The Institute has attempted to obtain the best original copy available for filining. Features of this copy which may be bibliographically unique, which may alter any of the images in the reproduction, or which may significantly change the usual method of filming, are checked below.

$\square$
Coloured covers/
Couverture de couleur

$\square$
Covers damaged/
Couverture endommagéeCovers restored and/or laminated/
Couverture restaurée et/ou pellicuĺée

Cover title missing/
Le titre de couverture manque

Coloured maps/
Cartes géographiques en couleur

Coloured ink (i.e. other than blue or black)/
Encre de couleur (i.e. autre que bleue ou noire)Coloured plates and/or illustrations/
Planches et/ou illustrations en couleur

Bound with other material/
Relié avec d'autres documents

Tight binding may cause shadows or distortion along interior margin/
La reliure serrée peut causer de l'ombre ou de la distorsion le long de la marge intérieure

Blank leaves added during restoration may appear within the text. Whenever possible, these have been omitted from filming/
II se peut que certaines pages blanches ajoutées lors d'une restauration apparaissent dans le texte, mais, lorsque cela était possible, ces pages n'ont pas été filmées.

L'Institut a microfilmé le meilleur exemplaire qu'il lui a été possible de se procurer. Les détails de cet exemplaire qui sont peut-仑̂tre uniques du point de vue bibliographique, qui peuvent modifier une image reproduite, ou qui peuvent exiger une modification dans la méthode normale de filmage sont indiqués ci-dessous.Coloured pages/
Pages de couleur


Pages damaged/
Pages endommagées


Pages restored and/or laminated/
Pages rostaurées et/ou pelliculées


Pages discoloured, stained or foxed/
Pages décolorées, tachetées ou piquéesPages detached/
Pages détachéesShowthrough/
Transparence

Quality of print varies/
Qualiêé inégale de l'impression


Continuous pagination/
Pagination continueIncludes index(es)/
Comprend un (des) index
Title on header taken from:/ Le titre de l'en-tête provient:Title page of issue/
Page de titre de la livraisonCaption of issue/
Titre de départ de la livraison


Masthead/
Générique (périodiques) de la livraison

Additional comments:/
Commentaires supplémentaire:: Some pages are cut off.
This item is filmed at the reduction ratio checked below/
Ce document est filmé au taux de réduction indiqué ci-dessous.


VoL. $\lambda$.]
TORONTO, MARCH 6, 1897.
[No. 5

## ELIJAH.

We all know the interesting story of Elijab, the prophet, who, being in danger of his life at the hands of King Ahab, was commanded by God to go and hide himself in the country. We are told that " Ahab did more to provoke the Lord God of Irrael to anger than all the kings of Israel that were before him." As a panishment and an example, God at length comonanded Elijah to prophesy before the pricked king that there should be no more rain or dew for - long time on the earth, antil God again saw good to permit it. This, of course, wes a very heavy punishment, for it simply meant that the earth would receive no moisture, and, in consequence, could produce no fruit, or corn, or the necessaries of life for man or beast. Knowing that the king would try to kill his prophet, God told Elijah to go and hide himself by the brook Cherith, near the river Jordan, saying that he could drink of the brook, and that the ravens would feed him. So Elijab, without doubting for a single moment what God very mouths of the birds, which usually will told him, went to the place; and, sure enough, every morning two ravens brought him bread and meat, and the same in the evening, until, at length, the brook dried up, and then God sent him elsewhere.

In our picture, we see the "prophet with his big straw hat. "My neck is all standing and receiving the food from the presbyterianism. Sce how wet it is:"
not fly within arm's-length of any person.

## "IT's awful hot out, mamma!" he said,

 as he sat on the back steps fanning himself

ELJIAII.

