

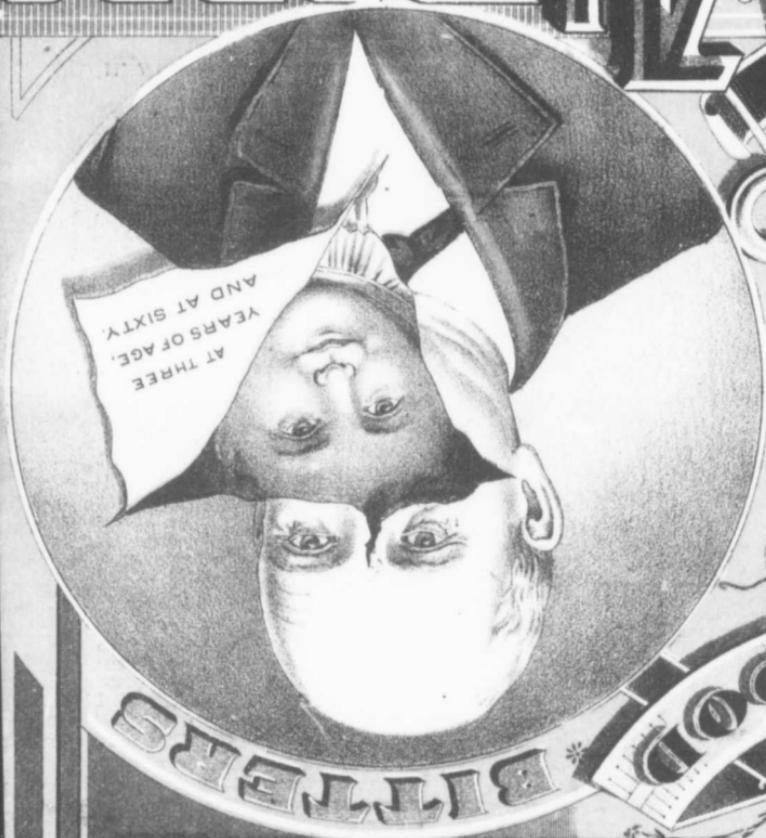
T. MILBURN & CO. TORONTO.

FORWARD THIS CO.

* **HEALTHY** AND *Key* TO *ONE*

WILLIM

1886



BITTERS

BLOOD

BURDOCK

Golden Number,	6	Dominical Letter,	C
Epoct,	25	Roman Indiction,	14
Solar Cycle,	19	Julian Period,	6593

The year 5647 of the Jewish Era commences on September 30th, 1886.
 Ramadan, Month of Abstinence observed by Turks, commences on June 3rd, 1886
 The year 1304 of the Mohammedan Era commences on September 30th, 1886.
 The 50th year of Queen Victoria's reign begins June 20th, 1886.
 The 11th year of the Independence of the United States begins July 4th, 1886.
 The 20th year of the Dominion of Canada begins July 1st, 1886.

Head and Face. ♈ARIES, the Ram.

Arm.
 □ GEMINI,
 The Twins.

Heart.
 ○ LEO,
 The Lion.

Reins.
 ⚖ LIBRA,
 The Balance.

Thicks
 ♐ SAGITTARIUS,
 The Bowman.

Legs.
 ♒ AQUARIUS,
 The Waterman.



Neck.
 ♉ TAURUS,
 The Bull.

Breast.
 ♋ CANCER,
 The Crab.

Bowels.
 ♍ VIRGO,
 The Virgin

Secrets.
 ♏ SCORPIO,
 The Scorpion.

Knees.
 ♐ CAPRICORNUS,
 The Goat.

Feet. ♓ PISCES, the Fishes

CHARACTERS.—☉ The Sun; ☿ Mercury; ♀ Venus; ⊕ the Earth; ☾ the Moon; ♂ Mars;
 ♃ Jupiter; ♄ Saturn; ♅ Uranus; ♆ Neptune; ♁ Conjunction; □ Quadrature, 90° from ☉;
 ⋈ Opposition, 180° from ☉; Apogee, far from the ⊕; Perigee, near the ⊕; ♈ Ascending Node;
 ♏ Descending Node.

ECLIPSES.

In the year 1886 there will be two eclipses, both of the sun.

I. An annular eclipse of the sun, March 5th, 1886.

Begins on the earth generally, March 5th, 7h. 1m.

Ends on the earth generally, March 6th, 1h. 10m.

At Toronto, eclipse begins 5.55 p.m.; sun setting eclipsed; at sunset only 0.13 of the sun diameter is eclipsed.

II. A total eclipse of the sun, August 29th, 1886.

Begins on the earth generally, August 29th, - - - 10.18 a.m.

Ends on the earth generally, August 29th, - - - 3.32 p.m.

Only a small portion of this eclipse will be visible in Canada, and that in the southern part of Nova Scotia.

Venus will be an evening star to February 18th, and a morning star to December 2nd, then an evening star.

Mars will be a morning star throughout the year.

Jupiter will be a morning star till October 9th, then an evening star.

Saturn will be a morning star till July 3rd afterwards an evening star.

The satellites of Jupiter are invisible from September 10th to November 7th, the planet being too near the sun.

THE SEASONS.

Sun enters Aries—Spring commences - - - March 19th, 7 a.m.

Sun enters Cancer—Summer commences - - - June 21st, 9 a.m.

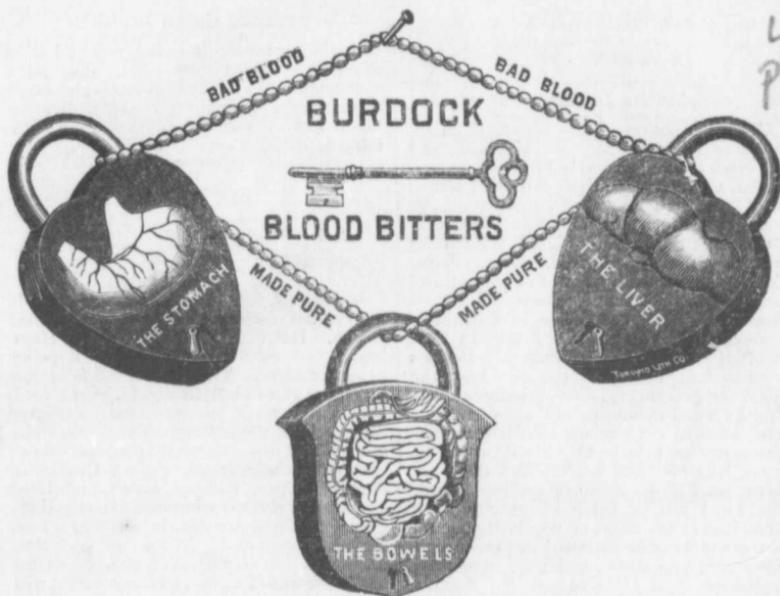
Sun enters Libra—Autumn commences - - - September 22nd, 10 p.m.

Sun enters Capricornus—Winter commences - - - December 21st, 4 a.m.

To increase the usefulness of our almanac we give the Calendar in the *Standard* or *Railway* time. Ontario and Quebec 75', or 5 hours west of Greenwich, and the Maritime Provinces 60', or 4 hours west of Greenwich. Mean time at Toronto is 17m. 34s. slower, and Quebec 14m. faster than Standard time.

1886.

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THE KEY TO HEALTH.

IN the above diagram is represented an endless chain of bad blood connected with the chief or cardinal points of the system. The KEY which unlocks the confined secretions of the Stomach, Liver and Bowels, is

BURDOCK BLOOD BITTERS,

Which Makes Bad Blood Pure.

THE STOMACH, THE BOWELS, THE LIVER AND THE BLOOD.

HOW TO REGULATE THEIR WRONG ACTION WHEN IMPAIRED BY DISEASE.

THE STOMACH.

Are You Troubled with Dyspepsia?—How to Know it and How to Cure it.

- If you have a variable appetite,
- A faint gnawing feeling at the pit of the stomach,
- Unsatisfied hunger at times,
- A loathing of food at other times,
- Rising and souring of food,
- Wind in the stomach and distress around the heart,

A painful load at the pit of the stomach, Choking sensations in the throat, Headache and dulness of spirits, Constipated bowels with alternate diarrhoea.

Are you gloomy and miserable?

Then you are a confirmed dyspeptic.

The cure is careful diet, slow eating, thoroughly chewing the food; avoid drinking at meals. Keep regular habits, shun stimulants, take pleasurable exercise and tone the digestive powers and regulate the stomach and bowels with Burdock Blood Bitters, nature's grand specific for Dyspepsia. It has cured the worst forms of Dyspepsia even of twenty-five years duration, as in the cases of Alexander Burns, of Cobourg, Ont., and many others whose lives were despaired of.

THE BOWELS.

A NEGLECTED EVIL !

And Its Dire Results.

A regular action of the bowels is an absolute requirement for general health, and the least irregularity should never be neglected, for there is no more prolific source of disease than neglected constipation, by which the worm out and refuse accumulations are retained to poison the system with their foul gases and irritating effects. Constipation is a stoppage of one of nature's most important channels for the outlet of disease. Like the stoppage of a drain in sewerage, the waste matter is thrown back to often do irreparable damage. Besides the baneful effect of constipation upon the blood and general organism, it induces Piles, Prolapsus and various painful and dangerous complaints in both sexes. With a regular action of the bowels, the blood would be purer, healthier and better, and the body more perfectly nourished and sustained. Continued use of harsh purgatives work much harm; the habit of regularity should be promoted and encouraged by proper diet, ripe fruits, vegetables, and mild regulating medicines of a laxative nature. Such a remedy is best found in Burdock Blood Bitters, which promptly regulates all the secretions, acts upon the liver to purify the system and induces a natural regularity of the bowels, while giving health and strength in the most natural manner.

THE LIVER.

SURE SIGNS !

Reader, when you have an exhausted, tired feeling,

Especially in the spring,
Depression of spirits,
Great irregularity of mind,
Foul coated tongue,
Bad tasting mouth,
Disagreeable breath,
Frequent sick headaches,
Tired aching shoulders,
Irregular bowels,
Variable appetite,
Sallow complexion and yellow eyes,
Poor circulation of blood,
Dryness of the skin,
Blotches and eruptions,
Faintness and heart-flutterings,
Blurred vision and dizziness,
Weary days and restless nights.

*With any majority of these signs existing
You have what is commonly called Liver
Complaint,*

And should resort to that unfailing remedy

BURDOCK BLOOD BITTERS,

which is warranted to relieve any and all of the above named symptoms, effecting a speedy cure in all bilious troubles and every form of liver complaint, if the medicine is taken in time and the directions are faithfully followed.

THE BLOOD.

A QUESTION OF VITAL IMPORTANCE.

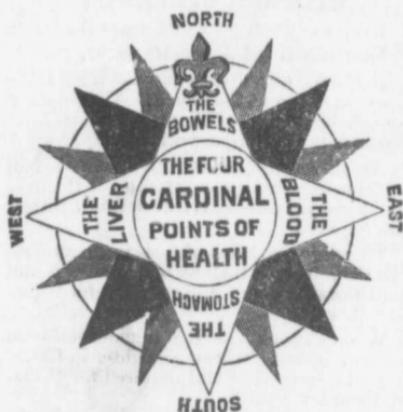
Is Your Blood Pure ?

If not, and you have any obstruction to its free circulation, there can be no perfect health. But with pure blood freely circulating you have a good insurance policy against disease. The blood is made impure by many causes: Bad air, improper food, poor water, want of cleanliness, neglected constipation, hereditary taint or scrofula, etc. Many diseases come from bad blood, Scrofula, Rheumatism, Fevers, Eruptions, Sores, Dropsy, Kidney, Heart and Lung Troubles, and many complicated complaints. Consumption is Scrofula in the lungs, from impoverished blood. Whenever your complexion is unnatural, your skin in an unhealthy condition, your face covered with blotches and pimples, when boils and festering sores abound, when there is a disturbed circulation, when you are pale and sallow, and your eyes appear unnatural, or when your head aches and you have unnatural heat, then your blood is bad, and especially in the spring after a hearty winter your blood needs cleansing. You can best cleanse it with that purely vegetable compound Burdock Blood Bitters, which safely and promptly renovates the blood, and invigorates the entire system. Curing all humors, from a pimple to the worst scrofulous sore. Remember there is none of the evils of harsh physic, mercury or iodide of potassium in the working of Burdock Blood Bitters. It is guaranteed strictly vegetable and always reliable.

THE NERVOUS SYSTEM.

The brain, which is the great electrical center of all vitality, the electro-motor power of the body, sends out its multitude of electrical wires in the shape of nerves or fine cords that extend to every minute portion of the body to convey sensation or feeling, and to stimulate every organ to action. When any thing goes wrong in any part, these nerves telegraph at once the fact to the great polar center, the brain.

The nerves, therefore, are what renders every part of the flesh sensitive, and when the system becomes weak or impaired, the nerves are subject to many diseased conditions.



MUCH VALUABLE INFORMATION

BY A FEW WORDS REGARDING

COMMON CHRONIC COMPLAINTS.

The reader, by carefully perusing the following articles, will readily comprehend that the **FOUR CARDINAL POINTS OF PERFECT HEALTH** are the Stomach, the Bowels, the Liver and the Blood, whose all important functions, when properly attended to, will ward off disease, insure comfort and prolong life.

THE STOMACH is the first cardinal point, because we eat to live; it is the grand central receptacle of nature's fuel food, by which the body is built up, nourished and sustained. When impaired, the grand base of supplies is in a measure cut off.

THE BOWELS we consider the next cardinal point of health, by their free regular action, offending obstructions and waste matter are removed, which if retained would poison the blood and corrupt the fluids.

THE LIVER is the next cardinal point, as its proper functions regulate the bowels and cleanse the blood. Bile secreted by a healthy liver is nature's true cathartic, and through the liver the blood passes to be filtered or strained.

THE BLOOD, the vital fluid, is the grand ultimate principle of life, or, as it has been aptly called, is the "life of the flesh." Without it in purity, health is impossible; with pure blood properly circulating, there can be no serious illness.

To regulate and maintain a proper action of these important functions is the work of **BURDOCK BLOOD BITTERS**. It tones the stomach, aids digestion, gives healthy realish for food, and assimilates that food to make good blood.

BURDOCK BLOOD BITTERS arouses the Liver to a healthy action, causing it to secrete pure bile. The Liver not only becomes torpid or inactive, but also an

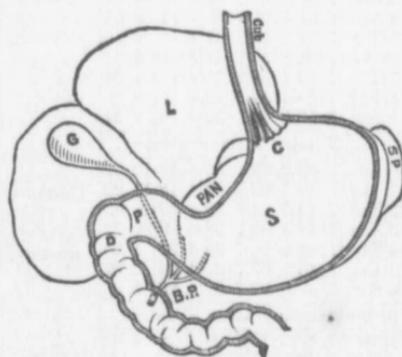
excess of bile overflows, passing into the blood, causing Yellow Skin or Jaundice and other bilious troubles. Burdock Blood Bitters carries off this superabundance, and causes the organs of secretion to take up the proper nourishment due them, and the organs of excretion, such as the Bowels, the Skin, Kidneys, etc., to carry off all that is not essential to health.

BURDOCK BLOOD BITTERS promptly regulate the Bowels, that important channel or sluice way by which foul obstructions and unhealthy gases are removed, thus causing that great evil and source of ill health, *Constipation*. Burdock Blood Bitters purifies the Blood, and if this remedy only did that and nothing more, its value would be incalculable; but its office does not cease here: it acts in perfect harmony with nature to renovate and regulate all the organic functions of the system by its specific action upon the **FOUR CARDINAL POINTS OF HEALTH**.

HOW OUR BODIES ARE NOURISHED.

THE STOMACH.

THE PROCESS OF DIGESTION AND THE ASSIMILATION OF FOOD.



EXPLANATION OF THE DIAGRAM.

- | | |
|---------------------|--|
| S. Stomach. | Gb. Gall Bladder. |
| Gul. Gullet. | D. Duodenum. |
| C. Cardiac Opening. | B.P. Bile and pancreatic juice entering the same duct. |
| P. Pylorus. | Sp. Spleen. |
| Pan. Pancreas. | |
| L. Liver. | |

In order that the waste which is constantly going on may be repaired, and that the body may be nourished and increased in size, it is necessary that we should take food. This food goes through various changes, until at last it is turned into a liquid which mixes with the blood: and as the blood travels all through the body, the

JANUARY, 1886.

May January cold and clear,
Bring all our friends a bright New Year.

MOON'S PHASES.

	Ontario.		Maritime Pro.	
	d. h. m.	a. m.	d. h. m.	a. m.
New M'n.	5 2 44	5 3 44	5 3 44	a. m.
First Qr.	13 7 24	13 8 24	13 8 24	a. m.
Full M'n.	20 2 45	20 3 45	20 3 45	a. m.
Last Qr.	26 8 31	26 9 31	26 9 31	p. m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont. and Maritime Provinces.		Province of Quebec.		Moon rises.	Ontario.	Weather probabilities.
		Sun rises	Sun sets.	Sun rises	Sun sets.			
		h. m.	h. m.	h. m.	h. m.			
1	Fri	7 51	4 52	7 32	4 08	4 13		<i>Fair and frosty.</i>
2	Sat	7 51	4 53	7 32	4 09	5 14		
1) 2nd Sunday after Christmas.								
3	Su	7 51	4 54	7 32	4 10	6 01		<i>Snow and stormy.</i>
4	Mo	7 51	4 55	7 31	4 11	6 56		
5	Tu	7 51	4 56	7 31	4 12	Sets.		
6	We	7 51	4 57	7 31	4 13	6 32		
7	Th	7 50	4 58	7 31	4 14	7 34		
8	Fri	7 50	4 59	7 30	4 15	8 25		
9	Sat	7 50	5 00	7 30	4 16	9 24		
2) 1st Sunday after Epiphany.								
10	Su	7 49	5 02	7 30	4 17	10 22		<i>Unsettled weather.</i>
11	Mo	7 49	5 03	7 29	4 18	11 22		
12	Tu	7 49	5 04	7 29	4 19	A. M.		
13	We	7 48	5 05	7 28	4 20	0 22		
14	Th	7 48	5 06	7 28	4 22	1 25		
15	Fri	7 48	5 07	7 27	4 24	2 32		
16	Sat	7 47	5 09	7 27	4 26	3 36		
3) 2nd Sunday after Epiphany.								
17	Su	7 47	5 10	7 26	4 27	4 42		<i>Snow and stormy.</i>
18	Mo	7 46	5 11	7 25	4 29	5 48		
19	Tu	7 46	5 12	7 24	4 30	6 46		
20	We	7 45	5 14	7 23	4 32	Rises		
21	Th	7 45	5 16	7 22	4 33	7 18		
22	Fri	7 44	5 17	7 21	4 34	8 33		
23	Sat	7 43	5 18	7 20	4 36	9 46		
4) 3rd Sunday after Epiphany.								
24	Su	7 42	5 19	7 19	4 37	10 55		<i>More snow or rain if wind is south or S. W.</i>
25	Mo	7 41	5 20	7 18	4 39	A. M.		
26	Tu	7 40	5 21	7 17	4 40	0 03		
27	We	7 39	5 23	7 16	4 42	1 07		
28	Th	7 38	5 24	7 15	4 43	2 08		
29	Fri	7 37	5 26	7 14	4 45	3 06		
30	Sat	7 36	5 27	7 13	4 46	4 02		
5) 4th Sunday after Epiphany.								
31	Su	7 35	5 28	7 12	4 48	4 53		

WISE AND OTHERWISE.

