

TWENTY-SIXTH

ANNUAL REPORT

OF THE

NOVA SCOTIA

HOSPITAL FOR INSANE

FOR THE YEAR 1883



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HALIFAX N. S.:
COMMISSIONER OF PUBLIC WORKS & MINES, QUEEN'S PRINTER.
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NOVA SCOTIA HOSPITAL FOR THE INSANE,

HALIFAX, N. S.

1883.

COMMISSIONERS OF PUBLIC CHARITIES.

HON. ALBERT GAYTON, M. P. P., M. E. C., Chairman.
GEO. FRASER, ESQ., Mayor of Halifax, (*ex officio.*)
JOHN SOMERS, M. D.
JOHN WHITE.
DAVID McPHERSON.
R. T. MURRAY, Secretary.

RESIDENT OFFICERS.

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GEO. L. SINCLAIR M. D., Assistant Physician.
AUBREY S. HUNT, Bursar.
R. D. DICKSON, Engineer.
MRS. R. D. DICKSON, Housekeeper.
ALEX. MARVIN, Supervisor, Men's Wards.
MISS J. DUNBRACK, } Head Attendants, Women's Wards.
MISS H. SAMPSON, }

THE UNIVERSITY OF CHICAGO

PHYSICS DEPARTMENT

REPORT

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TWENTY-SIXTH ANNUAL REPORT
 OF THE
 MEDICAL SUPERINTENDENT
 OF THE
Nova Scotia Hospital for the Insane.
 1883.

TO THE CHAIRMAN AND COMMISSIONERS OF PUBLIC CHARITIES :

Gentlemen,—I have the honor to submit the Annual Report of the operations of the Nova Scotia Hospital for Insane.

Number of patients on Register Dec. 31st, 1882 ..	399
" " admitted during year 1883 ..	96
	495
Whole number under treatment	495
Daily average	410
Greatest number at one time on Register—July ..	424
Least " " " " January	399
Discharged as recovered	52
" " improved	27
Died	16
	95
Whole number discharged	95
Remaining on Register Dec. 31st, 1883	400
Number out on trial	25

ADMISSIONS.

There were 96 admissions, of which (15) fifteen had formerly been inmates—12 once and 3 twice.

Of these 15 re-admissions, two had been discharged as relieved, and thirteen as recovered.

Eighty-one of those admitted, or over 85 per cent., had never previously been inmates of any Asylum.

DISCHARGES.

There were 95 discharged, or about the same number as the admissions (96), for, owing to the crowded state of the wards, the admissions had to be regulated by the discharges.

DEATHS.

There were (16) sixteen deaths.

			Total.
Phthisis was the cause in 1 man	1 woman 2
Paresis	" " 7 men	0 women 7
General debility and Marasmus	2 " 3 "	" " 5
Locomotor Ataxy 1 man	0 " 1
Diarrhœa 0 men	1 woman 1
	11 "	5 women.	16

The mortality rate was under 4 per cent. (3.9) on daily average, and a little over 3 per cent. (3.2) on whole number under treatment. The general average rate of this hospital is 6 per cent.

RECOVERIES.

The recovery rate, 54 per cent. on admissions, is very satisfactory, being above our usual average (44), and also higher than last year (45).

In making out this result, we have made it a rule to be guided by the condition of the patients after they have returned and remained for some time at home—in some cases for several months. Hence there is every reason to believe that the cure is as permanent as can be expected in cases of insanity. Some will no doubt return, but taking the last and preceding year, the percentages of admission of patients previously discharged cured was as low as 13 per cent. and 14 per cent. respectively.

This result is as favourable as can be expected in other diseases than insanity.

The very large percentage of recent cases in the admissions shews that the factors producing this malady have not diminished, and in the present state of society are likely to continue.

From the best information we can obtain, *hereditary taint* is of marked significance, but on this subject I would refer to my Report of last year, where this subject is more fully detailed.

There is one fact which should not be lost sight of, and that is the advantage of early hospital treatment. Of the very recent cases, more than 66 per cent. can be restored, but of those of a duration extending over a year the cure rate falls as low as 2 or 3 per cent.

IMPROVEMENTS.

Improvement and repair are going on as usual.

Two wards have been re-painted. Two sections of the building have had the ventilating flues connected by galvanized iron pipes with the common ventilator for the section. This will not only give improved ventilation, but render impossible the passage of fire or sparks into the attic. Other two sections are being similarly re-modelled.

The passages leading from the wards to the two fire-proof stairways of female department are to be defended by an additional door.

In common with other institutions, we have had no satisfactory means of recording the watchfulness of the night attendants in the performance of their very responsible duties. Over 400 lives and a half million dollars' worth of property are for more than a third of the time under their charge.

On the part of the management it is necessary that there be accurate knowledge of the duty performed. On the part of the night watches that there be unimpeachable evidence that they have performed their duty. In case of fire or accident demanding investigation, this knowledge would be of paramount importance.

The means to carry out the above requirements have so far been unsatisfactory, when dependence has to be placed on irregular tours of observation during the night or the "watchman's detector" pocket-time-piece.

Other objections aside, it is quite evident that if the night attendant must carry a time-piece and a lantern, in his visits to the rooms of patients who need his care, there is the probability that he will be either remiss in his duty or the time piece will receive rough usage.

To overcome these difficulties we have devised an apparatus in the central office, by which, when the attendant presses on an ordinary

"push button," (electric) an indentation is made on a specially-ruled paper, on which the time of night, the day of the month, and each particular ward or location is inscribed.

This form is placed on a cylinder, 21 inches long and 9 inches in diameter, that revolves once in seven nights, and is so arranged that each sheet carries the record of 20 different wards or locations for one month for each. Twelve sheets will give an indelible and easily-understood record of the movements of the night attendants for any period of each night in the year in each of the 20 localities.

There were many difficulties to be overcome, but these have been removed, and it has given a satisfactory record for the past five months.

A telephone has been placed in the Hospital, connected by its own separate wire with the central office in Halifax. The convenience and usefulness of this addition is so great that we wonder how we did without it for so long a period.

INCOME.

[See Tables XX. and XXI.]

I am sorry to have to report that the past is much less favourable than the preceding years for the following reasons, taking last year as a basis of comparison:—

		Public Charities.	Works' Department.
1882.	Counties, &c., were indebted to.....	\$ 68,049 65	\$33,086 97
1883.	" " are "	75,702 23	33,086 97
"	" " increased indebtedness..	\$ 7,652 58	
1882.	" " paid on account	78,808 99	538 81
1883.	" " " "	54,457 94	000 00
"	Deficiency of income	24,351 05	538 81

Included in the income are \$12,000, which was each year the Government subsidy. The receipts from "Funds" and private patients do not vary much, and hence our financial difficulty must be laid to the inability, delay, or want of desire on the part of the counties to pay their indebtedness.