## A LONG TONGIIE.

BY O. T. MII.I.EB.
Wouidn't you think that yours was a long tongue if it was as long as your whole body' Well. odd as it seems, there is a little fellow who lives in Africa with just such a tongue. and gou cannot im. agine how useful it is to him You seo ho is a dignified, slowmoving little cres. ture, and he livey on insects and such lively game He could nover catch them. - and might starve to death, only that he can dart out his tongue as quick as a flash, and as long as his body The end of this droll wenpon is sticky, and holds fast any unfortu. insto insect that it touches

The little animal that I speak of is the chameleon, and his tongue isn't the only droll thing about him His eyes are very curious. To begin with, they are very large and round, and stick nut like big lieals on the side of his head, and the funniest thing is that he can turn them different way ${ }^{60}$ as to sec all around him. He can turn one up and the other down, or he can turn une forward and the other back, and thus see everywhere. It must be a very small fly which can escape these sharp eyes.

Give your heart and soul to the Holy Spirit, be made clean and new.

## OVER THE RIVER OF DROOPING

 EYES.Over tho River of Drooping Eyes
Is the wonderful land of Dreams,
Where lillies grow as white as the snow,
And ficlds of green ond warm winds blow,
And the tall reeds quiver, all in a row-
And no one over cries;
For it's a beantiful place for girls and boys, And there's no scolding, and lots of noise,
And no lost ralls or broken toys-
Over the River of Drooping Eyes
In the beautiful land of Dreams.
Over the River of Drooping Eyes In the beautiful land of Dreams,
There are horns to blow snd drums to beat, And plenty of candy and cakes to eat, And no one over cleans their feet,

And no one ever tires!
There are plenty of grassy places for play, And birds and bees, they throng all tho day-
Oh, wouldn't you like to go and stay
Over the River of Drooping Eyes, In the beautiful land of Dreams?
-Tle Interior.

## OUIG RUNDAY•SOKOOL PAPERS.


Tho bist, tho cheapest, tho most entertalalng, tho most
pirian Gunvilan wopular.

Chrixtinn Guardiaiz and Mtethodiot Alagnzine and Jovlow.
Mngralno and đioviow; Guñilin and Onwario.

, $\quad 100$
Gnuari, 8 pp., fto., weckly, under 5 coples.............. 0 ( 5
Mensnnt flours, 1 pp., Ito., weckjg, single coples.... less that 0 eoples.
Sunbenin, forthkiths, lexs thann 10 copies
10 copics nnd upwards ..............
Happy Days, fortalphtly; Jess than 10 copics
Dow Jropn, weckly, per sear
ow l'er quarter.
IRerean l cenf, monthis. 100 cupios jer month
tierwin Jenf. guarteris..... 13y tho yenr. it cents a
Quarterly leview Service.
arterly leview Service. 13: tho yenr. 1 cents a
tozen: \$0 per 100. Per quarter, o cents a
dozen; 500 wer 100. dozen; 500 jer 100.
Address - WII.LIAM BRIGGS,
Nethoulixt Isoot nnd Publlihing Fouec.
29 to 33 IRchmoud St. West, and 30 to 30 Temperanco St., Toronto.
C. W. Colths.
S.F.IILESTIS.
gir6St. Cntherine Street. ivalesan 1000 k Room. Montreal, Que. Ilalifax, N.S.

Tlowpy $\ddagger$ ays.

## TORONTO. March 6. 1597.

## PAPA KNEW BEST.

As soon as May Benson was old enourih to hold a pencil in her ting fingers she tried to draw. Papa mado beautiful pictures with brushes and soft bright colours.

When May was very good, papa used to take her to his stadio and let her watch him paint his pictures.
"Please, papa, let me paint," she often begged, but papa always said: "By-andbye, little one. You must learn to draw first, and then some time I will teach you to paint."

But May was quite sure she could paint
without boing taugnt, if papa would only lot her try.

One day she ran up from the lawn to the atudio to speak to papa. The door was open, but papa was not in the room.
"Now," said May to hersolf, " I'm just going to s'prise papa, and show him I can paint. It's as easy as nothing 'tall." She pulled a half-finished picture from the easel and put it on a chair, unscrewed the paint bottles, drow up a footstool, and began. Of courso it was easy, but somehow May couldn't make her work look the same as papa's. It looked very bad indeed, and kept gotting worse.