Keep the blood pure and spare the leach.
Moderation is a great safe guard.

A BACHELOR'S CONUNDRUM.—What is the greatest organ in the world?—The organ of speech in woman.—Why is it the greatest? Because it is an organ without stops.

At all seasons, when the system is foul and the digestive powers feeble, or the liver and kidneys inactive, Burdock Blood Bitters are required.

There are two kinds of fools in this world; the rich, for starting so many absurd and ridiculous fashions; and the poor, for trying to follow them.

When Patrick saw the announcement in a shop window, "Great Slaughter in Clothing," he stepped in and inquired for "wan of them kilt suits."

Why is it, that, when a church is burned, nothing is so difficult to save as the organ? Because the fire-engine cannot play upon it.

Use Haggard's Pectoral Balsam for coughs and colds. It is an excellent throat and lung healer.

Talk about patience on a monument! For a picture of calm content observe a plumber waiting for his helper to go to his shop for tools.

"Better to suffer wrong than to do wrong," because then you can sue for damages.

The happy father of twins recently sent the following message to a brother in the West: "Immense joy—we got two twins to-day—more hereafter."

"I would not marry the best man living," she said.

And she kept her vow from the first; Though she neither lived nor died an old maid, She married one of the worst.

The humor of the alleged funny men who write newspaper paragraphs, is the only humor that Burdock Blood Bitters won't cure, it might purify some of them, however.

"Standing room only."—The dude's pants.

Choosing a wife is very much like choosing a beefsteak—You often find it pretty tough when you had hoped to find it tender.

Men of Enter-pries—the burglar and his jimmy.

The worst mode of travel—taking a pony of brandy or a schooner of beer.

The centre of gravity—an English joke.

PROOF FROM THE PRESS.

"Burdock Blood Bitters has struck the chord of popular favour. Testimonials of its efficacy in curing Dyspepsia, Liver Complaint, Debility, etc., seem very abundant and convincing."—*Coburg Sentinel-Star.*

nourishment drawn from the food is carried into every part.

The process by which the food is turned into matter fit to mix with the blood is called digestion. This process we will now briefly describe. The first process to which food is subjected on being placed in the mouth is mastication or chewing—the food being moved about by the tongue is moistened with a liquid called *Saliva*, which flows into the mouth from six glands called *Salivary* glands, which serve to effect certain changes in the food, and to moisten the mouth and render swallowing easy. These glands pour saliva into the mouth even at the thought of food, and this is what is meant by “making the mouth water,” these glands having much to do with the relish of food in a natural appetite. The food being mixed with the *saliva* and sufficiently chewed passes down the throat, thence into the passage called the gullet and thence into the stomach, which is like a bag, broader at the upper end than the lower. The opening through which the food enters is called the *Cardiac Orifice*. All over the inner coating or mucous membrane of the stomach there are little cups or cells which hold and give out a peculiar fluid called *Gastric* juice; this juice is passed from these cells into the stomach the moment solid food enters—in a similar manner to that mentioned of the salivary glands. The stomach moves about during digestion with a churn-like motion that brings the food in contact with all its sides that the gastric juice may act upon it. The effect of this gastric juice is to dissolve the food in the stomach, which in a healthy state it does in from one to five hours, according to the kind of the food taken. When more food is taken than the gastric juice can act upon, or when the substance is hard to digest, then great distress is caused. The food is prevented from immediately passing out of the stomach by the closing of the narrow end called the *Pylorus*. This, however, opens from time to time, allowing as much as is dissolved to pass through. The food, when dissolved in the stomach, becomes a thick cream-like liquid called *Chyme*, which, passing out of the *Pylorus*, enters the first portion of the small intestines called the *Duodenum*. Into this canal a small tube opens, made up of two others, one of which brings bile from the gall bag, which has been gathered or formed in the *Liver*, and the other bringing pancreatic juice from the *Pancreas*. Both of these juices mix with the *Chyme* or dissolved food, and not only cause certain changes in it but the bile assists in causing a peculiar motion of the bowels necessary for digestion—healthy bile, therefore, being nature’s true cathartic. From the inner coat of the intestines another fluid flows and mixes with the digested matter, thus turning the *Chyme* into what is called *Chyle*. This *Chyle* is therefore the proceeds of

digestion, containing all the nourishment obtained from the food. Now another set of vessels come into action, the duty of which is to absorb or suck up all the juices thus formed and carry them forward to be changed into new blood. The first of these vessels are called *Lacteals*, or milk vessels. They arise in the lining of the small intestines, being very small tubes with numerous glands. These *Lacteals* suck in the *Chyle* and pour it into a tube laying along the spine called the *Thoracic Duct*. Into this same tube another set of absorbing vessels, called *Lymphatics*, bring a watery fluid, called *Lymph*, which they have sucked up from various parts of the body, and then the mixture travels up the *Thoracic Duct* and is poured into a large vein on the left side of the neck, and from there it flows direct to the heart, the grand organ or force pump of circulation, passing through the first chamber or right *Auricle* of the heart, thence to the right *Ventricle* or lower chamber, thence through the pulmonary artery into the lungs, where the blood is purified by contact of the air we breathe; returning it goes to the left *Auricle*, is forced into the left *Ventricle*, whence it is urged through the *Aorta*, or great artery, to all parts of the body, returning by the veins to the heart for another round. When all the nourishment has been taken from the *Chyle*, the waste matter passes through the colon, or straight intestine, down, through and out, as excrement; any retention of this excrement constitutes costiveness or inaction of the bowels, which is the cause of much suffering and disease.

THE BOWELS.

THE IMPORTANCE OF THEIR REGULAR ACTION.

The Bowels or Intestines begin at the lower orifice of the Stomach, and are about five times as long as the body is tall. The Bowels have a muscular coating and an inner mucous surface, filled with blood vessels and secreting glands. The food is pushed along by the spasmodic muscular contractions. A limited form of digestion is carried on in the Bowels, the bile and pancreatic juice changing the starch into sugar and aiding in the digestion of fats. If nerve power is lost in the absorbing glands of the Bowels, a bad assimilation of the food occurs, resulting in diarrhoea and other irregular action.

CONSTIPATION.—When the worn-out or effete matter is retained in the bowels beyond the time of its natural expulser the absorbents carry the poisonous fluids and foul gases into the circulation, resulting in serious blood poisoning, with a general derangement of all the organs; piles and often fistula and other painful troubles occur. Fevers are liable to set in, or ill health generally prevails, for there can be no

FEBRUARY, 1886.

Watch for the postman's well-known ring,
A merry Valentine he may bring.

MOON'S PHASES.

	Ontario.			Maritime Pro.		
	d.	h.	m.	d.	h.	m.
New M'n.	3	10	15 p.m.	3	11	15 p.m.
First Qr.	11	9	16 p.m.	11	10	16 p.m.
Full M'n.	18	1	15 p.m.	18	2	15 p.m.
Last Qr.	25	0	11 p.m.	25	1	11 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont and Maritime Provinces.		Province of Quebec.		Moon rises.	Weather probabilities.	
		Sun rises	Sun sets.	Sun rises	Sun sets.			
		h. m.	h. m.	h. m.	h. m.			
1	Mo	7 34	5 29	7 11	4 49	5 41	<i>Fair and frosty weather.</i>	
2	Tu	7 33	5 30	7 09	4 51	6 23		
3	We	7 32	5 32	7 08	4 52	Sets.		
4	Th	7 31	5 34	7 06	4 54	6 19		
5	Fri	7 30	5 35	7 05	4 55	7 18		
6	Sat	7 29	5 36	7 03	4 56	8 16		
6) 5th Sunday after Epiphany.								
7	Su	7 28	5 38	7 02	4 57	9 14	<i>Cold</i>	
8	Mo	7 27	5 39	7 01	4 59	10 14		
9	Tu	7 25	5 40	7 00	5 01	11 15	<i>rain</i>	
10	We	7 23	5 42	6 59	5 03	A.M.		
11	Th	7 22	5 43	6 57	5 04	0 19	<i>or snow.</i>	
12	Fri	7 20	5 45	6 55	5 05	1 21		
13	Sat	7 19	5 46	6 53	5 07	2 26		
7) 6th Sunday after Epiphany.								
14	Su	7 18	5 47	6 51	5 09	3 28	<i>Hard frost.</i>	
15	Mo	7 16	5 48	6 49	5 10	4 28		
16	Tu	7 15	5 50	6 48	5 12	5 25		
17	We	7 14	5 51	6 47	5 14	6 14		
18	Th	7 12	5 53	6 45	5 15	Rises		
19	Fri	7 10	5 54	6 43	5 17	7 18		
20	Sat	7 08	5 56	6 41	5 18	8 33		
8) Septuagesima Sunday.								
21	Su	7 07	5 57	6 40	5 20	9 43		<i>Fair cold</i>
22	Mo	7 05	5 58	6 38	5 22	10 50		
23	Tu	7 04	5 59	6 36	5 23	11 56	<i>weather.</i>	
24	We	7 02	6 01	6 34	5 25	A.M.		
25	Th	7 00	6 03	6 33	5 26	1 03	<i>Rain and snow.</i>	
26	Fri	6 59	6 04	6 31	5 27	1 56		
27	Sat	6 57	6 05	6 29	5 29	2 48		
9) Sexagesima Sunday.								
28	Su	6 56	6 07	6 27	5 30	3 36		

WIT AND WISDOM.

A bad crew—The cork screw.

The healthiest feasts cost the least.

What is the difference between a hill and a pill? One is hard to get up, and the other is hard to get down.

Little Sugar Coated Burdock Pills are not hard to get down.

Every woman who wants to marry goes for protection. After marriage she believes in free trade—at the dry goods store.

"Are there any of the big guns of the church around?" asked a reporter. "Yes," said a man at the vestry door, "the gentleman just inside is a canon."

Nine times out of ten the woman who is worth her weight in gold marries a man who is not worth his weight in scrap-iron.

There is great neglect with most people to maintain a regular action of the bowels, which causes much disease. Burdock Blood Bitters relieves constipation.

Mount Etna is continually troubled with Eruptions; perhaps she takes a drop too much of the Crator. She hasn't Etna greater amount than usual. Burdock Blood Bitters cures Eruptions.

A clergyman meeting an inebriated neighbour, exclaimed, "Drunk again, Wilkins!" to which Wilkins, in a semi-confidential tone, responded, "So am I, parson!"

"Will you please give me an almanac, sir?" asked a six-year old at the door of a grocer's shop. "Does your mother buy her tea here?" was the proprietor's cautious reply. No, sir, but she sometimes borrows your handcart!"

This is the season of coughs and colds, Hagar's Pectoral Balsam speedily cures throat and lung troubles.

Scene in the cars: A candy boy passing through a car meets a cross old gentleman, and says "Pop corn! pop corn!" "Hain't got no teeth" angrily replied the man. "Gum drops! gum drops!" calls the smart boy.

"Can you spell the word saloon?" was asked of a cockney. "Certainly," said the Londoner, with a look of triumph. There's a hess, and a hay, and a hell, and two hoes, and a hen."

Comic writers are the most gloomy dyspeptic and bilious individuals on earth. If Josh Billings would only take Burdock Blood Bitters he might get over his bad spells and be able to write something funny.

The postmaster sometimes stamps his feet.

PROOF FROM THE PRESS.

"Burdock Blood Bitters deserves favourable consideration; has a good sale in this locality."—*St. Catharines Journal.*

health expected with a costive habit of the Bowels. Constipation is truly the "Father of Disease," being the primary cause of very much of the sickness from which people suffer. Thus we see how much depends upon perfect digestion of good nourishing food, and a perfect action of this important channel, the Bowels, as an escape or outlet of waste matter. And we see, too, how much we possess the chances of health in our own keeping.

THE LIVER.

This, the largest of the glandular organs, is located principally upon the right side, under the right lung. It usually weighs about 4 pounds, and is of a spongy nature. It forms bile from the venous blood, and a secretion which contributes to animal heat. It also destroys albuminous matter in the food, and forms urea, which the kidneys pass off. Every drop of blood passing through the Liver, that vital fluid is filtered or strained thereby. The bile from the Liver stimulates the Bowels to a natural movement, and when acting properly keeps the Bowels regular without medicine; but when the Liver is inactive all goes wrong. The Liver is subject to many forms of disease. The common diseases of the Liver are Inflammation, Jaundice and Cirrhosis or hardening. The bile sometimes becomes thick and hardened, forming Gall Stones, which cause great pain and serious sickness. Jaundice is known by the yellow skin, yellow eyes, nausea and general biliousness, it being an overflow of bile into the blood. The Liver is very easily deranged; it may have too much or too little bile, and in either case serious illness follows. Liver poison in the blood is the predisposing cause of Malaria, Ague and other Biliary troubles so commonly known.

Liver Complaints and Bilious diseases constitute nearly three-quarters of all the sickness from which mankind suffers.

THE BLOOD AND ITS CIRCULATION.

You have seen in our article upon the Stomach and Digestion, how the proceeds of digestion, the *Chyle*, is mixed with Lymph and carried to the heart in the form of blood, and that this fluid contains particles of all the substances required for building up the body and repairing the waste constantly going on. This liquid has solid particles in it, the red and the white *Corpuscles*. Blood will clot upon exposure to the air, which happily prevents a person bleeding to death if wounded in the veins. The blood contains about 80 per cent. of water. When the elements of food have become blood, they are carried to the heart,

as described, where the circulation is controlled by this self-acting force-pump. The arteries supply blood to every part of the body. These arteries terminate in small capillary or hair-like tubes, in which occur chemical changes, the oxygen of the red or arterial blood repairing the water in the system, its place being taken by the carbonic acid gas, which changes red to blue or venous blood, the blue blood returning through the veins to the heart to be re-purified; the veins possessing small valves, the blood cannot flow backward but must ever go onward. It requires about half a minute for the blood to make the entire circuit of the body, and any hindrance to free and perfect circulation is sure to bring ill results. Passing on its course through the pulmonary arteries, or arteries of the lungs, the blood is purified by the oxygen of the air we breathe, and is returned, as we have seen, through the pulmonary veins to the heart, pure, bright red blood, fitted to perfectly nourish the body. When the blood contains *Uric Acid*, Palpitation, Valvular disease, Rheumatism and other serious troubles follow.

You have seen how the blood passes through the liver by the Portal vein, traveling through the entire substance, forming bile which is conveyed by the gall duct into the Duodenum or large portion of the bowels. This is another process of its purification and an important feature in the circulation. The contraction of the heart driving the blood through the arteries of the lungs is its next important source of purification. Then comes the strongest contraction of the heart forcing the blood in the Aorta or great Artery, and thence over the entire body. Thus we see how in harmony all the organs act towards the maintenance of perfect health during right action, and how one organ acting wrong will disturb and disorganize all the others.

BAD BLOOD.

Without pure blood there can be no perfect health. With a free circulation of pure blood disease is impossible. Errors in diet, bad drink, bad air, a torpid liver, with constipated bowels, makes bad blood, and bad blood poisons the whole system and brings exhaustion and disease. Pure air and exercise give good circulation; wholesome, nourishing food gives nutritious blood. When the blood is bad it is often loaded with bile from an overcharged liver, or with uric acid from the kidneys. Then we have Rheumatism, Neuralgia; and the poisonous secretions that should escape from the bowels, the kidneys and the skin, are circulated through the system and break out in foul humors, eruptions, etc.; or if pent up, lead to fevers, inflammation, and serious disease. Therefore, take only simple, nourishing food, abundance of pure air, and drink pure

MARCH, 1886.

Thou h wild waves roar and winds blow
shill,
The sun soon bids them "Peace be still."

MOON'S PHASES.

	Ontario.			Maritime Pro.		
	d.	h.	m.	d.	h.	m.
New M'n.	5	5	4 p.m.	5	6	4 p.m.
First Q'r.	13	8	17 a.m.	13	9	17 a.m.
Full M'n.	19	11	37 p.m.	20	0	37 p.m.
Last Q'r.	27	5	44 a.m.	27	6	44 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont. and Maritime Provinces.		Province of Quebec.		Ontario.
		Sun rises	Sun sets	Sun rises	Sun sets	Moon rises.
		h. m.	h. m.	h. m.	h. m.	h. m.
1	Mo	6 54	6 07	6 26	5 31	4 22
2	Tu	6 52	6 08	6 24	5 33	5 00
3	We	6 51	6 10	6 22	5 35	5 37
4	Th	6 49	6 11	6 29	5 36	6 05
5	Fri	6 47	6 12	6 18	5 37	Sets.
6	Sat	6 45	6 13	6 16	5 39	7 05

10) Shrove Sunday.

7	Su	6 44	6 15	6 14	5 40	8 09
8	Mo	6 42	6 16	6 12	5 42	5 10
9	Tu	6 40	6 17	6 10	5 43	10 11
10	We	6 38	6 18	6 08	5 45	11 13
11	Th	6 37	6 20	6 06	5 46	A.M.
12	Fri	6 35	6 21	6 04	5 47	0 18
13	Sat	6 33	6 22	6 03	5 49	1 17

11) Quadregesima Sunday.

14	Su	6 32	6 23	6 01	5 50	2 18
15	Mo	6 30	6 24	5 59	5 52	3 13
16	Tu	6 28	6 25	5 57	5 53	4 02
17	We	6 26	6 27	5 55	5 54	4 47
18	Th	6 24	6 28	5 53	5 55	5 29
19	Fri	6 22	6 30	5 51	5 57	Rises
20	Sat	6 20	6 31	5 49	5 58	7 18

12) 2nd Sunday in Lent.

21	Su	6 19	6 32	5 47	6 00	8 29
22	Mo	6 17	6 33	5 45	6 01	9 37
23	Tu	6 15	6 35	5 43	6 03	10 42
24	We	6 13	6 36	5 41	6 04	11 44
25	Th	6 12	6 38	5 39	6 05	A.M.
26	Fri	6 19	6 39	5 37	6 07	0 40
27	Sat	6 08	6 40	5 35	6 08	1 31

13) 3rd Sunday in Lent.

28	Su	6 07	6 41	5 33	6 10	2 19
29	Mo	6 06	6 42	5 31	6 11	2 59
30	Tu	6 04	6 44	5 29	6 12	3 36
31	We	6 02	6 44	5 27	6 14	4 08

SENSE AND NONSENSE.

A spark may raise an awful blaze.

A wife should be like roast lamb, tender and nicely dressed. No sauce required.

What is the difference between a camel and some men whom we could mention? A camel will work for 7 or 8 days without drinking, while some men will drink for 7 or 8 days without working.

Broken down conditions of the system that require a prompt and permanent tonic to build up the blood and restore failing vitality will be benefited at once by Burdock Blood Bitters.

"How big was Alexander, pa,
That people called him great?
Could he up-end his mother-in-law
The best five times in eight?"

When two girls meet they kiss. When two men meet they don't. That shows who want to be kissed the worst.

