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#### Abstract

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## 

SATNT MQTIS, $S$

## RMEUMATISM.

Dieterab worex-A fuit and verctabe diet is most tasurable for patients with chrobic theumatis tronblos.
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Sept．21st，22nd \＆23rd， 1892.

TTIE Twenty－fifth Anmual Meeting of the Canadian Medical Association will be held in Ottawa，on Welnesday，Thursday and Friday， 21 st， 22 nd and 23 rd September， 1892.

Members desirous of realing papers or presenting cases will kindly communi－ cate with Secretary as to the title of paper or nature of case，as early as possible． Arrangements have been made with the Grand Trunk and Canadian Pacific Rail－ ways whereby members and lelegates may obtain return tickets for one fare and one－third．

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The Colleriate Courses of this School are a Winter Session, evtending from the lst of Uetober to the end of March, and a Summer Session from the end of the first, week in April to and of the first week in July.

The fifty-ninth session will commence on the lst of October, and will be contimed until the end of the following March; this will be followed by a Summer Sassion, commencing about the middic of April and ending the first week in July.

Founded in 1sel, and organized as a Faculty of NeGinil University in 1529, this School has enjojed, in an umsual degree, the confidence of the profession throughout Couada and the neighbouring States.

Ont of the distinctive features in the teaching of this School, and the one to which its prosperity is largely due, is the prominence siven to Clinical Instruction. Based on the Edinbursh model, it is chiefly Bed-side, and the student personally incestigates the cases under the supervision of special l'rofessors of Clinical Medicine and sumery.

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Besides these, there is a Pathological Laberatory, well adapted for its special work, and associated with it are two "culture" roms, in which the various forms of Bacteria are cultivated and experiments on Bacteriory carried on.

Recenty extensive additions were made to the building and the old one entirely remodelled, so thatiesides the Laboratories, there are two lawe lecture-rooms capable of seating 300 students each, also a demonstrating romm for a sma!ler number. There is also a Library of over 10,000 volumes, a museum, as well as reading-rooms for the sturlents.

In the recent improvements that were made, the comiort of the students was alse kept in view.
MATRICULATION.-Sudents from Ontario and quebec are advised to pass the Matriculation Examination of the Medical Counrils of their respective Provinces before enterins upon their studies. Students from the United States and Maritime Provinces, unless they can produce a certificate of having passed a recornized Matriculation Examination, must present themselves for the Examimation of the Luiversity on the first Friday of October, or the last Friday of March.

HOSPITALS.-The Montrenl General Hospital has an average number of 150 patients in the wards, the majority of whom are affected with diseases of an aente character. The shippins and the fige mannfactoziesf contribute a ureat many examples of accidents and surgical cases. In the Ont-door Department there is a daily attendance of between 7 a and 100 patients, which affords excellent instruction in minor surgery, rovtine medical practice. venereal diseases, and the diseases of children. Clinical clerkships and dresserships can be obtained on application to the menbers of the Hospital staff.

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# The Maritime Medical News, 

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## Qriginal Ganmanications.

## a Case of hysterectomy.

BY DRS. STEWART OF PICTOU AND INGS DF NEW GIASGOW.

Mrs. C.,. aged 41, consulted Dr. Hector MacKay of New Glasgow carly last March on account of pains in her stomach, and sciatica.

From the signs, symptoms and history about to be related, Dr. MacKay diagnosed uterine fibroma, and Dr. Ings, who was called in consultation, confirmed the diagnosis, and advised an operation.

On March 9th, I saw the patient with Dr. MacKay and Dr. Ings, and agreed with them as to the nature of the case and the necessity for operative interference.

The general health of the patient had always been fair. She had been troubled for years with attacks of sciatica, and she also had been aware for several years of the existence of a "lump" in the lower part of her abdomen, but thought nothing of it as it was painless
and gave her no annoyance. It had of late increased rapidly in size. She had been married a little over a year, and liai menstruated regularly until the first of January of the present year.

She had always suffered a good deal of pain at the menstrual epochs, but ever since the last period there had been almost continuous pelvic uneasiness, with severe bearing down pain and frequent and scanty micturition. There was constipation, and the motions had lately become slender and flattened. The sciatica had also been much more severe.

All these symptoms, indicative of intrapelvic pressure, were rapidly becoming worse, and the patient, who had done all her household work maided until three or four days previously, was now olliged to keep her bed.

On examination a firm, rounded tumour was found occupying the position of the pregnant uterus and rising midway between the umbilicus and the ensiform cartilage. It had the appearance of a pregnancy of about six months. It was slightly movable from side to side. Towards each groin a smaller
finm swelling could be indistinctly felt. A bruit similar to the placental bruit was heard below the mbilicus, but no foetal heart sounds conld the heard.

On examining per caainam the pelvis was found to be eompletely blocked by a firm rounded tumour. The impression conveyed was that of an enlargel retroflexed uterus; but though the finger could be pushed some distance between the tumour and the symphysis pubis, the cervix could not be felt.

Examination of the rectum showed that the tumour jammed it tightly against the sacrum.

This pelvic tumour was not tender on pressure, it was firmly wedged in the pelvis, and pressure in various directions and with the patient in the dorsal, lateral, and geciu-pectoral position, failed to more it in any way.

There were various points in the case in which an exact diagnosis was difficult. In the first place, did pregnancy exist? If so, was it a two monthis' pregnancy dating from the cessation of the catamenia, or was it one of longer standing corresponding to the increased size of the abdomen, and during which there had been spurious menstruation.

The bruit heard in the hypogastrium was not of much diagnostic value: If really placental it was in favour of the latter view.

Then there was some doubt as to the relation of the abdomiinal and pelvic portions of the tumour. The former was somewhat movable, the latter was immovable. Was this a retroverten gravid uterus with a pedunculated fibroid in the abdomen? Or was it possible the abdominal tumour was ovarian?

The raipidity of its grow th was in favour of its being ovarian, but the pelvic portion of the tumotr was also growing rapidy with correlativeincrease of pressure smptonis The :fibroid tumours of the tuterus have been know to grow rapidly, and this is, perhaps, always the case during pregnancy.

As I have already stated, we arrived at the conclusion that this was a case of fibroma of the uterus, stimulated into
rapid growth by the occurrence of pregnancy.

On the 14th of March Dr Sngs and I performed hysterectomy. The anesthetic was administered by Jr. Hector MacKay, and we had the kind assistance of Dr. J. WV. MacKay, of Thorbum. The patient had lost strength markedly during the previous four or five days. Her pulse was 96 and small, and hor temperature had been subnormal ( $97^{\circ} 4$ ) for twenty-four hous. Tho diet had been carefully regulated, and the bowels cleared out by purgatives and enemata.

Thie abdomen was thoroughly scrubbed with soap and water, and then with a 1 to 20 solution of Carbolic acid, and our hands were disinfected in the same way. The instruments, ligatures, etc., after lying for some time in a. 1 to 20 solution, were kept in a 1 to 40 solution of Carbolic acid. For the sponges we used a 1 in 5000 solution of perchloride of mercury.

Half an hotir before beginining the administration of chloroform, Dr. Mackay gave the patient fifteen minims of tincture of digitulis in two drams of brandy.

We made an incision in the median line about three and a half inches in length from the umbilicus downwards, picked up the peritoneum with catch forceps, incised it and enlarged the wound with scissors to the full length of the incision in the skin, and exposed the tumour and the bladder, which we had purposely left undrained, and which had been dragged up halfway to the umbilicus. On exploting with the hand we found a large rounded tumotr, reaching as ligh as the diaphragm, and free frem adhesions: From its lower part the broadligaments could be traced outwards towards each side It was evidently the enlarged uterus.
Below and behind this tumour, and connected with it hy a short flattened pedicle apparenty about three inches in width and about one in thickness was another mass, irregularly rounded and nodular, extending downwards into the pelvis and inmovable.: It completely
filled the pelvic inlet, so that we cond not insinate our fingers between it and the brim. Although exceedingly doubtful of our ahility to remore this portion, we decided to earry on the operation.

