

Third Annual Report  
OF THE  
**Muskoka Cottage Sanatorium**  
(NEAR GRAVENHURST).

*The First Institution of the Kind in Canada established for the Treatment of  
Persons in the Early Stages of Consumption.*



SUMMER AT SANATORIUM.

TORONTO:

1900.

DONATIONS FOR THIS REPORT:

*Printed by Messrs. Ritchie & Ramsay.*

*Engravings by J. L. Jones Engraving Co.*



VIEW FROM WATER.

## THE National Sanitarium Association of Canada

*(Incorporated by Special Act of Dominion Parliament, 1896.)*

### OBJECT:

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"To establish a Public Institution or Institutions for the isolation,  
"treatment and cure of persons affected with pulmonary disease."

### OFFICERS:

Lord Strathcona and Mount Royal, Montreal  
*President.*

W. J. Gage, Esq., Toronto  
*Treasurer.*

Sir William Ralph Meredith, Kt., Toronto  
*Vice-President.*

N. A. Powell, M.D., Toronto  
*Secretary.*

### TRUSTEES:

W. E. H. Massey, Esq., Toronto  
Jas. Ross, Esq., Montreal  
Dr. James Stewart, Montreal  
Hon. Geo. A. Cox, Toronto  
Hon. G. W. Ross, LL.D., Toronto

Edward Gurney, Esq., Toronto  
Hugh Blain, Esq., Toronto  
D. E. Thomson, Esq., Q.C., Toronto  
Chas. Mickle, Gravenhurst  
Ambrose Kent, Esq., Toronto

J. J. Crabbe, Esq., Toronto.

### VISITING PHYSICIANS:

N. A. Powell, M.D.  
J. L. Davison, M.D.

Wm. Britton, M.D.  
W. P. Caven, M.D.  
D. J. Gibb Wishart, M.D.

L. M. Sweetnam, M.D.  
J. McDonagh, M.D.

### SOLICITOR:

D. E. Thompson, Q.C.

### BANKERS:

Imperial Bank of Canada.



IN THE PARK, MUSKOGEE

Five years ago  
devote \$25,000

It was first  
Toronto.

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The late Mr.  
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Accordingly  
Gravenhurst.

THE THIRD ANNUAL REPORT

OF THE TRUSTEES OF THE

National Sanitarium Association.



IN THE PARK, MUSKOKA COTTAGE SANATORIUM.

Tuberculosis used to be thought incurable.

Modern science has demonstrated the contrary.

In most civilized countries some progress has recently been made in combating the disease.

Canada is slowly awaking to the significance of the subject.

Five years ago Mr. W. J. Gage, of Toronto, decided to devote \$25,000 to the work.

It was first proposed to start an institution in or near Toronto.

The attempt to enlist the co-operation of the Municipality failed.

The late Mr. H. A. Massey, however, became interested and offered to add another \$25,000.

The medical authorities consulted reported against the suitability of Toronto as a site, recommending Muskoka in preference.

Accordingly a splendid site was finally chosen near Gravenhurst.



BOATING ON MUSKOKA LAKE AT SANATORIUM.

The Town of Gravenhurst contributed \$10,000 to purchase the property, 50 acres.

The enterprise was formally organized under the charter of the Dominion Parliament in 1896, under the name of THE NATIONAL SANITARIUM ASSOCIATION.

Other public-spirited men and women lent their aid.

The Ontario Government agreed to co-operate to the extent of the ordinary hospital allowance.

The result was a spacious administration building and three cottages opened to the public in the summer of 1897.

So was launched the first organized attempt in Canada to combat the dread disease which, year by year, is accountable for about one-seventh of our whole death-rate.

Three other cottages have since been added.

The policy has been to admit only those whose condition afforded reasonable hope of cure.

An infirmary for advanced cases is urgently needed but cannot be established without more means.

A freedepartment for the poor is delayed for the same reason.

During the three years since the Sanitarium opened its doors it has received 371 patients, of whom 47 are still in the establishment.

It has discharged as apparently cured 57 cases, and with disease arrested 95 cases, while 78 others are reported discharged with marked improvement.

With a longer stay in the institution even better results can be shown.

The above facts should speak more eloquently than any amount of special pleading in commending this enterprise to the benevolence of all large-hearted Canadians.



PATIENT

## REPORT FOR T

GENTLEMEN :

I have the honor to acknowledge the receipt of your letter of the 10th inst. in relation to the Cottage Sanatorium.

It will be seen from the enclosed report that the work of the Sanatorium has been highly satisfactory during the past year, and that the results have been most encouraging.

The average length of stay of patients has been sufficient to produce a permanent cure in many cases. At this point in the report I am advised by their medical attendants that the end of that time has been reached, and that permanent results have been achieved during the past year.

There has also been a marked improvement in the neighborhood of the Sanatorium, and that is necessary for the success of the enterprise.

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PATIENTS ENJOY TENT LIFE IN MIDWINTER AT SANATORIUM.

## REPORT OF MEDICAL SUPERINTENDENT FOR THE YEAR ENDED SEPTEMBER 30, 1900.

GENTLEMEN :

I have the honor to submit herewith the Medical Report of the Muskoka Cottage Sanatorium for its third year, ending September 30th, 1900.

It will be seen from the classifications given that the results have been highly satisfactory, especially in those cases that have come under treatment in the incipient stage, and remained under treatment for some months.

The average length of stay has increased each year, but it is not yet sufficient to produce the best results, and I have endeavored to emphasize this point in the present report. I find that many of our patients are advised by their doctors to come to us for a month or six weeks, and at the end of that time, urgent symptoms having been relieved, they leave before permanent results have been attained. Especially has this been the case during the past summer months, and our records have suffered accordingly.