A western paper chronicles a marriage in this suggestive style: The couple resolved themselves into a committee of two, with power to add to their number."

"What you been a doin'?" asked a boy of his playmate whom he saw coming out of the house with tears in his eyes. "I've been chasing a birch rod round my father," was the snarling reply.

Apply Burdock Porous Plasters to cure a lame back or soreness of the chest.

"We're in a pickle now!" said a man in a crowd. "A regular jam!" said another. "Heaven preserve us!" said an old lady.

Medical Fact—The more a woman's waist is shaped like an hour glass, the quicker the sands of her life run out.

If you are troubled with a chronic cough contracted during the winter break it up at once with *Haggard's Pectoral Balsam*.

The windows opened more would keep the doctors from the door.

Why should soldiers be rather tired on the first of April? Because they have just had a March of thirty-one days.

The rain falls *not* alike on the just and unjust, for the simple reason that the unjust usually has the umbrella belonging to the just.

Always make it a rule to never say anything before a man's face that you wouldn't dare to say behind his back.

A little three year old, in admiring her brother, exclaimed, "He's got a boiled head, like papa."

PROOF FROM THE PRESS.

"Burdock Blood Bitters has an excellent reputation in this locality as a remedy for diseases of the Blood, Liver and Kidneys."
—*Hamilton Evening Times*.

Weather probabilities.

Fair

weather,
changeable.Cold
rainif wind
is west
and snow
if east.

Fair

and
frosty.

Changeable

and

wet

weather.

water, take pleasurable exercise, keep the bowels and kidneys free, and the outlets open to carry off morbid accumulations. **Burdock Blood Bitters** PURIFY THE BLOOD by acting upon the *bowels*, the *liver*, the *kidneys*, and the *skin*, while they nourish and enrich this vital fluid and strengthen the whole system. As every drop of blood passes through the liver to be cleansed, keep this organ in healthy action, and all the channels of health open by this grand purifying regulator.

SCROFULA.—This prevalent disease indicates a bad condition of the blood, which is either inherited or acquired, although the term derives its name from the latin *Scrofu* (a pig) indicating that it is the result of eating pork. Yet it often occurs where no such food is taken. It is simply bad blood, low vitality, and imperfect nutrition. Scrofula is the great pre-disposing cause of consumption; it also leads to glandular swellings, enlarged joints, swelled neck, thickening of the lips, sore eyes, abscesses, running sores, and wasting diseases. It usually commences early in life and develops as age advances, and if not inborn, may be acquired from a bad habit of the body, bad air, improper diet or any cause that will poison and impair the blood. The treatment is plainly indicated. We have shown how the liver is the great cleansing organ of the system. Set this great keeper of the health in proper action, and keep all the channels free to expel foul humor, while building up healthy tissues by making healthy blood and perfect secretions. Enlarged Glands, Tumors, Swellings, and old Sores will rapidly disappear as the old corruptions are purged away and healthy blood takes their place to nourish the body.

Burdock Blood Bitters is the grand remedy for Scrofula and all Humors and Impurities of the Blood.

Read the remarkable cure of Rev. Wm. Stout, of Warton, Ont., who was a sufferer from the worst form of Scrofulous Abscess for 23 years. He was treated by 17 surgeons, the best medical skill in the land, and found no relief until he combined the external and internal use of **Burdock Blood Bitters**, which restored him to perfect health, and is considered the most remarkable cure on record. Send for a complete history of his wonderful experience.

THE KIDNEYS.

There are two kidneys, one on the right and the other on the left side, the left being situated under the stomach, and the right under the liver and near the middle of the back.

Their office is to secrete Urine and filter

the water from the venous blood; they strain off from the body those worn out particles, the products of decay, which contain nitrogen in the form of *Urea*, which in excess would poison the blood, causing Rheumatism and other serious diseases.

The kidneys may take on irritation, congestion and inflammation, but with these exceptions they do not, as a rule, primarily cause disease, yet much disease is often erroneously ascribed to them. The kidneys are too often blamed for what they are not guilty of. It has been the fashion for some medical men and writers to lay too much blame for ill health upon the kidneys when they were rather passive than active as regards causing disease. Very true, a wrong action would greatly impair health and seriously affect other organs, but the truth really is that other organs are at first in fault before the kidneys are affected at all; their action bad, though it may be, is secondary and not primary. That is to say, with a proper action of the Four Cardinal Points of Health, the Stomach, the Liver, the Bowels, and the Blood, the Kidneys would take care of themselves; and there yet remains the case to be recorded where an individual in otherwise perfect health, had diseased kidneys, or that the kidneys were the sole cause of illness. The kidneys are simply outlet channels like the skin, and it would be absurdly ridiculous to say that a man's skin was the sole cause of his illness and broken down constitution. If the kidneys are diseased, rest assure there is a cause lying back of those organs that produced the trouble, and that cause in 99 cases out of 100, lies in their sympathy with one or more of the organs constituting the *Four Cardinal Points of Health*.

Whenever the kidneys suffer in sympathy with these organs, you have in addition to other troubles, irregular action of the kidneys, aching back, urinary weakness, heat and pain, with weakness across the small of the back, retention of the urine, in some cases, in others an immoderate flow of too great frequency. Sometimes scalding in its nature, sometimes bloody or mixed with slime or mucous, sometimes a gravel or sandy sediment like brick dust; Bright's Disease, Diabetes or sugary urine, an excess of uric acid, producing rheumatism, etc., may exist. But rest assured that whatever the symptoms may be, your system needs renovating and your blood correcting and purifying. And one great advantage of **Burdock's Blood Bitters** is that one or two bottles will produce an immediate beneficial effect, it being a highly concentrated compound of prompt diuretic power, its healthful effect upon the kidneys through the primary source of disease, is soon experienced. Read the certificates of John Morrison, W. A. Edgars, and other remarkable cases, and note the prompt and permanent cure in their cases.

APRIL, 1886.

Our lives are like an April day,
Dark clouds blend with the sunshine gay.

MOON'S PHASES.

	Ontario.			Maritime Pro.		
	d.	h.	m.	d.	h.	m.
New M'n.	4	9	31 a.m.	4	10	31 a.m.
First Qr.	11	3	44 p.m.	11	4	44 p.m.
Full M'n.	18	9	59 a.m.	18	10	59 a.m.
Last Qr.	26	0	16 a.m.	26	1	16 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont and Maritime Provinces.		Province of Quebec.		Moon rises.
		Sun rises.	Sun sets.	Sun rises.	Sun sets.	
		h. m.	h. m.	h. m.	h. m.	
1	Th	5 59	6 45	5 25	6 15	4 40
2	Fri	5 57	6 46	5 23	6 15	5 09
3	Sat	5 56	6 47	5 21	6 18	5 38
14) 4th Sunday in Lent.						
4	Su	5 54	6 49	5 19	6 19	Sets.
5	Mo	5 52	6 49	5 17	6 20	8 03
6	Tu	5 50	6 50	5 15	6 22	9 07
7	We	5 48	6 51	5 13	6 23	10 11
8	Th	5 47	6 52	5 11	6 25	11 12
9	Fri	5 46	6 53	5 09	6 26	A.M.
10	Sat	5 44	6 54	5 07	6 27	0 13
15) 5th Sunday in Lent.						
11	Su	5 42	6 56	5 05	6 29	1 08
12	Mo	5 40	6 57	5 03	6 30	1 28
13	Tu	5 38	6 58	5 02	6 31	2 43
14	We	5 36	6 59	5 00	6 33	3 25
15	Th	5 34	7 01	4 58	6 34	4 08
16	Fri	5 32	7 02	4 56	6 35	4 33
17	Sat	5 30	7 03	4 54	6 36	5 12
16) Palm Sunday.						
18	Su	5 28	7 06	4 52	6 37	Rises
19	Mo	5 26	7 07	4 50	6 38	8 22
20	Tu	5 25	7 09	4 49	6 40	9 27
21	We	5 23	7 10	4 47	6 42	10 27
22	Th	5 22	7 11	4 45	6 43	11 22
23	Fri	5 21	7 13	4 43	6 45	A.M.
24	Sat	5 20	7 14	4 42	6 46	0 12
17) Easter Sunday.						
25	Su	5 19	7 15	4 40	6 47	0 55
26	Mo	5 18	7 16	4 38	6 49	1 34
27	Tu	5 17	7 17	4 37	6 50	2 08
28	We	5 15	7 18	4 35	6 51	2 40
29	Th	5 14	7 19	4 34	6 53	3 10
30	Fri	5 12	7 20	4 32	6 54	3 38

INTERESTING ITEMS.

Health is the reward of cleanliness.

HEADACHES.—All forms are nearly always symptomatic, and are curable by keeping the stomach and bowels in order and equalizing the circulation of the blood, all of which Burdock Blood Bitters will best accomplish.

The kindest and the happiest pair
Will find occasion to forbear,
And something every day they live—
To pity, and perhaps forgive.

"Have you brought your gimblet with you?" "Hush, Johnny!" said Mrs. Yerger. "Go to bed, sir!" remarked Colonel Yerger. "What do you mean?" asked Gus. "I don't mean nuffin; except I heard Pa say you were coming up this evening to bore us all."

Sam Jones, the Georgia revivalist, says that waltzing is nothing but hugging set to music. Some confounded fool must have given the snap away.

Those who suffer from Dyspepsia, Biliousness, Constipation, Headache, or any irregular action of the Stomach and Liver, should resort at once to the use of Burdock Blood Bitters.

A cyclone resembles a woman because when it makes up its mind to go somewhere all earth can't stop it.

There is no better handy household remedy for Aches, Pains, Lameness, Soreness, Accidents and Injuries, than Hagar's Yellow Oil.

"The deeds that men do live after them," while their "duds" are divided among the afflicted relatives.

"Pat, have you any prairies in Ireland, like we have in Illinois?" "To be sure we have. Didn't yez iver hear of Tipperary?"

Those who try Burdock Blood Bitters as a regulator of the bowels, or to purify the blood, aid digestion, regulate the liver and kidneys, or strengthen tired nature, are agreeably surprised at the prompt benefit derived.

"He tried to kiss me and I just told him to behave," said an irate young lady after a sleigh ride. "Well, did he kiss you?" asked the friend. "No; the idiot, he behaved."

"This is a nice time to come home and a nice state you're in," she said. "Nice time!—nice state! Thanks, lovely. I thought you were going to scold me."

PROOF FROM THE PRESS.

"When backed by such evidence as Burdock Blood Bitters brings in its favor, we are ready to throw aside all prejudice."—*Paris Review.*

Weather probabilities.

Cold rain if wind is west and snow if E.

Fair

and

mild.

Changeable

with

frequent

showers.

Frost

unless

wind

is south

or S. W.

DISEASES OF THE SKIN

The pores of the skin form an important outlet for the waste matter in the blood, and remove feverish obstructions by sweating, and other morbid matter by insensible perspiration. The skin is as good as a third lung for breathing purposes. Disease can often be conveyed through the skin by absorption, and many remedies may be effectually used through the medium of the skin. A disordered stomach and bowels, a bad liver or bad blood, cause a blemished skin. To have the complexion fair and pure, you must have pure blood. There are many diseases of the skin, such as *Acne*, *Impetigo*, *Eczema*, and many other dry or pustular eruptions, *boils*, *blotches*, *salt rheum*, etc., but one and all come from bad blood, obstructed pores, and poor circulation, unless caused by some irritant or animacula. Cosmetics are worse than useless as beautifiers—most of them positively hurtful. Make pure blood and regulate all the secretions with **Burdock Blood Bitters**, which act upon the *Bowels*, the *Kidneys*, and the *Skin*, to expel all foul humors; and they will positively cure all skin diseases, from a common pimple to the worst scrofulous sore.

Although neither the skin or the kidneys are direct causes of organic disease, yet disease may be retained in the system by their wrong action, or may be transmitted through them as mediums. The skin should, therefore, be kept scrupulously clean and the pores open, to have perfect health.

GENERAL AND NERVOUS DEBILITY.

There is a class of diseases, where the physical and often the mental powers are exhausted, where no pain or irritation can be discovered, and yet the sufferer is slowly wearing out. This condition we call *General Debility*. When it proceeds from nervous irritation, or nervous exhaustion, it is called *Nervous Debility*. This is the growing malady of the times, owing to the fast age in which we live, and the various indiscretions and lack of observance of physical laws. There is a sense of indisposition to exertion, loss of strength, loss of memory, languor, weariness, faintness, dizziness, fluttering of the heart, an all-gone exhausted feeling and depression of spirits, with a wasting of flesh from lack of vitality in the blood. Whatever the cause, the remedy plainly indicated is met in **Burdock Blood Bitters**, which revitalizes the blood, invigorates the nervous system, and establishes perfect nutrition—gives strength to the exhausted and waning powers of life. **Burdock Blood Bitters** is the grand blood renovating tonic in all exhausting forms of

disease. **HYSTERIA** the peculiar nervousness of females connected with **UTERINE troubles**, **EPILEPSY** or **FITS**, **PALPITATION** of the **HEART**, **NEURALGIA**, **NERVOUS HEADACHE**, **PALSY** or **PARALYSIS**, and many other varieties of **NERVOUS AFFECTIONS**, are dependant upon poor circulation of the **Nervous** and **Vital fluids**, which **Burdock Blood Bitters** might, by its early use, prevent or remedy.

FEMALE COMPLAINTS.

There is an alarming tendency towards physical weakness, increasing with every generation, among the females of our land. The three critical periods of woman's life are at the turn when passing from youth to maidenhood, from maidenhood to motherhood, and from motherhood to old age. During these periods the system undergoes important changes that require a healthy action of all the organs to give the necessary vigor to safely pass these changes of life so peculiar to females, such as **PAINFUL PERIODS**, **SUPPRESSION**, **EXHAUSTING DISCHARGES**, and *Female Weakness* with all its attendant evils.

GOOD BLOOD and **FREE CIRCULATION** are the main springs of health. **Burdock Blood Bitters** unlocks all the secretions, makes pure, rich, nourishing blood, and promotes a healthy action to every organ, driving out all poisonous humors, and giving strength to the feeble frame.

Burdock Blood Bitters is, therefore, one of the best regulators known for all varieties of **Female Complaints**.

READER.

«In the foregoing pages we have treated the grand relation of the *Four Cardinal Points of Health* towards preventing nearly every class of chronic disease, and have shown how applicable is **Burdock Blood Bitters** to aid in the work; all that is required upon your part is to give this **Sovereign Remedy** an impartial trial to be convinced that its genuine merits have not half been told. If you suffer from any chronic disease, before you abandon hope, no matter what else has failed, give it a fair trial and let not prejudice stand in the way of relief. True as the needle to the pole, acting upon the **Four Cardinal Points**, **Burdock Blood Bitters** will guide you from the shoals and quicksands of disease into the pleasant harbor of **Health**.

NOTE.—*There is sufficient in each bottle for one month's treatment.*

Price, One Dollar.

MAY, 1886.

May, bright month of birds and flowers,
Like unto childhood's sunny hours.

MOON'S PHASES.

	Ontario.			Maritime Pro.		
	d.	h.	m.	d.	h.	m.
New M'n.	3	10	42 p.m.	3	11	42 p.m.
First Qr.	10	9	20 p.m.	10	10	20 p.m.
Full M'n.	17	8	47 p.m.	17	9	47 p.m.
Last Qr.	25	6	36 p.m.	25	7	36 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont. and Maritime Provinces.		Province of Quebec.		Ontario.	Weather probabilities.	
		Sun rises	Sun sets	Sun rises	Sun sets			Moon rises.
		h. m.	h. m.	h. m.	h. m.			h. m.
1	Sat	5 10	8 21	4 31	6 55	4 08		
18) 1st Sunday after Easter.								
2	Su	5 09	7 23	4 29	6 56	4 38	Fair	
3	Mo	5 08	7 24	4 28	6 58	Sets.		
4	Tu	5 07	7 25	4 26	7 00	7 59	weather.	
5	We	5 05	7 26	4 24	7 02	8 04		
6	Th	5 03	7 28	4 22	7 03	10 06		
7	Fri	5 01	7 29	4 21	7 04	11 05		
8	Sat	5 00	7 30	4 19	7 05	11 57		
19) 2nd Sunday after Easter.								
9	Su	4 59	7 31	4 17	7 06	A.M.	If wind	
10	Mo	4 58	7 32	4 15	7 07	0 45		
11	Tu	4 57	7 33	4 15	7 09	1 27	is N.-W.	
12	We	4 56	7 34	4 14	7 10	2 03		
13	Th	4 55	7 35	4 13	7 11	2 39	fair,	
14	Fri	4 53	7 35	4 12	7 13	3 12		
15	Sat	4 52	7 36	4 10	7 14	3 46	S. or S.W.	
20) 3rd Sunday after Easter.								
16	Su	4 51	7 37	4 09	7 15	4 20	Changeable	
17	Mo	4 49	7 38	4 08	7 16	Rises		
18	Tu	4 48	7 39	4 07	7 18	8 14	with	
19	We	4 41	7 40	4 06	7 19	9 11		
20	Th	4 46	7 41	4 05	7 20	10 04	local	
21	Fri	4 45	7 42	4 04	7 21	10 51		
22	Sat	4 45	7 43	4 03	7 22	11 34	showers.	
21) 4th Sunday after Easter.								
23	Su	4 44	7 44	4 02	7 23	A.M.	Warm	
24	Mo	4 44	7 45	4 01	7 24	0 09		
25	Tu	4 43	7 46	4 00	7 25	0 38	Warm	
26	We	4 43	7 47	3 59	7 26	1 11		
27	Th	4 42	7 48	3 58	7 27	1 41	and	
28	Fri	4 42	7 49	3 58	7 28	1 09		
29	Sat	4 41	7 50	3 57	7 20	2 36		
22) Rogation Sunday.								
30	Su	4 41	7 51	3 56	7 20	3 07	fair.	
31	Mo	4 40	7 52	3 56	7 21	3 39		

FACTS AND FUN.

The dude is like a match, because his head is the light end.

"You seem to cough with more difficulty this morning," said a doctor to a witty patient of his. "That is rather surprising for I have been practising all night." Haggard's Pectoral Balsam cures the most troublesome cough.

Among the many thousand bottles of Haggard's Yellow Oil sold annually in Canada, not one has ever failed to give satisfaction. It cures Rheumatism, Sprains, Bruises, and all painful complaints and injuries.

An Irishman caught a bee after it had stung him, and examining it carefully, he said: "Ye dirty little blaggart! Yez bin sittin' round till yez worn the sate out of yer breeches, an' bedad oi've found yer knoife sthicken through the whole in yer hip-pocket, yer little haythen!"

Much of the weary weakness peculiar to females is caused by irregularities that could be promptly remedied with that Excellent Regulating Tonic, Burdock Blood Bitters.

Loose habits lead to tight bandages.

On what days are the strengthening effect of Burdock Blood Bitters best shown? On (weak) days.

"You're opaque," said an exasperated spectator at a concert to a huge fellow standing in front of him. "No! I'm O'Callaghan," was the serene reply.

When is the best time to take a blood purifier? Whenever the blood is foul and humors appear, or when the system is debilitated, take Burdock Blood Bitters.

The base-drum player makes more noise than anybody else; but he doesn't lead the band. There is a moral in this.

