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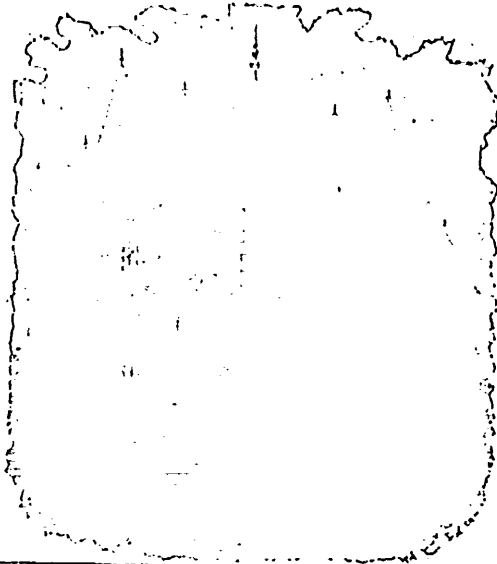
Homœopathic Messenger,

DEVOTED TO THE INTERESTS OF

GRACE HOSPITAL.

"I speak not out of want of surmison, but from proof!"

Telephone 4191.



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PUBLISHED MONTHLY.

ANNUAL SUBSCRIPTION, 50 CENTS.

Vol. III.

TORONTO, NOVEMBER 15th, 1898.

No. 11.

Homœopathic Messenger.

Each one receiving a specimen copy is respectfully invited to become a subscriber. Address all communications and subscriptions

EDITOR HOMŒOPATHIC MESSENGER,
Mail Building,
Toronto.

The object of the MESSENGER is to make more generally known the advantages of Grace Hospital, to give from time to time some account of the work of that Institution, together with other items of information of use and interest to every household, and to encourage a wider interest in the Science of Homœopathy.

Dr. O. A. Williams in *Materia Medica Journal* says that the country people in his part of the country use *Symphitum* with considerable success for obstinate bronchial coughs. Dr. Williams has prescribed it with good results. The 1st potency would be about the right strength.

Asculus suppositoria are the remedy for painful piles and *Asculus* and *Hamamelis* for painful bleeding piles. For exceedingly obstinate, chronic cases *Collinsonia suppositoria* are a good remedy.

When a deaf person hears better in a noise (as on a train) it is a diagnostic sign of disease of the middle ear. Patients with "nerve deafness" usually hear worse in a noise.

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- Miss CARRIE DE WILLEN, 167 Mutual Street.

METHODS OF ASSISTING THE HOSPITAL.

Friends can aid the Hospital in any of the following ways:—

1. Donations of money; also of fruit, flowers, vegetables, provisions, books, clothing, bandages, old linen, and whatever is necessary or useful to the sick.
2. Annual subscriptions, to be paid any time during the year, and continued at will of subscriber.
3. Subscribers of \$100 and upwards shall be known as "Donors," and shall have the privilege of sending a patient for twenty weeks, free of charge, to a \$5 ward of the Hospital. This privilege will be good till used, but is extended only to those who subscribe at least \$100. The like privilege attaches to every additional \$100 subscribed by the same giver.
4. Two hundred and fifty dollars subscribed annually will maintain a bed in a \$5 ward of the Hospital, to which the donor shall have the right to send any proper hospital patient.

FORM OF REQUEST.

I give and bequeath to Grace Hospital (Homeopathic), to be paid by my executors to the person acting as Treasurer of the Board of Trustees thereof, the sum of dollars to the charitable uses and purposes of said Hospital, under the direction of said Board of Trustees.

PRIVATE WARDS.

SCALE OF PRICES.

Private rooms in the Hospital range in price as follows:—\$5, \$8, \$10, \$12, and \$16 per week. This includes all Hospital attendance.

HOSPITAL REPORT.

Patients in October 1st	40
Births	2
Admitted	55
	—106
Discharged in October	44
Deaths	3
Remaining in November 1st	69
	—106

W. H. NICHOLL, M.B., M.D.,
House Physician.

BOARD OF MANAGEMENT.

The meetings of the Board of Management have been held as usual during the last month. The annual election of officers will take place at the monthly meeting, which will be held on Thursday, November 12th.

HOSPITAL AND TRAINING SCHOOL NOTES.

Lectures commenced the first Thursday in October. Lecturers were Dr. Adams, Emergencies; Dr. Anderson, Anatomy of the Eye and Diseases of the Eye.

The lecturers for November are Drs. Emory and Evans, respectively.

OUR WANTS.

(PUBLIC WARDS.)

- Pocket handkerchiefs.
Fruit, any kind.

MITE COLLECTION.

- November 12th—Celery.
" 19th—Buttens.
" 26th—Prunes.
December 3rd—Bananas.

MEETINGS.

