## PAGES

MISSING

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SANITAS
Sanitas exactly reproduces the finishes, designs
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able material of moderate cost. Sanitas is fade-proof, stain-proof dust - and - dirt - proof, never cracks,
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 Eincion ANITAG THE WASHABLE WAL COVERING


## THE WESTERN HOME MONTHLY

 Vol. XIII.By the Home Publishing Co., McDermot and Arthur Sts., Winnipeg, Canada.







## A Chat with our Readers.

We are naturally very much gratified $\mid$ more to make known the possibilities to receive from day to day letters from and the development of Western Canada $^{\text {and }}$ readers from and parts of the confines of our own and Monthly have created a wide spread inland expressive of the pleasures they find terest. On the scenic beauties of the in The Western come Monthly, and de-
claring that they find improvement in $\begin{aligned} & \text { Pacific Coast-its fisheries-plant and } \\ & \text { bird life he is a first authority. Of the }\end{aligned}$ claring that they find improvement in $\quad$ bird life he is a first arthority. of the each issue. It is hardsy necessary to ad of it is only necessary to mention such information that can reach a publisher, names as Burton; Clairmere, who knows and we assure our subscribers that no the Mountains so well; Bartlett of Arden effort will be spared to sustain and add an authority on early history; Cuthbe to every merit that the magazine now of Vos such graphic descriptions of conpossesses.
One thing in which the publishers and editors take special pride is the number of Western contributors, men and women,
known known not only for their contributions, but by their service in the community


The Guardian of Moose River Pass.
greater influence than the popular as fiction will be recognized by read pastor of the Central Congregational ers. Then there is that great Scottish Church Winnipeg, the Rev. J. L. Gordon,
who preaches to the largest congregations who preaches to the largest congregations day, but through this journal he reaches even a wider constituency than he can from his pulpit. His messages of comfart, and cheer thing of the kind published on the best thing of department conducted by
Continent. The dep Mrs. Pearl Richmond Hamilton in the interests of young women is most helpful, and her knowledge of hife and her good sense appeal to $\begin{aligned} & \text { are the letters of apprecation that we }\end{aligned}$ are the for this column. She is compelrece to answer scores of appeals for help
led and direction.
Perhaps there is no name better and more favorably known in Western newspaperdom than that of Miss Cora Hind. In her "Quiet Hour" column she has inspired and enriched the lives of many. The Philosopher and the Ed in pleasing news page have succeeded in peasing readers by give dealing as they do with interesting and vital topics in a brief and telling way. Bess has given her practical talks and she has a host of priends.
Another contributor worthy of particular mention is Bonnycastle Dale whose
articles have appeared in each issue for tome months. Perhaps no one has done phases.


Old Dutch Cleanser Saves Time $\mathcal{E}$ Labor Scrubbing Floors

## With

Because the fine, porous particles of the Cleanser getright down into every crack and crevice, take up all dirt and leave the floor clean and spotess.
Wash wood, stone, cement or linoleum floor with mop; sprinkle on Old Dutch Cleanser and rub over with scrubbing brush; then mop up and wipe floor dry. No long, tiresome scrubbing necessary as with old-stvle soap powders.

Many Other Uses and
ull Directions on
Large Sifter-Can, 10 C


## YOU CAN BUY

## 'Dominion Pride' Range

## At Factory Price

Direct from the Largest Malleable Range Works in Canada
$T^{H E}$ price which the Dealer quotes you on a Range is made up like this-Manufacturing Cost + Manufacturer's Profit + Jobber's Expense of Handling and Selling + Jobber's Profit + Retailer's Expense of Handling and Selling + Retailer's Profit + Freight.
By our direct "F tory to Kitchen" selling plan all these charges are cut out except the actual manufacturing cost, a small profit, and freight. The difference to you is the difference between the $\$ 41$ to $\$ 49$ which you pay for a "DOMINION PRIDE" Range and the $\$ 69$ to $\$ 78$ which you would have to pay the Dealer for a Range which cost as much to make. Are you anxious to contribute $\$ 25$ or $\$ 30$ to the middlemen? In the

## 'Dominion Pride' Range

## Here is a Book Vort'. Having

 T TELLS about I cooking from Cave Dwellers used to put hot stones in the pot to bo 1 it.The Book contains The Book contains interesting infor-
mation gathered from many sources profusely.
"The Evolution of the Cook Stove also tells all about the "Dominion Pride" Range. Whet her you need a Range just
now or not, you will enjoy this book. Write for FREE Copy.
you get a full dollar's worth of actual stove value for every dollar you pay.
The "DOMINION PRIDE" is made of tough, strong malleable iron and the best blue polished steel-materials that will neither warp, crack nor break, so that it will last a lifetime. It is made in the largest Malleable Iron Range Works in Canada, and each range is backed by our unconditional guarantee.
The "DOMINION PRIDE" looks well, cooks well, saves fuel and is easily cleaned. You'll be proud of its neat, handsome appearance in your kitchen, and of the appetizing food it will cook to perfection for you. You'll appreciate the ease of keeping its blue polished steel surface
and the bright polished top spick and span with a few rubs of a cloth. Your husband will be more than pleased with the reduction in the coal or wood bill-for the "DOMINION PRIDE", saves, by actual tests, $30 \%$ of the fuel.

A "DOMINION PRIDE" Range, with High Closet Shelf and Elevated Tank or Flush Reservoir, with Zinc Sheet to go under range, eight sections Blue Polished Steel Pipe and two Elbows, will be delivered to any station in Ontario, Quebec or the Maritime Provinces for $\$ 41$, or to any station in the four Western Provinces for $\$ 49-\$ 5$ to be sent with order and balance to be paid when range is delivered at your station. If not convenient to pay cash we will arrange to accept your note.

## What Shall a Man do for his Wife?

Man! a word with you. Do you remember how twenty or thirty years ago as a young man you to become your wife. You didn't own much then. to become your wise quarter was a luxury, attendance at a paid entertainment was an event. Yet you found nothing too good for your girl, and you paid out gladly, and even made a foo or angry to think about to by doing things you are angry to think about to-day. And what did you not promise the girl? You would good and loyal helpmate. That was thirty years ago.
Now, how is it ? You have made some money or you own some acres of land, so that you are known fixed. You have accomplished this result by close fixed. You have accomplished. You have made saving a matter of habit. "To have is to hold." You have grudged every cent that ever went out of your fist. You paid by cheque rather than in coin of the realm because it did not seem to make such a strain on your heart strings
And as for your wife, you developed or tried to de velop in her the same close spirit. If she agreed with you it was because she wanted to please. Yet if you stop to think it over the thing she was yearning for and the thing you promised her all these years you néver gave. She didn't want your money. She didn
want a bank balance. She wanted your affection and she wanted you to show it as you did befor yóu were married. But you have had no time for it You have even persuaded yourself that it is un manly to tell your wife that you appreciate all her years of sacrifice on your behalf. In other words you have denied that feeling is the greatest and a brute. When Christmas comes other men give their wives a kiss and a ring or some other token and some honest manly word of appreciation, but you let the day go by in a grudging fashion and rave about the silliness and extravagance of the season. myth. Yes, sir, in all theological discussions you are an authority. Talk is cheap. But in practical kindly deeds-deeds of honor, love and duty-you are a mockery. When your marriage day first came round, you remembered it, and you actually spent enough came round your wife had to remind you of it, and never since has it been so much as mentioned. Do you know what any decent man, with such a good wife as yours would have done on such occasions? There would be nothing good enough in all Canada to get if he had the money to pay for it, and if he
hadn't the money he would have told his wife all that she was to him, and he would have taken her out for a walk or found for her a bouquet of flowers. Man! I'm ashamed of you. You have grown small and selfish. You should be a refuge and a solace for your
wife. If you ever think of her in a kindly way she wife. If you ever think of her in a kindly way she
does not know it, and she is clean dispirited and does not know it, and she is land what is a woman to do who has' no husband to comfort her? In the name of all that is good and holy, what is a husband's first duty if it is not to make his wife's life
full of love and sunshine and beauty? Away with your money! It is dirt. Away with your scheming. your money! It is dirt. Away with your scheming
It is profitless. Be a man! Pour out your soul! Live a free, joyous, thankful and somewhat demon strative life, because in so doing you will enter the Kingdom.
Look here! you say you will not spend money on finery, because you hate conceit. Just halt a minute dummy in a shop window in spite of your profession Do you remember how, when Brown came over las week you showed him through the new barn-a tes timony to your thrift and he praised it all, your heart and your head swelled and you thought yourssty to be one of the lords of creation. You were rotten with pride. permissable as your pride in your property. And ye miserable little shack that has never been added to nor enriched all these years. You have implements and hired help, she has nothing but her honest hands and her faithful heart. And she doesn't mind the work, but she does like a word of appreciation. Wake,
up man! Be a man! That is all. side yourself and if you have a good case gladly shall we find room for you to have your say.

A PICTURE PUZZLE-FIND THE ETHIOPIAN It is about two years since the Western Home Monthly published some facts and figures dealing be prices paid for the necessities of life by the ordinwin wage-earner were preposterous when compared
with the prices paid to the original producerwhether farmer or manufacturer. The articles

public, however, did not look at the matter in this way, and the agitation then begun has gradually quiry, and promise of municipal markets in all the large towns of the West. And, of course, the cry continues on the part of all the dealers that there is no robbery. Yet when a farmer can get no more lots, the grocery stores are selling them to the labor ing men at a dollar a bushel, and when some garden ers are permitting their beans to rot on the growing plants because it does not pay them to gather them at one and a half and two cents a pound, the consumer in the dark alley must pay ten cents if he
wishes some for a Sunday dinner. And it is also the wishes some for a Sunday dinner. And it is also the
same with manufactured articles. The "spread" in prices reminds one of the quotations for flax in the markets of Manitoba and Minnesota, or of the street prices and the elevator prices for wheat, in the olden
days in Western Canada. And yet, there is a universal cry "No guilt here!
these hands are clean!" "Bless you," says the these hands are clean!" "Bless you," says the
manufacturer, "I make next to nothing on my business these days. Power is so expensive, labor is high, new machinery cost so much to instal, money s so tight and credit so bad, that it is only by the strictest economy I can live. It is only by claiming giving him the opportunity to work as reward for along him the opportunity to work, that I can get week I should make ten dollars twenty dollars a cause I put up the money and take all the risk. And cause I put up the money and take all the risk. And
what does it matter if I have seventy-five employees? I have all the greater risk, and if you ployees? proof of my poverty just compare my home
want pare and the rings and gowns of my wife and family with those of my workmen, who are toiling just
faithfully, and risking everything they have." faithfully, and risking everythey not been charged publicly with charging exhorbitant prices, and are they not now demonstrating clearly that they are not guilty ? Even now the Commission is about to receive evidence that the injustice is not in this quarter. Let us pause while the case is presented
Nor are the jobbers guilty. They are all poor mennotoriously so. Did you ever know one of them who owned more than two launches or more than six automobiles? Nor is it the ordinary retail dealer who is guilty, for everyone from the butcher to the grocer is able to prove to a demonstration smallest
tween cost and selling price there is the smater possible margin.
If this is the state of affairs as between manufacturer and consumer, the situation as between the farmer or the market gardener and the consumer is
even more remarkable. Mr. Whelhams, a well known market gardener near Winnipeg at a public meeting last month gave figures, which point conclusively to the existence of a large Ethiopian somewhere. might not be a bad idea to publish a vegetable pic ture-puzzle with a prize for the first person who dissome of the figures:
August 15 .
August 15 . Price offered to grower 45 cents a bushel Price asked from consumer $\$ 1.25$ a bushel.
Cabbage. Price offered to grower 1 cent a pound. Brice Price offered to grower $1 / 2$ cent a pound rice asked from consumer 6 pounds for 25 cents. Carrots. Price offered to grower 1 cent a pound. Price asked fr
August 27: ${ }_{\text {Price offered to grower } 35 \text { to } 37 \text { cents }}$ Potatoes. Price offered to grower 35 to 37 cents
a bushel. Price asked from consumer 70 to 75 cents a bushel. Cabbage. Price offered to grower $\$ 8$ a ton (1-4
Consta cents a pound.) Price asked from consumer 5 to 10 Beets. Price offered to grower $1 / 2$ cent a pound. Beets. Price offered
Price asked from consumer 8 pounds for 25 cents. Price asked from consumer to grower 40 cents a bushel ( 60 pounds). Price asked from consumer 8 pounds for 25 cents.
the gardeners in this vicinity are not willing to go to the trouble and expense of storing their produce
and marketing as the trade demands, -their only thought being to turn the produce into money as soon this time of the year and further many of these men will come to us when we are carrying all the stock will come to us when we are carrying all the stock
we can dispose of and insist on our purchasing their load at some price because they may have sold us in some former time of scarcity. This method o handling by the gardeners compels us to do all the nd is also responsible for our having to keep in touch all the time with the produce men of the South so as to be able to supply our trade the year round.
We are quite willing, to show to any interested party that on the years inno on the capital invested, and that if it were not for our wholesale trade we could not stay in business at all, so far as the retail end of our trade is concerned we do not make enough on it to pay the wear a" But what they do
But what they do not explain nor can any of the
middlemen explain is why the price of commodities keeps up when the market is glutted. Granted that 10 cents a pound is reasonable for beans in the early season, why should they not go down to three cents later on? Why retain a maximum price the whol season through? Are these men afraid that if the
price once is lowered it will never rise again?-Well, be assured it is going to lower one of these days and towards that end the municipal market, with ample storage facilities, will be common in every great centre, co-operative purchasing and selling it is a montrous thing for any man or corporation
It is a monstrous thing for any man or cooperation to exploit poverty. One half a cent on coal oil is little for ten gallons but it means a fortune to the man who owns all the wells and an annual toll of hundreds of thousands tor for freight seems little on paper but it soon makes a million dollars pass from the pocket of the poor man into the coffers of the rich. And so it is all the way through. We al ignore trifles and it is trifles put together that mak rain drops. In our mad rush towards individualism we have overlooked the fact that we have made robbery possible in a thousand forms, and the prices paid by consumers indicates that in one of its forms it is practiced by somebody in our midst to-day. Every man who can assist in this investiga value for can help to get the original producer full value for his wares, and the consumer a fair price for his
necessities will prove himself a public benefactor,

## NOT FOOD BUT SERVICE

Apropos of this question of the cost of living, a very valuable contribution has recently been made by one
of the Chicago churches. A dinner consisting of five of the Chicago churches. A dinner consisting people and the cost was fourteen cents a plate. The very ande dishes served at a prominent hotel in the cify at the prices marked on the daily menu would have cost three dollar. How can we explain the difference can appreciate. How can we explain the difference answer is this, that it is not the food but the service which costs. It is the building and its furnishings, the retinue of servants, the music, the art treasures, and all the forms of luxury, that bring up the pho keeps guard over a man's hat indirectly charges more than the church society did directly charges more than craving of ours for dis play in servants, silverware, liveries and all the rest explains the increased prices not only in the high be the man these days who can live the simple life.

## a STRIRING ILLUSTRATION.

A good illustration of the fondness for display, for conspicuous waste, was a ball recently given at Newport in a palace which it was essentially a man's peculiar in outshining those of the ladies, for all the men came not in evening dress nor dressed as clowns and peasants, but arrayed in the gorgeous robes of Eastern potentates. The host wore a turban studded with jewels. One of the guests wore a white Tonther wore the dress of an English officer when on service in India. Another was arrayed in white satin as an Indian rajah, another as an Arabian prince and so it was throughout.
It is difficult to make a word-picture of the house the theater and the guests. No account absolutely correct will ever be printed. Both men and women
with the talent for remembering details supposed to with the talent for remembering abnormal, were absolutely stunned by the magnifience, so far as everybody and everything was concerned. Both men and women of good eyesight say pound. Price asked from consumer 10 cents a pound. Peas. Price offered to grower 2 cents a pound. Price asked from consumer 10 cents a pound. Of course there are two sides to every question. The greatest wholesale vegetable dealer in this to say commenting on Mr. Whe is satisfied that it is so easy to make money "If he is it he should have no difficulty in securing out of it he shoulare at present three empty stalls cap the market, one or all of which he can rent, and
if he will take a lease of them for a year, we will if he will take a lease of them for a year, we will
welcome him to a share of the trade with open arms welcome him to a share of the trade with open arms
and even pay half of his rent for the first three and even pay half of his rent for demonstration o how vegetables can be sold at or near cost and the seller remain solvent.
Your intelligent readers will readily understand Your intelligent readers will readily understand
that we have no "lead pipe cinch" on the vegetable that we have no "lead pipe liberty to sell when and
trade, producers being at where they please. But the thing that has impressed
itself most on me with regard to the trade is that


## BRIGGRR'S Pure Jams and Orange Marmalade

Put up in 16 oz . glass jars and in 5 lb . sanitary double-top gold lined tin pails.
Brigger's Pure Jams are made from clean, sound Niagara grown Fruit and Granulated Sugar and are guaranteed Absolutely Pure

## Blackwood's

Black Cherry Wine, Ginger Wine, Peppermint Wine, and Hot Todd, Guaranteed Non-Intoxicants

Price 40 cents per quart bottle
Ask your dealer for them
The Blackwood's Limited, Winnipeg

## CLARK'S PORK \& BEANS



The value of BEANS as a strength producing food needs no demonstration. Their preparation in appetizing form is however a matter entailing considerable labour in the ordinary kitchen.

CLARK'S PORK \& BEANS save you the time and the trouble. They are prepared only from the finest Beans combined pared onicate sauces, made from the purest ingredients, in a factory equipped with the most modern appliances.

THEY ARE COOKED READY-SIMPLY WARM UP THF CAN BEFORE OPENING

## W. Clark, <br> Montreal

> Sick headaches-neuralgic headaches--splitting. Na-Dru-Co Headache Wafers They do not contain phenacetin, acetanilid, They do not contain phenacenn, acous drug. 25c. a box at your Druggist's.


Mysteries of the Straight Traill.
Written for the Western Home Monthly by W. I. Thomas, Minnon, Alta

3 An erruption of volAn erruption of vol-
canic language had canic language had inside the barn. Ned through the door with the query: "What's up?"
"Look at that brandin' iron," aid the ranch foreman, vindictively shaking it under Ned's nose. "See that?" he growled pressing it against the barn wall. "Twisted, it touches at two catiwampus
corners and the other two corners don't corners and the other job o' brandin' it would do, wouldn't it? There aint no way to fix it here and we'll soon be through cuttin' out the calves; just about ready to heat 'er up, you might say. It wil have to go
ened." "Send Nelson," said Walsh, "he aint no good cuttin', out calves an' we can', no good cuttin" out, calves an we can', "He'd get lost an' then we wouldn" have no brandin' iron; losin' Nelson wouldn't cut no ice but the brandin iron,-gee." straight trail, how's he goin' to get lost? straight trail, how'son, come out here,'
"Hi there, Nelson, yelled the foreman.
A young giant strolled leisurely out from the shack toward the barn. A
A young giant stroied the barn. At
from the shack toward
least he stood six feet two, was broad


The Steamer Dock Tete Jaune Cache, July 1912
shouldered and had several other points supposed to belong to giants but instead of a cowpuncher he was a college man out on his last vacation before taking up the more serious work of earning his living. Nealy's with this here brandin' iron without losin' yer fool-self?
The youth wore "a smile that wouldn't come off." That depends upon how carefully said Nealy has hidden himself among the intricacjes of your bally wilderness," the answered. you got to do is to follow the trail. You take the first trail to the left after you cross the creek below here and that's a straight trail leadin' "right to Nealy's door." A cowboy's "straight trail" is the mystery of mysteries to a tenderioot. winds around another hill and down another draw, never holding any one direction for ten rods at a stretch. Frequently you come to a $Y$ and which horn of the $Y$ is the straight trail? But a cowboy thinks that inability to follow a
straight trail is a sure sign of inborn straight trail is
mental weakness
"I suppose I might risk my precious person on a perfectly straight trail if you,
are willing to risk the branding iron," are willing
said Nelson.
"You lose that brandin' iron an' when I find the two o' you I'll brand you right
in the middle o' that noble brow $o$ ' yourn in the middle o that noble brow o yourn if you're goin' to tackle the jot, saddle up and hit the trail liwely or it'll be dark before you g,
git dost, sure.

Old Sandy stood nibbling a wisp of hay Old Sandy stood nibe corral. Though only an old horseman would have noticed only an olight dip in his fore legs told why it was not helping to cut out the calves, for if there was an expert at that job on the ranch it was Old Sandy but he had had too much of it for the good of his legs. He was superannuated, just a trai buck long ago. The tenderfoot, with much fumbling of straps, got the saddle adjusted and jogged away down the trail toward the creek. He turned to the left according to directions and followed the
straight trail through devious curves, straight trail through devious
twistings, half circles and zig-zags. wistings, half circles and zig-zags. cording to geometricians, he said to himself, a straight potween two points. A straight trail seems to differ from a straight line in that particular." He was scarcely out of hailing distance from the trail. He was tempted to ride back to inquire which horn of the $Y$ was the straight trail. He would have endured the jeers of the cowpunchers and taken a chance at getting as much fun as annoyance out odly but it occurred to him that if he rode back were more Y's and that if he rode back
of the $Y$ for a time. "Ah, do you observe, Sandy, that one has been used more than he other? I wonder if a straight trail is he most travelled trail instead of the shortest distance between two points.
We'll take a chance, Sandy. But the $\mathbf{Y}$ was not the greatest mystery of the was not trail. Just at sundown he rode out upon the top of a long gradually loping coulee bank. The coulee was broad rather than deep and instead of the usual rapidly flowing creek at the bottom
there was a broad muskeg, shallow water with no current, willows and rank grass and mystery of mysteries, the trail ended abruptly at the top of the coulee bank. "Bless us, Sandy, do you suppose the straight trail leads, down into the earth or up into the sky?" He stopped amazed, spine. He had once read a blood curdling tale of a mysterious trail which lead strangers into the heart of a wildernes where it faded out and left them in the midst of many perils. Here was a disthe level prairie, but just where the slope of the coulee bank began it vanished into the unbroken, apparently untrodden prairie grass. A less venturesome spirit would have turned back but it was no Nelson's way. He was in the habit of going ahead even when men as well as "Do you suppose we have branding iron, Sandy? Looks that way We seem to have lost the straight trai at any rate. If we have been going right so far, Nealy's shop must be on the other of fayther down on this side, riders going
to it would have cut across the prairie to it would have cat across the prairie
farther back. Maybe the last fellow who happened along broke the trail off here and dragged the end across the coulee before he noticed and see, old man."
have to go over and the edge of the muskeg. Sapdy began that blowing noise of the Sapdy began which a range horse announces that he seents danger. Another
little
then shiver crept up
there something dangerous about the there sometsing
place then, something spooky of which plance then, somethis instinct warned him? As this thought came into his mind Sandy's fore feet cut through the wet sod and he sank in soft mud almost to his front knees. "Oh, that's it, is ist you are arraid ou getting mired. have had experience at. this sort of thing have haven't. I am placing my faith on
and $I$ haver your.judgment so wade in and do your best." With much struggling and foun-
dering and splashing of mud Sandy dering and splashing of mud Sandy
reached the middle of the muskeg, but he was not an extra large horse and with a two hundred pound man on his back he could get no farther. He made a mighty
effort to raise his fore feet but was uneffort to raise his fore feet but was un-
sucesssul. Nelson saw at once that the successiul. Nedso there the deeper he would settle into the mud. A small bunch of young willows grew just in front of him. Sandy had been aiming at this when he mired. Without hesitating a moment
Nelson, grasping the reins in one hand, Nelson, grasping the reins in one hand,
scrambled $t \hbar$ the willows with the other scrambled succeded in landing himself well
and sum
and besmirched with mud on comparatively firm footing. Now Sandy, boy, I have a pretty solid perch me maybe we hoist you out. lift and maybe we can. hoist you out. All ready, heave ho two hundred pounds, and with Nelson's strong pull on the bridle lunged at the bunch of willows. As Sandy is too good natured to be selfish and incon-
siderate of others it is probable that, in siderate of others it is probable that, in
the excitement of the moment, he failed to properly compare his bulk with the size of the willowp path. At any rate he
landed so suddenly and forcefully that landed so suddenly and forcefully that
Nelson was dislodged and hurled sprawling Nelson was dislodged and hurled sprawling
into the mud beyond. Gathering himself into the mud beyond. Gatherion and reup he made a hasty inspection and re-
marked: "Sandy, my dear fellow, with the last chunk of mud you threw my way you succeeded in hitting the last clean spot on my hitherto dimact than we are As we cant get any dirtier than we are
we may as well take to the mud. It we may as well bad ahead as what we
doesn't look as
have been through." He was surprised have been through." He was surprised
that the soft spongy sod above the mud that the soft spongy sod above the mad did not break through under Sandy's for Sandy's feet were much smaller in proportion to his weight than his. When they were finally out
upon solid earth he looked back across upon solid earth he looked back across
the muskeg and up at the point where the muskeg and up at the point where
the trail had disappeared puzzling over the trail had disappeared puzze exclaimed: the mystery of tit sevadeny he exclaimed.
"Sandy, Ive discoved the spook, the
bogien the bogieman that haunts this place, the
dragon that swallowed the trail. Every dragon that swallowed the trail he Everys
fellow who rides this way thinks he knows fellow who rides this way thinks hess than
better how to cross this muddy mess any other fellow. One rides for a point up the coulee, another rides down, another strikes farther up, another farther
down no two ride for the same point; as down; no two ride for the same point; as
they don't ride in the same place they don't beat out \& any regular trail. I wonder where they get together again on
this side. We must find that straight this side. We must find that straight
trail you know Sandy we have played trail, you know, Sandy, we have played
on this fly-paper so long that it is nearly on this fly-paper so long that it is nearly
dark.". He rode to the top of the coulee bank.
There was no trail in sight. "Do you think it is up or down the coulee, Sandy? I leave it to you." The going was easier
down the coulee and of course Sandy down the coulee and of course sandy
urned that way. When they had gone arned that way. When hey had gone
a considerable distance and found not reil
den Nelson stopped and turned the other way.
"II it is farther up the coulee than the place where we crossed I am afraid it will
be too dark to see it before we reach it," he stid. He recognized the place where he had crossed when he passed it. It was already too dark to see the ground very distinctly but he rode on till he
could distinguish nothing whatever. "It's certain that wex' ve lost the branding iron line, Sandy, but we'll move on.
no use to try to go back across no use to try to go back across
muskeg in the dark." He rode on, perhaps and then as he rounded a
-in the coulee bank, "Hi yei, joy in the coulee bank, "Hi yei, jol
a light" he cried, "it semmsto b
in the edge of the coulee bank.
may be Nealy's place after all.'. Sandy was hungry and at sight of the buildings
began to began to quicken his pace. He was abou
to break into a run when Nelson pulled him up short. "Easy Sandy,' he said under his breath, "what in the world can that mean?" From the direction of the light there came the sound of a girrs voice singing to a piano accompaniment
That might not have been so strange a matter but it was a voice of exceptional quality, thoroughly trained and the accompaniment was played faultlessly on a piano that was in perfect tune. What
could be the meaning of such music found could be the meaning of such music found a settler's shack, for from its
and dimensions it could be nothing else. Leaving Sandy at the corrall he walked to the shack and rapped on the door. A man a little past miade age came to door, evidently not. a farmer nor a ranche
except the clothing. He was dressed like except the
a farmer. "Iarmer.
"Im lost," said Nelson, "what do you
hink abut, sending out, think about, sending out a search party to find me?",
"Come in," said the settler, "till we
have a look at you and see if you are worth searching for"" " 1 'm not just what you would call fixed up for inspection but the quality of your
to you in advertising the soil if you think of going into

estate business. | estate busines. $\begin{array}{l}\text { At thood of mirth almost over- } \\ \text { whelmed the entire family. The mirth }\end{array}$ |
| :--- | whelmed che enire

was out of proportion to the joke, Nelson
hou thought till he had begun to feel ac-
quainted and the settler's daughter said: quainted and the seal estate proposition was one on Dad. He is generally a very good humored person but he has one big grouch and that is on real estate, real estate men and everything which has
real estate."
"How does that happen?" asked Nelson. "Oh it was a little real estate deal Dad's that sent us out here
and woolly wilderness. He should not and woolly wilderness. He sho ithough, for
feel so wrought up over while we all thought it a dreahapened now at irst we are ale glad happend
we are here, even Dad himself. "e are here, even Dad
"Indeed we do, we have just begun to live since we came here. Poor Dad had ${ }^{\text {a good job in Toronta }}$ good enough. By keop his nose always on the grinding stone he supported us acoording to the most approved
moder standards, but he could never get modern standards, but he could never get
anything ahead with which to go into anything ahead with which $H$ gim and
business for himself until the Hunt Nelson Real Estate Company made an opening for him and he dropped into it and fell clear through' another raugh ron
ne family which luckily covered Nelson's the family which luckily covered Nelsons "He went into the real estate business?" "Yes, he had a thousand dollars in the Yaves, bank which he had saved for a
sainy day, in case he should be sick and rainy day, in case he should be sick and couldn't earn a salary to save it, how many years Mother?"
"Seventeen."
"Seventeen years and he saved it all by serimping it out of himself, going through
the year without a vacation when the the year without a
young men without families working for young me firm were spending a month
the same every summer out in the woods or taking a trip somewhere. it could cry ever
time 1 think of it if hadn't brought us such a jolly piece of luck."
"Thek best luck in the world. What is that modern beatitude about the man and the two blades of grass.
the man who makes two blades of grass the man who makes has grown before.
to grow where one has That is it, isn't it? Well, Hunt and
Net Nelson were after that blessing. They Nold father that they had a nice little piece of real estate in let him have for a
which they would let which they woul and which he could sell
thousand dollars and in a year for two thousand. There would then be two thousand dollars in the
savings bank where one had been before savings bank where one had been before
but at the end of the year Hunt and
筩en poor and that they couldn't sell Father's real estate for the thousay dollars which he had put housand. Misfortunes never come singly, you know, and at about that time the firm father worked for transferred its business to
another company and father was out of a job. We didn't realize how fast he was getting old till the worry over the job

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## The Western Home Monthly.

Winnipeg, Oct. 1912.
we do as we like instead of following social precedents. I sit here and talk to you in my everyday clothes. In the old order of things when a young man was announced it was incumbent upon me to fade away and after keeping him waiting for an hour present myseir bedecked in
the gladest of my glad rags. The cities would suffer if more people lnew what the prairie is like, but you haven't had anything to eat since noon have you? Mother we must fix up some prairie grass for him." "We" "We'l put your horse up and feed him," said one of ther younger broterer corrall to look after Sandy's comfort. corran the morning when he had evquired the way to Nealy's shop and was about to start, the whole family gathered abou to say good by after the fashion of the
frontier and as they shook hands Mr. frontier and as they shook hands Mr. name nor where you live."
name nor where you live.", said Nelson,
"but here goes, my
I live in Toronto.","
"Whoopee, gee," exclaimed one of the been afraid that Hunt and Nelson would hunt him up and sell him some more real estate, funny that you have the same name and come from the same town but Nelson was a good deal older man than." vou; he was a big fellow like you tho
"He is my father," said Nelson. An embarrassed silence settled over the family. "Now that the cat is out of the bag would you mind telling me where that piece of real estate which you bought is located in Toronto, Mr. Walton?" "I have forgotten the numbers but 1 will go to the house and look it up for
""Save yourself the trouble, dad, I know where it is," said the elder of the boys and he gave Nelson the exact location. "I know the property," said Nelson, "How much, have you in it up to date
Mr. Walton?"

## Pen Angle Hosiery <br> Only SEAMLESS Hosiery Fits Right! <br> You should wear Pen-Angle Hosiery, and no other kind. For this is the only

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## forced wherever wear falls.

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Dept. 43 PARIS, CANADA
"About twelve hundred dollars including taxes.'
"Do you wish to sell it for that amount ${ }^{\text {? }}$ ",
A look A look of surprise passed over the faces
of the family, even eagerness was depicted on the face of the younger boy, pictures on the face or he hounger of the saddle
danced before his eyes horses they would buy and the addition that mother wanted built on the shack and the horses dad needed for the break ing plow. They almost held their
"Perhaps it isn't business to say so but I would be more than glad to get my money out of it. I don't know whether it is because the youngsters have guyed me so much about it or what but 1 have always said that it could lie there and rot before
cost me but I would be satisfied with cost me but to get it."
that and glad to
"I think I could sell it on a five per cent commission and get more than that out of it for you if you care to take a chance, but if you want a sure thing I will buy it at twelve hundred and take a chance myself and I'll tell you frankly that I think I would make money on the
deal." "That would suit me perfectly. If you I shall not be humiliated by thinking that you are buying it out of pity, for us and emorse for your father's sins." "Well, boys, that's one on my dad. good example of the different ways in good example of the different ways in
which a thing may appear when looked at from different points of view. The men of father's company of course, are not in business for their health, but they are as honest as average men can be expected to be and they ard the interests of heir interest to forward the interester is
their customers. A satisfied customer the best possible advertisement, you know. They advise their customers to buy where they think they will make money and invariably invest some capita of their own in each district 10 which they are pushing salea, sometimes unforseen unexpected hindrances to the developmen if a certain locality prevent its natural increase in value. This has been the case where your investment was made. Whe the Hunt and Nelson Real Estate Com pany began to push that locality they had leading to it from the main part of the city was about to be paved; but a man who owned an entire block between it and the city wished to hold his property for a number of years at as low a cost as poss-
ible. He has succeeded in delaying the ible. He has succeeded in delaying the paving of the street to lessen his caxes
until this last summer. The pavement is finally completed and that property is finally completed and that property
is going up and my offer is still good to sell it on commission at the best price I can get or buy at your price. "It is yours," said Mr. Wailton, "and I hope you make the extra thousand whigh
I had designs upon. The twelve hundred I had designs upon. The twe,
will be good enough for me., ligh well. I think that in the dayNealy's shop and get this branding iron fixed and when I get back to the ranch I will write father by the first mail and have the sale put through. When I get
returns I will be back with the papers for returns I will be back with the papers for
you to sign and your money. I must you to sign and your money. Eperist
thank you for the pleasantest experience I have had on the range. You have confinced me that more people who are living in eastern cities would be happier out here." As he took leave of them the boys were enthusiastic in their good genial and wished him well. Miss Walgenial and wishe, informal manner of the
ton's evening before had congealed into a lady like reserve. He wondered why. Had he seemed patronizing in his, offer to help them out. She surely didn't think he had tried to beat her father. He had given
him his choice between the deals with full him his choice between the deals wim at
information. Had she taken him information. Had she taken him a
first for a Westerner like themselves and then made up her mind that he was a snob when she found that he was inter-
ested in the Hunt and Nelson Real Estate Co.? He puzzled this problem over and over as he rode. The picture of her race
as it was when he last looked at her was as it was when he last looked at her wis's
indelibly fixed in the back of his mind's pye. He could close his eyes at any time and see it, its expression, its every line.
What did it mean?
Was she displeased With him or not? He could not tell and
the more he puzzled over it the less cer-
tain he beeame but he could not get it out of his mind.
Two weeks later he rapped again on Mr. Walton's shack door. "I did a better job crossing the muskeg this time he said. I dropped the lariet over Sandy's head and kept out at the other end of it while
I led him across. I find that I don't sink well when he has only his own weight to carry. He can't splash mud the length of the lariet, and these high boots keep my feet dry,"
Tees, said the younger boy, "but you if you went at it right. There are all kinds of stuff growing in the muskeg; under some of it the ground is very soft;
under other kinds of growth it is almost under other kinds or growth it is almos as firm as the prairie. You have to zige
zag ato $a$ bit but if you keep your horse zag about o the right kind of growth you get along all right.
"Why, Dick," said his mother, " a little boy, should not be telling a man what to
${ }^{\text {do }}{ }^{\text {"He }}$ is all right, Mrs. Walton, I am a what do you say to piloting me across when I go back and showing me what sort of growth I should ride on? Once I saw
it $I$ would be all right afterward. Is Mr. Walton in?"
The range steers broke the fence last night and he has gone to fix it. See where the fence runs over the hill yonder,
he is just beyond the hill."

## General JBooth.

Chas. W. McGee, Moose Jaw, Sask.
"Promoted to Glory!" We cannot bewail thee, Though bitterest tears be our meat day and night;
Promoted to Glory!" Where nothing can ail thee,
Earth's darkness exchanged for Heaven's pure light.
"Promoted to Glory!" From leading our legions, Not parted for ever, but gone on before; "Promoted" not perished. "Than conqueror more."
"Promoted to Glory!" Thy mantle desiring, We plead that thy spirit upon us may fall;
Thy works, thy example our hearts re-inspiring,
Though dead, thou dost speak; and though silent dost call.
"Promoted to Glory!" Blest General, we'll follow
By blood and by fire, our foes well defeat;
We'll "love one another," scorn earth-joys" so ho'll meet.

Nelson turned Sandy's head toward the fence and rode off to find Mr. Walton for he was certain of his attitude toward the real estate deal. As he could not deterhe was trying to play the munificent benefactor or that he was trying to drive a sharp" bargain, he preferred
matter with her father alone
mattcr with her father alone.
"You didn't leave all trouble behind in Toronto, I see," he said as he rode up. "No, farming and ranching cannot both be managed conveniently in the same locality. This country belongs to the
ranchers now and we will have to put up ranchers now and we will have to put up
with a few annoyances till it becomes a farming country. How is business in Toronto real estate?"
"Fine, I sold the property which I bought from you for fifteen hundred
dollars. I have the papers making the transfer directly from you to the purchaser. Here is your mouney. We will have to go to the station and get the papers fixed up before a notary. It would have been a better de,
" Don't talk about a better deal, this seent too good to be true. I must drive a iew more, staples and then we will go to
"they approached the buildings Mr fcum said: "Put up your horse and ure you at the shack."
velson arrived Mr. Walton had
satisfied the curiosity of the family by
exhibiting the twelve hundred dollars and assed the word around that no mention was to be made of the real estate deal in
Nelson's presence. "He sold the property or fifteen hundred," he said, "and seems
or o feel uneasy about the three hundred profit which he made, at any rate he feels neasy over something in the deal. We will do nothing to attract attention to it."
Supper was ready when Nelson came Supper was ready when Nelson came modified prairie grass which the government offers as rations for settlers doing government duties on the homestead ands: a soft rooster browned to a turn
with saskatoons from the coulee instead of with saskatoons from the coulee instead of
cranberries and jelly made from wild raspberries, vegetables galore from the garden, rolls with fresh butter from the spring house and genuine home made $\underset{\text { mince pie. }}{\text { miter }}$
After supper they organized an im-
promptu quartette with Miss Walton, promptu quartette with Miss Walton,
soprano; the older of the boys tenor; the younger boy, whose voice had not begun to change, sang contralto; Nelson, bass while Mrs. Walton acted as accompanist.
They sang college songs, love songs, old They sang college songs, love songs, ory
and new; scraps from operas that everyand new; scraps from the latest brought in by the stage driver. It was a merry evening and at its close when Nelson indicated that he was about to start for the ranch the family was unanimous in prof-
fering the usual frontier hospitality.

## (3n eflemariam.)



There lacked but one thing to make him certain. Did Marjorie Walton love him as he loved her. He must find out once. He had tried several times to bring
the matter to a test, but she had so skill-
All except Miss Walton who was busy evening while the rest of the family urged that it was late and a long way to th ranch. The boys were especially anxiou
that he should remain till morning to look that he should remain till morning to loo which they hoped to buy, but he sai that he and Sandy both knew the trail and that he would probably be in yet
before all of the cowboys on the ranch before all of the cowboys on the ranch
were in bed. After a last song he rod were in bed. After a last song he rode
away in the crisp autumn night. Presaway in the crisp autumn night. Pressinging, cowboy fashion, a rollicking west ern song. "I believe the West is getting
hold of me, Sandy," he said hold of me, Sandy," he said. Nelson's visits to the walton home stead became so endless jokes and off-hand witticisms from the cowboys. Finally autumn with frosty nights and days
mild sunshine turned the prairie from mild sunshine turned russets and yellows, and the bushes and trees along the coulee banks flamed forth in crimson, purple and gold. It was time for Nelson to rethe real Toronto if he were going into the real
estate business with his father, but he estate business wa the prairies and the free was not sure tife did not suit him better.

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## The Westepn Home Monthly.

Girl of 11 Makes Gpeat Progress Leapning Piano By Free Lessons in Her Own Home
rolls in it implio fachion why she applied for Piano, Organ, Violin, Banjo, Mandolin, Guitar, Cornet and Cello, Taught.
Every year about 30,000 people all over the country learn to play by note their 'favorite instrument with the aid of the Free Music Lessons given by the famous U.S. School of Music 1898 as a home study school. Each day brings study school. tetters which tell of the pleasure letters which tell thtough knowing given the writers through now to play, and describing the difficulty or ease with which they learned. The one printed below says how an 11-year-old child took a course of free lessons, after which she went to a teacher, but now wants another course of lessons from the U. S. School of Music. Her only expenses will be for Music and postage, while the lessons are sent postage, while the lessons her need. This is what she says:
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fully evaded him that he was not certain whether she had done so intentionally or not. As he sadded he was resolved to bring the matter to an issue and trust to luck for a way.
Fate seemed to be against him. It was
growing late in the afternoon and he had growing late in the afternoon and he had
gotten scarcely more than a passing gotten scarcely more thar brothers had monopolized him. They were showing him the new horses, eager for his advice in the plans they were making for farming with a little ranching on the side. "Which do you think make the best all-round work horses, Clydes, or when Nelson saw of them was asking when Nelson saw
Marjorie leave the shack door in the Marjorie leave the shack door in the spring with, a pail on her
direction of the arm. "In iust a minute," Nelson an-, swered, "I'll tell you when $I$ come back," A few long strides brought him up beside Marjorie. "That hooks.
girl to, carry, " hhe said, "the boys usually bring he water from the spring but I saw that they were very much interested in the horses and did not like to interrupt them." "Won
asked.
"Per
"Perfectly," she said, "it doesn't look as though carrying a pail of water would trouble you much." She stopped and going back the pail as
going back to the shack. me the yul have go whe mow spring."
She looked at the well beaten path and then laughed as she looked up into his face and said: "It's a straight trail, you can't miss it."
Baint the last time I tried to follow a straight trail I got lost, you know, and
stuck in the muskeg too. What would stuck in the muskeg too. What woul
become of your bucket of water if $I$ got lost that way again?"
"I suphose I oughtn't to let you get
ost;' she said and they started up the lost;'; she said and they started
path toward the spring together.

> los, path toward the spring together. "Whew, it's the largest spring

Whew, it's the largest spring I ever
w," said Nelson when they reached it "and right at the head of the muskeg.' "Yes," she said, "it makes the muskeg. If the coulee bottom had more grade there would be a spring stream instead, but as it is nearly level, the water instead of running away in a stream spreads out Riders could avoid crossing it by riding Riders cone spring but it is a mile and a half from the trail; up and back make three miles. They would rather cross than lose the time. People out here are
just as anxious to avoid losing time as just as anxious to avoites. There are so
are those who live in cities. are those who live in cities. do in getting
many things they want to do
 started. Ene colors I have wanted to get
their autumn opertiest branches for dec some of the prettiest branches dared to orating the house but I have not dared
ask the boys to help me get them. They ask the boys to help me reaty to wintas the
are so busy getting reak is so steep and
stock The coulee bank stock. The coulee bank that a girl couldn'
the bushes are so thick climb there on account of her skirts. think Dick's clothes would about fit me I would have put on a suit and climbed
after the branches which caught my fagey after the branches which caught my fancy
if I hadn't been afraid some one would come along.'
"Let's get them
"But they are on the opposite side of the coulee from the house and mother will be waiting for the water. Isn't it odd that trees and bushes never grow any
where in this country except on coulee where in this coun."
banks facing north."
"I have an idea that that is because if trees or bushes start on the open prairi or on south slopes the early warm spells start the sap. Then cold spells come later and freeze them while the sap is running,
while those early warm spells do not affect while those early warm spells do not affec
the growth on the north slopes enough to start the sap, and then the north slopes start tot dry out in the hot summer months,
do not as the south slopes and level land do."
"Well, you see we built on the south
se slope because it is warmer and the light
lasts Ionger in the short winter days. lasts longer in the short to carry the water to mother and get the tree branches at the same time, so I suppose we'll have
to go back with the water. I'll go back with the water and you start do wo the
north side of the muskeg and pick out the branches
high boots high boots
climb after the branches you point out." "That will be splendid; well do that." When Nelson returned across the muskeg it proved more expected to mariorie's taste; there were so few branches that were perfect on close inspection though the general effect was good viewed from a distance. There were broken leaves and leaves that failed of the color which adorned their mates. In their quest for perfect branches they Weyder thought unmindful of the distance till Marjorie exclaimed: "Why, the sun is going down. 0 , it will be dark before we reach the house; it is so far up around the spring,"
ot van ix that," said Nelson, "it's not very far to the house, the way the
crow flies, from here. Well imitate the crows."
"Do
machine in your pocket?
"Not exactly but I banches across the 1 can carry these back and carry you across and the crows time from here to the house wont beat ours so very much.
Marjorie's face flushed a little and she ooked a trifle frightened. While she hesitated a moment between the long walk around the spring and being carried across the muskeg, Nelson started across
with the branches. When he came back, without hesitation as though the matter were settled he said: "Now, little girl, you next," and picked her up in his strong arms almost before she knew it and walked oo the edge of the muskeg. She sat rigidly upright, discreetly leaning away
from him. At the edge of the water he rom hod and said: "Marjorie, if you lean oopped forward and I unexpectedly step into a hole or catch my foot on one of these trailing vines I will pitch ahead too fast and we',ll both fall into the drink.
"O dear" said Marjorie.
" 0 , you know that isn't what I meant."
"Yes, I know, but really now, you will have to hold on to me so that we keep
our balance together or we'll never get across without tipping over.
She slipped one arm over his shoulder cautiously and leaned a little nearer. As he stepped into the water, pretending that he had stepped into a hole he stumbled a little. The arm slid round his neck
and held on tightly. Before he reached the centre of the muskeg he caught his foot and lurched forward suddenly. Both arms went round his neck and clutched him in fear of the water for it was getting deeper.
"That's better," he said, "you're learning.
"Bah, what nonsense you talk," she, said, "I believe you did that on purpose." He stopped and laughed till the sit-
uation became precarious. "SSe here you mustn't make me laugh any more or $\mathrm{I}^{\prime}$ ll mustn't make me laugh any more or the
drop you sure," he said, from here on the bottom is bad and the water is deeper If I stumble between here and the bank there will be no joke about $i$ it. It will be
you and me in the drink. I had to have you trained for the bad going before we She it Here goes; hold on his She held close, her head beside his.
soft, little silken curl strayed across soft, little silken curos strayed a a cross his
temple. Almost before he nnew it he had kisped her. "I couldn't help it," he said
voice that was new to her. The in a voice that was new to her. The
raillery was all gone out of it. His,whole
Hes soul was in it. She said nothing but he elt her arms draw a trifle closer. When he reached the bank, "Merore setting her out here will you live in my shack?'" "Yes, and we'll make it the prettiest "We'll ask Hunt and Velson to the wedding and those cowboys at the ranch
who started me out on this straight trail." who started me out on this straight trail.' across the muskeg without getting my
feet wet. I'll cross right at the house and

## "You told me you were a mind

 reader I am," replie. the professor."So
"Well, why do you hesitate? Why don't you read my mind!" The Cynic:-"That are you thinkin Mary: $=1$
The Cynic

# BAKER'S Breakfast COCOA 

Is the Standard for Quality


For all those whcse occupations require clear heads and steady nerves, as well as those in poor health or of delicate dige

Trade-mark on Every Package
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While you wait-five, ten, or fifteen minutes-the natural digestive processes of Benger's Food are working.

You can regulate this Food in preparation, so as oo give the enfeebled stomach, at first almost complete rest; and you can increase, day by day, as heall work left for it to do.

is thus adjustable to individual cases, an advantage that belongs o no other food. It forms with milk a dainty and delicious cream. Infants thrive on it, delicate and aged persons enjoy it.



## Elizabeth Ann.

A Complete Story by Emily Pearson Finnemore.


