## Pages Missing

## [VERYWOMANS WORLD



The Four Greatest
Events of Your Life


Like the other great events of life, buying the family car is very much the concern of the wife and mother.

Happy that woman-and her name is legion-who by helpful suggestions persuades her provider against too small a car or by loving restraint checks an over-generous husband who would otherwise make the mistake of too large a car.

It is the woman of the family that
suffers most the fatigue and inconvenience of too small a car-her's the self denial if too great an expense is shouldered in operating too large a car.

The thirty-five horsepower Overland Model Eighty-Five Four is roomy enough to be perfectly comfortableto ward off fatigue on those long trips which should be of such healthful benefit to the whole family.

It has big comfortable seats and canti-
lever rear springs that make it easy riding.

Yet it is not too large to be economical of operation.

And in the building of this beautiful Overland there is no hint of experiment, no construction extravagance.

Its purchase is dictated by common sense and the practice of true econ-omy-it will be a great event in your life. See the Willys-Overland dealer about it now.

## Willys-Overland, Limited

## The Ground Floor

## Don't Tell Him We Said So!

HAVE you ever watched a man climb the ladder of success rung by rung, until the topmost point is reached, and wondered what gave him the impetus?
Have you marvelled at the achievements of big men whom you meet from day to day in the business and literary world, and hankered for an insight into their private lives longed to know if they were fed on malted milk and how many times they played "hookey" from school?
If so, you will rejoice with us over the 'confession' which we publish herewith, of one Chas. C. Nixon-or "See See" as his old schoolmates recall him.
He is, already, a little more than a first cousin to you, so he needs no introduction.
What surprised us most in this "confession" which we got from him as a dentist finally secures a stubborn root, was the perfectly simple reason he gave for founding Everywoman's World. -Failure to win a debate! Who would have imagined it! Until recently Mr. Nixon has been identified with the business end of this institution. But let's forget that! At least, let us only remember that his success therein was but the second story of a solid editorial structure. For "See See," from 1908 edited one of Canada's leading journals for nearly five years.
His latest move represents the vital third story-the climax.
We are telling you this here, on "The Ground Floor" because we want to "let you in" on all our secrets, our changes, our successes. And when you see at the top of the editorial page-"Chas. C. Nixon - Superintending Editor"- you will know that he has slipped into his old niche, has become again part of the editorial mechanism that is making Everywoman's World the great big factor in Canadian National Life that you and I know it has always deserved to be. But "'nuff said!"
"See See," in his confession speaks for himself.

## That Bewitching Brogue!

$\mathrm{A}^{\mathrm{S}}$ we labor hard, preparing all the good things
put before you each month there is one cheering factor in the sum total of the day's endeavors that lightens our burdens-it is a "bit of brogue" that floats to us-just the airiest, fairiest kind of brogue.

And say!-do you know that when we're just down-


Chas.C. -"See See"-Nixon As Confessed by Himself

I:I am to believe my mother, elf-expression at ay very I was much given to crying, causing her trial and straining,
her great and enduring patience her great and enduring patience
almost to the breaking point She to the breaking point.
also that I. was
always exceds. always exceedingly thin so
thin that shewas really ashamed of me!
of me! so I warn you at the
And so
beginning: As Caesar put it.
Yon Cassius hath a lean and Yungry look. He thinks too
much low much. Such men are dangerThree great things I have had
to overcome. First, a great
inborn, self-conslo inborn, self-consciousness of
fear, which would always keep me down. Second, my youth people have for the past ten years been exclaiming at me, so young a man!", Third, my natural disposition to give the other fellow credit for being
able to do things a great deal better than I can do them.
$\mathrm{A}_{\text {beware }}^{\mathrm{T}}$ school, of was taught to A beware of conceit. At
church and at Sunday School. church and at Sunday School
and in the family worship at and in the family worship at
home, it was rammed in upon me that I was only a "worm of the dust.," These things, too,
I have had to overcome. In early years I liked work much better than study and
had it not been for the stern hathority of my father and the loving pleadings of my mother. I should have had less schooling
than I got and I would now probably be expressing myself between the handles of the
plow from which I would never plow from which I
It was in a Bible class debate that I first saw the light of opportunity beckoning me to
throw myself into service for women
The
Suffrag


IT is the most natural thing in the world for me to want
to write. I promise myself
that I may be able to do so someday. For I am encouraged
some to by the advice given by a great
stylist who said, "the way to learn to write is to write!" son: "The Law of Nature is do the thing and ye shall have the phe thing have they who do not Terily there is hope ahead. ienced any have never exper-
the joy of joing than the joy
And
sreatly greatly to keep on-going on C. C. N.
right cranky and oppressed, quite unconsciously, when that music is wafted to us, a great broad smile breaks all over our face and we just naturally say to ourselves-, That's Norah Holland-God Bless Her!" Being naturally inquisitive we got Miss Holland to one side, one day and whispered -"Norah M.- who are your relations?"
"A cousin of W. B. Yeats, the poet, on my mother's side, and on my father's, a grandniece of Chief Justice Hagarty.
Whereat, we became more dignified, realizing we were in the presence of a genius.
In 1902-03, Miss Holland accomplished nothing more wonderful than a walking tour through the South and West of Ireland. It only took her a matter of eight months, in which time she collected folk-lore as she went.
"What," we asked, "were some of the outstanding incidents in the tour?"
"Well," she replied with her irresistible brogue - "I had dinner beside a hedge with a tramp, once, and on another occasion slept on the mountain-side above the famous "bog of Allen" with a grey donkey as a troublesome companion.
Why are we telling you all this? Just so that you will know the treat in store for you in the December issue when we publish one of Miss Holland's charming fairy tales - "The Leprechaun of Slieve Dearg."
And remember! Norah assures us they are all true!

## Irresistible <br> Madge Macbeth!

$\mathrm{Y}^{\mathrm{OU}}$ have read "Mam'selle,' and the many other stories we have secured for you from the pen of Madge Macbeth. You may even now be reading "Kleath," her latest novel. You have found them irresistible, haven't you? Well, so also, is their author.
In the December number next month, her Christmas box to you will be another of her truly Canadian tales of love and hope - and mayhap war, and Yule-tide happiness. When you read anything of Madge Macbeth's, don't you stop and wonder "What can she, herself, be like?"
Realizing this, we have placed a remarkably striking snapshot of Madge and her two lusty sons right up in this right hand corner.

Isn't it just splendid?
We think so.

## Encouragement Helps

$\mathrm{A}^{\text {ND now, that you have }}$ Floor with us to this point,


Mrs. Madge Macbeth and Her Sons
tell us-are you satisfied with what we are doing for you?

You know when you work hard to please people, a little word of encouragement goes a long way.

Do you like the November issue of Everywoman's World?
You do! Then for goodness' sake tell us why. Let us know why you enjoyed our new Book Review Department, our Children's Features, our Food Department, our Experiment Kitchen, Jean Blewett's wholesome talks, the political articles for women which we have culled from the richest store of ideas; our-oh everything!

So write us-just a personal "homey" little chat, entre nous!

## Other Good Things to Come

$\mathrm{W}^{\text {HILE }}$ we are talking of the good things of the present, let's have a word about other good things to come.

Everyone's enthusiastic about our "Leading Woman" series, so we suppose it is permissible to say so. The Alberta feature in October came as a surprise to you. But that, probably, made it all the more interesting. In this issue we have nominated our Ontario leading woman-Mrs. Thornley.

Next month-December-Nova Scotia's premier feminine spirit will be proclaimed. A leading woman in each province will be nominated month by month. Watch for your province!
The December issue will contain also the usual quota of good fiction.

## A Climax-"Canada Ahead!"

THEN the January Everywoman's World will indeed be a climax! It will be a special "Canada Ahead" issue. It is going to be as truly Canadian as ever a publication could be. It will be resplendent with the shining achievements of Canada of the past and forecast the Canada of the future.
Canadian writers, Canadian artists, will contribute; Canadian subjects will be the order of the day; Canadian thought will be sounded; Canadian progress measured.
If you want to wish us the best kind of a happy New Year, just let us know that you are waiting to receive that "Canada Ahead" number just as eagerly as we are preparing to produce it.

For yourself or your children you will never return to leather soles, once you have tried Neolin. In so many ways does it satisfy over leather, correcting every fault of leather, possessing every virtue of leather.
Especially should you welcome Neolin now. No need to tell you of the cost of shoes-the cost of fine shoes-and the cost of children's shoes. But thousands of mothers have solved this problem with Neolin. For Neolin does give lasting, lasting, wear-even three, four or more times greater than leather. This holds good for children, too. Children who are little shoe-terrors.
But the perfect sole should have other qualities beside wear. Wet, slushy, snowy days are coming. Wet-foot colds loom up. But Neolin steps in with waterproof qualities that leather never has. Waterproof as a duck's back. No more sitting in school with wet feet for the kiddies. No more soaking shoes after a trip to the store or the church.
Wear and waterproofness alone would make Neolin soles the soles for you. Add to these, comfort unknown with stiff soles
-for Neolin is flexible, light, foot-easy. And style-modern for modern people. Neolin holds smart shoes in shape.
If you are faced with the problem of Winter shoes; if shoecosts have become almost unbearable, see your shoe-merchant about Neolin soles. On shoes in his window yoles. On find the price-ticket illustrated here. There are many styles and prices of shoes Neolin-soled.
Neolin has been a great success. Because of distinct superiorities it is replacing leather for
shoe-soles. Neolin's shoe-soles. Neolin's appearance can be imitated. But Neolin's qualities are the result of methods and materials known only to us.
Now there are other soles that look like Neolin. But there is only one Neolin-and every pair is branded with the trade mark shown below.
To be sure of the genuine Neolin-mark that stamp; stamp it on your memory. Ask for "o"- with the the accent on the "o"- Neolin - the trade symbol for a quality product of
The Goodyear Tire \& Rubber
Co., of Canada, Limited.

This is the Neölin price ticket which you will see on shoes with Neölin soles. Look for them in your dealers windows.

# Meōlin 

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# Canada Must Have Mothers' Pensions 

## As a Record of Service Rendered and a Safeguard for the Nation of To-morrow

## AN EDITORIAL

 the whole Dominion of Canada there is only one province that has Legislated to any measurable degree in favor of mothers That province is Manitoba.
In June, 1916, the Winnipeg Mothers' Allowances Committee was responsible for the passing of a bill providing for mothers' pensions.
Mothers' Pensions! What more vital consideration is there for any Government in any country at this particular time? In Canada especially-a young country, where the youth of the nation counts for so much-is there any law that would be more conducive to future solidity than one which, in affecting mothers, directly benefits children?
Is it a fact that the other provinces in the Dominion are utterly ignorant of the importance of such a measure, or are they merely uninterested? In either case, the indictment is a grievous one.
The people of the province of Manitoba realized the principle that the future of the nation depends upon the proper training of the child, and as this training can be most efficiently given through the family unit, that the conservation of national unity depends upon the conservation of the home.
$\mathrm{S}^{\text {INCE }}$ the establishment of the Winnipeg Mothers' Allowances Committee in 1916, $\$ 10,855.45$ has been expended by the province and the city through the Provincial Commission in recognition of this principle and the Winnipeg Committee has at the present time fifty-one mothers trying to create capable, conscientious citizens out of their one hundred and eighty-one children. Their monthly wages through the Commission amount to $\$ 2,089.00$.
The Act is carried out as simply as possible. The mother comes herself to the office and tells of her need. The purpose of the Act-to conserve the home, that is in danger of being disrupted, because of the death of the bread-winner, is carefully explained. Emphasis is laid upon the fact that the allowance is a salary granted her by the city and province, in return for which she must undertake to perform the task of rearing her children, and if she fails in the proper upbringing of her children, by not providing for their physical, mental and moral welfare, the payments must cease
The general public is beginning to realize that the allowance granted to mothers under the Act is a salary for service rendered, and not a charity;
that primarily it is a children's act not a mothers' Act. Reports and investigations show that many mothers are applying who would otherwise rather starve than take charity.
IS it not so, that what has proven necessary and successful in the province of Manitoba would wơk out similarly in every other province of the Dominion?
Is there any special reason why Manitoba mothers should continue to take precedence over those in every other section of the Dominion? Nonesave that the Government officials there are more energetic, enterprising, nay, we should say, more considerate. Canada's manhood is being sorely depleted on the battlefronts. What is being done at home to insure the filling of that void in national citizenship?

Rather, what is NOT being done?
$T^{\text {HE }}$ hope of a nation lies in its children.
The warriors of to-day were the children of yesterday, and the children of to-day will be-that is the all important question-what will they be? Will they represent a unit of strength, or will they evolve into an aggregation of weaklings?
The answer is ours to give; the remedy is ours to effect,-for a remedy it must be! Never before has the conservation of child-life been so vital and never before has there been so great a danger of its neglect.
THERE HAS BEEN IN CANADA PRACTICALLY NO LEGISLATION TO ASSIST MOTHERS IN REARING THE NATION OF TO-MORROW.

Instead, the mothers throughout the length and breadth of the Dominion have been forced into the ranks of labor-forced through dire necessity in so many instances, through the death of the family bread-winner.
This is not confined to military cases. For them, at least there are the Patriotic and Government allowances.

But what of the widow who is left destitute-left with three, four, five children to support and neither the where-withal nor the strength to accomplish it? What of her?
There is bit one course open to her,she must work or accept the charity of the community, or indeed, both: This the thanks, the appreciation of her country, of her country, Government, for her having given to the nation just so many more desirable citizens!
$\mathrm{A}^{\text {ND the children themselves-have }}$ grant, ever stopped to consider them? Grant, there are orphan asylums and
private institutions. Grant, there are Children's Aid Societies and church funds. But is there not also that inherent measure of pride, of self-respect within every individual, especially a mother, that makes her shrink from the acceptance of charity. Rather than place their children in such institutions, a countless multitude of widows have been known to attempt playing the double role of bread-winner and home-maker. And it is disastrous.
The children become poorly cared for -in fact, not cared for at all. Their health,-in jeopardy under best conditions, becomes then a negative consideration. They bring themselves up, without mother's care, advice, and all the other essentials that go to create the stability of the country's youth. They become weaklings, incompetent, a drag upon humanity, and a scourge to themselves.

There is only one remedy for thisthe establishment of Mothers' Pensions, or the Bill might better be known as Widows' Pensions.

WHY must Canada follow? Why can she not act now-help to lead the way. In Australia they have gone even farther in this matter. Five years ago, a measure was brought into existence there without much publicity, following no agitation-simply because an enterprising and sensible Government saw the wisdom of it.

The Australian Maternity Allowance is a free gift of the nation to those to whom it is ever in debt-the mothers of its children.
Judge Henry Neil-"Father of the Mothers' Pensions' Scheme" makes plain its workings thus:
"To every woman who" gives birth to a child, either in Australia or on board a ship proceeding from one port to another in the territories of the Commonwealth, a sum of $£ 5$ is paid by the Commonwealth Treasury. Most State grants are loaded with many "buts." The maternity allowance has only those which are needed to safeguard it from imposition. It asks for no contribution from the recipient, either before or after the event.
"Simply it is laid down that it shall be payable only to women who are inhabitants of Australia or intend to settle in that favored country. And the allowance is naturally made only in respect of a child born alive, or certified as 'viable'-i.e., capable of sustain ing life. But the essential point of the scheme is that the money is paid to the mother. Simple means are provided for conveying the money to

The Act of the Federal Pariiament which initiated the grant, was introduced in 1912 by the Prime Minister, the Right Hon. Andrew Fisher, now the High Commissioner of his country in London.
"In the first year of its operation, 1913, 83,475 claims were paid, a mounting to $£ 417,375$. In $1914,134,998$ claims, amounting to $£ 674,990$. In 1915, 138,855 claims, amounting to £694,275; in 1916, 131,943 claims amounting to $£ 650,715$. The cost of administration amounts to something like $12 / 3$ per cent. The allowance is available to all classes in Australia. It is administered at a minimum of expense, and with a maximum of facility."
Judge Neill has led the way. He has blazed the trail. He should have followers-many of them. In every country of the civilized world the measure is a necessity.

E VEN our enemy is not behind in devoting attention to this question. Germany is making preparation for a strong nation of to-morrow-if indeed there will be a nation at all, at the termination of the present cataclysm!! There, work relating to child welfare has been followed up with full recognition of its importance for a country at war. Infant mortality figures show that the death rate of babies whose mothers worked out was 227.5 , while that of mothers who remained at home with their babies was 91.7 per thousand births.

And what of Canada?
We are concerned with saving food, and yet we are allowing children-the rarest of assets,-to go to waste.
Who will "father" the measure in Canada?
Is it not possible to arouse sentiment to the extent of showing the other eight provinces the neceessity of following Manitoba's example?
Why will not woman' organizations and the press insist upon it as they have insisted upon and won other measures of importance? The press could indeed do much. We-Everywoman's World-will be glad to "mother the Act." The widows, the mothers of the Dominion of Canada may count upon us.
What do you want done about getting Mothers' Pensions in your province?
Think it over

## Then ACT.

Mothers' Pensions, Canada needs, and Mothers' Pensions Canada must


# The girl who sighed for a lovely skin 

There once was a girl whose sallow, blemished skin spoiled all her pleasure, until one day she learned how she could give her skin the fresh smoothness, the radiant complexion she had always longed for. The secret she learned is one you, too, can learn and use to make your skin as lovely as you want it.

What is the matter with your skin? Are there little rough places in it that make it look scaly when you powder? Is it sallow, colorless, coarse-textured or oily? Is it marred by disfiguring blackheads, and blemishes? Perhaps you will find its only flaw to be conspicuous nose pores.
Whatever it is that is keeping your skin from being beautiful, it can be changed. The skin of your face, like the rest of your body, is continuously changing. As the old skin dies, new forms. By the proper treatment with the right kind of soap you can make this new
skin just as fine, clear and fresh-looking as you have always wanted it. Woodbury's Facial Soap is the result of years of study and experiment by a skin specialist. For thirty years John H. Woodbury made a constant study of the skin. He treated thousands of obstinate skin troubles; made countless skin tests, until he evolved the formula for Woodbury's Facial Soap.
Find below the treatment just suited to your skin, and begin tonight to get the benefit of it for your skin. If you don't find here the treatment suited to your skin, send for the treatment booklet shown below


Backheads come from improper cleansing. This
treatment will keep your skin free from this annoyjour trouble.
ing

## Troubled with blackheads?

Apply hot cloths to the face until the skin is reddened. Then with a rough wash cloth work up a heavy lather of Woodbury's Facial Soap and rub it into the pores thoroughly -always with an upward and outward motion. Rinse with ward motion. hot water, then with clear, hot water, then with cold-the colder the bett
Dry the skin carefully. sired results by using this habit, and it will rid your skin of ugly, embarrassing blackheads,

## To correct an oily skin and shiny nose

First, cleanse your skin thoroughly First, cleane your skin moroughly by washing it in your usual way with Woodbury's Facial Soap and warm water. Wipe off the surplus moisture, but leave the skin slightly damp. Now work up a heavy warm water lather of Woodbury's in your hands. Apply it to your face and rub it into the pores thoroughly. Rinse with warm water, then with cold - the colder the better. If possible, rub your face for a few minutes with a piece of ice.


If your trouble is an oily skin and Th your troubbe ik an oily skin and
shiny nose, make this treatment a


## Is your skin "pimply",

## blemished?

Just before retiring, wash in your usual way with Woodbury's Facial Soap and warm water, finishing with a dash of cold water Thendip the tips of your cold water. Ther water and rub your fingers in warm water and rub them on the cake of Woodbury's until they are covered witha heavy "soap cream." Cover each blemish with a thick coat of this and leave it on for ten or fifteen minutes. Then rinse very carefully with clear, hot water, then with cold.

Repeat this cleansing, antiseptic treat ment every night until the blemishes disappear.

## The girl who wants more color

To rouse a sluggish, colorless skin, dip your wash cloth in very warm water and hold it to your face. Now take the cake of Woodbury's Soap, dip it in water and Facial Soap, dip it in water and run the cake itself over your skin. Then dampen the skin and gently rub in the soap left on your face with an upward and outward motion. Rinse thoroughly, first in tepid water, then in cold. Rub the face briskly with a piece of ice. Always dry carefully. See what a soft, lovely color this treatment will bring to your cheeks.


Send 4c for a week's-size cake and this complete treatment booklet
We have been able to give just four treatments on this page, but yoù can get them all together with many valuable facts about the skin, in this little booklet, "A skin you love to touch." For 4 cents we will send you this booklet and a cake of Woodbury's Facial Soap large enough for a week of any Woodbury treatment. of any Woodbury treatment.
Write today. Address The Write today. Address Th Andrew Jergens Co. Ltd.,
2611 Sherbrooke Street, 2611 Sherbrooke


For sale by Canadian aruggists from coast to coast. A $25 c$ cake is enough for a month or six weeks' use.


## Promotion and Myrtle

## A Tale of the Royal North-West Mounted Police

By STAFF.SERGEANT WILLIAMS

웅HAD ridden in to Division Headquarters to draw pay for Eagle Butte detachment and, incidentally, to have a good time. It was fifty-eight miles of a patrol and we had made it by four o'clock so you can wager we had not been camping on the trail. I was not feeling over bright -the prairie grows deathly monotonous after months of nothing but sky and
brown grass and the haze of the distant hills; and you get everlastingly sick of cribbage and poker and the shop talked by your comrades. It was a break in the fog even to come into a little town like Poplar Creek, though it only had four hundred people. There were the trains to look at and four churches and four saloons, one apiece, and a chance to hear the world's news. Besides there were cheery bugle calls and cricket and billiards; ife, in ract, such as it was, even to the extent of several passably pretty girls. A. fellow
misses his women-kind you know. I was banking a misses his women-kind you know. I was banking a sergeant's life is far removed from that of a corporal or a "buck," and holds pleasures and advantages unattainable by its subordinates. The-man-behind-the-gun is all right from a sentimental point of view and a devilish useful fellow; but the officer is the main push after all, and a sergeant's rank is a step-ping-stone to a commission in our outfit. So I was speculating on my chances of a rise almost as eagerly as I once dwelt on the prospects of a degree at the varsity.
What's that? You ask me what I, a University man, was doing as a corporal of North-West Mounted Police? I'll counter your question with another: what the deuce has it got to do with you? If necessity compelled me to adopt that life you may bet it was not brought about by poking into other people's business. And, after all, don't you think that a corporal's life will compare with that of a sickly, dissipated city clerk or a doctor's assistant on thirty bob a week? It's the corporal in a canter and the field nowhere. Never you mind what I was doing the story. You make me tired with your dat end of onsense.
I had put in an application for a pass in muftithat night. Old Staff-sergeant Coote's daughter, Myrtle, was home for good from school in Winnipeg and she and I had a good deal to talk about. Her father was the son of a poor Irish parson and had been position he now held in "T" division of the Mounted Police - a decent fellow as Mounted Police - a decent fellow as ever drew the breath of life. Myrtle her. I rather suspect she is looking over me as I write.

There was a standing order that men coming in on patrol from a dis tance should remain one clear day in
barracks to rest their mounts. Howbarracks to rest their mounts. How ever, it was not to be my luck, this
time. I had just watered and blanketed my horse when the Sergeantblanketed my horse when the Sergeant-
major walked up the stable, all spurs and hunting-crop.

HELLO, "Williams, how are you?" he you right away in the Orderly Room.
"All right, sir. What's up?"
'Oh, he'll tell you. Corporal Dixon is to take your detachment for a time. I'll get your kit in by the first ration waggon.
In some curiosity I made my way to the orderly room and saluted the Superintendent.

You sent for me, sir?
"Yes, corporal: all right, stand at ease," he said, taking up a telegram from his desk. "I three Blackfeet Indians left their three Bation four days ago in war paint and are travelling east. How, far is Eagle Butte from Macleod?" "A hundred and fifty miles by the old trail; about a hundred and twenty across country.

Ah, say thirty miles a day. Now, you know all that part better than any man in the division. You will take Gabe Latreille, the scout, and Constable Porter who came in with you, and start out at seven tomorrow morning to intercept these Blackfeet. I have sent another Blarty out south-you take the west. par Sergeant-major will detail horses The Sergeant-major will detail horses for you. It what rations you can and you must look to the ranches and the nearest look to the ranches and for the rest. If you require assistance call on them also for it. We cannot spare the whole division to hunt three men; but they must be stopped. Do you understand?

## Fiction That Grips You

THERE are stories you have read that give you a sort of funny feeling inside-thrill; our heart pound with anticipation. You find your heart pound with anticipation. You find sympathizing with the heroine.

You know the kind we mean!
Just such a story is "Promotion and Myrtle," by Staff-Sergeant Williams, which runs in two instalments, one this month and one next. It is a tale of the North West, and the heroes of the plai
Police.

The author speaks from experience. He served five years in the R.N.W.M.P. Conseand romance are vivid.

After leaving the service he went to the United States, joined the Army and fought his way through the campaign in the Phillipines, being seriously wounded in the Battle of San Mateo and receiving an honorable discharge from the service. He then returned to Canada and although too old for active service in our Army, at the outbreak of the war he became engaged in the transportalied an the use of the Allied armies, at which he is
still engaged.

The concluding instalment of "Promotion and Myrtle," in the Christmas number is even more commanding than the first half of the story. It is a sample of the kind of fiction-stories that GRIP you-that Everywoman's World will run through future issues.
'Yes, sir."
II want that district thoroughly well-scoured. If these beggars take it into their heads to cross the line into the Da kotas it is dollars o doughnuts they with the American Sioux. I expect you to use your you to use your catch them. Latreille is a good
man, so, according to your own reports, is Porter. If you are successful you may be sure the fact will be noted in the right quarter. The Division Clerk is typing full instructions. Don't let them get north of the Railroad.'
"Very good, sir," I said, coming to attention and saluting.
"I see you have applied for a pass until midnight. Here it is, signed. If you want to go down town before supper, I will excuse you from evening tables. That will do. Send the Sergeant-Major to me.

A ND that is about all the formality when men are in their hands, for Blackfeet braves on the warpath are not good to meet.
The task imposed was not as easy as it sounds. Indians are hard to catch at the best of times, and three armed Blackfeet would show fight to a cerIf I returned be found; that I knew of old. If, on the other hand, I was successful, there was just a chance of getting my third stripe; but the chance was not a rosy one. Oh, well; it was no good grumbling. An order is an order, as every trooper knows. I ought to have felt proud, but I didn't.
Fate seemed to be unpropitious that day. When I got to Sergeant Coote's quarter's just outside the reserve, with visions of a dainty supper cooked by
Myrtle's hands, I found that young lady-Lord! how Myrtle's hands, I found that young lady-Lord! how
nice she looked in a new sailor-suit-just setting off nice she looked in a new sailor-suit-just setting off
in a buckboard to spend a day or two at Beaver in a buckboard to spend a day or two at Beaver
Coulee, some thirty-five miles south of west. McCoulee, some thirty-five miles south of west. Mc-
Nulty, the rancher who was taking her out, was going to stop the night at Gull Lake, nine miles from Poplar Creek, and drive on early next morning. I was just in time to swallow a cup of tea that had been palpably boiled in the hurry of departureDash it! I hate boiled tea-and give her a kiss (or two; I forget the precise number behind the barn. revolver I had her with a little pearl handled revolver 1 had been treasuring up for some time. Your prairie girl would sooner have a present like that than a pair of gloves or a golf-jacket. Then I swore until she stopped my mouth; never mind how.
However, there was one ray in the gloom. Beaver Coulee was right in my line of search and I deterCoulee was right in my line of search and 1 determinght. We could get a shake-down in the barn and night. police boys are welcome everywhere-that's one good thing.
So we kissed again; that is, if my memory is right; and I walked on to town and drank more whiskey than was kind or necessary; but it was true and I didn't have to count a hundred before I did it. She looked so sweet in that new dress, and I had on a well-cut civilian suit. Heigh ho! It would have been a taste of old times when I was - not a corporal of Mounted Police. Do you wonder a poor beggar off the plains takes a drink when he gets a disap pointment like that? I don't; I've been there. It is all very well for you fellows who can kiss and cuddle your girl every night until you get sick and tired of each other, because you are both so commonplace and uninteresting. With Myrtle it was different. You simply could not get tired of her.