Meetings of the ladies' section of the Board of Management are held every Thursday at 11 o'clock a.m., in the Board-room of the Hospital.

Meetings of the Board of Management, at which the Trustees, also Associate Members, are present, are held on the second Thursday of every month, at 4.30 p.m.

Meetings of the Young Ladies' Auxiliary are held every Wednesday at 10 a.m.

DONATIONS.

Y. L. A., 2½ dozen Bananas.
 Mrs. Eddy, basket of grapes for nurses.
 Mrs. Christie, laundry stove and boiler.
 Mito basket, 6 dozen linen buttons, 1 dozen pieces of tape, 2½ dozen bananas.
 Mrs. Palmer, 4 chairs, 2 pictures, 1½ bushel green tomatoes.
 Mito basket, October 8th, 14 dozen linen buttons, 16 dozen safety pins, 6 paper of pins.
 Mrs. McDonough, per Mrs. Burton, 6 quarts of apple jelly.
 Mrs. Burton, 6 bath towels.
 Mrs. Christie, remnants of sheeting and cotton.
 Mr. F. Doan, per Mrs. Christie, 6 aprons.
 Mr. Eby, 3 jars preserved ginger and plums for nurses.
 Mrs. Percy Bently, 1 gallon ice cream for nurses.
 Mito basket, October 22nd, 1 dozen spools, 4 paper of pins, 1 dozen packets of needles.
 Pansy Band, on Saturday 24th, provided dessert for 30 public patients, jelly, custard, cream, grapes and apples.
 Mrs. Palmer, box starch, tin mustard, bottle of vinegar, 2 pounds loaf sugar, 2 bags of salt, candles and pepper.
 Mrs. Marshall, Y. L. A., 4 quarts of marmalade.
 Pansy Band, jelly, flowers, texts.
 Miss Palmer, Y. L. A. 8 dozen bananas.
 Mrs. McMurrich, dressing gown.
 Miss Marsh, Mackenzie River, graduate Grace Hospital, 1 dozen cups and saucers, 1 dozen dinner plates, 1 dozen tea plates, 1 dozen fruit dishes for Ross Robertson Ward; 1 dozen cups and saucers, 1 dozen plates, 1 dozen fruit dishes for the Sir Adam Wilson Ward; 2 dozen dinner plates, 2 dozen tea plates for C. Corridor.
 Y. L. A., 3 dozen knives and forks, 3 dozen dessert spoons, 3 dozen teaspoons for public wards.
 Mito basket, 18 pounds pears, 6 pears, given to Adair Wilson Ward; 2 dozen bananas, 3 spools of cotton.

Mrs. Emory, 8 quarts of grape marmalade.
 Mrs. Morrison, 1 basket of grapes, 1 dozen apples.
 Lady Wilson, 1 dozen apples.

ASSOCIATE MEMBERS.

As many friends of Grace Hospital who are interested in the success of the institution, and still have not the time to devote to actual work, have expressed a desire to be of some assistance, it has been deemed expedient

by the Trustees and Board of Management to establish an order of "Associate Members," who, by their influence, can be of great benefit, not only in Toronto, but throughout Ontario, in securing a wider interest in the science of Homoeopathy and spreading the knowledge of Grace Hospital, it being the only homoeopathic hospital in the province.

The privilege of attending the monthly meetings will be accorded those becoming Associate Members. These are held at the Hospital on the second Thursday of the month, at 4.30 o'clock. A reception committee will be present at 3.30, and will show Associate Members through the various wards prior to the meeting.

A copy of the HOMOEOPATHIC MESSENGER, showing the work which is being accomplished, will be sent monthly to all "Associate Members."

The annual fee for membership in the order is \$2.00.

REPORT OF YOUNG LADIES' AUXILIARY.

There have been very few members present at the last few meetings, but we are hoping for better attendance very soon, as there is a great deal of work to be done for the coming winter. Work finished: thirty-four pillow cases, two night shirts.

M. E. PALMER, *Secretary.*

TREASURER'S REPORT FOR OCTOBER, 1896
--YOUNG LADIES' AUXILIARY,
GRACE HOSPITAL.

RECEIPTS.	
Balance from September	34½ 76
To Members' Fees	7 00
" Receipts from Book	12 00
	\$53 76
EXPENDITURE.	
By Flannel for Dressing Gowns ..	68 49
" Postage	0 25
" Knives, Forks, Spoons, etc.	10 41
" Saturday Donation to Mrs. Sey ..	0 60
	\$19 60
EMMA M. M. ROSE, <i>Treasurer.</i>	

When a patient shows signs of incipient jaundice the best diet for such is plenty of buttermilk.

HEADACHE.

