

BUSINESS NOTICE

The "MIRAMICHI ADVANCE" is published at Chatham, N.B., every Thursday morning in time for despatch by the earliest mail of that day.

Advertisements, other than early or by the season, are inserted at eight cents per line nonpareil, for the first insertion, and three cents per line for each subsequent insertion.

Yearly or season advertisements, are taken at the rate of \$1.00 an inch per year. The matter, if space is secured by the year, or season, may be changed under arrangements made therefor with the publisher.

The "MIRAMICHI ADVANCE" having its large circulation distributed principally in the counties of Kent, Northumberland, Gloucester and Hants, New Brunswick and in the Maritime and other parts of the Dominion, offers superior inducements to advertisers. Address: Editor, Miramichi Advance, Chatham, N.B.

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MIRAMICHI ADVANCE Vol. 24. No. 42. CHATHAM, NEW BRUNSWICK, AUGUST 31, 1899. D. G. SMITH, EDITOR & PROPRIETOR TERMS—\$1.00 a Year, in Advance

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Agricultural, WHAT DOES MILK COST? There is probably no farming question as to which there is so wide a disagreement among farmers as there is about the cost of milk. It undoubtedly costs more in winter than it does in summer, and this is especially true under the old time system of feeding on dry hay and corn-stalks, with sometimes a little grain for variety, which, however, usually went to make fat on the body rather than to increase the milk flow.

THE PIGMIES OF AFRICA. Herodotus records the existence of pigmies in Africa—a nation of little men who wore garments made of palm-leaves. Hundreds of years after the Father of History wrote, Stanley saw them in the gloom of a Central African forest. There are black pigmies and red pigmies, the bodies of the red pigmies are not so hairy as those of the blacks; the blacks' bodies are covered with down. Although a well-proportioned race, they are socially inferior to other tribes. They are nomads by nature, and wander from place to place, supporting themselves by hunting. One place seems to be as much a home to them as another, if it is good hunting-ground.

A VIOLENT PASSION, breaking his bow and arrows in his hand, he put his right hand to his forehead with a groan and a cry. A certain chief of the Momvus was big, and so corpulent that he had to be carried about in a litter borne by four men. One certain occasion he was going with his warriors to fight a neighboring chief, for he always led his warriors in the van. He was directed to his attacks from his litter. His wife, a massive woman, was in the litter with him, and she pressed an invisible pigmy underneath whose invisible hand he felt, and a flight of arrows from a concealed foe caused the chief and his wife to drop back from their fighting posture and turn over on their faces.

A pigmy darted out from behind a bush, and he fired an arrow at the chief and his wife, and then, uttering a cry of gratification and patting the arrow with his left hand, disappeared behind the bush. The pigmies take up their abode near the edge of a big thicket, where the banana plantations abound, from which they may glean when they please. They are as follows: A pigmy will mark out a bunch of bananas, he will shoot an arrow into the stalk. The arrow signifies that the pigmy desires that the bunch be left alone, and is sufficient ripeness. The owner of the plantation stands in such fear of the pigmy's revenge that he never dreams of touching the fruit or the arrow, but leaves both to be claimed by the awe-inspiring dwarf.

By the other method the pigmy beats the bananas, he firing the arrow and paying for it in that which his fiat makes currency. On returning home from a day's hunting, with several pieces of meat wrapped in grass or leaves, he goes to a plantation, selects several bunches of bananas. SHINS UP THE TREE, cuts off the bunches, and in payment affixes one of the small pieces of meat to the stem, by a wooden skewer. He has not stoken the bananas—he has bought them, and he is ready to repeat the meal.

TALK TO YOUR HORSE. Some man unknown to the writer hereof, has given to the world a saying that sticks: "Talk to your horse as you would a lady." There is a world of common sense in it. There is more sense in it than in the saying, "Talk to your horse as you would a horse." What else is it but the language of the Bible applied to animals: "A soft answer turneth away wrath." A pleasant word to a horse in time of trouble has prevented many a disaster where the horse has learned that pleasant words mean a guarantee that danger from punishment is not imminent.