CHAPTER II.
SAY , did you eve- ride on the prairie in the latter
part of October, when there is never a cloud in all the great arch of the sky, and just a faint hint of coming frost, and a sunny wind rattling the dry grass, and every breath tingles in your throat like champagne? Then you have not lived. When the antelope stamps at you and scampers away as you round a butte; and the geese are calling overhead; (CONTINUED ON PAGE 6)
 written，probably as every child writes －diaries，heart out－pourings and death－ less memories which one hopes will strike callous hearts dumb，when a sweet young life is cut in its prime．（I burned these memoirs when neither sweet nor young）．
At Hellmuth College we published a jolly good little paper，the Editor－ in－chief＇s post falling to me．

Prize competitions always held a lure，especially as my stories－many of them revised from compositions done at school－brought in five or ten dollar bills．Days of stark necessity compell－ ed me to think of some means of making living，so I grabbed a pen and wrote－ three short stories which were imme－ diately accepted by the Smith Publi－ cations people．I drew a long breath and thought＂this making－a－living business is only child＇s play，after all． Don＇t see why women make such fuss about it．Whenever the baby doesn＇t need me，or I have nothing particular to do，I＇ll just run into my room and dash off a little story or two．
I paid some bills and wrote another story．It was returned．So was year $I$ never sold a story！I got up at daylight and wrote．I sat up till day－ light and wrote．No use！And the pressure was pretty heavy，for my baby was never well a day．For two years or more， 1 never knew in the morning whether he would be alive at night or not．That is why I did not get a position of some sort．I muddled along somehow， just breaking my hear everytime the postman came to the door with one of my little white doves－homing pigeons I might call them． Then one night，with a pot of coffee beside me to keep me awake， began what might be called the story of my life．I wrote all the hard－ ships and the anguish and the sobs and chok ings that I had endured． I wrote about the pinch for funds，about the death of my husband and the illness of my baby．I put a love story into it and called it ＂The Changeling＂and sent it to Monthly．＇
They accepted it and paid sixty dollars for it． I paid some more bills and set to work grimly． I learned my lesson－ that writing for a living is done from the soul， with heart－ache；that cold feet and a hot head are needed to pro－ duce anything worth while；that joy in work means－when sifted right down to bed rock


Mrs．Macbeth＇woo Children，taken in the costame as worn at the
except Sara Jeanette Duncan eve admitted to the Press Gallery．There I wrote two years for the Montreal Mirror．All the time I have been father and mother，writing with an eye on the tomato pickles and an ear for a child crying．I am sure that often there was too much spice in the story and too much sob in the pickles．I drifted back to things dramatic and to the Presidency of he Drama League． Of my success in that line，I need not ell you．Although I would rather act， it has fallen to my lot to produce，ex pecially the work of the children，which look upon as the best education they can receive．

I CANNOT tell you how many位 purposes．I have devoted months and months to the work．But it is such a pleasure！The children enter into the spirit of the thing whole－heartedly， and they are surprisingly quick to learn．
The plays have been staged in heatres，at garden parties，in the halls public institutions．Everywhere they have been successful and，I am glad to say，have netted much for patriotic endeavour．

These dramas have been witnessed by those whom we are pleased to call the elite．More，they have come under the eye of critics，and I hope，met their approval．
H．R．H．the Duke of Connaught when here as Governor General，the late Duchess and the Princess Patricia took great interest in the work of the children．
＇All this Drama League work is done gratuitously．It actually costs me money to put on these plays．There are those who think I get something out of it，but the most f ever got was nervous prostration．

I WOULD rather write a great play than anything in the world． Next to that，I would rather produce one． Next to that I would like to write a novel like Walpole＇s＂Forti－ tude＂or Mrs．Deland＇s ＂Iron Woman．＂I have not given up hope of doing it，either，if I can find sufficient free－ dom from domestic dis－ tractions to devote my whole thought to it． My recent novel ＂Kleath＂is being so kindly received that I am encouraged beyond the telling．

My horoscope says， however，that short stories are my forte！

I am not a bookworm in the least－keen about every sort of sport ex－ cept cock－fighting and bull－baiting．I can do a few stunts at swimming， tennis，etc．，myself．I hate not to be able to do things．I am greedy to Know．

## PROMOTION AND MYRTLE

（COATINUED FROM PAGE 5）

When the jingle of your accoutrement ${ }^{s}$ is music and the rhythmic beat of your ${ }^{r}$ broncho＇s hoofs like the accompaniment to a song？Ah，sonny，you don＇t know everything yet．
That was how I felt next morning when Latreille and Porter and I swung our of the barrack gates and turned We were neads to the western hills． job on hand，but a fellow with the his strings to the a and our hearts were light morning， we laughed and rag enough．so out to meet our troubles and rode gaily we surely did before anoth meet them You cannot always tell when sun rose． on a flying patrol how you will get back to quarters；and that＇s will get
When we dropped into a walk after the first breather I pulled my orders out and carefully re－read them．They
stated that the＂＇Rlater ＂wanted＂in Macleod feet Indians were and attempted marder for cattle－lifting and three constables had sergeant reservation with a had gone into the arrest；but that they had for their resistance，and，matters in the tribe looking ugly，the sergea in the tribe it advisable to ride back for rinfore－ ments．When they returned the three culprits had escaped；in full war－paint， which always means mischief had been seen and chased north of Lethbridge but managed to get a way among the rolling hills．Scouting par－ ties from the western detachments were had after them and the boundary posts armed warned．They were well a red with Winchester rifles and bore audacity；for great cunning and was a by indians，in short．There imperative bunty on their heads．It was and order both in the interests of law Mounted and for the prestige of the without delay alive that they be taken relay alve dead．
I rested my hands on the horn of my saddle and looked long and thought－ line of hills the level plain to the faint had held authority was the first time I that day I have to kill a man．Since action by squads seen men slain in action by squads and companies and my introdut little of it；but this was man－huntingion to the great－sport of heaven help．It was gun to gun and Gaben help the one who fired last scout，I Latreille，the French half－breed teen years anew could be trusted．．Fif－ he had proved his to the Police force， ways．Crafty as mettle in a thousand grizzly，he would wôtl and fearless as a the gates of Ereburk his way through glittering and laughing with black eyes orders given．I was teeth，were the young Porter．Was not so certain of lad，tall and muscular was Manitoba hardship，willing and cheerfur under but it was hard to tell good natured， act if called on to face he would ringed barrels of death the black quite sure of my own nerve ． strip off my stable－jacket and could位位 a licking behind the haystack c＇la n＇est pas la them－mais；parbleau？ I tur pas la guerre．
fully on Porter＇s eyes somewhat doubt rode a little ahead well－set figure，as he hey had sent an older me，and wished stiff work for a youngster．This was ＂You look ver
said Gabe，in her serious，my fren，＂ you tink about to make you so tam quiet？＇
＂Oh nothing，old man，＂I replied whether we shall＂I was just wondering ＂Whether we shall catch these chaps．＂
he answered conf all right，＂Corporal，＇ if we track，conidently．Mais，oui get me some dat Nor＇Pole first gar．＂
He grinned merrily and bit off a big lows，these hacco．Light－hearted fel ＂Well G
＂Well，Gabe，＂I said，＂we＇ll follow Flat and then we＇ll are across Duggan＇s We shall hardly take to the low hills． For my own pay meet them to－day be so crazy as to I don＇t think they＇c racks by daylight，＂come near the bar de by daylight．
＂Where vou likely，＂said the scout Corporal？＂＂，calc＇late to camp tonight
＂McNulty＇s ranch at Beaver Coulee， enough for one day．＂

# Your Boy!-Will He Be a Leader Or a Leaner? 

## Teach Him Self-Reliance-It Is Essential If He Is To Succeed

By ARTHUR B. FARMER

Head of the Psychological Clinic, Memorial Institute, Toronto

M
R. SHORT-we will call him Mr. Short be cause that is not his name-Mr. Short was teacher of Classics. He was sober and industrious teacher of Classics. He was sober and industrious.
At the time of our story he was employed in the At the time of our story he was employed in the
shipping department of a young Canadian concern. shipping department of a young Canadian concern. taking stock of his human assets, and had called in the assistance of a specialist in Character Anatysis. That gentleman, in course of time, prepared a report of his findings. We will quote a paragraph:He has a good deal of courage. He has plenty of physical energy and driving power. But he will not be a first class success in managing men
until he learns self-confidence. The until he learns self-confidence. The hardest lesson Mr. Short has to learn is to assume responsibility, to exercise authority, to command obedience. He
lacks seriously the element of dignity, lacks seriously the element of dignity, the feeling of self respect and of his own importance that makes a man independent, that makes a man prefer Mr. Short, by natural tisposition. would rather take orders, He wants would rather take orders. He wants to lean on someone else. He is acquiescent. He likes to say 'yes'. He is so fond of obeying that there is
danger that he will be bossed by his danger that he will be bossed by his
subordinates unless he makes it his subordinates unless he makes it his
business to hold up his head, straighten his upper lip, stiffen his spine, and Before the Manager had had time to study the report, he was called away for a few weeks. During his absence, the head of the shipping department proving unsatisfactory, was dismissed, and Mr. Short, was asked to take the position. From sheer lack of the feeling of self confidence, he declined the promotion. The assistant manager, suspecting him of disloyalty to the firm,
Lack of self-reliance lost Mr. Short not only the promotion offered, but even the position he already E.

Exit Mr. Short.

## Self Reliance Won

YEARS ago Walter Dean was employed in a was laid off. Yes, he says frankly to-day, he was 'fired.
His decision was promptly made. He decided to go into business for himself, with the extremely imited capital he had been able to save from his decided to be his own to his former employer. He "I "I must have worked
wice as hard working fwice as hard or more than my employer," remarked Mr. Dean 1 ever did for my employer," remarked Mr. Dean, the other day, decision, I seemed to walk on air with that big free man. I knew I would have to work hard, but I was to be my own boss, and I knew I could succeed in the end.
To-day the name of Walter Dean is known throughout the northern half of the continent among all lovers of canoes and pleasure boats.

## The Power to Do

THERE are many good qualities desirable in a boy to assure his success, but one of the most requently lacking is this qualit of self-reliance
Self-reliance is a feeling. It is the feeling of one's Why should so many people in this country, and in most English speaking countries be so lacking in this quality of self-confidence? Why is it that among our people, nine out of ten are afraid to undertake anything new, unable to assume responsibility ready to admit inferiority to others?
Travellers comment on the dignity of the Turk or the Indian. I have heard certain qualities of stability and reliability commended in Canadians, but I have not heard much of their self-reliance, except among the pioneers.
Diffidence, humility, and shame, are varying degrees of the lack of self-reliance. Arrogance results from self-reliance untempered by kindliness. Conceit is self-reliance without worth, the feeling f worth with worth itsel

Folks lacking in self-reliance themselves often dislike to see this quality in others, and the diffident father too often considers it his duty to humiliate his sons whenever they show signs of self-confidence develop is stunted in its growth by the folly of the parents.

Mothers Often to Blame
EVEN before birth, many a boy and a girl too, is with an inborn feeling of incompetence and inferiority
which ties them down throughout life to subordinate positions because-may I be permitted to speak grit out?-because of that shame which Mr Grundy has so long decreed "crime" of forl the "ever and mother.
Self-reliance gives the power of domination, and the power of domination is the birthright of the sons of those mothers who realize the dignity of motherhood, and are proud instead of ashamed to be mothers. Subordination is the fate of those sons whose mothers were ashamed.


The Leader. Average Head Measurements of Ten Self-Reliant Mer, Happy Onty When In Business for Themselves.

Diagram № 2.
when his father insisted on showing him how to build wonderful buildings with a new set of blocks. Encourage that meself", says a self-reliant little girl. Encourage that self-reliance, and do not-never Self-reliant children of all an help themselyes, and when judgment is to do things themselves, and when judgment is immature require tacttul handing
was a man wise woman who, finding that her butler was a man of great dignity and small intelligence, instead of ordering him with an air of authority,
adopted the manner of consulting him. Instead of "James, do this" it was, "James, do you think it would be a good idea to do this?" James was really a faithful fied instead of being offended, and he ave excellent service to the woman who knew how to handle him.
"But my boy is so overbearing, he wants to run everything!", did you
say?
Still,
do not humiliate him. say? Still, do not humiliate him.
Show him, by precept and example, Show him, by precept and example,
the wisdom of generosity and kindness.

## Teach Him to Say "I Can

IS your boy's head more like illusIration No. 2? Ther you have a
boy comparatively easy to manage--
too easy! With this boy it is doubly important that you do not humiliate him. He will not resent it, as will the boy of th self-reliant type, but it will do hin more harm, because his success in life epends largely on your assistance in helping him to learn self-confidence. Whatever you do, never suggest to

I knew a man who inherited from his father clever doctor, a splendid intellect, doomed for life to menial tasks through lack of self-reliance impressed upon him by the diffidence of his mother before his birth.

## Which is Your Boy?

IT is easy to recognize the boy who is naturally if-reliant.
Recently I went through my records and selected ten business men who had found that they were happy only when in business for themselves, men who, like Walter Dean, felt free however hard they had to work when they were their own masters selected ten more who were so lacking in selfreliance that they preferred to work for someone en, the self-reliant and the diffid of each set of diagrams show the result.

Is your boy's head like diagram No. 1 ?
If it is, he will always tend to stand erect, he will carry his chin high as shown in the illustration. If he belongs to the self-reliant type-thank Godi I would almost claim that a high degree of self-reliance is more to be desired in this world than a high order of intelligence.
True, the self-reliant boy is hard to manage He resents orders. He feels quite competent to decide and act for himself
"What have I a think for, if you are going to do
everything?" asked one self-reliant little fellow

## How to Help Your Boy Become a Leader

1. Commend his successes, forget his failures.
2. Show him his apparent failures are only incomplete successes-he can try, try again and succeed.
3. Consult rather than command him treat his opinions with respect
4. Cleanliness in person and dress help a boy think well of himself.
5. Let him train animals to obey his commands.
6. Teach him to command his own body as if it were an animal to be trained.
7. Teach him to carry his head erect, and to draw down and stiffen his upper lip.
8. Give him stories of achievement.
that he can. Teach him to try. Teach him to that he can. Teach him to try. Teach him to assume responsibility. Teach him to take risks. head high, as in illustration No. 1. This is the head high, as in illustration No. 1. This is the natural position of the head for a self-reliant person to arouse self-confidence. Look ever for his good points. Remember his accomplishments, and never no never-remind him of a fallure. Teach him that by careful preparation, by doing a little at time, day after day, he can accomplish big difficult undertakings.
"I cannot possibly earn more than four dollars a week on that machine," said a young woman in a actory.
"Yes you can" replied the forelady. "To-morrow you are going to time you work, and do each lot just a little faster than the ast. Do this and you will earn four-fifty next
The young woman, who couldn't, did. Inspiring her in this was in a few weeks the forelady had aught the girl that she could earn nine dollars week. It was a matter, largely, of developing selfconfidence

## Attitude of Self Reliance

NOTE the position in which the head is carried in Diagram No. 1.
Independence, self-reliance, leadership make one stand erect, straighten the spine, and carry the head so that the wing of the nostril is on a level with the
It is as if the
It is as if the whole head and body were drawn up by a cord attached to the back part of the top When you tell your boy to hold up his hram. man you are telling him to hold up his head like a man, you are telling him to assume the attitude of Arrogance, will tilt the head farther back.
Humility, dependence or submissiok still
Humilty, dependence or submission or any droop forward as shown in Diagram 2 the head to droop forward as shown in Diagram 2, so that the sometimes even with the root of the nose.

## They Do Not Try

SHELDON says truly, the reason most people do not accomplish more is because they do not ttempt more.
The reason they do not attempt more, is because they lack, through inheritance, prenatal influence and environment, that great quality of self-reliance. innew man who at nineteen was unable to read or write, but who felt that he could do what he set out to do. He secured an education, put himself through the Medical College, and for many years practiced medicine successfully in one of our CanaBetter by far that your bance.
Better by far that your boy at twenty-one should he should then have to begin with the even though in seeking scholastic education, than the three R 's' have all the learning of the Universities he should together with it that inherent feelinges and have inferiority that made a failure of our friend Short.

# The Magpie's Nest 

## Hope's Castles in the Shifting Sands That Relentless Tides Destroy

By ISABEL PATERSON<br>Illustrated by MARY ESSEX

(x)

## BOOK TWO

## New Readers Start Here

H$\boldsymbol{J}_{\text {OPE FIEy to }}^{\text {OPLDING was ambitious and needed }}$ money to pay her way through Normal School.
She went to the city and engaged as housemaid in an hotel. Jim Sane tity and engaged as housemaid in months until his attentions became so objectionable that she brought them to a culmination by injuring him She then taught sction.
She then taught school, taking rooms with Mary Dark, and found life uninteresting. She became en-
gaged to Tony Yorke, but the engagement was not gaged to Tony Yorke, but the engagement was not
announced. He became jealous without knowing why, announced. He became jealous without knowing why,
and when Edgerton's daughter came home from New and when Edgerton's daughter came home from New
York, she captivated him so that he asked Hope to reYork, she captivated him so that he
lease him from their engagement.

Then began a life of kaleidoscopic changes for Hope. Edgerton announced his interest in her, over which she
did net become enthusiastic. She went west where she unexpectedly met Ned"Angell.


HAT?" she said at last, impolitely, and turned a blank, stare on him. "Good
evening, Ned." If she had shouted "Go away", it could have been no plainer. "What are you doing here?" said, "Hope, you look like a ghost. get you something. I have some get you something. I have some
brandy in my suitcase. What are you

## doing here?",

Eloping," she retorted. It was the nearest she could come to shrieking, or hurling a brick at him. It served. He was unintelligible for several minutes,
and she watched him stonily. "That is, I was and she watched him stonily. "That is, I was
eloping, but I'm not. I changed my mind. Mary eloping, but I'm not. I changed
changed my mind., She's gone on.
"Mary Dark-oh, the man? I shan't tell you, Neddy., If any of your friends happen along, they'li
think it's you." think it's you.'
"I wish it. of his speech struck some chord the bare simplicity her again into a merely pitiful girl, aware of another's hurt, and sorry for it.
"Why, Ned, not you; it isn't possible.
here." Again Hope was aware of people regarding here. Again Hope was aware of people regarding end of the platform, a little isolated, but scarcely invisible; they regarded each other dramatically, uncertainly, with rather tense white faces and the hint of outflung hands, their eyes challenging and defensive; it was not strange if people stared. Ned knew it also, but he could not stop, he could only urge her: "You're tired; you are ill. The train won't be in for a nother hour or more ; it's late. Have you had any supper? Come up to the hotel and rest a little."
Anywhere, she thought, to be rid of his immediate importunities. But the problem he presented she was grappping wecile. People were always surprising be hoplessly imbecile. People were a ways surprising her now, turning to her unexpected surfaces, presenting her with new and incredible problems. her, a mazing past conception. Everything that had heer, amazing past conception. Everything that had day relations, took on a complexity that appalled her. Ned was not a harlequin, an incident; he was alive too, if one pricked him he bled That much he was showing her, with all the passion of a vain and mercurial nature, as they walked
slowly in the green-dark obscurity of a by-path beside the road to the hotel.
"You must have guessed it," he insisted.
"No, I didn't," she sighed. "Why should I? I don't think you ever said anything, did you?" She groped in her memory. Perhaps he had spoken;
she so seldom listened to him closely. Mostly she had laughed at him, or put him aside as one does a troublesome child
"Why do you suppose I was always coming?" He was almost angry; in the heat of his new passion it seemed to him that he had always cared so much. Now that she had so nearly gone from him forever,
she was all that was desirable and dear. He had she was all that was desirable and dear. He had for long past known her heart was turned from him,
toward another man; he had guessed it to be Tony toward another man; he had guessed it to be Tony
Yorke. Certainty had been impossible; she had her dignity, and had placed him unmistakably, sometimes pointedly, outside her confidence. A.nd sometimes pointedy, outside her confidence. A.nd
slowly her inaccessibility had wrought on him. To-night, with the fine unreason of a new lover, he saw the whole world of men striving to tear her from him. That was the result of her challenge. They were both rather mad, and it was night and spring. I don't know," she said. "After all, you
"Oh,

WE have appreciated "The Magpie's Nest" but not until recently were we aware of the intense interest it has been creating among our readers. Requests have been coming in recently to "give us more of it at a time," and " "why make the instalments so short?" So we have bowed to the will of the populace this month. When space permits, we will continue to do this. We particularly want to satisfy everyone. Suggestions and requests are always most welcome.
-The Editors.

were always about some other girl, too. You were Her hand was on his arm, and she felt him start. "You don't really care so much; do you, Ned? Not now, anyway, when I tell you Tony jilted me, and I came so near to running away with a another man?" "Oh, Hope, I do, I do!. There's only you. I
don't care about whoever else it was-" She would don't care about whoever else it was -". She would
not tell him who. "Do you care so much for Yorke?" "No." she said slowly. "I don't care for anyone It's all gone. But I'm tired" Presently she was weeping on his shoulder. "So tired. I haven't anything to give you."
$\mathrm{H}_{\text {if }}^{\mathrm{E}}$ told her fervently that nothing was enough, was touched. It is hardly a quality to build on, in was touched. it is hardy a quality to build on, in allusions fallen about her ears it seemed as solid as anything. But he only won when he put forward his own need as a plea. He wanted her! He Hid
want her; he ached for her; she felt it dimly-she had got into his blood.
To her, who had wanted so much and whose hands were so empty, it seemed unbearable that such a plea should go unanswered. Two people wretched were too many.
She wished only to see someone else happy, to remind herself that there was such a thing as joy in the world. Out of her enormous inexperience she was assured that her life was lived. And here was a way to end it neatly. Again her early training asserted itself, disastrous as any good rule is applied at the wrong moment. He was urging her to marry him. Marriage meant the end of the old order, a beginning of new things. It was a solution to be according to the rules of the game. And it would be according to the rules of the game. And it would
make Ned happy! In fact it was a sacrifice on the make Ned happy! in fact it was a sacrifice on the Ned, but for the sake of happiness itself. She hovered fearfully on the brink, delayed putting her hand to the bond with idle questions that in themselves committed her.
They had seated themselves on a fallen log, just beyond the path, to a void belated strollers. A long, harsh whistle pierced the night; Hope sprang to her feet.
"The train!" she cried. "We forgot it; it's gone,"
"Then marry me to-night," Ned said. Now she looked over the edge of the unknown and drew back a step.
"No.

Why, two hours ago. "No. Why, two hours ago. To-morrow
you will think differently, Tell me to-morrow, if
you do. I must go to the hotel, and get a room. I you do. I must go to the hot
tell you, I know we're insane.'
"To-morrow I shall think the same," he said, and urged her again, with wilder protestations, with the sheer strength of his own feeling. He was intoxicated, beyond mere earthiness. He too had found an analogy, she would have made the woods echo with satiric mirth.

## CHAPTER XVII

THE carpet was red, and a red flowered screen stood in front of the wood-fire in the grate. A lamp. In the tempered light Hope looked not a day older. Perhaps she should not have; three years is no great time in the early twenties. But years is no great time in the early twenties. But
to Mary's quietly observant second glance it was plain she was thinner, and her sleepy eyes seemed
larger, still softly blue, but impenetrable. Inquiring eyes still, now they volunteered nothing; and her thinness brought out strongly the salient line from
chin to ear. chin to ear.
"I never noticed the visible sign of her obstinacy
"You're pretty sometimes, Hope."
you like me to tell you you must have. "Would you ike me to tell you you must have been pretty
once I look a hag by daylight. Did you come all
this way to this way to flatter me? Tell me all the news instant" "Well, I was pretty once ", how I've missed youl" "That's I no mean concolation- remarked Mary placidly. came all this may consolation-at thirty. And i enough to stand it now; you weren't when you be strong "Maybe I'm not now," waren't when you left."
killed myself long time. If I look well the pricks for a long, pickled myself in brine preserved, it's because i to stop when I found I was own making. I had ordinary things, nerves. Has getting nerves. Extra"Enough,", said Mary. "You never
your letters?"" "Aaid Mary. "You never told me, in "About, my teapot tempests? They weren't
worth it." She rose and pick up a fan of carved went across the room to played with it, as if her hands demanded, but merely And she no longer relaxed into handed occupation. but seemed always ready to leave it chair, cat-like, true; she had made immense drains again. It was from day to she knew herself that now sheserve seem a to day, storing up nothing But it dived news?", she demanded. news?" she demanded.
said Mary. "That have written you everything," so glad when the money cath's gone abroad-I was "Is she happy?" asked Hope softly, almost as if "There are
Mary. "Yes, she has hers. Did happiness," said Mary. Yes, she has hers. Did you know that
she hoped you would write?" same! I But I am glad. I suppose we felt just the Mr. Edgerton?" ${ }^{\text {"i }}$. "And- he sent you this. I saved it mary, laughing ask." She reached into the saved it till you should "I was so caryed gold bracelet, held her gown and I was so afraid of losing it." He said you had
such round arms." in her eye. remember me," said Hope, with mirth And you remember him?"
to know if I regret him? herself different. "You want to know if I regret him? Noo, but I'm glad I knew him. What a plague he missut I'm glad I knew regret, anything much-what's done is done-
exoept-, "Except who-"
"Except Allen Kirby," and Hope laughed at the open surprise in Mary's face. "I woned at the
became of him, and I'll never what each other absolutely. Now turnow. We understood "I used to envy you," said up your nose at me!" Yoo're very comfortable here," Mary indulgently. able, if shabby; there was room enough was comfortlor the drawing-board, large chairs, in big window mistress of the place could be pleasantly which the up, and the spiritual consolation of an swallowed Hope had taken it over in toto from of an open fire. bichelor tenant - and, characteristically, had altered
nothing in it, unless by a very soul down here said, grinning. "You cadditions. soul down here; there's not an atom can let your
live up to. Nothing to in to live up to. Nothing to clash with my taste in it to When I haven't time is the greatest Art! And over the lamp.t I call the dust, I simply drop that well-bred tones remarked Mare place The Tub!" "Well, you've "Hope, does your in her delicious SHE drew
city daily-large-eyed anday fashion page of a girls in meticulously up-to-day sweetly simpering during the week with whatever frocks, and filled in her in the way of special illustrations, be required of
betrayed an impish betrayed an impish humor that strume of which her limited technique with more or struggled through "I don't think it's a topic for polite less success. Ask me how I like Seattle; nobody has for nearsty "How Io mous the dear old nobody has for nearly a

How do you like Seattle?", question."
paper is rather fun, isn't it?" promptly. "A newsextent," agreed Mary of the fields, to a certain had special Mary, in whose mind a certain many friends here?" just then. "Have you


In the tempered light Hope looked not a day older. -"You're pretty sometimes, Hope,"

Hope shook her head, rose, and walked about the room again. No" she said. Acquaintances some agreeable people. I can't seem to put anyone in the place you and the others occupied. Oh, I have been so lonely-but I didn't want new people. But look, I like this better than the dust the dertain, Mary came sed drew beside her. The house stood on toood beside her. The house stood on top of the roofs of the buildings that diopped away like a build dirs that way to the harbor they could see far down, to a galaxy of twinkling lights that marked the mastheads of ships from all the ports of the world. And a climbing rose peered in at the casement from the violet dusk. "I like all that," said Hope. "I daresay I'm romantic yet Sometimes I go down to the docks and mouse around for hours, sniffing at bales of stuff in tea-matting, and piles of square timber-smells of spices and cedar and the salt water-and Chinamen and bilges," she broke off, laughing. "There are weird shops down there, too, and yellow-faced people, and big, tall turbaned men with black beards-Sikhs. And lumberjacks and sailormen. I wish I could really draw. You must really any friends. Oh, bother!"' The really any friends.
doorbell was tinkling apologetically. doorbell was tinkling apologetically. She dropped the curtain and went across the room quickly, but drew the a momentary glimpse of a tentative looking young man, quite a personable youth, holding his hat in his hand in a manner ludicrously suggestive of one waiting for instructions. He must have said good evening, at least, but Hope did not listen.
"I'm sorry, Ches," she said. "I forgot; and I'm busy. I want to talk to Mary to-night; she came a day early. this week-why, yes, you might take us around to see the town; I never thought of that. Telephone me; goodnight." She closed the door again with decision, and the tentative youth apparently ceased to exist.

Well, if you haven't any friends, I should think you must have a
"Who-Ches Landry? Oh, bosh!" She seemed to think that enough, but amplified, with a yawn, "I didn't say, she a hermit.

## she added darkly

Oh, no-really, I have a sense of
humor left. He's merely an example of it. The first time I met him he said he didn't like me-and I heard about
Envisioning that waiting attitude, Mary said: "Nero was at that rate, a great humorist. Do you jest often?
NOW you're inquisitive," said Hope ne other-but I wasn't the humorist one othe Perhaps you'll appreciate this, so I will divest myself of honor and tell you. I had a proposal hereone. His name doesn't matter-but one. His name didesnt matter - but
there's his portrait." She tossed over a photo of another man, not so young quite, but still ornamental, wearing that peculiar expression of insouciance almost typical of the man who, with every opportunity to succeed, still fails. Just such a look Tony Yorke had. "He didn't belong here, and he clung to my hearthstone like a drowning mariner." "A drowning mariner," reflected Mary audibly, "might really make a better choice of something to cling to
than a hearthstone." than a hearthstone
"So might this party," retorted Hope promptly. "I was just telling you he was a stranger here, and thai s how it all began. Fecame quite an agreeable habit to him, and, I suspect was another habit of his-he proposed. He told me that he had had mine; he could not ask my first girlish mine; he could not ask my first girlish I felt the same. I was positively quite sympathetic, and he told me how his heart had been blighted. She was all that was lovely and good, but neither of 'em had much money, so she married another man who had. It broke their hearts, of course, but what could they do? He gave her his blessing. Do you know-would you believe it-he really thought she had done something highly creditable in landing the man with money? Yes, he respected her for it! I simply giggled at him, and asked why on earth they couldn't have taken a chance and lived on what he earned. I shall never forget his answer. He said I didn't understand-she was too fine and rare-why, she paid fifteen dollars a pair for her shoes. I told him I did too, solf. We weren't really simpatico myself. We
"But are you divorced-did you tell him you were free?" Truly Hope had changed.
"I did not," said Hope. "I do not tell anything to anyone. Mary, do you anything to anyone. Mary, do you

Ned? Where is he-and what-and "I believe he is back in Montreal, still in the bank," said Mary. "Of course you know his people,
thing-,
'Ah, yes, that's something else I should like to know now. What waseverything? People did hear of it, "Oh, heavens," said Mary, "it was and no one knew just how it got knew, If I had felt like laughing, I'd have laughed myself weary, watching them try to make up their minds to ask me -and not doing it. Ned closed up like a clam, too. And his people heard, and he went home suddenly-and went into the bank again at home. That's all I know. Do you still think-" "No. I was just curious." She sighed a little, and poked the fire absently. It was late spring, but the evenings were still refreshingly cool. "I, forgot to ask about Emily Edgerton.

She's engaged, to someone I don't know. A man from the East, I think," said Mary. "I saw her awhile ago;
she's quite wonderful."

ONE other, too, she had forgotten to ion Tony York's name, and at the end on Tony York's name, and at the end of the visit Mary was convinced it was rom neither pride nor pique, but beneither did she seem to care much for anything; that inquiry in her eyes was terribly impersonal. Mary had come to see, and now she did not like what she saw. Once she had vowed she would never again play dea ex machina but what was a vow against a friend! Mary thought deeply in the week that followed, and sifted Hope's life to the bottom. In it she found only husks, and a few vivid memories; poor food for a soul that must fare as it may. Hope had grown-she even looked physically taller, perhaps because of her thinness-she was a woman now but she had not come into a woman's
heritage. The episode of Ches Landry heritage. The episode of Ches Landry served as a keynote to her emotional state. Hope had really told it allin the one sentence. fore from men in had had her face in scorn. and his weariness, fing of her had affected her casual Wo our he met who had been torn by the very claws of desire? It was to make nothing of her griefs, and, in short, she would not endure it. And then, having vindicated her right to her own woe, he was noth-
ing to her. He had never kissed her lips; more, he had hardly touched he and. She made a casual confession of side out briefly for her friend'sion siside out briefly for her friend's en ghtenment.
"I understand now; I haven't got my astounding ignorance for an excuse. So I can't play at it all any more. Con used to kiss me sometimes, and it just meant to me that he was kind and I iked him. What should I do if I me im again? Well, I'm sorry about Ches-that is, if rve hurt him; he hever said-I was a cat; I won't do it gain. But you can see it's those terms r nothing, and he doesn't go away, There won't be any others, probably.

You flatter yourself," said Mary
No, I don't," said Hope. "I used to was always weaving nets, and throwing them to the winds, to snare love Not for any one man-but every girl's like that-you know yourself, you find what you're looking for. Like a sailo histling up a wind; it's our attitude If hadn't been for that, should I eve have taken Ned seriously? Why, hought that men might die for love hat quite foresaw him in such thin onty, but it seemed a ferver might e me-as if every touch world go round but at that, I neednt have imagined it would stop turnin because a young cub sighed in vai after some particular girl' She laughed lightly. If in the face of that declara tion it seemed feolish of her to be still so spent and undone, the point were missed. She suffered not from the mere loss of the desired object, but from the moral shock of seeing Tony as he was, and the following revelation o her marriage. To have her sand castle wept away by the tide was perhaps n, bones had come to light in the backwash?

HE next few chapters of "The Magpie's Nest" brings the interest to a climax. The story grows more gripping as it unfolds. The December Everywoman's World will contain another goodly installment. Don't miss it.

AYHEW paused in the act of lifting the razor to his chin. His eye had just caught the date on his dresser calendar. Three days old! With his left hand he tore off the three top leaves, expos-
ing a large number eleven. Then a slow smile spread over his face and from the recesses of his throat as he swiftly plied the razor about his well-developed
jaw, came a sound which might have been interpreted as expressing part skepticism, part been interpreted as expressing part skepticism, part
amusement. The magic number, eleven, had called amusemen
It was the eleventh of the month and in the ordinary sense this meant nothing special to Pro-
fessor Mayhew. It was also. Tuesday, thesis day, fessor Mayhew. It was also Tuesday, thesis day, and he had no lectures until one-thirty. But-the
evening before, his married sister had succeeded in evening before, his married sister had succeeded in
dragging him out to a social affair, termed a "teafight," and he had there been wheedled into having his palm read by a gipsy fortune-teller. Of course she hadn't been a real gypsy, and he had listened with a polite and somewhat bored attention to her prognostications. For fifty cents she had conjured up some very pleasant but highly improbable future events for him. He was to be married-ah very soon!. His fate was rapidly approaching. It was breaking all the speed laws and cutting corners on two wheels as it were, to reach him! The lady of his choice would be a person of high character, much intelligence and no little beauty. Also he was due for a legacy soon and his lucky number was eleven. Everybody had a lucky number, whether they knew t or not.
Think back and see if everything fortunate that has occurred in your life hasn't taken place either at eleven of the clock or on the eleventh day of the
month." she had advised him. month." she had advised him.
He had obeyed her. But the result of his cogitaillness at the age of eleven. One night at eleven the house had caught fire. Eleven years ago to a day he had been "plucked" in his exams. dictum," he had told her, rising ere she could request another half-dollar for a recounting of his past. "Still I thank you kindly. You are a true optimist. The bare idea of that legacy has bucked me up wonderfully.
$\mathrm{H}_{\text {its last clarion summons, and math sent out }}^{\text {IS }}$ hurriedly dressed.

