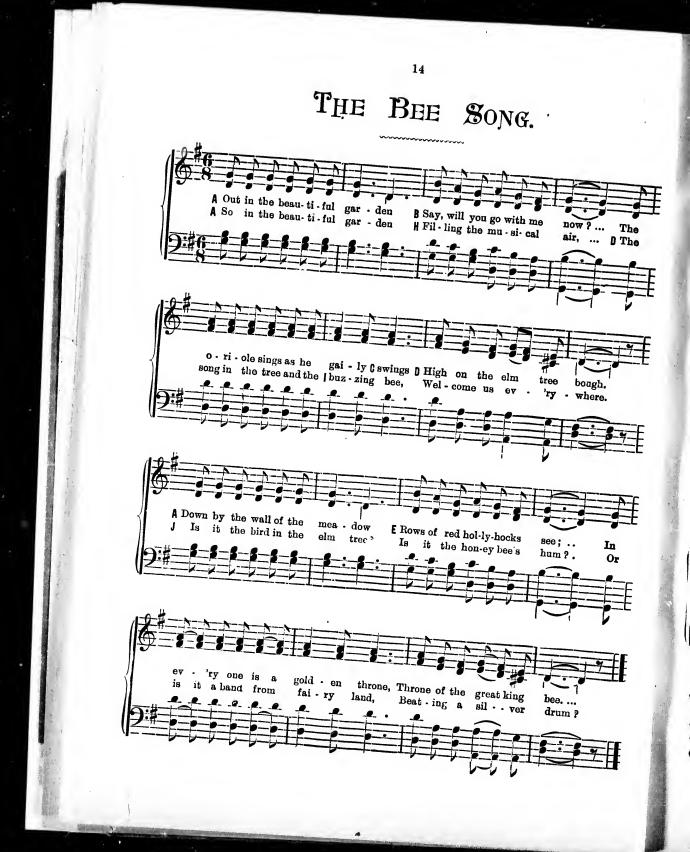
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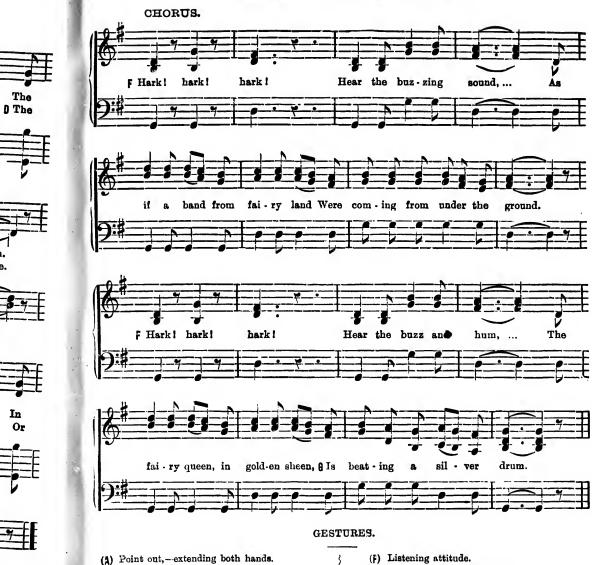
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- (B) Ask one another.
- (G) A swinging movement.
- (D) Point up.

The

? ...

•••

boagh. where.

> In Or

> > (E) Hands joined to represent flowers.

- (F) Listening attitude.
- (8) Represent beating of drum.
- (H) Look up, arms extended with waving motion.
- () Fore-fingers brought rapidly together.
- (J) Look up.

15

SONG .- CONCLUDED.

BEE

THE

THE YOUNG MUSICIAN.



THE YOUNG MUSICIAN .-- CONCLUDED.



3.

F, G,

d down " the

Notes are simply "signs" you see, Round and black as black can be ; From the perfect number "seven," Each its proper place is given.

Chorus, -A, B, C, D, &c.

"Sharps" and "flats" some patience need, If at music you'd succeed ; But "sweet melody" is there, When you take great pains and care !