WIFEY CONSIDERATION. I've decided not to get that new dress I talked of, announced the little wife, whose husband has a big bank account and makes large deposits every week. But I want it dearie, just as much as you do, G. said an under. The man had been frightened at everything he saw that he supposed the horse was an electric message. Then came a punishing rain, the lines were jerked, and the whip. Talk to your horse as you would a sweetheart.

A HANDFUL OF EARTH. Soil is not an inert, lifeless mass of dirt, essentially unclean and unworthy of thought or attention, but is a live and complex substance in which constant change is taking place, as an immense kitchen in which food is made and prepared for plant roots. All soils are formed from rocks by the action of freezing and thawing, rain, running water and glaciers. They are made up chiefly of particles of rock of varying sizes. The fertility of the soil depends to a considerable degree upon the size of its particles.

A Happy Outcome. Day by day I had seen the lines of care deepen round my father's mouth and forehead, and watched my mother's pale and anxious gaze rest upon him. Night after night did Maude and I lay side by side, and spend the hours when asleep, they tell us, lends us beauty in wondering what trouble was hovering over us. But the knowledge came all too soon. My father had lent money which he supposed he could call in at any time. The time arrived, but the money was not forthcoming. His health was rapidly failing him, a fact his business anxieties in no way helped, and we soon knew he must mortgage heavily the farm, and that if his health continued to fall he might soon be unable even to pay the interest.

The evening passed rapidly away in pleasant laugh and jest. Occasionally I intercepted a glance between Maude and her guest, full of meaning, but no one else seemed to notice it. At last he rose to bid us good night, and as he held my hand a moment in his own, he whispered: "You have always been the most forgetful in pressing my small claim upon you. To-morrow I will present it to you for payment. May I see you for a few moments in the morning?"

"Certainly," I answered; but my voice trembled, and I think had he stayed a moment longer I should have burst into tears. All through that long night I watched and wept, and I could not get my mind away from the thought of my father's debt, and I could not get my mind away from the thought of my father's debt, and I could not get my mind away from the thought of my father's debt.

SECRET OF GOING UPSTAIRS. Most People Walk Up Wrong, says a Doctor, and he tells the high way. A physician, who declared that few people knew how to walk upstairs properly, was asked to describe how it should be done. He said: "Usually a person will tread on the ball of the foot in taking each step. This is very tiresome and wearing on the muscles, as it throws the entire suspended weight of the body on the muscles of the legs and feet. You should be walking or climbing stairs seek for the most equal distribution of the body's weight possible. In walking upstairs your feet should be placed squarely down on the step, heel and all, and the work should be performed slowly and deliberately. In this way there is no strain upon the particular muscle, but each one is doing its duty in a natural manner. The woman who goes upstairs with a spring in her philosophy, or at least she is not making a proper use of her reasoning faculties. The habit, too, of bending over half double when ascending a flight of stairs is exceedingly reprehensible. In any exertion of this kind when the heart is naturally excited to a more rapid action, it is desirable that the lungs should have full play. The crouching position interferes with their action. The blood is imperfectly aerated, and there is trouble at once. Give the lungs a chance to do their work everywhere and at all times."

ITS EQUIVALENT. He—Is there anything in the world that bows you more than flattery? She—Only one thing that I now think of. He—What is that? She—Not to be flattered.

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HOW THE BRAIN WORKS.

THE CHIEF OF THE ORGAN ARE WORRY AND SHOCK.

Interesting Account of the Relation of Sensory and Motor Nerves Which Constitute the Brain.

Although there are many things about the brain which scientists have not yet fathomed, still great strides have been made recently in knowledge of what the cranium contains. The cerebrum is the chief part of the brain, and the immediate source of our mental activities. It is made up of layers of nerve cells. These are the thinking centres. Experiments on animals have shown that the sensory cortex is a special function, and if destroyed it cannot be replaced. Also it is found that the left brain is more active than the right. This knowledge has been most useful in relieving suffering.

