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EVERYWOMAN'S WORLD

"SOMEWHERE IN FRANCE" PP5 E83 How Would MOTHERS' PENSIONS Affect You? (See Page 3) NOVEMBER Continental Publishing Company, Limited, Toronto, Canada Trade Mark Registered 1913, Department of Agriculture, at Ottawa, by Continental Publishing Company, Limited, Toronto, Canada

Riserve 1917

FIFTEEN CENTS



Buying Your Home 'he Four Greatest Events of Your Life



Model Eighty-Five Four

- Like the other great events of life, buying the family car is very much the concern of the wife and mother.
- Happy that woman-and her name is legion-who by helpful suggestions persuades her provider against too small a car or by loving restraint checks an over-generous husband who would otherwise make the mistake of too large a car.
- It is the woman of the family that

suffers most the fatigue and inconvenience of too small a car-her's the self denial if too great an expense is shouldered in operating too large a car.

TRADE MARI

The thirty-five horsepower Overland Model Eighty-Five Four is roomy enough to be perfectly comfortableto ward off fatigue on those long trips which should be of such healthful benefit to the whole family.

It has big comfortable seats and canti-

lever rear springs that make it easy riding.

Yet it is not too large to be economical of operation.

- And in the building of this beautiful Overland there is no hint of experiment, no construction extravagance.
- Its purchase is dictated by common sense and the practice of true economy-it will be a great event in your life. See the Willys-Overland dealer about it now.



Don't Tell Him We Said So!

AVE you ever watched a man climb the ladder of success rung by rung, until the topmost point is reached, and wondered what gave him the impetus?

Have you marvelled at the achievements of big men whom you meet from day to day in the business and literary world,

and hankered for an insight into their private lives — longed to know if they were fed on malted milk and how many times they played "hookey" from school?

If so, you will rejoice with us over the "confession" which we publish herewith, of one Chas. C. Nixon—or "See See" as his old schoolmates recall him.

He is, already, a little more than a first cousin to you, so he needs no introduction

What surprised us most in this "confession" which we got from him as a dentist finally secures a stubborn root, was the perfectly simple reason he gave for founding EVERYWOMAN'S WORLD. -Failure to win a debate! Who would have imagined it !

Until recently Mr. Nixon has been identified with the business end of this institution. But let's forget that! At least, let us only remember that his success therein was but the second story of a solid editorial structure. For "See See," from 1908 edited one of Canada's leading journals for nearly five years.

His latest move represents the vital third story—the climax.

We are telling you this here, on "The Ground Floor" because we want to "let you in" on all our secrets, our changes, our successes. And when you see at the top of the editorial page—"Chas. C. Nixon — Superintending Editor"—you will know that he has slipped into his old niche, has become again part of the editorial mechanism that is making EVERYWO-MAN'S WORLD the great big factor in Canadian National Life that you and I know it has always deserved to be.

But "'nuff said!"/ "See See," in his confession speaks for himself.

That Bewitching Brogue!

A S we labor hard, prepar-A ing all the good things we put before you each month there is one cheering factor in the sum total of the day's endeavors that lightens our burdens-it is a "bit of brogue" that floats to us-just the airiest, fairiest kind of brogue.

And say!-do you know that when we're just down-

right cranky and oppressed, quite unconsciously, when that music is wafted to us, a great broad smile breaks all over our face and we just naturally say to ourselves-That's Norah Holland-God Bless Her!"

Being naturally inquisitive we got Miss Holland to one side, one day and whispered

"Norah M.— who are your relations?" "A cousin of W. B. Yeats, the poet, on my mother's side, and on my father's, a grandniece of

Chief Justice Hagarty. Whereat, we became more dignified, realizing we were

in the presence of a genius. In 1902-03, Miss Holland accomplished nothing more wonderful than a walking tour through the South and West of Ireland. It only took her a matter of eight months, in which time she collected folk-lore as she went

"What," we asked, "were some of the outstanding in-

cidents in the tour?" "Well," she replied with her irresistible brogue-"I had dinner beside a hedge with a tramp, once, and on another occasion slept on the mountain-side above the famous "bog of Allen" with a grey donkey as a trouble-some companion."

Why are we telling you all this? Just so that you will know the treat in store for you in the December issue when we publish one of Miss Holland's charming fairy tales—"The Leprechaun of Slieve Dearg.

And remember! Norah assures us they are all true!

Irresistible Madge Macbeth!

YOU have read "Mam'-selle,' and the many other stories we have secured for you from the pen of Madge Macbeth. You may even now be reading "Kleath," her latest novel. You have found them irresistible, — haven't you? Well, so also, is their author.

In the December number next month, her Christmas box to you will be another of her truly Canadian tales of love and hope-and mayhap war, and Yule-tide happiness.

When you read anything of Madge Macbeth's, don't you stop and wonder — "What can she, herself, be like?"

Realizing this, we have placed a remarkably striking snapshot of Madge and her two lusty sons right up in this right hand corner.

Isn't it just splendid? We think so.

Encouragement Helps

AND now, that you have traversed the Ground Floor with us to this point,



Mrs. Madge Macbeth and Her Sons

tell us-are you satisfied with what we are doing for you?

You know when you work hard to please people, a little word of encouragement goes a long way.

Do you like the November issue of EVERYWOMAN'S WORLD?

You do! Then for goodness' sake tell us why. Let us know why you enjoyed our new Book Review Department, our Children's Features, our Food Department, our Experiment Kitchen, Jean Blewett's wholesome talks, the political articles for women which we have culled from the richest store of ideas; our—oh everything! So write us—just a personal "homey"

Other Good Things to Come

little chat, entre nous!

WHILE we are talking of the good things of the present, let's have a word about other good things to come.

Everyone's enthusiastic about our "Lead-ing Woman" series, so we suppose it is permissible to say so. The Alberta feature in October came as a surprise to you. But that, probably, made it all the more interesting. In this issue we have nomin-ated our Ontario leading woman-Mrs. Thornley.

Next month-December-Nova Scotia's premier feminine spirit will be proclaimed. A leading woman in each province will be nominated month by month. Watch for your province!

The December issue will contain also the usual quota of good fiction.

A Climax—"Canada Ahead!"

THEN the January EVERYWOMAN'S WORLD will indeed be a climax! It will be a special "Canada Ahead" issue. It is going to be as truly Canadian as ever a publication could be. It will be resplend-ent with the shining achievements of Canada of the past and forecast the Canada of the future.

Canadian writers, Canadian artists, will contribute; Canadian subjects will be the order of the day; Canadian thought will be sounded; Canadian progress measured.

If you want to wish us the best kind of a happy New Year, just let us know that you are waiting to receive that "Canada Ahead" number just as eagerly as we are preparing to produce it.



Chas. C. - "See See"-Nixon As Confessed by Himself

As Confessed by Himself As Confessed by Himself If in to believe my mother, I hankered for the joys of self-expression at a very early age for she relates that I was much given to crying, causing her trial and straining be great and enduring patience. The says also that I. was always exceedingly thin-so thin that she was really ashamed of me! Make a second straining at the says also that I. was always exceedingly thin-so thin that she was really ashamed of me! Make a second straining at the says also that the "Yon cassius hat a lean and hungry look. He thinks too much. Such men are danger-us." Three great things I have had thoorn, self-consciousness of fear, which would always keep me down. Second, my youth; people have for the past ten-"My! I am surprised to see you so young a man!" Third, my atural disposition to give the other thellow credit for being able to do things a great deal better than I can do them. At school, I was taught to

AT school, I was taught to better than I can do them. AT school, I was taught to beware of conceit. At church and at Sunday School, and in the family worship at home, it was rammed in upon me that I was only a "worm of the dust." These things, too, I have had to overcome. In early years I liked work much better than study and had it not been for the stern authority of my father and the loving pleadings of my mother, I should have had less schooling than I got and I would now probably be expressing myself between the handles of the plow from which I would never have turned back. It was in a Bible class debate of opportunity beckoning me to throw myself into service for wome. The debate was on Woman

throw myself into service for women. The debate was on Woman Suffrage. I had the affirmative side. Two hard-shelled old peda-gogues, and a preacher were the judges, so of course my side was defeated! But I had seen a great light and it has been getting a great deal brighter ever since.

deal brighter ever since. If is the most natural thing in the world for me to want to write. I promise myself some day. For lam encouraged system to write is to write!" Witch reminds me of Emer-son: "The Law of Nature is, do the thing and ye shall have the power. But they who do not the thing have not the power." With there is hope ahead." To date I have never exper-inced any greater joy than the yo of going on. Marker of the source of the source of the the to the solution of the source of the the solution of the source of the source of the the solution of the source of the source of the the source of the source of the source of the the source of the source of the source of the the source of the source of the source of the the source of the source of the source of the source of the the source of the

C. C. N.

You Will Never Go Back to Leather Soles

Neolin Soles Give You Economy Protection, Comfort, Style

leōlin

For yourself or your children, you will never return to leather soles, once you have tried Neolin. In so many ways does it satisfy over leather, correcting every fault of leather, possessing every virtue of leather.

Especially should you welcome Neolin now. No need to tell you of the cost of shoes—the cost of fine shoes—and the cost of children's shoes. But thousands of mothers have solved this problem with Neolin. For Neolin does give lasting, lasting, wear—even three, four or more times greater than leather. This holds good for children, too. Children who are little shoe-terrors.

But the perfect sole should have other qualities beside wear. Wet, slushy, snowy days are coming. Wet-foot colds loom up. But Neolin steps in with waterproof qualities that leather never has. Waterproof as a duck's back. No more sitting in school with wet feet for the kiddies. No more soaking shoes after a trip to the store or the church.

Wear and waterproofness alone would make Neolin soles the soles for you. Add to these, comfort unknown with stiff soles -for Neolin is flexible, light, foot-easy. And style-modern, for modern people. Neolin holds smart shoes in shape.

If you are faced with the problem of Winter shoes; if shoecosts have become almost unbearable, see your shoe-merchant about Neolin soles. On shoes in his window you should find the price-ticket illustrated here. There are many styles and prices of shoes Neolin-soled.

Neolin has been a great success. Because of distinct superiorities it is replacing leather for shoe-soles. Neolin's appearance can be imitated. But Neolin's qualities are the result of methods and materials known only to us.

Now there are other soles that look like Neolin. But there is only one Neolin—and every pair is branded with the trade mark shown below.

To be sure of the genuine Neolin—mark that stamp; stamp it on your memory. Ask for Neolin with the the accent on the "o"— Neolin— the trade symbol for a quality product of

The Goodyear Tire & Rubber Co., of Canada, Limited.

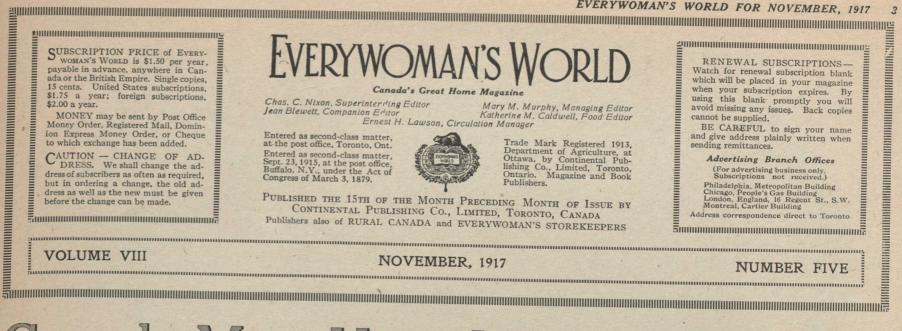
This is the Neölin price ticket which you will see on shoes with Neölin soles. Look for them in your dealers windows

Soles

neolin

BETTER THAN LEATHER

EVERYWOMAN'S WORLD FOR NOVEMBER, 1917 3



Canada Must Have Mothers' Pensions

As a Record of Service Rendered and a Safeguard for the Nation of To-morrow

AN EDITORIAL



N the whole Dominion of Canada there is only one province that has Legislated to any measurable degree in favor of mothers. That province is Manitoba.

In June, 1916, the Winnipeg Mothers' Allowances Committee was responsible for the passing of a bill providing for mothers' pensions.

Mothers' Pensions! What more vital consideration is there for any Government in any country at this particular time? In Canada especially-a young country, where the youth of the nation counts for so much-is there any law that would be more conducive to future solidity than one which, in affecting mothers, directly benefits children?

Is it a fact that the other provinces in the Dominion are utterly ignorant of the importance of such a measure, or are they merely uninterested? In either case, the indictment is a grievous one.

The people of the province of Manitoba realized the principle that the future of the nation depends upon the proper training of the child, and as this training can be most efficiently given through the family unit, that the conservation of national unity depends upon the conservation of the home.

SINCE the establishment of the Winnipeg Mothers' Allowances Committee in 1916, \$10,855.45 has been expended by the province and the city through the Provincial Commission in recognition of this principle and the Winnipeg Committee has at the present time fifty-one mothers trying to create capable, conscientious citizens out of their one hundred and eighty-one children. Their monthly wages through the Commission amount to \$2,089.00.

The Act is carried out as simply as possible. The mother comes herself to the office and tells of her need. The purpose of the Act-to conserve the home, that is in danger of being disrupted, because of the death of the is carefully explained. bread-winner, Emphasis is laid upon the fact that the allowance is a salary granted her by the city and province, in return for which she must undertake to perform the task of rearing her children, and if she fails in the proper upbringing of her children, by not providing for their physical, mental and moral welfare, the payments must cease

The general public is beginning to realize that the allowance granted to mothers under the Act is a salary for service rendered, and not a charity;

that primarily it is a children's act, not a mothers' Act. Reports and investigations show that many mothers are applying who would otherwise rather starve than take charity.

IS it not so, that what has proven necessary and successful in the province of Manitoba would work out similarly in every other province of the Dominion?

Is there any special reason why Manitoba mothers should continue to take precedence over those in every other section of the Dominion? Nonesave that the Government officials there are more energetic, enterprising, nay, we should say, more considerate. Canada's manhood is being sorely depleted on the battlefronts. What is being done at home to insure the filling of that void in national citizenship?

Rather, what is NOT being done? THE hope of a nation lies in its children.

The warriors of to-day were the children of yesterday, and the children of to-day will be-that is the all important question-what will they be? Will they represent a unit of strength, or will they evolve into an aggregation of weaklings?

The answer is ours to give; the remedy is ours to effect,-for a remedy it must be! Never before has the conservation of child-life been so vital and never before has there been so great a danger of its neglect.

THERE HAS BEEN IN CANADA PRACTICALLY NO LEGISLATION TO ASSIST MOTHERS IN REAR-ING THE NATION OF TO-MOR-ROW.

Instead, the mothers throughout the length and breadth of the Dominion have been forced into the ranks of labor-forced through dire necessity, in so many instances, through the death of the family bread-winner.

This is not confined to military cases. For them, at least there are the Patriotic and Government allowances.

But what of the widow who is left estitute-left with three, four, five children to support and neither the where-withal nor the strength to accomplish it? What of her?

There is but one course open to her,she must work or accept the charity of the community, or indeed, both: This, the thanks, the appreciation of her country, of her country, Government, for her having given to the nation just so many more desirable citizens!

AND the children themselves-have you ever stopped to consider them? Grant, there are orphan asylums and

private institutions. Grant, there are Children's Aid Societies and church funds. But is there not also that inherent measure of pride, of self-respect within every individual, especially a mother, that makes her shrink from the acceptance of charity. Rather than place their children in such institutions, a countless multitude of widows have been known to attempt playing the double role of bread-winner and home-maker. And it is disastrous.

The children become poorly cared for -in fact, not cared for at all. Their health,-in jeopardy under best conditions, becomes then a negative consideration. They bring themselves up, without mother's care, advice, and all the other essentials that go to create the stability of the country's youth. They become weaklings, incompetent, a drag upon humanity, and a scourge to themselves.

There is only one remedy for thisthe establishment of Mothers' Pensions, or the Bill might better be known as Widows' Pensions.

WHY must Canada follow? Why can she not act now-help to lead the way. In Australia they have gone even farther in this matter. Five years ago, a measure was brought into existence there without much publicity, following no agitation-simply because an enterprising and sensible Government

saw the wisdom of it. The Australian Maternity Allowance is a free gift of the nation to those to whom it is ever in debt-the mothers of its children.

Judge Henry Neil-"Father of the Mothers' Pensions' Scheme" makes plain its workings thus:

"To every woman who gives birth to a child, either in Australia or on board a ship proceeding from one port to another in the territories of the Commonwealth, a sum of £5 is paid by the Commonwealth Treasury. Most State grants are loaded with many "buts." The maternity allowance has only those which are needed to safeguard it from imposition. It asks for no contribution from the recipient, either before or after the event.

"Simply it is laid down that it shall be payable only to women who are inhabitants of Australia or intend to settle in that favored country. And the allowance is naturally made only in respect of a child born alive, or certified as 'viable'-i.e., capable of sustaining life. But the essential point of the scheme is that the money is paid to the mother. Simple means are provided for conveying the money to her.

"The Act of the Federal Parilament which initiated the grant, was introduced in 1912 by the Prime Minister, the Right Hon. Andrew. Fisher, now the High Commissioner of his country in London.

"In the first year of its operation, 1913, 83,475 claims were paid, amounting to £417,375. In 1914, 134, 998 claims, amounting to £674,990. In 1915, 138,855 claims, amounting to £694,275; in 1916, 131,943 claims amounting to £650,715. The cost of administration amounts to something like 13/3 per cent. The allowance is available to all classes in Australia. It is administered at a minimum of expense, and with a maximum of facility."

Judge Neill has led the way. He has blazed the trail. He should have followers-many of them. In every country of the civilized world the measure is a necessity.

EVEN our enemy is not behind in devoting attention to this question. Germany is making preparation for a strong nation of to-morrow-if indeed there will be a nation at all, at the termination of the present cataclysm!! There, work relating to child welfare has been followed up with full recognition of its importance for a country at war. Infant mortality figures show that the death rate of babies whose mothers worked out was 227.5, while that of mothers who remained at home with their babies was 91.7 per thousand births.

And what of Canada?

We are concerned with saving food, and yet we are allowing children-the rarest of assets,-to go to waste.

Who will "father" the measure in Canada?

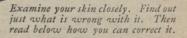
Is it not possible to arouse sentiment to the extent of showing the other eight provinces the neceessity of following Manitoba's example?

Why will not woman' organizations and the press insist upon it as they have insisted upon and won other measures of importance? The press could indeed do much. We-Everywoman's World-will be glad to "mother the Act." The widows, the mothers of the Dominion of Canada may count upon us.

What do you want done about getting Mothers' Pensions in your province? Think it over.

Then ACT.

Mothers' Pensions, Canada needs, and Mothers' Pensions Canada must have.



The girl who sighed for a lovely skin

There once was a girl whose sallow, blemished skin spoiled all her pleasure, until one day she learned how she could give her skin the fresh smoothness, the radiant complexion she had always longed for. The secret she learned is one you, too, can learn and use to make your skin as lovely as you want it.

What is the matter with your skin? Are there little rough places in it that make it look scaly when you powder? Is it sallow, colorless, coarse-textured or oily? Is it marred by disfiguring blackheads and blemishes? Perhaps you will find its only flaw to be conspicuous nose pores.

Whatever it is that is keeping your skin from being beautiful, it can be changed. The skin of your face, like the rest of your body, is continuously changing. As the old skin dies, new forms. By the proper treatment with the right kind of soap you can make this new

skin just as fine, clear and fresh-looking as you have always wanted it. Woodbury's Facial Soap is the result of years of study and experiment by a skin specialist. For thirty years John H. Woodbury made a constant study of the skin. He treated thousands of obstinate skin troubles; made countless skin tests, until he evolved the formula for Woodbury's Facial Soap.

Find below the treatment just suited to your skin, and begin tonight to get the benefit of it for your skin. If you don't find here the treatment suited to your skin, send for the treatment booklet shown below



Troubled with blackheads?

Apply hot cloths to the face until the skin is reddened. Then with a rough wash cloth work up a heavy lather of Woodbury's Facial Soap and rub it into the pores thoroughly - always with an upward and outward motion. Rinse with clear, hot water, then with cold-the colder the better. Dry the skin carefully.

Do not expect to get the de-

Blackheads come from improper cleansing. This treatment will keep your skin free from this annoy-ing trouble.

ing trouble. sired results by using this treatment for a time and then neglecting it. But make it a daily habit, and it will rid your skin of ugly, embarrassing blackheads.

To correct an oily skin and shiny nose

First, cleanse your skin thoroughly by washing it in your usual way with Woodbury's Facial Soap and warm water. Wipe off the surplus moisture, but leave the skin slightly damp. Now work up a heavy warm water lather of Woodbury's in your hands. Apply it to your face and rub it into the pores thoroughly. Rinse with warm water, then with cold - the colder the better. If possible, rub your face for a few minutes with a piece of ice.



If your trouble is an oily skin shiny nose, make this treatme daily habit.



Disfiguring blemishes need the 'soap cream'' treatment.

Is your skin "pimply", blemished?

Just before retiring, wash in your usual way with Woodbury's Facial Soap and warm water, finishing with a dash of cold water. Then dip the tips of your fingers in warm water and rub them on the cake of Woodbury's until they are covered with a heavy "soap cream. Cover each blemish with a thick coat of this and leave it on for ten or fifteen minutes. Then rinse very carefully with clear, hot water, then with cold.

Repeat this cleansing, antiseptic treat ment every night until the blemishes disappear.

The girl who wants more color

To rouse a sluggish, colorless skin, dip your wash cloth in very warm water and hold it to your face. Now take the cake of Woodbury's Facial Soap, dip it in water and run the cake itself over your skin. Then dampen the skin and gently rub in the soap left on your face with an upward and outward motion. Rinse thoroughly, first in tepid water, then in cold. Rub the face briskly with a piece of ice. Always dry carefully. See what a soft, lovely color this treatment will bring to your cheeks.



A sluggish, colorless skin can be roused by this lather and

A-SKIN

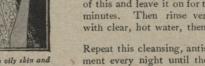
OVE-TO-TOUCH

Send 4c for a week's-size cake and this complete treatment booklet

We have been able to give just four treatments on this page, but you can get them all together with many valuable facts about the skin,

in this little booklet, "A skin you love to touch." For 4 cents we will send you this booklet and a cake of Woodbury's Facial Soap large enough for a week any Woodbury treatment. Write today. Address The Andrew Jergens Co. Ltd., 2611 Sherbrooke Street, Perth, Ontario.





For sale by Canadian aruggists from coast to coast. A 25c cake is enough for a month or six weeks' use.

Promotion and Myrtle A Tale of the Royal North-West Mounted Police



HAD ridden in to Division Headquarters

HAD ridden in to Division Headquarters for a wager we had not been camping on the prairie grows deathly monotonous there months of nothing but sky and hown grass and the haze of the distant moves of the shop talked by your comrades. It was a break in the fog even to come into a little two grass and the haze of the distant hown fike Poplar Creek, though it only had four and four churches and four saloons, one apiece, and a chance to hear the world's news. Besides there were cheery bugle calls and cricket and bil-extent of several passably pretty girls. A fellow misses his women-kind you know. I was banking a bit on promotian as I rode through the gate. A so is some in a sentimental point of view and a devilish useful fellow; but the officer is the ping-stone to a commission in our outfit. So I was main push after all, and a sergeant's rank is a step-ping-stone to a commission in our outfit. So I was speculating on my chances of a rise almost as eagerly as I once dwelt on the prospects of a degree at the 'varsity.

'varsity.' What's that? You ask me what I, a University man, was doing as a corporal of North-West Mounted Police? I'll counter your question with another: what the deuce has it got to do with you? If neces-sity compelled me to adopt that life you may bet it was not brought about by poking into other people's business. And, after all, don't you think that a corporal's life will compare with that of a sickly, dissipated city clerk or a doctor's assistant on thirty bob a week? It's the corporal in a canter and the field nowhere. Never you mind what I was doing in the Mounted Police; *I'll* look after that end of the story. You make me tired with your damphool nonsense. nonsense.

nonsense. I had put in an application for a pass in mufitihat night. Old Staff-sergeant Coote's daughter, Myrtle, was home for good from school in Winnipeg and she and I had a good deal to talk about. Her father was the son of a poor Irish parson and had been a Vet in a cavalry regiment at home, a position he now held in "T" division of the Mounted Police — a decent fellow as ever drew the breath of life. Myrtle —but I won't say anything about her. I rather suspect she is looking over me as I write.

over me as 1 write. There was a standing order that men coming in on patrol from a dis-tance should remain one clear day in barracks to rest their mounts. How-ever, it was not to be my luck, this time. I had just watered and blanketed my horse when the Sergeant-major walked up the stable, all spurs and hunting-crop. and hunting-crop.

HELLO, Williams, how are you?" he said. "The Commanding Officer wants you right away in the Orderly Room. "All right, sir. What's up?"

"Oh, he'll tell you. Corporal Dixon is to take your detachment for a time. I'll get your kit in by the first ration waggon.

kit in by the first ration waggon." In some curiosity I made my way to the orderly room and saluted the Superintendent. "You sent for me, sir?" "Yes, corporal: all right, stand at ease," he said, taking up a telegram from his desk. "I have here a wire from Fort Macleod saying that three Blackfeet Indians left their reservation four days ago in war paint and are travelling east. How far is Eagle Butte from Macleod?" "A hundred and fifty miles by the

"A hundred and fifty miles by the old trail; about a hundred and twenty across country."

"Ah, say thirty miles a day. Now, you know all that part better than any man in the division. You will take Gabe Latreille, the scout, and Constable Porter who came in with you, and start out at seven tomorrow morning to intercept these Blackfeet. I have sent another party out south—you take the west. party out south—you take the west. The Sergeant-major will detail horses for you. It is no good hampering you with a pack-horse, so carry what rations you can and you must. look to the ranches and the nearest detachments for the rest. detachments for the rest. If you require assistance call on them also for it. We cannot spare the whole division to hunt three men; but they must be stopped. Do you under-stand?" stand?

By STAFF-SERGEANT WILLIAMS

Fiction That Grips You

HERE are stories you have read that give you a sort of funny feeling inside—thrill, we suppose you'd call it—that make your heart pound with anticipation. You find yourself helping the hero out of his dilemma and sympathizing with the heroine.

You know the kind we mean!

Just such a story is "Promotion and Myrtle," by Staff-Sergeant Williams, which runs in two instalments, one this month and one next. It is a tale of the North West, and the heroes of the plains—The Royal North-West Mounted Police.

The author speaks from experience. He served five years in the R.N.W.M.P. Conse-quently the pictures he gives us of service life and romance are vivid.

After leaving the service he went to the United States, joined the Army and fought his way through the campaign in the Phillipines, being seriously wounded in the Battle of San Mateo and receiving an honorable discharge from the service. He then returned to Canada and plthough too old for active service in our Army although too old for active service in our Army, at the outbreak of the war he became engaged in the transportation of mules and horses for the use of the Allied armies, at which he is still engaged.

The concluding instalment of "Promotion and Myrtle," in the Christmas number is even more commanding than the first half of the story. It is a sample of the kind of fiction—stories that GRIP you—that Everywoman's World will run through future issues.

"Yes, sir." "I want that district thoroughly well-scoured. If these beggars take it into their heads to cross the

line into the Dakotas it is dollars to doughnuts they will stir up trouble with the American Sioux. I expect you to use your best endeavours to catch them. La-treille is a good

"Then I stopped short, frozen stiff, with hands above my head and heart beating like a trip-hammer. I was looking straight into the muzzle of a rifle in the hands of a Blackfoot Indian."

man, so, according to your own reports, is Porter. If you are successful you may be sure the fact will be noted in the right quarter. The Division Clerk is typing full instructions. Don't let them get north of the Railroad."

"Very good, sir," I said, coming to attention and saluting.

"I see you have applied for a pass until midnight. Here it is, signed. If you want to go down town before supper, I will excuse you from evening tables. That will do. Send the Sergeant-Major to me."

AND that is about all the formality when men are sent out in the Mounted Police with their lives in their hands, for Blackfeet braves on the warpath are not good to meet.

path are not good to meet. The task imposed was not as easy as it sounds. Indians are hard to catch at the best of times, and three armed Blackfeet would show fight to a cer-tainty, even if we were lucky enough to trail them. If I returned empty-handed, all kinds of fault would be found; that I knew of old. If, on the other hand, I was successful, there was just a chance of getting my third stripe; but the chance was not a rosy one. Oh, well; it was no good grumbling. An order is an order, as every trooper knows. I ought to have felt proud, but I didn't. Fate seemed to be unpromitious that day. When

order, as every trooper knows. I ought to have felt proud, but I didn't. Fate seemed to be unpropitious that day. When I got to Sergeant Coote's quarter's just outside the reserve, with visions of a dainty supper cooked by Myrtle's hands, I found that young lady—Lord! how nice she looked in a new sailor-suit—just setting off in a buckboard to spend a day or two at Beaver Coulee, some thirty-five miles south of west. Mc-Nulty, the rancher who was taking her out, was going to stop the night at Gull Lake, nine miles from Poplar Creek, and drive on early next morning. I was just in time to swallow a cup of tea that had been palpably boiled in the hurry of departure— Dash it! I hate boiled tea—and give her a kiss (or two; I forget the precise number) behind the barn. I also presented her with a little pearl handled revolver I had been treasuring up for some time. Your prairie girl would sooner have a present like that than a pair of gloves or a golf-jacket. Then I swore until she stopped my mouth; never mind how. However, there was one ray in the gloom. Beaver Coulee was right in my line of search and I deter-mined, if possible, to camp at McNulty's ranch next night. We could get a shake-down in the barn and the police boys are welcome everywhere—that's one good thing. So we kissed again; that is, if my memory is right; and L walked on to town and deapth memory is right;

good thing. So we kissed again; that is, if my memory is right; and I walked on to town and drank more whiskey than was kind or necessary; but it was *true* and I didn't have to count a hundred before I did it. She looked so sweet in that new dress, and I had on a well-cut civilian suit. Heigh ho! It would have been a taste of old times when I was—not a corporal of Mounted Police. Do you wonder a poor beggar off the plains takes a drink when he gets a disap-pointment like that? I don't; I've been there. It is all very well for you fellows who can kiss and cuddle your girl every night until you get sick and tired of each other, because you are both so common-place and uninteresting. With Myrtle it was different. You simply could not get tired of *her*.

CHAPTER II.

SAY, did you ever ride on the prairie in the latter part of October, when there is never a cloud in all the great arch of the sky, and just a faint hint of coming frost, and a sunny wind rattling the dry grass, and every breath tingles in your throat like champagne? Then you have not lived. When the antelope stamps at you and scampers away as you round a butte; and the geese are calling overhead; (CONTINUED ON PAGE 6) (CONTINUED ON PAGE 6)

MADGE

HERE is a story in the family annals which asserts that at the age of three, a precocious child dictated a revision of the Bible to her patient grandmother. I don't remember it-but it looks well in print and I tell it shamelessly.

Since I could hold a pencil I have written, probably as every child writes -diaries, heart out-pourings and deathless memories which one hopes will strike callous hearts dumb, when a sweet young life is cut in its prime. (I burned these memoirs when neither sweet nor young).

At Hellmuth College we published a jolly good little paper, the Editorin-chief's post falling to me.

Prize competitions always held a lure, especially as my stories-many of them revised from compositions done at school-brought in five or ten dollar bills. Days of stark necessity compelled me to think of some means of making living, so I grabbed a pen and wrotethree short stories which were immediately accepted by the Smith Publications people. I drew a long breath and thought "this making-a-living

business is only child's play, after all. Don't see why women make such fuss about it. Whenever the baby doesn't need me, or I have nothing particular to do, I'll just run into my room and dash off a little story or two.'

I paid some bills and wrote another story. It was returned. "So was the next and the next. For one mortal year I never sold a story! I got up at daylight and wrote. I sat up till daylight and wrote. No use! And the pressure was pretty heavy, for my baby was never well a day. For two. years or more, I never knew in the morning whether he would be alive at night or not. That is why I did not get a position of some sort. I

muddled along somehow, just breaking my hear everytime the postman came to the door with one of my little white doves-homing pigeons,

I might call them. Then one night, with a pot of coffee beside me to keep me awake, I began what might be called the story of my life. I wrote all the hardships and the anguish and the sobs and chokings that I had endured. I wrote about the pinch for funds, about the death of my husband and the illness of my baby. I put a love story into it and called it "THE CHANGELING" and sent it to "CANADA MONTHLY."

They accepted it and paid sixty dollars for it. I paid some more bills and set to work grimly. I learned my lessonthat writing for a living is done from the soul, with heart-ache; that cold feet and a hot head are needed to produce anything worth while; that joy in work means - when sifted right down to bed rock

-the agony of creation. I remembered From then the Canthat lesson. adian weeklies, The Courier, Saturday Night, Montreal papers, Adventure,

Between Ourselves

WHEN Mrs. Madge Mac-beth handed us her delightful one-act play for children,—"How Christ-mas Came to Nina" appearing in this Issue, and her equally charming Christmas story to be published in December, it occurred to us that you would appreciate a few facts about appreciate a few facts about herself. So we aksed her, in that off-hand manner (you know)—"Tell us something of yourself, Mrs. Macbeth," And one of us retreated to a

And one of us retreated to a corner of the room where she would not see us, and with pencil and pad captured a bit of her life history. We present it herewith. We hope she will forgive our duplicity, but we just could not resist passing it on. -The Editors.

Field and Stream, and a whole lot more that I Can't remember, took things, in rapid succession. I could count on an income.

II did every sort of work, from articles II on the growth of tobacco to Parliamentary notes. I am the only woman

Mrs. Macbeth's two Children, taken in the costume as worn at the last Fancy Dress Ball, given at Government House, Ottawa.



is my

admitted to the Press Gallery. There I wrote two years for the Montreal Mirror. All the time I have been father and mother, writing with an eye on the tomato pickles and an ear for a child crying. I am sure that often there was too much spice in the story and too much sob in the pickles. I drifted back to things dramatic and to the Presidency of he Drama League. Of my success in that line, I need not tell you. Although I would rather act, it has fallen to my lot to produce, expecially the work of the children, which I look upon as the best education they can receive.

CANNOT tell you how many playlets I have arranged for patriotic purposes. I have devoted months and months to the work. But it is such a pleasure! The children enter into the spirit of the thing whole-heartedly, and they are surprisingly quick to learn.

The plays have been staged in theatres, at garden parties, in the halls of public institutions. Everywhere they have been successful and, I am glad to say, have netted much for patriotic endeavour.

These dramas have been witnessed by those whom we are pleased to call the elite. More, they have come under the eye of critics, and I hope, met their approval.

H.R.H. the Duke of Connaught when here as Governor General, the late Duchess and the Princess Patricia took great interest in the work of the children.

'All this Drama League work is done gratuitously. It actually costs me money to put on these plays. There are those who think I get something

out of it, but the most I ever got was nervous prostration.

I WOULD rather write a great play than anything in the world. Next to that, I would rather produce one. Next to that I would like to write a novel like Walpole's "Fortitude" or Mrs. Deland's "Iron Woman." I have not given up hope of doing it, either, if I can find sufficient freedom from domestic distractions to devote my whole thought to it. My recent novel "Kleath" is being so kindly received that I am encouraged beyond the telling.

My horoscope says, however, that short stories are my forte!

I am not a bookworm in the least-keen about every sort of sport except cock-fighting and bull-baiting. I can do a few stunts at swimming, tennis, etc., myself. I hate not to be able to do things. I am greedy to KNOW.

PROMOTION AND MYRTLE

(CONTINUED FROM PAGE 5)

when the jingle of your accoutrement^S is music and the rhythmic beat of you^r broncho's hoofs like the accompaniment to a song? Ah, sonny, you don't know everything yet.

That was how I felt next morning when Latreille and Porter and I swung when Latreille and Porter and I swung out of the barrack gates and turned our horses' heads to the western hills. We were none of us in love with the job on hand, but a fellow has to tune his strings to the note of the morning, and our hearts were light enough. So we laughed and sang and rode gaily out to meet our troubles, as meet them we surely did before another sun rose. You cannot always tell when you start on a flying patrol how you will get back to quarters; and that's a fact. When we dropped into a walk after

When we dropped into a walk after the first breather I pulled my orders out and carefully re-read them. They stated that the "Blackfeet Indians were "wanted" in Macleod for cattle-lifting and attempted murder; that a sergeant and three constables had gone into the reservation with a warrant for their reservation with a warrant for their arrest; but that they had threatened arrest; but that they had threatened resistance, and, matters in the tribe looking ugly, the sergeant had deemed it advisable to ride back for reinforce-ments. When they returned the three culprits had escaped, in full war-paint, which always means mischief. They had been seen and chased north of Lethbridge but managed to get away among the rolling hills. Scouting par-ties from the western detachments were out after them and the boundary posts had been warned. They were well out after them and the boundary posts had been warned. They were well armed with Winchester rifles and bore a reputation for great cunning and audacity; bad Indians, in short. There was a bounty on their heads. It was imperative, both in the interests of law and order and for the prestige of the Mounted Police, that they be taken without delay *alive or dead*.

i rested my hands on the horn of my saddle and looked long and thought-fully across the level plain to the faint line of hills. It was the first time I had held authority to kill a man. Since that day I have seen men slain in action by squads and companies and thought but little of it; but this was my introduction to the great sport of man-hunting. It was gun to gun and heaven help the one who fired last. Gabe Latreille, the French half-breed scout, I knew could be trusted. Fif-teen years attached to the Police force, he had proved his mettle in a thousand ways. Crafty as a fox and fearless as a private failed to the police so as a he had proved his mettle in a thousand ways. Crafty as a fox and fearless as a grizzly, he would work his way through the gates of Erebus, with black eyes glittering and laughing teeth, were the orders given. I was not so certain of young Porter. He was a Manitoba lad, tall and muscular, cheerfuï under hardship, willing and good natured, but it was hard to tell how he would act if called on to face the black-ringed barrels of death. Nor was I quite sure of my own nerve. I could strip off my stable-jacket and take or with the best of them—mais, parbleau! cla n'est pas la guerre. I turned my eyes somewhat doubt-

I turned my eyes somewhat doubt-fully on Porter's well-set figure, as he rode a little ahead of me, and wished they had sent an older hand. This was stiff work for a youngster.

"You look ver' serious, my fren," said Gabe, in his breed-English. "Wot you tink about to make you so tam

"Oh nothing, old man," I replied with a laugh. "I was just wondering whether we shall catch these chaps."

"We catch 'em all right, Corporal," he answered confidently. "Mais, oui; if we track 'em to de Nor' Pole first. I get me some dat bounty money, by gar."

He grinned merrily and bit off a big chew of tobacco. Light-hearted fel-lows, these half-breed scouts.

"Well, Gabe," I said, "we'll follow the trail until we are across Duggan's Flat and then we'll take to the low hills. We shall hardly meet them to-day. For my own part, I don't think they'd be so crazy as to come near the bar-racks by daylight."

"Not ver' likely," said the scout. "Where you calc'late to camp tonight, Corporal?"

"McNulty's ranch at Beaver Coulee," I answered rather guiltily. "That's far enough for one day."



Your Boy!-Will He Be a Leader Or a Leaner?

Teach Him Self-Reliance-It Is Essential If He Is To Succeed

By ARTHUR B. FARMER

Head of the Psychological Clinic, Memorial Institute, Toronto

M.R. SHORT—we will call him Mr. Short be-cause that is not his name—Mr. Short was a University graduate. He had been a teacher of Classics. He was sober and industrious. At the time of our story he was employed in the shipping department of a young Canadian concern. The manager, a man of progressive ideas, was taking stock of his human assets, and had called in the assistance of a specialist in Character Analysis. That gentleman, in course of time, prepared a report of his findings. We will quote a paragraph:— "Mr. Short is religious, deferential, and tactful. He has a good deal of courage. He has plenty of physical energy and driving power. But he will not be a first class success in managing men until he learns self-confidence. The hardest lesson Mr. Short has to learn is to assume responsibility, to exercise authority to commend abcdiments.

hardest lesson Mr. Short has to learn is to assume responsibility, to exercise authority, to command obedience. He lacks seriously the element of dignity, the feeling of self respect and of his own importance that makes a man independent, that makes a man prefer to give orders rather than take them. Mr. Short, by natural disposition, would rather take orders. He wants to lean on someone else. He is ac-quiescent. He likes to say 'yes'. He is so fond of obeying that there is danger that he will be bossed by his subordinates unless he makes it his business to hold up his head, straighten his upper lip, stiffen his spine, and say 'I'." Before the Manager had had time

his upper lip, stiffen his spine, and say 'I'." Before the Manager had had time to study the report, he was called away for a few weeks. During his absence, the head of the shipping department proving unsatisfactory, was dismissed, and Mr. Short, was asked to take the position. From sheer lack of the *feeling* of self-confidence, he declined the promotion. The assistant manager, suspecting him of disloyalty to the firm, dismissed him. Lack of self-reliance lost Mr. Short not only the promotion offered, but even the position he already held. Exit Mr. Short.