There is no rival for Dr. Fowler's Extract of Wild Strawberry. It is the acknowledged champion for the cure of all Summer Complaints.

An Irishman fresh from the "old country" saw a turtle for the first time, and at once made up his mind to capture it. The turtle caught him by the finger, and he, holding it out at arm's length, said, "Faith, and ye had better let loose the howl ye have, or I'll kick you out of the very box ye sit in, be jabers!"

What is the difference between Burdock Blood Bitters and a steel trap? A steel trap's virtues are chiefly in the spring, but Burdock Blood Bitters show their virtues the year round.

WARNING.

The most suddenly fatal diseases of Summer and Fall are the various forms of Bowel Complaints, which Dr. Fowler's Extract of Wild Strawberry will promptly remedy.

CHRONIC HUMOR CURED.

Isaac Brown, Bothwell, Ont.—CHRONIC HUMOR IN THE BLOOD. Cured by 1 bottle. Says it was worth more than \$500 paid for other medicine.

George M. Nolan, Toronto, Canada.—CHRONIC ULCER ON LEG. Cured by 3 bottles.

DYSPEPSIA CURED.

What a prominent citizen of Leamington says :

Mr. JAMES MORE, a well-known resident of Leamington, says he was suffering from Dyspepsia for one year, during which time he was treated by the best medical aid possible to obtain, from which he obtained no relief. He finally tried Burdock Blood Bitters, and now declares that one bottle cured him. His wife had also been a sufferer from Chronic Dyspepsia for many years, and two bottles of the same medicine cured her. He says she would not be without it, and that he can conscientiously recommend Burdock Blood Bitters to all suffering from like cause.

After Fifteen Years.

T. MILBURN & Co., Toronto.

DEAR SIRS,—I had suffered for fifteen years with Dyspepsia, and tried with almost every known remedy to effect a cure, but without success. Last summer I grew so bad that I had given up all hopes of living, when a friend persuaded me to send to J. E. Kennedy's drug store in Cobourg, and procure a bottle of Burdock Blood Bitters. I did so, and the third day after I commenced using it I began to feel better, and before I had finished the first bottle I was able to be up and around at work, and after taking three bottles I was completely cured, and am now in better health than I had been for 20 years.

Before using your Bitters I would not have given ten cents for my chance of living, and now I am in the best of health, and you have my permission to publish this that others suffering as I was may read and be benefited.

A. BURNS, Blacksmith,
Kingston Rd, 3 miles east of Cobourg.

TORPID LIVER.

Sept. 7th, 1885.

Messrs. T. MILBURN & Co.

I have used your Burdock Blood Bitters with the greatest satisfaction, for Constipation and Torpid Liver, for which I had tried several other remedies to no purpose. I now feel like a new man.

HARMAN L. LUTES,
Lutes Mountain, N.B.

KIDNEY COMPLAINT CURED.

ST. ANNS, Victoria Co., N.S.

November 20th, 1883.

Messrs. T. MILBURN & Co., Toronto:

GENTLEMEN,—A friend of mine, one John Morrison, was so seriously affected with a disease of the Kidneys that marked symptoms of Dropsy were rapidly developing. He consulted several physicians but with little or no benefit, and himself and friends had concluded that death would soon end his sufferings. A month ago he was induced to try your Burdock Blood Bitters. The relief was instantaneous, and now, after using but a couple of bottles, he is daily at his work. I have never known any medicine to perform such an almost miraculous cure; indeed, were I not an eye-witness of the case I could not well believe such rapid recovery from so low a state possible. The case is much talked of in the neighborhood.

Yours, etc.,

D. J. McLEOD.

Parties interested may address John Morrison, care of D. J. McLeod, J.P., St. Anns, N.S., for further particulars in this case.

MALCOLM, ONT.

I have received more lasting benefit from your Burdock Blood Bitters than from any medicine I ever used. I may say that from being a skeptic I have become a confirmed believer in the efficacy of B. B. B. I had been troubled with Dyspepsia for years, and after taking two bottles there is not a symptom of it left, and I have a good appetite and feel in better health generally than I have felt for years.

I take pleasure in recommending it to my friends.

I am, yours faithfully,

DANIEL SULLIVAN.

From the *St. John, P.Q., News.*

Among the Shakers.

A correspondent of the *News and Advocate*, St. Johns, P.Q., writes that a former resident named Whittier, has been on a visit—all the way from Enfield, N.H. He reports that the Shakers at Enfield have fifteen acres in Burdock this season. We continue this article in the correspondent's own words—he says: "Won't there be a chance for us all to get a bottle of Burdock Blood Bitters? By the way, speaking of Blood Bitters, one of our neighbors, Daniel Aldrich, was sick almost unto death; we all thought he was booked for a through passage, by the Consumption route, but he has recovered and is in good health. He claims that two bottles of Burdock Bitters did the cure." This notice is neither solicited or paid for.

JUNE, 1886.

Month of sweet clover, birds, and bees,
Calm quiet hours 'neath greenwood trees.

MOON'S PHASES.

	Ontario.		Maritime Pro.	
	d.	h. m.	d.	h. m.
New M'n.	2	8 55 a.m.	2	9 55 a.m.
First Qr.	9	2 27 a.m.	9	3 27 a.m.
Full M'n.	16	8 39 a.m.	16	9 39 a.m.
Last Qr.	24	11 35 a.m.	24	0 35 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont and Maritime Provinces.		Province of Quebec.		Ontario.	Weather Probabilities.	
		Sun rises	Sun sets	Sun rises	Sun sets	Moon rises.		
		h. m.	h. m.	h. m.	h. m.	h. m.		
1	Tu	4 39	7 53	3 55	7 32	4 18	<i>Fine if wind is N.-W., rain if S. or S.-W.</i>	
2	We	4 38	7 54	3 55	7 33	Sets.		
3	Th	4 37	7 55	3 54	7 34	8 56		
4	Fri	4 37	7 56	3 53	7 35	9 52		
5	Sat	4 37	7 56	3 53	7 35	10 43		
23) 1st Sunday after Ascension.								
6	Su	4 36	7 56	3 52	7 36	11 27	<i>Cool with rain.</i>	
7	Mo	4 36	7 57	3 52	7 37	A.M.		
8	Tu	4 36	7 57	3 52	7 28	0 06		
9	We	4 36	7 58	3 52	7 38	0 43		
10	Th	4 36	7 58	3 51	7 39	1 17		
11	Fri	4 35	7 59	3 51	7 40	1 49		
12	Sat	4 35	7 59	3 51	7 40	2 22		
24) Pentecost Whit Sunday.								
13	Su	4 34	8 00	3 51	7 41	2 54		<i>Changeable weather, warmer.</i>
14	Mo	4 34	8 01	3 51	7 41	3 52		
15	Tu	4 33	8 01	3 51	7 42	4 11		
16	We	4 33	8 01	3 51	7 42	Rises		
17	Th	4 34	8 02	3 51	7 42	8 46		
18	Fri	4 34	8 02	3 51	7 42	9 30		
19	Sat	4 35	8 03	3 52	7 43	10 08		
25) Trinity Sunday.								
20	Su	4 36	8 03	3 52	7 43	10 40	<i>Fair and fine.</i>	
21	Mo	4 36	8 03	3 52	7 43	11 12		
22	Tu	4 36	8 03	3 52	7 43	11 40		
23	We	4 36	8 03	3 52	7 44	A.M.		
24	Th	4 37	8 03	3 53	7 44	0 07		
25	Fri	4 37	8 03	3 53	7 44	0 36		
26	Sat	4 38	8 03	3 53	7 44	1 05		
26) 1st Sunday after Trinity.								
27	Su	4 39	8 03	3 54	7 44	1 38		
28	Mo	4 39	8 03	3 54	7 44	2 12		
29	Tu	4 39	8 03	3 54	7 44	2 48		
30	We	4 39	8 03	3 55	7 44	3 40		

PLEASANT PARAGRAPHS.

Too much bed makes a dull head.

If you have a dollar bill, what is the best use for it? Purchase a bottle of Burdock Blood Bitters. That is the best thing for the *bill-use*.

Why is Burdock Blood Bitters like kind words? Because it banishes bad humor.

"A farmer's wife" wants to know if we can recommend anything to destroy the "common grub." We guess the next tramp comes along could oblige you, if the family can't stand your cooking.

The ravages of Cholera Infantum and Summer Complaints among children is truly alarming. The most reliable cure is Dr. Fowler's Wild Strawberry. Every bottle guaranteed to give satisfaction.

"Boy, can I go through this gate to the river," politely inquired a fashionably-dressed lady.—"Yes m; a load of hay went through this morning," was the urchin's horrid reply.

Burdock Blood Bitters cures dyspepsia and liver complaint.

A new Gender.—"Of what gender is Thomas?" asked a teacher of a grammar school. "Thomas is of the masculine gender," replied his pupil. "Of what gender is Susan?" continued the teacher. "Susan is of the crinoline gender, of course," was the quick reply.

The most suddenly fatal diseases of Summer and Fall are the various forms of Bowel Complaints which Dr. Fowler's Extract of Wild Strawberry will promptly relieve and cure.

"The matter is that the rotten thing is full of moths, you miserable—" "Mots!" do you say?" indignantly interrupted the dealer, "Mots! Vat do you expect to find in a seven dollar overcoat? Humming birds?"

Why are Mrs. Freeman's Worm Powders like the small boy when fishing? Because though they won't catch any fish they are sure death to the worms.

One girl in the kitchen is worth two at the front gate.

What is the difference between a barrel of madder and a bottle of Burdock Blood Bitters? A barrel of madder is good for the dyer—Burdock Blood Bitters is good for the *liver*.

Is life worth living? *That depends on the Liver.*

Burdock Blood Bitters regulate the liver and thus make life worth living.

PROOF FROM THE PRESS.

"Burdock Blood Bitters has worked some remarkable cures in chronic diseases of the Blood, Liver and Kidneys, and its popularity seems rapidly on the increase, both with dealer and public."—*Woodstock Sentinel.*

KIDNEY AND LIVER COMPLAINT.

GENTLEMEN.—I have been using your Burdock Blood Bitters and Burdock Pills for Kidney and Liver Complaint combined. I was given up by my doctor to die; and he said I might try your Burdock remedies. In a few days I found such great relief and felt so much better that everybody said—"Why, how well you are looking!" I took the remedies right along for a month; and I can say am now entirely cured. I cannot say too much for B. B. B. I shall keep the medicine in my house and recommend it to all my friends. It relieves Constipation, and is truly wonderful in its effects.

E. C. MCGOVERN,
28 Townsend St., Syracuse, N.Y.

A Complicated Case.

MEAFORD, Ont., July 6th, 1885.

Messrs. T. MILBURN & Co.

I have been using your Burdock Blood Bitters for Rheumatic Gout in my feet and chronic trouble of the Stomach and Liver, and am pleased to say that after all other remedies had failed and I had almost concluded that I was incurable, B. B. B. gives me strong hopes of recovery. It is doing me good and I wish to continue the medicine. I am a travelling advertisement of its virtues.

Yours faithfully,
HARRY RICARDO.

P.S.—I don't forget to recommend Haggard's Yellow Oil for lameness. I can now walk better than for six months past, from its effects in Rheumatism. And for deafness it worked wonders in my case.

H. R.

BAD BLOOD CURED.

TORONTO, June 20th, 1885.

This is to certify that I have been troubled with Boils, Headache, and pains in my back. One bottle of Burdock Blood Bitters has completely cured me. I am feeling well as ever I did.

With best wishes for the success of Burdock Blood Bitters,

I am yours truly,
E. L. PURVIS.

Another of Hundreds.

BADDECK, Cape Breton, N.S.

Aug. 14th, 1885.

I can truly say that I am among the many hundreds that have proved the merits of Burdock Blood Bitters.

For many years I have been troubled with weakness in my back, pain between

my shoulders, sick stomach, general debility, and many distressing symptoms, rendering me unfit for labor. I was entirely discouraged, when I saw your Burdock Blood Bitters recommended in similar troubles. I tried it, and to my great joy and surprise, I found quick relief, gained strength, and soon was able to resume work. I believe, were it not for Burdock Blood Bitters, I should be in my grave. Others of my acquaintance, afflicted like me with Liver and Kidney troubles, have been helped by the same valuable remedy, etc., etc. Extract from a long letter from

JOHN H. HALL,
Baddeck, Cape Breton, N.S.

HEADACHE.

YARMOUTH, N.S., Sept. 1885.

SIRS,—Being a great sufferer from headache, I purchased a bottle of Burdock Blood Bitters, and am pleased to say that after taking a few doses I was entirely free from headache and in the enjoyment of good health. I will recommend B. B. B. to everyone I know thus afflicted.

Yours truly,
GEORGE WYMAN.

Mrs. U. ASTON, of Bracebridge, writes to say that B. B. B. cured her of headache from which she had suffered for five years.

LIVER COMPLAINT.

July 20th, 1885.

I feel it my duty to say that Burdock Blood Bitters has cured my wife of Liver Complaint from which she has been a chronic sufferer, having tried a great many medicines without benefit. The pains in her side, shoulders and back, headache and other distressing symptoms, soon gave way after taking B. B. B. I can highly recommend your medicines to all sufferers, hoping they will find them as beneficial as I have.

Yours truly,
JOHN BORTON,
Algoma, Desert Post Office.

Thus we might go on filling page after page with facts of wonderful cures made by this wonderful medicine, but lack of space forbids, and the above are fair samples of what it has done and will do. *We guarantee all statements positively genuine and true. We will refund the money where our goods fail to perform as advertised.*

JULY, 1886.

Now the noontides sunbeams play.
Mid the swathes of new mown hay.

MOON'S PHASES.

	Ontario.		Maritime Pro.	
	d.	h. m.	d.	h. m.
New M'n.	1	5 07 p.m.	1	6 07 p.m.
First Qr.	8	8 18 a.m.	8	9 18 a.m.
Full M'n.	15	10 09 p.m.	5	11 09 p.m.
Last Qr.	24	2 21 a.m.	24	3 21 a.m.
New M'n.	31	0 26 a.m.	31	1 26 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont and Maritime Provinces.		Province of Quebec.		Moon rises.	Ontario.	Weather probabilities.
		Sun rises.	Sun sets.	Sun rises.	Sun sets.			
		h. m.	h. m.	h. m.	h. m.	h. m.		
1	Th	4 40	8 03	3 56	7 43	7 40		
2	Fri	4 41	8 03	3 57	7 43	8 35		<i>Fine</i>
3	Sat	4 42	8 03	3 57	7 43	9 24		<i>warm</i>
27) 2nd Sunday after Trinity.								
4	Su	4 42	8 03	3 58	7 42	10 07		<i>weather.</i>
5	Mo	4 42	8 02	3 59	7 42	10 46		
6	Tu	4 43	8 02	3 59	7 41	11 19		
7	We	4 44	8 02	4 00	7 40	11 52		
8	Th	4 45	8 01	4 01	7 40	A. M.		<i>Changeable</i>
9	Fri	4 45	8 01	4 02	7 39	0 25.		
10	Sat	4 46	8 00	4 03	7 38	0 57		<i>with</i>
28) 3rd Sunday after Trinity.								
11	Su	4 47	8 00	4 04	7 37	1 33		<i>thunder</i>
12	Mo	4 48	7 59	4 05	7 37	2 12		<i>showers.</i>
13	Tu	4 49	7 59	4 05	7 36	2 54		
14	We	4 49	7 58	4 06	7 36	3 41		
15	Th	4 50	7 58	4 07	7 35	Rises		
16	Fri	4 51	7 57	4 08	7 34	8 07		
17	Sat	4 52	7 57	4 09	7 33	8 41		<i>Frequent</i>
29) 4th Sunday after Trinity.								
18	Su	4 52	7 56	4 10	7 33	9 16		
19	Mo	4 52	7 56	4 11	7 32	9 44		
20	Tu	4 53	7 55	4 12	7 32	10 12		<i>showers.</i>
21	We	4 53	7 54	4 14	7 31	10 40		
22	Th	4 54	7 53	4 15	7 30	11 07		
23	Fri	4 54	7 53	4 16	7 29	11 37		
24	Sat	4 54	7 52	4 17	7 28	A. M.		<i>Cooler</i>
30) 5th Sunday after Trinity.								
25	Su	4 55	7 51	4 18	7 27	0 08		
26	Mo	4 55	7 50	4 19	7 26	0 35		<i>with</i>
27	Tu	4 56	7 49	4 20	7 25	1 27		
28	We	4 58	7 48	4 21	7 23	2 17		
29	Th	5 00	7 46	4 23	7 22	3 16		<i>rain.</i>
30	Fri	5 02	7 45	4 24	7 21	4 21		
31	Sat	5 04	7 43	4 25	7 20	Sets.		

TIMELY TOPICS.

How does Burdock Blood Bitters resemble a pig? Because its roots are conducive to fat.

Destroy the worms or they may destroy the children. Use Freeman's Worm Powders, they expel all kinds of worms.

THREE THINGS.—The following lines were copied from an album:

Three things to admire—intellectual power, dignity and gracefulness.

Three things to love—courage, gentleness and affection.

Three things to hate—cruelty, arrogance and ingratitude.

Three things to delight in—frankness, freedom and beauty.

Three things to wish for—health, friends and a cheerful spirit.

Three things to avoid—idleness, loquacity and flippant jestings.

Three things to fight for—honor, country and home.

Three things to govern—temper, tongue and conduct.

In what great feature does Burdock Blood Bitters resemble a yacht? In its immense (sale.)

"I'm in love with your figure," the young man sighed;

"You cipher me, then," the young lady replied.

"Let's add both our fortunes and then divide."

And then they were married and multiplied.

Why is Burdock Blood Bitters a curiosity in the insect world? Because although it contains three B's there is no *hum-bug* about it.

Offering candy to an elephant is like offering marriage to an old maid. She may turn up her nose but she accepts it all the same.

Here's a positive fact that occurred in one of the public schools in this city recently: A small boy was asked to name some part of his own body. He thought a moment and then replied: "Bowels; which are five in number—a, e, i, o and u, and sometimes w and y."

Why is Hagyard's Yellow Oil like a hail storm on a sky-light? Because it destroys great (pains.)

"Please, I want to buy a shilling's worth of hay." "Is it for your father?" "Oh, no; it's for the horse; father doesn't eat hay!"

PROOF FROM THE PRESS.

"Burdock Blood Bitters has become almost a household necessity, and is creeping well to the very front ranks. Over 25,000 bottles were sold in the past three months."
—Kingston Whig.

"MUCH IN LITTLE."

BURDOCK PILLS

Or Small Sugar-Coated Granules.



These elegant little sugar-coated grains are designed not only as a perfect and reliable family cathartic or laxative pill, but also to aid Burdock Blood Bitters where the system is very foul or bilious, and to prepare the system in obstinate chronic diseases for the more rapid and thorough work of the Bitters. Being in the form of LITTLE GRAINS, HIGHLY CONCENTRATED AND STRICTLY VEGETABLE, they replace the old nauseous bolus

and large pills, so objectionable to many. Little Burdock Pills work upon the Bowels and Liver, carrying off the bad bile and regulating Constipation in the most perfect manner.

Price 25c. per Phial, or 5 for \$1.