Suddenly the door opened, and there stood papa with such a sorry look on his face that it made May cry before he said one word.
"I-I wanted to s'prise you," she sobbed.
"And so you have," said papa. "I am very much surprised to find that I cannot trust my little girl. You have not only disobeyed papa, but ruined his picture too."
"Please forgive me, papa, and I'll never touch your paints again till you say I may," said May. And he did forgive her.

When May was ten years old, papa began to teach her to draw; but it took many years of hard work before she could paint as well as her father.

## MR. DOANES SERMON.

UP among the White Mountains is a large pile of rocks like a pulpit; and when the young people go to the spot on a pleasure excursion, some one is sent up into the pulpit to preach. One day young Mr. Doane was chosen, and he preached a little sermon on temperance.
"There is nothing 80 good to drink," he said, "as the pure cold water of these mountain springs. If the people were only satistied to drink water, a great part of the sorrow and sin of the world would be prevented.
"Intemperance is an evil hard to cure, but easy to prevent. Let us do all we can to prevent it. Beginning with ourselves, we can resolve never to touch, taste, or handle anything that can intoxicate. Then let us use our influence with our friends, and persuade every one wo know to let it alone. Let us all join hands to-day in the temperance army."

He said more, but we cannot repeat it all. I'here was a lad in the company who was accustomed to see wine every day on the table. His father and his father's friends drank, and sometimes he was allowed to have a little; and he had learned to love it. But Mr. Doane's little sermon that day from Pulpit Rock convinced him that it was not wise for him to take it, and he determined then and there that he would never tasto it again.

Some people say that they go into the country for fun, and need not try to do good there. But we can do good everywhere, and wherever we go we should let our light shine for Jesus, and never be
afraid to stand up for tho truth. If Mr. Doane hadn't stood up for temperance that day, we do not know what would have become of Archie 'I'readwell. Perhaps he would have died a drunkard.

## HONEST WITH HIMSELF.

Litties Frankie was forbidden to touch the sewing machine; and as he was generally a pretty obedient boy, his mother, suntie, and his auntio's friend were much surprised one afternoon to find the thread badly tangled and the needle broken. Frankio was without doult the culprit, and he was called before the family tribunal of justice.
"Frankie, did you touch the sowing machine?" asked mamma severely.
"Yes, mamma," was the tremulous answer. Ho was such a mite; so frail and delicate, so utterly helpless, as he stood before us all with parted lips and big, frightened eyes, our hearts went out to him in pity.
"Now, Frankie," continued bis mother, "you know I said that I would punish you if you disobeyed me, and I shall have to keep my promise."
"Yes, mamma," came in a trembling whisper. Surely the little fellow was punisbed sufficiently, and yet we realized that justice must be enforced.
"It is a very long time since you forbade him to touch the machine; perhaps he has forgotien," suggested his aunt.
"And if he forgot, that would make a difference, would it not?" I ventured to suggest.
"Certainly," answered his mother. "Did you forget, Frankie? I know that my boy will speak the truth."

There was a pause, and in that pause there was a struggle between right and wrong; then came the answer with a passionate cry, as though the struggle were almost beyond his puny strength: " 0 mamma, mamma, I did remember; I shan't make believe to myself!"

Brave boy! How often we children of a larger growth lack the courage of being honest with ourselves !

## "BERTIE'S DONT CARE."

Beatie is a little boy who has a bad way of saying, "I don't care." One day Aunt Nell said to him, "Bertie, will you do an errand for me?"' "Oh, yes, ma'am," cried Bertie; "what is it?" "Take your naughty ' don't care' away up in the garret, and hide it." Bertie laughed, and then looked sober. Then he said, "I will, Auntic Nell," and away he ran. I think he must have hidden it very carefully, for he hasn't found it yet:

Give all you have to God-your body and your soul, your time, your health, and your moneys, your hands and feet, and eyes, and lips.