IS a common say-
ing as women never
tell the truth about their ages, which, in my
opinion, is a bit hard on womenfolk in general. At any rate, if there should be any truth in the saying I'm oing the rule-I'm forty, turned. An' Zachray walked into the village on the very day, my birthday. I met him plump as I come down the steps of Ashb's with a pound of candles in my and. An' you might have had me for "he asking.
Good day, says he, cool as a cucumber. I couldn't have answered if my life had depended on uttering words. I stared at him till my face must have the warm feel in my cheeks.
"Why," says he, as if it might have been but yesterday week he went off to foreign parts to dig for gold, "if 'tsin't 'Lizabeth Ann!" He laughed an' showed as he'd lost a good many of his teeth,
an' went on: "I should have thought you'd have changed a lot more than "What." should I?" I said as sharp as you please, for the way he said it ruf fled my temper.
"Ai $t$ ' be sure why should ye? Jist forty year old this very day.
I stared at him.
"How'd ye know that?" I asked him "Oh, I can do a bit o', 'rithmetic," h answered me back, laughing all the while in just the way he used to you an' me," he went on.
"T" think you should remember!" says, all pondering in my mind about it. An' he looked at me for all the worl as he used to twenty years ago - with
that twinkle o' mischief in his eyes as you never could tell if he meant what he said or not.
"Why shouldn't I?" he says, with the taunt in his voice as made me mad as March hare in days gone by, when

## RIGHT HOME.

Doctor Recommends Postum from Personal Test.
No one is better able to realize the injurious action of caffeine-the drug in Tea is just as harmful as coffee because it, too, contains the drug caffeine
When the doctor himself has been relieved by simply leaving off coffee and using Postum, he can ref
A Mo. physician prescribes Postum for many of his patients because he was benifitted by it. He says:
"I wish to add my testimony in regard o that excellent preparation--Postum. I have had functional or nervous heart
trouble for over 15 years, and a part of the time was unable to attend to my business. "I was a moderate user of coffee and did not thijnk drinking it hurt me. But on stopping it and using Postum in ascribe it to the change from coffee to Postum.
"I am prescribing it now in cases of
sickness., especially when coffee does not sickness, especially when coffee does no agree, or affects the heart, nerves
stomach. ter flayor made right it has a much bet tainer of the system. I shall continue $t$ recommend it to our people, and I hav my onn case to refer to. Name give Read the little book, "The Road to Wellville" "n pkgs. "There's a reason." Evar read the above letter? A new
one appears from time to time. They one appears from time to time. They
are genuine, true, and full of human

Limabeth Ann, I daresay you'd say 'no,'
being sich a contrairy gal as ye are?"
"Course I should!" I told him as quick as I could get the words him as my mouth, for it hur', a gell's pride t' be held lightly by the man she-well, ld got a bit of a liking for Zachary in them days. I think it was the way he walkedthere was such a swing in his body, an such a reach of the leg as he crossed
field-I could tell it was he half a mile away. An' then his voice was different from other people's, an' then his eyes for all the misch' 'f in 'em, had a sort old light shining in 'em-ah, well, them
old joys an' sorrows. "I suppose you made a big fortun out in them foreign parts?" I says to
him. him. "Well," ing his speech a bit me back, consider ing his speech a bit careful, I thought
"Maybe no better nor if I'd stopped a home." "What a silly y
go, then!" says
go, then!" says $I$. "Maybe so, maybe not," he said, look
ing at me with that twinkle in his ey again; "but there was somebody else a was a silly beside me
"Who was that?" I asked him.
"Ah, who was that, I wonder!" he laughs. Somehow I got red in the face once
more. It was that tantalising way he had of looking at anybody. "Have you come back to Basset's End to live?" I asked him. "That'll be as it happens," he said I'm looking up old friends for the pre,
sent, an' old places as well. Mother's dead." "This may day "An" my sister Rose married "An" a widder now," I said. "Ai, ai," he says. Then waited :
moment before he asked me, "Are you a widder as well, 'Lizabeth Ann?" you "Me! A widder! Not likely!" said.
"I didn't know what might have happened in all these years," he says.
"I ain't ever been a wife," I told him, tossing my head as proud as I could. "I never felt that way inclined."
"Well, t ' be sure-you allays was con-
trairy," he says.
"Humph!" I cried. "I ain't such a lot of opinion o' marryin, countin' by what Lee other man yet as I'd give up my
never see the man independence for!",
"Jist the same 'Lizabeth Ann!" he "Jist the same 'Lizabeth Ann!" he
laughs out, as merry as a cricket. laughs out, as merry as a crick"t.
him. "Why some on us get wiser as we get older," he says. "Dunno about that," I said back, "de pends upon a bouts character-if ye b a fool in the begining, so ,yell continny "Ai, ai," he agreed. "'No fool like an ole fool,' they say."
My cheeks burned. I was always a bit hasty tempered. "Oh," I says
"fortr ain't s' fearful old as ye seem forty, ain't s'
He laughed till the tears were in his eyes, an' it made me feel madder than "I can do a day's work with the best same as ever," I went on, "there ain't an' I ain't got no more nor two or thre grey hairs, an' I'm straight in the figure too, an' some might say lissome as well Oh, no, I don't give way to ag? as soried wome Anes as age the sod Zachary, laughing an laughing till I wanted $t^{\prime}$ box his ears for a silly idiot.
"You alays had a mean'spirited way o
"akin' fun o' folks," I said to him, "but makin' fun o' folks, Iation o' your man ners!" his hat to the back of hi head. "'Lizabeth Ann!", he says, tryin to stop langhing, "I ain't seen anatlo Didn't I tip up my chin then!
"I hadn't the least notion I was sich a

figure o' fun as that comes to, Zachary, walked off without another look at him

:IS SAID-"Few of us realize how much salt we eat. The fact that we put salt on all meats and vegetables-in bread, cake and pastrysoups and sauces-butter and
using an absolutely pure salt."
SHE SAID-"Well, we are using WINDSOR SALT and no one could make me believe there was any better salt in the whole world than my old standby

## WINDSOR



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Well, I sat through that livelong afternoon, staring in front of me, an' thinkin', as if there was nothing in the
world more important to be done. An world more important ons I'm a brisk 'tisn't a habit with me;
body, with plenty of work to keep me body, with plenty of work to keep af
from such folly-with a cow to look aftrom such antter to make, an' a good-sized garden to keep in order. But on that afternoon, there I sat like a stone image an' things were running through my head at such a pace I was 'most giddy, an' at four o'clock there were tears ron-, ing down my cheeks. I got up then, an
stirred about a bit for very shame; but 'twas solemn truth-me, 'Lizabeth Ann May, cryin' like-well, like a baby, an' all on account o' that meetin' with Zachary Pellington after he'd been gone twenty years to make his fortune. By't What he said of a fortune after all; but made much of a fortury jist as he said I was the same 'Lizabeth Ann.
'Twas the queerest thing how peppery my temper always was with Zacharyhe'd got that trick o' rubbing me up the
almost worse than the thoughts-I felt dreadful about that. It was past seven in the evening whe mustered up enough courage to go upstairs an' unlook the top right-hand drawer in my dressing-table. My heart, was beating at a fearful rate, an' was beagh it was a chilly evening, I was perspiring like summer. An' I took up a little red silk bundle an' went downstairs an' laid it on the table. It was a bunch o' flowers ane o' poor father's old silk hankerchers.
I loosed the knots, an' there was the bits o' brown withered things. I blushed hotter an' hotter, for you must know Zachary gave me them howers the Christmas before he went away, an I'd kept 'em all them years, an' every Christmas time I, used 'em out in a blue o the drawer
china vase same as if they was fresh. "Few bits o' things I picked to make a Christmas posy for ye," he says, when he brought "em, just in his off-hand way Well, this should be the eve; shouldn' o' withered stems an leaves shour - I was going to burn 'em now.
was going to burn half-past seven, an


A riew in Assiniboine Park Winnipeg.
wrong way, as they say, like a cat, an' there come a knock on the door, an' wrong wart o' my nature $t^{\prime}$ turn round footsteps in the pasasge, an' Muster an' scratch him. An' it didn't seem as Miller o', High "Dyke farm put in his if twenty years had made a bit o' difference! $\quad$ I tried to drink a cup o' tea an' get sense into my head again. But them, thoughts mastered me a filt whe roots o, my hair gettin' warmer an' warmer till I was blushing red as a peony. An' all on account o' them thoughts. You see, 'twas this way: Zachary went away when I was 20 an he was 20 , an' he'd never been heard of any more, when his old aunt died an' left him a leggicy. Everybody said he must be dead. An' I should never have done what I did if I'd thought he was alive, but it didn't seem any harm to let your mind dwell on a dead man. An' so I'd been remembering everything Zachary had done, an' everything hed said to me, working clothes, Sundays in his pepper-an'-salt suit, an the way lo stepped an' smiled, an' the twinkle in
his eye-I never should have let myself down so low
man was lik
me. Well,
dead, an' then thene was bellow he was
Ann."
Ann." "Ihere was somebody behind him. "I've brought ye a visitor," says Muster Miller, an' with half an eye I see it was Zachary.
They sat down, an' it was just then my eyes dropped on the posy in the silk hankercher, an' for a moment I felt a an instant while they were coming in. But I tried to console myself that no body could know what it was, an' men woul'n't ever take the least notice of anything lying on the table. "Zachary's bidin' along of us up at "Oyke, says Muster Mither
"Oh, indeed," I said politely. "But he's on the look-out, he me, for a place to settle in. What about The Barley Patch was a farm as belonged to me. Patch?", chimes in Zachary.
But I didnt look at him. ain't he?" says Muster Miller
"Heard of another?"

## "Not at present."

"Then maybe you'll have no objection
to me," says Zachary.
Then as brass. "You take a farm?" bold as
laughed.
"Why
laugned. not?" says he.
"Why, hare got too old for hard work," I
"You told him. Miller laughed. Zachary, he
Muster Mind Muster Miller laughed. Zachary, he
didn't exactly laugh, but the twinkle in didn't exactly laugh, dance like a spark
his eyes seeme, he says.
"I doubt it,"
"Well, I don't want y
"Well, I don't want ye for a tenant," I said straight.
"Bless us!" cried Muster Miller, "He'll sure to pay the rent.
"Money ain't every thing," Muster Mil-
please. "But it's a precious deal o' use in this
world, anyhow"', he says back. "At any rate," I said, "I don't want Muster Pellington for a tenant. Tm
looking out for a young man with looking out for a young man hard-one as'll put the land into good condition again. Brownlow as is leaving, he's let, the land get into a fearful poor state."
I spoke as lofty as if I'd been a
 milady, ${ }^{\text {an }}$, Zachary a poor laborer.
Then all of a sudden I felt myself flushing hot as fire, for Zachary had got the corner of his eyes on the dead posy. looked up at me rather quick. "''m, in my prime, an better nor a stripling," he said.
"you an" me know what one another's age is well enough."
"Yes,", he laughed. "You're forty today, an' I was jist thinking as you'd, wore a yot botter nor the table there."
flowers ye got on the table there.
My face went scarlet. I could see it
in the glass.
"Oh, them're some old things I turned out of a drawer to burn," I answered
back.
"Looks as if they'd been dry enough to burn this good bit," says Muster Miller. "So they have," I agreed as careless as I could, "but I dare say Mrs. Mille can tell ye how things get put away in, a drawer an' left year after year-
I stopped, feeling dreadfully silly. "What did ye ever put 'em in a
drawer for?" asked Zachary. "Some fancy at the time," "I said, an' took the posy in 'my hand. "I was, jist
going to burn 'em as you some in," an" going to burn 'em as you some in,' an
I went an' flung the poor bits $o^{\prime}$ things on top o' the coals.

## CAREFUL DOCTOR

Prescribed Change of Food Instead of Drugs.
It takes considerable courage for a doctor to deliberately prescribe only food sorting to the usual list of medieines. There are some truly scientific phy-
sicians among the present generation sicians among the present generation who recognize and treat conditions as
they are and should be treated, regardless of the value to their pockets. Here's an instance:
"Four years ago I was taken with
severe gastritis and nothing would stay severe gastritis and nothing would stay
on my stomach, so that I was on the on my stomach, so that I was on the
verge of starvation. -1 heard of a doctor who had a summer cottage near me-a specialist from N.Y.-and as a last hope, sent for him. "After he examined me carefully he advised me to
Grape-Nuts at first, then as my stomach became stronger to eat more. could eat and digest three teaspoonfuls. Then I began to have color in my face, memory became clear, where before everything seemed a blank. My limbs
got stronger and I could walk. So I steadily recovered.
"Now after a year on Grape-Nuts I weigh 153 lbs. My people were surprised at the way I grew fleshy and strong on
this food." Name given by Canadian this food." Name given by Canadian
Postum Co., Windsor, Ont. Read the little look," "The Road to Wellville," in Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human

Zachary watched them withered stems
an' leaves an' leaves cackle an' burn wi' that tan-
talising twinkle in his eyes, for all the world as if he knew how old they were an' who had first gev 'em to me. "Why don't ye burn the hankercher as well," he says in a minute, "it looks as old "as the posy." I told him, "but I "It's older," I told him, "but I belougned to poor father."
"Well," "Well", he said, getting up, "an' ye
wunt take me as a wunt take, me as a tenant for the Barley Patch."
"No, I won't", I said. "You ain't the
sort o' man I'm looking for." sort ${ }^{\prime}{ }^{\prime}$ man I'm looking for." He grinned as wicked as when he was
twenty. "Very good. That's the second time in yer life ye've refused me, ain't it?" I began to say something, I dont recall we
out la out laughing, an' waved his hand to stop Muster Miller went after him, looking quite mystified.

Brownlow left the Barley Patch at Michaelmas, an' I hadn't got a new ten ant. This was a serious consideration
to me, because the rent of the place wa a substantial part o' my income. a substantiar part or my incther Zachary had found a place yet, but I wasn't going to regret refusing him.
'Twas a stormy autumn, an' I went
no further than church an, about the no further than church an' about the
village for more than a month. It was village for more thay in November when I de cided to go up as far as the Barley
Patch to see if the windows were safe; Patch to see if the windows were safe for mischievous lads often find a lot o
fun in shying stones at the windows of fun in shying stones at the windows
an empty house. I must have them an empty house. boarded up for the winter if so be no body took the place, but I was loth to do it in a hurry-it seemed like no hope of a tenant turning up. I went in at the front gate an walk
ed up the path between the box borders. ed up the path between o' pride in, bein the owner o' the Barley Patch, an' I should dearly have liked to live there myself, only $I$ mistrusted mysel
whether I could manage a farm an whether I could mana
make it pay properly.
make it pay properly.
I come to the front of the house an then stopped an' stared. For every single window was boarded up as neat an tight as could be. I went round to the
back an it was just the same. I was back an' it was just the same. I was
puzzled. I looked up an' down. There was a sort of cared-for appearance was a sort of cared-hor of the outbuildings were shut an' fastened as tidy as if somebody had just put the place right for the night. I was completely mystified."
The sound was close in my ears. I The sound was close the yard an' looked over the wall, an' there was a team of horses plodding along the field an' a man guid
ing the plough. It was Zachary Pelling ing the ploug Itn. ight stood like a statue till he catched sight of me, an, then his face broke in
to $a$ smile, an' he came on down the fur row towards me an' stopped.
"I don't quite make out what all thi
means, Muster Pellington," I said, means,
speaking stiff an' polite.
'Don't ye?" says he. "Well, I'm prac tising, getting my hand in, larning to do things how you like 'em, so as y might change ye mind tonant, as nobody ain't took the Barley Patch.",'re taking great liberties, Muster
"You're Pellington."
He pushed
He pushed his hat back. "Ai, ai," he says in an agreeing way. "I been in
the habit o taking liberties wi' you 'Lizabeth Ann."'" I cried, in a heat. "So you have!" I cried, in a heat.
"Ha, ha, ha!" he laughed. "Then ye shouldn't let me." a lady's to help it when a gentleman's rude," I said.
He throwed up his chin an' laughed a loud as a crowing cock.
"Ain't you got no farm o' your own
Muster Pelington?" I asked him solem an' quiet. "No, I ain't look no further nor here,", he says. "on after a bit."
take me on
"As to that," I said, speaking all on the spur of the moment, "I'm thinking


## THE WELLDRESSED MAN

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ressed, but to be attired in suitable clothing. than ordinary
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## 10 SAOCE

is the new sauce imported from England. It is made by blending together the most delicious Oriental fruits and spices with pure malt vinegar by a
secret process.

What are ye doing on? Pm forty year
old-an' ye know it!?
most likely I may come here to live my self." I wasn't going to look as if $I$ manted a temant bad emough to take him.
a Most sensible thing ye could do! "Host sensible thing ye could do!" he
says at once. Wr' a capable man at the head of aflairs-" I broke is, "I ain't ever meeied "Oh," I broke in, "I ain't ever needed, a man t' manage my affairs for me yet. how much better they'd flourish if ye how much better theyd flourish if ye in the had; an' I couldn't deny it.
"Who boarded the windows wi? I "Who boarded the winde
asked him-sharp an' quiek. asked him-sharp a
"I did,",he says.
-Most unwarrantable piece of imper tinence on your part," I told him. An' then he just grinined in my face so wicked I simply turned right roum
and-walked away as fast as I eould.

What I' said more in pride an' anger than truth I stuck to. I was on my high horse an' decided, as no tenant of-
fered for the Barley Patch, Pd fulifl my fered for the barition and go an' live there myself, letting my present house with the field adjoining. $A n^{\prime}$ a tenant offered for that almost at once, so that ter Christmase
I wouldn't have told anybody, but I was very nervous as to how I was going to manage $a$ farm. An' odd as it may seem, Tid never been up to the Barley Patch since the afternoon in November when I found Zachary ploughing there, but I'd heard talk buzzing about the village how flee he was making himsel
with the place. There was some smiles,
"Course I do," he says, more quiet than he'd ever spolke before. "I ben countin' the years every one as went. An now ook ye here, Lizabeth Ann, years ago ye a Christmas posy twenty years ago
an' ye burnt it only to'other day. Now an eean't wait for this un to dry up an' be burned in twenty year again. What do ye say to bein' married all ready to go to the Barley 'Pateh? an' me settlin' about buying Piggott's place to join on
"You: take my. breath away!" I broke out. head an' kissed me plump on my lips. I pushed him away "How dare you, Zachary Pellington?
haking.
"You been loving me for twenty, years, Lizabeth Ann; them
I was panting for breath, an' the tears were blinding me.
tears were haven't any right!" I stammer-
An' he come close again an' put both his arms round me, an' siys, "Yes, I have, Tizabeth Ann, "eanse I been loving you longer nor twenty years, an ther
$\mathrm{an}^{\prime}$ then he kissed me once more, $\mathrm{an}^{\prime} \mathrm{I}$ burst out erying on his shoulder.
Ah, dear, that was a Christmas Day! An' Zachary's got a lot more money than he pretended, an' has domineered over me to the extent of buying my
wedding froek-a real grey silk down wedding froek-a real grey silk down
from London. I have to admit how from London. I have to admit how pleased I am, because Irey silk so much. An' I'm storing the now Christmas posy so as to
"One step won't take you very farYou've got to keep on walking; One word won't tell folls what you areYou've got to keep on talling;
One inch won't make you very tallYou've got to keep on growing; One litule ad won't do it allYou've got to keep 'em going."

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too, at my expense, but I pretended not keep a few of the leaves fresh enough to see anything nor to know anything. The elins as I down to breakfast. An' there was a tapping on the door when I was stirring my tea. Before I'd got farther than the passage the door opened, and there stood Zachary. I stopped, staring at him. For in his hand he'd got a posy as near like the one o
peas in a pod.
peas in a pod. "A Merry Christmas, Lizabeth Ann," he said, an' come to'ards me, holding out the posy.
But I couldn't have lifted my hands to take that posy if you'd, crowned me to
do it; I felt giddy an' stupid, an' so misty about my eyes.

An' what did Zachary do but step close to me, an' push the flowers into my hand.
'I want t' know if ye're going to keep 'em twenty year to burn 'em in the bright as stars
I sank back against the wall. He shut
I the door.
"How
解 (yye know? I began, but, he
stopped me. "I jist do know, so there's an end on it, 'Lizabeth Ann," he says; "an you time, are ye?"
to wear in my frock on the wedding day. go to the Barley Patch on February the first.

Extermination of Rats and Mice.
If it were generally known that there is no trouble to rid a house, barn or any of Gillett's Lye, it is doubtful if the article could be made as fast as it would be used for this purpose alone. The process connected with using it is very simple, the plan being to sprinkle a hole made by these pests in floors. partitions, etc. In addition to this, it is well to use a thin piece of board about a quarter of a foot square or even smaller, and make a complete circle of the
lve on the board about a quarter of an inch deep, and inside of the circle place some meat or cheese. In endeavoring and mice will be burned and the whole colony, whether large or small, will ises. The plan is worth trving, but the good kind-Gillett's Lye-should be procured.
Refuse the many cheap imitations and Refuse the many cheap imitations and
substitutes.

Hope for the Chronic Dyspeptic.- Through lack "Now, there's contrairiness!" he said. "But 't wouldn't be 'Lizabeth Ann if
wasn't as contrairy as the wind." "I ain't contrairy!" I burst out. "All right, ye ain't," he laughs. That's a bit more on it. put his arm round my waist.
I cried out, "Zachary
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until they become chronic, filing days and nimht.
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## The Little White Girl.

By G. B. Lancaster.

$\int$ HE left-hand corner seat near the window commanded the best view in the lounge. From it rake the full stretch of the hotel corridor the stairs, the glass ed-in balcony that took the rays of the winter sun, and-when he stretce tha long neck of his whow-heights and jagged pines and fret-work chalets, just exactly as you see it in the guidebook. One forenoon from his corner sea Strickland saw the green-aproned portor but I've seen his eyes when a troop $g$
rmy great-coat down the corridor. Th
uit case was marked R. A. G. and, in conjunction with the great-coat, told in one eye-blink
"Good Lord!" he sai.. "They're together yet, then! And here! Well, tha oes beat the universe. The man next him asked questions, nd Strickland cave answer piecemeal
with his cigar $\varepsilon$ jing out and his eager eyes watching the corvidor.
"I saw them last in Malay . . . and in
Madagascar before that. And once on the Australian diggings. Windham's a retired captain of some native no in it,
regiment. He was invalided out of but I've seen his eyes when a troop goes
by. Deuce knows what Gary is, except Lord evar made-and the wildest. But Windham sticks to him. We called them David and Jonathan out in Malay." The man next him indicated that he had heard those names before, and saw the new-comers pa s with some disapand spare. He walked with a limp and his military mustache was turning gray. But he had the litheness of a cat, and the tenacity of an ant, an- Cary was the only living thing which had ever bounc
ed Windham. Garry followed, with his blue eyes roving and his big body swinging carelessly. Jis lips were puckered into a whistle and his crisp curly hair was roughened. The man next Strickland grunted. "Your Gary is a pretty tough pro-
position," he soid. "And there are some jolly girls here. I think we are going to have what our waiter calls some excitements.'"

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tantect Shield

## cowan's  <br> Name and desiga registerol.

r the Name
hey're not Maple Buds unless they're Cowan's

Toronto. Oat.
"The little White Girl can beat them all hollow," said Strickland. "But no one's had the wit to find it out ye Gary will, or he's not the man he use But it was Windham who found is out first. And this was the very next morning in a little low smelly village shop where. Windham tried to explain in exeerable French and fluent Hindo stani and curt Fnglish that he wanted nails-many nails-hammered intg his
boot heels, and two assistants and the proprietor told him in polite German Swiss that they could not guess what the Herr desired.
Then the little White Girl spoke at "Perhaps I could make them under. stand," she said.
Windham whipped round with a sharpness learned in places where a man's life is regulated by the crook of the trigger-
inger. Then he uncovered. She was so little and light and young in her closefitting sweater and round white cap; but the red lips and the dark eyes uncer the straight brows were more deme than nature made them.
"You heard" he said, suspicously.
"They thought I wanted a chiropodist at first," said Windham, helpessly "Now they think it's a lunatic asylum There's only one sentence on boots in it says, 'I have very big feet'. A fellow couldn't go about saying that could he?"
"Of course not," she said, gravely, but Windham saw the flash of,
somewhere. "lded the rough patois in a sweet decision that brought fulfilment o the jump. Then they went out to the keen good air and the jancle of sleigh on the snow, and bells and the merry laughter of child-
ren. Windham dragged her toboggan and is own up the hotel spit talked to the to woman in his life not often tal so eager, so interested, with her big eyes and parted, lips and the quick ecstactic movements of her hands. Windham caught himsel wated ong that dimple and feeling when he turned men when lounge at last, and dropped down beside Strickland for a smoke, he discovered, with a shock of dismay, that he had laid bare for the his very inGirl's inspections.
timate thoughts. timate thoughts.
"So you've discovered the little White "So you verl," remarked Strickland. "What has Gary been about to Girl?"
"The little White Girl?" She neve

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wears color. Doesn't need it, either. She has been here a week, and the other women don't take to her-or her aunt.
I don't wonder, for the aunt is the limit, I don't wonder, for the auo pretty. But shle isn't having a good time. "We'll alter that," said Windham with sudden daring. And in two d ${ }^{-}$vs he and Gary did it. They toboggane . Jown the runs, threlicking joy in the danger caps and a rollicking joy in and climbed mountains, always with the little White Girl in the middle. They joined moonlight trailing-parties where the runners hummed on the crisp snow and it was necessary for Windham or Gary to hoth
the little White Girl very closely at the the little White Girl very closely a
curves. Windham began to lie awake curves.
$o^{\prime}$ nights after these excursions. It was better than sleep to remember her brownback hair on his face and the quiver of her eager body in his arms.
One day a gir. called the two 'David and Jonathan with a hyphen,' and Gary
carried the joke to the little White Girl. carried the joke to the little White Girl.
Windham heard and was angry, but the Windham heard and was angry, on Gary ittle
meditatively.
"I shall call you Scylla and Charybdis," she said.
Gary straightened himself with a jerk.
He was buckling her skies He was buckling her skies.,

The little White Girl nodded her head. It was a way she had, and it invested it whar the moment with a sweet intentness.
tentness.
"You are both so very interesting and
dangerous, you know. If a girl doesn't dangerous, you know. If a girl doesn't
"You'll not take her on that brutal thing again," said Gary.
"I shall do as I d-- please," said Windham.
A silence dropped that seemed wide as the earth to the two. Windham
limped over to the window. Something reminded him that he had never sworn at Gary before. That same something asserted that the odds. were heavy he would do it again. On the slope below two little Swiss girls, with old-woman dresses and lownward on toboggans. Their cry of "Achtung" came up to Windham, mixed with the jangle of sleighbells, the sound of a distant band on the rinks, and the solemn boom from the monastery tower. The jagged snow-tops stood sharp and clean against the rose and opal or sunsel, rew, red eyes opened whewsily as though waked from sleep. Then Gary said; "I walking lamer, old chap." "Ait." Windham's gratitude rushed "A bit." Windham's gratitude rushed into words. "Lost some skin mysel.
-I saved her all I could, Gary"
"I "I kily "I was a brute, old man. But fully. "I was a brute, that little girl."
do tho end of that "You think no end of about ten little girls a year,"
"This one's different."
"They are all different."
Gary laughed
"You unbelieving Jew," he said, and went out.

[^0]

Transcontinental Glacier.
fall in love with one she's bound to do dow. In these last six years Gary had it with the other. I'm quite safe, of ripped many holes in the universe, and course, because I love you both. But others may not
I am—or you ?"
T am-or you
Then sle glided swiftly down the slope, Tith her long skies running smoothy
and her misclievous laughter flung down and her mischievous laughter flung down
between the men as a challenge. Gary drew his last strap-buckle up, steadied himself, and shot after her. For the first
time in six years he had utterly fortime in six years he haqutterly for-
gotten Windham. goten woune thrown the gauntlet, you
"If y yourl" hee said, exultingly, "you"ll little girl", he said, exultingly," "you'll find me on hand to pick it up,"
From that day the hyphen ceased to join David and Jonathan. Strickland had spoken naked truth when he said that Gary was (iod ever made." Swiftly,
lovable man lovabe man
imperceptibly, the little White Girl beimperceptiow it. Firstly she laughed at
gan to knor
herself for she understood something of gan to now it. Muderstood something of
herselfo for she und of the people of it. Then
the world and of the world and of the people of it. Then
she grew frightened, and snubbed Gary she grew frightened, and snubbed Gary,
and sat out many dances with Windand sat out many dances with Wind-
ham, and let hime take her down the hotel ham, and let him take her down the hote
slope oo an auto-bob, and knock the slope on an auto-bob, and knock the
skin oft her ellow, in an upset.
Before dimuer that night Gaty came to Windluan's room. "I've heard about your cur ed carelessness", lee said. "You miglit lave killed
her." Dyou hear" You might have heri.
killed her, dear little girl., "Ront", said Windham tersely. The calf
of his" ley was scarified and his head of his leg was scarified and his head was aching. Besid s. he knew already
what he might have killed her.

Windham had mended them. He had asked nothing better of life than the
permission to do it. Now-he leaned his permission to do it. Now-he leaned For the rush of thought made him sick and giddy. If Gary ripped another hole here and called on Windham to mend it!
". . can't," said Windham in his throat. "Oh, (God!" . . I can't." For two days this dread took the sap out of his life and held him apart from the whirl around him. He walked for long hours on the mountains, and their White solitudes spoke to him, telling and that he was a mired the little White Girl more than anything else in heaven or earth. Then lie came through the chill keen dusk to the quiet graveyard around the monastery and stood there, seeking the peace that he could not find.
It was very still by the gray walls beyond the town lights. On either side the crucifixes stood up in black sow
through the snow. In the little open chapel of the dead two lights flickered. Over the mighty shoulder of the mountain belind it one star lay, big and glorions. It linked the dead of earth and the quick of heaven together, ex
plaining the intiniteness of life, and plaining the intiniteness of life, and
drawing the sting out of Windham's drawing the sting out of (rask from
trouble. And then, down the trate filent the toboggan runs, between the silent
crucifixes, came the little White Girl, alone. did not see Windham until she
She
was close upon lim. Then she said

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The Original $\begin{aligned} & \text { crucifixes stood up very black, very clear } \\ & \text { "Hes's your friend", whispered the lit- } \\ & \text { tle Whi", Girl. "You know him bet }\end{aligned}$
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 e Paradise $\$ 695$ t $\$ 500$ Send for Cotalogue our old f eathers repaired or made into willows FTH AVENUE FEATHER CO. 501 fifth Ave. Dept 603 NEW YORK suddenly stern.
"He . . he went the other way ," Then she gripped Windham's arm. "Oh I don't know what to do., T'm afraid. I don't know, what to do." "Tell me", said Windham.
"I-how can I? But. "I-how can I? But . . I I must
know. He says he loves me", know. He says he loves
"Yes?" said Windham. "And-it's just a fortnight, and I
know nothing about him, really. You know nothing about him, really. You
know. Do you-do you think I could let know. Do you-do you think I could let myseif care? "Let yourself?
"Lot yourself ?" I-I shan't be able to forget. Ah
which should I do?"
"That's your business and his. Ask "That's your business
him." "Ask
". looks at me and and touches me. $m$. I can't think. And I must think. There's
nobody to look after me but myself. nobody to look,
Aunt is no use." The words broke on a sob. Windham
was silent. Agai sst the white snow the was silent. Against the whit, very clear.
crucifixes stood up very blasper the lit-
"HHes "He's your friend, "Whispere him bet-
ter Whi, Girl. "You know any one." "Yes", "ell me "Yes." tell me ...can I trust him?
"Then teat he always mean what he says?"
"To me. Yes."
"How should I know? Ask him!" "How should I know? Ask him!"
"You must know. Have there eve been other girls . . Has he been this often before ${ }^{\text {d }}$ " How often Windham, could not re-
done member. Through Gary's gay uncaring life it had been more times than many.
But since Judas betrayed his Friend no But since Judas betrayed hishtly.
man has done this thing light
man has done this thing lightly. "Mast men do. That needn't make a difference."
 he forgot me. Oh $\ldots$ tell ${ }^{\text {m }}$,
you think hed be true to me? you think he'd be thue dead the lights flickered. Anove the hill the big star flickerea. Aurning yet. Darker shadows drew up in the graveyard and against the monastery walls. Somewhere
valley a herdsman was jodeling, making valley a herdsman was jode heartstrings.
wild music that tugged the Windham never moved.
"Tell me! Do you think he'd be true?" black crucifixes Thry's frank laugh and frank eyes. and and the lithe White
lung in the balance.

## Acrose the silence drifted no sound.

 The flickering dead-lights burnt down ""Thank you. l'm afraid I have been very cruel, to you." "Cruel?" Windham laughed. "You don't know what you have been. Howshould you? When, you tell Gary tell
shat ant should you? When, you tell Gary tell
him all that I said," "on but ",
"Oh," eatching her breath in a sob.


Track Laying on the Transcontinental Railway.
"Don't you und
that much now."
"I don't understand. But will tell him."
She weat down towards the lighted streets of the village, and Windham
stumbled into the monastery chapel and stumbled into the monastery chapel and
dropped on a seat with his head bent down to the bookboard. He was coldnumb with cold. But he did not know it. All unsuspecting he had come suddenly upon his Gethsemane. He had trodden through it as he believed an
honorable man should do. But the honorabe had man should into the outer josert of thorns and blinding sand, and never in this world or the next woul there be any going back.
Very long he sat there, unmoving. He
did not know when more lights leaped did not know when more lights leaped
out above the alter; when ${ }_{\mathrm{a}}$ monk passed up the side-isle, brushing him with black garments; when, obeying the
tolling bell, $a$ half-sore villagers drifted tolling bell, a half-score villa
in for the midnight service
n for the midnight service.
Then-sudden, strong, majestic-the chant of the monks clashed into the silence. The sound brought Windham to his feet, with pulses hammering in his ars. All down the dim church the
altars
glimmered
out
faintly. Either side the crucified Christs hung, patient, in shadow. Up the aisle the people knelt, in ones, in twos. And opposite stood Gary; Gary, looking straight nead the rail and grim lips set.

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Windham did not look again. He heard the sonorous of unrest in them which belongs to the hearts of men who have pruned away earthly desires, earthly loves, earthly joys. He heard the music shake to passion and die to dead ness, and the ru. tle of garmen the people monks went out. He tiptoe down to the doors. He saw the lights fade one by one, until in all the church were only one candle burning on a side-as. and two men who had been isle.
Then Gary trod across the Then Gary trod across the isle. said. "I came to do that." Win:thom's The open-handed slap on Winitham's face made an echo that ran along the
walls. And then Gary swung on his walls. And then Gary swung on steps.
heel and went out with quick crisp st Next day the battered suit case and the old army coat left the sunny hotel on the mountain slope. But they did not go together. Strickland
sought the little White Girl. sought the little come between the finest friendship I ever knew," he said. "I hope neither of them will forgive you." But, although she was a woman, the little White Girl was wiser. "It is not me whom they will never
iorgive" she said. orgive," she said.
Strickland had t Strickland had the opportunity or
testing the truth of this some two years later, when he sat with Windham in an Indian shack up in North-west Can
ada, and waited for the dawn. There ada, and waited
was snow from the door to the mountain


Assemblage viewing Selkirk Pageant by Winnipeg School Children at Assiniboine Park.
met with Windham across the seas. But Windham wore the uniform of a mounted police officer these days, and the last
flicker of his youth was gone before the direct uncompromising alertness that
marked him as a commander of men. Cunningly, over their pipes, Strickland strove to lead the talk back to the little
White Girl and all that she had meant in two men's lives. But the lever of Winanam's will side-tracked him each time, and the long night dragged itself name still unspoken. Then, beyond the shack end, the sledge dogs roused to
bark in savage eagerness, and Wiṇhạm looked at his watch. "Good business," he said. "Hope he's "The man himself doesn't seem to worry you any. If I had to go where youre going with only one human me through I guess I'd take rather particular interest in that human "Why so? All hired men are alike. them do it. He's got dogs with fight in 'em by the sound, I think. shack door, thrust it open, and walked in. It was Strickland who came to his feet with an oath. Windham sat still. But on his left cheek he believed that hand was yet throbbing He looked Gary between the cefes. Are you the man sent up from Wes"Yes." Gary's face had gone sudden"I start in an hour. Can you be roady Strickland the short silence was explosive with possibilities. Gary was unshaven and ragged. Suffering, cold,

hunger, thirst had drawn lines on his face and struck the gay impudent light from his eyes. Beside him Windham of the law. Between the two betrayal, | insul |
| :--- |
| high |
| high | high.

"Yes," said Gary. Windham turned on his heel. "You'll find my kit packed in the corner," he said. "My sled's outside."
Later Strickland watched from the shack as the two pulled out on the long
trail where the icy hummocks and the
frozen muskegs would greet them. frozen muskegs would greet them.
Gary led, tramping the way out, with
the swinging arms and stooped shoulders of the snow-shoe lope. Windham followed, keeping the two dogtrains in the trail with keen elope where a few They breasted the slope where a few naked poplars for a moment and passed over. They were grne into the silent places that know ger them well. hearts and lives and guard them well. "A hundred-mile trip in this weather to bring the fear $f$ " law to a miningcamp," he said. "I wonder which of camp, two will be needing the
those
himself 'fore they get there."
himself 'fore they get there."
It is probable that the same thought It is probable that the same thought one smite of Gary's hand had wiped out on Windham all but a bitter hate, and those half-score sobbing words from the little White Girl were a corroding acid in Gary's blood.
But day by day they faced the bleak distances and the stinging blizzard to-
gether. Night by night they slept in gether. the twe-by-twelve tent together. The earth was flat and desolate, white as a dead face, and pockmarked with bare scrub and rock outcrops.
blew out before them in white clouds, and hung on their hair and mustaches in little icicles that clinked. Gary's hands got frost-bitten in heating the stifened tent into folding position, and the pain kept him awake at nights. The old ing agony. But they spoke no word of all this to each other. They spoke little at all except when Windham, tramping beside the flagging dogs, cursed when one lay down suddeng inferno, or when Gary, defiant of the silent woods wrapped in their white mummy clothes, rraised a reckless song through cracked and frozen lips.
Then evil days
Then evil days came on them. Smiting blizzards out of the Arctic held them crouched in heir tent low. Two dogs died, and the remainder weakened swift ly. Gary realized the probable end of
all first. For youth was hot in lim all first. For youth was hot in him still, and his limbs were strong. He
looked aeross at Windham stumbling anif reeling as he faced the stinging ice and reeling as he ace the crawling dogs, Hhe sleds, with the-lightened loads were too heavy. And he felt
at Wiet death with Windham Whe to suffered; him ever. That whit Windham's brain also jumped to the truth. And thereafter

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ly, like dogs circling before they clinch Lights figh. Once, when the Northern white shadowed earth into a quivering pale mystery of glory Gary got up, gathered his kit and the food-bags toVether, and went out, never looking at Windham. But a half-hour later he
came back. The old worn strings of memory tugged too hard. And yet, at sight of Windham, the new hate sprang up again.
The cold grew more terrible. The moan of the ice-pack, uneasy about the
feet of the pole, seemed to sound in their ieet of the pole, seemed tosound
throbbing ears. The dogs, great hulking huskies, turned into starved devils that the men watched with unllinching eyes. But they pulled; they pulled until they lay in the lines and lay dead, and their mates, with slinking shame and sidewis.
ate them.
And thereafter the two white men And thereatter the two white men dragging the sleds, enduring to the utmost, seeking neither pity nor help one from the other. For, through gray day,
black night, or pale dawning the wraith black night, or pale dawning the wraveen
of the little White Girl walked between them, holding the apart.
Them, holding them apart.
Then, little by little, the brute that lives in each soul waked, craving the animal needs of food and warm arink of fire and the companionship of kind
Death dogged them, nearer, nearer Death dogged them, nearer, nearer
There were hours when Windham long ed to turn his face and reach his arms
 eeling the fever of life leap yet along
is veins, would have cried out in utter iear, inswild prayers. But, for sake of their pride and hate, each man was dumb. One morning Windham fell in the rail and lay there. Gary, dragging the sled which held ittle put teasing of the meant life, heard the ceasing on the
snow-shoe crunch, and halted. But he sow-shoe crunch, and in moment he went on again. Sound, sense, feeling dredged out of him. He walked but he did not
know it. Red on his strained lind nnow it. Red on his strained lowell eyeballs pietures of the past ghowed
vividly. There was no little White Girl in those pietures. Only Windham: Windham who had never failed lim but the once; Windham who had been mate of his through good days and evil. Sud-
denly he halted, thinking he felt Wind denly he halted, thinking he fer, Wind
ham's arm about his shoulder, ham's arm about $h$ ham's voice in his ear, using the old affectionate wor..s.
"Windham," he eried. But the sound fell back to him in the echoless silence. Then he turned and beat back to certain death and to Windham. Windham dreaming of summer and honey-bees and
Gary's laugh in an English garden Gary's laugh in an Eaglat to see Gary's face between him and the tent ro
He reached out with groping hands. He reached out with groping habs." he
"I-was wanting you, old boy," he
said. Gary's hands sl.ut on his. There was $_{\text {clence until' Windham spoke again. }}^{\text {ilent }}$.
 me so later. But I never wanted her after that, nicht,",
"Nor I, " said Gary, briefly, "You . ... meant mor , ?" whispered so." "Gary." he cried. "I had to do it. God "Gows "I had to do it." "I know," said Gary again. Brain ight, heart-sight were clear to him re. They wer.
"Some one else'll do my work." said Windham, drowsily. "They can "Yes, old man."
"She was the only woman who ever came into my life. But . . you meant $\underset{\substack{\text { more., } \\ \text { Gary was shivering with more than }}}{\text { and }}$ the cold and the tension. He was look ing at this friendslip wincham had laid
ainanctified still. For Windla sanctified still. For
the love of 1 is man's life on its altar
life there the love of had brought his own life ther car. Windham. We never hated each
We always
loved eachl other beest of all." the love of woman," mur. mured Windham.
in southern Alberta his curiosity prompt-
ed him to ask questions. Gary answered briefly. Then he looked straight at Strickland.
"The Indians helped, me bury him where they found us," he said. But Y've sent over to have a tablet put up
to him in the little church down in Surrey. He was a Surrey man, you Surrey. He was a Surrey man, you
know. That'll tull you what you want

## know. Th. to know.'

## Buying Furs By Mail

The inscription, when Strickland came o read it, was brief. But it told him what he wanted to k; nw. date of his death was written:
"For he loved his friend 'passing the ove of woman? Strickland rubbed his nose and grunted. "The little । 'hite Girl was wrong after all," he said.

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| :---: | :---: |
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A ristocracy in fashionable society，
Will you give them a personal trial？
 N THE June issue of 1 Miss Morrison，who is＇nowi Mrs．Fleming The Western Home Monthly appeareda brief description of the foundering
of the steamship ＂Asia＂in Geor－ gian Bay on Sep－
tember $14 \mathrm{th}, ~ 1882$, when 123 out of the 125 passengers and crew were drowned．At the same time we also published a photograph of Miss
Christy Ann Morrison，who with a Mr． Tinkiss were the only survivors．
We are indebted to Mrs．Harriet E． Burnett，Vancouver，who interviewed
Miss Morrison on our behalf，and we


Captain Savage of the ill－fated＂Asia＂＂who died of
exposure in the life－boat． feel sure that her narration will be read with the greatest interest by our readers，as during the past few weeks
we have received a large number of we have referring to this disaster from all parts of the world．Incidently it may counts of the disaster appeared in Ontario news papers since our June issue


Miss Morrison；who is now．Mrs．Neming hat terrible voyage：
＂I bought my ticket for Grand Marias Mich．，via Sault Ste．Marie，intending to isit my sister，who was living there My original intention was to go by the City of Owen sound，that boat，but was detained by some frienàs biand reached the wharf only to find thee boat had already left．I accordingly got left behind，and wired to Frespape İlle to have my＂trunks put ashore，and this was done while I，on the following day， booked my passage on the＂Asia，and picked up my baggage，at Fresque Isle． intended to surprise them，and I cer－ tainly did．A few of my friends who heard that I was going on the＂Asia＂ advised me not to，as there was a very heavy south－west wind blowing at the
time． ＂We left Owen sound at midnight，


The late D．A．Tinkiss（who with Miss Morrison
survived the wreck）．died in Gracs Hospital Toronto，of Rheúmatism， 1902 caught in a terrible storm．Fearing ain anusual noise about eight the mate，who happened to be my cousin，what the commotion was about， and he replied that they were throw－ ing the cattle overboard．I thought at the time that it was rather unusual to resort to such extremes as this，but little thought of the ter be expe night． which would be my lot before night．
From eight till noon the storm raged and nearly all on board（myself includ－ ed）were sea－sick．Under these cir cumstances，of course，nobody seemed to care what became of them，which al ways happens in cases of sea－sicksed in In the arternoon the storm husceand，who happened to be on board，put a life pre－ server on me，and urged me to make for one of the several life－boats which were being lowered．
＂Tremendous seas were then passing over the boat，and it was only when the water was all around me that the gained the energy to jump into My water close to one of the moasin，Mr．McDonald，took me into the boat after I had been struggling some time in the water．Our boat upset three times，but fortunately righted it－ self on each occasion，but not before nine of the eighteen passengers had
been swept away．Mr．Tinkiss held the rope at one end of the boat，while I
bad one at the other end，so that as the
theat your feet to lumbersoles sother itill bo bolow peor or when damp or duahy，LUMBER－
 havo wood solee，ppeeilict mation









## Scottish

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Company

UMBERSOL ${ }^{14}$ rmases stee winnipeg

Winni
boat turned over we managed to still ${ }^{2}$ "After the investigation, I went home
boat turned over we managed to way watery grave as hang of our compantons did that afternoon.
We drifted aboit on the open stormy lake with only one oar to guide iu to mafety, and our pligat seemed hopeless untivin vhe evening we sighted
laid, and -zome one started to sing-
"Pull for the shore, sailor, "Pull for: the shore,
all of us promptly joining in the chorus
buring al that dreary night we drifte
During al that dreary night we drifted
plowly towards land, and although it This concludes Mrs. Fleming's narra-

vith my pa hoctors ordered me to travel for my o, Mr. Gunn, a lawyer of walkerton, indly invited me to his home, where I pent some time resting. I then had some photographs taken and wrote a short account of the disaster, which 1 fered to arrange a benefit concert on my behalf, but my nerves were in such condition that I could not appear in public as they wished.'


促
a was only a question orded, one after an- Thirteen years later she married Mr . other of the brave occupants of our Albert Fleming, and together with their ooat succumbed to the strain and exposure, and when we drifted to a sha dand next morning (here were five life Resis bodies in the bottom of the boat, Whatatig Captain Savage, of Sarnia Trit-mate Mr. McDonald, and second hate chertriNab, of Sydenham Whe doak find nothing eatable on lard, aid ye passed Fiday nigh onome to prish on la 1 after escaping th to perish or and atter escaping, how ever, w spied a sailing boat, the oc cupants of what proved to be an lick dian and his squat who nad isla:ud. The
ing bercies on gave us foid and took us into the boat. Mr. Tinkiss, who in addition to myself, was the only other survivor, gave his watch in payment for our passage to Parry Sound. "By this time the wind had abated, and we spent Saturday night in the Indian's boat in comparative comfort, reaching Parry Sound on the Sunday. "Mrs. Miller of that town took me from me and caring for me for two ing mee and caring for me ill I was able to attend the inrestigation in Collingwood. "In the meantime Mr. Tinkiss went, back with the boat, "Northern Belle,
for the five bodies which had been left near Point au Baril.

## Wait Patiently for Him

God doth not bid thee wait,
To disappoint at lair and great A golden promise, fair and
Saon shall the morning gild The dark horizon rim, be fulfilled, "Wait patiently for Him." The weary waiting times Are but the muffled peals Lhat hail His chariot wheels, Trust Him to tune thy voice To blend with seraphim;
His "Wait!" shall issue in "Rejoice " His "Wait!" shall issue in
"Wait patiently for Him."
He does not bid thee wait Like driftwood on the wave,
For fickle chance or fixed fate Tor forkin or to save. Thine eyes shall surely see No distant hope or dim-
The Lord thy God arise for thee, The Lord thy God arise for
"Wait patiently for Him."


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 p

## Forfeits.

Written for The Western Home Monthly
 Lionel Thompson's savings amounted dollars - nota cent more or less on deposit in one
of the Canadian banks and five hundred in the
He was a elerk belleville, and had worked himself up without any seemingly exceptiona and dignity there. He had the reputation of being rather a niggardly, tion or young man, a little dull and
penurious you
retiring, but of undoubted respectabiliretiring Hut orys did his duty conscientiously. Made no friends and in the privacy of his own room read such
authors as Bacon and Milton. That, of authors as Bacon and
course, meant something that did, not course, meant some the outsider. It is
meet the eye of possible. that Mr. Thompson was one
of those not uncommon beings whose of those not uncommon beings whose
natural reserve and modesty are their natural reserive and modesty are
own most unfair traducers. The majority of us have no such case of libe
to bring against ourselves. When we to bring against ourselves. Nhen
have read a little of the aforementioned authors, we join some debating ed auty, and are glad that people
sociould know it. But unsociability in this
shon young man was constitutional. It re presented in him all that was subjec
tive to a commonplace. Scrupulous tive to a commonplace. Scrupulous
regarding ordinary conventions in the matter of dress, a y yarning
wards the fields of romance, and he iived as a matter of fact, inside the shell of prosaie appearances, as
terfly does within its chrysalis. This kingdom, of course, must have
its Clara Jane, and a real living, and
lossom-cheeked one it was. That is the one human compromise your romas Ethel Mayfair, the landlady's waughter.
Some people, especially the men, re garded Ethel as the beauty of Belle
ville. She certainly was a well-formed graceful, young woman; and had, if we may be allowed the expression, a wild rose complexion, full of fun and gaiety -one of those girls who are never stird
To outsiders it might have appeared rather presumptive on Mr. Thompson's part that he should aspire to the han of Miss Mayfair, because he was'nt at all good-looking, had rather a stubby beard, and constitutionally appeared to be nothing like as well and strong as her, but his position was relatively
much superior to that of the girl, who much superior to that of the girl, whal
was a shop-walker in one of the smal drapery establishments in the village. But it must be understood that girls of Miss Mayfair's type have often more commonsense in such matters than they are credited with, and know exactly how to play a winning game. It wilh
be seen, in this case, however, that with all her womanly tact, she did for a time let the prize slip through her fingers.
she knew full well that Mr. Thomp son in his quiet, impassive way simply could appreciate his intrinsic worth at a figure immensely above the common Bacon or Milton to present him to her mind as the model of a kind and good husband, and had even got into the way company forward to a future in his one else intervened. Mr. Thompson had always persuaded himself that at the moment his savings

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would take the long contenplated plunge into matrimony. The time come and passed, the pilunge hat wa been taken, and all. Mr. Littlleton haid
the cause of it all the cause of it all. Mr. come sudle, and made an arrangement with Mrs. Mayfair whereby he could have the use of the two back rooms. He was, so he said, an expert buyer of ed firm in Ontario."He" was a'tall'sol edierly looking, breezy spoken gentleman dierly looking, wroth complexion, and' a lovely curling moustaché, the color of the flax on' a doll's head. Moreover, he dressed smartly, wore white gaiters, and flashed a good deal of jewellery, and also had plenty of that self-con fidence which is always
There was undoubtedly something attractive about nim. Lionel was by and by to submit himself thoroughly to his spell. The man was so open-handed, so outspoken, such a sociable companion, that even when the patient, undemonstrative clerk had come to recognize in
the new order of things the ruin of some long cherished plans and dreams, the personality of his rival held nothing but fascination for him. He could admit to himself his own ridiculous inferiority in the question of matrimonial selection to such a bright and masterful individuality. The two became fast, intimate friends, but none who had not
heard the newcomer dwell on the lovable charms of Miss Mayfair would able charms of Miss Mayfair whid
ever have guessed the loyalty which characterized one part of that unspoken compact.
Then the whole neighborhood was taken by surprise. Mr. Littleton was suddenly arrested one day in the street and marched 'off to the city gaol on a charge
It was rather a curious charg though, of course, the prisoner treated it very lightly. He denied, in short, that he had ever disposed of, for his own benefit, the costly furniture en trusted to his care for dealings with the great Ontario firm. And the phost
awkward part of the business, wa awkward part of the business was
that when the firm was appealed to that when the firm was appealed to,
they denied all connection with the ad cused. In these days eommission agents often quote a sort ar unauthorised charter, and it was on such that Mr. Littleton took his stand. The maintained when brought before the magistrates that he had a perrect at
swer to the charge, and on the strength of that assurance he was committed to take his trial, the magistrates agreeing to accept bail for his reappearance. That, however, he could loy no means find.
One night after, as Mr. Thompson
was sitting in his rom gentle tap at the door and his heart gentle tap at the door, "and his heart
throbbed as he cried, "Come in," because he had an idea who it would be. The girl's face was very sad, and
washed it seemed, clear of its tender washed, it seemed, clear of its tendèr color, like apple-blossoms after rain. "
"Speak right out, Ethel," he said. "You know, you can say what you like to me." bureau standing in a corner of the room and came back again. Mr . Thompson, "He gave you that, Mr. Thompson,
didn't he?" she said. "He was always so "renerous and kind-hearted."
"Yes, Ethel."
"Then you must believe in him as I
do. But how can he put himself right, do. But how can he put himself right,
or get torether evidence while he is locked up like this? It is terribleshame, a wicked shame-and no one in all the place can be found to answe for him."
"It was only one surety of two thous and dollars, I think," said Mr. Thomp "on. "Yes," replied Ethel, "only that. And where is the risk or danger? In his letter he says, that if he could once get out, he would obtain proof in no time.' "I have just two thousand dollars by Ethel-just that amount to a cent. I he could get out he could clear himsilf.
and then you could marry himi without and then , you could marry himi without
dishonor.,"
She hung her head and sobbed bittir
"He was so fond of you, Mr. Thomp

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When shadows fall at close of day, Yellow Head Lake turn to Belleville in the interval. His He rose to his feet. "Very well," he turide forbade him, he told Lionel, undon't suppose they will refuse me." til he could lay his vindicated character She clasped her hands joyfully and at Miss Mayfairs feet, and with a looked at him with shining eyes. That rather peculiar look he said, She is evening Mr. Littleton was released on $\begin{aligned} & \text { the sweetest creature on earth, and } \\ & \text { would be worth while sacrificing a lot }\end{aligned}$ the personal security of his friend, the police being satisfied as to the bona-
fide of the bailsman, and the exprisoner was quite boisterous in his prisoner
gratitude. "You reconcile one to human nature, old fellow," he said.
Mr. Thompson. laughed shortly and Mr. Thompson laughed shortly and The very next day Mr. Littleton went off-as he said, to face the firm in On-
tario, prove his innocence and heap hot
tario, prove his innocence and heap hot and he, for his part, got into a habit


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and of tightly sealing himself in his om when at nome. alled upon in vain ther, having been lf to his bail, the surrender himerance to bair, the chairman gave ut t appeared that latterly strong remarks eveloped some suspicion of the good faith of their surety. There was the faith of their surety. a gift from the question of a builer, which turned out to absconded bailer, which Mr. Littleton and not paid for. It looked so much like a case of collusion, in view of the intimate friendship that had existed beween the prisoner and his guara extreme course of estreating the bail, while issuing a warrant for the arrest
of the delinguent. Mr. Thompson, conof the delinguent. Mr. Thompson, consequently, lost his savings and came within an ace of losig to chink over the matter.
Outside. Belleville lay Belleville meads, and a mile across the meads the meandering ched itself at a sluice opposite the pumping station and thence fell into a pretty heavy weir to the lower level of the grassy pas tures beyond. The way and dangerous cipitated into a deep and dangerous
pool, wherefrom, after knotting itself pool, wherefrom, intricate undertow, it bubbled away in innocent rompings through a shallow channel. But the spot itself was a lonely and unfenced one, and now and te fall a prey to rather deadly
would would fall a prey to its rather deady
glooms. Its reputation in this wise made it a spot generally ayoided by strolling l levers.
It was growing dusk as Lionel appproached it, and saw, as he pictured the vision, the
stooping above the sliding green barrel of the fall. Undemonstrative as ever, he stepped swiftly forward, and caugh her, not round $t$ der the arm." he said, "that won't do." Shè gave a choking cry and slipped rom him, crouching into the grass. "If your dream has found a cruel waking," he said steadily, standing guard over her, "there may from the plain. prose of daylight."
She looked up, moaning, like a thing terribly hurt. It has dawned upon me, but too "It has dawned upon me, but too
late. All your savings-and for him." late. All your savings-and said simply. "I had intended to propose to you the
moment they came to that. It seemed


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PLAYER-PIANOS
$\$ 750$ Bell Player-Piano (cannot be told from new)
$\$ 475$
$\$ 750$ Newcombe Player-Piano (used one year) $\$ 950$ Wheelock Pianola Piano (perfect condition)
to me a good sum to start housekeeping on." didn't you?" she cried. "Oh, why didn't you? why didn't you?
He looked at her humorously. "Well, anyhow, I do now," he said. She gazed at him, seeming to catch his breath. "Do you not reanze ", "Not at all, Ethel. . hat would you
have thought of me had I refused to have thought of me had I refused to
answer your appeal? No chance for answer your appear. Besides, do you
me then, $I$ expect. me then, I I value you at a paltry two thousand dollars? Things, as it happens, couldn't have turned out better
for me."