Burdock Healing Ointment,

An Invaluable Dressing for all Sores, Ulcers, Old Wounds hard to heal, and for all the purposes of a perfect Ointment - Purely Vegetable, Cleansing Soothing, and Healing.

Price 25 cents, or 5 for \$1.



One of the most elegant and perfect Porous Plasters made, for Weak Back, Weak Lungs, Pain in the Back or Side, Kidney Complaints, etc., etc.

Price 25 cents. Sold by all Druggists.

Be sure you ask for Burdock Lung and Kidney Porous Plaster, and take no other. Every Plaster warranted to be one of the best mechanical supports, containing medicinal virtues that are absorbed through the skin to strengthen the muscular system, imparting a warm tonic effect to the diseased parts of the chest, side or back.

Abscesses' and Running Sores.

T. MILBURN & Co. :

Your preparation, Burdock Blood Bitters, I have used with the greatest satisfaction for cleansing the blood. I was afflicted with a running sore of the worst description, which baffled the best medical skill. I was a great sufferer; for three months my life was a burden; when I bought from Mr. Patterson (my druggist) Burdock Blood Bitters and Burdock Ointment, which I used, and soon commenced to improve to my great joy and the surprise of my friends.

I remain gratefully yours,
GEORGE RUSSELL.

NOTE.—I heard Mr. Russell say if there was only one box of Burdock Healing Ointment in the world he would give his farm (worth \$8,000) for it.

Yours,
GEO. PATTERSON, Druggist,
Aurora, Ont.

CAMPBELLVILLE, ONT.,
February 10th, 1885.

MESSRS. T. MILBURN & Co. :

DEAR SIRS,—Hearing of the virtues of Burdock Blood Bitters, I tried a bottle for the cure of a serious Abscess that had formed upon my daughter's neck. We had tried the usual remedies with no effect, but before she had finished taking one bottle of the Bitters, the abscess was cured and her system thoroughly restored to perfect health. I cannot too highly recommend Burdock Blood Bitters for such a case as that of my daughter.

I remain respectfully yours,
EDWIN DAVENPORT.

COBourg, ONT., May 17th, 1884.

T. MILBURN & Co., Toronto :

DEAR SIRS,—I had been troubled with Rheumatism in my feet for several months last year, when it gradually worked up to my hips. All the medicine that I took gave me no relief, and I was suffering untold pain. Some of my neighbors recommended Burdock Blood Bitters, and when next in Cobourg I went to Kennedy's Drug Store and I got a bottle, and I must say that it had a wonderful effect and I felt immediate relief, and after using one bottle the pain was all gone. If I ever feel any Rheumatic pains coming on I immediately have recourse to Burdock Blood Bitters, and immediately find relief, and further, I would recommend anyone suffering with Rheumatism to take your medicine.

Thankfully yours,
MRS. G. D. WARD,
Township of Haldimand.

AUGUST, 1886.

'Neath low green boughs the cattle cool,
And slake their thirst in the limped pool.

MOON'S PHASES.

	Ontario.			Maritime Pro.		
	d.	h.	m.	d.	h.	m.
☾ New M'n.	6	4	06 p.m.	6	5	06 p.m.
☾ First Qr.	14	1	24 p.m.	14	2	24 p.m.
☾ Full M'n.	22	2	42 p.m.	22	3	42 p.m.
☾ Last Qr.	29	7	54 a.m.	29	8	54 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont. and Maritime Provinces.		Province of Quebec.		Moon rises.	Weather probabilities.
		Sun rises	Sun sets.	Sun rises	Sun sets.		
		h. m.	h. m.	h. m.	h. m.		
31) 6th Sunday after Trinity.							
1	Su	5 06	7 42	4 26	7 18	8 41	<i>Local thunder showers.</i>
2	Mo	5 07	7 41	4 27	7 17	9 18	
3	Tu	5 08	7 40	4 29	7 15	9 52	
4	We	5 09	7 38	4 30	7 14	10 27	
5	Th	5 10	7 36	4 31	7 12	11 00	
6	Fri	5 11	7 35	4 32	7 11	11 35	
7	Sat	5 12	7 34	4 34	7 09	A. M.	
32) 7th Sunday after Trinity.							
8	Su	5 13	7 33	4 35	7 07	0 13	<i>Warm weather.</i>
9	Mo	5 14	7 32	4 37	7 06	0 53	
10	Tu	5 15	7 30	4 38	7 04	1 39	
11	We	5 16	7 28	4 39	7 03	2 28	
12	Th	5 18	7 26	4 40	7 01	3 19	
13	Fri	5 19	7 25	4 42	6 59	4 14	
14	Sat	5 20	7 24	4 43	6 58	Rises	
33) 8th Sunday after Trinity.							
15	Su	5 22	7 23	4 44	6 56	7 47	<i>Look for very rainy weather.</i>
16	Mo	5 23	7 21	4 46	6 55	8 16	
17	Tu	5 24	7 19	4 47	6 53	8 45	
18	We	5 25	7 18	4 48	6 51	9 10	
19	Th	5 26	7 17	4 49	6 50	9 38	
20	Fri	5 27	7 16	4 51	6 48	10 10	
21	Sat	5 29	7 14	4 52	6 46	10 42	
34) 9th Sunday after Trinity.							
22	Su	5 30	7 12	4 53	6 44	11 22	<i>Changeable, more pleasant.</i>
23	Mo	5 31	7 10	4 55	6 42	11 57	
24	Tu	5 32	7 08	4 56	6 40	A. M.	
25	We	5 33	7 06	4 57	6 38	1 00	
26	Th	5 34	7 04	4 59	6 36	2 00	
27	Fri	5 36	7 02	5 00	6 34	3 05	
28	Sat	5 37	7 00	5 01	6 32	4 20	
35) 10th Sunday after Trinity.							
29	Su	5 38	6 58	5 02	6 30	Sets.	<i>Wind storms prevail.</i>
30	Mo	5 39	6 57	5 03	6 28	7 48	
31	Tu	5 40	6 56	5 04	6 26	8 23	

PROSE AND POETRY.

Bad drainage causes much sickness, and bad blood and improper action of the liver and kidneys is bad drainage to the human system, which Burdock Blood Bitters remedy.

ONLY.

Only a baby, kissed and caressed,
Gently held to a mother's breast.

Only a child, toddling alone,
Brightning now its happy home.

Only a boy trudging to school,
Governed now by sterner rule.

Only a youth, living in dreams,
Full of promise life now seems.

Only a man struggling with life,
Shared in now by loving wife.

Only a grey beard, toddling again,
Growing old and full of pain.

Only a grave, o'ergrown with grass,
Dreams unrealized, rest at last.

Why are those who take Burdock Blood Bitters like the small boy on circus days? Because their delight is *in tents*.

There's danger in the glass, Beware lest it enslaves. They who have drained it find, alas! Too often early graves. It sparkles to allure, With its rich, ruby light; There is no antidote or cure. Only its course to fight. It changes men to brutes; Makes women bow their head; Fill homes with anguish, want, disputes, And takes from children bread. Then dash the glass away, And from the serpent flee: Drink pure cold water day by day And God's footstool free!

There is no remedy known to medical science that is more positive in its effect, to cure Cholera Morbus, Colic, Diarrhea, Dysentery, Cholera Infantum, and all Bowel Complaints than Dr. Fowler's Extract of Wild Strawberry.

PROOF FROM THE PRESS.

"The results of the use of Burdock Blood Bitters have been highly satisfactory in the cure of diseases of the Blood, Liver and Kidneys. One of our prominent druggists orders in gross lots."—*Montreal Star*.

THE OLD FAVORITE.

ALWAYS RELIABLE.

DR. FOWLER'S EXTRACT OF WILD STRAWBERRY

Is nature's specific for all Bowel Complaints; always reliable as a cure for Cholera, Cholera Morbus, Colic, Cholera Infantum, Diarrhoea, Dysentery, and all Fluxes and Summer Complaints of Children or Adults.

This purely Vegetable Remedy combines the healing, cooling, soothing, astringent, antiseptic and tonic properties of the Wild Strawberry Plant, with other cleansing and healing herbs, whose action is safe and effectual to remedy all fluxes of whatever nature, and from whatever cause arising; forming the most safe, pleasant and effectual cure known for Cholera, Cholera Morbus, Dysentery, Diarrhoea, Colic, Cramp, Canker of the Stomach and Bowels, Nausea, Sea Sickness, Piles, Leucorrhoea, and all diseases of the Mucous surface of the Stomach, Bowels, etc. Free from Opiates or hurtful drugs—it is safe alike for Infant or Adult. For Cholera Infantum and the disturbed condition of the system of children teething, it is peculiarly adapted.

It has stood the test for over thirty years, and more popular and better appreciated now than ever, giving universal satisfaction wherever fairly tested.

NOTE THIS.—The proprietors will gladly furnish names and testimonials of of cures to the satisfaction of any applicant.

SUMMER COMPLAINTS.

The most prevalent and dangerous diseases incident to summer and early fall are Cholera Morbus, Cholera Infantum, Diarrhoea, Dysentery, Colic, and bilious attacks, that occur suddenly, and are often suddenly fatal. Cholera is now supposed to be caused by a specific microscopic germ; hence the use of disinfectants and great cleanliness should be observed. Cholera Morbus and Canadian Cholera are modified forms of Asiatic Cholera, with many symptoms in common, such as purging, cramps, and collapse. Nearly all summer complaints are due to bad blood and unhealthy bile, and are excited by improper diet, bad air and water, colds, unripe fruit, fermenting food, and anything that will induce an excess of biliary symptoms. Some forms of bowel complaint are very painful; where there is painless diarrhoea it is often dangerous, being due to a weak and watery

state of the blood. These complaints are often attended by nausea and vomiting. Never neglect what seems but a simple diarrhoea; but beware of preparations containing opiates and powerful astringents. Never check the discharges too suddenly, lest inflammation be induced. The offending bile and bad matter must escape, and mild antibilious laxatives will often aid nature in the work. In the absence of a physician, for any of the above named diseases, use our Dr. Fowler's Extract of Wild Strawberry according to directions, and our Hagar's Pain Remedy, applied externally with the aid of hot packs, fomentations, and the sweating process. Dr. Fowler's Extract of Wild Strawberry is Nature's specific for all forms of bowel complaints. Diet.—Dry toast, ground parched rice, barley water, gruel, or Irish Moss jelly, are proper articles of diet in bowel complaints. Slippery elm tea should be used in place of water for thirst. Injections of starch with a dozen drops of laudanum are serviceable after the passages are cleansed. Rest from all kind of labour should be observed in all fluxes of the Bowels.

There is no other remedy on earth so safe, reliable, natural, and effective, to cure all summer complaints. It is nature's specific for Cholera Morbus, valuable alike for infants or adults. Travellers and families should never be without it., Price 35 cents.

CHOLERA INFANTUM CURED.

TORONTO, September 18th, 1885.

GENTS,—My little baby, three months old, was during this summer attacked with severe summer complaint. Under the doctor's treatment no improvement was made, in fact she became worse rapidly, until her life was despaired of; as a last resort we tried Dr. Fowler's Extract of Wild Strawberry, which some neighbors highly recommended. The effect was magical—four doses of 10 drops each were given, resulting in perfect recovery.

The child is now in vigorous health, fat and hearty.

Yours respectfully,
JAS. BINNIS.

SUMMER COMPLAINT.

TWEED, ONT., Aug. 26th, 1885.

This is to certify that I have taken Dr. Fowler's Extract of Wild Strawberry with great benefit. I am subject to chills, cramps and pain in my stomach, especially when drinking much cold water; also for diarrhoea. One bottle entirely curing me of the worst attack and preventing further trouble.

A. McDONALD, Postmaster.
Mountain Grove, Ont.

SEPTEMBER, 1886.

The golden harvest now is o'er,
With wealth of grain and fruit in store.

MOON'S PHASES.

	Ontario.				Maritime Pro.			
	d.		h. m.		d.		h. m.	
First Qr.	5	2 56	a.m.	5	3 56	a.m.		
Full M'n.	13	5 50	a.m.	13	6 50	a.m.		
Last Qr.	21	4 56	a.m.	21	1 56	a.m.		
New M'n.	27	0 19	p.m.	27	5 19	p.m.		

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont. and Maritime Provinces.		Province of Quebec.		Ontario.	Weather probabilities.	
		Sun rises	Sun sets	Sun rises	Sun sets			Moon rises.
		h. m.	h. m.	h. m.	h. m.			h. m.
1	We	5 41	6 55	5 06	6 26	8 59		
2	Th	5 42	6 53	5 07	6 24	9 33	<i>Chilly</i>	
3	Fri	5 44	6 51	5 08	6 22	10 12		
4	Sat	4 45	6 49	5 09	6 20	10 52	<i>winds.</i>	
36) 11th Sunday after Trinity.								
5	Su	5 46	6 48	5 10	6 18	11 36	<i>Frequent</i>	
6	Mo	5 47	6 47	5 11	6 16	A.M.		
7	Tu	5 48	6 45	5 13	6 14	0 24	<i>showers.</i>	
8	We	5 49	6 43	5 15	6 12	1 14		
9	Th	5 50	6 41	5 16	6 10	2 07	<i>Cool</i>	
10	Fri	5 51	6 39	5 18	6 08	3 04		
11	Sat	5 53	6 37	5 19	6 06	3 59	<i>weather.</i>	
37) 12th Sunday after Trinity.								
12	Su	5 54	6 35	5 20	6 04	4 59		
13	Mo	5 55	6 33	5 21	6 02	Rises	<i>Unsettled</i>	
14	Tu	5 56	6 31	5 23	6 00	7 16		
15	We	5 27	6 29	5 24	5 58	7 43	<i>weather.</i>	
16	Th	5 59	6 27	5 25	5 56	8 13		
17	Fri	6 00	6 25	5 26	5 54	8 45	<i>Changeable.</i>	
18	Sat	6 01	6 23	5 28	5 52	9 21		
38) 13th Sunday after Trinity.								
19	Su	6 02	6 21	5 30	5 50	10 03		
20	Mo	6 03	6 19	5 31	5 48	10 52	<i>Expect</i>	
21	Tu	6 04	6 18	5 32	5 46	11 46		
22	We	6 05	6 17	5 33	5 44	A.M.	<i>much</i>	
23	Th	6 06	6 15	5 35	5 42	0 48		
24	Fri	6 08	6 13	5 36	5 40	1 55	<i>rain.</i>	
25	Sat	6 09	6 11	5 36	5 38	3 06		
39) 14th Sunday after Trinity.								
26	Su	6 10	6 09	5 38	5 36	4 21		
27	Mo	6 11	6 07	5 40	5 34	Sets.		
28	Tu	6 11	6 05	5 41	5 32	6 52	<i>Fair.</i>	
29	We	6 12	6 03	5 42	5 30	7 29		
30	Th	6 13	6 02	5 44	5 28	8 07		

RANDOM REMARKS.

Keep the head cool and the feet warm.

Why are Burdock Porous Plasters like the pages of this Almanac? Because they will prove valuable for many a (weak) back.

The most troublesome cough is sure to yield if timely treated with Hagyard's Pectoral Balsam. Pleasant to take and safe for young or old.

There is no better remedy for Scrofula than Burdock Blood Bitters.

If you put two persons in the same bedroom, one of whom has the toothache, and the other is in love, you will find that the person who has the toothache will go to sleep first.

The Clergy, the Medical Faculty, the Press and the People, all endorse Burdock Blood Bitters as the best system-renovating blood-purifying tonic known. Its worth bears out their best recommendation.

Never judge by appearances. A ten-dollar dude may have a two-dollar salary.

Why is Burdock Blood Bitters like a dude's suit of clothing? Because it gives tone to the young blood.

"Joseph Marmaduke Mullally, how dare you, sir," exclaimed the indignant mother of a—boy. "Take your sister's ear-muffs off your feet instanter, and find your rubbers. Don't be so lazy, sir."

Dominion Ten Cent Package Dyes are the Best in Use. 26 Beautiful and Durable Colors.

Why is Burdock Blood Bitters like the Sun? Because nothing on earth can come up to it.

A French lion-tamer quarrelled with his wife, a powerful virago, and was chased by her all around his tent. Being sorely pressed, he at last took refuge in the cage among the lions. "Oh, you contemptible coward," shouted his wife; "Come out if you dare!"

The popular remedy, Hagyard's Yellow Oil, is used both internally and externally, for Aches, Pains, Croup, Colds, Rheumatism, Deafness, and diseases of an inflammatory nature.

"Let me shine 'em, sir, for I have to support a sick brother at home, who is deformed and can't see."

"Don't do it," said the other one, "I am his deformed brother, and don't want to be under obligations to such a liar. He's got no brother, no how, and I can see better than he can."

PROOF FROM THE PRESS.

"Burdock Blood Bitters bears an excellent reputation in this market for diseases of the Blood and Liver. Unquestionable testimonials frequently appear in our columns."—*Meaford Monitor.*



For Internal and External Use.

Used externally it stops all pain, and prevents blistering of a burn as soon as applied. It prevents swelling, removes pain and discoloration of bruises, by a few applications. As a liniment or embrocation it has no equal for Rheumatism, Stiff Joints, Contracted Cords, Calloused Lumps, Painful Swelling, Sprains and Bruises, and lameness of every description. It has cured Chronic Rheumatism of years' duration, after all other means had failed. Stiff Joints have been relaxed that had resisted all other treatment. Neuralgia, Swelled Neck, Enlarged Glands, Spinal Disease, Lamé Back, and all muscular pain, lameness or soreness, speedily and effectually cured by this valuable embrocation. Nothing can equal Yellow Oil for Burns and Scalds, Frost Bites and Chilblains, Inflamed Breasts and Chafed Skin.

Internally used it is equally wonderful in its efficacy. One or two doses cures Hoarseness and Sore Throat. The sufferings of Asthma are relieved at the first dose, and in Croup it is almost a specific cure. Bronchitis and Swelled Tonsils yield to its curative influence. Taken inwardly in doses of from 10 to 30 drops on sugar or in water, it relieves Quinsy, Colds, Pains in the Chest, Stomach, Kidney Complaints, etc. "Hagyard's Yellow Oil" is an old established remedy, and, as the proof we offer will show, is now more popular with the people than ever. If the medicine happens to be new to you, ask your druggist regarding its sales and its merits. We can warrant it without hesitation to do all we claim for it. Its soothing, purifying, cleansing, and healing properties are unsurpassed by any medicine of its class in the world. Its powers of subduing inflammation, allaying pain, relaxing stiff joints or sinews, and healing all soreness and lameness of the flesh, are unequalled. Many bad cases of Chronic Deafness have been cured by this remedy, also Sprains, Wounds, Bruises, Burns, Frost Bites, Stings of Insects, etc. Among the many thousands of bottles sold annually throughout Canada, not one has ever been found unsatisfactory to the purchaser. No matter where the pain or soreness, or from what it arises, "Hagyard's Yellow Oil" is sure to give quick relief. In Throat Complaints, as a local application rubbed upon the parts, and applied on flannel, inhaled as a vapour,

or taken internally, it is sure to benefit. In brief, "Hagyard's Yellow Oil" is the most reliable, cheapest and best pain relieving medicine ever discovered.

Every bottle guaranteed to give satisfaction or money refunded.

Remarkable Cure of Deafness.