## KISSED HIS MOTHER.

Sue sat on the porch in the sunshine As I went down the street-
A woman whose hair was silver, But whoso face was blossom sweet,
Making me think of a gardon, When, in spite of the frost and snow Of bleak November weather, Late, fragrant lilies blow.

I heard a footstep behind me, And the sound of a merry laugh. And I knew the heart it came from Would be like a comforting staff
In the time and hour of trouble, Hopeful and brave and strong,
One of the hearts to lean on,
When we think all things go wrong.
I turned at the click of the gate-latch, And met his manly look;
A face like his gives me pleasure, Like the page of a pleasant book,
It told of a steadfast purpose,
Of a brave and daring will;
A face with promise in it, That, God grant, the jears fulfil.

He went up the pathway singing, I saw the woman's eyes
Grow bright with a wordless welcome, As sunshine warms the skies.
"Back again, sweetheart mother," He cried, and bent to kiss
The loving face that was uplifted For what some mothers miss.

That boy will do to depend on I hold that this is true-
From lads in love with their mothers Our bravest heroes grew.
Earth's grandest hearts have been loving hearts
Since time the carth began ;
And the boy who kisses his muther Is every inch a man!

## LESSON NOTES.

## FIRST QUARTER.

STUDIES IN THE ACTS AND EPISTLES.

## Lesson XI. [March 14

SAUL, TEE PERSECUTOR, CONVERTED.
Acts 9.1-12, 17-20. Memory verses, 17-20

## GOLDEN TEXT.

This is a faithful saying, and worthy of all acceptation, that Christ Jesus came into the world to save sinners.-l Tim. 1. 15.

## outline

1. The Old Life, v. 1, 2.
2. The Overwhelming Vision, v. 3-16.
3. The New Life, v. 17-20.

THE LESSON STORY.
You remember Saul, the persecutor. When he saw how the Christians were
fleeing to other cities he thought he would follow them. So he went to the high priest and received authority to arreat bolievers in Damaseus and bring them bound to Jerusalem.

Several men went with Saul, and they had come in sight of Damascus nt noonday. Suddenly a light from heaven shone about them so dazeling that Saul fell on his face to the ground. A voice said, "Why persecutest thou me?" Saul answered, "Who art thou, Lord?" And when he knew that it was Jesus he cried, "Lord, what wilt thou have me to do l" Jesus told him to go into the city, and there he wouid learn what to do.

Then Saul arose, but he could not see the men who stood close by him. They led him into Damascus, for the light had not blinded them. For three days he was in the house of Judas in Straight Street, blind, and not able to eat or llink. Then the Lord told a good man named Ananias to go to him, for he was praying. Ananias went and put his hands on him, and Suul's eyes were opened and the Holy Spirit came into his heart. Then he was baptized, and soon he was preaching Christ in the synagogues of Damascus.

## lesson relps for every day.

Mon. Read the lesson very carefully. Acts 9. 1-12, 17-20.
Tues. Find what Paul says about it Acts 26. 9-16.

Wed. Learn what Paul found true. Golden Toxt.
Thur. Find a good thing to say to the Lord in verse 6 .
Fri. Learn to what Paul was called. Acts 26. 16.
Sat. Find whom Paul saw when he was blind. 1 Cor. 15. 8.
Sun. Read another stozy of Poul's conversion. Acts 22. 6-16.
QUESTIONL ON THE LESSON STORY.
Who persecuted the believers? Why did he get letters to go to Damascus? What did the letters give him power to do? Who went with him to Damascus? What happened when they were in sight of the city? How do we know the light was a very bright one? Who fell to the ground? Who spoke to Saul ? What did Saul nsk? Where did the Lord tell him to go? What did he find when he arose? Who led him into the city? Where did he stay for three days? Who came to him iben? What did Saul receive? What did he soon begin to do? What had the Lord given him? A new heart.

## ANSWER TO SOURSEIf.

Have you heard the Lord's voice?
Can Jesus open blind eyes now?
Do you want the eyes of your spirit opened?

Lesson XII. [March 21. Chmistian self-restraint.
1 Cor. 9. 19-27. Memory verses, 25-27.