So far no account has been taken of the large amount of money lost to the Province by the interest which the Government has to pay to keep up the floating debt. The solution of the whole financial difficulty is a very simple affair if the institution were managed on ordinary commercial principles. *Charge the counties what it costs to keep their patients, and collect the bills regularly, charging interest on unpaid accounts.*

EXPENDITURE.

The result under this heading is also more unfavourable than the last several preceding years. For the purposes of comparison we may take the last.

Delivered in the shed, coal cost us this year \$3.70⁵/₁₀₀, and last year \$3.97⁷/₁₀₀, a difference of nearly 72¹/₂ cents per ton. We had to keep up fires for a longer time last than the preceding Spring, and we have kept up fires all night all the year round, so that in case of fire or accident that demanded it, we could have power at a few minutes' notice. These two items caused an increase in consumption of 345 tons, which, with increased cost, made our expenditure for coal, 1882, \$5,094, and 1883 \$7,591, or an increase of \$2,507.

Our expenses under other headings are also higher.

Dry goods in 1882 were	\$5,123
" " 1883 "	6,310
" " " increased cost	1,187
Ordinary repairs, 1882, were	5,058
" " 1883, "	6,887

Also, in a number of smaller items, the comparison is unfavourable. For items see Table XXII. There has been less expended for extraordinary repairs,—1882, \$3,475; in 1883 \$2,003.

The expenditure has been greater under the head of salaries and wages—for extra work in the boiler house—but chiefly on account of the increased wages to attendants. You last year resolved that attendants should have an increase of wages, according to length of service. And as results we have had few changes in those officials, no ill-usage of patients, and no attendants were discharged—we now have a very competent and satisfactory staff.

The cost per week for maintenance is 2.16⁶/₁₀₀; that of last year 2.10⁰/₁₀₀, owing to causes just referred to.

The subjoined table gives the comparative expenditure for maintenance for the past seven years:—

Cost per Patient.	1877.	1878.	1879.	1880.	1881.	1882.	1883.
Food	\$58 62	\$50 35	\$48 03	\$51 35	\$52 00	\$53 12	\$54 00
House expenses..	39 18	37 33	39 47	39 43	36 00	35 50	45 74
Salaries & wages	40 35	38 62	36 47	37 29	36 92	36 46	37 42
Medicines	1 11	0 92	1 16	1 20	1 15	1 13	1 19
Totals.....	139 26	127 22	125 15	129 27	126 04	126 21	138 35
Per week ..	2 67	2 44	2 40	2 48	2 42	2 42	2 66

Our expenses per patient compare very favorably with the other similar institutions in the Dominion. In the United States the rate of maintenance has always been much higher, as a rule, than it is in the Provinces.

CARE OF THE INSANE.

In last year's report I dwelt fully on this subject, and for the details would refer you to it.

The position is unchanged, and there are no additional suggestions to be made, nor, as far as we can see, is there occasion for any modification in the recommendations.

The Pictou County authorities have been making arrangements which, if completed, will materially relieve our crowded wards, lessen the county expenditure, and, with proper supervision, the patients should be well cared for near their own homes, where their friends can take more direct interest in their welfare.

There have been many applications for admission of persons unmanageable owing to alcoholic excesses, and for epileptics that we have not been able to recommend, chiefly because our accommodation is insufficient for applicants for which this institution was chiefly designed. It is desirable that the Province should make provision for these classes, because they are with difficulty cared for at their own homes.

Our crowded wards demand some means of relief, and we would again urge the recommendations presented in last year's report.

ACKNOWLEDGMENTS.

The Rev. P. M. Morrison has officiated the first Sunday of the month, and Archdeacon Gilpin the second.

At other times we have been favoured by the Rev. Messrs. Grant, Doane, Murray, Saunders, Simpson, Whittier, Sponagle, and Mr. Fiske.

The Rev. Canon Woods has ministered to the sick of his Church and the other gentlemen to the ailing members of theirs, when occasion required.

We are under obligations to Miss Adams, of Dartmouth, who presides at the organ every Sunday, and these services have been several times assisted by the choir boys of Garrison Chapel.

The gentlemen of the Orpheus Club gave one of their well-known and very interesting entertainments.

Mr. J. Godfrey Smith and friends, as is their custom, have twice furnished us with very enjoyable concerts.

Messrs. B. A. Smith, Brown & Webb, and Luther Sterns made donations of Christmas Cards.

The Directors of the Halifax Steamboat Company and their obliging Agent, Captain McKenzie, have, as usual, placed us under obligations for a harbor excursion in steamer "Mic-Mac" the past summer.

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Mrs. Montague has contributed her regular donation of illustrated Australian and other papers.

Ex-Commissioner Nisbet, as usual, furnishes regularly a bundle of newspapers.

The Haydn Quintette Club have again laid us under obligations.

Mr. Newcomb and company favoured us with an entertainment.

The children and managers of St. Patrick's Sunday School gave us a dramatic rehearsal, which was enjoyed and well attended.

We had two visits from the Press Associations, Maine, U. S. A. and Quebec, who, at your invitation, were entertained during the past summer.

The press of Halifax and throughout the Province contributes their regular issues, and I need but to mention that their favors are very generally appreciated.

The following papers are regularly received :—

- "Advance," (Liverpool.)
- "Acadian Recorder," (tri-weekly.)
- "Christian Messenger."
- "Church Guardian."
- "Colchester Sun," (Truro.)
- "Colonial Standard," (Pictou.)
- "Courier," (Digby.)
- "Eastern Chronicle," (New Glasgow.)
- "Journal of Agriculture."
- "Morning Chronicle," (daily.)
- "Morning Herald," (daily.)
- "North Sydney Herald," (Cape Breton.)
- "Progress," (Lunenburg.)
- "Plaindealer," (New Glasgow.)
- "Weekly Monitor," (Bridgetown.)
- "Watchman" (Halifax.)
- "Windsor Mail."

THE PAST YEAR.

The work of the institution for the past year has been very satisfactory; the percentage of recoveries has been higher than the usual rate, favorable as this is. It is due, to some extent, to the large number of *recent* cases admitted, for it is only with this class that such a result can be expected. It shows also, incidentally, that if proper accommodation were provided, so that every case could be at once placed under care, that the Province and the counties would profit materially in a financial point.

Recent cases, though giving a probability of high *cure* rate, are also as likely to have a high *death* rate, but this year the number of

deaths was very low, and occurred chiefly with the old and debilitated, and that hopeless class, the Paretics.

Our attendants, both male and female have given very satisfactory service the past year, there being no occasion for dismissal of any, and the changes have been less numerous than formerly.

