


The Demand for
MANITOBA FLOUR
Has Been Steadily Increasing in the Maritime Provinces

The People Find That it is More Profitable to Purchase Flour Made Frorn Manitoba Wheat


Is the Best Flour Made From Manitoba Wheat

## It is Manufactured by the

LAKE OF THE WOODSMilling CO., Limited






## ABBEY'S

## RECOMMENDED

 FACUETYYUsed by the masses, who, unsolicited, certify to its worth
Tones the Stomach and Stirs the Liver to Healthy Action

## EFFERVESCENT

Is Natureis Remedy for Tired, Fagged-out and Run-down Men or Women
If taken regularly contributes to Perfect Health, Makes Life Worth Living
SALT