## GOLDEN TEXT.

Every man that striveth for tho mastory is temperate in all things.-1 Cor. 9.90.

## OUTLINE

1. For tho Oaspel's Snke, v. 101.23.
2. Temperate in All Things, v. 24-27. the lemson story.
Saul liecamo a now man from that wonderiul day. Ho had beon proud and haughty, but he became humble and loving, ready to be a servant to all if ho could help people to know Jasus.

When he was with the Jows ho triod to please them in innocent things so that ho might win them to listen to the good words about Jesus. When he was with Gentiles he let them see that he was not bound by Jewish law, but by the law of Christ. The poor and weak and ignorant he did not despise, but was careful not to do anything that would harm thern. Ho denied himself for Jesus' sake. Did ho do right"
We who follow Christ aro running a race. The one who runs an earthly race is wiiiing to deny himself many things 80 as to win the prize. But it is a heavenly race we are called to run. linemies try to keep us from winning the prize. The body is one great enemy. Paul said he kept his body under. He would not let his desire for pleasure rule him. Yet Paul was a brave, strong man. It takes a brave, earnest soul to deny self for Jesus' sake!
lesson helps for every day.
Mon. Learn what Paul said about idols' meat. 1 Cor. S. 10-13.
Tues. Read the lesson verses. 1 Cor. 9. 19-27.
Wed Learn the Golden Text.
Thur. Learn a good reason for temperance. Erov. 23. 20, 21.
Fri. Find the reward of the faithful. 1 Peter 5.4.
Sat. Read words of encouragement. Rom. 8. 12-14.
Sun. Learn Hymn 59t in Methodist Hymnal.
QUESTIONS ON THE LRSSON STORY.
What change did Saul's conversion make in him? What did the proud Jew become? How did he try to win the Jews? What did he show the Gentiles? How did ho trent the reak? For whose sako did be deny self? What wre we all running? What are those who run an earthly race striving for? What are they willing to do? What is the race Christians run? Who will try to hinder? What is one of our enemies? What must we put down? What must we bo to deny self?

## called to the race.

"'Tis God's all-animating voice
That calls thee from on high;
"Tis his own hand presents the prize
To thine aspiring eye."
Give yourself to God, to Father, Son

## IF I WERE FOU.

Ir I wero you, and went to achool, I'd nover break the smalleat rule. Anil it should he iny teachere joy 'T'o say sho had no better boy.

And 'twould bo true,
If I wero you.
If I wore you, I'd alwaya tell The truth, no matter what befell; For two things chielly I despiseA coward heart and telling lies; And you would too,
If I were you.

## AN OLD STOIR UF A LION.

Andmoress, the slave of a noble Roman, was doomed to die for a crime he had committed. The slave excaperl to the deserts of Numidia, where he wandered nmong the sands almost dead from heat and hunger. Suddenly he came upon a cave, and crecping in, found a place at the other end to sit down and rest.

But after a time a great lion came to the mouth of the cave, entered, and went straight to him. Androcles was sure his hour had come; but the lion came up to his side, laid his paw on his knee, and making a sort of cry began to lick his hand. Then Androcles saw that a sharp thorn was festering in the lion's paw. The slave pulled out the thorn, and squeesing the paw gently, relievol the ferter.

The lion then left him, and soon roturned with a fawn which he had just killed. For some days Androcles was kept from starying by the lion, but at last, in desperation, he gave himseif up to his master.
tiar tug of wain.
His master was making a collection of large lions to send to Rome, jstream of cold water ran into her face, and coolly ordered that Androcles be sent down her neck, and all over her! She ran with the lions as soon as a certain numbir, to the house gladly enough now, and as had been obtained. The slave was then to nurse changed her clothes, scolding her all be exposed to fight with the lions in the the time, and rubbed her very hard with a amphitheatre.

One day Androcles stood in the arena, she wished with all her heart that she had awaiting his fate. The gate was opened, I run to the house after a cup and saved and a huge lion leaped out. Suddenly the herself such a disagreeable wetting.
kingly beast fell to the ground, and crept to the slave's fect with gentle, caressing motions. The lion was Androcles' old, rriend.