When an epileptic commences a fit by twitching the right thumb or hand, one would find the cause in its nerve centre on the left side of the brain. We are now able to make a map of the surface of the brain according to the various functions. All impressions received from the outer world whether by sight, smell, hearing, taste or touch, are carried direct to the surface of the brain and recorded in special centres, and if destroyed it cannot be replaced. Also it is found that the left brain is more active than the right. This knowledge has been most useful in relieving suffering.

THE MOTOR AREA.

It is so arranged that the motor cells of the lips are in front, then those of the hand, arm, and so on, backward to the foot. The simplest brain action is as follows:—If a person touched anything hot or sharp the painful sensation would be telegraphed to the sensory area. The sensory cells which received the message would wire on to the motor cells to pull the hand away. If the person was asleep, and therefore, the brain not acting, such a simple act might be managed by a spinal cord, or medulla. It is called a reflex act.

A person may be walking toward a precipice, and the impression of danger as telegraphed to the sensory cells, and thence a message is sent to the motor area, to turn and walk away, thus, the brain is at work, and the motor cells to receive instruction and guide the individual in walking. It is the sensory cells which receive the message from the hand, arm, and so on, backward to the foot. The simplest brain action is as follows:—If a person touched anything hot or sharp the painful sensation would be telegraphed to the sensory area. The sensory cells which received the message would wire on to the motor cells to pull the hand away. If the person was asleep, and therefore, the brain not acting, such a simple act might be managed by a spinal cord, or medulla. It is called a reflex act.

SIMPLE OBJECTS.

Thus a lemon is stamped twice in the optic centre—once as a yellow oval and once as the primary object. So there is an optic word centre and a pictorial or photographic centre. The poem or formulae only stamped in the former.

Those who photograph know well that a good impression requires correct exposure. Under exposures are poor and do not last. It is the same with our brain. We cannot learn without drilling the subject matter into our brains—frequent repetition and learning by rote, and careful fixed attention from the special guidance and memory of the professor. The student who acts as the commanding officer. Many people are not trained to use their eyes. A quick observer can catch a moment that would escape the duller altogether. It is important to train one's self to observe, and to speed comes with practice. The brain is like a big album of photographs and other sensory impressions. It should be stored with accurate impressions, especially of the good. It is important in the training of children to give them impressions of the good and the true; the false and bad will follow upon them soon enough.

Not only the memory, but the attention requires training; in fact, one is necessary to the other. If we sit before a preacher and hear without saying, but cannot recall it a moment afterward, it is because our prefrontal brain has been at rest. If we wish to recall a subject the stimulus must pass to the prefrontal or registry office, whence the stimulus is sent on to the brain cells containing the sensations to be recalled. The great problem is to keep the brain healthy and active.

WITHOUT STRAIN. If the blood is not right the brain cannot be, for it is made of blood. The chief enemies of the brain are worry, which disorganizes the machinery, shock, which paralyzes the brain, worry or excitement causes irregular nerve action. We call it nervousness or nervousness. It is a condition of ideas or nervousness. The brain centres throw up a series of depressing mental photographs, exaggerating existing troubles. This continues to depress the cells in the brain, resulting in complete failure to judge aright and analyse correctly. Night and day the brain is at work. The brain is likely to grow into quiescence in this way. It is the brain that brain fatigue comes. Then the imagination sees exaggerated views until spite and jealousy, and other passions exhaust the fore brain, and misguided actions result. The stronger the current grows the weaker the perceptions become. This explains the disease of the age—worry and its results.

Self-control is the key to right living and thinking. An over-indulgent parent allows the animal instinct to prevail over the intellectual control. The higher the intellect the more these instincts are under control. Enthusiasm, which is a good thing, is what all must strive for—the body in health and the mind at peace. The brain is the seat of the intellect. Worry is poison to the brain; work develops it.

WANT BACHELORS TAXED.

At a meeting of middle-class women of Albion, held recently, it was decided to ask Parliament to impose a heavy tax on all bachelors over 40 years old. The passage of any such measure is said to be unlikely, for the Chamber has become the chief resort of well-to-do bachelors. Consequently the tax would hit themselves.

DOUGHT TO BE AMIABLE.

