

6 Jul. 1916.

Meat Takes Another
familiar head-
line in the newspaper.
Why worry about the
cost of something you don't
need? The most expensive
foods are generally the least
nutritious. In Summer
health and strength come
from a meatless diet. Two
Shredded Wheat Biscuits,
heated in the oven, covered
with berries or other fruits
and served with milk or
cream, make a complete,
satisfying, nourishing meal at
a cost of five or six cents. All
the meat of the whole wheat.
Made in Canada

**ITALIANS GAIN
MORE SUCCESSES**

**Three Lofty Heights Taken by
Cadorna's Troops**
A despatch from London says—
Further successes are claimed by
Rome. The lofty heights of Monte
Giamondo, north of Fusin, and Monte
Caviojo, have been seized by General
Cadorna's troops. Lying between the
Posina and Astico, these positions give
the Italians command of a wide
stretch of territory. A further gain
in their sweep across the Asiago Pla-
teau also is claimed by the Italians.
They have occupied the southern side
of the Assa Valley and now are storm-
ing the slopes of Monte Rasca, Monte
Interrotto and Monte Mosching. In
addition they have reached the Cal-
tamara Valley, having carried the
tense position of Monte Colomba.

ROMANIAN FOOD RIOTS

**Four Killed in Fight With Police at
Galatz.**
A despatch from Amsterdam says—
According to Bucharest despatches
in German newspapers, food riots
in Romania have become more
violent. A demonstration against the
high cost of living has resulted in
the deaths of four persons. The
despatches add that the work-
men of Galatz declared a general
strike Sunday, owing to the authori-
ties having prohibited meetings and
demonstrations in protest against the
high cost of living.

**SPLENDID BRITISH GIFT
TO CANADIAN SOLDIERS**

A despatch from London says:—
Princess Louise, Duchess of Argyll,
presented a silk Union Jack and a sil-
ver shield to the General Officer Com-
manding the Canadian forces on Sat-
urday. The colors and shield are the
gift of women and children in the
United Kingdom and will remain at
Shorncliffe until the close of the war,
when they will be taken to Canada.
A souvenir, in commemoration of Lord
Kitchener, was also given to each dis-
abled soldier.

**QUEEN VICTORIA OF SWEDEN
HAD A NARROW ESCAPE**

A despatch from Berlin says:—
Queen Victoria of Sweden, sister of
Duke Friedrich II. of Baden,
was at the Castle in Karlsruhe during
the recent French raid on that
German city, when 110 persons were
killed by bombs, says an Overseas
News Agency despatch from Karls-
ruhe. She escaped harm, however, as
on the occasion of the previous raid,
when she also was in the city.

**IRISH OUTLOOK
IS MORE HOPEFUL**

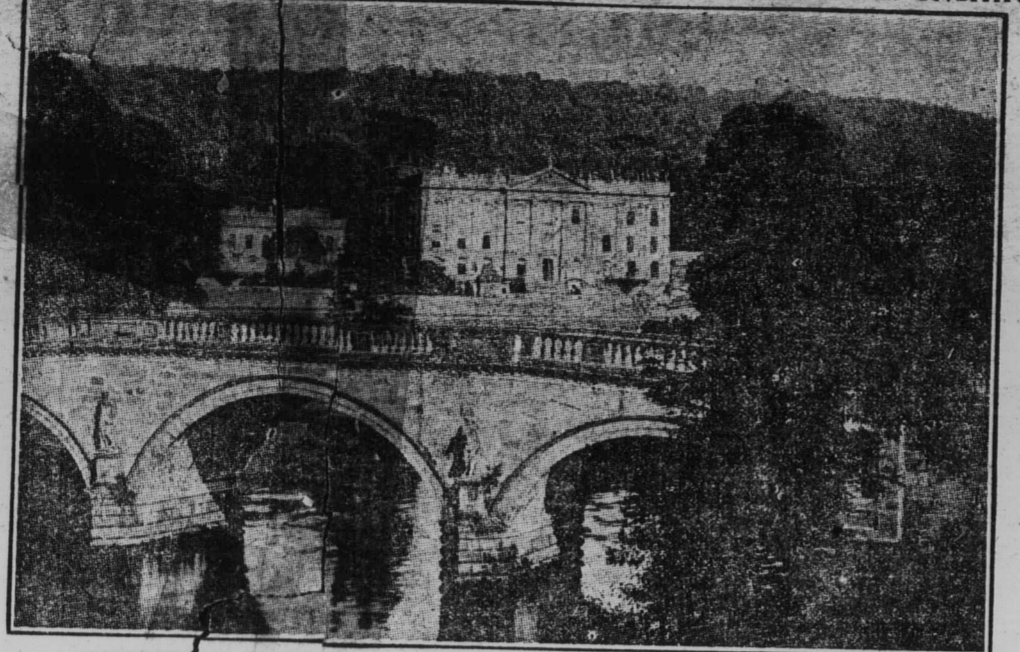
A despatch from London says:—
The Irish outlook generally is more
hopeful. The Daily Mail predicts an
amicable settlement. The Daily
Chronicle, on the other hand, says that
Lord Lansdowne, Minister without
portfolio, and Walter Long, president
of the local Government Board, have
resigned. Some other papers say that
he has resigned from the Cabinet
at Lord Salborne.

**GERMAN PAPER PAYS TRIBUTE
TO CANADIAN GALLANTRY**

**One General and Several Officers, It Says, Preferred Death to
Surrender.**

A despatch from London says:—
The Cologne Volkzeitung, describing
the gallant stand made by the Cana-
dians at Ypres at the beginning of
the month, says many of them made
an obstinate resistance, preferring to
be killed rather than surrender. One
general and several officers who re-
fused to give in were killed. The
general drew his sword, and when a
sergeant demanded his surrender he
cut him through the face, whereupon
an infantryman bayoneted him. Many
such groups who resisted desperately
and refused all mercy had to be
cleared out with bombs.

CHATSWORTH HALL, DERBYSHIRE OWNED BY DUKE OF DEVONSHIRE



MAGNIFICENT COUNTRY RESIDENCE OF CANADA'S NEW GOVERNOR-GENERAL.

**LOST STRIPES,
NOT HIS LIFE**

**German Socialist Dismissed
From Army and Given
Thirty Months.**
A despatch from Berlin says:—
Dr. Karl Liebknecht, the Socialist leader,
was sentenced on Wednesday to thirty
months penal servitude and dismissal
from the army for attempted high
treason, gross insubordination and re-
sistance to the authorities. The court
adopted the view that Dr. Liebknecht
was guided by fanaticism and not by
unpatriotic feeling, and therefore im-
posed the lowest penalty on him.
Dr. Liebknecht is entitled to appeal
from the sentence.

2,500 WOMEN IN INDUSTRY.

Increase in British Female Labor
Due to War Difficulty.

**CANADA'S NEW
GOV.-GENERAL**



DUKE OF DEVONSHIRE.



DUCHESS OF DEVONSHIRE.

**TURKS DRIVEN BACK
IN BAGDAD DIRECTION**

A despatch from Petrograd says:—
The Russians continue to make pro-
gress in the Caucasus. "South of
Lake Urumiah we pushed back the
Turks from the region of Bann toward
the Turco-Persian frontier. In the
direction of Bagdad we have defeated
the Turks, driving them toward the
fortified region of Kalavstrahine."

**KITCHEN REFUSE
FOR GERMAN COWS**

A despatch from Amsterdam says:—
German newspapers received here
contain an order of the Federal Council
compelling towns and communities
exceeding 40,000 inhabitants to collect
kitchen refuse from all households.
The refuse is to be sent to a Govern-
ment factory; there to be converted
into condensed food for milk cows.

Better.

Let it be said, once for all, that it is
better for both body and soul to be
obliged to go hungry sometimes than
to be full always; it is wholesomer to
be weary frequently from hard work
than to keep on a dext level of com-
fort, or to know weariness only from
the spinning dance and the dizzy city of
pleasure; it is cleaner to be dusty
and bathed in the blood and sweat
of battle than to be so sheltered as
not to know the meaning of hand-to-
hand conflict with a real problem or
fierce temptation; it is grander to
break the shackles of exclusiveness
and walk free in the dingy city of
social unpopularity, than to be the
idol of men and women who do not
count for, but rather against, the pro-
gress of the race.—Bishop Beant.

Markets of the World

Breakfasts.
Toronto, July 4.—Manitoba wheat—
No. 1 Northern, \$1.18; No. 2, do., \$1.14;
No. 3, do., \$1.12; track, Bay ports.
Manitoba do.—No. 1, C. W. 53c;
No. 2, do., 52c; extra No. 1 feed, 51c;
No. 1 feed, 50c; No. 2, do., 49c; track,
Bay ports.
American corn—No. 3 yellow, \$1.00;
track, Bay ports, 85c; track, Toronto,
Ontario oats—No. 3 white, 48 to 49c,
according to freights outside.
Ontario wheat—No. 1 commercial, 98
to 99c; No. 2, do., 96c; No. 3, do.,
88 to 90c; feed, 83 to 85c; nominal, ac-
cording to freights outside.
Peas—No. 2 nominal, \$1.75 to \$1.80 ac-
cording to sample, \$1.25 to \$1.50, ac-
cording to freights outside.
Barley—Maltine, 65c; feed 60 to
62c, according to freights outside.
Buckwheat—Nominal, 70 to 71c, ac-
cording to freights outside.
Rye—No. 1 commercial, 94 to 95c, ac-
cording to freights outside.
Manitoba flour—First patents, in Jute
bags, \$6.50; second patents, in Jute bags,
\$5.80; strong bakers', in Jute bags, \$5.80;
Toronto.
Ontario flour—Winter, according to
sample, \$4.95 to \$4.15, in bags, track,
Toronto, prompt shipment, \$4 to \$4.10,
bulk, seaboard, prompt shipment.
Milled—Car lots, delivered Montreal
freights, bags included—No. 1, \$2.00;
No. 2, \$1.90; shorts, per ton, \$20 to
\$22; middlings, per ton, \$25 to \$26; good feed
flour, per bag, \$1.55 to \$1.60.

Country Produce.
Butter—Fresh dairy, choice, 25 to 27c;
inferior, 23 to 24c; creamery priors, 23
to 24c; inferior, 23 to 24c; No. 2, 24c;
Eggs—Steady to firm; new-laid, 28 to
29c; do., in cartons, 30 to 32c.
Beans—\$2.25 to \$4.50, the latter for
hand-picked.
Cheese—New, large, 18c; twins, 18c.
Maple syrup—Prices are steady at
\$1.40 to \$1.50 per Imperial gallon.
Dressed poultry—Chickens, 25 to 27c;
fowl, 23 to 25c.
Potatoes—Ontario quoted in car lots
at \$1.25, and New Brunswick at \$2.15
per bag; Westerns, \$1.55.

Montreal Markets.
Montreal, July 4.—Corn—American
No. 2 yellow, \$1.34; Oats—Canadian
western, No. 2, 54c; No. 1, 55c; No. 2
local, 53c; extra No. 1 feed, 53c; No. 2
local, 52c; No. 3, 51c; No. 4, 50c.
Barley—Maltine, 65c; No. 4, do.,
60c.
Flour—Man. Spring wheat patents,
firsts, \$6.67; seconds, \$6.10; strong bak-
ers', \$5.90; Winter patents, choice, 35
to 36c; straight rollers, \$5.10 to \$5.60;
do., bags, \$2.10 to \$2.65. Rolled oats,
barrels, \$4.75 to \$5.50. No. 1, 42c;
No. 2, 41c; No. 3, 40c; No. 4, 39c.
Shorts, \$2.25 to \$2.60. Bran, \$1.80 to \$2.00.
Moullie, \$2.7 to \$3.2.
Corn, car lots, \$20.50 to \$21.50; do.,
—Finest westerns, 164 to 17c; do., east-
erns, 164 to 161c. Butter, choice
creamery, 30c; seconds, 29c. Eggs,
selected, 23c; No. 2 stock, 22c; No. 2
stock, 25c. Potatoes—No. 1 N. W. C.,
\$1.57; No. 2 C. W., \$1.54.

Winnipeg Grain.
Winnipeg, July 4.—Cash quotations—
Wheat—No. 1 Northern, \$1.10; No. 2
Northern, \$1.09; No. 3 Northern, \$1.05;
No. 4, \$1.00; No. 5, 94c; No. 6, 90c;
feed, 85c. Oats—No. 2 C. W., 46c;
No. 1 feed, 46c; extra No. 1 feed, 45c;
No. 2, 44c; No. 3, 43c; No. 4, 42c; Bar-
ley—Feed, 60c. Flax—No. 1 N. W. C.,
\$1.57; No. 2 C. W., \$1.54.