The enlarged uterus was turned out, but the shortness of the perticle connecting it with the pelvic tumour prevented our moving it as freely as was desiable, and eonsiderably hampered our proceedings. We first secured the left broad ligament. We foum the reins exceedingly britile, so that on tightening the ligatures some of them gave way and hel: so we put a elamp, on tho ligament and tied again more carefully: The right ligament was then tied off in sections in the same way. Then we dissected the bialder from the anterior wall of the tumour, snipping through the utero-vesical foll of peritonem with scissors, and tearing through the loose comective tissue with the finger, and so came down on the cervix. The badder was then drained. We next ligatured the uterine arteries and transfixed the supavaginal portion of the cervix with a dome ligature of strong silk. At this juncturo a large vein in the pedicle of the pelvic tumour gave way, but bleeding was easily controlled by digital pressure until forceps were placel on the vein and the pedicle secured by a Keith's clamp.

We now tied a piece of rubber tubing tightly round the cervix, and then cutting through the cervix above the ligatures, and through the broad ligaments and the pedicle, the uterus was removel.
While endeavoring again to insinuate our fingers between the pelvic brim and the tumour, it suddenly slipped up somewhat out of the pelvis. The fingers passing downwards felt a band of tissue connecting the tumour with the posterior wall. It was at first feared this was the rectum, enclosed in the growth, but it turned out to be a simple adhesion, and was snipped through with scissors after ligation.

We now suhstituted keith's clamp for the rublher tubing on the pelicke, which we treated by the extra peritoneal methous.

There had heen really very little hleeding, and this was entirely vemous, hut the patients' stremgth was failing and she was looking rery ladly Dr. Mckay had substituted ether for chloroform, and had administered two hypudermic injections of digitalis, seven or cight minims cach time. The julse improvel perceptibly on mach aceasion. Bramly was also given hypotermically.

Wedonched the ablominal cavity with hot 1-5000 sublimate solution anl sponged dry. The abtominal incision was sutured as mpidly as possible with continuons suture and dressed with ionloform and iondoform ganze, packing this carcfully roum the stump, which was hrought out at the lower part of the wound. Over this was plated a pad of alembroth worl held down by adhesive plaster and over all a domett handaye. No dmamage tube was nsed.
The patient was then carried to bed. It was for some time very douhtful if she could rally. The pulse was at times imperceptible. We kept the lower limhs elevated and the head low. Assiduous friction was employed, several hot water bottles were placed beside her and one was held over the heart. Mrandy was given hyporlemically; in all, alont a dozen syringefuls were given. Digitalis and strychnine were also injected in the same way.

In about an hour reaction set in and the pulse improved in strength but became very rapid. At 5 p. m . the temperature was $93^{\circ} 2$ and the pulse 130. The pulse however became quieter towards evening. The patient was soon able to take small quantities of nourishment, and on the following day her condition was such as to warrant hopes of her recovery. Her strength failed however, and without any indications of inflammation or of homorrhage she gradually sank and died at 2 a. m., on the 16 th-about thirty-six hours after the operation. There wasno postmortem.

On slitting up the uterus through the cervical canal the fotal sac was exposed and in it was seen a fætus of about six weeks or two months.

Two small secondary outgrowths sprang from the uterine tumour, one was sessile-the other had a short broul pedicle. There were fibroid nodules in the walls of the cervix.

The pelvic tumour was mach harlex and very nodular.

John Stewart.

## cataract operation by the method 0F SIMPLE EXTRACTION WITHOUT IRIDECTOMT, WITH REPORT OF CISES.

Real before the Maritime Medical Association Halifax, N. S., July ",th, 1892,
By Dr. E. A. Kirkpatrick, Harifax.
Mr. Presitlent and Gentlemen,-Before the introduction of cocaine the method known as simple extraction without iridectomy as an operative procedure in the operation for cataract was unsuccessfully followed for a short time by a number of European and American surgeons who finally abandonel it as unsatisfactory. Quite recently, a number of operators, such as Dr. Weeker, Panas, Knapp, Bull, Webster and others have adopted it with very gratifying results.

Having given this methorl a trial in eight consecutive extractions during the past year I take this opportunity to place on record the results of these operations and at the same time to draw the attention of this Society briefly to the mode of procedure. Not being comnectel with any hospital, and therefore my cases being entirely confined to private practice, it might he presumed that I had selected duly favorable cases for operations. This was not the case, as cataracts are not sufficiently numerous to permit such selection. I would not recommend this method however, when we fail to get a moderately dilated pupil while the local anesthesia of the eye is
being producel, in cases with old syneabiae presenting nor in very soft cataracts. Briefly the method of operating is as follows:

L'epiaration of patient.-I invariably prescribe a gentle lixative the day previous to the operation, and, when necessary, the free use of the bath. I require that the patient shall he placed in bed-the one to be occupied during the whole course of the treatment-at least a half hour berore the hour fixed for the operation. I thus axid any exertion or even movement of the patient just before or after the operation. Pefore attending to the patient the hauls of the operator are thoroughly cleansed with soap and hot water, while the instruments are sterilized by holding. them in boiling water for a few minutes. I then irrigate freely the conjuictival cul-de-sace with a solution of mererris bichloride 1-8000. These simple precautions in the way of preparing the patient lessen the eases of prolapsed iris, hæmorrhage and suppuration in the wound.

Local anæsthesia is then commencer by using two or three drops of 4 p . c. solution of cocaine hydrochlorate. This is repeated in three minutes, and again in five minutes, when the eye is usually ready for operation. If at this time I find the pupil has not dilated sufficiently, I wait four, six, eight or ten minutes. A valuable precaution is to have the eye-lids close, during this time of anresthesia The patient is now ready for operation.

Technique of the operation.-The writer always stands behind the patient and operates on the right eye with the right hand and on the left eye with the left hand. This position taken the ${ }^{4}$ speculum is introduced and with the fixation forceps held in one hand the conjunctiva over inferior rectus muscle is grasped so as to include the sub-conjunctival tissue, while the other hand holds the straight narrow cataract knife. The point of the knife is introduced from the temporal side so that the entire length of the incision will amount to

| No. | Name and Residence. | General Heallh. | Age. | Date of Operation. | Quality and Duration of C'utaract. | Healing Process, Rcmarks, ctc. | Rerluction of Iris. | S'coondery Operation. | 言 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Mr. W. E. B., St. Margaret's Bay. | Good .. | 75 | July 30, 1891. .. | Senile, soft-4 months | No accident; smooth recovery ; opaque membrane in pupil. | Spontancous. | Keratonyxis. on 28th day. | $\frac{20}{50}$ |
|  |  |  |  |  |  |  |  |  |  |
| 2 | Mrs. A., Mill Village. | Good .. | 50 | Oct. 3, 1891,.... | Senile, hard-2 years. | No accident ; very rapid recovery; patient went home at end of 3 weeks. | Spontaneous. | None. | $\frac{20}{20}$ |
|  |  |  |  |  |  |  |  |  |  |
| 3 | Mr. K., Halifax. | Good .. | 72 | Nov. 28, 1891... | Seuile, hard-3 years. | Some ortical matter left which blocked pupil; for 3 days iris lay in contact with cornea ; no pain ; recovery smooth. | Spontancous, | None. | $\frac{20}{30}$ |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| 4 | Halifax. | Good .. | 73 | 1 | Senile, hard-3 years. | Very rapid recovery; clear circular and freely moveable pupil. | Spontaneous. | None. | 20 |
|  |  |  |  |  |  |  |  |  |  |
| 5 | Mr. C., Sydncy. | Good .. | 19 | Jan. 4, 1892.... | Traumatic - 10 years. | Tough and thick capsule; no aceident; recovery rapid. | Spontancous. | Opaque membrane slit with Knarp's knife and good open- | $\frac{20}{200}$ |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| *6 | Mr. S., Halifax | Good | 67 | Feb. 13, $1892 .$. | Senile, soft-2 years.. | Cortical matter left in pupil; prolapse of iris; healing good ; no iritis. | 3y Spatula. | Keratonyxis time and again in July. | $\frac{20}{100}$ |
|  |  |  |  |  |  |  |  |  |  |
| 7 | Mrs. H:, Halifax. | Fair .. | 70 | April 2, $1892 \ldots$ | Senile, hard-4 years. | Perfect recovery ; no pain; freely movable pupii. | Spontaneous. | None. | $\frac{20}{30}$ |
|  |  |  |  |  |  |  |  |  |  |
| 8 |  | Good | 57 | May 12, 1892.. |  |  |  |  |  |
|  | Gaspereaux. |  |  |  | Senile, hard-3 years. | Prolapse of iris, but smooth recovery followed ; no pain. | By Spatula. | Keratonyxis on 28th day. | $\frac{20}{70}$ |
|  |  |  |  |  |  |  |  |  |  |

two-lifths of the circumference of the cornea-the whole being made in clear cornea. A conjunctival flap is avoided thereby lessening the liability of primary infection because of a large wound. Such a flap is also thought to fayor prolapse or incarceration of the iris. In only one of the cases which I am repmors ing did a prolapse of the iris take place, and that not until the expulsion of the lens.