Chorus,-A, B, C, D, &c.

5

Soon my little friend may try Something greater by-and-by, If her (his) teacher she (he) obeys, And remembers all he (she) says !

Chorus.-A, B, C, D, &c.

6.

Just be patient-never fret, Or into a passion get; Else "a discord" you will make, Which would be "a great mistake !"

Chorus.-A, B, C, D, &c.

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IMITATING.



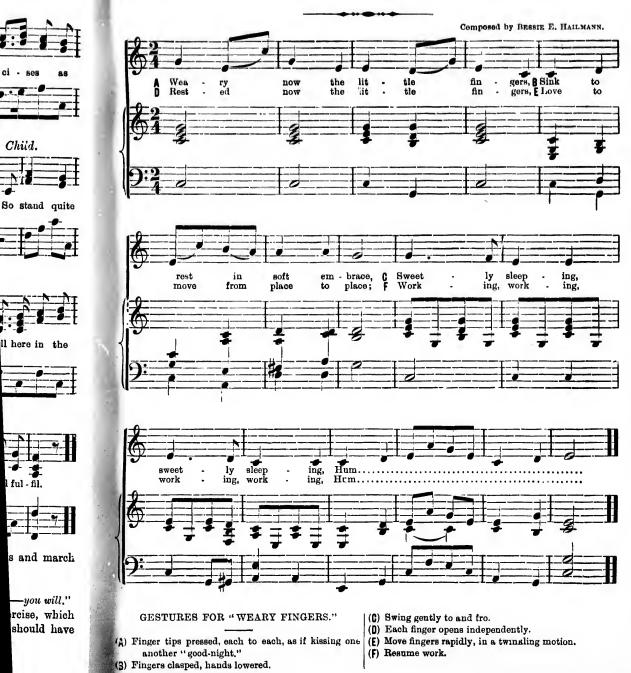
Movement, &c.—This is a "circle game" in which the children join hands and march around, singing as far as "see." One child, standing in the centre, sings from "I show—————can." The class answers "We wish ————man,"

The child sets in "So stand_____I will," The class answers "We stand_____you will."

all imitate to the end of the strophe, when the marching begins again. Each child should have its turn in the leadership.

WEARY FINGERS.

ci .



THE ROBIN'S EGG.





21

.

AWAY AMONG THE BLOSSOMS.

I. ¹ A · way, a
- way, ³ The sum-mer time has come, - way, ⁶ The mer - ry birds are there, - way, ⁶ The dai - ses are all bright, ⁹ And in the dew - y mea-dows The - way, ¹⁰ The hap - py world is ours, ¹¹ Then praise our heav'n-ly Fa - ther, Whose
hear the ⁵ in- sects hum, thril-ling on the air, clo - ver -tops are white, smile is on the flow'rs, \overrightarrow{O} = \overrightarrow{O} = O
hum, A · way, a · way

GESTURES.

- 1 Arms extended parallel, move towards the right in three distinct movements.
- a One long sweep.
- s Point to window.
- * Move hand from right to left, with rippling finger.
- s Gesture of bees in "Lovely May".

- : Extend arms with flying gesture.
- * Attitude of listening.
- Extend arms, with vibrating movement.
- 9 Pass the hand, as if caressing clover tops.
- 10 Both arms sweep out from body.
- 11 Hands clasped, face turned upward as in praise.

LITTLE RAINDROPS.



