## Technical and Bibliographic Notes / Notes techniques et bibliographiques

The Institute has attempted to obtain the best original copy available for scanning. Features of this copy which may be bibliographically unique, which may alter any of the images in the reproduction, or which may significantly change the usual method of scanning are checked below.

Coloured covers /
Couverture de couleur
Covers damaged /
Couverture endommagee
Covers restored and/or laminated /
Couverture restauree et/ou pelliculée


Cover title missing /
Le titre de couverture manque
Coloured maps /
Cartes géographiques en couleur
Coloured ink (i.e. other than blue or black) /
Encre de couleur (i.e. autre que bleue ou noire)
Coloured plates and/or illustrations /
Planches et/ou illustrations en couleur
Bound with other material /
Relié avec d'autres documents
Only edition available /
Seule édition disponible
Tight binding may cause shadows or distortion along interior margin / La reliure serrée peut causer de l'ombre ou de la distorsion le long de la marge intérieure.

Additional comments /
Commentaires supplémentaires:

L'Institut a numérisé le meilleur exemplaire qu'il lui a été possible de se procurer. Les détails de cet exemplaire qui sont peut-étre uniques du point de vue bibliographique, qui peuvent modifier une image reproduite, ou qui peuvent exiger une modification dans la methode normale de numérisation sont indiqués ci-dessous.


Coloured pages / Pages de couleur

Pages damaged / Pages endommagées

Pages restored and/or laminated /
Pages restaurees et/ou pelliculees
Pages discoloured, stained or foxed/
Pages décolorees, tachetées ou piquées
Pages detached / Pages détachees
Showthrough / Transparence
Quality of print varies /
Qualité inégale de l'impression


Includes supplementary materials /
Comprend du matériel supplémentaire

$\square$
Blank leaves added during restorations may appear within the text. Whenever possible, these have been omitted from scanning / Il se peut que certaines pages blanches ajoutées lors d'une restauration apparaissent dans le texte, mais, lorsque cela était possible, ces pages n'ont pas été numérisées.

# Northern Messeng 

## TOLUME KXYMINO HO. 43.

## Luther's Mighty 'No.'

No event in the life of Martin Luther is more extraordinary than that of his victory prer the powers of the world and of the Church at Worms, in April of the year 1521; and, we may almost say, no event in history is more wonderful, for then one man faced the whole might of the world.

Having been cursed by the Pope himself to the fullest extent of his ability, Luther Was summoned by tho mighty Emperor, Charles V. - practically sovereign of the world-to appear before the Diet convened

They will burn you as thcy did John Huss, said some, who remembered what was the value of the safe-conduct granted to that martyr. Luther answered: Though they should kindle a fire all the way from Worms to Wittemberg, the flames of which reach to heaven, $I$ could walk tbrough it in the name of the Lord.' As he neared the city, his great friend, Spalatin, sont a -messenger, begging him not to enter. Luther's reply was: Go and tell your master that oven should there be as many devils in Worms as tiles on the housetops, still I will enter it. When at length the old towers of


LUTHER'S MIGHTY NO:
at the city of Worms, there to give account of himself, and necessarily to retract his doctrinos. He had a safe-conduct, which meally was of no value with the Pope's. party; but Luther knew that it was God's will that he should attenid the Diet, and thus expressed himself to his friends: I am called; it is ordered and decreed that $I$ appear in that city. I will neither recant nor liee. I will go to Worms in spife of all the gates of hell and the prince of the powor of the air. A's he passed through Germany to the city, the inhabitants of towns and villages turned out to welcome the monk who dared to face the greatest powers on earth for the salre of the Truth of God.
the city arose before his eyes, he sat up in his car and sang the hymn of his own com-posing-
A tower of strength is God our Lord-
A: sure defence and trusty guard; His help as yet in every need, From danger hath our spirit freed:
Our anclent foo in rage,
May all his spite display:
May war against us wage,
And arm him for the fray,
He that can keep all earth at bay'
At mid-day the city was reached, and crowds rushed out of the houses to behold the humble monht who braved the Emperor, the Pope's nunclos, the princes and the
bishops of Christendom. His car conld hardly advance for the mass of people, and it was midilight before he could be alone, Then he opened the casement of his window, and, looking up to the still sky, said. I will both lay mo down in peace, and sleep: for thou, Lord, only, makest me dwell in salety; and took his rest.

In the morning, dressed in his monkre frock, Luther appeared before the grandeur of the Diet He was dazed for a moment by the array before him - Emperor, electors, sorereigns, dukes and ambassadors, Papal nuncios, archbishops and bishops, not to speals of princes and counts-but he soon regained his calm.
'Mavtin Luther, cried Eck, the spokesman of the Diet, as he pointed to a pile of some twenty yolumes upon the table, 'do you acknowledge these books to have been written by you?, Are you propared to retract and disavow the opinions you have advanced in them?
Luther replied: 'Most gracious Emperor, and most gracious princes and lords, the books thiat have just been named are mine.' And then he asked for time to reply to the second question, as it was one which concerned the salvation of souls, and 'as it was one in which the Word of God-than which. hothing is greater in heaven or earth-was interested.'
The delay renuested was but eeomly, and the request was Eranted .
THe following morming, early, Luther was upon his Rne brave before men, absolute nothingness In God's presence-power in the presence of God's enemies. Luther was prostrate in his spiritual conflich Was God with him? Did God hear him? Had God forsaken him? Such were his longing questions to God. He cried; "Stand at my side for the sake of thy Well-beloved Jesus Christ, who is my dofence, my shield and my strong tower.' Then, after a period of pleading, the darinness lifted, and Luther said, "My soul, belongs ta thee I I shall abide for ever with theel Amen! . . . . O God! help me. .... Amen!'
The agony of that early morning is proof that Luther's courage was from God; it was no mere iron human will. which bent the Diet to attention-it was the strength which God gave his servant which bowed the mighty to listen to his words.
Calm in his soul, and filled with conffdence and courage, Luther on the ever memorable April 18, 1521, appeared ance more before the Diet, He respectfully saluted the Emperor, the lords and the princes. He then declared that even his enemies had said of parts of his writings that they were conformable to scripture; therefore these ne could not retract. Also such parts of his books as attacked the errors of doctrine or evils in the life of the Papacy he could not withdraw, lest if he did so, evils still worse by means of such withdrawal should be promulgated. As to such parts of his writings as those in whioh he had treated individuals with little ceremony, he would retract the manner of his utterances. But, he added, let him but be convinced from the Word of God that he was in orror, and he would be the first to cast his books into the lames. Having thus answered the questions of

Feck, Luther proceeded to appeal to the great assemblage before which he was arraigned. But he did not plead for himself -far otherwise. He warned the Emperor and the rulers of the judgment to come, and of tho certainty that they must stand before God and give an account to him of their trust: Then, by examples of the overthrow of kingdorus and rulers, of Fgypt; Babylon, and Israel, he made them feel their responsibility before God. He was judging his judges, and they stood condemned before the solltary monk they were seated to condemn.

A sound of applause. followed his words He was master, - or, rather, God, who in him had spoken; Was the Ruler in that assemblage.
Presently, Dr. Eck rose again, and demanded a precise answer: 'Will you, or will you not, retract?'
To which Lather replied: Unless 1 am convinced by the testimony of scripture, or on plain and clear grounds of reason, so that conscience shall bind me to make acknowlodgment of error, I can and will not retract, for it is neither safe nor wise to do anything contrary to consclence.'
Then turning rouid to the assembly, he eaid to the whole company: 'Here, I stand. I can do no other. May God help me. Amen.'
The viclory was won.
Luther was asked to withdraw for awhile, and the Diet deliberated. Then he was once moro led before the Emperor's: throne, and for the third time was asked to give his 'Yes,' or No.'
He said he had no other answer to give than that which he had already given. And so he and the Diet parted.
As no recantation could be procured, the opposers of Luther sought to obtain his life, but although the Emperor ; would have broken his word intcompany with the prelates, and would hate cancelled the safeconduct granted to Luther, the honest "German princes (and some of them were Romanists) would hear of nothing so scandalous. Moreover, in and around Worms there were numbers of armed men, ready to fight if necessary. But God's way for Yuther was not the sword. While the gates were watched, and his end was beins prepared, he rode out through the walls, at a small exit. He was kept for months in hiding by his friends, and in vain was he searched for by his enemies.
Let us learn in our day our lesson from this graid old story. No battle for God is ever won by compromise. The truth must be maintained at all costs, and the truth held and maintained with a pure conscience, is mighty beyond all the forces of the world.
Let us also, again and again, thank God for Luther's 'No.' Had he hesitated - had he faltered, the Reformation on the Cont1nent would have falled, and Rome would have been víctorious. Oh! may God give us courage in our day to say 'No' to all the enemies of the truth.- Faithful Words.'