Disposing of the meal in his usual rapid manner, he took a car for the downtown district. Most of the forenoon was spent in the transaction of various matters of business, and not again did he have occasion to think of the talismanic numeral which was supposed to be the guiding star of his destiny.
An hour before noon found him at the jewelry counter in a large apartment store. He was choosing a pair of gold cuff-links for a
birthday present for a fellow member of the birthday
Faculty.
The store was thronged. Next to him, and at times so close that he could discern the faint
aroma of Parma violet that emenated from her aroma of Parma violet that emanated irom her
vanity-bag, stood a young woman in a fashionable blue jersey-cloth costume. She was looking at some expensive necklaces, languidly lifting them up in her slim white fingers and laying, them aside, seemingly a purchase.
Mayhew found himself unable to refrain from little sidelong glances of furtive admiration.
She was undoubtedly a charming sort of She was undoubtedly a charming sort of
person, though not strictly beautiful. She person, though not strictly beautiful. She
had a clear-cut piquant profile, soft dark hair had a clear-cut piquant profile, soft dark hair this latter feature of the girl that drew the young professor's attention irresistibly to
her. They were strange eyes. Something of her. They were strange eyes. Something of
regret lay in their depths. They were the regret lay in their depths. They were the
sort of eyes that invariably accompany a good brain. He could see that she was a sensible, perhaps an economical person. She was evidently regretting the high prices of Professor Mayhew. For even as he continued Professor Mayhew. For even as he continued her do a very odd thing.
She glanced swiftly to right and left and quickly slipped an emerald necklace up her
$\mathbf{A}^{\text {LL }}$ this while he had been standing which had almost ceased operations, now which had almost ceased operations, now
commenced to pound. A cold sweat broke
out all over him. The shock of what he had just witnessed left him staring at her in unqualified a mazement.
She looked up, caught his expression and a queer, pleading look came into her eyes. Then they dropped swiftly, she drew her lips together, bravely assumed an
But Nemesis was on her trail! From behind a marble pillar stepped one of the great store's watch-dogs-a man in plain attire but clothed with official authority.

Blandly and in very quiet tones he invited the young woman to accompany him to the office of the store superintendent.
$\mathbf{M I}_{\text {tracted saw the gith pity as he he whiten. His heart con- }}^{\text {AYFE }}$ So young, so lovely-and so hardened! The young man whose days were spent in the seclusion of college halls was face to face for the first time with an actuality of real life, a sub-strata, demi-monde, occur-
rence. In all his learned, scholarly helplessness he rence. In all his learned, scholarly helplessnecs he
stood gazing at the lovely thief but unable to aid stood gazing at the lovely thief but unable to aid
her in the slightest degree. her in the slightest degree.
"You were witness of this?
"You were witness of this?" ness like the chill chipping of steel on ice.
"I-I really would prefer not to appear in this matter at all- he began, backing away. But
we must have you. You won't be detained long. we must have you. You won
Come," insisted the detective.
Reluctantly Mayhew followed the speaker and the. girl into an elevator. All the way up to the sixth floor he watched the girl's hands-fair hands that clasped her alligator handbag firmly-not the ordinary hands of the professional shop-lifter, he imagined. could tell. The appearance of immunity they had could tell. The appearance of immunit
was likely their best professional asset!

## We Want More Good Wholesome Fiction

## A COMPETITION ANNOUNCED

$\Psi^{s}$there anything more enjoyable than a good oldfashioned love story? Have you ever delved little leather-bound, yellow-paged velected a neat ensconced in the depths of the easiest family chair, whiled away an hour or two? Did you not marvel at the directness of the story, the exquisite English, the wholesomeness of the theme, the purity of the morals, the lack of insipid sentiment, and the of the morals, the lack of in

We want just such a story.
We want fiction that is exhilarating.
Don't you?
We feel sure you, too, must be weary of the problemplay, the endless exposé of sordidness.

There's a whole lot of gladness, of charity, of purity, of general good-will, in this dear old world. Let's hear about it.
You find it in your lives; we find it in ours; we all see it in those with whom we come in contact every day. There are ideals still in this materialistic cosmos. You have observed them! Tell us about them. Weave the humanity of life, the very joy of living, around a good strong theme. Make it a story worth reading, and send it on to us
For the best story accepted we will pay ONE HUNRED DOLLARS.
It must not be more than 4,000 words in length. it should lend itself to illustration. If it has a Canadian touch to it-so much the better.
After the winning story has been decided upon, we shall pay the usual rates for all others we accept, If the contributor definitely
script is to be so considered.

If competitors want manuscripts returned in case of non-acceptance, a stamped, self-addressed envelope must be enclosed.
All manuscripts must be in this office not later than January 5th, 1918. Address Manuscripts: Fiction Competition Editor, Everywoman's World,

DURING the next ten minutes Mayhew lost all an hour must have passed. The told himself that put to the girl whe passed. The usual formula was She was search who gave her name as Clare Wilkins. But apparently the adjoining room by the matron booty. A price the emerald necklace was all of the "One hundred and was on it.
the superintendent. "Whew! and dollars!" exclaimed from necessity, young Whew! You didn't do this not in want. Is it young woman! You are evidently
"I prefer not to say," said offence?"
Call a closed cab, Mr. Maxwell, please looked up. young man?"
"Then he will go alomg."
"Where to?" demanded
sending her to-can't the Mayhew. "You're not will gladly pay it if you will let her oft., here? I"We've let too shent shook his head.
Last month we made off. It happens too often. number six station the a new rule. Right over to Miss Wix station they go now!"
eyes. At Mayhew's offer standing with downcast a grateful look, but of the to aid her she flashed him What made you do same time shook her head. out again. "I-I $j$
seemed to him that her told!" she answered, and it "ten number six station Miss Will irrelevant. "ten days", without the option Wilkins was given record could be looked into. Mayhew, though loath
to believe, from all absence of an it, was compelled on her part that Miss Will of an hysterical manner or else she had great self conins was an old offender, "My dear girl, why do control!
We asked, impulsively, as he lead a life of this sort?"
Without realizing it he he prepared to leave her. into his strong clasp. down at her he suddenly remeoking earnestly young sister and she must bembered that his At his sympathetic tone Miss Wilkins ed once or twice and then emotion. She gulpinto her handkerchief. He left her thus, promising to call upon her the next day.
THE young don was only half present in the evening he chanced to at afternoon. In editorial in one of thed to read a disquieting topic would scarcely papers. Ordinarily the sufficiently to make him interested him first sentence. It was wade through the The Evening Echo had about prison reform. cause for some time. public it should be public in the dark in regard to to keep the our prisons, we cannot understand, unless it is a case of palpable, "patent mismanagement,"
The E Echo said. The Echo said. "And as for the state of
affairs in the wo mane affairs in the women's sections-particularly in numbers six, nine and eleven- particularly city like ours such woeful neglect of the ordin-
ary decencies can ary decencies can be tolerated, passes comMayhew.
Mayhew shuddered as he pictured the
possible plight of Clare Wilkins. the ond proper food the girl would Owing to So the her incarceration a mere sherge a box of candy day he smuggled in to her extend her hand bume fruit. She did not her in a big-brothet he took it and spoke to her hard little brotherly manner. She sat to bench. II admire your altruistic motives in coming
here, Professor Maybew end of his first hayhew," said the pirl at the 'But really you can dozen halting remarks ou don't understand the no good. Yousubjected to. IAs she looked
the one barred window fallin the light from nest young face she broke off, her liss his earng. Then she buried her face in her hand and sobs shook her slender shoulders. But
when she looked when she looked up he saw that her eyes were
dry and bright. Fell dry and bright. Fell despair had had her so ong in its clutches that even the refreshing
boon of tears was denied soon of tears was denied her! Mayhew
sighed. "But a girl like you-why I can see soul shining in your face-surely surely you can
pull yourself up to the again! What do you the level of honesty you can "I tried to you do with your time here?" hey took away write-some letters. But

# Farming Just a Matter of Choice 

## They Gave Up Positions of Importance to Become Farmers

By MADGE MACBETH

PRHAPS there is an association between the idea of dentistry and foodstuffs, and yet one cannot but exclaim at the thought of a leading Regina dentist turning farmer. That is what Dr. Grace Armstrong has done throughout the past summer, working early and late on a western ranch and helping to supply the country's needs in food. Dr. Armstrong inherited dentistry; her father handed the profession down to her, and her brother is a dentist. In its attitude toward a woman practitioner, the public is apt, Dr. Armstrong thinks, to be a little more exacting than with a man, but she finds no complaint against Regina where she is proudly pointed out to visitors as one of the foremost professional women of the West.


Dr. Grace Armstrong

FROM a niche in the hall of literary achievement, whither she had climbed by means of jolly good and hard work, Margaret Bell Saunders stepped, to do relief work. For a year and a half she distributed food and clothing somewhere between the Yser Canal and the road to the trenches, under the supervision of the Betgian Canal Boat Fund with which Mrs. Agar Adamson, of Toronto, is so prominently connected. In 1916 while visiting a nearby village with a nurse, a bomb from a Hun aeroplane exploded, practically at the feet of Miss Saunders and her friend, killing the latter and seriously wounding the former. Recent word comes from her saying that while recuperating in Wales, she has taken on the care of the strawberry bed, a poetic form of farming which doubtless by this time has led to broader activities along the same line.

THE old way was for a man to choose a woman and take her out to his farm where she had to be a farmer herself whether she liked it, or was fitted for it, or not. The new way is for a woman to choose a farm and to work it successfully because she wants to do so, with or without the help of a man! Women have been assisted materially along these lines by women officers at the head of Farming Associations. Mrs. McNaughten the (only woman) President of the Women's Branch of the Grain Growers. Association is one, and the subject of our photo is another-Mrs. Parlby of Alix, Alberta. Mrs. Parley is the President of the United Farm Women's Association and is particularly interested in the right of women to homestead.


Margaret Bell Saunders

$\mathrm{W}^{\mathrm{H}}$HO says this is a punk "punkin?" Well, hardly! Mrs. Checkley is having her hands full while harvesting a bumper crop of pampkins near Bartonville, Ont. A city girl also eager to do her bit, and a neighbor's children constitute "the help." Mr. Checkley, it might be mentioned, works in a factory all day and runs a truck garden during spare hours. His energetic wife attends to the garden all the other hours which are not spare. She
has absorbed the thrift germ and is not willing to see anything going to waste for lack of a pair of hands to save it.


Mrs. Checkley

$S_{\text {did they hen are born farmers-but these are not they. Nor }}^{O M \text { warming thrust }}$ did they have farming thrust upon them. They jumped into
it voluntarily. They left vocations to which they had made niche for themselves and turned to farming. And who knows but that you or I at the moment, are enjoying the fruit (or vegetables) of their labours? - Madge Macbeth.
$H^{E R}$ name ought to be Rebecca, I suppose, but it isn't! She is Miss Estelle Cline, of Harley, Ontario, who feels that she is doing her bit to help win the war, by producing food-stuffs. Miss Cline belongs to the ever-increasing number of successful women farmers, and argues that what men have done on a farm can be done by energetic women. Indeed, she does not need to argue, for her versatility proves it. She builds her own fences, ploughs, cuts hay and grain, raises stock and in the photograph she is caught in the act of cleaning a well by means of a' derrick constructed from her mother's rood pile.

## 12 EVERYWOMAN'S WORLD FOR NOVEMBER, 1917

# We Nominate as Leading Woman in Ontario-Mrs. May R. Thornley 

She Has Been the Power Behind Many of the Provincial<br>Reform Movements in the Last Quarter of a Century



ACK of every great movement, behind every worthy project is some one figure, some sincere soul to whom the adherents of the cause may look for direction, for advice, for material help -some central luminary, the brilliance of whose achievements is never reflected through the public press or advertised among the uninterested and the unsympathetic. That guiding spirit works silently and effectively and indefatigably towards one endthe good of the cause and the accomplishment of its aims.
Just such a hidden light is Mrs. May R. Thornley, of London, Ont. But instead of restricting her interest to one movement, she is, probably unconsciously, the nucleus of many.
Mrs. Thornley is the embodiment of Canadian feminine thought of the moment. She stands for national progress and national ideals-or what national ideals should be; she stands for them and by them-stands very firmly, and out of her fertile brain comes the fruit of mnay a Dominion-wide reform, developed by the legions of co-workers in whom she has inspired enthusiasm for success.

NO one asks "Who is Mrs. Thornley?" Everyone knows her either directly or indirectly.
What is Mrs. Thornley? Ah, that is different. That question emphasizes the very quality that characterizes and has characterized her whole life-humility, a desire to remain unknown.

Before satisfying curiosity as to what she is, it may be more appropriate to go back a little to the days when Mrs. Thornley was-well, Mrs. Thornley-in-the-making.
She was born in Drummondville, Nova Scotia, just long enough ago to provide the years of experience the force of which she brings to bear on present-day affairs. Before her, through the line of her ancestry, were influences, good strong Christian influences that were bound to make their imprint. Her father, the Rev. G. N. A. F. T. Dickson, was Principal of Madras Institute a school for the training of teachers and the partial training of theological students. The position was a good one, at least from the financial standpoint, the salary being about $\$ 1000$ per year. But there did not go with it the opportunity to minister to the need of souls that Rev. Mr. Dickson saw waiting in a more open field, so he willingly resigned the post in favor of one that brought him a salary of $\$ 325$ a year, but a wealth of opportunity to spread the gospel.
It may have been coincidence, but more likely it was Providence that was responsible for a similar attitude on the part of her mother. Mrs. Dickson was highly educated in the Old Country, and on coming to Canada was requested by many professional men, including Judge Haliburton, of "Sam Slick" fame, to take charge of the first ladies' school in Nova Scotia. She agreed, and was very successful. She too, however, relinquished her career and its attendant honors because she thought she could do more good by sharing the labors of that Methodist preacher and his salary of $\$ 325$ a year.

## At the Circus

$\mathbf{A}^{\mathrm{T} \text { school Mrs. Thornley was a typical girl. She }}$ bubbled over with happiness and the joy that comes of youth. She was the "ring-leader" in any mischief that was going. And, speaking of "ringleaders" brings to light a little tale of Mrs. Thornley's youthful days that is worth the telling.
There developed within her at one time, a great longing to see a circus. Of course, it was forbidden. That fact in itself, may have made the experience seem more to be desired. At that time she had no conscientious scruples upon the question. Her only restraining thought was the filial desire not to bring reproach or disgrace upon her parents, upon her father, particularly as Minister of the Gospel.
But she must see that circus! That fact remained. When all pros and cons had been sifted, the imperative longing still stood out. She must see the circus. There were obstacles, oh, a million of them, but
even then one integral factor of her character was in process of formation-the overcoming of any and every obstacle.
So she dressed herself as a little old lady with poke bonnet, lace, veil, shawl and silk mitts, and thus disguised, sallied forth, all qualms of conscience left in abeyance.


She enjoyed the menagerie and the acrobatic performance. The band, the crowds and the general spirit of good cheer had their respective effects. But gradually over her there crept a certain feeling of disgust at herself that she had allowed herself to be lured there. The suspicion of sordidness now and then came as a shock. And, to add to her discomfiture she became aware that she was being watched. The man beside her on the grandstand was holding whispered consultation with his partner. She, in turn, observed the diminutive "grandmother" with keen amusement. Jointly, they scrutinized her from head to foot, their eyes resting a trifle too long on the plump, soft white hands that fitted oddly into the silk mitts.
The little fugitive hid the hands under the shawl and as soon as she could get away, wriggled through the crowd and made good her escape.
"I had had enough of circuses," she will tell you laughingly.

WAY back in 1885 Mrs . Thornley first became active in the work to which she has devoted more time than to anything else-Temperance. She was then living in New Jersey. But when her husband died she came to Ontario where she plunged whole-heartedly and with all her soul into the fight for Prohibition.

There, you have one of the secrets of what Mrs. Thornley is. She is the alpha and the omega of the W.C.T.U. temperance endeayor in Ontario. Indeed, it would not be amiss to say that her influence has spread far beyond the limits of that province But in nominating Mrs. Thornley as an outstanding figure in Ontario, as we do hereby, we should confine ourselves to Ontario.
For seven years she was Provincial President of the Women's Christian Temperance Union and has been officially connected with the organization ever since her last term of office as president expired. She was also for a number of years president of the branch in London, Ontario, her home city.
Mrs. Thornley has worked unceasingly and untiringly in the interests of temperance and of the other moral issues for which the W.C.T.U. stands, and though few may be aware of it, many of the big
moral reforms in the past quarter of a century are directly traceable to her efforts.

## The Drv Canteen

$\mathbf{A}^{\mathrm{T}}$ the barracks at Carling Heights, London, investigation had exposed much drunkenness. Mrs. Thornley wrote to the then Minister of Militia, Sir Frederick Borden, and sent complaint after complaint. In the course of the correspondence she very unexpectedly found that there really was a dry canteen law on the statute books that was never enforced.
There were ten canteens on the Heights, and these were rented mainly to tavern keepers who brought their bar equipments with them and conducted regular business. Any money above expenses went to provide delicacies for the officers' mess. The officers themselves, openly admitted to Mrs. Thornley the charges she made, and as openly denied the presence of a dry canteen law on the statutes.
In the meantime the question was asked, in the House of Commons, if Mrs. Thornley of London was charging violation of the law. The Minister of Militia replied that she had not substantiated her charges. Immediately Mrs. Thornley wired that proof was on the way, but no further action was taken until two years later, when a Commission was formed in London which instituted three military trials, posted copies of the dry canteen law in the Later came Sir Sam its observance in Ontario. Later came Sir Sam Hughes and the federal dry
canteen law. canteen law.
Another
Another reform due to Mrs. Thornley's influence was that of improved conditions in public schools. don facts that went to Ministerial Alliance in Lonion facts that went to prove that moral conditions in the schools were certainly not what they should be. The disclosure brought upon Mrs. Thornley from it, she accepted it in the though she shrank ness. The question did in the cause of righteousspread all over the country, rest in London. It and even across the seas. The into the United States of Toronto took it ip. The Teachers' Association appeared before that An Anglican clergyman appalling facts that had and laid bare some of the Toronto Globe dealt had come to his notice. The In short, a resolution with the matter editorially. ment of Education reques to the Ontario Departhad been for five years Provincial W.C.T.U. as ander the auspices of the children, be taken over by the Der among the school vise moral issues in the the Department to superand at the recent W.C.T.U. cos. This was done, a resolution was passed requenvention in Cornwall to appoint also a woman for simila the Department girls.

## "The Fiddlers"

To the average person the two words "The Fiddl There came a day when a symbol of mysticism. that a certain book of that public was informed Arthur Lee, in Eook of that name written by one bidden the mails in Cand, had been censored-forwould be exacted from and; that a fine of $\$ 5,000.00$ democratic country who would with in thee and with the book in his or would hereafter be found the rigors of the law would possession-in short, all ment of any of the thousand enforced for infringewent to make up the governmd one clauses that Whether or not Mrs, Thernmental proclamation. responsible for the passing Thornley was in any way will be left to conjecture of that law, indirectly, her connection therewith. It will suffice to state In May, 1915 the W C
that while Canada's soldier. in Ontario discovered on this side of the Atlantics had the dry canteen in England. The officials imuch was not the case to the War Office in London, even iately sent protests himself. These may have been to Lord Kitchener canteen having been bro been the reason for dry month only. With her genius in for a month-a Thornley unfolded a plan for organizing, Mrs. here would be made con whereby the authorities indeed no one supposed they did the facis, though Continued ar did not already know

## Author's Explanatory Note

ELL us a play which will be casy to produce in our club
or Sunday School," has been asked me times without number, and it has sometimes been difficult to find one which will not discourage both the actors and producer before the close of half a dozen rehearsals. In "HOW CHRISTMAS CAME TO NINA" therefore, I have tried to write above all things a play easy to cast and easy to produce.
It can be put on with utter simplicity in hall or drawing room; it can be produced on a stage with pleasing elaborateness. But the spirit of it is what counts, not the setting. It is advisable, I think to have one or woo adults in the cast; they give a certain confidence to children and the children in turn, can teach adults many a deserved lesson in lack of self-conThe part
The parts are easy to cast-Mrs. Patterson and Mrs, Scott being just what the lines portray and Mr. Burton, Nina Scott ergyman
little girls, about the most difficult part of the four that she be a brunette, in contrast to A CHILD who ought to be a blonde-angel type if possible.
Mr. Cann, the comedy relief, can be as funny as whiskers and a wig can make him.
A CHILD might well be taken by a small adultone with a sweet, slow speaking voice and an intelligent reading of the part. As to costumes, they are all everyday ones, except those worn by the children in the lableaux, and that worn by a CHILD.
When she enters first, she should be in rags-gray or an indefinite tan, her sleeves torn and bare arms. showing. Oldest boots; no wraps. She should be pale, but not dirty. When she comes in at the last, she should be dressed in white robes, her hair flowing, wings if possible, and a delicate crown.
The tableaux and Victrola idea, is introduced obviously to make a full evening's entertainment and to bring a number of children into the cast without giving them lines to learn and thus complicate the production. I will be glad to answer any questions relating to enclosing a stamped envelope-Madge Macbeth.

Scene-A Sunday School room. Door to right, leading to street. Door to left, leading to another part of building. Window, rear right. Piano or organ against rear wall. Texts hanging about. One or two tables and a few chairs or benches-not crowding stage. At leett, near foot lights, a half trimmed Christmas tree, tinsel, ornaments, etc. Boxes of toys nearby. (See text of play for exact articles). At rise of curtain, MRS.
PATTERSON, MRS, SCOTT, and MR. BURTON are discovered, standing near tree.

> Mrs. P.-There! I expect the children can finish it all right. Mrs. S. I'm sure they can. We have done the highest places. Mr. B. And I fear we have used up most of the decorations. There seemed to be so few this
year. And the toys-how will we manage to Mrs. S.-My dear Mr. Burton, please do not distres yourself. It is my experience that children are just as happy when they do not have too much fuss made over them. The old idea of surprise, stockings, Santa Claus and the like, has died. Children are eminently practical, these days. In other words, the Spirit of Christmas is changed
(A low cry is heard outside, and a CHILD with pale face, peers in at the window a second, then disappears). Mrs. P.-Listen! Didn't you hear something? It sounded like a child crying.
(All listen, Mr. B. goes to door, opens it and looks
Mr. B.-I thought I heard something, too, but there is no one about. Probably the wind
(Comes back to tree.)
Mrs. P.-I don't care how practical a child is, Cora, a gift-a gift which is accompanied by love-never fails to please. And we have so many children in the parish this year who will have no other presents than those they get here (Laughing off stage. Stamping of feet at door Right Enter DAISY, NINA, MAY and GRACE Winter clothing.)
Daisy.-Good evening, Oh, how lovely it looks! Mr. B.-Good evening, girls.
May and Grace.-Good evening.
Nina.-Oh, I say-you promised to let us do it My hands are nearly frozen, aren't yours, Daisy.-Pretty cold.
May.-We hooked on to Mr. Cann's sleigh. He'll be here in a mimute, and asked the children to be here in a minute, and asked the
(Girls remove zuraps. Nina dumps hers on a chair, covering a fair sized box. See text below).
Mrs. S.-What is he coming for?
Mr. B.-To carry out a happy idea of Mrs. Patter son, who suggested sending photos of our children, in this dear familiar setting, to the boys who enlisted from this parish.
Girls.-Oh, how jolly! May we be in them
Mrs. P.-Of course. But 1 am specially depending
on you older girls to help make the records a success.
B. What records, Mrs. Patterson?
Mr. B.-Records of our carols and Christmas songs, Nina. Mrs. Patterson's idea, too. She has Victrola in the hall, there (points to door, left) and all the facilities for recording our music. The dith ine send and with photos and songs and socks and plum cakes, they will have a real echo of home-God s. S. - Them.

Mrs. S.-That was quite clever of you, Esther. I never would have thought of such a thing.
Mrs. P.-They ought to be-in the Infant's class room. Shall we go and see? Oh, here is Mr. Cann, now.
(Enter Mr. Cann, camera apparatus in hand. He is a loud-voiced, hearty man.)
Mr. C.-Evening, ladies! Evening, Parson! It's snowing and blowing like Billy-be-Dar-Ahem!-er-that is, like Billy-er-Sunday! Well, where are the victims? No Ho-ho! to spare to spare . got to do some Christmassing at tuque the missus thought might look well a the tree. (Claps it on the head of a Teddy bear, cat, dog or other animal).
Mrs. P.-Thank you, Mr. Cann. We need all the things we can get. The children are just about ready.
(Exit Mrs. P. and Mrs. S.)
(Mr. Cann gets busily to work with camera, tripod, black cloth, etc.)
Mr. C.-Come on Parson. Martyrs are called for Mr. B.-Oh, the boys don't want my photograph. Not alone, surely.
Mr. C.-Oh, ho! You want to be grouped with the girls. All right-I have an idea. We'll send he boys a charade-Come on, all of you. (He rushes back bo and the four girls in door Left; rushes back to camera and snaps the shutter.),
Good, now can any of you guess it? It's adjective.
All.- No, we give it up.
C.--Wonderful! (All look at one another pusDon't you see? Come here. (They crowd rounhd him. He speaks mysteriously).
(CONTINUED ON PAGE 36)


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 want to help the Government in the work of conserving food supplies by having one or two meatless days each week. For your meatless meals you will want food that supplies as much nutriment as meat at a lower costfood that is ready-to-eat and easily digested.
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## In the Realm of Books

## What's What in the Newest Literature

## The Red Planet

By W. J. Locke.
B. Gundy. Price, $\$ 1.50$
$\mathrm{VI}_{\text {a poseur, }}^{\mathrm{R} \text {. Locke }}$ is always somewhat of I a poseur, but he possesses a per-
sonality and charm of style that give interest even to his most carelessly constructed stories. We feel that never
have the people he portrays been known have the people he portrays been known
in real life but in spite of his incorrigible sentimentality we read each new work with pleasure
In his last volume
In his last volume, however, he has departed from his usual world of
beloved vagabonds and errant damsels beloved vagabonds and errant damsels
and has given us a war-time stery and has given us a war-time story,
which is yet not of the war. The plot which is yet not of the war. The plot
confines itself to life in England, but confines itsel
the war is ever in the background - $-a$ threatening cloud upon the horizon.
He is unfortunate in the fact that the machinery of his tale is precisely similar to that of a another author
of somewhat earlier date. Some who of somewhat earlier date. Some who
read the "Red Planet" will recall a book which made a slight sensation a few ,years ago, "The Lame Dog's
Diary." In both books the incidents Diary." In both books the incidents
are related by an elderly soldier, incapacitated by his wounds from active service, whose life has been narrowed to
that of a little English village. Here, however, the similarity ends.
The central figure of the "Red officer in the Old Army. Of this man it is hard to say whether he is hero or villain, the worst of scoundrels, or only
the victim of a curious constitutional taint. Long before the tate begins. in the course of the Boer War, he had yielded to this hereditary thent cowardice and had left his men to be cut to pieces as a result. Eater,
however, by deeds of desperate hardihowever, by deeds of desperate hardithe D.S.O. and had succeeded in having the memory of his former
disgrace almost forgotten and dis disgrace almost forgotten and dis-
credited. Betty Fairfax, the heroine is engaged to Boyce and is very much in love with him, but upon discovering that he has stood by and suffered a woman whom he had wronged and who loved bim, deliberately to drown herself before his eyes, she breaks the engagement and refuses to have anything further to say to him. She he is killed during the finstead, but he is killed during the first battles of blinded in an act of great daring Betty relents. However, Boyce straing Betty out matters by suicide straightens finally marries Major Meredyth the narrator of the story, who has loved narrator of the story
her from childhood.
her from childhood.
who stands helpless whit to like a hero hot around him, or while his men are drown with no or who sees a woman but at least we are left with a strong pity for the man whose struggles against the constitutional taint that warped his whole nature were doomed to meet with such disastrous failure.

## Imperial Projects and the of Canada

By J. S. Ewart, K.C., L.L.D.
McClelland, Goodchild \& Stewart.. THIS is one of the Kingdom papers, a series of articles upon Canada's constitutional relationships, in which
Mr. Ewart endeavoured to stem the gradually rising ride of Imperialism. which was, he felt, sweeping aside Canada's dignity as a nation and rendering her a mere appendage of Great Britain.
In his former papers Mr. Ewart set forth a very earnest appeal for the
foundation of a Kingdom of Canada, foundation of a Kingdom of Canada,
acting as an ally of Great Britain, but acting as an ally of Great Britain, but
politically independent of her. This, politically independent of her. he impossible ideal, mainly through the exertions of card
vices to the cause of Imperialism have rendered forever impossible hopes of this destiny for Canada.
We conclude by quoting his final his present ideas upon the subject of the future of our Dominion,

This, at all events-the first of our lessons-is certain. Imperialism is
the enemy-the enemy in Europe and the enemy-the enemy in Europe and
the ene in Canada. Imperialism is inada.
scourge of the world. curse and the "Lord Milner is once.
ing figure. He is the same dominataristocrat now as he was masterful time of the Boer War) was then (at the Boers into a war for freedom. He

is reducing Canada to shameful sub-
jection. He has dissipated of the Kingdom of Canada. He will find, I tell him, that he has but turned enduring, destiny. He, principally and the founder of the REPUBCIC OF OF
CANADA."