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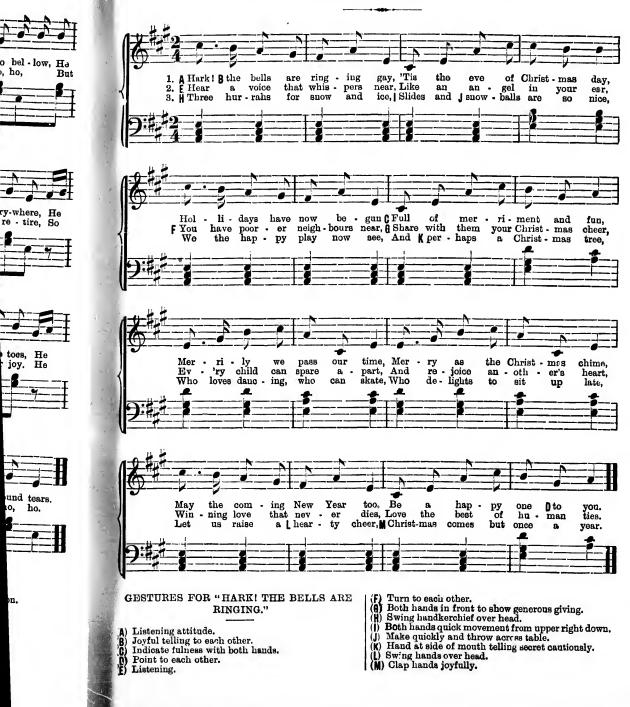
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HARK! THE BELLS ARE RINGING.



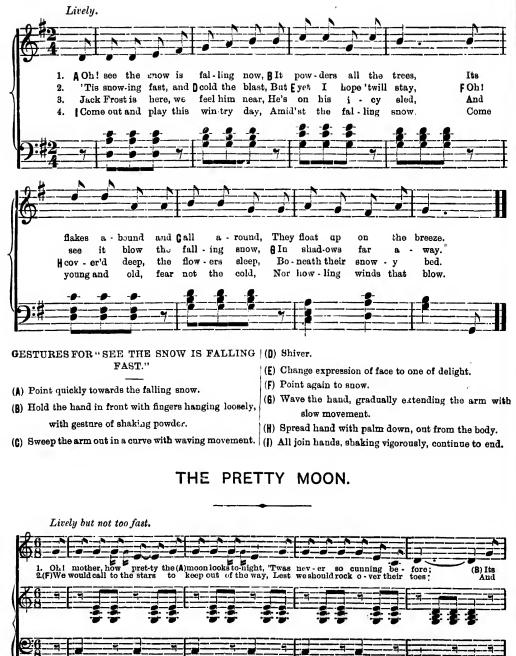
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o ho,

> 0, ho.

þn.

SEE THE SNOW IS FALLING FAST.



THE PRETTY MOON .- CONCLUDED.



GESTURES FOR "THE PRETTY MOON."

(A) Point to moon.

Its FOhl And Come

reeze. way. bed. blow.

of delight.

from the body. continue to end.

(B) Its And

- (B) Place the hands with index finger pointing upward
- on each side of the head. (C) Clasp the fingers and form a semicircle with them,
- rocking from side to side.
- (D) Clasp the hands, extending them directly in front. (E) Close the fists as though holding to a rope in swinging, and swing from side to side.
- (F) Wave the hand above the head with gesture of caution.
- (C) Rocking gesture again.
- (H) Wave the hand as though floating above.
- () Point to east.
- (.) Point to west.
- (K) Form a rainbow over the head.



 $\mathbf{28}$

THE BUSY LITTLE MOTHER:*-CONCLUDED.



So I'm

3. Pour tea out.

6. Stand and mark time.

5. Pound one hand on other clenched.

4. Sit.





- 10. Shut eyes and rest head on hand.
- 11. Sit up and beat on knees.
- 12. Turn mangle simultaneously.
- 13. Nurse, rocking baby backwards and forwards.

* This charming Action Song, written by the Rev. H. W. Hawkes, Liverpool, deserves special attention.

THE MARCHING SONG.



The children can be arranged for this song in broad rows, if the room is long enough to admit of the twenty-four paces required by one verse, to be done without turning; in this case they will simply right-about-face to begin the second verse, and jump and march back, letting the word "stop," at the end of the third line, bring them back to the place from which they started. In ordinary rooms the best way is to place one child in front of another, letting them move round and round the room in Indian File. Indeed in a large room it is a very pretty ohange from the row, to let the children change to Indian File, by turning balf round after "mark time, stop " and beginning the song over again in this position.