Exit Mr. Short.

Self Reliance Won

YEARS ago Walter Dean was employed in a small factory. Business, becoming slack, he was laid off. Yes, he says frankly to-day, he was "fired."

"fired." His decision was promptly made. He decided to go into business for himself, with the extremely limited capital he had been able to save from his wages, in opposition to his former employer. He decided to be his own boss. "I must have worked twice as hard or more than twice as hard working for myself as I ever did for my employer," remarked Mr. Dean, the other day, "but as I walked home that night with that big decision, I seemed to walk on air. I felt I was a free man. I knew I would have to work hard, but I was to be my own boss, and I knew I could succeed in the end." To-day the name of Walter Dean is known through-

To-day the name of Walter Dean is known through-out the northern half of the continent among all lovers of canoes and pleasure boats.

The Power to Do

The Power to Do THERE are many good qualities desirable in a boy to assure his success, but one of the most frequently lacking is this quality of self-reliance. Self-reliance is a feeling. It is the feeling of one's own worth, of one's own power to do and to achieve. Why should so many people in this country, and in most English speaking countries be so lacking in this quality of self-confidence? Why is it that among our people, nine out of ten are afraid to under, ready to admit inferiority to others? Travellers comment on the dignity of the Turk, or the Indian. I have heard certain qualities of stability and reliability commended in Canadians, but I have not heard much of their self-reliance, except among the pioneers.

except among the pioneers.

Diffidence, humility, and shame, are varying degrees of the lack of self-reliance. Arrogance results from self-reliance untempered by kindliness. Conceit is self-reliance without worth, the feeling of worth without the worth itself. Folks lacking in self-reliance themselves often

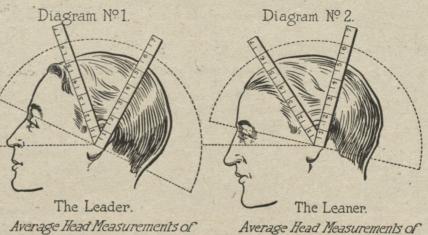
dislike to see this quality in others, and the diffident father too often considers it his duty to humiliate his sons whenever they show signs of self-confidence. Too often the quality which the boys most need to develop is stunted in its growth by the folly of the parents.

Mothers Often to Blame

EVEN before birth, many a boy and a girl too, is cursed with the feeling of diffidence or humility, with an inborn *feeling* of incompetence and inferiority

which ties them down throughout life to subordinate positions because—may I be permitted to speak right out?—because of that shame which Mrs. Grundy has so long decreed that even a married woman should feel for the "crime" of becoming a mother

Self-reliance gives the power of domination, and the power of domination is the birthright of the sons of those mothers who realize the dignity of motherhood, and are proud instead of ashamed to be mothers. Subordination is the fate of those sons whose mothers were ashamed.



Average Head Measurements of Ten Self-Reliant Men. Happy Only When In Business for Themselves.

I knew a man who inherited from his father, a clever doctor, a splendid intellect, doomed for life to menial tasks through lack of self-reliance im-pressed upon him by the diffidence of his mother before his birth.

Ten Men Who Lack Self-Reliance.

Preferring to Work for Others.

Which is Your Boy?

is more to be desired in this world than a high order of intelligence. True, the self-reliant boy is hard to manage. He resents orders. He feels quite competent to decide and act for himself. "What have I a think for, if you are going to do everything?" asked one self-reliant little fellow

How to Help Your Boy **Become a Leader**

1. Commend his successes, forget his failures.

2. Show him his apparent failures are only incomplete successes-he can try, try again and succeed.

3. Consult rather than command him, treat his opinions with respect.

4. Cleanliness in person and dress help a boy think well of himself.

- 5. Let him train animals to obey his commands.
- 6. Teach him to command his own body as if it were an animal to be trained.
- 7. Teach him to carry his head erect, and to draw down and stiffen his upper lip.
- 8. Give him stories of achievement.

when his father insisted on showing him how to build wonderful buildings with a new set of blocks. "I will do it myself!" says a self-reliant little gift. Encourage that self-reliance, and do not-never humiliate such a child if you can help it." Self-reliant children of all ages like to do things the meselves, and when judgment is immature require to the manner of all ages like to do things and of ordering him with an air of authority, adopted the manner of consulting him. Instead of this?" James, do this?" It was, "James, do you think it would be a good idea to do this?" James was really a faithful servant, his self-importance was satisfied instead of being offended, and he gave excellent service to the woman who here whow to handle him. "But my boy is so overbearing, he was? Still, do not humiliate him. Show him, by precept and example, the wisdom of generosity and kindness."

Teach Him to Say "I Can"

IS your boy's head more like illus-tration No. 2? Then you have a boy comparatively easy to manage—

tration No. 27 Then you have a boy comparatively easy to manage—too easy!
With this boy it is doubly important that you do not humiliate him. He will not resent it, as will the boy of the self-reliant type, but it will do him more harm, because his success in life depends largely on your assistance in helping him to learn self-confidence. Whatever you do, never suggest to this boy that he cannot. Teach him to assume responsibility. Teach him to take risks. Teach him to say "I can." Teach him to carry his head high, as in illustration No. 1. This is the natural position of the head in this position, helps to arouse self-confidence. Look ever for his good points. Remember his accomplishments, and never, no never—remind him of a fallure. Teach him that by careful preparation, by doing a little at a time, day after day, he can accomplish big difficult undertakings.
"I cannot possibly earn more than four dollars a week on that machine," said a young woman in a factory.

"Yes you can" replied the forelady. "To-morrow you are going to time yourself on every batch of work, and do each lot just a little faster than the last. Do this and you will earn four-fifty next week."

The young woman who couldn't, did. Inspiring her in this way, in a few weeks the forelady had taught the girl that she could earn nine dollars a week. It was a matter, largely, of developing selfconfidence.

Attitude of Self Reliance

Attitude of Self Reliance NOTE the position in which the head is carried in Diagram No. 1. Independence, self-reliance, leadership make one stand erect, straighten the spine, and carry the head so that the wing of the nostril is on a level with the opening of the ear. It is as if the whole head and body were drawn up by a cord attached to the back part of the top head—just where the ruler crosses in the diagram. When you tell your boy to hold up his head like a man, you are telling him to assume the attitude of independence, self confidence and leadership. Arrogance will tilt the head farther back still. Humility, dependence or submission or any degree of lack of self confidence, allows the head to droop forward as shown in Diagram 2, so that the opening of the ear is on a level with the bridge or sometimes even with the root of the nose. *They Do Not Try*

They Do Not Try

SHELDON says truly, the reason most people do not accomplish more is because they do not attempt more.

attempt more. The reason they do not attempt more, is because they lack, through inheritance, prenatal influence and environment, that great quality of self-reliance. I knew a man who at nineteen was unable to read or write, but who *felt* that he could do what he set out to do. He secured an education, put himself through the Medical College, and for many years practiced medicine successfully in one of our Cana-dian cities. He had self-reliance.

Better by far that your boy at twenty-one should have good health and self-confidence, even though he should then have to begin with the "three R's" in seeking scholastic education, than that he should have all the learning of the Universities and have together with it that inherent feeling of his own inferiority that made a failure of our friend Mr Short.



OPE FIELDING was ambitious and needed money to pay her way through Normal School. She went to the city and engaged as housemaid in

The went to the city and engaged as housemaid in an hotel. Jim Sanderson—a boarder—pursued her for months until his attentions became so objectionable that she brought them to a culmination by injuring him with the but of a revolve. She then taught school, taking rooms with Mary Dark, and found life uninteresting. She became en-gaged to Tony Yorke, but the engagement was not announced. He became jealous without knowing why, and when Edgerton's daughter came home from New York, she captivated him so that he asked Hope to re-lease him from their engagement. Then began a life of kaleidoscopic changes for Hope. Edgerton announced his interest in her, over which she did not become enthusiastic. She went west where she unexpectedly met Ned Angell.



HAT?" she said at last, impolitely, and turned a blank stare on him. "Good evening, Ned." If she had shouted "Go away," it could have been no plainer. "What are you doing here?" "I've been up for the week end," he said. "Hope, you look like a ghost. You're -ill; for heaven's sake let me get you something. I have some brandy in my suitcase. What are you

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you had any supper? Come up to the hotel and rest a little." Anywhere, she thought, to be rid of his immediate importunities. But the problem he presented she was grappling with ineffectually. It seemed she must be hoplessly imbecile. People were always surprising her now, turning to her unexpected surfaces, pre-senting her with new and incredible problems. Nothing was simple any more; it was all beyond her, amazing past conception. Everything that had seemed so plain and straightforward, all her every-day relations, took on a complexity that appalled her. Ned was not a harlequin, an incident; he was alive too, if one pricked him he bled . . . That much he was showing her, with all the passion of a vain and mercurial nature, as they walked slowly in the green-dark obscurity of a by-path beside the road to the hotel. "You must have guessed it." he insisted. "No, I didn't," she sighed. "Why should I? I don't think you ever said anything, did you?" She groped in her memory. Perhaps he had spoken; she so seldom listened to him closely. Mostly she had laughed at him, or put him aside as one does a troublesome child. "Why do you suppose I was always coming?"

troublesome child.

"Why do you suppose I was always coming?" He was almost angry; in the heat of his new passion it seemed to him that he had always cared so much. it seemed to him that he had always cared so much. Now that she had so nearly gone from him forever, she was all that was desirable and dear. He had for long past known her heart was turned from him, toward another man; he had guessed it to be Tony Yorke. Certainty had been impossible; she had her dignity, and had placed him unmistakably, sometimes pointedly, outside her confidence. And slowly her inaccessibility had wrought on him. To night with the fine unreason of a new lover To-night, with the fine unreason of a new lover, he saw the whole world of men striving to tear her from him. That was the result of her challenge. They were both rather mad, and it was night and

spring. "Oh, I don't know," she said. "After all, you



were always about some other girl, too. You were always at Mrs. Patton's, for the matter of that." Her hand was on his arm, and she felt him start. "You don't really care so much, do you, Ned? Not now, anyway, when I tell you Tony jilted me, and I came so near to running away with—another man?" "Oh, Hope, I do, I do! There's only you. I don't care about whoever else it was—" She would not tell him who. "Do you care so much for Yorke?" "No," she said slowly. "I don't care for anyone. It's all gone. But I'm tired." Presently she was weeping on his shoulder. "So tired. I haven't anything to give you."

HE told her fervently that nothing was enough, if he might only hope. In some sense, his chivalry was touched. It is hardly a quality to build on, in a sentimentalist, but in the clash and chaos of old illusions fallen about her ears it seemed as solid as anything. But he only won when he put forward his own need as a plea. He wanted her! He did want her; he ached for her; she felt it dimly—she had got into his blood. To her, who had wanted so much and whose hands were so empty, it seemed unbearable that such a plea should go unanswered. Two people wretched were too many. She wished only to see someone else happy, to re-

were too many. She wished only to see someone else happy, to re-mind herself that there was such a thing as joy in the world. Out of her enormous inexperience she was assured that her life was lived. And here was a way to end it neatly. Again her early training asserted itself, disastrous as any good rule is applied at the wrong moment. He was urging her to marry him. Marriage meant the end of the old order, a beginning of new things. It was a solution to hand; and it answered Mary's requirements, it would be according to the rules of the game. And it would make Ned happy! In fact it was a sacrifice on the altar of happiness; it was neither for herself nor for Ned, but for the sake of happiness itself. She hovered fearfully on the brink, delayed putting her hand to the bond with idle questions that in them-selves committed her.

They had seated themselves on a fallen log, just beyond the path, to avoid belated strollers. A long, harsh whistle pierced the night; Hope sprang to her

feet. "The train!" she cried. "We forgot it; it's gone." "Then marry me to-night," Ned said. Now she looked over the edge of the unknown and drew back

looked over the eagle a step. "No. Why, two hours ago. . . To-morrow you will think differently. Tell me to-morrow, if you do. I must go to the hotel, and get a room. I tell you, I know we're insane." "To-morrow I shall think the same," he said, and urged her again, with wilder protestations, with the sheer strength of his own feeling. He was intoxi-cated, beyond mere earthiness. He too had found cated, beyond mere herd been better able to draw sneer strength of his own feeling. He was intoxi-cated," beyond mere earthiness. He too had found romance. If Hope had been better able to draw an analogy, she would have made the woods echo with satiric mirth.

CHAPTER XVII

THE carpet was red, and a red flowered screen stood in front of the wood-fire in the grate. A rose-colored Chinese lantern hung over the electric lamp. In the tempered light Hope looked not a day older. Perhaps she should not have; three years is no great time in the early twenties. But to Mary's quietly observant second glance it was plain she was thinner, and her sleepy eyes seemed

larger, still softly blue, but impenetrable. Inquiring eyes still, now they volunteered nothing; and her thinness brought out strongly the salient line from

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him. What a plague he missed! I don't believe I regret anything much—what's done is done— "Except who—" "Except Allen Kirby," and Hope laughed at the open surprise in Mary's face. "I wonder what became of him, and I'll never know. We understood each other absolutely. Now turn up your nose at me!" "I used to envy you," said Mary indulgently. "You're very comfortable here." It was comfort-able, if shabby; there was room enough, a big window for the drawing-board, large chairs, in which the mistress of the place could be pleasantly swallowed up, and the spiritual consolation of an open fire. Hope had taken it over in toto from some migrating hachelor tenant—and, characteristically, had altered "Yes," she said, grinning. "You can let your live up to. Nothing to clash with my Art1 And that Chinese lantern is the greatest labor saver. When I haven't time to dust, I simply drop that "You pup!" remarked Mary, in her delicious "Well, you've seen it," said Hope dubiously. SHE drew for a colored Sunday fashion page of a

SHE drew for a colored Sunday fashion page of a city daily—large-eyed and sweetly simpering girls in meticulously up-to-date frocks, and filled in during the week with whatever might be required of her in the way of special illustrations, some of which betrayed an impish humor that struggled through her limited technique with more or less success. "I don't think it's a topic for polite conversation. Ask me how I like Seattle; nobody has for nearly a year, and I miss the dear old question." "How do you like Seattle?" "Yery much," said Hope promptly. "A news-paper is rather fun, isn't it?" It give you the key of the fields, to a certain had special importance just then. "Have you



In the tempered light Hope looked not a day older.—"You're pretty sometimes, Hope," Mary remarked.-"Did you come all this way to flatter me? Tell me all the news instantly."

Hope shook her head, rose, and walked about the room again. "No" she said. Acquaintances

Hope shook her head, rose, and walked about the room again. "No" she said. Acquaintances . . . some agreeable people. I can't seem to put anyone in the place you and the others occupied. Oh, I have been so lonely—but I didn't want new people. But look, I like this better than the dust and desolation I left." She drew back the curtain; Mary came and stood beside her. The house stood on top of one of Seattle's myriad hills, and over the roofs of the buildings that dropped away like a vast dark stair-way to the harbor they could see far, down, to a galaxy of twinkling lights that marked the mastheads of ships from all the ports of the world. And a climbing rose peered in at the casement from the violet dusk. "I like all that," said Hope. "I daresay I'm romantic yet. Sometimes I go down to the docks and mouse around for hours, sniffing at bales of stuff in tea-matting, and piles of square timber—smells of spices and cedar and the salt water—and China-men and bilges," she broke off, laughing. "There are weird shops down there, too, and yellow-faced people, and big, tall turbaned men with black beards—Sikhs. And lumberjacks and sailormen. I wish I could really draw. You must come down to-morrow. No, I haven't really any friends. Oh, bother!" The door bell was tinkling apologetically. She dropped the curtain and went across the room quickly, but drew the door open only a few inches. Mary had a momentary glimpse of a tentative looking young man, quite a personable youth, holding his hat in his hand in a manner ludicrously suggestive of one waiting for instructions. He must have said good evening, at least, but Hope did not listen. "I'm sorry, Ches," she said. "I forgot; and I'm busy. I want to talk

Hope did not listen. "I'm sorry, Ches," she said. "I forgot; and I'm busy. I want to talk to Mary to-night; she came a day early. I don't believe I'll have any time this week—why, yes, you might take us around to see the town; I never thought of that. Telephone me; goodnight." She closed the door again ith decision and the tentative youth goodnight. with decision, and the tentative youth apparently ceased to exist.

"Well, if you haven't any friends, I should think you must have a few enemies," suggested Mary mildly. "Who-Ches Landry? Oh, bosh!"

She seemed to think that enough, but amplified, with a yawn, "I didn't say I was a hermit. It serves him right," she added darkly. "Because he's a man?"

"Oh, no-really, I have a sense of

humor left. He's merely an example of it. The first time I met him he said he didn't like me—and I heard about it!"

Envisioning that waiting attitude, Mary said: "Nero was at that rate a great humorist. Do you jest often?"

great humorist. Do you jest often?" NOW you're inquisitive," said Hope defensively. "Well, there was one other—but I wasn't the humorist that time. Perhaps you'll appreciate this, so I will divest myself of honor and tell you. I had a proposal here— one. His name doesn't matter—but there's his portrait." She tossed over a photo of another man, not so young quite, but still ornamental, wearing that peculiar expression of insouciance al-most typical of the man who, with every opportunity to succeed, still fails. Just such a look Tony Yorke had. "He didn't belong here, and he clung to my hearthstone like a drowning mariner." "A drowning mariner," reflected Mary audibly, "might really make a better choice of something to cling to than a hearthstone."

better choice of something to cling to than a hearthstone." "So might this party," retorted Hope promptly. "I was just telling you he was a stranger here, and 'that's how it all began.' I became quite an agreeable habit to him, and, falling in with what I suspect was another 'habit of his—he proposed. He told me that he had had his romance, and no doubt I had had mine; he could not ask my first girlish love, or words to that effect, and hoped I felt the same. I was positively quite sympathetic, and he told me how his heart had been blighted. She was all that was lovely and good, but neither of 'em had much money, so she married another man who had. It broke their hearts, of course, but what could they do? He gave her his blessing. Do you know—would you believe it—he really thought she had done something highly creditable in landing the man with money? Yes, he respected her for it I simply giggled at him, and asked why on earth they couldn't have taken a chance and lived on what he earned. I shall never forget his answer. He said I didn't understand—she was too fine shall never forget his answer. He said I didn't understand—she was too fine and rare—why, she paid fifteen dollars a pair for her shoes! I told him I did too, sometimes, and earned the money myself. We weren't really *simpatico* after that." "But are you divorced—did you tell him you were free?" Truly Hope had

changed. "I did not," said Hope. "I do not tell anything to anyone. Mary, do you just happen to know—anything—about

Ned? Where is he—and what—and why?" "I believe he is back in Montreal, still in the bank," said Mary. "Of course you know his people, after every-thing—" "Ah, yees, that's something else I should like to know now. What was— everything? People did hear of it, then?"

everything? People did hear of it, then?" "Oh, heavens," said Mary, "it was a nine days' wonder—everyone knew, and no one knew just how it got about. If I had felt like laughing, I'd have laughed myself weary, watching them try to make up their minds to ask me —and not doing it. Ned closed up like a clam, too. And his people heard, and he went home suddenly—and went into the bank again at home. That's

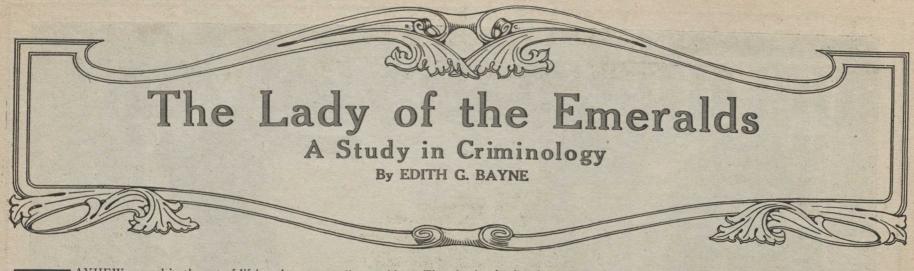
and he went home suddenly—and went into the bank again at home. That's all I know. Do you still think—" "No. I was just curious." She sighed a little, and poked the fire absently. It was late spring, but the evenings were still refreshingly cool. "I forgot to ask about Emily Edgerton." "She's engaged, to someone I don't know. A man from the East, I think," said Mary. "I saw her awhile ago; she's quite wonderful."

ONE other, too, she had forgotten to ask about. Not once did she men-tion Tony York's name, and at the end of the visit Mary was convinced it was from neither pride nor pique, but be-cause she did not care. But then neither did she seem to care much for anything; that inquiry in her eyes was terribly impersonal. Mary had come to see, and now she did not like what she saw. Once she had vowed she would never again play *dea ex machina*, but what was a vow against a friend! Mary thought deeply in the week that followed, and sifted Hope's life to the bottom. In it she found only husks, and a few vivid memories; poor food for a soul that must fare as it may. Hope had grown—she even looked Hope had grown—she even looked physically taller, perhaps because of her thinness—she was a woman now but she had not come into a woman's heritage. The episode of Ches Landry served as a keynote to her emotional state. Hope had really told it all in the one sentence. When she met him she had had her face turned from men in weariness, hardly in scorn; and his casual flouting of her had affected her strangely. Was she not desirable—she, who had been torn by the very claws of desired. It was to make nothing of her desire? It was to make nothing of her griefs, and, in short, she would not endure it. And then, having vindicated her right to her own woe, he was nothing to her. He had never kissed her lips; more, he had hardly touched her hand. She made a casual confession of that to Mary, and turned her emotions inside out briefly for her friend's enlightenment.

"I understand now; I haven't got my astounding ignorance for an excuse. So I can't play at it all any more. Con used to kiss me sometimes, and it just used to kiss me sometimes, and it just meant to me that he was kind and I liked him. What should I do if I met him again? Well, I'm sorry about Ches—that is, if I've hurt him; he never said—I was a cat; I won't do it again. But you can see it's those terms or nothing; and he doesn't go away. There won't be any others, probably." "You flatter yourself," said Mary. "No, I don't," said Hope. "I used to. I was always weaving nets. and throw-

was always weaving nets, and throwing them to the winds, to snare love. ing them to the winds, to snare love. Not for any one man—but every girl's like that—you know yourself, you find what you're looking for. Like a sailor whistling up a wind; it's our attitude. If it hadn't been for that, should I ever have taken Ned seriously? Why, I thought that men *might* die for love; not that I quite foresaw him in such ex-tremity, but it seemed a terrible thing to me—as if every touch of fever might be mortal! Maybe love does make the world go round; but at that, I needn't have imagined it would stop turning because a young cub sighed in vain after some particular girl' She laughed lightly. If in the face of that declara-tion it seemed foolish of her to be still so spent and undone, the point were missed. She suffered not from the mere loss of the desired object, but from the moral shock of seeing Tony as he was, and the following revelation of her marriage. To have her sand castle swept away by the tide was perhaps no great matter—but what dead man's bones had come to light in the back-wash? Not for any one man-but every girl's bones had come to light in the backwash?

THE next few chapters of "The Magpie's Nest" brings the interest to a climax. The story grows more gripping as it unfolds. The December Everywoman's World will contain another goodly installment. Don't miss it.





AYHEW paused in the act of lifting the razor to his chin. His eye had just caught the date on his dresser calendar. Three days old! With his left hand he tore off the three top leaves, expos-ing a large number eleven. Then a slow smile spread over his face and from the recesses of his throat as he swiftly plied the razor about his well-developed jaw, came a sound which might have been interpreted as expressing part skepticism, part amusement. The magic number, eleven, had called

amusement. it forth.

amusement. The magic number, eleven, had called it forth. It was the eleventh of the month and in the ordinary sense this meant nothing special to Pro-fessor Mayhew. It was also Tuesday, thesis day, and he had no lectures until one-thirty. **But**—the evening before, his married sister had succeeded in dragging him out to a social affair, termed a "tea-fight," and he had there been wheedled into having his palm read by a gipsy fortune-teller. Of course she hadn't been a real gypsy, and he had listened with a polite and somewhat bored attention to her prognostications. For fifty cents she had conjured up some very pleasant but highly improbable future events for him. He was to be married—ah very soon! His fate was rapidly approaching. It was breaking all the speed laws and cutting corners on two wheels as it were, to reach him! The lady of his choice would be a person of high character, much intelligence and no little beauty. Also he was due for a legacy soon and his lucky number was eleven. Everybody had a lucky number, whether they knew it or not. "Think back and see if everything fortunate that

Everybody had a lucky number, whether they shell it or not. "Think back and see if everything fortunate that has occurred in your life hasn't taken place either at eleven of the clock or or the eleventh day of the month." she had advised him. He had obeyed her. But the result of his cogita-ions was disappointing. He had had a serious illness at the age of eleven. One night at eleven the house had caught fire. Eleven years ago to a day he had been "plucked" in his exams. "No, no, madam! I am unable to accept your dictum," he had told her, rising ere she could request another half-dollar for a recounting of his past. "Still I thank you kindly. You are a true optimist. The bare idea of that legacy has bucked me up wonderfully."

HIS boarding-house breakfast bell sent out its last clarion summons, and Mayhew huriedly dressed. Disposing of the meal in his usual rapid manner, he took a car for the downtown district. Most of the forenoon was spent in the transaction of various matters of business, and not again did he have occasion to think of the talismanic numeral which was supposed to be the guiding star of his destiny. An hour before noon found him at the jewelry counter in a large apartment store. He was choosing a pair of gold cuff-links for a birthday present for a fellow member of the Faculty.

birthday present for a fellow member of the Faculty. The store was thronged. Next to him, and at times so close that he could discern the faint aroma of Parma violet that emanated from her vanity-bag, stood a young woman in a fashion-able blue jersey-cloth costume. She was looking at some expensive necklaces, lan-guidly lifting them up in her slim white fingers and laying them aside, seemingly unable to come to a decision in the matter of a purchase.

unable to come to a decision in the matter of a purchase. Mayhew found himself unable to refrain from little sidelong glances of furtive admiration. She was undoubtedly a charming sort of person, though not strictly beautiful. She had a clear-cut piquant profile, soft dark hair and a pair of shadowy hazel eyes. It was this latter feature of the girl that drew the young professor's attention irresistibly to her. They were strange eyes. Something of regret lay in their depths. They were the sort of eyes that invariably accompany a good brain. He could see that she was a sensible, perhaps an economical person. She

good brain. He could see that she was a sensible, perhaps an economical person. She was evidently regretting the high prices of — Then an involuntary gasp of horror escaped Professor Mayhew. For even as he continued to watch her in his unobtrusive way, he saw

her do a very odd thing. She glanced swiftly to right and left and quickly slipped an emerald necklace up her sleevel

ALL this while he had been standing beside a shop-lifter! Mayhew's heart, which had almost ceased operations, now commenced to pound. A cold sweat broke

out all over him. The shock of what he had just witnessed left him staring at her in unqualified amazement.

She looked up, caught his expression and a queer, pleading look came into her eyes. Then they drop-ped swiftly, she drew her lips together, bravely assumed an air of indifference and turned to leave the counter.

But Nemesis was on her trail! From behind a marble pillar stepped one of the great store's watch-dogs—a man in plain attire but clothed with official authority.

Blandly and in very quiet tones he invited the young woman to accompany him to the office of the store superintendent.

MAYFEW saw the girl's face whiten. His heart con-tracted with pity as he heard her essay a laugh. So young, so lovely—and so hardened! The young man whose days were spent in the seclusion of college halls was face to face for the first time with an ac-tuality of real life, a sub-strata, demi-monde, occur-rence. In all his learned, scholarly helplessness he stood gazing at the lovely thief but unable to aid her in the slightest degree. "You were witness of this?" The words, though quiet, cut into his conscious-ness like the chill chipping of steel on ice. "I—I really would prefer not to appear in this matter at all—" he began, backing away. But we must have you. You won't be detained long. Come," insisted the detective. Reluctantly Mayhew followed the speaker and the

Reluctantly Mayhew followed the speaker and the, girl into an elevator. All the way up to the sixth floor he watched the girl's hands—fair hands that clasped her alligator handbag firmly—not the ordinary hands of the professional shop-lifter, he imagined. These fingers did not look predatory. Still you never could tell. The appearance of immunity they had was likely their best professional asset!

We Want More Good Wholesome Fiction

A COMPETITION ANNOUNCED

S there anything more enjoyable than a good old-Is there anything more enjoyable than a good old-fashioned love story? Have you ever delved into grandmother's book-case, selected a neat little leather-bound, yellow-paged volume, and ensconced in the depths of the easiest family chair, whiled away an hour or two? Did you not maryel at the directness of the story, the exquisite radiush the wholesomenees of the theme the pusits English, the wholesomeness of the theme, the purity of the morals, the lack of insipid sentiment, and the general excellence of style?

We want just such a story

We want fiction that is exhilarating.

Don't you? We feel sure you, too, must be weary of the problem-play, the endless exposé of sordidness. There's a whole lot of gladness, of charity, of purity, There's a whole lot of gladness, of charity, of purity,

of general good-will, in this dear old world. Let's hear about it.

You find it in your lives; we find it in ours; we all see it in those with whom we come in contact every see it in those with whom we come in contact every day. There are ideals still in this materialistic cosmos. You have observed them! Tell us about them. Weave the humanity of life, the very joy of living, around a good strong theme. Make it a story worth reading, and send it on to us.

For the best story accepted we will pay ONE HUN-DRED DOLLARS.

It must not be more than 4,000 words in length. It should lend itself to illustration. If it has a Canadian touch to it-so much the better.

After the winning story has been decided upon, we shall pay the usual rates for all others we accept, if the contributor definitely states that the manuscript is to be so considered.

If competitors want manuscripts returned in case of non-acceptance, a stamped, self-addressed envelope must be enclosed.

All manuscripts must be in this office not later than January 5th, 1918. Address Manuscripts: Fiction Competition Editor, Everywoman's World, Toronto, Ont.

"He witnessed the removal of the necklace." "Then he will go along." "Where to?" demanded Mayhew. "You're not sending her to—can't the fine be paid here? I— will gladly pay it if you will let her off." The superintendent shook his head. "We've let too many off. It happens too often. Last month we made a new rule. Right over to number six station they go now!" Miss Wilkins had been standing with downcast eyes. At Mayhew's offer to aid her she flashed him a grateful look, but at the same time shook her head. "What made you do it?" he asked, as they filed out again.

"What made you do it?" he asked, as they filed out again. "I-I just love emeralds!" she answered, and it seemed to him that her tone sounded irrelevant. At number six station Miss Wilkins was given "ten days" without the option of a fine, until her record could be looked into. Mayhew, though loath to admit it, was compelled to believe, from all absence of an hysterical manner on her part that Miss Wilkins was an old offender, or else she had great self control! "My dear girl, why do you lead a life of this sort?" Meaked, impulsively, as he prepared to leave her. Without realizing it he had taken one of her hands into his strong clasp. Looking earnestly down at her he suddenly remembered that his young sister and she must be about of an age. At his sympathetic tone Miss Wilkins do once or twice and then sobbed convulsively into her handkerchief. He left her thus, promising to call upon her the next day.

THE young don was only half present in the spirit at classes that afternoon. In the evening he chanced to read a disquieting editorial in one of the papers. Ordinarily the topic would scarcely have interested him sufficiently to make him wade through the first sentence. It was about prison reform. The *Evening Echo* had been championing the cause for some time.

cause for some time. "Why it should be necessary to keep the public in the dark in regard to conditions in our prisons, we cannot understand, unless it is a case of palpable, patent mismanagement," *The Echo* said. "And as for the state of affairs in the women's sections—particularly in numbers six, nine and eleven—how, in a city like ours such woeful neglect of the ordin-prehension." Mayhew shuddered

prehension." Mayhew shuddered as he pictured the possible plight of Clare Wilkins. Owing to lack of proper food the girl would emerge at the end of her incarceration a mere shadow! So the next day he smuggled in to her a box of candy and some fruit. She did not extend her hand but he took it and spoke to her in a big-brotherly manner. She sat on her hard little bed, he on the plain wooden bench.

bench. "I admire your altruistic motives in coming here, Professor Mayhew," said the girl at the end of his first half dozen halting remarks. "But really you can do me no good. You-way don't understand the temptations I am you don't understand the temptations I am subjected to. I—"

As she looked at him with the light from As she looked at him with the light from the one barred window falling across his ear-nest young face she broke off, her lips twitch-ing. Then she buried her face in her hands and sobs shook her slender shoulders. But when she looked up he saw that her eyes were dry and bright. Fell despair had had her so long in its clutches that even the refreshing boon of tears was denied her! Mayhew "But a girl libe up

sighed. "But a girl like you—why I can see soul shining in your face—surely surely you can pull yourself up to the level of honest living again! What do you do with your time here?" "I tried to write—some letters. But they took away my (CONTINUED ON PAGE 31)

Farming Just a Matter of Choice

They Gave Up Positions of Importance to Become Farmers

By MADGE MACBETH

PERHAPS there is an association between the idea of dentistry and foodstuffs, and yet one cannot but exclaim at the thought of a leading Regina dentist turning farmer. That is what Dr. Grace Armstrong has done throughout the past summer, working early and late on a western ranch and helping to supply the country's needs in food. Dr. Armstrong inherited dentistry; her father handed the profession down to her, and her brother is a dentist. In its attitude toward a woman practitioner, the public is apt, Dr. Armstrong thinks, to be a little more exacting than with a man, but she finds no complaint against Regina where she is proudly pointed out to visitors as one of the foremost professional women of the West.



Dr. Grace Armstrong

Mrs. Parlby

"HE old way was for a man to choose a woman and take her out to his farm where she had to be a farmer herself whether she liked it, or was fitted for it, or not. The new way is for a woman to choose a farm and to work it successfully because she wants to do so, with or without the help of a man! Women have been assisted materially along these lines by women officers at the head of Farming Associations. Mrs. McNaughten the (only woman) President of the Women's Branch of the Grain Growers Association is one, and the subject of our photo is another-Mrs. Parlby of Alix, Alberta. Mrs. Parley is the President of the United Farm Women's Association and is particularly interested in the right of women to homestead.

FROM a niche in the hall of literary achievement, whither she had climbed by means of jolly good and hard work, Margaret Bell Saunders stepped, to do relief work. For a year and a half she distributed food and clothing somewhere between the Yser Canal and the road to the trenches, under the supervision of the Belgian Canal Boat Fund with which Mrs. Agar Adamson, of Toronto, is so prominently connected. In 1916 while visiting a nearby village with a nurse, a bomb from a Hun aeroplane exploded, practically at the feet of Miss Saunders and her friend, killing the latter and seriously wounding the former. Recent word comes from her saying that while recuperating in Wales, she has taken on the care of the strawberry bed, a poetic form of farming which doubtless by this time has led to broader activities along the same line.



Margaret Bell Saunders

WHO says this is a punk "punkin?" Well, hardly! Mrs. Checkley is having her hands full while harvesting a bumper crop of pumpkins near Bartonville, Ont. A city girl also eager to do her bit, and a neighbor's children constitute "the help." Mr. Checkley, it might be mentioned, orks in a factory all day and runs a truck garden during spare hours. His energetic wife attends to the garden all the other hours which are not spare. She









SOME women are born farmers-but these are not they. Nor S did they have farming thrust upon them. They jumped into it voluntarily. They left vocations to which they had made niche for themselves and turned to farming. And who knows but that you or I at the moment, are enjoying the fruit (or vegetables) of their labours?—Madge Macbeth.

HER name ought to be Rebecca, I suppose, but it isn't! She is Miss Estelle Cline, of Harley, Ontario, who feels that she is doing her bit to help win the war, by producing food-stuffs. Miss Cline belongs to the ever-increasing number of successful women farmers, and argues that what men have done on a farm can be done by energetic women. Indeed, she does not need to argue, for her versatility proves it. She builds her own fences, ploughs, cuts hay and

grain, raises stock and in the photograph she is caught in the act of cleaning a well by means of a derrick constructed from her mother's "ood pile.

has absorbed the thrift germ and is not willing to see anything going to waste for lack of a pair of hands to save it.

We Nominate as Leading Woman in Ontario-Mrs. May R. Thornley

She Has Been the Power Behind Many of the Provincial Reform Movements in the Last Quarter of a Century



ACK of every great movement, behind every worthy project is some one figure, some sincere soul to whom the adherents of the cause may look for direction, for advice, for material help -some central luminary, the brilliance of whose achievements is never reflected through the public press or

advertised among the uninterested and the unsympathetic. That guiding spirit works silently and effectively and indefatigably towards one endthe good of the cause and the accomplishment of its aims.

Just such a hidden light is Mrs. May R. Thornley, of London, Ont. But instead of restricting heras interest to one movement, she is, probably unconsciously, the nucleus of many.

Mrs. Thornley is the embodiment of Canadian feminine thought of the moment. She stands for national progress and national ideals-or what national ideals should be; she stands for them and by them-stands very firmly, and out of her fertile brain comes the fruit of mnay a Dominion-wide reform, developed by the legions of co-workers in whom she has inspired enthusiasm for success.

NO one asks "Who is Mrs. Thornley?" Everyone knows her either directly or indirectly.

What is Mrs. Thornley? Ah, that is different. That question emphasizes the very quality that characterizes and has characterized her whole life-humility, a desire to remain unknown.

Before satisfying curiosity as to what she is, it may be more appropriate to go back a little to the days when Mrs. Thornley was-well, Mrs. Thornley-inthe-making.

She was born in Drummondville, Nova Scotia, just long enough ago to provide the years of experience the force of which she brings to bear on present-day affairs. Before her, through the line of her ancestry, were influences, good strong Christian influences that were bound to make their imprint. Her father, the Rev. G. N. A. F. T. Dickson, was Principal of Madras Institute a school for the training of teachers and the partial training of theological students. The position was a good one, at least from the financial standpoint, the salary being about \$1000 per year. But there did not go with it the opportunity to minister to the need of souls that Rev. Mr. Dickson saw waiting in a more open field, so he willingly resigned the post in favor of one that brought him a salary of \$325 a year, but a wealth of opportunity to spread the gospel.

It may have been coincidence, but more likely it was Providence that was responsible for a similar attitude on the part of her mother. Mrs. Dickson was highly educated in the Old Country, and on coming to Canada was requested by many professional men, including Judge Haliburton, of "Sam Slick" fame, to take charge of the first ladies' school in Nova Scotia. She agreed, and was very successful. She too, however, relinquished her career and its attendant honors because she thought she could do more good by sharing the labors of that Methodist preacher and his salary of \$325 a year.

At the Circus

A^T school Mrs. Thornley was a typical girl. She bubbled over with happiness and the joy that comes of youth. She was the "ring-leader" in any mischief that was going. And, speaking of "ring-leaders" brings to light a little tale of Mrs. Thornley's youthful days that is worth the telling.

There developed within her at one time, a great longing to see a circus. Of course, it was forbidden. That fact in itself, may have made the experience seem more to be desired. At that time she had no conscientious scruples upon the question. Her only restraining thought was the filial desire not to bring reproach or disgrace upon her parents, upon her father, particularly as Minister of the Gospel.

But she must see that circus! That fact remained. When all pros and cons had been sifted, the imperative longing still stood out. She must see the circus. There were obstacles, oh, a million of them, but

even then one integral factor of her character was in process of formation-the overcoming of any and every obstacle.

So she dressed herself as a little old lady with poke bonnet, lace, veil, shawl and silk mitts, and thus disguised, sallied forth, all qualms of conscience left in abeyance.



She enjoyed the menagerie and the acrobatic performance. The band, the crowds and the general spirit of good cheer had their respective effects. But gradually over her there crept a certain feeling of disgust at herself that she had allowed herself to be lured there. The suspicion of sordidness now and then came as a shock. And, to add to her discomfiture she became aware that she was being watched. The man beside her on the grandstand was holding whispered consultation with his partner. She, in turn, observed the diminutive "grandmother" with keen amusement. Jointly, they scrutinized her from head to foot, their eyes resting a trifle too long on the plump, soft white hands that fitted oddly into the silk mitts.

The little fugitive hid the hands under the shawl and as soon as she could get away, wriggled through the crowd and made good her escape.

"I had had enough of circuses," she will tell you laughingly.

WAY back in 1885 Mrs. Thornley first became active in the work to which she has devoted more time than to anything else-Temperance. She was then living in New Jersey. But when her husband died she came to Ontario where she plunged whole-heartedly and with all her soul into the fight for Prohibition.