United States Markets.
Minneapolis, July 4.—Wheat—July
September, \$1.07; No. 1 hard,
\$1.13; No. 2 Northern, \$1.05; No. 3
Northern, \$1.02; No. 4, \$1.00; No. 5,
94c; No. 6, 90c; No. 7, 86c; No. 8,
82c; No. 9, 78c; No. 10, 74c; No. 11,
70c; No. 12, 66c; No. 13, 62c; No. 14,
58c; No. 15, 54c; No. 16, 50c; No. 17,
46c; No. 18, 42c; No. 19, 38c; No. 20,
34c; No. 21, 30c; No. 22, 26c; No. 23,
22c; No. 24, 18c; No. 25, 14c; No. 26,
10c; No. 27, 6c; No. 28, 2c; No. 29,
No. 30, No. 31, No. 32, No. 33, No. 34,
No. 35, No. 36, No. 37, No. 38, No. 39,
No. 40, No. 41, No. 42, No. 43, No. 44,
No. 45, No. 46, No. 47, No. 48, No. 49,
No. 50, No. 51, No. 52, No. 53, No. 54,
No. 55, No. 56, No. 57, No. 58, No. 59,
No. 60, No. 61, No. 62, No. 63, No. 64,
No. 65, No. 66, No. 67, No. 68, No. 69,
No. 70, No. 71, No. 72, No. 73, No. 74,
No. 75, No. 76, No. 77, No. 78, No. 79,
No. 80, No. 81, No. 82, No. 83, No. 84,
No. 85, No. 86, No. 87, No. 88, No. 89,
No. 90, No. 91, No. 92, No. 93, No. 94,
No. 95, No. 96, No. 97, No. 98, No. 99,
No. 100, No. 101, No. 102, No. 103,
No. 104, No. 105, No. 106, No. 107,
No. 108, No. 109, No. 110, No. 111,
No. 112, No. 113, No. 114, No. 115,
No. 116, No. 117, No. 118, No. 119,
No. 120, No. 121, No. 122, No. 123,
No. 124, No. 125, No. 126, No. 127,
No. 128, No. 129, No. 130, No. 131,
No. 132, No. 133, No. 134, No. 135,
No. 136, No. 137, No. 138, No. 139,
No. 140, No. 141, No. 142, No. 143,
No. 144, No. 145, No. 146, No. 147,
No. 148, No. 149, No. 150, No. 151,
No. 152, No. 153, No. 154, No. 155,
No. 156, No. 157, No. 158, No. 159,
No. 160, No. 161, No. 162, No. 163,
No. 164, No. 165, No. 166, No. 167,
No. 168, No. 169, No. 170, No. 171,
No. 172, No. 173, No. 174, No. 175,
No. 176, No. 177, No. 178, No. 179,
No. 180, No. 181, No. 182, No. 183,
No. 184, No. 185, No. 186, No. 187,
No. 188, No. 189, No. 190, No. 191,
No. 192, No. 193, No. 194, No. 195,
No. 196, No. 197, No. 198, No. 199,
No. 200, No. 201, No. 202, No. 203,
No. 204, No. 205, No. 206, No. 207,
No. 208, No. 209, No. 210, No. 211,
No. 212, No. 213, No. 214, No. 215,
No. 216, No. 217, No. 218, No. 219,
No. 220, No. 221, No. 222, No. 223,
No. 224, No. 225, No. 226, No. 227,
No. 228, No. 229, No. 230, No. 231,
No. 232, No. 233, No. 234, No. 235,
No. 236, No. 237, No. 238, No. 239,
No. 240, No. 241, No. 242, No. 243,
No. 244, No. 245, No. 246, No. 247,
No. 248, No. 249, No. 250, No. 251,
No. 252, No. 253, No. 254, No. 255,
No. 256, No. 257, No. 258, No. 259,
No. 260, No. 261, No. 262, No. 263,
No. 264, No. 265, No. 266, No. 267,
No. 268, No. 269, No. 270, No. 271,
No. 272, No. 273, No. 274, No. 275,
No. 276, No. 277, No. 278, No. 279,
No. 280, No. 281, No. 282, No. 283,
No. 284, No. 285, No. 286, No. 287,
No. 288, No. 289, No. 290, No. 291,
No. 292, No. 293, No. 294, No. 295,
No. 296, No. 297, No. 298, No. 299,
No. 300, No. 301, No. 302, No. 303,
No. 304, No. 305, No. 306, No. 307,
No. 308, No. 309, No. 310, No. 311,
No. 312, No. 313, No. 314, No. 315,
No. 316, No. 317, No. 318, No. 319,
No. 320, No. 321, No. 322, No. 323,
No. 324, No. 325, No. 326, No. 327,
No. 328, No. 329, No. 330, No. 331,
No. 332, No. 333, No. 334, No. 335,
No. 336, No. 337, No. 338, No. 339,
No. 340, No. 341, No. 342, No. 343,
No. 344, No. 345, No. 346, No. 347,
No. 348, No. 349, No. 350, No. 351,
No. 352, No. 353, No. 354, No. 355,
No. 356, No. 357, No. 358, No. 359,
No. 360, No. 361, No. 362, No. 363,
No. 364, No. 365, No. 366, No. 367,
No. 368, No. 369, No. 370, No. 371,
No. 372, No. 373, No. 374, No. 375,
No. 376, No. 377, No. 378, No. 379,
No. 380, No. 381, No. 382, No. 383,
No. 384, No. 385, No. 386, No. 387,
No. 388, No. 389, No. 390, No. 391,
No. 392, No. 393, No. 394, No. 395,
No. 396, No. 397, No. 398, No. 399,
No. 400, No. 401, No. 402, No. 403,
No. 404, No. 405, No. 406, No. 407,
No. 408, No. 409, No. 410, No. 411,
No. 412, No. 413, No. 414, No. 415,
No. 416, No. 417, No. 418, No. 419,
No. 420, No. 421, No. 422, No. 423,
No. 424, No. 425, No. 426, No. 427,
No. 428, No. 429, No. 430, No. 431,
No. 432, No. 433, No. 434, No. 435,
No. 436, No. 437, No. 438, No. 439,
No. 440, No. 441, No. 442, No. 443,
No. 444, No. 445, No. 446, No. 447,
No. 448, No. 449, No. 450, No. 451,
No. 452, No. 453, No. 454, No. 455,
No. 456, No. 457, No. 458, No. 459,
No. 460, No. 461, No. 462, No. 463,
No. 464, No. 465, No. 466, No. 467,
No. 468, No. 469, No. 470, No. 471,
No. 472, No. 473, No. 474, No. 475,
No. 476, No. 477, No. 478, No. 479,
No. 480, No. 481, No. 482, No. 483,
No. 484, No. 485, No. 486, No. 487,
No. 488, No. 489, No. 490, No. 491,
No. 492, No. 493, No. 494, No. 495,
No. 496, No. 497, No. 498, No. 499,
No. 500, No. 501, No. 502, No. 503,
No. 504, No. 505, No. 506, No. 507,
No. 508, No. 509, No. 510, No. 511,
No. 512, No. 513, No. 514, No. 515,
No. 516, No. 517, No. 518, No. 519,
No. 520, No. 521, No. 522, No. 523,
No. 524, No. 525, No. 526, No. 527,
No. 528, No. 529, No. 530, No. 531,
No. 532, No. 533, No. 534, No. 535,
No. 536, No. 537, No. 538, No. 539,
No. 540, No. 541, No. 542, No. 543,
No. 544, No. 545, No. 546, No. 547,
No. 548, No. 549, No. 550, No. 551,
No. 552, No. 553, No. 554, No. 555,
No. 556, No. 557, No. 558, No. 559,
No. 560, No. 561, No. 562, No. 563,
No. 564, No. 565, No. 566, No. 567,
No. 568, No. 569, No. 570, No. 571,
No. 572, No. 573, No. 574, No. 575,
No. 576, No. 577, No. 578, No. 579,
No. 580, No. 581, No. 582, No. 583,
No. 584, No. 585, No. 586, No. 587,
No. 588, No. 589, No. 590, No. 591,
No. 592, No. 593, No. 594, No. 595,
No. 596, No. 597, No. 598, No. 599,
No. 600, No. 601, No. 602, No. 603,
No. 604, No. 605, No. 606, No. 607,
No. 608, No. 609, No. 610, No. 611,
No. 612, No. 613, No. 614, No. 615,
No. 616, No. 617, No. 618, No. 619,
No. 620, No. 621, No. 622, No. 623,
No. 624, No. 625, No. 626, No. 627,
No. 628, No. 629, No. 630, No. 631,
No. 632, No. 633, No. 634, No. 635,
No. 636, No. 637, No. 638, No. 639,
No. 640, No. 641, No. 642, No. 643,
No. 644, No. 645, No. 646, No. 647,
No. 648, No. 649, No. 650, No. 651,
No. 652, No. 653, No. 654, No. 655,
No. 656, No. 657, No. 658, No. 659,
No. 660, No. 661, No. 662, No. 663,
No. 664, No. 665, No. 666, No. 667,
No. 668, No. 669, No. 670, No. 671,
No. 672, No. 673, No. 674, No. 675,
No. 676, No. 677, No. 678, No. 679,
No. 680, No. 681, No. 682, No. 683,
No. 684, No. 685, No. 686, No. 687,
No. 688, No. 689, No. 690, No. 691,
No. 692, No. 693, No. 694, No. 695,
No. 696, No. 697, No. 698, No. 699,
No. 700, No. 701, No. 702, No. 703,
No. 704, No. 705, No. 706, No. 707,
No. 708, No. 709, No. 710, No. 711,
No. 712, No. 713, No. 714, No. 715,
No. 716, No. 717, No. 718, No. 719,
No. 720, No. 721, No. 722, No. 723,
No. 724, No. 725, No. 726, No. 727,
No. 728, No. 729, No. 730, No. 731,
No. 732, No. 733, No. 734, No. 735,
No. 736, No. 737, No. 738, No. 739,
No. 740, No. 741, No. 742, No. 743,
No. 744, No. 745, No. 746, No. 747,
No. 748, No. 749, No. 750, No. 751,
No. 752, No. 753, No. 754, No. 755,
No. 756, No. 757, No. 758, No. 759,
No. 760, No. 761, No. 762, No. 763,
No. 764, No. 765, No. 766, No. 767,
No. 768, No. 769, No. 770, No. 771,
No. 772, No. 773, No. 774, No. 775,
No. 776, No. 777, No. 778, No. 779,
No. 780, No. 781, No. 782, No. 783,
No. 784, No. 785, No. 786, No. 787,
No. 788, No. 789, No. 790, No. 791,
No. 792, No. 793, No. 794, No. 795,
No. 796, No. 797, No. 798, No. 799,
No. 800, No. 801, No. 802, No. 803,
No. 804, No. 805, No. 806, No. 807,
No. 808, No. 809, No. 810, No. 811,
No. 812, No. 813, No. 814, No. 815,
No. 816, No. 817, No. 818, No. 819,
No. 820, No. 821, No. 822, No. 823,
No. 824, No. 825, No. 826, No. 827,
No. 828, No. 829, No. 830, No. 831,
No. 832, No. 833, No. 834, No. 835,
No. 836, No. 837, No. 838, No. 839,
No. 840, No. 841, No. 842, No. 843,
No. 844, No. 845, No. 846, No. 847,
No. 848, No. 849, No. 850, No. 851,
No. 852, No. 853, No. 854, No. 855,
No. 856, No. 857, No. 858, No. 859,
No. 860, No. 861, No. 862, No. 863,
No. 864, No. 865, No. 866, No. 867,
No. 868, No. 869, No. 870, No. 871,
No. 872, No. 873, No. 874, No. 875,
No. 876, No. 877, No. 878, No. 879,
No. 880, No. 881, No. 882, No. 883,
No. 884, No. 885, No. 886, No. 887,
No. 888, No. 889, No. 890, No. 891,
No. 892, No. 893, No. 894, No. 895,
No. 896, No. 897, No. 898, No. 899,
No. 900, No. 901, No. 902, No. 903,
No. 904, No. 905, No. 906, No. 907,
No. 908, No. 909, No. 910, No. 911,
No. 912, No. 913, No. 914, No. 915,
No. 916, No. 917, No. 918, No. 919,
No. 920, No. 921, No. 922, No. 923,
No. 924, No. 925, No. 926, No. 927,
No. 928, No. 929, No. 930, No. 931,
No. 932, No. 933, No. 934, No. 935,
No. 936, No. 937, No. 938, No. 939,
No. 940, No. 941, No. 942, No. 943,
No. 944, No. 945, No. 946, No. 947,
No. 948, No. 949, No. 950, No. 951,
No. 952, No. 953, No. 954, No. 955,
No. 956, No. 957, No. 958, No. 959,
No. 960, No. 961, No. 962, No. 963,
No. 964, No. 965, No. 966, No. 967,
No. 968, No. 969, No. 970, No. 971,
No. 972, No. 973, No. 974, No. 975,
No. 976, No. 97

Shorthorn Cattle & Oxford Sheep.