There has also been a tendency for patients to remain with us until active symptoms have subsided, and then to seek boarding at a lower rate in the neighborhood, under the mistaken idea that the "climate" is all that is necessary to complete a cure. Sanitarium treatment produces its

wonderful results from the judicious combination of many agencies, of which the pure air and dry climate are but part. The strict regularity of life under the eye of a medical man, the constant outdoor life, the careful supervision of exercise, the restriction of the diet to what is best suited to the patient, and, what is most important, the ease with which patients can follow instructions in an institution where all are working to the same end—all these are lost by those who seek to continue treatment in a boarding-house.

In no single instance of the many I have followed up have I found that patients have done as well as when with us. The average time spent in the open air at the Sanatorium varies from eight to thirteen hours per day, according to the season. It is an easy matter—all are doing the same thing. On the other hand, I find that after leaving us, in a short time a patient finds it difficult to put in more than four or five hours in the open air. Especially is this the case during the winter months.

Carelessness in other details soon ensues; the rules of life followed as a matter of course while at the Sanatorium drop into abeyance, and the patient suffers in consequence, as the many letters in my possession are evidence.

During the past winter a number of lectures were given in order that the patients might understand, and follow intelligently, the instructions given them, and that they might further the broader work of the institution in educating the nation to a rational treatment of this disease—thus, I trust, we are benefiting indirectly many sufferers whom our limited capacity prevents us from reaching directly.



ROSEMARY COTTAGE, THE GIFT OF MRS. JACKSON SANFORD.



TENT LIFE IN SUMMER AT THE SANATORIUM. The patients in the neighborhood were some months past; the satisfactory results have been

We have increased our staff from rooms in the Guest Cottage. During the winter months have been comfortably quartered in the part of November.

A large number of friends have been in the Guest Cottage, and

During the past winter the building has been inadequate in the most respects, with a reliable firm to replace

A considerable amount of work has been done and upwards of 1600 patients have been served in the sanatorium is well stocked for

The system of electric lighting has been called at any hour, night or day, and the telephone has also been placed in each room with the Main Building.

The Christie Cottage has been repainted, so they may be well

The Main Building is being repaired as rapidly as possible.

The five boats provide a means of amusement, as well as for



TENT LIFE IN SUMMER AT THE SANATORIUM.

in the neighborhood we have obtained our supply from Toronto for some months past; though the expense incurred was considerable, satisfactory results have justified it.

We have increased our bed capacity from 48 to 50 by moving several of our staff from rooms in the Administration Building into quarters in the Guest Cottage. During the summer months four male patients have been comfortably quartered in tents, where they will remain until the early part of November.

A large number of friends of patients and guests have been accommodated in the Guest Cottage, and our revenue considerably increased thereby.

During the past winter the furnace in one of the cottages was found to be inadequate in the most severe weather, and an order has been placed with a reliable firm to replace this one.

A considerable amount of work has been done to improve the grounds, and upwards of 1600 plants were put into beds last June, and our conservatory is well stocked for the coming winter.

The system of electric bells from every room, by which the nurse may be called at any hour, night or day, has proved extremely satisfactory. A telephone has also been put in, connecting the Medical Superintendent's room with the Main Building.

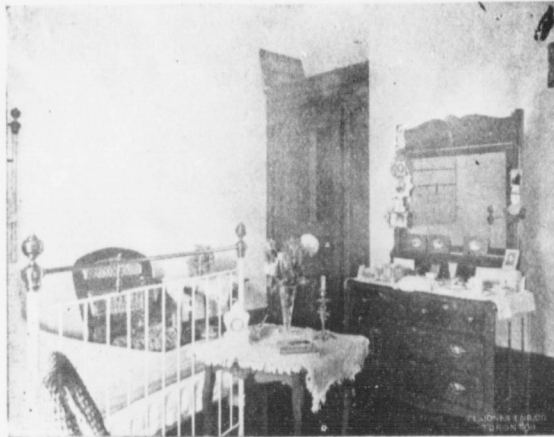
The Christie Cottage has been improved by tinting the walls with oil paints, so they may be washed down from time to time.

The Main Building is being painted and this work will be continued as rapidly as possible.

The five boats provided for the patients have proved a great source of amusement, as well as furnishing an opportunity for beneficial exercise.

The great expense entailed in running an institution of this character made it necessary to increase our revenue, and on March 1st last the rates were raised from \$6.00 to \$7.00 per week, and even since that time we have not found it possible to meet expenses, the actual cost of maintenance per capita being in excess of the amount charged.

Finding it impossible to obtain suitable beef



INTERIOR VIEW OF BEDROOM.

I have also to thank every member of the staff for hearty co-operation in the work.

I append hereto the Medical Report.



CORNER OF RECEPTION ROOM.

The Visiting Staff has been increased during the year by the appointment of Doctors W. P. Caven, L. Sweetnam and C. Sheard, and Dr. D. G. Wishart as laryngologist. Fifteen visits have been made, and 261 consultations held.

The greatest harmony has existed among the patients throughout the year, and all have evinced a most pleasing desire to comply with every regulation of the Institution.



Number of patients in  
 " " ad

Total number

Received from the  
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Methodists . . .  
 Presbyterians . . .  
 Anglicans . . .

Number of patients treat  
 Number still under treat  
 Number to be reported e



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B. FRANK BULL COTTAGE.

MEDICAL REPORT.