## The Definite Object

By Jeffery Farnol.
The Musson Book Co. Price, $\$ 1.5$ JEFFERY Farnol's latest novel is Definite Object" is wholly I Farnol. "The wholly likeable and wholly wholesoble, Possibly nothing better could be she. of any novel. Its depth is be said not unfathomable, but in its certainly lightness there is a strength that very with the clean heart-interest goes
Geoffrey Ravenslee goes into story. slums, "Hell's Kitchen" for curiosity, to piece together the shreds of interest in life that he was well-nigh losing. He finds there, a little crime, somg. sordidness, a whole lot of Christian charity, kindness, humor, clean morals, and-love.
He comes out again after-but
therein hangs the tale. "The Definite Object
reading It has Object is well worth with unbounded enthusiasm green greed

## Lilla

By Mrs. Belloc Lowndes.
Musson Book Co. Price, \$1.35.
w
husband novel an unsympathetic ported dead in the first chapters, it is

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Toronto, Canada.
reasonably good wager that he is going moment and make at the psychological unpleasant for everyone cancemely This is all the more certaine concerned. the wife has never really lavished upon him the passionate really lavished upon nature is capable, and if in which her time she has found the object upon whom she can pour out those vast depths of affection, it is liable fo be a little trying for the wife. So when Lilla, under exceedingly melodramatic circumstances, found the ultimate passion of her life in Dare Carteret, it was a foregone conclusion that Robert Singleton would be inconsiderate rendered still rendered still more unpleasant by the presented divorce-which might have was barred solution of the problemWas barred, both Dare and Lilla being Holics,
However an artistic ending is prodiscover for himself. has a crisp and natural Mrs. Lowndes logues are ald natural style, her dianatural and the always entertaining and while away the book will serve well to hile away an unoccupied hour
Boys and Girls of Many Lands By Inez N. McFee. Thos. Y. Crowell Co.
IN the "Arabian Nights Entertainto the heart of every Fairy Tales dear read of a magic carpet which child, we transport its owner to carpet which would soever that he might wish, place what but seat himself upon it and he would desire aloud. For modern utter his such a carpet is not a necessity. If imaginati but exercise their powers it over the they may adventure all over the globe and learn to know the seople of many lands with the aid of travel provided my delightful books of travel provided for their entertainment. the writer of whi the present volume, in taking her which has been successful many delightful places friends through them to a group of ples and introducing The first introd pleasant companions. African boy, the son is to a little learn from him how of a chief, and we Then we meet with he passes his days. and are told someth small Australian great Commonwealthing of life in that tation up the Amazon A rubber planour next visit, followed is the scene of China, Japan and many by glimpses of would To an imaginative another counWould give additional child this book useful one for special and it should be a

The Whistling Mother By Grace S. Richmond McClelland \& Goodchild.
A SKETCH, by oodchild of a lad's feelin "Red Pepper Burns" to the front; the leaving home to go courage and patriotisy of a woman's the story is given in the The note of graph:-
who do the biggest mothers, I think, sons go to war. I guspect when their they put into their suspect it's what the real stuff in the crisis wish more of them und
her to a fellow to have his

$$
\begin{gathered}
\text { The Soul of a Bishop } \\
\text { By H. G. Wells. } \\
\text { The MacMillan Co. of Canada. } \\
\text { Price } \$ 1.50
\end{gathered}
$$

WE have hardly $\$ 1.50$.
Wells' last bookeating effect of $\mathbf{M r}$ King" out of our "God the Invisible comes forth with another- "Then he of a Bishop." Mr. Wells "The Sou be a Capitalist these days! must indeed

## Laugh Time Tales

## "Life Without Laughing is a Dreary Blank"

RAISING HER CAPITAL A small girl came to the door of a farm heuse.
"Please, Mrs, Haye," she said to the farmer's wife, "Mother wants to know f you'll lend her a dozen eggs, She wants to put them under a hen.",
Under a hen?" was the surprised reply. "I didn't know you had a hen." frankly. "Mother's going to borrow it from Mrs. Oates!',

## A MIXED ${ }^{*}{ }^{*}$ MESSAGE

Mother: "Now, Tom, take this basin back to the vicarage. Tell Mrs. Fox Father liked the pudding very much; and say I have washed the basin, but believe it was cracked before. Oh! e sure you say 'I hope your foot is better, and does not give yōu much pain'.
Tommy (nervously): "Please, Mrs Fox, Mother thanks you for the pudling you sent, and-and-er-she hopes tidn't give him much pain; and-erbelieves you're cracked,

UNNECESSA ${ }^{*}$ * $Y$ CA UTION
The town council of a small Scotch community met to inspect a site for new hall. They assembled at a chapel, and as it was a warm day, a member suggested that they should leave their "Sots there.
"Some one ean stay behind and watch them," suggested another.
"What for?" demanded a third. "If we are all going out together, wha need is there for any one to watch the clothes?

## DISCONSOLATE

He came home and found his young wife dissolved in tears.
"What do you think has happened?" she cried. "I left the cage, open, and our canary has flown away.
He undertook to give what consolation he might, and took the poor distressed lady in his arms. As she nestled against his shoulder a new access "Ah, George," she
choking voice, "now I've only youred in a

## NA UGHTY A A LGERNON

"Algernon, you must shave or we part!" said the damsel, sharply.
"Oh, you just imagine you don't like the looks of my moustache!" protested the man. "You wouldn't like my face any better without it.
"My face is concerned," snapped the girl, "not yours! That moustache keeps brushing my complexion off!'

## HEARD ${ }_{A}^{*}{ }^{*}{ }^{*}$ THE $Z O O$

Comments by children at the Zoo occasionally reveal a novel point of occasionally reveal a novel point of cage of a Sumatra tiger in the lion cage of a Sumatra tiger in the lion pacing rapidly to and fro behind the bars, but always with its eyes keeping a sharp look-out for the arrival of dinner, for it was near feeding-time, After a long and critical examination of the performance the youth delivered judgment.
"I say, dad, what a ripping good

## INCO NSISTENT

"What is an agnostic?" asked Rollo. "An agnostic," replied Uncle George, knows nothing, and abuses you if you believe him.'

## EMBARRASSING

Little Dorothy's uncles are both at the war and she has a great admiration crowded street car she was sitting on her mother's car she was sitting on soldier entered. Dorothy immediately slipped to the floor
"Here, soldy," she offered, "you can sit on mamma's lap.'

Tableau.
SWEETLY EXPRESSED
Not for worlds would Mrs. Smith speak an unkind word about anyone. She was one of those charitable old ladies who try to think and speak kindly of everyone.

What a brilliant conversationalist
young Mr. Jenkins is!" said a friend young Mr. Jenkins is!" said a friend
to her one day. Do you know him? Really it is an education to listen to him talking."
"Yes," said gentle Mrs. Smith, "I "You must have found him very entertaining. Why, he can talk cleverly and wittily for an hour at a stretch."
S.Then when I met him," said Mrs. Smith, with a sweet smile, "It must have been at the beginning of the second hour."

THAT'S DIFFERENT
A small boy who attends one of the grade schools was vaccinated recently and after the arm had been dressed the attending physician suggested that he place a ribbon with the word "Vaccinated" around it.
At this the youngster spoke, up,
Put it around the other arm," he "Put it around the other arm," he said.
"But that won't do any good," protested the doctor, "It wants to be placed around the sore arm so the boys at school won't be hurting it.
The lad looked at him in disgust and replied: "You put it around the other arm. You don't know the kids at our school,"-Kansas City Star.

## WITH $\stackrel{*}{S T A}$ NDING

Teacher-John, give me a sentence containing the word "not withstanding." John-The man's trousers were worn out, not with standing

SLIGHTLY MIXED
At a dinner quite recently in Dublin there were two sisters present. One had just emerged from her widow's weeds and the other was not long married, but her husband was doing his bit in India. A young barrister who was present was chosen to take the young widow in to dinner. Unfortunately he was under the impression that his partner was the lady whose husband was in India. The conversation commenced by the lady observing how hot it was.
"Yes, it is very hot to-day," replied the barrister, "but not so hot as where your husband is!"

## WHAT IT MEANT

Sunday-school teacher: "What does this verse mean where, it says: 'And the lot fell upon Jonah?
Little Harvie: "I guess it means the
whole gang jumped on him," whole gang jumped on him.'

## SHE D $\stackrel{*}{*}^{*} \stackrel{*}{N}^{\prime} T$ SEE

"Can your husband claim exemption?" "Well, I don't see how he can be strong enough to fight abroad when he is too ,weak at home to take up a carpet."

Two Jews, father and son, went for a stroll one sweltering day. As they passed a vender of ice-cream the boy turned to his father and said, longinglycream, fader; I I do puy me
His father gazed at him for a few seconds in mild surprise. Then he exclaimed
"No, no, Ikey, my boy; but I tell you vot I vill do; I'll tell you some ghost stories vot'll make your blood run cold!"

## **

## A NATURAL QUESTION

A small girl is very fond of her bath, but objects vigorously to the drying

One day, while we were remonstrating with her, she said: "Why, what would happen, mamma, if you didn't

## CA UGHT THAT TIME

A college professor who was always ready for a joke was asked by a student one day if he would like a good recipe, for catching rabbits. "What is it?", yes, "Well," said the student, "you crouch down behind a thick stone wall and make a noise like a turnip.
"That may be,". said the professor with a twinkle in his eye, but a better way than that would be for you to go and sit quietly in a bed of cabbage
heads and look natural."


# No free alkali 

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## Facts and Figures

## That Tell the Truth

Disclosures Concerning ,the Liquor Traffic Made at the Recent W.C.T.U. Convention at Cornwall, Ont.

THERE was never a convention more fimely or more necessary
that than held at Cornwall few weeks ago by the Ontario Women's Christian Temperance Union. Timely-because it provided an op-
portunity to deal with the big issues portunity to deal with the big issues
of the day-issues that had become of vital importance, necessary because it
lay with the women of the country to lay with the women of the country to
help solve these problems and solve help solve these problems and solve
them immediately. St. John's Presbyterian Church, aggregation of women eachday
more enthusiastic than is generally expected at meetings of the kind. work-the elecWion of officers and
tiect other matters of business claimed
the undivided attention of every
delegate for their delegate for their
decisions upon those questions stood for considerable weight in the light of
might might follow in the
coming coming year. It
was, consequently a tribute to the efficiency of last
year's officials when they were
returned to office, Mrs. E. A. Stevens
retirned to office,
Men Mrs. E. A. Stevens
of Toronto being
reted Presidency, a post she has held for five

## The Franchise Bill

$\mathrm{T}_{\text {before }}^{\mathrm{HE}}$ principal resolution brought reference to the new Franchise Bill. The main motion proposed was: "That we resent the action of the government in creating an arbitrary
distinction among the women of Cana da by passing an election franchise act whereby many of the loyal women who have made sacrifices in the war are deprived of the right of the franchise hrough no fault of their own " " This however, did not meet
general favor and an amendment was made and carried, only four delegates voting against it:
Borden for Borden for establishing the principle of women's franchise, but reaffirm their belief in the principle of the
equality of the sexes before the law equality of the sexes before the law and respectfully urge that the franchise should be granted to women on the The resolution and the speak for themselves amendment speak for themselves. Although a large proportion of the women throughposed to the new Bill, the ladies of the W.C.T.U. are agreeable to accepting it as a war measure and are looking forward to total franchise in the near future.

## A Mock Election

A RATHER amusing incident of A. the convention in connection with franchise was the holding of a "mock ladies in a typically masculine by the - with all the irregularities, the incon sistencies and the consequent penalties. Emma Pugsley of Tors.
Mrs. played the enviable role of constable, Mrs. S. G.E. McKee, of North Bay was enthroned as Returning Officer, their respective powers.
prink the ladies with more than a was not old gray hairs was told she was not old enough. Another pre-
What was it all about?
Why, a Mayoralty election
Mrs. Flora Yorke Miller, of London, Ont., was in the field as the masculine $c^{\text {andidate for mayor of Cornwall, and }}$
her opponent was Mrs. Ada Courtice, of Toronto as the supporter of woman's The poll closed in due course, but the voters are still waiting to hear the result of the election.

## Against Temperance Beer

THE convention by resolution enterof $21 / 2$ per cent against the manufacture was decided that a petition will be transmitted to the ing that the manufacture, importation and sale of alcoholic liquor be stopped in this
country. In her Presidential address, Mrs.
E. A. Stevens dealt with the liquor question at length. Foster has stated Foster has stated are turning out six million pounds of month for the Imperial Munition
Board, which was up to, if not in producing power.
But the case of breweries is quite different. In 1915 a total of 145, 295,673 pounds of barley had been used; in 1916: 93,150,690 pounds, and for 1917 a total of $98,552,300$ pounds, besides corn, rye, molasses and sugar. We must protest against the breweries wasting good grain and sugar, for which our
boys at the front are pleading boys at the front are pleading so piti-
fully. Our Food Controller asks that we save white bread by using brown bread at our tables daily. So it is equally necessary to conserve all our food grain. From England comes the soliloquy of a slice of bread which gives us a wholesome lesson in economy, and some think we Canadians need it badly:

## The Slice of Bread

I AM a slice of bread-I measure three inches by two and a half, and
my thickness is half an inch. My my thickness is half an inch. My weight is exactly an ounce, and I am wasted once a day by $48,000,000$ people of Britain. I am the bit left over; the slice eaten absent mindedly when really I wasn't needed; I am the waste
crusi. If you collect me and my companions for a whole week you would panions for a whole week you would
find that we amounted to 9,380 tons of good bread-wasted
of good bread-wasted. Almost as much-striking an averageas twenty German submarines could sink even if they had good luck. waste me you are adding twenty submarines to the German Navy. Stop all waste!
hour Food Controller asks us to sign household card similar to those used in England, stating our willingsures in our certain economic meaCanadian women diet, and, as loya to make the sacrifice asked, but feel that he should show us the example by prohibiting the breweries from using good food grain and the all important sugar.
While our Missionary Board is appealing to our Unions for money it, often in vain the the whave for been permited to breweries have sugar and rice as ween 616,369 pounds sugar and rice as well as $27,416,716$ pounds molasses for the year ending
March, 1917 . Add to this
intoxicating beverages for spent in year and the labor of making this liquid poison, which ought to be directed into more useful channels and the time lost by the drinkers and thro the
(CONTINUED ON PAGE 18)


## $\$ 100$ in Christmas Prizes WHAT PRESENTS ARE IN THE CARS FOR BOYS AND GIRLS


$\mathrm{S}^{\mathrm{O}}$ that we may become acquaintChristmas with more young people this train loaded down with Christmas presents. Each car contains one kind of present and the name is on each car but the man who painted the name got the letters all jumbled. Worse still, in the wrong order. the cars got them in traighten thing order. Now, can you letters in the names of the arrange the each car and put the cars in presents in order behind the locomotive? their right Car No, 6, DOES ILL,
Car No. 6, DOES ILL, contains "Dollies." The animals, bicycles, building blocks, skipping ropells,
nine pins, entines, nine pins, engines, skates. Noah, skipping ropes,
lanterns, tools, footballs, games, or somet perfume,
It is for yon lanterns, tools, footballs, games, or something else.
It is for you to find out. Should you get the cars behind the locomotive in
their right order, you will find that of the correct namee of each Christmas frirst letter
each car when these first each car when these first letters are all put togent in
will spell out the name of a great will spell out the name of a great Nation in Europe,
one of the Allies-a Nation whose Navy controls
the Oceans, On Christ
On Christmas Day, Uncle Peter, who edits the
Bunny Page in EVERYWOMAN'S WORLD judge the answers and award the following bill cash prizes to young people under seventeeng years
of age complying with the conditions of the con-
test, whose answers are all test, whose answers are all correct or nearest cor-
ret, neatest and best written. So get busy cor-
send in an answer to-day, and this Christmes and may be the happiest you have ever had.

## The Big Cash Prizes

 $\$ 25.00$ Cash to the Boy or Girl who sends usthe best reply. $\$ 15.00$ Cash to the Boy or Girl
sending the second best reply Boy or Girlsending the third best reply Cash to the BILLS. Fifty bright, new, crisp $\$ 1.00$ bills to the
fifty next Boys and Girls with If you are bright and quick you willalso have the
opportunity of winning opportunity of winning a Shetland Pony and Cart
or Bicycle and many other fine prizes in a pleasin
contest even more Write your answers in pen and ink, using only age, in the upper right hatd corner of eaddress and

## Send Your



for one of the fine prizes will betmg content. Eact to pert boy or girl for every young person who qualifies you like a Shetland Pony and Cash Payment will be given. Wmall service tor Ewr her entry to compete would like you to get the best of them Bicycle? These fine prizes will you like $\$ 25.00$ Cash? . World for

## John Bunny＇s Birthday Party

## Part I．

Now on one bright November day John Bunny had a＂notion，＂ I can assure you that it caused A very great commotion．
He sat upon his front door step His eye was filled with pride， His interesting family Were gathered by his side

物A merry crowd of Bun－ nies they， And ready for a joke－ them with hushed And thus to them he spoke：－
＂Look children all，at me，and see A bunny old and gray Since I was young and small like Six years have passed away

I＇ve watched my family with care And kept them well and hearty， And yet I＇ve never had a really Truly Birthday Party．

Tomorrow is my birthday，and $\Gamma^{\prime} \mathrm{m}$ going to celebrate． He ceased．The Bunnies laughed with glee，
They thought it would be great．
And then John Bunny thought of all
His numerous relations， $\frac{x^{2}-6}{x+2}$ And lots of little cards he sent

Next day was fine，the bunnies woke
When it was scarcely light
Just like you children do，when A holiday

They cleared the house from end to end，
They swept up all the floors And leaves of many varied hues twined around the doors．

They gathered food of every kind That bunnies love to eat，
Determined that their guests should A have
A really first－class treat．

## Part II．

DP Q
The squirrels were the first to come， （They lived across the They bro things they looked As though they＇d come to stay．

And when I say the squirrels came， Don＇t think there were a few， They came in dozens for they liked So ln Bunny．So you．

Tim Squirrel and his family
They sat in thews upon their toes， All down the Bunnies＇hall．

And many other squirrels came． It would be quite absurd， Fo try to tell you all their names， For some I never heard．

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## Bunny Club Motto：

## ＂Effort with Contentment＂

## UNCLE PETERS MONTHLY LETTER



MYIDEAR BUNNIES：
John Bunny＇s Birthday Party was such an in－ portant event that I thought I had better tell you all about it．They certainly did have a good time， and how well the picture shows it．How quiet
and deserted the meadow－land looked by the time and deserted the meadow－land looked by the time
old Mr．Fox got there． old Mr．Fox got there． We had to start getting the November issue Everywoman＇s World ready very early，so I did not get a chance to know who won the prizes in
er competition for the Bunny Club，that will have to the September competition fo

## The Big October Competition

I hope that all of you are going in for Uncle Peter＇s big puzzle competition on page 44 of the October issue，
 and I certainly think that every bunny of you
ought to try it．That competition does not close
ought to try it Christmas Day，so you will all of you cove until Christmas Day，so you will all of you have lots of time． Go ahead and guess the answers．I want to see thousands
of my Bunnies sending in their answers and trying to $111 \sqrt{3}$ win one of the fine prizes，and I hope that not a WiNO single one of you will miss that competition．Wouldn＇t you like to win one of those fine big prizes？You all have the same chance，and as you all carry out the conditions of the competition you will find it well worth while，
whether you actually win one of the big prizes or not！So come along with your letters．Bun－Your affechonale Bunny．tyche．
Dies， you，all over Canada，do your

Anele peter．
New Bunnies！
Perhaps you have been told this Story，though it＇s very old：how once a horse and donkey went along the road together；the donkey loaded down with bags，behind the horse most sadly lags，the Horse，no bundles on his back，steps lighter than a feather．Poor donkey stops the horse to ask e，if he will help him with his task， and carry half the load because his back is nearly broken； and now it may be clearly seen，that horse was very very mean．He would not help his donkey friend，nor heed the words he d spoken．O er many a weary
 aching mile，the selfish horse quite gayly pranced along close by his side；until at last poor donkey stopped，and down upon the road he dropped， died．The man who owned them came along．He saw that things were very wrong，and tried to help the donkey up by lightening were very wrong，and tried help he donkey up by lightening
his load．But soon he saw it was too late，and when he knew the donkey＇s fate，he did not like to leave him脳 there lying upon the road．So to the horse he sternly said＂Through selfishness your friend is dead，you would not bend to help him when you knew he was in trouble； so now you＇ll take upon your back，both donkey and his heavy pack．You might have carried HALF the load，Bell to this，if things with others are amiss，do what you can to help them，and cheer them all you know；or sometime it may chance that you will have to CARRY DOUBLE too，just like the selfish horse did in the ＂the days of long ago！

## Bunny Club Competition for November

I wonder how you Bunnies liked the little Bunny－Club com－ petition in the October issue．There hasn＇t been time to find out， yet．Here is another one，Take eleven small squares of paper， and on them write the letters of the word CONTENTMENT，

## CO ONTTE｜NTTME｜N｜T

Then see how many different words you can make out of those letters，such as Cot，Not，On，Ton，Ten，Men，and so on．Write a list of all the words you make，and send them to Uncle Peter， The Bunny Club， 62 Temperance Street，Toronto，to reach me not later than December 10th．Six prizes will be given for the best
six lists according to age，and as it will be Christmas time they will six lists according to age，and as it will be Christmas time they will be nice prizes．See if you can win one of them．


John Bunny＇s Birthday Party （Continued）
Then Mrs．Fieldmouse and her Of little mice so hearty－ Like Bo－Peep＇s sheep they brought their tails
Behind them to the party．
And lots of little birds were there Whose names you＇ld know quite well，
cannot tell them，for it takes
Too long the names to tell．

IAnd Mr．Owl was there， but he With sadness nearly cried－ He had to stay outside！

Oh my！they had a glorious time As fast the hours went round， （I only know what I have heard， For they were underground．）

And when the moon came up that
They danced upon the green， The finest funniest birthday dance That I have ever seen．

Part III．
John Bunny laughed and laughed till tears
Began to fill his eyes
To see a bunny dancing with
A squirrel half his size．
The little field－mice stayed inside
They did not care to roam数 About upon the grass until

And who supplied the music， Well，that＇s something I can tell， The birds supplied the music And they did it very well．

Now Mr．Fox was walking out （He often does，at night）
He could be seen quite plainly The moonbeams were so bright．
Six little owls as senti－ nets， Were sitting in the trees， Each gave the danger sig－ nat－
（The signal was－a sneeze）
Before you could have clapped your hands
They all had vanished quite！ Not a Bunny or a Squirrel
mouse was left in sight．
The Bunnies skipped beneath the ground，
The squirrels up the trees
The mice decided＂they would stay Till morning，if you please！＇
The little birdies ceased to sing， They stopped each blithsome air， The meadow－land was bare．
And down below John Bunny said I really must confess
Mr Birthday Party has turned out A very great success．＂

Now children all，both great and small
My wish to you is this
That when you have a birthday It will be as nice as his！




It's Not Mussy Like Mustard Vaseline Capsicum PETROLEUM JELLY
is a clean counter-irritant. "Vaseline" Jelly, blended with Capsicum, breaks up congestion in the throat and chest, and serves in every case where our grandmothers prescribed mustard plasters. And it does not blister the skin.
"Vaseline" Capsicum on a poultice at the back of the neck will dull a raging headache. Its warmth bakes out a toothache.
Sold in convenient tin tubes at Chemists and General Stores
everywhere. Avoid substitutes. Write for new illustrated booklet.
CHESEBROUGH MANUFACTURING COMPANY, (Consolidated) 1880 Chabot Avenue, Montreal


VETERINARY COURSE AT HOME



Woman in Ontario-Mrs. May R. Thornley

She assembled her co-workers, and together they called a meeting of the denominations. The ruination of Canadian soldiers in England and in France
through the liquor traffic was discuissed in detail, Then Mrs. Thornley suggested that a petition be arranged,
signed by all the wives and mothers of soldiers in the province; that othe provinces be requested to do likewise,
and that these be presented to the Prime Minister with a view to killing the liquor evil in England where so
many Canadian soldiers must needs be many Canadian soldiers must needs be
quartered.
When the work was completed in When the work was completed in
Ontario, Mrs. Thornley, Mrs. E, A. Stevens and Mrs. Pugsley, officers on
the provincial W.C.T.U. went to Otthe provincia to present the petition to Sir Robert Borden. He received them, in together they went into the question. The petition was signed by 66,000 wives and daughters, the number of signatures wou
doubled.

The Premier promised the ladies that he would lay the facts before the War Office in London with his endorsation. Later, from London, came a
letter stating that he had done so. But there, the matter rested.
Here is where "The Fiddlers", comes
Arthur Mee used that petition and is attendant facts when exposing, in
'The Fiddlers' the ruination, aye and damnation caused by the liquor traffic among Canadian soldiers in England.
That the book is censored as an exposé of facts is to-day the subiect expose siderable comment here, since it is not censored in either Australia or New Zealand or elsewhere
Of the many stories of the "conversion of prominent women to the
suffrage cause, none is more interesting than Mrs. Thornley's.

One day-when she was ten years there would come a came to her that could not continue to romp and play splendid pal; that her splendid pal; that her lot would be to sit in the house and darn and sew; far renioved from his. So she climbed into a tree and nursed her grief alone. But that favorite brother found her and insisted on knowing the cause of her grief. She told him. With truly masculine superiority he exclaimed: things., ;iris always have to do such
The injustice fired her little soul and she determined to help change things oo that men and women could do the same things and be pals still if they wanted to. And she has done so.
A ND now, her latest activity merits express. To offset the evil influences hat wait upon the boys overseas at almost every turn, Mrs. Thornley intends to supply them with worthy hope, of love of of inspiration, of order to do this, she has come forth She is now of her original schemes. Trinket Fund," to raise "Thimble and The idea is the collection of old silver thimbles and trinkets which can be sold, or if that is impossible, melted down, and the metal sold. She is asking for co-operation-and what Mrs. She labors, she generally gets!
She labors, on, in gladness of heart. The high stern-featured beauty, of been her motto. She has had no
So we proclaim her Ontario's out-
standing woman! Standing woman!
She will refuse the title, shrink from
the honor, we know, she wonor, we know, but in just that,

## Facts and Figures That Tell the Truth

accidents caused by drink, we may value Canada's loss at $\$ 150,000,000$ for the year.
Yes, we must have Dominion Pro-
hibition! hibition! Whatever excuse there may be for Britain's Premier there can be none for the Government of Canada, whe Prohibion that one mor than two-thirds dry. British Columbia, after a delay law. Saskatchewan, as we predicted last year, has voted out its remaining liquor shops and now counts with the other prohibition provinces, while AIberta has amended her law to exclude advertising liquor in any shape or form and to prohibit any person in
the Province having in his, or her possession more than one quart of spirits and two gallons of Malt. This rules out everything in the way of
ware-houses and Commission firms." ware-houses and with other matters of importance to the Convention, Mrs. Arthur, Mee's books, "The Fiddlers" and "Defeat or Victory?"

## Eritain Still in Bondage

NEVER had a country more loyal or self-sacrificing workers against this giant evil than has our Motherland yet we find her refusing, to permit the export of her prophet's warnings
to her overseas dominions and our to her overseas dominions and our
Dominion in turn, taking the hint from her, has censored the copie which had reached here before the ban was placed upon them. Mr Arthur and one of her foremost pro books and one of her foremost prophets, has give sill not remedy, that she fears the effect of it in her more sober possessions. In an open letter to Premier Lloyd George, Mr. Mee says some pretty startling things. He says: We want $9,000,00$ doave 450,000 of them. If waste is a crime who is the criminal here?
becaus stopped the import of rum because we have enough to last for years, but a ship has just brought in 1920 which might have for the year 500,000 loaves of bread for the prese in year. Do you know that in present in your own country of Wales, eigh, babies have died from coarse war bread "It is not safe to power.
"It is not safe to imperil the health of our poor, while French and English
soldiers are given? Will soldiers are given? Will President American Commander-in-Chief of the American Army and Navy have power to prohibit such rations? If so, will power? Grave enough to exercise that of our soldier boys in the mothers vainly weep and pray France shall ainly weep and pray and petition,
as did their Canadian sisters?

## The Social Evil

PASSING on to moral questions, evil of the day vil of the day.
"This submarine warfare of Satan is getting in its deadly work among ties are greatly exercised over it, and have asked the assistance of 'Women's Societies, the pulpit and the press Many of our leading workers are of opinion that it is creating greater havoc than liquor and are doing their best to stem the tide.
"One gleam of light we see-the danger is known, and must be see-the ed-no longer can it be a submarine warfare-it must face the light of day; no longer can we shrink from it, for the health and morality of our country are at stake. It requires education be heloful. Our D in both we can and Mother's Meetings must of Purity the rescue. We have an must come to literature on the subject andance of mothers should inform themselves our that they may be guides to their child ren. And we must have legislation to
guard our homes."

THIS WASHER MUST PAY FOR ITSELF

 And I Tasid to






 I know it will wash a tub full of very dirty clothes
in Six minutes. In ling in Six minutes. I know no other máchine ever in-
vented can do that without wearing the clothes. Our
" 1900 . " 1900 Gravity" Wisher does the work so easy that a
child can run it almost as well as a strong woman, and
it don't wear the che child can run it almost as well as a a trong woman, and
it don't wear the elothes, fray the edges nor break buttons, the way all other machines do.
It just drives soapy water clear thro

 offer first, and I'll make goor people to ask me. I'll
Let me send ter every time. let me send you a good the offer every time.
month's free trial. r'll pay the freight" Washer on a
mot my own pocket, and if you don't waant the machine after you'va
used it a month, l'll take it back and pay the
freight, mont Creight, too. Surely that is fair enough, isn't it.
Doessn't it prove that the "1900 Gravity" Washer
must be the must be all that I say it is?
And you can
t will save its whole me out of in a fow it months in wear youd 5 cents a week ou pay for machine after we the thoman's wages 1 you pay for it out of what it saves you. If it saves youa
60 cents a week, send me 50 a a week till paid for. 1 Ilt
take that cheerfully, and Tll wait for my money until machine itself earns the balance.
Drop me a line to-day, and let me send you a book
about the "1900 Gravity" Washer that washes clotheo
in six minutes.
State whetes.
Hand you preter a washer to operate by
1900.. Engino Power, Water ow Eliectric Motore ourr
His very coter
 Better address me personally:

F. W. MORRIS, Mgr.,<br>"1900" Washer Company<br>357 YONGE ST.<br>TORONTO

## Watch and Toilet Set FREE


most bewitching and the daintiest design we have had!
Sust the size of a quarterl Hast
celet and
 you can own ou'll iust love" and imported this ittle watch and
this beautiful it without paying tent and get

 Yoly lovely. I., asays: My comb and brush. set are.
Yo pan win this very much pleased with them.
40
sell ther
the cre
ling dec
new des
the



the old days "Befo' the Wah"a calory might have Sea Islands or the name of a newly discovered germ, for all the average about it.
To-day, casual talk of calories is sandwiched in between a new pattern for khaki sweaters and the plans for the next Red Cross bazaar
We have learned since we housekeepers went on active service that
when we serve when we serve each of the five sonecessary classes of foods- (fruits and vegetables, foods of the "meat and
milk class," starch, sugars, fats)milk class," starch, sugars, fats)-
someplace in each day's menus and in someplace in each day's menus and in
about the right proportions we can feed our families better and it will reed our far
cost us less.
Important, both, in these days of food conservation and high prices!
But we can go farther still, for with the knowledge that the meals. we serve are complete in their service to our
bodies there goes the knowledge of just how much of those foods is required to make a perfect ration for the family

## A Simple Sum

"I know thete are 100 calories in banana, a large egg, or five eighths of a cup of milk. But how do I know how many there are in a pudding or
made-up dish of any kind? objects a made-up dish of any kind?" objects a
woud-be win-the-war housekeeper woud-be win-the-war housekeeper.
Very easy to answer.
Let us take a recipe for a pan of corn muffins. Each ingredient will its measure in calories:
1 cup corn meal.
.510 calories $1 / 2$ cup flour. 204, .." 4 teaspoons baking powder $1 / 3$ cup sugar 200
100 ${ }^{1}$ egg. 100
1 tablespoon shortening.
100
cup milk................. 160
This gives a total of 1,274 calories
and makes a dozen muffins. and makes a dozen muffins.
Obviously then each muffin will supply fuel for our bodies to the extent of about 106 calories.
"But I can't stop to figure that all out, every time I cook," objects the busy housewife, whose time is her most precious commodity.
Of course not, if she had to do it indefinitely. But it comes as easily as her everyday cooking, after a few days of carefully noting the values of the materials she uses in cooking-a very small price in effort, to pay for the useful knowledge it will put at her little more than getting an idea of how much of the commoner foods there is in the standard 100 calory portion. These illustrations and lists and the large photographs of 100 calory portions in September Every woman's World, if cut out, pasted on a card and hung above your kitchen table, will be a handy reference.

## Each Has His Needs

Learned folk have undertaken for us the task of working, out the food needs of people of various ages and equaly various activities. We have
only to apply their findings to our own households.

## A child from-

3 to 4 years requires $\ldots 1,300 \mathrm{c}$. daily 5 to 7 " " $1,400-1,700 \mathrm{c}$. 8 to 12 ". "1,700-2,000 c.