Present Offering in Shorthorns—
Young Bulls from 8 to 10 mos. old, by same sire as Junior Champion, Female, at Leading Canadian Fairs, 1915.
In Oxforde—
Single Ram Lambs by Imported sire.

JAS. G. THOMSON

Shorthorn Cattle

Winners of the Silver Medal at Great Northern Exhibition for the past two years.
Choice young stock of both sexes on hand for sale.

Herbert H. Pletsch
R. R. NO. 1, CARLSRUHE
Lot 13, Concession 13, Carrick.

R. E. CLAPP, M. D.
PHYSICIAN AND SURGEON.

GRADUATE Toronto University and member College Physicians and Surgeons of Ontario. Office and Residence—Bloor Street North, MILDMAY.

J. A. WILSON, M. D.
PHYSICIAN AND SURGEON

HONOR Graduate of Toronto University Medical College. Member of College of Physicians and Surgeons of Ontario. Office and Residence—Bloor Street North, MILDMAY.

DR. L. DOERING
DENTIST MILDMAY.

HONOR Graduate of Toronto University Licentiate of Dental Surgery, and Member of Royal College of Dental Surgeons of Ontario has opened up his offices next to C. Schurter's, MILDMAY. Entrance on Main Street. All the latest methods practiced in dentistry. Visits Ayton every first and third Saturday, Clifford every second and fourth Saturday, and Newcastle every second and fourth Tuesday of each month.

No Guesswork.

Our method of testing eyes and fitting them with glasses, is modern, up-to-date and scientific.

THERE IS NO GUESS-WORK

It costs you nothing to let us examine your eyes.

If you are suffering from headaches, pain in back of eyes, or vision is blurred, or you get dizzy easily. Something is the matter with your eyes. We fit glasses that relieve the strain.

Prices Moderate.

C. A. FOX

JEWELLER & OPTICIAN Walkerton

SPRING TERM

at the

NORTHERN College
OWEN SOUND, ONTARIO

Opens on Monday, April 3rd

Students are admitted any time. Young women should begin making preparation at once to fill the places of the office men who have enlisted.

Write for particulars and circular.

C. A. FLEMING, F.C.A.
PRINCIPAL O. D. FLEMING,
For 35 yrs SECRETARY

Bear in mind—That after the first of August our subscription price will be \$1.50 per year. We will still receive new or renewals till August 1st at \$1.

A glance over the Premium List for 1916, just issued by the Canadian National Exhibition, shows a marked tendency throughout to give encouragement to utility breeds and types and with this object in view the Dominion Government has again contributed \$5,000 to the prizes, the Exhibition has added another \$1,000 and the Hereford Society a similar amount.

In modern society it is not supposed to be good form to eat with your knife or pour your tea into the saucer. An operation in California has disclosed the fact that a patient had two silver forks removed from his interior and not a sign of a knife, excepting the \$300 one wielded by the surgeon who discovered the forks. Guess the poor fellow would like to have to fork over more silver than the forks before all were satisfied.

The Western Fair.

September 8th to 16th.

London, Ontario.

The amusement programme at the Western Fair, London, Ont., this year promises to be an especially attractive one. Here are a few of the acts under contract. Lawrence and Hurlfalls, a comedy chair act, which is simply wonderful, Dio's Dog and Pony Circus; this is the act the older people like to take the children to see. Taisier Bros., two Japs doing some wonderful feats. Rice, Sully and Scott, a comedy rubber act, something new and novel. The Dayton Family, twelve people who give a remarkable exhibition. The four aerial bells, the greatest aerial artists, and others. The new steel grand stand with every seat a good one, will be filled no doubt twice daily. A grand display of fireworks by the International Fireworks Co., of London, every night. The Meyerhon Carnival Co. will fill the Midway with a fine lot of good clean shows. Two speed events on the track daily. Everything will be in full swing at this year's exhibition, September 7th to 16th. All information from the Secretary, A. M. Hunt, London, Ont.

Items Of Interest.

Is your subscription paid? If not, why not save fifty cents by renewing now.

The "giants for business" who are really helping win the war are the boys at the front.

If your subscription is not paid, it would save money to renew now, before the advance.

It is stated that the Bruce Battalion which is about 300 over strength, will have that number drafted to the Perth to enable them to fill up.—Milverton Sun.

The Russian parliament has passed a law that on four days of each week no meat shall be eaten. After the war people will be surprised at the number of things they were able to do without.

Close to twenty million amusement tax tickets have been printed by the Provincial Government since the amusement tax went into effect. At one cent each, these, when sold, will return \$200,000 into the provincial coffers.

Report is current that Rev. Dr. Johnston, the pastor of the American Presbyterian church at Montreal, has been appointed chaplain of the Bruce Battalion. Dr. Johnston was a resident of Bruce county a number of years ago.

An English farmer told a military service tribunal that his experience with women workers on his farm had been very fortunate. One woman whom he set plowing arrived on the field with a parasol and cushion.

The following quotations on old newspapers, etc., have been received from Toronto:—Any kind of scrap paper, 88 per ton; old newspapers, \$10 per ton; books and magazines, any kind whether cloth or paper covered, \$20; household rags, any kind, 5c a lb.; rubbers and rubber boots, 8c a lb.

A majority of the Berlin, Germany, newspapers have decided to reduce the size of their publications from July 1st, owing to the increasing cost of paper. Several of the newspapers have also determined to increase their subscription price for the same cause. Other newspapers, however, have decided to make no change, as they have been assured that measures will be taken to provide paper supplies at reasonable prices.

Critics now tell us that Germany's big chance to stop the Russian advance would have been a violent naval action against the Gulf of Riga accompanied by land forces. The British navy put such a crimp in the German fleet that this is impossible. When we see the British navy make possible the great Russian drive we get a good chance to recognize that John Bull is no slacker when it comes to doing his bit.

The London city council has set aside an amount as a reward for information that will lead to the apprehension of the person who sounded the false alarm that caused the death of Capt. John Case, severe and possibly fatal injuries to three men, and property damage exceeding \$8000, on Sunday morning. A charge of manslaughter is certain to be laid against the miscreant if he is located. A standing reward of \$50 is offered by the Council in all cases of false alarm but such miscreants have not been easily apprehended in other instances.

A case of unusual interest was tried before Magistrate Brink, yesterday when seven Germans were tried for courtesying with a keg of beer at the home of Mrs. Robt. McCullough, on the 6th concession. Lawyer Clark, of the firm of Clark & Moon appeared for the plaintiff and Lawes Klein for the defendant. Magistrate Brink fined each one of the men \$5 and costs, which will total about \$10 apiece. As usual, there was considerable sharp shooting between Lawyer Klein and the magistrate.—Teewater News.

Pure, Fresh, Quality Groceries

We buy in quantities to suit our trade.

That's why our Groceries are always fresh.

Let others do as they wish. We are taking no chances but have installed a Sherer Gillet, sanitary pure food counter.

It is not only attractive but sanitary and convenient and so avoids delays.

No long waits, no short weights if you buy your Groceries here.

For the hot weather breakfasts

Krumbles, per package	10c
Shredded Wheat,	2 for 25c
Triscuit	2 for 25c
Quaker Cornflakes,	10c or 3 for 25c
Grapenuts, per package	15c

Terms—Cash or Produce.

HUNSTEIN & KNECHTEL

GENERAL MERCHANDISE

PHONE 20.

The Store That Improves.

Men's Wear

Shirts

Fancy black and white and blue and white in narrow stripes
Worth \$1.50 Your choice \$1.

White negliges shirt with twilled bosom, just the thing for Sunday wear at \$1.25.

Ties

Bow ties, hook-on, bat-wing and wide flowing end ties at 25 to 50c each

Kant Krack Collars

A soft pliable coated linen collar. Just the thing for warm summer wear at 25c each.

Ladies House Dresses

A good assortment. Regular 1.40 and 1.50 to clear at \$1.15

Strawberries Strawberries

The season is now in full swing. Leave your orders early and avoid disappointment.

CREAM.. WANTED

We are in the market to buy CREAM, sweet or sour, at the highest market price.

We Supply Two Free Cans

Pay twice each month, test each can received, send our patrons a statement of the weight, test and butter fat in each can, with the empty can returned.

We refer you to any bank as to our standing.

Write for cans to-day.

PALM CREAMERY

TRELEAVEN & RANTON

PALMERSTON, ONT.

NOTICE—We want an Agent here for Palm Dairy Ice Cream. Write for prices and terms.

Merchants Bank of Canada

MILDMAY BRANCH - H. G. WRIGHT, MANAGER.

New Issue of the



Telephone Book.



- ☛ Copy for the next Telephone Directory closes on the above date!
- ☛ Order your telephone now, so that your name will be in the new issue!
- ☛ Report changes required to our Local Manager to-day.

The Bell Telephone Co. of Canada.



FREE

A post card addressed to us as below, with your name and address on the other side, will cost but one cent. Drop it in the nearest mail box, and it will bring promptly a copy of our illustrated 80-page catalogue for 1916. With it will come also—free—a 16c packet of

Byron Pink Tomato

A perfectly formed tomato, the Byron Pink is uniform, large, and attractive. The flesh is firm, and the flavor delicious and full-bodied. It is a robust grower and a heavy cropper. It is an ideal tomato for forcing. You are going to buy seeds anyway; then you might just as well send for our catalogue and get this free premium for yourself.

The Catalogue tells about the other valuable premiums which we give with every order.

DARCH & HUNTER SEED Co., Limited, London, Ontario, CANADA

Western Fair

LONDON, ONTARIO.

September 8th to 16th, 1916.

WESTERN ONTARIO'S
POPULAR EXHIBITION

ART, MUSIC, AGRICULTURE & AMUSEMENTS

A Fine Combination at London's Exhibition.

A Real Live Program of Attractions Twice Daily

Two Speed Events Daily

FIREWORKS EVERY NIGHT

New Process Building

Every Building Full of Exhibits

SINGLE FARE over all Railways West of Toronto

SPECIAL EXCURSION DAYS

Prize Lists, Entry Forms and all information
from the Secretary

W. J. REID, President

A. M. HUNT, Secretary

Straw Hat Colors

Black, Dark Brown
Blue, Cardinal Red
Navy Blue, Purple
Tan, Dark Green

Twenty-five cents
a bottle, with brush

JOHN COATES

Druggist, Mildmay.

M. FINGER

Mildmay

I buy Wool, Hides, Poultry
Rags, Rubber and Metal and pay
the highest prices. Call up Bell
Phone 38, and I will call on you.

Satisfactory dealing guaranteed.

5%
DEBENTURES

Are Issued
for Short
Term of Years
INTEREST
Coupons Payable
Half-Yearly

NEGOTIABLE
Assets: \$7,480,339

The Great West Permanent Loan Company
80, King St. West, Toronto

J. A. JOHNSTON

Mildmay

your subscription paid?
us have your renewal now.
wald Lumley, whose father, Mr. J.
ley, is a private in the 160th (Bruce)
Battalion, is bound to get to the war
too. Having twice applied for enlist-
ment and been rejected on account of
his footedness, he went on Thursday
last to London and succeeded in pass-
ing the medical officer and getting into the
ranks of the 160th Battalion. Whatever
one may be wrong with his pedal ex-
tremities, the lad at least can't be accused
of the shirker's complaint—cold feet
—Times.

Pert Paragraphs.

Germany, through Count von Bernstorff, has instructed all German consuls in the United States to admonish German citizens in their districts scrupulously to observe American laws. This was done in an effort to end various violations of American neutrality.

Governor John Miller, of the Grey County jail, oldest jailer in the Province, resigned his position at the June session of the County Council last week. Mr. Miller has been jailer for 44 years, having succeeded his father in the position in 1872. For some months past he has been confined to his room through illness.