There, you have one of the secrets of what Mrs. Thornley is. She is the alpha and the omega of the W.C.T.U. temperance endeavor in Ontario. Indeed, it would not be amiss to say that her influence has spread far beyond the limits of that provin But in nominating Mrs. Thornley as an outstanding figure in Ontario, as we do hereby, we should confine ourselves to Ontario.

For seven years she was Provincial President of the Women's Christian Temperance Union and has been officially connected with the organization ever since her last term of office as president expired. She was also for a number of years president of the branch in London, Ontario, her home city.

Mrs. Thornley has worked unceasingly and untiringly in the interests of temperance and of the other moral issues for which the W.C.T.U. stands, and though few may be aware of it, many of the big

moral reforms in the past quarter of a century are directly traceable to her efforts.

The Dry Canteen

A^T the barracks at Carling Heights, London, investigation had exposed much drunkenness. Mrs. Thornley wrote to the then Minister of Militia, Sir Frederick Borden, and sent complaint after complaint. In the course of the correspondence she very unexpectedly found that there really was a dry canteen law on the statute books that was never enforced.

There were ten canteens on the Heights, and these were rented mainly to tavern keepers who brought their bar equipments with them and conducted regular business. Any money above expenses went to provide delicacies for the officers' mess. The officers themselves, openly admitted to Mrs. Thornley the charges she made, and as openly denied the presence of a dry canteen law on the statutes.

In the meantime the question was asked, in the House of Commons, if Mrs. Thornley of London was charging violation of the law. The Minister of Militia replied that she had not substantiated her charges. Immediately Mrs. Thornley wired that proof was on the way, but no further action was taken until two years later, when a Commission was formed in London which instituted three military trials, posted copies of the dry canteen law in the canteens and enforced its observance in Ontario.

Later came Sir Sam Hughes and the federal dry canteen law.

Another reform due to Mrs. Thornley's influence was that of improved conditions in public schools. She brought before the Ministerial Alliance in London facts that went to prove that moral conditions in the schools were certainly not what they should be. The disclosure brought upon Mrs. Thornley rather distressing publicity. Although she shrank from it, she accepted it in the cause of righteousness. The question did not rest in London. It spread all over the country, into the United States and even across the seas. The Teachers' Association of Toronto took it up. An Anglican clergyman appeared before that body and laid bare some of the appalling facts that had come to his notice. The Toronto Globe dealt with the matter editorially. In short, a resolution went to the Ontario Department of Education requesting that Mr. Beal, who had been for five years under the auspices of the Provincial W.C.T.U. as a worker among the school children, be taken over by the Department to supervise moral issues in the schools. This was done, and at the recent W.C.T.U. convention in Cornwall a resolution was passed requesting the Department to appoint also a woman for similar work among the

"The Fiddlers"

TO the average person the two words "The Fiddl-ers" have become a symbol of mysticism. There came a day when the public was informed that a certain book of that name written by one Arthur Lee, in England, had been censored-forbidden the mails in Canada; that a fine of \$5,000.00 would be exacted from any citizen in this free and democratic country who would hereafter be found with the book in his or her possession-in short, all the rigors of the law would be enforced for infringement of any of the thousand and one clauses that

went to make up the governmental proclamation. Whether or not Mrs. Thornley was responsible for the passing of that law, indirectly, will be left to conjecture. It will suffice to state her connection therewith.

In May, 1915 the W.C.T.U. in Ontario discovered that while Canada's soldiers had the dry canteen on this side of the Atlantic, such was not the case in England. The officials immediately sent protests to the War Office in London, even to Lord Kitchener himself. These may have been the reason for dry canteen having been brought in for a month-a month only. With her genius for organizing, Mrs. Thornley unfolded a plan whereby the authorities here would be made cognizant of the facts, though indeed no one supposed they did not already know (CONTINUED ON PAGE 18)

Illustrated by MM^cLaren



Author's Explanatory Note

TELL us a play which will be easy to produce in our club or Sunday School," has been asked me times without number, and it has sometimes been difficult to

it has sometimes been dificult to find one which will not discourage both the actors and producer before the close of half a dozen rehearsals. In "HOW CHRISTMAS CAME TO NINA" therefore, I have tried to write above all things a play easy to cast and easy to produce. It can be put on with utter simplicity in hall or drawing room; it can be produced on a stage with pleasing elaborateness. But the spirit of it is what counts, not the setting. It is advisable, I think to have one or two adults in the cast; they give a certain con-fidence to children and the children in turn, can'teach adults many a deserved lesson in lack of self-con-sciousness.

The parts are easy to cast—Mrs. Patterson and Mrs. Scott being just what the lines portray and Mr. Burton,

The parts are easy to cast—Mrs. Patterson and Mrs. Scott being just what the lines portray and Mr. Burton, a middle-aged clergyman. Nina Scott, has the most difficult part of the four little girls, about 13 years of age. I would suggest that she be a brunette, in contrast to A CHILD who ought to be a blonde—angel type if possible. Mr. Cann, the comedy relief, can be as funny as whisters and a wig can make him. A CHILD might well be taken by a small adult— one with a sweet, slow speaking voice and an intelligent reading of the part. As to costumes, they are all everyday ones, except those worn by the children in the tableaux, and that worn by a CHILD. When she enters first, she should be in rags—gray or an indefinite tan; her sleeves torn and bare arms showing. Oldest boots; no wraps. She should be pale, but not dirty. When she comes in at the last, she should be dressed in while robes, her hair flowing, wings if possible, and a delicate crown. The tableaux and Victrola idea, is introduced ob-bring a number of children into the cast without giving them lines to learn and thus complicate the production. I will be glad to answer any questions relating to the play, make-up, songs, etc., if you will write me enclosing a stamped envelope—Madge Macbeth.

SCENE—A Sunday School room. Door to right, leading to street. Door to left, leading to another part of building. Window, rear right. Piano or organ against rear wall. Texts hanging about. One or two tables and a few chairs or benches—not crowding stage. At left, near foot lights, a half trimmed Christmas tree; timsel, ornaments, etc. Bores of tow reacher (See tinsel, ornaments, etc. Boxes of toys nearby. (See text of play for exact articles). At rise of curtain, MRS. PATTERSON, MRS, SCOTT, and MR. BURTON are discovered, standing near tree.

Mrs. P.-There! I expect the children can finish it

Mrs. 1.— Interfer the value of the conduct can all right.
Mrs. S.—I'm sure they can. We have done the highest places.
Mr. B.—And I fear we have used up most of the decorations. There seemed to be so few this

year. And the toys—how will we manage to make them go round? Mrs. S.—My dear Mr. Burton, please do not distress yourself. It is my experience that children are just as happy when they do not have too much fuss made over them. The old idea of surprise, stockings, Santa Claus and the like, has died. Children are eminently practical, these days. In other words, the Spirit of Christmas is changed. is changed.

(A low cry is heard outside, and a CHILD with pale face, peers in at the window a second, then disappears). Mrs. P.-Listen! Didn't you hear something? It

- sounded like a child crying. (All listen, Mr. B. goes to door, opens it and looks
- out.)
- Mr. B.—I thought I heard something, too, but there is no one about. Probably the wind. (Comes back to tree.)
- Mrs. P.—I don't care how practical a child is, Cora, a gift—a gift which is accompanied by love—never fails to please. And we have so many children in the parish this year who will have no other presents than those they get here —I do hove some more things will come in -I do hope some more things will come in.
- (Laughing off stage. Stamping of feet at door Right. Enter DAISY, NINA, MAY and GRACE. Winter clothing.)

Daisy.—Good evening, Oh, how lovely it looks! Mr. B.—Good evening, girls. May and Grace.—Good evening. Nina.—Oh, I say—you promised to let us do it! My hands are nearly frozen, aren't yours, Daisy? Daisy?

Daisy.—Pretty cold. May.—We hooked on to Mr. Cann's sleigh. He'll be here in a minute, and asked the children to be ready so he won't have to wait.

(Girls remove wraps. Nina dumps hers on a chair, covering a fair sized box. See text below).

Mrs. S .- What is he coming for?

Mrs. S.—What is he coming for?
Mr. B.—To carry out a happy idea of Mrs. Patterson, who suggested sending photos of our children, in this dear familiar setting, to the boys who enlisted from this parish.
Girls.—Oh, how jolly! May we be in them?
Mrs. P.—Of course. But I am specially depending

Cast of Characters Mrs. Paterson. Mrs. Scott Mr. Burton the Clergyman

Daisy Patterson Nina Scott Grace Collard Mr. Cann, the Photographer A Child.

As many Sunday School children as desired. As many carols and tableaux as desired.

on you older girls to help make the records a success

- success.
 Nina.—What records, Mrs. Patterson?
 Mr. B.—Records of our carols and Christmas songs, Nina. Mrs. Patterson's idea, too. She has a Victrola in the hall, there (points to door, left) and all the facilities for recording our music. The discs will be sent to the brave lads Overseas and with photos and songs and socks and plum cakes, they will have a real echo of home—God bless them.
 Mrs. S.—That was quite clever of you, Esther. I never would have thought of such a thing. Are the youngsters ready?
 Mrs. P.—They ought to be—in the Infant's class room. Shall we go and see? Oh, here is Mr. Cann, now.
- Cann, now.

(Enter Mr. Cann, camera apparatus in hand. He is a loud-voiced, hearty man.)

Mr. C.—Evening, ladies! Evening, Parson! It's snowing and blowing like Billy—be—Dar— Ahem!—er—that is, like Billy—er—Sunday! Ho, ho! I nearly said it, didn't I? Ho-ho! Well, where are the victims? Not much time to spare . . got to do some Christmassing at home, to-night. Oh, by the way, here's a tuque the missus thought might look well on the tree. the tree.

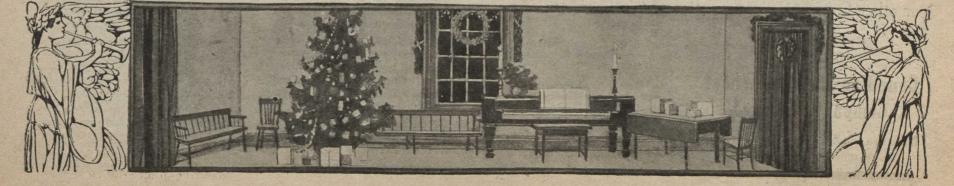
(Claps it on the head of a Teddy bear, cat, dog or other animal).

Mrs. P.-Thank you, Mr. Cann. We need all the things we can get. The children are just about ready.

(Exit Mrs. P. and Mrs. S.)

(Mr. Cann gets busily to work with camera, tripod,

- black cloth, etc.) Mr. C.—Come on Parson. Martyrs are called for. Mr. B.—Oh, the boys don't want my photograph. Not alone, surely.
- Mr. C.—Oh, ho! You want to be grouped with the girls. All right—I have an idea. We'll send the boys a charade—Come on, all of you. (He groups Mr. B. and the four girls in door Left; rushes back to camera and snaps the shutter.) Good, now can any of you guess it? It's an edisctive
- All.—No, we give it up. Mr. C.—Wonderful! (All look at one another puzzled).
- Don't you see? Come here. (They crowd rounhd him. He speaks mysteriously). (CONTINUED ON PAGE 36)





For Your Meatless Days"

Of course you will want to help the Government in the work of conserving food supplies by having one or two meatless days each week. For your meatless meals you will want food that supplies as much nutriment as meat at a lower costfood that is ready-to-eat and easily digested.

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contains all the body-building material in the whole wheat grain prepared in a digestible form. It is 100 per cent. whole wheat-nothing wasted, nothing thrown away. The whole wheat contains every element needed for building healthy bodies and for furnishing energy for the day's work. It contains more real, body-building nutriment than meat, eggs or potatoes and costs much less.

Two or three of these crisp, brown little loaves of cooked whole wheat with milk or cream make a nourishing, satisfying meal for any time of day at a cost of a few cents. Delicious with sliced bananas, stewed prunes, baked apples or other fruits.

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In the Realm of Books What's What in the Newest Literature

The Red Planet By W. J. LOCKE.

S. B. Gundy. Price, \$1.50

By W. J. LOCKE. S. B. Gundy. Price, \$1.50 MR. Locke is always somewhat of a poseur, but he possesses a per-sonality and charm of style that give interest even to his most carelessly constructed stories. We feel that never have the people he portrays been known in real life but in spite of his incor-rigible sentimentality we read each new work with pleasure. In his last volume, however, he has departed from his usual world of beloved vagabonds and errant damsels and has given us a war-time story, which is yet not of the war. The plot confines itself to life in England, but the war is ever in the background—a threatening cloud upon the horizon. He is unfortunate in the fact that the machinery of his tale is precisely similar to that of another author of somewhat earlier date. Some who read the "Red Planet" will recall a book which made a slight sensation a few years ago, "The Lame Dog's Diary." In both books the incidents are related by an elderly soldier, in-capacitated by his wounds from active service, whose life has been narrowed to that of a little English village. Here, however, the similarity ends. The central figure of the "Red Planet" is that of Leonard Boyce, an of ficer in the Old Army. Of this man it is hard to say whether he is hero or villain, the worst of scoundrels, or only the victim of a curious constitutional tim. Long before the tale begins,

officer in the Old Army. Of this man it is hard to say whether he is hero or villain, the worst of scoundrels, or only the victim of a curious constitutional taint. Long before the tale begins, in the course of the Boer War, he had yielded to this hereditary taint of cowardice and had left his men to be cut to pieces as a result. Later, however, by deeds of desperate hardi-hood, he had won both the V.C. and the D.S.O. and had succeeded in having the memory of his former disgrace almost forgotten and dis-credited. Betty Fairfax, the heroine, is engaged to Boyce and is very much in love with him, but upon discovering that he has stood by and suffered a woman whom he had wronged and who loved him, deliberately to drown herself before his eyes, she breaks the engagement and refuses to have anything further to say to him. She marries Captain Connor instead, but he is killed during the first battles of the war and when Boyce returns blinded in an act of great daring Betty-relents. However, Boyce straightens out matters by suicide and Betty finally marries Major Meredyth, the narrator of the story, who has loved her from childhood. It is a difficult matter to like a hero who stands helpless while his men are shot around him, or who sees a woman drown with no attempt to save her, but at least we are left with a strong pity for the man whose struggles against the constitutional taint that warped his whole nature were doomed to meet with such disastrous failure. *Imperial Projects and the Republic*

Imperial Projects and the Republic of Canada

By J. S. EWART, K.C., L.L.D.

McClelland, Goodchild & Stewart.

THIS is one of the Kingdom papers, a series of articles upon Canada's constitutional relationships, in which Mr. Ewart endeavoured to stem the gradually rising ride of Imperialism, which was, he felt, sweeping aside Canada's dignity as a nation and rendering her Britain. her a mere appendage of Great

Britain. In his former papers Mr. Ewart set forth a very earnest appeal for the foundation of a Kingdom of Canada, acting as an ally of Great Britain, but politically independent of her. This, he declares has now become an im-possible ideal, mainly through the exertions of Lord Milner, whose ser-vices to the cause of Imperialism have rendered forever impossible hopes of this declares the cause of the series of the

We conclude by quoting his final words which will adequately express his present ideas upon the subject of the future of our Dominion,

"This, at all events—the first of our lessons—is certain. Imperialism is the enemy—the enemy in Europe and the enemy in Canada. Imperialism is the curse and the scourge of the world. "Lord Milner is once more a dominat-ing figure. He is the same masterful aristocrat now as he was then (at the time of the Boer War). He drove the Boers into a war for freedom. He



W. J. Locke

is reducing Canada to shameful sub-jection. He has dissipated all hope of the Kingdom of Canada. He will find, I tell him, that he has but turned us to a better, for a more secure and enduring, destiny. He, principally, is the founder of the REPUBLIC OF CANADA."

The Definite Object

By JEFFERY FARNOL.

The Musson Book Co. Price, \$1.50.

The Musson Book Co. Price, \$1.50. JEFFERY Farnol's latest novel is most distinctly Jeffery Farnol. "The Definite Object" is wholly readable, wholly likeable and wholly wholesome. Possibly nothing better could be said of any novel. Its depth is certainly not unfathomable, but in its very lightness there is a strength that goes with the clean heart-interest story. Geoffrey Ravenslee goes into the slums, "Hell's Kitchen" for curiosity, to piece together the shreds of interest in life that he was well-nigh losing. He finds there, a little crime, some sordidness, a whole lot of Christian charity, kindness, humor, clean morals, and—love. He comes out again after—but

And—love. He comes out again after—but therein hangs the tale. "The Definite Object is well worth reading. It has, indeed, been greeted with unbounded enthusiasm.

Lilla

By MRS. BELLOC LOWNDES.

Musson Book Co. Price, \$1.35. WHEN in a novel an unsympathetic husband disappears and is re-ported dead in the first chapters, it is a

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reasonably good wager that he is going to turn up again at the psychological moment and make matters extremely uppleasant for extremely to turn up again at the psychological moment and make matters extremely unpleasant for everyone concerned. This is all the more certain to happen if the wife has never really lavished upon him the passionate love of which her nature is capable, and if in the mean-time she has found the object upon whom she can pour out those vast depths of affection, it is liable fo be a little trying for the wife. So when Lilla, under exceedingly melodramatic circumstances, found the ultimate pas-sion of her life in Dare Carteret, it was a foregone conclusion that Robert Singleton would be inconsiderate enough to reappear. The situation was rendered still more unpleasant by the fact that divorce—which might have presented a solution of the problem— was barred, both Dare and Lilla being Catholics.

was barred, both Dare and Lilla being Catholics. However an artistic ending is pro-vided, which we will leave the reader to discover for himself. Mrs. Lowndes has a crisp and natural style, her dia-logues are always entertaining and natural and the book will serve well to while away an unoccupied hour.

Boys and Girls of Many Lands

By INEZ N. MCFEE.

Thos. Y. Crowell Co.

<text><text><text><text><text>

The Whistling Mother

By GRACE S. RICHMOND.

McClelland & Goodchild.

The Soul of a Bishop

By H. G. WELLS.

The MacMillan Co. of Canada. Price \$1.50.

WE have hardly been able to get the nauseating effect of Mr. Wells' last book—"God the Invisible King" out of our systems when he comes forth with another—"The Soul of a Bishop." Mr. Wells must indeed be a Capitalist these days! In this new book, he shows us a high dignitary of the Church of England who (CONCLUDED ON PAGE 53)

EVERYWOMAN'S WORLD FOR NOVEMBER, 1917



"Life Without Laughing is a Dreary Blank"

RAISING HER CAPITAL

A small girl came to the door of a

A small girl came to the door of a farm house. "Please, Mrs, Haye," she said to the farmer's wife, "Mother wants to know if you'll lend her a dozen eggs. She wants to put them under a hen." "Under a hen?" was the surprised reply. "I didn't know you had a hen." "We haven't," answered the child, frankly. "Mother's going to borrow it from Mrs. Oates!"

A MIXED MESSAGE

Mother: "Now, Tom, take this basin ack to the vicarage. Tell Mrs. Fox back to the vicarage. Tell Mrs. Fox Father liked the pudding very much; and say I have washed the basin, but believe it was cracked before. Oh! be sure you say 'I hope your foot is better, and does not give you much pain'." pain'

Tommy (nervously): "Please, Mrs. Fox, Mother thanks you for the pud-ding you sent, and—and—er—she hopes it didn't give him much pain; and—er er-be sure you wash your feet, and she believes you're cracked."

UNNECESSARY CAUTION

The town council of a small Scotch community met to inspect a site for a new hall. They assembled at a chapel, and as it was a warm day, a member suggested that they should leave their coats there.

coats there. "Some one can stay behind and watch them," suggested another. "What for?" demanded a third. "If we are all going out together, what need is there for any one to watch the clothes?"

DISCONSOLATE

He came home and found his young

He came home and found his young wife dissolved in tears. "What do you think has happened?" she cried. "I left the cage open, and our canary has flown away." He undertook to give what consola-tion he might, and took the poor distressed lady in his arms. As she nestled against his shoulder a new access of sobs convulsed her.

of sobs convulsed her. "Ah, George," she murmured in a choking voice, "now I've only you left!"

NAUGHTY ALGERNON

NAUGHTY ALGERNON "Algernon, you must shave or we part!" said the damsel, sharply.-"Oh, you just imagine you don't like the looks of my moustache!" protested the man. "You wouldn't like my face any better without it." "My face is concerned," snapped the girl, "not yours! That moustache keeps brushing my complexion off!"

HEARD AT THE ZOO

Comments by children at the Zoo occasionally reveal a novel point of view. A youngster stood before the cage of a Sumatra tiger in the lion house. He watched the great beast pacing rapidly to and fro behind the bars, but always with its eyes keeping a sharp look-out for the arrival of dinner, for it was near feeding-time. After a long and critical examination of the performance the youth delivered the performance the youth delivered judgment.

"I say, dad, what a ripping good goal-keeper he'd make, wouldn't he?"

INCONSISTENT

"What is an agnostic?" asked Rollo. "An agnostic," replied Uncle George, "is a man who loudly declares that he knows nothing, and abuses you if you believe him."

EMBARRASSING

Little Dorothy's uncles are both at the war and she has a great admiration for soldiers. The other day in a crowded street car she was sitting on her mother's lap, when a wounded soldier entered. Dorothy immediately

slipped to the floor. "Here, soldy," she offered, "you can sit on mamma's lap." Tableau.

SWEETLY EXPRESSED

Not for worlds would Mrs. Smith speak an unkind word about anyone. She was one of those charitable old ladies who try to think and speak kindly of everyone.

What a brilliant conversationalist

young Mr. Jenkins is!" said a friend to her one day. Do you know him? Really it is an education to listen to him talking." "Yes," said gentle Mrs. Smith. "I

him talking." "Yes," said gentle Mrs. Smith, "I have met him." "You must have found him very entertaining. Why, he can talk clev-erly and wittilv for an hour at a stretch." "Then when I met him," said Mrs. Smith, with a sweet smile, "It must have been at the beginning of the second hour."

THAT'S DIFFERENT

A small boy who attends one of the grade schools was vaccinated recently, and after the arm had been dressed the attending physician suggested that he place a ribbon with the word "Vac-cinated" around it. At this the youngster spoke up, "Put it around the other arm," he said.

"Put it around the other and," its said. "But that won't do any good," pro-tested the doctor, "It wants to be placed around the sore arm so the boys at school won't be hurting it." The lad looked at him in disgust and replied: "You put it around the other arm. You don't know the kids at our school."—Kansas Cily Star.

WITH STANDING

Teacher—John, give me a sentence containing the word "notwithstanding." John—The man's trousers were worn out, not with standing.

SLIGHTLY MIXED

At a dinner quite recently in Dublin there were two sisters present. One had just emerged from her widow's weeds and the other was not long married, but her husband was doing his bit in India. A young barrister who was present was chosen to take the young widow in to dinner. Unfortun-ately he was under the impression that his partner was the lady whose husband was in India. The conversation com-menced by the lady observing how hot it was.

"Yes, it is very hot to-day," replied the barrister, "but not so hot as where your husband is!" * *

WHAT IT MEANT

Sunday-school teacher: "What does this verse mean where it says: 'And the lot fell upon Jonah?'" Little Harvie: "I guess it means the whole gang jumped on him."

SHE DIDN'T SEE

"Can your husband claim exemp-tion?" "Well, I don't see how he can be strong enough to fight abroad when he is too weak at home to take up a carpet."

* * Two Jews, father and son, went for a stroll one sweltering day. As they passed a vender of ice-cream the boy turned to his father and said, longingly— "I vish you'd puy me some ice cream, fader; I do feel hot." His father gazed at him for a few seconds in mild surprise. Then he evolutioned—

"No, no, Ikey, my boy; but I tell you vot I vill do; I'll tell you some ghost stories vot'll make your blood run cold!" exclaimed-

A NATURAL QUESTION

A small girl is very fond of her bath, but objects vigorously to the drying proces

One day, while we were remonstrat-ing with her, she said: "Why, what would happen, mamma, if you didn't wipe me dry? Would I get rusty?"

* * CAUGHT THAT TIME

CAUGHT THAT TIME A college professor who was always ready for a joke was asked by a student one day if he would like a good recipe for catching rabbits. "Why, yes," replied the professor. "What is it?" "Well," said the student, "you crouch down behind a thick stone wall and make a noise like a turnip." "That may be," said the professor with a twinkle in his eye, "but a better way than that would be for you to go and sit quietly in a bed of cabbage heads and look natural."



No free alkali

EXAMINE a piece of fine lace that has been washed with Ivory Soap. Notice how clear it is, how much it feels like a new piece, how fresh and unworn it looks.

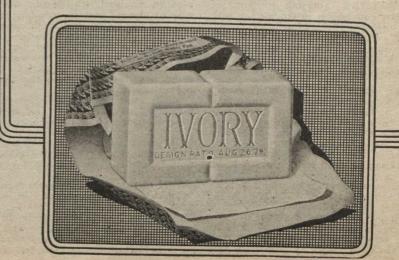
It is tests such as this that show you the allround quality of Ivory Soap-its mildness, purity and freedom from uncombined alkali.

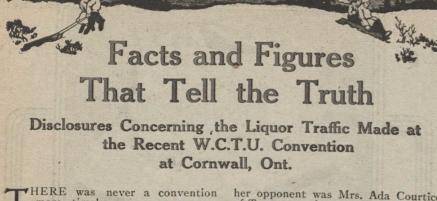


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Miss E. A. Stevens, Toronto, for the past five years President, Ontario W.C.T.U. and re-elected for another term of office.

There was never a convention more timely or more necessary that than held at Cornwall a few weeks ago by the Ontario Women's Christian Temperance Union. Timely-because it provided an op-portunity to deal with the big issues of the day-issues that had become of the day-issues the day become of the day become of the day-issues that had become of

men e a c h d a y more enthusiastic than is generally expected at meet-ings of the kind. Even the routine-work—the elec-tion of officers and other matters of business claimed the undivided atthe undivided at-tention of every delegate for their decisions up on those questions stood for consider-able weight in the light of what might follow in the coming year. It was, consequently

coming year. It was, consequently a tribute to the efficiency of last year's officials when they were returned to office, Mrs. E. A. Stevens of Toronto being re-elected to the re-elected to the Presidency, a post she has held for five

years.

The Franchise Bill

<text><text><text><text><text><text><text><text>

A Mock Election

A RATHER amusing incident of the convention in connection with franchise was the holding of a "mock trial." Voting was carried out by the ladies in a typically masculine fashion —with all the irregularities, the incon-sistencies and the consequent penaltie

Mrs. Emma Pugsley of Toronto, played the enviable role of constable. Mrs. S. G. E. McKee, of North Bay was enthroned as Returning Officer, and the other necessary officials asserted

their respective powers. One of the ladies with more than a sprinkling of gray hairs was told she was not old enough. Another pre-sented herself as a man who had been

sented hersen as a man who had been dead some years. What was it all about? Why, a Mayoralty election. Mrs. Flora Yorke Miller, of London, Ont., was in the field as the masculine andidate for mayor of Cornwall, and

her opponent was Mrs. Ada Courtice, of Toronto as the supporter of woman's rights.

The poll closed in due course, but the voters are still waiting to hear the result of the election.

Against Temperance Beer

THE convention by resolution entered a protest against the manufacture of2½ per cent. beer, in Canada. It was decided that a petition will be transmitted to the Government ask-

ing that the manu-facture, importa-tion and sale of alcoholic liquor be stopped in this country. In her Presiden-tial address, Mrs. E. A. Stevens dealt with the liquor question at length. "Sir Geo. E. Foster has stated that the distillers are turning out six ing that the manu-

<image><text><text><text>

The Slice of Bread

The Slice of Bread I AM a slice of bread—I measure three inches by two and a half, and my thickness is half an inch. My weight is exactly an ounce, and I am wasted once a day by 48,000,000 people of Britain. I am the bit left over; the slice eaten absent mindedly when really I wasn't needed; I am the waste crust. If you collect me and my com-panions for a whole week you would find that we amounted to 9,380 tons of good bread—wasted. "Two shiploads of good Bread! Almost as much—striking an average— as twenty German submarines could

Almost as much—striking an average— as twenty German submarines could sink—even if they had good luck. "When you throw me away or waste me you are adding twenty submarines to the German Navy. Stop all waste! Our Food Controller asks us to sign a household card similar to those used in England, stating our willing-ness to observe certain economic mea-sures in our home diet, and, as loyal Canadian women we ought to be willing to make the sacrifice asked, but feel that he should show us the example by prohibiting the breweries from using good food grain and the all im-portant sugar.

portant sugar. While our Missionary Board is appealing to our Unions for money to send sugar to our lads who crave for it, often in vain, the breweries have been permitted to use 616,369 pounds sugar and rice as well as 27,416,716 pounds molasses for the year ending March 1017

pounds molasses for the year chung March, 1917. Add to this the \$75,000,000 spent in intoxicating beverages for the same year and the labor of making this liquid poison, which ought to be direct-ed into more useful channels and the time lost by the drinkers and through

(CONTINUED ON PAGE 18)



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No. 6

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Q. P.

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SO that we may become acquainted with more young people this Christmas, we are giving you this train loaded down with Christmas presents. Each car contains one presents. Each car contains one kind of present and the name is on each car but the man who painted the name got the letters all jumbled. Worse still, the man who coupled the cars got them in the wrong order. Now, can you straighten things out and re-arrange the letters in the names of the presents in each car and put the cars in their right order behind the locomotive?

order behind the locomotive? Car No. 6, DOES ILL, contains "Dollies." The other cars may contain gloves, candy, baseballs, animals, bicycles, building blocks, skipping ropes, nine pins, engines, skates, Noah's Ark, perfune, lanterns, tools, footballs, games, or something else. It is for you to find out. Should you get the cars behind the locomotive in their right order, you will find that the first letter of the correct name of each Christmas present in each car when these first letters are all put together will spel out the name of a great Nation in Europe, one of the Allies—a Nation whose Navy controls the Oceans.

the Oceans. On Christmas Day, Uncle Peter, who edits the Bunny Page in EVERYWOMAN'S WORLD, will judge the answers and award the following big cash prizes to young people under seventeen years of age complying with the conditions of the con-test, whose answers are all correct or nearest cor-rect, neatest and best written. So get busy and send in an answer to-day, and this Christmas Season may be the happiest you have ever had.

The Big Cash Prizes

\$25.00 Cash to the Boy or Girl who sends us the best reply. \$15.00 Cash to the Boy or Girl sending the second best reply. \$10.00 Cash to the Boy or Girl sending the third best reply. DOILAR BILLS. Fifty bright, new, crisp \$1.00 bills to the fifty next Boys and Girls with the 50 next best replies. If you are bright and quick you will also have the opportunity of winning a Shetland Pony and Cart or Bicycle and many other fine prizes in a pleasant contest even more interesting that this one. Write your answers in pen and ink, using only one side of the paper. Put your name, address and age, in the upper right hand corner of each sheet.

Send Your Answer This Very Evening!

Send rour Answer rins very Evening: This or her entry in this fascinating contest. Each boy or girl desiring his or her entry to compete for one of the fine prizes will be required to perform a small service for Everywoman's World for which additional Reward or Cash Payment will be given. Wouldn't you like \$25.00 Cash? Wouldn't you like a Shetland Pony and Cart or Bicycle? These fine prizes will go to our young friends and we would like you to get the best of them. Address your answers as follows: Uncle Peter, c/o Everywoman's World, Continental Building, Toronto-

EVERYWOMAN'S WORLD FOR NOVEMBER, 1917 17



John Bunny's Birthday Party PART I.

Now on one bright November day John Bunny had a "notion," I can assure you that it caused A very great commotion.

He sat upon his front door step His eye was filled with pride, His interesting family Were gathered by his side.



A merry crowd of Bun-nies they, And ready for a joke— John Bunny hushed them with a word,

And thus to them he spoke:-

"Look children all, at me, and see A bunny old and gray Since I was young and small like

you. Six years have passed away.

"I've watched my family with care And kept them well and hearty, And yet I've never had a really Truly Birthday Party.

Tomorrow is my birthday, and I'm going to celebrate." He ceased. The Bunnies laughed with glee, They thought it would be great.

And then John Bunny thought of all His numerous relations, And lots of little cards he sent

To take the invitations.

Next day was fine, the bunnies woke When it was scarcely light (Just like you children do, when

there' A holiday in sight.)

They cleared the house from end to end,

They swept up all the floors, And leaves of many varied hues They twined around the doors.

They gathered food of every kind That bunnies love to eat, Determined that their guests should

have A really first-class treat.

PART II.



Fact

first to come, (They lived across the way).

The squirrels were the

(3)

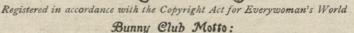
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They brought so many things they looked As though they'd come to stay.

And when I say the squirrels came, Don't think there were a few, They came in dozens for they liked John Bunny. So do you.

Tim Squirrel and his family Were there the first of all They sat in rows upon their toes, All down the Bunnies' hall.

And many other squirrels came. It would be quite absurd, To try to tell you all their names, For some I never heard.



"Effort with Contentment"

NOVEMBER

UNCLE PETER'S MONTHLY LETTER

MY DEAR BUNNIES:



3

John Bunny's Birthday Party was such an im-portant event that I thought I had better tell you all about it. They certainly did have a good time, and how well the picture shows it. How quiet

and how well the picture shows it. How quiet and deserted the meadow-land looked by the time old Mr. Fox got there. We had to start getting the November issue of Everywoman's World ready very early, so I did not get a chance to know who won the prizes in the September competition for the Bunay Club, that will have to wait over till next month now wait over till next month now.

The Big October Competition



 The Big October Competition

 I hope that all of you are going in for Uncle Peter's

 big puzzle competition on page 44 of the October issue,

 and I certainly think that every bunny of you

 ought to try it. That competition does not close

 until Christmas Day, so you will all of you have lots of time.

 Go ahead and guess the answers. I want to see thousands

 of my Bunnies sending in their answers and trying to

 win one of the fine prizes, and I hope that not a

 single one of you will miss that competition. Wouldn't

 you like to win one of those fine big prizes? You all

 have the same chance, and as you all carry out the

 conditions of the competition you will find it well worth while,

 whether you actually win one of the big prizes or not! So come

 along with your letters. Bunnies, I want to see every one of

 you, all over Canada, do your

 best to win a prize!

 best to win a prize!

Unele Peter.

New Bunnies!

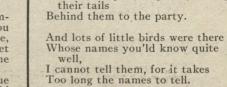
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Bunny Club Competition for November

I wonder how you Bunnies liked the little Bunny-Club com-petition in the October issue. There hasn't been time to find out, yet. Here is another one. Take eleven small squares of paper, and on them write the letters of the word CONTENTMENT, like this:-



Then see how many different words you can make out of those letters, such as *Cot*, *Not*, *On*, *Ton*, *Ten*, *Men*, and so on. Write a list of all the words you make, and send them to Uncle Peter, The Bunny Club, 62 Temperance Street, Toronto, to reach me not later than December 10th. Six prizes will be given for the best six lists according to age, and as it will be Christmas time they will be nice prizes. See if you can win one of them.



And Mr. Owl was there,

John Bunny's Birthday Party

(Continued)

Like Bo-Peep's sheep they brought

Then Mrs. Fieldmouse and her

crowd, Of little mice so hearty-



but he With sadness nearly cried— He was too big to enter, so He had to stay outside!

Oh my! they had a glorious time As fast the hours went round, (I only know what I have heard, For they were underground.)

And when the moon came up that night

They danced upon the green, The finest funniest birthday dance That I have ever seen.

PART III.

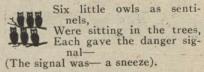
John Bunny laughed and laughed till tears Began to fill his eyes

To see a bunny dancing with A squirrel half his size.

The little field-mice stayed inside They did not care to roam About upon the grass until The owls had all gone home.

And who supplied the music, Well, that's something I can tell, The birds supplied the music And they did it very well.

Now Mr. Fox was walking out (He often does, at night) He could be seen quite plainly The moonbeams were so bright.



(The signal was- a sneeze).

Before you could have clapped your

hands They all had vanished quite! Not a Bunny or a Squirrel or A mouse was left in sight.

The Bunnies skipped beneath the

ground, The squirrels up the trees, The mice decided "they would stay Till morning, if you please!"

The little birdies ceased to sing, They stopped each blithsome air, And when old Foxie reached the spot The meadow-land was bare

And down below John Bunny said "I really must confess Mr Birthday Party has turned out A very great success."

Now children all, both great and small

My wish to you is this: That when you have a birthday It will be as nice as his!

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A REAL PROPERTY AND A REAL

It's Not Mussy Like Mustard Vaseline Capsicum PETROLEUM JELLY

is a clean counter-irritant. "Vaseline" Jelly, blended with Capsicum, breaks up congestion in the throat and chest, and serves in every case where our grandmothers prescribed mustard plasters. And it does not blister the skin.

"Vaseline" Capsicum on a poultice at the back of the neck will dull a raging headache. Its warmth bakes out a toothache.

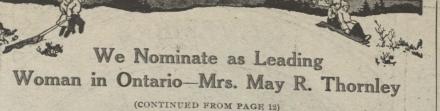
Sold in convenient tin tubes at Chemists and General Stores everywhere. Avoid substitutes. Write for new illustrated booklet.

CHESEBROUGH MANUFACTURING COMPANY, (Consolidated) 1880 Chabot Avenue, Montreal









She assembled her co-workers, and together they called a meeting of the leading clergymen in Toronto of all denominations. The ruination of Cana-dian soldiers in England and in France through the liquor traffic was discussed in detail. Then Mrs. Thornley sug-gested that a petition be arranged, signed by all the wives and mothers of soldiers in the province; that other provinces be requested to do likewise, and that these be presented to the Prime Minister with a view to killing the liquor evil in England where so many Canadian soldiers must needs be quartered. quartered.

When the work was completed in Ontario, Mrs. Thornley, Mrs. E. A. Stevens and Mrs. Pugsley, officers on the provincial W.C.T.U. went to Otthe provincial W.C.T.U. went to Ot-tawa to present the petition to Sir. Robert Borden. He received them, in company with Sir Geo. Foster, and together they went into the question. The petition was signed by 66,000 wives and mothers; had it included sisters and daughters, the number of signa-tures would assuredly have been doubled. The Premier promised the ladies

The Premier promised the ladies that he would lay the facts before the War Office in London with his endorsation. Later, from London, came a letter stating that he had done so. But there, the matter rested. came a

Here is where "The Fiddlers" comes Arthur Mee used that petition and its attendant facts when exposing, in "The Fiddlers" the ruination, aye and damnation caused by the liquor traffic among Canadian soldiers in England. That the book is censored as an expose of facts is to-day the subject of con-siderable comment here, since it is *not* censored in either Australia or New Zealand or elsewhere.

Of the many stories of the "conver-sion" of prominent women to the sion" of prominent women to the suffrage cause, none is more interesting than Mrs. Thornley's. One day—when she was ten years of age the realization came to her that there would come a time when she could not continue to romp and play with the brother who was such a splendid pal; that her lot would be to sit in the house and darn and sew; that indeed her life would have to be far removed from his. So she climbed into a tree and nursed her grief alone. But that favorite brother found her

But that favorite brother found her and insisted on knowing the cause of her grief. She told him. With truly masculine superiority he exclaimed: "Oh, girls always have to do such things."

things." The injustice fired her little soul and she determined to help change things so that men and women could do the same things and be pals still if they wanted to. And she has done so.

AND now, her latest activity merits more praise than cold print can express. To offset the evil influences that wait upon the boys overseas at almost every turn, Mrs. Thornley intends to supply them with worthy literature-messages of inspiration, of hope, of love, of Christianity. In order to do this, she has come forth with another of her original schemes. She is now launching a "Thimble and Trinket Fund," to raise money. The idea is the collection of old silver thimbles and trinkets which can be sold, or if that is impossible, melted down, and the metal sold. She is asking for co-operation—and what Mrs. Thornley asks, she generally gets! She labors on, in gladness of heart. "The high stern-featured beauty, of plain devotedness to duty" has indeed been her motto. She has had no wasted days.

wasted days. So we proclaim her Ontario's out-standing woman! She will refuse the title, shrink from

the honor, we know, but in just that, she will furnish the test of her merit.