The clapping must be in strict time to the marching. The word jump was chosen as being easier to sing than leap, but the proper movement is a short high leap, or bound.

When the marking time is fnished, the feet must be brought to the ground with a loud stamp, on the word "stop," This song can go on over and over again,

T. Will

MARCHING SONG.



The Staccato marks only apply to the words march and halt, printed in italics. The 1st verse should be sung p (soft), the 2nd verse mf (loud), the 3rd verse pp (very soft), and the 4th verse ff (very loud) accompanied with heavy tramping.

81

DRMISTON CHANT.



r paces required ump and march

room in Indian ning half round

but the proper

THE TIP-TOE SONG.



THE TIP-TOE SONG .- CONCLUDED.

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his) sleep

à foot . fall

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ing. ing. her (or him).

4

be

snow

grass

song,



DIRECTIONS.

This song is specially designed to teach the little ones the useful art of noiseless stepping. It is not the easiest thing in the world to walk on tip-toe; and it is probable that many a valuable life has been lost in illness for want of the quiet, unbroken sleep that noisy and clumsy footsteps, inside as well as outside the sick-room have made impossible.

Walking on tip-toe is splendid discipline both for foot and head ; but care must be taken not to keep the children at it for any length of time, as it is extremely tiring, and apt to give cramp in the arch of the foot, or the calf of the leg.

The children must proceed in Indian file, and their voices sink to a whisper at the end.

FLOWER VOICES.





THE LITTLE SAILORS' SONG .- CONCLUDED.



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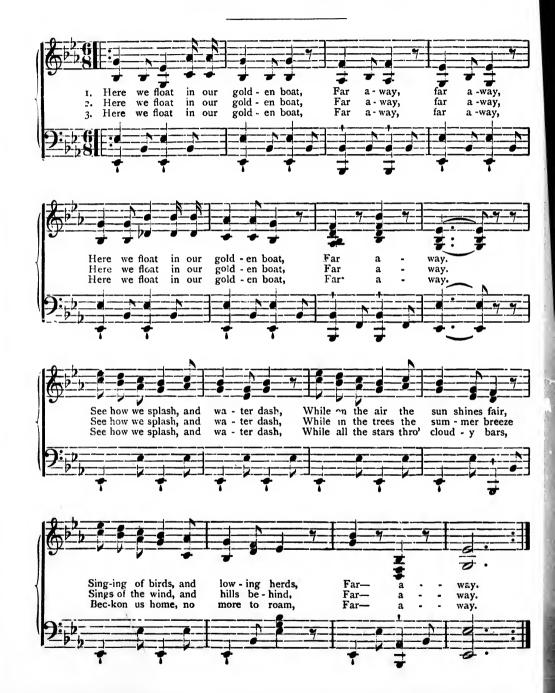
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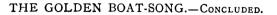
DIRECTIONS.

The children must stand in a row, or rows, according to space at command. The hands must be waved to and fro with the palms uppermost, and the undulations of waves must be carefully imitated, and continued through the first three verses with these exceptions,—viz, the sixth line of the first verse, when they must point up at imaginary clouds,—the third line of the second verse, when they must imitate tossing, with both hands,—the fifth line of this verse, when they must beckon at the words "This way;"—and the second and third lines of the third verse, when they must shield their eyes with their hands, as if looking over the surf at the "harbour lights."

At the fourth verse they must scamper with well raised and bent knees, not in long, but high steps, for the first four lines; suddenly stand still at the fifth, and point to the imaginary "dear ones," singing the words as rapidly as possible, till "rather" is reached, and that word must be *spoken* in quite a natural but very arch tone of voice. Then sing the first four lines of the song with sea-wave action, ending in "With response of the song with sea-wave action, ending in "Wildly as can be," by way of a finale.

THE GOLDEN BOAT-SONG.







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DIRECTIONS.