The purchase of Palestine from Turkey for \$500,000,000 by the joint efforts of the Jews and Christians of the world, to be turned into a small free republic, was proposed at a meeting in Chicago by Mr. Myerthau, ex-United States Ambassador to Constantinople. The speaker thought Turkey would be persuaded to sell after the war was over.

The July issue of Rod and Gun is replete with material of interest to the sportsman, whether he be fisherman, hunter, dog fancier, gun crank or what not. Bonnycastle Dale contributes the leading article, "The Pursuit of the Maskinonge"; F. V. Williams gives a chapter in the adventurous life of a Seal Pup; Geo. H. Sarver relates an experience in which British Columbia sportsmen are attacked by grizzlies; Edward T. Martin describes a fight put up by a wild goose when attacked by a retriever. Other stories and articles, in addition to the regular departments are: Burns of Benwell, A Good Friday Visit to Jack Miner's Preserve near Kingsville; Yachting in Cape Breton; Miseries of Fishing; A Tenderfoot lost in the woods of Cloud's Bay, Port Arthur, etc. The July issue is a good one to tuck into the outer's pocket when setting forth on his vacation.

Separate School Report.

Results of Promotion Examinations.

To Sr. IV.—Joseph Diemert, Cletus Weiler, Kathleen Herringer, Clara Stumpf, Edwin Herrgott, Leo Weiler, Edward Schurr, Charlie Lobsinger.

To Jr. IV.—Bertha Goetz, Harold Schmidt, Ellen Mahoney, Arthur Weiler, Cecelia Beechie, Wilfred Fedy, Alfred Schumann, Eileen Goetz, Ralph Schefter, Leonard Schuett.

To Sr. III.—Alfred Herrgott, Carl Godfrey, George Missere, Fridolin Kunkel, Cecelia Stroeder, Anthony Missere, Adolph Brohmman, Cletus Lobsinger.

To Jr. III.—Leonard Lenahan, Rudolph Kunkel, Marie Sauer, Wilfred Weiler, Catharine Goetz, Arthur Schmidt, Carl Schefter, Olive Weiler, Alfred Schmidt, Anna Schultheis.

To Sr. II.—Joseph Goetz, Clayton Lobsinger, Marjorie Goetz, Florence Sauer, Gordon Lobsinger, Florence Schmidt, Magdalene Schefter, William Huber, Kathleen Kunkel, Isabel Stumpf, Fernanda Kunkel, Anna Schurr.

To Jr. II.—Magdalene Weiler, Patricia Godfrey, Anna Schefter, William Herrgott, Clarence Schuett, Marianne Stroeder, Leonard Lobsinger, Mary Diemert, Catharine Huber, Isabel Goetz, Albert Goetz, Albert Stumpf, Harry Schacher, Winnifred Schwehr.

Booze Sellers Heavily Fined

John Charles Tears, a Bell Telephone lineman of Owen Sound, and Gordon Lloyd, a liveryman of Chesley, were up before Magistrates Jas. Tolton and Robt. Richardson in Walkerton on Tuesday last for illegally selling booze in Local Option Chesley. Hearing, it seems, that a large quantity of the family distiller was being brought to Chesley in readiness for the visit of the soldiers on the King's birthday, and suspecting that corks would be popping much too freely that day for a dry burg, some Chesleyites notified the Dept. at Toronto, with the result that two spotters were despatched to Chesley for the celebration. On the day of the big pow-wow the spotters met Lineman J. C. Tears in the office of Lloyd's livery stable, and purchased a bottle apiece of Seagram's whiskey from the lineman at \$1.50 a flask. While the sale was going on one spotter would stand with his back to the door to prevent others from coming in, while he wistfully watched his pal purchase the tanglefoot and spring the trap on the illegal booze seller. The following day they claim to have purchased a bottle apiece from Lloyd, the liveryman, himself, and after they had secured the necessary evidence for a trial, License Inspector White was instructed to lay the charges that opened the eyes and lightened the pocket books of the booze dispensers. On the lineman being declared guilty after putting up a strenuous fight to secure acquittal in court, the liveryman threw up his hands and pleaded guilty to an illicit booze selling charge. The minimum fine of \$300 dollars and costs was levied on each of the defendants by way of punishment for illegal dabbling into the booze game. O. E. Klein of Walkerton was the prosecuting lawyer at the trial, while Barrister Spearman of Owen Sound appeared for the defense.—Bruce Herald & Times.

Fined \$140 for Assault.

A case of criminal assault was tried before Judge Klein at the Court House, Walkerton, on Wednesday afternoon, the defendant being Charles Calhoun and the plaintiff Samuel Kington, two Elderslie farmers. It appears that bad feeling had existed between the two parties for a considerable time, and on the first day of June the two men met on the road, Kington driving in a buggy. Some hot words passed between them and Calhoun tried to pull Kington out of the buggy, and failing to do so jumped into the buggy and beat up his opponent with his fists so badly that the whole left side of his face was rendered black and blue, his left eye badly colored and the right side of his face painfully bruised. A doctor was summoned, and the man confined to the house for several days after the beating. Upon hearing the evidence the Judge found the accused guilty of the offence and assessed him \$140.00 for the part he played in the affair. Crown Attorney Dixon prosecuted, and Mr. D. Robertson, K. C., appeared for the defendant at the trial.—Times.

To Issue "Dry" Licenses.

The issuing of standard hotel licenses at one dollar each will be the chief item of business of the Ontario License Board as reconstituted under the Ontario Temperance Act. These licenses permit hotels to sell cigars, cigarettes and tobacco, soft drinks and ice cream, and conduct cafes and restaurants. It may not be generally understood that standard licensed hotels will be the only hotels under the new law with such privileges, and so far as other hotels are concerned, will have the monopoly of this business. Others who attempt to sell such goods will be liable to a fine of \$10 and costs. It is not anticipated that there will be much trouble about the cancellation of leases on hotel property when the "dry" law comes into effect on September 16. Most hotels are leased under contract providing that in the event of the license being withheld the lease may be terminated forth with. The clause in the new Act will afford relief to any cases where long term leases have been entered into without such a clause in the contract. Few applications for relief have been received as yet, but letters to the officials want explanations such as show they intend as a rule to try out the new law before seeking relief from their leases.

Important Court Decision.

The Municipal World has the following comment upon a legal case which originated in this country.

The case of Davis vs. the Township of Osborne, recently disposed of by the Court of Appeal, is of great interest and instructive as to the trend of judicial opinion with reference to the responsibility of municipalities with reference to the maintenance of public highways.

The advent of the motor vehicles has had apparently been looked upon with unfavorable eyes by many municipal officers and the feeling seemed to prevail in many municipalities that so long as they provide a road suitable for travel by the means in use prior to the advent of motor vehicles they were doing all that their duty called upon them to do, and in fact in some localities they went further and by the construction of water-sheds across and at right angles to the road and dumping gravel in hillocks and lumps with spreading made it impossible to travel on some of their highway at a speed of more than one-half the statutory limit.

In the case mentioned above the County Court Judge of the county of Huron held that the road upon which the accident happened was reasonably safe for public travel by the means in use before the advent of motor vehicles and that the township having provided such a road were under no obligation to improve it to make it reasonably safe against the added dangers occasioned by the use of motor vehicles. The Court of Appeal, however, dissented from this view and held that the statutory duty imposed upon the township required it to make the road reasonably safe for the purpose of travel and so safe from any additional danger incident to the use of it by motor vehicles which have been in use for several years and are now a common means of transportation.

The matter under consideration in that case was of a horse taking fright at a motor vehicle and overturning the buggy of the plaintiff in a ditch alongside of the road and the Court of Appeal directed judgement to be entered against the township on the grounds above set out holding that if the ditch was necessary it should not have been in the shape of an open ditch but should have been tiled.

It does not seem very far to go from this decision to one holding the township liable for any damage sustained by the motorist or to the motor itself while travelling on the road within the legal speed limit, by reason of holes or defects in the highway.

Stock Feed

A large shipment of first-class mixed feed for all kinds of stock just arrived, composed of corn, barley and oats ground. Also a full line of the best flours always on hand. Prices right.

Highest cash price paid for Butter and Eggs.

GEO. LAMBERT.

Mildmay

Ontario

About Watches.

Although Watches have advanced in price lately, I am still going to sell them at the old price. A fine assortment in stock. Call and see for yourself.

Brooches, Tie Pins, Neck Chains and Pendants, G. F. Bracelets, Collar Pins and Cuff Links at about half the regular price. Also a fine assortment of China and Silverware for wedding presents.

Repairing done and satisfaction guaranteed.

C. Wendt

Jeweler

SKUNK

Get "More Money" for your Skunk

Mustard, Bacon, Peas, White Wood, Sugar and other Fur bacons collected in your outfit

Write for it—30¢—if FREE

A. B. SHUBERT, Inc. 25-27 WEST AUSTIN AVE. DEPT. C 3800 CHICAGO, U.S.A.

Ford Runabout \$480

Ford Touring \$530

Automobile prices are being raised—but the Ford price has been reduced \$120 since the war began.

The immense Ford cash purchasing power has made it possible to overcome in many ways the serious obstacles met with by other car makers because of the scarcity and advance in prices of raw materials.

The high Ford quality is strictly maintained and the most exacting government tests have shown that Ford constructive material even excels that used in most high grade cars.

This year the Ford car—always the most economical car to buy and to operate—beats all records for economy.

Liesemer & Kalbfleisch

All cars completely equipped, including electric headlights. Equipment does not include speedometer.

Use more water and less flour, and get better bread with—

PURITY FLOUR

More Bread and Better Bread

FOR THE HOUSEWIFE

USEFUL HINTS AND GENERAL INFORMATION FOR THE BUSY HOUSEKEEPER

HOUSEWIVES BUYING CHART
It Tells When to Buy Native Fruits

Name of Fruit	Variety Name	Eating Qualities	Preserving Qualities	Sugar High Content or low	Keeping Qualities	Date when Best
Strawberry	Williams	Fair	Excellent	Medium	Excellent	Last week in June and July 1st.
Cherries	Ox-Heart	Excellent	Excellent	High	Fair	July 1 to last. Ripe a month.
Raspberries	Cuthbert	Excellent	Excellent	High	Good	Mid to late Aug.
Blackberries	Thimble Berries	Fair	Excellent	Medium	Fair	Mid to late Aug.
Plums	Niagara	Fair (best)	Excellent	High	Good	Sept. to first Oct.
	Reim Claude	Excellent	Good	High (very)	Good	Late Sept. to 1st Oct.
	Prunes	Good	Good	Fair	Good	Late August
Peaches	Late Blues	Fair	Excellent	High	Good	Early September
	St. Johns	Excellent	Excellent	High	Good	Late Sept. a week later than Early
	Crawfords	Excellent	The Best	High	The Best	Crawfords. First of Oct. to middle.
	Elbertas	Fair	The Best	High	Good	Early September
	Smocks	Fair	The Best	High	Good	Mid. Sept. to Oct.
Grapes	Early Blues	Fair	No Good	Low	Fair	Early September
	Niagaras	Good	Jelly	High	Good	Mid. Sept. to Oct.
	Rogers	Excellent	Jelly	High (very)	Good	First Sept. to mid.
	Concords	Excellent	Jelly also wine and grape juice	High	Good	Mid. Sept. to Oct.

Strawberry Time is Here.
Strawberries are ripe; and if we don't utilize them in every possible way while fresh and fragrant from the garden, and then put up as many as we can for future use, we shall be losing a golden opportunity. The strawberry is a wholesome fruit for most people. But there are persons who cannot eat the fresh berries without bringing on some discomfort of the stomach, though they may eat the cooked fruit with impunity.

When it comes to ways of cooking and serving strawberries we will try, first, old-fashioned shortcake.

Strawberry Shortcake.—Four cups sifted flour, 1/2 teaspoonful salt, 1 teaspoonful sugar, 3 tablespoonfuls butter, 1 teaspoonful soda, 1 cupful sour cream or rich sour milk, 1 egg, strawberries, whipped cream. Sift flour salt and sugar together into a mixing bowl and chop the butter into it. Dissolve the soda in a little warm water, then beat the sour cream or milk into it, together with the beaten egg. Add to dry ingredients, mixing with a flexible knife, but handling as little as possible. The dough should be soft enough to roll out easily. Roll quick and lightly on a floured board into sheets. Lay one on top the other in a well-greased, round pan, having the first one well brushed with softened butter. Bake in a hot oven. When done, split the cakes cover the lower half with a thick layer of strawberries crushed and sweetened then place the second one on top and cover with a layer of whipped cream and place whole strawberries on top of this. Sweet milk and baking powder may be used instead of sour cream and soda.