Number of patients in the Sanatorium, October 1st, 1899	48
"    "    admitted during the year	141
Total number during the year	189

	Males.	Females.	Total.
Received from the City of Toronto	16	27	43
"    "    other parts of Ontario	64	66	130
"    "    Provinces of Canada	2	2	4
"    "    United States	1	11	12
	83	106	189

*Religious Denomination of Patients.*

Methodists	61	Baptists	7
Presbyterians	54	Roman Catholics	24
Anglicans	34	Other Churches	9
Number of patients treated during the year	189		
Number still under treatment at the Sanatorium	47		
Number to be reported on	142		



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9	1	1



GUESTS' COTTAGE, MUSKOKA COTTAGE SANATORIUM.

Number of patients who gained in weight.....	31
" " " " lost " " .....	8
" " " " neither lost nor gained .....	12
	51

CLASS III.

Patients remaining over three months, 72.

Condition on Admission.	CONDITION ON DISCHARGE.						
	Number.	Apparently Cured.	Disease Arrested.	Much Improved.	Stationary.	Failed.	Died.
Incipient cases .....	20	14	4	2	..	..	..
Advanced cases.....	34	5	16	7	4	2	..
Far advanced cases.....	18	1	5	6	2	4	..
Doubtful evidence of phthisis.....	..	..	..	..	..	..	..
Total.....	72	20	25	15	6	6	..

Number of patients who gained in weight.....	59
" " " " lost " " .....	6
" " " " neither lost nor gained.....	7
	72



SITTING ROOM, ROSEMARY COTTAGE.

*Site of Pulmonary Lesion.*

Right lung only—apex . . . . .	47
base . . . . .	1
general . . . . .	13
	— 61
Left lung only—apex . . . . .	4
base . . . . .	1
general . . . . .	12
	— 17
Both lungs—both apices . . . . .	46
both bases . . . . .	3
right apex and left base . . . . .	6
left apex and right base . . . . .	5
general infection . . . . .	3
	— 63
	141

*Laryngeal Tuberculosis.*

Though many cases of laryngeal affection were treated, the following gave decided evidence of tubercular affection in addition to pulmonary trouble, and were discharged:—

Apparently cured . . . . .	1
Much improved . . . . .	3
Stationary . . . . .	2
Failed . . . . .	2
	— 8



*Incipient.*—  
to but slight lo  
*Advanced.*—  
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ADMINISTRATION BUILDING, SHOWING SEVERAL COTTAGES.

#### DEFINITIONS OF TERMS EMPLOYED.

*Incipient.*—Cases in which both the physical and rational signs point to but slight local and constitutional involvement.

*Advanced.*—Cases in which the localized disease-process is either extensive or in an advanced stage, or where with a comparatively slight amount of pulmonary involvement the rational signs point to grave constitutional impairment, or to some complication.

*Far Advanced.*—Cases in which both the rational and physical signs warrant the term.

*Apparently Cured.*—Cases in which the rational signs of phthisis and bacilli in the expectoration have been absent for at least 3 months, or who have no expectoration at all; any abnormal physical signs remaining being interpreted as indicative of a healed lesion.

*Disease Arrested.*—Cases in which cough, expectoration, and bacilli are still present, but in which all constitutional disturbance has disappeared for some time; the physical signs being interpreted as indicative of a retrogressive or arrested progress.

*Improved.*—Cases in which there has been some marked gain in the condition of the lungs, or in which there has been marked amelioration of the constitutional disturbances. Cases with simply a slight gain in weight are not placed under this term.

ERNEST C. ASHTON, M.D.,  
*Medical Superintendent.*

## MUSKOKA COTTAGE SANATORIUM.

Balance Sheet : September 30, 1900.

### ASSETS.

Grant from Province of Ontario towards maintenance of Patients during year (approximate) .....	\$2,000	
Stock of Food, Fuel, etc., on hand .....	612	14
Sundry Debtors .....	616	47
Suspense (fire insurance premiums paid in advance) .....	247	50
		3,476 11

### LIABILITIES.

Imperial Bank (overdraft) .....	\$3,116	
Sundry Creditors, for Supplies, Wages, etc. ....	1,319	63
National Sanitarium Association Account .....	1,121	52
		5,557 82

Balance at debit of Income and Expense Account,  
being excess of Liabilities over Assets ..... \$2,081 71

F. ROPER,  
*Accountant and Auditor.*

W. J. GAGE,  
*Treasurer.*

## MUSKOKA COTTAGE SANATORIUM.

Income and Expense Account for the year ended  
September 30, 1900.

### INCOME.

Patients' Board .....	\$15,514	
Grant from Province of Ontario (approximate) .....	2,000	00
Nursing Fees .....	218	45
Examination Fees .....	76	50
Out-Patients .....	121	10
Laundry .....	340	34
Board from Guests .....	715	00
Garbage sold .....	34	00
		19,020 34

### EXPENSE.

Butcher's Meat and Fish .....	\$3,148	
Butter .....	620	13
Flour, Bread and Meal .....	334	92
Milk and Cream .....	1,263	39

Tea and Coffee  
Potatoes and oth  
Groceries and P  
Drugs and Medi  
Disinfectants  
Brooms, Brushes  
Fuel .....

Light .....

Ice .....

Salaries and Wa  
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 GE,  
 Treasurer.

Tea and Coffee .....	161 01	
Potatoes and other Vegetables .....	307 29	
Groceries and Provisions not enumerated .....	1,640 09	
Drugs and Medicines .....	400 86	
Disinfectants .....	284 70	
Brooms, Brushes, Mops, Soap and Cleaning Appliances.	227 35	
Fuel.....	1,572 60	
Light.....	94 15	
Ice .....	34 36	
Salaries and Wages.....	5,411 15	
Fire Insurance Premiums .....	405 22	
Advertising, Stationery, Printing and Postage .....	370 22	
Literature .....	126 18	
Repairs, ordinary .....	658 12	
Travelling .....	94 47	
Freight and Express.....	478 91	
Horse Feed .....	233 64	
Maintenance of Engine, Boiler, Water Works and Elec- trical Light Plant.....	212 73	
Interest and Bank Collection.....	299 84	
Laboratory Supplies .....	8 14	
Contingencies.....	256 49	
Clearing and Improving Grounds.....	313 32	
Depreciation of plant, furnishings, etc.....	1,172 09	
		20,130 20
<hr/>		
Balance at debit of this account for the year.....	1,109 86	
Do. brought forward.	\$1,441 15	
Less: Amount under-estimated last year for Ontario Government grant .....	469 30	
		971 85
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Balance at debit of this account carried forward .....	\$2,081 71	

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# Financial Statements of Board of Trustees.