The knife should be carried rapidly across the anterior chamber and the completion of the section should also be rapidly made.
The iris now lies in contact with the cornea, hence the capsulatome is passed very carefully between the two and well to the nasal side of the capsule-a T slaped incision being made. "At this stage of the operation same operators remove the speculum. I prefer to leave it in position until after the expulsion of the cataract. In cases of complicated cataract, however, I would remove the speculum after capsulotomy. In expelling the cataractous lens two spatulas are used-one narrow and one broad. The narrow one is used to make pressure on the eye-ball above the wound while the broader one makes pressure on the lower part of the comea-the force being carefully directed backwards and upwards when the wound will open and the lens present between its lips and be expelled. The speculum is now removed and the lids allowed to remain closed for one or two minutes. The pupil is then carefully examined and if soft lens matter remain an endeavor should be made to expel it by massage of the eye-ball through the lids and by the use of the spatula over the cornea. After a free instillation of bichloride solution one or two drops of a solution of eserine, $1-5$ of $1 \%$ are dropped into the cul-de-sac to contract the pupil and thus insure the retraction of the iris from the corneal wound.

Dressing.-A piece of aseptic absorbing cotton is soaked in the bichloride solution 1 to 8000 and placed over the
eye, over this a square of oil silk and then a considerable quantity of absorbing cotton-all held in place by the firm application of a flannel bandage $1 \frac{1}{2}$ inches wide. I always bandage hoth eyes for 3 or 4 days.

Adcantages of Simple Extractiom.1st. No pain as the iris is not cut.

2nd. No hæmorrhage as there is no iridectomy. This, of course, is a great advantage as free bleeding often takes place in all other forms of cataract operations which not only delays the operation some minntes but may eren wecessitate the abandoning of the completion of the operation for weeks.

3 rd . It is a shorter operation:
4th. Vision is usually hetter than by any other operation.
5 th. The cosmetic effect is perfecta circular, central and movable pupil resulting.

6th. The wound is less likely to be occupied by small particles and excite irritation.

## The disudrantayes.-

1st. It is a more difficult operation because of the liability of the iris to fall before the knife and the natural ohstruction of the iris to the free passage of the cataract. To prevent the former the knife must be passed through the auterior chamber rapidly.

2nd. The remains of cortical matter are with greater difficulty expelled.

3rd. The necessity of a moderately dilated pupil, which is impossible to secure in some cases.

4th. Secondary operations are more difficult after cataract operations without iridectomy.

By reference to the table a coucise report of the cases will be seen. Three of the cases were operated upon in the Church Hospital and five in private houses. While placing these consecutive successful cases on record I wish to thank Doctors Jones, Cowie, Curry, Trenaman, Chisholm and Slayter, for valuable assistance rendered.

## Soristg 靬raceeditys.

## NOVA SCOTIA MEDICAL SOCIETY.

Nominating Committee of the N. S. Medical Society for 1899.

Chairman.-Dr.D.A.Campbell,Halifax. Dr. C. J. Fox, Pubnico. Dr. R. A. H. MacKeen, Cape Breton. Dr. Burgess, Hants Co. Dr. Morrison, Oxford. Dr. W. S. Muir, Truro.
Officers for 1892-93.
President-Dr. Stephen Dodge, Halifax. lst Vice-President-Dr. R. A. H. MacKeen, Cow Bay.
2nd Vice-President-Dr. C. J. Fox, Pubnico.
Secretary and Treasurer-Dr. W. S. Muir, Truro.
Committee on Medicine.-D.A. Campbell, John McIntosh, J. A. Sponagle, (7. W. Bliss, H. H. McKay.

Committee on Suryery.-E. Farrell, C. A. Webster, D. C. Allan, F. Burgess, N. E. Mchay, A. S. Kendall.

Committee on Olstetrics.-A. C. Page, J. N. Mack, Carleton Jones, D. N. Morrison, J. J. Cameron, J. M. McKay, F. W. Kelley.

Committee on Therapeutics. - M. Chisholm, A. D. McGillvary, W. B. Moore, F. A. Kinsman.

Committee on Sanitation. - Wm, McKay, J. A. Byers, G. E. DeWitt. J. W. McKay, T. C. Lockwood.

Next place of meeting : Bridgewater, first Wednesday in July, 1893.

Local Committee.-Drs. Calder, Foster, Marsh and Jenkins.

Dr. D. A. Camp bell moved, and Dr. Burgess seconded, the following resolution, which passed :
"That the President and Secretary of the N. S. Medical Society be a committee to carry out the instructions of the Cogswell bequest io the Medical "Society of Nova Scotia."

Dr. A. J. Cowic moved, and Dr. N. E. McKay seconded, the following, which passed:
"That the President and Secretary of the Medical Society of N. S. be appointed temporary trustees of the Cogswell bequest, with instructions to look after this money and invest it in Dominion of Canada securities.

## NEW BRUNSWICK MEDICAL SOCIETY.

The twelfth annual meeting of this Society was held in the Oddfellows Hall, Saint John, on Tuesday and Wednesday, July 19 th and 20 th. The meeting was largely attended, there being fiftyseven members present, and proved very successful. The papers read were interesting and well discussed, The following members were present:-Drs. Thos. Walker, Jas. Christie, J. W. Daniel, Wm. Christie, J. H. Wilson, E. Reavley, G. C. Crawford, F. H. A. Wetmore, Foster MacFarlane, O. I). McDonald, F. L. Kenney, J. G. Hetherington, D. E. Berryman, C. R. Allen, J. O. White, H. B. Hay, C. T. Purdy, G. C. Danwart, J. F. Teed, G. A. Hetherington, H. H. Coleman, A. F. Emery, J. A. MeCarron, R. Harrison, Wm. Bayard, J. C. Sharp, W. S. Morrison, T. O. Walker, Murray MacLaren, J. A. Simon, M. F. Bruce, J. C. Brown, P. R. Inches, S. F. Wilson, J. Z. Currie, E. J. Broderick, G. A. Melvin, H. McAlpine, H. G. Addy, W. W. White, B. A. Marvin, T. C. Murray, O. J. MeCully, A. Moore, T. J. Lawson, B. Travers, J. G. Nügent, J. H. Ryan, J. A. Steeves, J. H. Jonah, A. G. Clarke, J. Berryman, J. B. Travers, G. A. B. Addy, J. H. Morrison, W. Sheffiell.

July 19th. -Sessions 10.30 to 1 and 3 to $6 \mathrm{p} . \mathrm{m}$. As the president, Dr. J. E. Church, was unavoidably absent, the first vice-president, Dr. J. W. Daniel, took the chair. After reading the minutes, the treasurer made his report, showing a balance on hand of $\$ 233.87$. Dr. E. Reavley read a paper entitled, "Analogy between Grippe and Dip-
theretic Paralysis." This was an interesting paper, an:l dealt fully with the nervous lesions in la grippe.

Dr. F. H. Wetmore then read a paper on "Floating kidney," and quoted several cases.

The election of officers resulterl as follows:-
President-Dr. J. W. Daniel, St. John. 1st Vice-I'res.-Dr. J. C. Sharp, Marysville.
2nd Vice-Pres.-Dr. A. F. Emery, St. Johm.
Treasmer-Dr. F. MacFarlane, Saint John.
Secretary-Dr. (4. A. B. Ailly: St. John.
Corres. Sec.-Dr. E. Reavley, Canterbury.
Trustees-Drs. Geo. A. Hetherington, O. J. McCully and Murray MacLaren.
In the evening the visiting brethren were entertained at a concert at the Opera house.

July 20th. Session 10.30 to 1.
On motion, Fredericton was chosen for the next place of ammal meeting, and the following local committee of management was chosen: Drs. J. C. Sharp, T. C. Brown, J. Z. Curie, G. E. Conltharz, G. C. Danwart.