The supervision of the female wards has been placed under the charge of two head attendants, each one having a certain number of wards allotted to her care. This arrangement has been so far satisfactory.

Mrs. S. Crooks resigned her situation at the close of the year, to retire to private life. She had been in the service of the institution for the past ten years, and acted in the capacity of head attendant during the past year.

I have again to express my thanks to my co-workers in this institution for their cheerful and willing services.

My thanks are due to the Assistant Physician for his usual most valuable assistance, and as well for getting up the statistical tables included in this report.

At the termination of another year allow me to again thank you, gentlemen, for your confidence and assistance in the management of our largest Provincial charitable institution.

A. P. REID, M. D.,

Medical Superintendent.

Nova Scotia Hospital for Insane, }
January 1st, 1884. }

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STATISTICAL TABLES.

Table 1

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APPENDIX.

Admission of Patients.
Discharge of Patients.
Forms of Certificates.

TABLE I.
Showing the Admissions, Re-admissions, Discharges, and Deaths, for the year 1883.

	Males.	Females.	Total.
In Hospital 1st January, 1883.....	194	205	399
Admitted for the first time during the year			
Re-admitted during the year			
	M.	F.	T.
	42	38	80
	8	8	16
Total admitted	50	46	96
Total under care during the year	244	251	495
	M.	F.	T.
Recovered.....	26	26	52
Relieved	14	13	27
Not Improved	0	0	0
Not Insane	0	0	0
Died.....	11	5	16
Total discharged and died during the year	51	44	95
Remaining in Hospital, December 31st, 1883	193	207	400
Average number during the year.....	195.5	214.8	410.3

DISCHARGED OR REMOVED.

TABLE II.
Showing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Hospital to the present date, December 31st, 1883.

Remaining in Hospital, December 31st, 1883	193	207	400
Average number during the year.....	195.5	214.8	410.3

TABLE II
Showing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Hospital to the present date, December 31st, 1883.

	DISCHARGED OR REMOVED.			Males.	Females.	Total.
	M.	F.	T.			
Persons admitted during the period of twenty-five years.....				815	692	1507
Re-admissions				156	135	291
Total of cases admitted				971	827	1798
DISCHARGED OR REMOVED.						
Recovered	420	382	802			
Relieved	107	74	181			
Not Improved.....	24	9	33			
Not Insane	1	1			
Died.....	226	155	381	778	620	1398
Remaining December 31st, 1883				193	207	400

	SUMMARY OF TOTAL ADMISSIONS, 1859 to 1883.		Both Sexes.
	Males.	Females.	
Percentage of Cases Recovered.....	43.27	46.19	44.68
Relieved	11.02	8.94	10.06
Not Improved	2.57	1.08	1.88
Died.....	23.27	18.74	21.18
Remaining	19.87	25.05	22.20
Total	100.00	100.00	100.00
Mean Annual Mortality—1859 to 1883..	7.1	4.9	6.

TABLE III.—Showing the Admissions, Re-admissions, Discharges and Deaths, with the Mean Annual Mortality and Proportion of Recoveries per cent. of Admissions for each year since the opening of the Hospital.

YEAR.	Admitted.			Discharged.						Remaining 31st Decr in each year.			Average number Resident.			Per centage of Recoveries on Admiss'n.			Per centage of Deaths on average number resident.				
	M.	F.	T.	Recovered.		Relieved.		Not Improved.		Died.		M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
				M.	F.	T.	M.	F.	T.	M.	F.												
1859.....	39	31	70	8	3	11	3	1	0	0	0	28	27	55	21	21	42	20.5	9.7	15.7	.0	.0	.0
1860.....	32	31	63	8	6	14	2	1	0	0	0	45	40	85	34	36	70	25.0	19.3	22.2	8.8	2.8	5.7
1861.....	38	22	60	14	9	23	5	0	0	0	0	62	55	117	55	50	105	36.8	40.9	38.3	5.6	14.0	9.5
1862.....	31	12	43	12	9	21	2	0	0	0	0	74	56	130	69	52	121	18.7	75.0	46.8	7.1	1.9	4.1
1863.....	30	17	47	17	5	22	2	0	0	0	0	75	67	142	70	62	132	56.7	29.4	46.8	7.1	1.6	4.5
1864.....	23	23	46	8	10	18	3	0	0	0	0	82	72	154	80	71	151	34.8	43.4	39.1	5.0	8.4	6.6
1865.....	24	22	46	12	16	28	2	0	0	0	0	79	71	150	81	74	155	50.0	72.7	60.9	11.1	6.6	9.0
1866.....	21	21	42	10	7	17	4	0	0	0	0	80	77	157	91	73	163	47.6	33.3	40.3	1.2	4.1	2.6
1867.....	25	18	43	12	7	19	1	0	0	0	0	87	82	169	86	81	167	48.0	39.0	44.0	4.6	3.2	3.0
1868.....	40	46	86	8	12	20	1	0	0	0	0	111	105	216	99	97	190	20.0	26.0	23.2	6.0	5.7	7.3
1869.....	41	38	79	22	11	33	2	0	0	0	0	121	124	245	120	114	234	53.6	29.0	41.8	5.8	8.6	9.5
1870.....	43	27	70	12	12	24	5	0	0	0	0	134	126	260	133	128	261	67.6	56.2	62.1	15.5	6.5	10.7
1871.....	34	32	66	23	18	41	3	0	0	0	0	120	120	240	129	129	258	43.5	52.6	59.4	10.4	4.3	6.4
1872.....	44	33	77	20	19	39	3	0	0	0	0	130	129	259	125	133	258	50.0	45.3	53.7	7.5	2.7	5.0
1873.....	36	33	69	17	19	36	6	0	0	0	0	128	140	268	128	138	266	32.4	45.6	37.7	8.3	7.7	8.0
1874.....	34	33	67	17	19	36	6	0	0	0	0	129	150	279	133	145	278	51.1	48.9	50.0	7.4	4.7	6.0
1875.....	68	46	114	22	21	43	2	0	0	0	0	164	173	337	162	169	331	47.1	55.8	51.1	8.2	6.2	7.2
1876.....	45	43	88	23	21	44	3	0	0	0	0	173	178	351	171	176	347	42.5	74.3	55.9	7.3	1.9	4.4
1877.....	51	43	94	24	24	48	5	0	0	0	0	183	179	362	178	183	361	63.9	44.7	54.3	6.9	2.1	3.5
1878.....	54	39	93	23	29	52	5	0	0	0	0	176	188	364	183	187	370	47.7	48.8	48.3	4.9	4.2	5.4
1879.....	36	38	74	23	17	40	9	0	0	0	0	172	189	361	176	182	358	39.2	50.0	45.0	5.2	6.1	5.7
1880.....	44	45	89	21	22	43	14	0	0	0	0	178	204	382	187	211	399	52.0	56.0	54.0	5.2	2.3	3.9
1881.....	37	43	80	10	19	29	2	0	0	0	0	194	205	399	187	211	399	43.2	46.1	44.6	7.1	4.9	6.0
1882.....	51	40	91	21	20	41	2	0	0	0	0	183	197	400	189	212	410	43.2	46.1	44.6	7.1	4.9	6.0
1883.....	50	46	96	20	26	52	14	0	0	0	0	183	197	400	189	212	410	43.2	46.1	44.6	7.1	4.9	6.0
Total.....	971	827	1798	420	382	802	107	74	181	25	9	34	226	155	381	Mean of twenty five years.							