NOTE.—Under the heading of National Sanitarium Association an abstract of the Capital Account is given, while under the heading of Muskoka Cottage Sanatorium the Maintenance of the Institution at Gravenhurst is exhibited.

## NATIONAL SANITARIUM ASSOCIATION.

Balance Sheet: September 30, 1900.

ASSETS.		
Land . . . . .		\$2,348 00
Land Improvement . . . . .		2,824 53
Buildings:—		
Main Building . . . . .	38,414 99	
The Wm. Christie Cottage . . . . .	3,688 68	
The Rosemary Cottage . . . . .	3,500 00	
The George Mavor Cottage . . . . .	2,680 05	
The Wm. Davies Cottage . . . . .	2,299 20	
The B. Frank Bull Cottage . . . . .	2,172 45	
Medical Superintendent's and Guests' Cottage . . . . .	3,899 48	
Engineer's Cottage . . . . .	726 57	
Boys' Cottage . . . . .	327 29	
Stable . . . . .	610 32	
Cold Storage Building . . . . .	868 70	
Boat House . . . . .	656 19	
Sun Pavilion . . . . .	334 98	
Wharves . . . . .	374 60	
	60,553 50	
Furnishings:—		
Bedding, Napery and General House-Furnishings . . . . .	7,730 44	
Implements and Tools . . . . .	314 07	
Medical and Surgical Instruments and Appliances . . . . .	319 03	
Laboratory and Dispensary Equipment . . . . .	194 25	
	8,557 79	
Electric Light Plant . . . . .	1,580 41	
Telephone Lines . . . . .	222 63	
Electric Bells . . . . .	87 09	
Water Works . . . . .	810 31	
Horses, Harness and Vehicles . . . . .	696 05	
Boats . . . . .	147 80	
Sundry Debtors . . . . .	825 36	
Muskoka Cottage Sanatorium Account . . . . .	1,121 52	
	79,774 99	
Deduct amount written off for depreciation of plant, furnishings, etc.		2,099 35
		\$77,675 64

Imperial Bank (o  
Sundry Creditors.

Balance at cr  
of Assets

F. ROPER,

Accountant

S. J. Moore.  
Peter Ryan.  
Charles Cock  
David B. Dic  
W. Goulding  
Thos. West  
A. A. Allan  
J. D. King.  
Lailey, Wats  
Jno. Macdon  
J. F. Michie.  
Millichamp.  
Pugsley, Din  
Philip Jacob  
H. P. W. W  
J. Leckie...  
Medland & J  
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A Friend...  
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Lyman Bros  
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John D. Ivey  
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Alex. Jardin  
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Wilson & Co  
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Asher & Lee  
Mrs. Block..



Trustees.

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LIABILITIES.

Imperial Bank (overdraft) .....	12,389 05	
Sundry Creditors, for furnishings, etc.....	8 06	
		12,397 11

Balance at credit of Income and Expense Account, being excess  
of Assets over Liabilities..... \$65,278 53

F. ROPER, W. J. GAGE,  
*Accountant and Auditor,* *Treasurer.*

SUBSCRIPTIONS

RECEIVED DURING THE YEAR.

S. J. Moore.....	Toronto.....	\$150 00
Peter Ryan.....	".....	100 00
Charles Cockshutt.....	".....	50 00
David B. Dick.....	".....	50 00
W. Goulding.....	".....	50 00
Thos. West (J. & J. Taylor).....	".....	50 00
A. A. Allan & Co.....	".....	50 00
J. D. King.....	".....	25 00
Lailey, Watson & Bond.....	".....	25 00
Jno. Macdonald & Co.....	".....	25 00
J. F. Michie.....	".....	25 00
Millichamp, Coyle & Co.....	".....	25 00
Pugsley, Dingman & Co.....	".....	25 00
Philip Jacobi.....	".....	25 00
H. P. W. Wright.....	".....	25 00
J. Leckie.....	".....	20 00
Medland & Jones.....	".....	20 00
T. E. Braine.....	".....	10 00
W. E. Chalcraft & Co.....	".....	10 00
H. P. Eckhardt & Co.....	".....	10 00
The Elliot Co.....	".....	10 00
A Friend.....	".....	10 00
A Friend.....	".....	10 00
F. C. Daniel & Co.....	".....	10 00
Lyman Bros.....	".....	10 00
Thos. Kinnear.....	".....	10 00
Alex. McPherson.....	".....	10 00
John D. Ivey & Co.....	".....	10 00
Sampson, McCuaig & Co.....	".....	10 00
Alex. Jardine.....	".....	10 00
Westman & Baker.....	".....	10 00
Wilson & Co.....	".....	10 00
A. R. Williams.....	".....	10 00
A Young Lady Friend per W. J. Gage.....	".....	6 00
Asher & Leeson.....	".....	5 00
Mrs. Block.....	".....	5 00