Dr. O. J. MeCully then rearl "A few medical opinions confirmed by experience," a paper which dealt with several very practical points, and was followed by Dr. Gieo. C. Melvin, who read a paper on "The conduct of normal labour," which rew out a full discussion.

The Medical Registrar reportedamong other things that during the past year six practitioners had been added to the Register, and that the income for the year collected from all sources amounted to 8322.50 . 'the proceedings were then brought to a close.

## ANATOMY.

The Spinal Columy in the Infant. -Dr. .J. W. Ballantyne (Edindurgh Medical Journal) says:

The total length of the body of theinfant at birth is about two and a half times that of the spine. This is due not so much to the lower limbs, which are relatively short, but to the head, which is large at this time of life.

In the case of premature infants (six or eight months' fætuses) the cervical and lumbar regions of the spine are practically equal in length; but in well developed, full-time infants, the lumbar part of the vertebral column is longer than the cervical, although not so much longer as it is in adult life, when the lumbar spine is to the cervical as 3 to 2 . (In the infant the proportion is approximately as $\overline{5}$ to 4 ).

In the infant the spine is very flexible, and this flexibility is due notonly to the imperfectly ossified condition of its segments, but also to the weak muscular action at this age.

There are no fixed curves in the infant's spine save that caused by the slight 1 rujection of the sacral promontory; those that are seci in frozen sections are rlue to the prsition of the body during freezing, and vary with the changres which the position may undergo.

Whilst there are no fixe $l$ curves in the spinal column in the infant, at. general curvation of the spine above the sacral promontory usually exists (as it did also in fœotal life), and this has an anterior concavity (kyphosis).

If the hones be musually soft and muscles weak (as in rickets), anit also if the infant be encouraged to sit up at too carly an age, this natural and temporary infantile kyphosis may become pathological and permanent. Under similar conditions other wrong curvatures of the spine may also be produced. In the new-born infant the characters of the facets of the occipito-atlantoid articulations are not such as to permit. of safe and extensive movements.Amer. Lancet.

The Victoria General Hospital, Halifax, is undergoing further improvement.

## SDapitime Sledieal Dews.

AUGUST, 1892.

EDITORS.
D. A. Campbell, M. D.
D....................Halifax, N. S. Arther Morrow, M. B. .................Malifan, N. S. J. W. Daniel, M. D, M. R. C. S........St. John, N. B. Murrat Maclarea, M. D., M. R.C.S.. St. Jobn, N. B. Jayes Macleod, M. D......... Charlottetown, P. E. I. Jonn Stewart, M. B. $\qquad$ Pictou, N. S.

Commumication:s on matter: of tencral cand local professional interest will be gladly received from our frients everywhere.
Manuscript for mblication must be legibly written in ink on one side only of mhite paper.
All mamuscripts, cond literary and business corrcopondeate to be adllewsed to

DR. MORROW,
Aryyle Strect, Halifax.

We must thank those of our subscribers who, having, no doubt entirely through inadvertence, allowed themselves to get into arrears with their subscriptions, readily met us half way in our attempt to collect some of these arrears, by accepting our daafts for the small amomts owing.

We appreciate their prompt and friendly response and trust that they fully reciprocate the frank common-sense - crediting spirit in which we adopted this mutually convenient manner of squaring up small accounts which often remain unsquared because of their mallness and hecause of forgetfulness.

As we (to speak openly) anticipated one or two failed to grasp the spirit of the occasion. We have before now seen a man
highly indignant at its being suggesterl to him, it would be agreeble if a small account owed perhaps, for one, two, or more years, were settled. That is a phase of human nature. The man might he a very decent fellow too, but a little bit astray on the view he took (for the moment) of that matter.

Erery intelligent reading man understands now that sone journals stop the day that the time they we prepaid for is up; that many more are continued on the presumption by the publisher that the subscriber would have given notice ii he wished the paper stopped. This custon became so universal and so well understood that the law recognizes a subscriber liable if he continues to receive the paper without any dissent or expression of wish to the contrary.

So far as the Marime Medical. News is concerner, we desire to press it upon no one who does not want it, and at the present moment it is only sent to those who are understood to have had at some time ordered it. Furthermore we have no intention whatever of sending it to any trusting that in their natural disinclination to bother ther will not refuse it, so that we can in due time forcibly collect a subscription bill of several years standing. We have no intention of enforcing a single subscription; because it would only be by an error that any one would receive the Journal who did not want it. Any
who do not want it we do not intend to make pay for it.

At the same time we think that any who have constantly received it, but did not want it, might have informed us to that effect before one or two years had elapsed.

However the number who have professed themselves in that position is not half a dozen, and we only make these remarks to attempt to remove an impression that one or two seemed to have that we were trying very hard to make them take the News.

In justice and with thanks to nearly all our subscribers we must say that our business relations have been perlectly pleasant.

We are now in the midst of the season when the youngest members of our families have more tham their share of ailments. The rightly dreaded stmmer diarhea attacks the young ones of many homes and the family physician is looked to, to, if not wert, at least stay and cure the malarly. Some mothers have leamed by exprience and teaching how to avoid the onset of the diarhrea. Others have not had the opportunity of learning, or, lacking a large quota of practical common sense and thoughtfulness, do not take precautions that are at once necessary and the necessity of which is easily intelligible. It will perhaps not be profitless to consider a few of the principles that should guide us in dealing with this summer diarrhœa of children.
lst. Prophylaxis. In some way undoubtedly associated with the hot weather, the alimentary system is peculiarly susceptibal to irritation. Dietary indiscretions will at. this time lead to enteric irritation and catarh that at other times would have little if any disturbing effect. Again, disturbance in any part of the system from teething or any other cause, will now constitute a predisposing cause of alimentary irritation, when at other times this tendency may be less pronounced. The evident indication for the physician is to advise "let well alone," and if the mother is contemplating it change or adrance in the diet which has hitherto agreed with the child to advise that some other time be chosen for instituting the chamge than the month of August. It will also be wise, while approving of giving the child plenty of fresh air, and a fair proportion of time out of doors, to warn against exposing the child to the strong heat of the sun at midday, and to minimise as far as possible the direct disturbing effects of the hot sun and atmosphere.

2nd Treatment.-A child with summer diarrhœa has, as a rule, a catarrhal condition of the bowels. Furthermore there are frequently present fretid stools indicating an extreme degree of intestinal sepsis and irritation.

Where the stools are fœetid it will generally be wise to commence with an effort to free the

## WYETH'S ELLXIR PHOS IRON, QUIN. AND STRYCH.

Each fiuid drachm contains two grains of Phosphate of Iron, one grain of ouinine, and onesixtieth grain of Strychnire in simple "Flixir, flatored with Oil of "Orange: ADuil Dose. - One teispoonful three times a day.

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The combination of Gentian with Iron in this form supplies a simple bitter with an active hamatinic, free from the styptic taste of iton preparations in general. It can bo taken in amall doses, by delicate females and children, without derangement of digestion of subsequent constipation, and will often be found invaluable in overcoming malarial cachexia, given in combination with Quinine and alternated with arsenical preparations.

It is especially indicated to correct relaxed conditions of the gastro-intestinal tract, whether or not associated with an:emia.

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In addition to the Elixir Messrs, Wyeth \& Bros. manufacture a number of pills, containing Phosphorous in combination with other medicaments, descriptive circulars of which will be sent to physicians on application.

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This preparation represents, combined in the most palatable form, the following ingredients: White Pine Bark, Will Cherry Bark, Spikpnard Root, Bilm of Gilead Buds, Blood Root, Sassafras Bark, Morph. Sulph., Chloroform and Tar. These are combined and incorporated into a syrup, which will preserve unimpaired their therapentic properties. As an expectorant, this syrup certainly possesses exceptional morit, and in the opinion of a number of our leading physicians, has proven of invaluable service in allaying those distressing symptoins so apparent in laryngeal tronbles. The introduction of Tar is certainly of inestimable value, for it not only contributes to the moderation of the cough by the promotion of expectomation, but, at the same time, allays nausea and increases the appetite and digestive power.