4 BOND ST., TORONTO,
May 18th, 1885.

MESSRS. T. MILBURN & CO. :

GENTLEMEN,—While using Hagyard's Yellow Oil for a bad attack of Rheumatism, which it quickly cured, I tried it as recommended for deafness, being afflicted with loss of hearing since 1877, often so deaf as to be unable to attend to business. I applied it daily in my ears on a little cotton. Great improvement first week; a few weeks' treatment cured me after eight years of distress. I have no doubt that the cure is permanent, as three months have elapsed since recovery. It is with great gratitude and joy I make this known to you, as well as for the benefit of others afflicted.

Yours faithfully,

HARRY RICARDO,
Agent for American and European
Fine Art Publishers.

BERRIDALE P.O., PARRY SOUND, ONT.

T. MILBURN & Co. :

SIRS,—As I always like to speak of a thing as I find it, I wish to bear testimony to the good effects of Hagyard's Yellow Oil, which I never feel safe to be without. For Swelled Neck, Enlarged Glands and Sore Throat, it is an invaluable remedy. Its internal and external use has not failed to give relief, and for my little ones I value it, it is so easy to administer.

I can recommend your medicines to all as truly valuable.

I remain yours truly,
MRS. HENRY DOBBS.

Hagyard's Yellow Oil cured C. Chard, Stirling, of a badly injured knee-joint.

Alderman Taylor, of Toronto, of rheumatism, after other treatment had failed.

Mrs. F. Taylor, Toronto, of inflammatory rheumatism. She says it saved her life.

Frank Spink, Wilton Avenue, Toronto; cured of a bad bruise and injury received by an accident on the G. T. R.

Original and genuine testimonials in full will be cheerfully presented for inspection to any interested, upon application to the proprietors.

OCTOBER, 1886.

From nut-brown woods with tinted leaves,
A glorious garland nature weaves.

MOON'S PHASES.

	Ontario.			Maritime Pro.		
	d.	h.	m.	d.	h.	m.
☾ First Qr.	4	5	34 p.m.	4	6	34 p.m.
☾ Full M'n.	12	10	24 p.m.	12	11	24 p.m.
☾ Last Qr.	20	9	41 a.m.	20	10	41 a.m.
☾ New M'n.	27	2	16 a.m.	27	3	16 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont and Maritime Provinces.		Province of Quebec.		Ontario.	Weather probabilities.
		Sun rises	Sun sets.	Sun rises	Sun sets.		
		h. m.	h. m.	h. m.	h. m.	h. m.	
1	Fri	6 15	6 00	5 45	5 26	8 46	
2	Sat	6 16	5 59	5 46	5 25	9 31	<i>Pleasant.</i>
40) 15th Sunday after Trinity.							
3	Su	6 17	5 57	5 47	5 23	10 18	
4	Mo	6 18	5 56	5 49	5 21	11 07	
5	Tu	6 19	5 55	5 51	5 19	A.M.	<i>Fair</i>
6	We	6 21	5 53	5 52	5 17	0 01	
7	Th	6 23	5 51	5 53	5 15	0 56	<i>and</i>
8	Fri	6 24	5 49	5 54	5 13	1 54	
9	Sat	6 25	5 47	5 56	5 11	2 51	<i>mild.</i>
41) 16th Sunday after Trinity.							
10	Su	6 26	5 45	5 57	5 09	3 49	
11	Mo	6 27	5 43	5 59	5 07	4 46	
12	Tu	6 28	5 41	6 01	5 05	Rises	<i>Fair with</i>
13	We	6 29	5 39	6 02	5 03	6 15	<i>frost in</i>
14	Th	6 31	5 38	6 03	5 01	6 46	
15	Fri	6 32	5 36	6 04	5 00	7 22	<i>some</i>
16	Sat	6 34	5 34	6 05	4 58	8 00	<i>localities.</i>
42) 17th Sunday after Trinity.							
17	Su	6 35	5 33	6 07	4 56	8 48	
18	Mo	6 36	5 31	6 09	4 54	9 39	
19	Tu	6 37	5 30	6 10	4 52	10 39	
20	We	6 38	5 28	6 12	4 50	11 42	<i>Fair</i>
21	Th	6 39	5 26	6 13	4 48	A.M.	
22	Fri	6 40	5 25	6 14	4 46	0 51	<i>if wind</i>
23	Sat	6 42	5 23	6 15	4 45	2 02	<i>is west,</i>
43) 18th Sunday after Trinity.							
24	Su	6 43	5 24	6 17	4 43	3 15	
25	Mo	6 45	5 22	6 18	4 42	4 27	<i>if S.-W.</i>
26	Tu	6 47	5 20	6 19	4 40	5 41	
27	We	6 48	5 18	6 21	4 38	Sets.	<i>rain.</i>
28	Th	6 49	5 16	6 22	4 36	6 37	
29	Fri	6 50	5 15	6 24	4 34	7 19	
30	Sat	6 51	5 13	6 26	4 33	8 06	<i>Changeable.</i>
44) 19th Sunday after Trinity.							
31	Su	6 53	5 12	6 2 8	4 32	8 57	

PUNGENT PARAGRAPHS.

A man cannot expect half a loaf when he loafs all of the time.

The June bug has a gaudy wing,

The lightning bug a flame;

The bedbug has no wings at all,

But he gets there all the same.

A STITCH IN TIME—saves nine. Serious results oft follow a neglect of constipated bowels and bad blood. Burdock Blood Bitters regulate and purify the stomach, bowels, liver, kidneys and the blood. Take it in time.

o

This is an apple, large and round,
At the top of the barrel always found.

o

This is the apple small and mean,
Always at the bottom seen.

Why is Dr. Fowler's Wild Strawberry like a cold winter? Because it stops all summer complaints.

Prof. Huxley has ascertained by laborious experiments that a full-grown man's heart should beat seventy-five times a minute, and his lungs inhale fifteen times a minute; that his skin should throw off eighteen ounces of water, 300 grains of solid matter, and 400 grains of carbonic acid every 25 hours, and that his weight should be 154 pounds.

The cures of Female Complaints and all chronic diseases made by Burdock Blood Bitters are not made by faith alone, but by works. They act upon the liver, kidneys, bowels and blood while invigorating the entire system.

It is fun to stand on a street corner on a fine afternoon and watch the men all rushing around trying to make money, and the women all floating around trying to spend it.

Why is Hagyard's Pectoral Balsam like a good fire? Because it is the best thing for the cold.

Full many a pumpkin from a field of corn Lies simmering in a kettle o'er the fire; Full many a tom-cat, long before the morn, Wakes sleepers by exclaiming, "O, Ma-ri-ar!"

CURE THAT COUGH.—You can do it easily, speedily and effectually if taken in time, and the remedy is safe and pleasant. Hagyard's Pectoral Balsam is the best cough-mixture in the market.

CURE FOR CHOLERA MORBUS.

Procure from your druggist one bottle of Dr. Fowler's Extract of Wild Strawberry and take it as directed. It cures all Bowel Complaints incident to early Fall.



THE BEST COUGH CURE

**The Most Pleasant and Perfect Throat
and Lung Healer in the World
for Children or Adults.**

This is no vain boast, but a fact that can be backed by unimpeachable evidence. One 25 cent bottle, indeed a trial dose, will prove its merits.

This soothing, healing and mucilaginous expectorant is composed of horehound, wild cherry, licorice, balsam tolu, and the best principles of other pectoral medicines, and is a true specific for all ALL THROAT AND LUNG DISEASES. It gives prompt relief in Cough, Colds, Hoarseness, Whooping Cough, Croup, Asthma, Influenza; and is a preventive of that terrible destroyer, Consumption. Obstinate Coughs yield at once to its expectorant, soothing and healing properties; even in confirmed Consumption it affords the sufferer great relief from the harassing cough.

A cough, however slight, should never be neglected. "Only a trifling cold," has been the lullaby song of many a victim to their last long sleep. Bad air, close apartments, damp clothing, neglect of wearing flannel and thick-soled shoes, sitting in crowded hot rooms, sudden exposure to cold draughts of air, allowing the body to cool too quickly after exercise, has marked many a victim for its own on the long death roll of Consumption. A cough should be loosened as speedily as possible, and all irritation allayed before it settles upon the lungs; for if the system be weak, the blood tainted with Scrofula, Catarrh or Consumption is sure to follow. At the very outset of a cold, equalize the circulation by warm drinks, or a teaspoonful of Hagyard's Pain Remedy should be taken, which, by the aid of perspiration, hot foot baths and warm clothing, will speedily break the cold. Habituating the body to the use of the bath is a good preventive of colds. A cough, however troublesome, soon yields to Hagyard's Pectoral Balsam, which loosens the phlegm and allays irritation. *Price, 25 cts.*

ASTHMA.

The symptoms of this distressing disease are tightness across the chest, difficult breathing, and a wheezing noise accompany-

ing respiration, worse at night or after retiring. During the paroxysm the Tincture of Lobelia, given in teaspoonful doses with sweetened water every quarter or half hour is considered specific, or Hagyard's Yellow Oil should be freely rubbed over the throat and chest, and taken in doses of 20 to 30 drops, or more if necessary, and Hagyard's Pectoral Balsam given freely to keep the bronchial tubes free and to render expectoration easy after the immediate paroxysm is over. Climates should be chosen where the air is dry, pure and bracing.

Messrs. T. MILBURN & Co. :

GENTS,—I beg leave to say to you and any person who may be troubled with weak lungs or coughs, that I had a very severe attack of Inflammation on the right lung, which left it in a very weak state for about a year, when I was completely cured by the use of Hagyard's Pectoral Balsam. I used about half a dozen bottles, and never have been troubled since that time, which is about six years ago.

Yours,
R. N. WHEELER,
Merchant, Everton.

HOPEFUL WORDS.—Mrs. McArthur, of Hopeville, Ont., says she could not keep house without Hagyard's Pectoral Balsam to cure prevailing throat and lung troubles.

DOWN IN DIXIE.—The wife of Mr. J. Kennedy, Dixie, was cured of a Chronic Cough by Hagyard's Pectoral Balsam. The best throat and lung healer known.

COUGHS, COLDS, BRONCHITIS, ASTHMA, and the BRONCHIAL troubles leading to CONSUMPTION, should be treated promptly with HAYYARD'S PECTORAL BALSAM.

GREENWOOD, ONT., Oct. 4th, 1885.

T. MILBURN & Co.

DEAR SIRS,—I have much pleasure in recommending Hagyard's Pectoral Balsam for Coughs and Colds. My eldest little girl was troubled with a very bad cough which nothing seemed to relieve; advised by a friend, I tried Hagyard's Pectoral Balsam, and before she had taken the second bottle her cough had disappeared. I have never been without it since that time, and have used a great many bottles with the most satisfactory results. My children all like it, and I can say that I never used anything that did so much good. Accept my thanks, and believe me,

Yours respectfully,
MRS. D. DONOVAN,

NOVEMBER, 1886.

Add fuel now to the dying ember,
Cold winds proclaim the bleak November.

MOON'S PHASES.

	Ontario.		Maritime Pro.	
	d.	h. m.	d.	h. m.
☉ First Qr.	3	0 05 p.m.	3	1 05 p.m.
☾ Full M'n.	11	2 07 p.m.	11	3 07 p.m.
☉ Last Qr.	18	5 40 p.m.	18	6 40 p.m.
☾ New M'n.	25	2 19 p.m.	25	3 19 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont. and Maritime Provinces.		Province of Quebec.		Moon rises.	Ontario.
		Sun rises	Sun sets.	Sun rises	Sun sets.		
		h. m.	h. m.	h. m.	h. m.		
1	Mo	6 54	5 10	6 29	4 30	9 50	
2	Tu	6 56	5 09	6 31	4 28	10 45	
3	We	6 57	5 08	6 33	4 27	11 45	
4	Th	6 58	5 06	6 34	4 25	A. M.	
5	Fri	7 00	5 05	6 35	4 23	0 42	
6	Sat	7 01	5 04	6 36	4 22	1 39	
45) 20th Sunday after Trinity.							
7	Su	7 03	5 03	6 37	4 22	2 36	
8	Mo	7 04	5 01	6 39	4 21	3 35	
9	Tu	7 06	5 00	6 41	4 20	4 34	
10	We	7 07	4 59	6 42	4 19	5 35	
11	Th	7 08	4 58	6 43	4 17	Rises	
12	Fri	7 09	4 57	6 45	4 16	6 00	
13	Sat	7 10	4 56	6 47	4 15	6 45	
46) 21st Sunday after Trinity.							
14	Su	7 11	4 55	6 48	4 14	7 34	
15	Mo	7 12	4 54	6 50	4 13	8 30	
16	Tu	7 13	4 55	6 52	4 12	9 33	
17	We	7 14	4 43	6 54	4 11	10 40	
18	Th	7 15	4 52	6 55	4 10	11 48	
19	Fri	7 17	4 52	6 56	4 09	A. M.	
20	Sat	7 18	4 51	6 57	4 07	1 01	
47) 22nd Sunday after Trinity.							
21	Su	7 19	4 51	6 58	4 06	2 11	
22	Mo	7 21	4 50	6 59	4 05	3 13	
23	Tu	7 22	4 50	7 01	4 05	4 34	
24	We	7 24	4 49	7 03	4 04	5 44	
25	Th	7 25	4 49	7 04	4 03	Sets.	
26	Fri	7 26	4 48	7 05	4 02	5 55	
27	Sat	7 27	4 47	7 06	4 02	6 45	
48) 1st Sunday in Advent.							
28	Su	7 28	4 46	7 08	4 01	7 38	
29	Mo	7 29	4 45	7 09	4 00	8 33	
30	Tu	7 30	4 44	7 10	4 00	9 31	

Weather probabilities.

Flurries

of

snow

and

rain.

Fair

and

mild.

Pleasant

weather.

Look out

for a

change.

VERSE AND VARIETY.

A truth ascertained is a life-pension gained.

Prompt means should be used to break up sudden colds and cure coughs in their early stages. Hagyard's Pectoral Balsalm does this most speedily and effectually.

The Lord's Prayer in Verse.

"Our father who in heaven art,
We sanctify thy name;
Thy kingdom come; Thy will be done
In Heaven and earth the same.
Give us this day our daily bread;
And us forgive Thou so,
As we on them that do offend
Forgiveness do bestow;
Into temptation lead us not,
But us from evil free;
For thine the kingdom, power, and praise
Is and shall ever be."

A NEW COMPLAINT.—Husband—My wife has a severe pain in the back of her neck and complains of a sort of sourness in the stomach.

Physician—She has malarial colic.

Husband—What shall I do for her?

(The girl at the central switches off to a machinist talking to a saw-mill man.)

Machinist to Husband—I think she is covered with scales inside about an inch thick. Let her cool down during the night and before she fires up in the morning take a hammer and pound her thoroughly all over, and then take a hose and hitch to a fire plug and wash her out.

Husband has no more need of this doctor.

Policemen are generally considered square men—at least they are not often round when you want one.

Health-giving herbs, barks, roots and berries are in Burdock Blood Bitters, which regulate all the secretions, purify the blood, and strengthen the entire system.

"Talking Rock."

Pickens County, Ga., has a post-office called Talking Rock. The origin of the name is thus stated: Someone discovered in the vicinity a large stone, upon which had been painted the words, "Turn me over." It required considerable strength to accomplish this, and when it was done, the command, "Now turn me back, and let me fool somebody else," was found painted on the under-side of the stone.

What are the last teeth that come? asked a Lynn teacher of her class in physiology. "False teeth, mum," replied a boy who had just waked up on the back seat.

PROOF FROM THE PRESS.

"No Blood Purifier bears better testimonials than Burdock Blood Bitters."—*Clinton Record.*

"Its sale and reputation are good in this locality."—*Almonte Gazette.*

WORMS.

BOTH children and adults are afflicted with worms occasionally, and the result is a variety of bad symptoms resembling many different diseases. In children there is more or less fever and restlessness, fetid breath, starting in the sleep, vomiting, diarrhoea, bloated bowels, picking at the nose, frequently a cough with great emaciation, pale pasty expression of the countenance, variable appetite, etc. Worms often give rise to convulsions or fits. There are five varieties of worms that infest the alimentary canal—the round worm, the thread worm, the long worm, the common tape-worm, and the broad tape-worm.

The causes of worms are difficult to name, crude vegetables, imperfect digestion, and a foul, slimy state of the stomach, favour their development.

FREEMAN'S ANTHELMINTIC

Worm Powders.

AN INFALLIBLE REMEDY FOR WORMS.

Put up in the form of an elegant little powder, pleasant to the taste and convenient to administer; so agreeable that any child will readily take them. They contain their own purgative, therefore no nauseating cathartics need be given. They are safe and reliable for all ages, and contain nothing hurtful to the most delicate child.

Price, 25 cents.

DOMINION

10 Cent Package Dyes

PUT UP IN 26 COLORS,

For Silk, Wool or Cotton. All Bright and Beautiful. Color Guaranteed Equal to any Package Dyes Manufactured.

LIST OF COLORS.

Magenta, Bismarck, Black, Canary, Drab or Slate, Brown, Cardinal, Maroon, Dark Green, Seal Brown, Garnet, Yellow, Light Green, Orange, Crimson, Wine, Navy Blue, Salmon, Violet, Bronze Green, Light Blue, Scarlet, Purple, Ink Powder, Dark Blue, Eosine Pink.

POSTAGE RATES.

LETTERS to any place in Canada or the United States for each $\frac{1}{2}$ oz.	3 cents.
Newfoundland, for each $\frac{1}{2}$ oz.	5 "
Great Britain, " "	5 "
City or Drop, " "	1 "
Yorkville, Don Mount and Parkdale, each $\frac{1}{2}$ oz.	1 "
POSTCARDS, Canada and United States.	1 "
Great Britain.	2 "
BOOKS, Canada and United States (limit 5 lbs.) for each 4 oz.	1 "
Great Britain, for each 2 oz.	1 "
NEWSPAPERS, Canada and United States, for each 4 oz.	1 "
Great Britain, for each 4 oz.	2 "
PARCEL, Canada (limit 5 lbs.), for each 4 oz.	6 "
(Parcels to Manitoba must not exceed 2 lbs, 3 oz. None to Great Britain or the United States.)	
SAMPLES, not exceeding 4 oz. to any part of Canada, for each 4 oz.	1 "
United States, not exceeding 8 oz.	10 "
Great Britain, not exceeding 8 oz., 2c. for first oz, 1c. for each additional oz.	

Registration.

Letter, Canada, each.	2 cents.
" United States, each.	5 "
" Great Britain, each.	5 "
Books, Great Britain, each.	5 "
Parcels, Canada, each.	5 "
Samples, Canada, each.	5 "

Foreign Postage Rates.

Austria, Belgium, Denmark, Egypt, France, Germany, Gibraltar, Greece and Ionian Isles, Italy, Japan, Malta, Netherlands, Northway, Portugal, Russia, Spain, Sweden, Switzerland, Turkey—Letters, 5c, every $\frac{1}{2}$ oz.; Post Cards, 2c. each; Newspapers, 2c. each 4 oz.; Books, 1c. each 2 oz.; Registration, 5c.