Facts and Figures That Tell the Truth

(CONTINUED FROM PAGE 16)

accidents caused by drink, we may value Canada's loss at \$150,000,000

activents caused by diffic, we may value Canada's loss at \$150,000,000 for the year. Yes, we must have Dominion Pro-hibition! Whatever excuse there may be for Britain's Premier there can be none for the Government of Canada, when all but one of its Provinces have Prohibition and that one more than two-thirds dry. British Columbia, after a delay two years has enacted a prohibitory law. Saskatchewan, as we predicted last year, has voted out its remaining liquor shops and now counts with the other prohibition provinces, while Al-berta has amended her law to exclude advertising liquor in any shape or form and to prohibit any person in the Province having in his, or her possession more than one quart of the Province having in his, or her possession' more than one quart of spirits and two gallons of Malt. This rules out everything in the way' of ware-houses and Commission firms." After dealing with other matters of importance to the Convention, Mrs. Stevens, continued, in reference to Arthur Mee's books, "The Fiddlers" and "Defeat or Victory?"

Britain Still in Bondage

NEVER had a country more loyal NEVER had a country more loyal or self-sacrificing workers against this giant evil than has our Motherland yet we find her refusing to permit the export of her prophet's warnings to her overseas dominions and our Dominion in turn, taking the hint from her, has censored the copies which had reached here before the ban was placed upon them. Mr. Arthur Mee, the author of these books and one of her foremost pro-phets, has given so vivid a picture of the evils she will not remedy, that she fears the effect of it in her more sober possessions. In an open letter to Premier Lloyd George, Mr. Mee says some pretty startling things. He says: "We want 9,000,000 loaves of bread per day, and brewers destroy

of bread per day, and brewers destroy 450,000 of them. If waste is a crime who is the criminal here?

"You stopped the import of rum because we have enough to last for years, but a ship has just brought in 150,000 gallons of rum for the year 1920 which might have brought in 500,000 loaves of bread for the present year. Do you know that in one town, in your own country of Wales, eight babies have died from coarse war bread since you came into power? since you came into power?

since you came into power? "It is not safe to imperil the health of our poor, while French and English soldiers are given? Will President Wilson, Commander-in-Chief of the American Army and Navy have power to prohibit such rations? If so, will he be brave enough to exercise that power? God forbid that the mothers of our soldier boys in France shall vainly weep and pray and petition, as did their Canadian sisters."

The Social Evil

PASSING on to moral questions, Mrs. Stevens dealt with the social evil of the day.

evil of the day. "This submarine warfare of Satan is getting in its deadly work among our soldiers. The military authori-ties are greatly exercised over it, and have asked the assistance of Women's Societies, the pulpit and the press. Many of our leading workers are of opinion that it is creating greater havoc than liquor and are doing their best to stem the tide. best to stem the tide.

"One gleam of light we see—the danger is known, and must be uncover-ed—no longer can it be a submarine warfare—it must face the light of day; no longer can we shrink from it, for the health and morality of our country the health and morality of our country are at stake. It requires education and legislation and in both we can be helpful. Our Department of Purity and Mother's Meetings must come to the rescue. We have an abundance of literature on the subject and our mothers should inform themselves so that they may be guided to the that they may be guides to their child-ren. And we must have legislation to guard our homes."

THIS WASHER **MUST PAY** FOR ITSELF

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Better address me personally :

F. W. MORRIS, Mgr., "1900" Washer Company

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Military Service Act, 1917 Explanatory Announcement by the Minister of Justice

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men between 20 and 34 who we

Every facility is afforded those who have reasonable ground for applying for exemption under the Military Service Act. Each man's case will be considered by a local, civil board, sitting in the locality where he lives, and will be decided as is desirable in the national interest.

The idea behind the Military Service Act is to call up first only those whose absence from civilian occupations will cause least disturbance to the country's economic and social life. One hundred thousand reinforcements no more—are to be raised under the Act.

Cases of Exemption

Over 1,250 civil tribunals have been organized throughout Canada, known as Exemption Tribunals. These boards are comprised of 2 members, one appointed by the county judge and one by a joint committee of Parliament. It will be seen that these tribunals are non-military and independent. The members are men closely acquainted with conditions in the places where they sit and will be able to give each case sympathetic attention.

National Interest Will Govern Exemptions

Consideration will be given to applications for exemption received from men engaged in the production or manufacture of commodities necessary to the conduct of the war and the support of those at home and cases in which real hardship would be caused by the withdrawal. Not all men who register these claims will be exempted, but such claims will receive careful consideration. National interest must govern.

Promptness is Essential

Prompt application for exemption is strongly urged upon all who, being included in the first class, believe they deserve exemption. But first visit a Medical Board and find out if any further action is required. Unless the Medical examination places you in Category A., you will have no immediate obligation for service.

> Issued by The Military Service Council.

WHY I COUNT MY CALORIES The Calory is Becoming the Intimate of Every Intelligent Woman By KATHERINE M. CALDWELL, B.A.



Wah'' a calory might have been a native of the South Sea Islands or the name of a newly discovered germ, for all the average woman knew or cared about it.

To-day, casual talk of calories is sandwiched in between a new pattern for khaki isweaters and the plans for the next between Red Cross bazaar.

Red Cross bazaar. We have learned since we house-keepers went on active service that when we serve each of the five so-necessary classes of foods—(fruits and vegetables, foods of the "meat and milk class," starch, sugars, fats)— someplace in each day's menus and in about the right proportions we can feed our families better and it will cost us less. cost us less.

Important, both, in these days of food conservation and high prices!

But we can go farther still, for with the knowledge that the meals we serve are *complete* in their service to our bodies there goes the knowledge of just how much of those foods is required to make a perfect ration for the family,

A Simple Sum

"I know there are 100 calories in a banana, a large egg, or five eighths of a cup of milk. But how do I know how many there are in a pudding or made-up dish of any kind?" objects a woud-be win-the-war housekeeper.

Very easy to answer.

Let us take a recipe for a pan of corn muffins. Each ingredient will have its measure in calories:

1 cup corn meal	e
¹ / ₂ cup flour	1
4 teaspoons baking powder.	
73 cup sugar	1
Salt	
1 tablespoon shortening100 " 1 cup milk	

This gives a total of 1,274 calories

This gives a total of 1,274 calories and makes a dozen muffins. Obviously then each muffin will supply fuel for our bodies to the extent of about 106 calories. "But I can't stop to figure that all out, every time I cook," objects the busy housewife, whose time is her most precious commodity. Of course not if she had to do it

most precious commodity. Of course not, if she had to do it indefinitely. But it comes as easily as her everyday cooking, after a few days of carefully noting the values of the materials she uses in cooking—a very small price in effort, to pay for the useful knowledge it will put at her every day disposal. It amounts to little more than getting an idea of how much of the commoner foods there is in the standard 100 calory portion. These illustrations and lists and the large photographs of 100 calory portions in September EVERYWOMAN'S WORLD, if cut out, pasted on a card and hung cut out, pasted on a card and hung above your kitchen table, will be a handy reference.

Each Has His Needs

Learned folk have undertaken for us the task of working out the food needs of people of various ages and equally various activities. We have only to apply their findings to our own households.

A child from-

3	to	'4	years	requi	res	1,300	c.	daily
5	to	17	"		1,400-	1,700	c.	
8	to	12	"		1,700-	2,000	c.	16 200
14	to	16	"	"	1,800-	3,200	c.	

A woman of medium weight requires

Sedentary occupation 2,000-2,200 c. daily Manual labor 2,200-2,500 c. " Hard outdoor labor 2,500-3,000 c. " A man of average weight requires at-

A man of average Sedentary occupation 2,500-3,000 c. daily Manual labor 3,000-3,500 c. "

Hard outdoor work 3,500-4,000 c.

It but remains to fit each member of the family into one of these classes and to total up the day's needs. The average family in this country, consisting of let us say, father, mother and three children, will call for about these measures of fuel value in their daily dist.

daily diet:

Father		 3,000
Mother.		 2,400
Child of	9 years	 1.800
	6 "	1,500
66	4 "	1,300
		-,

Total..... 10,000

The importance of this more intelli-gent planning of meals is one of very real war-time significance.



Some More 100 Calory Portions

The motto of every woman of the allied countries to-day is "I shall not waste

So when we plan our meals to meet the bodily requirements of our families, giving them the foods that will fulfill each particular need, we will besides improve their digestions and health, reduce left-overs without the *skimping* no one of us would like to originate at our wontedly well-spread tables. We merely eliminate the "eating for eating's sake" into which our tasty, well-cooked dishes entice us.

The Child is First

The growing child is always the first consideration. With him, it is not merely a case of replacing worn out tissues, but of making new ones. So we have come to regard the diet for the growing boy or girl as the basis for all food planning. He needs, however, a little larger percentage of pro-tein—of building materials, than does the adult who does not have to grow but has only to replace worn out tissues. The only to replace worn out tissues. The food of infancy—pure, whole milk—is a complete and perfect food. But it is unique—quite the only food that contains all the elements needed to build out to replace the second build and to repair.

When we get to the *solid-food* stage, therefore, we must have a variety, in order to get the "complete ration." So we eat the "meat and milk" class of foods that are rich in protein. It is as necessary that we have the nitrogen that is in this protein to wild and repair our tissues as that we nitrogen that is in this protein to build and repair our tissues, as that we have nitrogen in the air we breath. But only a small part of the mission of our foods, is to build tissue—from 10 to 15 per cent. we have found. So we really require less foods of this class (meats, milk; fish, beans, peas, eggs, cheese, nuts) than many people suppose—one tenth to one seventh of the total calories in each person's doily. total calories in each person's daily meals is sufficient.

What does this say, to the people who have been in the habit of eating meat three times a day?

It says "Don't Do It!"

And quite apart from the requests of our Food Controller that we should eat less meat. If all the protein we eat made tissues, we might well wonder what would happen to the person who eats meat three times a day, with, in addition, the body building protein in the soup or fish, when served as a course at dinner, eggs and milk used in cooking, beans or peas when they are

and one for yourself when you cut down on meats, if you have been in the habit of eating them more than

So you score one for your country

Another Busy Builder

Mineral matters help make bony tissues and feed the nerves, so they too must be recognized as builders. Fruits and vegetables supply these most bountifully but have a small caloric count as much of their value does not yield itself to measurement by calories. We get water in its purest form in we get water in its purest form in them, and they are important too, because they supply bulk—necessary to satisfy appetite, to give the "happy fullness" one epicure of ancient Rome celebrated in song.

So as body regulators, as well as builders we must have plenty of fruits and vegetables even though they seem to add few calories to the list. They do much to keep us well.

Fuel

The greatest amount of our food-calories should figure up in the big classes of foods that we mass together as starches, sugars and fats.

Almost nine tenths to six sevenths of our total daily calories will come from these foods—from the

starchy grains, potatoes, rice, tapioca, peas, beans (which are also very rich in protein), bananas; from the sugars-cane and beet sugar, fruits, syrups; from the fats (the great heat pro-ducers, of which we naturally use more in naturally use more in winter months), cream, butter, oils, cocoa and chocolate, fat of meats, and nuts.

There should be most calories of a *starchy* nature, then fats and lastly, sugar calories.

Easy?

Very. Good from a health standpoint?

The best. General family fitness, healthy, well developed children—these are testimonies every mother will ap-

Economical housekeeping? Surely. Careful, well measured, in-telligent providing is one of the best antidotes for High Prices. National Service?

National Service? The finest our women can render. They it is who alone can save the wheat, beef and bacon, and starve the Garbage Can—to help feed Canada's fighters and Canada's allies—and at the same time keep Canada's people fit and her children sturdy and well fed. Count the calories—it will help!

100 Calory Portions of Much Used Foods

BE

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LA BAG FIS

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FRU AB

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BRE

EF	
Round	One good slice.
orterhouse	3" cube.
birloin	One small serving. One small serving.
AL	Large serving.
мв Снор	One medium.
CON	Four or five small slices.
H	silces.
ish balls	One, two inches in
Ialibut steak	diameter.
almon (canned	Piece 3" x 2" x 1".) ½ cup (scant).
GETABLES	
White beans	9 + 11
ima beans	2 tablespoons.
prit Deas	2 tablespoons.
reets	2 tablespoons.
auliflower	4 medium.
mons	1 very small head.
eas (canned)	3 or 4 medium.
otatoes	³ / ₄ cup (drained). Sweet, baked, ¹ / ₂
	Sweet, Daked, 72
	medium. White baland 1
	White, baked, 1 medium.
	White, mashed, 1/2
	cup (scant).
IT	cup_(scant).
pples	and the second second second
aked apples	1 large apple.
ancu appies	1/2 apple with 1
range	tablespoon sugar.
ates	1 large orange.
ranberry jelly	3 to 4 dates.
rape(Concord)	2 tablespoons.
rape juice	1 large bunch.
emons	1/2 cup.
ineapple	3 large.
	1 slice and 3 table-
runes (stewad)	spoons juice.
(occwed)	2 large and 2 table-
	spoons juice.
AM SOUPS	2-5 to 1/2 cup.
	- ,
ADS, ETC.	
ante D	2 slices. 1/3" thick.

Boston Brown Corn Bread Muffins 1 slice $3 \times 3 \times \frac{3}{4}$. 1 slice $2 \times 2 \times 1$. About 3/4 muffin. Rolls

1 roll.

CEREALS

Macaroni, cooked Cornmeal, cooked Cream of wheat, 1 cup. 2-3 cup. cooked 3/4 cup.

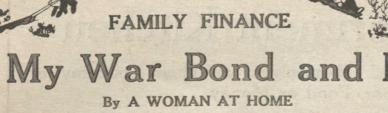


. 1150 calories 50 calories 50 calories 6 medium potatoes 3 cups milk 600 Calories 480 calories Total . 2250 calories

Oatmeal, cooked Corn flakes Puffed rice Rice, boiled

1 cup. 1¼ cups. 1 1–3 cups. 3/4 cup.

Just as the automobile has its fuel, burns it and produces energy, just as the fire produces heat from its fuel, so do our bodies derive their heat and their energy from the foods that they burn.



I M an old army man" announced a patriot whose fine physique cor-roborated his statement, "and I know something of the needs of an army. Those needs call for a pile of money. There is no safer invest-ment in the world than lending your moment of the avererment of a steady

ment in the world than lending your money to the government of a steady prosperous country. It pays well— a fact that is of course mighty pleasant But if there wasn't a cent of interest in it for me, I'd lend every cent I could lay my hands on, for as I say, I know the needs of the army and to supply those needs without straining, or with it, if necessary—is a great big factor in any country's success in war." "Why do I take my surplus funds and buy War Bonds? Why don't I put them safely in the bank and draw

I put them safely in the bank and draw my 3%?" He was a business man—a success-

ful, hard-headed, unsentimental business man. "I'll tell you why. It's not because

I draw over 5% interest, instead of 3%, or because they are always saleable, if I need my money at any

time, although I distinctly like those features. It's because IT'S GOOD BUSINESS, old man. It's the sure-

est, safest place for my money to-day. If those bonds ever became worthless, then no savings account or bonds or

real estate or any other investment in the country would be any good to me. I'm playing safe—I'm buying war-bonds."

with a reputation for long sightedness and an eye for profit. "I am buying war bonds to my last limit. Thousands of other business men are doing it for the very same reason as I.

He too, was a business man, one

I HAVE gone into partnership lately—a big, wonderful partner-ship that makes me feel vastly proud and vastly humble, like a gilded potentate and an earnest worker, all in

one. I have gone into partnership-with Canada.

My country's success-financial suc-cess (which is so completely dependent on her success in the war, at the same time as that war-success depends upon her finances)—means my success

now. Our fiscal fates are firmly bound together, for I have bought a War Bond.

Perhaps you bought one long ago. Perhaps you have clipped a lot of coupons and drawn your morethan-five per cent. interest many times.

Butifso, you are no prouder than I, nor more grate-ful, that you have been allowed to do this Bit for your country, for your Empire.

Why? Because at first I was ex-cluded from this participahappy tion.

Too Big to be Personal

WHEN the first call went out to Canada's citi-zens, asking them to lend their funds (at excellent rates of interest!)to their country, I read all about those bonds, and I ached to buy one-not alone for the pleasant sense of prosperity and safety that an in-vestment in such a good security a good security gives, but because it offered such a chance for indi-vidual service, for individual sacri-fice, if need be. I was hungry for inst

washungryforjust such an oppor-tunity to "serve," for my husband and my boy were both on the firing line and I was—waiting. But there were issued bonds worth One Hundred Dollars and worse still, multiples thereof!

One Hundred Dollars and worse still, multiples thereof! One hundred dollars was a lot of cash for me! It would mean the most careful saving for many months. However, the saving started, although I did not actually expect ever to buy that bond. For I hugged close to my heart the hope that before the day my savings reached one hundred dollars, there would be no need for war bonds and that I would have my Big Boy and my Little Boy at home again.

A Fair Adjustment

DID someone urge, at Ottawa, the rights of the "small invest-or," to have some or," to have some little share in financing Canada's men, Canada's war? Canada's

don't know, but I imagine so. The second War Bond issue was brought out, and close on its big success, close on the gladness that came when I saw how the people stood behind My Boys, with their purses open-close on the little sadness that I could not buy even a

quarter of one of those bonds-there came the announcement of the twenty-five dollar certificate—purchaseable for \$21.50. My War Bond! Only two dollars were needed before

Only two dollars were needed before I could buy one. They came so quickly! And immediately I took my first part in the actual financing of our army, with all its needs. My first part, but not my last. I have bought a second Certificate for a second \$21.50. And when the little ten-dollar Certificates

dollar Certificates came out I had just enough to buy one — the savings toward my third bond. Did I wait?

No.

Acquisitiveness possessed me ut-terly. I wanted more and more of Canada's war cer-tificates. I want-ed to send more F I G H T I N G DOLLARS to stand by my fighting men, to put food in the Commissariat for them, shells in the guns for them — and

for them — and faith into the hearts of them! When I have \$100 in War Sav-ings Certificates, I shall e x ch ang e them for a War-Bond, partly be-cause one of those Bonds was my first Bonds was my first big wish, and part-ly because of their excellent terms. I believe a Bond of any issue is always convertible into one of a new issue, at the issue price, providing only that it is a twenty year bond. My brother paid \$97.50 for one of the first Bonds, and when the last ones came out, he converted his gaining \$1.50 by doing so. This is so fair—one is sure of getting the best terms Government the

At first, I should have been a little shy of attempting to purchase anything so awe inspiring as a bond. But it has been made so simple that I shall write to a good bond house or go to the manager of our bank without a flutter except those of pleasure and pride.

When War is Over

AND when the war is over and my soldiers come back to me—God grant they may come back to me—and when my country no longer needs to keep my dollars in uniform—I shall have a cosy little sum invested, that if it is needed, will help my little Boy to start his civilian life again.

That, too, is a warming thought for a mother to cling to during that per-iod of "waiting."

So success to my partner and to mel am in our great joint venture to my last available dollar, for on the result of our ven-ture depends largely the chance for the victory and the return of our soldiers.

I am with Canada in the War Loan and the War Loan is with My Boys!



How Much are You **Paying for Eggs?**

You can save half their cost in baking by leaving some of them out, often onehalf or more, and adding Royal Baking Powder, about a teaspoon, in place of each egg omitted. The following recipes are practical examples.

These recipes also conserve flour as urged by the Government. **Oatmeal Cookies**



 34 cup shortening
 1 egg

 34 cup brown sugar
 3 tablespoons water

 35 cup corn syrup
 1 cup rye flour

 2 teaspoons Royal Baking Powder
 14

 4 cup shortening
 1 egg
 ½ teaspoon salt

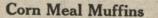
 4 cup brown sugar
 3 tablespoons water
 ½ teaspoon cinnamon

 2 cup corn syrup
 1 cup rye flour
 1½ teaspoon cinnamon

 2 teaspoons Royal Baking Powder
 ½ cup chopped raisins (if desired)

 amon which have been sifted together.
 Mix well and add rolled oats and bake in moderate over 15 to 20 minutes.

 (The old method called for 2 eggs)



½ teaspoon salt 1 2 tablespoons sugar 2 4 teaspoons Royal Baking Powder 1 cup milk 2 tablespoons shortening ³/₄ cup corn meal 1³/₄ cups flour Sift dry ingredients together into bowl; add milk and melted muffin tins in hot oven about 20 minutes. g and beat well. Bake in gre

(The old method called for 2 eggs) "55 Ways to Save Eggs," a new booklet mailed free. Address Royal Baking Powder Co., St. Lawrence Boulevard, Montreal **ROYAL BAKING POWDER** saves eggs Cream of Tartar, the chief ingredient of Royal Baking Powder, is of pure fruit origin, derived from grapes, and has no substitute for making a baking

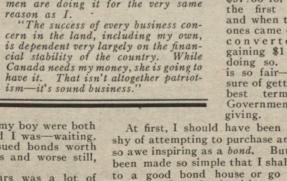
powder of the highest quality. **Royal Never Leaves a Bitter Taste** No Alum Absolutely Pure

A RE you really interested in the War Loan?

Does that 5% interest convey anything to you?

If so-do you lack informa-tion concerning War Bonds? If you do, write us. Wheth-er your interest arises from patriotism or sound busi-ness, War Bonds are a good investment either way.

Send along a stamped, self-addressed envelope to the Editor, Family Finance Dept., EVERYWOMAN'S WORLD and we will be glad to help you.





"Yes, Home-Made Bread Is Economical

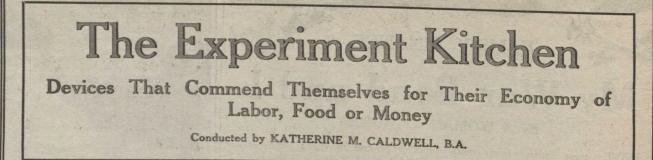
By baking your own bread you not only save money but get loaves that are solid, nutritious and delicious." Mrs. Ida C. B. Allen, Author of Mrs. Allen's Cook Book, says:--"Five loaves of bread weighing 13 1.2 ounces can be baked at home for the price you pay for only four 13 1-2 ounce purchased loaves."

Try This Recipe for Three Loaves Ary This Kecipe for Three Loaves Two cupfuls scaled milk or one cupful water and one cupful milk. One tablespoonful of shortening. One teaspoonful sugar. Flour to make stiff batter, One quarter cupful tend water. Dissolve shortening in hot milk, pour into how and cool till lukewarm. Dissolve yeast in warm water; add to milk with sugar and salt. Gradually add flour to make a stiff batter, stirring vigorously. Turn on floured board and knead ten minutes. Set to rise till double in bulk. Form into loaves with little knead. ing, place in "Wear Ever" bread pans, let rise again and bake about fory.fwe minutes. For per-fect results and greatest economy use





Offer good until Dec. 20, 1917



A Castor You Will Like

CHAIRS have changed and tables have changed but it did begin to look as though the old-time metal or wooden castor was with us forever—or if it did give place, it was to the small metal cap.

metal cap. The hard-wood floor has jolted even these "oldest inhabitants" from their one-time air of sure possession. A new claimant for favor has arrived—and has been given a most gratifying reception. For the great discovery was made that "a soft voice is an excellent thing"—in a castor as well as in a woman! And the castor made of feltoid possessed that goodly thing. Also, it makes no mark on a polished floor and less work for the polisher! Where there are delicate rugs or carpets to be

Where there are delicate rugs or carpets to be considered, the gentler presence of the feltoid castor is appreciated. The rolling of a heavy chair will not endarger the fabric, the tread is so light and smooth. If a castor does not suit any particular piece of fur-niture, you can get the little flat tips of the feltoid that may be either screwed in or hammered into

place.

For Our Decreased Waste



IT is an inevitable fact that although we may follow care-fully the precepts of our Food Controller and our own most thrifty instincts, waste matter is ever with us—also, the question of its disposal.

A satisfactory method of taking care of it is pro-vided by the waste - receiver illustrated. small metal

stand that sits well above the damp sink-bottom, has four metal uprights from its corners. Into it, one slips a stand that sets well above the damp sink-bottom, has four metal uprights from its corners. Into it, one slips a bag made of a particularly tough, fibrous paper. Given an ordinary sink strainer to drain off the tea leaves or other moist discard, and a dollar's worth of these bags, with a stand (which is made to last a life-time) and you will be equipped to keep the neatest of sinks and be noted amongst flies and insects as a very poor provider. provider.

The mouth of the bag can be folded over when it is not in use and when the receptacle is full, just fold it close and put it in the pail or box which your garbage man calls for Or you can eliminate even this much bother, if you will just put it into your stove or furnace and do your own cremating.

If you live in an apartment house, these neatly closed bags can be put on the lift and sent the way of the bulky and more difficult garbage-can.

And remembering always that "By their waste ye shall know them" when the roll of patriotic house-keepers is called, let us keep even the smallest paper bag down to the very smallest compass in the matter of contents.

"The Queen Was in the Garden Hanging Out the Clothes"

THE inclement days are coming when, if an im-pudent black-bird doesn't "snap off her nose," Jack Frost may do it instead. A clothes-line that the house-wifely Queen could have put in place—with absolutely no trouble—in kitchen, attic or basement, or on the back porch, would have made its instant appeal to her, when she had her tea-towels or the king's court-train ready to hang out to dry.

ready to hang out to dry.

ready to hang out to dry. The clothes reel that we could have recommended for this purpose is pictured here. It will hang on a hook or nail and when you want a line, you need just pull the loop of smooth, clean, clothes-line to the required length and hang it over one or two nails (you can spread the double line, making a triangle, if you so desire). When the line is out of use, it will wind up again like a fishing reel, and *keep clean until needed again*. A great point, whether you are hanging up royal linens or just nice, white muslins.

If you will send a stamped, self-addressed envelope, we will tell you where any of these articles may be obtained

Doubling Our Butter Supply

A DOLLAR-STRETCHER! That A is what we have found a device to be, that was sent us in quite another guise.

another guise. There have been on the market several versions of the mayonnaise or cream-beater that does its work in a covered glass jar. This par-ticular whipper is as excellent as it is simple—merely a glass jar with a little plunger that must be thrust up and down through an opening in the lid.

Four small paddles are whirled rapidly as the twisted stem of the plunger slips through a straight slit in the cover.

But to the use we found for it in the Experiment Kitchen: Half a pound of butter, softened and creamed a little with a fork—was put in the jar, one cup of milk was added and the plunger was put

After a few minutes of splashing, we had no longer butter and milk in the jar, but a soft yellowish mass that soon declared itself a pale, soft butter.

A pint of it! For the jar was full.

This means a very real economy, half a pound of butter, worth 25c and half a pint of milk, 3c, going as far, ultimately, as over a pound of butter—for it is soft and creamy and spreads thinly. Of course, there is a temptation to use it generously, but those are temptations to which we do not yield, in these days of stretching our food-stuffs as well as our dollars!

WHEN you are beating eggs or mayonnaise and your recipe tells you to add "a few drops of vanilla" or "a teaspoonful of mus-tard"—what do you do?

Rest your egg-beater against the edge of the bowl and trust to its innate sense of balance? It seems to be the way of beaters, at such a time, to flop over and immerse the handle in froth—if their consideration for you keeps them from overbalancing the bowl entirely.

THE flavor of the roast is in the basting," was an old saying that is no less true to-day.

This self-bast-

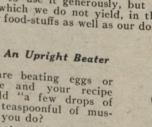
This self-bast-ing roaster saves the busy cook much time and many burns and the meat is being basted every cheaper cuts emulate them to the full extent of their juiciness and flavor. Burning is a faint and far-off

Vegetables will cook in with the meats and will absorb a most delicious flavor. Or the roaster may be used as a steamer, for vegetables and puddings placed on the rock above the water pan.

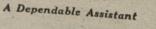
It is splendid for baking fish, as there is a grate on which the fish is kept above the water in the bottom of the pan. The steam keeps the fish from dryness or from sticking to the pan and it is kept firm and whole.

The woman who has many things to do while dinner is cooking, will find a real helper in this wholly self-sufficient roaster.





the bowl entirely. Here is an egg-beater—a new mem-ber of an old family that, like David Harum's famous horse, "will stand without hitchin'." A heavy disk, made of perforated steel, is attached below the wheels and the beater will stand on its own, at all times, in a highly co-operative manner, leaving you with both hands free when you need them. vast advance in an already well-advanced device!





Make That Overseas Xmas Box the Best Yet

Novel Evidences of Home Love Will Make Our Heroes' Yuletide Brighter



OMEWHERE, on this com-fig Christmas mora, there is the no hearth fire, no on the properties of the properties of the series of children's happy of the sunshine of owner's smiles, will be but neared's smiles, will be bu

Their one hope of happings lies with us—here, at home. Can we satisfy it? Rather—are we going to satisfy it?

If we are-and God grant that

If we are—and God grant that there be no dissenting voice—if we are—then away with gloom! Let us to action—now! There is enough concentrated cheer in this old Canada of ours to transport every fighting heart abroad into veritable ecstacy. And so the time is drawing near when we must bethink ourselves

when we must bethink ourselves of something new, of some idea that will make the Christmas box which we are getting ready for despatch to George or Fred or Charlie, just a little different from anything we have sent to him before him before.

him before. Last month we asked our friends throughout the Dominion to co-operate with us by offering suggestions that they had received from the boys overseas, or which were original and had proved successful. Such a response as we got! This sending of boxes, especially Christmas boxes, to the men in the trenches is certainly the most vital question of the moment to

vital question of the moment to

vital question of the moment to every woman who has a relative with the overseas forces. So for those who have been worrying over the problem of "what the boys would like," and who may have felt inclined to give up in despair and say with Solo-mon that "there is nothing new under the sun," these suggestions, culled as they are from the experience of women who know will indeed be helpful. To begin with, here are a couple of "don'ts" sent in by the lads them-selves

No More Hard Boiled Eggs!

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One idea which should appeal to all our boys who have a sweet tooth-and

One idea which should appeal to all our boys who have a sweet tooth—and what boy has not?—was sent in by a mother in Alberta. "When packing a cake fill the spaces in the box which contains it with granulated sugar." Other ways of utilizing these corners are by packing them with pea-nuts, pop-corn or seedless raisins. Mrs. D. A. Sinclair, of Tara, Ont., sends in the following excellent piece of advice, "When you send fruit cake, ice it on every side, top, bottom and all, as this enables it to retain its moisture longer." She also suggests that if the box does not quite reach the weight allowed, enough puffed wheat or rice may be poured in to bring it to the exact number of ounces.

Our Readers from Coast to Coast Have Co-operated in Compiling this Page of Suggestions for Use Now That Packing Time is With Us

Continuing,—"Nearly every box I send contains a bar of soap, wrapped in a handkerchief. I also send my husband garters and always put in copies of the latest magazines." latest magazines.

A letter received from Mrs. W. M. G., of Halifax, tells us that "I sent a box to a soldier lad with the request that he distribute the contents among five

"A shaker of salt and pepper mixed is handy. A small tin of curry powder and one of celery salt might give a "different" flavor to their Mulligans. "I am the mother of two boys who have been soldiers since 1914, one of whom has spent three birthdays at the front, while one has just come through "Hill 70" without a scratch.



A Box That Says "Merry Christmas"

boys he knew, who did not receive boxes from home. I sent six of everything— tooth brushes, tooth paste, pairs of socks. etc.—and if I may judge from the letter I received, signed by the 'Happy Six' the little gifts were much appreciated." This is the true Christmas spirit! If others will follow the example set, many a Tommy who otherwise might spend that day in a very un-Christian-like frame of mind, will be cheered and encouraged by the knowledge that he is not friendless, and it will become in reality a "Merry Christmas" to him.

They Do Love Pie

"THE boys tell me that they are longing for pie," Mrs. M. T. of St. John exclaims warmly, "mince pies, of course, they are appropriate to the season, but also the apple and fruit pies such as mother used to make. I have found that if you will make empty shells of pie crust, bake them, fill them with sugar of something dry, pack them with sugar or something dry, pack them in a cardboard box and add a little jar of fruit so that the boys can fill them of truit so that the boys can hil them for themselves, they travel safely and the gratitude of the lads is overwhelm-ing." By the way, when sending fruit, it is well to remember that raspberry and strawberry jam are the first favor-ites, with the rest of the field well in the

background. Mrs. A. Day, of Dauphin, Man., sends a most interesting letter, replete with brilliant ideas.

"We all know," she begins, "that strong tan laces, khaki handkerchiefs and soft towels are always acceptable, as well as boracic acid, Lifebuoy soap, As wen as bolacter acid, Enebuoy soap, tooth picks and lice ointment; and even McDonald's chewing tobacco has been asked for by boys who never used it before. Some of the things which make an agreeable change are Governor and Chili sauce. Worcester cause make an agreeable change are Governor and Chili sauce, Worcester sauce or home made pickles. Wrap glass jars in plenty of soft paper (which can be used as toilet paper) and pack firmly into one pound baking powder tins. "Nut and raisin cookies or carraway

cookies always keep well if baked to crispness, as they do not then mould so easily.

"September EVERYWOMAN'S WORLD with its useful suggestions was the best

September Prekrywoman's working with its useful suggestions was the best ever." One mother writes that she always packs what she has to send in a tin biscuit box, first making fudge and pouring it into the bottom of the box to the depth of about an inch. When this has cooled, she marks it lightly into squares, cutting them to perhaps half the depth, lays oiled paper across and packs on top of that. There is one possibility in the line of filling the chinks and corners of boxes to go overseas which will provide pleas-ure also for those at home and is sure to make a strong appeal to our Cana-dian lads and lasses. It is now the season when nutting parties are in order and even in the vicinity of the city there are woods where nut trees may be found. This year the crop appears to be an unusually heavy one. All over the country the husks of the little brown three-cornered beech-nuts are opening and the nuts are beginning to drop. What pleasanter occupation than a long day in the woods, in the crisp sunny Autumn air gathering these nuts? And then what a surprise to the lads overseas to find their home-made taffy flavored with these dainty little kernels or, on opening a package to see all nooks and crannies filled with the brown shining morsels.

The brown shining morsels. One lad who has been serving in the trenches for three years asks for more Horlick's Malted Milk Tablets. "Please keep on sending them," he says. "They are handy to carry around and one in your mouth will relieve the territ your mouth will relieve the terrible thirst, when no water is to be had." Another suggests, for the same reason, lemon sherbet, which comes in tablet or powder farm or powder form.

Sweets, of Course!

IN a letter from Mrs. A. of Ottawa comes the following suggestion, "In the booklet included in the packets of Knox's Gelatine is a recipe for marsh-mallows. These keep well and are much liked by the boys. Other popu-ber sweets are the Swise milk chocelet lar sweets are the Swiss milk chocolate -which it is impossible to obtain over there at present-peppermints (the

little striped black and white ones called by the children "humbugs" or the round white ones) nut taffy and the old-fashioned sugar candy that one sees so seldom now in the sweet shops but which can be procured from any druggist." In feeding the bodies of our lads, do not forget their other wants. If in a box from home a boy at the front finds a mouth organ, he feels that a service has been rendered, not only to himself but to his whole regiment. "The fellows are always borrowing mine," one lad says. A pack of playing cards is also appreciated and while in times of peace many people may object to

of peace many people may object to these, they are the greatest of boons to Tommy in the trenches, enabling him to wile away many a tedious waiting hour.

She "Set a Fashion"

MISS Mildred L. Argue, Toronto, was kind enough to arrange this useful list, gleaned as she says, from her brother's letters: letters:

as she says, from her brother's letters: When sending tobacco over-seas, buy it in small bags. As the tobacco is used, the bag can be rolled down. When every inch of space in a kit bag counts, this is a consideration. Shaving soap in tubes fre-quently oozes out. Sticks of shaving soap are better. Cigarettes in tin boxes carry best. Any boxes exposed to the rain are not spoiled. Send plenty of Cleanall Soap— the soap that needs no water. The boys feel rested and cheerful after a wash. Little jars of fruit carry well if placed in baking powder tins. With safety pins the boys can pin a number of things to their coats. They are also useful for holding down their gas masks. Get the largest size. Don't forget tollet paper and insect powder. From British Columbia comes

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Bags of Coffee

HERE is a brilliant idea to be used when sending coffee to the boys. It is a modification of the rule of the Y.M.C.A. when preparing coffee in large quantities. This formula has (CONTINUED ON PAGE 26)



The Simple Truth **About Corns**

A corn today is just as needless as a spot of dirt.

It can be ended almost as easily, as simply and completely as a spot of dirt.

The way is scientific. It was invented by a famous chemist. It is prepared by makers of surgical dressings, whom physicians respect.

It is called Blue-jay. You apply it in a jiffy, and usually but

once. There is no muss. The pain stops instantly and forever.

The action is

gentle. It affects the corn alone. The corn is wrapped and protected, so you forget it. In two days, usually, the corn is gone. Only very tough corns need a second application.

The results are sure. The method is gentle, but no corn can resist it. Millions of corns are ended every month in this way. Don't use harsh methods

-relics of the old days. See Blue=jay what Blue-jay Corn Plasters does. Stop Pain Instantly End Corns Completely 25c Packages at Druggists Prove it on one corn tonight.

BAUER & BLACK Makers of Surgical Dressings, Etc. Chicago and New York





Shoes made with "F. B. & C." white and fancy colored kid, are cleaned with Carbona Cleaning Fluid.



DUSTBANE MFG. CO., LIMITED OTTAWA, ONT.



G ATHER ye vegetables while ye may" is our newest motto—for frosts will soon invade our gardens, and high prices our shops. And having gathered, let us use plentifully the few things necessary to their successful storing—sand, earth, fresh air, and common sense. Small satisfaction, after digging, seeding, planting, feeding and gloating over our fine vegetable gardens if our last move in the game lose us the ripened results of our labor! First, we must decide on the storage place—a few qualifications are essen-tial.

tial. If you live on a well-equipped farm, you will, of course, have a proper root house and pits and a fund of knowledge and experience and you will not need to join our little storage council. But we mere house-holders, in cities, towns, and villages, will take thought together, that we may not need to remember you with envy when the days of scarcityandout-of-

thes of winter vegetables — so simple to buy potatoes by the peck— though some of us have been so thrifty as to purchase them by the bag! Carrots, onions, cabbages—well, one can get them all winter—ten cents a bunch and cabbages at twenty to thirty cents.

cents. No such casual housekeeping for Canadian women this year! We, too, have taken up arms for the defence of our homes and our country. We want it to be said when the war is won-Canada's House-keeping Battalions did magnificent work!"

Our Most Suitable Place

PROBABLY the cellar will offer us the best corner for a vegetable store-room—though, of course, each house will differ and a corner of the outside kitchen or some other place, may be your selection. Wherever the place, it must have three qualifications:

3. It must not be air proof. "My cellar is warm" you say. Good. But what of its ventilation? If you can also assure yourself that there is a free circulation of air through it, then go ahead. If not—well, quite irrespective of vegetables, your cellar should be well-aired—stale, stagnant and sometimes sour air, rising often to your living rooms above, is neither healthful nor pleasant. Cellar win-dows, even when closed, are not nailed —and it pays to open them frequently. If there is a furnace in the cellar, it is best to choose a corner as far from

If there is a furnace in the cellar, it is best to choose a corner as far from it as possible. Rough boards will make an admirable partition, if there is not a vegetable room already. There should be a window with a sunny exposure, if possible

roblem to me the other day, to get a load of old brick from a wrecking com-pany, and put up a rough wall himself," said Mr. Hanna, the Food Controller, when this subject was under discussion recently. An excellent idea

some shelves are the next need, and some shelves are the next need, and

to three bushels of roots. A few narrow strips of board placed on the floor, will avoid direct contact—an advantage worth the slight trouble.

I advised a man who brought this

It must be frost proof.
 It must be damp proof.
 It must not be air proof.

scarcityandout-of-season prices come. The architect of The architect of the average mod-ern house, being usually a man-and frequently a bachelor—is still learning the needs we were have in learning the needs we women have in the way of cup-boards and closets and places to ply our trade and store our goods. We have gained much, by steady reiteration of our demands. But we, ourselves, have g i v e n little thought to the keeping of quan-tities of winter vegetables — so simple to buy pota

cents.

possible.

A few nails will be useful from which to hang some vegetables, and some boxes made of wooden slats (fruit crates are excellent) will complete your equipment equipment.

The most perfect output of the garden should be stored for the winter—firm, solid, evenly sized. Blemished or stunted specimens are predestined for early use early, use

Careful handling will give fruit and vegetables a fair start—a bruised and bumped apple or cabbage has a poor chance of health and wholeness through the long winter months.

the long winter months. And once again—a free circulation of air in the vegetable room—but never a touch of frost to damage its stores. PotATOES: Fortunately, the potato crop is good and prices are compara-tively moderate at present. They may be placed in bins, two or three bushels in each and covered with an old carpet or a piece of canyas to ex-

carpet or a piece of canvas to ex-clude light. In mid winter, they should be care-fully looked over and any with a soft spot or a sign of de cay, re-moved. One spot of rot will spoil all the potatoes in its neighbor-hood.