## A Man of One Book.

(By Rev. G. C. Needham.)
I know a humble mechanic-who was once a poor clog-dancer on the stage, brought up a Roman Catholic, exceedingly ignorant of the bible, and not a great man intellectually. He came into one of our Sunday afternoon meetings, was convertec; and thereatter resolved that he would not read a single book for five years but the bible. He rend neither newspaper nor magazine these fivo years. The only moments he had for study was a little time in the morning and at night. He commenced the stuay of the bible alone; he had no one to guide or help
him, but he memorized a verse each day, and could repeat three hundred and sixty-five verses in a year, which he kept stored in his memory. The way he managed was this: When he got up in the morning he took his bible, and after reading a few verses, he wrote a verse on a sllp of paper, took it to his factory and put it on the bench before him, and often through the day while he was fling or sawing he had his eye on that paper; all day long he was memorizing it, meditating upon it, praying about it, and getting its sweetness down into his soul. For. five years he rept at it, until now the man's inner life is filled with bible knowledge. Not only that; but he has become skifful in its use. He now reads other books, but only sucli as will ald him in bible study (and, my friends, I know few men in this land who have a profounder srasp of truth than that mechanic). Many pastors request him to fill their pulpits on Sundays, and when he stands up to preach he speaks in bible language. He is an illustration of the verse; 'The base things of the world and the things that are not, to bring to naught the things that are.' There is something marvellous about that man; he is not a very strong man physically; he is a very ordinary man, but in a section of his town, known as the most wicked part of that city, he started a mission and more than two hundred people were converted by his efforts. He gave them God's Word, which proved irresistible. I verily believe it possible that any ordinary man any ordinary woman, any young man, any young woman, may become fairly good bible students if they will take the time which is now wasted on more trifles, if they will use the spare moments for bible study. The Spirit of God whil help them in it, will enlighten them, and will empower them to do good in their day and generation:- Faithiful

## Business That Does Not Pay.

Some people thinik that roguery and rascality can be made to pay. They have heard of rich scoundrels, and they think that by being scoundrels they may become rich. E C. Jackson, a nowspaper writer for many yours, took pains to jot down the names and careers of a few big rascals, public officials bank presidents and others who had embezzled millions of dollars, and in the 'Golden Rule, he sums up the record:
Of twenty-three such men he writes: Dighteen went wrong through gambling; cards racces, or stocks Not one commenced with the intention of defrauding any one of a.cent.': They fully intended to replace the money; but could not do it: took more, and were ruined.
Two of the twenty-tiree sommitted sul cide, and one went insane before trial. Seven compromised by giving up pll the property they had, or could get of their friends, and commenced life again poor and without a good reputation. Seven fled, wandered, and were captured ; and five of them are serving time in prison. Two were pardoned out; but could never regain what they had lost. Six fled to other lands. Two of them returned to give themselves up; preferring prison at home to the life of a hunted wanderer in distant lands. One keeps a cheap restaurant in Mexico, maling a bare living. Two spent all their ill-gotten galns trying to compromise so they could come home once more; and one of them died of a broken heart because he did not succeed. One was a young ex-treasurer of a western state who, taking from his pocket two small bills, said: 'This is every nent I have in the world:' Six months ago I was worth easily $\$ 100,000$, had first-class credit, a good name, and hosts of
friends. To-day I am golns to surrenden myself to the authorlties as a defaulter, with the penitentiary before me and everything I caro for in the world gone except my family and a few tricnds." "The way of the transgressor is hard'; keep out of it-"'Safeguard.'

## The Burial of Moses.

## (By the late Mrs. Alexander.)

And he buried him in a valley in the land of Moab, over against Beth-Peor, but no man knoweth of his sepulchre unto this day: -Deut xxxiv., 6.
By-Nebo's lonely mountain,
On this side of Jordan's wave
In a vale in the land of Moab,
There lies a lonely grave.
And no man knows that sepulchre, And no man saw it e'er,
For the angels of God upturned the sod And laid the dead man there.

That was the grandest funeral,
That ever passed on earth;,
But no man heard the trampling,
Or saw the train go forth-
Noiselessly as the daylight
Comes back when night is done,
And the crimson streak on: ocean's cheek
Grows into the great. sun;
Noiselessly as the springtime, Her crown of verdure weaves,
And all the trees on all the hills,
Open their thousand leaves;
So without sound of music,
Or voice of them that wept
Silently down from the mountain's crown, The great procession swept.

Perchance the bald old eagle, On grey Beth-Peor's height, Out of his lonely eyrie,: Looked on the wondrous sight Perchance the lion stalking, Still shums that hallowed spot; For boast and bird have seen and heard For boast and bird have seen an
Thatiwhich man knoweth not:

But When the warrior dieth, His comrades in the war,, With arns reversed and muffed drum, in Follow his funeral car:
They show the banners taken
They tell his battles won,
And after him lead his masterless steed, While peals the minute gun,

Amid the noblest of the land,
We lay the sage to rest,
And give the berd an honored place
.With costly marole drest,
In the great minister transept;
Where lights like glories fall And the organ rings, and the sweet choir sings.
Along the emblazoned wall.
This was the truest warror, That ever buckled sword;
This the most gifted poet,
That evor breathed a word
And never earth's philosopher
Traced with his golden pen
On the deathless page tiruths half so sage As he wrote down for mon.

And had he not high honor?The hill-side for a pall,
To lie in státe while angels wait, With stars for tapers tall, And the dark rock-pines, like tossing plumes,
Over his bier to wave,
And God's own hand in that lonely land To lay him in the grave-

In that strange grave without a name,
Whence his uncoffined clay
Shall break again, and wondrous thought! Before tho judgment day,
And stand with glory wrapped around On the hills he never trod, And speak of the strife that won our life With tise incarnate Son of God.

O lonely grave in Moab's land!
O dark Beth-Peor's hill!,
Speak to these curious hearts of ours, Speak to these curious hearts
Grd hath his mysteries of grace
God hath his mysteries of grat
Ways that we cannot tell;
Ho hides them deep, like the hidden sieep Of him he loved so well.

## Unawares

(By Christian Burke, in The Dawn of Daỳ')
'It is a vulgar and commonplace prejudice which would measure everything by its own habits of mind. ..: - Dr. Pusey.

It began with Eleanor Scott.: She was one of those decided people who carry all before them by sheer force of will, and by their own unshakeable conviction of their inability to make mistakes. Therefore when she announced the opinion that the stranger who had come among them from nobody knows where,' could never be altogether 'one of us,' the other lassies who made up what was commonly known as, 'Miss Beckenham's young people,' agreed more or less unanimously, and sent the new-comer to Coventry with a calm certainly that their leader and spokes-woman must be right.
The workers at Rossiyn House were considered by less fortunate neighbors to live and labor in clover. The Principal was one of those good women who take a real and vital interest in those who serve them; to whom a fair day's wage included a sympathy and kiudly interest in the comfort and wellbeing of the young lives spent in her employ. The business was a quiet and oldashioned one, less subject to rushes than ts more ambitious rivals, and giving time and scope for good and notable work. The girls loarned to take a pride in the dainty stitchery for which the establishment was amous, and scant indeed was the mercy hown to any of their number who by slipshod work was likely to bring discredit on the honor of the house.
There were fifteen of them in all, ranging from Letty, the youngest apprentice, to Eleanor, whose two-and-twenty years were considered to have supplied her with an inexhaustible store of' wisdom. For two or hree ytars there had been no changes in he work-room. The girls were all drawn from the same neighborhood, many of them had been school-fellows, and not a few lived next door,' to each other out of business hours, or met at classes and clubs when their work was done. Thus they had plenty of interests in common, and the fricudships formed amons them were not likely to be of undesirable sort, while it gave them a cortain esprit de corps-which was most valuable. It fostered; however; a tendency to cliques, and to a quiet contempt for those whose ways were lass enlightened or whose standard was different from their own Probably no class of beings is so desperately, so whole-heartedly exclusive as young girls, whatever may be their station. - The very keenness of their sinterests, the all-importance of every detail of life, and their absolute certainty on every subject under the sun-as yet unchajen by rough contact with problems and contradictions which beset their elders-all tend"to a kind of marrowness, a lack of sympathy, or compréhonsion of all that lies outside of their own particular groove. A spirit of dignified superiority had grown verv strong among these girls, and cortain indications of it had infuenced Miss Beckenham in her determination to inproduce an entirely fresh element whem,next there should be a vacancy. And perhaps her estimate of the girls who were really attached to her was an over-favorable one, for she never imagined that they would be likely to resent such a step.
The first break in the little circle occurred when Isabel Saddler thought fit to get married. Her compenions were enchanted, and
danced to, if not at, ner wedding-which she considerately fixed for a Saturday afternoón -with light fect and lighter hearts. They felt the event conferred distinction, not only upon the bride-elect, but upon the whole community. To leave for the sordid aim of 'bettering' oneself" in a stuffy, fashionable London work-room, as one of their number had once done, had something mean and unsatisfactory about it; but to leave because the inevitable prince had como-and he is not less a prince to loving eyes if be comes in a workman's dress-that was just what it should be! So they gave Isabel their blessing, and a number of useless and useful arti cles for her new home into the bargain. Few brides ever began life with a more mazniflcent supply of pincushions, tidies, ohair backs, wall-pockets, and every other luxury

AT LAST SHE CAME
that could be worked by ingenious fingers or come within the scope of slender purses. Büt when they had sprinkled their old companion gonerously with rice, and paid her a visit in a body to admine the brand-new little doll's house in which she relgned as mis tress, and inspected the new furniture, the cascinating pots and pans, and all the cunning contrivances which some of thom thought more interesting than the unfortion te bridegroom, who might'occasionally be rather in the way-after they had done all this, they began to consider somewhat anxiously who woula take Isabel's place.
Thoy settled the matter entirely to their own satisfaction, and words cannot express their unbounded dismey whien they discovered that Niss Beckenhäm had other views. The recent changè had left Eleanor, in point of seniority, what she had long been practi-
cally, the head of the room, and Mary Gra ham had a convenient littlo cousin, whose name had been on the books for some time, who could now be admitted, and give every body a move up without introducing a fresh and possibly undesirable element.
'It is so much better to have them in young,' Eleanor remarked judicially, 'we can get them into our ways from the first; besides, it will be company for Letty.

Letty, a humble, peaceful little person, blushed with pleasure at this recognition of her needs, and great and overwhelming was the disappointment when they discovered that Miss Beckenham did indee intend to find a corner for the small cousin, but that Isabel's place was to be filled by a stranger and that stranger a girl from the wilds of the country, whose days had been spent in

a benighted village ton miles from even the primitive station where the trains stopped about twice a day, and the fast ones not at all! That she was to board with Miss Beckenham, who knew her family, and that the principal hoped they would soon make her feel at home, was all the information they could gather. For the next weel, therefore they amused themselves with gloomy prog uostications as to the nuisance she would prove, and nursed their grievance till it be camo something very real and tangible though they were discrest enough to keep it to themselves.

At last she came. A round-faced comely looking country girl; with a frightened ex pression in her eyes at the now and bewil dering life which seemed to seethe around her; that might have appealed to these young critics had they not been so blinded by pre
fualice. She was tall and well-grown, but awkward and shy to these town-bred girls, and hor ways, her speech, her dress, all alike came in for their scathing comments. Her hair turned back from her forehead, and guiltless of fringe, was coiled at the back in a fashion which might have been stylish in the year one, as Louise wittily remarked, but was cortainly not up to date now. Her dress, a black and white check which seemed to emphasize the breadth of the sturdy fig: ure, was only fit to have ' come out of the ark,' according to their fastidious taste. Her strong brown hands, tanned by summer suns, looked big and clumsy by their slenderer white ones; and she would never be able to do anything but the heavies work. Her country-made boots were a sore distress to their feelings; she had neither bracelet nor brook, nor ring, and her vely watch was an old-fashioned silver turnip; while al, though her name was Elizabeth, which was passable, in an outburst of mistaken confidence she told them the first day that, at home, she was always called Betty or Betsy!