She seems like an amiable girl. Well, who wouldn't be amiable with a lover in the ice cream business?

CANADA'S SOLDIER POLICE.

THEIR DUTIES AND RESPONSIBILITIES IN THE NORTH-WEST.

Number of Officers and Men in the Force—Their Rate of Pay—Lead the Life of a Regular Soldier in Barracks—Some Incidents of Their Life on the Frontier and Showing Their Coolness in Face of Great Danger.

And again: At Golden, in the heart of the Rockies, there was a pretty tough mining camp. Major Steele was commanding the police there, and in spite of firm measures the miners were beginning to get a little out of hand. One night it culminated in a riot. Sergeant Fury, a determined bulldog little man, was sent, with two constables, to arrest the ringleader of the gang who had possession of a saloon. Fury walked in, and going straight up to the man he possessed, he said: "Come with me, I arrest you."

Of course it was an invitation that the ringleader might have declined, but he did not. He was taken to the barracks, and there he was kept in a cell. The next morning he was taken to the court, and there he was sentenced to six months in the penitentiary. The ringleader was taken to the court, and there he was sentenced to six months in the penitentiary. The ringleader was taken to the court, and there he was sentenced to six months in the penitentiary.

It was some little distance to the barracks, and as they hurried the miners along the road, they saw the miners coming for them again. There'll be some quarrel work this time, thought the sergeant. He had a fair notion for he was of the party. Just as they pulled their prisoner over a bridge, a figure came tearing down the road from the barracks with a sword in one hand and a revolver in the other. It was the commander, Major Steele, who had just received word that the ringleader had escaped. He was in the middle of the bridge when he saw the ringleader of the mob that attempted to pass.

It was settled that time as it always is. No prisoner is ever given up by the Northwest Mounted Police upon the law. The ringleader was taken to the barracks, and there he was kept in a cell. The next morning he was taken to the court, and there he was sentenced to six months in the penitentiary. The ringleader was taken to the court, and there he was sentenced to six months in the penitentiary.

Not that prestige and determination carry the point always. Some of the desperadoes turn on the policeman, handicapped by his orders to arrest and not kill, and the death law goes into effect. The ringleader was taken to the barracks, and there he was kept in a cell. The next morning he was taken to the court, and there he was sentenced to six months in the penitentiary.

A few pieces more, and there came another from the Indian at bay. The sergeant, according to his orders, had no choice. He could not retreat, and he was determined to shoot. The ringleader was taken to the barracks, and there he was kept in a cell. The next morning he was taken to the court, and there he was sentenced to six months in the penitentiary.

That was the beginning. A price was set upon the murderer's head; he was hunted out, and for a hundred miles north the mounted rifles watched for Almighty Voice. While they were on the line, and while Almighty Voice lived for many moons shielded by his Indian friends at Duck Lake.

One day a horse was stolen, and a half-breed scout with a companion started out to find the thief. They caught him. As they were bringing him through a clump of poplars, a shot was fired, and the scout fell. The ringleader was taken to the barracks, and there he was kept in a cell. The next morning he was taken to the court, and there he was sentenced to six months in the penitentiary.

Through from his horse by the shock, the officer craved like a ravenous duck into the thick grass of the prairie. He had gone a little way, and he was looking for the ringleader. The ringleader was taken to the barracks, and there he was kept in a cell. The next morning he was taken to the court, and there he was sentenced to six months in the penitentiary.

ON LIGHT DUTY.

HOUSEHOLD PROGRESS.

It is a trifle, apparently, writes Martin Harland, when a woman taboos oil in salad dressing because she "has never been used to putting it in." She thinks meat sauce a "trashy" accompaniment to roast lamb, and "won't hear of hot sauce with cold pudding," or whipped cream as an accompaniment, to ice-cold raw tomatoes.

Each protest is a symptom of decadence which is useful, not inevitable, and has stopped in time, mental muscles become stiff, but disuse is the cause of the change.

"I account that day lost in which I tried to make it a different thing from our housewife may lay the saying to rest, and let a few descriptive words suffice to give a wedding supper a character of its own."

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USES FOR PAPER.