I her is a sufficient supply of winter sufficient supply of winter wegetables, it will help to keep the market level. Transpor-tation always puts up costs and the merchants will de-mand payment for storing dibles to supply the day-to-dibles to supply the day-to-mers. There is no better way to keep down prices of such commodities, than to store them yourself when they are benefacilities need deter no one—a dry place, cooler than ordinary house heat but ware and the prevent the vege-tables for almost everyone."— Hon. W. J. Hanna, Food Con-

in its neighbor-hood. In the latter part of winter, you may observe that the potatoes are sprouting. If so, sort over again and remove the sprouts; the ear-lier they are caught, the easier it is to break them off, and the less good potato will be absorbed by them. them. TOMATOES: Ripe tomatoes until Christmas? Yes, if you will pull up your vines, roots and all, before the frost gets them, and hang them from the cellar ceiling in a place where no light will strike them. The fruit will ripen slowly and will be of excellent flavor. them.

flavor. CABBAGE: In the late fall, before the final freezing sets in, the cabbages should be gathered for winter. After removing a few outer leaves, pile the cabbages on shelves so that the air will circulate freely about them. Or they may be tied two or three together and suspended from the ceiling. If you prefer to store them in a pit, choose the dryest corner of the garden and pile them, heads down, in a pyra-tiop. Throw more earth over them from time to time, and leave an air-vent if your pit is a large one. The venti-attor can be stuffed with excelsior or SQUASH: A warmer place than the promotion of the start of the souther.

SUASH: A warmer place than the vegetable room is necessary for squash, which are easily spoiled by cold or damp. Place on a shelf and cover with a rug or some bags, or if you are storing many, you will find packing them in barrels with plenty of straw or excelsior, an excellent method.

ONIONS: Thoroughly dry, well-cured onions are the only safe ones to store. A slat-box will permit the circulation of air which they demand. Occasional sorting is necessary, and growing bulbs should be taken out for use. CARBOTS THOUSAND DESCRIPTION BEETS

should be taken out for use. CARROTS, TURNIPS, PARSNIPS, BEETS AND SALSIFY: Excessive dryness is not sand in a packing box will fill their requirements admirably—a layer of the cry for these roots—some moist requirements admirably—a layer of then layer about of vegetables and the floor and throw earth over them, it mill answer very well. CELERY: Celery until Christmas is a pulled up by the roots before there is a taining a couple of inches of moist gether, and keep in a dark, airy place. Celery will probably remain crisp and good for two or three months.

The Story of My Career THE **ALPINE PATH**

By L. M. MONTGOMERY

Author of "Anne of Green Gables," "Anne of the Island," etc. (CONCLUDING INSTALMENT)

wish, been laid in the soil of the Holy

WE coached through the Trosachs to the Trosach's hotel. The Trosachs is beautiful and grand, Trosachs is beautiful and grand, and perhaps before the carriage road was made it was wild enough, especially for some benighted wanderer who had all too good reason to fear Highland plunderers. But it is far from being the wild, riven, precipitous dell of my fancy. No, it is not the Trosachs where I have so often wandered with *Filz-James*. "The hotel is in a lovely spot," on the shore of Loch Achray.

shore of Loch Achray. "Where shall we find in foreign land— So lone a lake, so sweet a strand?" "Yet Loch Achray, too we on a smaller

"Yet Loch Achray, too, was on a smaller scale than I had ex-pected. We walked along it that night as far as the 'Brig of Turk,' gathering bell-heather and bluebells as we went. Scottish as we went. Scottish bluebells are certainly the sweetest things! They seem the very incarnation of old Scotia's romance

A Foolish Disappointment

NEXT morning we walked through the Trosachs to Loch Katr ne in a pouring rain and hired one of the boatmen to row 'Ellen's Isle.' I don't think I liked it be-cause it, too, was not the islet of my dream, and I was conscious of a foolish disappointment.

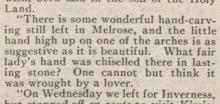
pointment. L. M. Mo "Benvenue, how-ever, did not disappoint me. It dom-inates the landscape. Everywhere we went, there was old Benvenue, rugged and massive, with a cloud-wreath resting on his 'summit hoar.' I was very sorry that the night we spent there was wet. I should have loved to have seen a sunset effect on Benvenue."

August 6, 1912. "Last Monday morning we went by train to Melrose and coached over ix miles of most beautiful road to Abbotsford. Although we went on our own account we could not help falling is one what spoiled the day for us. But the scenery along the road is exquisite and we saw the Eildon Hills, cleft in the scenery along the road is exquisite the scenery along the scenery along the scenery along the scenery along the scenery alon August 6, 1912. seers.

Where Scott is Buried

WE drove from Abbotsford to Dry-burgh where Scott is buried. As we were able to escape from the "Cook-

we were able to escape from the "Cook-ies" here we enjoyed the magnificent ruin doubly. Then we returned to Melrose and explored the ruins of the Ab-bey there. We could not follow Scott's ad-vice, which I never believe he failed, as believe he failed, as is asserted, to take himself, and view it himself, and view it by moonlight. But in that mellow, gold-en-gray evening light it was beautiful en-ough beautiful enough, beautiful and sad, with the little sad, with the little bluebells growing in its ruined courts and over its old graves. Michael Scott is re-puted to be buried there, and there the heart of Robert Bruce was buried and was buried, and, doubtless, rests as quietly as though it had, according to his



but stopped off en route to visit Kirrie-muir, the 'Thrums' of Barrie's stories.

In particular, I wanted to see the 'Den' where Senti-mental Tommy and his cronies held their delightful revels. It is a lovely spot. One thing about it made is a lovely spot. One thing about it made me feel at home, its paths, which Barrie calls 'pink,' are the very red of our own island roads. I could have fancied that I was prowling in the woods around Lovers' Lane. Lane.

Like **Inverness Best**

all the places we have visited OF in Scotland thus far I like Inverness best. In itself it is only a small gray town but the surrounding scen-

ery is magnificent. "We drove out to Culloden the evening of our arrival and it is one of the drives that, for sheer pleasure, will always stand out in my memory. The road was ex-

tgomery The road was ex-ceedingly lovely and we were fortunate enough to have a nice old driver who knew all the history and legend of everything, and was very willing to tell it in delightful broad Scotch. "The next day we visited Tomna-

hurich, the famous cemetery of Inver-ness. It deserves its fame; I am sure it must be the most beautiful cemetery in the world. It is a large hill outside in the world. It is a large hill outside the city, rising in a perfect cone, and thickly covered with trees. The name is a Gaelic word meaning 'the hill of the fairies,' and surely it must once have been a spot meet for a fairy king-dom and the revels of Titania. Seen at eventide, against a sunset sky, it seems a veritable outpost of the Land of Old Romance. "We returned by way of the Cale-donian Canal to Fort William, and thence by train. The sunset effects on the mountains along our way were wonderful. If I were to live near mountains for any length of time I should learn to love them *almost* as much as I love the sea."

"August 13, 1912. LAST Monday we visited Roslin Gothic work in perfect preservation. This is the chapel of Scott's ballad, 'Fair Rosabelle':

'Seemed all on fire that chapel proud Where Roslin's chiefs uncoffined lie.'

heard

"Wednesday we

Wednesday we left Edinburgh and went to Alloa to visit friends. Thurs-day we 'did' Dollar Glen. I had never

of this

until Mr. M. of Alloa told us of it, yet it

is one of the wildest,

grandest spots we have seen in all Scot-

land. If Scott had touched it with his genius it would be

as widely known as

the Trosachs. In-deed, it is much like what I had imagined

the Trosachs to be. Dollar Glen is like a

deep gash cleft down

(CON. ON PAGE 38)

place

we

The Summit is Reached

L. M. Montgomery

The "Alpine Path" has been climbed! At the summit we rest, to reflect with you that there has been great joy, great inspiration in the accomplishment, and to look forward to the continuation of the journey, with L. M. Montgomery, upon the sunlit top, at some future time when another glorious milestone has been passed upon the roadway of her life.

-The Editors.



EVERYWOMAN'S WORLD FOR NOVEMBER, 1917

"I copied it from a design I saw in a fashion magazine. Up to six months ago, I never dreamed I could make my own clothes. But it's so easy and fascinating when you know just what to do. My clothes are more stylish and distinctive than they ever were before, yet they cost me less than half what I spent last season."

I spent last season." More than seven thousand women in city, town and country are now sur-prising their friends with stylish dresses and hats they have learned to make at home in spare time through the fascinating simple courses in Dressmaking and Millinery offered by the

WOMAN'S INSTITUTE OF DOMESTIC ARTS & SCIENCES INC.

You, too, can save half or more of the money you now spend for clothes or have at least twice as many dresses and hats by making them yourself. You can have a \$35 suit for \$15, a \$20 dress for \$6, a \$10 hat for \$3, and children's clothes for a mere fraction of what you have been paying. Think what such savings mean with the cost of living so high. You can have clothes that are more stylish and becoming because you can select your own materials and follow any designs you wish, yet give them those little personal touches that make them more distinctive than any you could buy. Ours is a new method by which you learn right at home in your spare time from expert teachers every step in dressmaking, lust exactly what to do from the time you draft or select your pattern until you stand before admiring fiends in the stylish finished garment. So complete no detail is omitted, yet so simple and practical that in a few months thousands of women have learned to make all their own and their children's clothes or propare for success as dressmakers and milliners.

Read These Letters From Delighted Students

"I have taken in enough sewing to pay for my Course twice over. I can't do all the sewing that comes to me. When I tell the people I can draft pat-terns they think I know it all. I make on an average of one fancy dress a week or two plain ones, and do ali my own house work." Mus. G. M. ROBERTSON, Nanton, Alberta.

Take Up Dressmaking or Millinery

With the knowledge these courses give you you an secure a good position or go into business for ourself. Good dressmakers and milliners are al-yays in demand. You can qualify now, right at ome, for a successful career. Send this coupon, or a letter or post card for andsome, illustrated book, telling all about our ourses and method of teaching. Please state which ubject interests you most.

WOMAN'S INSTITUTE, Dept. Y-6 425 Fifth Avenue, New York, N. Y.

"Since I began my Course last November, I have made a great many things:--two house dresses, a silk dress, a georgette crepe blouse, remodeled my suit so that if looks just like new and made all kinds of lingerie," ELLA QUANTZ, Richmond Hill, Ontario. "I would not part with my course for anything and I treasure it as I have never realized one could treasure anything of that kind." MRS. HONTENSE F. SEVERY, Hamilton, Ontario.

Woman's Institute of Domestic Arts and Sciences, Inc. Dept. 6-Y, 425 Fifth Ave., New York City Please send me booklet containing full informa on about your course in the subject marked X. □ Home Dressmaking □ Millinery □ Professional Dressmaking

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ALBERT SOAPS, LIMITED, Mfrs.,



Make that Overseas Xmas Box the **Best** Yet

(CONTINUED FROM PAGE 23)

been reduced to fit the need of the indi-dividual.

Make some little cheese cloth bags and for each one allow:--

2 rounded tablespoonfuls of coffee. 1½ rounded tablespoonfuls of klim. 1½ rounded tablespoonfuls of sugar. Mix these dry ingredients thoroughly

in a bowl, and put five rounded table-spoonfuls into each little bag. Tie loosely and pack the bags tightly into a tin can with a closely fitting lid (or the coffee will lose its strength and the milk powder be effected by damp). Paste on the box—and also inside the lid where it will not be torn or made unreadable—these directions:—

"Put one of these little bags into a pint (4 cups) of cold water and bring to a boil. Boil two minutes, then take out the bag promptly.

The coffee is ready to serve—hot, creamed and sugared."

creamed and sugared." It can never be amiss to say a final word about the parcelling up of those things which are to carry home love and remembrance to our boys in distant lands. In sending to places upon the Eastern battle front it is better to pack in the boxes, but for men in France and on the Western front the corrugated pasteboard boxes which can be obtained in several sizes, will be found lighter and equally satisfactory. Sew them up firmly in a piece of strong factory cotton printing the full name and address directly upon this in indelible ink. Fasten on the customs declaration and the necessary postage and the parcel has every chance of arriving safely at its destination.

its destination. This question of packing is particu-larly important. A visit to the room at the General Post Office where the parcels are awaiting shipment, will show only too many half-wrecked parcels which one knows stand but a small chance of reaching their destination. Packed carelessly, tied with the frailest of string and in many cases very sketchily addressed, they already show signs of dissolution. If it is worth while sending a box at all—and no mother doubts that—it is worth while to make sure that it will arrive in safety and this can be done only by careful atten-tion to the strength and solidity of the packing.

"Is It Worth While?"

There are, we shudder to admit, those who will even yet pause to ask:— "Is it worth while to go to so much bother with a box? Why can't we just send the things we have always been sending, in the same way?"

Is it worth while! Every mother or sister or daughter who is getting ready for her dear ones far away in France or Salonika, some parcel that will help them to feel that home love and longing are still about their paths, will answer indignantly, "Yes."

indignantly, "Yes." Think of the lads over there—wet, weary, muddy—yes, and many of them heart-sick with longing for the dear home faces, on the Day of all days when the great Home-maker first came upon the earth. It is said that on every mail-day, eager crowds watch for the postman's coming and strong men have been known to turn away with a burst of tears on hearing that there was neither letter nor parcel for them.

3-12

MONTREAL.

neither letter nor parcel for them. So you may imagine the joy of the lad who, upon Christmas morning, is the happy recipient of a box from home, filled with all the things that his soul loves, and with some surprise awaiting him in the shape of a new and tooth-some dainty, an unexpected book or game, as some little evidence of home love tucked among its contents.

There are surely none among us who fighting for our sakes was going forth to that fight with the mournful thought in his heart, "Christmas! and they have forgotten me."

From shore to shore of this vast From shore to shore of this vast Dominion mothers, sweethearts and wives are preparing those parcels that will bring the Christmas message of love and goodwill to Tommy in the trenches; and if, by the most strenuous of thought and work, we can add one jot or tittle to the gladness of that message, we shall indeed be well repaid.



· · The Endowment Of Music In Canada

And How the Art is Aided by the Individual

HAT is Canada to do-what are Montreal, Toronto, Winnipeg and Vancouver to do-in order

and Vancouver to do—in order that we may obtain the best music? —that we may be able to listen to great orchestras and Grand Opera? There are critics who say that since the outbreak of war, the musical out-put in this country has deteriorated— that no music is being produced at the present time, which is worthy of the name—that Canadian taste in music has degenerated and that the classical masterpieces of the past are no longer appreciated by us. appreciated by us.

Is this true? If not — if Canadians still desire

opportunitunities of hearing the highest class of music — that which is universally regarded as the greatest and best of its type—how isthisresultto be obtained?

One an-swer is that C a n a d a must pro-duce and support the music which it desires to hear by endowment. Here is what Dr. Karl Muck, Con-ductor of the Boston Same Boston Sym-phony Orchestra, has to say upon the subject: "As yet the people of America do not seem

do not seem willing to make the effort to sup-port Grand Opera and Symphony Con-certs. The question resolves itself into this: If you do not endow these institutions you cannot have this music. If you wish the music at this present stage of your development, it must be endowed. "So far as I am aware, no musical institution of any description is support-ed by State or Government in America. The only endowments that are made are

The only endowments that are made are individual. It is important to notice that interest in the symphony orchestra is spreading, but what symphony or-chestras there are, are not supported by the voluntary contributions of the mass of the people, but are in general the individual gifts of some one or two great lovers of music." In Canada the day is surely coming when the Government and munici-palities and civic bodies will contri-bute for the advancement and support of music—symphony orchestras, grand opera, choirs and bands—perhaps also schools of music. But before this day comes, the thought of endowment must become lodged, and individual and community musical culture must be developed. developed.

Canada Does Recognize

ALREADY in Canada is music-grand opera, choirs and symphony orchestras—the recipient of support from private individuals of ample means and, in a lesser measure, from civic bodies. For example, certain Montreal citizens maintained grand opera in that city for a time, prior to the outbreak of war; and in Toronto, the Toronto Symphony Orchestra and Mendelssohn Choir have the support of private guarantors. The Mendels-sohn Choir was about to receive civic private guarantors. The Mendels-sohn Choir was about to receive civic support for its projected tour over-seas but war interfered with their plans and the civic grant was not required.

These rare examples serve to show that music in Canada has practical recognition, and give one confidence in asserting that the endowment of music in post-war days is likely to become a fact both in Eastern and Western Canada.

To a great extent the advancement of music has been indebted for its greatest impetus to wealthy lovers of the art. This fact brings to mind how

many prominent people, Statesmen, Soldiers, Business Men have a passion for music. Oddly too, it reminds one of the simplicity of taste in music acknow-ledged by many such figures in the pub lic eye.

Choice of Great Men

A STORY related of the late Lord Kitchener while in India tells that

when he went

up to one of the frontier

stations on a

tour of in-spection, the officers start-.

ed a phonograph going one night

after dinner, and asked

their guest if

there was any particu-lar tune that

he would like

to hear. Kitchener

replied that

he would find some-

thing for himself, and after looking through the

r e c o r d s chose neither

grand opera

nor some popular song but New-man's well-known hymn "Lead, Kind ly Light." The Right Hon A L

some

nor

WIND VOICES By NORAH M. HOLLAND What did you hear when the wind was crying— Crying out in the dark and rain? When golden and the red leaves were flying And big drops beat on the window pane? as it the sound of an old refrain That called and called and would not be still. A voice from the long dead years again? Hark to the wind upon the hill! What did you hear when the house was sleeping— Lying alone in the darkness there? Was it a foot up the passage leaping, And old-time laughter upon the crair? stair? Ah but the old-time days were fair When love and laughter were ours at will; Where are they now, I pray you, where? Hark to the wind upon the hill!

A. J. Hon. A Balfour Balfour is the founder of the Handel Society in England and has writtena number of articles on Handel and a most inter-esting book upon that musician, a magnificent collection of whose works Mr. Balfour regards as one of his oreatest treasures greatest treasures.

In Marcossen's sketch of Lord Northcliffe, the great newspaper man, now in the United States, it is said: "There is one definite rule in Lord North-cliffe's scheme of life that deserves mention.

Save in a great crisis, his work for the day ends with the hour for dinner. No guest in any of Northcliffe's houses will talk shop from that time on. Then you will see Northcliffe the Boy—the dy-cemic Peter Pan, who never grows up namic Peter Pan, who never grows up.

I like to recall an evening at Elmwood the smallest of his country places. There were only a few of us down there. After dinner, Northcliffe said, "Let us have the phonograph."

He stretched himself on a large couch, puffed away at a cigar, and luxuriated for the rest of the evening in American rag-time that ranged from "Down in Tennessee," to "Alexander's Rag-time Band."

The Regimental Band

RUDYARD KIPLING seems to have a fondness for military bands! In a speech before a meeting at London some little time ago Rudyard Kipling said:

"A few drums and fifes in a battalion "A few drums and fifes in a battalion are worth five extra miles on a route march, quite apart from the fact that they swing the battalion back to quarters composed and happy in mind, no matter how wet and tired it may be. We are a tongue-tied breed at the best. The band can declare on our behalf, without shame or shyness, behalf, without shame or shyness, something of what we feel and so help us to reach a hand towards the men who have risen up to save us."

Some Wonderful Snaps in Pianos and Organs

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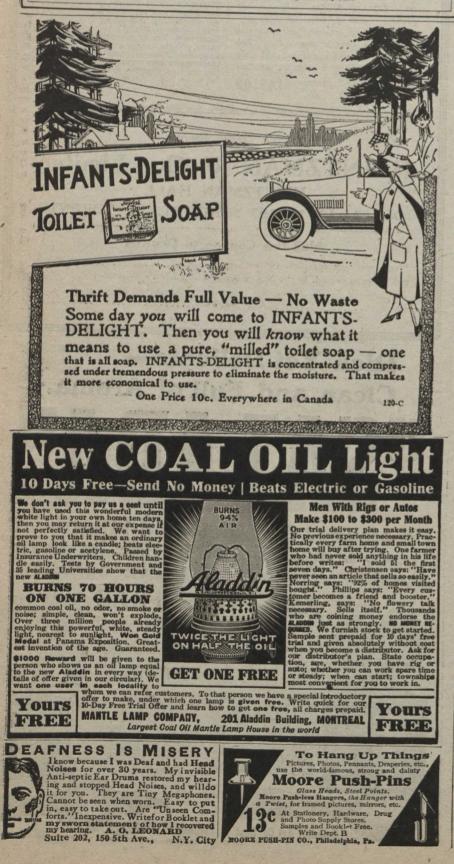
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Concerning Myself

By THE BABY

It in the second second

came round to n e x a m i n e m y mouth. Mother said to Doctor, "It can have only just begun to show or I would have seen it," and they all seemed to be very pleased about it. Of course when I saw they were all so pleased I was pleased too, and laughed as much as I could much as I could to show them that I thought I was pretty clever, but since then I have sometimes felt rather differently about it, for the place where I sup-

<text><text><text>

Regular Habits

<text><text>

A few days ago Mother took me out with her. She went down town in a kind of house that she called a street car. It is a hig room on whole goes along very fast. I liked the trip very much and saw a lot of things I had never seen before, but of course I don' remember what they were, as I did not get time to look at them properly. Along each side of the car there are Along each side of the car there are seats, and the seats are filled up with people who sit quite still and stare at each other all the way, lots of them stared at me, too, and some of them said, "What a nice baby!" and when-ever they said that my mother smiled, but the did not say anything to them but she did not say anything to them. There were some other babies in the

car too, one right opposite. But that baby's mother was not nearly so nice as my mother is. She

certainly did not seem to know much about babies, perhaps she had not had that one very long. At any rate it wasn't any bigger than I am. The baby cried, and its mother held it up, in the air with its head and its feet hanging down and slapped its back. She kept on slapping its back, and the more she slapped it the more it cried, perhaps she thought the baby liked it, but T'm quite sure it didn't. I was sorry for that baby. My mother does not do that to me. I thought it would have been much better for that other baby if it had been left alone a little more.

Mother says that I am very good when I am out, and my fath-er says that it is because I am so well, and because my mother takes care that my habits are all regular. At any rate, I sup-pose that is why I was able to sit up with my mothup with my moth-er's arm around me, and look at the other babies, and all the big people without having to have my back slapped all the time

That is the only time I have been wy back slapped all the time. That is the only time I have been remember that my mother said to my tather that she would not have taken been obliged to. She found that she had to go and there was no one to leave me with so she simply had to take me not a good thing to take little babies that they get colds and other things in that way, and never know where they not be so many sick babies if they were likept at home while they were little. So I don't suppose I shall go out in the street car with my mother again to a very long time.

Wanted-A Car

<text><section-header><text><text><text>

happy baby, with such nice people to look after me. Don't you think so, too!

A Word with A Personal Chat

Making Men



r is the mothers who do the real teaching. It is the mothers who have virgin soil to work. All that the seats of learning from the country schoolhouse to the University can do for a child as time

goes on is to add to what he already knows. The first seven years, the years when mother has him for her very own these are the ones which count. For this reason if for no other the mother is an important person, the home an important place. The woman of to-day complains

that the mill, factory and shop have taken the work from the home and that she has, perforce, to go out after it. But it is only the material part of her work that has gone. Especially is this true in regard to a mother. The spiritual work remains in the home, must of necessity remain there, since between here and the City Beautiful there is no

be done. To bear children is not enough, she must rear them. God breathed into man, made in His image, the breath of life, and every birth is in a way a repetition of the miracle. The mother with infinite patience, and love unfailing, breathes into the child the spiritual quickening, the faith in God and in goodness, the high ideals and love of truth and right which are to stand him in good stead in the days to come.

place where it can so well

The Boy at School

A QUARTER of a century ago, in the country schools of Ontario, the pupil who was clever and good, diligent in the pur-

suit of knowledge, and, above all, obedient, enjoyed an enviable, "ticket" prosperity. He was rich on paper. So many tickets as reward for this, so many for that, each ticket having a verse or text in the centre. For ten small tickets he received a good sized one, for ten of the latter a regular leviathan of a ticket which typified a hundred marks to his credit. There were ticket paupers, of course, as well as ticket capitalists. Perhaps in no other place was the hoosier saying: "The folks as has are the folks as gits" better exemplified than in the old red school house which here and there turned out its embryo stat educationist, its law maker (and law breaker) its doctor, poet, preacher.

Attending one of these schools, which happened to be on the edge of a wood, was a lad who couldn't and wouldn't study. With the birds and bees to watch, with green things growing, and bushes beckoning, he found school too great a strain on him, and one May day literally took to the timber. A man of the neighborhood met him and remarked that it was in school he ought to be.



small ticket he had managed to acquire, read aloud the maxim it held. "Know when thou hast had enough," handed it to the other with the air of one presenting a hard won diploma, and

An Old Wife's Prayer

They're praying for the soldier lads in grim old London Town, I went myself, last night, and heard a Bishop in his gown Confiding to the Lord of Hosts his views of this affair: "We do petition Thee," he cried, "to have a watchful care Of all the true men and the strong who at their country's

call, Go forth to fight for Liberty, to fight, perchance, to fall!" "Amen!" a thousand voices cried. I whispered low: "Dear Lord,

Lord, A host is praying for the men; I want to say a word For those who stay at home and wait, The mothers and the wives; Keep close to them and help them bear Their cheerless, empty lives!"

Their cheerless, empty lives!" The Bishop prayed: "Our cause is good, our quarrel right and just, The God of Battles is our God, and in His arm we trust!" He never got that prayer of his in any printed book, It came straight from the heart of him, his deep voice, how it shook! And something glistened in his eye, and down his flushed cheeks ran-I like a Bishop best of all when he is just a man! "Amen!" they cried out louder still, but I bent low my head: "Dear Christ, be kind to hearts that beat for loved ones dying, dead. Find comfort for the women brave, Whose souls are torn to-day With love and longing for the ones In danger far away!" "They will not shrink," the Bishop prayed, "nor fear a

"They will not shrink," the Bishop prayed, "nor fear a soldier's grave;
"Nay, each man will acquit himself like Briton true and brave.
O, God of Battles, march with them, keep guard by day and night,"
And arm them with a trust in Thee when they go out to fight." "Amen a sound of muffled sobs. The deep voice trembled Since, But I, with hot tears on my face, prayed hard for those at home: "Keep watch and ward of all who wait In fever of unrest, Who said good-bye, and let them go, The ones they loved the best!"

"O comfort, Christ, above the din, The martial clamor, hark! The saddest sound in all God's world-A crying in the dark!"

JEAN BLEWETT.

said: "I've tickets a-plenty. It's birds and snakes, an' live things for me from this on."

Country folk are quick to ridicule anyone who departs from a given line, and for a long time they would say of person ignorant and conceited. "I uere's another with tickets a-plenty."

But they stopped saying it after a while. Why? Because when that truant of the backwoods unfolded what he had learned of "birds an' snakes an' live things" he found a world wide audience. And in the country as in the city, only more so, "nothing succeeds like success."

Why the Laddies Love Her

VOUR mother isn't so clever as mine, my mother has letters after her name, and speaks at meetings," boasted the fourth form boy to his chum. For a moment the other's face fell, but only for a moment. "Oh, but you ought to hear my mother laugh!" he exclaimed in tones which told a whole story of glad comradeship "all the youngsters in our neighborhood come to our house to play."

I would rather have had that compli-

EVERYWOMAN'S WORLD FOR NOVEMBER, 1917

The Mother with Jean Blewett

ment than a finer one. We forget sometimes how children love merriment. We let the responsibility of parenthood press the laughter back. Yet for our own sakes we ought to keep the chord of gladness in our heart well tuned. Cheer means much at any time, but in these days of stress and sorrow it means more. What with hearing, seeing, thinking sad things, supping with sorrow, as it were, we are in danger of forgetting how to be happy. Scientists tell us that the more we refrain from laughter the harder we find it to laugh, and our own commonsense agrees. A hearty laugh is a wholesome thing. When we grow

too busy, or too wise, or too pessimistic to enjoy it we are in a bad way. If the nervous women

till

worrying themselves thin over trifles, the grim ones who create gloom, the cross ones who make life a burden to all about them, the fussy ones with their imaginary ailments, their losses and crosses, the poor half alive ones afraid of their shadow, if these, and all the rest of us would find the happiness of life, see the fun of things, there would not be half the breakdowns nor the discontent. Doctors and sanitariums would not be in demand. Free as the air are some of the prescriptions evolved by specialists of world wide reputation, one of which runs: "Laugh and grow fat." A safe and sure remedy not only for grouching and grumbling but for real ills and diseases.

Let us try it out ourselves like the practical people we are, on ourselves and the folks we live with.

My husband is suffering from indigestion,"confided my nervous neighbor, "and I'm giving him

the history of Alexander the Great in small doses between courses by way of a cure. He eatstoo fast as a rule."

"With the high cost of living worrying the heart out of folks, how do I manage to keep my man and my half dozen childer so happy and healthy, you're asking?" smiled my pretty Irish neighbor. "Simple food and lots of fun with it, there you have me prescription me dear. When I'm about my work I think up a good story to tell s asoon as we sit to our meal. don't care how big a dose of blues the man comes home with, a hearty laugh cures him unbeknownst to himself."

Which remedy sounds most pleasant! The funny story may not equal the history of Alexander the Great as an educator, but as a tonic there is no comparison. The laddie's: "You ought to hear my mother laugh!" may not measure up to the other's boast of erudition and oratory, but we are all in love with it, and with her. It is the sunny hearted women who make this sad old world a good place to live in. God bless them!



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A fine sugar has higher sweetening power than a coarse sugar because it dissolves more quickly. You have often noticed the undissolved sugar left in the teacup or the lemonade glass. This is sheer waste.

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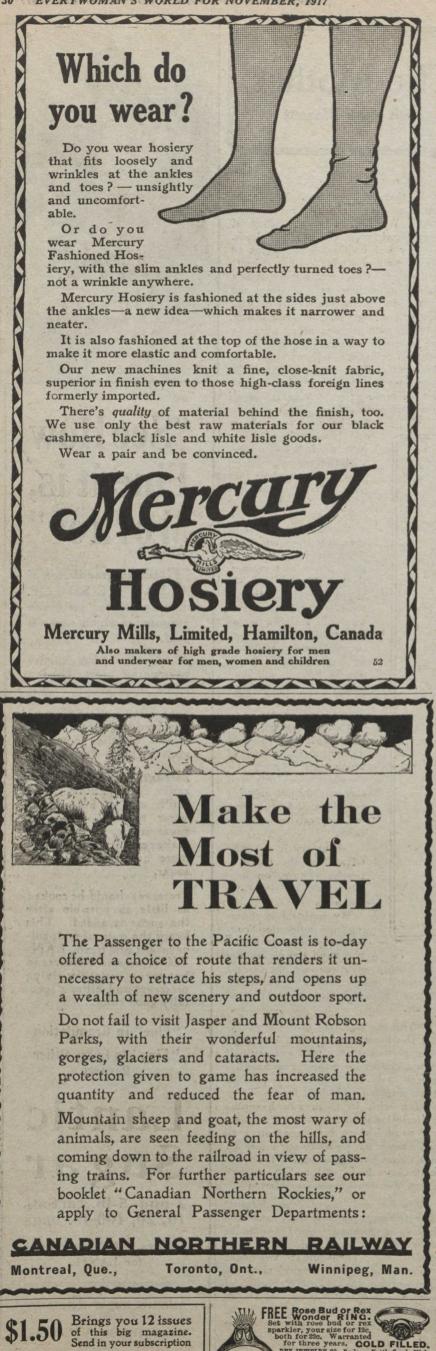
Preserves should be cooked as little as possible after the sugar is added. This keeps the natural fruit color bright and fresh. LAN-TIC is fine and dissolves in hot syrup instantly giving preserves and jellies a spec-ially good color.

"Fine" in Granulation

"Fine" in Every Other Respect



Power Building, Montreal



PROMOTION AND MYRTLE

(CONTINUED FROM PAGE 6)

"Aw right. Dat good place enough. Dose Indians like as not be in dat deestrick. McNulty got heaps of chickens," he added with a knowing chuckle.

S^O we rode on and I gradually be-came absorbed in thoughts that were nearer Bayswater than the Cy-press Hills, leaving Gabe and Porter to do the talking.

After awhile they got arguing as to which was the better shot. There is always a little friction on that point between the scouts and the constables. You see, the former do not compete in the annual target practice for reasons You see, the former do not compete in the annual target practice for reasons known only to the executive. Porter was a marksman of the troop and wore a gold star on his sleeve for high aggregate scoring at the ranges, while Latreille was one of the best all-round rifle shots in the Territories. I have, myself seen him hit a running antelope at four hundred yards and bring down a swan on the wing with a bullet, and that is no mean shooting. What he could do at a fixed target was, of course, another thing; but he had Porter skinned to death as a wing-shot.

The argument soon waxed hot and was inclined to get personal.

"Oh, dry up, you chattering old squaws," I said. "If you're both so cocksure of yourselves, why, put up five dollars apiece and settle the matter when we camp for dinner. Duggan's old shack at the head of the flat will do to chew in and you can easily find a mark. I'll be umpire."

"Ver' good," said Gabe. 'I can shoot Portaire's tam head off at a mark or a deer or anytink."

"Not you, old stocking," laughed Porter. "We'll put a five-dollar bill apiece into the Corporal's hands and he shall decide. Most hits in three shots to take the pot. How does that strike you?"

"It's a go," replied the half-breed. "You fellows tink you run de earth."

Duggan's shack, the deserted log house of an old cattle-ranch stood on the hog back of a gravelly hill where the trail descended on to five miles of an alkali flat. It was about as dreary and desolate a spot as could be found in the locality which was for the most part fertile and well watered. Still it came in handy on patrols as a tempor-ary shelter from winter blizzards or the summer sun. summer sun.

summer sun. WE tied our horses on the shady mptied out their stocking-full of oats apiece, then set about the discussion of canned salmon and sandwiches from our saddle-bags. Porter soon had a re going with sagebrush and having emptied a couple of cans on to a flat stone, proceeded to boil them clean to make coffee in. A salmon can is not half bad as a cup but it does not hold as much as a tomato can. I have drunk up everything out of both from rye whiskey to alkali tea. One does not carry much Dresden china on a Police arry much Dresden china on a Police arry diftingers. An early breakfast and a twenty mile ride produces an appetite that laughs at damask table inen. You city-folks do not know the luxury of plain living until you've to de unshine for a dining-room and the blameless stomach of a child. We do not have to call in the aid of Cayenne and Worcestershire sauce to force our grub down, turning fretfully from boeig a l'Halienne or dallying dyspeptic aly with a slimy old Mayonnaise. The with a slimy old Mayonnaise. The simple life for us.

And then the post-prandial And then the post-prandial pipe, stretched in the shade with the sweet air playing over you and your inner man, like your thoughts, too full for utterance! To the hills with Egyptian cigarettes and Turkish atrocities! Give me an old briar pipe and Tuckett's Canadian plug. *That* is tobacco; not extract of nicotine and cascarilla bark. Oh yes; Johnnie knows. You bet your socks he does!

But one cannot dream forever. One o'clock. Time to be hitting the trail again.

"If you boys want to settle that bet, I said to my drowsy companions, "there is a brown stone on that first

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coughs. To make this splendid cough syrup, pour 2½ ounces of Pinex (50 cents worth, into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup and shake thorough-y. You then have 16 ounces-a family sup-ply of a much better cough syrup than you could buy ready-made for \$2.50. Keeps per-fectly and children love its pleasant taste. Pinex is a special and highly concentrated compound of genuine Norway pine extract and is known the world over for its prompt-ness, ease and certainty in overcoming stub-born coughs and chest colds. To avoid disappointment, ask your drug-gist for "2½ ounces of Pinex" with full di-Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., To rate of the pinex co.,



15 TIMES THE MON

as spent on doctors' bills, without any benefit, as was spent in Zam-Buk, which effected a complete

Zam-Buk, which effected a complete cure!" says Mrs. Fred Gervais of 126 Bleury St., Montreal. "A rash broke out on my baby's skin, and she became very fretful and lost weight. I took her to a doctor, who gave me some lotion to apply, but it did not do baby any good. I then took her to another doctor, but with the same result doctor, but with the same result.

"Then a friend, who saw the con-dition baby was in, brought me some Zam-Buk, which she so highly recommended that I commenced using it. In one week's time baby looked much better, and before a month had elapsed she was quite

well again. "Baby is now the picture of health, and I think it wonderful that \$2 worth of Zam-Buk brought about this cure when \$30 spent in destors' treatments did no good doctors' treatments did no good whatever! I certainly advise other mothers not to experiment with use-less remedies, but to save their little ones unnecessary suffering and themselves needless anxiety and expense by using Zam-Buk in the first place."

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little butte over there-about five hundred yards range, I should judge. Plug away at that while the horses finish their feed and I'll walk over and keep the score.'

"A stone? So there is," remarked Porter in a tone of surprise. "That's queer. You must have sharper eves than I, Corporal. I've been looking at those hills for the last five minutes to try to find a mark."

"Well, it's there, sure enough," I replied. "Now, you two toss for first shot and I'll score the hits. Then we must get away. No more fooling, remember, once we get across the flat."

I started towards the range of low hills while speaking and looking back, saw that Porter had won the toss and was lying flat on the ground adjusting his sight. I kept my eyes on the mark and when one hundred and fifty yards from it heard the sharp report of a rifle; too quick for a sure shot.

To my astonishment the stone had disappeared.

A hit and a good one, I thought; but what could the object be to get knocked over like that.

Waving my hand to them to cease firing I hurried up the slope. The top was quite flat and about fifty feet in circumference and not a sign of a stone anywhere. I looked round to make certain that I was on the right hill. Porter was still lying on his face and Gabe standing by him, rifle in hand, watching for my next signal. It was the hill without a doubt because there was nothing between them and me but where was the stone? Thoroughly mystified, I walked across the top and looked down the other side.

Then I stopped short, frozen stiff, with hands above my head and heart beating like a trip-hammer. I was looking straight into the muzzle of a rifle in the hands of a Blackfeet Indian. (TO BE CONCLUDED)



materials. In my handbag I had a fountain pen. They took it away."

Mayhew searched his pockets. They yielded up a fat little blank notebook and a pencil. Miss Wilkins accepted them gratefully and hid them under her mattress.

He took her hand again at parting. She really had rather wonderful eyes! Mayhew sighed again and turned away. He had promised to bring her some reading matter the following day.

That night he paced his room for over an hour, his hands clasped behind his back, his brows drawn together as when he wrestled with some problem in psychology. He mused long upon Miss Clare Wilkins.

What had her past been? She seemed very well educated, and she appeared to have had a decent start in life. Evidences of refinement were observable in each tone, each gesture. Why had she stepped from the narrow path of integrity? What curious swirl of life's deep waters had sent this lovely human atom down among dark currents to mingle with the flotsam and jetsam of the world's iniquities?

He paused at his bookcase and took down a volume. It was one he had frequently read, but always with the detached interest of the scholar. Never had he expected to consult it from concrete motives!

It was a treatise on crime-crime in all its varied aspects. Mayhew turned the pages till he found a chapter called "Women and Crime," and under a sub-heading he read:

(CONTINUED ON PAGE 46

Don't Be a Wall Flower!

EVERYWOMAN'S WORLD FOR NOVEMBER, 1917 31

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WITH THE GIRLS AT COLLEGE The "Mock Dinner" a Huge Success

NE night last week my room mate rushed into our room all excitement. "Sit excitement. "Sit down,sit down and get your breath; and for and for good-ness sake don't run all the way up three flights of stairs like that again," I said argain," I said pushing her into a chair. "Now what's the news," as she began to look normal again, "cat it out of "get it out of your system." It may not have

It may not have been exciting enough to warrant all that waste of good energy but how was I to know? The pre-lude sounded rather interesting. We were to have a Mock Dinner.— What is a Mock

What is a Mock Dinner?—That is exactly what I asked. I had a

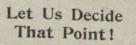
asked. I had a mental picture of a Mock Trial, of a dinner featuring Mock Turtle Soup, Mock Duck and every other "Mock" dish ever invented. But it seemed, I was all astray. "Wait," I was told—"wait and see." I waited two long weeks, but mean-while, I solved the mystery bit by bit, until last night, I saw the event staged. While every detail is fresh in my memory I want to write it all down. Trials of a Hostess Trials of a Hostess

Trials of a Hostess WE girls of the Household Adminis-tration Class were responsible for the whole affair. Such brain-searching as we did have for two or three days making out a well-balanced menu for an eight course formal dinner and trying to keep the cost down to forty cents a plate. Each of us had to plan a menu. All were to be submitted, and the best one chosen. At the last minute I was tearing my hair and frantically multiplying and dividing to see if my menu would work out to give the required number of calories. You know what that means! In these days, everyone's figuring out by calories just what value the food will have for the body—a means of greater nourishment at less expense. But to estimate food values against time is not the easiest thing imaginable. When I write home to Mother about having an eight course formal dinner the will say first thing. "What extra-

When I write home to Mother about having an eight course formal dinner she will say first thing, "What extra-vagance! The idea of having a big dinner in these days of food shortage!" But that is just where the "mock" idea comes in—there wasn't really anything to eat at all!