Practical physicians neel havdly be told how frequently ordinary coughremedies and expectorants fail; the agents that retieve the cough disorder the stomach. It is a misfortune of the action of most remedies used against cough, that they are apt to distress the stomach and impair the appetite. As in all cases of chronic cough, it is of vital importance to maintain the nutrition, the value of a remedy acting as Wycth's White Pine and Tar can be readily apprecinted.

Its efficiency is likewise manifest in relieving that obstinate and persistent irritation that frequently accoupanies the development of pulmonary affections. The quantity of Morphia Sulphate which is incorporated is just sufficient to exercise a calmative effect, and yet so minute as to be free from those objections which frequently characterize preparations of this kind.

In coughs, colds, and similar affections, such as hoarseness, sore throat, etc., whether recent or of long standing, it will be found to give immediate relief.

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bowels from their septic irritating contents. This is usually done by administering a lose of castor oil. When the bowels have been relieved from what we may term auto or internal irritation then the first aim and care must be that nothing irritating be introduced from without. If the food being used may possibly irritate, or if there is proof of this, say, by the excreta consisting of partly undigested milk or other material, a clear indication is to either partly pre-digest by one of the pepsin or pancreatic products or to alter the material of the diet.

The use of such preparations as Fairchild's peptonising tubes or some other form of thoroughly reliable and tested products, will often work wonders.

As to medicines we will say little. The sedative astringent action of such remedies as lime water and Bismoth subnitrate is well understood. The added antiseptic action of such salts as the Busmuth silicylate is also known. The use of a little opiate when pain is considerable from accentuated peristaltic action due to the irritation should also be pretty well understood.

We would only suggest a trial of the sulpho-carbolate of zinc in small doses. This salt is certainly useful in many cases. Ipecac is often beneficial, and the use of the powder should not be lost sight of. Brandy when strength and inclination for food lessen is probably the best
alcoholic stimulant. But the cardinal principles of treatment are first remove, and secondly avoid causes of intestinal irritation.

We must confess to sharing in what seems to be a somewhat general opinion that the Royal Commission on the liquor traffic that is just about completing its labours in the Maritime Provinces cannot be considered a success from any point of view.

The nost successful possible feature of such a commission would be the eliciting of an array of facts which, when classified, should afford a basis for intelligent action one way or the other.

In this regard, so far as we can judge, the present commission is a complete failure.

From the questions asked, and from those which were not asked, we have concluded that however worthy of respect in their particular spheres of life work the members of the commission doubtless are, they have a peculiar and altogether inefficient conception of the character of the special duties expected of them, and completely fail to grasp the admirable opportunity, of performing a great and useful work in the interests of the social life of their country.

The evidence (so-called) collected is almost totally valueless. All sorts and conditions of men have been asked their opinion on this and that law, or as to the desira-

# IM. P. P. <br> MAlito Pepronilizo popier, <br> FOR INYALIDS, CONSUMPTIVES, AND DYSPEPTICS. 

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In 1400 bottles given to medical men, as samples, positive GOOD RESULT'S can be given from over 200 answers received from those by whom Malto Peptonized Porter has been thoroughly tested and used. There has NOT BEEN ONE SINGLE FAILURE reported, but all pronounce that it is the most perfect concentrated liquid food, tonic, and antidyspeptic preparation ever put before them.

In no single instance has it been rejected by the most delicate stomach.
Where the stomach has been so irritable that no food could be retained, Malto Peptonized Porter has acted like a charm, ard there has been $n o$ difficulty thereafter in the stomach retaining food.

In the many cases in which Alalto Peptonized Porter may be indicated are the following:
(a) Convalescence from acmute diseases-such as typhoid Rever.
(b) Atonic Toyspepmia.
(c) In persons of Consunnmaive tendencies. HYere it has been fonnd to abe a most perfect stabstitute for Cod liver oilthe mallt givimg the fat-producing elemaents mecessary to the supply of the wanted tissues, vitho the otimer ingredients fumishaing the tonic anad sitmunatimg effects required.
(d) 耳n the treatnaent of cases of Alcolnolisnn. In an cases in which it has beem unsed it hats anasurered admiratoly in allaying the irritation, vomiting, and consequent desire of stimanlants of an unimealthy naturee.
(e) In wrasting diseases of chilliluren.
( $\mathbf{C}$ ) For admainistration to mursing mothers.
(g) Where there is sleaplegness from flatulence, over-taxcad brainn and mervous system.

SAMPLES CAN BE OBTAINED FREE BY THE PROFESSION
—OON APPLICATION TO-
 TRUEO, NOVA SCOIIA

Please mention "The Maritime Medical News."
bility of this or that bit of proposed legislation. It did not seem to occur to the worthy commissioners that citizens are accustomed to express their opinions on such matters at the polls.

Then, there was an almost complete lack of any ; attempt to gain the only kind of information that was worth gaining, mamely, statement of fact as to the effects of liquor as regards health, crime, thrift, porerty (with resulting support by public money) provision for family after death, social contentment and happiness, etc., and such facts as might have been looked for from physicians, members of the legalprofession, and carefully chosen representatives from every class of society.

Founded upon a mass of such information recommendations of certain legislation might have been made, and the wishes of the electors in regard to any proposed legislation then tested at the polls. As it is, no sound conclusion can be drawn from the class of testimony gathered and any recommendations made by the commissioners can only then embody the opinions which perhaps would have been more soundly based at the commencement of their sittings than after a confused consideration of the heterogeneous mass of opinion which is daily recorded as testimony.

All will regret to hear of Dr . Bayard's severe accident, the worthy gentleman having fractured his leg. we believe in getting in or out of his carriage.

## Eelections.

## A STUDY OF HYPNOTICS.

By Archer Athisson, M. D., Late Professor of Materia Medica, Member of the Baltimore Microscopic Society, etc.

It is worth our while to differentiate between natural sleep and that condition of insensibility induced by the different forms of opium or of choral, under legions of names, all of which require increasing doses to bring on sleep, often with most distressing after-effects to the individual.

Hypnotics need not come under the head of narcotics, though they do impart quiet to the nervous system, and are to that extent narcotics and sedatives. Late advances in therapeutics teach us that sleep may be produced independently of any form of opiates or other brain stupefiers, which it is important to impress on patients, as it is no uncommon event for death to follow the administration of sleep-producing drugs used in ignorance by the victims of sleeplessness, and where death does not ensue their use is too apt to bring on the destructive and distressing opium, chloral or chloroform habit.

Sleep is as necessary to man as foorl and drink. Nothing is so distressing and debilitating as the inability to sleep. Quietude and darkness both favor the condition of sleep, as seen in fowls and domestic animals. Even the most nervous man can sleep away up in the stillness and loneliness of the high altitudes of the Allegheny Mountains; the busy city man, relieved from business cares, with his overtaxed brain at rest, and the victim of a misspent life and of too free indulgence, who passes his nights tossing "as on a demonhaunted shore," may find sweet repose amid the high peaks of the silent mountain.

On the other side, a too rapid descent into a heavier atmosphere occasions
restlessness from insuficiency of inspiratory cfforts, as was recently seen in a child just arrived in this city from Prescott, Arizona. Here was great dyspncea, but no diseased condition could be discovered. The trouble yielded soon to a couple of doses of sodium bromide, followed by syrup of hydriodic acil, and kecping the windows open, though in winter. In the same way the writer has known an asthmatic adult, residing near the sea, become manle to sleep even 150 miles in the interior at no great elevation. At Nice it is no uncommon thing to find that those who camnot rest down by the sea-shore soon fall asleep after changing their abode, groing'only as high up as Gairant, about 800 feet above the sea level.

Light, too, promotes repose in asthmatic persons. Professor Rostan has shown that light favors respiration in such persons, and that sufferers from periolical attacks of dyspuca find relicf on the approach of morning light.

Fool conduces to sleep, toning up the blool-vessels with fulness of wam, healthy blood, and satisfying the overfatigued body, which in turn lapses into quiet repose. Warm milk soothes and satisfies the fretting infant, inducing pleasant slumber. Work and fatigue conduce to sleep. Allingham, the specialist of London, says that for promoting sound sleep in such as have itching piles, "Enjoin a walk of three or four miles daily, and if possible at such a speed as will induce slight perspiration." This plan, he thinks, causes such sleep as to render the itching unrecognizable. The laborer retires early and sleeps sweetly all night; and Dr. Ahernethy's advice to the noblemen would come in very well for insommia, as well as for dyspepsia, "Eara sixpence a day and live on it."