The children must seat themselves on the floor as though in a boat, but with this difference, that the feet, instead of being close together and knees bent, as in actual rowing, must be wide apart, and legs straight on the floor, in form of the letter V, the distance between each child being no more than is necessary for the extension of arms out straight in front.

The best and most skilful child will of course be "stroke," and the others should be placed according to size.

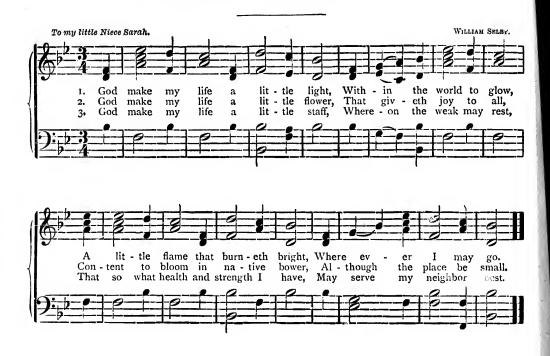
The coxswain may be a very little one; and if the small thing puts the others out by rowing out of time, it might be instructed to hold a tiny flag during the performance, and be allowed to sing only. To begin the song, the children will all be ready for the rowing action by bendiag forward with arms straightout, and thumbs touching; backs of hands uppermost, and on a level with shoulders. The sweep of the arms brings the hands to the floor twice in every bar.

When "See how we splash," is reached, the movement is altered, and instead of rowing, the children simply pat the ground with the open palm of each hand, as though splashing water.

There should be no longer pause between the verses than the beats of each concluding bar.

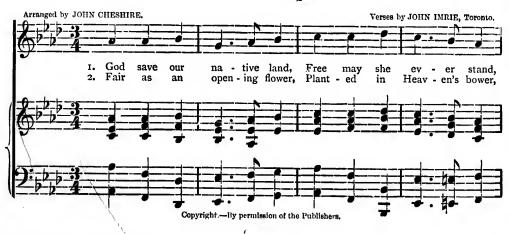
The last refrain "So we float," etc., should go at increasing speed to the end.

GOD MAKE MY LIFE A LITTLE LIGHT.



OUR NATIVE LAND-FAIR CANADA.

TUNE—"God Save the Queen."



Τ.



OUR NATIVE LAND-FAIR CANADA.-CONCLUDED.



Land of great inland seas, Swept by the mighty breeze, Fair Canada : Reaching from sea to sea, Great will thy future be, Land of the brave and free, Fair Canada !

3

I God save our gracious Queen, Long live our noble Queen, God save the Queen; Send her victorious, Happy and glorious, Long to reign over us, God save the Queen. Land of the prairies wide, Stretching like ocean's tide, Fair Canada; Land of green hill and dale, Mountain and pleasant vale, Here worth shall never fail, Fair Canada!

GOD SAVE THE QUEEN.

Thy choicest gifts in store, On her be pleased to pour, Long may she reign ! May she defend our laws, And ever give us cause To sing with heart and voice, God save the Queen. Come, then, from many lands, Brave hearts and willing hands, To Canada; Come where rich virgin soil Weits to reward your toil, Share in the harvest spoil Of Canada 1

3 O Lord our God arise, Scatter her enemies, And make them fall; Confound their politics, Frustrate their knavish tricks, On thee our hopes we fix, God save us all.

BRITANNIA, THE PRIDE OF THE OCEAN



THE RED, WHITE AND BLUE

Arranged by T. S. GLEADHILL.



AN

y T. S. GLEADHILL. When borne by the Red, White and Blue. The boast of the Red, White and Blue. Three cheers for the Red, White and Blue. 9 trem-ble, When banners make ty - ran - ny flag float-ed proud-ly Ar - my and Na - vy be - fore her, The Three for ev - er, The free, $\widehat{}$ form, The hynın, May borne by the Red, White and Blue. boast of the Red, White and Blue. cheers for the Red, White and Blue. When borne by The boast of When borne by the Red, White and Blue. The boast of the Red, White and Blue. Three cheers for the Red, White and Blue. Thy And her At thy With her May the The rm. a + . ban-ners make ty - ran - ny tremble, flag float - ed proud - ly be - fore her, Ar - my and Na - vy for ev - er ! When borne by the Red, White and Blue. The boast of the Red, White and Blue. Three cheers for the Red, White and Blue. Thy And her The

BRITANNIA, THE PRIDE OF THE OCEAN .-- CONCLUDED.