A woman of medium weight requires
Sedentary occupation
Manual labor
,200-2,200 c. daily
Hard outdoor labor $2,500-3,000 \mathrm{c}$
A man of average weight requires at Sedentary occupation
Manual labor $\quad 2,500-3,000 \mathrm{c}$. daily Hard outdoor woik $3,500-4,000 \mathrm{c}$.

# WHY I COUNT MY CALORIES 

## The Calory is Becoming the Intimate of Every Intelligent Woman

By KATHERINE M. CALDWELL, B.A

It but remains to fit each member of the family into one of these classes The average family in this $\dot{c}$. consisting of let us say father country, and three children, will call for mother these measures of fuel value in their daily diet

Father.
Child o

Total
9 years

| 3,000 |
| :--- |
| 2,400 |
| 1,800 |
| 1,500 |
| 1,300 |
| 10,000 |

The importance of this more intelligent planning of meals is one of very -


Some More 100 Calory Portions
The motto of every woman of the allied countries to-day is "I shall not waste.
So when we plan our meals to meet the bodily requirements of our families, each particular noed we will besides improve their digestions and health, reduce left-overs without the skimping no one of us would like to originate at our wontedly well-spread tables. We merely eliminate the "eating for eating s sake, into which our tasty, well-cooked dishes entice us.

## The Child is First

The growing child is always the first consideration. With him, it is not merely a case of replacing worn out
tissues, but of making new ones. So tissues, but of making new ones. So the growing boy or girl as the basis for food planning. He needs, however, a little larger percentage of pro-
tein-of building materials, than does the adult who does not have to grow but has only to replace worn out tissues food of infancy-pure, whole milk-is complete and perfect food. But is is unique quite the only food that contains all the elements rieeded to build and to repair.
When we get to the solid-food stage, therefore, we must have a variety, in So we eat the "e "complete ration." of foods that meat and milk" class is as necessary that we have the nitrogen that is in this protein to build and repair our tissues, as that we have nitrogen in the air we breath But only a small part of the mission of our foods, is to build tissue-from 10 to 15 per cent. we have found. So we really require fess foods of this lass (meats, milk, fish, beans, peas, eggs, cheese, nuts) than many people uppose one tenth to one seventh of meals is sufficient each person's daily
What does this
What does this say, to the people who have been in the habit of eating meat three times a day?
It says "Don't Do It!"
And quite apart from the requests eat less meat. If all the protein we eat made tissues, we might well wonder what would happen to the person who eats meat three times a day, with, in addition, the body building protein in the soup or fish, when served as a course at dinner, eggs and milk used in cooking, beans or peas when they are
and one for yourself when you cut
down on meats, if the habit of eating them more than once a day.

## Another Busy Builde

Mineral matters help make bony tissues and feed the nerves so they too
must be recognized as builders. must be recognized as builders. Fruits bountifully but have a these most count as much of their vatue does not yield itself to measurement by calories. them, and they are purest form in because they they are important too, to satisfy appetite, to bulk-necessary fullness" one epicure of give the "happy celebrated in song. of ancient Rome brated in song.
builders we must have ple as well as and vegetables even though of fruits to add few calories to the list do much to keep us well.

## Fuel

Just as the automobile has its fuel burns it and produces energy, just as the fire produces heat from its fuel, so energy from the foods theat and their
The grom the foods that they burn.
calories should figure up our foodclaries should figure up in the big as starches, sugars and fats.
Almost nine tenths fats.
our total daily calories will sevenths of these foods - from the will come from starchy grains, potat the rice, tapioca, peas, beans (which are also very rich in protein), bananas; from the sugarscane and beet sugar fruits, syrups; from the fats (the great heat producers, of which we naturally use more in winter months), cream, butter, oils, cocoa and chocolate, fat of meats, and nuts.
There should be most calories of a starchy nature, then fats and
lastly, sugar calories. Easy?
Easy?
Very.
Good from a health $\begin{gathered}5 \text { hs. Hado ook } \\ \text { ithin sicico por por } \\ 2 \text { medium onion }\end{gathered}$ standpoint?
The best. General family fitness, are testimonies every children-these preciate.
place, meat instead of in it the custom (one wonders what started condensed forms of protein foe highly end of a big dinner) and cheese at the though tremendously rich in protein is also a favorite dinner top-off. protein, But nature has a little moff.
sideration for her ignorant or more conchildren, than they sometimes have for
themselves and of the supply is only a limited a mount ing plant. What she rer manufacturdigestive and elimine rejects, the poor to deal with: the eliminating organs have over-taxed, the nerves whole system i in fact the whole physical affected fitness is impaired.

So you score one for your country


Sconomical housekeeping
telligent. Careful, well measured, inantide providing is one of the best Nation for High Prices.
The final Service?
They it is who women can render. wheat, beef and bacone can save the Garbage Can-to help feed Canada's fighters and Canada's allies-and at the same time keep Canada's people fit Count the then sturdy and well fed. Count the calories-it will help!

## 100 Calory Portions of Much Used

 BeefRound Porterhouse
Sirloin Veal
Lamb Chop
Bacon Four or five small

Fish slices.
Fish balls One, two inches in Halibut steak $\quad \begin{aligned} & \text { diameter. } \\ & \text { Piece } 3 \\ & 3^{\prime \prime}\end{aligned}$ Salmon (canned) $1 / 2$ cup (scant). Vegetables

White beans Lima beans Split pea
Beets Cauliflo Onions Peas (canned)
Potatoes

2 tablespoons 2 tablespoons 2 tablespoons 4 medium. 1 very small head.
3 or 4 medium
3 $3 / 4$ cup (drained) Sweet, baked, $1 / 2$ Sweet, baked, $1 / 2$
medium.
White, baked, 1
medium.
White, mashed, $1 / 2$ Sweet, baked, $1 / 2$
medium.
White, baked, 1
medium.
White, mashed, $1 / 2$ Sweet, baked, $1 / 2$
medium.
White, baked, 1
medium.
White, mashed, $1 / 2$ cup (scant)
Fruit
Apples
Apples
Baked apples
1 large apple.

## Cereals

Macaroni, cooked
Cream of cooked
cooked wheat $1 / 2$


1 cup. 2-3 cup.

One good slice.
$3^{\prime \prime}$ cube. One small serving. One small serving. Large serving. One medium. mall

My War Bond and I
By A WOMAN AT HOME

IHAVE gone into partnership
lately -a big, wonderful partner-lately-a big, wonderful partner-
ship that makes me feel vastly proud and vastly humble, like a gilded poten I have gone into partnership-with Canada.
My country's success-financial suc-
cess (which is so completely dependcess (which is so completely depend-
ent on her success in the war, at the same time as that war-success depends upon her finances)-means $m y$ success now. Our fiseal bound together, for I have bought a War Bond.
Perhaps you
bought one long bought one long
ago. Perhaps you have clipped a lot of coupons and
drawn your moredrawn your more-than-five per cent.
interest many interest
times.
Butif so, you are no prouder than I, nor more grateful, that you have been allowed to do
this Bit for your this Bit for your
country, for your country,
Empire. Empire
Why? Because at first 1. was excluded from this happy participa-
tion.

## Too Big to be <br> Personal

WHEN the first to Canada's citizens, asking chem zens, asking them
to lend their funds (at excellent rates of interest!)totheir of interest!) totheir
country, I read all about those bonds, and I ached to buy one-not alone for the pleasant sense of prosperity and safety that an investment in such a good security gives, but because
it offered such a it offered such a
chance for indichance for indi-
vidual service, for vidual service, for
individual inde, if need be fice, if need be. I such an op opor tunity to "serve," for my husband and and my boy were both on the firing line and I was-waiting. One Hundred Dollars and worse still, multiples thereof!
One hundred dollars was a lot of cash for me! It would mean the most careful saving for many months.
However, the saving started, although I did not actually expect ever to buy that bond. For 1 hugged close to my
heart the hope that before the day my heart the hope that before the day my savings reached one hundred dollars, and that I would have my Big Boy and my Little Boy at home again.

## A Fair Adjustment

$\mathrm{D}^{\text {ID }}$ the someone rights of the "small investlittle share in financing Canada's men, Canada's
war? don't know, but 1 imagine so The second War Bond issue was brought out, and close on its big success, close on
the gladness that the gladness that how the people how the people Boys, with their purses open-close ness that I could not buy even a

I$I^{M}$ an old army man" announced a patriot whose fine physique cor-
roborated his statement. and know something of the needs of an army. Those needs call for a pile
of money. There is no safer investof money. There es no sajer invest
ment in the world than lending your money to the goverrmment of a steary
monsperous country. It pays well
posper prosperous couniry. It pays well
a fact that is of course mighty pleasant But if there wasn't a cent of interest in it for me, I'd lend every cent I could lay my hands on, for as I say, I know
the needs of the army and to supply those needs without straining, or with it, if necessary is a great big
factor in any country's success in war." factor in any country's success in war. and buy War Bonds? Why don' I put them safely in the bank and draw
He was a business man-a successful, hard-headed, unsentimental business man.
Irl tell you why. It's not because $I$ draw over $5 \%$ interest, instead of saleable, if I need my money at any time, although I distinctly like those features. It's because IT'S GOOD BUSINESS, old man. It's the sureest, safest place for my money to-day. If those bonds ever became worthless, then no savings account or bonds or real estate or any other investment in the country would be any good to me.
$I^{\prime} m$ playing safe- $I^{\prime} m$ buying warbonds."
He too, was a business man, one with a reputation for long sightedness and an eye for profit.
limit Thousands bonds to my last men are doing it for the very same reason as $I$.

The success of every business concern in the lana, including my own cial stability of the country. While Canada needs my money, she is going to have it. That isn't altogether patriot-ism-it's sound business.
quarter of one of those bonds-there five dollar certificate-purchaseable for
$\$ 21.50$.
Only two dollars were needed before I could buy one. They came so quickly! And immediately I took my first part with all its needs. My first part, but not my last. I have bought a second Certificate for a
second $\$ 21.50$. And when the little tendollar Certificates came out I had
just enough to buy
one - the ne - the savings boward.
Did I wait?
Acquisitiveness
possessed
erly. I wanted more and more of Canada's war cered to send more F I G H T I NG tand by my fighting men, to put ng men, to put
ood in the Commissariat for them shells in the guns or them - and faith into the When I have $\$ 100$ in War Savings Certificates, I shall exchange Bomd, partly beBond, partly because one of those
Bonds was my first ig wish, and part y because of their excellent terms. any issue is always convertible into ne of a new issue at the issue price, providing only hat it is a twenty year bond. My rother paid $\$ 97.50$ for one of the first Bonds, and when the last ones came out, he oonverted his raining $\$ 1.50$ by loing so. This so fair-one is sure of getting the best terms giving.
At first, I should have been a little shy of attempting to purchase anything so awe inspiring as a bond. But it has
been made so simple that I shall write been made so simple that I shall write to a good bond house or go to the manager of our bank without a flutt
except those of pleasure and pride.

## When War is Over

AND when the war is over and my grant they may come back to me-God grant they may come back to me-and
when my country no longer needs to keep my dollars in uniform-I shall keep. my cosy little sum invested, that if it is needed, will help my little Boy to start his civilian life again.

That, too, is a warming thought for a mother to cling to during that per of waiting. So success to my partner and to mel I am in our great oint venture to ny last available result of our venture depends ven gely the chance or the victory and the return of our soldiers.
1 am with Canada in the War Loan is with My Boys!

## How Much are You Paying for Eggs?

You can save half their cost in baking by leaving some of them out, often onehalf or more, and adding Royal Baking Powder, about a teaspoon, in place of each egg omitted. The following recipes are practical examples.
These recipes also conserve flour as urged by the Government. Oatmeal Cookies

y/2 cup shortening
cup brown sugar
迆 cup brown sugar $\qquad$ $\begin{array}{ll}1 & \mathrm{egg} \\ 3 & \text { table }\end{array}$
2 teaspoons Royal Baking Powder rye flour $\begin{aligned} & 1 \text { cute }\end{aligned}$
 (The old method called for 2 eggs) Corn Meal Muffins

$\qquad$ teaspoons Royal Baking Powder cup milk
tablespoons shortening Sift dry ingredients together into bowl; a
muffin tins in hot oven about 20 minutes.
(The old method called for 2 eggs)
"55 Ways to Save Eggs," a new booklet mailed free. Address
ROYAL BAKING POWDER

## saves eggs

Cream of Tartar, the chief ingredient of Royal Baking Powder, is of pure fruit origin, derived from grapes, and has no substitute for making a baking powder of the highest quality.
Royal Never Leaves a Bitter Taste No Silum

Absolutely Pure


Clean Without Rubbing
Here is the modern soap and the modern way of using it-LUX-tiny flakes of the purest essence of soap, making the
creamiest of lathers in which even your very finest things are safely washed because they are not rubbed - just cleansed by gently stirring about. Try LUX and see for yourself.

British made, by
Lever Brothers Limited
All
grocers

"Yes, Home-Made Bread Is Economical By baking your own bread you not only nutritious and delicious."
Mrs. Ida C. B. Allen, Author of Mrs. Allen's Cook
Book, says:Five loarves of bread weighing 131.2 ounces can be
baked at home for the orice you pay for only four
$131-2$ ounce purchased loaves.

Try This Recipe for Three Loaves Two cupfuss scalded milk or one cap ful water and
one cuptul milke dene tablespoonful op shortening.
One teaspoonfuil sant. One compressed yeast cale.
 One quarter cuptult tepid water
Dissoorvo sortenime in hoot milk,




## "Wear-Ever

Aluminum Seamless Bread Pans
Because "Wear-Ever" Bread Pons heat so even.
1y, the oloaves bake alt the way throwgh and have
deticious Golden brown crusts. They require no 1y, the
deticou
greasing


The enormous pressure of roller mills and stamp;
ins machines makes the metal in
dense and
Wear-Ever Replace hard and durable.
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Northern Aluminum $\mathrm{Co}_{\mathrm{W} . .}$ Ltd. Dept. 48, Toronto, Ont. Stewpan. Enclosed is 30c in stamps-to be refunded.
if nut satisfied. Offer good until Dec. 20, 1917, onty.

## A Castor You Will Like



CHAIRS have changed and begin to look as though the old time metal or wooden castor was with us forever-or if it did give place, it was to the small metal cap.
The hard-wood floor has jolted even these "oldest inhabitants" from their one-time air of sure possession. A new claimant for
favor has arrived-and has been given a most gratifying reception. For the great discovery was made that "a soft voice is an excellent thing"-in a castor as well as in a woman! And the castor made of feltoid possessed that goodly thing. Also, it makes no mark on a polished floor and less work for the polisher! Where there are delicate rugs or carpets to be
considered, the gentler presence of the feltoid castor considered, the gentler presence of the feltoid castor is appreciated. The rolling of a heavy chair will not endanger the fabric, the tread is so light and smooth. If a castor does not suit any particular piece of fur-
niture, you can get the little flat tips of the feltoid niture, you can get the little flat tips of the feltoid
that may be either screwed in or hammered into place.

## For Our Decreased Waste



1 although we may fact that fully the precepts of our Food Controller and our, own most thrifty instincts, waste matter is ever with us-also, the question of its disposal. A satisfactory method of taking care of it is pro-
vided by the waste - receiver illustrated. A
small metal stand that sits well above the damp sink-bottom, has four metal uprights from its corners. Into it, one slips a bag made of a particularly tough, fibrous paper. Given an ordinary sink strainer to drain off the tea leaves or other moist discard, and a dollar's worth of these bags, with a stand (which is made to last a life-time) and be noted amongst flies and insects as a very poor provider.
The mouth of the bag can be folded over when it is not in use and when the receptacle is full, just fold it close and put it in the pail or box which your garbage Or you can eliminate even this mach and do your own cremating.
If you live in an apartment house, these neatly closed bags can be put on the lift and sent the way of the bulky and more difficult garbage-can.
And remembering always that "By their waste ye shall know them" when the roll of patriotic house-
keepers is called, let us keep even the smallest paper bag down to the very smallest compass in the matter of contents.

"The Queen Was in the
Garden Hanging Out Garden Hanging Out

THE inclement days are 1 coming when, if an impudent black-bird doesn't "snap off her nose," Jack Frost may do it instead. A clothes-line that the housewifely Queen could have put in place-with absolutely no trouble-in kitchen, attic or basement, or on the back porch, would have made its instant appeal to her, when she had her tea-towels or the king's court-train ready to heng out to dry
The clothes reel that we could have recommended for this purpose is pictured here. It will hang on a hook or nail and when you want a line, you need just pull the loop of smooth, clean, clothes-line to the required length and hang it over one or two nails (you can spread the double line, making a triangle, if you
so desire). When the line is out of use, it will wind up again like a fishing reel, and keep clean until needed gain A great point, whether you are hanging up royal linens or just nice, white muslins.

## Doubling Our Butter Supply

A DOLLAR-STRETCHER! That to be, that was e found a device to be, that was sent us in quite
another guise. another guise.
There have been on the market several versions of the mayonnaise or cream-beater that does its work in a covered glass jar. This particular whipper is as excellent as it is
simple-merely a glass jar with little plunger that must be with a up and down through an be thrust the lid.
Four small paddles are whirled rapidly as the twisted stem of the plunger slips through a straight slit
But to the use we found for it in
the Experiment Kitchen: pound of butter, softened and creamed a little with a fork-and one cup of milk was added and was put in the jar to action.
After a few minutes of splate butter and milk in the jar, but a we had no longer that soon declared itself a pale, a soft yellowish mas

A pint of it! For the jar was full
This means ar was full.
This means a very real economy, half a pound of
butter, worth 25 c and half a far, ultimately, as over a pound of milk, 3 c , going as soft and creamy and spreads thinly. of butter-for it is is a temptation to use it generously bourse, there of stretching to which we do not yield, in these day orretching our food-stuffs as well as our dollars!

## An Upright Beater

WHEN you are beating eggs or tells you to add "a few your recipe vanilla" or "a teaspoonful of ops of tard"-what do you do? Rest your egg-beater
edge of the bowl and against the innate sense of balance? trust to its be the way of beaters, at It seems to to flop over and immerse the in froth-if their conse the handle you keeps them from overbalancing
the bowl entirely.
Here is an egg-beater-a new mem Harum's famous horse "like David without hitchin"." A "will stand made of perforated steel, is heavy disk below the wheels and the beater att stand on its own, at all times, in you co-operative manner, leaving you with both hands free when leaving
vast advance in an already well-advanced them. A

## A Dependable Assistant


minute. Choice cuts are is being basted every cheaper cuts emulate are at their choicest and the juiciness and flavor. Burning is full extent of their possibility.
Vegetables will cook in with the meats and will absorb a most delicious flavor, Or the roaster will placed on the rock above the water and puddings It is splendid for baking fin.
which the fish is kept above the water is a grate on of the pan. The steam keeps the fish in the bottom or from sticking to the pan and it is feph from dryness
The woman who dinner is cooking, will find many things to do while self-sufficient roaster.

# Novel Evidences of Home Love Will Make Our Heroes' Yuletide Brighter 

,OMEWHERE, on this coming Christmas morn, there will be no hearth fire, no hanging mistletoe, no dec-
orative tree. Somewhere the ring of children's happy voices, the sunshine of women's smiles, will be but sheen of earth's snowy mantles may lack its poetic loveliness, may convey only a realization of its
chill, its limitless expanse. That Some-where?-Yes, in France, in Belgium, too, and Saloniki-in all of the many war territories wherein the Allies must keep watch, where men-our men, must celebrate another Christmas Day. Their one hope of happiness
lies with us-here,
Can we satisfy it
Rather-are watisf
Rather-are we going to satisfy
If we are-and God grant that there be no dissenting voice-

Let us to action-now
heer in this old Canada contrated to transport every fighting heart veritable ecstacy. the time is drawing nea of some must bethink ourselve hat will which make the Christmas box despatch to George or Fred for Charlie, just a little different from anything we have sent to him before
Last month we asked our friends throughout the Dominion to co-operate with us by offering suggestions that they had received rom the boys overseas, or which were original and had proved successful.
buch a response as we got This sending of boxes, especially Christmas boxes, to the men in he trenches is certainly the most very woman who has a relative with the overseas forces
So for those who have been "what the boys would like," of who may have felt inclined to give up in despair and say with Solomon that "there is nothing new under the sun, these suggestions, culled as
they are from the experience of they are from the experience of women
who know will indeed be ho know will indeed be helpful. To begin with, here are a couple of
"don'ts" sent in by the lads themselves

## No More Hard Boiled Eggs!

NEVER, again send hard boiled one of our boys at the front felt wail of in a recent letter. "We took received mile out of camp the day they came and buried them twenty feet deep came and blamed things wriggled deep but the and came back to us." And this although the eggs in question this the newest of new laid, straight from the hen to the saucepan, were boiled three-quarters of an hour and liberally coated with parrafin wax. There may have been some exaggeration in the writer's statement, but eggs are evi-
dently not the most successful of dently not
travellers.
"Don't, pack cheese with any other eatables, was the contribution of another lad. If you send it, put it by will not adhere. No matter how well you pack it, everything in how well parcel tastes of it, in the same somewhat monotonous to it becomes cheese, cake and cheese, candy and cheese.
One idea which should appeal to all what boy has have a sweet tooth-and mother in Alberta. "When packing a cake fill the spaces in the box which contains it with granulated sugar." Other ways of utilizing these corners are by packing them with pea-nuts, pop-corn or seedless raisins.
sends in the following excellent Ont., of advice, "When you send fruit cake, ice it on every side, top, bottom and all, as this enables it to retain its moisture longer." She also suggests that if the box does not quite reach the weight allowed, enough puffed bring it to the exact number of in to

## Our Readers from Coast to Coast Have Co-operated in Compiling this Page of Suggestions for Use Now That Packing Time is With Us

Continuing,-"Nearly every box I send contains a bar of soap, wrapped in a
handkerchief. I also send my husband garters and always put in copies of the latest magazines.
A letter received from Mrs. W. M. G., of Halifax, tells us that "I sent a box to a soldier lad with the request that
he distribute the contents among five


## A Box That Says "Merry Christmas"

boys he knew, who did not receive boxes from home., I sent six of everythingtooth brushes, tooth paste, pairs of socks, etc.- and if 1 may judge from
the letter I received, signed by the 'Happy Six' the little gifts were much appreciated.
This is the true Christmas spirit! If others will follow the example set, many a Tommy who otherwise might spend that day in a very un-Christianlike frame of mind, will be cheered and encouraged by the knowledge that he is not friendless, and it will, become in reality a "Merry Christmas" to him.

## They Do Love Pie

" $\mathrm{T}^{\mathrm{HE}}$ boys tell me that they are longing for pie," Mrs. M. T. of St. John exclaims warmly, "mince pies, of course, they are appropriate to the season, but also the apple and fruit
pies such as mother used to make pies such as mother used to make. I shells of pie crust, bake them, fill them with sugar or something dry, pack them in a cardboard box and add a little jar of fruit so that the boys can fill them for themselves, they travel safely and the gratitude of the lads is overwhelming." By the way, when sending fruit, it is well to remember that raspberry and strawberry jam are the first favorites, with the rest of the field well in the background.
Mrs. A. Day, of Dauphin, Man., sends a most interesting letter, replete with brilliant ideas,
"We all know," she begins, "that strong tan laces, khaki handkerchiefs and soft towels are always acceptable, as well as boracic acid, Lifebuoy soap, McDonald's chewing tobacco and even McDonald's chewing tobacco hàs been asked for by boys who never used it
before. Some of the things which make an agreeable change are Governor and Chili sauce, Worcester sauce or home made pickles. Wrap glass jars in plenty of soft paper (which can be used as toilet paper) and pack firmly into one pound baking powder tins.
Nut and raisin cookies or carraway cookies always keep well if baked to crispness, as they do not then mould o easily.
"September Everywoman's World with its useful suggestions was the best ever."
One mother writes that she always packs what she has to send in a tin biscuit box, first making fudge and pouring it into the bottom of the box this has cooled, she marks it When into squares, cutting them to lightly half the depth, lays oiled paper across and packs on top of that.
There is one possibility in the line of filling the chinks and corners of boxes to go overseas which will provide pleasure also for those at home and is sure to make a strong appeal to our Canadian lads and lasses. It is now the season when nutting parties are in
order and even in the vicinity of the order and even in the vicinity of the
city there are woods where may be found. This year the crop appears to appears to be an unusually heavy one. little brown three-cornered husks of the are opening and the to opening and the nuts are beginning than a long day pleasanter occupatio crisp sumny Autum the woods, in th huts? And then what the lads overseas to find surprise to made taffy flavored with these home little kerhels or, on opening a dainty o see all nooks and crannies filled with the brown shining morsels.
One lad who has been serving in the renches for three years asks for mor Horlick's Malted Milk Tablets. "Please keep on sending them," he says. "They are handy to carry around and one in your mouth will relieve the terrible hirst, when no water is to be had." Another suggests, for the same reason, emon sherbet, which comes in tablet or powder form.

## Sweets, of Course!

IN a letter from Mrs. A. of Ottawa the booklet included in the packets of mallows Gelane is a recipe for marsh much liked by the boys. Other pore lar sweets are the Swiss milk chocolate -which it is impossible to obtain over there at present-peppermints (the
little striped black and white ones called by the children "humbugs" or the round white ones) nut taffy and the old-fashioned sugar candy that one sees so seldom now in the sweet shops
but which can be procured from any but which can be procured from any druggist.
In feeding the bodies of our lads, do not forget their other wants. If in a box from home a boy at the front finds a mouth organ, he feels that a service has been rendered, not only to himsel but to his whole regiment. "The fine lad are always borrowing mine," one lad says. A pack of playing cards is also appreciated and while in times of peace many people may object to these, they are the greatest of
boons to Tommy in the trenches, enabling him to wile away many a tedious waiting hour.

## She "Set a Fashion

M ${ }_{\text {Toronto, was }}^{\text {ISS }}$ Mild ${ }^{\text {Lided }}$ Argue, to arrange this useful list, gleaned as she says, from her brother's

When sending tobacco overseas, buy it in small bags. As be rolled down When every inch of space in a kit bag counts, this is a consideration.
Shaving soap in tubes fre-
quently oozes out. Sticks of shaving soap are better
Cigarettes in tin boxes carry
best. Any boxes exposed to the rain are not spoiled
Send plenty of Cleanall Soapthe soap that needs no water.
The boys feel rested and cheerful after a wash. Little jars of fruit carry well placed in baking powder tins pin a number of things to their pin a number of things to their coats. They are also useful for Get the largest size. gas masks. Don't forget toilet paper and insect powder.
From British
recipe that Columbia comes be new to many. "One it may delights of my childhood, ", of the dear old lady, who having no boys of her own in the trenches, ministers to all the homeless and friendless Tommies she can hear of "was the coming of baking day. Then my Irish grandmother would utilize all the scraps left from the family baking in making me sugar pies. These consisted of bit of butter, deposited in the mid a tiny bit of butter, deposited in the middle o a square of paste, the edges of which tightly together and the and pinched put in the oven to bake. Never bave I forgotten the delicious ' Never hav ness of those turnovers, and when some time ago, was racking my brains for something new to send to the front, a memory of these lost $t$ lights flashed across me. I made batch of sugar pies, packed them in box, filled all crevices with granulated sugar and sent them off. From that time I have been deluged with request for more. I have set a fashion and boys write home to their mothers asking hem to try and make them some of hese delightful confections.
In packing the pareels, if means can be found to increase the daintiness of their appearance without materially adding to their weight, it will add much to the pleasure of the recipients. A clever idea has been sent in by Misss
M. B., of Toronto, She says, "Whe
She says, "When my boxes are filled
level with the brim, I level with the brim, I lay in two or and scatter on them some marran paper and scatter on them some maple leave that have turned color. I get leaves scarlet or streaky green and red dip them in melted parrafin. This forms a thin, transparent film over them and keeps them perfectly. I feel sure they will be a real 'message from home' in a land where there is never a maple to be seen.

## Bags of Coffee

HERE is a brilliant idea to be used when sending coffee to the boys. large C.A. when preparing coffee in large quantities. This formula has


## The Simple Truth About Corns

BAUER \& BLACK Makers of Surgical Dressings, Etc. Chicago and New York


#### Abstract

A corn today is just as needless as a spot of dirt. It can be ended almost as easily, as simply and completely as a spot of dirt. The way is scientific. It was invented by a famous chemist. It is prepared by makers of surgical dressings, whom physicians respect. It is called Blue-jay.


You apply it in a jiffy, and usually but once. There is no muss. The pain stops instantly and forever.

The action is
gentle. It affects the corn alone. The corn is wrapped and protected, so you forget it. In two days, usually, the corn is gone. Only very tough corns need a second application.
The results are sure. The method is gentle, but no corn can resist it. Millions of corns are ended every month in this
way. Don't use harsh methods are ended every month in this
way. Don't use harsh methods


Stop Pain Instantly End Corns Completely
25c Packages at Druggists old days. See what Blue-jay does.

Prove it on one corn to-
night.

How Bluesjay Acts


A is a thin, soft pad which stops the pain
$y$ relieving the pressure.

B is the B\&B wax, which gently under-
mines the oror. Usially it takes only 48
hours to end the corn completely
C is rubber adhesive which sticks without C is rubber adhesive which sticks without
wetting rit wraps around the toe and
makes the plaster snug and comfortable.
Blue-jay is applied in a jiffy, After that,
one doesn't feel the corn. The toction is



WELCOME your visitors with the find nothing to criticize.

## Dustbane

will keep your carpets looking bright and new. Your floors will appear freshly polished if you sweep them with Dustbane.
It makes the work so much easier too, because it settles the dust.
Order a tin from your grocer. If he doesn't stock it, ask him to get it for you
DUSTBANE MFG. CO., LIMITED ottawa, ont.


## By L. M. MONTGOMERY

Author of "Anne of Green Gables," "Anne of the Island," etc.

Wcoached through the Trosachs
to the Trosach's hotel. The Trosachs is beautiful and grand, and perraps before the carriage road
was made it was wild enough, especially was some benighted wanderer who had all too good reason to fear Highland plunderers. But it is far from being the wild, riven, precipitous dell of my fancy. No, it is not the Trosachs where $\mathbf{F}$ have so often wandered with Fitz-James. "The hotel is in a lovely spot,' on the shore of Loch Achray.
"Where shall we find in foreign landSo lone a lake, so sweet a strand?" "Yet Loch Ac too, was on a smaller scale than I had ex-
pected. We walked pected. We walked along it that night as far as the 'Brig of Turk,' gathering bell-
heather and bluebells heather and bluebells
as we went. Scottish as we went. Scottish
bluebells are certainly the sweetest things! They seem the very
incarnation of old Scotia's romance.

## A Foolish

Disappointment
$\mathrm{N}^{\text {EXT morning we }}$ the Trosachs to Loch Katr'ne in a pouring rain and hired one of
the boatmen us to and around think I liked it be cause it, too, was not the islet of my dream, and I was conscious of a foolish disappoint ment.
ever, did inates the lisappoint me. It domwent, there was ape. Everywhere we and massive, with a cloud-wreath resting on his 'summit hoar.' I was very sorry that the night we spent there was wet. I should have loved to have seen a sunset effect on Benvenue." August 6, 1912.
"Last Monday morning we went by train to Melrose and coached over Abbotsford. Althe meautiful road to own account we could not help falling in with a Cook excursion and this somewhat spoiled the day for us. But the scenery along the road is exquisite and we saw the Eildon Hills, cleft in three by the spells of wizardry. Abbotsford is most interesting, crowded with relics. I should have loved to have dreamed over in solitude. But that might not be. The rooms were filled by a chattering crowd, harangued by a glib guide. I wondered if Scott would have liked to think of his home being so over-run by a horde of curious sight-
seers.