This was the last straw. Among tho Roses, the Lilys, the Maudes, the Eleanors, the Dorothys that adorned that busy workroom, what place was there for a plain unvarnished Betty! They did not know that thè daughters of many a famous house had long ago proudly borne a similar titie, and they gave her up as hopeless. She was entirely behind the age; her drass was dowdy, she had never read a real novel, she was frightened to cross the quietest street, and -her talk was all of pigs and cows, ania wild flowers, and those everlasting: brothers of hens. So after a few days' velled yet none the less scornful wondering, they coldly and politely decidel to leave hor severely alone.
It is thoughtless people who cause most pain. Deliberate intentional cruelty is a much rarer thing. It is your heedless, unobservant person, who never sees with any eyes but his own, who tramples on the feelings of others with a subllmo unconsclousness that they have eny to be wounded. There was not one of these girls who would not have beon appalled and shocked had any one plainly shown them their unkindness: Their dislike was altogether passive, they didn't do anything, they would have sala, they simply shut Elizabeth out in the cold by their indifference, while the girl herself would willingly have borne with rougher ways, if these had betokoned the least spark of hindly interest Although she was seventeen and a beautiful needlewoman, she had much to learn, and uniortunately for her, Miss Beckenham was forced at this time to be frequently absent from home, leaving the capable Eleanor to queen it happily over ell the others. She did her duty by EHzabeth, revised and instructed with much "dignity and immenso satisfaction to herself, but her pupil would have gladly axchanged her civil and formal explanallons for the raerry rafilery she bestowed upon Letty's uncertain tucks, and Ada's straggling stitches. She grew moro and more nervous, and withdrew further and further into her shell untll her nickname of 'the Hermit,' became not inappropriate. But for Miss Beckenham's absence things could hardly have got to such a pass. The atber sister, who superintended the house, was rarely in the work-room, and as Tllizabeth was too loyal to complain, she vaturally supposed that all was well. Howrever, she made Sunday the oue bright spot In the week to the girl, and semit her lack with renewed energy: and resolution not to be so shy: bat to endeavor to make triends, only to find herself driven back airesh by the invisible barrier across her path.
One dull November afternoon a week after

Miss Becikenham's return, everything seemed to go criss-cross in the work-room. For once Eleanor lost her temper, and her critical remarks caused joor Elizabeth to sit with burning cheeks and trembling fingers, While her blue eyes were dim with tears. Rose Daly looking up, suddenly felt all at once a pang of compunction, and said at last.
'Oh, well, Eleanor, everybody's got to bo gin.'
'I know that as well as you, but a baby could do this, even Ada.'
' I'm not a baby,' snapped that damsel, who had pricked her fingers and felt rebellious, until her superior's calm stare reduced her to order.

Everyone's nerves scemed on edge, and the sound of the tea-bell was a welcome interruption. The work-room was speedily deserted for the large barely furnished mealroom, dark and gloomy by day, but made cheery and bright by the roaring fire crackling in the huge old-fashioned grate. The girls always had this time to themselves, and while the tea was 'masking,' they congregated round the hearth ohattering volubly after the manner of their kind. They made a merry group with the firelight streaming on their eager faces, and outside the circle at the far end of the room Elizabeth stood gazing listlessly at the thick yellow fog and the phantomlike figures passing to and fro in the street. Great: tears gathered slowly once more in her wistful eyes; and blurred afresh
znee, and tell her all her troubles! How lonely and strange it all was - how she couldn't got on with the girls and no ore seemed to wait her. But it could not be and In the midst of all her lonvings she was yet unselfsh enough to be glad. Glad that those at home, whose bardens were heary eniough should not have heers to bear as well. She had come here to learn, to fit heriself to gain her own living, and by-and-bye-gloricuis thought--she would bo able to send help home, where times were bad, and there were so many to be thought of and cared for. She set her teeth hard and choked back the sob that was rising to her lips when sho was startled by a terrible; hoarse cry, and at the same moment the dim room was illuminated by a column of flame that rushed towards her from the midst of the crowd of girls, who now fell backwards, huddled one upon the other.

In an instant Elizabeth saw what had happened: Foolish little Letty, walking along the flat edge of the fender after a reckless habit of hers, in a moment of excitement had flung the back of her dress, which was of a loose fuiffy material, right against the blazing coals, and in an instant the whole thing was aflame. The maddened and terrified child ran screaming across the room, sho know riot whither, and the rapid motion, fanned by the oper door as one of the panicstricken girls tore downstairs, drove the fire fiercely upward until she seemed completely


SHE SCARCEEY FELT THE FIRE.
the shadowy people fiftting past and vanishing into the mysterious gloom. She was so very, very lonely, and as she stood there rese before her a vision of home. She could picture it all. The quaint farmhouse parlor where the bronze lamp was not lighted yet, but where the busy mother was knitting ceasclessly by the fire. The table was set, and Rebecca, the rough good-hearted servant was 'cutting those tall stacks of bread and butter, which would speedily be demolished by hungry schoolboys. On the opposite side of the hearth the groy-haired farmer was resting for a few moments ufter the day's work, and at-his feet, dividing the rug with the old sheep-dog, sat Dolly, the curly-haired balvy sister; her especial charge, Impartially embracing a somewhat dilapidated namesake and a wriggling tortoise-shell kitten.
Oh, how the girl's heart ached for them all! If she could go back just for five minutes, and lay her tired head aganst her mother's
enveloped in it. There was not an instant. to lose, and the others neither knew how nor were in a condition to render help. Elizabetif. turned, seized the thick heavy cloth from a side-table loaded with books, scattering the contents left and right, and calling to her companions to close the door, she held it up well in front of her as the awful figure flung itself into her out-stretched arms. There was no time for a more cautious approach, and fortunately for both, Letty was too small and slight even in her frenzy of fear to be a match for the vigorous country. girl who threw her as swiftly and as gently: as she could to the ground, smothering her in the massive folds.
'Quick, quick, bring me something else; a blanket-anything!' she commanded breathlessly; and so absorbed was she that she never knew who brought the great woollen curtain Which was thrust into her hatiss,and enabled her to finish her task. She scarcely.
felt thie fire as it licked her bare fingers, and even singed her hair and scorohod her forehead. All she know was that the fames died out, and consclousness fickered and vanished from the piteous childish face, and then she looked up to find Miss Beckenham and a doctor standing at her side. She turned upon the latter as he bent anxiously over the prostrate child, with a mute despairing appeal, for to her Inexperience Letty looked as one dead, and as he took the slight figure from her he said kindly, 'Do not be trightened; she bas only fainted. I think you were just in time'; and then carrying his burden he followed Miss Beckenham out of the room.
Elizabeth staggered to her feet. What was the matter with her, she wondered? The floor seemed to get up too, and the wall tried to fall upon her; she put out her hands to push them away, and a pain as sharp as a knife ran through her ! She tumbled ignominivusly backward upon Eleanor, and then after a moment the confusion cleared away ard she found herself lying upon the sofa with a group of girls hanging over her.
'I'm all right,' she said, cheerfully ; 'at lcast, what have I done to my hands?' She sat up, and her companions cried out with horror and pity as the inflamed, blackened, blistered fingers that had done such good ervice met their view.
Later on, when poor little L-etty, swathed In cotton wool, had sobbed herself into a fitful sleep, and Elizabeth was dozing as comfortably as her pafnful bandaged fingers would let her, Miss Beckenham came back to the room where the girls were still lingering, too miscrable and upset to return to work. She brought them good news, for the child was not so seriously injured.as the doctor had at first feared.
I I shall keep her here,' Miss Beckenham said; 'thero is no one fit to look after her at home, and we must nurse her back to health among us.' And then she added gravely, 'I hope every one of you is sensible of what We owe to Elizabeth. No, I am not blaming you; only. I do want you to realize that had she lost hor nerve, had her presenco of mind failed as yours did, Letty must have died. The doctor told her himself that her courage and common-sense, had saved her life; a few minutes more lost time would have been fatal. And then there is something else I want to say to you: I do not think Elizabeth is looking well or happy. I wonder if you have tried to make things as easy for her as you could?'
As she looked from one downcast face to the other, her mind misgave her, and she was hardly surprised when honest Rose burst out tearfully:
'No, we haven't; we've been as nasty as we could ! We didn't want her,' and we've all been simply horíria; but, oh, Miss BeckenFiam, do you' think she will ever forgive us?'
Then the Principal turned to Eleanor with a look that cut the girl to the heart. She colored painfully; but she said bravely, with a new expression of humility on her usually tranquil tace-
'It is quite true. We havo all done wrong, as Rose says; but $I$ have been the worst of 'all, for I began it." They would never have thought of it but for me, and I led them on I was angry at her coming; and I would not let the others have anything to do with her.

The older woman smiled sadly, and then sho said quietly, 'Well, you cannot do more than own your faults, and you must try and make it up to Elizabeth; but I am sorely dis appointed, for I trusted you-you, Eleanormost of all!
She said no more,but those few words cost tho proud girl beside her a very bitter moment. And that she accepted the rebuke si-
lently, and without any attempt at self-justification, was surely a hopeful augury for the future.
On the following morning Elizabeth came on a message into the workroom, her muffied hands reposing in a sling, and was amazed and overwhelmed to find horself the subject of a regular ovation. In her simplicity it had not occurred to her that any change was likely to result from the performance of what seemed to her an obvious duty. And. when the girls crowded round her, entreating her to forget all the unkind things they had said and done, she was altogether ovorcome.
'Don't, please don't,' she gasped, and then she added with a sudden radiant smile, 'I know I am not clever; but do you mean you will be friends with me now? I should like to be really one of you, for it is so lonely to be always outside.'
'Thank goodiness you're not one of us!' exclaimed the irrepressible Rose, 'if you had been you'd have been useless yesterday, and Letty would have died. But we'll try to be one of you,' she finished, quite regardless of grammar.
'Elizabeth ought to have a medal,' said Ada Graham, solemnly; 'they give them for saving: people when they're drowned, why not when they're burnt to death instead?'
Thanks to Miss Alice Beckenham's good nursing;and Elizabeth's cheerful companionship, Letty got well as quiokly as possible and rewarded the girl who had dared so much for her with a wealth of love that more than anything else helpod to make her happyat last in her new life. Wounded feelings and injured limbs healed alike "with the best Intention,' and the exciting event of that dark November day faded at length into tho pastis Butits jesson was not forgotten; for when Mary Graham went to Manchester and Rose Daly took her sweet Irish eyes to make the light of an omigrant's home in the Far West, their successors found a eriendly and ready welcome awaiting them without a preliminary three moniths residence in Coventry.