## Salmon Fishing in B.C.


$T^{\text {HIS is a deseription of }}$ salmon fishing as it is
carried on in the salt carried on $B$. C. by a Scotch fisherman who left his native shores
more than six years more than six years
ago and is now as much at home working the salmon nets and hauling in the big fish as he was on the Caithness coast for 40 years of his herring nets and landing herring.
At 6 o'clock of an August afternoon At "Real Mackay," his 13 year-old son, Jim, and the writer left the skipper's hospitable home and strolled towards the boat's moorings in False Creek, a branch of
Burrard Inlet; the arm of the Pacific Burrard Inlet, the arm of the Pacific which washes Vancouver. Under his arm the skipper wife had put up, and in this respect the send off was not unlike the same event in the. Old Land. The Scotch company we left in the kitchen wished us good-luck, and, as a first footer in the boat, I was aware of my responsibilities. To carline rather we had to cross a bld days for the skipper, and then we struck a trail through an Indian reserve, usually conspicuous for its innocence of Siwashes, but on this occasion the first creature we met was an Indian boy who replied to our inquiry, "what's your name in his native Chinook
The fishing boat, which was at her moorings in the unruffed waters is
one of the latest crafts constructed for catching the salmon. She is 35 feet over all, and equipped with a gasoline engine which propels her about 8 knots an hour She is planked with cedar and finished in pine. Forward is the engine room which also combines the facilities of cabin, and
here the steersman stands with a little here the steersman to look through.
Tetarhable who fills this position was aboard with a rag in his hand. He is a clean young Englishman ${ }^{\text {s r }}$ rom Fleetwood, in
Lancashire, trained in the hard scliool of Lancashire, trained in the hard school of
the trawling fleet. Amidship are two holes, the tra wling fleet. Amidship are two holes, one for the salmon and further a she deck and above the fo'sc'le is a similar deck. The boat has no sails but equipped with a couple of oars. In her white and drab colors she looked clean and smart, quite unlike the old herring fisting boats, but it is doubtful if she inspired the same pride in the breast of her owne The filling of a can each of lubricating and paratin oil at a floating house and param the purpose was the preliminary
for
step towards getting under way. This step towards wetting under way. This
was done without a hitch, the turning of the flwwel hy Ted for the ignition
of the charge being only a momentary
movement.
Wee were now beating our way against
the flowing tille whing our way against
the Creek strong into
ditw heading towards the
bright west at full speed for half and hour
the skipuer drew on his long hoots and legan to got the nets ready. This was
not a very long on complicated operation
ensign to the end of back rope, and drop it over the side. I now took the oars net and pulled away from the bobbing float.
The net was paid out till only a heap a third of the size of the orginal one was left in the bottom of the boat. Then we love to and watched the beauty of the
scene around and thought of the changes man had made in it.
No one looking around this land-locked harbor could think that the age of mira cles was past. A century ago, nay little more than a quarter of a century ago, the only craft here were Indian dugouts, and the place was a wilderness. Now there was the glare of a huge city behind us, spreading tentacles out towards the last proj
the Pacific.
On the same quest as the "Real Mac kay" were three or four other boats. One near us was a sailor with the trade mark of one of the canneries on her sail-a black bullseye. Probably the crafts of
 but the fishing boats were the aly rest were out on pleasure, and certainly they could not have had a better evening or more lovely surroundings to disport
themselves.
Surrounded by the soft-blue forestlad mountains on the north and northeast, and the fills with their pleasant homes on the south the South, on the Poun Grey side, the beaches were dotted with people in summer costume; and Jericho beach, a favorite summer resort of these wave-wanderers, was also in holiday attire, the dark background of forest being acentuated by the white bungalows Along the shore we passed canoes and Along the shore we passed cances.and forms of women and girls, and the braced figures of men bearing on the oars or sweeping the paddles with more or less ease and grace.
From many of these crafts came the words or motes of song. One song was the faint air, from a row boat containing four people. Ted was the first to recognise it as "Mary of argyll," and while it was impossible to detect the Scots' accent in the words yet one very reasonably could believe that the singers, as they sang, pictured in their mind's eye western sun lit up and hills not unlike
werm the Atlantic that these protected from the stormy ocean ontside, but wlich was dearer to them than all the waters of Burrard Inlet, for over it had oft floated the love song of the mavis.
When the sun was falling red into the jaws of the Tnlet, after the back net with so ovalblack thoats had been an hour or so bobbing in the ripple and writhing in
the running tide, the skipper decided to haul in. The water was too clear to exwere de-tined to be pleasantly surprised. splashing wa visible to encourage us. A remarkahle difference was noticeable that was the ahsence of any jelly fish or
whisperel "and for you and me," she and him." "N
No, for you alone, wound her arm round his honest thick legs, and rub "You good, good man," she said.
As it happened, Mr. Ritson stood a oyal friend to his clerk, and Mr. Littleon being shortly afterwards captured nd brought to unbosom himself, the streated bair guarantor, and all hings flourished. A good action is ing more than it occasionally something more than its awn reward.

| foat the skipper and Ted gathered in the | $\begin{array}{l}\text { strung across it above this cut for the } \\ \text { nets. One sockeye alone was the take, and }\end{array}$ |
| :--- | :--- |
| kettle to rest upon. Wood was laid on |  | after hauling the float aboard we steamed ${ }^{2}$ When the old man called on Ted to stop we were far ahead of the lights of Jericho encampment, and the dusk was deepening in Howe Sound on our right Mist now began of rise in hilltte pools the valley of Howe Sound fell a faint haze like the robe of the spirit of Sleep, impalpable to us as the tissue of dreams. The lights from the summer encampment slanted across

drifted over us. We now repeated the same operation of shooting the nets but this time a red lantern was tied to
payed out all the net.
When all was over the side, and the
When all was over the side, and the
red lantern was twinkling far astern, red lantern was twinkling far astern,
the skipper lit his pipe and sat down the skipper lit his pipe and sat down
with a thoughtful look in his quiet blue wes. Doubtless he was thinking of past
strung across it above this cut for the
kettle to rest upon. Wood was laid on
the bottom and Ted with the remark the bottom and Ted with the remark
that he never knew a fisherman to light a fire without using oil, poured it on. Presently the kettle was boiling, and Jim fetched the box of provisions which included cake-a degenerate article from the old country fisherman's view point.
Nothing could be more pleasant than taking supper on deck with such scenery for our mural paintings and the lisp of the waves for our orchestra.
"We might," said the skipper before
going below-"we might haul the going below-"we might haul the nets again at midnight and go farther out, calin instead of going down the steps of the old herring boat to the den. It was now 9 o'clock. The dusk and scenery was not dissimilar to wha
might be seen in the Firth on the west coast of Scotland, with one feature that could not be seen at home. The aroma of pines was wafted from the shore,

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and I found that the rain had ceased. Shortly after midnight the waning moon peered through the breaking clouds and beautiful was the scene. Fishing under more ideal conditions could not be well
imagined. The lights from the city dismagined. The rild have otherwise been pelled what "ould have otherwise been to sit and scent the odor of the pines. One sound of animal life alone broke the quietness. The deep sigh of a seal, as lie rose after a chase for a fish, was heard near us intermittently for an hour dark head skimming near us
Salmon splashed rear the nets, but not often enough to give Ted when he came on deck for a look, any hope of a big take. "The water is too clear" he said in his "The water is too clear" he said in his Lancaskire dialect. But once we heard the strugge of in a sockeye. Onc a salmon leaped out of the water, and a shot aleed in a series of leaps like a flying fish. Often they broke the surface apparently playing with a moth.
At three o'clock the sun rose transparently red over the bue mountains at five the old man erme on deck and looked eritically at tlie nets which were now curved and crinkled by the tide. "Time to haut, boys," hie called; and Ted sprung on deck, followed by Jim and the most exciting work of the fisherman began.
But it was disappointing. Five salmon lone were taken. The best nighit's work of the season was sixty in two shots. By this time the life of the day was abroad. The brown-hooded gull circled verhead and mewed as it did at home, but we put up steam, instead of a sail.
The take was too small to troulle The take was too small to trouble the Narrows leading into Burrard Inlet and we therefore made for the government wharf on English Bay which we teached before 60 clock.


AStiff and Dangerus Climb, Little Smoky River.

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You are practically in the about buying a range you cercentre of an ever-growing army tainly owe it to yourself to of housekeepers who know by actual experience that the "SaskAlta" is the one best range in Canada. II When we placed this range on the market we were very certain of its excellent qualities because it had been tested for six months before the first one left our factories. If So, it is not at all surprising that the "Sask-Alta" should have become the premier range of the Dominion. (I The
"Sask-Alta" is a strong, handsome steel range-an orna ment to any kitchen, and a permanent investment. I. If you are thinking
know all there is to know about the "Sask-Alta." I Its beauty -the ease with which it is kept clean and its many exclusive McClary features, all combine to make the "Sask-Alta" the favorite range of thousands of housekeepers surrounding you. II Better ask the McClary dealer to tell you the reasons why the "Sask-Alta" is so much superior to the ordinary range. II This will place you under no obligation and is likely to save you considerable money and worry in the long run.

The Lost Boy.
By J. W. Foley. G㫛
Little Boy Careless has strewhis om end to end of the nursery;
He has broken the top of the gaudy be That held sliced animals - My, Ah Me!
His wooden soldiers are seamed aind scarred
From battle with him, and his jump-
Is lodged half-way from a blow too
Nor all of my coaxing will get him back.
Little Boy Careless has spit his drum And bent the tube of his screeching fife
And the his martial airs are dumb, And the doll that squeaked has lost
rom a mallet blow on her waxen head, And none of her sister dolls knows or How the sawdust in her is strewn and w the saw
spread
spread
From the bedroom door to the hall downstairs.

Little Boy Careless has gone away And Big Boy Hopeful has come to me The toys that were scattered on yester day
Are stored up there in the nursery. The broken drum and the jumping Nor Little Boy Careless will e'er come
back

To scatter the toys by his years outgrown.
And ah, but the heart of me aches and For the Little Boy Careless to come and play, brown The light of the dawn in his big, brown With the tors that are gathered are laid away. The Big Bo- Hopeful will come to pine
For the world o..t there and will For the world ou.t there and
yearn to $g_{0}$, But the Little Boy Careless was mine, all mine.   a r r y $\sqrt{3}$ S 404 VANCOUVER
HAMILTON CAMILTAR

## The Homestead of a Pioneer and Statesman.

Thomas Greenway, pioneer of'78, founder of Prairie Home farm-a description of the Prairie Home.

They were sturdy human beings, Ont- $\begin{aligned} & \text { and forty one acres of land constitute the } \\ & \text { Prairie Home farm, a black loam of }\end{aligned}$ They were stur
ario men, by whom the resident of the
Prairie Home farm, a black loam of good Southern Manitoba of to-day must
Sol realise that the foundation stones of this portion of the Province were well and truly laid. And when in the closing years of the, sevenies, barked from the
trepid pioneers disembark trepid pioneerson, it was a lone land to which the finger of destiny pointed, the to-day wheatl ods upon Pembina's hills with the golden grain waving in summer's
sunshine, the dieam in ' 78 to none of


Main Street, Crystal City, Man.
them, too Aladinesque to even conceive. $\begin{gathered}\text { Home was broken by its late owner. } \\ \text { Mr. Greenway was a firm advocat }\end{gathered}$ them, too Alat men of Exeter, Ontario, their
liut the men
former home, came, saw, and-they conformer
quered.
quered.
The domain of the Indien wes at the threshold of development, a transformation scene upon its drama, the pioneer
had not penetrated into its fastnesses, its glorious heritage, the highlands above the chainlet of Pembina's lagoons, was in undisturled nature. The piercing
sirill of the iron horse had not uttered shrill of the iron horse had not uttered
its sliriek amidst the dense woodland, its sliriek amidst the dense wood hand, from the then gateway of the Golden West, Emerson, to the ultimate destination. There were rough trails to travel over, creeks and streams to be forded; and when after days of journeying the
butte of Pilot Mound, lonely sentinel, came into view, the pioneer recognised that he approached a haven wherein his destiny would place him. And some of
the 'i8 men are spending life's sunset the ' 78 men are spending life's sunset
upon the old homestead, others have hied upon the old homestead, others have hied sleep beneath the sod upon the slope of Crystal Creek. Amongst these later is Thomas (rreenway, pioneer farmer, and the archives of Manitoba history recall
the fact that for a period of years, Greenthe fact that for a period of years, areen
way, the man diligent in his calling, sat Way, the mand the rulers of the land; in 1890 elected as first minister of the British he princenway was a firm adyocate of raising of Shorthorn and Ayrshire cattle, Clydesdales, sheep, swine was an accomplished fact, the many cups, medals, diplomas which the Prairie Home herds captured, not alone in Canadian competi-
ton for the great fairs of the United States looked forward to its entries, utter voluminous tribute to Mr. Greenway's prowess in this direction.

The buildings of Prairie Home farm are a surprise to the visitors. They are unique in character, verily a pattern
of the model farm, and, together with the storage necessary for winter feeding, 250 cattle, 50 horses, 250 sheep can be accommodated. The artesian well is a prominent feature. The watering system is conducted by means of tanks and
system of pipes, each animal receiving a system of pipes, each animaum of a tap.
copious supply per medium The entire farm is fenced in a substantial manner, cage and barbed wire, whilst a in the vicinity of the brildings are provided with board fencing.
A summary of Prairie Home buildings will be of interest. Barn $32 \times 56$ with
lean-to $16 \times 36$, having 9 foot stone wall lean-to $16 \times 36$, having 9 hoot of cattle;


Prairie Home Stock Farm, Crystal City Frown, when John Norquay's premature also full size loft and hay mow, capacity eath was deplored by all Manitobans 60 tons; whilst beneath the structure is yardless of political shade of opinion.
That which Thomas (Greenway ac-
 it, ina stands unparalled in Western Can- $\begin{aligned} & \text { building are located } 9 \text { box stals for the }\end{aligned}$ add's history. The monument to his
labors is the huge pile of buildings which
housing of prize cattle; whilst its second
partments for 30 head, whe
floor is divided for horses and hogs; its partme
floor is divided for horses and hogs; its
upper story utilised for storage of hay. upper story utilised for storage of hay.

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the very foundation. Sela the vory forfully responsive action, a metal arched plate frame a
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and cattle, its second floor utilişed for the former and storage of feed. With floor of concrete, a sheep house $40 \times 72$ furidinges sheiter for 250 animals; this building is provided with a loft. In a barn adjacent, a piggery $32 \times 59$ is div-
ided into 24 pens of seven animals each and within itts basement is a corrall 32 x 50 for calves during the winter months. The principles upon which Mr. Greenway bases his agricultural operations did not permit that careless and costly habit indulged in by a too numerous class of farmers, the leaving of expensive machinery to the mercy of the elements. In order to counteract such expensive and dis$\times 93$ was erected for the storage of all implements when not in actual use.
The butter-making industry received much impetus from Mr. Greenway who utilised every means to place this important asset of the Manitoba farmer upon a remions of the Province the product of the churn forms a staple industry. In the not long years ago, it is accurate to say that the ereamery equipment of Prairie Home was without equivalent westward of the Great Lakes; it was complete in every detail. There is also a slaughter For storage of seed grain a building having capacity for several thousands of ing capacts was erected, closely adjacent is the weigh house. And additional to the summary given, there are upward of one dozen buildings of smaller dimensions.


Tomb of Thomas Greenway.
A grain elevator, capacity 12,000 bushels, will be noticed. In this building is installed an electric lighting plant, also machinery; one hundred globes form the illumination features of this huge bin. ative for Lansdown in the present Manitoba legislature, is oftimes heard when
the rulers of this land assemble in coun-
the rulers of this land assemble in council. In the not remote past, Mr. Norris torian tone the prices which a large assembly of buyers within the Prairie Home sale pavilion bid at the annual dispersions of Mr. Greenway's prize stock. Within the walls ored persons could find building, eight hondred peand buyers from all parts of the American Continent made a point of being in attendance.
a point of being in at which the Manitoba farmer of to-day is proud, the Agricultural College, can retain in its archives
of history the fact that Thomas Greenof history the fact that Thomas Greenway was its real founder. For many
years he had pondered over the plan of furnishing the tenets of scientific agricultural tuition for the sons of this Province's farmers. But Manitoba in the busy days of Mr. Greenway had not reached the zenith of her farming resources in later years. Yet, neversire placed into witness his heart's desire placed con-
actual operation. Mr. Greenway con ceived the idea, it remained for others to build upon his foundation.
And when Greenway, farmer and statesman was able to vacate his busy offices in the Kennedy Street parliamentary buildings for a few days recuperation, he was in the ecstacies of delight when rambling through its fields or inspecting its live stock. His pretty cottage upon the shore of Rock Lake was to him a veritable haven. At Prairie Home there


## Tobacco that strikes 13 every time you fire up!

Yes, sir Prince Albert smashes the big joy gong, whether you jam it into a jimmy pipe or roll a cigarette, no matter where you are or what you're doing.
up a You don't have to mix up Prince Albert with eight other brands to make it taste and smell e tobacco! No, sir, you go right to it-why, as the little ducks beat it to water-natural like!


## PRINGE ALBERT

## the inter-national joy smoke

It can't bite your tongue. That's a surething bet. Never did have teeth ! Take it straight. that's why all the pipe-shy boys swinging their old T. D. s into action. sitting how your picture's going to look.

Nor can you tell how bully ${ }^{\cdot}$ P. A. ${ }^{\circ}$ is until you fire up. Beat it while your shoes are good to the nearest tobacco store. Demand Prince Albert-the joy smoke. Buy it in the tidy 2 -oz. red tins. Say. follow the crowd !

If your dealer kasn't Prince Albert in stock, tell him he can now get it from his regular jobber
R. J. REYNOLDS TOBACCO CO., Winston-Salem, N. C., U.S. A
was a rest for the weary, a lull in the storm, the breakwater from the toil and orry of the ever

- Thomas Greenway, pioneer of '78, Manitoba statesman has passed away Beneath a handsome tomb in the privat cemetery of the family upon a grassy lope of Crystal Crea is the abtres Agricultural Manito ache debtor to Mr. Greenw
its success.
The once homesteader of Crystal Creek is not forgotten, and children's children will point out in the years to come that monument to his memory-Prairie Home farm with its village of buildings. Greenway, pioneer, farmer, statesman, and to the time of his death a servant terminated, he served the Dominion of Canada in another capacity, a member of its Railway Commission.


## The Alcohol Problem.

By T. D. Crothers, M.D.
The theory so confidently asserted in many sections, and believed to be beyond question, that alcohol in small doses has a tonic action on the body, giving it additional strength and vigor, has no support in modern research; on the contrary, its so-called good efaction and sleep producing properties action and sleep producing properties The progress of saience has made
possible to measure and test the power and strength which comes from drugs and foods on the body, and alcohol, judged by this standard and modern injudged by of precision, is found to be narcotic.
Thus, for example, a man, temperate and well, is carefully measured from
day to day to determine the capacity day to day to determine the capacis
of his senses - sight, hearing, taste of his senses - c sight, hearing, taste, power, fatigue sense, rapidity of thought, memory, and capacity of endurance. When these capacities are de termined from an average of many days' examination, a basis of compani-
son is formed. Then the man is given a half ounce of spirits, usually ethylic a hafol in water, for the reason that this form of alcohol is the purest and most uniform of all spirit drinks. One hour after the use of the alcohol he is measured for the purpose of determining what effect, if any, the spirits have found that they are all depressed and lowered, the senses are diminished in acuteness and capacity, and this can be stated in figures. Thus the eyesight is diminished in acuteness to the extent of so many inches or feet, the hearing the same. The muscular output is lowered by so many pounds, and the
fatigue point is increased, showing ratigue point is increased, showing
diminished capacity for exertion and endurance. The brain has lost its quickness and moves more slowly, and this is measurable in seconds. The power of comparing one thing with another is diminished, and the percentage of mistakes in memory tests have in creased to nearly double, and so on
with every function of the body. The with every function of the body.
heart's action has been raised, but has fallen as far below the normal as it was forced above it. These facts are all strikingly con-
firmed in intoxicated persons, but it is new to most persons that a small dose of spirits has precisely the same effect,
only differing in degree and observonly
able.

## A Sly Suggestion

They had reached the outer portals of the front door, and were there going through the process of parting, very lingeringly. "When I say good-night to you this evening," gurgled Mr. Youngslow, "do you think it would be proper for me to place one reverent kiss upon your fair hand?"
"Well." she sighed softly, as she laid her head quietly on his shoulder. "I should
place."

## The French Habitant as He Is.

Written for Western Home Monthly by Willimm Lutton.


cit city, and yet it is not
in the commercial me. tropolis of the Dominion that the distinctive French type is found. The popu-
lation of Montreal is half a million, and of this total some 300,000 are French; but contact with ethnic diversity in a city which is fast becoming one of the modern modes of life, the insensible infection of
oher ideals and customs and idioms, have made for a certain sophistication have made for a certain sophistication has proved the death of racial picturesqueness. The French habitant is found in his unadulterated naivette and charm in the rural parts of the pro-vince-what we call the back parishes.
He farms the land which was left him by his father, who divided the former into as many strips as there were sons.
He tills the soil in the old simple way. He does not bother with, he has probably not heard of, the new fangled ma-
chinery. In vain have the Agricultura Colleges sought to teach him the art of extracting the utmost from the admirable soil. He grows a little oats, a little wheat (not always), a few potatoes, al-
ways an abundance of hay, and a patch ways an abundance of hay, his pipe; he plows and sows; he sings a chanson; he says his prayers. The church, which, in the person of the Cure, looks after his welfare, both in spiritual and material way, bids him marry young, and he is
obedient to the church. The Cure tells him that by marrying young he will escape the snares which
are laid for young men. He will, by be-
petuation of a race which is extraordin arily fecund and which the late Hon. Mr. Tarte, former Minister of Public in the somin would become a majority in the Dominion in fifty years, if the English continued to commit race suicide He marries at nineteen a girl not infrequently of fifteen. The writer has known of cases in which the brides were only fourteen. The young couple bring forth a progeny which, while the parents
are still in middle life, will number from twelve to twenty-five. Go into the habitant's home and you will find it as clean as a new pin. The floor is covered with home-made "catalong," the taste ful expression of the industry of the
wife and mother whom the church wife and mother, whom the church ex-
tols for the sacrifices she makes in sustaining those ample material relations linich elevate her into a sort of apostolinich
late.
Ther There are cheap religious pictures all over the house. His Holiness the Pope
occupies the place of honor. In the summer evenings the habitant sits on the verandah, smoking his "tabac catholique" while the wife and mother bustles inside. You can hear her singing at her work those simple chansons which have come
down the centuries and which have own the centuries and which have
found, together with much folk lore, congenial transplanting.
Be sure the habitant is not far from the church. It is his ambition in old age to move into the village, so that he his pravers twice and three times a day. In old age, having saved a little money, he sells his farm or rents it on the "halves," or gives it to one of the chiling from it, and then he mives to the
village where he can see and talk to the Cure and receive, in the moment of need, the spiritual consolations of the church. has not commenced torry, objective. He does not as yet (as they do in the towns and cities) wonder why the churches (cathedrais, rather) are so big, and the houses so small.
The Curé is God to him in all relations. He baptizes his children. He watches their upbringing. He advises people. He lends him money when he eeds it. He instructs him in his politial attitude. He comforts him in sickness. He gives him viaticum in the hour of death.
At no stage of his humble life is he without the direction' and guidance of
the parish priest. Those tremendous cathedrals which bulk so hugely in the country, dwarfing the village houses, the farmers' cottages-it is the habitant who pays for them.
A French judge once remarked, in the of a certain case in which the ambition of a certain Cure, who wanted a big cathedral, was in evidence: "I dont
think God is proud." That was a serious offence; the church That was a serious the judge. In the smallest parish, the church will cost at least $\$ 100,000$. The habitant pays for it to the extent of a enth of his produce which can, accordprecisely as be distrained for arrears, England could be distrained for tithes demanded by the Established Church.
Can God have too ornate an abode?
And is not God in the Tabernacle?
frice, too, is worked upon. There is, church desires every expression to make for permanence. In the towns and cities the churches are imposing to the last degree; and are so numerous as to draw that in Montreal the late Mark Twain stone without breaking not throw a stone without breaking a church win
ask (but with bated breath) if this gestion building, in the presence of coneverity of the pom, struggle is to continue on such a lavish scale; but in the country no such impious thought has entered the breast. At least, if it has, it is carefully hidden there. The habitant lives his simple life in bit of farming and the Cure, doing his bit of farming, smoking his pipe, singing
his song in the evening, gossiping with the neighbors, going to church, saying his prayers in all smplicity of faith, which is tinctured with primitive superstitions. He believes the priest has supernatural powers; that he can banish evil spirits, cause the deluging rain to
cease, or the sun to modify its intolerable heat, which threatens the destruc
tion of the crop.
He does not travel; he does not read; he is, in truth, as a rule illiterate, and a member of the Local Legislature, is constantly saying in his paper "Le Pays," tuat it is a shame that Quebec should be the most illiterate province in Confederation. The Church is not en
thusiastic for change, knowing that ig norance is the parent of devotion. It has objected to a Minister of Edu cation. While it supports classical education which is well sustained in the province, it has not shown, in the Coun-
cil of Public Instruction, on which body the bishops are ex-official members, any desire to offer a modern general education for the masses of the people. Before the church would consent to Confederation, the Fathers of that inbeing left to the disposition of the provinces. This meant, in Quebec, that the Church would control the education of the French people. This it does to this day, the result being two educational camps in the province, aach producing
its own ideal; each distrustful of the other, and each so separated in thought other, and each so separated.in
and feeling and purpose during the plas-

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Will be interested in this Article and should Read it Carefully







## LEARN TO MOUNT BIRDS AND GAME HEADS






## FREE








Photo of our tudent $\mathbf{D}$. $\mathbf{w}$.

OUR SCHOOL





The Western Home Monthly.
28
Winnipeg, Oct. 1912.

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tic years of school life that, in after years co-operation for large ends is imyears
possible. possible. That is the weakness of Quebee, but it does not come within the present pur niew. habitant sees the big cathedral
The The habitant sees the Old World Orders, banished from Europe, occupying the adjoining lands and erecting enormous buildings. He knows, in a dim way, that he has to pay for the ex empted religious property which amou all over the provion. He goes
He does not complain. He goes way; he says of the hierarchy, although the other day His Lordship Bishop Arch the other a
ambault, of Nicolet, complained in a ambic pastoral, that certain Catholics in the province had actually dared to criticize the actions of the priest and bishops of the church. still docile; he will ask questions some
day doubtless, but he is still obedient. day, doubtless, but he he brought with him from Old Brittany a happy optimism. He does not repine at fate; he does not grumble at
the repne ate asing family; he is proud of
the increation. He boasts his paternal each addition. He boasts his paterna
triumphs. His wife is the best manager triumphs. His wie
in the world; she will bring up twelve children on next to notat off the floors. is spotless, you chay be barefooted, but they still will be clean. The husband and father had probably only seen the girl the priest recommended him
marry, twice or three times, and then marry, twice or three times, and then, in the presence of friends beore mon riage. There is no love-making ander stand it.
stand it.
The writer asked a village notary The writer asked a
once if he had ever enjoyed the endear ments of an engaged man. "Well, I once asked my fianee if I might get a kiss, and she rebuked me severely, said old man, laughingly, "telling me that should know better
kiss before marriage."
But the habitant and his wife are as happy as the day is long. Spiritual happt ne not be sought for. They
affinity need noter live on the objective plans. It is their
duty as the church teaches them, to multiply. "No man," the church says, "should mourn longer than three montry
for his wife. His duty is to marry again." the habitant who decides the fate of the provincial, and to some extent, federal governments. He is, with all his ignorance (which is not, mind you, ignorance in the sense of stupidity
-for the habitant has a strong natural -for the habitant has a strong hatwo million souls or thereabouts-three midlions in all, if you counted all who have been lost through migration to the United States. When the Liberals first raised their heads in this province, they were regarded by the church and the faithful as being wicked and abandoned persons who would doubtess go to their
own place. Mr. Laurier (he had not own place. Mr. Laurier (he had not
been knighted then) was obliged to seek the intervention of the Pope, which he and his party did in a formal manner As a result of the appeal, the priests were ordered to desist from all political
the village C
The magic of a name, in spite of the The magic of a name, in spite of the instinctive dislike of the charrs, proved sucessfully appealed to his compatriots, who forgot his pernicious principles in his eloquence, his Gallic grace, his pungent epigrams. They remembered that he was their own, even if he was suspect by the church, which grudingly witnessed his repeated triumphs. The
habitant, in his picturesqueness and habitant, in his picturesqueness and
simplicity, is a rare attraction to the simplicity, is a rrate and British toutist; he repre sents an element full of charm in the national life which, candidly material, tends to put everything to the test of success which you can see and taste and handle.
When the habitant begins to ask questions, he will be lost to poetic e forts, which will be a pity; but he may
then be spurred to emulate his English hen be spurred to eitizens who, makin money, while the habitant exerts the vote, grumble that the province is kept back by an element which, howeve quaint and charming, constitutes severe handicap upon commercial and industrial progress.

> On the Prairie.

Written for Western Home Monthly. By (i. F. Cuthbert.

The sun has gone down o'er the wheat covered prairie,
And the gold of the earth and the rose
of the sky
Have fled to adorn the high mountain eyrie,
There the white lirds of winter eter-
ound me has earth spread her lap wide and level
To receive all the gold of the prodigal West,
and the stars round the harvest moon unclouded revel
no wails from a fog-pall their concord molest.
And over the harvest there scarce falls a shadow-
The deepest are cast by homes happy and bright
Or betoken the animal wealth on the meadow-
the body pier sight?
And yet the bright stars do not set $m$ heart dancing,
the gold of the earth give a gleam
to my eyes, ${ }^{\text {mo }}$ heart have fled to the glancing che moon on the
gray eastern sky.
Ah, there lies the harvest of gold that
I care for,
grasp,
The gold that the water-witch brews in
lier laver the jealous clouds clasp.
The gold she distils while the mountains Wave their white locks to the march of the gale.
And the tress to the rage of wind given Toss their black arms like madmen and rail.
The gold that is here "bread of life" may But tonight 'tis my soul that is With the water of life is any heart's ctualled
luring forth all that earth
$\qquad$
$\qquad$

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## The Small Bank and the Farmer.



HEN the EN the Great Amer-
ican Novel has ican
been
will will probably find that one of the most important
and by no means one of the least interesting charact-
the country banker; ers in it will be the country bankerfor in order to be a success
that is, one who has guarded the rights of his stockh lders and has fairly met the needs of his customers-a man must possess a mental and moral equipment walk of life. As you stroll up the vilwage street when the dust from a passlage farner's team has blown aside you may look across and se: the institution assistance in time of stress and trouble
 over which he presides. It may be a the assets of the little bank you may over which he presides. It may be a
small but substantial brick structure,
not find a single piece of collateral in the small but substantial within, having a ornate
marble counter, a fancy iron grille, adding machines, "oose-leaf ledgers, cordsystemis and all the devices of the mode ern city bank. Or it may occul store or ed-off portion of with the post-office.
share a building with axle round which In any event it is the axle round which revolves the industrial wheel of the whole commurity.
And by the same token the man beAnd by the same railing looms large in the life of every one round him. No enterprise or small venture is undertaken without his advice or assistance.
To him comes the widow with her few To him comes the widow with her
thousands of life-insurance money to thousands of the farmer who wishes to hold his crop or to buy or sell a farm, and the outside seeker of information of
In fact he is one kind or another. and upon more consulted more oftector, the lawyer and subjects than the doctor, the his advice
the minister combined; and is nearly always conclusive. is "I o not know the physical or spirit
"ual needs of these people", he says
me "hont I know them every one throug the meantre of hare we are judged most
throngh those that wherefore strange that

of comparatively recent origin. The of comparative had been in the field for a con-
siderable time and lad been moderately siderable time and lad been moderately successful. But with the advent of the
panic the management of each institution lost its nerve, and, largely through fear-for they were shortly reopenedboth banks were tempcrarily closed. "The cashier of the new institution, called the "baby bank" of the town, who had made a hard fight for his little bank. One morning in the earlier days of the panic we received a long tele gram from him about as ailown my neighbors State Bank of -, clean as but the First state Bankes to stand up a hound's tooth, provided you give proper encourage ment by sending it some currency; and it is up to you as to whether this little bank shall live or die
"This martial train appealed to us. There on the-plains was a lone country banker, like Leonirdes having already his banking side. Without any ser-
fallen by his support him ky way of
ried host to suppor

Smithsonian collectors proparing Western Canadian specimens or alipmo. certificates or other local

| not find a single piece of collat; perhaps | $\begin{array}{l}\text { co-operation he too } \\ \text { and made his appeal }\end{array}$ |
| :---: | :--- | shape of a stock or securities are "What reply could we make to such mere promises to pay. With these the a financial patriot but to cast aside the mere promises to pay. do business; and if he is located in a one-crop country he may be compelled to do financial "stunts" that would make even the high financier dizzy. For instance, two years ago the wheat crop in one section of a north western state was a total failure. To make

sure that its farmer customers would have seed for another planting and to keep them from sending money out of the community for the purchase, a country bank bought out-right an clevator with its entire contents. amount paid for it was more than the
combined capital and surplus of the combined capital and surplus of cour-
bank. Such an act requires faith, cor age and resourcefulness of no mean age
order.

Heroes of Rural Finance.
As if to emphasize the difference in enviroment between the incer mentioned above cites a case from actual experince during the dark October days four years ago: were, ree banks located in
"There wational, one "There were ree banks located in
a little town in-; one national, one
and private and one small tate institution
hought that his average balance with
us was only about $\$ 700$, and promptly ire him as foll Hold the fort! Though sorely pressed, welve hundred plunks have been expressed. the same period another
During the country banker saved his bacon by the force of his own perse ality. Like many of his felows bank; but when the in the distant cit' suddenly hardened he flnancial arteries suddenly hardened farmers and small merchants became frightened and began to draw upou the slender
stock of cash on hand. The president stock of cash on hand. The presiden
pleaded and argued with them, explain pleaded and argued with them, explain
ing that the lanic was purely a Wall ing that the lanic was purey a wand
Street affair caused by speculators and Street affair caused with them; that the lack of cash was due to a foolish cur rency system. Se , ran the gamut of every relationship that one mam many
to another; they had known him ment ocars; his wr wey sas good as his bond; his bank was solvent. in no real danger.
Day after day the farmers would me after day the farmers would come s:ngly, in twos and threes, or
sometines by the aozen, and listen to
up here, ten years ago," says one, "the prospects did not look very encouraging. We were advised against it. The coun-
try round was sparsely settled; this try round was sparsery seth a hamlet.
place was hardly more than place was hardy more, tlaurishing village. Things began to go ahead almost as soon as the bank opened. Ne now have deposits of nearly two hundred thousand, all from the immediate vicinity. We have earned sisten per
cent in-dividends regularly after the cent in dividends reguratically never lost a dollar:"
lost a donar."
"You attribute the growth of the community, then, mainly to the bank ?" "Unquestionably. Why the farmer, as well as any other man, needs money to carry on his started. A great many money ose people came here with but of these
little left after buying the land. They needed houses to live in, seed to plant implements and stock to work with. It was the business of the bank to furnish the necesary capital to buy all these things. Without the bank many a farm
er round here could not have turned a er round here cothat is why the com-
furrow. And that munity was so slow in developing be fore the lank came."
The Banker as a Booster.
"And your small industries-that canning concern down by the station, the chese
factory?"
"All financed locally; not a dollar o outside capital invested in them.
what the president had to say. Most of them took his advice; but the cash got lower. Then he we t to the county bank everything .e possessed. $H$. was rich, owning hundreds of acres of the finest land upon which at the time were
unharvested bumper crors, he whole worth as much as the e-pital and surplus of the bank. He hung the deed up against the brass rilings and began fight. That held them.
There was a serio-comic ending to it all, however, for on the morning when the big shipment of currency finally came to relieve the stuation the cashier
was taking off a trial balance. He walked in to the president with a rather grim smile. "I surppose," he said, "you noticed Cyrus Culver in here pretty nearly every day with his "I told you so" expression, waiting
what would happen ? what would happen?"
have thought the gossipy $\bar{y}$, "you would the whole bank."
"Well, he dosen't," the cashier snorted; "he's overdrawn seven dollars an eighty nine cents." And the president's overstrained nerves gave wars. a burst of uncont"ollable laughter. that what this lanker said about the panic was true. Situated as they were, a thousand miles and more away from the scene of it, owning the finest land in the worla, whin fields full of an abundant harvest, of what immediate concern was that panic
to these farmers? Suppose the bank couldn't pay them at once all the cas they demanded but did not need. What of it ? The institution was safe.
bank is not insolvent until its capital surplus and undivided profits have been wiped out by losses and the remainder of its assets
its liabilities.
Nothing of this sort had happened nor was it at all likely to happen. Tne
little bank was merely short of ready little bank was merely short of read,
cash to meet an ex+aordinary demand cash to meet an extaordinary deman
This banker, line every man in the same profession, was not satisfied unless every dollar he could lay his hands on was working'all the time. The farmers had a good deal of money on deposit and this country banker, like others, had sent a large amount to his reserv. agent in the city where he could get in
terest on it. The city bank, for the same purpose, had sent large quantities of it to New Yorl where a horde of Wall Street speculators got into a big fight. It took all the cash they could get to carry it on. Stocks "went sky hooting" and so did the interest rated somebody got hurt, he newspapers So far as that little bank and those farmers were concerned it was merely a case of the Wall Street heathen raging while the people imagined vain things. Possibly is quite as likely that it did not.
Neverless, when one of these countly
bankers is willing to talk he can usually be very interesting. "When we opened

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have never forgotten the speec Georgia banker at a convention
tended years ago. He said, ired of seeing our farmers. "I am their cotton at twenty-five dollars a bale to foreign manufacturers and buying it back in its manufactured state at from sixty to seventy-five dollars, the difierence received and the price paid having gone to pay freight, to enrich the foreign manufacturer and to feed and clothe most poor of other countries. I am al there is a bank in a iicorgia town and no cotton mill, the bank has not done its duty I will say emphaticaly that the bank has neglected a most im portant opportunity for increasing its own business and the bu iness of every individual in its community. In many of our small towns prosperous, divi dend-paying cotton mills have been built
under the surervision , the offcers of under the sukervision 1 t the offcers of ated sucessfully, to the great good of the banks and to the benefit of every the b
one.
"So
"Some of the best men and most intelligent farmers about here came as harvest hands. hany of them now have farms of them loose from the land with the latcst patent stump-pulle. One of them did leave the neighborhoo last year, but he took fifteen thousand dollar:s, which he h. .e accumulated he: away with him to buy a farm in a d:s tant state.'

## He Thought He Could

Written for the Western Home Month?
The Master Mīechanics face was hard
As he briskly entered the engine ya
Where the romul-house glare in darkening night, hits roar and clangor and bright of the iron monsters, waiting round, Oast flickering shadows on gravelled ground, loaded freighti
Loomed big and heavy and gannt and
 And he muttered-" ${ }^{\text {now }}$ no only a Mognt
now pull that drag to the mounThat will pull that drag to the moun
tain's brow." So he spoke to an old ten-whecler there, All spick and span from the wiper's care With brasses shining and fire aglow, And seemingly waiting the word to go "Can you lift that line up the big divide?"
But the monster seemed to shiver and Like a-heated horse at an ice-cold And from its exhaust came a startled pant,

With a troubled look the Master turned To a round-house track, where the red In a brand new engine, fresh from the The shop, strongest brute of a century's Cant ! Crop. Cant! Cant !Cant!"
And he shouted his quest to the engin-
Billie, you've got a good one here. he cried,
"On a single han up the Big Divide. But the engineer doubtfully seemed to pause
figure
he figured the weight of the line of at e'er he could answer his chief there came
the rngine's sides a shudder of
at sank away in a weary pant,

Winnireg, Oct. 1912.
It seemed like a truant "buttin' in,"
As it wormed maze
To rest in the round-house steamy
haze.
It was greasy with dirt and black with But it seemed to think it was all a joke. But it seemed to glory in grime and oil,
it semed
snd to make $a$ jest of the hardest And to $m$
As it weezed to its station with throb bing nerves;
It bubbled joyfully-"Here to serve." . He was only a Dinky -- of old-time
style-
But
style-
But his record showed many a moun-
tain smile. tain smile.
The Master viewed him with half a
"IIll give him a chance - it's perhaps worth while.
He's a game little tugger for all his
size.
Any chanc
Any chance to-night I must not de-
ance more through the clamor his order's
rang.
And was instantly answered-"I--think
-o was coupled at once to the waiting
cars and jars.
He gathered speed for a flying start, With a purpose set in his tiny heart.
And quicker and quicker with might and And quicker and quicker with mignt
His piston chanted this old refrain-
-I-think-I-can;
I-think-I-can
I-think-I-can; I-think-I-can."
But soon the grade with its steady
Began to tell on his failing strength.
The train sagged back with a sicken ing pull
As the coupl
As the couplings tightened. The cars of the heaviest lead, rock, sand or stone, Of the heaviest lead, rock, sand his hissing
But he stoutly grasped in his "I-then, -I--can; I-think-I-can;
I-think-I-can; I-think-I-can."
Full well he knew if he lost his grip
For a single turn, the long, harr trip
Would be worse than lost, for the train would go
In a crashing wreck to the gulf below
In a crashing wreck to the gulf beolow.
But steadily, steadily, foot by foot,
But steadily, steadily, foot onbed the eut
He braced himself as he climber
He braced himself as he chimbeca
That the railroad builders' had lately
made
To lessen the pull up the mountain grade,
he grimly toiled up the steep incune As he grimily toiled up the steep ${ }^{1}$

But slower and slower his motoran-
"I-think-I-can; I-think-I-can.
Another turn of the slackening wheels,
A few more feet on the sanded steels,
A dying effort-one last grim tu
Then a breathless murmur-
Then off down the grade with a whoop
He of decelight far through the starry
night;
With gleful rattle he whirled alons With gleeful rattle he whirleph song
And madly shouted his triumph And faster and faster from rock an
Joyfuly wood echoed-"I-thought-I-could,"
"-thought-I-could; 1-though
I-thought.--I-could--I-I tho't-I
could."
The sun peeped over the canyon's edge,
The hadows flitted from ledye to led
Hooted complaints to the brightening
Evell the rascally coyote paused
As tia played with a feather with grimy paws. morn
hey slunk away at the break of lawn.

## The Western Home Monthly.

## Farming in the Early Days.

Written for Western Home Monthly by G. W. Bartlett, Arden, Man.


THOUGH the development of the agricultural re-
sources of the western prairies, was far from the thought or desire of the officers of the great pioneer fur com panies, yet the great the ready of food the soil, led to the early cultivation of cardens at nearly every permanent wes ern trading post. In the seventeenth entury records show that gardens were
cultivated at Albany and at York Factory. In 1810 Fort Churchill supplied vegetables to northern posts; and in 1811 we find evidence that wheat and po North-west Company's posts in Manitoba. Father Provencher mentions in his journal, 1818, the distress among the inhabitants, ten years before, ress-hop pers-proving the extent of agriculture before the first Selkirk settlement, and the previous visits of the extent of the in
dustry is confirmed by the existence at this early date of a grist mill at Swan the white men. Lord Selkirk's corres pondence in 1817 shows that a "Short Ears," chief Pin Paunche, cultivated grain and vegetables extensively nea Lake of the Woods.
In the matter of stock, the country was less advanced. As late as 1776 the early pioneers of the Saskatchewan
found the Western Assiniboines stil found the Western Assinboines sth chasing the burial on we missippi were begning to emp/ $/$ y the horse. The use of the horse as a beast of burden barely ante
dates the coming of the Red River set dates the coming of the Red River set
tlers, and at the time of their arrival the Red River cart had not yet become a familiar sight on our prairies.