Some plants cause •death-like sleep, as the sheep ivy, to the hlossoms of which the famous Trebizond honey is thonght to owe its sleep-producing power; celery and lettuce also both enjoy some reputation as sleep-pro-
ducers. Hops contrilute drowsiness as well as bitterness to ale and beer, and in the very impressible the hop-pillow is promotive of sleep; indeed, a bed-time dose of good malt will often cause sleep and afford a gentle stimulant to the weary brain.

There is great lifference between natural sleep and that caused by opiates, which lull pain and give a restless sleep, leaving the individual hot, thirsty and dreamy, with more or less disturbed digestion and itching of the skin.
Certain sulphur waters promote sleepiness, while others canse wakefulness unless taken stale; in some countries onions are taken with the view to promote sleep.

Sleeping well should be as much a habit as bad sleeping. Enrly rising does much to favor sound sloep; and one secret of the perfect sleep of the country people is that they retive early and fatigued, and have perfect quint around them. The conditions favoring sleep, are perfect quiet, fatigue to more or less extent, darkness, a full meal, continuous monotony-as of a dull sermon or recitation, the quiet splash of the sea-freedom from pain, and warm extremities.
As to medicinal agents, there are many which have just claims as hypmotics. The bromides all act by lessening the serebral circulation, as does a full dose of opium, or of chloral ; but chloral is uncertain and dangerous. Paraldehyde is with some a favorite, but the writer has known persons to object to its taste and bulk; then, too, it is not unlikely to offeml the already mauseated stomach in delirium tremens, or in the insomnia of typhoid patients, who do not bear well any form of hypnotic in full doses unless it is braced up by some corresponding heart stimulant (as digitalis), or ammonia or whiskey.

Hypnotics act hest in combination, but it is well to rely on a single drug. A night-dram of alcoholic material promotes sleepiness, and hence it has been christened the " cereal night-cap;" the phosphorized clements of the brain of animals in the form of phosphates
and the hypophosphites help to slumber; inleed, whatever nourishes the weary brain will conduce to gentle slecp. A mixture of the wheat phosphates and of the brain matter of animals affords refreshing sleep, from the satisfaction afforded to the enfeebled stomach and nervous system. Even a solution of the hypophosphites of soda and lime, with a full dose of a tonic tincture, contributes drowsiness, as well as nutriment, by supplying to the weary brain the elements it so much requires.

Such stimulants as the tinctures of capsicum and of nux romica, tend to produce sleep, causing a glow to the stomach, while they afford prompt relief to such as suffer from heart failure. The same may be said of the digitalis preparations. Drugs which lessen the amount of blood in the brain conduce to sleep, and yet the same drugs cause wakefulness in small doses. Thus often a 1-2 grain dose of opium or 1-8 grain of morphine will keep some persons awake all night, while one grain of the opium or a full quarter grain of the morphia would have afforded sound sleep. One full hypnotic dose is better than repeated small doses; 30 drops of tinct opii deod. with a few drops of tinct. digitalis, or with 30 gr . of the sodium bromide, or often better still with the 1.6 g . of tartar emetic, at late bed-time, will produce such temporary anæmia of the brain as to induce sound sleep. Bellodonna, stramonium, and Indian hemp produce cerebral determination and do not favor sleep. In patients with delirium tremens we find wakefulness and hallucinations begin as soon as the patient is left alone and the lights are put out, and these are the patients of all othere who most require sleep.

Sulfonal is uncertain, sometimes giving six hours of sleep, at other times none at all. Sulphonal is useful only as a hypnotic, and Bresslauer, of Vienna, clains that danger lurks around its administration (Lancet, April 4, 1891), and that out of seventy-seven patients treated with this drug seven showed
serious symptoms, and death resulted in five of these. Here the drug had been pushed for quite some time in good doses, and the patients stood it well until costiveness, dark colored urine, slow and feeble pulse, prostration and purpuric patches set in, ending probably in pulmonary oedema and heart failure.

Chloralamid possesses some analgesic power besides being a pleasant and reliable hypnotic in 30 to 40 grain doses. Chloralamid always serves effectively, but in some cases where other hypnotics in full doses had failed, the writer has derived the best effect from the hyoscyamine hydrobromate in $1 / 72 \mathrm{gr}$. doses, given at late bed-time and repeated twice the next day, the last dose being at late' bed-time. The salt acted in a most satisfactory manner, the delirium tremens subsiding by degrees and perfect sleep setting in, to continue eight to ten hours. Dr. Graves gave tartar emetic with tincture of opium, in violent delirium tremens, but Dr. Murchison suggests digitalis as a vascular sedative, combining it with the liq. opii ser?. given in camphor water and with the sweet spirits of nitre: say ten drops each of the opiate and tr. digitalis every hour until slecp has occurred. Dr. Murchison also suggests a pill of 1 gr . of opium with 3 grs. of camphor, and also the above named mixture with 20 minims of sulphuric ether for each dose.

In great restlessness it is a question whether the induction of sleep is worth the risk run in pressing the opiate. We know the patient must succumb or lose his mind if he gets no sleep; that his heart is enfeebled to the last degree, and that sleep is more to him than fcod for the time being, but we know also that the congested face, the suffused eye, and the contracted pupil suggest the profound coma following the full use of opium, which is not that unconscious repose which we crave for our unhappy patient. Dr. Macfarlan, of Edinboro', says that in the insomuia of women, after post-partem hæmorrhage, an injection of morphia with a little alcohol is the remedy. In the insomnia
after confinement Prof. Jas. Y. Simpson of Edinboro' advocated the tinct-cimicifuga.

The hypodermic injection, if pusherl far enough, will nearly always cause our patient to sleep, but it is a dangerqus process-not so much from the imnediate danger to the patient, but because of the great likehood of his contracting the morphia habit. Nothing, is so sweet to the sufferer from neuralgia, or of deiivum tremens, and nothing so soothing as the hypodermic injection of $\geq$ to $\frac{1}{3}$ of a grain of morphia. An injection into the bowel of 40 drops of tinct. opium in an ounce of starch water will also do wonders in promoting sleep. The same may be said of chloral by rectal injection, in twice the dose by the month, and in starch water enough only to be retained to lesson the sharpness of the drug on the howel.

Among the agents lately suggested as valuable hypnotics are suppositories of various druge, as of opium or morphia; one of 10 grs. chloral hydrate with ${ }_{100} \mathrm{gr}$. of sulph. atropia; another of 15 grs. chloral, 5 to 10 grs. mono-hromide of camphor with ${ }_{100}^{10} \mathrm{gr}$. liydrobr mate hyoscin is highly spoken of.

To any of these may be added, as indicated, the watery extract of opium, of cannabis indica, of hyoscyamus, or of hops. The alcoholic extract of opium yields good results as an agent for the rectal suppository. The use of suppositories serves to rest the stomach, which in protracted diseases, in conditions attended with nausea or hæmorrhage of the stomach, and insomnia of long continuance, is too often in an irritable state and should be left in peace so as to receive food well and such remedies by the mouth as canno the given by the bowel and by the bowel and by the skin. One point to remember in using suppositories is that mur:h of the power of the drug is lost in the bulky vehicle with which it is incorpnrated. When an anorlyne or hypnotic cannot be given by the mouth the writer prefers to admanister a single full dose by
the bowel. The longer he uses the hypodermic method the greater is his dread of imposing the morphia habit on his patient, and of incurring accidents -although we now can accurately adjust our dose by the tablet system, and thus minimize the danger-Notes on Neur Remedies.