Tho authorities, on learning the story, little chicks fighting for a straw! Well, ordered Androeles to bo pardoned, and after all, silly as it seems, and useless to gave him the lion. Cassius tells us that them as is the possession, the quarrel is he himself saw the man leading the lion just about as sensible and weighty as about the streets of Rome, crowds gather- those creatures of the rational order often ing about him, and repeating to one an-l engage in. Do we not often see boys and other: "This is the lion who was the girls, and grown people, too, wrangling man's guest; this is the man who was the and striving over things of little more lion's physician."

Lions can be tamed if taken young |battle is gained? See that you don't enough; but they may at any time break ' fight for straws, little friends, or for anyout with all their native fury, though sel- thing else, for that matter; for things dom hurtiog their friends.-Forward.

## TOO MUCII TROUBIE.

Thene is an old saying that layy folks trake the most pains. When I was very young I used to wonder how that could be true, for I knew some very lazy folks, and it seemed to me that they never took any pains at all; but I learned after awhile how it was that people who were too lazy to do things as they ought to be done, and at the right time, made themselves so much trouble that in the end they had to take erer so inuch more pains than if they had done the right thing at first.

A little girl was once too lazy to go to the house after a glass to drink out of "It's too much trouble to go all the way to the house for a cup. I'll just tip up the pail und take a drink," said she. And so sh did tip up the $\mathrm{p}^{n: 1}$ but she didn't get a drink. She tippece it a little too far, and down her neck poured the whole pailful of water!

Dear: dear! How she did jump, and ignsp, and sputter, and scream, as the great
 nurse changed her clothes, scolding her all the time, and rubbed her very hard with a
crash towel to keep her from tak:-g cold, crash towel to keep her from taki.g cold,

## THE TLG OF WAR,

Here is an exciting scene, surely! Two
h his dear Son, Jesus Christ, who came from
heaven to die that you may live forever," his dear Son, Jesus Christ, who came from
heaven to die that you may live forever,"

As early as a child can be made to understand that he is his mother's child he can understand that he is God's child, that he has been given to God, and that (iod has accepted him.

Give Christ your burdens to carry; for they are too heary for you.

## ARE YOU SAFE?

Two little girls were playing with their dolls in a corner of the nursery, and sing. as they played:
> "Safe in the arms of Jesus, Safe on his gentle breast ;
> There by his love o'ershadowed Sweotly my soul shall rest"

Mother was busy writing, only stopping now and then to listen to the little ones talk, unobserved by them. "Sistei, how do you know you are safo?" said Nellie, the younger of the two. "Because I am holding Jesus with both my hands tight!" promptly replied sister. "Ah! that's not safe" said the other child. "Suppose Satan came along and cut your two hands off!" Little sister looked very troubled for a fow moments, dropped poor dolly, and thought seriously. Suddeniy her face shone with joy, and she cried out: "Oh, I forgot! I forgot! Jesus is holding me with his two hands, and Satan can't cut his hands off; so I am srife!"

## VERY HAPPY.

Clarabel is alwrys happy. I have never heard her fret nor cry nur complain of anything. She sits on the rug and plays with her blocks. She goes out with Susan for a walk, ar with brother Tom for a ride. She laughs so merrily when she hears the birds sing, that the birds might almost think she was one of their bright family. I do love Clarabel, for she is such a lovely child.

## GIVING THE HEART.

"Mother," said a little boy who hau only numbered five summers, "what does it mean to give jour heart to Gou a"

The mother put down her sewing, and, looking at her boy, said, "Charlie, do you love anybody?"

With a look of surprise the child answered: "I love you; I love my father, my sister, and Henry."
"Then you give your heart to your father, to Henry, to your sister, to me; and you show that love by doing all you can for us, and obeying our commands."

The child's face looked bright with a new thought.
"And you ought," continued his mother, "to love God best, because he gave you your father and mother, and he gave you L