79,774 99

2,099 35

\$77,675 64

H. C. Boulter.....	Toronto.....	85 00
W. B. Brayley & Co.....	".....	5 00
H. M. Blackburn.....	".....	5 00
Creelman Bros.....	".....	5 00
A Friend.....	".....	5 00
A Friend.....	".....	5 00
A Friend.....	".....	5 00
D. Gunn Bros. & Co.....	".....	5 00
Davidson & Hay.....	".....	5 00
John H. Dunlop.....	".....	5 00
R. A. L. Gray.....	".....	5 00
A. S. Irving.....	".....	5 00
Rev. Wm. Jones.....	".....	5 00
Chas. L. Meek.....	".....	5 00
Geo. Musson Co.....	".....	5 00
R. Milligan.....	".....	5 00
C. H. Westwood.....	".....	5 00
S. Muirhead.....	".....	5 00
J. A. McLaren.....	".....	5 00
McKellar & Dallas.....	".....	5 00
R. McKay.....	".....	5 50
F. W. Humphrey.....	".....	5 00
Office Specialty Co.....	".....	5 00
Chas. Parsons & Son.....	".....	5 00
Phillips & Wrinch.....	".....	5 00
F. Robertson & Co.....	".....	5 00
Prime & Rankin.....	".....	5 00
Jas. Stanbury & Co.....	".....	5 00
Arthur H. Greene.....	".....	5 00
A. W. Thomas.....	".....	5 00
H. L. Thompson.....	".....	5 00
Jos. Watson.....	".....	5 00
J. S. Gray.....	".....	2 00
Rev. R. C. Moffatt, D.D.....	".....	2 00
R. E. Menzie.....	".....	1 00
W. Warnock.....	Aylmer.....	5 00
J. R. Christie.....	".....	1 00
A. Houghner.....	".....	1 00
J. W. Hutchinson.....	".....	1 00
A Friend.....	".....	1 00
A Friend.....	".....	1 00
H. P. McMahon.....	".....	1 00
J. B. Ogilvie.....	".....	1 00
W. E. Stevens.....	".....	1 00
Dr. J. T. Wood.....	".....	1 00
T. Bruce Nairn.....	".....	50
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E. A. Brown.....	Woodstock.....	5 00
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Rev. R. R. McKay.....	".....	2 00

# National

## OBJECT:

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- Hon. G. W. Ross, I.
- W. E. H. Massey, I.
- W. J. Gage, Esq., T.
- Dr. N. A. Powell, T.
- Jas. Ross, Esq., Mo.
- Dr. James Stewart.
- Hon. Geo. A. Cox, T.

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THE  
National Sanitarium Association of Canada

(Incorporated by Special Act of Dominion Parliament, 1896.)

**OBJECT:**

“To establish a Public Institution or Institutions for the isolation,  
“treatment and cure of persons affected with pulmonary disease.”

LORD STRATHCONA AND MOUNT ROYAL, MONTREAL,  
*President.*

HON. SIR WILLIAM R. MEREDITH, CHIEF JUSTICE, TORONTO,  
*Vice-President.*

**TRUSTEES:**

Hon. G. W. Ross, LL.D., Premier Ontario  
W. E. H. Massey, Esq., Toronto  
W. J. Gage, Esq., Toronto  
Dr. N. A. Powell, Toronto  
Jas. Ross, Esq., Montreal  
Dr. James Stewart, Montreal.  
Hon. Geo. A. Cox, Toronto

Edward Gurney, Esq., Toronto.  
Hugh Blain, Esq., Toronto  
D. E. Thomson, Esq., K.C., Toronto  
Chas. Mickle, Mayor, Gravenhurst  
Ambrose Kent, Esq., Toronto  
J. J. Crabbe, Esq., Toronto.

**This Association was founded to organize (and has already finished in part) the most complete system of hospitals in the world for the treatment and cure of consumptive patients.**

**Muskoka Cottage Sanatorium** (near Gravenhurst) for the treatment of paying patients in the early stages of the disease. Since its establishment three years ago over 400 patients have been treated.

*Dr. Barnes, President of the British Medical Association, was present at the opening of this institution, and contrasted it with similar hospitals in Europe. He stated that he had never seen a place so well adapted for the purpose.—Globe.*

**Free Consumptive Hospital** (near Gravenhurst) for incipient cases. The land for this institution is secured, plans prepared and tenders called for, and will be ready in a few months to receive patients.

**Free Hospital near Toronto for Advanced Cases,** to be completed next year.

In addition to the foregoing the NATIONAL SANITARIUM ASSOCIATION has already established **sixteen local associations** in leading towns and villages of Ontario.

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E. A. MACDONA

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*The following is a copy of a letter written by the National Sanitarium Association, addressed to the Mayor of Toronto, outlining the work of the Association, and is a sequel to a letter previously sent to him by the Treasurer intimating that friends had provided funds for the erection of a*

FREE HOSPITAL FOR CONSUMPTIVES IN  
THE INCIPIENT STAGE.

*This Hospital will be erected near Gravenhurst before the close of the present year.*

---

{Copy.}

TORONTO, 4th December, 1900.

E. A. MACDONALD, Esq., Mayor,  
Toronto.

SIR,—Confirming our Treasurer's letter to you of the 19th ultimo, we desire now to supplement same with further particulars of the proposal therein made.

This Association has been at work on the problem of the prevention and cure of tuberculous for five years. It devoted much care and attention to the question in all its phases before erecting its first institution. Many visits to institutions in other lands were made, not only by some of the trustees, but by the Association's consulting physicians and architect, before a site was finally chosen and buildings put up. Down to the minutest details everything connected with building, furnishing, and administration received the most thorough attention before action was taken.