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The cow was found at many of the larger posts, but alway int sce are sel bers. Pigs, pouitry
dom mentioned before 1812 .
The first contingent of the Selkirk set tlers, who landed at York Factory in the summer of 1811, and arrived at the Red River on August 30th, 1812, were fairly well supppied with arms, even to smal field-pieces,
had no more efficient tools for removing had no more efficient tonls for removing
the serub and breaking up the soil than ordinary hoes. Having set the people at this lack-breaking joi, Governor Macdonell set off by boat to look for a location, taking with him "the bull, the cow, and the store of seed grain." A short survey convinced him that here was no
spot better than that which was being spot better than that which was beirg
broken-Point Douglas. Here the party broken-Point Douglas. Here supply of
set to work, cutting a small sup set to work, ctheng in" the grain on the
lay and "throwing broken ground to cover with a hoe. The first sowing was fall wheat. The governor even wrote to
pint of apple seeds. Sut for timely supplies, received from
Peter Fidler, the Hudson's Bay master at Brandon, the colonists must have suf. fered the greatest hardship, if not actual starvation. Next year, however, they took up the work and slowly widened the belt of cultivation. They also succeeded
in adding, by purchase, to their small in adding, by purchase, to their small
lierd of cattie. The first crop was, of herd of catte. The settlers had to courn by repeated failures what crops could be profitably grown. Each year of failure was followed by a winter on the buffalo plains west of Pembina. Scarce ly had they begun to gain a footing in
bringing in these porkers from York Factory he was "frozen in" on che upper Nelson. He was obiged to bring in the hogs by dog train, to do which he blanketed the pigs and tied then down to the sledges,
which hathed his freight. Laidlaw also introduced a number of varieties of vats and pras with which the kildonam proneer will donbtless be actuainten. The following is His Lordship's list sud com. ment:--Blainsley--long a favorite in Scotland; Dun oats-proinc, carly plenty staw; Latc Angus-strong pickle pleuty straw, a little late Churcli's oats-nice kind, early enough, plenty straw ; English Green Pea-early, very prolific; Findlater's-early, very pro lific; Tweedstala Gray Pea - plenty of straw; also some er kimds of potatoes.
In the summer 1819, Laidlaw fore seeing the destruction of Red River
crops, went up to the neivlliorlioud Bramdon, broke up a piece of land, and "threw in" the seed. This hasty sowing furnished the only good crop in the country that year.
Another modest arrival of 1819, was hen and six chickens from Lord sel
kirk's farm at Rainy River. These birids are undoultedly the ancestors of the blue-blooded feathered aristocracy of the old regime of Manitoba poultry. By the same canoe, arrived the venerable Dick the gander, a famous partriarch the web-footed fowl of lang-syne. A census on cololy stock of shows 1; buffialo cow, 1; piys, 69; hen 1' The pigs aforesuid were kept alive during


Winnipeg Swimming Club Diving Board.
were shattered by the feud of Hudson's the winter by acorns gathered by squaws Bay and North-West companies. When for a few glass beads from the colony $\begin{array}{ll}\text { the colonists were expelled after the } & \text { store. } \\ \text { Seven Oaks battle, the Northwesters } & \text { Land during the first three decades }\end{array}$ turned their horses into the grain fields of the colony fluctuated from 5 to 10 with the result that fifty died from shillings an acre, according to the whim overfeeding. During the absence of the exiles all the cattle were slaughtered or driven of, except a settlers as "Adam" and "Eve" the nucleus of the herd of the restored colony of 1817
On the return of the colonists, the Earl of Selkirk established a colony farm for the purpose of encouraging and firm$y$ extablishing agriculture and stock was left in the hands of Wm. Laidlaw an experienced Scotch farmer. Laidlaw's troubles began the moment he assumed control of Hayfield farm. His available employees consisted of four men-a tailor, a shomaker, a sailor, and an in-
valid-"a useless, teachless lot." There was, according to Laidlaw, a general conspiracy to force him to pay
exorbitant wages-as high as two shillings a day being sommimes demanded. In his absence, the men overworked, or starved to death, four horses, leaving nothing of live stock with which to "turn
over the din," but the bull and two over the din,'s but the bull and two
oxen. Laidlaw's greatest trouble, however, was the sourge of locusts which
destroved the crops for two vears and damaged them the third. Discouraged by these repeated reverses, Laiellaw left minterest mark his reqime. howewer. He
made a futile cont to ocure a ross between the hutfalo and "old Adame",
He importen several pige. which He importen weveral pig- which
formed the hati of hions rais
fine industry

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old settlers. The next model farm was undertaken by Geo. Marcus Carey, and a
un staff of "experts" on the Fort Garry flat near broads annually for several seasons the enterprize was abandoned.
When the Hudson's Bay Company took over the colony from the Selkir estate they agreed to purchase all their supplies from the colony, at London prices. Wrodile possessing some excellent butter makers and cheese manufacturers, the colonists included some who brought no credit on the colonial reputatron for cleaniness. had a depressing effect on prices and prosperity.
Looking over the enactments of the council of Assiniboia, we find repeated laws against the prevaili.g offences of anners leave; letting stallions run at large; leaving pigs at large. Later on we find inactments about sheep killing dogs, which all bear testimony to the growing importance of the sheep raising industry
Early in 1832 an act was passed to
provide for a fair at Frog Plain each

May and September. This was a great event, not only in agriculture, but in
the social life of the community, and did social life of the community, and farming and dairying. Unfortunately for the colony, these encouragements were almost neuteralized by trade monopoly advent of the railway, industrial life was very slow in its development.
Yet despite all obstacles, there was progress, as may be seen from the
statistics of 1849 , which, with a resident population of 5,391, showed:-Horses, 1095; mares, 990; oxen, 2097; bulls, 155; cows, 2,147; calves, $1615 ;$ pigs, $1565 ;$
sheep, 3,$096 ;$ stables, 1,$066 ;$ barns, $335 ;$ plows, 492; harrows, 576 ; carts, 1,918 , land in crop, $63921 / 2$ acres; water mills 2; windmills, 8. A number of these
windmills were afterward purchased windmills were afterward purchased by
the Minnonites and one of the old Kildonan mills is still used for pumping water on the creek at Steinbach.
In spite of wind and hail, flood and drought, frost and grasshoppers, in the
face of all hinderances and handicaps, the face of all hinderances and handicaps, the
hardy pioneers continued the steady hardy pioneers continued the steay
development towards the assured posidevelopmint Manitoba now holds, as the
tion which Mes premier province of the "Great West."

## An Ontario Lady's Impressions of Rural Life on the Prairies.

## By M. H. Williams.

Far from the apple-blossoms in the fruit districts of old Ontario, lies the vast tract of country we, call, "the prairies
of Western Canada." From Winnipeg to Calgary,-a distance of eight hundred miles,-they stretch, in undulations, far away, east and west, north and south, intersected by rivers, streams, and, - , hettoms.
Before the advent of railroads, - the lonely trapper, the adventurous settler, and the pioneer missionary, traverse, a name given to a tented waton drawn by oxen, or horses in summer, and in winter, by dog-train and snow- shoes. Tribes of red men, and vast herds of less than half a century ago. The "Grea Magician's "" wand has passed o'er the plains, and all is changed. Surely the formation in so short a space of time, nor listened to a story as fascinating. People of many nationalities, now dwell,
where once roamed the Indians, and where once roamed the Indians, and
buffalo. More than one era has passed buince the pioneer settler treked across since the pioneer settrer the wilderness in his prairieschooner and dog train. The "Wild and Wooly West" days of the Indian rebellion, of massacres and lawlessness, the necessity for
fortified enclosures, such as the Hudson's Bay forts, are past history. A few soldiers, -all Canadians,- stationed in
the cities, and, farther west, the Mounted the cities, and, farther west, the Mounted
Police patroling the plains from ranch Police patroling the plains from reand law and order. The Indians, on their re-
lo abiding as serves are as peaceful and law abiding as
their white brothers, and as contentedlas

people can be who have not yet foryotten their heritage and wild free life' in
heir tepees. Weir tepees.
Western ral life has changed considerably in the last twenty years. Settlers who have located in a newly opened up district, may be far from a town or rail way, even with them, the latter is rapi y creeping in their direction.
Farmers in older settlements are within
easy access to town or city, often with年 and their produce, whither they wish. Vast is the difference betwen pioneering in the west, and that perrormed by by our may be "scrub" to clear, but no large, dense timber to foll, or stumps to battle with. There is no tramping
through the forest, over a blazed trail. for many miles, to sell grain and puror many miles, to seli grain and did to reach muddy York (Toronto). Tele phones, and in some districts, rural postal delivery, brings the farming community
into close touch with each other, and their nearest town, and are also great aids in nearer work.
Farming in the West, differs in many respects, to the same occupation in Ont ing a quarter, or half section (160 or 320 acres). Some families have a whole section between them. On many of the Manitoba farms are "bluff" of poplar and oak trees, which provides atr, iti wind of the homestead. We miss the pine,
ness of beech and flaming maple of our home province, but find a walk through the bluffs very alluring. The jack-rabbit hop across the winding paths, the part-

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ridge "drums" for his mate, while from the passing breeze. The game of grain the top-most branch of the tallest tree, a pair of owls hoot at us, for daring approach the vio $y$ y
The huge maraction engine the numer ous furrows turned in the black, rich soil, the vast unfenced fields of green or golden grain, are a continual source of wonder and interest.
The scene is most impressive when the grain is ripening. Tall and majestic
it stands, waving its tasseled heads with

The wo has reached the lascinating with anciety and interest. Newspapers chroncle the daily reports, and none are more anxious than the farmers. They scan the horizon, Is it too cloudy? too rainy? is there danger of drought? The dreaded hail, or early frost, will they escape? A sigh of relief when harvest approaches with none of these calamities. Then come the helpers from the East, farm laborers
machinery is heard,-the song of the plains,-from early morning till late evening. The summer is short in Western Canada, but the days are long. In midsummer a rosy blush,-the sun's parting salute,-may be seen in the western horizon at ten o'clock at nitle time for growth is rapia,
the toilers to rest, early and late they work, the men in the fields, the women in the house. Many men, makes extra cooking necessary. Scientifically, systematically and cheerfully, the grain is harvested, wheat, oats, flax, peas, etc., cut, stooked, and thresned is, which are later, is taken to elevators, whity, froms conspicuous in every Porthur and Fort William, at the Port Arthur and head of the lakes, to the Rockies. From. them, the grain is carried by rail and steamboat to the far end of the earth, mankind is fed, and farmers enriched. They have visions of new machinery, while the women delight in added prosperity, and, perhaps a trip to California. Westerners know how to enjoy life. It all seems very simple, this story of graingrowing; we wonder why all farmers are not rich, and why we are not all farmers. grades" as well as up, to the farmers as as many,-they say more, than the City
business man. They have their problems business man. They have their problems
to solve, and anxiety is ever dogging their footsteps.
Their Maxim is, "never count on a dollar, till it is in your pocket." The grain may be hailed out, frozen out, dried out,
or like last season, when it promised so
 or like last season, when
well, be visited by old King winter long


## A Western Farm Scene

before he is due, and lie buried under two thousands being sent to farmers from the or three feet of snow, Thus much of
last year's crop remained all winter. This last year's crop remained all winter. This
spring, many of the farmers, in all the these same farm dwelling nestling
mid a cluster of poplar, spruce, or Manspring, many of the farmers, in all the ploughing and seeding to do, the dry snow and climatic conditions preserving a good part of the fallen grain.
There are no large barns for the storage of grain, such as Ontario possesses; here they depend on the elevators; num-
erous and large as they are, there is need for more, and better railway facilities. New conditions, new problems and difficulties are confronting the farmers year by year, which they are grappling with and gradually conquering. The Western farm house varies in size from the bachelor's shack to the
large attractive dwelling, with most of the modern conveniences therein. Some are made more attractive by the surrounding bluffs, but for the most part, they stand, bleak and bare, devoid of trees, no pretty driveway lined with maple or stately elm,
and no orchards to relieve the monotony. and no orchards to relieve the monotony. ing of trees, especially in Saskatchewan,

The maple. prairie is very pretty in the The virgin prairie is very pretty in the
summer season, with waving bunch grass, summer season, with waving bunch grass,
the prairie roses,and flowers of many hues. The prairie roses, and flowers of many hens, The little gophers, and prairie of a hawk, igh over head, gives life to the scene. The lone bachelor is not to be envied, often miles from a neighbor, he leads very lonely existence, and still more lonely is the woman who becomes his wife. A visit to the far away town, perhaps once
a year, a call from one of the mounted police, or a glimpse of a passing settler, are events to look forward to. Usually the silence and solitude is unbroken, except by the lowing of cattle, and the cry of the coyote, till the march of progress, brings other settlers within easy reach. features in the rural landscape; they dot the prairie in all directions, generally with a good sized, fenced in garden, in which are grown a goodly array of veget

ables and flowers, cultivated by the pupis. Schools and garrens are eresided sue up to date methods. Many students of the colleges and Universities are from the rural schools. In the sparcely settled districts, where distance all the sear round
ters make education all ters make education ald
impossible, summer schools are held, Impossible, by college students, during thei vacation.
Whe miss the orchards of the East, and "open wide" at the retail price of apples, which in some places are as expensive as oranges, $-a$ tropical fruit. Fruit growers may yet produce a hardy variety that
will thrive in the west, and the farmers may, in the future, spare time from may, ing the future, spare bime from abundance which the East can furnish, coupled with the supply from British Columbia, surely the prairie provinces need not lack, hem, hasten the day of cheaper fruit.
Though capital is needed to work the large farms of the West, men, with little to start with, have acquired valuable and
ing health, strength, adaptability and
willingness to work. Hiring with an cstablished settler, one who knows the country and how to work it,--for a few years, they eventually there up a home-
stead, furfil the duties thereon, that makes it their own in three years, working for others in their spare time, such men are
the back-bone of the west. the back-bone of the west. In Manitoba, the farmers, do not "put all their eggsin one basket," they pracice
mixed farming, and are not altogether dependent on their crops, which occasionally fail. The house-wife, like her Eastern sisters, depends on her butter, eggs and
poultry to poultry to replenish her table, and add to
her income. The closely clustered farms, with their many out buildings, shady lawns,
and blossoming orchards, are not here and blossoming orchards, are not here,
and we miss them; but the prairies with their wide sweep of vision, the frequent mirage in the distant horizon, the vast the kind hospitality of its inhabitants, appeals to all. Vast as its acreage are the opportunities of its people, greal
are the possibilities for the future, and without the prairies our fair Dominion would be incomplete.

The Gospel of Efficiency-How It Is Preached To and Practised by Canadians

Fifteen years ago the word "effici- If our work is mostly mental, or conency" held the same place in the Dic-
fining, as it is in almost every instance,
tionary that it does today but in the
and onr physical body runs at a quarter popular mind it was a somewhat ordin- speed or less, our system cannot throw ary word used for describing the attrib- off the waste except according to our acutes of a certain engine, too, or, perhaps, a remedy of some kind-all inanimate things.
At that time the watch-words of the
ambitious Canadian were "Initiative", ambitious Canadian were "Initiative,"
and "Hustle," and these he whipped and "Hustle," and these he whipped
himself into superlative effort with, until he found that he was fast losing the ability to keep himself up to
"concert pitch"-he no longer responded "concert pitch"-he no longer responded to the whip-something serious had Thus did the word Efficiency assume a new and great import among men and women alike for without it we can have neither initiative, hustle nor ability
to keep pace with the business and to keep pace with the business and
social requiremeits of the twentieth etstury.
How.
highest degree of Efficiency is partly the purpose of this article.
The great study with us now should be how to keep well and efficient while
we are about, rather than how to get well and efficient after we are ill-as a matter of fact, in this connection, those of us who consider ourselves well and strong are not consistently more
than 50 per cent. efficient. We may be able to get about and
do our daily tasks with more or less satisfaction to ourselves, and without undue exhaustion, but that is not by any means one hundred per cent. of
efficiency. bright, and our condition such as to put enthusiasm and "ginger" as well as
clear judgmentinto our work, we have a tremendous advantage over those who
are half the time depressed, blue, and all are half the time depressed, blue, and all j:dgment may be wrong-who lack the
fonfidence that comes with perfect efficiency and makes so much for success. But most of us are in the latter class, if we analyze our feeling, and
good reason. Thature is constantly demanding one mode of living and eating, it is impossible for us to give-that is, a constant plysical work or exercise to eliminate Plisical work or exercise to eliminate
all waste from the system. Cature has conctiucted us for a cer- If construct an ngine for a certain warter of that speed, it clogs up, gets "wheezy at the joints, mee to operate satis
ith the human body.


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waste, for insitice, is the appendicicitis. have been many preachers of the Gospel of Efficiency, among them men high up in the literary, commercial no teach us to conserve our energies by relaxation, avoidance of worry, labitual cheerfulness, etc., but this is useless advice when the seat of the trouble in plysical first, and mental afterwards. There have alo sen shans, plys al cur-
men, such as phicians urists, dietarians, osteopaths, etc, , wally removing this waste from the colon, at least for a time.
It remained for a new, rational and perfectly natural process, however, to finally and satisfactorily solve the problem of how to thoroughly eliminate this waste from the colon without it sweet and clean and healthy
strain onnatural forcing - to kep and keep us correspondingly bright
and eflicient-clearing the blood of the poisons which make it, and us,
sluggish and dull spirited, and making our entire organism work

## nature intended it should.

That process is internal bathing wit warm water-and it, by the way, now
las the unqualified and enthinsiasti endorsement of the most enlightene physicians, physical culturists, osteo-

Heretofore it has been our halit, whe Heretofore it has been our habit, isa
we have found, through disagre, and We have ourning symptoms. that this waste was getting much us, to repair to the drug-shop and
of obtain relief through drugging
This is perfectly effectual, lut there are several vital reasons why it should (


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Monthly.
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owes it to themselves if only for the owes it information available to read this little book by an authority on the subject.

## The Young Woman and Her Problem.

By Pearl Richmond Hamilton.

> Is Romance Dead.
> nan of authority on problems of young women in an eastern magazine writes a full page under the above title affirming in her argum in the east but it is very much alive in the west. There are old-fashioned romances here among the youth of our land.
> Ask the English lad who came out five years ago, built his little shack, proved his homestead and then sent the money across the seas to fetch his sweetheart.
> Ask the young student who is studymay support a home for the girl in his
> Is romance dead.
> Ask the office clerk who does his work
since the stenographer

next door has declared her preference of the blessings of wife-hood to the monotonous pounding of a typewriter. Is romance dead?
Ask the clerk at the candy counter who has just married the elevator man
and you will find that there is such a thing as love in a two room corner of a lodging house.
No-romance is not dead. Fair writer of the east, come out to Western Canada and we will furnish you all the material you want for yove stories since you say you have no matry -is sull. of ronances that ring with genuine sincere love. Come! You might find yourself in the web of a real romance, for the west is full of them and they are not "tangled webs of deceit" either

Crisis Virtue.
It is a common experience to see a girl "lose her head." Full serene poise The courageous girl is the one who holds a responsible position. In the grea Newark fire the only woman who held a responsible position was the forewoman of the underwear factory Miss Annie Haag, she could have made her escape but she turned back to look after her girls, and to put the books due to her courage that many girls due to her
were saved.

An Understanding.
The business girl makes a good wife because she knows what it is to be in an office all day. Men do not acknowconcentrates his mind so stenuously that every muscle in his body is on a tension. Consequently when he goes home in the evening he needs to relax. He cannot always talk and the wife who
has been a business girl understands has been a business girl understands this
Then, too, she has learned to be her to make the office and this enabe ing. Intuitive womanhood does the right thing.

A Scheme Worth Trying.
The college girls of Mount Holyoke have played The Big Sister this year. They have made it possible for wage arning girls of that vicinity to enjoy
boarding house and is managed by a woman hired by the girls and poor girls enjoy for two weeks and gymnasiuin. tennis courts, managed and made pos This is all managed and mithin th college known as the Settlements Assoc iation. These "Vacation house girls" do everything on the campers that the college girls do except study. Each gind is allowed to stay the a week. What a splendid treat to the worn out factory girl or any other tired wage-earning girl! It is a pity that more colleg grounds are not open during the sum mer for girls who are not able to enjoy educationalut in from life and light.

When You Come to the City
Walk straight ahead and know where you are going when you arrive. Plan oot too early in the morning. Ask the matron or the Travellers' Aid agent or the Constable for information. Carry your extra money in a bag pinned iou side your dress. Do not alk. Seel a pocket book ourent first such as the Y.W.C.A. or the pastor of your denomination. He will put you in touch with people who will help you-Write to The Western Home Monthly and we will see that y

## The Joy Note

"She is laughing, always laughing" say the friends of Rose Hawthorn Lath rop, a daughter of Nathaniel Hawthorn This brave optimist has given up society, her wealth and flattering oppor tumities to beconcer sufferers. Sorrow to hopelesss cancer sufferics. in her service of humanity have developed in her a bright cheerful face - She is woman whom God endowed
there in life" says one writer.
there in life" says one writer.
"The peace that passeth understanding" belong to just such lives. Everybody's garden is all along the wayside and every girl can touch the joy note, if she makes another happy. When we touch the joy note, heaven draws very near.

The strange girl from a foreign land is here, she may not know our langua
but everyone understands a smile.

## The Voice.

I wish my readers could have heard the beautiful tone of voice in conversation that Princess Patricia possessed. There is nothing more beautiful than a well moderated tone in conversation. Too many girls use the loud pedaling peak it in por a gir to be too intense.
It takes experience to hold in check

Everyone wants to make money these days, and we can all see where, by risking very little, we could have made a big stake, if we had only had sufficient foresight. For instance, everyone wholput a few dollars into Saskatoon ten years ago is to-day rich. We believe that the same happy result will follow an investment now of a few dollars in EDSON, the ew to the Peace River entrance We have a few choice Countr we close to Main lots Street, and inside the town limits for only $\$ 40.00$ each on easy terms. This your opportunity. Write to-da for illustrated booklet giving full particulars. It costs you nothing. The Edson Point
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the superlative degree. It is not neceseven manner suggests gentle training and is the mark of a genuine woman.

## Sins of Silence.

There are sins of silence. The of selfishness when we hear another's character slandered is speechlessness of shame. A word weighs according to the one who speaks it. If you have character every word means something. Little words in great mouths become powerful
Inspiration depends on the soul behind it. In this way character enters into words. I have heard a girl one evening criticize another girl. For a while no one spoke. The slandered girl was bit terly wronged until one spoke in her defence. Thas pocter was clean and lovely that character was so clean and lovel girl. Had she remained silent it would have been a sin.
In the finer shades of character kindness comes out in conversation. The defects 0
thoughts.
The harm or good our words do will count for or against us when a girl knows she has been unkind to another and does not go to her and say: "I am
sorry," she is committing a sin of silence

For the Experienced.
"Is it right to carry out dishonest question was asked me by a young woman who fills a responsible position, Her employer is away a great deal and she is required to carry out his plans is doing his absence. is doing under handed work.
justified in obeying his orders?
This in a way is difficul $\ddagger$ to answerbut "Honesty is the best policy" always. if a young woman of her ability feels that the orders are dishonest I would where A young woman should not make an idol of her employer. I know one who thinks her employer is the most brilliant man living and his dishonesty is excusable because "he is he." Though she is drawing a large salary, if she stood in his way he whas made miss her on the spot. employer that she such blind to her own future. Right here let me give a hint to the experienced stenographer. There are places where a stenographer knows so much that is questionable about her dare not dismiss iness that he feels han whose position i held in this way is on dangerous ground Beware of an employer whom you kno to be dishonest.

## Summer Guests.

Now that the warm season is over hould like to give a few hints. There is the happy guest and the blue one; the helpful guest and the lazy one; the neat guest and the untidy one; the tiresome guest and the and the indifferent one; the generous guest and the selfish one. I believe that the very greatest honor one zapgn extends another is to
invite her to her home. An invitation invite her to her home. An days or a
inviting one for two or three dater inviting one for trerent from an invitation for one meal or an evening, and in the case of such a visit the guest should adapt herself to her environment. The
hostess, especially if she be at her sumhostess, especially if she be at her sum
mer home must necessarily find the guest mer home must necessad if the guest be
means extra work and congenial, she feels that the extra work is a pleasure, but if the guest be not congenial, the hostess is very tired and is relieved when her visitor departing
First of all a guest should avoid castin First and spell over the home. Wher all nature is smiling it is a crime to b blue. Some one hals written
"If you must sit and sigh
And have the blues,
why don't you try to realize
Why don't you try to realize
That there are sighs and sighs That there are sighs
Amp hlues and blues
Grom which tor choose?
There's heavenly hues and blues
tranquil seat
 to hunt for rabbit skins He is less romantic but more practical
He buys a

## PERFECTION

and all during the cold Fall and Winter months his house is kept warm and cozy for his wife and babies.

A Perfection Oil Heater is almost indispenseable when there are children in the home. Every home-has uses for it.

The IMPERIAL OIL COMPANY, Limited Winamiog, Montrol, Stion Johen, halfiaz and
getting other people's point of view that makes gatherings of this kind more valuable to women than they are even
to men, from the very fact that women to men, from the very fact of meeting
have fewer bpportunities of and discussing subjects which are of special interest to them.
During the month we have had in Winnipeg the great amual gathering of the Independent Order of Odd Fellows, and with them the women's organiza-tion-the Daughters of Rebecca. One of the things that 1 noted especiad to dethe pleasure the women seeme to de- diferent
rive from talking together of dif methods of doing things in different


A modern Little Miss Muffitt.
parts of the country. There were women in Wininipeg from every state in the
American Union, and every province in American Union, and every province in
Cauada, and they spent almost a week together. In that time friendships were made that win no doubt be a blessing their lives will be richer and fuller because they have some woman who is interested in the same questions as they are, who is doing her work, perhaps in California and perhaps in Nova Scotia, and who occasionally exchange letters with them.
Once again let me urge every woman Who possibly can, to come to the
Women's Congress. When sle cones let her come with ideas to exchange, and not be afraid to express what she really thinks.
"The Wind Before the Dawn" new book by Dell Munger, which I have just hister rearing, and which has
made a very great impression on me It is a story hased on the woman question, and is hamulled in a way that is a "The wrind ittle umusual and very "The Wind interesting. and it shows
Before the very conclusively that Before the
Dawn." the real crux © the economic dependence of married women. The scene is laid in Kansas, and the author is evidently writing out here own here experience. sed pictures
the burdened, overworked woman on the mortgaged farms in Kansas in a way that grips the heart. Her heroine
(Elizabeth) lives and moves with a livelikeness really remarkable. The derelopment of her mind and the stand which she finally takes is marvellously
interesting. Her letter to her lusband interestiug. Her letter to her husband is a document that every married woman might read with protit. I am
sure that much in this hook would ap sure that nulch in this bow would ap-
pral to wouncon on Wistern prairies, for

1. of themen latee lad similar thousands, with the man who. in his determination in arequre more and and to thage in the burden that he have yung hiv wifes
shoulders. Thi. hook is not an evpen shoulders. The hook is not an expen-
sive one: I think it combla how

Mr. Farmer how many barrels of APPLES do you want this winter?

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Speaking of books, Crockett has issued a companion book to his "Sweetheart Travellers;" this is "Sweetheart, at,Home"-a delightful book, charmingly printed, and exquisitely illustrated. Miss "My Rag Picker." It is quite called "in way a perfect gem; in fact, I think it is superior to either the "Wood Carver of Lympus," or "Flam stead Quarries." The three books mentioned, by the way, are all issued by the Musson Book Co., of Toronto.
I have been reading a good deal this past month, but of all the books, thes three are the only ones that appeal to of attention.
'The temperance workers throughout The temperance workers throughout gret of the death of Honorable John Wright Sifton, who for many years has been a notable figure in the life of the West, and who has been one of the Hon. J. W. ardent adrocates of ad Sifton. $\quad \begin{aligned} & \text { ardent advocates of ad- } \\ & \text { vanced } \\ & \text { temperance re- }\end{aligned}$ form. The regret is to lose so warm a friend of the cause. There is no regret for his own passing; he had lived a long honorable life, crowded with work; he had made good use of his opportunities, and up to two months before his death retained keen interest in all public matters. Then
with the failure of his health, life with the failure of to him, and for him to die was assuredly gain. I am sure in the lodges of the various temperance organizations throughout the Canadian West there will be a deep sense of loss. Rev. Eber. Crummy, D.D., in speaking at his funeral, said his outstanding characteristics were integrity,
kindness, and a genius for friendship. A kindness, and a gelins for friendship.
trio of virtues truly

To the many women in the West, who are auxiously seeking some protec tion in the matter of dower and a more


Poudre.
estate, I would like to give a word of warning. There is not a single member A Word to Manitoba who has not the Wise. either in public or private, expressed his opposition to giving protection o of the members of the present Cabinet of Manitoba, may, without exacgera tion, be said to be violently exaggera the extension of a franchise to women women hanitoba is concerned, the bettered conditions to hope for as to sent government rem long as the pr It seems to remains in power. politicians that an election is not far off, and it would be the part of wisdon for women. wherever they know of man who is likely to be a candidate views of this question ascertain if he is nentral to try and put the matter in a casonable light and enlist his s.m.
pathy. If he is antagonistic, do all in your power to influence men who hav votes against seeking positions in Parnen who are seent that they cannot wholly gnore the claims of women . if the: wish to succeed.

Swan Lake Home Economics.
The August meeting of the Swan Lake. Home Economics was held on Saturday, atten attended. After the Secrepunct had read the minutes, the President claimed the attention of the meeting for a short time to record the regret that was felt by all the members at the death of Mr. Jotary was requested Corresponding write a note of condolence to his daughter, Mrs. : Robert Blair, conveying the sentiments of the meeting. The Cobresponding, Secretary was also requested to send in her account for post-
age etc., to the Secretary and the age, etc., to the afternoon programme was then opened afternoon programme wiss Etta Shirley of a most interesting paper written jointly by Mrs. W. W. Shirley and Miss Ashdown on "Preserving Fruits."
Various ways were given; the use of
the ordinary fruit kett.e, the placing of the ordinary fruit kett.e, the placing of in a pan of boiling water on the stove, or proceeding on the same method and placing the whol, in the oven and cooking by a slow fire. An interesting disK. Wilson gave a recipe for preserving K. Wilson gave a recipe for preserving witn others. Preserving fruit in cold water for future use was also mentioned and Mrs. Sparling tole had had with cranberries, the fruit besing put into a stone jar and covered ing put into a stone jar and be changed
with cold water which must be every three weeks.
Mrs. Downey was unfortunately prevented from attending so the promised paper on "School Lunches many practical Hints and emplasized the necessity of making the lunches as varied and attrạtive as possible so that the children should eat a hearty midday meal. A discussion on "Pickles" the next meeting was open, the President suggested that a paper on Banking would be a welcome yariation and Mrs. C. K. Wilson promised to prepare one for the September meeting. After roll call, the National Anthem was sung dispersed.
a dainty lunch the meeting

> Crab Apples.

Trs C. K. Wilson
Take flowers from apples, stick clove Put in sealers, fill up with syrup 2 ("up) sugar and 1 of water; put sealers in pain of water in oven and cook two hours slow fire.

Dill Pickle.
Mrs. C. K. Wilson
Put one row of small cucumbers in stone crock, layer of grape leaves and laver of dill stalks; cover with brine in proportions of 3 or 4 teaspoonfuls salt
to 2 qts. of water.
Bean Pickle.
Mesdames Herbert ara De Roo. 1 pk . beans cut in half and boiled
 1 pt. water, 2 lbs. brown sugar, 1 four. 2 dessertspoonfu
mustard, 1 cup thouls mustari,
turmeric, two dessertspoonfuls turmeric,
celery salt. Nix with a little of the
vinegar, then ada the rest and cook till rinegar, then ada the rest and cook
thick, pour over beans and seal. thick, pour over
Rhubarb Marmalade. Mrs. W. W. Shirley 2 lbs. rhubarb cut in small pieces add little water and the finely chopped
ind and juice of 9 lemons. Boil 20 ind and juice of hemons. mutes stirring oflents. Boil till clear ngar and




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equal to the Burlo $\$ 1,000$ still lies in the bank for competitors to cov

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rrain be suthin
Sing or lotion.

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(Continued from page 37.) Both pleasant; if you have them pray have these;
And, when you sigh, be like the turtledove,
Who knows not grief and merely sighs for love."
Then there is the woman who is perfectly happy when she is helping the hostess in totess and she is the one who is appreciative. On the other hand the guest who wears the hammocks out and has only energy enough to walk oo no dining room, the guest whe best room and the most comfortable resting places -the guest in fact who monopoliz everything is the one who does not ap preciate anything. hirpins, kid curler one who leaves and wig window sills of the living room, her embroidery, scissors and needle on the kitchen table. One young girl whom I have in mind did this and the hostess was forced to tidy iness affected ly after her. Her Such a girl is an objectionable guest and the hostess is conscious of a relief when her visits are
Thenclud.
The tiresome guest is the one who talks too much and whone pitched so loud thests this one is the most objectionable. As a rule she is always megaphoning about herself, and she talks and talks in a rasping voice until the hostess longs to creep into a astle of silence.
The inspiring guest is the one who
alapts herself to her environment unconsciously and goes about the home in a gentle, cheerful manner; when she talks she is entertaining and pleasing. She leaves out personalities
If a girl would be a welcome guest
let her drop a little word of cheer, a laughing bit of song and be a Comrade laughing bit of song and her room in
Heart. Let her keep her order. It takes only a few moments put things in their proper places. It is strange how much young men
like untidiness in a girl. It is the cause of many a delayed proposal.

## A Living Statue.

a a great memorial meeting held in land for Mr. Willian T. Stead. his mbly. The meeting urged the speed age of the Criminal Law Smend-
t Bill as the best memorial to Mr. chife and work. This meatime to make the punishment and white slave traders sure alld adequate. If this bill for the pro englands girlhoo stouls
would have pleased him best. He fought or England's girlhood with voice and ben and or them. His brother's words are: "We don't want a, dead statue. We want a living statue." Let us hope his wish may be granted, great lives should help recognized living.
hel

## A Famous Canadian Woman.

Among our Canadians of note we find a splendid example of the ideal woman n the famous autl
Nellie L. McClung.
If the face is the tablet whereon is If the face is the tablet whereon is
written the inner life, surely of Mrs. McClung's reveals a character of great strength and rare beauty, for her expression had been formed by habits of harmonious mental and spiritual prog-
ress. She lhas been before the public eye a great deal during the past four years and she wins her way into the
heart of everyone. My object in giving my readers every month a word pictur of a famous Canadian woman is to familiarize the
women who are really great.
A knowledge of splendid characters creates high ideals in the minds of girls. I believe every girl has a desire to be popular but many do not know the art of making themselves liked. I know of no other woman who is more popula
with her family, her friends, her au diences, and her readers than is Nellie L. McClung.
She has a dignity that immediately commands respect and admiration and she is so gracious that she is approach
able. A gentle and kindly heart ever ready to act helpfully is a test of womanly strength and Mrs. MeClung is remarkable for just this kind of power. As a stranger I have watched her public ife; then my admiration led and lately I have had the privilege of knowing her in her own community and even in her home circle. My admiration of her has increased since I know how completely and beautifully she lives the part of
friend, sister, wife and mother. She friend, sist things in a great way does little things in a great way. Every As a mother shise, every little trouble that ber children bring to her, she cures wothing few words of sympathy and a soothing pat, and her five child ten adore her. It is something to be lealthy growing boys
fidence of three heal and a pretty girl of thirteen. The
youngest, a bright beautiful babe of ten months, is the pet of the hous?. Minds in the McClung home are active tinuous game of matching wits.
Mrs. MeClung is a wife and mother first of all - she is the idol of her husband and children and she apriean ideal wife and mother can. A great part of Mrs. McClung's success is due to her husband for he himself is a cer to man and makes it l oss
Another characteristic of Mrs. McAnother charact is her quick grasp of
Clung's popularity is ability to put herself in another person's art of bringing
humanity. She has the are humanity. She has the best in every one she meets and always sees the good. She has a big mind and aning in a big way. A little incident that took place a A little incident that summer home
few months ago at her sum
illustrates this characteristic in her. illustrates this characteristic in her.
During the carly part of the season she said to me: "I want to invite my acquaintances here to a garden
before I return to the city." From her remarks I judged that perhaps twelve
would have the honor of being enter tained, but the next time I saw ber she remarked: "I have invited forty women.
I really could not draw the line becalu" Though Mrs. Meclung is a famou Yoman now, to her former friends sha created in her one lit of affectation


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What a splendid complimen
is the secret of her charm. I have written this as I know her for if I were to ask for a bit of biography, she would exclaim in a surprised man-
ner. "Why, there is nothing worth ner. "Why, there is nothing worth
mentioning!" She does not realize how much she is admired by the the Canadian people for her talent and personality. Nellie L. McClung has a future and a great one because she has absor bed the spirit of her environment. Her home has been in Manitoba since child-
hood and she has felt all the phases of hood and she has felt all the phases of pioneer life. In the gallery of pietures of Manitoba life--the real genuine kind that are worth knowing about. She is writing these storips in a sincere pleasing style. In her new
book, The Black Creek Stopping Place There is a great deal of philosophy and There is a great deal of philosophy and
splendid originality. A vein of fine
clear wit and humour convinces the en of antist The delineation of haracters is so artfully handled tha hey are living people, and the picture vening on the of a trunk, a lonely zard, and electioneering in the country re so vivid that they remain with th eader. Best of all the book is inspir ing and the reader leaves it wimanity There is a universal vein and Nellie $L$. MeClung has touched that vein in her new book.
In giving these short sketches of the ives of our great Canadian women from month to month will feel that a knowledge of their lives is an inspiration-for the old familiar quotation modified a bit is applicable: Lives of great

## He Bought Her a 1900 Washer ONE OF OUR READERSTILLS mowner nusamo mame What Washday Means to a Woman



' Burd's Eye View, Assiniboine P'i:k, winnipeg.


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## A Real Country Community School:

Lianking the sehool's Work with Work on the Farm: By Charles S. Phelps.
There is a growing demand for a form iu th aims, its work has not been of agricuitural traming for our farm confined to these lines. Nearly as much children that will hold more of them to $\begin{aligned} & \text { attention is paid to literature and his }\end{aligned}$ the life of the farm, and that will also fite better than their fathers did. Only about five per cent. of high-school graduates ever enter a higher institution of learning. Less than one per cent. of the boys reared in farm homes ever take a college, and yet more than twentr-five per cent. of the children of such homes take two or more years of ligh-school
In most high schools in the smaller towns and the riaral ace obliged to tanke the same course of study. The college preparatory cours ? must be followed by the son of the farmer or the mechanic who must take up the struggle of life at the end of this high-school work, as well as by the few who expect to enter college. I useful and most practical they mus offer courses that will better fit their graduates for the life of the farm. New York state has taken a forward step by offering aid to the extent of $\$ 500$ an
nualiy to any town that hires a high nually to any town that hires a high
school instructor in agriculture. In some school instructor in agricuture. In some be added to the regular high-school work. high schools, to be known, perhaps, as county agricultural complish more good. schools of the East is. The Agricultural High School of Baltimore County, Maryland. This school is doing a work that is worthy of the attention of other
strictly rural communities. It combines the principles of a consolidated graded school and an agricultural high school, and is being developed as an educational and social centre for the entire community. The school is a part of the regular
school system of the county and is an attempt to fit the rural schools to the needs of the people.

Four Schools United
The building is a large stone structure, centrally located, near one of the prinschool is in a typical farm community nd draws nearly all its scholars from arm homes. The matter of discipline reduced to a minimum, because dortur is unnecessary; the scholar luring the day are kept so busy in and laboratory that they have little time for mischief.
Four elementary schools, totalling about ninety children, were consolidate school building. These two chasses constitute the grade leading to the high school, and serve as feeders to it, though the students in the high school may come com any part of the county. Thre day from the consolidated districts Thins they have the advantages of a well graded school with better teachers and better equipment than was possible The course of study in the high-school department is so planned as to give thorough instruction in mathematics and
English and in the sciences in their bearing on agriculture. The usual classcat studies are replaced by classroom The main fory work in agriculture main features of the equipmenture miped with apparatus for studyin quipped with apparatus for mamsal training laboratory is equippet with individual carpentry benches and plete sets of tools. There are also machinery room with all the g power machinery used on a farm domestic science laborato peare have been studied and presented in dramatic form. The boys made the scenery in the manual training depares
ment, and the girls made the costumes
in the sewing class. With a view to broadening the vision and inspiring the minds the study of historcal chara has been made equally important. to the students and parents is that of encouraging the boys and girls to carry out at home the practical applications of the classroom and laboratory instruction. The farm is thereby linked to the
school and the life of one stimulates and assists the work of the other. Students are encouraged in their home practice to adopt feeding rations that have been figured out in the classroom. Farms are the students are thas given practice in the use of the scorecard in judging different types of animals.
judging different types of anma

Seeds are tested for the percer germination and for the presence of weed seets. Students are asked to bring with the Babcock and cream for testing and samples are tester for butter fat, heck on their tested for farmers as a cream is sold by test During the summer the boys in the high school are expected to conduct some experimelit of These own selection on their home farm. ject: experiments have a two fold ob to the atention the work of the schoo and to emphasize the practical bearing of the school work in the mind of the student. Many variety tests of corn have been made, and in every
selected varieties of special merit hav


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[^1]
cock tests of the butter excelled in yield the varieties that were frequent. Babcock tests of the bure acre grown on the farm by the fathers, the same methods
in both cases
$n$ both cases.
Other student
Other students are testing herds of in the herd twice daily and by making

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sehool, being frequently visited by the principal, who advises with the students regarding their work. This brings the principal into tonch with the home life of the pupils and encourages the
in pursuing their home studies.

Work for All the Family.
During 1911 the experiments on farms were enlarged as a result of a request from a farmers club for a series of experiments. Most of these are conducted perough various farmers'
throbs and granges and cover virtually the entire country. They have and of potatoes and fertilizer plat tests. In 1911 more than two hundred farms in the county were growing crops under the direct supervision of the school.
When the school was first started it was decided that; as a part of its poliey, educational facilities should be offered to every elass of persons in the community -men, women and children. A and fertilizers was given one winter by the' principal of the school. These were iliustrated by simple experiments and were designed especially for farmers. They were attended by farmers from all parts of the county, most of whom hal to drive distances a ittendance at a lec ture was about one hundred and twentyfive. The second winter a similar series was givèn on the general subject of dairying.
A series of monthly meetings for womimen had been held on Saturdays. The school wagons are driven over the regular routes to bring them to the meetings, so that it is not necessary to use the home farrin teams perhaps to the
disadvantage of farm work. A short general session for all is held, at which some one of prominence has been asked to speak on some topice of general in-
terest to women. This is followed by terest, to women. This is followed by
the study of special topics assigned to four groups.

A Safe Pill for Sufferers.- There are pills that violently purge and fill the stomach and intestines with- pain. Parmelee's Vegetable Pills are mild
and effective. They are purely vegetable, no mineral purgative entering into their composition and their effect is soothing and beneficial. Try them and be convinced. Thousands can attest their great curative qualities because thousands owe their heath and strength to timely use of this owo theil heellent medicine.
most excell

## MOTHER <br> SEIGEL'S <br> FOR <br> SYRUP

PAINS AFTER EATING BILIOUSNESS CONSTIPATION HEADACHES WIND


Ii yon cannot digest your food perfectly you cannot be well. The slightest failure on the part of the stomach, liver, or intestines, reacts on your whole system, and reacts harmfnily. Not only is your body starved because you have failed to get For ludie from what you have eaten, but it is also poisoned. For Indigestion loads your blood with poisonous impurities which your own stomach has created, and the blood carries these to cvery part of your body. Naturally, your strength fails. You become weak and alling, tortured with headache, biliousness, perhaps constipation, and life becomes a daily misery. Mother Seityel's Syrup. the stomach and liver tonic, made of roots, barks, and, leares, so tones and strengthens your stomach and liver that indigestion becomes mposilil.

## CURES

INDIGESTION

The Month's Bright Sayings.
Mrs. R. L. Borden.-A girl's primary duties are to look as nice as she can, and to be as nice as she can.
Lady Laurier.-The keeping of a home is as important a profession as the management of a business.
Miss Jane Addams.-Unless the home life of a country is strong, pure, and simple, there can be no national stability. Lady Aberdeen.-Nobody can help be-becoming stupider than he was born.
Dr. James W. Robertson.-I doubt if our ancesters were any healthier than we are; but they dilments.
Professor Lealock.-People who are wondering why the "art of letter writing" has decined mos 25 cents a letter the writers wanted to get the worth of their meney.
Mr. Humphrey Ward.-Life is made up not of great sacrifices or duties, but of ness and amall which sions given habitually are what win the heart and secure comfort.
Dr. W. S. Evans.-The knife and fork kill more people than the social glass. The penitent drunkard hasn't half the glutton has. The former can steer pretty clear of all temptation; the latter has to clear of all temptation; the latter has and
face his troubles three times a day, and face his troubles three times a day,
that, too, in its most insidious form.

## The Way to Buy <br> - JEWELRY =

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small stores-and you get the benefit especially in Diamonds.
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from Paris. Her costume
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surprised, at how quicl
they sell, as everybody wil cards, and we will send Duy DoL Write now for poitTHE JONES MFG. CO. DEPT. F.P WINNIPEG, CANADA

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## Scotch Column.

Conducted by William Wye Smith, Scottish Expert on Standard Dictionary, Translator of New Testament in Braid Scots, etc.

He slew my knight, to me sae dear, My servants a' for lift did flee, And left me in extremitie!
I shew'd his sheet, makin' my mane I watch'd his body, there mylane; I watch'd his body, nicht an day-

I tuik his body on my back,
In' whiles I gaed, and whiles I sat I digged a grave, and laid him in; An' happ't him wi the sod sae green But think ye na my heart was sair, As I laid the mools or heart was wae, And think ye na moy', awa' to gae!

Nae leevin', man, I'll love again, Sin' that my lovely knight is slain; Wi' ae lock o' his yellow-hair, I'll bin' my heart for evermair! -Old Ballad.

A black hen may lay a white egg! Short and sweet, like a cuddy's canter!
A blin' man needs nae keekin'-glass!
I ne'er sat on your coat-tail.
Aboot the moon there is a brugh, The weather will be cauld and rough.

A' cats are gray in the dark.
The fire that's blawn on Beltane e'e May weel be black 'gain Yule;
But blacker fa' awaits the heart
When first fond love grows cule.
Makin' the Bed. A bed must not be left half-made; if so, the next person who slept in it would have superstition for a mistress to urge upon a servant! But the servant had her turn; for, if she was dilatory in answering the "bell," or in answering the mistress's call, she could always say "she was making the bed!"
Three Names. A Canadian doctor, after a visit to Scotland, said: "I learned that there were three names that you
must not criticize. or say one word masainst, in any shape or form; and they gere William Wallace, John Knox, and Robert Burns!"
One Song. Some Scottish poets are nown by just one piece. As Wh James Hislop, "The Cameronian's Dream."

Wallace. The first book the conducto of this column ever read was the "Life of


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Sir William Wallace." He asked his mother "who Sir William was?" She
said, "He was the greatest man in Scotsaid, "He was the greatest man in Scot land." But the boy imagined he was stib his father must have seen him!

Corn. A Scots girl in Ohio, the first time she saw boiled ears of rnian corn, asked, "How dae we do? learned.
"Seven cities did content for Homer dead, dead,
Through which the living Homer begged his bread."
Burns died; his death hastened by a threatening letter about a $£ 5$ debt for a suit of Volunteer uniform,
for. And this spring, at Glasgow, a 16line manuscript of 'My Nannie's Awa',' line manuscript of My Nanion and a MS letter, dated 1786, sold for $\mathbf{~} 25$.
Union. A serious proposal is made in Scotland, for the union of the Church of Scotland and the United Free Church The "Kirk" is willing to mane Presby-
sacrifice for the sake of "one sacrifice for the sake of one but not
terian Church for Scotland,". but ready to forego all financial connection with the State. Neither were the
Church" men in. 1843. But the logic of Church" men in. 1843. But the log events made them "Voluntaries."
A. censorship of moxing picture shows is called for in Scotland. The papers say
it is needed. Something like ourselves, it speems.

The Scottish April, this year, is said to have been the driest since 1858

Ance crowdie, twice crowdie, Three times crowdie in a day
And 'gin ye crowdie ony mair, And 'gin ye crow' my meal away!
Ye'll crowdie $a^{\prime}$-Nursery Rhyme $\square$ A parish minister had not prayed for rain during a long dry spell, and was re"I'll d of it. Weel, weel, he said, "Irap do it, just to please ye; but feint a mune!"

A Peebles daftie heard the minister preaching about deciet and fal;ehood; and as he sometimes cast his eyes in the direction of "daftie," the latter thought he was particularly addressed. At last
he roared out, "Indeed minister, there's he roared out, "Indeed minister,
mair leears in Peebles than me!"

Scotch Songs. Were ever the comic aspects of courtshp so drolly set forth as in "Duncan Gray, Wooer;" or the beauty Last May a Braw Wooer;" "John Anderof long-wee? or the pathos of disappointed affection, as in "My Nannie's awa'?" What country has a finer national song than "Scots Wha Hae?" been better celejoys of old friendshpuld Auld Acquainbrated than in Be Forgot? and where will you fand a more incontrovertible assertion of the rights of manhood than in

## Scotch.

Mr. Ian Malcolm has an amusing essay in "The Nineteenth Century" nn the humors of the following:
Canvasser: "Surely you will give us your vote this time sir?" (he said to a poor man standinr at the corner of the street). "Na, na; I'm voting Tory. as Voter: faither and grandfaither did before me." Canvasser: "But surely you don't want your food taxed. andillions of pe peers to dictate to forty millions of peo

Voter: "I dinna ken and dinna care $\mid$ father and grandfather had been about thon; my faither and my grand- $\begin{gathered}\text { thieves, what would you have been } \\ \text {, Voter (pensively): } \cdots \text { If my faither had }\end{gathered}$ faither were Tories, and I'm a Tory, been a thief and my grandfather had Canvasser: Well, I must say that is | been a thief? ..... (brightening) |
| :--- | :--- |
| bely | most unintelligent answer If your likely I'd have been a Liberal.'

,



## BIRKS

The word is short, easily remembered, and known the, world over because it stands for
the very best that quality and skill can prothe very
duce in

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"Western Home Monthy."

## the



## Big Ben ends

 the over-sleeping of Farm Handswill you spend Two-Fifty to in-
 Ceerasting bother-geting the farm
 spend it to insure a fall days deverk
from each man six days out of every seven.
Then, spend it or Bio Ben. He's doinen, it on thend husands of farms every day right now. More than a mililion People have pent it tor kig Ben to
holp them get to work on time. help, them get to work on ime.
Dont you want to join the Big Ben Amy. Don't you
Alarms are sold at 81.00 and 81.50
 alarms are merely things to watke $u p$ by, not to wake on time with. They enable you to make a guess at th night time, that ${ }^{2}$ sall.
sit
Big Ben enbles you to know the
jight time. When be wakes you hie
does it at the time you want, the does it at
right time. Then, cheap alarms may last a year but Big Ben actually lasts for
years and years. He's built of steol years and years. He's cluill a punct-
He's a handsome clock plus ual alarm. You can use him all day long in any room for he fits bed room, parlor, dining room or hall.
The city man can get the right time of hlo nelgh
bor or by picking up a trelephooe but that' not to
 Big more than you need a plain alarru.

 big keys make winding casy and hiog great open largest roome.
Biz Ben is gold by 5,000 Canadalia dealeose



## THE YOUNG MAN AND HIS PROBLEM.

## TODAY.

Make the most of to-day. It may be your last day. It may be your best day. It may be your day of fate. But be sure of one thing, it will give quality
to every future hour of your life. So begin it with prayer-(for great men have prayed) and end it with holy meditation and into its holy hours crowd all that is possible of thought, toil, effort, and achievement. Live in the light of the eternal and let the gold of the 1780 , in Connecticut the candles were lighted in many 1780, in Connecticut the candies were lighted many
houser, and domestic fowls went to their roost. The peogle thought the day of judgment had come. The legialature was then in session in Hartford, The
house of representatives adjourned. In the council, house of representatives adjourned. In the council it was alse proposed. Col. Davenport objected, say ing The day of juggment is either approaching, or ing if it is I choose to be found doing my duty
wish, therefore, that candles' may be brought."