## Where Scott is Buried

WE drove from Abbotsford to Drywe were able to escape from the "Cookies" here we enjoyed the magnificent Melrose doubly. Then we returned to Melrose and explored hey ruins of the Abnot follow Scott's advice, which I never vice, which never
believe he failed, as believe he failed, as
is asserted, to take himself, and view it by moonlight. But in that mellow, gold-en-gray evening light it was beautiful enough, beautiful and sad, with the little bluebells growing in its ruined courts and Mever its old graves. Michael Scott is reputed to be buried there, and there the heart of Robert Bruce was buried, and, quietly as though it had, according to

wish, been laid in the soil of the Holy Lish,

There is some wonderful hand carv ing still left in Melrose, and the little hand high up on one of the arches is as suggestive as it is beautiful. What fair lady's hand was chiselled there in last ing stone? One cannot but think it was wrought by a lover.
"On Wednesday we left for Inverness, but stopped off en route to visit Kirrie muir, the 'Thrums' of Barrie's stories In particular, wanted to see the 'Den' where Senti-
mental Tommy and mental Tommy and
his cronies held their his cronies held their
delightful revels. It delightful revels. It
is a lovely spot. One is a lovely spot. One thing about it made
me feel at home, its me feel at home, calls 'pink,' are the very red of our own have fancied that have fancied that
was prowling in the was prowling in the woone.

Inverness Best
OF all the places we have visited like Inverness best In itself it is only a small gray town but the surrounding scen ry is magnificent. Culloden drove out to Culloden the evening our arrival and it is one of the drive that, for sheer pleas-
ure, will always stand ure, will always stand out in my memory
The road was exceedingly lovely and we were fortunate enough to have a nice old driver who knew all the history and legend of everything, and was very silling The next day we visited Tomna hurich, the famous cemetery of Inver ness. It deserves its fame; I am sure it must be the most beautiful cemetery in the world. It is a large hill outside the city, rising in a perfect cone, and thickly covered with trees. The name is a Gaelic, word meaning 'the hill of the fairies,' and surely it must once have been a spot meet for a fairy king-
dom and the revels of Titania. Seen om and the revels of Titania. Seen at eventide, against a sunset sky, it seems a veritable outpost of the Land
of Old Romance.
onian Canal to Fort William donian Canal to Fort William, and on the mountains along our way were wonderful. If I were to live near mountains for any length of time I should learn to love them almost as much as I love the sea.
"August 13, 1912
LAST Monday we visited Roslin Chapel, a wonderful specimen of oothic work in perfect preservation. his is the chapel of Scott's ballad
air Rosabell
'Seemed all on fire that chapel proud
Where Roslin's chiefs uncoffined lie.'

## Wednesday we

 left Edinburgh and went to Alloa to visit friends. Thursday we 'did' Dollar Glen. I had never Glen. I had never until Mr. M. of Alloa until Mr. M. of Alloa told us of it, yet itis ohe of the wildest, is ohe of the wildest, grandest spots we land. If Scott had touched it with his genius it would be as widely known as the Trosachs. Indeed, it is much like what I had imagined the Trosachs to be. Dollar Glen is like a deep gash cleft dow

## "Yes I Made It All Myself

 ago, I never dreamed I could make my own clothes. But it's so easy and fascinating when you know just what to do. My clothes are more stylish and distinctive than they ever were before, yet they cost me less than half what spent last season.
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expert teachers every step in dressmaking just exactly what to do from the time you draft or select your
pattern until you stand before


## Read These Letters From Delighted Students

 comes to me. When itell the people 1 can drait pat-
terns they think $I$ know it all. I make on an average of one fancy dress a week or two platn ones, and do
ali my own house work."

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courses and method of teaching. Please state which courses and method of teach, telling ail about our
subject Interests you most. ilk dress, a georgette crepe blouse, remodesedes, my
uit so that t looks just like new and made all dind "I would not part with my course fill, Ontario "I would not part with my course for anything
and Itreasure tt as thave never realized one could
treasure anything of that kind." Mrs. Hoetense F. Severy, Hamilton, Ontario

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(CONTINUED FROM PAGE 23)
been reduced to fit the need of the indi dividual.
Make some little cheese cloth bags h one allo
$11 / 2$ rounded tablespoonfuls of coffee $11 / 2$ rounded tablespoonfuls of klim . Mix these dry ingredients thorought
in a bowl, and put five rounded table spoonfuls into each little bag. Tie loosely and pack the bags tightly into a tin can with a closely fitting lid (or milk powder be effected strength and the Paste on the box-and effect by damp) lid where it will not be torn inside the unreadable-these directions. or made
"Put one of these little bags into a pint ( 4 cups) of cold water and bring out the bag promptly.
The coffee is ready to serve-hot creamed and sugared.'
It can never be amiss to say a final things which are to carry up of those and remembrance to our boys in dove lands. In sending to places in distant Eastern battle front it is better to the in tin boxes, but for men in France and on the Western front the corrugated pasteboard boxes which can be obtained n several sizes, will be found lighter and equally satisfactory. Sew them up firmly in a piece of strong factory cotton printing the full name and address Fasten upon this in indelible ink. the necessary customs declaration and has every its destination

This question of packing is particu larly important. A visit to the room
at the General Post Office where the at the General Post Office where the
parcels are awaiting shipment, will show parcels are a waiting shipment, will show
only too many half-wrecked which one knows stand but a smarcels Which one knows stand but a small
chance of reaching their destination. Packed carelessly, tied with the frailest of string and in many cases very of string and in many cases very
sketchily addressed, they already show signs of dissolution. If it is worth while sending a box at all-and no mother sure that it will arrive in safety make this can be done only by careful atten tion to the strength and solidity of the packing.

## Is It Worth While?"

There are, we shudder to admit those who will even yet pause to ask:bother with a box? to go to so much bother with a box? Why can't we just sending, in the same way?" ways been
sending, in the same way?

Is it worth while! Every mother o sister or daughter who is getting read for her dear ones far a way in France or Salonika, some parcel that will help them to feel that home love and longing are still about their paths, will answer indignantly, Yes."
Think of the lads over there-wet weary, muddy-yes, and many of them heart-sick with longing for the dear home faces, on the Day of all days when the great Home-maker first came upon the earth. It is said that on every mail-day, eager crowds watch for the
postman's coming and strong men postman's coming and strong men burst of tears on hearing that there was neither letter nor parcel for them.
So you may imagine the joy of the lad who, upon Christmas morning, is the happy recipient of a box from home filled with all the things that his soul loves, and with some surprise awaiting some dainty, an of a new and toothgame, as some little evidence book or love tucked among its contents home
There are surely none amon
ould bear to disappoint among us who could bear to disappoint that expectafighting for our sakes was some lad to that fight with the mournf going forth in his heart, "Christmas! and they havt forgotten me."
From shore
Dominion mothers, sweeth this vast wives are preparing those parcels and will bring the Christmas parcels that love and goodwill to Tommy in of trenches; and if, by the most strenuous of thought and work, we can add jot or tittle to the gladness of that message, we shall indeed be well repaid.

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## The Endowment

新路
## Of Music In Canada

And How the Art is Aided by the Individual

WHAT is Canada to do-what are Montreal, Toronto, Winnipeg that we may obtain the best order -that we may be able to listes music? great orchestras and Gre to listen to There are critics who say that since the outbreak of war, the musical put in this country has deterioratedthat no music is being produced at the present time, which is worthy at the name-that Canadian taste it of the has degenerated and that the classical masterpieces of the past are no longer appreciated by us.
Is this true?
If not -if opportunitunities of hating the
highest class of music that which is universally regarded as the greatest and best of its type-how isthis resultto be obtained? One anC a is that must a d a must prosupert and music which it desires to hear by en dowment Here is what D r. Karl Muck, Con ductor of the Boston Symphony Orchestra, has to say upon the subject: "As yet
the people of America do not seem willing to make the effort to sup-
port Grand Opera and Symphony Con certs. The question resolves itsel nto this: If you do not endow these Ifstitutions you cannot have this music If you wish the music at this present stage of yo

## "So wed.

So far as I am aware, no musical ed by State or Government in A perica The only endowments that are made are individual. It is important to notice that interest in the symphony orchestra spreading, but what symphony or chestras there are, are not supported by the voluntary contributions of the mass of the people, but are in general the individual gifts of some one or two great lovers of music.
when the day is surely coming palities and Government and municipalities and civic bodies will contribute for the advancement and support of music-symphony orchestras, grand opera, choirs and bands-perhaps also schools of music. But before this day comes, the thought of endowment must become lodged, and individual and community musical culture, must be

## Canada Does Recognize

A LREADY in Canada is music-orchestras-the recipient of support from private individuals of ample means and, in a lesser measure, from civic bodies. For example, certain Montreal citizens maintained grand opera in that city for a time, prior to the outbreak of war; and in Toronto, the Toronto Symphony Orchestra and Mendelssohn Choir have the support of private guarantors. The Mendelssohn Choir was about to receive civic support for its projected tour over-seas but war interfered with their plans and the civic grant was not required. that music in Canada serve to show that music in Canada has practical recognition, and give one confidence music in post-war days is likely to be-
come a fact both in Eastern and Western Conada. great extent the advancemen of music has been indebted for it greatest mpetus to wealthy lovers on the art. This fact brings to mind how many prominent people, Statesmen, Soldiers, Business Men have a passion or music.
Oddly too, it reminds one of the simplicity of taste in music acknowlic eye.

Choice of Great Men
A STORY related of the late Lord dia tells that
when he went when he went up to one of

## WIND VOICES

by Norah m. holland
What did you hear when the wind Crying out in the dark and rain? When golden and the red leaves And bie flying
And big drops beat on the window Was it the sound of an old refrain That called and called and would not be still,
voice from the again?
Hark to sleeping-
ying atoc is the das Was it a foot up the passage leaping And old-time laughter upon the Ah but the old-time days were fair When love and laughter were Where are they now, I pray you, where?
Hark to the wind upon the hill!

Balfour A. is the founder of the Handel Society in England and has writtena number of articles on Handel and a most interesting book upon that musician, a Mr maginent collection of whose works Mr . Balfour regards as one of his
greatest treasures.
In Marcossen's sketch of Lord Northcliffe, the great newspaper man, now in the United States, it is said: There is one definite rule in Lord Northcliffe's scheme of life that deserves mention.
Save in a great crisis, his work for No day ends with the hour for dinner. will talk in any of Northcliffe's houses you will see Northcliffe the on. Then namic Peter Pan, who never grows up.
I like to recall an evening at Elmwood the smallest of his country places. There were only a few of us down there. have the phonograph.

He stretched himself on a large couch, puffed away at a cigar, and luxuriated for the rest of the evening in American Tennessee," to "Alexander's Rag-time Band."

The Regimental Band
RUDYARD KIPLING seems to have .a fondness for military bands! In a speech before a meeting at London said:

A few drums and fifes in a battalion are worth five extra miles on a route narch, quite apart from the fact that hey swing the battalion back to quarters composed and happy in mind no matter how wet and tired it may be We are a tongue-tied breed at the best. The band can declare on our behalf, without shame or shyness, something of what we feel and so help us to reach a hand towards the men
who have risen up to save us."

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## Concerning Myself

## By THE BABY

$I^{I}$T'S a whole month since I wrote to you last, and something very impor-
tant has happened since then, I've just been waiting for the chance to tell You will rem. Doctor last month, and how you about comes round to see Father. Well, one day last week he looked into my mouth boy's started to cut his teeth already, Both Mother and Father seemed to be very much excited over this. They examine my
mouth. Mother said to Mocter,
"It can Doter It can have only just begun to show
or I would have seen it," and they yery pleased to be it. Of course when I saw they were was pleased I and laughed as much as I could to show them that thought I was pretty clever, but
since then I have sometimes felt
rather differently about it, for the
place where I supplace where I sup-
pose these teeth are coming is rath-
er sore sometimes, and bothers me
little. They have and I cried so Father brought me hom a rubber ring to bite on, as he said it I don't know the th to come through as I can't see inside my mouth like the rubber ring very much.

$$
\begin{aligned}
& \text { Ike the rubber ring very much. } \\
& \text { I can't quite understand how }
\end{aligned}
$$

that everyone seems to be so proud of my getting my teeth. I don't see why
they should be, because nearly big people I know have got lots them, and I don't think that any of them had them when they first were babies, so they must have all got them much the same way as mine are coming, without their being able to help it. There is one old lady who comes to see my mother sometimes, who
must have had something with her when she was the matter though she is very was a baby. Alsee that she has any teeth yet. Perhaps they forgot to come for her. Perhaps

## Regular Habits

$\mathbf{M}^{\text {OTHER puts me to sleep at about }}$ sleep the same time every day, and 1 sleep just about as long one day as I good for me and saves mer says, is grouble. I think it must be lot of plan, for as soon as the time a good round I get very sleepy, and comes what my father calls a "habit," that is says that there are different kinds of habits, and that some babies have a lot of bad habits, which they would not have if they were brought up properly. After I have been sleeping a long time, and wake up in a good temper, my mother and father say that I am a good
baby, so that is how I know that this baby, so that is how I know that this
habit of sleeping at regular times is a good habit. And I can times is a Mother is very wise to put me to sleep at regular times, for another reason, too. If she tried to make me sleep when I am not a bit sleepy, I just couldn't be good, but as it is I am always sleepy by the time she comes to put me in my cot.
A few days ago Mother took me out kind of house that she called a in a car. It is a big room on wheels and it goes along very fast. I liked the trit very much and saw a lot of things I had never seen before, but of course I don, remember what they were, as I did not get time to look at them properly Along each side of the car there are seats, and the seats are filled up with people who sit quite still and stare a each other all the way, lots of them said "What them ever they said that my mother whenbut she did not say my mother smiled There were some other babies them. car too, one right opposite.
nearly so nice as my mother is no
about babies, not seem to know much that one very perhaps she had not had wasn't any bigger than I am. The baby cried, and its mother held it up, in the air, with its hother held it up, hanging down and slapped its back. She kept on slapping its back, and the
more she slapped it perhaps she slapped it the more it cried but I'm quite sure it didn't. I was sorry for that baby. My mother does not do that to me. I thought it would have been much better for that other baby if it had been
left alone a little left alone a little Mother says that whed when I am out, and my father says that it is well, a and because my mother takes care that my hab-
its are all regular. pose that is why was able to sit er's arm around me, and look at
the other babies, and all the big people without my back slapped That is the only all the time. down town with my I have been father that shat mother said to my me down town would not have taken been obliged to at all unless she had had to go and there was nound that she me with so she simply no one to leave along too. My mother says that it is not a good thing to take little babies amongst a lot of strange people, and that way, and nelds and other things in came way, and never know where they came from. She says that there would not be so many sick babies if they wour So I don't home while they were little. the street cuppose I shall go out in for a very long time. my mother again

## Wanted-A Car

$T \mathrm{HE}$ other day when Mother and going out, were talking about babies had be a thing for me if Father had a big car, muci bigger than the hold Father puts me in, Btg enough to the same and Mother and me all at would be a time. Mother said, "It had a car." Fouthing for baby if you to be a mused Wer laughed, he seemed have heard lots What he said was, " should have a car of reasons why we time I have had that that is the first a reason." Mother smiled given me as think that Baby smiled. "Don't you and Father replied, "Yes good reason?" will see what can be I I do, and I Fatheers as though Mothe about it. Father about a car often has asked got me, but that he has before she If he chang
one because I his mind now and gets another good am here, that will be Mother, good turn I have done for than ever. she will think more of me right, though think Mother is quite nice to be able ton't you? It must be the crowds of peo go away, far from all will hold us of people in a big car that lots of fresh air and where we all have man, and I know Father is a very nice big car for me, he will if he can get a It seems funry to me sure to do so. big people standing to me to see all the walking about wherever their legs and go. I hope I shall be able to want to more very long. Doctor to do that for ber that it was not a mood m. for babies to walk too a good thing strong enoup before their legs were yet, all I can I can't even roll about just a little can do is to kick out my legs er all the time they are getting strong thing for me to bector says it is a fine as much as to able to kick about helps to make my little He says it al to keep me well. Dittle legs strong, and and I know that I octor is a nice man happy baby, with such to be a very
lookafter me. people to


## Making Men

is the mothers who do the real teaching. It is the mothers who have virgin soil to work. All that the seats of learning from the country schoolhouse to the University can do for a child as time goes on is to add to what he already knows. The first seven years, the years. when mother has him for her very own these are the ones which count. For this reason if for no other the mother is an important person, the home an important place.

The woman of to-day complains that the mill, factory and shop have taken the work from the home and that she has, perforce, to go out after it. But it is only the material part of her work that has gone. Especially is this true in regard to a mother. The spiritual work remains in the home, must of necessity remain there, since between here and the City Beautiful there is no place where it can so well be done.

To bear children is not enough, she must rear them. God breathed into man, made in His image, the breath of life, and every birth is in a way a repetition of the miracle. The mother with infinite patience, and love unfailing, breathes into the child the spiritual quickening, the faith in God and in goodness, the high ideals and love of truth and right which are to stand him in good stead in the days to come.

## The Boy at School

A QUARTER of a century ago, in the country schools of Ontario, the pupil who was clever and good, diligent in the pur suit of knowledge, and, above all, obedient, enjoyed an enviable, "ticket" prosperity. He was rich on paper. So many tickets as reward for this so many for that, each ticket having a verse or text in the centre. For ten small tickets he received a good sized one, for ten of the latter a regular leviathan of a ticket which typified a hundred marks to his credit. There were ticket paupers, of course, as well as ticket capitalists. Perhaps in no other place was the hoosier saying: "The folks as has are the folks, as gits" better exemplified than in the old red school house which here and there turned out its embryo statesman, educationist, its law maker (and law breaker) its doctor, poet, preacher.

Attending one of these schools which happened to be on the edge of a wood, was a lad who couldn't and wouldn't study. With the birds and bees to watch, with green things growing, and bushes beckoning, he found school too great a strain on him, and one May day literally took to the timber. A man of the neighborhood met him and remarked that it was in school he ought to be.

ment than a finer one. We forget sometimes how children love merriment. We let the responsibility of parenthood press the laughter back. Yet for our own sakes we ought to keep the chord of gladness in our heart well tuned. Cheer means much at any time, but in these days of stress and sorrow it means more. What with hearing, seeing, thinking sad things, supping with sorrow, as it were, we are in danger of forgetting how to be happy. Scientists tell us that the more we refrain from laughter the harder we find it to laugh, and our own commonsense agrees. A hearty laugh is a wholesome thing. When we grow too busy, or too wise, or too pessimistic to enjoy
it we are in a bad way.
If the nervous women worrying themselves thin over trifles, the grim ones who create gloom, the cross ones who make life a burden to all about them, the fussy ones with their imaginary ailments, their losses and crosses, the poor half alive ones afraid of their shadow, if these, and all the rest of us would find the happiness of life, see the fun of things, there would not be half the breakdowns nor the discontent. Doctors and sanitariums would not be in demand. Free as the air are some of the prescriptions evolved by specialists of world wide reputation, one of which runs: "Laugh and grow fat." A safe and sure remedy not only for grouching and grumbling but for real ills and diseases.
Let us try it out ourselves like the practical people we are, on ourselves and the folks we live with.
My husband is suffering from indigestion," confided my nervous neigh-
said: "I've tickets a-plenty. It's birds and snakes, an' live things for me from this on."
Country folk are quick to ridicule anyone who departs from a given line, and for a long time they would say of a verson ignorant and conceited, "I uere's a nother with tickets a-plenty." But they stopped saying it after a while. Why? Because when that truant of the backwoods unfolded what he had learned of "birds an' snakes an' live things" he found a world wide audience. And in the country as in the city, only more so, "nothing succeeds like success."

## Why the Laddies Love Her

YOUR mother isn't so clever as
mine, my mother has letters after her name, and speaks at meetings," boasted the fourth form boy to his chum. For a moment the other's face fell, but only for a moment. "Oh, but you ought to hear my mother laugh!" he exclaimed in tones which told a whole story of glad comradeship "all the youngsters in our neighborhood I would our house to play.
I would rather have had that compli-
bor, "and I'm giving him
the history of Alexander the Great in small doses between courses by way of a cure. He eatstoo fàst as a rule."
"With the high cost of living worrying the heart out of folks, how do I manage to keep my man and my half dozen childer so happy and healthy, you're asking?" smited my pretty Irish neighbor. "Simple food and lots of fun with it, there you have me prescription me dear. When I'm about my work I think up a good story to tell s asoon as we sit to our meal. I don't care how big a dose of blues the man comes home with, a hearty laugh cures him unbeknownst to himself."
Which remedy sounds most pleasant! The funny story may not equal the history of Alexander the Great as an educator, but as a tonic there is no comparison. The laddie's: "You ought to hear my mother laugh!" may not measure up to the other's boast of erudition and oratory, but we are all in love with it, and with her. It is the sunny hearted women who make this sad old world a good place to live in. God bless them!


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T${ }^{7}$ HE fine granulation of LANTIC SUGAR makes it better for every purpose for which sugar is used.
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## PROMOTION AND MYRTLE

(CONTINUED FROM PAGE 6)
"Aw right. Dat good place enough.
Dose Indians like as not be in dat deestrick; McNulty got heaps of
chickens," he added with a knowing chickens,
chuckle.
$\mathrm{S}^{O}$ we rode on and I gradually became absorbed in thoughts that were nearer Bayswater than the Cy-
press Hills, leaving Gabe and Porter press Hills, leaving Gabe and Porter
to do the talking. to do the talking.
After awhile they got arguing as to always a little friction on that point between the scouts and the constables. You see, the former do not compete in the annual target practice for reasons known only to the executive. Porter was a marksman of the troop and wore a gold star on his sleeve for high aggregate scoring at the ranges, while
Latreille was one of the best Latreille was one of the best all-round
rifle shots in the Territories. I have rifle shots in the Territories. I have, myself seen him hit a running antelope at four hundred yards and bring down a swan on the wing with a bullet, and
that is no mean shooting. What that is no mean shooting. What he could do at a fixed target was, of course, another thing; but he had
Porter skinned to death as a wing-shot The argument soon waxed hot and was inclined to get personal.
"Oh, , dry up, you chattering old cocksure of yourselves, why put so five dollars apiece and settle the matter when we camp for dinner. Duggan' old shack at the head of the flat will do to chew in and you can easily find
a mark. I'll be umpire."
"Ver' good," said Gabe. 'I can shoot Portaire's tam head off at a mark or a deer or anytink.'

Porter. "We'll put a five-dollar bill apiece into the Corporal's hands and he shall decide. Most hits in three shots to take the pot. How does that strike you?
"It's a go," replied the half-breed.
Duggan's shack, the deserted log house of an old cattle-ranch stood $\log$ the hog back of a gravelly hill where the trail descended on to five miles of
an alkali flat. It was about as dreary an alkali flat. It was about as dreary
and desolate a spot as could be found and desolate a spot as could be found
in the locality which was for the most in the locality which was for the most
part fertile and well watered. Still it part fertile and well watered. Still it
came in handy on patrols as a temporary shelter from winter blizzards or the summer sun.

WE tied our horses on the shady side, loosened their cinches and emptied out their stocking-full of oats apiece, then set about the discussion of canned salmon and sandwiches from our saddle-bags. Porter soon had a emptied a couple of cans and having stone, proceeded to boil them a flat make coffee in. A salmon can in half bad as a cup but it does not hold much as a tomato can. I have drunk up everything out of both from rye whiskey to alkali tea. One does rye carry much Dresden china on a Police patrol; it is apt to get cracked. Plates we had none, nor old silver, though we boasted some valuable antiques in the way of fingers. An early breakfast and a twenty mile ride produces an appetite that laughs at damask tablelinen. You city-roks do not know the luxury of plain living until you've ${ }^{\prime}$ - d a prairie funch win God's blessed blameless stomach of a child and the not have to call in the aid of We do and Worcestershire sauce to Cayenne grub down, turning fretfully from grub aown, turning fretfully from ally with a slimy old Mayonnaise. The simple life for us.

And then the post-prandial pipe, stretched in the shade with the sweet air playing over you and your inner man, like your thoughts, too full for utterance!. 1o the hills with Egyptian cigarettes and Turkish atrocities! Give me an old briar pipe and Tuckett's extract of plug. That is tobacco; not Oh yes; Johnnie knows. You bet your socks he does!

But one cannot dream forever. One oclock. Time to be hitting the trail again.
"If you boys want to settle that bet, "there is a browin sompanions,

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The prompt and positive action of this simple, inexpensive home-made remedy in quickly healing the inflamed or swollen membranes of the throat, chest or bronchial tubes and breaking up tight coughs, has caused it to be used in more homes than any other cough remedy. Under its heal ing, soothing influence, chest sore ness goes, phlegm loosens, breathing stops and your tickling in the throat ful sleep. Th get a good night's rest colds are coneusual throat and chest or less. tis, hoarseness better for bronchicough, broness, croup, whooping coughs. To mak
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## 15 TIMES THE MONEY

was spent on doctors' bills, without any benefit, as was spent in Zam-Buk, which effected a complete cure!" says Mrs. Fred Gervais of 126 Bleary St., Montreal. skin, and she became very baby's skin, and she became very fretful and lost weight. I took her to a apply, but it did not do baby any good. I then took her to another doctor, but with the same result. "Then a friend, who saw the condition baby was in, brought me some Zam-Buk, which she so highly using it. In one commenced looked much better, and before a month had elapsed she was quite well again.
"Baby is now the picture of health, and I think it wonderful about thirst of Zam-Buk brought doctors' treatments did no whatever! I certainly advise other mothers not to experiment with useless remedies, but to save their little ones unnecessary suffering and themselves needless anxiety and expense by using Zam-Buk in the first place."
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little butte aver there-about five hun
died yards range, I should judge Plug away at that while the horses finish their feed and I'll walk over and keep the score.
Port stone? \$o there is," remarked Porter in a tone of surprise. "That's queer. You must have sharper than I, Corporal. I've been looking at those hills for the last five minutes to try to find a mark.
"Well, it's there, sure enough" shot and I'll score the hits. Then we must get away. No more fooling, remember, once we get across the flat.
I started towards the range of low hills while speaking and looking back saw that Porter had won the toss and was lying flat on the ground adjusting his sight. I kept my eyes on the mark and when one hundred and fifty yard from it heard the sharp report of a rifle too quick for a sure shot

To my astonishment the stone had disappeared.

A hit and a good one, I thought; but what could the object be to get knocked er like that

Waving my hand to them to cease firing I hurried up the slope. The top was quite flat and about fifty feet in circumference and not a sign of a stone anywhere. I looked round to make certain that I was on the right hill Porter was still lying on his face and Gabe standing by him, rifle in hand, watching for my next signal. It was was nothing between them and me but where was the stone? Thoroughly mystified, I walked across the top and looked down the other side.

Then I stopped short, frozen stiff, with hands above my head and heart beating like a triphammer. I was looking straight into the muzzle of a rifle in the hands of a Blackfeet Indian

## LADY OF THE EMERALDS

(CONTINUED FROM PAGE 10
materials. In my handbag I had fountain pen. They took it away
Mayhem searched his pockets. They yielded up a fat little blank notebook and a pencil. Miss Wilkins accepted them gratefully and hid them under her mattress.
He took her hand again at parting She really had rather wonderful eyes Mayhem sighed again and turned away He had promised to bring her some reading matter the following da
That night he paced his room for ove an hour, his hands clasped behind his back, his brows drawn together as when he wrestled with some problem in psychology. He mused long upon Miss Clare Wilkins.
What had her past been? She seem very well educated, and she appeared o have had a decent start in life Evidences of refinement were observ ole in each tone, each gesture. Why had she stepped from the narrow path of integrity? What curious swirl of ife's deep waters had sent this lovely human atom down among dark cur jetsam of the world's iniquities?

He paused at his bookcase and took down a volume. It was one he had frequently read, but always with the detached interest of the scholar. Never had he expected to consult it from concrete motives!

It was a treatise on crime-crime all its varied aspects. Mayhew turned he pages till he found a chapter called sub-heading he read:

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## WITH THE THin GIRLS AT COLLEGE

The "Mock Dinner" a Huge Success
By HELEN EDWARDS

O
NE night last week my room
mate rushed into our room all excitement. "Sit get your breath; and for good-
ness sake don't run all the way up three flights
of stairs like that of stairs like that
again,"
I said pushing her into a chair. "Now,
what's the news," as she began to look normal again, "get it out
your system. It may not have been exciting
enough to warrant all that waste of good energy but know? The pre-
lude sounded rather interesting We were to have a Mock Dinner. What is a Mock
Dinner?-That is Dinner?-That asked. I had mental picture of a Mock Trial, of
a dinner featuring Mock a dinner featuring Mock Turtle Soup;
Mock Duck and every other "Mock" dish ever invented. But it seemed, I was all astray.
"Wait", I was told-"wait and see."
I waited two long weeks, but meanWhile, I solved the mystery bit by bit, While every detail is fresh in ing memory I want to write it all down. Trials of a Hostess
WE girls of the Household Adminis for the whole affair. Such brainsearching as we did have for two or menu for an eight course formal dinner and trying to keep the cost down to forty cents a plate. Each of us had to plan a menu. All were to be submitted, and the best one chosen, At the last minute I was tearing my hair and frantically multiplying and dividing to see if my menu would work out to give the required number of calories. You know what that means! In these days, everyone's figuring out by calories just what value the food
will have for the body-a means of will have for the body-a means of greater nourishment at less expense.
But to estimate food values against time is not the easiest thing imaginable. When I write home to Mother about having an eight course formal dinner she will say first thing, "What extraagance! The dea of having a big
dinner in these days of food shortage! " But that is just where the "mock" idea comes in-there wasn't really anything to eat at all!

The Reason Why
The whole affair was given so that we girls who gave it and all the
rest who looked on wil know exactly know now how to plan for a big write invitations to a formal dinner, how to accept them, how to decorate the table, how to place the inen, silver and china; how to usher the guests
into the dining oom, how to ar range the place down, how to cawn, how to versation, when to use the various pieces of silver, and how all the serving should be done - and oh an endless number hundrew's"-the hidred and one hostes that either serving maid should know a a out Each and every girl in dinner. sembly hall assimilated the useful knowledge-or, should have, because they all had seats where they could We have had of the performance hold Administration Class detail House detail in connection with a formal dinner, but to carry it out in ornual practice is quite an experience, as last
night's event proved

## Our Share of Work

TWO of us were responsible for to us if setting of the table. Woe the cloth, or if wrinkle appeared in peeped out at any the table padding hung the least bit place or if the cloth than at another more at one place the centre had to be bouquet in not to interfere with low enough line of vision across the the guest's even took a tape line and mesure each cover when we had all theasured placed. It was lucky that silver size frow had the covers varying in size from nineteen to twenty-three distance whereas, as you know, the folded from the outside edge of the last piece nin on the left to the very be twene of silver on the right should dinner. Of courseches for a formal formal dinner inse if we ever give a will not be so fusur own homes we cover measure fussy as to have each Still it is well to know the exact inch. When we had the silyat is right. four courses in the order placed for would be used, beginning in which it and working in, with the handles just one half inch from the handles just table and with the knife bladese of the

in, and had placed the folded napkin the left the same distance from the ofge of the table and with the cut edge
of the napkin at the lower right hand corner, we placed a water glass at the tip of each dinner knife, to be later filled two thirds full just before the guests would come in to the dining room.