SOME GOOD RECIPES.

A double newspaper with the corners folded down for the left and right around the waist with a strip of muslin, makes a nice apron for dish-washing and baking. Several thicknesses of paper placed under the coat or wrap up the neck and chest when going out in the cold will save many a severe sickness. If there are not bedclothes enough to go around on a below-zero night, lay your spare newspapers between the covers, especially around the feet. Use soft paper wrapping to polish your nickel stove plate.

Some good recipes. Lemon Ice Cream—Two quarts of milk, one quart of cream, a half cup of sugar, two eggs, quarter of a pound of butter, and a dash of vanilla. The Northwest was then a prohibition state. The lieutenant-governor had authority to issue a permit to a man to have in his possession liquor up to five gallons, providing always the man was respectable. These permits gave the police no end of trouble, so long as the owner of a permit held it in his hand he was entitled to the possession of five gallons of liquor, though the keg had been drained twenty times. A saloon-keeper would not give a permit to a man to have in his possession liquor up to five gallons, providing always the man was respectable.

Some good recipes. Cream and Milk in Freezer, and when partly frozen add sugar and fruit. Peach Ice Cream—One quart cream, one pint milk, two cups sugar, whites of two eggs, one dozen ripe peaches, and a dash of vanilla. The Northwest was then a prohibition state. The lieutenant-governor had authority to issue a permit to a man to have in his possession liquor up to five gallons, providing always the man was respectable.

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HUNGRY FOR A KISS.

A GOOD STORY.

The prettiest child story told lately is in French. A mother tells her little girl that because she has been so good she will be kissed for a week. Before two days have gone by the child's lips hang so for her mother's kiss that she begs her not to punish her any more. The mother says: "No, my dear, I told you that I should not kiss you, and I must keep my word. But, mamma, mamma," says the little girl, "would it be breaking your word if you should kiss me just once to-night, when I'm asleep?"

A Good Story. A story is going the rounds at the expense of one of the best known men of this place. We shall not mention his name, but you know him. Of father determined men, he has of late been showing signs of mental agitation. He wears a full beard, but to her own present surprise she has not followed and it was found that life had for him still some charm. He intended to wear a razor, but she would not let him do so. A friend who had used Putnam's Corn Extractor with success advised him, with the following results: Man quite happy, wife delighted. Use Putnam's Corn Extractor.

Paris Publications. There are now published in Paris 2,385 periodicals, nearly 100 more than were issued at the corresponding date last year.

Hotel Carlisle, European Plan, Rooms \$1.00. A BUSINESS COURTHSHIP. Mr. Perkins is a good business man, isn't he, daughter? I think so, mamma; ten minutes after she was presented to me he told me he was a widower.

Household Hints. All the receptacles for flowers should be clear glass or white china. Some ladies have sets of Beltek, but it is rare and costly, and any clear glass will do as well.

Never Washing. First Tramp—Nobody can say that you have a submarine face, Second Tramp—What do you mean?

Pharosh 100. A LONG LEG. Just before V. V. Smith of Florence, Kan., goes to bed he carefully places his hand in a mullin bag. After he has entered the bed he puts the bag under his pillow. His hand is nearly eight feet long.

Man's Inconsistency. You are the apple of my eye, my dear, he said. And yesterday you told me that I was a peach!

Some good recipes. Cream and Milk in Freezer, and when partly frozen add sugar and fruit. Peach Ice Cream—One quart cream, one pint milk, two cups sugar, whites of two eggs, one dozen ripe peaches, and a dash of vanilla. The Northwest was then a prohibition state. The lieutenant-governor had authority to issue a permit to a man to have in his possession liquor up to five gallons, providing always the man was respectable.

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EVERY BRASS TO REJOICE. Here are some extracts from a letter of old marriage notice which appeared in the Stockton, Kan., News—Miss Della Hill is married. Her husband is a travelling man of considerable means, and she does not have to labour, not even to make her own bed. Her husband is some years older than she is, and weighs 250 pounds. Their home is in Louisville, Ky. They were married in Kansas City. Miss Hill's friends here will all rejoice.

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