A Dainty Strawberry Dessert.—One cupful ripe strawberries, 1 cupful sugar, 2 egg whites, stale cake. Mash the berries and stir in the sugar. Beat the whites of the eggs stiff; then put in the berries and sugar and whip stiff. Put a layer of stale cake in the bottom of a dish and pour the strawberry fluff over it. In about an hour the cake will be permeated and softened with the juices, while the fluff on top is firmer than before. If you desire to make the dish more ornamental, drop spoonfuls of whipped cream on the meringue, putting a

strawberry on a bit of green angelica or real strawberry leaves on each.

Strawberry Marmalade.—To one pound of strawberries allow one and one-half pounds of sugar. Cook strawberries in the clarified sugar stirring constantly, until they become pulpy and the juice is thick. The heated berries may be passed through a sieve and stirred with sugar allowing two pounds of sugar to one pound of berries. Pour into glasses and cover immediately. Then cook them in a double boiler for fifteen minutes, leaving them in the boiler until cold.

Strawberry Jelly.—Strawberry jelly may be made of strawberry juice alone, if the berries are only partly ripened; but if sweet or fully ripe, red currant juice or lemon juice in the proportion of a half cupful of red currant juice or the juice of a small lemon to a pint of strained strawberry juice should be added. To each pint of the mixed juice a pound of sugar is allowed. English housewives make a delicate jelly of the berries alone before they are fully ripe in this way. Put the carefully picked and cleaned berries into the preserving kettle over a slow fire. Crush slightly with a wooden spoon until the juice flows freely. Simmer gently for half an hour strain through a jelly bag and return to the fire. Boil briskly fifteen minutes with constant stirring. Take from the fire, measure and allow a pound of sugar to every pint of juice. Add the sugar, a cupful at a time, stirring until thoroughly dissolved. Put back on the stove and boil briskly until the liquid jells.

Strawberry Glace.—One quart water, 2 cupfuls sugar, 1 teaspoonful granulated gelatin, Juice of 1 lemon, 1 1/2 cupfuls strawberry juice, whipped cream. Boil sugar and water together twenty minutes and then pour over the gelatin which has been softened in a little cold water. When this is cool, add the lemon juice and the strawberry juice, carefully strained and free from seeds. Freeze and line a mold with the frozen ice. Fill in the center with stiffly whipped sweetened cream. Cover the top with the strawberry ice.

Useful Hints.
Gardeners should keep their tools in the proper place; they will then waste no time in looking for them.

Sweet peas should be thinned out if they come up too thickly.

A little quince preserve improves the flavor of pumpkin pie.

Powdered sugar is sometimes preferred in making hard sauce.

House plants infected with lice should be dipped in tobacco water.

Fermented ketchup makes an excellent polish to clean brass articles.

Good cauliflower is heavy, compact and creamy white in appearance.

Grated horseradish mixed with lemon juice is better than when mixed with vinegar.

A little baking soda is a good thing to put in the dish water when washing dishes.

A delicious cake filling is made of sugar and cream boiled together and thickened with finely ground peanuts.

Jelly bags, pudding bags and strainer clothes should be thrown into clear warm water immediately after using them.

The housewife can frequently omit meat from a meal if she makes up the nourishment with cheese, nuts and milk or cereals.

A tub of water placed near the house plants in a room where you are afraid of frost will attract the frost, and save the plants.

Always remove the bones and meat from the soup stock before it cools; then when it is cool you can lift the fat off without any waste.

Using a warm iron when cutting the clothing will do away with pins and weights on tissue paper patterns. Lay the pattern on the material and press it lightly with a warm iron. It will adhere to the cloth.

If bacon is soaked in water a few minutes before it is fried, it will retain much more fat than if cooked in the ordinary way. When it is done sprinkle over it a few drops of lemon juice and a dash of paprika which will much improve its taste.

If the breakfast egg cups are put into cold water and allowed to soak until the regular dish-washing is done they will rinse out quite easily; and if the egg spoons are rubbed with a little salt, after being rinsed in warm water, all discoloration will be removed without the use of silver polish.

men made perfect" who attend the Lord's Parousia.

15. By the word of the Lord—Distinctly suggesting that the Master's own express statement lies behind this declaration. This letter was written long before our Gospels were composed, and in all the Epistles we may be sure there are many words of Jesus quoted which we cannot identify as such. We that are alive—since a true perspective of the future, determining the relative distance of assured events, is impossible to man as man (Acts 1. 7)—was impossible even to the Lord in his incarnate life (Mark 13. 32)—it is not strange that even the apostles foresaw the interval separating them from the end, and felt sure it would come in their day. Yet he said it would not come to his gospel had been proclaimed to all the nations, and the world is far bigger than they knew! Most assuredly "the end is not yet," though foolish cranks will go on proclaiming that they do "know the times and seasons which the Father set within his own authority." Left—The word has a tinge of wistfulness—even so early Paul could have almost envied those who were "with Christ, which is very far better" than being "in Christ." But it was not time yet for the sentinel to be relieved, and Paul would not cherish the wish even years after, when he wrote to the Philippians from prison. Precise—So that the dead in Christ suffer no disadvantage, but the contrary.

16. It is impossible to note that the Advent follows the waiting time that the dead spend in "Hades," the "unseen world," which includes "Paradise" (Luke 23. 43) or "Abraham's bosom" (Luke 16. 23). This is the next "abiding place" (John 14. 2) in our journey, and "heaven" lies beyond the Advent. Shout—The noun used here only, is derived from the verb command. Hence the phrase (see above) in George R. R. Wilson's Communion hymn. Archangel—Only elsewhere in Jude 9. We do not speculate on these symbolic companions. Trump—As 1 Cor. 15. 52, coming from Matt. 24. 31. First—The picture presents Christ, family together the dead reawakened with bodies—the "spiritual body" and the living "changed" into the same likeness (1 Cor. 15. 50f.), in the present body "cannot inherit kingdom of God."

17. In the clouds—As he was at ascension, the symbolism of which determines the whole picture.

18. Comfort is the uppermost message here, though the more included encourage (hence often exhort) we serve equally well.

THE LESSON OF FLOWERS

"Consider the Lilies of the Field, How They Grow, Neither Do They Spin."

The word "consider" is a significant word. Literally it means "along with the stars." Get up high enough to see things truly. Let your altitude be sufficiently heavenly so that your view of things on earth is clear. We send flowers to sick people not only that they may smell them but that they may consider them. They bring with them such a message of cheer and trust and hope. Jesus does not tell us to consider the flowers scientifically; He just tells us to look at them with our natural eyes, and let them teach us their natural lesson.

Jesus meant that little flowers to be a rebuke to those who "consider" it. Lillies never worry. Hugh Macmillan, the great nature preacher, has told us that the characteristic of spring flowers is that they blossom direct from the root. The reason for this is that in spring the weather is so capricious—alternate sunshine and frost—that nature hastens to take a hurried leap over the foliage to get to her end at once. So is it with all the spring growths of human life.

Faith, Hope and Love.
Are impulses which spring directly from the source of all good. Jesus does not here forbid anxiety, but He forbids being anxious over the wrong thing. He rebukes those who worry over their own souls. The minor anxieties of life paralyze us from being really anxious over the best things. "To-day is the to-morrow you worry about yesterday, and it didn't happen."

But Jesus would have us consider the flower not only because it has a word of rebuke for us but also because it has so much to reveal to us. "To me, the meaneast flower that blows can give Thoughts that do often lie too deep for tears."

That is what Goethe meant when he said that nature was "the book of the Deity." As we stand as the flower I know that God is for beauty. He has taste, and it is essential to Him.

As we consider the flower our own becomes complete, and we know that God cares. If He cares so much for the grass of the field, which to-day is used for fuel, "shall He not care much more for you?" City folk are a bit ashamed of a farmer who goes to visit them and takes the country with him. They want to brush the hayseed from his shoulders. But city folk in our turn are apt to take the city with them when they go to the country. That is just as bad as the other. We need some angel in the guise of a wise farmer to brush the city dust from our shoulders and tell us to consider what God has for us already in the country itself.

Henry Drummond has reminded us that a lily grows mysteriously, pushing up its solid weight of stem and leaf in the teeth of gravity. We do not wonder at it. It is nature; it is God. But when the soul rises slowly above the world, pushing up its delicate virtues in the teeth of sin, we are apt to declare that a strong will accounts for it. That is to say, we allow freely a miracle to the lily but none to the man. The lily may grow, but the man must toil and spin. Men spoil the things that God gives. Moses gave to his fellows the Law, and they made of it—Sin. Christ gave to His fellows Peace and men have exchanged it for—War. Shall we not let God have His way with us for a season? "Consider the lilies of the field, how they grow, they toil not, neither do they spin."—Rev. Harold Pattison.

THE SUNDAY LESSON

INTERNATIONAL LESSON.
JULY 9

Lesson II.—The Thessalonian Christians. 1 Thess. 1; 2: 17-20; 4: 13-18. Golden Text, 1 Thess. 4: 14.

Verse 1. Silvanus—The Roman name of Silas, just as Paul was of Saul. In God—Paul's "mystical in." "In him we live and move and are," even as human beings; much more does a church, as such, only live in that vital air. Grace and peace—Both describes God's blessing; the first emphasizes its spontaneous and unmerited character, the second its results.

2. Making mention—The phrase (compare Philom. 4) is a standing epistolary formula found in pagan letters from Egypt. Paul galvanizes it into life, as if we were to make "Yours faithfully" mean something!

3. Work emphasizes the results achieved, labor the toil and weariness it cost, patience (or, much better endurance) the refusal to yield to weariness or opposition or discouragement. Faith then produces, love makes labor light, and hope "endures to the end," "as seeing him who is invisible." For the three see 1 Cor. 13. 13; for the first two, 1 Cor. 15. 58; and for "hope set on Christ," 1 John 3.3. It is "by hope we are saved" (Rom 8. 24; so read).

4. Election—The same Greek noun comes in Acts 9. 15. God chooses each of us for a special task which no one can accomplish. He calls us to it (Rom. 8. 30), and when we have answered the call—which we have free to refuse—the divine "choice" becomes apparent.

6. Imitators—Hence Thomas a Kempis takes the title of his classic. The example of Christ is the theme of

many sayings; here and in 1 Cor. 11. 1 (see also 1 Cor. 4. 16) we have the thought that this example must be first learned from its reflection in the Christian. What a responsibility! Affliction—Acts 17. 6 shows how the earliest leaders of the church at Thessalonica had a stern trial at the very outset of their Christian life. That they stood it without flinching and found that "Holy Spirit" gave them joy therein was the secret of the splendid start the church had which receives glowing testimony here.

7. Achaia—The Roman province (compare Acts 18. 12), including the whole of peninsular Greece south of Macedonia. Corinth was the most important city, though Athens was still its intellectual center.

8. Gone forth—Compare Rom. 10. 18, where the same word is used. Speak anything—About the coming of the gospel to Thessalonica.

9. Idols—The root of the word is the idea of a phantom—as a ghost, or an unreal. Hence, here and in such places as 1 John 5. 21 the contrast is with the real or true God, and often as here, with the living God; the sublime scene of Elijah on Carmel is a vivid comment.

10. Wait—Service and waiting are thus the two sides of Christian life. The Master's own parable inspires the great idea (Luke 12. 35ff.). It is the active "waiting" of the farmer (James 5. 7), who plows and sows and then can only wait for the harvest, which he cannot hurry. "They also serve who only stand and wait." From heaven—In view of Mark 14. 62 and Acts 1. 11 we must bring in the symbolism of the sky, which of course, supplies us with our picture-word for the unseen world. Raised—The resurrection guaranteed the advent "with the clouds," since the cross was expressly the consequence of his claim to fulfill the prophecy in Daniel. The human name Jesus is very significant in this context. It calls up the title on the cross; and by its very meaning ("Jehovah is Deliverance") it reminds us of his supreme function.

Delivereth—The word of the Lord's Prayer. The wrath—As in Luke 3. 7. The word is continually used for the wrath, it being needless to say whose. Compare especially Rom. 12. 19; "give place unto the wrath." It is well to recall the obvious consideration that "wrath" is a human word, which must mean something very different when we apply it to God. Such words as angry and jealous, applied to God, are perpetually a cause of stumbling to men who forget this obvious caution.