The first institution, the Cottage Sanatorium near Gravenhurst, has been in successful operation for over three years. Apart from current expenditure, the Association has already laid out on capital account over \$77,000, all of which, except \$10,000 from the Municipality of Gravenhurst, has come from private sources. We have been carefully feeling our way with reference to further development. Among other steps taken to

prepare for such development it may be mentioned that our chief medical superintendent has been in Europe for the past year pursuing the most careful enquiries into the latest developments of similar work in England and on the Continent. He is to return in January to resume active charge of the work here.

It is the ultimate purpose and intention of the Association to deal with every phase of the tuberculosis question, and to have such a complete organization and system of institutions as will most effectively deal with the various stages of the disease, and amongst all classes of people. In our opinion, to secure the best results three distinct departments are necessary:—

1. A sanatorium for consumptives in the incipient stage whose cure may reasonably be expected. This work is now being done in the Cottage Sanatorium at Gravenhurst, and it has always been the purpose of the Association to inaugurate at the earliest date practicable a free institution for poor patients not past the curable stage.

2. A receiving hospital where more advanced cases may be admitted for tentative treatment and observation of development till the possibility or otherwise of cure can be determined.

3. An institution for incurable cases, with a view to their isolation, proper care, etc.

It may be practicable to unite 2 and 3 in separate wards of the same institution, but we are satisfied that institutions of class 1 must, if satisfactory results are to be attained, be kept entirely separate from the other two.

Our plans also embrace in due course a laboratory for research and investigation, the building for which has already been promised.

At one time the Association contemplated the establishment of both a free institution for curable cases and a receiving home in or near Toronto, and for this purpose secured from the University of Toronto an option on what seemed an excellent site adjoining High Park. This option was held for nearly two years, but public discussion disclosed considerable opposition to location within the city limits, one of the objections being the supposed danger of infection. Medical opinion was then, and still appears to be, much divided on the question of city location. The city's medical department, however, was understood to sympathize with the objections raised, hence co-operation by the municipality was impracticable.

It seemed to the Association that the advantages of having such an institution, if not in the city, at least within sight of it, were not inconsiderable. It would be easy of access, not only to patients, but to their friends and their medical attendants, and its claims and needs could be

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Appreciating these and other advantages of the Toronto location, it was with great reluctance that the Association gave up its option on the site mentioned and turned its attention to some other plan of developing the work. No other course, however, was open since the Municipality would give no aid, and instead of our being able to count on general public sympathy it was clear formidable opposition would have to be encountered.

Once location within sight of the city was given up, the question of how far off to go became largely one of cost of transportation. An institution ten or twenty miles distant is as completely out of sight and out of touch as practically one 100 miles off.

Entertaining this view, the Association has decided to establish its free institution for curable cases within reach of its other institution at Gravenhurst, leaving for subsequent settlement the location of the receiving home.

Some of the advantages of the Gravenhurst location may be thus summarized :—

1. Under agreement with the Grand Trunk Railway Company we are entitled to free transportation to and from Gravenhurst for 100 poor patients per annum, and half rates for all such patients in excess of that number.
2. A magnificent site is there available at a merely nominal cost.
3. The suitability, climatic and otherwise, of the location has been demonstrated beyond all doubt by the experience of the past three years.
4. There would be a large saving of expense in availing ourselves, as far as practicable, of our present staff, plant, and appliances with general administration from the Central office.
5. The site is upon a beautiful lake, affording exceptional advantages for boating in summer and skating in winter. This latter consideration is more important than appears at first sight, as ability to spend a large proportion of the time in the open air with pleasant occupation of the mind is a prime requisite in the cure of this malady. In the absence of a suitable body of water it is very difficult to secure that diversity of outdoor life without which it is almost impossible to keep the patients, week after week, pleasantly employed out of doors for the necessary proportion of their time.

With the further assistance volunteered by friends since our proposal of August last, the Association now proposes and is arranging to go on with the work immediately, and fully expects within a year to have its free institution for curable cases in operation. This institution will be erected in the neighborhood of our Cottage Sanatorium without asking the corporation for any contribution on capital account, and will be available for the city's poor patients, with free transportation to and from, on payment by the corporation of only the usual per diem hospital allowance.

With this part of the work under way the Association proposes addressing itself without delay to making provision for cases in suspense and for incurable cases, and has no doubt of its ability to raise the further sum necessary for that purpose in due time without municipal aid, so that poor patients of the city of these two classes can be taken charge of for the usual per diem allowance, supplemented by Government grant and private charity. It is still our view that these departments of the work should be located near the city, say not more than five or six miles from the City Hall at the farthest; and our plans contemplate the completion of this additional work within two years. This department of the work could, of course, be established sooner if municipal aid were given.

If instead of availing itself of what we propose to do, or aiding us in the establishment of a department of the work at Toronto, the Municipality prefers to establish a separate institution, we can only say that the need is certainly great enough and the field broad enough for all who are prepared to take an intelligent interest in the matter. This Association is the pioneer in organized effort to check consumption in Canada, and rejoices in every evidence of increased public interest in the subject. There should be no occasion for jealousy. It is, however, vital, if confusion and disorder are to be avoided, that all parties act with due caution, and a proper appreciation of the conditions necessary to obtain the best results. Anything savoring of mere competition, any waste in unnecessarily duplicating machinery, should be avoided if the sympathetic co-operation of the public is to be secured and maintained.