- Ere's a stranger-let's 'eave 'alf a brick at 'im!' is said to ve a motto in one of our manufacturing shires ! Wंe are all of us far too ready with our hall bricks-our doubts, our prejudices, our dislikes to any ways but our own. And then we find out, sometimes with joyful repentence, somtimes with hitter and lifelong regret, that those whom we counted as scarcely worth the knowing, had assuredly a certain kinship with the angels of whom we are always so densely 'Unawares.'


## What To Say In A Letter.

What a number of letters have been written that have not been worth the postage! How often will a member of a family who can go away for a timesend a missive that will bring to those at home a whiff of the sea breeze, or a glimpse of fresh rural sccinery? Ought it not to:be a real pleasure, this matter of home letters during holidays? You, who are the fortunate ones that receive, can you not share the delights of the outing with those friends who must do without a holiday? Let your letter be, not a hasty epistle dashed off becauso you fool you must write, but a leisuraly intelligent expression of your doings, and of your delight at being able to devote an unhurried hour to the dear ones at home.
In writing a real letter the eplstle it is meant.to answer ought to be fresh in one's mind, or lying before one's eyes. It is a lapse of courtesy to omit to answer your Irlend's definite questions. Then, too, a graceful letter will follow somewhat the
trend of the one it is a reply to, while going further and suggesting new thougits. A correspondence is nothing but a malreshilt for the electric interchange of lact, thought and idea, that rould take place if tup friends were together. If your friend in talling chances to remark upon how interested she is becoming in a certain subject, you do not abruptly turn the conversation without at least' saying, 'I am so glad!' or 'How much you will enjoy it!' It is scarcely less rude to do so in a letter by ignoring the fact that has been mentioned.
A deop-rooted antipathy to expressing oneself in writing, and a lack of practice, are two causes which lead to the neglect of let-ter-writing. The fact is partly tho fault of parents and teachers, but, with persevering effort it can be overcome. The second need stand in no one's way. Practice can be gained by beginning a diary-not a silly expression of sentiment that even the writer will nevor care to read, but a clear statement of events of interest in one's life, comments on

current topics, observations of nature, impressions of certain pictures or books, amusing incidents. Such a diary will sorve a twofold purpose. While giving practice in expression, it is also a record of incident that one can turn to in writing a letter that ghall bridge over a silence of weeks or months.
'Well, I haven't anything to say.' The words are a pitiful confession of poverty of mind, and of eyes that see not.. No matter how dull your life may seem, you can glean something that will interest a friend. A description of your new home to friends who have not yet seen it, or a new arrangement of a room to friends who have already visited you, little events happening in your daily journey to the office or shop, if you are a wage-earner, personal items-not gossip-about mutual friends. the account of your last outing, some new ideas you have formed from the last book you have read, a stray sentence quoted from an address or a sermon that impressed you-all these help to make a readable and delightful letter to a friend. The country dweller ought not to withhold from the letter to a city. friend a bulletin of nature's great panorama, and the city resident should impart some of the stir and life of the city streets in writing to the friend to whom the country grows at times monotonous.

How delightful, in these days of cheap cameras, to find in our letters photographs showing parts of the well-known or un-known-rooms where our friend lives. How charming is a letter interspersed with clever little sketches sent by the friend: Who can draw. You sannot reciprocate, having
neither a chnning hand nor a camera. But; stay, you are wrong there The pen, by practice, becomes as clever as the pencil. Write just as you : would talk, and your friend sees your home, your vartous employments, and the views from your window, keens in touch with your interests, and gains inspiration from your earnest thoughts. You may not think it a great art, but it is a graceful one, and you can give, as woll as recelye, untold pleasure and help thereby.A. I. Willis, "in "Silver Link.'

## Holding Up His Hands.

(Belle V. Chisholm, in ' Zion Herald.)
It was a weak, sickly Epworth League, and yet life was strong in it. All that it needed was to have this latent heat fanned into a fire whioh would give out Ilght and warnth. There was really no excuse for the lack of enthusiasm in a League that carried forty names on its roll and had celebrated its fifth anniversary. Delegates to the annual cosventions had elways brought back glowing accounts of the work in the outside world, too, and yet the Briarsville Lengue slept on, secure in heving a name to live even while it exhibited very few signs of genuine life. Of course it hat its regular meetings every Sunday night, because the members would not. attend on any other night of the week, and they all wanted somewhere to go on Sunday evening:. The Leagụe moeting, they said, was so much shorter and less prosy, than the regular preaching service, and, I am sorry to say, very fow of the young people were in. the liabit of remaining for the sermon that followed.
I do Wish I oculd depend on my young people for the help they could give me if they were onily willing, saik Pastor Arnot, as he walked home by the side of Lottio Morse, one rainy Sunday evening.
'We have our League,' answered Lottic, timialy; for, from her pestor's voice, she felt quite sure that fie was rot satisfied with the offorts they were making, and she was one of the Lookout Commitiee.
'Somehow my expectations hàve never been realized in the League, replied Dr. Arnot, in a hesitating voice. 'I do not want to find fault with my young people, and would be very sorry to discourage them, but I must admit that they are not holding up my hands as I had hoped they would.'
"What is the matter with us, Doctor? askod Lottie. She had just returned from a visit to the city where she had attended 2 wide-awake, enthusiastic League,- and she really longed to communicate some of the inspiration she had, carried home to the organization that seemed to be as devoid of heart as a macbine.
'We lack spirituality,' returned the doctor," bravely, 'I say we, for notwithstanding my gray hairs I am one of you, and I realize fully that there is something wrong with the pastor when there is a lack of enthusiasm in the congregation. We do not put heart enough into the work.'
'What can be done to arouse a deeper interest among sur members?' inquired Lottie. .I realize the lifeless condition of our society, and yet am powerless to euggest a remedy.
'Prayer is a great antidote for spiritual coma, but prayer alone cannot aecomplish the result sought. We must help God answer our prayers by trying to live up to our petitions, so far, at least, as is in our power. If we are faithful in this respect, God will do the rest. There is one means of grace which is very much neglected among God's people, and that is the study of his word. And just here, perhaps, more than any other
place, you will find your socioty wanting. The bible is too much neglected among its mompers.'
'I don't know,' answered Lottie, thoughtfully! Every one who signs the pledge piomiees to read a portion of Scripture every day.'
'Yes, I know, but, Lottie, you are aware that there is a great differenco between glancing over a few verses, perhaps carelessly, merely to redeem a pledge, and a thoughtful, consclentious study of a portion from God's word, urged Mr. Arnot.
'Yes, I understand that fully,' returned Lottie, gravely, thinking of the times out of number her own Bible lesson had consisted of a single verse snatghed hastily from its opon page and forgotten as soon as read. I am sure it would be better if we would follow the daily readings recoummended by the League commitiee.'
And take time to study and pray over the selection, added the Doctor 'Another excellent plan would be for the League to organize a bible reading circle, and study the scriptures systematically; just as other works are studied.'
'You : mean outside of the Sunday-school lesson?' queried Lottie.
'Yes; let the circle meet once a week and devote the evening to the study of the lesson selected,' was the answer. 'Now, at the beginning of the new year, would be a good time to carry this suggestion into effect.'
?'So many of our evenings are already occupied that Lam afraid the young people will object,' urged Lottie. 'Theré are the Shakespeare Club, the Literary Circle, and so many other outside engagements besides.'
It would be a pity to intrude upon either of the organizations mentioned, were not the stuay of the scripture so much more impurtant; but without crowding ont any:thing really useful, could you not manage to give one evening to the study of the life of him who gave even hinself for you? Is there any study more important or more elevating than this? Think the matter over prayerfully and carefully before deciding against it, urged the anxicus pastor as lotthe turned in at her father's gate.:
She promised she would, and she did, and the result was that the old pastor's suggesHon, with many improvements, was fuly carried ouit.
The circle course selected for the winter embraced Matthew; Acts, Romans, tho minor Epistles, Hebrews and Revelation. Each member agreed to read during the week a portion of scripture assigned, bearing upon the lessori of the weel, and also some commentary or treatise upon the same. At the regular meeting, besides reading the chapters comprising the lesson and comparing notes, a list of suggestive questions an the succeeding lesson was read, and at least one of these questions was assigned to each member of the circle as a topic to be specially looked into before the next meeting.
The circle began with about twenty members; but before the holidays it had increased to double that number; and notwithstanding the large membership, the interest continued to increase, everyone attending faithfully to the end of the course, and each taking without murmuring the part assigned. Dr. Arnot, though only an honorary member, met with them frequently and often gave them brief taliss on the subject under consideration. There was soon a marked improvement in the League, not only in attendance, but in the zeal and enthusiasm of the members, and the next time the pastor spoke to Lottie about his young people, it was to express his gratitude at the way they were now holding up his bands.
"Ah!' he exclaimed, 'there is, nothing like
the Word of God to teach men and women their duty, nothing like his Spirit shining on the sacred page to kindle the fire of love in hearts out of which Christ has long been crowded.'
This bible reading circle is just starting on a new year now, with studles oullined for the season in the Pentaterch and the prophetic books; and as the scriptural study has proved the spiritual life of the young people, the pastor has organized a similar class for the older members of his flock, and they have already entered enthusiastically upon the study of the creation, to be followed later by the life and sayings of the Saviour.