TABLE IV.—Showing the History of the Annual Admissions since the opening of the Hospital, with the Discharges and Deaths, and the number of each year remaining on 31st December, 1883.

TABLE V.
Showing the Cause of Death for each Year, from the opening of the Hospital to the present date, Dec. 31st, 1883.

CAUSES OF DEATH.	1860.	1861.	1862.	1863.	1864.	1865.	1866.	1867.	1868.	1869.	1870.	1871.	1872.	1873.	1874.	1875.	1876.	1877.	1878.	1879.	1880.	1881.	1882.	1883.	Total.
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	
CEREBRAL OR SPINAL DISEASES.																									
Apoplexy and Paralysis																									36
Epilepsy																									21
Fareis																									44
Mania, Melancholia, and Dementia																									31
Phrenitis and Abscess of Brain																									3
Locomotor Ataxy																									3
THORACIC DISEASES.																									
Gangrene of Lung																									6
Inflammation of Lungs, Pleurae or Bronchi																									18
Pulmonary Consumption																									105
Pulmonary Abscess																									19
Disease of Heart, &c.																									2
Aneurism																									

TABLE V (Continued)

TABLE VI.
Showing the length of Residence of those Discharged, Recovered, and those who Died, in the year 1883.

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
From one to three months	2	1	3	5	0	5
" three to six months	6	3	9	0	0	0
" six to nine months	4	9	13	0	0	0
" nine to twelve months	6	2	8	1	0	1
" one to two years	5	8	13	1	1	2
" two to three years	1	1	2	..	0	0
" three to five years	1	1	2	3	1	4
" five to seven years	1	1	2	..	0	0
" seven to fifteen years	1	1
" fifteen to eighteen years	0	0
" over eighteen years	1	2	3
Total	26	26	52	11	5	16
Average residence since last admission :	Y.	M.	D.	Y.	M.	D.
Males	11	20	1	9	0
Females	1	0	1	6	7	8

TABLE VII.
Showing the duration of the Disorder on Admission, of the Admissions, Discharges and Deaths, in the year 1883.

TABLE VIII.
Showing the Ages of Admissions, Discharges and Deaths During the year 1883.

AGES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			
	M.	F.	T.	Recovered.			Removed, Relieved, or otherwise.			M.	F.	T.	
				M.	F.	T.	M.	F.	T.				
From 15 to 20 years	4	1	5	4	1	5	5	3	3	1	1	1	1
" 20 to 30 "	12	8	20	8	7	15	5	3	1	8	2	2	2
" 30 to 40 "	17	15	32	6	7	13	3	5	1	4	4	1	4
" 40 to 50 "	7	13	20	6	6	12	3	3	1	8	2	1	2
" 50 to 60 "	6	7	13	6	5	5	1	3	2	4	4	1	4
" 60 to 70 "	4	2	6	2	2	2	1	3	3	3
" 70 to 80 "
Total.....	50	46	96	26	26	52	14	13	11	5	16	11	5

Total.....	50	46	96	26	26	52	14	13	27	11	5	16
------------	----	----	----	----	----	----	----	----	----	----	---	----

TABLE IX.

Condition as to Marriage in the Admissions, Discharges, and Deaths, during the year 1883.

	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	M.	F.	T.	Recovered.			Removed, Relieved, or otherwise.			M.	F.	T.
				M.	F.	T.	M.	F.	T.			
Single	28	15	43	17	11	28	11	6	17	4	1	5
Married	19	27	46	9	11	20	3	5	8	6	3	9
Widowed.....	3	4	7	0	4	4	0	2	2	1	1	2
Total.....	50	46	96	26	26	52	14	13	27,	11	5	16

TABLE X.

Showing the probable causes, apparent or assigned, of the Disorder, in the Admissions, Discharges and Deaths of the year 1883.

CAUSE.	The Admissions.			The Discharges.						The Deaths.			Not Improved.		
				Recovered.			Relieved.								
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Ill-health from←															
Religious Excitement.	2	..	2	..	1	1	..	1	1
Fright	1	..	1
Failure in Business...	1	..	1	2	..	2	2	..	2	3	..	3
Domestic Trouble ...	2	1	3	1	4	5	1	..	1	1	1	2
Disappointment.....	1	1
Grief	1	1	..	1	1
Anxiety	1	..	1	1	..	1
Cause unknown.....	1	8	9	..	7	7	..	4	4	..	1	1
Hereditary Predisposition.	3	8	11	3	4	7	3	..	3	1	1	2
Intemperance	6	..	6	5	..	5
Overstudy and Overwork.	2	3	5	7	1	8	4	..	4
Injury	1	1	2	1	1	2	1	..	1
Onanism	4	..	4	1	..	1
Epilepsy	1	..	1
Sunstroke
Fever
Lactation.....
Puerperal	5	5	..	3	3
Climacteric	3	3	1	1
Unknown & re-admission.	24	15	39	7	3	10	6	5	11	..	2	2
Paralysis
Congenital	1	1	2	1	2	3
Total	50	46	96	26	26	52	14	13	27	11	5	16	0	0	0

TABLE XI.
Monthly Admissions and Discharges from January, 1859, to December 31st, 1883.