4. 13. Would not—"We won't have you ignorant" gives the peremptory character of the phrase better. Fall asleep—From time to time, to the great distress of Christians who thought this would deprive their friends of the joys of the Advent, which was long expected to be immediate, even by Paul himself (note on verse 177). The figure of "Sleep and his brother Death" (Shelley) is as old as Homer. The "hopelessness" of contemporary Gentile thought is best illustrated by the great Roman lyrical poet Catullus, who two generations earlier sang, "Suns may set and rise again; for us, when once our short day has set, there is only sleeping through one eternal night." N. hope of [final] salvation" (chapter 5. phrase of the Book of Wisdom: "the hope of [final] salvation" (chapter 5. 8) is to be his "helmet," preserving his intellectual life from pessimism. 1 Cor. 15. 58 tells why this hope is so vital an so practical.

14. Fallen asleep through Jesus (margin)—The verb here probably retains its original passive sense, and we read "put to sleep." In vernacular Greek the active is used for "folding" sheep, and the thought of the Good Shepherd "folding" his flock one by one is not far away, even if the figure is not directly present. We talk of the "Angel of death"; this verse tells us that the Divine Messenger is none other than He who died and is alive for evermore. Bring with him—In the retinue of "Spirits of just

THE FASHIONS

With the first, sultry days of summer, one naturally turns to white, or the pale-toned linens and cottons. Owing to the popularity of stripes and checks, it is safe to say that it will not be an all-white season, but all-white is to be very popular, nevertheless.

Wash Satin in Suits and Dresses
One of the coolest and most novel of the new summer materials, both for suits and dresses, is wash satin. This comes in the plain flat tones and



Pink Organdy Blouse, Black Satin Skirt.

also in white. It is a practical fabric, too, as it sheds dust, does not wrinkle readily, and launders perfectly. Coats and blouses, too, for wear with skirts of linen, the corded cottons, or the regulation suit skirt of serge or gabardine, are being fashionably revived for evening and the more elaborate afternoon dresses.

Separate Coats and Skirts
How the separate skirt could ever have been laid aside for a season or ed of wash satin, most effectively. A tennis coat, in Norfolk fashion, a belted Russian, or one of the various other peplum model, developed in a soft tone of satin, may be worn for morning, sports wear, or for afternoons. The sheer linens, cottons and silks



Pongee Frock with Slip-On Blouse

two, as it was, is indeed a mystery, when one considers how very practical it is. Its popularity this season, however, is quite making up for the year or two of indifference. Separate skirts of taffeta, satin, faille and similar silks are being worn considerably for all daytime purposes, combined with blouses of Georgette, chiffon and the other sheer silks. For sports purposes, striped and checked linens, canvas weaves, cotton velours, corduroys, and the various white corded cottons are favored, as well as the novelty wash satins and jersey silks; wool jersey in bright tones of rose, green, gold, and like shades, is also popular.

The separate skirt and contrasting coat are particularly smart for sports purposes. Some of the shops are showing cream-white serge skirts, combined with wash satin blouses, and coats of blue serge, or the novelty striped silks or linens, for tennis, golf and the like. This combination of white skirt and blue coat is not new, of course, but it is unusually effective.

Handkerchief Linen Blouses
Organdy, voile, crepe de Chine and the wash satins are practical and popular for blouses this summer, and a particularly dainty revival is handkerchief linen. Although one expects linen to crush more easily than almost any of the other materials, it is nevertheless cool and fresh for summer wear. There are some especially pretty stripes and patterns in these linens, combinations of rose, French blue, pale green and the various other pastel shades, now favored in the crepes, voiles and other sheer cottons and silks. Two effective peplum blouses are illustrated here: one of pongee, a slip-on model, finished at the normal waist with the new elastic shirring, and the other is of pale pink organdy. The pongee

blouse is worn with a pongee skirt, making a cool frock for mornings or informal afternoon purposes. The organdy blouse, which closes down the front with loops and tiny crystal buttons, is belted with a narrow, black grosgrain ribbon belt, and is worn with one of the new black satin skirts. This is one of the novel combinations of the season for afternoon wear.

Neckties and cuffs offer particularly interesting possibilities this season. Neckties of the gown, featuring or decidedly un-feminine hand. Although one sees but few short sleeves, as the season advances they will, in all probability, be as much favored as in seasons past. High collars seem to have entirely given way to the open throat, which proves that Dame Fashion has more of common sense to deal with just now than ever before in her reign.

These patterns may be obtained at your local McCall dealer or from the McCall Co., 70 Bond St., Toronto, Ontario.

TESTS FOR AVIATORS.

What They Must Undergo to Become Proficient in France.

Those who apply for positions as aviators in the French army have to undergo some interesting tests of endurance and self-control. In one test the applicant must exert on the drum of the testing apparatus a rhythmic and continued effort that is recorded in kilograms. He is then placed in front of a needle that moves by clockwork and makes one complete revolution a second. As soon as he notices any irregularity in the motion he must stop the needle by pressing a lever. Next a tambour is applied to his thorax or his wrist, to gauge the regularity of his breathing and his pulse. The candidate is then submitted to a violent and unexpected shock, such as the sudden explosion of flashlight powder, a revolver shot or a douche of ice water might cause. Even then he may show no visible effect of the shock, the tambour registers the degree to which his hand trembles, and how much, if any, his breathing and his pulse quicken. A good pilot must have great powers of resistance to fatigue, a high degree of imperturbability and very rapid motor reaction. In spite of fatigue, his system must respond at once, not only to the call of his will, but to the reflexes acquired during his education and training.

Sell Frozen Products.

The markets of Irkutsk, in Siberia, are an interesting sight, for the ducts offered for sale are in cases frozen solid. Fish are piled in stacks like so much cordwood, meat likewise. All kinds of fowl, similarly frozen and piled up, are animals brought into the market are propped up on their legs, and the appearance of being actually alive, and as one goes through the market one seems to be surrounded by living pigs, sheep, oxen and fowls standing up.

"I understand the Frasers are having trouble," remarked the spinner. "Some people take her part, and others side with him." "And I suppose," growled the bachelor, "there are a few eccentric people who mind their own business."

People Pale and Languid

Source of most of the mis-
takes men and women and
children is poverty of the
blood. You consult a doctor he
tells you are anemic, which really
means that what makes
you feel that way is that
you are unable to digest
properly after the slight-
est exertion. You often
feel weak, anemic people have
made strong, energetic and
successful by taking Dr. Williams' Pink
Pills. These pills actually make new, rich blood
which reaches every part of the body,
strengthens the nerves and brings new
health and strength. The following is
proof of Dr. Williams' Pink Pills to re-
store health. Mr. Geo. Turner, New
Haven, N.S., says: "No doubt due to
constant hard work I got in a badly
run down condition. It took very lit-
tle exertion to tire me, and my ap-
petite was far from being good. Often I
had headaches, and when going up
stairs, or after any slight exertion my
heart would palpitate violently, and
I grew considerably alarmed about
my condition. I decided to take Dr.
Williams' Pink Pills and after using
a few boxes I felt much better. I con-
tinued using the pills for some weeks
longer, and they completely cured me.
I can warmly recommend this medi-
cine to men who are weak or run
down."

You can get these pills through any
medicine dealer or by mail, post paid,
at 50 cents a box or six boxes for
\$2.50 from The Dr. Williams' Medicine
Co., Brockville, Ont.

WOODSMEN IN CONTEST

Maoris Win in Tree Felling and
Canadians in Sawing.

Despatches from British head-
quarters in France tell of a friendly
contest in tree felling, wood chopping
and sawing among the finest wood-
men in the British Empire, Canadians,
Australians and New Zealanders.

The contest arose from a friendly
argument among the soldiers concern-
ing the prowess of the woodsmen of
their section of the world.

A date was set for the contest and
when the teams assembled beeches and
elms of about two feet in diamet-
er were selected. Each team of
men was to fell three trees.

The Canadian team, to the
Anzac band, was started first. The
brawny soldiers swung their
with leisurely but powerful strokes
but fell deeply into the living
wood.

The picked Canadian team
called away to duty and was unable
to take part, but its substitute brought
the three trees crashing to the ground
in 45 minutes and 22 seconds.

The Australians then tackled their
task, swinging their axes more
quickly than the Canadians, managed
to do it in 31 minutes and 8 seconds.

A great roar from the interested spec-
tators, soldiers off duty for the most
part, when the time was announced.
Then the Maoris of New Zealand,
brown sons of the forest, were started
on their task, and a murmur rose
from the watchers as they saw the
swift, tireless swing of the axes
wielded by the muscular brown men.

Their efforts did not slacken, indeed
they seemed to quicken, as the axes
bit into the hard wood and the chips
flew out. The Maoris felled the three
trees in 22 minutes and 40 seconds,
thus easily winning first prize.

In the wood sawing contest, how-
ever, the Canadians came to the fore.

In this Matter of Health

one is either with the win-
ners or with the losers.

It's largely a question of
right eating—right food.
For sound health one must
cut out rich, indigestible
foods and choose those that
are known to contain the
elements that build sturdy
bodies and keen brains.

Grape-Nuts

wonderfully balanced
made from whole
and barley. It con-
tains the nutrient
of iron, including the
phosphates, indis-
pensable for brain rebuild-

Grape-Nuts is a concen-
trated food, easy to digest,
economical, has deli-
cious flavor and has helped
thousands in the winning
class.

"There's a Reason"
Canadian Postum Cereal Co., Ltd.,
Windsor, Ont.

The Birds and the Fire.

This is an Indian legend that tells
us how greatly some of the birds have
changed since those early days when
they could talk and do other things
that men do. In those days, for ex-
ample, the wren was the bravest of
birds, the crow was white, the owl
had sharper eyes than the eagle, and
the turkey had a feathered head, such as
most other birds have.

The story goes that one cold day in
winter some of the birds wanted to
build a fire, but they had neither
matches nor flint, and so they shivered
and shivered until one of them found
a little spark left in the smothering
heart of a big log that had been on
the fire the day before. Among the
many birds that quickly gathered
round the log were the wren, the crow,
the owl and the turkey. How could
they start the fire that they needed?

First the wren tried to fan the
spark into a blaze; but the log was
hotter than it seemed to be, and the
wren burned his feet and feathers, and
flew away in fright.

The white crow tried next; but he
slipped on a part of the log that was
burned to charcoal, and rolled over
and over till his beautiful white feath-
ers were as black as soot.

Then the wise owl puffed out his
checks and blew. The spark still re-
fused to become a blaze, but so much
smoke rolled up that it blinded the
owl, and he flew away to a dark place
to rest his eyes.

The proud turkey then strutted up
to the log and fanned the spark with
his wings; but it suddenly blazed up and
burned all the feathers from his throat
and the top of his head.

But at any rate they had a fire at
last, and all the birds enjoyed it
except the four that had suffered in try-
ing to start it.

When the Indian finds anyone who
does not believe the story he points
to the timid wren, the black crow,
the blinking owl and the baldheaded tur-
key, as good proof that it must be
true.—Youth's Companion.

A PROGRESSIVE SOCIETY

Canadian Order of Foresters Are
Prospering.

A report of the annual meeting of
the Canadian Order of Foresters will
be found in this issue. The reports
of the several officers of the Order
show steady progress during
the year.

The amount of the present
year's revenue is \$5,385, and the
amount of the year's expenditure is
\$5,205.

The amount of the present
year's revenue is \$5,385, and the
amount of the year's expenditure is
\$5,205.

The amount of the present
year's revenue is \$5,385, and the
amount of the year's expenditure is
\$5,205.

The amount of the present
year's revenue is \$5,385, and the
amount of the year's expenditure is
\$5,205.

MILLIONS FOR BRITISH TARS

Millions of Pounds Will Be Awarded
After the War.

A vast sum of money—it will run
into millions of pounds before the war
is over—is steadily accumulating for
distribution among the officers and
men of the British navy when peace
comes.

The money represents the value of
enemy warships sunk or captured in
battles and trading vessels and their
cargoes captured at sea and sub-
sequently "condemned" by prize court,
less the small percentage taken by the
Government.

The money is known respectively as
bounty money and prize money.

Bounty money is awarded in connec-
tion with the sinking or capturing of
enemy warships, and is paid to the
men of the ship or ships actually re-
sponsible for the feat. Bounty
money is generally paid on a basis
of so much for every man in the sunk
or captured vessel, the money being
awarded in a descending scale accord-
ing to rank and seniority, the com-
mander, of course, getting the lion's
share.

The whole of the prize money
awarded in connection with the cap-
ture of an enemy trading vessel as
distinct from a warship is not, how-
ever, given to the ship responsible
for the capture. In former wars it
has been the practice to reward the
captors only, but it will easily be seen
how unfair a system this is, and
now the money is pooled among all the
ships of the navy.