The Reason Why

The whole affair was given so that we girls who gave it and all the



By HELEN EDWARDS

WHAT the girls learn at college can advantageously be applied in the home. For instance is there anything you would like to know about table setting or serving for either informal or formal occasions? Or would you like to settle any little point on good form that has been bothering you for a long time -something you are not quite sure of? If you would, let Helen Edwards help you out. Write her, in care of Everywoman's World and she will have your questions answered by an authority on this subject.

-The Editors.

hostess, guest or serving maid should know about

should know about a formal dinner. Each and every girl in that as-sembly hall assimilated the useful knowledge—or, should have, because they all had seats where they could see every detail of the performance. We have had lectures, in our House-hold Administration Class, on every detail in connection with a formal dinner, but to carry it out in actual practice is quite an experience, as last night's event proved.

rest who looked on

will know exactly how it is done. I

know now how to

plan for a big dinner — how to write invitations to a formal dinner,

how to accept them, how to de-

corate the table, how to place the linen, silver and china; how to

china; how to usher the guests into the dining room, how to ar-

range the place cards, how to sit down, how to carry on the con-

versation, when to

versation, when to use the various pieces of silver, and how all the serving should be done — and oh — an endless number of "how's"—the hundred and one things that either

things that either

Our Share of Work

Two of us were responsible for the setting of the table. Woe to us if the least wrinkle appeared in peeped out at any place or if the cloth hung the least bit more at one place than at another! The bouquet in the centre had to be low enough not to interfere with the guest's line of vision across the table. We each cover when we had all the silver placed. It was lucky that we did because we had the covers varying in riches, whereas, as you know, the folded napkin on the left to the very will not be so fussy as to have each formal dinner in our own homes we down to be so fussy as to have each for many the best for a formal formal dinner in our own homes we will not be so fussy as to have each for more courses in the order in which it would be used, beginning at the outside and working in, with the handles just one half inch from the edge of the blades turning T^{WO} of us were responsible for the setting of the table. Woe



Around a cozy open fire we talked over the whole affair

in, and had placed the folded napkin on the left the same distance from the edge of the table and with the cut edge the napkin at the lower right hand corner, we placed a water glass at the tip of each dinner knife, to be later filled two thirds full just before the guests would come in to the dining room.

The Finishing Touches

THE place cards we put at the centre top of each cover. Of course, it was pointed out to us, bread and butter plates are not used at a formal dinner. We placed the chairs so that the adre of the seat just touched the the edge of the seat just touched the table cloth. Then we scampered up-stairs to dress, because you see we two were also to be included among the guests

While we had been setting the table the other girls of the class were arrang-ing all the dishes on tables in the serving room. There was the rest of the silver to be attended to, as well. Two of these girls were the waitresses at the dinner and one was to manage the disher on the difference of the silver to be attended to be at the dinner and one was to manage the dishes as the different courses were brought to the table or removed. Four were "guests" and the other two "host" and "hostess" at the dinner. Such a time as we had getting dressed! I was as excited as if I had been going to a real dinner, in fact more excited because we would have a

A Trifle Early But-

JUST a little note to remind our friends that Christmas is not so very far away and that strain can be lifted both from purse and nerves by selecting Christmas gifts gradually instead of leaving all to the last minute. And, speaking of Christmas presents might we suggest that the Yuletide issue of Everywoman's World will be the best ever. It will be full of the cheery Christmas spirit—good fiction and the many bright features that you have become accustomed to expect. -The Editors.

hundred spectators watching every move we made. My room-mate wore a black evening dress because she had to represent a man guest. I wore my little gold gown. None of us wore flowers—you know it is war-time. time.

The Guests Arrive!

JUST as the clock struck eight we went to the drawing room where the girls who played host and hostess received us. The rest of the eight guests arrived during the next fifteen minutes for as everyone knows, a minutes, for, as everyone knows, a hostess cannot wait more than fifteen minutes for any guest at a formal

minutes for any guest at a formal dinner. The "host" offered her left arm to the lady honored guest and led the way to the dining room. We followed, and the hostess with the gentleman honored guest brought up the rear. It all seemed so screamingly funny that we could not act naturally or even be sensible on our way to the assembly hall. (I almost forget to mention that in

assembly hall. (I almost forgot to mention that in the "gentlemen's" dressing room there were the usual envelopes one for each gentleman with the name of the lady whom he takes in to dinner, and the side of the table on which he is to sit.) Well, when we were all ranged around the table with over a hundred spectators in the rear, we felt a wee bit more serious. We had to carry on con-versation just as if we were really at a dinner, but thank goodness we did not have to talk in loud enough tone for the others to hear. Their part was to the others to hear. Their part was to use their eyes, not their ears, so as long as we appeared to be carrying on a suitable conversation we fulfilled our duty.

our duty. The hostess sat facing the serving room door so that she could see at a glance everything as it came to the table. The gentleman honored guest sat at her right. I was glad I had not been chosen for hostess for she has so many things to remember. She is served first and can begin to eat after three or four have been served, but she must always remember to be the last to put down (CONTINUED ON PACE 37) (CONTINUED ON PAGE 37)

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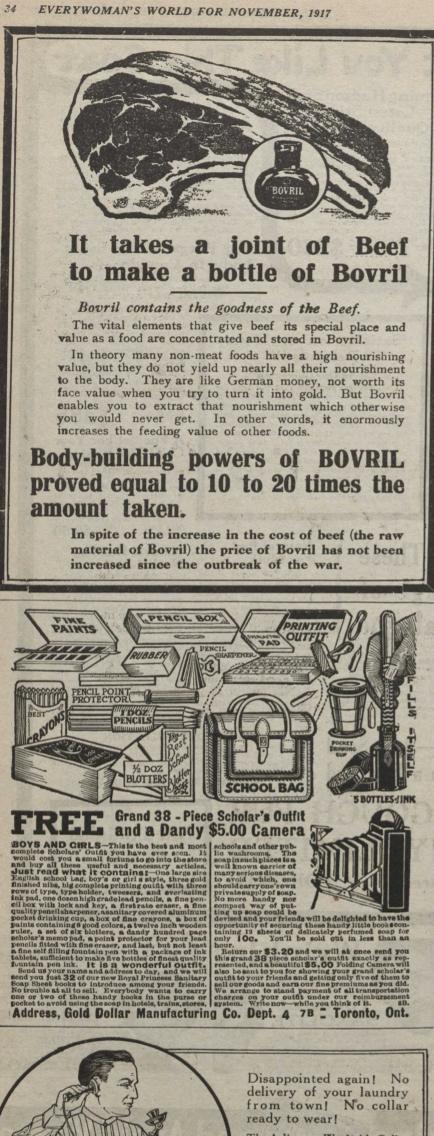
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id Order At Once: No. 435-Here is a snap in a Persian Lamb Coat. This coat is made from best qual-ity glossy even curl Persian Lamb skins and has a deep cape collar and cuffs of best guality full-furred Alas ka Sable; a slightly fitted waist line and extra fullripple skirt; silk crochet buttons. The best silk linings are used. Coat is 46 inches long. Price to you wherever you \$3885

A Fur Set For Your Child This Winter

We have an imitation Er-mine set (No. 1949 in the cat-alog) which will delight the heart of your little girl. It is a pretty little set made of White Coney. Well made and of good quality. Take advan-tage of our mail order service and get this child's **\$6.50**

Natural Red Fox Neckpiece



will make you independent of the laundry. Fine in appear-ance, made of the best linen and always ready for use. Just a moment's work with a little soap and water and the Arlington is as good as new again.



at Bexhill-on-the-Sea, England

By JAMES GORDON "One of the Bexhill Lot"

Mothers Will Appreciate

"THERE go some of the Bexhill lot,"

is a phrase that has come to have

a definite and com-

plimentary mean-ing at most places in England where

Canadian soldiers are seen on parade

or in the streets. Bexhill-on-Sea, formerly one of the most delight-ful of the small summer resorts on

the South Coast,

is now best known

is now best known as the home of the Canadian Train-ing School. Men who have been seasoned with hard fighting in France and have been found fit for bigher duties go to

higher duties go to Bexhill to be trained

higher duties go to Bexhill to be trained for the commissioned rank, and there are also young subalterns just out from Canada are sent for a final polish of smartness and "pep" before they go into the big push. An average class is about 600 strong and is made up of 200 Officers, 300 Cadets, and 100 N.C.O's. The latter are qualifying as instructors. The whole is divided for administrative purposes into five

for administrative purposes into five companies of four platoons each.

There are many Schools for soldiers in England and behind the lines in France. Most of them are highly specialized and restrict their efforts

Cadet Company on the Entrenching Area

very definitely to Trench Warfare or Bayonet Fighting or whatever their particular subject's may be. The Cana-dian Training School is a school for the more general training of officers, but it also specializes in two matters of ex-treme military importance

treme military importance-smartness and discipline.

treme military importance—smartness and discipline. A day there was, when the lack of discipline and general slackness in the Canadian Corps was a matter of com-mon discussion in military circles in England, and greatly exaggerated stories on the subject drifted back to Canadian newspapers by way of their English correspondents. These reports were highly coloured, but they were to a certain extent based on fact. Festu-bert, Givenchy, and St. Eloi bear un-dying witness that the first Canadian divisions had the sort of discipline that makes men fight and fight hard when things are going badly, but the Higher Command had grave doubts as to whether the rough and ready methods that carried our men through Ypres would take the place of the rigid dis-cipline and machine-like efficiency necessary when the fighting opens up.

cipline and machine-like efficiency necessary when the fighting opens up. So they decided to impart smartness and discipline in large quantities to the Canadian Corps. And the Cana-dian Training School at Bexhill was chosen to be one of the instruments for the dissemination of those qualities.

All Returned Men THE Commandant of the Canadian

THE Commandant of the Canadian Training School is Lieut.-Colonel A. C. Critchley, D.S.O., who saw ser-vice and was twice wounded with the Lord Strathcona Horse. The Officers comprising his staff are all returned from the front and a remarkably keen lot they are. They know their work

THERE was considerable stir, in the first year of the war, when it was thought that Canadian Soldiers might not be under the immediate guid-ance of Canadian Officers when in action. When fears were calmed the question arose as to how well trained those officers were to lead. Canadian mothers will ap-preciate this little sketch by an officer-in-training at one

of our Canadian Training Schools in England, as indi-cative of the efficiency of the men who lead our Soldiers to Victory. Victory.

-The Editors.

the recruits' train-ing as something miles beneath their dignity. The system of training at the C. T.S. is based on thoroughly trained T.S. is based on the principle, that a thoroughly trained Platoon Commander is much better than a half-baked Brigadier. The larger aspect of warfare is left out and a graduate of Bexhill is made capable of looking after the forty men in his platoon under all the varied circum-stances of warfare. It must not be thought that this is any small matter. Modern warfare has shown that the actual tactical handling of infantrymen pivots on the platoon commander. On the first day of each new course

and they know how to handle men. Indeed it could not well be otherwise for the problem they have

problem they have to face is no easy one. Men who have done any-thing up to a couple of years in the trenches are likely to be rather keen critics. More-over they are in-clined to look on forming fours

forming fours, sloping arms, sa-luting by numbers and all the rest of the recruits' train-

actual tactical handling of infantrymen pivots on the platoon commander. On the first day of each new course there is a heart to heart talk by the Commandant to the incoming Class, when he points out that the main objects of the course are elementary rather than advanced, that smartness and discip-line are what he wants and means to get. He gives most excellent reasons, and the lecture is illustrated by moving pictures taken of the previous class when it had nearly graduated. The pictures rather take the ground from under the feet of he most confirmed conservatives in the parades under the instructional ser-geants vaguely wondering if they also an be made to move like those men in the picture and outdrill the "Guards" in their palmiest barrack-square days.

Exit Old "Sawg'nt Majah"

THE instructional sergeants are not at all the type of the drill instructor of other days. Gone are the red face the foaming mouth, the frenzied com-mand, and profane comment of the Sawgn't Majah that used to "knock the drill into 'em." In place of these is a quiet young man who gets results by being keen and patient and efficient. He tells his platoon the way he wants them to form fours. If they fail to do it exactly his way he tells them again. And if they do it wrong a hundred times he will tell them after each attempt



Metropole Hotel, Bexhill, Where Three Companies Are Billeted

exactly how he wants it done. Finally it will be grasped by the dullest intel-lect that there is only one way that will satisfy him. Then it will be done right and the instructor will smile and say "good" in a voice of wonder, as if he had never seen fours so beautifully and perfectly formed in all his instructional life. Imagine an old style Sawgn't life. Imagine an old style Sawgn't Majah ever admitting that his men had ever done anything right!

There are other ways of obtaining smartness than by drill and marching (CONTINUED ON PAGE 43)



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The Arlington Company, Limited

Toronto, Canada



In the Opinion of Others

MESSAGES of appreciation continue to come in from women in every province in the Dominion who have enjoyed the initial issue of RURAL CANADA for Women. The infant pub-lication has made friends—real true friends by tens of thousands.

Why?

Because RURAL CANADA realized that the best way to have a friend is to be one.

Its new found friends are now acknowledging their appreciation of the good cheer it has brought to them.

But their letters speak for themselves.

"I HAVE read and thoroughly enjoyed my RURAL CANADA," writes Miss Gertrude M. Crisp, Sunny Brae, N.B., "I like it because of its atmosphere, though to analyze this is a difficult matter. matter.

"It is a pleasure to receive into our homes a magazine so in harmony with the best things. RURAL CANADA seems to arouse ambition and create a desire to excel."

The Joy-Spirit

EVERY letter has that "joy-spirit." Here is one from a farm in Sask-atchewan: "We are very much in love with our new magazine, RURAL CANADA.

"When we first came West we thought we had reached the uttermost parts of the earth, for we were as far West as the C.P.R. tracks were laid. But now we do not feel isolated for we are bound to Ontario and the Eastern Provinces by stronger bands than the steel of the C.P.R. RURAL CANADA brings us all together." Mrs. C. Widders.

Mrs. C. Widders, Moosomin, Sask.

"So worth while," writes L. M. Ion of Carleton Place, Ontario. "It 'grips' one to read of men and women who have made good."

"Just the magazine a Mother needs in her home of boys and girls:"-this from Mrs. W. Robinson, Glenora, Man.

Mrs. Albert Kay, Merlin, Ontario sends this message:-

"I find just the magazine I was wishing for in RURAL CANADA. And, oh it is going to be such a help to us farmer's wives!"

A letter from E. M. Menzies, Pitt Meadows, B.C., says:-

"RURAL CANADA for women has arived, and the wealth of information instruction, advice, and sympathy that it brings to the wives and daughters of our broad productive land is such that we women, who are trying to do our 'bit' in carrying on the greatest industry of our Dominion, should feel personally indebted and grateful to those who have prepared it for us.

"RURAL CANADA brings with it such a spirit of personal interest in our work, and sympathetic desire for our success, as to cheer and encourage us to higher ambitions and greater ac-tivities."

Special to Friends

IF you have two friends who would like RURAL CANADA, send \$2.00 for three subscriptions when you are sending in your own—or, if you are a member of a Women's Institute, remit the money through your secretary. Institutes and clubs sending us ten subscriptions or more at once may have subscriptions or more at once may have the special "Club-of-Ten" rate, which we have quoted to the secretaries by mail.

If, perchance, you have not yet seen RURAL CANADA, we will send you on request a sample copy for only four request a sample copy for only four cents in stamps, to cover postage; or, better still, while you are at it, send along one dollar and have RURAL CANADA for a year. If you do not like it we will send your dollar back instantly and cheerfully on request— such is our faith in our new magazine, edited and published expressly for women and home folk of our Canadian farms. farms.



Get Behind the Wheel of a Ford and Drive

RY it just once! Ask your friend to let you "pilot" his car on an open stretch. You'll like it, and will be surprised how easily the Ford is handled and driven.

If you have never felt the thrill of driving your own car, there is something good in store for you. It is vastly different from just riding—being a passenger. And especially so if you drive a Ford.

Young boys, girls, women and even grandfathers—thousands of them— are driving Ford cars and enjoying it. A Ford stops and starts in traffic with exceptional ease and smoothness, while on country roads and hills its strength and power show to advantage.

Buy a Ford and you will want to be behind "the wheel" constantly.



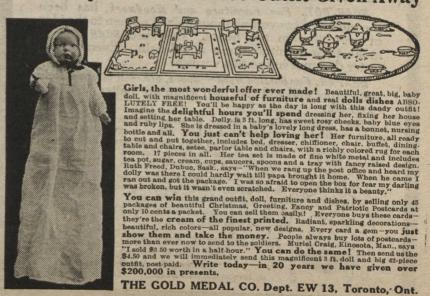
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OVER

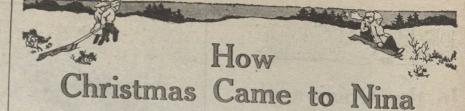
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(CONTINUED FROM PAGE 13)

Won-der-ful . one-door-ful. (laughs uproariously).

uproariously). Enter Mrs. P., and Mrs. S., followed by the children, boys and girls of all ages, in fancy dress or not. Arrange themselves at right angles to foot lights on either side of stage. Tableaux may be as simple or as elaborate as desired—a. simple but effective method of produc-tion being a large frame held by the boys within which the groups are placed. A black curtain on the rear wall will add greatly to the effect. This can be put in place while the children are assembling. If electric lights are used, let them be turned out while the picture is being posed, Mr. Cann talking all the time. Thus—

Mr. C.—Now, every one look pleasant. Watch for the birdie (whistles). Tut, tut! Don't open your mouths. It's your eyes we want to see, not your mouths! Mrs. Patterson, I think we will call this picture—(Title, as "THE SOLDIER'S RETURN"). Now, are you all ready?

are you all ready? (At Mrs. P.'s answer Mr. Cann will strike a match, the lights flash on for a few seconds and then off, giving the effect of a flashlight. While the stage is dark, the next group must take their places, but so on until all the pictures have been shown. Mr. Cann can speak on as follows—) follows-)

Mr. C.—That last one was a beauty. Oh, ho. . . I've got my plate upside down. Jolly good thing there was n't any soup in it— or your photos. Ho, ho! My eyes and nose . . . my lungs and liver . . . wouldn't you make a fine picture, standing on your heads! We'll label this one—(title). Ready, girls and boys? (When all the bictures have been chosen

(When all the pictures have been shown and the lights go up, Mr. Cann speaks thus-)

Mr. C.—There now, young folks. I've no more plates and you won't be able to cheat the Sand-man much longer, judging from Louisa McGuire, here! (A little girl gives a very big yawn).

yawn). Besides, if I stay out any longer, my missus will come down town looking for me, and the first thing I know she will join that mob fighting to get into Ben Grisdale's store just because he's got more junk marked down a dime or two

he's got more junk marked down a dime or two. Mrs. S.—Oh, has he, Mr. Cann? Has he really marked everything down? Mr. C.—Looked like he had marked everything down, including the names of some darn fool women (pardon, Parson) who didn't have enough money to pay for their extravagances. But, there! Don't get me started on women and the charging system or I'll be talking all night. (Gathering up camera, etc.). Let's all give a good, hearty cheer for our boys across the sea, to-night. (all) HIP —HIP—HOORAY! Merry Christ-mas, folks! mas, folks!

(Exit).

(Exit).
All.—Same to you, Mr. Cann! Merry Christmas and Happy New Year!
Mrs. S.—(a little apart from the others, musingly). I wonder if Ben Grisdale has reduced that brass desk set. I know Frank will want to give me a nice present, this year. I haven't got his cheque, yet, nor my separa-tion allowance, but it will surely come and I can charge it.
Mrs. P.—(talking to the children). All right, children. We'll begin with (name of song or carol).

iChildren now arrange themselves in rows parallel with foot lights, facing audience. Accompanist seats herself at piano, and Mrs. Patterson opens door into hall—Left, as though preparing Victora Victrola.)

Mrs. S.—(moving in front of children to ward door, Right). It won't do any harm to see what the price is, any-way. I don't have to buy it. Nina, come here! (Nina leaves group of children and stands beside her mother at the door) at the door).

I'm going down to Grisdale's-

A low sobbing is heard outside. Children look at one another in fright, then group about Mrs. P. at left of stage, leaving window in view of audience. A CHILD again shows her white face at window and disappears.

Daisy .-- I thought I saw some one at the window. May.—So did I.

Grace.-Let's look. (They rush out of door, right.)

(They rush out of door, right.)
Mrs. S.—(speaking hurriedly to Nina) I'm going to Grisdale's—
Nina.—Oh, mother, please buy me that doll's kitchen outfit—please! Ir won't be Christmas for me without it. I've just set my heart on it. Honestly. I dream about it—I just pine for it.
Mrs. S.—Well, ' won't promise, but if the things are really reduced, I'll see. I won't be long and you wait here until I come to get you. Wait. —do you understand?
Nina.—Oh, yes, yes. I'll do anything. If you'll only get the kitchen. I'll be good for a whole year. (Exit Mrs. S., Re-enter girls).
May.—We couldn't see any one.

May.—We couldn't see any one. Mrs. P.—Well, perhaps it was only fancy. Take your places little peo-

(They form rows again; and sing

ple. (They form rows again; and sing— When all songs have been sung, Mrs. P. again speaks). Mrs. P.—Now Mr. Burton has a few words to say before you go. Mr. B.—(assuming a rather pulpit-like manner). I merely wish to remind you that the more generously we give toward this Christmas festivity, the more, both literally and spiritually, we will get out of it. As you all know, we agreed to help Santa Claus this year with his work because he has so many military hospitals to visit. We do not expect him to come to us nor to spend any of his money upon us. We will give of our abundance into the general fund, and the money usually set aside for our Christmas Festival, is being sent to a very destitute and stricken community, where it will bring a little cheer to a number of children whose fathers have laid down their lives for their country. Four of our older girls have offered to decorate the tree and tie up the presents each of you send, and in this way we will be a sort of Toy Exchange—the doll which belonged to you, will after to another hand during the year to come. And so, dear children, may God bless you and reward you ac-cording to your generous spirits. And may His angels guard you while you *Clapping hands by children and a gool*

Clapping hands by children and a good deal of confusion as they troop out (exit Mr. B.). Calling Merry Christmas off and on the stage. Mrs. P. stops in doorway L.

Mrs. P.—Now, Daisy, dear, don't be long. There are only a few things left to do here, but there are hun-dreds at home. (Exit Mrs. P.)

Daisy.—I know (To Nina, May and Grace grouped round tree). We are having the whole Gregory family to

having the whole Gregory family to dinner. Nina.—Good heavens! That mob? You must be fond of work. May.—(sorting over box) Oh, girls, look at this box! There's nothing in it but old junk. Grace.—Whew, isn't it awful? Looks like the tail end of a rummage sale. I wonder who sent it? Daisy.—(going over to look) Oh, what a shame! Broken toys, torn books; one mitten, and it has a hole in it! Do you know, I think it would have been better if Mr. Burton had asked people to put their names on their boxes and then they would have been ashamed to send such rubbish. Nina.—(who has been very uncomfortable) Oh, well, it's here now, so I suppose

Oh, well, it's here now, so I suppose we may as well wrap the things up. See, I have three finished already.

(Hangs them on tree). Grace.-Oh, here is a dandy box-

Daisy.-

race.—Oh, here is a dandy box— perfectly good sweater. Why, Daisy Patterson, it's yours! 'aisy.—(wrapping busily). I don't need it. I'm learning to knit and I can make myself another. I'd like to mark it for Alice Gregory, if nobody minds. She has such bad rheumatism.

nobody minds. She has such the rheumatism. May.—Sure, let's give it to her. Wont she be tickled? (Puts in card). (Soft music off stage. A CHILD ap-pears at window, smiling. Daisy lis-



good throat tablet! Singers who have used Peps say there is nothing can equal them for the throat

and voice. Mr. Wm. C. Hill of King and Locke Sts., Hamilton, writes: "For years I was troubled with a huskiness in my throat when singing, which nothing I tried could relieve until I used Peps. Now, before singing, I dissolve a Peps pastille in my mouth and it keeps my throat and voice perfectly clear " clear."

Peps are the wonderful breathe-able cure for sore throat, bron-chitis, asthma, coughs, colds, laryn-gitis, etc. 50c a box, 3 for \$1.25. All dealers or Peps Co., Toronto.



just 30 packets of beautiful Christmas, Greeting, Fancy and Pairiotic postcards at only 10 cents a packet. You can sell them casily. Everyone buys these cards-they to the cream of the finest printed. Radiant, partling decorations beautiful, ich color-all popu here in the creater of the finest printed. Radiant, parkling decorations-beautiful, rich colors-all popu-lar, new designs. Every card a gem-you just show them and take the money. People always buy lots of postcards-more than ever now to send to the soldiers. Fred. Runge, South Edmonton. Alta., says, "I sold \$5 worthin one day." It will be just as easy for you! Then send us the \$4 and we will immediately send your watch. Show it to your friends, get only 4 of them to earn a prize as you did and the real Model Machine Gun is yours too, without a cent to pay. Don't delay-write now. In 20 years we've given over \$200,000 in presents. The Gold Mcdal Co. Davy EWI - Toronto

The Gold Medal Co., Dept. EWI - Toronto You Can Have Beautiful Eyebrows and Lashes by applying "LASH-BROW INE" inghty. It nourishes the eye-brows and lashes, making them long, thick and luxur-your beauty, charm and at-tractiveness. "LASH-BROW INE" is a guaranteed pure and harmless prepara-ion, used successfully by thou-ands. Send 50c and we will mail your beauty booklet prepaid in plain sealed cover. Beware of worthless initations." Maybell Laboratories, 4008K Indiana Ave., Chicago

WITH THE GIRLS AT COLLEGE (CONTINUED FROM PAGE 33)

her fork or spoon when all have finished at each course. It depends upon her too, to keep the conversation general.

"Make-Believe" Eating

THE first course was cocktail. The maids brought in one at a time from the serving-room, serving first the hostess, then the one to her right and so on around the table. But we, alas!—had only the dishes, with no cocktail in them! We went through

we, alasl—had only the dishes, with no cocktail in them! We went through all the motions of eating and although it seemed absurd at first we soon entered more into the spirit of the thing. I was glad we had some water to drink; that, at least, was *real*. The maids soon whisked away our dishes of the first course, removing from the right.—By the way, Miss Weir our lecturer in Household Ad-ministration says that authorities differ on this point. Some say that all placing and removing should be done from the left, some say place at the right and remove from the left. But Miss Weir prefers to have both placing and removing done with the right hand and at the right side of the guest. In this way the waitress can use her right hand for the work and still stand behind the guest's chair. Of course in holding a dish from which a guest is to take a serving, it must be offered at the left. The soup course came next. We had a niece of bread the regulation

The soup course came next. had a piece of bread the regulation size—two and one-half inches by one and one half inches by one inch, to eat with our imaginary soup.—The bread was *real*, also, and had reposed on the napkin at each cover before the

on the napkin at each cover before the guests came to the table. It was lucky that there was no soup in the soup plates, for the waitresses were so nervous and their hands shook so that someone's dinner gown would surely have been ruined had there been any soup to spill. As fish course followed soup, and roast and vegetables came next, fol-lowed by game, entreé, salad, dessert and fruit we enjoyed the fun more and more. When the waitresses were crumbing the table after the salad course had been removed we tried to make them laugh. We were laughing hilariously at the slightest provocation hut of course they did not dare even to smile. to smile.

Placing the Silver

FOR each course after the fourth For course the silver was placed sep-arately, the forks or spoons were carried on a little silver tray and placed before placing the dish belonging to that course

course. "Here come the bird-baths," said my partner when the finger bowls appeared.—She had been playing the rôle of English society man all through the evening and pronounced it "bawths." Salted nuts and mints had been on the table from the first. We had each given a few cents toward buying them and it was money well spent for

each given a few cents toward buying them and it was money well spent for they helped to relieve the strain between courses. Whenever we took a few nuts or a mint some of the girls among the spectators would groan just loudly enough to be audible. I honestly think that we girls at the table had more fun out of the evening than anyone else did. The after-dinner coffee served in the little high cups which the waitresses

The after-dinner coffee served in the little high cups which the waitresses brought in four at a time on a tray was so black and so strong that I felt sure I would never sleep that night. The coffee finished, our hostess rose and we did likewise. Most of the girls gave a sigh of relief, for an hour is a long time spent in watching endless dishes come and go.

Any Questions?

THEN Miss Weir announced from

THEN Miss Weir announced from the platform that anyone might ask any questions about the dinner that had just been carried out One question asked was, "Is the hostess always served first?" Miss Weir replied that the object in serving the hostess first is that she may see each course before it is served to any of her guests and know that everything is just as she wishes it.

of her guests and know that everything is just as she wishes it. The bell was ringing for ten o'clock by this time, which meant that all the girls must retire. Miss Weir took our class to her little sitting room, where around a cozy open fire we talked over the whole affair. Although it seemed like a farce it had really been quite worth while and will help us to face formal occasions without fear and face formal occasions without fear and trembling when we leave school.

EVERYWOMAN'S WORLD FOR NOVEMBER, 1917 37



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THE ALPINE PATH (CONTINUED FROM PAGE 25)

through the heart of the mountain. "Stirling and Abbey Craig on Friday, have seeped with romance. Yester-day we came to Berwick to spend a we came to Berwick to spend a the Marmion country. Mr. M. and Miss A. came with us. Berwick is a most quaint, antiquated old town. M. and Miss A. came with us. Berwick is a most quaint, antiquated old town. M. and Miss A. came with us. Berwick is a most quaint, antiquated old town. M. and Miss A. came with us. Berwick is a most quaint, antiquated old town. M. and Miss A. came with us. Berwick is a most quaint, antiquated old town. We all went for a walk along the Spittal went for a walk along the Spittal but so like the Cavendish shore that is a most we bitterly homesick."

"Carlisle, August 20. WE are spending Sunday in Carlisle perforce, since we could not get any farther last night, owing to the big railway strike which has been paralysing Britain this past week. At Berwick we did not suffer from it, nor heed it. We let the outer world go by and lived in realms of romance where ferry boats and shank's mare were the only desired means of loco-motion.

where terry boats and shank's mare were the only desired means of loco-motion. "Last Monday we went to Holy Island and explored the ruins of the old Abbey which was the scene of *Constance de Beverley's* death in 'Mar-mion'. We had an enjoyable sail down to Holy Island but the return home was sadly different. It was quite rough and how that wretched little steamer pitched and rolled! Both our gentlemen became so over-come that they had to retire temporarily from the scene, while Miss A. and I fought off surrender only by a tremen-dous effort of will and would have suffered less I think if we had just allowed ourselves to go! "Luckily seasickness is never fatal and next day we were all ready for an excursion to Norham Castle, a very ruinous ruin.

ruinous ruin.

ruinous ruin. "Growing all over the grounds was a little blue flower which I never saw anywhere else save in the front orchard of the old home in Cavendish. Great-grandmother Woolner had brought it out from England with her. It gave me an odd feeling of pain and pleasure mingled, to find it growing there around that old ruined Scottish castle which seemed to belong so utterly to another time and another order of things. We walked from Norham to Ladykirk and then back by the Tweed. When we grew tired we sat down on its bank and dreamed dreams. What meeter place could there be for dreaming than the twilit banks of Tweed? "Next day we went to Flodden Field. It disappointed me unreason-

could there be for dreaming than the twilit banks of Tweed? "Next day we went to Flodden Field. It disappointed me unreason-ably, it was all so peaceful, and harvest-hued, and agricultural. I felt as aggrieved as though I had had any right to expect to see a mediaval battle being fought under my eyes. "Thursday afternoon we had a delightful little expedition to Home-cliffe Glen and its deserted old mill. It might serve as a scene for a ghost story. In the midst of the ravine we came upon a clump of spruce trees literally loaded with gum, the first I had seen since leaving home. Spruce gum and the delights of picking it seem quite unknown in Scotland. We spent a half-hour picking it. To me and my husband the gum tasted delicious, but neither Mr. M. nor Miss A. liked its flavor declaring it was 'bitter'."

"York, England. August 27, 1912. www.went to Keswick LAST Monday we went to Keswick and stayed there until Thursday. It is impossible to exaggerate the beauty of the Lake District:

'The haughtiest heart its wish might bound Through life to dwell delighted here.'

"And then it is so interwoven with The very spirit of Wordsworth seems to haunt those enchanted valleys, those wild passes, those fairy-like

lakes. "Monday afternoon we took a Monday atternoon we took a coach-drive around Lake Derwent-water. All was beautiful. An inter-esting sight was the Castle Rock, which figures as the magic castle of St. John in Scott's 'Bridal of Triermain.' There is only one point where the resemblance to a castle—said to be very striking—can be seen, and we were not fortunate enough to see if were not fortunate enough to see it

Rat Bis-Kit

the house. Rats will eat it, die outdoore

The Rat Bis

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cuit Ce Id. Ohie U.S.A.

"Tuesday we went to Buttermere Lake; Wednesday we motored for eighty miles around Lake Windermere.

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"Russell Hotel, London. September 18, 1912. So much has been crammed into this past fortnight that the So much has been crammed into this past fortnight that I have a rather overfed feeling mentally. But when time is limited and sights un-limited what are harassed travellers to do? The British Museum, the Tower, Westminster Abbey, Crystal Palace, Kenilworth Castle, the Shake-speare Land, Hampton Court, Salis-bury and Stonehenge, Windsor and Parks and Gardens galore! "Our hotel is in Russell Square, the haunt of-so many of the characters in

"Our hotel is in Russell Square, the haunt of so many of the characters in 'Vanity Fair.' One expects to see Amelia peering out of a window looking for George, or perhaps Becky watching for Ias

(CONCLUDED ON PAGE 40)

Mr. Edison's Wonderful New Phonograph

For years, the world's greatest inventor worked night and day to make the music of the phonograph true to life. At last he has succeeded. Now that you can get THE BEST on the wonderful offer below, you need no longer be satisfied with anything less than Mr. Edison's great instrument. Just read below how easily you may have the genuine New Edison in your home.



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If, after the free trial, you decide to keep Mr. Edison's superb new instrument, send us only \$1.00. Pay the balance on easiest kind of monthly payments. Think of it! A \$1.00 payment, and a few dollars a month to get this wonderful new style outfit—Mr. Edison's great phonograph with the Diamond Stylus reproducer, all the musical results of the highest price outfits—the same Diamond Amberol Records—yes, the greatest value for \$1.00 down, balance on easiest monthly terms. Convince yourself—free trial first. No money down, no C. O. D., not one cent to pay unless you choose to keep the instrument. Send coupon!

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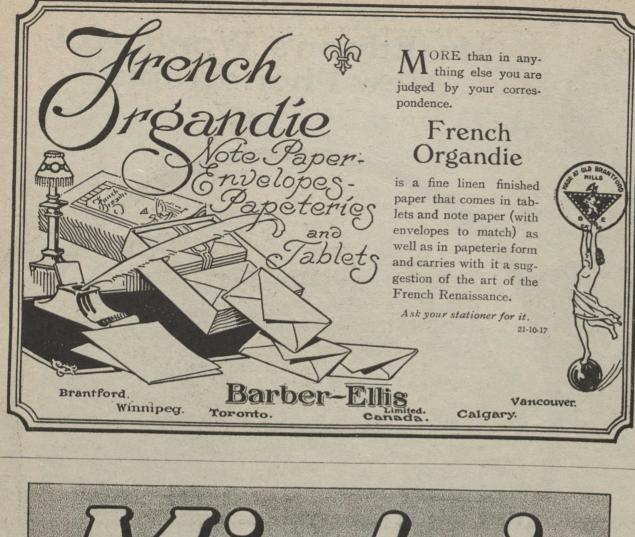
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Happiness is life—and real happiness is found only in a real home. And by a real home I do not mean a house with a yard or farm around it. Oh, no! A real home is the place where the appy and united family gather together for mutual movement and recreation. And the Edison makes this possible, for it stands supreme as the greatest home metrianer. It will mean more than entertainment and merriment, more than an hour of anusement, yes, t will mean genuine pleasure of the masting sort—beloul entertainment and culture of the most beneficial



Entertain Your Friends Get the New Edison in your home on free trial. Entertain your family and friends with the latest up-to-date song hits of the big cities, Laugh until your sides ache at the funniest of funny minstrel shows. Hear the grand old church hymns. Hear the crashing brass bands, the waitzes, the two-steps, the soles, the duets and quartettes, the two-steps, the soles, the duets and quartettes, the two-steps, the soles, the duets and quartettes the two-steps, the soles, the duets and quartettes invoted by the tender, sweet harmony of quartettes in those old melodies that you have heard all your the sole of any kind of entertainment. All on free yind. Then, after the trial, send the outfit back at our expase if you chose. Or keep it on our great rock-bottom offer. Send the coupon today!

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THE GOLD MEDAL CO., Dept. E.W. 15

post cards at only 10 cents a packet. You can sell them easily. Every one buys these cards—they're the **Cream** of the finest printed. Radiant sparkling decorations —beautiful rich_colors—all popular, new designs. Every card a gem-you just show them and take the money.

People always buy lots of post cards - more than ever now to send to the soldiers. Mrs. A. M. Bonner, North Sydney, C.B., N.S., says: "I sold \$3.00 worth in just two afternoons, please send me \$4.00 worth in more." You can do the same! Then send us the \$6.00 and we will immediately send the tea set. Write now-don't delay. In twenty years we have given over \$200.000 in presents.

TORONTO, ONT.

THE ALPINE PATH

(CONTINUED FROM PAGE 38)

"Our afternoon at Kenilworth Castle was a delight. Of course, we had to be pestered with a guide; but I succeeded in forgetting him, and roamed the byways of romance alone. I saw Kenilworth in its pride, when aspiring Leicester entertained haughty Elizabeth. I pictured poor Amy Robsart creeping humbly into the halls where she should have reigned as Mistress. Back they thronged from the past, those gay figures of olden days, living, loving, hating, plotting as of yore.

"Last Thursday we went to see the Temple Church, in the grounds of which Oliver Goldsmith is buried. The church is a quaint old place, set in a leafy square which, despite the fact that Fleet Street is roaring just outside it, is as peaceful and silent as a Cavendish road. But when I recall that square it is not of the quaint old church and ! Poor Noll's grave that I shall think. No, it will be of a most charming and gentlemanly pussy cat, of exquisite manners, who came out of one of the houses and walked across the square to meet us. He was large and handsome and dignified, and any one could see with half an eye that he belonged to the caste of Vere de Vere. He purred most mellifluously as I patted him, and rubbed himself against my boots as though we were old acquaintances, as perchance we were in some other incarnation. Nine out of ten cats would have insisted on accompanying us over to Oliver's grave, and perhaps been too hard to get rid of. Not so this Marquis of Carabas. He sat gravely down and waited until we had gone on, seen the grave and returned to where he sat. Then he stood up, received our farewell pats, waved his tail amiably, and walked gravely back to the door from which he had emerged, having done the honor of his demesne in most irreproachable fashion. Truly he did give the world assurance of a cat!

"We sail for home next Thursday on the Adriatic. I am glad, for I am replete with sight-seeing. I want now to get back to Canada and gather my scattered household gods around me for a new consecration."

AS my husband was pastor of an Ontario congregation, I had now to leave Prince Edward Island and move to Ontario. Since my marriage I have published four books, "Chronicles of Avonlea," "The Golden Road," "Anne of The Island," and "The Watchman," the latter being a volume of collected verse.

The "Alpine Path" has been climbed, after many years of toil and endeavor. It was not an easy ascent, but even in the struggle at its hardest there was a delight and a zest known only to those who aspire to the heights.

"He ne'er is crowned

With immortality, who fears to

Where airy voices lead."

True, most true! We must follow our "airy voices," follow them through bitter suffering and discouragement and darkness, through doubt and disbelief, through valleys of humiliation and over delectable hills where sweet things would lure us from our quest, ever and always must we follow, if we would reach the "far-off divine event" and look out thence to the aerial spires of our City of Fulfilment.

THE END.

His Experience

The pert elevator boy in the big hotel was airing his views to a passenger on the proper conduct of children.

"What do you know about it?" laughed the passenger. "You're not married, are you?" "Well, no," replied the boy, as he flung open the gate on the top floor for his passenger to step out, "but I brought a good many families up in my time."