The Finishing Touches
THE place cards we put at the it was pointed out to us, bread and butter plates are not used at a formal
dinner. We placed the chairs so that the edge of the seat just touched the table cloth. Then we scampered upwere also to be included among the "guests."
Wuests. we had been setting the table the other girls of the class were arrang-
ing all the dishes on tables in the serving room. There was the rest of the silver to be attended to, as well.
Two of these girls were the waitresses at the dinner and one was to manage the dishes as the different courses were brought to the table or removed. "hour were "guests" a nd the other two Such a time as we had getting dressed! I was as excited as if I had been going to a real dinner, in fact
more excited because we would have a

## A Trifle Early But -

JUST a little note to remind our friends that Christmas is not so very far away and that strain can be lifted both from purse and nerves by selecting Christmas gifts gradually instead of leaving all to the last minute. And, speaking of Christmas presents might we suggest that the Yuletide issue of Everywoman's. World will be the best ever. It will be full of the cheery Christmas spirit-good fiction and the many bright features that you have become accustomed to expect.

The Editors.

[^0]
## The Guests Arrive!

UST as the clock struck eight we
went to the drawing room where the girls who played host and hostess received us. The rest of the eight guests arrived during the next fifteen minutes, for, as everyone knows, a
hostess cannot wait more than fifteen minutes for any guest at a formal minutes for any guest at a formal
dinner. The "host" offered her left arm to the lady honored guest and led the and the hostess with the followed, honored guest brought up the rear. It all seemed so screamingly funny that we could not act naturally or even be sensible on our way to the assembly hall.
(I almost forgot to mention that in were the usual envelopes one for each gentleman with the name of the lady whom he takes in to dinner, and the side of the table on which he is to sit.)
Well, when we were all ranged around the table with over a hundred spectators in the rear, we felt a wee bit more versation just had to carry on condinner, but thank if we were really at a dinner, but thank goodness we did not the others to hear. use their eyes long as we appeared to ears, so as on a suitable conversation we fulfilled our duty. The hostess sat facing the serving glance everything as it came to the table. The gentleman honored guest I was glad I had not been chosen for hostess for she has so many things can begin to eat after three or four have been served, but she must always remember to be the last to put down (Costrive wo mance 3i)

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## Leaders of Men Are Trained

A Sketch of the Canadian Training School at Bexhill-on-the-Sea, England

## By JAMES GORDON <br> "One of the Bexhill Lot"

T$\rightarrow$ HERE go some of the
Bexhill lot," is a phrase that has come to have
a definite and complimentary meanplimentary meaning England where Canadian soldiers are seen on parade or in the streets. formerly one of the most delightful of the small summer resorts on
the South Coast, is now best known as the home of the Canadian Training School. Men who have been hard fighting in been found fit for
higher duties go to Bexhill to be trained for the commissioned rank, and there are also young subalterns just out from smartness and "pep", before they of into the big push. An average ciass is about 600 strong and is made up of
200 Officers, 300 Cadets, and 100 N.C.O's. The latter are qualifying as instructors. The whole is divided for administrative purposes into five companies of four platoons each.
There are many Schools for soldiers in England and behind the lines in France. Most of them are highly
specialized and restrict their efforts

very definitely to Trench Warfare or Bayonet Fighting or whatever their particular subjects may be. Training Sche Canadian Training School is a school for the more general training of officers, but it also specializes in two matters of ex-
treme military importance-smartness and discipline.

A day there
discipline and general slackness in the discipline and general slackness in the
Canadian Corps was a matter of common discussion in military circles in mon discussion in military circles in on the subject drifted back to Canadian newspapers by way of their English highly coloured, but they were to a certain extent based on fact. Festubert, Givenchy, and St. Eloi bear undying, witness that the first Canadian
divisions had the sort of discipline that divisions had the sort of discipline that
makes men fight and fight hard when things are going badly, but the Higher Command had grave doubts as to whether the rough and ready methods that carcied our men through Ypres cipline and machine-like efficiency cipline and machine-like efficiency necessary when the fighting opens up. and discipline in large quantities to the Canadian Corps. And the Cana dian Training School at Bexhill was chosen to be one of the instruments for the dissemination of those qualities.

## All Returned Men

THE Commandant of the Canadian A. Training School is Lieut.-Colonel vice and was twice wounded with the Lord Strathcona Horse. The Officer comprising his staff are all returned lot they are. They know their work

## Mothers Will Appreciate

 THERE was considerable stir, in the first year of the war, when it was thought that Ganadian Soldiers might not be under the immediate guidwhen of Canadian Officers when in action. When fears arose as to how the question those officers were to trained Canadian mothers will. preciate this little sketch by an officer-in-training at one of our Canadian Training Schools in England, as indicative of the efficiency of the men who lead our Soldiers to Victoryand they know how to handle
men. Indeed it could not weed it otherwise for the problem they have problem they have
to face is no easy to face is no easy
one. Men who have done who thing up to a the trenches are likely to be rather keen critics. Moreover they are in-
clined to look on forming fours, sloping arms, saluting by numbers and all the rest of the recruits' train ming as something their dignity. The system of training at the C. the principle, that a thoroughly trained
Platoon Comman Platoon Commander is much trained than a half-baked Brigadier. The a graduate of warfare is left out and of graduate of Bexhill is made capable of looking after the forty men in his platoon under all the varied circumthought that this is. It must not be Modern warfare is any small matter actual tactical handling of in that the pivots on the platoling of infantrymen On the first day of commander. there is a heart to heart new course Commandant to the int talk by the when he points out the incoming Class, of the course are elementary ratherjects advanced, that smartness rather than line are what he wants and means discipHe gives most excellent reasons, to get. lecture is illustrated by moving, and the taken of the previous class when it had take the ground. The pictures rather the the ground from under the feet of ne most confirmed conservatives in of new class and they go out to their garades under the instructional sercan be made to wondering if they also the picture and move like those men in in their palmiest outdrill the "Guards"

## Exit Old "Sawg'nt Majah'

THE instructional sergeants are not at all the type of the drill instructor the foaming mouth, the the red face mand, and profane comment of comSawgn't Majah that used to "knock the drill into 'em." In place of these by being keen and man who gets results He tells his platoon thent and ėfficient. them to form fours the way he wants it exactly his wars. If they fail to do And if they do it wrong tells them again. he will tell them after hundred times


Metropole Hotel, Bexhill, Where
Three Companies Are Billeted
exactly how he wants it done. Finally lect that there is only dullest intelwill satisfy him. Then it will be that right and the instructor will smile and say "good" in a voice of wonder, as if he perfectly formed in so beautifully and life. Imagine in all his instructional Majah ever admitting style Sawgn't ever done anything right ! his men had There are other right!
martness than by ways of obtaining (ConiINuED drill and marching

In the Opinion of Others

MESSAGES of appreciation continue to come in from women in every province in the Dominion who Canada for Women. The infant publication has made friends-real true friends by tens of thousands.

Why?
Because Rural Canada realized that the best way to have a friend is to be one.

Its new found friends are now acknowledging their appreciation of the good cheer it has brought to them.
But their letters speak for them-
selves.
"I HAVE read and thoroughly enjoyed Gertrude Mal Crispada, write N.B., "I like it because of its atmosphere, though to analyze this is a difficult matter.
"It is a pleasure to receive into our homes a magazine so in harmony with the best things. Rural Canada seems to arouse ambition and create a desire
to excel."

## The Joy-Spirit

EVERY letter has that "joy-spirit." Here is one from a farm in Saskatchewan: "We are very much in love with our new magazine, Rural Canada.
"When we first came West we thought we had reached the uttermost parts of the earth, for we were as far West as the C.P.R. tracks were laid. But now we do not feel isolated for we are bound to Ontario and the Eastern Provinces by stronger bands than the steel of the C.P.R., RURAL Canada brings us all together."
Mrs. C. Widders,
Moosomin, Sask.
"So worth while," writes L. M. Ion of Carleton Place, Ontario. "It 'grips' one to read of 'men and women who have made good."
"Just the magazine a Mother needs from home of boys and girls:"-this Mrs. Albert Kay, Merlin, Ontario sends this message:-
"I find just the magazine I was wishing for in Rural Canada. And, oh it is going to be such a help to us
farmer's wives!"

A letter from E. M. Menzies, Pitt Meadows, B.C., says:-
"Rural Canada for women has arrived, and the wealth of information instruction, advice, and sympathy that of brings to the wives and daughters that we broad productive land is such our 'we , women, who are trying to do industry of our Dominion the greatest personally indebted personaly indebted and grateful to
"Rural Canada brings with it such a spirit of personal interest in our work, and sympathetic desire for our success, as to cheer and encourage us to higher ambitions and greater activities."

## Special to Friends

$\mathrm{I}_{\text {like }}$ you have two friends who would three Rubscriptinada, send $\$ 2.00$ for three subscriptions when you are sending in your own-or, if you are a member of a Women's Institute, remit the money through your secretary. Institutes and clubs sending us ten subscriptions or more at once may have the special "Club-of-Ten" rate, which we have quoted to the secretaries by
If, perchance, you have not yet seen Rural Canada, we will send you on request a sample copy for only four cents in stamps, to cover postage; or better still,-while you are at it, send along one dollar and have Rural CANADA for a year. If you do not ike it we will send your dollar back instantly and cheerfully on requestedited and published new magazine, women and home folk of expressly for farms.


## Get Behind the Wheel of a Ford and Drive

TRY it just once! Ask your friend to let you "pilot" his car on an open stretch. You'll like it, and will be surprised how easily the Ford is handled and driven.

If you have never felt the thrill of driving your own car, there is something good in store for you. It is vastly different from just riding-being a passenger. And especially so if you drive a Ford.

Young boys, girls, women and even grandfathers-thousands of themare driving Ford cars and enjoying it. A Ford stops and starts in traffic with exceptional ease and smoothness, while on country roads and hills its strength and power show to advantage.

Buy a Ford and you will want to be behind "the wheel" constantly.

F. O. B. FORD, ONT.

Ford Motor Company of Canada, Limited Ford, Ontario


3-ft. Baby Doll \& 42-Piece Outfit Given Away



## Christmas Came to Nina

## That Pain Is

## Nature's Warning

Backache tells you your Kidneys are out of order. Unless you take the warning promptly, you may have worse than lame back. Gin
Pills, the tried and tested remedy for Kidney trouble, will relieve you; also, if urination is painful, and the water is highly coloured
or shows brick dust deposits, if you suffer from inflammation of the

Thousands can tell you Gin Pills will do wonders for you-healing and soothing the inflamed organs, affording instant relief and
correcting your trouble right at its source. "I suffered with pains in the back, and also had Kidney PILLS, and in two weeks I found great relief. They are an PRESTON NURSE, 437 West 35 th St., New York City.
Others have found relief! Why not you? 50c. a box or 6
At $\begin{aligned} & \text { boxes for } \$ 2.50 \text {. }\end{aligned}$

## $=$ $=2$ $=2$

or shows brick dust deposits, if you suffer
Bladder or of the Ureter, the remedy is

## Gimpills

Won-der-ful
uproariousiy)
Enter Mrs.P., and Mrs. S., followed ayes, in fancen, boys and girls of all
agess or not. Arrange
themselves st right themselves at right angles to foot ligange
on either side be as simple or as slageorate abs desired may simple but effective method of produc-
tion being a large fram tion being a large frame hell by pheduc- bys
within which the groups are ploced black curtain on thoups are pallaced. A
breatly to the effech. This wall weila add
This be put in greatly to the effect. This can be put in
place while the children are assembing. If electric lights are used, lessembing.
turned out while the be turned out while the picture is being
posed, Mr. Cann talking all the time.
Mr. C.-Now, every one look pleasant.
Watch for the birdie (whistlest):
Tut, tut! Tut, tut I Don't open your mouths. moyour eyes we want to see, not your will call this picture (Titile, as "THE
SOLDER'S RETURN"). Now, are you all ready
(At Mrs. P's answer Mr. Cann will
trike a maich, the lights flash on for strike a match, the lights flash on for a few seconds and then off, giving the effect
of a fashaight. While the stage is dark, of a tashinght. While the stage is dark,
the next group must take their places, but so on until all the pictures have been
shown. Mr. Cann can speak on shown. Mr. Cann can speak on as Mr. C.
Mr. C. - That last one was a beauty.
Oh, ho. Ive got my plate upside Oh, ho. Joily ve got my plate upside
down. good thing there was n't any soup in it - or your photos.
Ho, hol My eyes
 make a fine pieture, stavouldn't you heads! We'll label this one- (title). Ready, girls and boys?
(When all the pictures have been shown and the lights go up, Mr. Cann speaks Mr. C. Mr. C.-There now, young folks. I've no more plates and you won't be able to cheat the Sand-man much
longer, judging from Louisa McGuire here! (A little girl gives a very big
Besides, if I stay out any longer, my missus will come down town looking for me, and the first thing I know she will join that mob fighting to get
into Ben Grisdale's store just into Ben Grisdale's store just because he's got more junk marked down a
dime or two.

## Get the Varnish that is made to do what you want it to do.



MAR-NOT, For Floors. Made for floors - to be walked on and danced on, if you like-to have water spilled on it, and furniture dragged over it. MAR-NOT is tough, durable, absolutely waterproof. Dries in 8 hours, rubs to a dull finish, pale in color, particularly desirable for fine hardwood floors.

SCAR-NOT, For Furniture and Woodwork, has been the means of converting thousands of women to the idea of protection in the home. They use SCAR-NOT to make their furniture fresh and bright. Even boiling water does not injure this varnish.
REXPAR, For outside work - doors, ofc.-it is absolutely waterproof and will not turn white no matter how long exposed.
The Sherwin-Williams dealer in your neighborhood has the right varnish for your purpose. Ask him. Ask also about FLAT-TONE, the oil paint for walls and ceilings - 24 beautiful
shades, that will not crack or rub off, and may be shades, that will not crack or
washed with soap and water.
Color schemes and suggestions for any part of your building furnished by expert decorators, free upon appli-
cation, and without any obligation cation, and without any obligation.
Send forbook-"The A.B.C. of Home Painting".
Mailed free on request. THE SHERWIN-WILLIAMS CO., OF LIMTED, 897, Centre St, Montreal, Que.
110 Sutherland Ave., Winnipeg. Mian.
dime or two.
Mrs. S.-Oh, has he, Mr. Cann? Has
he really marked everything down? Me really marked everything down? Mr. C--Looked like he had marked
everything down, including the names of some darn ool women (pardon, Parson) who didn't have enough money to pay for their extravagances. But, there! Don't get me started on I'll be talking all charging system or $u p$ camera, etc.). Let's all give a good, hearty cheer for our boys across the sea, to-night. (all) HIYs
-HIP-HOORAY! Mery mas, folks! HORAY! Merry Christ(Exit).
All.-SSame to you, Mr. Cann! Merry Mrs. S.- (a little apart from Year! musingly). I wonder if Ben others, has reduced that brass desk set. know Frank will want to give me I nice present, this year. I I haven't got his cheque, yet, nor my separation allowance, but it will surely come and I can charge it.
Mrs. P.- (talking to the children). All
right, children right, children. We'll begin with (name of song or carol).
iChildren now arrange themselves in audience. Accompanist seats herself at piano, and Mrs. Patterson opens dor into hall-Left, as though preparing
Victrola.) Victrola.)
Mrs. S. - (moving in front of children to ward door, Right). It won't do any way. I don't have to buy it. Nina, come here! (Nina leaves group of children and stands beside her mother at the door).
I'm going down to Grisdale's-
A low sobbing is heard outside. Children look at one another in fright,
then group about Mrs. Po. at left of stage, leaving window in view of audience. A CHILD again shows her white face at window and disappears.
Daisy.-I thought I saw some one at
the window.
the window.
May.-So did I.
(They -Let's look.
(They rush out of door, right.)
I'm going to Grisdale's-ina.-Oh, mother, please buy me that
doll's kitchen outfit-please Ir won't be Christmas for me without Honestly. I dream about it-I just Mine for it. Well, the things are really reduced, I'll see. I won't be long and you wait -do you understand? If you'll only yes. I'll do anything. be good for a whole year. (Exit Mrs. S., Re-enter girls).

Mrs. P. We couldn't see any one. fancy. Take your places little peo-
ple. (They form rows again; and singWhen all songs have been sung, Mrs. $P$.
again speaks) again spea
Mrs. P.-Now Mr. Burton has a few Mr. B.-(assuming you go.
manner). I I merely wisher pulpit-like youner). I merely wish to remind toward this Christmas festivity, the more, both literistlyas festivity, the we will get out of it. As you all
know, we agred this year with his to help Santa Claus so many military hospitals he has We do not expect him to come to us nor to spend any of his money upon us. We will give of our abundance into the general fund, and the money usually set aside for our Christmas destitute is being sent to a very where it will stricken community a number of children whose fathers country. Fown their lives for their have Fity. Four of our older girls have offered to decorate the tree send, and the presents each of you sort of Toy this way we will be a
which Toxchange-the doll which belonged to you, will after to-morrow, find another home; and the engine which knew Johnny here to another hand year, will respond come. And so, dear childre year to God bless you and children, may cording to your generous spirits. And may His angels guard you while you sleep.
Clapping hands by children and a good deal of confusion as they troop out (exit
$M r$. B.). Calling Mood and B.). Calling Merry Christmas off and on the stage. Mry. $P$. stops in
doorway $L$. Mrs. P $L$.
Mrs. P. - Now, Daisy, dear, don't be
long. There are eft to do are only a few things dreds at here, but there are hun(Exit Mrs. Pe)
Daisy.-I know
Grace grouped round Nina, May and having the whole Gregory family to
dinner. You must heavens! That mob? Mau must be fond of work. (sorting mob? at this box! over box) Oh, girls, look but old junk. There's nothing in it Grace.-Whew.
like the tail end t it a wful? Looks I. wonder who sent a rummage sale. aisy.- (going sent it?
shame! Broken toys, mitten, and it has a hole in books, one better think it would have been people to put. Burton had asked boxes and then they names on their ashamed to send such wild have been ina.- (who has been very rubbish.
Oh, well, it's here now uncomfortable) we may as well wrap tho I suppose See, I have three finished already. (Hangs them on tree).
Grace.-Oh, here is a
perfectly good sweater. Why, Daisy need it. I' I'm learning bily). I don't can make myself to mark it for Alice Ger. I'd like nobody minds. She has such , if Maymatism.
Wont she be tickled? give it to her. (Soft music off stage. (Puts in card). pears at window, smiling. Daisy lis-
tens.

# DO YOU <br> <br> SING? <br> <br> SING? <br> Then you know the value of a 

 good throat tablet! Singers who have used Peps say there is noth. ing can equal them for the throat Mr. Wm.Mr. Wm. C. Hill n: King and Locke Sts., Hamilton, writes : "Eor years I was troubled with a huskiness in my throat when singing, which nothing I tried coand before singing, I dissolve a Peps pastille in my mouth and it keeps my throat and voice perfectly clear."
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Roys! Got into the war game!
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British Modoel Machis real
Hachine Gun. Brwadays. Get this real
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Thimk of the funi you can Think of the fun you can
have organizing a machine
gun battery and keeping tha battery and keeping
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es. This gun is built like and looks Mike tho reail rapid fire
guns used in France to.
days. shot guns used in France to.
diny sed
second - and then shots an
shot where scond - and they hit where
yount mim. Shootsin any direc.
tion-front-alde-in the air-
 zinne; arr.cooled chamber;
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circle circle swivel Mountod
onn heavy tripod and
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structions for organiz.
ing Machis pany included. You can wing it easily and get this
 On the back, is atted with carefully tested works with
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fully

 ust 40 packets of beautiful Christmses, Greetting, Fangs can sell them easily. Everyone buys these cardsther ro the cream of the finest printed. Radiant,
sparkling decorations-beaatiful, rich colors-all popu:
lar nowl lar, now designa. Every card a gem Hyours- just show
them and take the money. Pooplo always buy
lote
 "I sold $\$ 5$ worth in one day." It will be justas easy, for you! Then send us haye: $\$ 4$ and wo will immediately sond your watch. Show it to your friends, get only 4 of
them to earn a prize as you did and the rean Model hem to earn a prize as you did and the ren1. Model
Machine Gun is yours too without a cent to pay. on't delay-write now. In 20 years we've given The Gold Medal


WITH THE GIRLS AT COLLEGE

(CONTINUED FROM PAGE 33)

her fork or spoon when all have finished at each course. It depends upon he
too, to keep the conversation general.
"Make-Believe" Eating THE first course was cocktail. from the serving-room, serving the hostess, then the one to her righ and so on around the table. But we, alas!-had only the dishes, with all the motions of eating and although it seemed absurd at first we soon entered more into the spirit of the thing drink; that, at least, was real.
The maids soon whisked dishes of the first course, removin from the right. - By the way Miss Weir our lecturer in Household Administration says that authorities differ this point. Some say that all from the left, some say place at the right and remove from the left. Bu and removing done with the right hand and at the right side of the guest. In this way the waitress can use her right
hand for the work and still stand behind the guest's chair. Of course in holding a dish from which a guest
is to take a serving, it must be offered The soup course came next. W had a piece of bread the regulation size-two and one-half inches by
one and one half inches by one inch one and one half inches by one inch,
to eat with our imaginary soup. The bread was real, also, and had reposed on the napkin at each cover before the guests came to the table. It wa lucky that there was no soup in the so nervous and their hands shook so that someone's dinner gown would surely have been ruined had ther been any soup to spill.
As fish course followed soup, and roast and vegetables came next, followed by game, entreé, salad, dessert and fruit we enjoyed the fun more and more. When the waitresses were course had been removed we tried to make them laugh. We were laughing hilariously at the slightest provocation but of course they did not dare even to smile.

## Placing the Silver

FOR each course after the fourth course the silver was placed separately, the forks or spoons were carried
on a little silver tray and placed before placing the dish belonging to that
"Here come the bird-baths," said my partner when the finger bowls rôle of English society man all through the evening and pronounced it the even
Salted nuts and mints had been the table from the first. We had each given a few cents toward buying they helped to relieve the strain between courses. Whenever we took among the a mould just loudly enough to be audible. I honestly think that we girls at the
table had more fun out of the evening table had more fun o
than anyone else did.
The after-dinner coffee served in the little high cups which the waitresses brought in four at a time on a tray was so black and so strong that I felt sure
I would never sleep that night. I would never sleep that night.
and we did likewise our hostess rose girls gave a sigh of relief for an hour is a long time spent in watching endless dishes come and go

## Any Questions?

THEN Miss Weir announced from ask any platorm that anyone might that had just been carried out
One question asked was, "Is the hostess always served first? Miss Weir replied that the object in serving the hostess first is that she may see each course before it is served to any
of her guests and know that everything of her guests and know
is just as she wishes it. The bell was ringing for ten o'clock by this time, which meant that all the gur must retire. Miss Weir took our class to her little sitting room, talked over the whole affair Although it seemed like a farce it had really been quite worth while and will really bee face formal occasions without fear and trembling when we leave school

## TRUE ECONOMY



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meets with well-deserved approval. Women prefer it because they have alwaysbeenable to depend absolutely on its purity and uniform quality. It never disappoints.

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[^2]Deafness
Perfect hearing ianow biing ree
Botored in every condition on or $e$ eaf ness or defective heoring troal
cause such at charral Deat.


## THE THLPIN PATH TNW

through the heart of the mountain Stirling and Abbey Craig on Fridan.
places steeped with romance. Yester day we came to Berwick to spend a
week in the Marmion country. Mr M. and Miss A. came with us. Berwick is a most quaint, antiquated old town.
As we live on the Spittal side, when we As we live on the Spittal side, when we
want to go anywhere we have to be want to go anywhere we have to be
rowed ove the river mouth by one of
the half-dozen the half-dozen quaint old ferrymen
who have boats for hire. Last night we all went for a walk along the Spittal
shore shore by moonlight. It was beautiful,
but so like the Cavendish it made me bitterly homesick.,

WE are spending "Carlise, August 20. not carlisle perforce, since we would to the biy railway strike which has been paralysing Britain this past week.
At Berwick we did not has At Berwick we did not suffer from it,
nor heed it. We let the outer world nor heed it tive Wet the outer world
go by and lived in realms of romance where ferry boats. and shank's mare were the only desired means of loco
Island and explored the wint to Holy old Abbey which was the scene of Constance de Beverley's death in 'Mar down to Holy Island but the return home was sadly different. It was little steamer pitched and rolled Both our gentlemen became so overcome that they had to retire temporarily fought off surrender only by a tremendought offort of will and would dremensuffered less I think if we had just allowed ourselves to go!
and next day we were all ready fatal excursion to Norham Castle for an ruinous ruin. little blue flower which I never saw anywhere else save in the front orchard of the old home in Cavendish. Greatgrandmother Woolner had brought it
out from England with her. It gave out from England with her. It gave
me an odd feeling of pain and pleasure me an odd feeling of pain and pleasure
mingled, to find it growing there around mingled, to find it growing there around seemed to belong so utterly to another time and another order of things. We walked from Norham to Ladykirk and then back by the Tweed. When we grew tired we sat down on its bank and
dreamed dreams. What dreamed dreams. What meeter place twilit banks of Tweed? "Next day we went to Flodden Field. It disappointed me unreasonhued, and agricultural. I felt as aggrieved as though I had had any right to expect to see a mediæval battle being fought under my eyes. delightful little expedition to Home cliffe. Glen and its deserted old mill. It might serve as a scene for a ghos story. In the midst of the ravine we came upon a clump of spruce trees had seen since leaving home. Spruc gum and the delights of picking it seem q half-hour picking it. We spent my husband the gum tasted delicious my husband the gum tasted delicious,
but neither Mr. M. nor Miss A. liked its flavor declaring it was 'bitter'."

## York, England.

August 27, 1912
LAST Monday we went to Keswic and stayed there until Thursday It is impossible to exaggerate the beauty of the Lake District:
'The haughtiest heart its wish might
bound
Through life to dwell delighted here' "And then it is so interwoven wit much of the best in English literature to haunt those wordsworth seems those wild passes, those fairy-like lakes. Monday afternoon we took
coach-drive around Lake Derwent esting sight was the Castle inter which figures as the magic castle of St , John in Scott's 'Bridal of Triermain. There is only one point where the resemblance to a castle-said to be very striking-can be seen, and we
were not fortunate enough to see it were not fortunate enough
from that particular point

## rom that particular point

ake. Wednesday Buttermere eighty miles around Lake Windermere

Some of the huge rocks on the moun One of them is very peculiar shape Playing on the Organed, 'The Lady very top of a majestic mountain and certainly does, from one point of and look exactly like a woman point of view huge organ. Somehow it seated at my imagination and I wove a hundred itting forever it. Who was the player ment? And what her mighty instru did she play on it when heaven blew about her and the moun tempest thundered and the great
"Tars stayed to listen?
Druid Circle', a walked out to the Druid Circle', a ring of large stones on a hill-top, supposed to have been in
"Nothing I have the sun. uch a vivid impre seen thus far made The situation is magnificent me as this. most pletely encircled District them, and thellyn and Skiddaw among duced was the sense of majesty prothose old sun-worselming. Certainly to choose their sites. at sunset, in that templo stand there creed, surrounded everlasting hills and picture perchance dark and biche rite an have been celebrated there, wa "Friday we never to be forgotten. see the magnifice to York, mainly see the magnificent cathedral. It is lasting in stone.

YESTERDAY afternoon $I$ became of a pair of china and happy possessor "I pair of china dogs
over England pursuing china dogs al was a little girl, and Scotland. When Montgomery's, visiting at Grandfathe most enthralled me was the thing that dogs which always was a pair of china green mantel. They were white with told spots all over them; and Fathe clock strike whenever they heard the bounded down the at midnight they and barked. It to the hearth-rug desire of my heart to therefore, the welve some night and stay up until performance, and hard indeed this was the hearts of my elders when did was denied me. Eventually I found nothing of how, that the dors did disappoint the sort. I was much still over thed over this but more grieved told me the discovery that Father had However something that wasn't has by pointing restored my faith in him the dogs would that he had only said heard the coid jump down when they course, could ntrike. China dogs, of

Thave always han.
pair of similar dogankered to possess a been purchased ing, and, as those had when I came over London, I hoped something like them. I would find have haunted the antiquerdingly every place I have antique shops in yesterday, without success but, until the dre, there were in plenty bogs, to abundance my quest. There wat not and donce of dogs with black was an the aristo with red spots; but nowhere Yesterday dogs with green spots. ar the gre in a little antique shop. of lovely doa Minster I found a pair on the spot. green spots. The sure they had no green spots seem race of dogs with extinct. But my . have becom spots and are much have lovely gold old Park Corner darger than the a hundred years old. They are over will preside over my Lares and Penate with due dignity and anes and Penate

Russell Hotel
$\mathrm{S}^{\circ}$ much has beptember 18, 1912 rather past fortnight that cramed int when timerfed feeling mentally have whited what limited and sights But to do? The harassed travellers Tower, Whe British Museum, the Palace, Kentminster Abbey, Crystal speare Land Hastie, the Shake bury and St Hampton Court, Salis Parks and Gardehenge, Windsor and "Our hotel is in galore!
haunt of so many of the charace, th 'Vanity Fair.' One the characters in Amelia peering out expects to see looking for George, or perhaps Beck

Yes, we will send you the New Edison, the product of the world's greatest inventor's genius, the phonograph with the wonderful diamond stylus reproducer and your choice of latest Diamond Amberol Records on free trial without a penny down. On this offer, you can now have the genuine Edison, the instrument which gives you real, homelike music, the finest and best of all phongraphs at a small fraction of
the price asked for imitations of Mr. Edison's great instrument. Seize this opportunityl Send coupon today-now the price asked for imitations of Mr. Edison's great instrument. Seize this opportunity! Send coupon todsy-now!