WORE ON:
Work on. Keep peging away. Put quality into all you do and be ever at it. When things look dark-work. When there is nothing doing -work. When the weather is bad-work. When others are
discouraged-work. Work bears a compound interest. The article which you write for your class will be demanded by the newspaper, then it will appear in a magazine, and later on it will form a part of a chapter in a book and finally some body will tell you, that it revolutionized his life. "On and for ever on." Africa his book achieved a most amazing popularity No one was more amazed at it than himself. He had left England within a week of its publication, in June
1883 , and was beyond all news till the following Nov1883, and was beyond all news till the following November. Then suddenly, one midnight between Nyasa his tent. He jumped from bed, and hastily lighting a candle, fed his long famine of tidings from home. cande, fed his long famine of tidings rom home. He read that his volume had passed immediately through a first and a second edition; that the retiewers were carried away by it, and that in especial (with the exception of Dr. Mozley's University Sermons) which showed such a power of relating the'moral and practical truths of religion, so as to make them take fresh hold of the mind and vividly impress the imagination.'

## AN 1.0.0

Lean on the supernatural. Cultivate the invisIean on the supernature. Cuate sore of invisible
ible. may be that there are a an invisible universe. The things which you cannot see are vaster than the things which you can see. And you are surrounded by elements of which you know
little or nothing. Study them. Lean on them. ittle or nothing. Study them. Lean on them. Seek for their assistance. They may reveal to you
secret source of power. An American writer re secret source or power. An American who had lent another a few hundred dollars, for which he had an . O. U. After some time he wanted his money back, but found he had misplaced the bond. The other man seemed to have forgotten the fact-genuinely forgotten it-and not only denied the indebtedness, but wards, the friend, while bathing in Charles River, was seized with cramp and nearly drowned. On coming to his senses he went immediately to his bookcase, tool out a hook, and bet ween its leaves found the missing
bond. In the sudden picture of his life which flashed bond. In the sudden picture of his life which flashed
before him while he was apparently sinking for the before him whie he was apparently sinking for the last time, he saw himself placing the document be-
tween the leaves of the book. It adds piquancy and completeness to the story to narrate that the debt was paid with a generous interest.'

## YOUR MOOD.

There are divine moods. Do it when the mood is on. Say the word when you think it, write the poem
when you feel it. Paint the picture when the vision is before you. Preach your sermon when the text ablaze. Send your gift when your heart is moved Do not let the warm moisture of your soul fall on th hard rock indifference. Ever regard your higher in-
spirations as the voice of God. Seek for that voice. spirations as the voice of coor. seek for
Know the secret cypher of your own soul. And whe the mood is on, retire to your closet and turn the bright threads of new thought into the living fatbric of life. "Untill I am complete master of a tune in my ow singing, such as it is, I can never," says Burns, "compose for it. My way is this. I consider the poetic sentiment correspondent to my idea of the musical $A \mathrm{~A}-\mathrm{a}$
pression, -then choose my stanza. When that is composed, which is generally the most difficult part of the business, I walk out,-sit down now and then,--look out for objects in Nature round me that are in unison or harmony with the cogit-
ations of my fancy and workings of my bosom,-hum-
ning every now and then the air, with the verses have framed. When I feel my muse beginning to jade, I retire to the solitary fireside of my study, and there commit my effusion to paper; swinging at intervals forth my own eritical striuctures, as my pen goes."

## START BARLY.

Start early young man, in the matter of investigating all public questions. Be broad in your readpression of your convictions. Start early before you have become involved commercially, before you have pledged yourself politically, and before you have compromised yourself by written phrase or spoken word Start early. Have a hand in the writing of new platforms and in the projection of new political interests and then in the sunset of your life you may be able to my advocacy of anti-slavery in the Northern states o America in the midst of brick bats and rotten eggs, and I ended it on the soil of South Carolina almost literally buried beneath the wreaths of flowers which we
heaped upon me by her liberated bondmen."

## BURIED ALIVE.

Do not submit to being buried alive. Surrender not to the encircling crust of custom. Refuse to be not hesitate to break the unnecessary rules of life Accept no line of thought on a professional hearsay Let your conduct be dictated by that direct child o genius, plain ordinary common sense. Consider no professional pride or social command or ecclesiastica regulation, or political precedent. None of these wil your personality. Do not let society bury you alive When Butler, the author of the "Analogy", went into close retirement in the little country parish of Stanhope, Queen Caroline, the Consort of George IV.
asked the Bishop of Blackburn if Mr. Butler were asked the Bishop of Blackburn if Mr. Butler were
dead. "No, Madam," he said, "not dead, but dead.

## YOUR COMPETITOR.

Trust in God and keep your powder dry, saw wood and say nothing. Dig while others are dreaming thinking. Sleep on the night of your defeat and rise early the next morning. Try new experiments. Turn new corners. Enter unusual fields, surprise your enemy by your resourcefulness. If six methods fail, try a seventh. Don't be afraid of your opponent. If you can out-work him, out-plan him, out-think him,
out-do him-you are sure to win. Remember that he is just as much worried about you as you are about him. A Brooklyn divine says:-And Grant had a him. A Arookly divine says:- And brant in him. His maxim was,"Don't be over anxious about what your enemy is going to do to you, but make him anxious about what you are going to do to him." Lincoln said, when McClure
called to protest against Grant's appointment, I can't spare this man-he fights." And now the awful duel for mastery is to begin.

## SPECIALISTS.

Get near to the specialist. By the specialist I mean any man that knows more than you do on any given subject-the dentist, the preacher, the lawyer,
the successful politician, writer, the man with a splendid the successful politician, writer, the man with a splendid
voice, the maiden lady who has a vast fund of informvoice, the maiden lady who has a vast fund of inform-
ation on missions, on flowers, on cooking, on literature. Ask all the questions you can think of. I never met a well informed person who did not like to answer questions. Remember that the best teacher is the man who knows more than you do. Such information is of great value and costs you only the time you occupy in extracting it. "Mark Hopkins on one end of a log," said President anarield
made U University."

## LOVE.

 Love is the brightest word in the dictionary andthe divinest thought of the soul. Every maiden has
her dream and every youth his ideal of splendid woher dream and every youth his ideal of splendid wo-
manhood. The dream and the ideal are God-inmanhood. The dream and the ideal are God-in-
planted. Let love have its altar and let the ideal be planted. Let love have its altar and let the ideal be
enthroned in the secret chamber of the soil. Let the entoom be too holy to be touched by unholy hands and the beauty too delicate for the embrace of the one who has not entered into the covenant of love. For, realized or unrealized, love is the divinest emotion that ever stirred the human breast. How tender are these
words: "Washington Irving clung to the memory of his gentle and accomplished Matilda Hoffman with :ll the ardor of a youthful lover for more than fifty in his affections; and when he expired, at nearly seventyseven, there was found on a table near his hectsinde ing
old and well-worn copy of the Bible, contaning her name on the fly-leaf written in a delicate lady's hand.
This had been his daily companion through scorcs of years."

## THE PLAIN FACE.

Tolstoi was homely almost to the verge of ug. liness. How he wept over it when he was a boy. And yet what char seldom great men. Pride of face or form often stands in the way of success. Character transforms the physiognomy. There are many noble wo men who prefer a strong face to well rounded feature and the man who can win the crown of success and command positions of power is, to many, more accep able than the man style. Certain it is hat hel homely Who has not companionship ins of Oliver Goldsmith. An attack of small-pox, when he was a child, nearly killed him, and left his face much pitted and disfigured. In spite of his athletic prowess, which was considerable, he probably was not very happy at school; for he, was a most morbidy sensitive, and his schooce gave him as much ments upon his personal appearance gave him as much
pain as the accusations of stupidity that he received at pain hands of teachers, who could not see through his shyness.

## COMMON COMFORTS.

Take great satisfaction out of the common comforts of life. For they are in the possession of all and are never out-distanced by the luxuries provided by to become exclusive. He shuts himself into his private room where he may enjoy an easy chair, an open grate the companionship of great books and the presence of his wife and children, but even a poor man may have all these; and the young mechanic who stood before the marriage altar, yesterday, will probably provide his bride with more home luxuries than were enjoyed by walking out one morning, met a lad from the stables and asked him: "Well, boy, what do you do? What do they pay you?" "I help in the stable," replied the lad; "but I have nothing except victuals and clothes." "Be content," replied the King, "I have no more."

## CANADA.

This is a new country. We are sowing the seed of destiny in virgin soil. We are the old timers-ou
fathers simply found the spot and decided on the loc fathers simply found the spot and decided on the loc
ation. When the history of our times is written $w$ will be framed in an atmosphere of poetry. We buil the towns. We extended the cities. We deepene the rivers. We organized great institutions. We laii the foundations of empire and erected the pillars of civilizations. Thus the historian will write the stor of the early days. Oh, let us build well. Years ag when Henry Clay was crossing the Alleghenr mount changed, he stood upon a great rock looking over the valley, and someone said to him, Mr Clay, what are you thinking about?"' He said, "I am listening to the on
coming tramp of the future generations of America."

## BE PRACTICAL

Be practical. Steer by the stars but keep your feet on the earth. Have your ideals but try and realize then. Ien you can gitay near the border line of human necessity. Better preach a plain ordinary sermon for every day life to a full church than deliver a pro-
found philosophical discourse to qua tered oak. Don't found philosophical discourse to qua tered oak. Don't move so far ahead of the procession that your follow-
ers cannot decide which way you are going. Be pracers cannot decide which way you are going. Be prac-
tical. Be humañ. Be reaspondble. Be broad. Be sweet. Charles Kingsley says:- TM father was a magnificent man in body and mind, and was said to possess every talent except that of using his talents. My mother, on the contrary, had a quite extraordinary practical and administrative power; and she combines with it, knowledge, and the sentiment and fancy of a young girl."

## TRIBULATION

Every experience has a cash value. There is nothing which can happen to you of sorrow, pain, not convert into the current coin of life. Experience puts you in touch with all those who have travelled along the same road. Because you have suffered you
con enter into the sufferings of the storm tossed. And an enter into the sufferings of the storm tossed. And sermon, and painting. The man who has learned to feel, knows how to sympat hize. The story goss that
Henry VIII,, wander ng one night in the streets of and. not giv disguise, was met by some of the watch It the Poultry Compter for the night without fire or
licht. On his liberation he made a grant of thirty chaldr Gis of coals and a quantity of bread for the nigh misoners of the Compter. So in trial, power to sym

I pity the youth who has no ambition. Tennyson had it. Lincoln possessed it. Moody was inspired by had Even a saint ought to be inspired to be the saintliest saint that ever turned his face heavenward. If you are determined to enter a profession why not be
determined to stand at the top. As Daniel Webster dence said "there is always room at the top" Ambition once said "there is always room at the top." Ambition stirs the Soul. A the blood. The highest ambition is to be good and great for the sake of God and humanity. When the old bishop of the Methodist church was examining a group of candidates for the ministry, he asked them: "Are you willing to be a nobody in Christ's service?" And every last one of them piously (as he thought) answered y

BE GENEROUS
Be big. Be kind. Be generous. When a man snubs you, smile on him. When a man opposes you subs you, smile on him. . compliment. When a neighbor "runs you down" smother him with kindness. Go out of your way to assist an enemy. Speak well of the man who has no use for you. Find a good point in the man who declares that there is not one redeeming trait in your character. And keep it up.-day in and
day out-be the friend of your enemy. Thus you day out be the friend of your enemy. shall heap coals of fire on his head to buim up. Nay verily: But to melt him down: It was in the fall of 1880 , that Mr. Beecher introduced Col. Robert Ingersoll to a great political gatherng in the Broklyn
Academy of "Music, saying that the Colonel was the Academy of Music, saying that the colone was the
most brilliant living orator in any tongue. A day or two afterwards the Colonel was sasked by a reporter what he thought of Mr. Beecher. He at once sat down
and wrote as fast as his pencil could trot over paper thus: "I regard him as the greatest man in any pulpit of the world. He treate grandly above the prejunothing can exceed. He rose grandy above to
dices which are supposed to belong to his class, and acted only as a man could act without a chain unon his brain, and only kindness in his heart.

A Neglected Opportunity.
The making of potash from kelp gathered on the Pacific coast will be a new American industry, and there will probably be a demand for the exclusion of German potash. If the old backwoods industry with its large capital in the form of kettles and coolers, had been organized it might have to the
the cost of its maintenance on the people to present day.-Montreal Witness.

## Willia i $\rightarrow$ <br> 

 Hôldër Top Shaving StickWilliams' Famous Shaving Stick, with all its rich, creamy, refreshing lather, in a new form that adds ease and comfort to the daily shave.
The Holder Top enables you to grasp the stick firmly by the nickeled cap and to use it down to the last fraction of an inch without touching the soap with your fingers. And the stick will stand steady and upright wherever you set it down.

Four Forms of the Same Good Quality: Williams' Shaving Stick Hinded Cover Williams' Holder Top Shaving Stick Williams' Shaving Powder | Hineded Cover |
| :---: |
| Nickefed box | Williams' Shaving Cream (n tubea)

## Special Offer

Men's Combination Package consisting of a liberal trial sample of William's 'Shaving Stick, Shaving Powder, Shaving Cream, Jersey Cream Toilet Soap, Violet Talc Powder and Dental Cream.

Postpaid for 24 c in stamps.
Women's Combination Package
consisting of a liberal trial sample of Violet Talc Powder, Karsi Talc Powder, Cold Cream, Dental Cream, Tooth Powder and Jersey Cream Toilet Soap.

Postpaid for 24c in stamps
A single sample of either of above articles sent for 4 cents in stamps.

## What the World is Saying.

## $\$ 1,000,000,000$ in Savings Accounts.

Bank deposits in Canada have reached the billion mark. This is a distin.

## An Annual Prediction

The Rev. Henry Stone foretells that the Second Advent wril oceur this year. He will also foretell it next year. - Montreal Herald.

## Would Surprise Mr. Kruger.

A woman has been elected mayor of Johannesburg. Things have changed since Oom Paul was dictator.-
Edmonton Journal.

## Some not Paying.

New York records show one murder a day during the past four weeks. Evidently some people in New York
Press.

## A Conversational Stimulant.

The circus has come and gone. Irrespective of the spectacle it prasented, it has given people something to spectacle it presented, it has given
talk about.-Lethbridge Herald.

## A Plaintive Plea for a Crock. <br> Would the person who took the 10 lb . erock of butter CROCK to the Secretary-Tredsurer.-Nokomis Times. <br> Red Rubber. <br> Torturing natives to extort contributions of rubber Peru will be investigated. The natives know the ifference between the pretences and the practices of

 ivilization.-Montreal WitnessThe Presidential Marathon.
The Waterbury Republican has a keen and nimble wit, coupled with admirable foresight. It advises its eaders to vote for Taft, pray for Roosevelt, and bet on Wilson.-Cleveland Plain Dealer

## Calling and Election Not Sure.

Wilson and Marshall are both Presbyterians, but they are going ahead with campaign committees just as fithe doctrine of election
Brooklyn Standard Union.

## Only One.

An anxious correspondent wishes to know whether the plural for bull moose is "bull mooses" or "bull meese." There is no plural for bull moose. There is but one bull moose.-Chicago Record-Herald.

## Art and Fine Art

The new dominion five-dollar notes, now in circulation, are pronounced a work of art. The process o arts.-Vancouver Province.

The Dust Raised by Automobiles.
Cattle are being made sick by the dust in some parts of Ontario. An automobile that would consume its own dust would be a blessing to the entire community.Toronto Globe.

## A Prediction.

There has been but one Democratic President in the United States since the civil war, fifty years agoGrover Cleveland. Woodrow Wison stands a very good chance of being the second.-Brockville Recorder.

## The Twine that Binds.

If binder twine is as scarce this year as reports state, the farmers will all be singing, Blest be the tie that binds." Their mod

## Changing Seats in the Boat.

When you see the heading, "Tried to change seats in a boat," all that is necessary is to look at the bottom of Guelph Mercury.

## Making the East Sit Up.

Yeople here in the East are apt to think they set the pare in ruqard 1.) C'anadian Clubs, but Camrose, A1place in Canada where the

## Big Trunks and Little Ones.

 The baggagemen have struck against large trunks.Still, this is no reason why they should continue wreaking their hatred on the smaller ones. They gotta stop kickin? our trunks around.-Toronto Star.

## Bertha's Millions from Armaments.

In three years Bertha Krupp's fortune has increased from $\$ 45,000,000$ to $\$ 70,000,000$. She would probably be able to get along now even if the nations were to agree

## Coast Province no Longer Haughty.

British Columbia used to be haughtily indifferent to all that went on east of the Rocky. Mountains, but the way she is making love to her "big sister Alberta" show what a different
Calgary Herald.

## Vancouver's Policewomen

A despatch this morning tells us that one of Vancouver's two women constables has captured a man Oh, well, one must be prepared forisuch announce other female of the foree before the year is out.other remale of colonist.
Vietoria

## The Switzerland of Canade.

A Calgary man out with a party of hill climbers fell 200 feet down Storm Mountain in Alberta, and was carried into camp, by Swiss guides. seen that Canada's Alps have the main attractions of the ones in Switzerland. Everything is there but the yodel and that may obme in time.-Edmonton Bulletin.

## What Plugging will do.

Sir William Macdonald, the Montreal tobacco millionaire, is about, according to rumor, to offer McGill another princely endowment. Sir William's continual plugging.-Ottawa Free Press.

May be the World's First Billionaire.
John D. Rockefeller is only seventy-three, and as he ntends to live for a good many years yet there is no reason why he should not be the world's first billionaire. He will probably also be the last, for the graduted income tax and the succession duty are hot on the rail of the too rich.-Vancouver World

How to Build Op a Town.
The way to build up a town-or a country-is to help the newcomer, the homesick and struggling newcomer, to feel at home and to prosper. His welfare is yours, not only because he helps to bring business to town, but b
Hat News.

## Careful Sifting is Essential.

The fact that two foreigners were murdered after a drunken carousal by Italians in Toronto serves but to impress further the necessity of the most stringent regulations in respect to our immigration laws. We want population, it is true, but only of the right kind. Quality co

## Fatal Carelessness in Haiti

The sad accident by which the President of Haiti was blown into smithereens was due to the fact that a power magazine was attached to the palace. A car the parlor.-Regina Leader.

## Should Be put Down.

What shocking blasphemy one hears on the street Cannot something be done to check it? Boys and men indulge in it- without restraint. It is spoken out loudly; and it is dreadfully offensive. Cannot some thing be done to stop it? Why do not the police get busy and make

## The Tongue of Slander Wags in Sydney.

Snakes and mosquitoes no doubt serve some good purpose in the Divine economy, but God never made whisperers and gossipers. They are self-made, and they carry on their pernicious trade day in and bringing sadness and sorrow wherever their poisonous tongues are allowed to wag.-Sydney (N.S.) Post.

Plait your hair if necessary, 0 maidens, but for the sake of your youth and beauty do not deprive us of he pleasure of seeing it gracing your young shoulders. he head dresses ye have worn were more ntted which aborigines of darkest Africa, the ribbons with a prize nimal at a live stock show Hair is beautiful; for few short years you are able to flap it entrancingly in he faces of the passers-by, therefore, flap.-Vanthe faces of

## The Simple Lifo.

The little village of Fresens, in the canton of Neuchael, population 200, still wears and local government middle ages, and its customs and local government have not peasants, have never seen a railway train, placed as it is in a remote valley. No roads connect the village with other villages and towns, the place is not lighted up at night, and there is no cafe nor any public building. There is no policeman, for the president of the commune acts as judge, lawyer, solicitor, and gendarme, receiving for those offices 24 Standard.

## Johnson, Colored Missionary

If the repeated victories of Johnson over hopeless "white hopes" succeeds in making prize-fighting un popular among the white people of this continent, the Pugilism is a form of barbarism which we ought to be about ready to slough off. It is a little ridiculous for us to criticise the German students for their duels or the Spanish people for their bull-fights, while we conthe spanish to glorify prize-fighting.-Montreal Star.

## The Importance of Forest Preservation.

Irrigation has become a live topic in British Columbia as well as in Alberta. If water is to continue to be available for irrigation purposes, the Government mus preserve the forests which are the great regulators of rainfall and the flow of streams. If the forests are allowed to disappear there will be more arid land requiring irrigation, and less water to irrigate with. in this respect Canada could learn much by reviewing th
history of large tracts of Europe and Asia, formerly history of large tracts of now desolate.-Vancouver News-Adver tiser.

## The Greenwood Sage on Gullibility.

Local people would consider a man extremely daft who would plank his money down for any lot in this city at a greater price than he would pay for a potato patch. And yet by sending real estate rustlers equipped with the proper maps and advertising into distant, parts, every lot in Greenwood could be sold at ofitable prices, and all the land around it for thirty miles could be put up as sub-divisions, we say unto you, that the gullibility of the human race passeth all understanding.-Greenwood Ledge.

## As to Gambling.

It is declared by some who may know whereof they speak that there is as much gambling in London and in Paris as in New York. Human nature is much the same in every land, and where there are rich and idle people there will be busy and unscrupulous people to arabling excitement ordinary conditions may be carried on without attracting the public's attention. It is only when those who live by it forget to be cautious that they are likely to encounter the police. It is only, therefore, the more reckless operators, who are troubled. When they are not troubled it is within cason to think the police are not doing all that is rather more numerous in New York than elsewhere.Montreal Gazette.

## "Nursing a Constituency."

 A bill has been introduced into the British Parlia"nursing" a constituency. They do not bribe in England-they "nurse." The laws against bold and brutal bribery, are very strict and well enforced "Unseatings "' for corrupt practices are rare. But , wealthy candidate spends immense sums in "nursing" his constituency without coming within the law. That is, he subscribes to every religious, charitable and public institution that he can find; he gives great "bean tions furnished to the voters of North Toronto by Beattie Nesbitt. He makes it pay thousands of people, in his constituency to have him as their "member." But this is not briberv. It is only "nursing." And now some interfering M.P. wants to make "nursing"illegal. It will soon be most difficult for a rich man to illegat. It will soon be most difficult for a rich man to
buy his way into Parliament. What are we coming to? -Montseal Herald.


The Western Home Monthly.

## THE PHILOSOPHER.

HRE PRATRIES, AND THE PRARRE-DWELLERS.
There is an exceeding wholesomeness and a genuine spiration in the ocean-like expanse of the prairies, the wide, sweeping, unobstructed vision of the great plaing that produce so fangy millions of dollars wortinin wheat and other grains, and are capabie ond hope and an immense popuation. Here and the bright, sunny energy in the bracing Western breezi. From early epring and all through the summer and fall, the prairie have their myriads of flowers. Wearing city no ises, buildings that imprison and walled streets the sun are forgotten in the blessed reiter uan prairies toiler feels when he breathes hope and quickened im pulses. If one should be unresponsive to the charm of Nature's influence, even where so powerfuly exerted he must surely rejoice to see the primes who have made glad the people from so many climes homes are being
their homes $m$ this new land established every year in their tens of thousands, and there is plainly written in the countenances of the new rettlers the confidence that all will be well 1 ine their part. They have breathed the buoyant, optimistic air of the boundless, resourceful West, and feel their lives renewed
in their stimulating new environment of this promised in their stimulating new environment or is no other land under the sun where industry and thrift are surer of their reward.

TOO MUOH TALK AT OTTAWA.
With the object of overcoming the evil of too much speaking in Parliament, the rule limiting the length of a In Ausiraia has a to sixty-five minutes, and to ninetyfive minutes in special cases. In committee a member Is linited to two speches, neither to exceastralians minutes in length. This is regarded by the Australians as a more practical and democratic method of deailing with the over-talkativeness of Pariiament than in the British House of Commons the closure rule works. to the advantage of the Government of the day. But it has a worse fault than that, for it keeps down the ordinary member. When the In speech lasting ines have spoken, he se able to say all he needs to sa a hour a man sho The more important speeches mad on any question. Asquith and Mr. Balfour, in the 1910 campaign were each compressed inside the limits of half an hou of thoroughly condensed, meaningful talk. The right of a mender of Parliament to rise in his pace and speak the people he represents But the right of a few men to bore away from him. .alking frequently and excessively is in need of curtailment. In so speaking they are imposing an abuse on their fellow-members and on the country. There is altogether too much speal ing at Ottawa. The trouble is not so much that too many members speak, as that some of them speak too those who do speak, most spead oo speech, until he has does not think that he has made a speech, until he has
been on his feet two or three hours. A member will been on hisfeest five, talk until six, when the House rise at hail-past that after eight o'clock, when the House
rises, and feel the resumes, the night belongs to him. In the half hour before dinner he will searcely have indicated the drift of his purpose; he is merely holding the floor for evening use. The excess of talk at actawa is costay Parliacountry, not merely in the fact Canada thousands, but
ment nent sits costs the peoplood of talk swamps the publi business.

## FROM A TEMPLE TO A MODEL FARM

In China, which the world knew for so many enturies as the land where people worshipped the past and were unchangeable in all their ways, a great not many months ago to be an Empire and became Republic, change has been following rapidly upon change. The old order is being dealt with rapidy
The latest news about the new regime is that the vast The latest news about the new regime is that the vas and famous temples at Peking, atitang acount. The Temple of Earth is to be converted into a model live Temple oftablishment, the Temple of Agriculture though this seems less revolutionary-into an experimental station for forestry, and the Temple of Heaven into a model farm. Of all that Peking contains that is pieturesque or impressive, decares a she beauty journal, there
and majesty of this temple. Its main altar has for ages and majesty of this tenple. As China. Other temples in
been one of the wonders of Che (llina, we seri, may offend by their grotesque and cren territym, mages, but the Tenple of Heaven is A.seribed as prely heautiful. Here it was that the
3.miferors, Sons of Hearen, unfilingly dil sarcifice at crean seasons of the year, thus making atonement for


解 farm?

## PGERS AND COURTESY LAWS.

Toronto paper, which predicts a considerable igration of the peerage to Canada, calls attention to he fact that members of the Dudley and the Seymuisiamily of the Hertford branch are the aresto society. tions to the blue-blooded seisorats are as welcome Good, clean, hard-working aristocrats as commoners; out the titles to which the Toronto journal refers, namely, Lord Somers, Lord Hyde and Lord Seymour name meroly courtesy titles. The gentlemen in question are not peers. They cannot sit in the this country are Some of the courtesy Lords now in this country are heirs to ancient tittes and will by-and-by become not in but the greater number are yomily title and estates. The eldest son of an Earl is a Lord by courtesy, and the other sons are Honorables. All the sons of a or a Marquis are Lords by courtesy, but in the case of the younger sons the title does not descend, and the grandson of a Duke becomes a plain Esquire When the present Duke of Argyle the husband of Princess Louise, was but it was only a courtesy title. In all proclamations and other state documents his name appeared monly "John Douglas Sutherland known as the Marquis of Lorne

## AS WE THINK, SO WE ARE.

The idea that thought is an active force is no new heory. Many philosophers have expound od life. Our of the vital principles of the true gospel or ite. As we condition is largely what our thoughts make ice. And every thought increases our think, so we are. And every though intily weaker. Thental strength, or helps is said to be nerve-wracking. If one were Thus anger is sais tomper often enough, his brain migh oceome so seriously affected that he would go mad Worry is debilitating. It saps the life-giving force, and makes one old before the proper time. Envy is demoralizing. It attacks the whole system, and iocapacitates one for any kind of useluterious emanations anger and worry and all onvy has no good purpose to perform. It is nothing more or less than a turing the poison. You might envy another person during the progress of an entire lifetime, and you would get no good results from it

## about captain vancouver.

Some interesting facts in the life of Captain George Vancouver, after whom Vancouver Island, Fort Van couver on the Columbia here been made public by couver have been named, have been made pubhic by
Mr John T. Walbrau of the Fisheries Protective
Service at Victoria, B.C. Vancouver sailed with the service at arctoria, B. . . naval cadet in 1772 . Tha
famous Captain Cook as was the second of Captain Cook's great voyages of exploration, and as the result of his discoveries in th Antarctic Ocean during that voyage he was able to draw a map of that portion of the globe which cabse quent, knowledge has not greaty 176, Vancouver being till with him. Its object was to explore the wes coast of North America, and the geographical know ledge acquired on that voyage by Vancouver was useful to him when in 1791 he was selected to command a squadron sent to safeguard British interests of a teri and that bears his nane. set him free to explore the orial dispute with spaiy set him free to explore the oast northward, and in 1793 he was engaged in that ork when Alexander the coast. The two famous ex locrers, it would appear, were entirely unaware that they were so near each other

## ROUGH DIAMONDS

We say of a true-hearted genuine person, who outwardly unat tractive and unpolishcd that he is the genuin
rough diamond." Needless to say, it is the inward substance, not the exterior, that is important But the exterior is not unimportant. One who adds to his strength and courage the qualities of tactful courtesy has a power for good that is neatly ide, but the fruit of ners, as Tennyson says, noble mind." Far from being at mark of weakness, they are the sign of strength and dis tinction. The great American painter, henry engeg on his most important historical can :as "The Corona-
tion of Edward VII.," which required ittings from more than a hundred distinguished personayes, the most considerate of them aul were, King Eward and
Queen Alexandra. "Be courteous" is a Bible vommand, and it is also a dictate of co

## AN INVESTIGATOR FROM WASHINGTON

The movement of population from the States into this country is a matter which the Government of th United States has sent out a commissioner, to investigate and reponth, it appears; and inasmuch upon his duties last neader to discover, among othe as he is instit is that the settlers from the United States things, why try prefer this country to the United State in this country prengly interesting to learn what his report will say. Meanwhile it is be olintment days after the news of Mr. Ferrer item telling of the into the papers, there was Bedenbury Saskatchewan, organization of a club at sicon in Canada, with the to be called the American object of encouraging
States into this country

When tranns did not run in the dark.
Aroilway official in Winnipeg, speaking to the PhilA railway official in
abher about the constant advances made in railway suipment and methods of operation, remarked that it is a thing not generally known that the man is still iving who began the running of trains at nicratic candiHenry Gassaway Davis, who was the Statecin 1904. He date for vice--Presty first year. He began work as a was then in in 1841 was soon promoted to be a conductor, and showed such energy in olearing up a wreok that he was given a passenger run; and five years he waig traffic manager. In those early days of railroading, trains ran only in the hours of daylight. Mr. Davis began experimenting with the operating of rains that night. It did not take night just as well as by day. It makes us realize how close we still are to the beginning makes us reaileration, when we know that the man who originated the running of trains after dark is stil living.

## the yellow men and australia.

In a remarkable article in the National Review, Mr. George Gascoyne declares his conviction hat the size Australia-a territory two and a half times the size of France, with a seaboard or ind forever for the colored navigable rivers-is destined forever for the coolicy of a white Australia," he writes, "it is my unalterabl conviction that the north can never be developed and conviction thites. The pale, drawn faces of the women of the coastal districts of northern, Queensland are surer testimony than all arguments." Northern Ausralia has at present throughout al half of whom are hale adults. The colored races are at present rigidly male adults. The colored races are aution which Ausexcluded from Australia. ans anxiously asking is, "How long can this policy be maintained in respect to the northern part of the island continent?"' The awakening of Asia intensifies the problem. Only field wher indian coolie, as experihold northern Australia. The In is prone to quit field ence in south Africa has shown, is prone If the door is opened, it seems that it must be opened to the yellow openes, And Japan and China are already casting eyes
races.
towards that Naboth's vineyard of northern Australia.

## IN REGARD TO HEREDITY

British journals are still discussing the problems of heredity, which were brought so prominently before the wy the Eugenics Education Society Some curious fact and theories are being set forth and discussed. A leading Italian physician, Dr. Antonio Mauro, of Turin, whe has made a special study of criminals at it is the chil holds as he parents who are the most addicted to dren of young parents who are the most aidicto their inhherited tendencies, the love of pleasure, revel and
idleness, which are characteristic of youth., He goes on to say that swindlers are an exception to the rule, as thit class of crime belongs to riper years. The ohildren of aged parents, according to this Italian theorist, are more given to crimes of personal violence. Alat. Among he notable facts that have been brought out is that in Denmark, Siveden and Holland during the past half entury the average heig't of the : dult has decreased hy over an inch. Professor Whetman, of Cambridge, drances the theary that the supremacy of the western nitions depends upon the tall, blue-cyed and far haterd people dominating the short, dark members the
the community. But, when all's sai 1 and done, is arn qulv dimly apprehended. Luther, Napoleon, furnish striking mroof of how absolutely inserutable ar armins string proof of how absolutely the coming
then workings of heredity in regard to and leaters of humanity.

## PARTY NAMES

There would be nothing surprising to a Canadian in the fact noted in our leader columns yesterday, that represents no great change of national policy from that of the late goverment while in office. In Canadian politics the words "Liberal" and "Conservative" parties are much more democratic than avêrage Engparh Conservatives, and neither is as democratic as the modern English Liberal. The Conservative party, by the way, does, or until lately did, calt itself the
"Liberal-Conservative" party. As a rule the real dif-"Liberal-Conservative" party. As a rule the real dif-
ference between the two Canadian parties is on some ference between the two Canadian parties is onderlying
definite matter of practical policy, not on under political principles.-Manchester Guardian.

## A NOVELIST-STATESMAN AND CANADA.

The fact that the name of the author of "The Last Days of Pompeii istory of this country is re is called by a recent "Fifty Years Ago To-day" item in a Toronto journal, to the effect that it was hoped a that Sir Edward Lytton Bulwer might again become Colonial Secretary, and that if he did the North west Territory would soon be "opened." The great of Lord Derby in 1858 and 1859, when the discovery of gold had brought an inrush of adventurers from California into British Columbia. Those goldseekers had little or no respect for law when they arrived. But Governor Sir James Douglas, Chief
Justice Sir Matthew Begbie, of whom many remarkJustice Sir Matthew Begbie, of whom able stories are told, and the Admiral of the small able stories are Esquimalt, governed the rough community strongly and enforced British justice. And Sir Edward Bulwer, as Colonial Secretary, backed them up in their constantly autocratic manner of preserving order. The outcome was greatly to the
advantage of British Columbia, with which the Isadvantage of British was consolidated in 1866, the year that Sir Edward Bulwer entered the House of Lords as Baron Bulwer. The reference to the "opening" of the Northwest Territory is in regard
to the fact that in the long controversy over the to the fact that in the long controversy over the throwing open of the prairie empire owned
Hudson's Bay Company to settlement he had taken the popular side against the Company. What might have happened had he resumed the post of Colonial Secretary, as seemed likely in 1862, must be left to conjecture; what did happen was that with Ontario Quebec, Nova Scotia and New Brunswick as its four Quebec, Nova Scotia and New Brunswick as its four
years the Dominion purchased the Hudson's Bay years the Dominion purchased say, Western Canada between Ontario and British Columbia-for $\$ 1,500$, 000 , and the province of Manitoba was created and British Columbia taken into the Dominion as a prorince. Towards this r.

## ON TIME.

Cultivate the habit of being on time. It's a good thing for you. It's a good example for others. . It's an expression of order, arrangement, precision, an exact commercial and social science My friend George H. Stuart once said, in reviewing his Sunday schoo work:-"I was very particular in securing godly teachers, both male and female, requiring in all wh taught in the school what I called the six p's which would lead up to a seventh. These six $p$ 's were, first, piety; second, preparation; third, punctuality; fourth, patience; fifth, perseverance; crownth p, promotion,
sixth, prayer. In the end the seventh sixth, prayer. In the end the seventh p, prome"
weuld come, though this was not to be sought."

## NATIONS AND NATURAL INDUSTRIES

We could make the growing of oranges in Canada ań important industry by levying prohibitive duties on foreign oranges. But it pays far better to grow grain, and make dairy products, and raise cattle, and catch fish, and fell trees, and saw lumber, and trade any of them in return for oranges. Nations hatural natural industries judvertiser

What Shall a Man do for his Wife?
(Continued from Page 3.)
that they were unable to recognize old friends who that they were unab in their Oriental dress. A little sat across thesting the procedure and the backgroun of the fete should, however, be attempted. Driving up in the carriages, a beautiful hedge was the gateside by the hydrangeas. They reached from the gatere way to the entrance, for where none grew hydrangea inserted, placed there were placed, and in the blue bushes, pink blue lights were placed. Lights also twinkled in the trees and the moon was shining the house was surroumded by Oriental arches outtined oy bubs in Oriental colors, red and yelow, and from
the arches huns baskets filled with flowers in red blue and yellow. Everything was Oriental except the pink and blue hydrangeas, and these in thei soft contrast seemed suygestive of the hostess, whos pink and blue evening gowns at the opera hair New York are exquiste with her biver that ank and
Passing along the pathway fined by the pind Passing along
blue bushes, all the great potentates with the $c$ heavy blue bushes, alt the greit
turbbans, and the fasininating creatures with harem veils found their way to the dressing rooms at each side and then to the rom at the left in which they were reeived. In spite of the magnificence or to say costumes many of the men had much morey wore. about what they ate than aboun wime madriene,
The supper menu $i$ included consomme


glace ananas, gateaux and cate. display was that it The one good feature of this display was that the working elasses, but how many ives coun the expen brightened, how much sorrow ightene, if the expen diture had been made in other ways.

## the IIqUOR QUESTION.

Perhaps it is a good thing that we do not all see things in the same way. One of the leters reecived during the month brings us to task for views expressed on the selling of hiquor. heriere if on ties in the production of an artide wlich if compelled to be manufactured pure woul not intoxicate," I wish the correspondent would send along a little. If he means unfermented grape fuice his contention will be granted, but did any bar room Western Canada ever offirer spirite second sentence had not intoxicating qualities o d eecond it to the reads, "hy shond
benefit of themselves be deprived from geting it by a
den law which over rules the present iaeet as a medioine is in two parts, 1 . Does liquor except as a a med ever benent anybody? 2 . In matersy
 individual will must be suboranata thew refuse into
willy
We do not permit a man to Wiss back yard-the community has something at his back yard mater. We caanot permit that which
stake in the mate is the parent of viee erime, family ruin, and anmauliness to fourish in a a community even ene ind wish iti. An indiviual has no
the rights of his fellows. As part of the social or
It the rights
ganism he must keep in tune. If he goes wrong ho
No man can be $a$ law to

to | $\substack{\text { puts ever } \\ \text { limself. }}$ |
| :--- |

## Midwinter Fragrance! (idsummer in the home at Christmas with a few ohoice bullos if you

There is no decorative scheme for cottage or mansion that will ever match NATURE'S WORK.
GET OUR CATALOGUE (free by mail) and order NOW from our new delivery of Tulips, Hyacinths, Narcissi, Freesias, Lilies (including the Chinese Sacred Lily) Scilla Siberica, Crocus and Snowdrops, etc.

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Nothing can take the place of these splendid flowers for indoor Winter cultivation or out of doors in the Spring-but the bulbs we offer cannot be obtained in Spring.

## Western Teachers in England.

Written by one of the party for Western Home Monthly.
Every day, verily every hour in Lon- $\mid$ completed a glorious day. We knew

Every day, verily every hour in Lon-
don, brought forth something new to sight, for even the paving stones on the streets are historic. Of course, we attended the Conference and met our professional brethren from the remotest parts of the Empire. Mrs. Orde for our entertainment. Visits to the Parliament buildings, the Tower, and many other places of interest were organized for our benefit.
The Tower was particularly interest ing. We stood on the spot where Lady Jane Grey viewed the meadless body of her husband returc marked the , we saw the spot which marked
tion of the same hapless lady and Anne Boleyn. And in St. Peter's Chapel we saw the tombstones of these, and many other people of note, who had been overtaken by the same wretched fate. Raleigh's cell was visited, a miserably small one, hewn out of the thick, stone walls. Nevertheless,
obliged to pay $£ 18$ a week for his board and lodging there and after all which he had done for his country he met the common fate. At the end of the same corridor stood an effigy of Elizabeth, mounted on horse, and attended by a page. Her finery was grayed with dust
and age, but both figure and face still and age, but both figure and face stil
succeed in impressing one with the succeed in imprest spirit of the woman. If she could only come back and lead the win.
Down into the dungeons we went and viewed the instruments of torture-the rack, the thumb-screw and "the scaven
ger's daughter." How hard it was for ger's daughter." How hard it was for
we twentieth century Canadians to realwe twentieth century Canadians to real-
ize that sach thangs had really been! ize that such things had really been!
The cell of "little ease," four feet each way, into which many prisoners-Guy Fawkes among them-were kept for weeks without light and very little air, after having been submitted to various excruciating tortures, was of itself
sufficient to make even the bravest consufficient to make even the bravest con
fess anything in order to be freed.
Of course, we rode about on the "busses," always on top if there was
room. We "shopped" and took an inroom. We "shopped" and took an in-
sufferably long time to count our change. sufferably long time to count our change.
We walked through the parks; we tested the politeness and perhaps the endurance of the London policeman, and we admired the flowers, and the London flower "girls," as they are all called, be
they old or young. One and all we enin or young. One and all we en joyed while we were
left we loved London.
One day we spent at Aldershot. Officers met us at the station, escorted us down to the military portion, showed us
the monument of the Iron Duke in order to infuse us with the correct spirit, as it were, and then took us over to the fielo to view the manoeuvres. It was most interesting; cavalry and infantry were both taking part. Time and again we were right on the firing line and several of us were "killed" a number of times. it for some time, then we went to inspect the camps. We were taken first to the officers' mess, where we were refreshed with lemonade; then on to different camps where everything was quite "soldier shape" and orderly. We
watched the camp cook for a few mowatched the camp cook for a few mo-
ments, then went to a delightful luncheon ments, then went to a delightful luncheon
prepared for us in the gymnasium. Lady Haig, Lieut. and Mrs. O'Malley, all honored us with their presence. The room and tables were resplendent with military decorations, whilst several bands played Canadian airs. During the afternoon we visited the soldiers' recreation
rooms, where Tommy Atkins plays bilrooms, where Tommy Atkins plays bil-
liards, reads or otherwise amuses himself. The hospital came in for a share of our scutiny. Here there was a class
of teachers just about to graduate and be sent to different military stations called us all back to tea. A lowely walk across sporting grounds brought with th
the aeroplane sheds. After examining this portion of the military equipment we walked up to Farnhorough and to
the train "home" to
more about military life and certainly had a
before.
Saturday, July 20th, saw the southern party embark from Liverpool on the S.S Meroe. London to Liverpool seemed one immense garden; only repeated tellings could make us remember that these smal divisions were actually fields. Liverpool reached, we drove down
was scarcely a pleasant drive, but it was a memorable one. The district was on of squalid poverty, and sympathy was freely extended to the dock hands even by those who do not believe in strikes. Once on board the steamer it was very interesting to watch the cargo being loaded; linens and flour for Alexandria and several large engines for Algiers About six p.m. all was ready, and we other steamers and left the Mersey beother steamers and lere many light-houses and other vessels to watch until the sun went down.
It was cooler than we had expected to find it, and we were glad of our heavy wraps. A few white-caps met us as we soon forgotten in watching the snowsoon forgotten in watching the snow-
capped mountains and quaint lightcapped mountains and quaint light-
houses, some of which had been old monasteries, that were scattered along the coasts of Spain and Portugal.

* About 4 a.m., July 25th, brought us through the Straits of Gibralter, and we were anchored in the Mediterranzan before that mighty fortress. As soon as Greakfast was ender which had been kindy placed at our disposal by our host of he day, the Governor of Gibralter, and sailed across. We were met at the dock by a number of officers who escorted us through the store houses and machine shops of the garrison. Then on to hackney coaches, a kind of cab seating four and canopy topped. We were then
driven some distance. Then began our ascent of the galleries, vast subterranean passages winding around the mountain with openings bewn through to face the water. These were of various sizes, but all large enough to hold at least one good sized cannon. One of these was named St. George's Hall and was quite a fair sized cavern, fortified by six large carr-
non. In this hall Nelson had his dinner the evening before Trafalgar. The galthe evening before Trafalgar. The galcarefully locked after us, and here we had a good onportunity to observe military precision and care.
ride throu treat in store for us was a train used the mountain in a special sions. From this side we could see the tops of the vast reservoirs used for ing the dry season. Afterwards we were taken down inside one of these reservoirs, which was 51 feet deep and capable of holding tons of water.
The tender took us back to our own boat for lunch, and the afternoonnwas
spent in driving around the mountain spent in driving around the mountain,
walking through the Alameda Gardens and sceing the beauty of semi-tropical vegetation even in its "off" season Orange trees, lemon trees, date and fig trese, pepper trees, mimosa, accasia, ar-
biscus and many other rich and fragrant blossoms delighted us. We viewed the rock fortresses, dock and town from every possible point, but I think the journey through the rock and the climb around the galleries did more than any mere view, or any cold statistics to give
us an idea of its strength and greatness The Governor's palace was opened to us and we viewed the old chapel connected with it, which in olden times had been Roman Catholic one.
and then beneath the ligt for shopping and then beneath the light of a glorious
moon we were brought back to the S. S. Meroe with our minds full of the splendid day which we had enjoyed.
For some time we could see the north coast of Africa, then once avain we were
out on the open sea, this time the blue Mediterranean, which is beyond descrip lion and constantly brings to mind "th

This is one of the most handsome and useful Newspaper Premiums ever offered in Canada. These lamps have been manufactured specially for the Western Home Monthly by one of the largest makers in
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THE WESTERN HOME MONTHLY WINNIPEG

CANADA

## The Western Grain Situation.

The Annual meeting of the Winnipeg |lo
Grain Exchange was held on September
loth, and reports of a very gratifying
Immigration and opening up of the West. nature were presented from all depart- The rapidity with which the great ments. Mr. Donald Morrison, the retiring president whose term of oltee proved
so beneficial to the Exclange and so acso
ceptable to the members, occupied the chair, and his report, which we have pleasure in presenting to our r

President's Address.
Following the usual custom of retiring presidents it is my privilege at this time to be permitted to make a few brief remarks regarding some matters
believe you are all interested in.

## Council.

At this meeting you will be presented At this meeting you will be presented
with a very full report of the proceedyear. They have had many meetings and devoted a great deal of valuable time to the consideration of matters af-
fecting, not only, this Exchange, but the fecting, not only, this Lxchange, but the
grain lousiness in general. I feel that grain business in general. Inat feel that
1 am justified in saying that of the success of our Exchange is due to the work of the men who have always composed the council, and that we shoud their unselfish and arduous services.

Last Year's Crop.
It gives me great pleasure to have to report that the last crop was the largest ever handled in the West, notwithstanding fears expressed a year ago that
might be otherwise. might be otherwise. Grain Inspection Division for the year
ending 31 st August, 1912, and for the corresponding period of the previous year are as follows:-

|  | 1910 | 1911 |
| :---: | :---: | :---: |
|  | Bushels | Bushels |
| Wheat | 87,618,950 | 145,937,700 |
| Oats | 26,351,100 | 53,141,100 |
| Barley | 2,554,800 | 6,301,200 |
| Flax | 3,216,000 | 7,190,000 |
| Rye | 17,000 | 35,000 |

Total .......119,757,850 $\quad-\quad-12,605,000$
As you are all aware the handling of this crop was an enormous undertaking,
not altogether owing to its bulk, but for the physical condition a great deal of
it was in, owing to tha unfavorable weather and inability of thie railways to speedily handle it. I do not desire to criticise the railways unjustly, I believe they did all they could with the facilities
they had. The trouble seems to have been that they lacked the
facilties they should have lad if situation. If they had put their grain freight rates to the South into effect earlier in the season it might have saved a great deal of grain. In connection with
this, it might be well to say here that I am informed the newly appointed Grain Commissioners are now taking steps towards having this special rate placed in effect early this season so as to prevent a recurrence of last year's los.3. It is
hut fair to say, however, that the conprecedented. A great quantity of grain precedented. A great quantity of grain
stord in the fields in stonk all winter and that it kept so well was a surprise on many; lowever, it appears to nave ing it to heat when landled this spring find summer and serious loss was railways can be accused of causing this hoss is a question, for the railways, like individuals, have their limitations and may have done all tha+ was po,itle the means at their disposal. It is not likely Wher railways will ever get to the point raiways it will be possible for them to
re all the crop in a few montl.s; even all the crop in a few montl.s; even
were. it is exceedingly question from an economic standpoint, if
producer would be benefited: and, oninion, it would be the reverse
he larger the stocks in sight the
anadian West is being opened up is one
of the marvels of our age. What the of the marvels of otur age. What the
low oxen did leisurely a few years ago is now being done speedily by the tireless steam and gasoline engines. Go where you will to-day in the West, you
will see a great many of these engines, will see a great many of these engines, pulling, not one small plow, as in olden
days, but many plows, and each one days, but many plows, and each one
very much larger than the oxen used to draw.
Under Under these conditions, one might be
almost startled into thinking that it almost startled into thinking that it
would only be a minter of a few years would only be a mister of a few years
until all our available land was brought unter cultivation and that consequently we would soon reach the limit of our ability to provide food stuffs for those not so fortunately placed as we are.
How little we need fear in this direction maw be gathered from the following review. We have prospects this year of a crop of some $200,000,000$ bushels of wheat, $200,000,000$ of oats, $12,000,000$ of flax, 48,000,000 barley, besides other products raised on barley $35,000,000$ acres
now cultivated. This is practically but now cultivated. This is practically but estimated that we have approximately $350,000,000$ acres capable of being
brought under cultivation. Surely with brought under cultivation. Surely with
such wonderful possibilities we are justisuch wonderful possibilities we are
fied in having the utmost confidence in our heritage, confidential that we will rar heritage, conough food stuff to supply the United Kingdom (indeed even this year we are approximately able to do so)
with all its requirements, and have with all its requirements, and
plenty to spare for others. plenty im spare for others. the West is enormous and increasing yearly. This means greater production and greater
prosperity for the whole Dominion These settlers raising grain will require machinery, clothing and other artsup plied to a great extent by people in other parts of Canada. Thus the cultivation of our prairies will give employment to vast nu
vicinity.