Little Things In Milady's Boudoir

By MURIEL P. JOHNSON



HAD all kinds of admiration for the women who voluntarily made a wartime economy on clothes, but my heart was just spilling over with sympathy for those who HAD TO.

But I made one vow, and that was: that as long as I had to knit opposite an eighty-five dollar creation of transparent fluff, trimmed with a bead, I would'nt be a frump.

So I sat me down in a chair for a little retrospection of old methods, and a perfect brain-scooping process about new ones.

The Old Way

THE Autumn . . . Let me see! What do I need? A suit and hat, a coat, a pretty gown or two-hand them over to a good dressmaker. Shoes, two or three shirtwaists.

A month later. Why didn't I get a gown that would do for more occasions? Forced into it-another gown.

Gazing into a shop window, "What a pretty blouse!" . . . Another blouse! And so on, until I had collected clothes out of style for next year, and too good to throw away.

The New Way THE Autumn . . . What can I do without! Just so much money until next Spring. Then I plan and buy, and after that I indulge in the act of spending on clothes only twice, i.e., in the Spring when the styles are set, and the early Summer.

I avoid extremes. What are the chances on the material in that blouse as a "make-over" for next year, with an up-to the-minute collar and some dainty cuffs?

I looked up an inexpensive dressmaker-you can always find one. She had not one suggestion to offer, but when I had pinned and demonstrated and talked and talked, she would do exactly as I said; and I found after I had studied my points, that I was a great deal better off financially than under the old system.

Shoe Trees

CONSTANTLY changing fashions in shoes make shoe trees come high. Crunch up tissue paper and stuff each shoe from the toe to the instep. This will shape to the shoe, is light for travelling, and, provided it is inserted while the shoe retains the warmth of the foot, will iron out the creases on the vamps, retaining for the shoe that new appearance.

My Scrap Bag

EVERYBODY has one, but I have yet to see one that isn't a complete jumble. It is surprising how old trimming cleaned, or washed and pressed can look, when you pick it out of a bag labelled and parcelled in some white tissue paper. The frills off underclothes, domes, buttons, hooks and eyes are annoying to rip off, but it is truly astonishing how they will save the pennies.

New Window Blinds

A RE your boudoir blinds ragged andfrayed? Turn them upside down, first ripping out the hem which holds the stick. This gives the additional length necessary when a hem is made at the other end of the blind.

Bedroom Slippers

WHEN your colored satin evening slippers look shabby, clean them with gasolene, take off the heels, make some colored ribbon pompons, and use them for bedroom slippers.

When your handkerchiefs become frayed and worn, cut off the initials and applique them on your underclothes.

New Corsets

I SURREPTITIOUSLY went to confide a brownish-black split-up-thesteels pair of corsets to the scrap-heap, but I was caught in the act. My hostess quietly took them from my hands. She made some thick suds in hot water, dumped in half a package of borax, swished round the corsets, and left them over night. In the morning she put in fresh suds, scraped hard with a nail-brush, rinsed, blued, and hung them in the sun, making frequent trips with the brush and strong solution of borax and water to touch up the yellow spots. Dried, stiff and white, she basted on patches of pique three inches over the size of the tear, and delved into her scrap-bag for a new top piece of embroidery. I was in ten dollars, because I did it again twice.

Pressed and Spotless

BI-WEEKLY applications of my gasolene bottle, my iron, a damp piece of unbleached factory cotton, a sleeve-board-and my clothes look fresh and new. Notice the sleep-inyour-clothes appearance of half the women you know.

Taking Care of What I Have

I ONCE had a quick, but illumina; ting glance into the wardrobe of the best dressed woman I know. There were no run-over heels on those shoes lined up on the floor, and they were mirror-like. A box filled with polishes and well used buffers bespoke the shoe-shine self-adminsitered with frequency and gusto.

No clothes were hung on top of each other, helter skelter in that wardrobe, every little shirtwaist had a hanger all its own, and over the "very best," neat cotton slips. Here before anything brushable is hung up, the dust is briskly taken off, not allowed to sink in and probably remain on because of the hasty grab next day.

Habits

THE home dyeing habit pays. Try for a one color tone, spats, gloves, hat pipings-looks expensive, but it isn't. Have a neat, cheap working dress, and stick to it for work. Never wear a suit skirt in the house-keep it for the street, thus avoiding "knees," and a worn out skirt with an unusable coat.

My Head

NOT a mess of hair, nor a neat hard pack. I scorn not/ wire curlers, iron wavers nor hair nets. I educated my hands and trained my hair after many try-outs on the different styles on the fashion page. An up-to-date head can carry off an out-of-date gown with the most perfect sang froid in the world. Yes, there were a million grimaces and I can'ts," but-

Give the "I can" attitude a chanceit always wins.

5 Breakfasts For the Cost of One

Do you know that most breakfast meat dishes cost five times as much as Quaker Oats, measured by nutrition? And that eggs alone cost six times as much for the same amount of food units?

The average mixed diet costs four times as much. Pound for pound, round steak and chicken have less than half the nutrition of oats.

Beef supplies, in lime, phosphates and iron, not one-fifth so much as oats.

As a balanced food, the oat stands supreme. Also as a vim food and a food for growth.

Also as a flavory and inviting cereal dish.

Serve oats liberally and often. They will minimize your food cost, and your folks will be better fed.



The Luscious Oat Flakes

For extra flavor, insist on Quaker Oats. These flakes are made from queen grains only-just the rich, plump We get but ten oats. pounds from a bushel.

Omitting the small grains makes them doubly delicious. Yet they cost no extra price.

Use them also in bread and muffins, in cookies and pan-cakes. Use them to thicken soup. The Government is urging every housewife to help conserve our wheat, and this is one way to do it.

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An Aluminum Cooker for \$1.00

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Address The Quaker Oats Co., Premium Department Peterborough, Canada (1723) Saskatoon, Canada



HOW CHRISTMAS CAME TO NINA (CONTINUED FROM PAGE 36)

- (CONTINUED FROM PAGE 30)
 Daisy.—I say, girls, I'm so happy, something inside of me is just singing! I'd rather give presents than anything, wouldn't you?
 Nina.—I think we ought to give thoughtfully, though. Now, look at you—suppose you take cold going without a sweater.
 Daisy.—Oh, we can always find excuses, if it comes to that. It's a fine SLACKER'S trick—that excuse business. And there are dozens of different kinds of slackers, too—not just men who wont go to fight.
 Grace.—Gee, Dais, I never thought of that. I wonder if I'm one. Yes, sin of mittens at home only for one teeny, weeny hole that I've been too lazy to darn. Here goes—(lakes miltens from her pile of wraps) I'll give these new ones to Frances Gregory and mend the others.
 Daisy.—(kissing her) Oh, are you
- bits to Frances Gregory and mend the others. Daisy.—(kissing her) Oh, are you sure you want to, Gracie? Grace.—The surest ever—listen, what's that?
- (Music again, a little louder. If pos-sible show a faint rosy light at window, as a CHILD looks in, smiling).
- Nina.—I don't hear anything. You've got that singing germ of Daisy's. May.-Well, I've got to give some-thing—(takes off hair ribbon. Wraps it up and lays it with the other things.) Daisy.—Oh, aren't we having fun? Enter Mrs. P. dong I Enter Mrs. P. door L.
- Mrs. P.—Well, girlies, all finished? I have coated and hatted and good nighted all the little people and now
- I am ready to go home. May.—It's been great fun. Grace.—I should say. Daisy.—I told you it would.
- (They all put on their wraps, except Nina.)
- Nina.—Mother is coming back for me. She told me particularly to wait here. Mrs. P.—Oh, dear child, we can't leave

- She told me particularly to walt here you here alone.
 Nina.—(hurriedly). Oh, I don't mind. Truly! She won't be long, now, and I can finish these few things. I'd like Mrs. P.—Why, where did your mother go at this time of night?
 Mina.—She went to do some—er—Mrs. P.—Well, I hate to leave you—Nina.—(half pushing her to the door). But you need not. I'll tell mother you wanted to stay. Good night Mrs. P.—(and girls kissing Nina) Good night and Merry Christmas to-morrow.
 Exit, door R.
- Exit, door R.

to-morrow. Exil, door R. Nina.—closing door) Thank goodness they didn't wait. I would have felt kind of cheap if mother had walked in with that kitchen outfit. Oh, I just hope she buys it—I wish—I so much in all my life . . . I've got coat, disclosing another box) Why. here's another box (brings it down to bag_and—a doll's trunk! Why, my stars, it's Daisy Patterson's (sits on isn't she a silly thing to be giving mere's the key, and it's just full of Cothes. . . Um—m—how lovely! Fut still, it isn't so awfully wonder-her learn to sew, and she can makes plenty more. Oh, what a ducky beads (puis them on) and a string of weeny mirror (admires herself)... Oh, I say, why can't I wrap these up and put my name on them? That's things, even if she didn't think they were good enough and I can give her a present besides. I'll do it (com-mences to wrap the things). (Darken stage if possible. Sobbing Not

(Darken stage if possible. Sobbing heard off stage.)

heard off stage.) Nina.—Oh, it feels queer in here. ... It seems darker. ... Is that some-body crying? Oh, dear, I'm afraid (stands in center of stage, and sings loudly. ("Yield not to temptation, for yielding is sin" (sobbing outside helps a lot, specially hymns. (Sits on floor again. Pause as though lost in reverie.)

Enter very slowly from door R. A CHILD. Advances to centre of stage and looks down at Nina, who is uncon-scious of her presence until she speaks. (CONTINUED ON PAGE 44)

WHERE LEADERS OF MEN ARE TRAINED

(CONTINUED FROM PAGE 34)

and they have not been overlooked by the staff of the C.T.S. Sports play a very large part in the activities at Bexhill. An inter-company baseball schedule is played, tennis tournaments are held, and toward the end of the course a large meet is held for field sports. Athletics help, not merely to develop physique and bearing, but to bring about a corps d'esprit within the companies. A cup is given to the company with the best record in drill, smartness, athletics, and general interest in C.T.S. activities. Competition is very keen and slackness on the paic of individuals is checked up by the rest of the company as well as by the instructional officers.

The result of all this unusual system of training is a most remarkable keenness. After a month at Bexhill a C. T.S. man can easily be picked out in a crowd of soldiers by his smart saluting and "snappy" bearing. Everyone has seen officers wandering along the streets in a casual sort of way, acknowledging salutes with an airy wave in no particular direction. When you see one who walks at 140 paces to the minute and salutes as if an electric shock had gone through his arm you will know he is one of "the Bexhill lot."

Best in England

INSPECTING Officers from the Imperial Forces have not been slow to recognize the fact that this Canadian institution is now the best military training school in England. Brigadier-General H. C. Lowther, Chief of Staff to Field-Marshal Lord French said, after watching a nearly finished C.T.S. class, that if such results could be obtained in two months at Bexhill he thought that the course of four months at Imperial Schools was unnecessarily long. U.S.A. Army Officers have had their eyes opened. Colonel Hersey, Chief of Staff to Major General Pershing, U.S.A. Expeditionary Force, said, "Had I not seen for myself, I would never have believed that men from the same Continent as ourselves could be imbued with such keenness and cheerfulness in drill and work. This School has been like an inspiration to me, and has given me a basis upon which to model any instruction necessary for our own Expeditionary Force." Such praise does not come lightly from trained soldiers and it. reflects unbounded credit on the adaptability of Canada's civilian army. The army that learned to fight before it learned the underlying principles of military training has now produced a system of training that is second to none in the world.

The Higher Command has brought about a similar improvement of discipline in all Canadian Forces, both in England and at the front. Part of this change has been due to the influence of Bexhill, the rest is due to the spirit of determination to master the art of being a soldier that pervades the whole Canadian Expeditionary Force. So that now the Canadian Corps at the front is not merely what it has always been, a top-notch fighting unit; the best trained, best disciplined body of men in the world.

* * HER REASON

A photographer had taken a portrait of a young woman. After an examination she took a dozen of them. A few days later she entered the photographer's studio with the dozen

photos. "What!" exclaimed the photographer in dismay. "Bringing them all back? Why, I thought they were very successful." "Oh, yes," she said, with a smile, "they are successful. I only want you to touch out the ring. I have a new young man."



Get the Burlington Watch Book by sending this coupon now. You will know a lot more about watch buying when you read it. You will be able to "steer clear" of over-priced watches which are no better. Send the coupon today-now-for the watch book and our offer. Burlington Watch Company 138 - 289 Cariton Street - Winnipeg, Manitoba

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What Did Little Mary Plant? BRUSSELLS **TELL US AND** Win a Motor Car, Piano, Pony Bicycle, Phonograph Range, Watch, Sewing Machine HE'S MY GEE! THATS A COUSIN Etc., Etc., Etc., Etc.

1

What vegetables do these pictures represent?

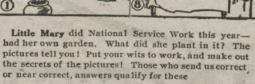
NO MONEY REQUIRED TO ENTER

ENTER You do not have to pay a cent, or buy anything, to enter this in-resting contest, and to qualify for one of the Big Prizes. All you have te do is to send in your answers. Then you will be promptly told how correctly you have solved the pictures and whether you have qualified for an op-portunity to win the Big Prizes (full list on request). Also you will receive post free a copy of "RURAL CANADA for Women, "the new magazine for women, and will be asked to show your copy to soome of your rural friends or neigh-bours, to make them acquainted with and interested in it.

It and interested in it. The Prizes will be awarded to the duly quali-field contestants whose entries have the greatest number of correct or nearly correct, names, which are considered by the judges to be the neatest and best written (proper spel-ing, punctuation, etc. The Competion is open to all persons over 10 years of age-men and women, boys and girls. All members of a family or household may compete but not more than one prize will be awarded any family or household. Bo send along your entry, and try for one of the 50 Big Prizes. YOU may win the \$750 car or the piano. or the pony.







BIG PRIZES

1st prize-1918 Chevrolet Touring Car, com-pletely equiped - Electric self-starter, \$750 electric lights, speedometer. etc.; value \$750 2nd prize-Sweet-toned Ennis Piano; value \$350 8rd prize-Lovable Shetland Ponyand Cart; value \$100

4th prize-Gilson Gas Engine (or cash) 5th prize-Famous Clare Bros, High Oven Range(or cash) 6th prize-Singer Sewing Machine (or cash)

7th prize-Standard Cream Separator. 8th prize-Hoosier Beauty Kitchen Cabinet (or cash)

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you see Minis in Origi: looling isst dance for joy when forgeous see! Consense an exquisite camee sterling silver ring-looks like plathum; he heautiful rolled gold, patrichie 'CANADA'' brooch; a pair of bewitching rose-bud earings of a keep red-rose color; a bottle of Colgate's rich, fragrant perfume in Monad Violet, Dachylis, Caprice, Cashmore Bouquet, and La France Rose scents, an excellent oval, art back mirror and last and best of all a splendid 3 piece manicure set with manicurs file, cuticle knile and button hook. **8 entrancing presents given absolutely free** for seding jung 20 packets of beautiful Chr.stmas, Greeting, Fancy and Patrichie postcards at only 10 centing a main the seding jung Patrictic postcards at only 10 cents a packet. Yan can sell them easily. Everyone buys these cert. You can the cream of the finest print. Radiant, parking decorations-beautital, rich colors-all popular, new designs. Every card a second popular, new decorations—beautiful, rich colors—all the black new designs. Every card a genn=you just zhou is a new and take the money. People always buy hole of postcardss-more than ever now to send to the soldiers. Lula Thorsteinaon, Clanwilliam, Man, says: 'I sold so worth is Pours. They went like hot cakes.' You can do the same! Then send us the \$3 and we will immediately send this matchless outfit, just as shown in the picture, postpaid. In 20 years we have given away over \$200,000 in presents. Don't delay --write now and be first in your town to get this grand big spices combination.

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HOW CHRISTMAS CAME TO NINA (CONTINUED FROM PAGE 42)

Child .- May I rest here a little, and

Child.—May I rest here a little, and get warm? Nina.—Oh! You frightened me. Child.—I am sorry. (totters and sinks to the floor). Nina.—(amazed but offering no help) Why, what's the matter with you? Child.—It's nothing. I saw a light— I was so cold—Oh, what a beautiful tree.

tree. Nina.—Yes, I decorated it—a good deal of it. All of us sent things for it and to-morrow they'll be given

it and to-morrow they'll be given away. Child.—It must be pleasant to be able to give. There don't seem to be very many presents though. Nina.—Well, perhaps there are not quite so many as when the Sunday School bought them, but you see we've already given away most of the things we don't want—I mean we've had to send things to Belgians and Poles and—er—people. Child.—(sadly) Ah, yes, Belgians and Poles and—people. Nina.—We sent money to the Polish War sufferers and you should have seen the boxes we sent to the Bel-gians.

gians. Child.—And you should have seen their need for them. . my poor little innocent brothers and sisters. Nina.—Have you been in Belgium?

Nina.—And Poland? Child.—Yes.

Child.—Yes.
Nina.—Why did you come to Canada?
Child.—Because I could not bear to be a burden to them over there. They have so little and they give so much. I thought I could find a home in Canada. It is wealthy. But people hardly look at me; some of them turn from me. I believe they want me to die.
Nina.—You ought to go to one of those Homes for Poor Children.* They would take care of you.
Child.—I would rather go into the home of a child who has plenty to spare for me—a child like you.
Nina.—Oh, but I haven't plenty. We are very hard hit by the war.
Child.—Iwu did you know?
Child.—Iwu did you know?
Child.—Iwu did you know?
Child.—Iwu did you hated to part with a ring which was too small for you and which would fit your little
Nina.—I don't care. It was a good time. Nina.-Why did you come to Canada?

you and which would fit your little cousin. Nina.—I don't care. It was a good ring—not the kind that gets green after Christmas. I might have worn it on my little finger next year. But I say, how did you know? Child.—(unheeding) And you hoard things at home, offering only such things as no one can use—a single mitten which had a hole in it—did you ever think that the children of the poor have very much less time for mending than you? Nina.—(rising and speaking angrily) What would you expect, you beggar girl? That I would give my best things away? In the first place. mother couldn't afford to let me, and in the second, the clothes wouldn't be suitable.

be suitable. Child.—(sadly) No, you are like so many people who feel that it is not suitable for us to be warm and well-fed and surrounded by beauty. Nina.—Oh, well, if you are begging— Child.—I am begging only for others-not myself. That doll's trunk, for instance. Will you give it away? You have no right to keep it for Nina.—You've been people

yourself. Nina.—You've been peeking and listen-ing! You are a little cheat, that's what you are. Get out of here. Child.—Do you really drive me away— to die—Nina Scott? Think! For with me, will die hundreds of happy little hearts—

Nina.—(amazed) How do you know me, and how did you know about the trunk?

trunk? Child.—I WAS HERE IN ROOM. THE

Nina.—What? (pause while the two children gaze at one another.) Nina.—(speaks in awed voice) Who are you?

Child.—I am the spirit of Christmas, dying in Canada for lack of warmth and food and Love. (She covers her face with her hands and sobs).

Jace with her hands and sobs). Nina.—(rushing to her and embracing her) Oh please don't die. I will take care of you—I will adopt you, won't that be nice? See—I'll share every-thing I have with you, now—my best things. Here's my locket (presses locket into CHILD'S hand, leads her to a chair and seats her). (CONTINUED ON PAGE 52) (CONTINUED ON PAGE 52)

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28

FDWARDSBU

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The Lady of The Emeralds (CONTINUED FROM PAGE 31)

"There are several kinds of store thieves. There is the ordinary klep-tomaniac; the woman who steals 'be-cause it is so easy,' the mentally un-balanced who do not know right from wrong, the woman who steals to adorn

cause it is so easy,' the mentally un-balanced who do not know right from wrong, the woman who steals to adorn her person, and the professional 'lifter.''' Mayhew drew a deep sigh. In which class belonged Clare Wilkins? The next day he called upon her again. She seemed much more cheer-ful. They talked and laughed together over various things, but not once was shoplifting referred to. Each day for a week the young man visited her. Twice she asked him to post letters she had written — fat letters sealed in envelopes he had brought her. She had asked him not to look at the addresses and he had honorably re-refrained, dropping them face down into the pillar-box outside. Several times he had noticed her fingers shrivelled as from washtub labor and she had explained that every second day she had been drafted in to help in the prison laundry. On the second last day before her

day she had been drafted in to help in the prison laundry. On the second last day before her term expired Professor Mayhew's voice trembled as he prepared to take leave. She had told him that he must not come second

again. "You have been very good," she said, handing him back some books he had brought her. "But it is best that we part now. Perhaps, some day, after I have made good, we shall meet again. In the meantime I must go my way." "Not the old way? he begged. "Let me feel I have done you some little

me feel I have done you some little good-Clare."

SHE nodded. Her shadowy eyes seemed to glow. "You have! Oh so much!" she said,

softly

softly. "Thank God for that!" breathed Mayhew and dropping the books he put out his arms. With a little cry she crept into them . . . The warden's sudden knock broke in upon them, in a moment. "Gol Oh go, please!" she entreated, when he would have kissed her again. Mayhew picked the books up, took his hat and left. The next day he broke his promise

The next day he broke his promise and called at the hour she had been supposed to leave. But she had already been allowed to leave.

"No, I do not know her address," said the clerk, "and Wilkins is probably an assumed name. I'm sorry I cannot help you further."

help you further." Mayhew hurried to a drug-store and demanded a city directory. Feverishly he searched for the name of Clare Wilkins. It wasn't there. The lady of the emeralds had dropped out of his life as suddenly as she had entered it. It was the eleventh of September. Mayhew stood before his dresser calendar staring at the numeral which was supposed to be his lucky figure and whose efficacy he had at heart always doubted. Once it had brought him an adventure—true! But as for luck— and love—pouff! He had lost all faith in talismans years ago—at least it scened years

No smile hovered on his face now instead he busied himself dressing for the conversazione at the University. It was opening night.

seemed years.

Professor Mayhew belonged in the atmosphere of erudition and amid the atmosphere of erudition and amid the classical surroundings of an institution of learning, as a twig belongs to a tree. He was no society man, yet he must perforce attend these social affairs now and then. Usually, after the obli-gations of the receiving line had been dispensed, he repaired to a corner where he stood like the figure of a wooden Indian, or more properly, like a statue of a very bored gentleman in a statue of a very bored gentleman in a dress suit.

It was in one of these corners, near a window recess, that along towards midnight he happened to be standing. He was quite alone. He gazed out over the semi-gay throng with unseeing eyes. Then very suddenly, across the retina of his vision there floated a slender form in white, so different from all the other white-robed forms that it arrested his attention directly and he continued to gaze at the young woman who had paused just in front of him.

Even as a great joy began to flood his whole being he noted that about her neck there lay an emerald necklace!

Gropingly he put out a hand. "Clare! Miss Wilkins!" he exclaimed. She looked up quickly and light broke

across her face "My good friend, the Professor!" "We meet again! Fate is indeed ind. You-you are looking well."

kind.

"So are you. And you look a part "So are you. And you look a part of this," she said, with a sweep of her hand. "I suppose you have the usual contempt (though perhaps that's too strong a term) for people who live outstrong a term) for people who live out-side these walls. I confess I feel very small and humble amongst so many intellectual lights."

"But-but how-" he began, and

stopped. "Finish it! How did I make good in ago is it? . . Never mind! I am re-claimed. My feet are set on a straight path once more."

claimed. My feet are set on a straight path once more."
His glance dropped to the necklace.
"Let us sit here in this deep windowseat," he suggested, and they did so.
"You see your efforts were not in vain," she remarked, after a silence.
"But it was cruel—to leave me."
"I—I had to work out my own salvation you know."
"But I—missed you, I suffered. All these long months . . . Oh, Clare!"
An attendant appeared in the aperature of the velvet curtains.
"A letter for you, sir," he said, handing a large square envelope to Professor Mayhew.
He put it into his pocket, absently.
"Read your letter," said Miss Wilkins with a smile. "Yes, please. It may be important."

He hurriedly tore open the flap and, beneath the shaded drop-light nearby ran his eye over the half-dozen lines. Again he read them. "By Jove!" he murmured, wonder-ingly

"By Jove!" he murmured, wonder-ingly. He turned to her. "There's the big clock striking twelve," she observed irrelevantly. "Then it—it came on the eleventh after all!" "What, please?" "My good fortune—to say nothing of my good fortune—to say nothing a firm of lawyers who tell me that a legacy of eight thousand dollars has been left to me by my cousin in Eng-land. I—why I can marry now! Clare, will you marry me?" She looked up at him, gravely.

"After — what I have been?" "After everything!"

"After everything!" "You have great faith in human nature. Do you realize it?" "I realize only one thing—that I love you very much." "Do you know what I am?" He chanced to look at the necklace again. He was conscious of a chill at the heart.

the heart. 'I don't care what you are! I only know that you can make me the hap-

piest-" "I may be a professional crook, you

know." Processional crook, you SSHE paused to watch the effect of SS her words, but she saw only love and great faith in his face. "I don't happen to be *that* though," she went on slowly. "I'm only a news-paperwoman on the staff of *The Evening* Echo."

Echo." He looked at her in perplexity. "I have been on the staff for seven years," she resumed and her eyes were merry now. "Oh dear stupid Professor! To-morrow I will show you an oldish editorial which my chief wrote months ago. It deals with prison reform." In one part it goes something like this: We were determined to find out the actual conditions prevailing in the We were determined to find out the actual conditions prevailing in the women's wing of number six and so our Miss. Wilkins got herself in-carcerated for a period of ten days— there was no other recourse—and what she tells of prison life in her articles on the Woman's Page—' there I'm not she tells of prison life in her articles on the Woman's Page—' there I'm not going to hand myself any bouquets! Those fat letters you mailed for me were some of my reports. Oh, dear, stupid, obedient Professor! If only you had looked at the addresses!"

"Dear, daring little robber! might have given you six months!" "Well—I just had to chance it, you know. Oh yes, and this

Well—I just had to chance it, you know. Oh yes, and this necklace! (I noticed you looking at it more than once). The paper gave it to me as a reward for my scoop. It is the identical one I slipped up my sleeve. I—I just love emeralds!"

In and Around the Shops When Milady Goes A-Shopping in Canadian Stores She Has a Choice of Varied Designs

An over-blouse of velvet to be worn with one-piece frocks



HE French woman has her Paris, the American woman her New York, to which she may look for the ultra note in fashion.

To the Canadian woman,

To the Canadian woman, both of these centres stand for prestige in the matter of style—in fact the whole world looks to them similarly. But few of the votaries of Dame Fashion here have an opportunity to go to either Paris or New York direct for practical, or rather practicable suggestions. Instead they look to Toronto, to Montreal—to Winnipeg—to the larger centres. They trust manufacturers, designers, students of Fashion there to sift the modes of the moment for them

designers, students of Fashion there to sift the modes of the moment for them and to give them only the best. They depend upon "The Shops" particularly at this time of the year, for guidance. They depend upon Cana-dian publications—magazines and the daily press daily press.

So we have gone out, in spirit, with the Canadian woman on a tour of observation, through the Canadian metropolitan stores and we chronicle our "find."

our "find." These are stirring times in clothes. Economy is the underlying theme of dress talk. When we consider circumstances and conditions we do not wonder at it. It must needs be an all-absorbing topic and its many angles, new and rejuvenated, provide many an hour's discussion at afternoon tea and patriotic shower. The con-servation of clothing holds second consideration only to that of foods and resources. resources.

Fortunately the first wild scamper to enlist for patriotism is past. We are taking more time to reach decisions, are striving to find the consistent ways to prove our loyalty and to give our support, and in the matter of economy in dress particularly we are working along decidedly more practical lines.

The Toronto fashion depots have The Toronto fashion depots nave prepared for a rush season. It is their own expression that they are actually scrambling for sufficient supply to meet the demand. This seems strangely inconsistent with economy ideas but the fact is the demand is for conser-vation in both price and design.

The French gowns are here and are tremendously admired and approved. The efforts of those who have taken the French Silhouette and built gowns in their own workrooms, made of Canadian purchased materials, should be commended in an entire chapter.

Paris has laid down the laws of the Paris has laid down the laws of the season. There is no lack of French gowns in this country to-day. Paris says scant skirts to save materials, with just enough simple draping to make them graceful and not unpleasantly severe in outline. This silhouette has been established. Every woman now knows that her skirt is to be narrow and her coat long or short, provided it knows that her skirt is to be narrow and her coat long or short, provided it clings to the figure. She knows that top coats are as important as frocks and that soft materials take prece-dence over stiff ones.

AND colors! Who does not feel perplexed and confused on entering a shop where hundreds of colors are dashed upon the vision and offered as the latest thing? One feels that a gigantic kaleidoscope has been run before the eve before the eyes.

The woman who goes in November to get her new apparel must be guided by the fact that not many colors are really in fashion and not many are available for the woman who has not many social opportunities at which to display a variety of clothes.

display a variety of clothes. To begin at the beginning of the color scheme: Midnight blue holds its own. Black is in demand by those who want to dress well in the afternoon and evening, but it does not hold a high place for street suits or frocks. Dark green is a serious rival to dark blue, and the French dressmakers who exploited it last year are now reaping a reward because the public is accepting it. Know yourself well, however, before touching any tone of green! touching any tone of green!

If you're picturesque, you can wear it in any one of the shades that are variously known as jade, Egyptian

and lettuce. The woman who can wear jade clothes and jewelery has a successful season before her, for many of the best materials are woven in this alluring but difficult tone, and the Oriental shops are filled with bits of offine jade made into earrings, hair-combs and neck-laces. There are fans of peacock feathers with jade stocks and also buckles of this Chinese quartz for slippers. Soft gold tissue gowns are embroidered with jade beads, in the Byzantine

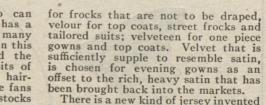
the Byzantine fashion. All these have worked their way west and to-day in Montreal, To-Montreal, To-ronto, Winnipeg, Ottawaand other large Canadian centres they are universally displayed.

RED flickers through the color scheme or bursts upon the vision like the flame from the artillery at the front. It is against the accepted psycho-logy that the colors of war should be exshould be exploited while war

is on. It is better to be sane than foolish when one approaches the sub-ject of red in clothes. The scarlet danger sign should be put over all the counters where red fabrics are placed, and it should be worn by the mannequin who parades in a red gown. It is the color of conflict; it is not the color of peace. The woman who can wear it well is thrice blessed, and she is apart from her neighbors because she is a rare type

color of peace. The woman who can wear it well is thrice blessed, and she is apart from her neighbors because she is a rare type. None of this applies to dark red. No danger sign is needed against the rich wine surface that brings out what is best in a woman's complexion and eyes. These well-known Burgundy shades are offered. They come in duvetyn, serge, satin, velvet and Rodier's weave of the so-called Bolivia cloth, which our weavers are imitating in a successful way. The world has gone on for a century or two feeling that gray is the tone of sadness and that its Quakerish ugliness must be avoided. This season, how-ever, all doubts are dispersed by the superior tones which the dyers have imparted to the various fabrics grouped under the elastic name of gray. There is moonlight gray, artillery gray, granite gray and the gray of London smoke. There is the gray of a New England sea mist, and the tone that one gets from the glitter of cut steel. These are beautiful when combined with Chinese blue, jade and Egyptian green with Mandarin yellow and amethyst purple. Materials just now offer — oh so wide a choice. Serge is good if it is soft, otherwise it should to harred. The funda

Choice. Serge is good if it is soft, otherwise it should be harred. The funda-mental thing is to get the fabric that clings to the figure. Gabardine is chosen



been brought back into the markets. There is a new kind of jersey invented by Rodier, who leads the world of fabrics. It is strong and durable, and is sometimes double-faced with a brilliant color on the inside, which is spar-ingly shown to the public when it is built up into a garment.

into a garment. The Paris dressmakers last spring used stockinette jersey, and ex-perts tell us it has been improved upon and that it is far more effective than satin and strikes a newer

note. Doeuillet has used a good deal of it in his new models; so have Jenny and Premet.

Brocades are more effective because they are not so common. They can be draped into skirts of great dignity.

Mme. Paquin, for instance, takes a rare piece of old black velvet and puts it with a dull red and cream brocade that drops from bust to toes in straight lines and is girdled with a great sash of the brocade.

This autumn a successful conclusion has been reached to the attempts to produce a network of braiding on suits and gowns. All the French houses have adopted this type of trimming as significant of high fashion.

Mme. Jenny of Paris signs her name, as it were, to almost every gown she makes by using a design in soft silk braid that resembles Chinese letters.

Paquin imitates it by using stitched strips of material. Drescoll, Doeuillet, Cheruit and many of the other designers play with the braid as though it were a paint brush.

Chiffon and georgette in colors matching the tailored suits are as

popular as ever and especially when designed with a collar or vest.

One piece dresses are now as estab-lished an article of women's apparel as the shirt waist and many different and interesting phases of the garment are shown.

As to the shirt waist—since its advent in America thirty years ago, the idea has had many innovations added to it—has strayed a long way from the commonplace and inartistic early garments early garments.

In millinery, crocheted chenille is seen in pretty soft crowns. Owing to the fact that chenille can be obtained to the fact that chenille can be obtained in a large assortment of colors there is a wonderful opportunity for effective combinations with velvet or panne of contrasting shades. One of these crochet tams was seen in a Canadian shop, in sand chenille, which was posed on a tiny head size of touquoise panne, bringing out the beauty of the chenille by a smart little beaver cocade at the front. With this is worn a bag using the same com-binations, with the chenille for the main portion and the cuff of the panne trim-med by a beaver band.

TOP coats which are so much in vogue now, especially among mo-torists, were never smarter. Oxford grey camel's hair is very much used in the making of exclusive models. The loose yoke effect is everywhere seen. The yoke is worn only in the back and its fullness is held with large buttons, and is cut in one piece with the belt and pockets. A large gray squirrel collar and cuffs completes the coat.

In the matter of skirts there is one evil that besets the November fashion devotée—the question of panels. They are widely shown but every woman should recognize in them a danger signal.

The question of belts on tunics is another matter of importance. One may call the waist drapery an accessory to the gown, but the artist and the expert dressmaker concede the fact that it is the kind of trifle that makes or mars the whole.

or mars the whole. It is well that every Canadian woman remembers this truth during the remainder of this season. She will find as the months follow that it will take all her ingenuity to deal with the extraordinary influx of belts, girdles. sashes and waist drapery of pleasant and sinister kinds, from our neighbor to the south and elsewhere. Women there will be exercising the same caution.

MODISTES in Montreal and To-ronto especially, whisper that the coming winter season will be one of suits. In Montreal, Ottawa and other points where the thermometer keeps much below zero, these must, of neces-sity, be heavy, fur trimmed and the coats long. In less cold atmospheres they may be more varied.

But never has the demand been greater for suits. A striking model seen recently in one Canadian fashion establishment was of black and Bur-gundy checked broadcloth, with black charmeuse binding.

charmeuse binding. The skirt was fashioned on straight lines showing the soft panel backs. The front panel formed cut-in pockets and extended into a belt which buttoned at the back. The coat was tailored on rather severe lines, with a flaring skirt which gave a tunic effect to the skirt. The bell sleeve was buttoned to the elbow, and a smart narrow black velvet collar added an extremely chic finish.

Controversies rage as to whether the coat of a suit should be long or short, or medium. This should be deteror medium. This should be deter-mined not by actual inches—for a thirty-six inch coat on one woman has an entirely different appearance on another woman-depending on her height.

And so when Milady goes a-shopping in Canadian stores, when she visits Canadian modistes she has all those things to consider. She must know what they have to offer, and knowing, she can choose effectively; choosing effectively she can economize, and economizing she can help out in the spirit of the times.



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Boys and Girls :- You can stand just the same chance as any other boy or girl and can win this little

can make good.

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Patterns are 15 cents each, post paid. When ordering, write very plainly, give name and address, number and size of pattern wanted, and enclose 15 cents for each. Patterns may be obtained from our Pattern Department, EVERYWOMAN'S WORLD, 62 Temperance Street,

For Nos. 9816, 9394, 9576, 9527, 8137, 9552, 9547, 9546, see page 51.



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ty, because no mail order house can afford to have goods returned. The two illus-trations here tell about some very attractive Hal-lam bargains.

har bargains. 1605 — Beautiful Cane, made from specially selected skins. The high specially selected skins. The high specially selected skins. The high specially selected throat and deep shoulder tho r-oughly protect the throat and chest. Silk lining, the best workmanship ond finish through-out. Hallam guar-specially selected to match above. Soft down bed, silk wrist cord, cuffs and ends. Frice \$37.50 delivered to you. 1602-No wind that blows can disturb my ows can disturb my protected by this

Price \$37,50 delivered to 1662—No wind that, blo lady's confort when beautiful full furred Grey Canadian Wolf Cape-very wide on shoulders and across back, fastens closely at the threat, giving greatest comfort and warmth. Finished with natural head, tail and paws, lined with grey corded silk opplin. Yalue un-surpassed. Price \$13,50, delivered to you.

you. 1683—Muff of genu-ine Grey Canadian Wolf to match above —barrel shape, large roomy and comfort-able, finished with head, tail and paws, soft down bed, silk wrist cord, lined with prey corded silk pop-lin. Price \$17,50, delivered to you.



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that can be made serviceable in a greater number of ways, while at the same time it is essentially simple. For the 16-year size will be needed 5¼ yards of material 36 inches wide, 4¼ yards 54, with 7½ yard 36 from the collar and cuffs. The pattern No. 9591 is cut in sizes for 16 and 18 years.

for 16 and 18 years.

Furs and Fur Cloth (CONTINUED FROM PAGE 48)

(CONTINUED FROM PAGE 4) No. 9578-9539 This is one of the frettiest of the new bodices, for it is alone is a fashionable finish, but also a provide the surplice style that not alone is a fashionable finish, but also a provide the surplice style that not alone is a fashionable finish, but also alone is a fashionable finish, but also alone is a fashionable finish of the sub-provide the surplice of the sub-out of the surplice of the sub-out of serge or of silk or velours of heavy satin or of silk or velours and the skirt is made in two pieces with a state back and the bodice with the skirt of yards of any width. The pattern of the bodic with tunic, No 9578 is cut in size with the velours in size from 24 to 36 inches with resours.

Decrees of Fashion for Children and Misses

(CONTINUED FROM PAGE 50)

No. 9316.-GIRL'S COAT, 8 to 14 years. With collar that can be buttoned up about the throat or rolled open with fronts to form revers.

No. 9394.—CHILD'S ROMPERS, 2 to 6 years. With long or short sleeves, high, round, of spuare neck.

No. 9576.—CHILD'S NIGHT DRAWERS, 2 to 6 years. With or without stocking feet. Per-forated for shorter legs that can be left loose or gathered into bands.

No. 9527.-CHILD'S PYJAMAS, 2 to 8 years. With drawers that are attached to under-side of coat at waist line.

No. 8137.-CLOSED DRAWERS, 14, 16 and 18 years. With straight or curved lower edges, with or without frills.

No. 9552.-GIRL'S COAT; 8 to 14 years. With collar that can be buttoned up closely or rolled open with fronts.

No. 9547.-GIRL'S BOX PLAITED DRESS, 8 to 14 years. With square or round collar.

No. 9546.-DRESS FOR MISSES AND SMALL WOMEN, 16 and 18 years. With square or round neck, long, three-quarter or short sleeves.

Price of Pattern, 15 cents.

True!

"I tell you," said Pat, "the ould fri'nds are the best, after all, and, what's more, I can prove it. Whee will you find a new fri'nd that has shtud by ye as long as the ould ones have?'

* * Sweet Revenge

"I got even with the editor last night," said the budding authoress. "He always rejects my manuscripts. But I have had my revenge!" "How did you do it?" gushed the confidential

friend. "I declined his son, with thanks!"

* *

Neuer Again!

As the coach careened toward the edge of the cliff, the timid tourist gazed anxiously down at the brawling stream 300 feet below. "Do people fall over this precipice often?" she asked.

The driver clucked to his horses. "No, madam," he returned placidly, "never but once."

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Co. Down ; extensive making-up factories at Belfast ; and for the finest work, hand-looms in many cottage homes. The following are examples :--IRISH CAMBRIC HANDKERCHIEFS. —Ladies' Linen Hemstitched, from \$132 per dozen. Ladies' Embroidered Hand-kerchiefs, from \$180 per dozen. Gentle-men's Linen Hemstitched, from \$214 per dozen. Khaki Handkerchiefs \$050 to 166 per dozen.

IRISH TABLE AND BED LINEN. Damask Table Cloths, size 2 x 2 yards, from \$192 each: 2 x 2 yards, from \$214 each: 2 x 3 yards, from \$678 each: Damask Table Napkins, fo match, from \$256 per dozen. Linen Sheets, size 2 x 3 yards, from \$1148 per pair. Pillow Cases, size 10 x 30 inches. from \$108 per pair. Embroidered Linen Bedspreads, from \$744 each. Embroid-ered Linen Pillow Shams, from \$118 each. Hemstitched Linen Huck Towels, from \$468 per dozen.