How prize money mounts up was
strikingly illustrated by the sale of
five captured German trading vessels
at the Baltic Exchange, London, some
time ago.

Between them, the five ships sold
for £180,725, which, less the Govern-
ment's small percentage on the sale,
left a nice little addition for the bank-
ing account which the officers and men
of the fleet will go shares in when the
war is over.

ENGLAND TO HONOR FRANCE.

July 14, Gallic National Holiday to
be Observed by British.

For some time past there has been
widespread feeling that means
should be found to recognize in
tangible fashion the spirit of unity
that now is linking France to Eng-
land.

It has now been decided, with the
approval of the French Ambassador,
to set apart July 14 next as France's
day, to devote the day throughout the
British Isles to a national demonstra-
tion of British cordial feeling toward
her ally, and to allocate the proceeds
of the celebration to the urgent needs
of the French Red Cross.

It is intended that "France's day"
shall differ in every respect from pre-
vious celebrations of a similar char-
acter and that it shall prove to be one
of the most interesting and gratifying
events in the London season.

Just One More Direct Message

NEW YORK WOMAN SAYS
USK DODD'S KIDNEY PILLS.

Mrs. Patrick Williams Tells How Her
Headache and Weakness Vanished
When She Used the Great Canadian
Kidney Remedy, Dodd's Kidney Pills.

St. Simeon, Kent Co., N.B., June
26th (Special).—"I feel it my duty to
tell the public the great relief from
headache and weakness I found in
Dodd's Kidney Pills."

This was the message Mrs. Patrick
Williams of this place sends to suf-
fering women all over Canada. Like
many other women she dislikes talk-
ing about her troubles, but she feels
she would not be doing right to let
others suffer when she had learned
from her own experience how great is
the relief and how easy is the cure to
be found in Dodd's Kidney Pills.

Nine-tenths of the weakness and
suffering women bear so bravely
come from sick kidneys. Sick or dis-
ordered kidneys fail in their duty of
straining the impurities out of the
blood. This means that these impuri-
ties, these seeds of disease, are car-
ried to all parts of the body. The
natural cure is Dodd's Kidney Pills.
They always cure sick kidneys.

FORESTS AND SHELL FIRE.

More Damage Done in Canada by
Forest Fires Than by War.

The forests of Ailly, there re-
main but a few mutilated trunks. It
is a field of desolation, levelled by
shells.

This was written of a French forest
following a deluge of German ar-
tillery. It might as easily have been
written of thousands of square miles
in all parts of Canada following the
deluge of annual forest fires.

Nothing can save the magnificent
French forests but an Eastward re-
adjustment of the trenches. No such
grim necessity, however, faces the
Canadian Provincial and Federal Gov-
ernments in the relatively simple task
of keeping our ready-made wealth of
timber free from needless configura-
tions. No army need fight for it; no
life need be sacrificed. All that is re-
quired is common-sense organization,
and it is precisely where most of
Canada's forest-guarding systems are
weak. In Ontario, for instance, few
of the many radical improvements of
modern experience have yet been in-
corporated. In the prairie provinces,
despite the fact that the northern
parts of Manitoba, Saskatchewan and
Alberta are destined by nature for
growing valuable crops and develop-
ing water powers for future indus-
tries, forest protection is applied only
in patches and a huge resource turned
to secondary account.

The pressure of conservation senti-
ment, however, is making itself felt.
British Columbia and Quebec and
Nova Scotia now lead the procession
of provinces in building up forest pro-
tection laws and organizations. Their
annual savings in timber riches well
repay their efforts. Ontario, New
Brunswick and the Federal Govern-
ment can with relatively small ex-
pense in some cases, no extra ex-
pense whatever—place the timber
wealth now under their care on a ba-
sis which would reap enormous bene-
fits for present and future. The job
of ridding a country of forest fires
has been proved by experience to be
comparatively simple.

Free Map

The maps of the Porcupine
and Cobalt Camps, finished in
color, are now about ready for
distribution to all who are in-
terested. These will prove in-
valuable to those anxious to
obtain success in the mining
market.

The Issue is Limited
File Your Application at
Once!

A Postcard Will Bring It.
Private wire connecting all markets.

HAMILTON B. WILLS
(Member Standard Stock Exchange)
4 KING STREET EAST, TORONTO

WEAR FLEET FOOT SHOES

FOR EVERY SPORT AND RECREATION
Sold by all good Shoe Dealers
Worn by every member
of the family



The Government of London.
London is divided into 28 adminis-
trative boroughs, comprising 30 par-
liamentary boroughs, and returning 58
members. Each borough has its own
Mayor, Aldermen and Common Coun-
cil, responsible only to the Central
Government, except on certain mat-
ters of common interest (sewerage,
parks, fire protection, etc.), which are
under the control of the London
County Council. There are also many
general boards having special func-
tions, such as the London School
Board and the Metropolitan Asylums
Board. The police of London is not
under the control of the London
County Council, but is managed di-
rectly from the British Home Office.
By "London" is meant not the small
"Ancient City of London," which is
the nucleus of the modern metropolis,
but the whole metropolis itself.

A Scheme.

"Why did you tell your husband to
buy a yard of that goods? The sales-
lady assured you yesterday that the
sample could not be matched."

"I know. He'll be afraid to come
home without matching it, so he'll
order me a fine new dress."

A married man can always feel
sorry for himself when his wife is
sick in bed.

Classified.

Her old man—"Well, you wasn't no
spring chicken when you married me,
neither!"

Her—"Indeed not! I was a big
goose."

Gay Times at Banff.

Sports are now at their height at
Banff. A regatta was held on July
1st on Bow River in which canoes, row
boats and launches participated. An
informal dance will be held in the
ball room of the Banff Springs Hotel
on Wednesday and Saturday evenings
during the season. A golf tournament
has just been held for which a silver
cup was presented by the Banff
Springs Hotel, prizes also included
gold, silver and bronze medals. The
competition was very keen, about
seventy players taking part.

Records of Army Honors.

The record for citations for gal-
lant conduct at the front in the
French army was held until recently
by Adjutant Grober, of Alsatian
origin, who had been mentioned in
the orders of the regiment and the
army 27 times before he died of his
wounds at Belfort. The living record
man for citations is now Adjutant
Clavel, of the 9th Regt., to which Gro-
ber also belonged. Clavel has been
mentioned 21 times.

Minard's Liniment Lumberman's Friend

Just Acquainted.
"Do you know her very well?"
"Not very. I've met her once or
twice and so don't know a thing
that's wrong with her."

Lump
Rock
Salt
Best for
Cattle
Write for
Prices.
TORONTO SALT WORKS,
60-62 Jarvis St., Toronto, Ont.

GOOD POSITIONS for BRIGHT GIRLS.

Operators wanted on electric power
sewing machines, to make
Kisses and Women's
Suits and Serge Dresses
Steady work the year around. Light
airy sanitary workrooms. Fair week-
ly wages to beginners guaranteed.
Experienced Operators can earn
splendid wages.

Also positions and steady work for
experienced hand sewers finishing
dresses.
Apply by letter or in person to
Thompson Manufacturing Co., Ltd.
174 Spadina Avenue, Toronto.

QUEEN'S UNIVERSITY

KINGSTON
ONTARIO

ARTS APPLIED SCIENCE
Including Mining, Chemical, Civil, Mech-
anical and Electrical Engineering.

MEDICINE
During the War there will be continuous
sessions in Medicine.

HOME STUDY
The Arts Course may be taken by corre-
spondence, but students desiring to gradu-
ate must attend one session.

SUMMER SCHOOL GEO. V. CHOWN
JULY AND AUGUST REGISTRAR

SOME REMARKABLE RIDES.

Englishman Used 19 Horses in Cover-
ing 213 Miles.

Dick Turpins rode to York on his
brown mare, Bess, was, as a matter
of fact, an impossibility, it having
been claimed that he rode from Gads-
hill, a distance of nearly 100 miles, in
less than four hours. At any rate,
his presence at York at 7.45 o'clock
cleared him from the charge of
robbing a sailor in Gadshill at four
o'clock in the same morning.

Mr. George Osbalderston, in 1831,
on a wager of £1,000 that he would
ride 200 miles in 10 hours, accom-
plished the distance in 10 minutes
over 7 hours. He had ridden 28
horses and was allowed one hour 32
minutes and 56 seconds for changes,
while he had kept round and round
the circular four-mile course on New-
market Heath. He rode over 28 miles
an hour.

Captain Selvi, of the Italian cav-
alry, performed the exploit of riding
580 miles in 10 days. As the Italian
miles are shorter than ours, he
travelled 55½ miles per day, even
then no slight feat.

NO MEDICINE AS GOOD FOR LITTLE ONES

Once a mother has used Baby's Own
Tablets for her little ones she will use
nothing else. The first few doses
make her realize there is nothing to
equal them in making baby well and
keeping him well. Concerning them
Mrs. C. E. Stilwell, Winthrop, Sask.,
writes:—"I have used Baby's Own
Tablets for the past ten years and
have found them so good for my little
ones that I always keep a box in the
house." The Tablets are sold by
medicine dealers or by mail at 25
cents a box from The Dr. Williams
Medicine Co., Brockville, Ont.

The Salmon Rights.

Officer, fishing (making the most
of his short leave)—But we fight on
Sunday, Donald, so where's the harm?
Donald—Happen ye dae, an' aw
wad kill a Hun mass'! on the Saw-
bath, but there's deal' o' difference wi'
a sawmon; he's entitled tae one day's
rest i' seven.

Not Serious.

"No," said the once musical maid,
firmly, "I could not sing even if you
should ask me. I have given it up."
"But why?" asked the wondering
friend.

"The doctor ordered it."

Another "Long Way."

A gentleman had an Irishman in his
employ who was noted for having
dirty boots. One day the gentleman
asked him why he hadn't cleaned
them. "Well, sorr," said Pat, "Oj
quite forgot. Yer see, sorr, wan's
memory is situated in wan's head, an'
it's a powerful long way to remember
from yer head to yer feet!"

Sore Granulated Eyelids.

Eyes inflamed by ex-
posure to Sun, Dust and Wind
quickly relieved by Murine
Eye Remedy. No Smarting,
just Eye Comfort. At
Your Druggist's 50c per Bottle. Murine Eye
Salve. Tubes 25c. For Book of the Eye Free ask
Druggists of Murine Eye Remedy Co., Chicago

Her Agreement.

"It is a mistake to marry a man
to reform him."
"Still, there are few men in whom
a girl can't effect some improve-
ments."

Minard's Liniment Co., Limited.
Dear Sirs,—This fall I got thrown
on a fence and hurt my chest very
bad, so I could not work and it hurt
me to breathe. I tried all kinds of
Liniments and they did me no good.
One bottle of MINARD'S LINI-
MENT, warmed on flannels and ap-
plied on my breast, cured me com-
pletely.

C. H. COSSABOOM,
Rossway, Digby Co., N.S.

Cab, Sir? Cab, Sir?

Public carriage for hire, or hackney
coaches, were introduced into London
in 1625, and rapidly grew in popu-
larity. Notwithstanding the opposi-
tion of the King and Court, who
thought they would ruin the roads,
they grew to number over 300 by
1650. In Paris they were introduced
during the minority of Louis XIV. by
Nicholas Sauvage, who lived in the
Rue St. Martin at the sign of St.
Fiacre, from which circumstance
hackney carriages in Paris have since
been called "fiacres."

Deaf Men Drill for War.

One hundred deaf men are now
drilling in London in the hope the
army will accept them. They can
obey shouted orders by watching
the lips of the commanders, but they
also have a system of finger signs
which works perfectly. When the
commander holds up four fingers
they form fours, for instance, and
two fingers is the sign for a two-deep
formation. Military men who have
inspected them say their drill is ex-
cellent.

Keep Minard's Liniment in the house
Even a man who is a dreamer at-
tracts attention when he snores.

NO ALUM

INGREDIENTS
PRINTED ON THE
PAPER

THE WHITEST, LIGHTEST

MAGIC
BAKING
POWDER

CONTAINS NO ALUM
MADE IN CANADA

Beating the Carpet.
Mrs. Tim Bolder, of Jamestown,
was energetically beating the carpet
when her neighbor called. "Why
don't you ask your husband to beat
it?" asked the visitor.

"I did," replied Mrs. Bolder savage-
ly, "and he did."

SEED POTATOES

SEED POTATOES, IRISH COL-
LINS, Delaware, Carman, Or-
der at once. Supply limited. Write for
catalogues. H. W. Dawson, Toronto

GIRL WANTED FOR GENERAL

Housework. Three in family, splen-
did home, good pay. Write 191 Keenan
Ave., Toronto.