Railway Extensions.
The railways are trying hard to keep pace with the development of our West, and find it difficult to f 路. of labor being largely Notwithstanding the various difficulties, you will be interested to know that in our three prairie provinces alone, the various railways have added, or are adding,
their mileage as follows: The Canadian their mileage as Company some 580 miles of new lines last year, and has under construction some 870 miles more This company has a'so so that it now deal of double track all the way from has double tracks William.
The Canadian Northern Railway Company has added about 380 miles during this past year, and has under co
tion some 600 miles in addition. tion some 600 miles in addition.
The Grand Trunk Pacific Railway The Grand Trunk Pacific Railway
Company expect to add about 600 miles to its system, and has, in contemplation quite an extension to its branch lines. New Grain Act.
We will be working this season under the new Grain Act. This act is largely based on the old Manitoba Grain and
Inspection acts, but has some very imInspection acts, but has some the new Grain Commission, and the austion practically vested in it our present methods of doing husiness, such, as the permission to mix grain, which makes a sample market practicable and possible. One of the principal changes in the Inspection act
in connection with flax seed, several is in connection grades having been added. The appointment of this new Grain There Commission will act in such a manne as will permit the rapid handing of
cars and vessels, and not unnecessarily

## More About The Loading Platiorm

The present generation of western farmers will never know the difficulties and vexations experienced by their predecessors in the earlier years, when no one could get a caroad
of grain shipped in bulk except by loading it through an of grain shipped in butor the system forced the majority of farmers to sell their grain to the elevator owners at arbitrary prices, and oftimes to submit to heavy dockage and other annoyances, ausing continual dissatisfaction. Now, tion of cars as fixed by the Grain Act, and oading platform, provide fachities whe disposal of his grain, and the highest market prices at time of sale. Every farmer therefore, should more and more endeavor to use the loading platform in shipping his grain to the terminal elevators. is the safeguard of the farmers freedelf. If farmers refrain grain to the best advantage form freely, it might result in its
from using the loading platform being done away with, because railway companies and elevator owners are strongly opposed to why elevator people desire the loading platform aboished. The railway people on their part say it delays we know to be cars and helps to cause car shortage, nonsense, because frequen or other merchandise, they are sidetracked for days and even weeks instead of being promptly moved forward to their destination. which mostly cause grain shortage of competerilways, and not lack of cars. Let every
blockades on the railw farmer, therefore, do all he can to use the loading platform farmer, therefore, and become an independent shipper. In subsequent advertisements we will state in detail the savings and other advantages of direct loading into cars as compared
elevators. elevators.
We handle the farmers' grain strictly on commission; make liberal advances on car bills of lading; supervise the grading at time cars are inspected; secure the highest prices at time of sale, and make prompt returns when son.

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| emferences: ank of Toronto, Northern Crown Bank and <br> Commercial Agencles. |  | 711w Grain Exchange, WINNIPEG |

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handicap the trade. The period during which navigation is open after the new which navigatioly is so limited that it is : of vital importance that every facility commensurate with protection to grain owners be afforded the shippers, and at the same time that left much storage room as pores ase after navigation close.
for

## Sample, Matket Coming

At the present time the intention of At Grain Commission is to put such regulations into effect as wilt permit of a sample market being established here beginning 1st September, 1913: This is beyond question one of tre most important events that has ever transpired in in the West. It is going to make it possible for the individual grain grower to sible for the full market value of his grain independent to some extent of the general government grading, and the farmer will obtain the first benefit from this system, new here, but not in other mar-
kets. We all know that there is to-day kets. We all know that there is to-day
good 2 Northern, and 2 Northern also good 2 Northern, and the legal requirethat barery possesse. Under our present ments for that grade. system price, because under the present
same law the various qualities of the same grade are unloaded into the same bistem the good 2 Northern is going to command \& premium over the ordinary 2 Northern, and the owner of the grain is going to get this premium; no mistake about this. I have sold grain by sample in markets where this custom prevails, and know, from my own persona, experience, that no derive benefits from the sample system, the owner who sells his grain on a sample market gets the first grain on a sample marse the opportunity of selling grain by sample is not going to remove the grading system; we shall have that in addition, so that weing able be placed in the position of being able to sell grain by sample or by grade, whin the best results. I have heard fears expressed of the effect of mixing on prices to be paid to us by the foreign buyers, but so far as I can see there is no ground for any apprehension. The Government sets its standard for each grade; and buyers will pay according to
such standard as they have always done such standard as is absolutely no ground for doubt that the Government inspection out wil not be as faithfully adhered to as the inspection in, thus doing away with al dangers from any undue lowering the grades.

## Storage.

The question of storage room for grain is always going to be an interesting and important one in the West. The agitation for government ownership of both terminal and country storage, whirs, has resulted in quite a shortage of this most necessary accommodation, private intal, enterprises, when confronted with the possibilities of being at the mercy of politics and politicians. Indeed it is difficult for one to get away from the feeling that the advocates of government ownership are not directly responsible for the serious lack of storage room This agitation produced one result at least-the Province of Manitoba buying up the great majority of the country up the great majority of the country sult has been anything but satisfactory from a financial standpoint. The Manitoba ${ }^{\circ}$ Government's experience will -un-
doubtedly be of much benefit to the other doubtedly be of much benefit to the other
provinces in keeping out of similar exprovinces in keeping out of similar ex-
periments and losses. Saskatchewan has already benefited by adopting a plan which is on an entirely different basis.
The business, which is conducted by the Saskatchewan system would appear to be conducted along good business lines. .The Dominion Government has let a contract for the construction of a large terminal elevator to be built at the lake
front and which is to be ready in time to handle the crop of 1913. The result
of operating this plant will give the of operating this plant will give the
Government a good idea of what is adfarms.
visable to do in the future, in the of providing public storage for grain. through one source or another ample through one source action will be provided
storage accommodat in the future. It would seem as if farmin the would, for their own protection, provide more initial storage on their
As indicating the growth of the grain business in the West, it may be of interest to you an elevator storage capaManitoba had an elevator bushels, while
city of only $10,300,000$ b city of only last season it had $22,400,000$ bushels. The Northwest Territories, which in cluded the present provinces of Sas katchewan and Alberta, had storage capacity of $2,400,000$ bushels in 1900 1901 against which $29,300,000$ bushels and Alberta $9,800,000$ bushels, or a total of $39,100,000$ bushels for the two provinces, making a grand total of about sixty-one and a half million bushels country storage licensed by the Warehouse "Commissioner for the last crop season. In addition to the above Fort were licensed at elevators having storage capacity of $25,700,400$ bushels.
ge capa. New Building.
In 1908 wher the present Grain Exchange building was, erected it was supposed that trade requirements for, at least, ten years had been fully anticipat-
ed and provided for. You all know how ed and provided for. You all know how inadequate it is to-day manly double your office space if would glady double. You will be pleased, therefore, to know that the Traders Building Association, owners of our pre sent building, have prepared plans for an addition which will practically double the present space, besides providing for a room to be used for the purpose or sell of
grain by sample, which will be one of grain by sample, whorld in use for this purpose.
Lake Shippers' Clearance Association. This Association has continued to be of very great benefit in facilitating the handling of grain out of the terminals the season just ended thort Arthur. During hrough their office $134,652,000$ bushels of grain, an increase of some 52,$000 ; 000$ bushels over the previous year, and some $60,000,000$ bushels above two years ago. No doubt some of our old time before wonder how. they ever.got aliliary. The the organization of this Exchange's bureau (which is operated by the Lake Shippers Association) of all warehouse receipts issued by the terminal elevator companies, the expenses involved being paid for partly by the Dorminals Elevators, and partly will be dis. will be done this coming season by have adopted practically the same system as has been heretofore in use.

Commission Rules.
For many years there has been more or less difference of opinion regarding the commission rate on oats, many
believing that the present charge of lc. per bushel is too high; it would also peem as if the rate of le. per bushe commission on flax seed is not sufficient, considering the value of this product. A committee was appointed by the Council to consider these matters, and
you will be called upon at tis meeting you will be called upon at this mee
to pass on their recommendations. I consider the living up to this commission rule, as well as all our other rules, most important for the welfare of our Association. Many complaints of the infringement of this commission rule particularly comes annualy bet the our council, and it is difficult to get the many of these complaints are unfounded and perhaps injury is done to members who are innocent and who are living honorably up to their obligations to the fellow-members. It is the intention in the future to investigate such charges by a different method from what has prevailed in the past, and towards this very desirable end you be asked to vote on a proposition
supply the secretary's office with such help as will enable our council and of ficers to discover and to discipline any
members who may be guilty of depart-
ing from the spirit of these rules. ${ }^{\text {a }}$ a partnership with some other pioneers,
ing from thes were made to put all on an equal footing, and I sincerely trust that no member win dollars made by evadine sake of a few dollars made oy evalit the spirit of fair play and living up to
the spirit on our obligations to one another. On the our obligaione test harmony has pre-
whole, he great vailed between the members of the E.x-
change during the past year, the differchange during the past year, the
ences that have arisen between the ences that being settled in a aplendid
members spirit of give and take, has been con ing a sedeander most difficult and vexa. tious conditions.
I feel under personal obligations to
int esteemed secretary, Mr. Bell; his our esteemed secretary, Mr. Bell; his
long experience connected with the long experience connected wis so freely placed at my disposal, has made my pask as president much easier, and I take this opportunity of expressing my appreciation of his.
In conclusion, permit me to express my appreciation of the very great honcr you did me in electing me president of our Exchange and to thank the members for their kindness and courtesy during my term of office. My special
thanks are due the members of the thanks are tue the monsideration and forbearance.

New Officers.
The offcers for the next twelve months are:-
President-Andrew Kelly; vice-presi-


Mr. Andrew Kelly, President, Grain Exohange. dent-A. K. Godfrey, secretary-treasurer C. N. Bell. H. T. Swart (Zenith Grain Co.). John Fleming (Alex. MiFFee \&
Co.), (I. R. Crowe (British Empire Grain Co.), (i. R. Crowe (British (Lake of the Woods Milling Co.), W. L. Parrish (Parrish \& Heimbecker), Donald Morrison (Donald Morrison \& Co.), A. C.
Ruttan (Jas. Richardson \& Sons), J. C. Gage (Consolidated Elevator Co.), W. E
Milner (Maple Leaf Milling Co.), Geo Fisher (Scottish Co-operative Wholesale Fisher (Scottish Co-operative Mhosesal \&
Society), S. T. Smith (Smith, Murphy
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Parrish, A. R. Hargraft, H. N. Baird, F. Parrish, A. R. Hargrat, H.
N. McLaren. Committee of appeals-Thos. Thomp-
C. McMillan, E S. Parker, S. l?. Clark, S. A. McGaw, S. Spink) E. W. Kineland.
Mr. Andrew Kelly, the newly-elected rwident of the Winnipeg Grain Ex-
diange, is one of the most familiar figuges in the Canadian Grain trade, havung been closely associated with it all hi

Rirn in MeGilvray township, Ontario 1852, he spent the early years of his
farming. When about twenty-four entered the grain business at St 's, Ontario, where he continued un came West to Brandon early i
Shortly after arriving he forme
partnership with some other pioneers,
milling business
the mmencing in under the firm name of Alexander, Kelly
Sutherland. This organization coninued until $\dagger 890$ when the A. Kelly Milling Company was incorporated, which concern subsequently lost its dentity in the Western Canada Flour nills Co., founded by Mr. Kelly in cor with S. A. McGaw of the then
netion wis. Manitoba \& Lake Huron Milling Co., of Goderick, Ontario.
Since the organization of the Western Canada Flour Mills Co., Mr. Kelly has occupied the position of president. not only in the gras Mr. Kelly had a distinguished career, but also in the field of municipal affairs. For several years he took an active interest in civic politics at Brandon, of which city he was twice elected
Mayor by acclamation, holding this office dayor by acclamation 1890 and
A thorough Westerner, with a clear vision of his country's needs, agriculturally, industrially and financially; his advice is sought on these topics ly those
interested. He enjoys the distinction of interested. He enjoys original members of
being one of the or the directorate of the Great West Life Insurance Company, a position which he still holds. His monetary interests are wide and varied, covering the entir field of Western financial endeavo.
His appointment to the position of His appointment Winnipeg Grain Fxpresinge is one of honor, well earned and thoroughly deserved, as in addition to being one of the leading men conjeys the with the grain trade, he also enjoys the
knowledge that he is one of the oldest, knowledge that he is one of the oldest, change actively engaged in the grain trade of Western Canada, having actually participated in
every crop since 1880.

## Woman's Rights and Bad Bread.

No woman has any right to offer her husband heavy, sour, pasty bread when she can avoid it by uoung grocer for a 5 c Yeast Cakes. Ask your grocer for $a$ free
package ( 6 cakes) or send package ( 6 cakes or send
sample to the White Swan Spices \& Cereals, Limited, Toronto, Ont.

A Strange Riddle.
BENE.
A.T.H. T.H. I.S.S.T.
ONERE .POS. ET
H. CLA E. SELLERO.
F. IMP.

TH. HI
S.C.
T.J.A.N.E.

This was greatly valued by the possessor of the stone on which the above was inscribed. It was supposed to reuntil to the roman Emperorelt it out hus: "Beneath this stone reposeth Claud Coster, tripe seller of Impington, as doth his consort Jane."

## Look Like them <br> Mary saw the creases in the baby's feet, and exclaimed: "Oh, des see

## M ade to order.

Guest. "I want some raw oysters They must not be too large nor too Thall, not too sast be cold, and 1 want them quick."
Waiter. "Yes. sir. Will you have Whater. "Yes sir. Will yon without pearls, sir?

One smile can glorify a day; One word true hope part. There are no alms to give away, There are no alms the give
If love be in the heart.

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## The Western Home Monthly

## Fun for Hallowe＇en．

By Mrs．Todd，Cereal，Alberta．
＂Some merry kindly countra fol Thegither did convene Tae burn their nits and pu＇their stocks And haud their Hallowe＇en．＂Burns．

Once again Hallowe＇en or the even－ ing of Hallow－mass，the feast of All Saints，is at hand．Long ago people used to think that witches and eives
were abroad that night，and though we were abroad that night，and though we
in these enlightened days no longer be－ in these enlightened days no longer be
lieve in these＂little people＂，that is no lieve in these＂ittle people，the evening，
reason why whould let the reason why we should
with its fun and jollity，become a thing of the past．Let us keep up the old customs，the old time jollity．Let us
＂haud ＂haud our Hallowe＇en＂as our fore
fathers did on the 31st of October，and

The invitations，like the whole of th
party，ought to be as original as po

but have drawn round them in ink when it stops revolving，he draws out witches astride broomsticks，black cats，the pink card and finds thereon writte and bats．If you are not artistic his partner＇s name for the evening． enough to do this yourself，try to en－ list the sympathies of an artistic friend to do it for you．In the upper right－hand corner have a clock drawn
with the hands pointing to eight With the hands pointing co erner one
oclock，and the opposite corn pointing to 1.30 ，the time the party is to＂skail．＂To make a success of a Hallowe＇en party there must be nothing conventional－everything weird，＂witchy＂ and mysterious．It is nice，if possible， to have all the lighting done by candles and these shaded
shades．When the guests arrive at the door and prepare to knock，to their when they enter there is no one to be when they enter there is no one to be
seen．（The door is opened by one told off for the purpose to watch for arrivals and open it just at the right moment， and then withdraw behind the opened door．）As they enter，a silent figure，clad
as a witch in short，red skirts and tall as a witch in short，red skirts and tall
hat，with a bit of muslin crossed over hat，wreast，comes forward and silently
the bads the way upstairs，opens a bed－
room door，waits，and as silently leads room door，waits，ars again．She leads̀ them to the door of a dimly lit room， which for the＂nonce is labelled the ＂Witches＇Room．＂Here＂goblin tea and＂Elves＇fingers＂are served cauldron witches，if possible，out of fingers are or large pot．and butter sandwiches cut into fingers．This gives all the guests time to turn up．In the corner of the witches＇room stands a large pasteboard circle－the wheel of Fortune．On it surface is a large past paper．The which is covered whe hand remains sta－ wheel revolves，the hand remaist where the end of the hand or arrow comes to are cut little slits and into these a small pink or green ca．d is thrust．On this a young lady＇s name is written The young men are invited to have
curn at cue Wheel of rortanc, ah

## VOLTITE＇S Wondertul Work

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Here are a few of the many uses to which it can be put：－ GOLD VOLTITE can be used for gold－ plating any metal suriace euch as or Toilet Requisites（either plated or ster－
ling．，Vanity Bags，Scissors，Pocket．
knives，Button－hooks，Shoe－horns Pat．
 Cicts，Card and Pin Tray
FILVRR VOLTITI can be used for Silver－
plating any metalsurface except steel or plating any metalsurface（except steel or
iron），Spoons，Forks and any plated ware， iron），Spoons，Forks and any plated ware，
Brass Tap，Fauuets，Platee and Door
Knobs，and and all Braso or Coper ware．
Kne Knobs，and all Brass or Copper ware the Nickel，Copper or or
must first be applied．）
must irst beapplas．ean be used for
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Fitings．A thin application of NICKEL
VOLTITE will prevent them from or irasting． VOLTITE KNIFE POWDER（stool） is especially prepared for repla
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ing all Kitchen and Dairy Utensils such ing all Kitchen and Dairy Utensils such
as Buckets，Milk Cans，Pans，Pots and
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inexpensive - a red felt skirt, black jnexpensive - a reastin, and tall hat. This can be evolved out of pasteboard, a cornucopia being formed whole covered on to a brim,
with black paper.
with black paper. The first game is usualy a These have been written on small scraps of paper and written about the room, drie for each person. They must be elevery conceal-
For example, a simple-looking
wal ed. For example, a simple-looking wal-
pit on the mantel might, on examinanut on the mantel might, on examination, show, the fortune inserted and eut in wo, the halves neatly glued together again. Each one as he or she finds his fortune gives up the hunt and sits quietly till all have been found. The reading of the
2. bit of fun. The burning of the nuts is a symbolic game of Hallow-mass, and may be the game of
next te. If pome. posible, it ought to be
an done in a room with an open fireplace. The nuts are paired, a large one and a mmall one, and named respell "toasted" man are set alight and their progress they are set kathed. Should they burn quetly side by side a happy wedded
life will ensue; should one or other life will ensue;
start apart, there
sill be be a "rift with start apart, there will be a "rift
in the lute." To quote Burns:
"The auld wife's weel hoarded nits Are then and there divided, Are then and there divided,
And monie lads' and lassies' fates. Are there that nicht decided.
Some kindle couthy, side by side, And burn thegither trimlie, Some start aside wi' saucy pride,
An' jump oot owre the chimie.,
The supper table ought to be as sym. bolic as possible. A large paper "Jack $0^{\prime}$ Lantern" might hang from the chan-
delier: From it might suspend strings delier: From it might suspend strings
whereon are fixed black cats (paper), bats, and witches galore. These might all be made of paper and have pieces of stiffer paper glued at back to keep them in shape. The centrepiece matered over the cloth should be git horse shoes (cut from paper) for luck. Red cheeked ap ples in little wooden tubs, nuts in smail grinning "Jack o' Lanterns,", etc., etc.,
while the menu ought to be Halloween while the menu ought to
Goblin pies, Jack o' Lantern cream, Witch cake, Gnc me salad.
Goblin pies are merely little individual pumpkin pies served in a frill of orange crepe paper. A few a goblin face just stuck in to rep
before baking.
Jack oo Lantern Cream could be merely a whipped jelly, with a Jack o' Lantern outlined on it. just befqure serving with melted chocolate.
Witch cake is an ordinary spice cake, but with a ring, thimble, button and coin mixed in the batter. The person who gets these is to be married within a year, a spinster, or bacher
thy respeetively. The witch cake ought thy respectively. Thit wrosting a figure
to lave on its white formen of $a$ witch done in red, and chocolate $\underset{\text { icing. }}{\text { Gno }}$
Gnome salad is dished up in fresh, green lettuce.
After supper there ought to be a story drive in the witches' room, everyone
more weirdly and and realis Next should come the the better. "Three Luggies." To again quote Burn poem on Hallowe'en, than which a bet ter guide on Hallowe'en as it should be kept cannot be given:
"In order on the clean hearth stane The luggies three are ranged,
And every time great care is ta'en To see them duly changed."
The "luggies" (basins) contain clean aater, dirty water, and no water at an. The candidate is led blindfolded up gotting as his fate, marriage with a ainster, with a widow, and no wife at 11. as his luck may be.

The pu'in o' the kail stocks" is not
adhered to, but in Burns' time it

Was the first ceremonial of the evening. Together, hand in hand, lad and lass
vent to the kail yard, where with clos went to the kail yard, where with clos-
ed eyes they sought and pulled their ed eyes hey sought and pulled their
kail stock. Did earth stick to it, that signified fortune, while sweet or sour, as its taste was, so was the disposition of
their future better half their future better half
"The lassies' feat. and cleanly neat, Mair braw than when they're fine, Their faces blythe, fu' sweetly kythe Hearts leal an' 'warm, an' kind.
The lads sae twig, wi' wooer babs, Weel knotted on their garten, Some unco blate, an' some wi' gabs, Gars lassiegs', hearts gang startin!'"
"Then first an" foremost through the Their stocks maun $a^{\prime}$ ' be sought ance, They steek their 'e'en and graip and wail
For muckle anies and straucht anes."

Blind man's buff is also a good old out the candle. A candle is lighted and laced on the table. Each one is blindolded and led up to it. Each unsuccess ul "blow" means one month longer ou matrimony. After twelve unsuccessfu. ed to single blessedness.
ed to single blessedness. have a "Dip for Fortune." Have a large tub filled with bran or sawdust, and in it all kinds of little parcels, made up in paper so that all reel alle. thimble, button
cels contain a ring, cels
coin, scrap of earth (single blessedness), crooked stick (marriage with a widow or widower), bit of dry heather (all kinds of good luck), red cloth (marriage with a solder), bue cloth (with a min ister or doctor), green cloth (with a
farmer). These, if liked, can be put in pumplin pumpkin) just after supper.

## of Course not.

"William," said the teacher of the Sheldon-Chicago school, "you may give early rising. You know the carly bird is the one that catches the worm."
"Early to bed and early to rise
Should make you healthy, wealthy, an wise,
William, aged twelve, evidently didn't think so for this is the essay lee turned But you won't meat many ${ }^{2}$ rominen people."
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## Health $\mathbb{N}$ otes.

## The True Meaning of Exercise. <br> The mode of life, or what is more opularly understood as the habit of

 an individual, has great influence onthe health and duration of life. No the health and duration of life. No
doubt the commonest and largest doubt the commonest and largest of due and proper adjustment of exercise and rest. The maintenance of a healthy proportion between exercise and rest is, no doubt, the exception to
the rule. Exercise is a necessary conthe rule. Exercise is a necessary condition of health, and the best form of congenial occupation. So far as its congenial occupation. So far as in dividual is concerned, it should be of such nature as to engage, in fair pro portion, all the bodily and mental functions and faculties. Now, exer cise or occupation, or work, is some times excessive; it involves too much
wear and tear, and allows only of in wear and tear, and periods for restoration and quently, it is not in proportion to the various needs of the system. The mind may be unduly taxed, while the body gets nothing like a proper ex-
ercise. More commonly, perhaps, the ercise. More commonly, perhaps, the
mind is allowed to lie fallow, while mind is allowed to lie fallow, while
muscular labor is overdone. One is familiar with instances where, after a day of great mental exertion and fatigue, the muscles are still uncomfortably irritable from want of exercise; but one is far more familiar with cases in which, with daily fatigue
from muscular exhaustion, the mental faculties mascular exhy grow very rusty faculties gradually grow very rusty
from want of use. Hence, the "proverbial stupidity of the athlete." It is significant that in its ordinary use the term "exercise" is supposed to refer only to the system of voluntary muscles. But cultivation by exercise in one direction may be, and often is,
at the expense of it in another. No at the expense of it in another. No
doubt muscular exertion involves important consequences beyond those to the muscles themselves, such as its influence on the formation and destruction of the blood, as shown in its ef fect on the circulation, respiration, and
appetite; but, withal, the nobler part appetite; but, withal, the nobler part
-the brain and its functions, the mental faculties-may suffer terribly from want of use.

Variety of Food,<br>Simplicity of diet has been preached

wild honey-the Hindoo with his rice gost's-flesh, have been held as examples worthy of all admiration. The poor, the uncivilised, and those whe for the soul's
would rend the bolly for fro ueresity or choice imple diets: but, as a rule, when man can get a complicated diet he eats he had to do well, requires to have at east twice a day a certain amount of complicated pabulum floating down he intestinal canal, and the amoun must be a little The reason why the diet should be of a complex character is because if several kinds of albuminous matter are present and one fails to be digested another succeeds; if several kinds of is unabsorbed another is taken up. and the reason wish hent taken is beanse the digestive organs are never perfect; there is always waste.

The Secret of Beauty in Women.
To determine the proportions of the face, its length, from the roots of the three equal parts: the first dividing line marking where the eyebrows meet, the second line denoting the position of the nostrils. The perfect face in profile, should approach a straight line and the nose should be so placed as to dind the face into two equal parts and as the forehead.
That most eloquent and expressic feature, the mouth, should me
medium size, for too small a mouth i as great a violation of true symmetry an excessively large one; but it the form that is important. The f cupid, in its curves; in fact, it is held that the human lip supplied the ancient artists with the model for the said bow. It should project slightly beyond the lower lip and that in turn hiould be fuller and turned downward thus accentuating the graceful hollow
between lip and chin. The latter feabetween lip and chin. The lat prettily
ture should be soft, white and preter ture should The teeth should, of course, be small, even and white,
The eyes, those windows of the soul, are a most important feature. It goes without saying that both the white and
the iris should be immaculately clear, the iris should be immaculately clear,

## Consumption

lis Dlagnosis, Treatment and Cure


By Freeman hali, M.D This saluable medical book tells in plain simple your
yng
Asth
you
if yo
and
bow
now
how
all
the

Ros
glad
ment absolutely Free. forthey want you to hat
this wonderful remedy before it is too lat
Dont wait-write to-day. It may mean the
Don't wait-write

## long opening rather than a short one

 between the eyclids. The eyes should be large rathrr than small, and in women dark blue, black or brown ey It has been truly said that a woman's rown of glory is her hair. This should olors for women's hair are held to be auburn, brown, and golden; although some of the most beantiful women have rejoiced in raven tresses.The perfect neek should be smooth, straight and above all flexible. from should gradually increase in girth from toward the shoulders, while the shoulders themselves should be narrow,
firm and gracefully rounded. These firm and gracefully rounded. $\begin{aligned} & \text { whalities, including whiteness and } \\ & \text { qual }\end{aligned}$ elasticity, should extend to the bosom, which should be well developed, but in strict proportion The breasts must be equal in size, but completely separated.
The hands should be soft and white, the fingers long, round and tapering The foot should approach the form of the ellipse, but, unfortunately, the com pression of the foot by tight shoes, renders a perfect foot a rarity. Owing
to this practice, the second toe, which to this practice. the second toe, which arrested in its development and con sequently rounded without beauty. But given all the foregoing require ments they will not represent perfect leauty, umless that most important factor is present: a soft, smooth, trans parent skin. perfect beauzy is and expression of good organization perfect systemic forsion, ind the possession of health for beauty. which is the sign of health has no kinship with disease.
The secret of beauty, therefore largey depends upon health and the mentil attitude. A symmetrical body can only be permanently possessed when the figest
is of the right character and the diget ion and the climinative process are in improper in lind, or irregular in appear in the form of obesity or
emaciation. If the drinking of water he madegnate, or the individual carelesty permits the excretions of the just as surely will the evidence of the
manifest themselves in a coarse, sallow
or pimply skin: ip por endition of the or pimply skin: a poor condition of the
hair. or a lack of brightness and sparkle The mental attitude is no less im-


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that wrinkles, lines and haggardness are the result of facial distortion, caused by tension of the facial muscles. These tensions soon become hat oxand are
pression.
Therefore the woman who desires to Therefore the womn who desires to truth in mind, that every time she allows herself to assumo an expression
of petulance anger or worry she is inof petulance, anger or hor face, that is
flicting an injury upon her cosmetics to leyond the power of cosmetics to remedy. Beauty is only permanentiy
possibie when the mind is right. It i , of course, possible for a young Troman to be passably good tooking position; but it is impossible for her to retain her good looks more than a few years: while she may become and remain actually beautiful by cult lovating calmness,
kindness. Kindness.
Remember that the highest possible beauty can only indicate perfection in
every particular. A lack of beauty in anv part, member or system of the body indicates a lack of goodness in that part, member or system, the defect be
ing either physical, mental, or both.

Sir H. Thompson on Diet
$\qquad$ ir Henry Thompson has contributed a popular magazine which is calculated to upset some of the most cherished The popular
the well-to-do Englishman. the well-to-do eng youth a man should
the is that in your he frugal in his mode of living. but when his frugality and industry placed him in a comfortahle on he can indulge himself more in the luxuries of the table. and these luxuries ar
cial than otherwise. than otherwise. "Quite
". says Sir Henry Thompson." an who is going down the
savs the great surgeon. "con
tinues to consume the stime aboundant breakfasts, substantial lunches, and heavy dinners, which, at the summit
of his power he could dispose of almost with impunity," he will in time certain ly either accumulate fat, or show signs of unhealthy deposit of some
some parts of the body-processes which some parts of the body-processes whorten
must empoison, undermine, or sher his remaining term of life." The loving wife who is concerned about the diminished appetite of her husband is altogether wrong; his "diminished ap petite arises from natural causes,
if she manages to coax or force him to consume more food she is only doing him an injury. Even fresh milk, whic is becoming so popular a drink in these days, comes in for a share of Sir
Henry's condemnation. For those of henry's conde long achieved our full growth "it is altogether superfluous and mostly mischievous." Sir Henry Thompson is not a pronounced vege tarian, but his testimony is decis, for avorable to the vegetarian doese that it is a vulgar tegror even to regard meat n any form as a necessary of life, hough he considers it to be highly useiul in its place. To sum as regards the Thompson affirms enerally three-fourths middle classes matters consumed are from the animal kingdom, and that a reversal of these proportions, i.e., one
fourth only from this source and threefourth only from thable sources-would "tend to mainain a cleaner palate, in creased zest brain, and a better stat of health for most people not engaged on the most
active life."

Blameless Bodies.
Tt is not enough that we keep our

God's laws of health-from drunkenness and rioting. They have been given us to care for, to develop. Health is tion is as truly obligatory as a good conscience; pure blood is as tru!y a part of manhood as pure faith;
vigorous brain is as necessary to use vigorous brain is as necessary to use
ful living as a vigorous will, which it ful living as a vigorous will, wigorous; and a well-ordered skin is the first condition of that cleanliness which is next to godliness. Therefore, good food and plenty of it, which makes good digestion; good ir and plenty of oxygen in
it, which makes good blood; rest, re. it, which makes good blood; , sleep, which
creation, any, above all, creation, any, above and bathing regularly and frequently, which keeps the skin healthy, are truly sacred duties as much as Bible reading praying. and church-going. The invalid; but they are needful words to those who are guilty of needless invalidism and to those who are going carelessly in that direction. If you are sick, your
first duty to yourself, your fellows, first duty to yourself, your fll other
and your God is, to get well. All duties are, except in extraordinary cases, subordinate to that. If you have a reluctant body that must be spurre to all its duties like an over-jaded horse,
your first duty is to feed it. rest it, your first duty is to feed it. rest it,
clean it, put it in repair. There are many whose first prayer, night and
morning, should be, "Give me a blame morning, should be, "Give me a blame
less body", and whose first endeavor in life should be to use those "means of grace" which
answer to that petition.

[^2]headaches can only be traced to the incidence of intellectual work upon brains of low educaly fatigued and exhausted and so easly fatigued and to be rare, and were regarded as almost always importing organic disease of the brain, but they are now of daily occurrence, and may be neuralgic, as when they are limited to one side; hyperaemic, due to congestion of the brain; anaemic due to brain starvation; ortoxic, or dependent upon the presence
of pernicious matter in the blood. of pernicious matter in the blood children merit instant and close attention, and their study may lead to amendments of our educationa
rangements in various

## Illusions.

All persons, even those in good health nd of sound mind, are subject at Thes to illusions.
Thain is a very delicately adjustad organ, is easily disturbed in its action by strong emotions, by furious ing, or any subject which too exclusiveing, or any subject wion.
But, by keeping the head cool, and by avoiding unhealthy degrees of mental excitement and devoting our time largely to practian subjects, and keeppoised persons. and correcting our illusions by our judgment we may mental health. unless, as is often the rase. they arise from diseased states of brain over which the person has no Revive the Jaded Condition-When energy




## DO YOU WANI A PIANO BARGAIN?

## 

The following list contains some of the best values that we have ever offered in Used rianos. It is a genuin e opportunity to procure an instrument at a great saving of money, and on practically any terms which will suit you best.

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BELL_Cabinet grand piano, in attractively
figured walnut case of present style: has been figured walnut case of present stylo: has been
used only for a few months professionally.
Is constructed of first-class materialsthroughIs constructed of first-class materials through-
out, and is a piano of exceptional standing-
ont

GOURLAY-A cabinet grand Gourlay piano,
 desk. This piano is in quality something
better than merely first class. It is an instrument that we could not improve on in
either material or workmanship even if we either material or workmanship even if we
were to add to to cost, for extra money would
have to be spent on the case. Was $\$ 550$ SOAle Price.............................. mahogany cabinet grand upright piano.
This piano is today as good an instrument This piano is today as good an instrument
as when it frist let the factory to was
taken in exchange for a Giourlay-Angelus. taken in exchange for a Gourlay-Angelus.
Regular $\$ \overline{50}$. Special Sale Price...... $\$ 315$ GOURLA $Y$-A fine grand scale Gourlay piano in rich mahogany case of colonial design
without
maring. This instrument is the most exclusive style of Gourlay piato, a pian,
which is "hikh priced, but worth the price.' which is "Lieph priced, but worth the price.
Cannot be told from new. Special Sale
Price.............. NEW PIANOS at $\$ 250, \$ 300, \$ 350, \$ 400, \$ 450$, etc. Sold on Easy Terms.


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393 Portage Ave.
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## ORBER YOUR HEATER NOW

40 inches bust measure, of the skirt
7498 in sizes for 22,24 and 26 inches f498 in sizes for 22,24 and 26 inches
waist measure. The second go ing model for voile, maryuisette and thie For the medium size, the blouse as shown in the front view will require $31 / 4$ yards of bordered material 12 inches wide with 1 yard of plain material 44 inches wide ard 1 yard of all-over lace
18 inches wide; the skirt will require 4 yards 27 , or $23 / 4$ yards 36 or 44 inches wide with $11 / 4$ yards of bordered material wide with 4,4 ards of marke as shown in
44 incles wide. To mill mequired $21 /$ y yards the small views will required $21 / 2$ yards 27,2 yards 36, or $1 \%$ yards 44 incles widt
with $1 / 2$ yard of all-over lace 18 incles with $1 / 2$ yare obse, and $51 / 2$ yards $27,41 / 2$
wide for the blouse yards 36 or 44 inches wide for the skirt.
The May Manton pattern of the blouse 7506 is cut in sizes from 34 to 40 inche bust measure; of the skirt 7483 in siz from 22 to 30 inches waist measure.
The above patterns will be mailed any address by the Fashion Department any address by the resipt of ten cents
of this paper upnn receip for each.

SEMI-PRINCESSE GOWN. With or without chemisette and
peplum, with ellow or long sleeves. peplum, with elen be worn both within doors and upon the street are doubly
valuable for they serve a double purvaluable for they serve a double pur-
pose. This one belongs in that eategory pose. This one belongs in that category
and is excellent for between season and is excellent for between seasy
wear. In the illustration, it is made of asariped novelty material with trim-
ming of lace banding. The model will


15 Middy Costume for Misses and 7545 Small Women, 14, 16 and 18 years. excellent for small women as well as for young girls and is especially liked by college students. Serge and mohair are much used for such suits but and poplin are worn at all seasons.
On the figure, the blouse is made with
and full length opening at the front and joined to the six gored skirt, but a great many girls like the blouse made separately and it can be finished as shown in the small view, either with or attached to a band
For the sixteen year size will be re quired 8 yards of material 27 or $53 / 4$ yards 36 or 44 inches wide with $5 / 8$ yard
27 inches wide for the collar and cuffs. 27 inches wide for the colar and lower
The width of the skirt at the lomer The width is $25 / 8$ yards or 2 yards when the edge is $2 / 8$
plaits are laid.
The pattern 7545 is cut in sizes for misses of 14,16 and 18 years. It will be mailed to any address by receipt of Department
ten cents.

A SMART NORFOLK COSTUME.
Norfolk styles are exceedingly smart this season and the costure is as satis factory from the standpoint of comfort as if it is new one with panels at the is a very new
sides, the lower portions of which are
The quantity of material-required ior 36 or 44 inches wide with 7 yards of banding, $5 / 8$ yard 18 inches wide for the
chemisette and stock collar. The width of the skirt at the lower edge is $21 /$ yards.
The pattern 7542 is cut in sizes for a $34,36,38,40$ and 42 inch bust dress by the Fashion Department of this paper, on receipt of ten cents.

## MIDDY COSTUME.

With six gored skirt, with or without yoke and blouse, with blouse open at front
and joined to the skirt or made separate and drawn on over the head with elbow or long sleeves.
Girls always like dresses in sailor style. They are becoming and youthful
in effect and they are thoroughly comin effiect and they are thoroughly com for school and general wear. This one


Nearly every woman has heard about the new Aluminum Utensils and has resolved at the first opportunity to
own at least a few pieces. Their light weight, remarkable durability and abweight, remarkabs have made them the solute cleanimess have ife. Best of all
pride of many a housew
they are remarkably efficient. They they are remarkably efficient. They
heat very rapidly and the heat is so heat very rapidly and the heat is so
quickly distributed that milk cooked in an aluminum saucepan will not in an aluminum saucepan will not
burn. They do not chip and break like enamelware. They cannot rust.
They are seamless, made in one piece, They are seamless, made in one piece,
and cannot leak. They are quickly and cannot leak. easily washed, and nothing is more pleasing in a woman's eyes than the clean, bright look of an "Aluminum Kitchen."
Originally quite high in price, these superior utensils may now be had from Eaton's at reasonable cos.
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${ }_{3-p h .,}^{\text {pans }} 500 ; 4-\mathrm{pt}_{0}, 650$
 23 P 690 Berlin Kettles-3-q4., $\$ 1.00 ;$ 4-qt., \$1.25; 6-qt., \$1.50; 8-qt., \$1.75.

23 P 681 Preserving Kettles-
4-q1., 80c; 6-qi., \$1.10 8.at., $\$ 1,30$

10-qt., \$1.60


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> e Pots2-pt., \$1.65; $\quad$ 4-pt., \$1.85 23 P 679 Tea Pots-

2-pt., \$2.15; 3-pt. \$2.35 We can supply almost any Ritchen Utensil in Aluminum. Pease write us a further sel giving a list of what you require. We handle Aluminum Hotel Ware; and shall be pleased to quote prices and hotels, restaurants, clubs and institutions.

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plaited. In general effect, it is not wider than those which we have been wearing, but it allows greater freedom in walking. It can be finished in eithe

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Skein Red Marking Co
Skein Light Blue Mercerized Fm A broidery Cotton Aluminum Thimble Strawberry Shaped Emery Bag Bone Crochet Needle Card Imported Mourning Veil Pins Package Imported Invisibe Hair Package I mported Wire Hair
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 7487 Norfolk Coat, 34 to 40 bust, 8524 Two-Piece Skirt

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This is the Kitchenette-the dishwasher that will wash, dry and
 sterilize all the dishes used by a large family in three minutes. No need to put your hands in water or perform any labor whatever, as the Kitchenette does ald easy that a child can work it, and it is rigidly guaranteed. Every housekeeper should have one at once.

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Household Specialties THE "HOOSIER" STORE

1755 Rose St., Regina, Sask.; and 419 Portage Ave., Winnipeg, Man.
the natural or the slightly raised waist line for the new skirts are shown in both ways. The jacket is exceptionally effective, for it includes the new patch pockets that are. It is easy to make coats of the kind. seams extend to the shoulders and are concealed by applied box plaits. This costume is made from a mannish suiting but a great deal of serge is being worn and a great many mixed cheviots are shown. There is a tendency toward corduroy and velvet for suits of the kind and often the coat is made of one main blue serge for skirt of another. the coat with blue and white stripes, or blue and white checks for the skir would be smart and various similar effects are attractive.
For the medium size, the coat will require $41 / 2$ yards of material $27,23 / 4$ yard 44 or $23 / 8$ yards 52 inches wide; the skirt 4 yards $2,31 / 4$ ards 44 or The width of the skirt at the edge is $21 / 2$ yad.
plaits ars laid.
The May Manton pattern of the coat 7487 is cut in sizes from 34 to 40 inche bust measure; of the skirt 7524 in sizen from 22 to 30 "inches waist measur They will be mailed to any address the Fashion Department of this pape on receipt of ten cents for each

## DOUBLE BREASTED COAT

For the medium size, the coat will require $41 / 2$ yards of material $27,23 / 4$ yards 36 or $21 / 2$ yards 44 or 52 inches
wide; the skirt 5 yards 27 or $36,33 / 4$ wide; the skirt 5 yards 27 or $36,33 / 4$ yards 44 or $25 / 8$ yards 52 if there is
figure or nap, $41 / 2$ yards $27,23 / 4$ yards


Design by May Manton.
7447 Double-Breasted Coat, 34 to 42 bust. 22 to 32 waist.

36 or 44 if there is not. The width of the skirt at lower edge is 2 yards. The May Manton pattern of the coat $\checkmark 447$ is cut in sizes from 34 to 42 inches bust measure: of the skirt 7507 in sizes Trom 22 to 32 inches waist measure. the Fashion mailed to any address by on receipt of ten cents for each.

## The Fashionable Rambler Rose Embroidery.

One of the most effective embroideries $\begin{aligned} & \text { be carried out in any preferred coloring, }\end{aligned}$ ever shown is pictured here and to this needlework novelty has been given a name
 teristic, this is
known as the known as the
"Little Rose" or "Ramble Rose," and as Method of Making self which gives this Metho Rose. work its distinctive feature it will be well to study the diagram which has been pre mainder of the rose may be used. After his foundation has been made begin with nother thread and work round and ound this centre portion using a long mple outline stitch bringing each stitc do not pull the stitches too tightly and the first few rows should be worked with the needle well inserted under the preceding row, making one stitch lie under the other. The rows of outline stitches together, but not so directly under the


No. 2242, 27 -inch Rambler Rose Centre-piece, 55 cents. This beautiful embroidery is very preceding rows as they are at the centre, simple as it consists of nothing more wards the edge. wards the edge. around a centre. After the roses are embroidered the remairder of the design is worked in satin stitches as in the illustrations showing the centrepiece and cushion, the flowers are contained in baskêts loop together with ro cushions, This embroidery is adapted almost all articles for "household decoration may be effectively embroidered. Suitable materials are medium weight linens, in


Wood-bead Embroidery. 2251, 27 Inch Centrepiece 55 cents. No. 7170 . be made in darker tones, while other wular embroidery needles with long should contain more a a needle threaded are necessary to accommodate rope is a good plan of the shades to be ilk which is the proper thread to work with one dainty roses. To commence a rose, $\begin{aligned} & \text { used convenien roses will stand out from } \\ & \text { ed the little }\end{aligned}$ a number of stitches crossing them a the goods in relief, if the stitches are erent directions until they centre of pilled ton tightly a hard stifl ce, green silk may be used for this rose will be

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out-of-order kidneys. Heed the watninkdeanot Your Kidneys Well Get Your kanc se vire pills
 These are the pinary organs-affect no othe kart of the body-and tone, invigorate and make healthy the whole urinary tract, whence so many diseases arise. Use them whit you fidence and you will be healmedid direct
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THE WESTERN HOME MONTHLY, winnipes.

We illustrate two beantiful ex amples a 27 -inch centrepiece with cushion to match, these designs are tinted on tan colored material and-fnished with a hand some fringe. The roses have been embroidered in shades of foliage yellow with small green fonage the basket in shades of outlined with black, any preferred color ing may be substituted for these as the tinted design is compl
 covered with the embroider
A commenced sample of this beautiful work together with a special needle used for this embroide
ceipt of 25 cents. ers in the Wood Bead Embroidery has induced us to show another beautiful centrepiece consisting of Elder Berries worked in shads of blue and the foliage embroidered with Autumn colors. This embroidery was fully described in our August issue end further ing and supplies required for this centrepies

## 路

## Dainty Articles in Birch Bark.

Scissors holders are made of birch bottom, each tasselled at the end. Al bark. Choose the prettiest pieces and these birch or circular shapes any size you wish, taking care that pasteboard for the and small. Cut pasteboard lace the two together with ribbon, punching the holes through which ribbon is run with a punch or shoemaker's awl, and use
green and deep, rich reds for lacing. If green and deep, rich reds for lacing. If
silkoline is used, tie little loops with silkoline is used, tie little loops with
tassels at all the corners. Three large tassels at all the corners. Three bows, brass rings are astace at the corners, by piereing two little holes in the back, bringing
the ribbon through from the other side, the word scissors being printed on with ink or crayons. Decorate with hand painted flowers or little pictures cut from magazines, or, better still, with
views of home cut from picture post views
carks.
Then for the gentlemen come the pipe racks. They are made the same
way, the only difference being the wording and decorating. One long oval one has six rings, hung with ribbon bows, almost an inch apart, and in succession below each ring are printed e" "My lowing words: "My pipe so neat and dandy
smali;" pipe:" "My best old pipe of all." pipe: My
Care must be taken in printing to
remove all the flimsy lacey bark from remove all the flimsy lacey bark from
the parts to be printed as it causes the the parts to be printed as it causes
ink to run. ink to run.
Another rack can be made circular
with three rings, and the words, "One, with three rings, and the words, dene,
two, three." here and there, and decorated with pictures of pipes, also a
atitle match holder of birch bark. One more rack can be decorated with a pencil drawing of clouds and the words "Peaceful clouds"
Key racks are made of long strips of bark laced to a pasteboard back and
about eight inches b; three wide. Six about eight hoks are serewed through the bark and pasteboard, which is fastened together in the usual way. Across the top is printed the words"Said the stately birch to the clinging Come. hold, for me the key of my
heart." Decorate and hang with ribbon. Whisk holders are made round, ov
all shapes. The band of bark t holds the whisk must be cut larger that
the width of the holder. It is mate of thin bark. lined same thate as rithon Print on it. "Bruth up and decorati, drawing the pattern of a show- whoe
about eight mhes long, ant wite enough to hold a medium holders. draw the rrise-ro... cravions
them of
will be furnished on receipt of a stamped envelope.
A cushion and scarf mar he supplied o match this bca tif design. The prices quoted in these colly, as we do not supply embroidered articles.
For further information regarding any of the articles described in these columns address Belding Paul Corticelli, Limited,
Department L, Montreal, P.Q.

Shaving pads are exceptionally eeagy o make. Cut your back the desirice, laintily colored tissue paper to matteh diat outside; attach it to the barill Decorate one with crayon draiming why wagons and print the" words, "AA Pening saved from the barber's shop is op phy gained and a penny got." Anöther is
decorated with a jittle lad chasing a decorated with a little lad chasing a A close shave." Another has an odd, ittle lad with patched trousers and the words, "A cute little shaver:" and, again, a rabbit running and the word The timid hare.
A watch rack is made any desired hape, with little brass hooks attached to the back with a piece of lining. De corate and print the words, "You sleep I'll watch," or "Time flies." Little cases for holding ladies' powders and chamois are easily made also for sticking plaster
Hatpin holders are made. eight by three inches, the bark and the fron put inches long. Lace 711 together and put to take the nine inch hark and put strips of pink flannel at the back. Prin ". 'hips of darts for hats, but not for

Hair receivers are made eight inche Hy with heart shaped bower point the back piece to be wider than the front and lined to match shade of ribbon used, and decorated with hares and the words, "Stray hares."
Needle-books and pin balls are cut round and shield-shaped. The needlebooks are made of two pieces limed
with laver of pink flannel placed beween. and all is fastened with a bow. The pin balls have two pieces lined,
back laced with ribbon and closed toth pins.
Then a prol holder is made from thin. thin bark, the shape of a baby's and some lontums. A Japanese dol
head is put in a stick and let hang

## Was Contined To Bed for four months

Rheumatism the cause DOANYS KIDNEY PILLS CURED HIM Mry. H. Riley, Ruddell, Sask. wites:- It, is with the greatest on's pleasure thails to all suffering with rheumKidney I was so bad with this terrible disesese, I was unable to get up from my bed for four months, and nothing. seemed to relieve me until a friend recommended Doan' them, but was so desperate 1 would try anything suggested to me. After taking half a box I was able to get up, and after taking two boxes could get around quite well. After taking six to work for the first time in five months, and have not had a touch of rheumatism since:. Anyone who saw me then would not know me now, as an so strong and
cine.". ox, or 3 boxes for $\$ 1.25$, at all dealers or mailed direct on receipt of price by The T. Milburn Co, Limited Toronto
In ordering direct, specify "Doan's."

Even After Beauty Doctors, Electricity, Powders, Pastes and Liquid Depilatories Failed







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This Ring given FREE

## Young People.

## The Light Brigade.

 That the charge of the Light Brigade eemed to onlookers a piece of magnicent folly is evident from all reminiscences of that day. First camefie attack of the "Heavy Brigade upon he attack of the Heavy Brigade upon ater in the day, the attemp ${ }^{2}$ to recapture seven guns taken from the Turks by the Russians in their first advance upon the redoubts
the Light Brigade.
the Light Brigade.
"When we saw the English coming at us," says a Russian soldier, "there was but one thought. 'What fools!' we said We never dreamed they-would charge." Ivan Ivanovitch, a Russian survivor "We were so sorry for them. They were fine soldiers, and had such fine horses But the charge - it was the maddest thing ever done. We could not understand it. I had been in the charge by the Heavy Brigade in the morning, and
was wounded. We had all unsaddled was woundid. Suddenly there was cry, 'The English are coming!'
"Our colonel "was angry, and ordered
the men to give no quarter. the men to give no quarter
"I was lying down with my wound
bandaged when I saw them coming. W thought they were drunk, from the wa thought held their lances. Instead of carrying them under their armpits they waved them in the air. Of course, they were easier to guard against like that
"Those men were mad, and never seemed to think of the tremendous numbers against them, nor of the fearful slaughter that had taken place in their ranks during the desperate ride. Then they neared us, and dashed among us, shouting, cheering and cursing. I never
saw anything like it. They were irresistable, and our men were quite demoralized.