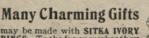
THE IDEAL COLORED DRESS LINEN, non-crushable finish in white and fashionable shades, 36 inches wide, \$048 per vard per yard,

166 per dozen. IRISH COLLARS AND SHIRTS-Our celebrated Linen-faced Castle Collars in every size and shape. \$156 per dozen. White Shifts, for dress or day wear, from \$138 each. Oxford or Zephyr Shirts, from \$138 each. Cellular, \$108. Medum Weight Flannel, \$142 and \$165. Cevlon Summer Weight Flannel, \$118. Heavy Winter Weight, all wool, \$228 each. Size 144 to 164 inches in stock.

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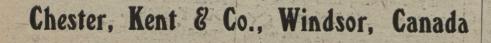
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HOW CHRISTMAS CAME TO NINA

(CONTINUED FROM PAGE 42)

You know it almost seems like a dream (stage grows brighter) but it isn't a dream for I can feel you (kisses CHILD) And my locket isn't here—it's there in your hands. So I'll know by that, that it isn't a dream. Come, you shall have my coat to wear home.

(The CHILD slips Nina's locket into Nina's pocket in view of the audience, but without Nina's knowledge).

Child.—(happily) You will really give me a home? Nina.—Indeed yes—You shall be my sister-Listen-

sister—Listen— (Soft music off stage. Nina goes slowly to joot of tree and takes paper from doll's trunk as though to give it to child, sits down and looks dreamily out into audience. CHILD slips out of door R. A pause until music dies away. Then slamping heard at door R. and Mrs. S. colling off-stage). Nina! Nina! Enter Mrs. Scott, arms full of parcels.

- Enter Mrs. Scott, arms full of parcels. Enter Mrs. Scott, arms juit of parcets. Mrs. Scott.—Good heavens, child. You all alone? Didn't you hear me calling you to open the door? You must have been asleep. (dumps parcels on table). Nina.—(staring round) Why, mother— no, I wasn't asleep—why, where is she?

- ho, I wasn't asteep—wity, where is she? Mrs. S.—Who? Nina.—The CHILD—the poor little Spirit of Christmas—I promised to take her home-
- take her home— Mrs. S.—Fiddlesticks, Ninal You can take some of this stuff home. I bought your precious kitchen outfit, and a pretty penny it cost me, too. But the desk was a real bargain—12 pieces for twenty dollars! Won't it look lovely in my room? Glory, how my arms ache—hurry, now, and get into your things. You have been dreaming long enough. Nina.—(putting on yraps) No. I haven's
- Nina.—(putting on wraps) No, I haven't been dreaming—see my locket is gone . that is the way I can tell— Mrs. S.(shaking her) Nina Scott, if you have lost your locket, I'll punish you well, so you'd better make a good search for it. Now pick up that stove and come on—I'm just about dead. dead.

(She picks up a number of parcels and goes to door. Nina very slowly takes stove and other parcels and carries them to foot of tree, where she lays them with the other toys.)

Nina.—It feels so nice and sort of happy in here—(touching her heart) and doesn't the tree look beautiful? (goes to center of stage to admire it.)

Enter the CHILD from door L. She is dressed in white, like an angel. She glides in and stands beside the tree, smiling at Nina. Music.

smiling at Nina. Music.
Nina.—Oh, mother, mother, look, there she is—did she die, after all?
Mrs. S.—(turning.from door R.) There who is? Don't be an idiot, Nina. Collect your wits and your parcels and COME ON! (Goes out of Door R. without seeing CHILD).
Nina.—(listening to music and watching the CHILD) It surely isn't a dream—I know that the Spirit of Christmas is here—with me. mas is here-with me. I can-

(She starts slowly across the stage toward the CHILD but when about centre, her hand strays to her pocket and she pulls out the locket. She stops and a look of wonderment spreads over her face. She looks from the CHILD to the locket mystified.) Re-enter Mrs. Scott.

Mrs. S.—(speaking very crossly and dragging Nina by arm toward door R. Will you come on or must I carry you—you ungrateful girl? I tell you I'm, tired and I'll drop dead before your eyes, if I don't get my boots off —Come—

CURTAIN.

THE GAME OF FINANCE

Thomas was not the biggest specimen on earth, and, try as he might, and apply as he might, could not succeed in obtaining a situation.

At last a bright idea occurred to him. He would offer his services free for a fortnight. On these terms Mr. Ferguson immediately engaged him.

The fortnight having expired, Thomas nervously petitioned for a "rise." "What is your present salary?" asked Fer-

guson. "Nothing, sir," said Thomas

Mr. Ferguson contemplated the lad. "Well, my boy, yer wages is doubled!" And Thomas was completely satisfied—until he had time to think over the generous offer.

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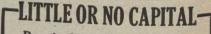
This Big Doll is 15 inches tall, has jointed legs and arms and natural head, hands and feet. The Doll Carriage has steel frame and wheels and the seat, back and hood are made of leatherette. It is 24 inches high and is just the right size for the Big Doll.

for the Big Doll. Just send us your name and address and we will send you bossed Xmas postcards to bossed Xmas postcards to sell at 10 cents a package (6 iovely cards in each package). When they are sold send us you the Big Doll, with all charges prepaid, and we will also send you the Doll Carriage without any charge if you will show your them to sell our Cards and earn prizes too. Send us your name and address to-day so you can get your Doll and Doll Carriage

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Christmas Giving

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IN THE REALM OF BOOKS (CONTINUED FROM PAGE 14)

reads himself wilfully out of his church because he is convinced that by stay-ing in it he will lose his soul through insincerity. Very good. There is nothing new or unusual in that. Righteous men through all ages have refused to profess creeds in which they have lost faith. Their doing so, how-ever, has never necessarily indicated that the creed in question was wrong. "The Soul of a Bishop" is so much a re-hash of "God the Invisible King," that one marvels that the author him-self did not tire of the repetition. The public might be interested once, in reads himself wilfully out of his church

public might be interested once, in Mr. Wells' personal religious ravings, anyone can stand anything once!

On the Edge of the War Zone

By MILDRED ALDRICH. Musson Book Co. \$1.25.

THOSE who have already read Miss Aldrich's "Hill Top on the Marne," of which this is a continuation, will not require any recommendation of this later work. This consists of a series of require any recommendation of this later work. This consists of a series of letters, written to a friend in America and ranging in date from September, 1914 to April, 1917. It is practically a chronicle of the reconstruction of civil life in France in the district swept by the Germans on their march towards Par

Paris. Miss Aldrich succeeds in giving us several vivid pictures of the destruction wrought by the Boche. Of the deliber-ate destruction of Rheims Cathedral, she says:—"Men have come and men have gone—it is the law of being. But the wilful, unnecessary destruction of the great works of man the testimony the wilful, unnecessary destruction of the great works of man, the testimony which one age has left as a heritage to all time—for that loss neither Man nor Time has any consolation. It is a theft from future ages, and for it Ger-many will merit the hatred of the world through the coming generations." Miss Aldrich has much to say in praise of the French "poilu," and the book ends on a note of exultation at the entrance of America into the war. On the whole, this is a worthy contribution to the literature of the war and will re-pay the time spent in its perusal.

Anne's House of Dreams

By L. M. MONTGOMERY.

McClelland, Goodchild & Stewart

<text><text>

Donald and Helen

By R. W. CAMPBELL. Musson Book Co. Price \$1.35.

DESCRIPTION of life in a High-A DESCRIPTION of life in a High-land Regiment, being part of the "Old Army." The story ends with the opening of the present war. With it is interwoven the tale of the rivalry of two officers of the Regiment for the hand of Helen, the beautiful daughter of a Scottish Chieftain. The details of regimental life are interesting, but the book is written in an irritatingly flippant style and interspersed with stale anecdotes, occasionally in some-what doubtful taste, and the principal characters are wooden and unlifelike. Some of the pictures of barrack-room life, however, are picturesque and vivid. life, however, are picturesque and vivid.

NEEDED PRECAUTION

"It would please me very much, Miss Stout," said Mr. Mugley, "if you would go to the theatre with me this evening." "Have you secured the seats?" inquired

Miss Vera Stout. "Oh, come now," he protested, "you are not so heavy as all that."



You cannot burn a candle at both ends without greatly shortening the period of its existence. The same applies to the nerve force -the power which drives the machinery of the body. The supply is limited. The waste resulting from the activities of the day is replenished

When the hours of activity are greatly increased and those of restoration cut down you are burning the candle of nerve force at both ends, and sooner or later nervous collapse must follow. There will be warning symptoms, such as headaches, sleeplessness, irritability, indigestion and feelings of fatigue and depression. If you will

heed this warning take things easier and use Dr. Chase's Nerve Food. You can prevent serious developments.

Fainting Spells—Sleeplessness

Miss Emma Scott, Athens, Ont., writes :-- "Dr. Chase's Nerve Food has done me a world of good. I was troubled with fainting spells, bodily weakness, and spent restless, sleepless nights. I frequently had cramps in the stomach, and would at times become entirely insensible, not knowing what was going on until others told me afterwards. "I doctored with several doctors

"I doctored with several doctors, and they told me I was threatened with paralysis. They gave me relief, but could not cure me. After suffering for three years I began the use of Dr. Chase's Nerve Food, and it has done me more good than all the medicines I ever used."

These letters bring a message of good cheer to all who suffer from exhaustion of the nervous system. They tell of the most successful nerve restorative of modern times-Dr. Chase's Nerve Food. There is new hope and courage, new health and strength for you in the use of this great food cure. It has proved its efficiency in so many thousands of cases that it can scarcely fail to benefit you. Fifty cents a box, 6 for \$2.50, all dealers, or Edmanson, Bates & Co., Limited, Toronto. Insist on getting what you ask for.



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Congratulations to Winners in Percy's Puzzled Contest

E VERYWOMAN'S WORLD ex-tends special and hearty congra-tulations to Mr. Roy McGrath, of Ottawa, and to all the other winners of the big prizes given below, as an-nounced by the judges in the "Percy's Puzzled" Contest.

Puzzied Contest. On August 28th, promptly at 5.30 p.m., the Contest closed. Due consid-eration, of course, was given to letters mailed from distant points bearing the postmark of mailing on or before that postmark of mailing on or before that date. Immediately following, a speci-ally appointed committee, under the instructions of the judges, carefully examined all the entries, eliminating any which were incorrect or which for other reasons did not meat the condi any which were incorrect or which for other reasons did not meet the condi-tions laid down in the rules. All were carefully checked and handed over to the judges, Mr. H. D. Cantlon, and Mr. C. S. Furness, who then made their decisions and announced the awards-their decisions, of course, be-

ing accepted as final. All prize winners have been notified of their success and their prizes have gone forward.

Its Purpose

A^S frankly announced in our adver-tisements, the main purpose of this great contest was to make EVERY-

WOMAN'S WORLD still more widely known throughout Canada. It brought to us hundreds of new friends who are now our active correspondentsmany of them having comfortable in-comes from the regular work they are doing for this magazine and our new publication, RURAL CANADA for Women.

The Contest has accomplished a vast amount of good if only through hav-ing made possible the introduction of EVERYWOMAN'S WORLD to many new homes and thereby extended its lea-vening influence for the benefit of many more people everywhere throughout Canada throughout Canada.

Special credit is due to those other contestants who sent in excellent entries. Just a little more care will doubtless place them among the prize winners in the next great contest.

Prize Money Doubled

THE Money Doubled THE list of prize winners as given herewith is especially interesting to study, in that it will be noticed that the number of subscribers sent had nothing to do with the place won, al-though where four or more subscrip-tions were secured the prize money was doubled.

Prize I	Name	Address	Town or Post	Prov. Amt. Subs
Special-Roy added	y McGrath	Address	Office Ottawa	of Prize Sent
Regular 1st—A. De	LaReviere		G. D	Car
2nd-Miss]	Lena Clark		St. Polycarpe Jct	.Que\$3004 Alta \$150 7
4th—Miss I	Eva A. E. Herring	Box 47	Junkins	.Alta\$502
6th—Mrs. 1	flora Allard		London	.Ont\$5011
7th—Mrs. M 8th—Miss A	M. L. Ross	Mont Notre Dame	Smiths Falls	.Ont\$306
9th-Miss M 10th-Miss M	M. E. Davis	2457. Ct Multine	. Port Perry	.Que\$208 .Ont\$204
11th—Mrs. H	E. C. Corey	1123 8th Ave	Montreal	.Que\$204 Alta\$10 4
13th—Mrs. F	J. Anthony		. Manitoulin Isld . Grand Valley	.Ont\$51
14th—Mr. S. 15th—Mrs. A	E. Waddell		. Ottawa Moose Jaw	.Ont\$52
16th—Miss V 17th—Mrs. B	Allen B. T. Borden	Box 47 ton .35 Yale St. .Mont Notre Dame .2457A St. Urbain St. .1123 8th Ave. Wikwemikong. R.R. No. 4 .32 McLaren St. .512 Hochelaga St. E .386 Brunswick Ave .21 Doune Terrace.	.Olds	Alta\$104
18th—Mr. Ar	rnold Jardine		.Kelvinside, Glas-	.Ont\$64
19th-Miss T	ena MacDonald.		.Soldier's Cove	N.S\$66
21st-Mrs. D	. C. Comeau		. Regina	.Sask
23rd—Mrs. V 23rd—Mr. Ja	mes Kieley	***********************	. Fisher Branch West Gore	. Man\$44
24th—Miss W	V. Roberts	. 21 Doune Terrace	.Loon Bay, N.D.	Mai 60 1
25th—Miss M 26th—Mrs. S.	I. C. Bonsall	.144 Arlington Ave	.Ottawa	. Ont \$44
27th-Miss L.	McBrien	.20 Russett Ave	. Toronto	. Man\$46 . Ont\$25
29th—Mr. P.	D. McAdams	.R.M.D.	.Hunker Creek Bury	Yukon\$24 Oue. \$2 4
31st-Mrs. E.	McLeod	.54 Richmond St	. Chatham	Ont\$24
32nd—Mr. N. 33rd—Mrs. J.	M. Plummer Walter	.514 21st Ave	. Calgary	Alta\$24
34th—Mrs. R. 35th—Miss L.	. Moffat	.Box 133	Alfin.	Man\$24
36th-Miss N 37th-Miss G	. B. Thompson	.Box 298	.Regina	Sask\$26
38th-Mr. A.	Harmon	.244 Dentinck St	.Coniston	N.S\$24 Ont\$26
40th-Mrs. J.	Wilson	.R.R. No. 1	. Newington	Ont\$24 Ont\$25
41st—Miss F. 42nd—Miss M	Gollinger	.Box 180 .Box 547	. Buckingham	Que\$24 Ont. \$2 5
43rd—Miss A. 44th—Mrs. B.	Robinson		.Zelma	Sask\$24
45th—Mrs. N. 46th—Mrs. H.	. Alexander	.369 Church Ave .202 Victoria Ave.	Verdun, Montreal	Que\$212
47th—Miss M 48th—Miss E.	. Kelly	••••••	.Eganville	Ont\$12
49th-Mr. G.	W. J. Lewis	.c/o National Trus Co.,	Winning	N.S\$24
50th-Miss F. 51st-Mr. E.	Hullett	. 144 Arlington Ave. . 632 Sincoe St. . 20 Russett Ave. Gold Bottom. R.M.D. . 54 Richmond St. . 514 21st Ave. . Box 133 . 2259 Lorne St. . Box 298 . 244 Bentinck St. . R.R. No. 1 . 137 Chester Ave. . Box 180 . Box 547 . 369 Church Ave. . 202 Victoria Ave. . 202 Victoria Ave. . 202 Victoria Ave. . 202 Victoria Ave. . 358 North Christina St. . Box 385 . 31 Brookland St. . Box 227 . R.R. No. 1 . Box 730 . R.R. No. 2 . R.R. No. 2 . R.R. No. 2 . Kinburn . 334 Mackay St.	. Cedars	Que\$24
52nd—Mrs. A 53rd—Miss A	. Middleton	Glantowar Llangedest	Broadview	Alta\$25 Sask\$24
54th-Mrs. A.	A. Smith	22 Comphall Asso	Marengo	Wales\$24 Sask\$24
56th—Miss A.	Weir.	.358 North Christina St.	. Windsor	Ont\$12 Ont\$2 4
58th-Mrs. F.	H. Hawn	. Box 385	New Liskeard	Man\$12 Ont. \$2
60th—Miss E.	Boone	.31 Brookland St.	Craik	Sask\$24
62nd—Mrs. F.	L. Buchanan Hornstrom	.Box 227	East Centreville.	N.B\$25
63rd—Mr. S. 64th—Miss M	McCormick ildred L. Hill	R.R. No. 1	Dodsland	Sask\$24
65th—Mr. H. 66th—Mr. P.	A. Leader B. Mills	. Box 730	Irvine	Alta\$12
67th—Miss Ru 68th—Miss L.	uth Morris M. Hart	R.R. No. 2.	Sardis	Sask\$24 B.C\$12
69th-Miss M 70th-Miss M	. Groves	Kinburn	Oxbridge	Ont\$24 Ont\$2 4
71st—Miss E.	Schlosser	Sof Mackay St	Kerrobert.	Que\$24 Sask
73rd—Mrs. C.	Weber	. 334 Mackay St	t	Alta\$24
74th-Mrs. E.	Barber		Welland	Ont\$24
75th—Miss Re 76th—Mrs. J.	w. Shanks	.31 Harvey St		
				Man\$24

EVERYWOMAN'S WORLD gratefully ex-tends also its thanks for the interest and co-operation of the contestants and for the time so freely and faithfully given to their important work by the judges.

The Winner's Replies

JUST as we go to press, the letters of acknowledgment are coming in from winners. Here is one from Mr. Roy McGrath, of Ottawa: "This being Thanksgiving Day,

can think of no more appropriate time in which to acknowledge and thank you for the delightful information which your letter contains, informing me that I have been awarded special first prize in "Percy's Puzzled" Contest, of the Ford touring car.

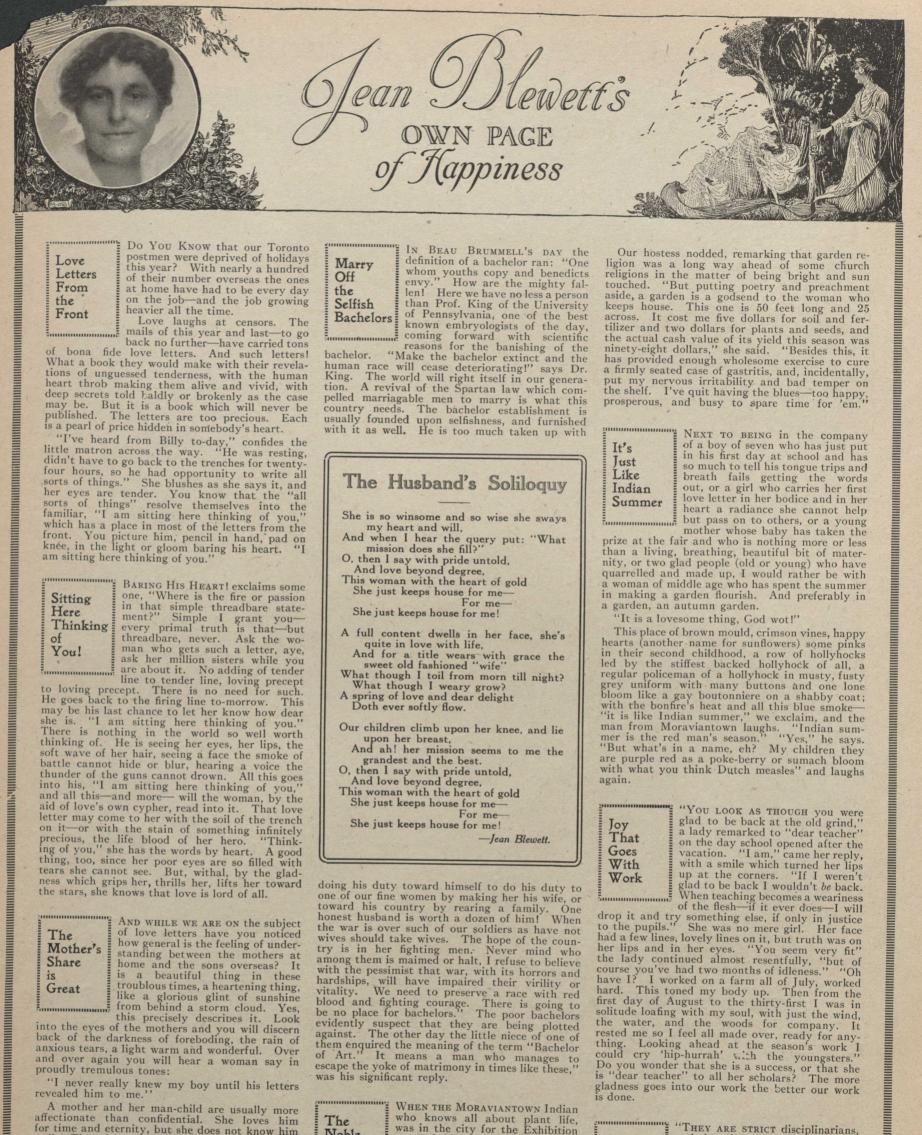
"Indeed, this was entirely surprising and unexpected.

"I wish to assure you that it will be my earnest desire to do all in my power for such a splendid, wideawake, power for such a spieledid, wildeawake, up-to-the-minute magazine as Every-woman's World, as it is a veritable pillar of inspiration and helpfulness to the people of Canada as a whole."

One from Miss Eva A. E. Hetherington, who won fourth prize, a sum of \$70.00 cash, reads:

"Saturday night's mail did certainly bring me a very, very pleasurable surprize when I read that my entry had been awarded fourth prize, the amount of seventy dollars. It seems like a fairy tale.

"I thank you most sincerely."

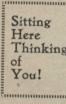


Love Letters From the Front

Do You Know that our Toronto postmen were deprived of holidays this year? With nearly a hundred of their number overseas the ones at home have had to be every day on the job—and the job growing heavier all the time. Love laughs at censors. The

Love laughs at censors. The mails of this year and last—to go back no further—have carried tons of bona fide love letters. And such letters! What a book they would make with their revela-tions of unguessed tenderness, with the human heart throb making them alive and vivid, with deep secrets told baldly or brokenly as the case may be. But it is a book which will never be published. The letters are too precious. Each is a pearl of price hidden in somebody's heart. "I've heard from Billy to day." confide the

'I've heard from Billy to-day," confides the le matron across the way. "He was resting, "I've heard from Billy to-day," confides the little matron across the way. "He was resting, didn't have to go back to the trenches for twenty-four hours, so he had opportunity to write all sorts of things." She blushes as she says it, and her eyes are tender. You know that the "all sorts of things" resolve themselves into the familiar, "I am sitting here thinking of you," which has a place in most of the letters from the front. You picture him, pencil in hand, pad on knée, in the light or gloom baring his heart. "I am sitting here thinking of you."



Sitting Here Thinking of You! BARING HIS HEART! exclaims some in that simple threadbare state-ment?' Simple I grant you-very primal truth is that-but hreadbare, never. Ask the wo-very primal truth is that-but hreadbare, never. Ask the wo-ask her million sisters while you ask her million sisters while you the to tender line, loving precept. There is no need for such. He goes back to the firing line to-morrow. This may be his last chance to let her know how dear she is. '' am sitting here thinking of you.'' there is nothing in the world so well worth thinking of. He is seeing her eyes, her lips, the soft wave of her hair, seeing a face the smoke of battle cannot hide or blur, hearing a voice the sitting here thinking of you,'' and all this-and more— will the woman, by the soft of love's own cypher, read into it. That love terter may come to her with the soil of the trench on it—or with the stain of something infinitely precious, the life blood of her hero. ''Think-ing of you,'' she has the words by heart. A good hing, too, since her poor eyes are so filled with tears she cannot see. But, withal, by the glad-tears which grips her, thrills her, lifts her toward



AND WHILE WE ARE ON the subject of love letters have you noticed how general is the feeling of under-standing between the mothers at home and the sons overseas? It is a beautiful thing in these troublous times, a heartening thing, like a glorious glint of sunshine from behind a storm cloud. Yes, this precisely describes it. Look of the mothers and you will discern

this precisely describes it. Look into the eyes of the mothers and you will discern back of the darkness of foreboding, the rain of anxious tears, a light warm and wonderful. Over and over again you will hear a woman say in proudly tremulous tones:

"I never really knew my boy until his letters revealed him to me.

A mother and her man-child are usually more A mother and her man-child are usually more affectionate than confidential. She loves him for time and eternity, but she does not know him well. There is a wall of reticence between. But out yonder in the heart of things, out yonder in a world of death and daring, the wall goes down. Aby then he writes the true and tender things to a world of death and daring, the wall goes down. Ah! then he writes the true and tender things to the woman who bore him, nursed him on her bosom nineteen, twenty, it may be thirty years ago, reveals himself as he has never done, perhaps would never have done in ordinary life. "A man in the making! God bless him!" says the mother and so say we all. They tell us if all the Bibles in the world were destroyed the Word could still be gathered, bit by bit, from the highland shep-herds who have it "hidden in the heart." So with the love letters from our soldier lads, here, there, everywhere are they hidden in hearts that will hold them fast so long as life endures. there, everywhere are they hidden in he will hold them fast so long as life endures.

Marry Of Bachelors Bachelors Nig. The world will right itself in our genera-tion. A revival of the Spartan law which com-pelled marriagable men to marry is what this country needs. The bachelor establishment is usually founded upon selfishness, and furnished with it as well. He is too much taken up with

The Husband's Soliloguy

She is so winsome and so wase my heart and will, And when I hear the query put: "What mission does she fill?" O, then I say with pride untold, And love beyond degree, This woman with the heart of gold She just keeps house for me— For me—

A full content dwells in her face, she's quite in love with life,
And for a title wears with grace the sweet old fashioned "wife"
What though I toil from morn till night? What though I weary grow?
A spring of love and dear delight Doth ever softly flow.

Our children climb upon ner upon her breast, And ah! her mission seems to me the grandest and the best. O, then I say with pride untold, And love beyond degree, This woman with the heart of gold She just keeps house for me— For me—

-Jean Blewett.

doing his duty toward himself to do his duty to one of our fine women by making her his wife, or toward his country by rearing a family. One honest husband is worth a dozen of him! When the war is over such of our soldiers as have not wives should take wives. The hope of the coun-try is in her fighting men. Never mind who among them is maimed or halt, I refuse to believe with the pessimist that war, with its horrors and hardships, will have impaired their virility or vitality. We need to preserve a race with red blood and fighting courage. There is going to be no place for bachelors." The poor bachelors evidently suspect that they are being plotted against. The other day the little niece of one of them enquired the meaning of the term "Bachelor of Art." It means a man who manages to escape the yoke of matrimony in times like these," was his significant reply. was his significant reply.

Man Speaks fall, is my motto," she said	Red Man Speaks	of her heart. "Never put off till spring what you can do in the
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wines and stalks upon a bonfire before shaking hands. "I'm making ready for a 1918 output which will make this year's one look like a mere nest egg." The Indian who was something of a poet spoke of the beauty of bloom, the mystery of growth, and quoted the "lovesome" lines:

"Not God? In gardens when the eve is cool? Nay, but I have a sign, 'Tis very sure He walks in mine."

Our hostess nodded, remarking that garden re-ligion was a long way ahead of some church religions in the matter of being bright and sun touched. "But putting poetry and preachment aside, a garden is a godsend to the woman who keeps house. This one is 50 feet long and 25 across. It cost me five dollars for soil and fer-tilizer and two dollars for plants and seeds, and the actual cash value of its yield this season was ninety-eight dollars," she said. "Besides this, it has provided enough wholesome exercise to cure a firmly seated case of gastritis, and, incidentally, put my nervous irritability and bad temper on the shelf. I've quit having the blues—too happy, prosperous, and busy to spare time for 'em."

	It's
	Just
-	Like
-	Indian
-	Summer

It's Just Like Indian Summer Next TO BEING in the company of a boy of seven who has just put on his first day at school and has or much to tell his tongue trips and or ather to tell his tongue trips and or ather is getting the words over letter in her bodice and in her bot eltter in her bodice and in her bot eltter in her bodice and in her bot eltter in her bodice and in her bot ess on to others, or a young mother whose baby has taken the prize at the fair and who is nothing more or less han a living, breathing, beautiful bit of mater-nity, or two glad people (old or young) who have a water a garden flourish. And preferably in a garden, an autumn garden. "It is a lovesome thing, God wot!"

"It is a lovesome thing, God wot!"

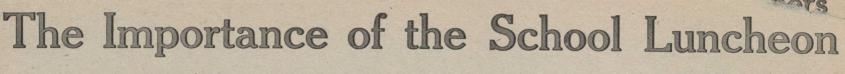
This place of brown mould, crimson vines, happy This place of brown mould, crimson vines, happy hearts (another name for sunflowers) some pinks in their second childhood, a row of hollyhocks led by the stiffest backed hollyhock of all, a regular policeman of a hollyhock in musty, fusty grey uniform with many buttons and one lone bloom like a gay boutonniere on a shabby coat; with the bonfire's heat and all this blue smoke— "it is like Indian summer," we exclaim, and the man from Moraviantown laughs. "Indian sum-mer is the red man's season." "Yes," he says. "But what's in a name, eh? My children they are purple red as a poke-berry or sumach bloom with what you think Dutch measles" and laughs again. again.

Joy That Goes With Work

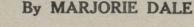
"You LOOK AS THOUGH you were glad to be back at the old grind," a lady remarked to "dear teacher" on the day school opened after the vacation. "I am," came her reply, with a smile which turned her lips up at the corners. "If I weren't glad to be back I wouldn't be back. When teaching becomes a weariness

Work glad to be back I wouldn't be back. When teaching becomes a weariness of the flesh—if it ever does—I will drop it and try something else, if only in justice to the pupils." She was no mere girl. Her face had a few lines, lovely lines on it, but truth was on her lips and in her eyes. "You seem very fit" the lady continued almost resentfully, "but of course you've had two months of idleness." "Oh have I? I worked on a farm all of July, worked hard. This toned my body up. Then from the first day of August to the thirty-first I was in solitude loafing with my soul, with just the wind, the water, and the woods for company. It rested me so I feel all made over, ready for any-thing. Looking ahead at the season's work I could cry 'hip-hurrah' with the youngsters." Do you wonder that she is a success, or that she is "dear teacher" to all her scholars? The more gladness goes into our work the better our work is done. is done.

Russia's Girl Warriors Heroines Heroine



The Mother Should See That Her Children Have Nourishing Food at Mid-Day





WONDER if the average mother realizes the im-portance of the school luncheon? It is served at the time of day when the child should have his most important meal, yet it is so often a hurried affair sometimes prepared

affair sometimes prepared by the child himself! It so frequently consists of a few meagre sandwiches and a piece of cake!

If at all possible a child should come home for a hot substantial mid-day meal. But this is sometimes out of the question for the average high school boy and girl in most parts of Canada, especially in suburban or rural districts.

especially in suburban of rural districts. In the average American city the school, especially the high school, has a Luncheon Kitchen where children can obtain at a very low rate—practically cost—a dish of hot soup, hot stew, or hot chocolate. This is indeed an excellent arrangement. In lieu of this, the child should be given a well planned, attractive luncheon, put up in a convenient way to take with him. The luncheons for the younger children

The luncheons for the younger children The luncheons for the younger children demand a different treatment, for all young children require a goodly amount of tissue building foods. The mother should depend largely upon milk and eggs to furnish this type of nourishment. Custard, Junkets and Blanc Manges are excellent. Milk iced cold, can be carried in the thermos bottle. Simi-larly, the child can keep milk, choco-late, cocoa, etc., hot. And who does not relish hot beverages when autumn winds begin to assert themselves.

THE older child may have meats, fish and cheese. For the boy and girl of the high school age, a little condiment may be added to tempt the appetite—but the habit is really not a good one

A small sweet may find its way into the luncheon bag stuffed dates or figs, dried apricot or prunes, cookies and plain cakes, some times a few good candies.

Fruit must never be omitted, especially when there is no drink supplied. A nice rosy apple or big juicy orange is just the thing.

Do not give the child too much, but be sure it has enough. The diet of the growing child must be considered carefully. Mothers should not be tardy when preparing the school lunch-con eon.

The Luncheon Outfit

MONEY spent on simple but strong luncheon outfits for the children is money well spent. They can now be found at practically any price and with service for one or more. They should be of good quality and light. Always keep papier mache cups and plenty of waxed paper on hand— they are so convenient. Salads and jellies may be put into these cups and tied around with waxed paper and the children can throw them away when finished. finished.

For all sandwiches cut bread very thin; do not remove the crusts because you take away the most nourishing part of the bread. Use bread at least twenty-four hours old. Cut sand-wich into appetizing size and wrap in waxed paper—white crepe paper nap-kins are always available and will prove excellent for packing the school prove excellent for packing the school luncheon.-

Practical Suggestions

Monday

BROWN BREAD AND STUFFED EGGS BUTTER CUSTARD CUP COCOA

Tuesday

CHOPPED CHICKEN OR VEAL SAND-WICHES COCOA JUNKET COLD MILK

Wednesday

ROLLED HAM SANDWICHES LEMON JELLY SPONGE CAKE COCOA

Thursday COTTAGE CHEESE AND CHOPPED WAL-NUT SANDWICHES CARAMEL PUDDING MILK GRAHAM WAFER

Friday EGG SANDWICH CELERY

CARAMEL JUNKET COCOA SPONGE CAKE

For the High School Student:-

Monday THERMOS PLAIN BROTH BEEF SANDWICH FEW OLIVES STUFFED DATES ORANGE PLAIN CAKE

One pint sweet milk, 1 pinch salt, 2 tablespoonfuls sugar, 2 tablespoons cocoa, few drops vanilla, $1\frac{1}{2}$ Junket tablet dissolved, 2 tablespoons water.

Cocoa Junket, 1 Pint

Mix cocoa till smooth in ¼ cupful of the milk. Put milk on to warm in double boiler with sugar, salt and cocoa. When warm add vanilla and dissolved Junket tablet. Stir once, turn into mould, do not move till set then put on ice.

Lemon Jelly, 2 Servings

One tablespoonful gela-tine, ½ cup-ful cold water, ¹/₃ cupful sugar, little more than ¹/₄



The Child's Luncheon should be well and attractively made up.

Tuesday

TUNA FISH SALAD CHEESE STICKS CELERY APPLE CAKE MILK Wednesday DATE AND NUT SANDWICHES WITH BROWN BREAD

EGG SANDWICH ORANGE JELLY CHOCOLATE SQUARES

MILK

Thursday LAMB SALAD SANDWICH CELERY CHOCOLATE CORNSTARCH PUDDING

STUFFED FIGS

Friday

HALIBUT SALAD BISCUIT AND BUTTER CANDY LADY FINGERS MILK

RECIPES EMPLOYED

Stuffed Egg

Boil egg till hard—remove from shell. When cool cut in half, remove yoke, careful not to break the white. Mix with a piece of butter, very little pepper and salt, a little chopped tomato, return to egg-halfs roll in waxed paper.

Custard Cups

One large cupful milk—1 egg well beaten—1 tablespoonful sugar—nut-meg, pinch of salt.

Heat milk in double boiler—add milk to egg well beaten—with sugar and salt—put into custard cups; place in dish of water in oven and bake.

Chopped Chicken Sandwich

Chop chicken (or veal) and put through mincer with a little celery— add a little cream, very little salt to flavor. Put between thin buttered brown bread.

Rolled Ham Sandwich

Cut bread very thin—butter, add Ham, dampen the fingers and roll. Press edge, use tooth pick to hold.

cupful lemon juice, 1 cupful boiling water.

Soak gelatine in cold water 5 minutes and then dissolve in boiling water, add sugar, stirring until dissolved. Add lemon juice and strain through a cheese cloth into molds which have been dipped in cold water, chill.

Sponge Cake

Four eggs, 1 cupful granul ted sugar, 1 cupful flour, ½ teacupful water, 1 teaspoonful Baking Powder, Finch salt, Vanilla.

Vanilla. Beat eggs separated, bring sugar and water to a boil, pour boiling syrup on eggs, after mixing them, then beat for 10 minutes before adding flour which you sift 4 times with Baking Powder, then stir in lightly, add salt and flovor-ing. Bake in a pan with a funnel in the centre, sprinkle top lightly with sugar before putting in the oven. Bake slowly 40 minutes. Do not open oven the first 15 minutes.

Cottage Cheese and Walnut Sandwich

Mix equal quantity of cottage cheese and chopped walnuts, add salt and pepper to taste and a little may-onnaise dressing. Spread a goodly portion on thin buttered bread.

Caramel Pudding

Half cupful brown sugar, ½ cupful milk, ½ cupful water, butter size of an egg, pinch salt, 1 heaping tablespoonful corn starch diluted in water, Vanilla.

Caramelize sugar, add butter, milk, water, salt, boil till sugar is dissolved. add corn starch, boil till corn starch is thoroughly cooked. Add vanilla, chill.

Brown Bread

Three cupfuls Graham flour, 1¾ tea-spoonful soda, 1 cupful white flour, 1½ teaspoonfuls salt, ¾ cupful molasses 1½ cupfuls sour milk. Mix dry in-gredients, add molasses and milk, stir until well mixed, turn into greased mold, filling it ⅔ full, fasten cover on securely steam 2½ hours. Then bake ½ hour in slow oven.

Date and Nut Sandwich

Wash and stone dates, chop, put on to boil with ½ cupful water and sugar, boil till pulp and tender, put away in glass. When required for use mix equal amount of date pulp and nuts, spread between buttered bread.

Orange Jelly

Two and a half tablespoons gelatine, ³/₄ cupful sugar, 1 cupful cold water, ¹/₂ cupful orange juice, pulp of 1 orange skinned and finely chopped, 2 cupfuls

skinned and hnely chopped, 2 cupture boiling water. Soak gelatine in cold water 5 minutes, then dissolve in boiling water, add sugar, stirring till dissolved; strained orange juice and orange pulp, put into mold, which has been dipped in cold water, or fill some individual molds for the children. Chill.

Small Chocolate Cornstarch Pudding

Three-quarter constarch Pudding Three-quarter ounces bitter chocolate. 4 cupful corn starch, 134 cupfuls milk, 44 cupful sugar. Melt choco'ate in double boiler, and add the milk and sugar. Heat to boiling point and add corn starch which has been wet with cold water and mixed till smooth. Stir frequently until thickened and cook 15-20 minutes in double boiler. Pour into cups first dipped in cold water. Chill.

Halibut or Fish Salad

Flake sufficient cold boiled halibut, add little chopped green pepper and a little chopped celery and salt to taste, mix with dressing made as follows:

Tollows: One egg yoke, 1 cupful iced olive oil, paprika salt, juice of 1 large lemon. Have plate and silver fork ice cold, beat yoke, drop oil, drop by drop, beating all the time, when all the oil is finished and egg and oil are of jelly consistency add lemon juice, salt and paprika to taste, keep on ice.

FURTHER CHOICE

BANANA AND PEANUT SALAD BREAD AND BUTTER SANDWICH LEMON JELLY COOKIES

BAKED SALMON SANDWICHES CELERY

CUP CUSTARD WITH FIGS WAFERS

KIDNEY BEAN AND WALNUT SALAD CRESS FINGERS ORANGE CAKE

PEANUT BUTTER SANDWICHES CELERY PINEAPPLE JELLY APPLE

BREAD AND BUTTER SANDWICHES EGG STUFFED WITH SARDINES ORANGE JELLY BISCUIT ORANGE JELLY

WALNUT SANDWICHES Coll Glass Milk CRESS ROLL ORANGE JELLY ROLL

Banana and Pea Nut Salad

Banana, 1/4 cupful chopped peanuts,

Slice bananas, roll in mayonnaise and then in chopped peanuts. Pack in papier mache cup.

Baked Salmon Sandwich

Left-over salmon, chopped, 2 ripe olives finely chopped with a little celer

Mix together with oil salad dressing / and spread well between brown bread.

Kidney Bean Salad

Three-quarter mache cupful kidney beans, 10-12 walnuts chopped, mix with mayonnaise.

Egg Stuffed Sardines

One egg hard boiled, 2-3 sardines, if desired, dressing. Cut egg lengthwise, remove yolk, bone sardines, mix with yolk till smooth, season, add dressing if desired. return to cases.