## The Two Faces.

## I know a little fellow,

Whose face is fair to see,
But still there's nothing pleàsant
About that face to me;
For he's rudo and cross and selfish;
If he cannot have his way,
And he's always making trouble,
I'vo heard his mother say.
I know a little fellow,
Whose face is plain to see,
But that we never think of,
So kind and krave is he.


He carries sunshine with him, And everybody's glad To hear the cheery" whistle, Of the pleasant little lad.

You see, it's not the features, That others judge us by,
But what we do; I tell you, And that you can't deny, The plainest face has beauty If the owner's kind and true, And that's the kind of beauty, My girl and boy for you.
-'Sunday Hour.'

## Cleverness and Goodness.

'The like of that 1 never saw', sadd Sit James Young Simpson, as he left the deathbed of his friend, Sir David Brewster. There Is Stir David, resting like a little child, and speaking as if, in a few hours, he will get all his problems solved by God himself.' In the same simple, trustful spirit, Dr. Thomas Guthrie, in his layt moments asked that a child's hymn be sung to him. Both knew well that the humble goodness of a loving soul is of infinitely greater moment than intellectual power, not alone to ils possesser, Lut to the worid.-'Tools for reachers.'

## Saved While the Clock was Striking.

Mr. Lane says: "There was a friend of mine speaking at the second meeting of ain evangelistic service. He was about to close the meeting, and the clock had just begun to strike ten.. As the first stroke tolled out, he said, "The clock is striking the hour, and Gefore it finishes, every one of you here who aro unsaved, can be a saved man or a saved woman." Amid dead silence the clock struck the ten strokes, then; with prayer, the neeting was closed. Next night, as my friend was standing at the door, shaking hands with the people a man pushed his way through the crowd, and said," $\operatorname{Sir}$, I wish to shake hands with you to-night: I did not have the courage to do it last night, but I want to do it now." " $\Delta \mathrm{h}$, friend, yon look happy." "Yes, I am happy." "Are you trusting Christ?" "Yes." "How loug since?". "Since last nitght. I came to Christ between the first stroke and the tenth." And you can do the same Salvation is an act, a transaction, that can be comploted in a moment. It is not, as some would have us believe, "' a work which requires time, but, when salvation is accepted, then comes the work, drawing us day by. day nearer and nearer to Christ-'Christian Herald.

## Where to Find Heaven.

A minister one day preached on heaven. Next morning he was going down town, and met one of his old weaithy members. The brother stopped the preacher and said:
ceastor, you preached a good sermon about heaven.. You told all alout heaven, but you nover told where heaven is.
Ahy said the pastor, 'I am glad of an opportunitythts morning. I have just come frometherin-top yonder In that cotage there is a member of your church. She is sict in bed with a fever, her two little children are sick in the other bed; and she has not got a bit of coal, noria stick of wood, nor flour, nor sugar, nor any bread; If you will go down town and buy five dollars' worth of things-nice provisions-and send them up* to her, and then go up there and say, "My sister, I have brought you these nice provisions in the name of our Lord and Saviour," then ask for a bible, and read the twenty-third Psalm, and then get down on your knces and pray-if you don't see heaven before you get through I'll pay the bill." The next morning he said:
'Pastors, saw heaven, and spent fifteen minutes in heaven.- 'The Pacific.'

## A Bright Boy.

WHAT HEACCOMPLISHED BY READING.
I do not think it very-serviceable to make a list of books for children tu read. No two bave exactly the same aptitudes, tastes, or kinds of curiosity about the world. And one story or bit of information may excite the interest of a class in one schuol, or the children in one family, which will not take at all with others. The only thing is to take hold somewhere, and to begin to use the art of reading to find out about things as you use your eyes and ears. . I knew a bay, a scrap of a lad, who a'most needed a high chair to bring him un to the general level of the dining table, who liked tu reai the encyclopedia. $\therefore \mathrm{He}$ was always hunting round in the big books of the encyclopedia -books about his own size-for what he wanted to know. He cug in it as another boy would dig in the woods for sassafras root. : It appeared that he was interested in natural history and natural phenomena. He asked questions of these bools exactly as he woild ask a living autherity, and kept at
it till he got answers. He knew how to read. soon that boy was an authority on earthquakes. He liked to have the conversation at table turn on earthquakes, for then he seemed to be the tallest person at the table: Isuppose there was no earthquake anywhere of any importance but that be could tell where it occurred and what damage it did, how many louses it buried, and how many people it killed, and what shape it had left the country it had shaken. From that he Went on to try to disoover what caused these disturbances, and this led him into other investigations, and at last into the study of electricity, practical as well as theoretical. He examined machines and invented anchines, and kept on reading, and presently he was an expert in elertricity. He knew how to put in wires, and signals, and bells, and to do a number of practical and useful Chings, and almost before he was able to enter the high school, he had a great deal of work to do in the city, and three or four men nder him. These men under him had not read as much about electricity as he had.Charles Dudley Warner.

## What Are the Chidren Saying?

I hear the voices of children
Calling from over the seas
The wail of their pleading accents Comes borne upon the breeze.
And what are the children saying,
Away in those heathen lands,
As they plaintively lift their volces, And eagerly stretoh their hands?
Oh; Buddhe is cold and distant, He does not-regard our tears; We pray, but he never answers, We call, but he never hears.
'Oh, Brahma in all the Shasters No comferting word has given,
No help in our earthly journey.
No promise nor hope for heaven.

- Oh, vain is the Moslem Prophet, And bitter his creed of "S Fate,'
It lightens no ill to tell us
That Allah is only great.
We have heard of a God whose mercy Is tenderer far than these;
We aro told of a kinder Saviour By Sahibs from ovor the seas.
"They tell us that when you offer Your worship, He always hears: Our Brahma is deaf to pleadings. Our Buddha is blind to tears !
'We grope in the midst of darknessWith none who can guide aright Oh; share with us, Ctristian children; A spark of your living. light!!
This, this is the plaintive burden Borne hitherward on the breeze :
These, these are the words they are saying, Those ohildren beyond the seas !
-M.'J. Preston, in ' Children's Work.'


## Correspondence

Pender Island, b.C. Duar Editor,-I have got a dear little baby' sister since I wrete last. She was born on Sept. 16, just eight days before my birthay. I. enjoyed my bolitays very much. Two woels after they had begun a friend of nime came up here froun Victoria, to spend ihree weeks with me, then wher she went home my brother and I went with her, to spend two woeks with my aunt; and we often went to visit her as the house was only next door. We had a very nice time; but wo were cuite de hal to was. Mr. J. R. Robertson, our missiouary
tudent left ten days ago and we were all arry at his departure We had a pleasant little social two or three weeks before ho loft, and I enjoyed myself very much at it; wo had readings, recitations, and songs; then tea, and after that games; and when We were leaving we sang "Auld Lang Syne,' Wo expect another missionary student very soon now, perhaps to-morrow. With many respects to your little paper, I am, your sincere friend,

NELLIE.
Molesworth.
Dear Editor,-I thought I would take the opportunity to write to the 'Messenger,' this beautiful afternoon, as nobody has written rom our village before. I go to the Pressbytorian Sabbath-school, and get the Messenger.' I like it very much. I expect two of my friends to spend some evening this week with me, while I learn to riae a wheel. My two brothers and I go to the school in the village. We have a nice littie walk-night and morning.- Friday evenings we have from half-past three until four o'clock, for an entertainment
Next Thursday and Friday we are going to write on an examination; which is very unpleasant. From your twelve-year-old correspondent,

OLEYIA M.
Fort Francis; Ont.
Dear Editor,-My brother takes the 'Messenger,' and we think it is the best paper we ever took. I liko to read the correspondence very much. Mamma reads the long stories to us, and we enjoy them. I don't ro to school; it is tow far away? Mamma teaches me at home and I am in the third teaches me at home, and. I am in the third reader. I have a dear hitle from vour littie friend have three dolls. From your littse friend,

## NETTIE S., Aged 9.

Fort Francis, Ont
Dear Editor, I am a littlo boy eleven years old. I live on a farm six miles from town. We have one cow and two steers, and twenty-one hens. My pets are a dog and three hens. My dog will put un partridges and I like to shoot them. I have one sister, she has a nice flower-garden. Our farm is all bush; there is a river four miles from our place it is callod Rany River. Fort Franplace, it is calle Ra mour or town. I will tell you more next time. Yours truly.

FRANE:
Chesley.
Dear Editor,-We have taken much-pleasure in reading the Correspondence in your. paper, We spent a very enjcyable time during the holidays, and as school has now started, : we are kept: quite busy at our studies.

We have read a number of valuable books, some of which are, 'Life of Queen Victoria,' and 'In His Steps,' which was lent to us by our Sababth-school teacher. Our favorite authoress is Annie Swan, We are building a nerv Methodist Church, and are now holda nenw Methodist Church, and are now holding our services in the town hall. Chesley has the most beautiful public school in the county of Bruce. There are ten rooms in it, but only seven are occupied at present. There are four Iady and three gentleman teachers. We havie read' the 'Messenger' for sevoral years, anid like it very much, Wt remain yours sincerely,

## bella $L$. <br> MARY H. <br> CARRIE B.

White Mouth, Man.
Dear Editor,-As I have seen so many letters in the 'Northern Messenger, I ters in the Northern Monger, I tho 'Mesenger,' for ithe Sunday-school, and tho 'Mesenger,' for
I nave a canary. bird, but he does not sing. Mother has a lot of flowers, and they are out in bloom. I love flowers very much. I have four sisters and three brothers, and they are all married but ono brother. We have service and Sunday-school every Sunday.
I go to the day-schen, and I am in the second book. I have quite a few hens, and they are all my own, I like very much to hunt for the oggs.
White Mouth is conly a little village, and I like it better than the city. I remain, your ten-year-sld reaier.

LOTTIE R.

## A. Great Man Bare Footed.

The story is in connection with the Sunday-school which John Wesley started in Savannah, Georgia.