## His Sky Menagerie

## By Edith Perry Estes.

Johnny was going to sleep every night in a big old army tent on the lawn. The doctor said stronger, and so everybody was willing Johnny himself thought it would, be to be sleeping right under your own par lor windows, but even when the cold weather came, Johnny liked his tent
room the best. For the doctor was one of the jolly
Finst he called the little boy real live soldier because he was fighting the enemy and because he was bravesoldiers cannot have their mothers with
them, you know - and then when he them, you know - and then when with
dressed him up in a sleeping-bag with a fur hood, he called him an Eskimo. One evening they made believe that the lawn was a desert, and that Johnny was an ancient Arab sleeping in ing tent. the little boy
"Ah, I guess youll have' to take the great Cameleopard made of stars; up there in the sky. Can't you see him? No? Well, perhaps he has yet, but round there by your tent door yet, but
he will never fear. See, there he is by the pole-star in the tail of the Little Bear; that's the "star the sailor steerep in on the southwest. See his star feet spread as if he were going to strid
down the Milky Way and threaten al down sky animals with his club." near?" paints."
the bull that frightened the lost Pleiad way.: See the other sisters sparkling "Girls are always afraid even of "There, right over the other side of the Milky Way are Gemini, the twins, with Castor and Pollux at their feet"Did that first one inv
asked Johnny, laughing. asked Johnny, laughing.
"There is a little dog that follows these sky-larking boys, just as the great dog follows after Orion; there's a hare and a dove following after him,
tod and there are two hunting, dogs tod, and there are two hunting dogs which are always worrying the Great
Bear. There's a lion, too, on the other Bear. There's a ine sea-serpent, a ram and a whale, a crab and a crow-oh, and all sorts of things!
The jolly doctor tried to stop here, for he thought that Johnny was sleepy. menagerie!" he cried "Go right to sleep now, like a good little Arab, and Inl bring you some books and maps that will tell you all about them, and help you to understand paints on the ceiling of the world's

## Grandmothers Thimble

"Oh, dear, how I do hate work!" said
Lily. Have you got much to do, dearie?" asked her grandmother, gently. "All that!" replied Lily, holding out a long seam, with a dismal sigh. "Oh, do granny, tell me ",
"Well, your dislike of needlework reminds me very much of my childhood. for girls to play games, as you do now, and I often got into sid scrapes for running and chinging quietly at my needle. One day my mother spoke seriously to me, and sail I I should never be a useful woman unless I tried to learn a little more, which made me cry and promise to do my best. Finailly she kissed me, and promised that when I should have
finished a set of shirts which I was then making she would give me a gold thimble of her own. I really tried very hard; and at last the shirts were finish

$$
\begin{aligned}
& \text { my prize. } \\
& \text { "Yes, you deserve it,' said mother, }
\end{aligned}
$$

"Yes, you deserve it, careful where you keep it.! I promised, and few to the school-room to put away my work when one going for a walk. Down went my work and new thimole on the table, and out I ran to join them. W W had a delightful ramble, and on our re turn I went there, but not the thimble. my work how I searched, but it was gone. In terrible trouble I went to the boys (not daring to confess to mamma), but in vain. Suddenly Alfred looked out of the window. "Look at old Jack,' he aid. 'What has he got there?' We had tame crow, who used to live in the garden, and was now hopping over the
awn with something glittering in his
"My thimble!" I cried, springing hrough the window, and we both raced With a wicked croak of triumph, he flew toward the pond at the bottom of the garden, and dropped into the water. "Oh, you dreadful bird!' I cried, and fairly burst into teans. Never mind, ol
he had tucked up his trousers and wade in. It was shatlow just there, and my relief he spied a stone, and restored it to me.
"Dear old boy! I love it for the memory of that bit of help!". And granny drew the thimble from a case
where it rested in company with an old where it rested in company "I couldṇ"t par faded photograph. some day you shal with it now,
have . it, Lily."

Tr sulin Resorted cus?" "Well, there are several pretty ládies. it the Dipper-was once a mother lad who was changed by enchantment into a bear. Jupiter took pity upon her whe her son, a hunter, did not know her. So he changed him into a. in the heavens. set them both high up, in the heavens
See, there's a dragon running between them, always trying to reach the two-
headed sea-serpent tnat. runs. up along headed sea-serpent that, runs up along
by the Milky Way on the other side of
the sky. See, he is right near Taurus,

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Bucky Blacktail was born and spent the first few months of his life on the mountains far up above the Teton Canyon in the very weestern part of Wyoming. At first he was mostly four long and wobbly little legs that supported a timid old his body was filled was two months did not look quite so out until his they were no longer wobbly, but very firm and springy and graceful. His dark, reddish-brown coat looked like satin, and it was covered with white spots that made it look like royal bap parel. He had large, handsome brow eyes, and altogether he romped around the mountain side
the mountain side. know that he was handsome. He simply knew that he was very happy while he played around his mother or when he was sleeping
under some secluding bushes while she under some secluding bushes
went away to feed. One day he was sleeping in this manner rert. He had never heard such a report. He had never heard, brightened him. He lay quietly under his clump of faurel, and wished that his mother would return. She did not return, but he lay very still, without moving from his hiding place, just as she had told heard another sound different from anything he had sound different from Some large anima ever hearding around the bushes, and
was hunting he heard it say:
"That doe I just got surely has a kid around here somewhere. If I can find him I'll take him home for my boys." Bucky did not understand the words, ing to another man, and all the time ing to another man, and nearer to the clump of laurel under which the poor little fellow was hiding. Pretty soon his trembling heart almost stood still as he heard the man call: Here he is! and he saw the cruel creature that had
killed his mother peering ait him through the bushes. Bucky was certain that
command not to move from trie pot did not apply then; the little curled up spotted brown ball straightened top nito
a thoroughly frightened little deef, and a thoroughly frightenec $i t t l e$ deeg and
how his springy legs did take him flyhow his springy legs did take hum fly-
ing up over the rocks and thoow the ing up over the rocks and th
bushes away from the man!
He heard the men hunting for him again, but he kept on running until he was so far up on the mountain side he re
they could not find him. There mained all night, hungry and cold, not daring to move from the bushes where he was hiaden.
The next day he made his way back to the spot where his mother left him
and waited there, hoping that she would come back, for he did not know that she was dead. Along in the after noon he saw the same man that had so frightened him the day before, and away he fl up over the mountain again. than ever. In the morning he saw another mother deer with her fawn,
he went up to them, hoping that he might get somethin ${ }^{\text {a }}$ to eat, but the mother struck him with her sharp hoofs and would not even let her baby play with him. That day his legs were more wobbly than when he first tried to use them. He was so weak from hunger that he
could hardly stand. In his desperation he picked and chewed some leaves as he had seen his mother do. He was so hungry they tasted good. He ate more of them, and when he curled up under a bush that night he felt much better.
The next day he ate more leaves and the soft green ends of twigs. He did leaves of laurel and other poisonous leaves of laure and other poisonous
bushes, only using them to hide under. Since he found that soft green things would satisfy his hunger, even if they
were not as good as milk, he one day were not as good as milk, he out he did not like that so well, and decided to stick to leaves and twigs. So he learned
by experience what his mother would by experience what his mother woul
have taught him kad she lived-that deer eat grass only when they can get
no other kind of food, always preferring no other kind of food, always pr
to browse on leaves and twigs.

Bucky soon found that he had many $\quad$ the valley, but while it was still in the Bemies to watch for, and that his nose and ears were his most efficient organs for warning him of their approach. When he slept, he arsorded in the direc tion from which the wind blew. One day he awoke just in time to see a coyote sneaking up behind to grab him It was all his nimble legs could do to
escape from his swift pursuer. From escape from learnt another lesson, and thereafter when he slept he lay with his nose pointing quartering to the wind to warn him of the approaching of an enemy from that poiat, while at the same the sound of anything coming from the other direction.
When winter came he sought th south slope of one of the gulches ther
led up from the Teton Canyon, where


O- the shaded shores of Lake Wabameen
there were plenty of evergreens and other bushes on which to browse. Several other deer planned to winter on the same slope, and when the leave arc they frequently drove him away and prevented his eating until he was almost as hungry as on the days that succeed ed the death of his mother. The full grown deer could reach leaves and did not fare so badly. He frequently ad to sor dig in the frozen ground with his sharp hoofs for ront to appease his hunger When the crust formed on the deep snow he succeeded in getting to anoth exposed slope, where he fared better. hut when spring came and with the
othe deer he went into the valley whon, the first signs of green life were whow the first signs of green life were
to found, he was poor and hungry
across the open valley until he came to the foothills along Packsaddle Greek, where he was accustomed to range. where he was accustomed of rair then-a
He had another suit of hair He brown, with none of the beautiful spots that first marked him. He felt a prickling and tickling on his head, which he soon learned was caused by his
first little spikes of horns that were beginning to grow.
It was while eluding a coyote along It was while eluaing a coyote day learned, quite ky accident, another trick that he afterwards frequently used to throw pursuing a distance in the creek. ning for a distance inmmer and wint - in the hills along the Packsaddle, in the summer going up as far as possible into the mountains to escape flies. Late in the fall he twice had to run and dodge
to escape the shots of hunters. to escape grown large and strong, and
He had grown

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would no longer permit other bucks to drive him from a favorite browsing
place without first trying conclusions at a clash of horns. Perhaps he was becoming too vain of his prowess as a
"self-made" deer and of his ability to "salf-made" deer and of his ability to
take care of himself, so that he became take care of himself, so that he became
a little careless. He certainly was less watchful than common one afternoon in
October. While he was feeding, only a October. While he was feeding, only a short distance from where his mother was shot, he heard the same kind of a
sharp report that had startled him so marp report turing his two and a half years of life, and at the same time he felt a pain in his foreleg, which dropped under him, broken by a rille ball. In spite of his crippled condition, on
three legs he ran like the wind. He ran three legs he ran like the wind. He ran
for over 200 yards, until he was crossing for over 200 yards, until he was crossing rang out, and this time there was a stinging pain through his body, and a few feet farther on he fell, unable to rise. Just before he drew his last breath, the hunter approached. With his great soft eyes Bucky looked up int
the face of his slayer, the same face that had peered at him through the laurel so long before-the face of the man who killed his mother.

## Half Past.

By S. Jennie Smith.

## "Half past what?" asked "Three," guessed Nan.

Then came Millie's turn.
"Nine," she guessed $\qquad$ And so it went on down the long line And so ho were playing the game, and at last it came to Kitty.
"Right,", she guessed. started toward the corner, running a hard as she could, and Kitty ran arter her.
corner before Kitty caucht up.
. "You di
umphantly
"No, I can always guess the number, I never catch anybody," laughed
the little girl, and she again took her place in the line.
Then Connie and a girl that she pick ed out ch
went on.
"I wish I could catch somebody just
once," sighed Kitty. "I'd like to be chased."
"IIalf past?" Nan was asking, and - Four," she said
"Four,",
Then Nan started on a run, but what heard the word, "Right," she had given a jump and a little scream, cried "Half
past four!" and started to run, not after past four!", and started to run, not after
Nan, but in the opposite direction. On and on she wen
When Nan saw that she was not be ing pursucd she went back to the others asked.
But
Iut nobody knew.
"She just liooked up at the sky, holler"She just looked up at the sky, ho
cred. and ran off:" said one of the cred. and ran of. sain
sumaller girls.
" I think
she has gone he," re"Suppose we all go after her and find out why she did it,", suggested Nan. So of they started, going two by two,
and looking very much like a procession of some kind.
When they reached Kitty's home they Ound her sitting on the front stoop.
Uer face was flushed and she looked tired, but she smiled when she saw them. "Why did you rum away?" demanded
-everal of the girls. "I was so a a rraid that I wouldn't get here in time, kitty tod them. see I promisect hama hand when we said hat in the game, 1 just thought of it. and
as to keep my word,", "Wourd mother puish you i
"Wour hadn't come?", questioned Nan.
your "Oh, no, but she would have been
sorry!" l'll do a thing I want to do it, if pos.

## A Little Flower-Girl.

## By Emma C. Dowd.

Hetty Crandall was to be flower-girl t her sister's wedding. Everybody on the street knew that. Had Hetty talked anything else for the last three so important an air that all her friend wished they could be flower-girls at somebody's wedding, too. All these friends contented themselve ing ill-natured remarks : out Hetty that is, all except Betty Field. Betty was made of different stuff. She never could make an ill-natured remark,-she was too sweet for that,-and she felt hat perhaps--just perhaps-she coul put on airs, as to be flower-girl. Dear she were going to be flower-girl.
me, how would it feel to be dressed all in white muslin, with a basket of pink roses on her arms? She could not tell. it must be beautiful.
Betty was poor, too poor to have white muslin dress. relatives were married they did not wear white sik, never any flower-girls.
It occurred to Betty that since she could not be a flower-girl, she could at
least give that delight to her dolls. Fhe knew just what Hetty was expected to do. Hetty had told her every detail. She was to walk ahead of the bride up
the church aisle to the altar, put the the church aisle to the altar, put the
white ribbon aside, that the pair might white ribbon aside, that after the mar riage, she would scatter flowers all the way to the door in the path of the bride and groom. Hetty was practising it no mistake.
Several of Betty's plain little dolls had white cotton dresses, and every day one doll was bride and sometimes an other. The flower-girls took turns, too It was a pretty play, with books ar
ranged on the couch for seats, a strip o white paper for thon a aisle, and a the flowers. The flowers were rose pet als from the climber at the end of th kitchen porch. Bee day before the real
wedding found Betty still at her pleas ant play.
One day she told Hetty about this new play for her dolls, and when school wa out they walked round to Bettys house ceremony without making a single mis-
"I don't believe I shall do it half so
well," Hetty said, "because I shall be afraid. Dolls haven't any heart
Then a sad thing happened. Poor little Hetty came down with mumps. her family did not know what to do. just as it was about decided to give up having a flower-girl, Hetty had a bright and happy thought.
"Mama," she said, "Betty Field is just my size, though she's six and a half. We've changed dresses lots of times know just how to do it 'cause she's been playing it with her dolls for ever so plong."
Thus
was flow as
and wore the white muslin frock and

when she had managed so many do
flower-girls within the last three week

## Awful!

"Those blinds look pretty old,"

The Old Love

The Cause.

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hear l
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                                "Her relat
    
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## About the Farm.

BRITISH DAIRY NOTES. Dissemination of Foot and Mouth Disease.

The Departmental Committee of the British Government appointed last No vember by the President of the Board on Agriculture to inqure their report on mouth 'disease, issued June lst. After tracing the listory of June ist. And describing its symptoms, the disease thittee, of which Sir Ailwyn Fellowes was clairman, states that it recognizes that it is impracticable, even if
it is not impossible, to erect an impregit is not impossible, to erect an metion of

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skins from infected condriss have been
whom would probably ever have seen the disease) it might be well for the Board seven years) to all yeterinary surgeons and stockowners a circular describing hortly the symptoms of the disease. The committee is also of opinion, how-
ever, that an obligation immediately to ever, that an obligation immediately
report any observed case of the disease should be imposed not only, as at pre-
shaser sent, on owners of stock, but also on all blaughterers. Having considered the ad visability of requiring the cleansing and disinfection of holds of ships lorries and railway wagons in or on which hides and skins from infected countries have been


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disease, but points out that it is agreed |carried, they believe that if such hides that the risk is greater with certain and skins are sterilized prior to shiparticles; those most open to suspicion ment, the occasion for such . But they rebeing (a) hay and straw, milk products, (c) hides and skins, heads mark that evidence was given that and feet, carcasses of calves in skins, was customary to sweep out therged, and vaccine seed lymph, (d) hoofs, horns, ships when a cases the sweepings were bones. and other animal offals, (e) per- that ind and carried away by the local sons and their clothing. As regards the landed and caris, the committee, con danger of milk, the committee thing milk siders to be a source of danger, anld not it might be overcome if foreign milk were required to be heated to 60 degrees centigrade before being despatched to commends that the sw

Authorities to be Notified.
The report also suggests that it is $\mathrm{of}^{\prime}$ vital importance that the Board of Agof any should have immediate notice
of the disease, and as
there is some danger that an initial case
might wit be recognized either br the


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other importing countries must be interested in determining the most effect-
ive sterilizing agent for undressed hides, ive sterilizing agent ar un this subject
and recommends that on this Great Britain might take the initiative and arrange for a practical experiment to take place at selected ports.
The report closes with a commenda tion of the work of the Board of Agri-
culture in recent years in dealing with culture in recent years in
outbreaks of the disease.

## Leasing a Dairy.

J. H. Burton's article in the Journal J. H. Burton's article Farmers' Association recalls a curious custom which pertains largely in the dairying counties of Dorset, Wiltshire, Somerset and Devon.
The letting of dairies might be dismissed without due consideration as a relic of the times when it was thoug dignity to make dairy produce. In these days make dairy pros king, and no doubt it was considered that the farmer had enough to deal with when he tended his live stock and managed his mixed holding At all events, it is difficult to ascribe any other origin to the custom which is con-
Briefly, the system tinued to this day. Briefly, the system leasing by a farmer of a herd of dairy cattle to a second party, who, in consideration of a fixed sum for each cow, takes the calf and the produce. The owner of the herd, whether, it be of milking Devons or Shorthorns, obtain from. £2 10s. to $£ 3$ 7s. a cow, the con ract being for twelve movides the feed the house accommodation, and a stipulated area of pasture, while a reserva lion is made of land for mowing. The rent is usually paid quarterly in advance the dairyman undertaking to rear such calves as the farmer wants, these being as a rule heifers to fill up the blanks in the herd caused by losses and old age These calves the farmer takes and upon. The alternate plan is to take the calf at a valuation and pay for the rearing. The rest of the calves are usually destined for the veal market, the fodder being found. About two acres of pasturage are allowed with each cow, being reserved for mowing is grazed on is graze. 'he dairyman's behalf, but he generally the dairyman's behali, tut land for two
gives up this part of the lan months in winter so that the farmer may run stock on it. Roots are not always provided. Where they are, about two tons of mangels are alloted to the cow and a provision is made for the calves, but straw is free boun for foddering and littering. Feeding stuffs are
jointly provided, there being a special jointy provided, in the agreement to insure that there shall be no waste. Haulage of manure and the machinery generally are provided by the farmer.
There is necessarily a certain amount of elasticity in the agreement with re gard to mutual help. For assistance provided at harvest and oider or the cession sure a quantity of cider or the cession
of a portion of the potato land may be accepted. The farmer's obligation with respect to the herd is to provide calving
cows that are full of milkers. A cow with a blemish is replaced, and wher there is no live cyif a concession is made An interesting point illustrating the
quaintness of the agreement deals with hedging, with which in the ordinary way cow makes a gap in the hedge, it is supcow makes a tap int of the dairyman to
posed to be the duty The produce is generally sold in the
form of cheese or butter. A milk trade could be easily carried on by the farmer
as by a substitute. The introduction of as by a substitute. The introduction of methods somewhat. Mechanical separa-
tion takes so much of the fat out of
tink milk that to make ne ors orye borset portion of the milk. Most of the dairy-
men. however, make butter and as Dorset butter has a considerable reputation
it is probable that it owes mucl to this dairy men.
Advantage of Renting Dairies.

## he letting of dairies has this pilt

 stonefarms.
capital to have a defnite stake in farn: ing. The labor is usually provided the dairyman's famy, so their wad dition to profits they get their wages. Experience has suently been a stepping dairies has fen of small capital requiring

How to Obtain Pure Milk.
A discussion on bacteria in milk leads a writer here to the conclusion that When the mitablished in milk there is no got firmy satisfactory means of getting them out again or killing them. Certaii substances may be added which have th desired effect but the quantity required renders the milk dangerous as food. It may also be sterilized by heating, but the high temperature necessary salts, by about a change in the a certain proportion, hitherto soluble, is rendered insoluble, therefore causing a very necessary bone-forming constituent to be useless. The only practical and really satisfactory metho of obtaining comparatively pure milk i o prevent its becoming contaminated. This can only be done by starting in the
cowshed, when the milk is being drawn, and carefully avoiding all known sources of contamination from that time untilit is consumed.
The Strainer does not Remove all Dirt. Education on the subject is very necessary, for at present the average British cowman visible foreign matter removed, he has done his duty, and the milk is pure But it is in that which is not visible to the naked eye that the danger lurks, that which is carried by and with the visible portion tiny enough to pass easily through the strainer, but large enough to do untold mischief to the consumer of the milk.
Education Preferable to Stringent Laws.
Education would do more to ensure a. pure milk supply than stringent laws, that is, more so than at present. Fur ther legislation will have a tendency discourage milk-producing, for it wit risky that British farmers will set it a side for something less risky. Even now, in many cases, working expenses are so whole of the profits.
Results of Early Maturity in Stock.
Early maturity in stock is all the fashion, and for the table the saving ee fatteners have known where to stop so as to escape the soft and flabby. But arly mating of stock is a tendency Douglas Stewart has been doing a good work in telling farmers plainly what such mating means. It tended, he said, to undermine the animals' vitality by over-taxing their systems to meet the demands of rapid growth of nourishment or the foetus, and of provision for yield of milth As her and offispring developed corresponding receptivity of disease. Breeders should not lose sight of the fact that it is just as essential to preserve the points that indicate robustness of constitution as those peculiar to the breed. Efforts to improve the milking quality of any strain were defeated not the constitution of the progeny was no of heavy milk yields for lengthy periods The tendency on the part of some breed ers of dairy stock to make large sac rifices for increase in milk yield was but a short-sighted policy, the effects of which became manifest in the physical degeneration of the herd, once the mar gin is eaceeded. It was unwise to bree from animals belonging to tuberculou Camilies, as the progeny may inherit preaispositily Professor Stewart is a conservative ove tuberculosis, and does not accept dire transmission as proved. But his arge ment for greater security is unanswer
able and the liability to get infected on slight exposure is the chief danger.

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The OId Reliable
Horse Remedy

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 torsparths, Curb, Rinsbone, Sollint, Bony)
 Catases meys saver and a horse
can prove it
thousands of

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1 WILL MAKE YOU
PROSPEROUS


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## How Cream is Graded.

Creamery managers in Saskatchewan have unanimously agreed that our con-
ditions now warrant this change to cream grading; that patrons who supply first grade cream should receive two cents more a pound for butterfat than that paid for butterfat in second grade cream, and that two grades of cream be established as follows:
First grade.-Cream must be clean and
fresh flavored, preferably sweet, showing fresh davored, preferably sweet, showing
no sediment and of smooth and even/consistency. To qualify for this grade cream testing 35 per cent. or over and delivered at the creamery at least twice a week is recommended. slightly off or strong in flavor, but of a smooth and even consistency.
Third grade.-Cream that does not qualify for grades one or two. This cream will be rejected. Special sample bottles will be provided for holding the sample of cream to be
graded. A sample of cream will be taken graded. A sample of cream accepted and
out of each can of cream out of each can of cream accepth bath until graded for flavor. In all cases the grading will be done the same day as the cream. is received.
All samples.
All samples will be graded at a
for every pound of grain produced;
rye, 353 lbs ; oats, 376 lbs ; spring rye, 353 lbs.; oats, 338 lbs.; peas, 273 lbs.; red clover, $311 \mathrm{lbs}$. ; horse beans, 282 lbs.; buckwheat, 363 lbs. All this means that for every pound of dry matter produced plants must give off upon an average
pounds of water. In this way the armer can see what it means to his new clover or alfalfa seeding when he sows it with a heavy nurse crop. Many use as high as two bushels for a nurse crop when not above
should be used.

## Clean the Seed Grain.

Plan now to own or rent a good fanning mill, and clean and grade all seed grain before sowing next spring. In a
section of the country where wild oat is section of the country where
practically the only weed of moment, practically the only weed mill cannot be overestimated. Stop seeding wild oat with the seed grain and the pr
will be much more easily solved. will be much more easily, solved. A mill of the "gravity" type is far superior to the on principally by the parating is done principally that the
screens. Do not understand the screens. Do not understand the
screens are not essential, for they are

## BEAUTIFY THE FARM

## Jake H. Harrioon

If you would keep your boys at home, Go beautify the trim Repaint the house, trim up the trees Give them a pride in where they live, Give them home a place of rest,
Where peace and plenty both abide, Where peace and plenty both abide,
And they will love it best.

Too many homes are just a place Too many homes are
For boys to eat and sleep,
The house is just a "lumber shell," The house is just a "lumber shell,"
The furniture is cheap; The food is common, work is hard
You drive them night and day; Then it is strange that when they can They gladly get away?
Makefriends with all your children, now, Lay off your "crusty" mien, Cut down the weeds abone
And beautify the scene
Ae just in dealing with your own
And soon the time will come, That towns will not be strong

Be hospitable to their friends, Be hospitable to aleasant place,
Make home a
nid treat your children all the tim And treat your children all
With that becoming grace With which you treat the passing guest, And let them plainly see, Your mind is never free.
Your children often are but slaves Their home a prison den, And is it strange, when old enough,
That they should leave it then? And in the after years of life Their childhood has no charm; They count it but as years of t
They spent upon the farm.
Then paint the house, trim up the trees, And wear a smiling face, Make home attractive all the time A sweet, enticing place Where kindness rules with tender voic And love is warm and true, And-take my word-you cann
Your "kids" away from you.
uniform temperature from 95 to 100 degrees. The flavor is more pronounced at this temperature
will easily be detected.

## Objections.

Of the various minor objections by
patrons that would likely be met with patrons that would likely be met with, only two seemed to be at all reassor price 1. Farmers receiving the lesser price
would withdraw their support from the would with
creamery.
creamery.
2. Cream shippers and those living at some distance from the creamery would be placed at a disadvantage. A closer examination of the first lessens any fear that one may have in this
regard. This course will not likely be regard. This course will not To with-
followed for three reasons: (1) To fllowed for ones patronage will be a public acknowledgement that his cream was not good. This admission will not be made willingly. (2) Each will have has someearn the higher par. To withdraw his sup-
thing to work for. thing to wor
port will deprive him of revenue. To use
"he port wing phrase, "he cuts off his nose to
a slan
(3) His pride will not spite his face.

Water Given off by Plants. It is well to know something of th amount of water thrown off by plants

What is meant is a combined form. The screens to sort and separate as to size, the blast to further separate as to
specific gravity. The ideal seed grain is specific gravity. The ideal seed grain is that which is free from foul matter and which has been graded to kernels of unicorm size and weight. This can be ac-
complished only by the use of a mill of complished entioned. In grading, adjust the screens so as to emove the largest and smallest kernels retaining only the medium sized ones.
And you will note how surprisingly ūiAnd you will form they are as to size. They are not formever, uniform as to weight, and if you have had wild oat on your farm, some will be found here. Adjust the blast so as to remove any chaff will also grains and most of the wit oat be seed
be removed. The result will ber be removed. Thels of which are strikingly
grain, the kernel grain, the kernels and weight, free from chaff and dust, and almost,
tirely, free from wild oat.

## The Dust Bath.

In every poultry house there should be a dust bath, where the hens may get rid of lice. Poultry lice breathe through pores in their sides, and fine dust fills
these pores and suffocates the vermin. these pores and suffocates the vermin.
Road dust, hard coal ashes, or dry dirt
arempling the purpose. ooad dust, hard any kind, will accomplish the purpose.


Has Imitators But Io Compitiora.


The 'Country' Boot Mis.






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## The Western Home Monthly.

feathers and otherwise harm the fowls. Sometimes, if the hens are badly infected, Persian insect powder may be to the material in the dust bath

A tight box, three feet by three feet, and one foot deep, is a good receptacle for the dust. It should be placed where the sun can shine on it as many hours as poscising by scratching for their feed, they will spend a good deal of time in the dust bath, which induces exercise The hens will not use the bath freely un less the air is warm, for they dislike to open their feathers and ex
bodies to air below 60 degrees. One endill, and the other supported on legs with a canopy of denim or duck, legen on one side and toward the window. This will confine the heat, and make the temperature in the box many degrees higher than the temperature of the house. The canopy should slant down from the upper part of the window, but of course, be closed up on all sides but one, so the heated air.
Such a dust bath can be easily and cheaply made, and will add much to the health and happiness of the hen. The hen that is confortable is the one that mãkes money for the owner.

Recognized as the leading specific for the des truction of worms, Mother Graves' Worm Exterminator has proved a boon to
eiverywhere. It seldom fails.

## Wet or Dry Mash?

The followers of the wet and dry mash feeding systems for poultry are about equal in number, each weng cern yards is the better. Which is the better will depend somewhat on the conditions and the flock to which it is iel. For the breeding fock we are inclinel to believe that dry feeding is tho better, it being less liable to stimulate. In cold weather dry mash doesn't require such close attention in order to make sure that the birds get it in a pal-
atable form. Wet mash becomes cold and freezes quickly in extreme cold weather, such as the poultry raiser of Alberta is forced to contend with. The dry mash is mixed in quantities sufficient to last a week and placed in self feeders. The fowls can help themselves at all times. About $31 / 2$ pounds of
whole grain is scattered in the litter each whole grain is scattered in the a
morning for a flock of tifty, and the mowls have to work to get this. About four pounds more of this whole grain ration is fed in the evening. Five pounds of mangel and a small bunch of steamed clover may be fed at noon, these being suspended where the chickens may pick
at them. There are hundreds of different at them. There are hundreds of different
combinations and variations of this syscombinations and variations of this sys-
tem of dry mash feeding that are fed with success, the above being taken as merely a model.
The wet mash system that corresponds to the above dry mash system is practically the same as the dry, with the ex-
ception of feeding, and mixing. Either ception of feeding, and mixing.
water or milk may be used in moistening the mash and vegetables may be chopped into it as well as steeped clover leaves The wet mash is usually fed at noon at the rate of $31 / 2$ pounds to a fock of
Equal parts by weight of finely ground Equal parts by weight of finely groun a barley, oats, bran and shover pour hot good mash. it, cover with a sack and let set for twelve hours before using. Sour skimmed milk will take the place of beef scrap in supplying the meat food for the hens. Table scraps of meat, offal of butcherings and meat rinds all give the necessary

## Street Sweepings as a Fertilizer.

The Bureau of Soils of the United tates Department of Agriculture has been investigating the plant food value of city street sweepings, and the r re published in Circular No. 66. While there is some variation in the character of the sweepings, yet on the
whole they are very similar and contain appreciable amounts of nitrogen, potash, and phosphate. In tests with wheat corn and radishes, the sweepings proved beneficial to the crop, but not as efficient as good stable manure.
They contained some oily material dropped from vehicles-in some instances from the sweepings they then were prac

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Winnipeg, Oct. 1012.
The Western Home Monthly.
and prejudice, to the great betterment and pre retailer's pocketbook. At the present time it is known tossessing a chain delphia grocery $\begin{aligned} & \text { of } \\ & \text { of tores has } 150,000 \text { dozen eggs in an up- }\end{aligned}$ of stare storage warehouse. These are state sten and the large and clean eggs are
sorted sorted "and "selected," and are selling close
labelled "sel labeled price. The dirty and smaller ones
to top
are sold as storage eggs at 32 cents a are sol
dozen.
dozen. Although harmful, temperature, of course, causes many losses, it is stated in the goverinment report, that these diffoulties can' be largely overcome, and that such hindling is now becoming pos-
the sible as will put our egg crop on the market in a reasonaby good condition,
provided the eggs get to the first refrigprovided the eggs get
erator in thisis condition. The fact that erator in this condition. The fact hat
they do not is charged to the prothey do dally ing, through lack of time in duor weather and through his desire to hold for better prices later in the year when the market is rising. The country
merchant is an accessory, for he, too, is merchant is an to be careless than careful of
more likely them while they are in his possession, storing them in hot or damp quarters and holding for high prices when pro
duction is low. duction is low.

## The New Idea In Flax Culture.

When the final reckoning is made, per. haps no contribution to the science of agriculture during the last dozen years will be given a higher place than that of Prof. Henry L. Booley, of he North Da-
yarn for everything from coarse towel-
ings, rope, twine, crash and bagging to ings, rope, twine, crash and bagging to
table linen, shirting, handkerchiefs and a hundred other articles of domestic value. That the United States should cease to grow a crop of such vast importance and come to depend upon Europe and South America for the raw
material for this long list of necessities would in truth be an industrial calamity

## A Nomad Among Crops.

Yet flax is a wanderer upon the face of America-a nomad among grains. It has no single, permanent abiding place. It never had. And what is worse, even the region where it may wander is being
rapidly curtailed. A third of the entire flax crop of the United States for 1911 was grown in North Dakota. A large percentage of the other two-thirds was grown in South Dakota, Minnesota and Montana. Most of the flax produced in
these four states was raised in the homethese four states was raised in the hame
teading areas on new breaking. The bonanza farmers of the Dakotas and Montana have little more use for flax than their Eastern brethren, except as a reducer of wild land or as a crop that can be sown, like the proverbial buckwheat, grain. Flax on the sod and then no more flax-that is the order of things. Soon there will be no more sod in the Northwest. Then what?
It is because of such conditions that the American Paint Manufacturers'
sociation has made this public declarasociation has made the situation confronting con-
tion: sumers of linseed oil in this country is becoming acute. Unless the farmers take


Cutting a rich Manitoba field.
$i_{\text {Flax }}$
Flax. Profesor Bolley has given a lifetime of study, experiment and journeyings afield from Oregon to Siberia to the task of discovering why flax, though grown
since before the days of the Pharaohs, sinee before the days or the racaohs, to which it is entitled, and especially why its culture is rapidly declining in the United States. Success has followed his efforts. He has found out not only what is the matter with flax, but how to cure the trouble
Inasmuch as flax culture has viruallyhausting to the soil in most of our Eastern and Middle Western States where it formerly thrived, and similar extinction is threatening it in the region where the crop is now grown, with the resul
there has been an advance of from fifty to seventy per cent. on flax products. Professor Bolley, in solving the difficulty and preparing the way for the revival of
the failing crop, has performed a work of the failing crop, has performed a work of great commercial importance to Ameri-
cans.
No product of the soil is of wider use-
fulness than flax. None touches the people's pocketbook at more points. The seed and the stalk of the plant rival each Other in value. From the former comes paint, varnishes, linoleums and oilcloths Out of the residue of the seed is made oil cake lighly prized as a feed for stock. From the fiber of the plant comes used in upholstering and harness-making
hold of the subject intelligently, within ten years we shall be buying the bulk of ur supplies from Canada, Argentina and Russia, and for every gailon of pain or
varnish used the American farmer will be paying tribute in large amounts to the farmers of these countries.'
The manufacturers of linoleum and linen goods have a similar story to tell. The writer has a commercial journal: "Due to the shortage in the flax erop, linseed oil, which was sold two years ago at 38 cents a gal. lon, has since reached \$1.05, and is quoted today above 90 cens. 1 in the pro portion of this ince in the cost of making portionate In two years the cost of linen
linoleums. In yarn has advanced from twenty-five to twenty-eight per cent.'
Although flax never has been grown in the United States win the care an painstaking attentiond threland and other in Belgi, countries, it has been produced after a fashion from the very beginning of the nation. At first it was raised al most exclusively for fiber. The spinning wheel in the corner of the moder merican pawh our great-grandmother pun "linsey" as well as "woolsey" yarn for household use. In 1629 the seed was ordered to be introduced into the colies for making sailcloth were established at Salem and Springfield in 1790. In Virwoven prior to 1648

## SHE PAID

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such instance: A lady and her husband decided to have a cream separator. He ought only of the purchase price and use to pay more than the cost of her women this machine. lauld not
bear the thought of washing 40 or more disks twice a day
She wanted he wonderful SHARPLES Dalry Tubular Cream Separator She knew that Dairy Tubular bowls contain only the little
piece shown in the righthand pan and are the only easy-to-wash separator bowls. She also knew that Tubuar have wee every skimming force and skim twice as clean as others- thus paying more every $\mathrm{S}_{\mathrm{o}}$ year in extra profits than could be saved hhrough husband was willing to pay she added enough hard-earmed So, to what her husband was wiling to pay sha ades Tubular. And now she
money from her own slender purse to buy a Sharples is one of the happiest, most contented separator users you ever saw.

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and other NEpanseT Roofings are the roofings that prove to you what they have done before asking you to judge what they will do. For instance: In 1898, a warehouse was roofed with NEPONSET Paroid. Last year when the warehouse was torn down the roofing was found to be in perfect condion buildings? Make sure that you get it next. Send for dealer's name and

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grown at different times, and successfully too, in nearly every one of the tar south as
and Central States, even as far Georgia; Pennsylvania, Kentucky and Tennessee were noted formerly for the excellent linen fiber they produced.
Ohio in one year grew $18,000,000$ pounds Ohio in one year grew 18 bushels of seed.
of fibre and $1,7000,000$ tllinois, Michigan Between 1860 and $\begin{aligned} & \text { Virginia, New Yor, Wisconsin and Iowa }\end{aligned}$ all raised flax extensively. In the latter hali of the period the crop was used principally for seed,
1870 growing flax for fiber has died out 1870 growing fax localities. The decline
except in a few came so rapidly that in the yield fell off from $7,000,000$ to $1,500,000$ pounds. At the present time we are manufacturing less than one-twentieth of the linen products used in the United States. All bleached table linens, towels and better fabrics are imported. Only paper, coae in toweling and crashes are being made in this country in any appreciabsupply of home-grown flax for seed has until recently kept pace with the demand. We have even shipped abroad large quantities of oil cake from the Eastern mills. Little credit is due the American farmer, however, since at no period in our history has he given realle culture of flax seed. At present even the Russian peasant promises to outclass him in the world's markets. That flax cannot withstand such negligence and carelessness the outcome of this American method of culture affords a shining illustration. Wherever the plant has been grown it has at firs ielded abundantly, but later the pradually fallen off until event duct has the crop has been raised at an act ual loss. Its culture has then betw abandoned, and once abandoned
seldom been resumed, the farmer being convinced that his land is flaxed out flax tired, or flax sick.
The conviction has become so well established that for many years it has bee only on new land that the American agriculturist hax best suited for seed The result has been that the linseed belt has been constantly on the frontier, moving westward with the settler. Today it is beyond the Mississippi, and flax-growing for seed is no longer pursued east of the river to any degree worth mentioning. Flax for fibre is still produced and somelogate, Michigan, where the estabdishment of mills has been an incentive to the local farmers to give care and thought to cultivation

The Curse of Careless Cultivation. In 1909 and again in 1910 I was out on steader grows flax, and there saw for my: self the sort of culture that has impelled Professor Bolley to assume the task of preaching the gospel of salvation for flax. The homesteader puts up his shack and then hires a neighbor who is lucky enough to own a plow and
or perhaps a steam breaking outfit, to or perhaps a steam breaking out
come in the spring and break up some land. He expects the breaking to be done in April. It more often happens to be the last of May or even June. The turnvirgin fertility, makes anything but a Tevel seed-bed. Perhaps the homesteader realizing this, finds time to run a disk in his seed, or he may even chaine couple of logs together and drag the field with them. Even so, the the poor flax plant has a hard time in forcing its way cooms of earth. When haresest-time
comes the binder has an equally hard time in cutting. usually hitting just hart The chopperd off heads shell out on the ground and are lost. What seed remain

## ENJOYING THE BEST OF HEALIH

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563 Church St., Toronto. I want to say to the people of Toronto and elsewhere that "Frutt-a-tives" is my only medicine and has been for the last four years. Previous to that, with Rheumatism and Kidney Disease, and had taken many remedies as well as employing hot applications of salt bags etc., without getting satisfactory results. Noticing the adverthisement ruitogether and, as everybody knows, since taking "Fruit-a-tives", I have been enjoying the very best health and find it a pleasure to follow my vocation o Dancing and Deportment Instruction Prof. Devis, the celebrated teacher of Prof. Devis, the celebrated Toronto, is quite frank in stating that "Fruit-a tives" alone cured him of distressing Rheumatism and Kidney Trouble. 50 c a box, 6 for $\$ 2.50$, trial size, 25 c . At all dealers or sent on receipt of pric by Fruit-a-tives Limited, Ottawa


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flay stralw went up in smoke in No

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wheat. Either he has brought the flaxexhaustion ber has given it to him.. Ask or his neighbor hoesn't give flax another him chance and he'll answer: "It's too hard in the land. You can't get a good crop after the first year.
anything but sod."
anything but solley has shown that this Projudice of the American farmer is not prejudice of altheagh the trouble is not due to soil exhaustion, but to the deadly work of a fungus-which has been named after its discoverer. The parasite is introduced into the soil in the seed. in the soil it spreads so rapiesor Bolley four years, accordill destroy usefulness of the soil for the growth of the crop. It has been found to be widespread in its distribution in America and is the cause of the disappearance of the crop
The fungus is not limited in its activi ties to America. Professor Bolley ha found it to be in existence in virtualiy every region where flax is grown, espect ally where it is ronstrated that the varie ments have drown for fiber are less sus ceptible to the ravages of the fungus than the seed-producing strains. Thi accounts in part for the performance o the fiber industry in such places as the Courtrai region in Belgium, ture and rotagreat care expendecessarily deserve most
tion of the crop nece of the credit.

Rust Prevention.
The three great seed-producing regions of the world outside of our own Northwest are the new lands of Canada, Rus-
sia and Argentina. If. under existing conditions flax can be grown with profit nowhere in the world except on new land,
Prolley's discovery of the Professor Bolley's discovery of the
trouble and the remedy, is in truth, of far-reaching importance. In teaching the farmers of the Northwest how to overcome the difficulty, he is giving a lesson to flax-growers everywhere a lerformance if well learned will mean the performere $i$ of flax culture
The fungus Fusarium lini, like wheat rust and a variety of other plant diseases which farmers have learned to control, yields, he has demonstrated
to treatment by formaldehyde.
Raise your own seed is Professor Bol Raise your own seed is Professor Bor-
ley's injunction to flax farmers. Grade it to a plump, bright type, removing all particles of chaff and bits of straw, and then treat it before sowing with a solution of formaldehyde. Practice a longperiod series of crop rotation. Arrows
using tools, such as plows and harron using infected land do not use the same
upon tools upon other land until they hav been properly cleaned.
"If the farmers pursue this policy, "with the increased skill in culture which comes with practice,
Bolley, "they will not only be able to Boeep the linseed oil industry, but will eventually be enabled to grow a quality of flax fiber which will compete for manufact

## Education for Good Citzenship.

Some ringing words of protest against narrow views of the purpose of ducation come from President Butterfield, of the Massachusetts Agricultural College. "I deny," he says, agricultural expert should have simply a narrow, practical, technical training andence with that conception of an agricultural course which reduces it merely to the practical reparation of the farmer as a worker.
This statement was called forth by the This statement was called forth Massa opposition of the Governor of the agri"ultural college.
With Presid
Int Butterfield's sane and murn neded opinion most thinking mer
agren. In no unimportant sense ever In no unimportant sense exp
known by his conversation. Th who can talk of nothing 1 , the banker whose tongun raphr : Blackstone until ho
Talking shop is not prositic,

but it places upon him a heavy burden of proof. A mathematician who plays Beethoven on the pipe organ is a much fessor of Greek who knows trees and flowers, or the chemist who serves two terms as mayor of a small city. These
are the men who are really in touch are the men wh
with the world.
with the world.

## You Can Cure Yourself---At Home

 lost vitality. If you have Rheumatism, Sciatiaa, Lumbago, Weak Back or Kidneys, IrritIf you have Rheumatism,
ability of the Bladder, Prostatic Trouble, etc. If you have Indigestion, Gonstipation or Liver Trouble, or any symptoms of Weak Stomach, such as loss of appetite-heartburn-bloating-belching of gas-losing flesh-complexion sallow-headache and a general allgone foeng
or If you have any trouble for which you have taken drugs wis means women
write for my free Book, which explains everything fully. This men as well as men. I have the grandest remedy of the age-electricity as applied by Dr. McLaughlin's Electric Belt. I can show you people who had suffered for years with rheumatism, kidney and liver complaints, debility, weakness and other chronic disorder
Electric Belt.
Electric Belt.
If you want to get well and stay well, you must help Nature remove the cause of your ailment. Doping the nerves and vitals with poison will fool Nature for a while, but that doesn't cure the trouble. Nature must have strength, vitality, new life and energy for the weak, inactive organs of the
body. Electricity supplies this strength and life, and that is how it helps body. Elect.
Nature cure.
successful as well as the best electric belt made Dr. McLaughlin's Electric is ere the to any degree off strength. but my appliance must not be classe shock or burn, and the current can be regula belts and found them worthless, but my appliance must not be classed with those flimsy, fraudulent contrivances that have been forced to get out of business the public for 30 years is pretty good proof that it has merit. receive were pliance has been matter how far away you live, I can assure you
No mo dit

Cured in One Week.
Stomach Trouble and Rheumatism Cured.
Dr. McLaughlin, Rosthern, Sask., June 26th, 1912.
$\qquad$ v. McLaughlin, Sear Sir:-Your Belt has given every satisfaction. My all the good your Belt has done me. I am perfectly cured Dear Sir:-Your Belt has inven ever, and no return of Belt only three months, and to show you how I appreciate her troubles has been seen since. I have also worn the it I do not know any better way to that forget to let Belt for several times myselt has carned its cost over and-my friends know about your womderm Beh. Wishing tained quick
over again.

```
you further sucess, I am,
```


## FREE BOOK

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Dr. E. M. MclAUGHLIN, 237 Yonge Street, TORONTO, Canada.

of a parcels post is now being considered by Congress is discreditable. The newspaper, how means of making one's occupation, whether it be farming, preaching or selling bonds, a center from which shall raciate several avenues of
dit the end of every such departure. At the end of every such avenue are men in other occupations.
To live in a community and live rightly
nce boasted-confcssion would have been a more fitting mosd-that In other words, he was out of touch with his Neountry and probably with are not inerrant or inspired seripture, b:t they contain a good deal of information which, to a responsible citizen and voter, is indispensable. N.
to know, for example, that the question

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This business has changed hands and Mr. H. O. M. Morrison is now managing it and has instailed moun.
Call in when in town and see the difference between the old method of stuffing and the latest scientific process of mounting, not stafiting.
We carry a complete line of taxidermists supplies. There is nothing needs that we cannot supply
We are direct importers of the very latest tricks, ovelties, etc., from Paris, London, Berlin and New York. Such as Ca-choo stink bulbs, puzzles, loud books, loud jewellery cases, trick matches, dogs, pencils, snakes and cameras. Write fior price list C. Mail orders Wholesale and Retail

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children.
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WESTERN HOME MONTHLY, Winnipeg.
Find enclosed $\$ 1.00$ for which send the Weekly Free Press and Prairie Farmer, Winnipeg, and the Western Home Monthly to the following address for one year.
implies a community of interests and implies a commun who likes what you
tastes. The man wit tastes.
like, declared a great thinker, inevitably belongs to your class in society. There is no other proper test. Man is not merely a wage-earning animal. He should be capable of interesting on
and of being interested himselt. If a and of being interested inmset.
narrow
vocational training unfits him narrow vocationale shame to it. Ex-
to do this, the more to do this, the meal education is one of
clusively practical clusively practeries of society-of men
the worst enemis and women who like to associate with other men and women, whether in club church or grange

## Hyglene and Ventilation.

To produce the best results, the air space of the night house or shelter should allow not less than 10 cubic feet per bird. To make this plain, a house
to hold twelve fowls should be 6 feet high, 5 feet long, and 4 feet wids. It should have an open wire front, with a shutter to close down in severe weather. The run shoula boarded round 2 feet as possible, and boarded round 2 feel
overed over scratching sheds, boardel round, and fill up with 9 inches of straw in which scatter grain mid-day and evening for them to find by scratching. Also hang up, 18 inc.es from ground, a cabbage or mangold for them to peck by jumping up. Give warm meal early, but grain always for the last feed.

> An Economical Arrangement.

Set two hens at the same time. At the end of seven days examine in the dark the eggs. By means of a candle placing the eggs in the egg is unfertile (that is to say, does not contain the (that of a chicken), or otherwise. If bright and easily seen through it will not hatch. If progress is all right, the egg will show a dark substance forming. Now, if this examination shows, say, half of the eggs to be unfertile, place all the good eggs under one hen, giving "clear" eggs are not wasted, but boiled hard, and make capital food for chickens when first hatched. By this plan, which as amateurs can see, may be multiplied indefinitely broody hens give full bene


A Waterfall on the G.T.P, Line.
high to shelter birds from cold winds. fits. The plan also admits of the chickFurther, the soil should be covered with $\left\lvert\, \begin{aligned} & \text { ens from two hens being given to one }\end{aligned}\right.$ litter, such as dead leaves or loft sweepings, to a depth of 8 or 9 inches.

Overcrowding to be Avoided. Overcrowding is the amateur's fatal
error. An acre divided into 50 runs of error. An acre divided into 00 runs of
nearly 80 square yards each, using 25 at a time and ruining 12 hens i: each, yields far better results than giving 400 fowls the unlimited run of an acre and housing them in large numbers. (This division allows plenty of space for passages.) Fowls are precarious and would crowd together, leaving three-quarters
of the larger space practically unused of the larger space practicaly frequented House's ( m vable) should be about 6 feet by 5 feet. Change each pen i o a fresh run every two months, and dig Leave half each run grass, ung again. house well at top, and lave doors open at night in hot weather, but avoid
draughts. Do not coddle hen with draughts. Do not codde hens with
extra warmth in cold weather. Fowls in
small runs must have exerci-c. Provide
to bring up, as being the same e the put to from another. The added chickens should be placed under before the hens leave nest.

The Meadow Lark's Song. From sunny glades and verdant shades, With skies cerulean blue, And grassy spring I gladly bring Their message back to you. Of fields I dream, of hills extreme Of flow'rs of every hue,
The south-land's balm, its salient calm, I whisper low to you. From early spring, I'm on the wing; From dawn till falls the dewTo autumn's song, my joys belong , I tell them all to you. In harp-like notes, my trust devotes To God who keeps me true; of hope I trill. love's tender thril I softly call to you.


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tation. Oodered by Specialists for the Cure


## Correspondence.

We invite our subscribers to make use of these columns, and an effort will be made to publish all the interesting
letters received. The large amount of letters received. The large amount of
correspondence which is sent to us has, correspondence which is sent to us has,
hitherto, made it impossible for every hitherto, made it in possible for every point out that we cannot send names point out addresses of our contributors to
and
these columns, but any one wishing to these columns, but any one wishing to communicate with any of the letter writers should send us a letter in a
stamped envelope, which we will adstamped envelope, which we will ad-
dress and send to the party named. We receive a great many letters, both for publication and to be forwarded from persons who are not subscribers, and we wish to say that so great is the work
incurred that we raally cannot promise to publish or forward any letters from non-subscribers. We think this only fair to our large number of subscribers, as
they should be given the prior use of they should
this column.