We have the honor to be,

Sir,

On behalf of the National Sanitarium Association,

Your obedient servants,

(Signed) W. R. MEREDITH,  
*Vice-President.*

(Signed) N. A. POWELL,  
*Secretary.*

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Rev. W. G. Howson .....	1 00
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Rev. A. Stewart .....	1 00
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Goderich Assoc

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Rev. Fath  
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Miss H. Macpherson.....	1 00	
W. H. Robertson.....	1 00	
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E. B. Tilt.....	1 00	
J. M. Turnbull.....	1 00	
Rev. Father West.....	1 00	
Jasper Williams.....	1 00	
		10 00
Acton Association:—		
H. P. Moore.....	\$1 00	
		1 00
Brussels Association.....		1 00
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     Do            Do            use of steam yacht "Comet" on  
                     several occasions.
- Ritchie & Ramsay, Toronto, Paper for Annual Report, 1899 (value \$46.08).  
 E. W. Gillette, Toronto, Baking Powder, Yeast, etc. (value \$14).  
 Hugh Blain, Toronto, Christmas Gift (\$5).  
 Michie & Co., Toronto, Box of Oranges for Christmas.  
 W. A. Robinson, Hamilton, Collections at Sunday services at Stanley  
     House, Lake Joseph (1899, \$2.22, 1900, \$24.23).  
 The Salvation Army, Toronto, 40 Volumes for Library.  
 The J. L. Jones Engraving Co., Engraving, Artist's time, etc. (value  
     \$15.00).
- Littlejohn & Vaughan, Toronto, Electrotyping (value \$10.00).  
 Thomson, Henderson & Bell, Toronto, Legal Services.  
 Perkins, Fraser & Burbage, Ottawa,            "            "  
 Mrs. Thos. H. Bull, Toronto, Books for Library.  
 Brown Bros., B. B. Nurseries, Shrubs, etc.  
 Joseph Watson, Toronto, Books and Magazines.  
 Mrs. McMurray, Woodstock, Magazines.  
 Hiram Walker & Sons, Walkerville, supply of whiskey used for medicinal  
     purposes, 24 gallons.
- Six months' subscription to:—  
     *Mail and Empire*, Toronto.  
     *Daily Star*,            "  
     *Evening News*,        "
- One year's subscription to:  
     *Globe*, Toronto.  
     *World*,                "  
     *Evening Telegram*, Toronto.  
     *Westminster*,        "  
     *Canadian War Cry*,   "  
     *All the World*,        "  
     *Musical Salvationist*, "  
     *Packet*, Orillia.  
     *Sun*, Belleville.  
     *Banner*, Gravenhurst.

ADMINISTRATION BUILDING, MUSKOGA COTTAGE SANATORIUM.  
 Erected through the gifts of the late Hart A. Massey and W. J. Gage.



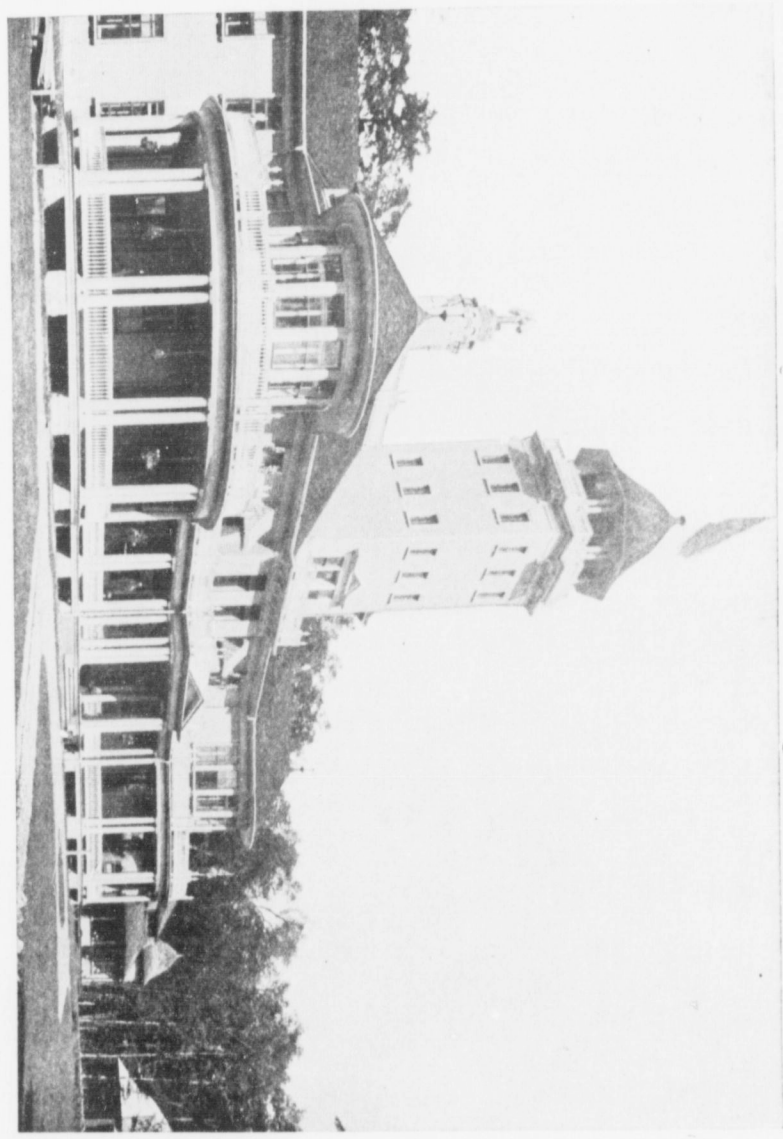
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ADMINISTRATION BUILDING, MUSKOKA COTTAGE SANATORIUM.  
Erected through the gifts of the late Hart A. Massey and W. J. Gage.

Extract from Letter from DR. WM. OSLER, of Baltimore.

"I enclose my cheque for twenty-five dollars, and you can put me down as an annual subscriber for that amount, as I feel nothing which has been started in Canada will do more practical good."

 Your Help is Needed in Behalf of the

MUSKOKA COTTAGE  
SANATORIUM  
FOR CONSUMPTIVES.