The rules of that Sunday-school were different from those that prevail nowadays. The children were compelled to attend unless they were ill. A lack of fine clothing was no excuse, and so it happened that many of the boys and girls presented themselves in their classes without shoes or stockings. There are many stories told of the mothers of those days putting the children to bed early on Saturday nights, and then washing their cloties so as to be clean on Sundays. The colonists were, many of them, too poor to buy shoes, or even much clothing of any kind. But the climate of Georgia is mild, and it is no hardship to go scantily clad.
Human nature, however, as, it showed itself in John Wesley's time, was the same as it is not. The children who could afford shoes: fell into the habit of saying disagreeable things to the bare-footed boys and girls. When Wesley heard of this from the parents of the children whose feet were bare, and whose pride was sensitive, he pondered for a while as to what course would be wisest for thim to pursue. First he thought that he ought to insist upon all the children coming to school bare-footed, then he considered lecturing the offenders soundly on this sin and vanity; but he did neither. On the next Sunday, what was the surprise of teachers and scholars to see Preacher Wesley walk into their midst softly, with bare, clean, white feet. One can fancy that those who wore shoes drew their feet back under the benches, and the bare-footed ones, conscious of being in grood company, sat very straight, and looked satisfied and happy.

In the course of the session, Mr. Wesley took occasion to speak of the fearfully and wonderfully made human body; and placing his feet on a convenient chair, he gave a list of the bones, tendons, and joints, with much other anatomical knowledge. He told the school that no human being could possibly make a piece of machinery so marvellous as the foot:
He called attention to the clumsiness and ugliness of shoes and stockings as compared with the na-
tural foot, with its white and pink coloring, with the blue veins showing through, and each toe protected by a beautiful transparent shell that we call a nail. Even the tan on the feet of children or grown people, spoke of the goodness and kindness of the Creator. This tan was made by the great sun and the soft, odorous winds.

This little lecture was very interesting, and it had a wonderful effect upon those children who were dispased to be proud of their shoes. Hath not God in His Word said-- Be clothed with humility, for God resisteth the proud, and giveth grace to the humble?' Springing 'Well.'

## The Turtle.

The strange creature in the picture is called a turtle It grows to a very large size, and lives both on

## Two Affectionate Chickens.

When my mother was a little girl, she possessed two bantams, a cock and a hen. Now, it is said that fowls are not intelligent, but these two bantams became so very tame that they would follow mother wherever she went, and fly up to the sitling-room window when they heard her talling there.

At last, they became so very affectionate that at night they would not go to roost in their own coop, but after dark set in, would stand at the house door until someone opened it. Then they would rush along the passage and peck at the sitting-room door, where they knew mother would be, and she hearing them would open.it. Thev would then fly to the top ledge of mother's chair (although half dazed with standing so long in the dark, and then suddenly coming into the gas.


THE TURTLE:
land and in the water. Its shell is lit room), and compose themselves very hard and strong, so that hard- as if for the night.
Iy anything can hurt the turtle un- Grandmamma, however, objected less it is turned over on its back.
henhouse of. But when one rose to drive them away, they would fly up to one particular picture in the room, from which roosting-place it Was almost impossible to remove them.

At last they were voted a nuis ance, and mother had to give them away to a friend. But he did not keep them very long, for they fretted and pined away. After their death he had them stuffed, and they now ornament his hall.-Ralph Williamson, in Child's Own Maga. zine?

## Beg, Sir, Beg !

( (Friendly Greetings.')
'Toby ! beg, sir, beg !' No, sir; you are not to eat the bread on your nose till I tell you.'

And there he stands, the pretty fellow, his eyes winking and blinking with the weariness of his posture; but he won't drop his paws, nor will he touch the bread, though it smells very good, and he is hungry enough, till his master gives him leave.

He doesn't understand why lee is to do it how it can be any amusement to his master to see lim tremb:ling on two legs lvien le ought to be on four, or to wateli him smeling the bread that he must not eat-but he concerus himself only with doing what he is told.
SIdon't see why I should do this! says one (may be a servant, or a laborer). What if you don't ?--is that any reason why you shouldn't do it if it comes in your work?
'I don't see why I should go to school, or go to work, or go to bed, when $I$ don't like it !' says the unruly child; but is that any reason why the child shouldn't do it?
'Children, obey your parents in the Lord, says the bible; and the same authority says, 'Train up a child in the way he should go,' to parents.. It would be a great blessing to the rising generation if parents would see the importance of their duty in this respect; we might hope for more 'best' men and women in every rank and capacity, as well as 'best soldiers,' than it is to be feared we are likely to see.

An old. Scotch woman had brought up her grand-children to look on disobedience as an offence of the highest kind against God, and one she could not overlook.

Going out one day she left her little grandson Donald at home, and
gave him strict orders not to open the door to anybody till she returned. She was kept away long beyond his usual dinner-hour, and he grew very hungry; she had left him nothing to eat, expecting to be home in time. He looked about, but saw nothing but an oatcake which she had made the day before, and had told him not to touch. Presently
never be missed. Why did his grandmother bid him not to touch it? He didn't know; but she 'had said it, and he must obey.
"Donald," said the old woman when she came in 'has old Meg been here-Meg Cameron?'
'I think it was her as wauted to come in, but I said no, grandmother.'
' Gude bairn ! she came to rob, for


## HE CONCERNS HIMSELF ONLY WITH DOING WHAT HE IS TOLD.

came a woman and asked througg the window to be let in.
' I canna do that,' said Donald, 'my grandmother told me to open to nobody but her.'
The woman asked why, assured him she was a friend of his grandmother's; in fact, told many false tales, till he began to think he ought to open the door. But as his hand was on the bolt he suddenly recollected himself and drew it back, and said through the window, ' Ye must wait till grandmother comes; I canna tell why, but she said, "Don't open the door," and I canua do it.'

Still it grew late and dark, and the oatcake looked very tempting. He smelt it-a bit off the end would
she knew I was away; I spied her on the road, bat I trusted you'd be obedient.'
While Donald was eating his porridge with hearty appetite, slie said, ' I'll just put this oatcake in theline o' the rats; Donald, it's a supper for them; there's poison enow in it for a score of 'em.'
She had once or twice during her unwilling stay away been troubled lest the child should eat the cake in his hunger, for she remembered she had not told him it was poisoned; but she comforted herself with the knowledge that he would surely obey her at all costs.
' Eh, Donald, my bairn,' she cried; ' ye see what a good thing it is to obey; if ye had not minded my word this day ye'd have robbed nee of my substance, and yourself $o$ ' the breath of your nóstrils.'


## Scientific Temperance Teaching.

(By Mrs. Howard Ingham, Secrotary NonPartisan W. C. T. U., Cleveland, Ohio.) LESSON XXXV.-REVIEW.

1. What is alconol?

Alcohol is a deatly poison.
2. Can it ever be safe to drink it ?

Iac, mever. It is just as sure to do us harm as water is to make us wet or fire to burn us.
3. Can we'not take a little without harm?

No; a little does harm. But it is almost impossible to stop with a little.
4. Why so?

Because alcohol never satisfies as milk and water do. It is the nature of a little alcohol to produce an appetite for more.
5. "What part of the body does it harm mose?
It karms every part of the body, but most of all the brain, axd through the brain the mind.
6. How does it harm the brain?

It hardens and cooks the delicate substance of the brain. It weakens its bloodvossels so that they are likely to burst if crowded, and it crowds the blood-vessels with bad blocd.
7. Why is the biood bad?

Because the aloohol sucks out a great deal of the water of the blood, and it lills the little air-cells which keep the blood pure.
8. What does alcohol do to the heart?

It weakens its walls, just asi it does the walls of the blood-vessels. And it hurries its action and so wears it out faster than it action and so
9. What does alcohol do to the stomach?

It destroys the juices necessary for the digestion of the food. And it burns its delicate surfaces, and in time covers them with sores.
10. How does alcohol affect the norves?

It sucks out their moisture and leaves them dry, so that. they cannot carry the messages between the brain and the other parts. of the body.
11. What makes the drunken man stagger and fall?
Because his brain is so hurt by the alcobol that it cannot control the body, and the rerves are so asleep that they cannot obey the brain's commands.
12. What makes the drinkers facs and rose so red?
The alcohol has put to sleep the nerves that control the amount of blood pumped pito the small blood-vessels and they are crowded full of bad blood, and so show very plainly.
13. What makes so many beer-drinkers so large and heavy?
The aloohol has prevented the sending out of the body of the particles of matter that are continually dying, so the body is full of dead matter.
$\because 14$. Is this stoutness and reddy color then a sign of health?
No, irdeed; a sign of disease. The bloodvessels are sick, the nerves are sick, the brain is sick, and the whole body is full of death.
15. What is the only safe course in regard to alcohol?
To let it altogether and always alone, never taking even the first drink of anything that contains it:

## Hints to Teachers.

Two or three lessons will be given to a review of the more striking facts concerning alcohol and tobacco. Each teacher will nind hersolf borne along on'a current of interesting thought, and wint take pleasure in questioning the children closely concerning what they have learned: $\because$ These review lessons they have learned. by charts, pictures; etc., may be brightened varied by recitations and songs. The and varied by recitations and songs. The children's own minds, will be full of self-
gathered evidence of the truths they heve gathered evidence of the truths they have

A Great Temperance Triumph
The temperance people of Canada have won a great moral victory. They have de monstrated the fact that outside the Prov ince of Quebec, where the French Cattiollic element is so strong, a vast majority of the people believe in the absolute prohibition of the liquor traffic. No matter what construction the politicians and the liquor sympathizers may place upon the fact that the vote was comparatively light, and that it had no mandatory power upon the Dominion Parliament, the truth remains that the majority of those who voted condemned the sale of intoxicating drinks, and are ready to oust the whole business from the country. It is also fair to presume that the vole is reprezentative, and that if all the non-voters were compelled to express themselyes they would swell, rather than reiluce, the majorities for prohibition; The contest was a flerce one. The liquer fraternity was arous ed. In cities especially, where the traffic holds the sympathies of the hoodum ele ments, the vote was large. Therefore the apathetic element was probably among the maral clases who in a crisis would vote moral classes, the in and breeding haunts, but who are not sufficiently aroused in this instance to go to the polls aroused in this instance to go to the polis places knew little or nothing of the tremendous issues involved. This was the first national battle of the kind, and it is not t , be supposed that the prohibitionists were able to reach their last friend and secure his vote. Against them was pitted the unlimited capital and influence of the national liquor traf fic; the strong sentiment of the politicians and the practical opposition of the great body of Romanists. To carry the province of Ontario by 35,000 majority Nopa Scotia by 20 000 Maniloba,. Prince Edward Island; British Columbia, and the North-West Territories by Columbia, and the North-West Territories by
smaller but clear majorities, was an achicye smaller but clear majorities, was an achicye-
ment which may well give heart to the temment which may well givo heart to the temperance forces and nerve them to demand
their rights in coming legislation.-Michitheir rights in coming lesislation.-Michi gan Advosate.
Note.-The latest returns give the majorities as follows:


## Habit.

It is more than likely that some of my little readers have written in their copybooks the words, 'Habit is second nature,
and that in doing so they have wondered and that in doing so they have wondered what the word habit means, and yet if they had thought they would have found that the sentence really explains itself. When wo say that a certain astion is performout thourht or trouble thus we learn to eat and to drink without any efiort; because these actions are part of ourselves, and without them we could not exist. Now, there are actions which men perform which aro not riatural, and yet when these actions are nerformed over and over again, they become as it were part of the life of those who perform them and they become miserable if form ing interferes with such actions. Thus anyoking is a habit which is sometimes diffcult to learn, but once the smoker has becult to accustomed to his pipe, how miserable come accustomed get any tobacoo!
he-is if he cannot get any towaco watin word habeo meaning to have; so that a liabit is something we have that is part of ourselves, something we cannot get rid of even ip w' would.
Now, it is quite right to cultivate good habits, it is quite right to : begin while we are young-to cuitivate habits which will give us a pure mind and a strong body: This is the reason our parents will not allow us to read bad books, or to mix with bad company; for this reasol our parents encourage us to rise early, to bathe in cold water, and
to have plenty of healthy exercise. They know that one these habits become part of our daily life, then it is very likely we shall cheerfully carry them out when we grow older, and are not under the control of our parents.
We must find out whether the habits wo are forming are for our good or for our harm We can very easily find this out; har. . we neel down and ask God's blessing on wuch habits?
If you are learning to use bad language, or if you are gotting into the habit of tell-

ing lies, you know at once that theso are bad habits, lecause you would not dare to ask Gud's blessing on them.
We must not shut our ears to what kind friends say to us. When we hear mother Eay 'Noy John that is a bad habit, and bay, day' you will be sorry if you do ' it ', we some day must it off leave it oill ference to me.
It will mako all the difference, for in a few years the habit will become truly your second naturie. You will find it very hard to break away from it.
There is a story told of a boy who had takon up his father's diamond ring, and was Writing on the window-pane with it:
'Don't write there, my'son,' said the father.
'Why not, Father?'. was the boy's question.
'Because you cannot rub' it out.'
Of course you niced hardy be reminded, that one habit against which you are often that one habit against drinking intoxicating drinks.
drinks. remember once saying to a Why , hon hom know, what harmile che are suffering.
your wife and children are sorrowfully, then He looked at me very sorrowrully, the the tears came into his. ecs ar pris Ah, you don't such a hold on me that I can't give it up.
There are many people who want to give up. their drinking habits, but find it very hard to do so. How much happier their would have been, then, if they had neve learned to drink!-'Adviser.


Bishop Tugwell's inquiry as to the spread of the drink traffic in West Africa was addressed to twelve African and two European missionaries, and the result shows; as might be expected, that the interior and less accossible parts of Africa are far freer from thie drink traflic than the coast. Many or the coaist missionaries bear out the statement that at the times of fetish, festrvals the whole of a town miay be found drunk at once. A characteristic glimpse of African trade is given by the Rev. J. B. Wood in his account of his journey from Abcokuta to Lagos. Two-thirds of the caravans travel-ling-towards the town, and eyery canoe on ing tiver, 's at the time' says he 'that we left the Abeotate town gate till Lagos was reachthe Abeo sea piece of cloth on: its way ed did I see, 'And ret,' says the 'Daily up country; Au Chronicle, we are always being aske Wo open up Africa to European trade.: Wo strongly suspect that the only people who proft by all this opening-up are the gin-dis-tillers.'-But no: The rascally merchants who use this as currency also make great gain by it.- Alliance News.'

LESSON VI.-NOVDMBER 6.

## Hezekiah's Great Passover.

II. Chron. xxx., 1-13- Memory verses 10 13. Compare II. Chron. xxxv., 1-9.

## Golden Text.

- Yield yourselves unto the Lord, and onter into his sanctury.-II. Chron. xxx., 8.


## Home Readings.

M. II. Chron, xxix., 1-19.-Ficzeliah did that Which was right.
T. II. Chron. xxix. $20-36$.-Hzeeklah offerins solemn sacrifices
W. II. Chron. xxx., 1-27.-Hezekian's great passover
T. II. Chron. xxxy., 1-19.-Josiah's solemn passover.
F. Num. ix., 1-14.-The command to keep the passover.
S. Luke xxii., 7-20-Jesus keeping the passover.
S. Isa. Iv., 1-13.-Onr Lord $\because$ will abundantly pardon.

## Lesson Story.

Hezekiah, the son of Ahaz, the good son of a bail father, began to reign over Judah when he wás twenty-five years old. He was one of the nollosi and most perfect kings that ever reigned; Isaiah was his chief counsello1 and adviser: Immediately upon coming to the thione he set to work to have the temple repaired, and the whole service put in thorough working order again, as it had reign of Ahaz.
When Hereliah had restored the temple and its service, he rejolced, and the people rejoiced with him. And then he wrote let ters to all Israel and Judah, ana to the strong tribes of Ephraim and Manasseh to invite them to Jerusalem, to keep the 'pass' over unto the Lord 'God of Israel.'The passover was ordained to be held in the first month, but it häd taken several weeks to get the temple service in perfect order and to send out the letters of invitation, so it could not be held until the second month. Iu the micantime the posts were hastening through the country with the letters of king Hezechildren of Israel, turn again unto the Lord God of Abraham, Isazc; and Israel, and he will return to the remnant of you, that are escaped out of the hand of the kings of Assyria. And be not ye like to your fathers, and like your brethren which trespassed against the Lord God of their fathers, who therefore gave them up to desolation as ye ther
'Now, be ye not stiffnecked as your' fathers were, but yield yourselves unto the Lord, and enter into his sanctuary which he hath sanctified for ever: and serve the Lord your God, that the fierceness of his wrath may tura away from you. For if ye turn again unto the Lord, your brethren and your children shall find compassion before them that lead them captive, so that they shall come again into this land: tor the Lord your God is gracious and merciful, and will not turn is gracious and merciful, and will not turn
away his face from you, if ye return unto away,
Many of those who received this loving message mocked at It , and treated the messengers with scorn. Nevertheless, quite a number from Asher, Manasseh and Zebulon caine to Jerisalem to humbly confess their past neglect and renew their corenant with Jehovah. Also the people of Judah all came up to Jerusalem, and they kept tho feast for fourteen days, with great joy and gladness of praise.

## Lesson Hints.

We have now come to the thirteenth king of Judah, the one who was most like his ancestor David. His father Ahaz was called the worst of all his line, but Hezekiah is called next to the best. This good king took as his friend and counsellor the prophet Isaiah, thus adding a source of strength to his already strong and upright character: Praying friends are strong friends.
'Israel and Judah'-including in his Invita-
tion the original twelve tribes. This revival took place in Judah just before the final captivity of Israel., Israel was doing secretiy those things which were not right against the Lord their God.' (II. Kings svii., 9.) Well would it have been for them had they joined Judah in this renewal of the covenant with Jehovah.
At Jerusalem'-the place chosen by tho Lord (Deut xii, 13, 14: I. Kings xi., 13.)
The passover-(Ex: xil., 1-14.)
'Second month'-the months dated from the original passover, and the feast was always to be held in the middle of the first month of the year. But the temple had only been opened in the first month, (II Chron. xxix., 3) and the priests were not ready yet to perform the services, (Num. ix. $10,11$.
'Beersheba to Dan'-the most southern town of Judah to the most northerly town of Israel.
'A long time'-there had been no guch reunion of the tribes since the days of Solomon, about two hundred and ifty years be core.
The posts'-the postmen or messengers, those who carried letters quickily
'Laughed them to scorn, and mocked them' -it was almost their last message from God offering a free pardon to all who would re turn to him. But they mocked at it. They laughed at the very idea that God would de stroy them in punishment for their wickedeiess, yet they clung to their sin so that thej had to be in a way destroyed with it. ... (II. Chron. Xxyvi, 15-17.)

## Questions.

1. Whom did King Hezekiah take as his friend and counsellor ?
2. What was Hezekiah's character?
3. What did he do in the first year of his reign?
4. To whom did Hezekiah send incitations to the passover?
5. How did the people treat the messengers and their invitation?
6. How do you treat God's invitation and messengers?

## Suggested Hymins.

'Come ye that love the Lord,' 'Who is an the Lord's side?' 'Call them in,' 'When the rollis-called up yonder,' 'Come to the Savi our,' 'Revive us again,' 'Jesuis is tenderly calling thee home?' 'Why not now?'

## Lesson. Illustrated.

The blood-sprinkled door-way tells again the passover story; as we enter the sanctu-

ary with Hezeliah, and hear his call to the feast going out over all andah and Israel. The verses of the shadowed doorwhy remind us of that blood sprinkled far us, under whose shelter alone we are safs.

## Practical Points.

## A. H. CAMERON.

The kingdom of Israsl always prospered when the king did right in the sight or the Lord: As it was in the days of King feaekiah, so it is in the days of Quean Victoria. Verses 1, 2,
There is great reward in koepins God's commands, wholher it be to fast or feast, to pray or preach, to run on his erfeast, to pray or preach, to run on
Solemn warning and earnest entreaty oftcon fail to make the sinner turn from lis evil ways: Versis 6-10.
Yet there are always some vhose hearts
are melted by the old, old story, and who are not too proud to yield their wiil to the rule of Jehovah. Verzes 11, 12.
The Lord will never be without vitnesses in the house or prayer, and blessed are they who forsalie not the assembling of themseives together. Verse $13 \div$ Psa. 1 xxxiv. 10 .
Tiverton, Ont.

## Christian Endeavor Topics.

Noy. 6.- 'The good fight.'-I. 'Cim. vi., 11 -
16: II. Tim. iv., 7, 8.