Australia, except New South Wales, Victoria and Queensland—Letters, 7c. each $\frac{1}{2}$ oz.; Books, 3c. each 2 oz. New South Wales, Victoria, Queensland, New Zealand—Letters, 15c. each $\frac{1}{2}$ oz.; Newspapers, 4c. each 4 oz.; Books, 6c. each 2 oz.; Registration, 15c.

DECEMBER, 1886.

The winter's cold creeps on apace,
Like old age wearied in life's brief race.

MOON'S PHASES.

	Ontario.		Maritime Pro.	
	d.	h. m.	d.	h. m.
First Qr.	3	9 25 a.m.	3	10 25 a.m.
Full M'n.	11	4 30 a.m.	11	5 30 a.m.
Last Qr.	18	1 39 a.m.	18	2 39 a.m.
New M'n.	25	4 55 a.m.	25	5 55 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont and Maritime Provinces.		Province of Quebec.		Moon rises.
		Sun rises.	Sun sets.	Sun rises.	Sun sets.	
		h. m.	h. m.	h. m.	h. m.	
1	We	7 32	4 43	7 11	4 00	10 28
2	Th	7 33	4 42	7 12	3 59	11 25
3	Fri	7 34	4 42	7 13	3 59	A. M.
4	Sat	7 35	4 42	7 15	3 59	0 24
49) 2nd Sunday in Advent.						
5	Su	7 36	4 42	7 16	3 59	1 23
6	Mo	7 37	4 42	7 17	3 58	2 22
7	Tu	7 38	4 42	7 18	3 58	3 22
8	We	7 39	4 42	7 19	3 58	4 22
9	Th	7 40	4 41	7 20	3 57	5 25
10	Fri	7 40	4 41	7 21	3 57	6 30
11	Sat	7 41	4 42	7 22	3 57	Rises
50) 3rd Sunday in Advent.						
12	Su	7 42	4 42	7 23	3 58	6 22
13	Mo	7 43	4 42	7 24	3 58	7 22
14	Tu	7 44	4 42	7 25	3 58	8 30
15	We	7 45	4 42	7 26	3 58	9 39
16	Th	7 46	4 43	7 26	3 59	10 51
17	Fri	7 46	4 43	7 27	3 59	A. M.
18	Sat	7 47	4 43	7 28	3 59	0 02
51) 4th Sunday in Advent.						
19	Su	7 47	4 44	7 28	4 00	1 12
20	Mo	7 48	4 44	7 29	4 00	2 21
21	Tu	7 48	4 44	7 29	4 01	3 30
22	We	7 49	4 45	7 30	4 01	4 37
23	Th	7 49	4 45	7 30	4 02	5 43
24	Fri	7 50	4 46	7 31	4 02	6 44
25	Sat	7 50	4 46	7 31	4 03	Sets.
52) 1st Sunday after Christmas.						
26	Su	7 50	4 47	7 31	4 04	6 20
27	Mo	7 51	4 48	7 31	4 04	7 16
28	Tu	7 51	4 49	7 31	4 05	8 14
29	We	7 51	4 50	7 32	4 06	9 13
30	Th	7 52	4 51	7 32	4 06	10 12
31	Fri	7 52	4 52	7 32	4 07	11 09

Weather probabilities

Cold rain

if wind is

west and

snow if E.

Snow

and

stormy.

Hard frost

if wind

is from

the west.

Snow

and

stormy.

ODDS AND ENDS.

Who never tries cannot win the prize.

Burdock Blood Bitters acts at the same time upon the liver, the bowels, the skin and the kidneys.

HE WANTED IT EMPHASIZED.—At a negro wedding, when the minister read the words "love, honour and obey," the groom interrupted him and said:

"Read that agin, sah: read it wunce mo, so's de lady kin kitch the full solemnity of de meanin'. Ise ben married befo."

"Do you consider him a man of veracity. 'Heh?'"

"I say, do you consider him a man of veracity?"

"Well, there's no tellin' what he might do if he was mad an' had a gun."

Epitaph of the future:

This is little Johnny's mound;

Sad are his loving mates.

He entered heaven upside down;

Beware the roller skates.

You may crowd, you may jam the street car if you will, but there's room for one more on the vehicle still.

"Sir," exclaimed the orator, "has the Indian any rights?" "He has," said the chairman, "but he gets left when he tries to assert them."

Burdock Blood Bitters will speedily cleanse impurities from the blood and cure Blotches, Boils, Pimples, Ulcers, Erysipelas and Chronic Diseases of the Skin.

We are told that the meekest man was Moses. Barnum is still seeking for the meekest woman for his biggest show on earth.

To Temper Lamp Glassware.

A Leipsic journal gives a method which, it asserts, will prevent lamp chimneys from cracking. The treatment will not only render lamp chimneys, tumblers, and like articles more durable, but may be applied with advantage to crockery, stoneware, porcelain, etc. The chimneys, tumblers, etc., are put into a pot filled with cold water, to which some table salt has been added; the water is well boiled over a fire and then allowed to cool slowly. When the articles are taken out and washed they will be found to resist, afterwards, any sudden changes of temperature.

The thoughtful speculator who longs to be a millionaire, now queries whether he will settle down and stick to business as a plumber, or become a bank cashier and skip the country.

PROOF FROM THE PRESS.

"We know of no proprietary remedy that bears a better recommendation than Burdock Blood Bitters. We are convinced that it is a meritorious preparation."—*Oshawa Vindicator.*

HAGYARD'S Royal Pain Remedy,

USED INTERNALLY AND EXTERNALLY.

*An instant Relief and Perfect Cure for
Pain, Cramp and Spasm.*

With little advertising and no pushing, this meritorious preparation has steadily held its own amongst the many extensively advertised Pain Medicines in the market, and its popularity is continually increasing upon its own merits. It is put up in larger sized bottles than other preparations; we, therefore, give more for the money. It is cheaper in price and equal in quality to any similar medicine now or ever introduced to the trade. This we positively guarantee. To equalize the circulation and break up a sudden cold, it may be relied on with the utmost confidence. AS A READY RELIEF FOR PAIN OR CRAMP in the *Stomach or Bowels, Indigestion, Colic, Neuralgic or Rheumatic Pains, Headache, Earache, Toothache, Sore and Cankered Throat, it will never fail you.* When used outwardly for pain, it is well to rub the afflicted parts thoroughly, and then apply cloths wrung from hot water over the part, or a damp cloth wrapped around a warm flat iron, or a heated plate can be applied. This method is particularly serviceable in Cramp, Pain in the Bowels, in the Chest, and for Rheumatic and Neuralgic Pains. Hagyard's Royal Pain Remedy is a pure and powerful stimulant, but safe for all ages or conditions. Never fear its hot nature, as it is positively harmless, and will not blister like many liniments, while administered internally it is equally safe to the most delicate child.

This medicine should be kept at hand, where it could be reached even in the dark, for whatever a prompt, safe, powerful and reliable stimulant and pain cure is required, this will fill the requirement. Sickness comes often suddenly and unexpectedly, and this excellent medicine has a wide range of usefulness to every individual, and in every household it should find a place.

There are cases where the Pain Remedy can be used with great benefit—such as Diphtheria, Kidney Complaints, Pleurisy, use as for Colic and Cramps, Deafness, Piles, sudden Colds, Chill Fevers. Many of these are cured in ten minutes by the judicious and timely use of Hagyard's Pain Remedy.

FOR SALE BY ALL DEALERS IN MEDICINE.

Price 25 Cents per Bottle.

NATIONAL	SUGAR COATED.
	PURELY VEGETABLE
PILLS	Highly recommended for Biliousness, Head-Ache, Constipation, Indigestion, Dizziness, Heartburn, Bad Breath, Loss of Appetite, Jaundice, Loss of Memory, Sour Stomach, Liver Complaint, or any illness arising from the Stomach, Bowels or Kidneys. They are safe, mild and thorough in their action. From 1 to 3 pills a dose. PRICE 25c. PER BOX.

THE BEST CATHARTIC OF ANY AGE OR COUNTRY.

They purify the Blood, Breath and Stomach; they act on the Liver, prevent Costiveness, are not attended with Nausea, or Gripping Pains, but mild in their action.

They are made of extracts and resinous extractive substances, each having its specific effect and therefore fulfilling a different indication, and yet their relative proportions so combined as to produce a general harmonious action throughout the whole ALIMENTARY CANAL, entirely free from Nausea, vomiting and gripping pains, those disagreeable concomitants of most CATHARTICS. These pills possess that peculiar power of invigorating the Stomach, and stimulating the Liver and torpid Bowels, to healthy action, which render them of unequalled efficacy in cleansing from the blood all impurities, restoring the secretions of the abdominal viscera, and thereby purifying the very fountain of life.

THEY ARE

- (Certain in their action.
- (Mild and painless in their operation.
- (Speedy in their effect.
- (Composed of no mineral poison.
- (Suitable to the old and young of both sexes.
- (Requiring no confinement or change of diet.
- (Not sickening or griping to the most delicate organization.
- (Elegantly sugar-coated and perfectly tasteless.

They regulate the Bowels without a Reacting Constipation.

T. MILBURN & CO.,
Proprietors.

DR. LOW'S Pleasant Worm Syrup.

This agreeable, safe and effectual remedy for Worms has attained a world-wide popularity, and from its extensive use HAS SAVED THE LIVES OF THOUSANDS OF CHILDREN. It is strictly vegetable and positively safe, and so pleasant to the taste that a child once taking it will ask for more. Convince the child of its agreeable nature by first tasting it yourself. It is free from Castor Oil, Calomel, or other nauseous, sickening and hurtful drugs. It is impossible for Worms to remain when this Syrup is given so freely as to act upon the bowels. It possesses valuable alterative properties, rendering it a mild purgative, valuable even when there are no worms to destroy. *No other cathartic required during its use.* It destroys the worms entirely, at the same time its cathartic action drives them out of the system. A single Bottle has frequently destroyed from 100 to 200 worms. Tape-Worms of 16 to 35 feet in length have been expelled by the use of this great Worm medicine. Worms prevail mostly in children, but the frequent use of this Worm Syrup as a laxative has expelled large numbers of worms from older people, where the cause of ill health was not suspected. Again this remedy frequently destroys all species of ordinary Worms, that they pass from the bowels the same as any thoroughly digested meat or animal matter, and are consequently unnoticed. Some of the common indications of Worms are: Pain of a gnawing, twisting nature in the stomach and bowels; nausea, bad breath, pale pasty appearance of the countenance; itching of the nose, paleness of the lips, voracious or variable appetite, grinding the teeth, disturbed sleep, twitching of the muscles, hectic flushes upon the cheeks, a feverish condition of the body; undue collection of slime or mucous, in which Worms best thrive, peevish temper, often convulsive fits, bloating of the bowels, irregular pulse, languor and debility, often a wasting of the flesh, etc. Sometimes only a portion of these symptoms occur. Worms frequently cause fatal convulsions.

There are several varieties of Worms; the most commonly troublesome are the Thread or Pin Worm, the long round Worm, and the Tape-Worm.

Dr. Low's Pleasant Worm Syrup, sold by all Druggists.

Price, 25 cents.

T. MILBURN & Co.,
Proprietors.

Sure Remedy for Small-Pox.

A correspondent of the New York Sun gives the following prescription for small-pox, which he says may be accepted as a cure for the dreadful disease:

Sulphate of zinc, one grain.
Foxglove (digitalis), one grain.
Half a teaspoonful of water.

When thoroughly mixed, add four ounces of water; take a spoonful every hour, dose for an adult.

Either small-pox or scarlet fever will disappear in twelve hours.

For a child, smaller doses, according to age.

A Felon Cure.

It is a remarkable remedy. Take the yoke of an egg and an equal quantity of strained honey; one table-spoonful of spirits of turpentine, freshly drawn, and one tea-spoonful of spirits of camphor. Mix well and thicken with flour to the consistency of a thin paste. Spread upon the sore thinly and cold. It takes hold with astonishing power and draws matters to a crisis rapidly—even extracts the feverish blood itself, half formed into pus, and makes clean work with felonish fingers. Everyone ought to know it.—*Vt. Watchman.*

THE SECRET OF CURING CHRONIC COMPLAINTS.

It is a fact that the prime cause of much ill health consists in some obstruction or clogging of organic functions, which prevents a free, healthy circulation of the blood, and other fluids, or in other words an unequal circulation. The remedy in such cases is plainly indicated. Equalize the circulation of the nervous and vital fluids to restore the equilibrium of health. This is just what Burdock Blood Bitters does to perfection; by its renovating effect upon the whole glandular system it makes pure, healthy blood, and causes it to circulate freely to build up the exhausted tissues of the body, and thus restores both physical and mental vigor.

One great advantage of Burdock Blood Bitters over other medicines, is that it acts at the same time on the Liver, the Bowels, the Secretions and the Kidneys, while it imparts strength.

As a preventive of Asiatic cholera, Dr. Constantine Hering, in his "Homœopathic Domestic Physician," says "The surest preventive is sulphur; put half a tea-spoonful of flour of sulphur into each of your stockings and go about your business; never go out with an empty stomach, eat no fresh bread or sour food. Not one of the many thousands who have followed this my advice has been attacked by cholera."

THINGS WORTH REMEMBERING.

(Compiled.)

That a bag of hot sand relieves neuralgia.
That warm borax water will remove dandruff.

That salt should be eaten with nuts to aid digestion.

That milk which stands too long makes bitter butter.

That a hot, strong lemonade taken at bedtime will break up a bad cold.

That it rests with you, in sewing, to change your position frequently.

That rusty flatirons should be rubbed over with beeswax and lard.

That a little soda water will relieve sick headache caused by indigestion.

That a cup of strong coffee will remove the odor of onions from the breath.

That tough meat is made tender by lying a few minutes in vinegar water.

That well-ventilated bed-rooms will prevent morning headaches and lassitude.

That a cup of hot water drunk before meals will relieve nausea and dyspepsia.

That a fever patient can be made cool and comfortable by frequent sponging off with soda water.

That consumptive night sweats may be arrested by sponging the body nightly in salt water.

That one in a faint should be laid flat on his back, then loosen his clothes and let him alone.

That cold tea should be saved for your vinegar barrel. It sours easily and gives color and flavor.

That to beat the whites of eggs quickly, add a pinch of salt. Salt cools and cold eggs froth rapidly.

That the hair may be kept from falling out after illness by a frequent application to the scalp of sage tea.

That you can take out spots from wash goods by rubbing them with the yoke of egg before washing.

That white spots upon varnished furniture will disappear if you hold a hot plate from the stove over them.

It is worth remembering that during the first visit of cholera at St. Petersburg, in 1832, says Iron, a firm of iron founders employing 500 men, informed them that all those who would not take a teaspoonful of powdered charcoal on entering the works in the morning, must leave their employ. The consequence was that they did not lose a single man when myriads were dying around them.

HOUSEHOLD HINTS.

QUINSY.—Small lumps of ice with a little whiskey, brandy, or extract of ginger on them, swallowed slowly and frequently, will relieve inflammatory sore throat. Yellow Oil is also an excellent remedy for Quinsy.

NOSE BLEED.—Press a wad of brown paper tightly under the upper lip against the nostrils, and plug the nostrils with cold astringents, such as alum water, etc.

Everyone should know that Hagyard's Yellow Oil will give prompt relief; applied externally will stop any pain; and taken internally cures cold, asthma, croup, quinsy, sore throat, and most inflammatory complaints.

FOREIGN SUBSTANCES may often be drawn from the ear by inserting a syringe and drawing upon the piston, thus removing it by suction where it cannot be otherwise reached.

MUSTARD PLASTER.—Take a table spoonful of treacle, more or less, as desired; stir thick with mustard, and having spread it on a cloth, apply it directly to the skin; it will not blister even if kept on for an hour.

The Stomach, Liver, Bowels, Kidneys and Blood perform vital functions in the animal economy. The best purifying medicine for these functions is Burdock Blood Bitters.

E. Ehrenfels, of Jonesville, Michigan, writes:—"I have seen a sure cure for hog cholera. Dissolve shellac in alcohol, about four ounces of shellac to one pint of alcohol and four ounces of crushed gunpowder. Dose, 2 to 3 tablespoonfuls every few hours. It is said to be a sure cure."

The best combination of blood cleansing, regulating, health-giving herbs, roots and barks enter into Burdock Blood Bitters—a purely vegetable remedy that cures diseases of the blood, liver and kidneys.

It is very easy to catch cold, but not so easy to cure it unless you use Hagyard's Pectoral Balsam, the best remedy for all throat, bronchial and lung troubles, coughs, colds and consumptive tendencies.

*The *American Dairymen* says: Let a drop of fresh milk fall into a glass of pure water. If the milk promptly disseminates itself through the water, the cow that yielded that milk is not with calf, but if it sinks to the bottom of the glass as it falls upon the water, and does not produce but little of a milky cloud, the cow is pregnant. The specific gravity and viscosity of the albuminous milk being heavier than water, thus retains the drop of milk and causes it to sink. We advise dairymen to make a note of this and give it a test. If reliable the information may be of great value to them.

RECEIPTS FOR DYEING.

GENERAL INSTRUCTIONS.—Everything should be clean. The goods should be scoured in soap and the soap rinsed out. Dip them into water just before putting them into dye bath, to prevent spotting. Soft water should be used, sufficient to cover the goods well. When goods are dyed, air, rinse well and hand up to dry. Do not wring.

WOOLLEN GOODS.

Chrome Black—Best in Use.—For five pound goods, blue vitriol, six ounces; boil a few minutes, then dip goods three-fourths hour, airing often; take out goods, make a dye with three pounds logwood, boil one-half hour, dip three-fourths hour more. Wash in strong suds. This will not fade by exposure to sun.

Wine Color.—For five pounds goods, camwood, two pounds; boil fifteen minutes and dip goods one-half hour; boil again and dip one-half hour; then darken with blue vitriol, one and a half ounce; if not dark enough add copperas, one-half ounce.

Scarlet—Very Fine.—For one pound goods, cream-tartar, one-half ounce, cochineal, well pulverized, one-half ounce; muriate of tin, two and one-half ounces, boil up the dye and enter the goods; work them briskly for ten or fifteen minutes, then boil one and a half hour, stirring goods slowly while boiling. Wash in clean water and dry in the shade.

Pink.—For three pounds goods, alum, three ounces; boil and dip the goods one hour; then add to the dye, cream-tartar, four ounces; cochineal, well pulverized, one ounce; boil well and dip the goods while boiling until the color suits.

Blue—Quick Process.—For two pounds goods, alum, five ounces; cream-tartar, three ounces; boil goods in this one hour, then put goods into warm water which has more or less extract of indigo in it, according to the depth of color desired, and boil again until it suits, adding more of the blue if needed.

Madder Red.—To each pound of goods, alum, five ounces; red, or cream-tartar, one ounce. Put in goods and bring kettle to a boil for one-half hour, then air them and boil for one-half hour longer; empty kettle and fill with clean water; put in bran, one peck; make it milk warm, and let it stand until bran rises, then skim off the bran and put in one-half pound madder; put in goods and heat slowly until it boils and is done. Wash in strong suds.

Green.—For each pound of goods, fustic, one pound; with alum three and one-half ounces; steep until strength is out, and soak goods therein until a good yellow is obtained; then remove the chips and add extract of indigo or chemic, one tablespoonful at a time until color suits.