---

*It is A National Charity*

The rate charged patients does not cover cost of maintenance.

There are no Shareholders, every dollar received is used to assist in maintaining consumptives or extending the work. Trustees give their services free of charge.

*It is A National Institution*

And should have the help of all Canadians.

*It is A Home*

For the treatment of Consumption in the incipient stage.

*Money*

Is wanted to help to pay cost of maintaining hundreds who apply, but without money must be turned away.

*Your Money*

Will help to save the life of some young man or woman.

*You protect your*

You will as family. As the patients can be

*You can help in s*

For years th that fully half benefited, so th

*It is a Disease o*

*You help t*  
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*A Means of Edu*

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The following form

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***You protect your own life and that of your family.***

You will assist in protecting your own life and that of your family. As the disease is contagious, by furnishing a home where patients can be cared for the spread of the disease is lessened.

***You can help in saving the lives of one-half of those who suffer.***

For years the reports of Saranac Lake and other sanatoria show that fully half of the patients treated have been cured or greatly benefited, so that they may return to their work.

***It is a Disease of the Poor.***

***You help those who most need help.*** While *all suffer*, both rich and poor, Consumption is especially a disease of the poor.

***A Means of Education.***

The Home for Consumptives will not only assist in curing those treated, but supply a means of education whereby the spread of the disease may be prevented, thus lessening the danger to the community.

***Costly to Treat.***

Because of the lingering nature of the disease, Consumption is costly to treat, requiring protracted rest, pure air, and the best food.

.....

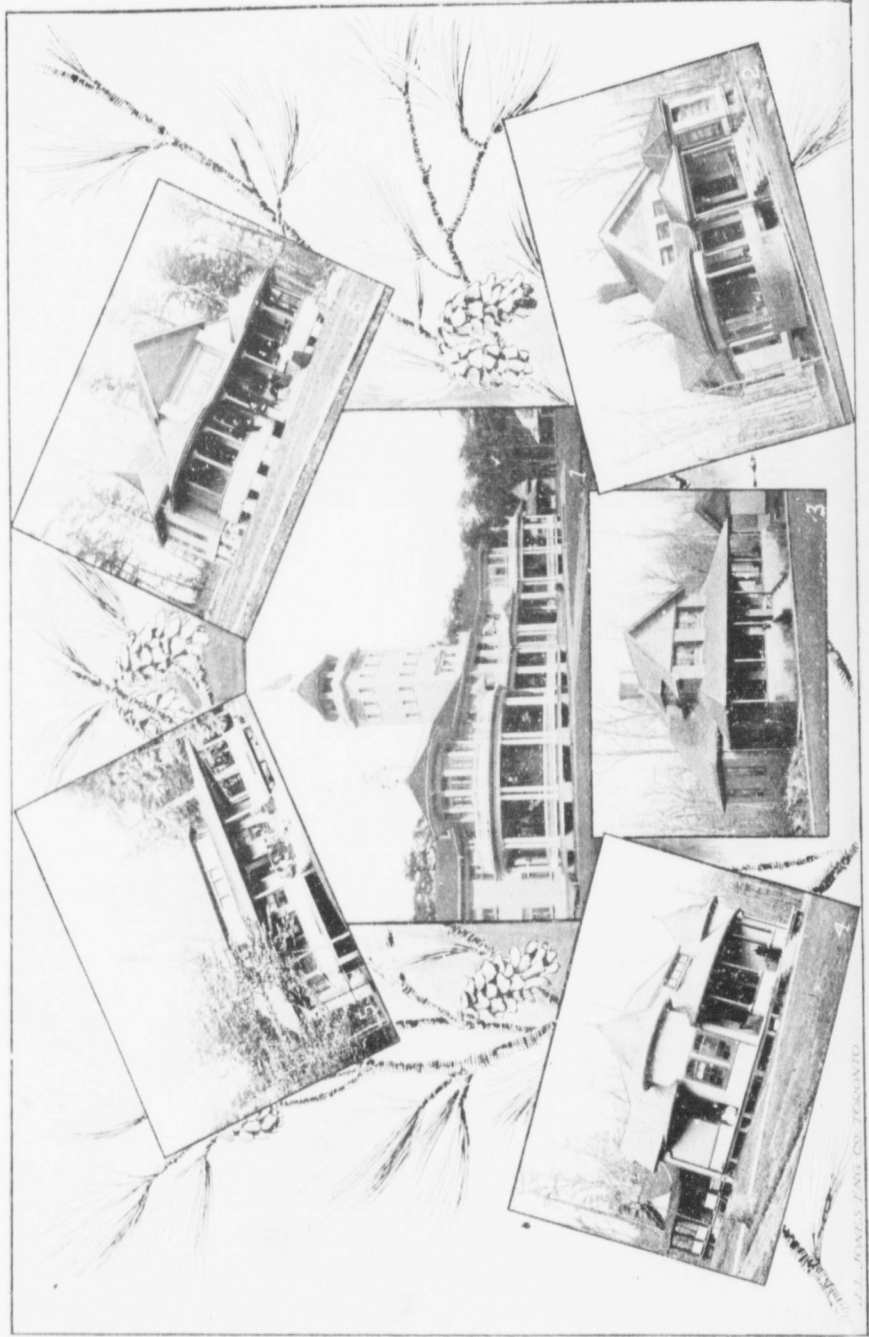
 ***In Your Will***

Remember the National Sanitarium Association, organized for the benefit of Consumptives.

The Association can legally receive any sum which may be given or bequeathed.

The following form will serve:

***"I give, devise and bequeath to the National Sanitarium Association, in trust, to be applied for the benefit of Consumptives, the sum of \$....."***



THE BEAVER HAVEN CO. TEXAS