## HORSEWHIPPING A LADY PATIENT,

A NEW METHOD OF CURING HYSTERLA.
Dr. Oscar Wiederholl, the proprietor of a home for nervous patients at Wilhelmshohe, a health resort, near Cassel, was recently convictel of the systematic and wilfulill-treatment of a lady-patient, and sentenced to three months' imprisonment. The patient is the wife of the Imperial Consul-General at Dresten, Herr Zachmann, and the case excited great indignation all over Germany. The accused denied that he had acterd illegally, but admitted tbat he had thrashed the lady in question as an extreme measure to cure her of the acnte hyster!a from which she was suffering. In the course of his interrogation the prisoner told the Court that he hat. studied in Marburg, Berlin, and Heidelburg, and had made a special study of the treatment of nervous complaints and had practised in various clinics at Bomn and Wiesbaden. He then took up the private asylum at Wilhelmshohe. He did not accept as patients insane or epileptic persons. This, he admitted, was not the first occasion on which he had resorted to corporal punishment when all other means failed in dealing with nervons patients. In three previous instances had similarly drastic measures been called for. The whippings he administered were not intended as a means of discipline; but were designed to stimulate the patient's enfeebled will-power. He maintained that ninety out of every hundred nervous patients required very vigorous treatment. Frau Zachmann, who is 51 years
of age was placed under his care in August, 1891. Dr Berthold, who handed her over to him, gave him a history of her case, explaining that she suffered from acute hysteria, and that three doctors who had examined her had found that she was otherwise in a normal state of health. She complained constantly of pains in the lower part of the back, but no caus: for any such pains could be discovered, and Dr. Berthold recommended energetic and strict treatment. Immediately after her admission to the home Frau Zachmann began to groan and cry out so much as to disturb the other patients. She would not listen to reason, and when shaken by the shoulder only became more violent, her screams being so loud that they could be heard in the street. Dr. Wiederhold declared that he remonstrated with her in the presence of her husband, shaking her by the shoulder, and even threatening to beat her. This went on for some time, and the lady's case, instead of improving, became more desperate. When Dr. Wiederhold entered the room she scremed at him so loudly and contim ously that he was unable to speak to her. He then tried to box her ears, but she deftly warded off the blows with her arm. The desired effect was produced for a brief interval, but next day the screaming was renewed, and the patient continued to complain incessantly of borlily pain. At last Dr. Wiederhold told her that if she did not keep quiet he would have to thrash her with a stick. He denied that he swore at her or called her an old hag. Next morning he was awakened by renewed shrieking on the part of the patient. Unable to bear it any longer, he dressed himself, went up to her room, and thrashed her with a thin cane. The lady was in bed when this pumishment was administercd. In reply to the judge, the accused stated that the cane he used was a very thin one. He had employed it on previous occasions to correct his four-year-old son. As soon as Frau Zachmann ceased calling out he ceased to beat her, The prisoner, further interrogated, gave the following
account of his chastising the lady subsequently with a horsewhip:-" After beating her with the cane, I begged her not to compel me to have recourse again to such extreme measures. A few days later, however, I was obliged to administer similarly energetic punishment. While my consultations were going on Frau Zachmann screamed out so frightfully that people stopped in the street to listen. I took a riding-whip and went up to her room. She was lying in bed. I appealed to her to keep quiet, and she paid no attention to my words, I seized her by the shoulder, turned her round, and gave her several lashes with the riding-whip. The fact that the weals cansed by the whipping were still visible two months later was not due to the severity of the blows, but to the circumstance that the patient was unable to take proper nourishment. In a healthy subject the marks would have disappeared much sooner. From that point onwards Fran Zachmamn was a most docile patient, which proves that the remedy I employed was efficacious.

Intra-Thoracic Surgery.-Dr. De Forest Willard (American Journal of the Medical Sciences) says:

The bronchus in dogs can be reached either anteriorly or posteriorly through the chest-walls, but the anatomical position is in such close proximity to large and important structures that safe incision is a matter of extreme difficulty and danger.

Bronchotomy through the walls of the thorax is an operation attended with great shock from collepse of the lungs, and, until technique is further advanced, is liable to result in immediate death.

Collapse of the lung is more serious in a healthy organ then in one previously crippled by disease.

The serious inherent difficulties are : shock; suffocation from lumg collapse; enormous risks of hæmorthage from pulmonary vessels; injury of, or interference with, the pnemogastric ; great
and fatal delays owing to the exaggerated
movement of the root of the lung caused by the excessive dyspnoa.

Closure of the bronchial slit is slow and dangerous. To leave it open causes increasing pneumothorax by its valve action, and also permits the entrance of septic air into the pleural cavity.

Although a foreign boriy can be reached by this route, yet removal is hazardous. To secure a subsequent complete cure seems in the present srate of knowledge very problematical.

When the presence of a foreign body in the bronchus is definitely hetermined; and ordinary voluntary expulsion has not been accomplished, there is great danger in permitting it to remain, even though it may but partially obstruct the tube. The risks both of immediate and of subsequent inflammation are serious.

Low tracheotomy is, then, advisable when the presence of a foreign body is certain ; it adds but little to the risks, and affords easier escape for the ohject even when extraction is not feasible.

Subsequent dangers arise from. severe and prolonged instrumentation, not from tracheotomy.

Voluntary expulsion is more probable after than before tracheotomy.

Tracheotomy is permissible even after m object has been long in position, unless' serious lung changes have resulted.

The question of tracheotomy will depend largely upon the form, size, and character of the foreign body.

The term bronchotomy sloould be limited to an opening of the bronchus, and should not be employed to designate higher operations.

The risks from thoracotomy and bronchotomy following unsuccessful tracheotomy are much greater than the dangers incurred by permitting the foreign body to remain.-Amer. Lancet.

Management of Gunshot Wouxds of the Abdomen.-Dr. H. C. Dalton (Annals of Suryery) says that there are
four cardinal points in the management of the ablomen, viz :

1. Hare everything in readiness, the patient thoroughly prepared, the abdomen thoroughly cleaned, and the surrounding surfaces corered with antiseptic cloths before an anæsthetic is administersd. I have seen patients kept under an anæsthetic for ten or fifteen mimutes while the operator and assistant were getting things ready. This materially lessens the chances for recovery, for it is well known that the shorter the period of anæsthesia the less the shock, etc.
2. After the abdomen shall have bean opened, the first business in hand should be to find the source of the hæmorrhage, if any, and check the same. I speak from sad experience on this point, for I believe I lost a patient from lack of the observance of this rule. While sewing up gunshot holes in the small intestines, which were not bleeding, and the closing of which could just as well have been delayed, a fatal hæmorrhage was going on at another point.
3. As far as possible the intestines should be kept in the peritoneal cavity. I know, however, that this cannot always be done. All know that useless handling of the gut, and the dragging upon its mesentery, as well as the exposure to cold, etc., adds greatly to the shock.
4. To finish the operation at as early a moment as possible, consistent with the proper management of the same.

It is impossible to lay down hard and fast rules for the government of the surgeon in his dealings with these cases, as the difficulties in each must be surmounted as they arise.-Amer. Lancet.

Where he came in.-Stranger: This is a dead towe.

Editor-Yes.
Strunger-How do you manage to make a living out of it?

Editor-I'm coroner.-Ex:

## Wyeth's Beef Iron and Wine.

Extract of Beef, Citrate of Iron, and Sherry Wine.

## OATTIIONT.

WE have reason to believe that Wyeth's Beef, Iron and Wine is being imitated by some (not over scrupulous) Druggists of the Dominion of Canada. In some cases the imitations are put up in bottles similar to Wyeth's in style and appearance, having their labels copied verbatim, omitting only their name, so that the purchasers might readily be deceived. It therefore becomes necessary for us to "caution" you, in ordering Beef, Iron and Wine, to be particular in specifying WYETHS make, and in seeing that you get the genuine article made by them

This caution is also very necessary when huying Beef, Iron and Wine in smaller quantities than the original bottles, as we know other inferior makes are often substituted for their genuine article.

Messrs. Wyeth \& Bro. claim that the reputation of this medicine was created by their preparation, and we believe it is the one exclusively prescribed by our leading physicians.

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## CeWYETH'SS Glycerine Suppositories. (95 Per Cent. Glycerine.)

THIS Suppository will prove a great relief in all cases of constipation (free from any inflammation of the intestines), either temporary or chronic, and particularly the constipation due to confinement, and as a sure and convenient means of administering Glycerine in an enemat.

A retention of the Suppository from 15 to 30 minutes is requisite, but a solution of the whole Suppository is not necessary to insure its activity.

Physicians may depend upon the absolute purity of the ingredients used in the manufacture of these Suppositories.

Put up in handsome nickle-screw cap bottles, each containing twelve Suppositories.

Price per dozen Bottles, $\$ 240$, subject to usual discounts to the trade.

MONTREAL, CANADA, SOIE AGEATS. Please mention "The Maritime Medical News."