THE FLAG WE LOVE.



DIRECTIONS.

1.—Stand erect, flag over left shoulder, right arm at side, tread left and right through first three lines. 2.—Right arm horizontal sidewise, palms down at this word. 3.—Back of finger tips at temple. 4.— Right arm horizontal again, then drop at side. 5.—Flag over right shoulder, tread left and right through three lines. 6.—Left arm horizontal. 7.—Back of fingers at left temple. 8.—Left arm horizontal again sidewise, then drop at side. 9.—Eight steps forward, wave flags. 10.—Eight steps back. 11.—Turn around in time to place, wave flags over heads. 12.—Flag clasped in both hands and raised, look up steadily, till close of last line.

 $\mathbf{42}$

THE QUEEN'S BIRTHDAY KINDERGARTEN SONG.



THE GREEDY FISHERS.



The well soil

THE GREEDY FISHERS.

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GOOD NIGHT.



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DIRECTIONS.

The children should sing this song, walking slowly in pairs; but stand still during the singing of the "Good night" at the end of each verse. It adds much to the pretty effect of the latter if the children are taught to kiss their hands to the imaginary trees and stars which are above them, and from beneath which they are "going home."

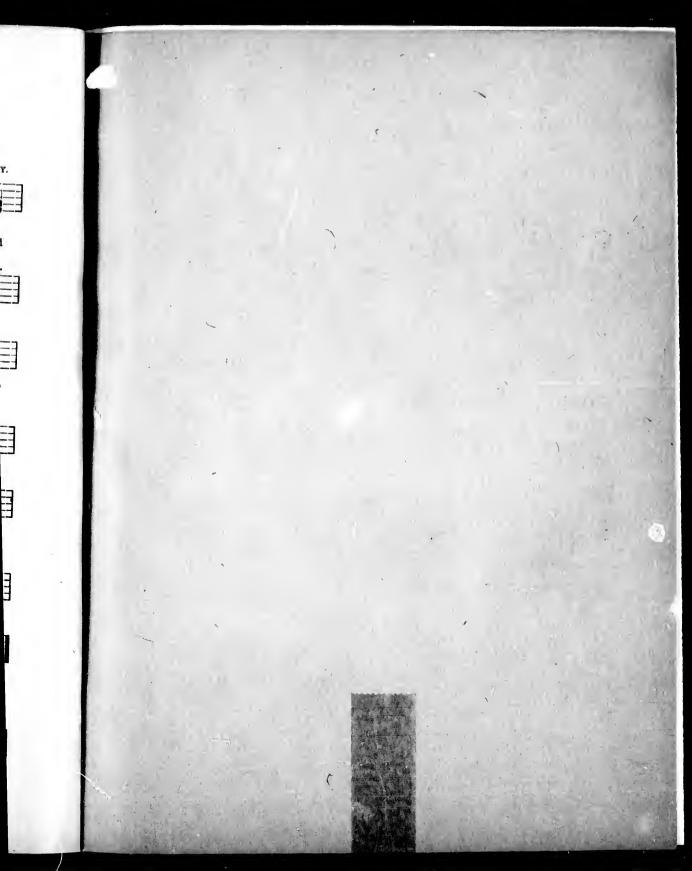
At the fifth line of the first verse they should half-close their eyes, hang their heads and sing sleepily.

At the second line of the second verse the disengaged hands must be raised in the attitude of listening; at the eighth of the same verse, the imaginary glow-worms must be pointed at.

The last verse must be sung very sleepily, more softly, and altogether slower than the others ; and the last "Good night ' with prolonged and concentrated energy.



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