	1859 TO 1882.		1883.												Total.	
	Admitted	Discharged	January.	February.	March.	April.	May.	June.	July.	August.	September.	October.	November.	December.		Males.
Admitted	118	103	110	144	158	177	176	141	165	139	147	124	921	781	1702	
Discharged	61	51	77	109	117	89	128	151	105	119	112	186	727	576	1303	
Admitted	4	7	6	9	5	10	15	8	11	7	4	10	50	46	96	
Discharged	0	2	12	5	1	10	17	11	1	9	2	25	51	44	95	
Remaining	403	408	402	406	410	410	408	405	415	413	415	400	193	207	400	

isorder, 83.
 Not Improved.
 M. F. T.
 0 0 0

TABLE XII.*Alleged Ages of all Admitted.*

	1883.	1859 to 1882.	TOTAL.
From 5 to 10 years	4	4
" 10 to 20 "	5	123	128
" 20 to 30 "	21	476	497
" 30 to 40 "	29	391	420
" 40 to 50 "	19	256	275
" 50 to 60 "	17	194	211
" 60 to 70 "	5	97	102
" 70 to 80 "	0	35	35
" 80 to 90 "	0	1	1
Unknown	125	125
Total.....	96	1702	1798

TABLE XIII.*Civil Condition of all Admitted.*

	Married.	Single.	Widowed.	Unknown.	Re-admitted.	Total.
1859-1882 { Males....	287	443	23	20	148	921
{ Females..	291	301	52	10	127	781
1883..... { Males....	15	24	3	..	8	50
{ Females..	22	13	3	..	8	46
Total	615	781	81	30	291	1798

Form

Halifax
Colches
Cumber
Pictou
Antigon
Guysbo
Inverne
Richmo
Victoria
Cape B
Hants
Kings
Annapo
Digby
Yarmou
Shelbur
Queens
Lunenb
Newfou
New Br
P. E. Is
Barbad
United
Englan
Ireland
Scotlan
German
Norway
Sweden
India .
H. M. S
Unknow

*Cens

TABLE XV.

Former Occupation, so far as ascertained.

	1883.		1859-82.		TOTAL.	
	M.	F.	M.	F.	M.	F.
Architect and Wife			1	1	1	1
Barrister			1	1
Bailiff			1	1
Baker and Wife			1	4	1	4
Blacksmiths and Wives.....	1	9	11	10	11
Barbers			3	3
Basket Makers	2	2
Brewer	1
Book Binder			3	1	3	1
Brass Founder	1	1	2
Butchers and Wives	1	3	2	4	2
Carriage Makers and Wives.....		2	2	1	2	1
Carpenters and Wives	1	5	37	30	38	35
Conductor's Wife	1	1
Clerks, Book Keepers and Wives....	3	15	3	18	3
Officers of Customs			5	1	5	1
Cabinet Makers and Daughters			6	3	6	3
Colliers and Wives.....			10	5	10	5
Coopers			7	7
Coachmen and Wives			1	3	1	3
Druggist			1	1
Domestics		4	6	10
Engineers and Wives.....	1	2	7	6	8	8
Farmers, Wives, Sons and Daughters.	20	12	286	152	306	164
Fishermen, Wives, Sons & Daughters.	3	2	54	32	57	34
Gardeners and Wives.....			1	3	1	3
Gentlemen and Women.....		1	11	40	11	41
Governess	1	1
Grocers and Wives.....			6	2	6	2
Hotel Keepers, &c.....			4	3	4	3
Hatter and Wife	2	1	2	1
Hostler			1	1
Housewives		6	12	18
Lumbermen	1	4	5
Labourers and Wives, Servants	4	2	104	166	108	168
Masons, Wives and Daughters			14	14	14	14
Ministers, Wives and Daughters			4	6	4	6
Millers and Wives			3	2	3	2
Merchants, Wives and Daughters....	2	1	18	9	20	19
Milliners		1	8	9

Miners
Moulder
Physician
Priests
Printers
Painters
Pension
Pedlars
Photogr
Plumbe
Reporte
Rope M
School
Ship Ca
Sexton
Seamen
Soldiers
Shoe M
Saddlers
Seamstr
Student
Shipwri
Surveyo
Shop Ke
Sailmak
Stone C
Tailors,
Tanners
Teamste
Tobacco
Traders
Telegrap
Tramp
Wool So
Wheelw
Washerv
Watchm
Watch M
Weaver

TABLE XV.—(CONTINUED.)

Former Occupation, so far as ascertained.

TOTAL.		1883.		1859-82.		TOTAL.	
M.	F.	M.	F.	M.	F.	M.	F.
1	1			4	2
1			2	2	2	2
1			6	2	6	2
1	4			2	2
10	11			11	1	11	1
3			10	4	10	4
.....	2			2	6	2	6
1			7	2	7	2
3	1	1	1	2
2			4	1	4	1
4	2	1	1	2
2	1			1	1
38	35	1	1	17	15	18	16
.....	1			10	13	10	13
18	3			1	1
5	1	3	3	52	31	55	34
6	3			17	1	17	1
10	5		1	20	6	20	7
7			3	3
1	3			14	14
1			7	2	7	2
.....	10	1	1	4	5	1
8	8			1	1
306	164			1	3	1	3
57	34			2	2
1	3	1	2	3
11	41		1	1	2	1	3
.....	1			3	4	3	4
6	2			8	3	8	3
4	3			1	1
2	1			6	3	6	3
1			1	1
.....	18	1	1	1
5	1	1	1
108	168			1	1
14	14			6	6
4	6	1	2	2	3	2
3	2			1	1
20	19			1	1
.....	9						

TABLE XVI.

Re-admissions from 1859 to 1883.

	1861.	1862.	1863.	1864.	1865.	1866.	1867.	1868.	1869.	1870.	1871.	1872.	1873.	1874.	1875.	1876.	1877.	1878.	1879.	1880.	1881.	1882.	1883.	Total.	Admitted twice.	Admitted 3 times.	Admitted 4 times.	Admitted 5 times.	Admitted 6 times.	Admitted 7 times.	Admitted 8 times.
Males.....	5	6	0	2	7	1	2	5	6	11	5	10	8	8	7	8	11	11	9	12	9	5	7	155	116	24	8	4	1	1	..
Females.....	2	1	2	3	2	2	2	5	6	10	9	4	5	7	6	5	7	7	8	13	12	9	8	135	92	24	7	7	4	1	1
Total.....	7	7	2	5	9	3	4	10	12	21	14	14	13	15	13	13	18	18	17	25	21	14	15	290	208	48	15	11	5	2	1

Ma
Cape B
Inverne
Richmo
Victoria
Pictou
Colches
Cumber
Antigon
Guysbo
Hants,
"
Kings
Annapo
Halifax
Lunenb
"
Queens
Shelbur
"
Yarmou
"
Digby
Provinc
Private
Brown

TABLE XVII.

Maintenance of Patients in Hospital December 31st, 1883.