## Time Brings Changes.

Irvine, August, 1912. Dear Editor,-Will you kindly make room for another interested reader? Before I say anything else I would like to say that the editor is to be congratulated on the way in which he gets
up The Western Home Monthly. It is up The Western Home Monthly. It is certainly a very interesting magazine,
and is such an admirable mixture of

light and solid reading that the reader's attention is held from cover to cover. Where are our old-timers Doc-
tor and Young Farmer? Have they agreed to disagree in peace, or is it merely a lull before the storm? Josephus surely put undertook to "put one mouth when he und I hold much the same opinion as many others on the subject, namely, that there is no
in dancing any more than there is in in dancing any more than there
card playing or any other pastime, procard playing or any ory try to make harm
vided that iwe don't try out of it, and that depends entirely on out of it, ander of the persons engaged. As we all know, there are some people who can twist and contort anything so as to take a doubtful meaning from it,
but it hardly looks fair for the rest to but it hardly looks fair for the rest to
suffer for the sins of these. How many suffer
of you are fond of travel? I like of you are fond and think it is a fine
travelling myself thing for broadening one's mind and giving a person a present time my oppor-
try. Up to the try. Up to the present somewhat limited,
tunities have been son tunities have been somewhat a bit of
although I have been over quite a although I have and made my first exSaskatenewan Alberta this year. Last
cursion into year I put in a little wh, near the place River in Saskatchewan, near the place
where the battle was fought between where the batce and regulars in the
the half-breeds Northwest Rebellion. We found the remaias of a man, apparently an nave
whom we supposed to have fallen in whom we supposed thus going over

Maypole Dance, Assiniboine Park, Winnipee.
ore our minds a picture of the struggle which took place amongst the rahistoric little stream. Whats of the a few years have wrought in that once wild and primitive country! In the old days it was a great resort for the bufaloes as is shown by the numberless the well-wound in the vicinity and through the deep coulees to the river Now instead of the wild creatures of the prairie, we see herds of cattle and horses quietly grazing on the hillsides peacef the little streams which go on the wigwams of yore; while instead of the shacks and stables of the "Paleface" and the dark patches of prairie which by the plow of the settler. Wonderful indeed, are the changes which have tak en place; and who can safely predict what the next century spirit of advance seems to be almos world-wide just now. Look to Ohina for instance, which has slept for so many years. Her awakening has been sudden and complete. In a few genera
tions, at least, the other nations will hians, at occastion to look down on her with feeling of pity or contempt. By that time there is no doubt the yellow race will be a prominent factor in great questions of the world. We
, as this leap year, I presume you are looking after all the likely looking young men in your respective neighbor oods. It is really rather hard, though, don't you think? You see, he can't very well accept more than one, and if he has to buy many silk dresses, I am afraid he will have to be pretty Maybe he will do like a friend of mine, who, when he had the question popped to him, answered, "Yes, but you will have to be the second." By the way, Mr. Editor, what do you think of the
idea of giving our correspondence club a idea of giving our correspondence club a
name. I think it would be fine to give it a name and to start the ball a-rolling. I 'would suggest "The Westerners Club." However, no doubt some of our readens. can suggest more appropriate stayed my welcome, so will close stayed my wishing The Western Home Monthly
Wel continued success. Yours truly,

## Womens' Rights.

 Sept. 1912. Dear Editor:-I have not written be fore, may I join? and may I express mork opinion on, Of course they blame the men, but I think that the mother and men, but I think that blame themselves, The young girls, milking, feeding calves, pigs etc., carrying water, cat- the ground we were able to bring be
## Music Taiught Free

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In order to advertise and introduce their home study music lessons in very of Music of New York will give ree to our readers a complete course of instruction for either Piano, Organ, Violin, Mandolin, Guitar, Cornet, Banjo, Cello or Sight Singing. In return they simply ask that you recommend their
Institute to your friends after you learn to play.
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## Folks Who Have Pet Corns

Millions of corns are kept growing for with a little Blue-jay plaster. The yains. Think of it - porns. Foinful corns. casionally-take off the top layer. Then growing. Orthey doctor them in some old-time ineffective way. Millions of others take out their corns
pain stops at once-jay plas the B \& B pain stops at once. -gently undermines the corn. In two days it all comes out
No pain, no soreness, no discomfort whatever.
A million corns monthly are removed in that way. Perhapsa million others are simply pared and kept. Which, in your opinion, is the wise take out their corns and see.

A in the picture is the soft $\mathbf{B}$ \& $\mathbf{B}$ wax. It loos
$\mathbf{B}$ protects the corn, stopping the pain at once.
B protects the corn, stopping the pain at once. C wraps around the toe. It is narrowed to be
D is rubber adhesive to fasten the plaster on.

## Blue-jay Corn Plasters <br> Sold by Druggists - 15 c and 25 c per package

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Sample Mailed Free. Also Blue-jay Bunion Plasters. (263)
Bauer \& Black, Chicago and New York, Makers of Surgical Dressings, etc.

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## WORIS THIS PUZZLE \& SEND MO MOMEY II MON <br>  MKM N N M N N N N N

ALSO A PRIZE OF' $\$ 10$ for NEATEST SOLUTION. Somebody Who gands ARE partililiar or this Puzze above Two sta mill reoolve a $\$ 50$ GOLD WATCH O $\$ 50$ IN GOI,D MONEY! Try to atonoor le may beyou. in a lotter or postoard, giving your Name and Address plainily.
dominion watch co., Montreal, Canada
den, and even helping in the fields, they marry young men who see them do this, will they, not expect them then
help? of course, I imagine I hear then say-it's no more than you did at home and, my mother and sisters did it and it did not hurt them either, what can the young wife say?
Ah! I have seen so much of it, the man not understanding that it it more
than the ordinary woman can stand, to than the ordinary woman can stand, to
be wife, mother, house-keeper and still be wife, mother, house-keepier and still
chore around and help outside, the girls chore around and hetp ounside, help these
trying to keep up, trying to her young husbands who are or mean to be kind. In a few years, and ah how few, it means, to the man-a cross irritable wife, the house often untidy, the children peevish, and uncontrolable, the e ittere
ones soon learn to watch for mothers ones soon learn to watch for mothers expression and come to her or han a-
way and the young wife who has overtaxed her strength and probably ruined her nervous system, is she happy or even contented-no. She imagines a great many more ills than she has and is even ready to meet trouble half way. lieve in womans' rights-futhermore I hieve in wom would get them if they took
believe women believe women righ. The majority of them simply encourage men in leaving them at home and in putting burdens on them that they have no business to try to
carry. Then they complain of their hard lot,
carelessness and neglect.
1 Of course I do not say that women
should never do these things, it is often should never do these things, it is often
necessary, when the men are in town necessary, when the men are
or away, but threshing time is not or away, but threshing
the time to ask a woman for extra's and it is surprizing how many men do taxed to the utmost, to get ready the extra meals.
When they are first married why do they not take their proper sphere and keep it, it may be hard and seem selfish at first, but its a well known fact that as you start so must you continue, and
to be wife, companion and helpmate is to be wife, companion and helpmate is
what marriage is for, not drudgery. What marriage is for, not drudgery.
Some make that helpmate stretch Some make that helpmate stretch
over a great variety of things and say over a great variety of thing and say
their hustands are mean to them. If a woman keeps the house tidy, the a woman kee
mending done, has the meats on time
and is cleant and smiling herself, she and is clean, and smiling herself, she
has all she can do, and the one who loses this and leaves the milkinn, separ-
doting and gardening to their husband. ating and gardening to their husband.
will receive respect kiulness and attenwill receive respect kiulness and atten-
tion that the other meed never look tion that o he other need never look
for. And if, when they wi.h to go out thes would get some neightor gill to keep the little ones instead of drapging
them abont with them, their husbiands would be far more ready to take them

 take thenl back to the oin days
treasured in memory and make each
dearer to the other.

Aglade on the Moose Pass Trail.
pure water and all and more than we can consume of Gods free fresh air, and judging from the number of tourists we
have in the summer months the city people cannot find those in the city. But what of those who can not come to the country, those who live in the slums and places where refined
people sludder when they think of them; people sluadder when they think of them,
all through the hot summer months they must endure it. A Lady Humming Bird your letter is splendid, I hope you will come again.
I would like to correspond with girls and hoys in the west; I am very anxious to know more about the west, would
answer all letters, so lads and lassies nswer all letters, so lads and lassies
wont you please send me a line, my ant you please send me a line, my
address is with the Editor. B.C. Observer am I right in saying you are a man? Now guess if I am boy or girl-

A New Member.
Weldeck, Sask., Sept, 14, 1912. Dear Editor,-This is my first letter o your paper, The Western Home Monthly, which is a very nice publicaion. The correspondence circle I think is the best that I have seen in any
paper I have taken. I am not a subpaper I have taken. I am not a sub-
scriber to your magazine yet, but my scriber to your magazine yet, but my and through lim I have a chance of reading it. I am a bachelor, have a homestead, but am living with my married brother two miles away from it: am fond of a nice dance or a quiet
game of cards: am a teetotaler like a game of cards; am a teetotaler like a
smoke in the winter, but hardly ever smoke in the winter, but hardly ever
smoke in the summer. I am very fond
of music and have an Edison grama-
have an Edison grama-
teach their sans to take care of their sisters by taking the heav work on their shoulders, "they "are' to-day-Old worn out, gray and drab before their time. Well I'm afraid that this has got past even secondly-and as I also fear the dangers of the waste paper basket IIl close, I would like some correspondents too- Mignonette.

A Champion of Country Life. Manitoulin Isle, Sept. 1912. Dear Editor.-As I have never seen a letter from here in the correspondence
column, I thought I would write a few lines.
 cellent paper; it has come to my home every month for four years, and we all think it grand; indeed we colld not do without it. There is a shat I hope this column will take up, that is Country Life $v$. City Life. I love the country and think it the most healthly but I have never lived in the city, but there are many of our readers who have lived in both city and country; they are the ones who can tell us if city life is better qualified to produce great men and
women. My pen is not eloquent but 1 can tell the city people, what we have can tell country that is essential to health $\mid$ and happiness-plenty of good pure food,

HAD PAINS
AND SMC
Mrs. Wm.
"I have take Heart and N I had such such smother I would sure propped up smothering. sbout your pills, and th Milburn's specific for al whecific for al whether tro neryes, and all we claim Price 50 31.25, at all geceipt of Limited, To


## Tinount Sit would SURELY DIE

HID PAITS AROUND THE hEART AND SMOTHERING FEELINGS

Mrs. Wm. Lee, Uhthoff, Ont., writes:"I have taken three boxes of Milburn's Heart and Nerve Pills, and am now well. I had such pains around my heart and such smothering feelings that I thought I would surely die. My head used to be propped up with pillows to keep me from propthering. One day I read in a paper shout your Milburn's Heart and Nerve pills, and three boxes cured me."
Mills, and speciic for all run-down men and women, pecific for all run-d with their heart or hhether troubled with their heart or nerves, and are reatest confidence that they will do the greatest confidence
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 For Weak Kidneys.Rolioves Urinary and Kidney Troubles, Backache, Straining,

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Stops Pain in the Bladder, Kidneys and Back.



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hrom Royal Ophthalmio Hospital, London, Eng.
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Better Than Spanking.
 this hrouble. Mris. M. summers. Mreessful home treatment with full instrui


 Namanizin
phone. I like shooting, riding horseback or any outdoor sport. I a a an English.
man. Should like torrespon with A Manitoba Girl, or An Engish Girl, or
An The ord Home's Joy. My address
with the editor.
Happy Lad.

## A Good Example.

Foxwarren, Man., Aug. 15, 1912. Dear Editor, - I have been a subscriber to your valuable magazine for
sears. two years. I think it's a great paper
at a smali cast. I would not be withat a small cast. "I would not be with
out it for $\$ 2$. 1 also subscribe for a out it for \$2. I
friend as well.
I also subscribe for a
always look through riend as well. I always look taroga
the correspondence columns first, then $I$ go to the first page and read it through from beginning to end. I always read the girls' letters first, then go to my brother friends, the bachelors. It hink some of those lovely bue eyed, curly
haired bachelors with, oh, such lovely teeth ought to be in a glass case in some show room instead of on the prairie. Some of them are all right though, I also like to read the Young Man and His Problem, written by J. Lipeg I used to attend the Central Con gregational Church. I was never tired of hearing Mr. Gordon speak. I wish was there now to hear him. There is one fault with his church, it isnt the enough. ©ould be crowded just the same
size it on Sunday evenings. That's a nice letter from the 'Old Home's Joy. I am sure there would be joy and happiness where she was, but Imm afraid she wil work too hard. I have
crop in this year. We had quite a frost crop in this year. We he it hasn't done
this morning. any damage though. T've seen 37 suimmers, but look much younger. My address is with the editor. Wishing your readers and The Western Home
Manthly every success.

Would Like Correspondents
Sask., Sept. 1012.
"Hello, hello, hello, here's a different girl again."-We have taken the Western Hlame Monthly for some time and certainly hate to miss one number. read A Waltzer's. letter pubished Buster, und to their argument I heartily ery, "hear, hear." Although not a professional, I am very fond of dancing, and have yet to see any hanm inf exercise lieve it to be a good healthfu , exercise I also read Acn reading his Bibie. "But, say, Homebuilder, did you ever come across two verses reading this wise First, As a man thinketh in his hear so he is, second, Charity thinketh no evil. I believe if we are so read
think evil of harmful amusements we think evil of harmfur evil ourselves. On
must be somewhat the other hand, if we are pure and clean no such thoughts will come to us, As for Josephus, say, sod bister, ca tween you and , dance? I am doubtul, perraps,
where the shoe pinches, or perhaps he where not been included in some of the invitations to dances in his locality, and so feels slighted; if so, we win have to be generous and forgive him. Tl shoreslike a few of the more sensible correspendents, in any others who will write first as I am rather shy. Bonne Soir

Live and Let Live.
Dear Editor,-A few months ago
wrote to your paper. As inas subseriber, my leter glad to say that the w.p.p. I sum gaver
have lately subscribed, so I am going have lately sin. must, say I enjoy The
to try again. I I
Western Home Monthly; in fact, when Western Home Monthes in a book then you can say it's something above the ordinary. I often smile when read
letters criticizizing tobaceo and drinking. letters my belief that they don't sum
In things up properly. Supposing we all had our own way, there would be some stopping the manufacture of towacink and others intoxicating
what that would mean. Thousands of unemployed. Surely we hear of enough
poverty, and it would not do for every poverty, and it woulding. There is an
one to farm for a living,
old saying that one mans. food is an. one saying that one man's food is an-
old
other's poison. There will be some say-

## To Protect the Beauty That is Yours

## and to enchance it, if that be possible, is a

 duty none the less binding because it has been made so agreeable. That duty centres in Beauty's chief expression, the skin.With intelligent care and the regular use of such perfect preparations as Na -Dru-Co Ruby Rose Cold Cream and Witch Hazel Cream, you can preserve its bloom in spite of exposure to burning sun or dry. dusty, scorching winds.

## NA-DRU-CO Ruby Rose Cold Cream

does much more than keep the outer skin soft and supple-it foeds the underying tissues, fills out the tiny hollows, prevents wrinkles, and gives 2 fresh and wholesome charm. Wib Its subtle odor of fresh roses, and the soothing sensation which It imparts, Ruby Rose Cold Cream is a toilet gem.

In opal glass jars, 25c. at your druggist's.


FREE TO YOU-MY SISTER surfinio vounw Exim Mrlinire
 ma woman, sunteringa.














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Moles, Warts and Small Birthmarks are successfully and permanently removed by Electrolysis. This is the only safe and sure cure for these blemishes. Thick, heavy eyebrows There also be beautifully shaped and arched by this method. There are several poor methods of performing this work, but in the hands of an expert it may be done with very little pain, leaving no scar. I have made this work one of my specialties, and with fifteen years' experience the very best method n use, and a determination to make my work a success, I can guarantee satisfaction. Write for booklet and further particulars.

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## 

## d

## Ia-rola Is a perfect emolient milk quickly absorbed by the skin, leaving no Irace of nrease or stickiness a ater use. Allaying and soothing nill  ond beatifies the Complexion, making it SOFT, SMOOTH bund white LIKE THE PETALSOF THE ILY. The daily use of La-rola effectrully provents all Redness, , oughnesss. Irritation Tan and Taives a Irritat weather.' Deliightfully cooling and reffeshing after MOTOR- able ING, GOLFING TENNIS, CYCLING, ETC

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## " HOW TO PRESERVE STRENGTH AND RETAIN THE POWERS,"

ing soon that no person should eat meat, Speaking for myself, I would not criticize any habits, for I am very fond of a smoke. I do not drink intoxicat ing liquors, but $I$ belev The same moderation does one good. The same with smoking. I think the purpose that bacco plant grows for the purpose tha
it is used. Live and let live is another good saying. As I am living myself, I use up a small part of the tobacco
manufactured, and so try to let others manufactured, and so try to let other live. What a good thing for us with the bad habits it would be if others would only think a little sefore they started to criticize smoking and perfect
ing. It's a good man that's per ing. It's a good sure that the non-smokers have got their faults. I will close wishing The Western Home Monthly the greatest of success and leaving my address with the editor. I win sig myself The Laughing Chicken.

Cookery Recipes Wanted.
Togo, Sask., Aug. 1912.
Dear Editor,-Am rather interested in reading the correspondence columns of the current number. There seems to be quite a debate on playing and dancing. Well, in my opinion, neither is an evil, but both pleasant pastimes. Of course, we all know there are a good many things which are made an abuse of Would one put down a recreation of one who knows how to take soce who mentioned for the sake of those who make a There is nothing wrong in card playing, the wrong is in gambling. To stop such you will have to practically How many are ruined in this country through gambling. They buy things on time and are chancing in some cases of grain may turn out in the fall. The of grain mayles with life. The old say ing of "kill or cure", has a savoring o truth in it. Not that I mean a docto is no good; far from it. But he is never sure how the case may go. The real
estate man, the investor, the financier estate man, the investor, the financier the stockbroker, in fact, mention any calling you like, and I say the or a for gambles on makmit suicide as a result of loss at card playing. How many do likewise when ruined in trade or profession? Eñough for gambling. Now for
davicing. To start with, I'm a nondancer. I have been to many a danc but always took my amusement at his tening to the from choice, not pre judice. It's said girls are ruined through the dance. Well, I came from a little village called London on the Thames. Yes, I'm a "Cockner," and have been in some of the biggest dance halls there Well, in my opinion, dancing is a healthy exercise. It takes one out fagged and worried to indulge in it. It braces one up to go to the serious again. people who can't conduct themselves properly, but these would do the same anywhere they might be, so what advantage to stop the dance ? It's like local option. Ansone it. We all have is for us to take a broad minded view of things and not to look for the $\sin$ of
fellow brethren, rather look for their good points. "Pluck the mote from thine own ere" before condemning
others. Don't forget the old saving "Evil to him who evil thinks. Berion. How would it be to give the bachelors cookery page and get the fair corres

A Girl's Opinion.
Dear Futior. Hiave just finished
and I feel
thing abou
Waltzer
ing ar
would
dance he would surely find learn to

## WHEN THE LIVER IS INACTIEE constipation soon follows

The duty of the liver is to prepare and ecrete bile, and serve as a milter to the poisons. .
Healthy bile on sufficient quantity is Nature's provision to secure regular action of the bowels, and therefore when bile in sufficient quantity, constipation soon follows.
Mr. Henry Pearce, Owen Sound, Ont., writes:-"Having been troubled for years with constipation, and trying many socalled remedies, which did me no good whatever, Ia-Liver Pills. I have found them most beneficial; they are, indeed, a splendid pill, and I can heartily recommend them to all suffering from constipation."

Milburn's Laxa-Liver Pills are 25 cents per vial, or 5 vials for $\$ 1.00$, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto Ont. stead entry (including the time required
Atra. right and cannot obtain a pre-emption may enter Price
a purchased homestead in certain districts.
Pres 33.00 per arre. Duties-Must reside six mon merect
each of three years. ultivate fifty acres and erect a house worth $\$ 300.00$. W. W. CORY,
M. Winster of the Interior
cation of this advertise-
N.B.-Unauthorized of the pubication of this advertia)
ment will not be paid for.

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## 2 <br> SYNOPSIS OF DOMIINION LAND <br> -

$\mathrm{A}^{\text {ny person who is the sole bead of a family of }}$ any male over 18 years old, may homestad
quarter-section of available Dominion land in Manitobsaction Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lan
Agency or Sub-Agency for the district. Entry by proxy may be made at any agency on certain con-
ditions, by a ther, mother, son, daughter, brothe ditions, by f a ther, mother, son,
or sister of intending homesteade
Duties-Six months' residence upon and cultiva tion of the l andi n each of three years. A home-
steader may live within nine miles of his homestead on a farm of at l east 80 acres solely owned and
occupied by him or by his father, mother, son, occupied by him or by h.
daughter, brother or sister. In certain districts a homesteader in pood standing may pie-empt a quarter-section alongside his
homestead. Price 83.00 per acre. Duties reside upon the homestead or pre-emption se
months in each of six years from date of home
send ,
to be. I would not like to apply to Josephus the old saying, "Who evil thinks he evil does, man for that, but he certainly cannot know very much about dancing. I wish village for half a year Why, even the minister of the English Church dances at our Cinderella dances Here the parents take their sons and daughters with them to the dances and
all join in the fun and form a sort of all happy family. Now, Josephus, surely vou do not believe that a father would teach his daughter anything that is
evil? I dance with my father as much evil? I dance with my father as muc as with anyone, and enjoy
Furthermore, do vou suppose that, Furthermore, do you suppose that
dancing had anything to do with dancing had anything to dance togethe girls would
while several gentlemen would be only too willing and eager to "have the honor?" If a girl finds dancing with a gentleman unpleasant she has the Brivilege of refor Bod Buster also said some very true things about dancing. I thrink Ihave said enough on that subject, considering that $I$ am quite willing to give up dancing because I have had my shar of it, though I am only eighteen. I very interesting. She has introduced a subject worth considering. Won't same of you readers please write your opinions about it and follow her sug-
gestion?
I think the correspondence gestion? I think the correspondence olumn has improved wonderfully of
without your paper now. I must say chat I heartily agree with "Cheerful
Critic" in your June number on the vice of card playing, and must add that in pool does more harm than cards. S many of these little towns have at leas ne pool room and often as many at hree or four. People loăding cars, es pend a couple of hours severy of ofte pend a colieve of hours every day play not having any place else to spend their spare time. At first they may just go in
out of the cold and look on, but the out of the cold and look on, but they in playing a fritere is no more harm in playing a friendly game than looking
on. From one thing it is very liable to lead on to anotler, like any other evil. Another thing to be considered is that as a rule the people that play pool are frequenters of the bar-room. Would lik to hear from any cf the fair sex, par-
ticularly "May Flower" in June number Will close, wishing your paper and club the greatest of success. Thanking you for your valuable space and trouble.

Bumble Bee.
Get Busy, Every-Body.
Ontario, Aug, 5th. 1912.
Dear Editor:-This is the second letter to the Western Home Monthly My first one was not in print, but I discouraged yet, because I feel the the only reason my letter was not in print, was that there were so many other


The last piece of ice on Moose River Trail, July 1912
ing. I used to get so tired of reading $\left\lvert\, \begin{aligned} & \text { letters more interesting than mine. We }\end{aligned}\right.$ letters in which the correspondents describe their
wishes to you all, even to Josephus. Wishes to you all, even to
With' thanks to Mr. Editor:.
Little One.

The Western Home Monthly in Old Ireland.
Ireland, June 9th, 1912.
Dear Editor,-I have often intended to write and say how very much The
Western Home Monthly is liked over here. It is over three years since I is improving in every number; it is an ideal paper for the home, suitable for all ages. As I am only a year back
from Winnipeg, I find many a familiar from Winnipeg, I find many, a familiar
name or place in its pages. Few friends name or place in its pages. Few friends
to whom I have sent it for some time to whom I have sent it for some time
all say they look forward every month for it, the reading being so in-
teresting and telling so much about Canada. Now, I think I have said enough for this time. Wishing The Western Home Monthly
cess.
An

The Pool Room.
Yellow Grass, Sask., Aug.,, 1912. Dear Editor,-I have been a reader of your evellent magazine for quite a fell
years; in fact, some one in the family las tiken it as long as I can remember
I have watched with a great deal of in tere-t he progress your paper has made
not only the correspondence columns Which, indeed, are very instructive, but
also the arious other subjects it deals
with.
for two years, and certainly do enjoy it especially the correspondence column. It seems very customary to describe yourself, but I don't thirk I will storetime, only 1 will say am not sixteen keepers of age. I don't help in the store
year much, as my two brothers help, and unless they are very busy, they don't
need need my assistance. Now 1 want every
liody to get busy, and write, and will answer promptly. Leaving my address with the Editor, and wishing the paper and all its readers every success. I'll sign myself.

Many Ahead of them.
Elswick, Sask. August, 1912. Dear Editor:-I think I know the destination of my first letter since received the number of the Wetsern Home Monthly. However, I am not
discouraged ret because I feel the only discouraged yet because 1 feel the only
reason my retter was not in print was because so many other enthusiastic readers of the Western Home Monthly were ahead of me. Mildly expressing myself would say that I enjoy reading your valuable paper immensely and
imagine I cannot keep away from the imagine I cannot keep away from
magic correspondence circle any longe and hope to be successful this time, am very fond of letters particularly $t$ receive them and would like to corres
pond with one or more of the young pondies for pleasure and pastime. I live premptly. Wishing the paper and promptly. Wishing the paper and and
readers every success I'll sign myself.
An old subscriber

## THE LATEST

 SCIENTIFIC REVOLUTIONVITAL ENERGY DRAWN FROM THE LOWER ANIMAL
KINGDM

## Serum Discovered by a Scientlst who was formerly Head of

 Queen's Square Hospital, London, Quickly cures Neurasthenia, Ancemla, Rheumatism, Gout, General Weakness, \&c. WIII supersedo Drugs and make possible a decisive conquest of DiseaseThe past half century has seen marvellous advances of science.
of science.
Automobiles
trains and gigantic liners enable us to annihilate time and space in a man-
ner undreamed of by our forefathers.
An air-steering mechan-imm-the flying machinegives promise of soon becoming 2 stil
means of travel.
Through the medium of
meanis electrical waven we can check the criminal in his Bht or hear a conv-SEQUARD, tion which is taking place Professor of Medicine at the between the captains of College of France, the discoverer shipe in mid-ocean, hun- of Sequarine and founder dreds of miles from where of Sequarine and foundern serum-therapy.
we sit and listen.

$$
\begin{aligned}
& \text { was found to be so great } \\
& \text { we sit and listen. } \\
& \text { The value of the research and experi- } \\
& \text { mental work which made the be almost beyond belief. Many lead } \begin{array}{l}
\text { as } \\
\text { ing medical men expressed the opinion tha }
\end{array}
\end{aligned}
$$ mental work which made these things ing medical men expressed the opinion tha possible can hardly be estimated. But, wonderful as are the discoveries along these lines, their influence on the future of the human race will not be more potent years by the votaries of Medical Science in the laboratory and at the bedside. This science found the world at the

mercy of disease and began the work of mercy of disease and began the work of
rescue-at first in a crude manner by rescue-at first in a crude manner by
the use of a few simple herbs and the process of "blood-letting.
As time wore on research and experiment placed more powerful weapons in the hands of doctors. A revolutionary change
took place in the method of healing, and drugs of almost infinite variety began to be used for every conceivable ailment;
still later we find mechanical means, such as electrical contrivances and vibratory machines, being
disease. To-day

## aNOTEER GREAT REVOLUTION

is occurring in the manner of treating disease a change which marks the next
step in the evolution of medical science. Drugs and mechanical contrivances have been of value in the past-as were the more ancient methods in heir time in the near future every home and be necessaries of life. Just as the aeroplan
will make possible the the wo this serum will me conquest of the air
so of disease.
Sequarine is really the basis of an old and well-established principle-the prin ciple of natural immunity roow disease
Within every animal body there exists a power of "disease resistance." This powe resists the entrance of any disease into the body, and if it is of normal strength read
ily expels the disease even after it has liy expelstrance.
Sequarine is the element which fur nishes the power of disease resistanc nishes the po
in the form of

## TIAL ENERGY EXTRACTED FRON

 ANMMALS AND SUPPLIED TO HUMAN BEINGS.Sequarine increases the number of Phagocytes in the blood, furnishes power Nervous Organism, causes stren-
ous oxidation of impure matter, and acts on the heart, of impure matter, and acts kidneys, causing all these organs to

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free to the public.

## NERVOUSNESS, KIDNEY DISEASE, INDIGESTION

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## CANCER

R. D. EVANS, Discoverer of the famous Evans' Cancer Cure, desires all who suffer writh Cancer to write to him. Two days treatment Maito Car Write to R D. EVANS, Brandon, Manitoba, Canada

94

## The Western Home Monthly.

## THE BLESSIIG OF MOTHERHOOO

 Healthy Mothers and Chil dren Make Happy HomesMochethood is womany highest aphere Mowernoodis woman of her dearest opee and sreatest desires; yet thouands of noble women through some dementhavebeen denied this blessing In many homes once chilaess there that le Compound Hikel Women normal, heealthy and dtrong. This is evidenced by the following lettots Which are genulne and truthful
London, Ont - "I wish to thank you for tho benefit I received by taking you
 tamous meaicine, Lydia E. Pinkham's
Vogetable Compound. Before my baby was born I was so in I could not atand long or walk to lie down nearly all the time. After I took your medicine
man. 1 could work from morning tix night and was happy and well. I cortainly think it relioves pain at childbirth ond recommend or moy overy woman who in pregnank. It may Heip tome other woman." $\rightarrow$ IMe. Fravik Corrns 132 Adelaide St., Londoh, Ont. Brooklyn, N.X.-"I was alling all the time and did not know what the matter was. I wanted ababy but my mas, my woula not permi I I siae a that Iydia P. Pinkham's Vegetable Compound was good and took the mediCompound was gooc and took the med. cine. Chave now a beaured me in every your compound has heiped men, 209 Hump boldt St, Brooklyn, N.Y.

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Monthly medi cine. A special
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married ladies. Can be depended upon Mailed securtely sealed upon receipt of $\$ 1,00$.
Correspondence confldentinl. J. AUETIN $\& ~ C O ., ~$ Chemists, simcooe, Oat.

## 

Phe adknowledged leading remedy for al Female Complainta. Recommended by the Medical Faoulty (seeg teeied withoot which none are peenuine). No lady should be withouit them. Sold by thl Chemitsts \& Stores matill

Is an L. L. D.
Burdett, Alta., Sept., 1912. Dear Editor,-I wish to write a few Mines to our ine paper, when has been now and everybort reads it.-I enjoy the arguments in the correspondence columns. I think on the card laying and dancing problems that any sane minded person ought to know from his own conscience when he is on the right West, but my views is this that the population is largely youngs care-free: single men who want to have a good time at whatever cost. Now, don't understand ne as some crank because
I am one of the boys to a certain extent. My parents are in this country and have put in cour, years home lumber camps and ranching as side lines to make a living. As far as the mile element is concerned, I know it pretty well from the Pass to the East side of the ranching country. All of us are
pretty much alike once you take the pretty much alike once you take the thoughts. For myself, I lise a fricnay game of cards or a country dance with an invited crowa, but am down on "boose." I. like music and play soms on the violin As for occupation, I am an outdoor fel low or nothing. I can shoot some when
the hunting season is on. But girls I can the hunting season is on. But girls I can
make cake or pie, and can give you a good make cake or pie, and "fan igecks." I would
reeeipe for hurry up like to hear from the boys and girls Hoping this letter won't go the way o the last, I will sign myself
Montana Bul from Porcupine.

## Saskatchewan Leads.

Rosthern, August, 1912. Dear Editor, - Having re. d and pondered over a few of your subscribers letters, I will fall in line wth the boys and girls of this correspondence society and
let you hear a little of our own vast and let you hear a little of our own vast and of our Saskatchewan Province in its progress. May it long continue to increase in population as well as in different kinds of grain and the building of cities and towns. I'm really proud when I read of our "Wheat King," Mr. Seager Wheeler, although 1 was in in it in the Winnipeg Telegram in the hriving city of winnipeg. How my hey of joy to know and hear that the province of Saskatchewan where I made my home
for five years vas to be the leading for five years vas to be the leading
vere in wheat. Next I think was province in wheat. Next I think was to say what these three leading provinces will be in a very short tract of land which in its blessing of soil and brain power may long lead and let us hope
always be the leading provinces and in time win and keep the title of "Bread Garden of the World." Now to glance back to the different opinions of enjoy ments and duties as given by some of
your subscribers. I dare say Girlie has taken all her, opinion from Josephus Country dances are even far more in jurious to the young ladies and gentle men than public dances. Now I disagre there with her quite a bit but as my
letter is getting too long I would be very peased why I have taken the liberty to proclaim that dancing is not injurious to embitter young girls lives and char-
acters, although I 'm not a constant attendant at dances etc., but when one's own neighborhood where a person is well
acquainted gives a dance, for instance if acquainted gives a dance, for instance
your own brother, (pardon young ladies, mour be you have no brothers and then I have again trespassed the line) but some dear particuar friend gives a bal pany and would be offended at a fusal, and providing there people whom you ko or offend the friend you go or ofen this question and then please write and tell me your decision or ask my reason for this question. My
address is with the Editor of The West ern Home Monthly to a
write to me. Would like particular
correspond with Qui Vive, Bright Fi correspond with Qui Vive, Bright
Mona and Curly Bill Number one.
opinion in the March number. Would very much like to exchange letters with
him and Qui Vive. Now Cheerful Cynic and Mona don't forget a lonesome lad of twenty winters or more and take pity and write to him as girl correspondoys. are just as much appreciate undecided but I guess it will not matter mand may we are miles and miles apart and don't forget your critic as I'm a little forget your rather should be, as
used to, or rat printer. I'm not always so
I'm a grouchy as aris will sound. Write and try me. Wishing the Western Home Monthly and publisher every success and happiness and all its readers.- "Critic"
Your own "Crict

## Is a Good Cook.

Edmonton, August, 1912. Dear Editor,-I have been an inter ested reader of your paper for many years and think much interested in the orrespondence columns, and would like very much to see my letter in print. I am a stenographer in the fair city of Edmonton and like the closing up part of my work very well. I would much
rather leave the description of myself rather leave the description all apt to shirk at times. I am a bean pole, but ha have a lovely disposition as long as I have my own way, and I can cook so well that I am sure my husband wher and raised in the country and am fond of all animals except th pig. I am very fond of all sports and ony'hing), and can play many games-even football. I am very fond of boating, especially fond of a canoe, having just r om for two, but like one who sits sidl in the canoe., but
am very fond of dancing and music, but am very fond of dancing and music, but
do not care fcr cards. I hope the editor will be good enough to print my lett -r I know one girl who wrote and she got fifty letters every day for two weeks but then she was good looking. Don' let what $I$ said about my cooking fright en you. I love a brave man. wishing the Western _ome Mont-Iy much suc-
cess, I remain. cess, I remain

## From Across the Sea

County Antrim, Ireland, Aug., 1912. Dear Editor,-I suppose you will hapa family. I have read your paper for al most three years .nd certainly look for-
ward to its coming every month. I see very one has something to say $\mathrm{a}^{\text {b }} \cdots$, then card playing and dancing. I do not ance myself because but the first chance there is I shall take it. I do not think it would be proper to dance all night and have oneself fit for nothing next day, but how "Josephus" or any one else sees any harm in a few hours fun where is know, and about card pluying where
the harm in "Snap Old maid," "Donkey," "Thank you," "Cheat," "B : of my neighbor," or "Impertinent questions such as these are the chief amusements at a were taken from us. I suppose I am taking l.p too much of Should anyone care to write to me they will find my
address with the editor. Wishing The Western Home Monthly all success possible. I sign- A Lonely Neagh Lassie.

Why not do this?

| Why not do this? <br> Sask., Aug. 20th. 1912. <br> Dear Editor:-Being an interested reader of your magazine for many years, and seeing by the label on my paper that I am in arrears since last December I thought it advisable to forward the years subscription and save dunners. During the time we have been receiving your paper many have enjoyed its columns as we have had considerable hired help both male and female, and we have often talked and laughed together at meal times and evenings over the correspondence column which $T$ think all of |
| :---: |

## Smoke of Herbs Cures Catarrh

A Simple, $\begin{gathered}\text { Safe, Reliable Way } \\ \text { costs }\end{gathered}$
This preparation of herbs, leaves, lowers and berries (containing no to bacco or habit-forming drugs) is eithe smoked in an ordinary clean pipe o moking tube, and by drawing the med ated into the lungs or sending it ou through the nostrils in a perfectly na through way, the worst case of Catarrh can bu eradicated.
It is not unpleasant to use, and at the same time it is entirely harmless, and can be used by man, woman or Just Just as Catarrh is contracted by
reathing cold or dust and germ-laden air, just so this balmy antiseptic smoking remedy goes to all the affected parts of the air passages of the head, nose, throat and lungs. It can readily be seen why the ordinary treatments, such as sprays, ointments, salves, loquid or tablet medicinell the affected parts. If you have catarrh of the nose, throat or lungs, choking, stopped-up feeling, colds, catarrhal headaches; if you are given to hawking and spitting, this
simple yet scientific treatment should cure you.
An illustrated book which goes thoroughly into the whole question of the will, upon request, be sent you by Dr J. W. Blosser, 151 Spadina Ave., Toronto, Canada.
He will, also, mail you five days' free treatment. You will at once see that it is a wonderful remedy, and a it only costs one dollar for the regula treatment, it is within necessary to sen any money -simply send your name and address and the booklet and free trial package will be mailed you immediately

## \$3.50 Recipe FREE For Weak Men.

Send Name and Address TodayYou Can Have it Free and Be Strong and vigorous.

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memory and ame back, brought
unnatural drains, or thef ollies of youth that has unnatural drains, or the follies of youth that has
cured so many worn and nervous men rightin cured so many worith ou tany additiona l help or
their own homes-with
medicine -that I think every man who wishes to medicine-that I think every man who wishes to
regain his manny power and virility, quickly and regain his mald have a copy. So I have determined
quietly, should
to send a copy of the precription f ree of oharge. oo se id a copy of the preacription ree or any man
in a plain, ordinary sealed envelope to any mat
who will write me forit. who will write meforit.
This preesription comes from a physician who
man This preseription comes from a physician won
has made apecia study of men and am am
vinced it it the tarest-acting combination or the cure of deficient manhood and vigor fall
Duttogether.
Ithink I owe $t$ to my: ellow men $t$ send them a copy $n$ con whoi wiscouraged with repeated $f$ ailure
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Fea

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## The Western Home Monthly.

## Cholera Infantum"

 THE SUMMER COMPLAINT OF InfantsCholera infantum begins with a proCe diarrhoea, the stomach kecomes tritated, and in many cases vozniting and purging set in. The child rapidly loses peshin, and is soon reduced to great langous and prostration.
Cholera infantum can be quickly cured by the use of Dr. Fowler's Extract of Wild Strawberry. Mrs. David A. CleveWha, Apple River, N.S., writes:- "Last land, Apper my little boy, four years old, seppemitle girl, two years old, were taken ane afternoon with vomiting spells, and one anternoors they had cholera infantum. I had Dr. Fowler's Extract of Wild 1 had Dr. in the house, and cosnmenced straw it. The cholera got so bad the using day, they passed nothing but blood. next day, hey the medicine, and in a few I kept on using cured. I always keep a days the in the house, as I don't think there bottle in the house, as summer complaint $s$ anything better's Extract of Wild Straw-
than Dr. Fowler' than D berry." Some dealers may try to sell you something else, but for the good of your ctild's health, insist on having " Dr Fowler's." It has been on the market for over sixty-five years, so you are not using a new and untried remedy. Price 85 cents. Manufactured only by The
T. Milburn Co., Limited, Toronto, Ont.
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## Antificial limbs

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ATENTS Trade Marks and Designs, Featherstonhaugh \& Co. Trd. B. Featherstonhaugh, K.C. M.G. 209-10 Bank of Nova Scotia, Portage Av WINNIPEG

## THE SECRET OF LONG LIFE.

Do not sap the springs of life by neglect of the human mechanism, by allowing the accumulation of poisons in the system. An imitation of Nature's method of restoring waste of tissue and impoverishment of the blood and nervous seal and Oregon to take an alterative glyceric extract (withke root with Cherrybark. Over 40 years afo Dr. Pierce gave to the public this remedy, which he called Dr. Pierce's Goldea Medical Discovery. He found it would help the blood in taking up the proper elements from food, help the liver into activity, thereby throwing out too pois a coufh. the blood and vitalizing the whole system as wed, or exhausted, and having what we call mal-nutrition, which is attended with impoverished blood
and exhaustion of nerve force. The "Discovery" is an alland exhaustion of nerve force. The Discovery is an and round tonic which restores tone to the blood, nerves and of tissue, and feeding the nerves, heart and lungs on rich red blood.




. Mas. Dozn.
from the correspondence we consider we receive value for our money. Since becom-
ing a subscriber to The Western Home Monthly, I think I have read letters from persons situated in almost every sphere of life, and as I have been living alone for some time (which is not by my choice by any means) acquainted with some of the readers, having spent the greater part of my life in the west. Coming from Ontario in 1888 a young man, through life I followed farming and succeeded fairly well from a business point of view but on account of other misfortunes 1 am led to ask the question
But, Och! I backward cast my ee,
On prospects drear
And forward though I canna see I guess and fear.
The one thing helps me to look on the briglit side of life is, I hiave little cares
which duty calls me to care for, and if which duty calls me to care for, and
I fail to do it..who could I expect to care for them? As both widows and widowers have been allowed in the cor respondence circle I trust I am not out of place if so, drop me in the W.P.B. I am not now the bright faced curly
haired young man you read about, but haired young man you read about, but
instead some carelines' are showing, and instead some cairs, but these are expected also gray har years are past. Now if any
when forty one wishes to correspond with an old timer my address is with the Editor. Wishing your paper success, I remain

Too Bashful to write First.
Mozart, Sask. Aug. 16, 1912. Dear Editor and Readers,-Being a very time and seeing that there are very few correspondents from Saskatchewan I thought maybe there would be room in the column for me. I always look for ward to the col.ing of the new. As I
of The Western Home Monthly. find much pleasure in the Correspondence column.
I have had a steady position for three years; Clerking in a general store in a small town and 1 certa do not dance. enjoyment although of private parties lliere are alway lots of private patheir their
here. Where young folks can spend evenings. If any one of either sex cares
ever evenings. I will gladly answer.
I'm too bashful to write first. Imay find more to write next time this is my first attempt.
Wishing The Western Home Monthly, and its readers and Editor every success I will sign myself-

Gets Better as it gets Older.
Edmonton, Alta. Sept. 1912. Dear Editor,-Your paper gets better, Dear Editor, Youg like a great many as it gets your readers I would rather it came twice a month instead of once. I believe you had a competition once, which caused us much breash we did gave us grething. Why dont you start $\begin{aligned} & \text { not win anythig. } \\ & \text { another? } \\ & \text { I am, Yours truly- }\end{aligned} \quad$ J. B.S. I am, Yours truy-

Got the Western Fever. Fielding, Sask., Sept. 1912. Dear Editor, Tm a subscriber to The Western Home Monthly and every branch ardent is constituted in the forming of this interesting magazine, I find it to be interesting magal helpul.
orginal and
After graduating from the High School I finished a commercial course at College Soon after the receipt of my diploma
secured a position as private secretary secured a prominent minister, then I advanced for a prominent mocame a reporter and stenographer
and becam
for an attorney. for an attorney.
for a like the work real well but after a couple of years, I was seized by the
western fever, and soon found myself
in western fever, and soon found myself
located on one of the Dominion fair homelocated on one or
steads. I'm 24 years of age and will leave steads. It the imagination. I will say I love music and play the piano and $\left\lvert\, \begin{aligned} & \text { piecolo. } \\ & \text { Any one wishing to correspond will } \\ & \text { 而 }\end{aligned}\right.$ Any one wishing to correspon wonder
find my address with the editor. Io wor find my address with the ed in print if so it will

## New Vitality for Men <br> USE THE

 Free CouponVitality gives you the manly courage to pro-
tect those depending upon you, as portrayed in the nieture. No matter what thoughtlass action or early in-
diseretion may have discretion may have sapped your stres it to you. It makes you over into a strong, vital, manly man, without an ache, pain
Vitality puts the real VIGOR OF YOUTH into your blood, no
matter how nervous or matter how nervous or
debilitated you may be it puts the sunshine of vigorous manhood into your life; I make you
feel yeel young, and keep you feeling young, with-
out the use of drugs, without, the ne necessity,
of dieting, without one of dieting, without one
bit of change in your
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Just lead a manly hife
and BELT; every thing elese
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Air: If the schoolroom be crowded, high ceilings. supplement the air space When windows alone provide ver raise
tion it is advisable in winter to the lower sash by a board the width of the window and six inches high. Thus the air circulates between the two sashes at the middle of the window Another way to avoid direct dra
on pupils is to fit a frame the size of on pupils is to fit a frame the size of
one sash with a canvas cover, and to insert it "under the raised sash.
For efficient mental and physical activity thirty to fifty cubic feet of air per person is used every minute. Average pure air contains carbon dioxide as
three parts in ten thousand; air that three parts in ten thousand; air that has been breathed has lost in turn has
life-sustaining, oxygen and more carbon dioxide which has been more carbon by the lungs as waste. Sis or seven one-hundredths of one per cent.
of it may be breathed safely, but when of it may be breathed safely, but when
the proportion rises to fifteen hunstupid boy, for his circulation is slua stupid boy, for his brain poorly supplied with

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## The mountain climber's paradise?

ed child cannot do active mental work. dredths of a per cent., headache ensues, In both cases, not "feeling like studying," the youngsters are prone to mis-
chief. A thermometer on the wall chbout the height of the children's bodies
best regulates the heat, the limits of 68 best regulates the heat, the limits of 68 to 72 degrees being conducive to most efficient work. Steam or hot water fur naces best stand the test of providing sufficient warmth in zero weather or
within thinly walled buildings, but they within thinly walled buildings, but they are apt o o orerneat through wall shafts
Hot air, delivered then supplies warmth and ventilation at once. Many of them, however, in cer-
tain phases of the wind, fail to distritain phases of the wind, fail to distri-
bute their heat equally. Soft coal bute their heat equalty an village
stoves heat most country and stoves heat most country and
schools. With them, the floors are too schools.
cold, while the pupils on the front rows simmer as those at the back of the room endure arctic' temperatures. As
rome combustion of the fuel in the room the combustion of the fuel in the room
exhausts its oxygen, more fresh air is exhausts its oxygen, more fres
needed than in any other case.

In both our homes and our schools the warm air is too dry. Air can take up more water vapor as its temperature rises and this should be available. An open vessel of water on the stove or
radiator will radiator will evaporate the needfu
moisture. Wet cloths suspended to dry moisse the same end. For a temperature serve the same end. For a 65 degrees a relative humidity of 60 per cent. is proper. Colds, influenza catarrh and pnuemonia are most dan gerous to those whose systems have Dust: Dust from powdered soil not only irritates the sensitive mucous only mranes of the sensitive nucous it carries with it untold germs of disease, as tuberculosis and scarlet work prevent the permanent lodgement
of dust. Paint or oil best finishes a of dust. Paint or oil best finishes a
floor atter its cracks are well tightened
or filled. Burn all the feather dust-
pay for sufficient janitor service, to have the floors mopped daily with water and antisepthes and cloth, fre quently washed, than to pay doctor's bills, and to have suffering, even need less death, among our loved children. Miss Henry, of Worcester, Mass., has solved the problem without expense. Each month two girls from each roon, are appointed to early every brigade These two come earys and caps, and to the damp-dusting. The cloths are rinsed daily and boiled weekly. Every year eighteen little maids are helping themselves and their roommates and
learning principles of neatness valuable learning principles of neatness valuable As a result of a year's experiment she reports not a single case of contagion among 425 pupils, "the first year in the history of the school that this has been history
true.
Disease: Besides the diseases conveyed in dust, there are others moving from family to family wia the school. Typhoid, dysentery and cholera germs
lurk in impure water; see that the water is examined by a physician wariodically. Mouth diseases, as diphtheria, and some poisons, also the white plague, can be communicated from a drinking cup which has touched many lips in succession. A spurting fountin, dividual paper or paraffin cups, to be burned after using, or at least of separate cups kept by each ohild in a box in his desk.
Teach the youthful learners that their mouths are for eating and speaking and not to be used as pockets for pencils, marbles, and the, ke, and the they should not "swap" partly eaten for
borrow each other handkerchiefs.
Knowing that the school is a natural mingling place for the germs of the them during epidemics which have rethem during epidemats. Why not substitute an ounce of prevention for this costly pound of cure? Fumigation might be conducted to advantage every week end, or a fresh air begin the puriand streams
fication. Burning sulphur is popalar, but fication. Burning sulphur is popalar,
it is usually not in sufficient amount and it spares certain bacilli of disease. Carbolic acid, if used, should be in strong solution, applied to wooden surfaces. Corrosive sublimate. is good in
washing floors and walls, but injures washing floors and walls, but injures
metals. The best means of disinfection metals. The best as. One pound of comis formalaeryaldehyde (a solution of 40
mercial formalde per cent. in water) is necessary to be per cent.
volatilized for each 1000 cubic feet of space. It is most effective when vapor is present from an open kettle of steaming water or from wet sheets hung in the room. The gas penetrates
Toilet Facilities: It is desirable tha a healthful school should have plumbing for cleanliness and the disposal of waste. Where you have it, see that it is free from leaks and the soil pipe above the roof at least four inches in diameter at its outlet. Closets sho: lava: tories should be washed daily with antiseptics to prevent the spread of skin diseases. sheds, at least separate those for the two sexes by a six-foot board fence. Each building should have individual compartments and be scrube the valts. Having visited your schoois with seeing eyes, rejoice if they be ideal in ing eyes, wholesomens! If not, as is too frequently the case - suggest needed changes to the superintendent or board of education. Many defects, are remediable at slight cost. If you are
told, "Changes cost money and the taxtold, "Changes cost money ad," mention payers are grumbling already," mention
the possibility of a rearrangement of the possibility of a rearrangement of
expenditures, providing for health at expenditures, providing for health at
the expense of some less necessary feature. When radical and expensive al. terations alone will safeguard your children, educate public opinion through an organization of the parents of schoo pupils, or through "Parent-Teacher As-
sociations," to more generosity of school
nociations," to more generosity of school

## THE FRESH BISCUIT WITH THE

## "STRAIGHT FROM THE OVEN" TASTE

That's MOONEY'S. Because MOONEY'S are made in Winnipeg, right at your very door. They are shipped to your grocer the very day they leave the oven. Besides Mooney's sell so rapidly that they never grow stale on his shelves.

are made of the choicest and purest ingredients. They are baked in a huge oven under the eye of an expert and they are packed in dainty airtight packages or sanitary scaled tins as you prefer,


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[^0]:    But W

[^1]:    Though the school is mainly vocationa
    1.0 - 1 -

[^2]:    School Headaches.
    Dr. Crichton Browne, in the "Pook
    Health." says that headarhes are in Health." says that headaches are in
    "reasing amongst childrem attendin creasing amongst children attendiny
    achools where methodical and effective