Snuff Brown—Dark.—For five pounds goods, camwood, one pound; boil it fifteen minutes, then dip goods three-fourths hour; take out goods and add to the dye two and one-half pounds fustic; boil ten minutes, and dip three-fourths hour; then add blue vitriol, one ounce; copperas, four ounces; dip again one-half hour. If not dark enough, add more copperas.

Orange.—For five pounds goods, muriate of tin, six tablespoons; argal, four ounces; boil and dip one hour, and add again to the dye one teacup madder; dip again one-half hour. Cochineal, about two ounces, in place of madder, makes a much brighter color.

Yellow—Rich.—Work five pounds goods one-half hour in boiling bath with three ounces bichromate of potassia and two ounces alum, lift and expose till well cooled and drained, then work one-

half hour in another bath with five pounds fustic. Wash out and dry.

Salmon.—For each pound goods, one-fourth pound annotta; one-fourth pound soap; rinse goods in warm water, put them into mixture and boil one-half hour. Shade will be according to amount of annotta.

Purple.—For each pound goods, two ounces cudbear; rinse goods well in soap suds, then dissolve cudbear in hot suds—not quite boiling—and soak the goods until of required color. The color is brightened by rinsing in alum water.

Crimson.—Work for one hour in a bath with one pound cochineal paste; six ounces dry cochineal; one pound tartar; one pint protochloride of tin. Wash out and dry.

COTTON GOODS.

Black.—For five pounds goods, boil them in a decoction of three pounds sumach one-half hour, and steep twelve hours; dip in lime water one-half hour; take out and let them drip one hour; run them through the lime water again fifteen minutes. Make a new dye with two and one-half pounds of logwood (boiled one hour), and dip again three hours; add bichromate potash, two ounces, to the logwood dye, and dip one hour. Wash in clear cold water and dry in the shade. Only process for permanent black.

Blue.—For three pounds goods, blue vitriol, four ounces; boil a few minutes, then dip goods three hours; then pass them through strong lime water. A beautiful brown can be obtained by next putting goods through a solution of prussiate of potash.

Green.—Dip goods in home-made blue; dye until blue enough is obtained to make the green as dark as required; take out, dry and rinse a little. Make a dye with fustic, three pounds; logwood, three ounces to each pound of goods, and boiling dye one hour; when cooled so as to bear hand, put in goods, move briskly a few minutes, and let lie one hour; take out and thoroughly drain; dissolve and add to the dye for each pound of cotton, blue vitriol, one-half ounce, and dip another hour. Wring out and let dry in shade. By adding or diminishing the logwood and fustic, any shade may be had.

Yellow.—For five pounds of goods, seven ounces sugar of lead, dip goods two hours; make new dye with bichromate of potash four ounces; dip until color suits; wring out and dry. If not yellow enough, repeat.

Orange.—Five pounds goods, sugar of lead, four ounces; boil few minutes, when a little cool put in goods; dip two hours; wring out; make a new dye with bichromate of potash eight ounces, madder two ounces; dip until it suits. If color is too red, take small sample and dip into lime water, and choose between them.

Red.—Muriate of tin, two-thirds teacup; add water to cover goods; rinse to boiling heat; put in goods one hour, stir often; take out, empty kettle; put in clean water with hicwood one pound; steep one-half hour at hand heat, then put in goods and increase heat one hour—not boiling. Air goods and dip one hour as before. Wash with soap.

NOTE.—The above receipts are all reliable for the coloring of heavy goods, but for all ordinary purposes, and especially for small quantities of goods we would recommend as a greater convenience our new Dominion Ten Cent Package Dyes, as the most handy, reliable and beautiful of any now in use. They are put up in 26 different colors, for silk, wool or cotton, all durable and brilliant, and are guaranteed to afford the quickest, clearest and most economical process of coloring known. See list of colors on another page.

IMPORTANT HEALTH HINTS.

To Chronic Invalids while using Burdock Blood Bitters.

EAT slowly, chewing the food well, never be in a hurry while eating. Avoid highly seasoned dishes, such as pastry, pork, gravies, cheese, pickles, greasy food, hot bread, preserves, sweet meats, etc. *Never* eat too heartily at night, yet do not retire with an empty stomach—a soda biscuit or cup of milk will be something for the stomach to act upon during the night, and prevent faintness, thus often promoting a good night's rest. It is a mistake to go to bed hungry, but *never* overload the stomach.

PARTAKE OF rare beef, lamb chops, fish, oysters, wild game; and most vegetables are wholesome, and fruits when ripe; there is great nourishment in rice, peas, oat meal, beans, asparagus, celery and tomatoes are very wholesome. Greens, such as spinach, dandelion, narrow-leaved dock, etc., are good in season. Oranges, lemons, prunes, figs, bananas, baked apples, jellies, etc., are generally palatable, and good for the invalid. The natural acid of the orange is highly refreshing in fever, and as for nutriment, there is nothing can excel rice and oat meal with cream or milk as a diet.

DRINK.—Do not drink coffee while bilious or when taking medicine—*pure* water is best. See that it is well filtered, if not, always boil it before using. Take milk as much as will agree with you. If milk disturbs the stomach, boil the milk, or mix it with a little lime water. Lemonade, orangeade, tamarind water, crust coffee, slippery elm water, koumiss, charcoal water, etc., are well known and valuable drinks for the sick. Even pure cider is sometimes good for bilious and rheumatic sufferers. Soda mint water is good for sour stomachs. A teaspoonful of Bicarb soda, a half teaspoonful essence peppermint in a glass of sweetened water is good for dyspeptics.

SHUN stimulants of an alcoholic nature; wine, beer, etc., should be avoided. A cup of ginger tea, sage tea, or even black tea, chocolate or cocoa, is worth far more as a stimulant, and is harmless.

BATHE daily, or at least twice a week, in water warm enough to be comfortable; avoid a chill. A sponge bath is very refreshing and should never be neglected in fevers. Anointing a restless patient with olive oil or glycerine and rose water, keeps the skin moist, soft, and allays fever and nervous excitement wonderfully; *try it*, the poor sufferer will bless you for your labor.

EXERCISE all your strength will permit, take exercise of a pleasant, not a tiresome form. Walk erect. *Fill your lungs*

VICTORIA CARBOLIC SALVE.

This Salve is the most wonderful

HEALING COMPOUND

Ever discovered for the perfect and rapid cure of every description of breach of integument, from a simple scratch or bruise to the most aggravated Ulcer, including

Cuts, Wounds, Bruises, Burns, Scalds, Sore Nipples, Broken Breasts, Fever and Scrofulous Sores, Ulcers of all kinds, Abscesses and Boils, Piles, Pimples, &c., and Chronic Diseases of the Skin of every description.

PRICE, 25 CENTS.

VICTORIA Carbolic Toilet Soap.

This TOILET SOAP possesses all the well-known antiseptic and disinfecting properties of Carbolic Acid, has a healthy action on the skin, prevents irritation, removes the effects of perspiration, and should be regularly used by families. Cholera, Small-pox and Fever patients should be washed with this Soap; and its use by persons liable to infection will materially prevent the spread of the disease.

VICTORIA Carbolized Glycerine Jelly.

THE LADIES' FAVOURITE

For beautifying the complexion, and for removing Tan, Freckles, Pimples, etc., also for Chapped Hands, Chilblains, Frost Bites and Sore Lips.

Price 25 Cents. For Sale by all Dealers.

by deep breathing through the nostrils, it expands the chest and gives wonderful results in weak lungs. The home gymnasium develops the muscles and is a great curative power to the weakly.

PURE AIR is indispensable to life and health, inhale all you can of it, and bask in the sunshine and the light; dampness and darkness are accompaniments of death. Admit pure air in abundance to your sleeping apartments, only avoid a direct draught, but never remain one hour in a close room devoid of free, pure air.

THE BOWELS should move regularly every day, practice going to evacuate them at regular periods to overcome constipation, costiveness and ill health are constant companions.

If the bowels fail to act, take enough Little Sugar-Coated Burdock Pills to secure the desired result until the Burdock Blood Bitters regulate the trouble. Injections of tepid water aid in extreme cases. Ripe fruits, vegetables, coarse brown bread, etc., are aids in diet.

COLD FEET.—Never sit with cold or damp feet. You need not suffer with cold feet, if you will use a warm foot bath of 1 gallon of water containing $\frac{1}{2}$ a cupful of salt and $\frac{1}{2}$ a tablespoonful of powdered capsicum, soak the feet for ten minutes, rub them dry, and in cold weather wear silk or cotton stockings next the feet, and thick woolen ones over them.

Keep the head cool, the feet warm, the skin clean, and the bowels open; eat, drink, and live temperately, breathe deeply of fresh, pure air, and take cheerful exercise. These rules, though simple, are all important, and speak volumes for good health.

ANTIDOTES FOR POISONS.

In cases where the other articles to be used as antidotes are not in the house, give two tablespoonfuls of mustard mixed in a pint of warm water. Also give large draughts of warm milk or water mixed with oil, butter or lard. If possible give as follows:—

For Bed-bug poison, Blue Vitriol, Corrosive Sublimate, Lead Water, Saltpetre, Sugar of Lead, Sulphate of Zinc, Red Precipitate, Vermilion: give Milk or White of Eggs, in large quantities.

For Fowler's Solution, White Precipitate, Arsenic: Give prompt Emetic of Mustard and Salt—tablespoonful of each; follow with Sweet Oil, Butter or Milk.

For Antimonial Wine, Tartar Emetic: Drink warm water to encourage vomiting. If vomiting does not stop, give a grain of Opium in water.

For Oil Vitriol, Aqua Fortis, Bi-Carbonate Potassa, Muriatic Acid, Oxalic Acid: Magnesia or Soap, dissolved in water or Glutinous drinks.

For Carbonate of Soda, Copperas, Cobalt: Prompt Emetic; Soap or Mucilaginous drinks.

For Strychnine, Tinct, Nux Vomica: Emetic of Mustard or Sulphate of Zinc, mixed with warm water.

For Nitrate of Silver: Give common Salt in water.

For Chloral Hydrate, Chloroform: Pour cold water over the head and face, with artificial respiration, Galvanic Battery.

For Laudanum, Morphine, Opium: Strong Coffee, followed by Ground Mustard or Grease in warm water to produce vomiting. Keep in motion.

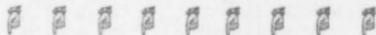
DR. BOYER'S GALVANIC FLUID.

FOR EXTERNAL USE ONLY.

This old and popular remedy is still in the market, and is highly recommended for the cure of Rheumatism, Lumbago, Neuralgia, Bruises, Sprains, Swellings, Frost Bites, Headache, Pains in the Joints or Muscles, and for general use as an active electrical or penetrating liniment.

Its effects are truly wonderful in all painful conditions.

Price, 25 Cents. Sold by all Dealers.



TO OUR READERS.

The publishers of this Almanac and the proprietors of the various Medicines herein advertised, have refrained from publishing a large number of testimonials and certificates of cures, owing to lack of space, and not wishing to crowd out other matters of interest to the general reader. We would remind those interested, however, that we hold in our possession *thousands* of testimonials from reliable parties both in Canada and the United States, who have been benefitted and cured by the use of Burdock Blood Bitters, Dr. Fowler's Wild Strawberry, and other remedies of which we are sole proprietors. These certificates we will take pleasure in showing and authenticating, so that the parties may be written to by enclosing stamp for reply. They remain as living evidence of the worth of our advertised household medicines.

NOTE.—Parties who have used any of our remedies will confer a favor to us, and benefit their fellow sufferers, by sending us a brief and plain statement of their case, and the benefit received from the use of our medicines, which may encourage others afflicted to try them. Any advice or more full directions to guide the invalid to health, will at all times be cheerfully given upon application by letter or otherwise.



VICTORIA COMPOUND SYRUP of HYPOPHOSPHITES.

The Great Vitalizer, Nutritive and
Nerve Tonic,

Supplies the nutritious elements of Blood, Brain, Bone and Muscle; restores Nervous Energy when lost by imprudence or excesses, enriches the Blood and strengthens the system when debilitated by exhaustive discharges. Supplies the chemical constituents of the system, Iron, Lime, Soda, Potash, etc., in that peculiar weakness and wasting that leads to Consumption, and other debilitating forms of disease. *Endorsed by leading Chemists and Medical Men.*

PRICE, ONE DOLLAR.

VICTORIA COMPOUND FLUID EXTRACT OF Buchu and Uva Ursi.

The Specific Remedy for all Diseases of
the Kidneys, Urinary Complaints,
and Sexual Debility.

For Non-Retention or Incontinence of Urine, diseases of the Bladder or the Kidneys, diseases of the Prostrate Gland, Gravel, Diabetes, Bright's Disease, Dropsical Swellings, Mucous Discharges, Sedimentary Urine, Lamé Back. Weakness arising from excesses or bad habits, Female Compliments, etc. This is a sovereign Remedy, praised alike by the people and the profession for the class of diseases named. ALL DRUGGISTS SELL IT.

PRICE, ONE DOLLAR.

EGYPTIAN SALVE OR, RHEUMATIC PLASTER.

An excellent Strengthening and Healing Salve, used for Dressing and Healing all Flesh Cuts and Wounds, for Rheumatism, Weak and Lamé Back, Pain in the Breast or Side, Corns, Bunions, etc. A Roll Salve that is handy and useful in every household. FOR SALE BY ALL DEALERS.

LOW'S Magic Sulphur Soap.

The Great External Remedy for all
Local Diseases of the Skin, and
for General Toilet Use.

The healthful virtues of the Sulphur Bath are well known, and in this Soap you may have these virtues in an elegant and convenient form.

A positive cure for Itch, Prickly Heat, Nettle Rash, Itching Piles, Bites and Stings of Insects, Tetter, Scaly Eruptions, Chafes, Chapped Hands, Pimples, Tan, and all rough and diseased conditions of the skin.

It Disinfects, Cleanses, Heals and
Beautifies

The person, and for the Bath or Toilet is unequalled. It is delightfully perfumed, and clean and inoffensive to use.

Low's Sulphur Soap also destroys Vermin on animals by a few applications at a trifling cost. SOLD BY ALL DEALERS.

25 CENTS.

Or a Box of Three Cakes for 60 Cents.

HAGYARD'S CATTLE SPICE

The Great Blood Purifier for Cattle.

To fatten and improve the health of Horses, Cattle, Sheep, Pigs and all kinds of Farm Stock. A grand purifying and invigorating Cattle Tonic.

Regulates the Urinary Organs, Digestive Functions, Air Passages, Blood, and general condition of Horses and Cattle. Curing Broken Wind, Heaves, Blood and Urinary Diseases, etc. First-class Breeders throughout Ontario recommend it.

Large Package. - Price, 25 Cents.

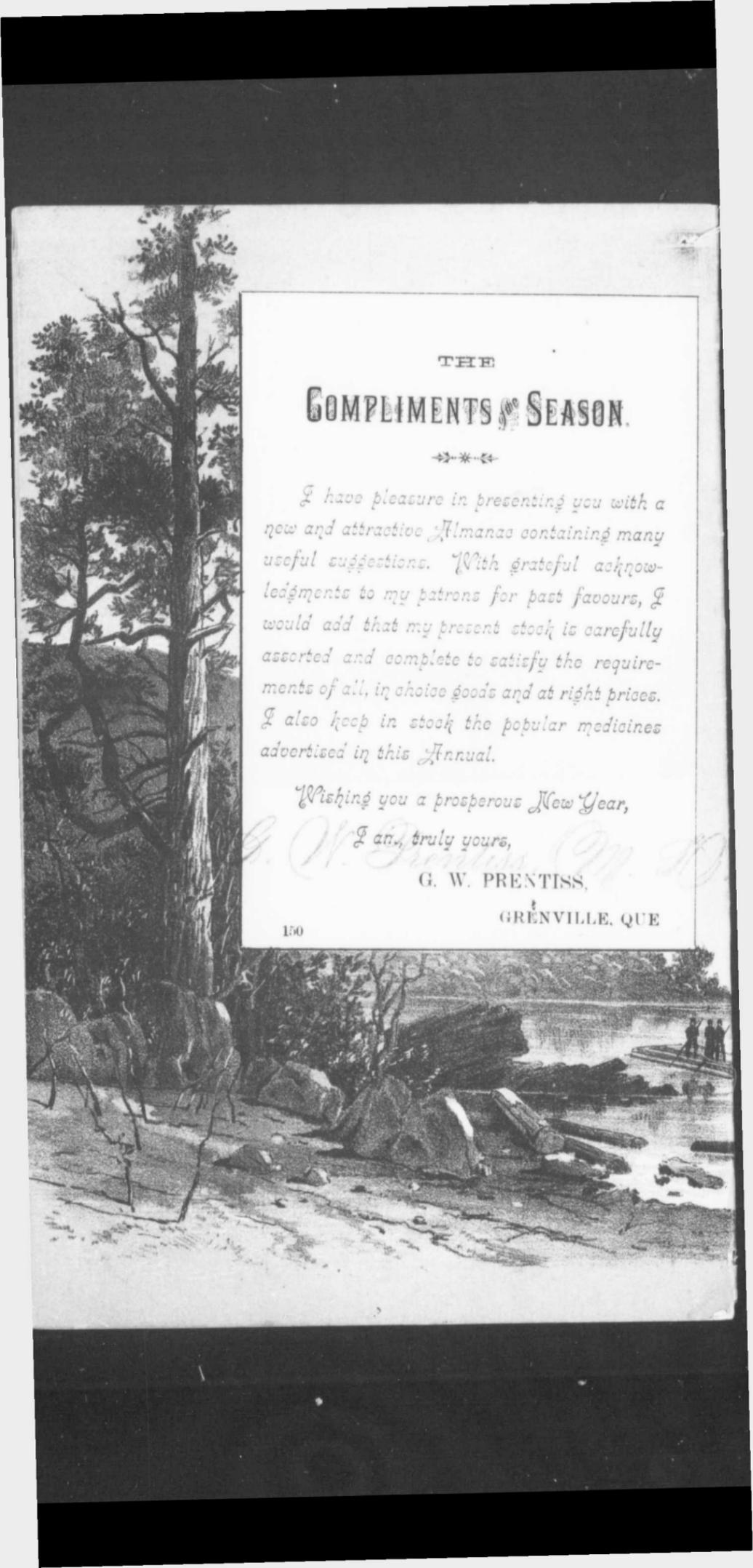
HAGYARD'S ROYAL BLACK OIL.

A well-known and excellent stimulating
Liniment for Man and Beast.

The proprietors have numerous testimonials as to the superiority of this Oil over other Black Oils now in use, for the cure of

Rheumatism, Wounds, Bruises and Sprains; also for Corks, Cuts and Saddle Galls.

ALL DEALERS IN MEDICINE
Sell the Remedies named in this Almanac.



THE
COMPLIMENTS OF THE SEASON.



I have pleasure in presenting you with a new and attractive Almanac containing many useful suggestions. With grateful acknowledgments to my patrons for past favours, I would add that my present stock is carefully assorted and complete to satisfy the requirements of all, in choice goods and at right prices. I also keep in stock the popular medicines advertised in this Annual.

Wishing you a prosperous New Year,

I am, truly yours,

G. W. PRENTISS,

GRÉNVILLE, QUE