COUNTY.	Males.	Females.	Total.	INSANE POPULATION. (Census 1871.)		
				Males.	Females.	Total.
Cape Breton	11	15	26	39	28	67
Inverness	11	7	18	42	44	86
Richmond	5	6	11	19	17	36
Victoria	2	2	4	24	22	46
Pictou	26	23	49	48	29	77
Colchester	9	12	21	32	36	68
Cumberland	7	10	17	26	18	44
Antigonish	3	0	3	42	30	72
Guysborough	5	2	7	}	18	15
" St. Mary's District	3	0	3			
Hants, West	6	7	13	}	26	39
" East	2	5	7			
Kings	3	12	15	40	29	68
Annapolis	7	8	15	23	22	45
Halifax	51	52	103	149	153	302
Lunenburg	6	6	12	}	31	32
" Chester District ..	3	1	4			
Queens	2	3	5	11	8	19
Shelburne	2	1	3	}	16	19
" Barrington District	1	2	3			
Yarmouth	4	0	4	}	25	40
" Argyle District ..	1	0	1			
Digby	5	2	7	40	23	63
Province	12	11	23
Private	5	15	20
Brown & Bell Fund	1	5	6
Totals	193	207	400	651	603	1254

TABLE XVIII.

Farm and Garden Produce—1883.

Potatoes	600 bushels.	Radish.....	4 bushels.
Beets	33 "	Spinach	50 "
Turnips	600 "	Lettuce	38 "
Mangolds.....	400 "	Cucumbers	27 "
Peas	25 "	Cabbage	137 dozen.
Beans	38 "	Tomatoes	160 "
Onions	12 "	Squash	22 "
Rhubarb	48 "	Cellery	84 "
Parsnips	42 "	Corn	130 "
Plums	1 "	Cauliflower.....	12 "
Pears	5 "	Strawberries	40 quarts.
Carrots.....	46 "	Gooseberries	50 "
Crab Apples.....	1 "	Currants	356 "

Sweet Herbs.

Pork killed for Hospital.....	3,900 lbs.
Milk from Barn	25,550 quarts.

TABLE XIX.

Articles made by the Female Patients—1883.

7 Coats.	45 Night Caps.
2 Pants.	72 Hats, trimmed.
15 Vests.	174 Bed Comforts.
89 Shirts.†	648 Sheets.
308 Drawers.	38 Table Cloths.
3 Mitts.	573 Bolster Cases.
50 Socks.	901 Pillow Cases.
359 Hose.	138 Pillow and Bolster Ticks.
200 Collars.	290 Bed Sacks.
15 Fleecy Suits.	41 Mattress Covers.
429 Chemises.	119 Rollers.
117 Night Dresses.	2 Sofa Covers.
218 Petticoats.	31 Window Blinds.
421 Dresses.	13 Wash Bags.
212 Women's Drawers.	30 Ottomen Covers.
288 Aprons.	16 Clothes Bags.
59 Waists.	10 Mats.
6 Sacques.	18 Mattress Ticks.

Mending for Male and Female Patients.

Annapolis
 Antigonish
 Cape Breton
 Colchester
 Cumberland
 Digby
 Guysborough
 St. Mary's
 Halifax
 Halifax
 Hants, W
 Hants, E
 Inverness
 Kings
 Lunenburg
 Chester
 Pictou
 Richmond
 Shelburne
 Barrington
 Victoria
 Yarmouth
 Argyle D
 Queens
 Funds
 Private P

TABLE XX.

Balances due Hospital, December 31st, 1883.

	Public Charities.	Works Department.
Annapolis	\$ 3625 71	£3620 21
Antigonish	1610 01	47 78
Cape Breton	6555 90	6166 53
Colchester	1619 10	959 27
Cumberland	1618 35
Digby	2057 91	895 79
Guysborough	1237 84
St. Mary's District	809 77
Halifax	28579 72	615 43
Halifax City—Claims on County	5819 09
Hants, West	487 56
Hants, East	687 95
Inverness	3980 41	19 91
Kings	2808 86
Lunenburg	359 65
Chester District	859 71	2896 73
Pictou	4413 91
Richmond	3470 07	1869 53
Shelburne	137 06
Barrington District	1367 01	117 70
Victoria	1300 39	2504 57
Yarmouth	2009 12
Argyle District	203 04
Queens	1831 40	2547 33
Funds	850 49	364 31
Private Patients	4032 06	3833 02
	\$75702 23	£33086 97

TABLE XXI.

*Showing the Amounts received from Counties and other sources,
during the year 1883—(Income.)*

Annapolis	\$ 1000 00
Antigonish	908 37
Cape Breton	3000 00
Colchester	2465 03
Cumberland	1400 00
Digby	1000 00
Guysborough	300 00
St. Mary's District	421 28
Halifax	5000 00
Hants, West	2710 93
Hants, East	910 00
Inverness	2132 96
Kings	1260 00
Lunenburg	1322 49
Chester District	699 85
Pictou	11000 00
Richmond	999 93
Shelburne	148 56
Victoria	600 00
Argyle District	159 76
Queens	500 00
Funds	591 90
Private Patients	3028 61
Provincial Government	12000 00
Sundry Sales	778 27
Water Rates	120 00
	\$54457 94

Baking
Broma
Berries
Essences
Herring
Vinegar
Malt ..
Tapioca
Mustard
Pepper
Cassia
Ginger
Hops ..
Turnips
Suet ..
Geese ..
Sauces ..
Pork ..
Pickles
Chocolate
Potatoes
White Su
Brown Su
Rice ..
Barley ..
Biscuit ..
Coffee ..
Onions
Tea ..
Molasses
Cheese ..
Salt ..

Charged
work
Provisions

TABLE XXII.

Expenditure for year 1883.

FOOD.

Baking Powder.....\$	13 20	Fresh Fish.....	377 12
Broma	8 68	Oatmeal.....	318 00
Berries	36 95	Peas	72 25
Essences	7 08	Cornmeal	191 59
Herring	80 50	Beans	3 00
Vinegar	37 01	Syrup.....	6 40
Malt	9 00	Sausages	2 50
Tapioca	14 40	Milk	1065 21
Mustard.....	27 44	Apples	165 00
Pepper	13 72	Turkey	65 34
Cassia	10 71	Hams.....	61 95
Ginger	9 35	Sago	21 00
Hops	15 00	Eggs	57 65
Turnips	81 00	Prunes	2 55
Suet	5 38	Raisins	35 83
Geese	105 95	Currants	20 72
Sauces	15 00	Tongues.....	14 50
Pork	11 62	Citron	80
Pickles	1 50	Oysters	4 00
Chocolate	2 80	Oranges	8 10
Potatoes.....	820 26	Maccaroni	1 40
White Sugar.....	118 90	Shad	27 16
Brown Sugar.....	1036 00	Fowls.....	30 95
Rice	74 07	Canned Vegetables	12 30
Barley	85 00	Soda	1 10
Biscuit	134 33	Butter	2309 77
Coffee.....	151 50	Beef	7784 53
Onions	146 25	Mutton	255 48
Tea.....	1093 96	Flour	3968 80
Molasses	751 05	Dry Fish	519 32
Cheese	171 99		
Salt	48 37		
			\$22542 29

Charged to repairs—maintenance of
workmen

\$100 00

Provisions supplied to Superintendent..