Headache is one of the most common of the numerous ailments we are called on to treat. Almost every individual has his or her special kind of headache; some people have them so often that life is rendered burdensome by the constant pain. The headache may be superficial or deep-seated—it may be confined to the back of the head, or may extend to vertex or forehead; it may be located in the vertex, the forehead, and even the eyes may be chief seat of pain. Then it is important to note the character of pain, which may be a dull, heavy feeling, like a weight, a sharp cutting or shooting, a throbbing, etc. For each of these different varieties of headache a different remedy is required, so that it is at once evident that the treatment of headache is no simple and easy matter to be readily disposed of by some stock powder or prescription. There are some headaches that will yield to any simple form of treatment, others have found the similar remedy for their headache in some patent medicine, which always gives relief for the time being, though it does not cure; for if cured the headache would not return. In treating headache it is important to find out the cause; this may be simple and easily remedied, such as sleeping in a close, unventilated bedroom, a frequent cause of dull, heavy, morning headache and disinclination to rise. When it is remembered that we spend at least one-third of our lives in our bedrooms, the importance of securing for them a proper supply of fresh, pure air, is easily recognized. The test of the healthiness or otherwise of the bedroom is to enter it in the morning directly from the fresh air, when any closeness of the atmosphere is readily detected. Another frequent cause of morning headache is indiscretion in diet, late suppers, wine, beer, etc. Those who have found out the virtues of *Nux vomica*, in this variety of headache, often ward off the attack by a dose or two the night before. Then there is the *nervous* or *sick headache*, a distressing variety to which women are pecu-

larly liable. It is brought on by worry, over-excitement, late hours, etc., though the real cause is generally more deeply seated, and is probably some uterine disorder, or some of the many forms of dyspepsia. There is one troublesome vertebral headache which is especially associated with uterine trouble. A very obstinate headache we recently met with was found to be due to inflammation of the kidneys—Bright's disease. There was associated with it tenderness of the scalp; the hair was quite sore to touch; the pain was felt even during sleep. It was very acute, a bursting, pressing out pain, at times like a nail driven in. There was amelioration of the pain by pressure of the hand upon the forehead. There was also at times heaviness, like a weight in the back of the head. The medicines which have produced this peculiar symptom of headache during sleep are *Arsenicum*, *Digitalis*, *Colchicum*, *Ferrum*, *Graphites*. *Digitalis* was first given and relieved the pain somewhat, but the patient complained one morning that he was so annoyed by the smell of cooking; it came up from the kitchen, through several doors and passages, and made him feel quite sick. This is a marked characteristic of *Colchicum*, and he was given this at once in 6 centesimal dilution, with the happiest results. It not only entirely cured the headache, but also gave a favorable turn to the whole course of the disease.

It is very important to notice what causes aggravation or amelioration of the headache—*e.g.*, some are relieved by warm bandages; these will get relief from *Silica* or *Thuja*; others by uncovering the head—for these try *Glonoin*, *Ledum*, *Sulphur*; others by tightly tying up the head—and *Argent. nit.* will probably help these. Some headaches are accompanied by great hunger—for these give *Psorinum*, *China*, or *Anacardium*, and so on.

Another severe headache which came under our observation had been troublesome at intervals for fifteen or twenty years. It was located at the back of the eyeball, or in the brows—sometimes on one side, sometimes on

the other. The pain was always in the same locality, and was relieved by hard pressure with the hand. The headache was constant, would begin when the patient got up in the morning, continue all day, and become unbearable during the evening. This would continue for three or four days, then would pass off, and the patient appeared to be in perfect health. No other symptoms were obtainable. Many remedies were tried without success. Then an analysis of the urine was made, and it was found to be loaded with urates and uric acid, indicating a lithemic condition of the blood, which at once accounted for all the symptoms and enabled a radical method of treatment to be adopted. Very severe headaches are due sometimes to tubercular disease of the membranes of the brain, when *Bacillinum* would probably be useful.—*R. S. S., in Homoeopathic Medical Gazette.*

Baked potatoes are more nutritious than those cooked in any other way.

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HINTS.

A correspondent wants to know what to take for "fidgets" of the legs and feet. Farrington, in his *Clinical Materia Medica*, says *Zincum val.*, 6th potency.

"What is good for a cold in the head and larynx—a rasped tickling in throat and one nostril or the other alternately stopped," Perhaps *Phytolacca dec.*, 6th, might benefit.

The tincture of *Symphitum* rubbed on parts where the bone has once been broken will often relieve the pain that may linger for years in such cases, the treatment will be the more efficacious if at the same time *Symphitum* 30 be taken internally.

Cholera infantum, arising from acidity of milk food or where the stools are dysenteric and bloody often yields like magic to *Cuphea viscosissima*, five drops of the tincture in half a glass of water.

J. ADAMS, M.D.,

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