## Infinite Might.

The world does not yet know what God can do through a fully consecrated man,' America's greatest evangelist heard a passerby on the street remark to another. And that remark induenced; and in a way, transformed his whole life. The worid does not yet know what God can do through a fully consecrated organization. 0 wnort It is for yat, and realize its ment dedicated unsolfishly to him. We have ment dedicated unsolfishly to him. We have
the infinite might of the infinite God to use, the infinite might of the infinite God to use, We have Omnipotence
Asir and ye shall receive.
Men lived for generations on the lia of the world's great diamond vault in South Africa, and never knew of the pricelesis gems beneath their feet: The gold fields of fthe Rand have been ready for centuries to yield up the key of their untold treasure to the intelligent discoverer. Electricity has been a mighty but dormant power in this world since Adam first walked in Paradise, but, until Franklin flew his kite, no man realized that there was a subtle, unsecra power, sufficient to turn every whcel, and drive every car, and light every city in the wide world. But so it was. 0 Christian Endeavorers, there is a mine of undiscovered wealth on whose edge you are treading! There is a might inconceivable which you may have for the asking. It is the treasure of the Spirit's abiding presence; it is the might of God's power, which he offers to the humblo and contrite heart. Will you take it? Will youl use it for the coming of the King-dom?-Dr. F: E. Clark.

## Escorting as Well as Inviting.

Half-doing is no better in the Sundayschool than anywhere else. Inviting is often only half doing, if not followed by escorting. A young men's bible-class in New York is not the only one which has learned this. Its records show that the number of new members who have come to the class: by themselves, simply on invitation, is a small per centage of the whole uumber invited. On the contrary, nearly all new members have been escorted, usually by the same persons who invited them. I will call for you on Sunday at such an hour,' carries with it' a definite, urgent, and personal invitation-not easily resisted. But even when there is no resistance, when there is a whlingness-to accept the invitation, much is gained by courtesy and fellowship if the inviter goos after the invited, and birngs him in as a companion, and not mercly as a stranger. This is true for all classes. When the primary teacher gets on the track of possible now members, and gives the cordial finvitation, she must often wisely arrange so that she or her assistants, or some of the young people, shall call for the new children, and for their mothers, perhaps, to escort them to school. The reality and the earnestness of tho invitation are made plain in this way and the relations of teacher, scholar; and parents are made closer from the first. Without this escorting, many will not come at all. 'Sunday-Sohool Times.'

## For Jesus's Sake.

Dr. Paton tells of one of his teactiers who suffercd persecution and death for Christ's salke. He was placed at tho noarest village, and there led a pure and humble Christian iife. One morning as he knelt in prayer, a savage priest--wbo had attacked and nearly killed him a short time before-sprang upon him with a great club, and left' him in a dying condition. Fils pain and suffering were great, but ho bore all quietly as he kept saying, 'For tho sake of Jesus : For fesus's eake! 'and praping Jasus to forgive his persecutors, he passes alvay.

## HOUSEHOLD.

## A Word to the Girls.

Girls in the country sometimes grow tired of the quiet routine of farm work, and long for the excitements and attractions of city life. But life in the city is not the public holiday it seems to the girls on their occa sional visits to town. Belleve me when I tell you that working girls in the city have an infinitely more monotonous existence than the country girls ever dreamed of. You ge the corl and work hard it is true but the up ears and the rides res that pour yive you and parties tha social recreation and change, wh those always the leenest enjoyment for those w/ know how to read mother natures day in a
Think of spending every working day in a dingy office, writing and figuring constantly, with but half-a-day's vacation in three jears as one girl I know of has done ! Think of spending all the hot, dusty summer days at a sewing-machine in a factory with the cease less clatter of hundreds of other machines all about you 1 Think of walking two miles to "work, standing behind a counter all day forced to smile and smile, though you fee like a villain ought to feel, and walking hom gain at night. All these things thousands of girls in this city do
One girl I know stands and irons readyand weet made. Whous the rioty in her life? How out. Where is the variety in her life? How would you like to exchange your duties with them? Do you not think it would be a welcome relief to them to milk in the cool of the morning, churn, bake and sweep before the hottest part of the day, peel potatoes for dinner out under the shade of a tree, and after the dinner work is over, to sit out in the cool and shady yard, or rest in the hammock, or take a canter on the pony, and at night o lie down and breathe in the sweet-scented air of the country, instead of sewer smells and effluvia of dirty alleys ?
How would you like to pay out of your cant earnings for every specked apple o withered peach you ate? Why if you lived in the pou would pay for eruit that you wil not'p up from the ground now: How huld you like the out present possibility o oning yur ' $j 0$ ' and heving your incom losing your job aith no mone cut off for a expenses that always accumulate so fast. Think of all these things before you give up the quiet and peaceful life of the country with the certainty of a comfortable home even if you do not have ice cream and fried chicken every day. To make the best of what you have is better than to rush into evils that you know not of.- American Paper:'

## Don't Fold the Arms

Don't fold the arms. By doing so you pull the shoulders forward, flatten the ches and impair deep breathing. Folding the arms across the chest so flattens it down that it requires a conscious effort to keep the chest in what should be its natural position. As soon as you forget yourself down drops the chest. We cannot see ourselves as others see us. If we could, many of us would be ashamed of our shapes. The position you hold yourself in most soon becomes the natural posilion. Continuous folding of your arms across the chest will develon a flat chest and a rounded back just as certainly as will clasping the hands behind'the head, or folding the arms behind the back and doing much posterior ohest wolght: work, develop a flat back and a deep, full, rounded chest. You can't think of all these things ? Do you think of folding your arms across your chest? No, it is a habit Make these things habits, and you won't need to think of them; you will do them unconsciously.

- Here are four other hints which should be habits: IKeep the back of the neck close to the back of the collar at all possible times. Always carry the chest farther to the front than any other part of the anterior: body. Draw the abdomen in and up a hundred cimes a day. Takie a dozen, deep, slow breaths a dozen times each day. To do these exercises properly dress loosely. You cannot do them properly otherwise. Never wear shoulder-braces to keen your shoulders back. They weaken nature's shoulder-

braces. Develop nature's braces and you will breathe more deeply, and have a better form physically.-Robert J. Rolverts, in 'Men:'
©BABY'S OWN言


## Home Finance

We must run our affairs with each other on a strict business basis. If one child borows a penny of its brother or sister, bee that it is punctually paid back again. If ou older ones borrow eren a few cents oa our children.in an emergency, seo hat you pay it back It is should be paid as surely as your grocery bill, or your washerwoman's earnings. If finances were more strictly taught in the home here would be muah safer business principles astabished $A^{\prime}$ aint in a ciples establ best bant rowed two cents from a little child's bank to make up some needed change. She went She had money enougl to pay it a hundred She had mo times ovar. lessmess on her par, but the chal not forget it, and the impression made. on that young mind in regard to that guests hanchild rear whed no cor to ast the tots for it or to or him to ask the lad for mind her in any way of it, and so she went awray unmindful of the debt she had incurred from that little boy. Hawthorne says in connection with the questions of disputed boundaries, that "The right of purchase is the only safe one. This is a world of bargain and sale; and no absurdity is more certain to be oxposed than the attempt to make it anything else." This is true certainly as regards finances of any amount.-Susan T'eall Porry, in 'Chistian Work.'

## Selected Recipes

Strawberry Shortcake.-There is such a difference in strawberry shortcaikes, Some are made of the same materials as biscuits -the poorest, according to our judgment; others have a regular cake as the founda-tion-those are very. good; but, in this cast age,' When 'we wish to have the best with the least time and trouble, we can make the nonpareil strawberry shortcake in this way; From thie baker get a sheet of best sponge cake, not frosted. Buy two quarts of strawberries; hull and wash them, for the best have some sand in them, and cold water doesn't hurt them. Drain in a colander, and put in a glass or china, ('not tin) dish for an hour, with a cup of sugar spinnkled over them. Then split the sporige cake, lay the pper part crust down, on a platter, his lay one-hall the berries evenly, lay the ther half of the cake on, crust down, and evenly lay over the rest of the berries, Drip the rioh juice remaining evenly over all with a.spoon. This should anl be dont rich belore wanted, now beat one pint of re 11 cream to a froth, and spread over all, or is cream is as plenty as at the farm, the clear thilok, unwhipped cream may be poured iibe rally over all. This is a dessert that is not troublesome to make, requires no in quanheat to prepare it, and is sus

Get your friends to subscribe now for the Northorn Messenger,' and to each new nam the remainder of 1898 will be supplied free:


## FREE

We give this fin watch for selling two dozen Lever CoL ar buttons, en cents each. Send our adaress and we forward the Buttons, postpaid, and our Premium List. No money required. Sell he Buttons among your friends, return he money, and wo sead the watch, prepaid. A genuine American wátch, guaranteed; for a few hours' work. Menion this paper when writing.
Lever Button Co. 20 Adeialds St. E.

## 

## A Lasting Effect.

Joseph McClelland, Brookholm, Ont., subcriber for a club of Northern Messenger;' Frites:-I know of no better paper that could be placed in the Sabbath-school and its nfluence for good must have a-lasting effect for good on the rising generation.

## NORTHERN MESSENGER.

One yearly subscription, 30 c :
Three or more to diflerent addresmes, 250 each.
Ten or more to one address, 20 c each.
Whon addrossed to Montreal Oity, Great Britaln and Postal Union countries, 530 postase niust bo sdded for asoch copy; United Statos and Oineds free of rostage. Bpocial arrangemente will be mado for deliverlag packages of 10 or more in Montreal. Subsoribors residing in tho United slatos can romit by Post Olloo Honoy Order on Roubes Points X.Y. pr Express Monoy Ordor payable in Moatroal.
Sample package supplied free on application.

JOHN DOUGALL \& SON
Publlshers, Montreal.

## THE ' YOETCHELET MESSEAYGER' is' printod and publuhod overy weok at tho 'Witaess' Building, at the ocraor of Crig and St Peter streote in the oity co Montreal- by John Redpath Dougall, of Montreal.

All bivinesa communications ahouid be addressed -' John Dougrall a Boan' and all lettern to the editor, mocald be aidressod Editor of the ' Northem Miciangor'