298 35

398 35

\$22143 94

Carried forward.....\$22143 94

TABLE XXII—(CONTINUED.)

Brought forward\$ 22143 94

SALARIES AND WAGES.

Officers	\$ 5100 02	
The Pay List	10242 52	
	<u>\$15342 54</u>	15342 54

MEDICINES.

Wine	\$ 108 20	
Whiskey	34 52	
Drugs	346 82	
	<u>\$ 489 54</u>	489 54

HOUSE EXPENSES.

Starch	\$ 31 45	Brooms	\$ 106 80
Sweet Oil	18 90	Tobacco	379 62
Shoe Blacking	9 60	Wash'g Soda..	9 72
Matches	34 66	Razors	5 43
Kerosine Oil	45 17	Recreation..	39 18
Tinware and Repairs ..	258 03	Wash Tubs...	5 00
Knives and Forks.....	31 30	Ferriage....	148 60
Brushes	114 25	Boots & Shoes	915 70
Spoons	49 43	Crockeryware	365 99
Stationery	145 86	Entertainments	132 61
Toilet Soap	3 30	Furniture ..	425 95
Truckage	7 50	Clothes Pins..	1 00
Buckets	23 40	Scissors	11 37
Wrapping Paper	12	Dry Goods..	6310 99
Clay Pipes	3 90	Stamps	78 00
Blue	7 20	Coal	7591 88
Brick Knife	90	Straw	619 11
Candles	3 50	Telegrams ..	2 02
Shoes Repaired.....	129 40		
Soap	688 03		
		<u>\$18754 87</u>	18754 87

Carried forward.....\$ 56730 89

Brought
Return
Cab Hi
Recapt
Clearin
Library
Inciden
Ice ...
Adverti
Printing
Advanc
Medical
Medical
Insuran
Press D
Telepho
Funeral
Sundries
ous
Assistan
Freight
Thermom
Inspectin
Ward C
Bells ..
Kitchen
Procurin
Sample C
Less Tele
Oats ..
Pollard
Farm Im
Hay ..
Less sales

TABLE XXII.—(CONTINUED.)

<i>Brought forward</i>		\$ 56730 89	
MISCELLANEOUS.			
Return Maintenance..	\$ 159 10	Leather Belts....	\$ 10 50
Cab Hire	14 52	Rubber Coat	3 75
Recapture	18 20	Baskets	9 10
Clearing Land	70 75	Cash Box	2 70
Library	15 49	Strawberry Plants	6 00
Incidental	35	Repairs to Organ..	20 00
Ice	22 00	Rescuing Patient..	10 00
Advertising	84 63	Horse	150 00
Printing	361 25	Carriage Rubbers..	4 00
Advances to Patients	51 42	Surveying Lake ..	60 00
Medical Certificate ..	5 00	Cemetery Lots ..	22 50
Medical Books	20 15	Oars	5 10
Insurance	1200 00	Dress for Attend-	
Press Dinners (2)....	174 99	ant	2 50
Telephone	602 30	Scales	31 00
Funeral Expenses	28 10	Directory	2 50
Sundries for Industri-		Kitchen Range, ..	239 00
ous Patients	9 70	Veter'y Surgeon ..	26 50
Assistance in Office ..	11 00	Coachman's outfit..	12 40
Freight on Parcels	30	Clocks & Spectacles	16 95
Thermometers	6 50	Organist	40 00
Inspecting Scales	3 50	Saddle and repair-	
Ward Clothing Books	96 25	ing harness	
Bells	3 00	work	31 65
Kitchen Range (for Supt.)	37 80		
Procuring Attendants	3 00		
Sample Clothing	4 00		
			\$3719 45
Less Telephone, charged to Extraordinary.....	602 30		
			\$3117 15
			3117 15
FARM.			
Oats	\$ 210 67		
Pollard	189 67		
Farm Implements, Seeds, Cow, and Repairs	305 05		
Hay	830 01		
			\$1535 40
Less sales of Pigs, &c.	778 27		
			\$ 757 13
			757 13
<i>Carried forward</i>		\$ 60605 17	

TABLE XXII.—(CONTINUED.)

Brought forward\$ 60605 17

REPAIRS.

Glass	\$ 116 85	
Smith-work	85 93	
Lumber	958 74	
Repairs (materials and wages).....	4138 00	
Carpenters' wages	534 20	
Engineer's Assistant, do.	422 50	
Masons' wages	531 42	
	<u>\$6787 64</u>	
Maintenance of workman.....	100 00	
	<u>\$6887 64</u>	6887 64

EXTRAORDINARY EXPENSE.

Painting	\$ 205 90	
Locks	126 00	
Sashes	519 56	
Ventilators	549 33	
	<u>\$1400 79</u>	
Telephone	602 30	
	<u>\$2003 09</u>	2003 09

SUMMARY OF EXPENSES FOR YEAR 1883.

Food.....	\$22143 94	
Salaries and Wages.....	15342 54	
Medicine	489 54	
House Expenses	18754 87	
Miscellaneous	3117 15	
Farm.....	757 13	
Repairs	6887 64	
Extraordinary	2003 09	
	<u>\$69495 90</u>	<u>\$69495 90</u>

17

17

17

64

09

00

TABLE XXIII.*Statement for Year.*

1883.		
Jan. 1.	Stock on hand.....	\$2096 17
"	Warrants drawn	4120 41
Feb.	Warrants drawn	4833 54
March.	Warrants drawn	8317 05
April.	Warrants drawn	4136 67
May.	Warrants drawn	4330 71
June.	Warrants drawn	8781 52
July.	Warrants drawn	5522 60
Aug.	Warrants drawn	4355 45
Sept.	Warrants drawn	6636 12
Oct.	Warrants drawn	4585 56
Nov.	Warrants drawn	6273 05
Dec.	Warrants drawn	8345 35
		<u>\$73334 20</u>

Dec. 31.

EXPENDITURE.

1883.		
Jan. 1.	Stock on hand	\$ 3096 17
Dec. 31.	Warrants drawn for year	70238 03
		<u>\$73334 20</u>

Dec. 31.

TABLE XXIII.—(CONTINUED.)*Statement for Year.*

Amount Expenditure, as per Table 22	\$69495 90
Amount deducted from Food Account	298 35
Amount deducted from Farm Account.....	778 27

Dec. 31.—Stock on hand.....	2761 68
	<u>\$73334 20</u>

EARNINGS.

Earnings	\$52755 46
Sales Account of 1883	778 27
Supplies to Superintendent	298 35
Dec. 31.—Stock on hand.....	2761 68
Deficiency	16740 44
	<u>\$73334 20</u>

APPENDIX.