TEACHERS WANTED FOR SCHOOLS

in Saskatchewan opening throughout
the summer. Salaries from \$720 to \$960
per year. Free registration. Apply
Saskatchewan Teachers' Agency, 1770
Seventh Street, Regina, Sask.

WANTED—MACHINEISTS, MOUL- DERS and Pattern Makers

steady work, state age, experience and wages.
Boying Hydraulic & Engineering Co.,
Limited, Lindsay.

WANTED—MACHINEISTS, FITTERS, Planer, Lathe and Shaper Hand

also Toolmakers; steady work, best
wages. Apply The Brown Eggs Co.,
Hamilton, Ont.

MEN WANTED FOR ALL

branches of Finishing trade, in-
cluding Rubbing and Polishing, also
Cabinet Makers and Primers. Steady
work and good wages for competent
men. When applying state experience
and whether married or single. Apply
The Geo. McLagan Furniture Co., Limited,
Stratford, Ont.

NEWSPAPERS FOR SALE

PROFIT-MAKING NEWS AND JOB
Offices for sale in good Ontario
towns. The most useful and interesting
of all businesses. Full information on
application to Wilson Publishing Com-
pany, 73 West Adelaide Street, Toronto.

CANCER, TUMORS, LUMPS, ETC.

Internal and external, cured with-
out pain by our home treatment. Write
us before too late. Dr. Beliman Medical
Co., Limited, Collingwood, Ont.

BOX NAILERS, SAWYERS, LABORERS, good wages. Apply or write Firstbrook Bros. Limited, Toronto.

THICK, SWOLLEN EYES

that make a horse Wheeze,
Roar, have Thick Wind
or Cackle-down, can be
reduced with
ABSORBEINE

also other Bunches or Swellings. No blister,
no hair gone, and horse kept at work. Eco-
nomical—only a few drops required at an ap-
plication. \$2 per bottle delivered. Book 3 H free.
ABSORBEINE, JR., the antiseptic liniment for
man and horse, reduces Cysts, Wens, Painful,
Swollen Veins and Ulcers. \$1 and \$2 a bottle; 5c
dealers or delivered. Book "Evidence" free.
W. F. YOUNG, P. O. F., 516 Lyons Bldg., Montreal, Can.
Absorbine and Absorbine, Jr., are made in Canada.

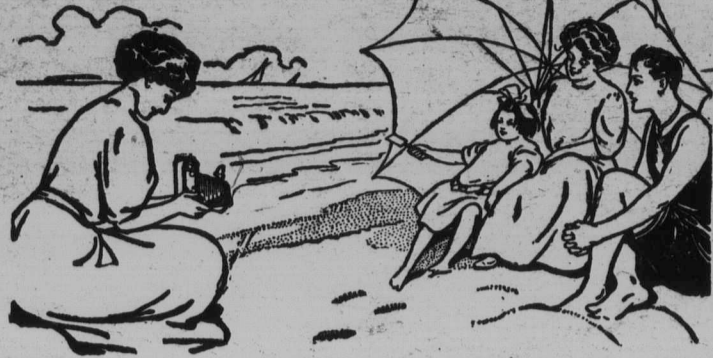
20 Assorted Colored Fastidious Buttons and Flags for 25c

The above illustration shows three of
the twenty different Patriotic Buttons
and Flags of the Allied Nations
which Canadians are proudly wear-
ing to-day. In order to advertise our
Flag Day buttons we will send you
these twenty designs, upon the re-
ceipt of 25 cents. This is a collection
you will prize and keep. Ask for a
price on a large flag for your home.
T. P. TANSEY,
Dept. "E," 186-188 Peel St., Montreal,
Manufacturers of Badges, Buttons,
Flags and Tag Day Supplies.

Machinery For Sale

Wheelock Engine, 150
H.P., 18 x 42, with double
main driving belt 24 ins.
wide, and Dynamo 30 K.W.
belt driven. All in first
class condition. Would be
sold together or separa-
tely; also a lot of shafting
at a very great bargain as
room is required immedi-
ately.
S. Frank Wilson & Sons
73 Adelaide Street West,
Toronto.

KODAK



On Every Outing

KODAK

Has Its Inning

Kodaks from \$7.00 up

Brownies from \$1 up

We make a specialty of Developing and Printing.

The Star Grocery.

The Store of Quality.

J. N. Scheffer

Terms—Cash or Produce.

A Ford car bought part by part costs only \$40 more than the list price of the car as against \$940 more for the average car priced around \$1000 and less.

\$940—Cost, over and above the list price of the car itself, for enough spare parts to build the average touring car priced around \$1000 and less.

\$ 40—Cost, over and above the list price of the car itself, for enough spare parts to build a Ford touring car complete.

\$900—Difference in part by part cost of cars

And remember, both by laboratory tests and actual service tests, the parts of a Ford car have proved themselves superior, part by part, to those of any other car.

Don't these figures drive home what is meant by the low upkeep cost of the Ford?

Ford Runabout \$480
Ford Touring 530

All cars completely equipped including electric headlights. Equipment does not include speedometer.

Liesemer & Kalbfleish
THE CORNER HARDWARE.

Report of S. S. No. 3, Carrick.

Jr. IV to Sr. IV—Rhoda Pfohl, Laura Scott, Elmer Wathie, Minnie Dickison, Ethel Hopf.

Sr. III to Jr. IV—Bella Watke, Harold Scott, Harry Pletsch, Elton Gress, Allan Quantz, Henry Pfohl, Recommended—Clifton Gress.

Jr. III—Carrie Oswald, Addie Hickling, Harry Hickling, Grace Scott, Johnnie Pfohl.

Sr. II.—Helen Pfohl, Charlie Dickison, Alvin Rehkopf, Frank Hoffarth, Rosie Hoffarth, Milton Weber.

Jr. I.—Pearl Gress, Emma Rehkopf, Herbie Steinhagen, Enoch Weber, Lincoln Timson.

Sr. Primer—Florence Pfohl, Esther Tegler, Carl Tegler, Willie Dickison, Edna Rehkopf.

Jr. Primer—Edgar Weber, Verna Gress, Allan Timson.

Promotions in Sr. III. and Jr. IV. only.

A. Irene E. Pletsch, Teacher.

Report of S.S. No. 10, Carrick

Promotions.

Sr. IV—Olive Schwehr (entrance candidate), Annie Beingessner.

Jr. IV to Sr. IV—(800) Annie Kuenzig 880; Paul Ditner 808; Joe Schneider.

Sr. III. to Jr. IV.—(700) Eleanor Scheffer 963; Cyril Kempel 839; Priscilla Hoelzle 762; Norman Walter 724; George Schneider 710.

II. to III.—(600) Marie Scheffer 809; Julia Scheffer 793; Zita Weiler 659; Florentina Schnurr 606; Cecelia Kuenzig 600; Hilda Kuenzig recommended.

Pt. II. to Sr. II.—(540) Agnes Walter 618; Loretta Hoelzle 606; Eleanor Schwehr 590; Frieda Weiler 573; Rosie Weiler 550; Alfie Reinhardt; Katie Schneider.

I. to Pt. II.—(300) Zeno Kempel 390; Mary Schneider 360; Leo Hundt 316.

Primers to Sr. I.—Joe Moyer, Frank Schnurr, Alfie Walter and Geo. Reinhardt, Gertrude Hoelzle, Alphonis Kempel; Oswald Schwehr, Louis Strauss Barney Hundt.

Eleanor Scheffer and Cyril Kempel are recommended for Sr. IV. class.

Those whose names are missing have failed.

No. enrolled—40. Average attendance for June 33.

P. P. Butler, Teacher.

LIVE STOCK MARKETS TORONTO.

Receipts of live stock at the Union Stock yards yesterday were 186 cars, 8388 cattle, 162 calves, 561 hogs, 341 sheep.

There was a heavy run of cattle at this market. Choice butcher steers were steady; best cows, steady and firm; best heavy steers and all other grades of cattle, 15c to 25c below last week. Choice veal calves were firm at 11½ to 12½c lb. Choice spring lambs were firm at 14 to 15c; sheep steady at last week's prices; hogs firm at prices as quoted by the packers.

Butchers Cattle—Choice heavy steers \$10.15 to \$10.75; good heavy steers, \$9.75 to \$10.

Stockers and Feeders—Choice, \$9.50 to \$10; good, 9.15 to \$9.40; medium, \$8.50 to \$9; common \$7.75 to \$8.25.

Cows—Choice, \$7.30 to \$7.60; good, \$7.10 to \$7.25; medium, \$6 to \$6.50; common, \$5.50 to \$6.

Canners and Cutters, \$4 to \$4.65.

Bulls—Best, \$8 to \$8.40; good, \$7.50 to \$9; medium, \$6.50 to \$7; common \$5.50 to \$6.

Stockers and Feeders, \$6 to \$8.

Milkers and Springers—Best \$80 to \$100; medium, \$60 to \$70.

Steep and Lambs—Choice spring lambs, 14c to 15c per lb.; light handy sheep, 7½ to 9c heavy fat sheep, 5 to 6c.

Veal Calves—Choice, 11½ to 12½c per lb.; medium 9 to 10½c; common 7c to 9c.

Hogs weighed off cars, \$11.65; fed and watered, \$11.30; f.o.b., \$10.90.

Berlin, Ontario, will soon be known as "Kitchener." The ratepayers voted on the name last week, and it is expected that in the course of a few weeks the change will come into effect.

Mr. N. C. McKay of Walkerton has been invited by the Carrick Council to look over the drainage system at Mildmay and suggest any improvements that might be made.

A Government Butter Inspector is on his rounds in the Counties to the east of us. Dealers who happen to have pound prints under weight, or butter put up in unprinted wrappers, are getting into trouble.

Horse flesh is rising in price rapidly in Germany. In Leipzig this class of meat costs 50 cents a pound. Before the war it could be had for 12 cents. Most of it is obtained from worn-out army horses, which are sold to the butchers at an average price of \$100 each. The butchers are accused of making exorbitant profits.

...Helwig's

Mens Sport

Shirts

Cool and nifty for summer wear—ideally combining comfort and good taste.

All white \$1
White, with fancy collars \$1.50
Assorted stripes \$1.50

Porus Knit

Underwear

Men's Shirts and Drawers all sizes, price 50c
Mens combinations \$1
Ladies vests 35c
Ladies Drawers 40c

Bleached

Pongee Silk

The quality that is most desirable for summer blouses 36 in. wide, will wear well and launder perfectly, per yd \$1.00

Hair Ribbons

Full range of colors in satin ribbons, brilliant quality that will adorn the pretty hair of your girl, yer yd 15c

House Dresses.

Cheaper than making them up at home and the styles and materials are pretty enough for street wear. Dozens of becoming models and a good choice of colors and designs. Prices 98c, 1.25, 1.50 and \$2.00.

Silk Gloves

17 button length. "Niagara" silk gloves double finger tipped, perfect fitting, white for the graduate and the bride—also black. Price per pair \$1.

Silk Ankle Stockings

A heavy quality that sets off a pretty apron, and gives the best of wear. Black and white. Price 25 and 50c per pair.

Coverall Aprons

Neat housekeepers can never have too many aprons, and this is an especially pleasing design in a good choice of colors, price 50c.

Girls Wash Dresses

Light and dark patterns in a variety of attractive models that are correct for vacation wear. Sizes 6 to 14 years, price 50c to \$1.50

Lingerie Waists

Summer- neat styles at \$2.50.

Blouses

Summer wear for Misses and girls—a variety of styles at 75, 1.00 to \$1.50.

Mens Straw Hats

Nifty, nobby styles that will suit your head, and your features and your purse, all the newest weaves and braides. Prices \$1 to 2.50.

Mens New Neckwear

Freshen up your costume with a smart new tie. With no vest on, your tie is the most prominent part of your attire. These are "peaches" Price 50 cents each.

Bring us your Butter, Eggs, Wool, etc.

HELWIG BROS.

GENERAL MERCHANTS,

Alfred Weiler The People's Grocers Ed. Weiler

Strawberries Strawberries

This is Strawberry Week. Order your supply now. We have No. 1 Stock at Reasonable Prices.

Bologna

Dumart's

Meats

Bologna, Pork Sausage, Summer Sausage, Bunk Bologna, Weiners, Hams, Rolls, Bacon, Fresh Beef, etc.

—Terms—
Cash or Produce

Weiler Bros., Prop.