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CONTAIES THE ESSENTIAL ELEMENTS of the Animal Organization－Potash and Lime；
THE OXIDISING AGENTS－－Iron and Nanganese ；
THE TONICS－Quinine and Strychnine；
AND THE FITALIZING CONSTITUENT－Phosphorus；the whole combined in the form of a Syrup，with a SLIGHT ALKALINE REACTION．
IT DIFRERS IN ITS EFFECTS FROM ALL ANALOGOUS PREPARATIONS；and it pos－ sesses the important properties of being pleasant to the taste，easily borne by the stomach，and harmless under prolonged use．
IT HAS GANED A Wide reputation，particularly in the treatment of Pulmonary Tuberculosis，Chronic Bronchitis，and other affections of the respiratory organs．It has also been employed with much success in various nervous and debilitating diseases．
ITS CURITIVE POWER is largely attributable to its stimulant，tonic，and nutritive prop－ erties，by means of which the energy of the system is recruited．
ITS ACTION IS PROMPT；it stimulates the appetite and the digestion，it promotes as－ similation，and it enters directly into the circulation with the food products．
The preseribed dose produces a feeling of buoyancy．and removes depression and melancholy ； hence the preparation is of great calue in the treatment of mental and nervous．affec－ tions．From the fact，also，that it exerts a double tonic influence，and induces a heaithy flow of the secretions，its use is indicated in at wide range of diseases．

## NOTICE－CAUTION．

The success of Fellows＇Syrup of Hypophosphites has tempted certain persons to offer im－ itations of it for sale．．Mr．Fellows，who has examined samples of these，fimds that no two of them are identical，and that all of them differ from the original in composition， in freedom from acid reaction，in susceptibility to the effects of oxygen when exposed to light and heat，in the property of retaininy the Strychnine in solution，and in the－ medicinal eflects．
As these cheap and inefficient substitutes are frequently dispensed instead of the genuine preparation，physicians are earnestly reguested，when prescribing the Syrup，to write ＂Syr．Hypophos．Fellows．＂
As if further precaution，it is advisable that the Syrup should be ordered in the original bottles；the distinguishing marks which the bottles（and the wrappers surrounding them）bear，can then be examined，and the genuineness－or otherwise－of the contents thereby proved．

## FOR SALE BY ALL DRUGGISTS．

##  <br> MONVエエミAニ， <br> WHOLESALE AGENTS． <br> Please mention＂The Maritime Medical News．＂

The twenty-first Congress of the French Association for the Advancement of Science, will be held this year at Pau, from September 15 to 22.

Oxtario Medical Jourval.-The first issue of this journal will appear about the 15th of Angust. It is the organ of the College of Physicians and Surgeons of Ontario, and is suppliel by onder of Council to every medical practitioner in Ontario free. It is to appear under the editorial management of $R$. B. Orr, M. D. D., of Toronto, Ontario.

Dr:Sijous knighted.-Dr. CharlesE. Sajous, Belgian Consul in Philadelphia, and editor of The Mectical Annazal, has been appointed a Knight of the Legion of Honor of France by Presilent Camot, for his services to the French colony and to science, as an American of French descent. Dr. Sajous went to Paris last May to translate his Medical Annuat, aud he expects to maké Paris his home for the next three years.

According to the British Medical Jowrnal for July 30th, a resolution was passed at the recent meeting of the Pritish Medical Association at Nottingham, expunging a section of the articles of association that provided that no female should be eligible for election as a member of that association. The question was first agitated in 1878, when it was decided, by a large majority, to make no change. This recent action reflects credit on the association.

Vaccination in Itali.-The Sanitari'y Inspector states that a new vaccination law went into effect in Italy with the beginning of this year, which requires that every child shall be vaccinated before it is six months old, and again at eight, or at any time whenever the sanitary authority deenis it, necessary. to promote individual or public safety. Those who are not vaccinated and revaccinated according to the requirements of the law, are excluded from schools, fac-
tories, workshops, benevolent institu ${ }^{-}$ tions, etc. Provieion is also made for tha cultivation of both animal and human iymph. This has a direct interest for people in this country in riew of the large and constantly increasing Italian immigration.-Med. Aug. Report.

## BOOK REVIEWS..

Memoir of LeBaron Botsford, M. D., by his niece, Frances E. Murray, Saint John. J. \& A. MacMillan. This book, we understand, is the first biography published of a New Brunswick physician. It is written by his niece, Miss Frances Murray. The frontispiece, an engraving of Dr. Botsford, is a particularly good likeness. The memoir describes, in an interesting way, Ir. Botsford's early home, parentage, student. days in Glasgow, and his subsequent professional life in Woodstock and Saint, Timn. A considerable portion of the book deals with the deeply religious tone of his character which was unusu-ally marked. The book, which is written in a pleasant and easy style, will be found interesting reading by Dr. Botsford's many old friends as well as others.

## 㴔otes and Wamments.

The "Vis Medicatrix," the organ of the Iowa State Medical Society, has been discontinued by the decision of the society not to journalize its transactions this year.

It is very desirable that the Maritime Provinces should not continue to be virtually (numerically) umrepresented at the meeting of the Canadian Medical Association. Two or three of our best. medical men have generally been found at the meetings, but the numerical representation is small. Camot several go this year from each of the larger cities and others from the country, and show that we have not lost interest in our confreres further west. Certain it.
is that the Upper Canadian members and the local officers of the Association will give our Maritime Province men a warm welcome.

We have lately received a letter from the Drevet Manufacturing Co. of New York stating that they have heen informed by some doctors in Canada that it is almost an impossibility to procure Marchand's Peroxide of Eydrogen (Medicinal) from the druggists of this country. The physicians say, too, when they prescribe Marchand's Peroxide (Medicinal) they are supplied with a commercial article which is sold in buik at the net price of five cents per pound, glass extra. The commercial peroxide is good enough for bleaching purposes but is totally unft and unsafe to be used as a remedy and worthless as such.

It appears that the Board of Examiners of the United States Army Hospitals made a comparative test of the different brinds of Peroxide of Hydrogen which are phaced upon the market. The result of this investigation was so strongly in favour of Marchand's Peroxide of Hydrogen (Medicinal) that they decided to have the hospitals of the United. States army supplicd with Marchand's preparation inclusive, although the price is considerably higher than that of other brands. The successful therapuetic use of this article depends upon the purity of the product. We are therefore doing at once justice to the Drevet Mfor. Co. and duty to our readers to urge upon them to see, that, having prescribed Marchand's preparation, it is faithfully dispensel by the local druggist.-ECl. M. M. Nems.

Professor Osier on Speclalists.Professor Osler, of the John P. Hopkins University, in his addyess before the recent meeting of the American Pædiatric Society at Böston, made some thoughtful remarks concerning the true basis of specialized medicine. Dr. Osler helieves heartily in the specialist who builds up his specialty on the firm
basis of a general knowledge of the healing art. His study of medical history shows him that our art began with specialists. The Papyros Ehers is largely taken up with specialized practice : and centuries later we find Aristophanes satrizing the rectum specialist of his day in a way not unlike that of our comic papers when they wish to joke about an oculist or aurist of the present day. So that, as Osler wittily remarks, "the tail of the serpent emblematic of medicine is correctly figured as having been returned to his mouth; at no age of the world has specialism been so rife."

But Dr. Osler cloes not love all who "do special work;" he contemns utterly the ready-made variety of specialist. He regards the latter as an actual detriment to the profession. He says: "A serious danger is the attempt to manufacture rapidly a highiy complex structure from ill-seasoned material. The more speedy success that often comes from the cultivation of a specialty is a strong incentive to young men to alopt early a particular line of work. How infrequently are we consulted by sucklings in our ranks as to the most likely branch in which to succeed, or as student, with the brazen assurance that only ignorance can give, amounces that he intends to be a gynecologist or an oculist! No more dangerous members of our profession exist thim those born in it, so to speak, as specialists. Without any broal foumdation in physiology or pathology, ignorint of the great processes of disease, no amount of techuical skill can hide from the keen eyes of colleagues defects that too often require the arts of the charlatim to hide them from the public."

If Dr. Osler's way and the rule by which he has guided his own course could have sway, every specialist would be a classical scholar as well as a thorough all-round physician and surgeon before he considered himself in a position to make a judicious choice as to the special line of practice best suited to his tastes and capacity.-N. Y. Med. Jour.

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