Regulations for the admission of Patients to the Nova Scotia Hospital for the Insane.

Whenever the admission of a patient is desired, application should be made to the Medical Superintendent, who will at once transmit a blank form (the Statement.) This form may be made out by the Physician, nearest relative, or friend, and the questions therein carefully and accurately written out, as it is the chief source on which reliance can be placed, in so far as the previous history and present condition of the patient is concerned, and is entered in the records of the Hospital.

On receipt of the Statement, an answer will be transmitted. If the case be one suitable for admission, two blank forms of Medical Certificate, and a blank Warrant in case of Patient chargeable to the County, or a blank form of Bond for private Patient, will be sent to the applicant.

The Medical Certificates must be made out by duly qualified Medical Practitioners (those whose names are annually published in the "Royal Gazette") or they cannot be received. *See clause 20.*

These certificates empower two County Magistrates to make out the Warrant and commit the insane person to this Hospital.

N.B.—In any County in which the Municipal Council has appointed Magistrates to commit insane paupers to the Hospital for Insane, two of these so appointed must sign the Warrant.

Upon presentation of proper Medical Certificates and Warrant, or Bond, to the Commissioners of Public Charities, an Order of Admission will be furnished, with which order and other papers accompanying the patient, admission at the Hospital follows.

There has been no change in the mode of admission since the opening of this institution, and the above explanation is given in order that friends of patients may not be inconvenienced, as not infrequently happens with some who, from want of knowledge or enquiry, think that doctors' certificates and a warrant are all that are required for the admission of a patient, and also of others who assume that the Superintendent has powers that the Act does not give to him.

In a crowded state of the Hospital, the Commissioners must give the preference of admission to presumably curable cases.

Two good suits of clothing, at least, should be sent with every patient. A third suit for occasional use is very desirable.

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Those about to be committed to Hospital should *invariably* be informed of it *before leaving home*. Everything like deception must be scrupulously avoided. No promise as to the precise time of their return should ever be made.

In order to be benefited by hospital treatment, patients should be placed under care at an early stage of their disease.

The following clauses of Chapter 36 of Revised Statutes, Fourth Series, are appended for the information of those desiring the admission of a patient:—

“CLAUSE 20.—In every case where admission is sought for a patient, a STATEMENT in writing shall be filled up and forwarded to the Medical Superintendent for examination; and *his answer and approval shall be received before the patient is forwarded*. No person shall be received into the Hospital for the Insane as a patient without a certificate from two *qualified* Medical Practitioners in actual practice in the Province, of whom the one shall not be the son, brother, partner or assistant of the other; the examination therefor having been made not more than thirty days before admission.”

“CLAUSE 21.—In case of private paying patients, a bond shall be given to the Commissioners of Public Charities, with sufficient sureties for payment of expenses, and a payment of one quarter's board (fifty dollars) shall be made in advance.”

“CLAUSE 25.—In case such person shall have been certified to be insane by only one Medical Practitioner before his apprehension, he shall be again examined and certified by two duly qualified Medical Practitioners, to be appointed by the Commissioner of Public Works and Mines” (now Commissioners of Public Charities) “before he shall be admitted into the Hospital.”

“CLAUSE 29.—The Commissioners of Public Charities, in the case of patients now in the Hospital for Insane, or on whose behalf admissions are sought, and where in their judgment there are circumstances justifying a departure from the ordinary rates, may make special agreements for the amount and payment of board; and where a patient, from violence or otherwise, requires a special or extra attendant, such extra attendance shall be charged and paid for in the same manner as the ordinary charges.”

N.B.—The Superintendent has no power to admit a patient without the order from the Commissioners of Public Charities.

DISCHARGE OF PATIENTS.

When a patient recovers, the friends are notified, and upon their application, with the Medical Superintendent's certificate, the order for discharge is granted by the Commissioners of Public Charities.

In cases of doubtful recovery, after six months' residence, it is now customary to grant leave of absence “on trial.” If a relapse occur before final discharge, the patient is at once re-admitted without any new formalities.

SCHEDULE A.—STATEMENT.

To be forwarded to the Medical Superintendent when Application is made for the reception of a Patient.

1. Name of Patient (in full).
2. Where born.
3. Son (or daughter) of
4. Residence County of
5. Age last birthday.
6. State as to marriage.
7. Number and age of Children.
8. Occupation, (or that of Father or Husband).
9. Natural Disposition.
10. Habits in Health—as to temperance, &c.
11. Education.
12. Religion.
13. Age at first attack.
14. Insanity—how first manifested.
15. Number and duration of attacks.
16. Where under treatment, and when.
17. What relatives similarly affected.
18. Supposed cause—remote.
19. “ ”—recent.
20. Duration of present attack.
21. State as to sleep.
22. Appetite for sleep.
23. State of bodily health.
24. Whether subject to Epilepsy.
25. Any faltering of speech, or loss of power, and when.
26. Present habits and propensities.
27. What delusions.
28. Whether suicidal (attempted or threatened), and how.
29. If dangerous to others—how.
30. Pecuniary circumstances, (or to whom chargeable).
31. Post office address of nearest friend, and degree of relationship.
32. Other particulars.

I certify that to the best of my knowledge the above particulars are correctly stated; and I hereby request you to receive the above-named..... whom I saw last at.....on the.....day of....., (being within one month from this date), as a person of unsound mind, as a patient into the Nova Scotia Hospital for the Insane.

Name,

Address,

Date,

Degree of relationship (if any) or other circumstances connected with the patient.

N. B.—If any of the particulars in this statement be not known, the fact to be stated. No patient to be sent to Hospital until a reply shall have been received to this statement.

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 SCHEDULE B.—CERTIFICATE.

(a) Name in full. I, the undersigned^(a)
 (b) Qualification. being^(b) and in actual practice,
 hereby certify that I, on the day of .
 (c) Locality. 18 at^(c) in the County of
 separately from any other Medical Practitioner, person-
 (d) Name in full. ally examined^(d)
 (e) Residence. of^(e) (f) and that the said
 (f) Occupation. is a person of unsound
 mind, and a proper person to be taken charge of, and
 detained under care and treatment; and that I have
 formed this opinion on the following grounds, viz.:

1. Facts, indicating insanity, observed by myself:*

1. Appearance.
2. Conduct.
3. Conversation.

2. Facts, indicating insanity, communicated to me by

(g) State the in- others:^(g)
 formation, and
 from whom.

Name

Place of Residence

Date.

N. B.—Two Certificates (dated within one month of the commitment) are required in every case. The second should not be signed by the father, brother, son or assistant of the Medical Practitioner who signed the first certificate.

* The facts upon which (from personal observation) the opinion of insanity has been formed, should always be specified.