## Rock-Bottom Direct Offer-

If, after the free trial, you decide to keep Mr. Edison's superb new instru ment, send us only $\$ 1.00$. Pay the balance on easiest kind of monthly payments. Think of it! A $\$ 1.00$ payment, and a few dollars a month to get this wonderful new style outfit-Mr. Edison's great phonograph with the Diamond Stylus reproducer, all the musical results of the highest price outfits - the same Diamond Amberol
Records - yes, the greatest value for $\$ 1.00$ down, balance on easiest monthly terms Records - yes, the greatest value for $\$ 1.00$ down, balance on easiest monthly terms. Convince yourself - free trial
first. No money down, no C. O. D., not one cent to pay unless you choose to keep the instrument. Send coupont

## (DUPD

## F. K. BABSON, Edison Phonograph Distributors,

 355 Portage Ave., Dept. 138 , Winnipeg, Man. Gentlemen:- Please send me your New Edison Catalog and full particulars of your free trial offer on the new model Edison Phonograph.Name
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Your name and address on a postal or in a letter (or just the coupon) is enough. No obligation in asking for the catalog. Get this offer-while this offer lasts!
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## A Happy Home

Happiness is life- and real happiness is found
only in a real home. And by a real home 1 do not meana h house with a yard or farm around it. Oh, nol A real home it ithe or fararm around





Entertain Your Friends Get the New Edison in your home on free trial. antest up-todarte somg hits friends with the







## 17-Piece Hand Painted Tea Set Given Away


 that you will be delighted to see on your tablet
Acharmingly beautifui set that will add a final
touch of dignity and ole the Everyone buys thesecards -they'rethe cream
ef the thest printed. Radiant sparkling decorations touch of dignity and set that will add a final
proud to be its owner. Exquisitely and make you the finest printed. Radiant sparkling decorations
of eautiful rich colors alt popplatr, new desings. proud to be its owner. Exquisitely harfím painted
with richly colored full blown roses, dainty buds wid delicately tinted leaves. Every piece full
size smooth sint side smooth satin finish, thin, light, trarysparent, but
wonderfully strong
Marie, Ont., stays: Mry Mrs.. Dave Grifiths, Sault Ste.
 loveliest and prettiest set you ever Japan! The on and it s absolutely free for selling fuis your eyes
of beautiful Christmats, Greeting F Fancy THE GOLD MEDAL CO., Dept. E. W, 15


People alw
People always buy lots of post cards - more than
evernow to send too the soldiers. Mrs. A. M. Bonner
North Sydney, C.B. N. S .
 more.: You can do, the samel The sten worth
$\$ 6.0$ and we will immediately send the ten us the S6.00 and we will immediately send the tea set. Write
now
over $\$ 200.000$ delay. In twenty years we have given over $\$ 200.000$ in present

## THE ALPINE PATH

## (CONTINUED FROM PAGE 38)

"Our afternoon at Kenilworth Castle was a delight. Of course, we had to be pestered with a guide; but I succeeded in forgetting him, and roamed the byways of romance alone. I saw Kenilworth in its pride, when aspiring Leicester entertained haughty Elizabeth. I pictured poor Amy Robsart creeping humbly into the halls where she should have reigned as Mistress, Back they thronged from the past those gay figures of olden days, living, loving, hating, plotting as of yore.
Last Thursday we went to see the Temple Church, in the grounds of which Oliver Goldsmith is buried. The church is a quaint old place, set in a leafy square Which, despite the fact that Fleet Street is roaring just outside it, is as peaceful and silent as a Cavendish road. But when I recall that square it is not of the quaint old church and Poor Noll's grave that I shall think No, it will be of a most charming and gentlemanly pussy cat, of exquisite manners, who came out of one of the houses and walked across the square to meet us. He was large and hand some and dignified, and any one could see with half an eye that he belonged to the caste of Vere de Vere. He purred most mellifluously as I patted boots as rubbed himself against my boots as though we were old acquaintances, as perchance we were in some other incarnation. Nine out of ten cats would have insisted on accompanying us over to Oliver's grave, and perhaps been too hard to get rid of. Not so this Marquis of Carabas. He sat gravely down and waited until we had gone on, seen the grave and returned to where he sat. Then he roved he received our farewell pats, gravely his tail amiably, and walked gravely back to the door from which he had emerged, having done the honor of his demesne in most irreproachable fashion. Truly he did give the world assurance of a cat!
"We sail for home next Thursday on the Adriatic. I am glad, for I am replete with sight-seeing. I want now to get back to Canada and gather my scattered household gods around me for a new consecration.'
$\mathrm{A}^{\mathrm{S}}$ my husbànd was pastor of an leave Pario congregation, I had now to leave Prince Edward Island and I have publisho. Since my marriage icles of Avonlea," "Tour books, "Chron "Anne of The The Golden Road," Watchman"" Island," and "The of collected verse latter being a volume The "Alpine Pa
after many ye Path" has been climbed, It was not an of toil and endeavor in the struggle easy ascent, but even a delight at its hardest there was a delight and a zest known only to those who aspire to the heights.

We ne'er is crowned
ith immortality, who fears to follow
Where airy voices lead."
True, most true! We must follow our "airy voices," follow them through bitter suffering and discouragement belief, thess, through doubt and disand over delectable hill humiliation things would lure hills where sweet ever and ald fure us from our quest, would reach the "fst we follow, if we and look out thar-off divine event" spires of our City of Fulfilm the aerial City of Fulfiln
THE END.

## His Experience

The pert elevator boy in the big hotel was airing his views to a passenger on the proper
conduct of children. conduct of children.
passenger. "You're not about it?" laughed the "Well, no," replied the married, are you?" the gate on the top floor for his he fiung open step out, "but I brought a good many families
up in my time,"


By MURIEL P. JOHNSON



HAD all kinds of admiration for the women who voluntarily made a wartime economy on clothes, but my heart was just spilling over with sympathy for those who HAD TO.
But I made one vow, and that was: that as long as I had to knit opposite an eighty-five dollar creation of transparent fluff, trimmed with a bead, I would'nt be a frump.
So I sat me down in a chair for a little retrospection of old methods, and a perfect brain-scooping process about new ones.

## The old Way

TWE Autumn . . . Let me see! What do I need? A suit and hat, a coat, a pretty gown or two-hand them over to a good dressmaker. Shoes, two or three shirtwaists.
A month later. Why didn't I get a gown that would do for more occasions? Forced into it-another gown.
Gazing into a shop window, "What a pretty blouse!" . . . Another blouse! And so on, until I had collected clothes out of style for next year, and too good to throw away:

## The New Way

TE Autumn . . H'm-m-m! What can I do without! Just so much money until next Spring. Then I plan and buy, and after that I indulge in the act of spending on clothes only twice, i.e., in the Spring when the styles are set, and the early Summer
I avoid extremes. What are the chances on the material in that blouse as a "make-over" for next year, with an up-to the-minute collar and some dainty cuffs?
I looked up an inexpensive dress-maker-you can always find one. She had not one suggestion to offer, but when I had pinned and demonstrated and talked and talked, she would do exactly as I said; and I found after I had studied my points, that I was a great deal better off financially than under the old system.

## Shoe Trees

CONSTANTLY changing fashions in shoes make shoe trees come high, Crunch up tissue paper and stuff each shoe from the toe to the instep. This will shape to the shoe, is light for travelling, and, provided it is inserted while the shoe retains the warmth of the foot, will iron out the creases on the vamps, retaining for the shoe that new appearance.

## My Scrap Bag

$\mathrm{E}^{\text {VERYBODY has one, but I have }}$ yet to see one that isn't a complete jumble. It is surprising how old trimming cleaned, or washed and pressed can look, when you pick it out of a bag labelled and parcelled in some white tissue paper. The frills off underclothes, domes, buttons, hooks and eyes are annoying to rip off, but it is truly astonishing how they will save the pennies.

## New Window Blinds

A
RE your boudoir blinds ragged andfrayed? Turn them upside down, first ripping out the hem which holds the stick. This gives the additional length necessary when a hem is made at the other end of the blind.

WHEN your colored satin evening slippers look shabby, clean them with gasolene, take off the heels, make some colored ribbon pompons, and use them for bedroom slippers.
When your handkerchiefs become frayed and worn, cut off the initials and applique them on your underclothes.

## New Corsets

I SURREPTITIOUSLY went to confide a brownish-black split-up-thesteels pair of corsets to the scrap-heap, but I was caught in the act. My hostess quietly took them from my hands. She made some thick suds in hot water, dumped in half a package of borax, swished round the corsets, and left them over night. In the morning she put in fresh suds, scraped hard with a nail-brush, rinsed, blued, and hung them in the sun, making frequent trips with the brush and strong solution of borax and water to touch up the yellow spots. Dried, stiff and white, she basted on patches of pique three inches over the size of the tear, and delved into her scrap-bag for a new top piece of embroidery. I was in ten dollars, be cause I did it again twice.

## Pressed and Spotless

B
I-WEEKLY applications of my gasolene bottle, my iron, a damp piece of unbleached factory cotton, a sleeve-board-and my clothes look fresh and new. Notice the sleep-in-your-clothes appearance of half the women you know.

## Taking Care of What I Have

I ONCE had a quick, but illuminating glance into the wardrobe of the best dressed woman I know. There were no run-over heels on those shoes lined up on the floor, and they were mirror-like. A box filled with polishes and well used buffers bespoke the shoe-shine self-adminsitered with frequency and gusto.
No clothes were hung on top of each other, helter skelter in that wardrobe, every little shirtwaist had a hanger all its own, and over the "very best," neat cotton slips. Here before anything brushable is hung up, the dust is briskly taken off, not allowed to sink in and probably remain on because of the hasty grab next day.

## Habits

$\mathrm{T}^{\mathrm{HE}}$ home dyeing habit pays. Try for a one color tone, spats, gloves, hat pipings-looks expensive, but it isn't. Have a neat, cheap working dress, and stick to it for work. Never wear a suit skirt in the house-keep it for the street, thus avoiding "knees," and a worn out skirt with an unusable coat.

## My Head

$\mathrm{N}^{\mathrm{o}}$
OT a mess of hair, nor a neat hard pack. I scorn not/ wire curlers ron wavers nor hair nets. I educated my hands and trained my hair after many try-outs on the different styles on the fashion page. An up-to-date head can carry off an out-of-date gown with the most perfect sang froid $i^{n}$ the world. Yes, there were a million grimaces and I can'ts," but-
Give the "I can" attitude a chance-


Do you know that most breakfast meat dishes cost five times as much as Quaker Oats, measured by nutrition? And that eggs alone cost six times as much for the same amount of food units?

The average mixed diet costs four times as much. Pound for pound, round steak and chicken have less than half the nutrition of oats.

Beef supplies, in lime, phosphates and iron, not one-fifth so much as oats.
As a balanced food, the oat stands supreme.
Also as a vim food and a food for growth.
Also as a flavory and inviting cereal dish.
Serve oats liberally and often. They will minimize your food cost, and your folks will be better fed.

# Qualker Oats 

## The Luscious Oat Flakes

For extra flavor, insist on Quaker Oats. These flakes are made from queen grains only-just the rich, plump oats. We get but ten oats.
pounds from a bushel.

Omitting the small grains makes them doubly delicious. Yet they cost no extra price.

Use them also in bread and muffins, in cookies and pan-cakes. Use them to thicken soup. The Government is urging every housewife to help conserve our wheat, and this is one way to do it.

## 30c and 12c per package in Canada and United States, except in Far West where high freights may prohibit

## An Aluminum Cooker for $\$ 1.00$

Made to our order, extra large and heavy, to cook Quaker Oats in the ideal way. Send us our trademarks-the picture of the Quaker-cut
from the fronts of five Ouaker Oats package, from the fronts of five Quaker Oats packages, or an affidavit showing the purchase of five packages of Quaker Oats. Send $\$ 1.00$ with the trademarks or affidavit, and this ideal cooker will be sent to you by parcel post prepaid. We require the trademarks or affidavit as assurance that you are a user of Quaker Oats. The trademarks have no redemption value. This offer applies to Canada and United States. We supply only one cooker to a family.

Address The Quaker Oats Co., Premium Department
Peterborough, Canada (1723) Saskatoon, Canada


## The Quartet from Rigoletto ${ }^{23}$

Ciccolini, Alcock, Verlet and Middleton have sung this Norld-famed number for the New Edison in a way The New The New Edison Re-Creates their performance with
absolute realism. The acid test of direct comparison
between their living voices and their has proved this to be truas and their Re-Created voices an actual photograph of this test.

## The NEW EDISON ${ }^{\text {minmanaman }}$

Visit the Edison Dealer in your vicinity and aske him to let youp
hear the Quartet from Rigocoleto. Write us for the brochure,


## HOW CHRISTMAS CAME TO NINA

## (CONTINUED FROM PAGE 36 )

Daisy.-I say, girls, I'm so happy, Something inside of me is just sing. ing! I'd rather give presents than ina.-I thing, wouldn't you? thoughtfully, we ought to give at you-suppose you take cold going without a sweater
if .-Oh, we can always find excuses, if it comes to that. It's a fine SLACKER'S trick-that excuse business. And there are dozens of differmen who of slackers, too-not just Grace. who wont go to fight.
Grace--Gee, Dais, I never thought of that. I wonder if I'm one. Yes, sir, of mittens at home perfectly good pair weeny hole that I've only for one teeny, darn. Here ge me been too lazy her pile of ruraps) 'll dive the new ones to Frances Gregory and mend the others. sure you want her) Oh,
Grace.-The surest ever-listen, what'
that? that?
(Music again, a little louder. If possible show a faint rosy light ot a CHILD looks in, smiling)
na.-I don't hear anything. You've May.--Well, I've germ of Daisy's.
thing-(takes off hat to give some Wraps Daisy.-Oh lays it with the other things.) . Oh, aren't we having fun? Enter Mrs. P. door L.
Mrs. P.-Well, girlies, all finished? I nighted all that hatted and good I am ready to little people and now May.-It's been great ho.
Grace.-I should great fun
Daisy.-I told should say
(They all put on
Nina.)
aps, excepl
Nina.- Mother is coming back for me. Mrs. P.-Oh particularly to wait here. you here alone child, we can't leav Nina.- (hurriedly)
Truly! Surriedly). Oh, I don't mind. I can finish won't be long, now, and Mrs. honestly.
Mrs. P.-Why, where did
go at this
go at this time where did your mother Nina.-She went to do
marketing.
Mrs. P.-Well, I hate to leave youBut youlf pushing her to the door) But you need not. I'll tell mother and Manted to stay. Good night Mrs. P.- and Christmas. Good night and girls kissing Nina) yourself. Wight and Merry Christmas yourself. We'll see you here early Exit, door $R$.
Exit, door $R$.
Nina.-closing door) Thank goodness
they didn't kind didn't wait. I would have felt in with cheap if mother had walked just hat kitchen outfit. Oh, wish! ! 1 hope she buys it-I wish-1 so much in never wanted anything to have it all my life . . . I've gol coat, disclosing on hat and picks up here's a nother another box) Why, foot of tree). box (brings it down io bag-and-a doll's a darling work stars, it's Daisy Pattersi, , sits on Aloor and sorts over contents) My, isn't she a silly thing to be giving away her best toys? to be giving clothes st key, and it's just full of lothes. . . Um-am-how lovely! But still, it isn't so awfully wonder her learnuse Daisy's mother makes plenty to sew, and she can make little mate. Oh, what. a ducky beads (puts the on) and a string of weeny mirr hem on) and a teeny, Oh, I say, why (admires herself). and put, why can't I wrap these up fair! Daisy name on them? That's things, even if she get some of my were good enoughe didn't think they a present besides. I'll do it (commences to werap the things).
heard off stage.) if possible. Sobbing Nina.-O
It seems it feels queer in here.
body crying? Oh, Is is that some -stand wish mother would afraid loudly in center of would come for Ye yielding is sin" (sobbing outside ceases) That's better singing helps a lot, specially hymns (Sits on floor again. Pause as though lost in reverie.)
Enter very slowely from door R. A CHILD. Advances to centre of stage and looks down at Nina, who is uncon scious of her presence until she speaks.

## WHERE LEADERS OF MEN ARE TRAINED

CONTINUED FROM PAGE

and they have not been overlooked by the staff of the C.T.S. Sports play a very large part in the activities at Bexhill. An inter-company basebalı schedule is played, tennis tournaments are held, and toward the end of the course a large meet is held for field sports. Athletics help, not merely to develop physique and bearing, but to bring about a corps d'esprit within the companies. A cup is given to the company with the best recocd in drill, smartness, athletics, and general interest in C.T.S. activities. Competition is very keen and slackness on the pa1c of individuals is checked up by the rest of the company as well as by the instructional officers.
The result of all this unusual system of training is a most remarkable keenness. After a month at Bexhill a C. T.S. man can easily be picked out in a crowd of soldiers by his smart saluting and "snappy" bearing. Everyone has seen officers wandering along the streets in a casual sort of way, acknowledging salutes with an airy wave in no particular direction. When you see one who walks at 140 paces to the minute and salutes as if an electric shock had gone through his arm you will know he is one of "the Bexhill lot."

## Best in England

INSPECTING Officers from the Imperial Forces have not been slow to recognize the fact that this Canadian institution is now the best military training school in England. Briga-dier-General H. C. Lowther, Chief of Staff to Field-Marshal Lord French said, after watching a nearly finished C.T.S. class, that if such results could be obtained in two months at Bexhill he thought that the course of four months at Imperial Schools was unnecessarily long. U.S.A. Army Officers have had their eyes opened. Colonel Hersey, Chief of Staff to Major General Pershing, U.S.A, Expeditionary Force, said, "Had I not seen for myself, I would never have believed that men from the same Continent as ourselves could be imbued with such keenness and cheerfulness in drill and work. This School has been like an inspiration to me, and has given me a basis upon which to model any instruction necessary for our own Expeditionary Force." Such praise does not come lightly from trained soldiers and it reflects unbounded credit on the adaptability of Canada's civilian army. The army that learned to fight before it learned the underlying principles of military training has now produced a system of training that is second to none
in the world. in the world.
The Higher Command has brought about a similar improvement of discipline in all Canadian Forces, both in England and at the front. Part of this change has been due to the influence of Bexhill, the rest is die to the spirit of determination to master the art of being a soldier that pervades the whole Canadian Expeditionary Force. So that now the Canadian Corps at the front is not merely what it has always been, a top-notch fighting unit; it is the best trained, best disciplined body of men in the world.

## HER REASON

A photographer had taken a portrait of a a dozen of them. A few domination she took the photographer's studio with the dozen photos. "What!" exclaimed the with the dozen dismay. "Bringing them all back? Why, I thought they were very successful." successful., I only want you to to smile, "they are successful. I only want you to touch out the
ring. I have a new young man."

## $\mathrm{M}^{\mathrm{c}}$



And all of this-for $\$ 2.50$-only
$\$ 2.50$ per month-a great reduction in watch prices-direct to you-positively the exact prices the wholesale dealer would have to pay. Think of the high grade, guaranteed watch we offer here at such a remarkable price. And if you wish, you may pay this price at the rate of $\$ 2.50$ a month. Indeed, the days of exorbitant watch príces have passed. Write now.
See It First You don't pay a til you see the watch. You don't buy a Burlington Watch withent to anybody until you see the watch. You don't buy a Burlington Watch without seeing it. Look at the splendid beauty of the watch itself. Thin model, handsomely shaped-aristocratic in every line. piece adjusted to positions, temperature and isochronism.

$$
\begin{aligned}
& \text { The watch you choose will be sent to you without a penny down. See it for yourself before you } \\
& \text { decide to buy. If you keep it pay only the rock bottom price-at the rate of } \$ 2.50 \text { a month. }
\end{aligned}
$$

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tion, and prepaid) your free boole on watches, with full explanation of
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better. Send the coupon today-now-forthe watch book and our offer.
Burlington Watch Company

# What Did Little Mary Plant? 


les do these pictures NO MONEY REQUIRED TO $Y^{\text {OU do not have to pay a cent, or }}$ buy anything, to enter this in teresting contest, and to quanifif
for one of the Big Prizes. All you have you will be promptly told how correctly whethery you haved tuane pictures and portunity to win the Big Prizes ffull list on request). Also ou will receive post
free a copy R RURAL, CANADA for
Women the and will be asked to show your comen to some of your rural friends or or neigh to
bours, to make them acquainted whit
it tha interested in it.

 ins, punctuation, etc.



## (and

The Contest Editor, RURAL CANADA
DA

## TELL US AND

 Win a Motor Car, Piano, Pony Bicycle, Phonograph Range, Watch, Sewing Machine Etc., Etc., Etc., Etc.

Little Mary did National Service Work this yearpictures tell garden. What did she plant in it? The the secrets of the pictures! Those who send
or near correct, answers qualify for these

## BIG PRIZES


$\mathbf{V I}^{\text {AKE this interesting Contest your entertainment }}$ for these nutumn eveni gs. y VI for these autumn eveni g. Let all the family
 Prizes-perhaps the chevrolet Touring Car. Send your
entry nowBig Complete Prize List Sent Free.


What vegetables do these plctures YOU WILL BE PAID A RE $\mathrm{E}^{\text {VERY qualified }}$ E ceive quarifiyed a contestant will re: for list) for introducing the reed (send zine, Rural Canada for Women, thew maga-
of your friends ond of your friend andand ar Women, to some
rewards, or cash neighbors. These rewards, or cash, are in addilion to the
Big Prizes which may be won.
So bepin to So begin right mow to solve the pur-
zing p picturest
Tell
us what To help you get rightly started. Pic-
ture No. 1 is Cauliflower
 Eats. So you see how to stud thee
pictures. Can you get them all right?
Try 1 RULES

1. Pease observe these simple rules;
2. Write on only one side of the pape 2. Put your answers one one the paper
 other than this must ber writtent on ong
separate sheet. Remember only th an
 a committee or
whose decisions
nccepted



3rd Prize Value $\$ 100$
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## GI R L'S Grand Jewelry \& Toilet Set FRE

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 aticle knite nnd button hooket with manicore file,
entrancing
resents given absolutely free or relling jug



 hown in the piocure, postpaid. In In 20 years we
haye given away over $\$ 200,000$ in presents THE GOLD MEDAL CO. Dept. EW5 Toronto.
${ }^{\text {s }} 30$ Premium Phonograph Given Away
 THE CHANCE OF ay mone It Is an good

## HOW CHRISTMAS CAME TO NINA

Child.-May I rest here a little, and get warm? Yo frightened me.
Nina.-Oh! You
Child.-I am sorry. (totters and sinks to the floor). sorry. (totters and sinks Wha.-(amazed but offering no help) hild.-It's nothing. I saw a lightI was so cold-Oh, what a beautiful ina.- Yes, I decorated it-a good $t$ and to-morl of us sent things for away. It must be pleasant to be able to give. There don't seem to be na.-Well, perhaps the quite so many as when the Sunday Shool bought them, but you see we've already given away most of the
things we don't want-I mean things we don't want-I mean we've
had to send things to Belgians and Poles and-er-people hild.-(sadly) Ah, yes, Belgians and
Poles and-people. Poles and-people.
War sufferers money to the Polish War sufferers and you should have
seen the boxes we sent to the Belgians.
their need for them should have seen
the innocent brothers. . my poor little Child.-Yes. you been in Belgium? Nina.-And Poland?
Child.-Yes.
ina.- Why did you come to Canada? be a burden to them out bear to
They have so there. mey have so little and they give so home in Canada. It is wealthy But people hardly look at me: some of them turn from me. I believe they want me to die.
Homes for ought to go to one of those
woor Children.: They would take care of Chidren. They home of a child rather go into the home of a child who has plenty to spare for me-a child like you.
ina.-Oh, but I haven't plent are very hard hit by the war. ten dollar kitchen enough to buy a Nina. - How did you know?
accusingly) (rising and speaking almost with a ring which was hated to part you and which would fit your little cousin ring- I dot the care. It was a good after Christmas. I might have worn But I say how dittle finger next year. hild.- (unheeding) you know? things at home, Anteeding you hoard things at home, offering only such mitten which one can use - a single you ever. think that the children of for mending than you? What would and speaking angrily) girl? That I would give my best things a way? In the first place, in the second, the cloth let me, and be suitable. Child.-(sadly) No, you are like so
many people suitable for us who feel that it is not fed and surrounded warm and well-Child.-In, well, if you are bey. Child-I am begging only begginginstance, Will That doll's trunk, for You have no right give it away? yourself. no right to keep it for ing! You ve been peeking and listenwhat you are a little cheat, that's Child.-Do you really out of here. to die-Nina Scott? Think! Fo little hearts- will die hundreds of happy ina.- (amazed) How do you know me,
and how did you know about the
trunk? trunk? Child.-I WAS HERE IN THE children gaze at pause while you? (speaks in awed voice) Who are Child.-I am the spirit dying in Canada for lack of warmth and food and Love. (She covers her face with her hands and sobs)
her) Oh please don't and embracing care of you-I will adopt you, won't thing I have with youre share everybest things. With you, now-my (presses locket into CHILD'S hand, (CONTINUED ON PAGE 52)

## CROWN BRAND CORN STRUP

## has all the sweetness of the Golden Corn

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## Children Love It!

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## The

## Lady of The Emeralds

"There are several kinds
thieves. There is the ordinary klep tomaniac, the woman who steals 'because it is so easy, the mentally unwrong, the woman who steals right from her person, and the professional to adorn Mayhew drew a deep sigh. In which class belonged Clare Wilkins
The next day he called upon her again. She seemed much more cheer over various things, laughed together over various things, but not once was
shoplifting referred to. Each day for Twice she asked himan visited her Twice she asked him to post letter in envelopes he had brought her ddresses and he not to look at the efrained, dropping them face do into the pillar-box outside. Several times he had noticed her fingers he had explained that every second day she had been drafted in to help in the prison laundry.

On the second last day before her erm expired Professor Mayhew's voice
rembled as he prepared to take leave She had told him that he must not come.
"You have been very good," she said, handing him back some books he ad brought her. "But it I have made good, we shall meet again.
In the meantime I must go my wayain
me feel I have done you some little
$\mathrm{S}_{\mathrm{HE}}^{\mathrm{HE}}$ nodded. Her shadowy eyes seem"You have! Oh so much!" she said
"Thank God for that!" breathe Mayhew and dropping the books he With a little
ith a little cry she crept into them
The warden's sudden knock broke in upon them, in a moment
"Go! Oh go, please!" she entreated, Mayhew picked the books up, took is hat and left
The next day he broke his promise the hour she had been been allowed to But she had already aid the clerk, "and Wilkins is probably an assumed name., I'm sorry I cannot help you further.
Mayhew hurried to a drug-store and demanded a city directory. Feverishly he searched for the name of Clare Wilkins. It wasn't there. The lady of the emeralds had dropped out of his
life as suddenly as she had ife as suddenly as she had entered it. Mayhew stood before September. Mayhew stood before his dresser was supposed to be his lucky figure wich was supposed to be his lucky figure and doubted. Once it had brought him was adventure-truel But ought him an and love-pouff! He had lost all faith in talismans years ago-at least it seemed years.
$\mathrm{N}^{O}$ smile hovered on his face now the conversazione at the University It was opening night.
Professor Mayhew belonged in the atmosphere of erudition and amid the classical surroundings of an institution of learning, as a twig belongs to a tree. He was no society man, yet he must perforce attend these social affair now and then. Usually, after the obligations of the receiving line had been where where a statue of a very bored gentleman in dress suit.
It was in one of these corners, near midnight he happened to to towards ${ }_{H}^{\text {midnight }}$ he happened to be standing. ver the semi-gay throng with gnseeing yes. Then very suddenly, across thg cetina of his vision there floasted the slender form in white, so different from all the other white-robed forms that it rrested his attention directly and he ontinued to gaze at the young woman who had paused just in front of him. Even as a great joy began to flood neck there lay an emerald necklace!

Gropingly he put out a hand.
"Clare! Miss Wilkins!" he ex She looked up quickly and light brod. ht broke
"My good friend, the Professor!"
kind. You-you are looking well."
of this,", she are. And you look a part
hand. "I suppose with a sweep of her contempt I suppose you have the of her strong a term) for people who live
side these wall small and wails. I confess I feel very intellectual lights," amongst so many But-but how-
${ }^{\text {stopped. }}$ "Finish
such a shor! How did I ago it time? How many good in claimed. My feet are mind! I am re are set on a straigh
His glance dropped to the necklace
seat," he suggested this deep window
"'You suggested, and they did so.
vain," she remarked yorts were not in
"But it was cruel-to leave me."
salvation you know" " out my own
hese long month you, I suffered. All An attendant appeared in the aperature of the velvet curtains in the apera-
handing a large you, sir," he said,
rofessor Mayhew.
"Read your letter in inet, absently
kins with a smile, "Yaid Miss Wil
may be important."; "Yes, please. It
He hurriedly t
beneath the shaded drop-lie flap and, ran his eye over the half-dozen nearby
Againes. gain he read them. half-dozen lines.解 he murmured, wonder "The turned to her.
"Twelvere's the big clock striking
Then it-it came on the elev.
'What, please?" of my good fairy! This lo say nother is from egacy of lawyers who tell me that been left to me thousand dollars has and. I-why by my cousin in Engwill you marry me?, marry now! Clare,

She looked up a
"After-what I have beenely
After everything!"
nature. ho great faith in human
very ize only one thing-that I love
"Do much.
He chanced tow what I am?'
again. He was look at the necklace
again. He was conscious of a chill at
the heart.
now the care what you are! I only piest-" you can make me the hap"I may be a professional crook, you SSHE paused to watch the effect of and her words, but she saw enfly love
don't happens
she went on slowly. "I' be that though," paperwoman on the staff of only a news-

He looked at her in perple
I have been on in perplexity
years," she resumed and staff for seven mery now. Oh dear stupid eyes wer editorial I will show you Professor ago. It which my chief wrote oldis one it deals with prison reformonth We part it goes something reform. In We were determined to find out the women's wing of prevailing in the our Miss Wilkins oumber six and so carcerated for a period of ten daysshe tells no other recourse-and wha the Woman's Page in her articles on going to hand myself there I'm not Those fat letters ysu any bouquets were some of my reports. mailed for me you had obedient Professor! If dear, "ou had looked at the addresses!", only might have given you six robber! They Well-I just had to months! know. Oh yes, and this it, you I noticed you looking at it mecklace! once). The paper gave it more than eward for my scoop. It is the me as a one I slipped up my sleeve. I- itical

## In and Around the Shops

## When Milady Goes A-Shopping in Canadian Stores She Has a Choice of Varied Designs

汤HE French woman has her Paris, the American woman her New York, to which she may look for To the Cate in fashion. To the Canadian woman,
both of these centres stand for prestige in the matter for prestige in the matter
of style-in fact the whole world looks to them similarly.
But few of the votaries of Dame Fashion here have an opportunity to go to either Paris or New York direct for practical, or rather practicable uggestions.
Montreal to to look to Toronto, to centres. to Winnipeg-to the larger designers, students of Fashion there to sift the modes of the moment for them and to give them only the best.
They depend upon "The
They depend upon "The Shops"
particularly at this time of the year
for guidance. They depend upon Cana dian publications-magazines and the daily press.
So we have gone out, in spirit, with the Canadian woman on a tour of observation, through the Canadian metropolitan stores and we chronicle These a
These are stirring times in clothes. Economy is the underlying theme of dress talk. When we consider ircumstances and conditions we do not wonder at it. It must needs be angles, new and topic and its many many an hour's rejuvenated, provide tea and patriotic shower. The conservation of clothing her. The conconsideration only to that of foods and resources.
Fortunately the first wild scamper to taking patriotism is past. We are to reach decisions, to prove our loyalty and to give our support, and in the matter of economy in dress particularly we are working along decidedly more practical lines.
The Toronto fashion depots have prepared for a rush season. It is their own expression that they are actually scrambling for sufficient supply to meet
the demand. This the demand. This seems strangely inconsistent with economy ideas but the fact is the demand is for
vation in both price and design.
The French gowns are here and are tremendously admired and approved. The efforts of those who have taken the French Silhouette and built gowns in their own workrooms, made of Canadian purchased materials, should be commended in an entire chapter.
Paris has laid down the laws of the season. There is no lack of French gowns in this country to-day. Paris says scant skirts to save materials, with just enough simple draping to make severe graceful and not unpleasantly severe in outline. This silhouette has knows that her Every woman now and her coat long or short, provided it clings to the figure. She knows that top coats are as important as frocks and that soft materials take prece-
dence over stiff ones.

A ND colors! Who does not feel perplexed and confused on entering
shop where hundreds of colors are a shop where hundreds of colors are
dashed upon the vision and offered as he latest thing? One feels that a gigantic kaleidoscope bas been run
The woman
The woman who goes in November to get her new apparel must be guided by the fact that not many colors are vaila in fashion and not many are many social opportunities at which to display a variety of clothes.
To begin at the beginning of the color scheme: Midnight blue holds it want to dress well in the by those who wanto dress well in the alternoon and place for street suits or frocks a hig green is a serious rival to bark and the French dressmakers who exploited it last year are now reaping reward because the public is accepting it. Know yourself well, however, before touching any tone of green!
If you're picturesque, you can wear
in any one of the shades that are variously known as jade, Egyptian
and lettuce. The woman who can wear jade clothes and jewelery has a successful season before her, for many alluring but difficult are woven in this Oriental shops are filled with bits of fine jade made into with bits of combs and neck-laces. There are hair of peacock feathers with jade stocks on peacock feathers with jade stocks or slippers. Soft gold tissue quartz are embroidered with jade beads, in the Byzantine fashion. All these heir way wes and to-day in
Montreal, ToMontreal, $\begin{gathered}\text { To- } \\ \text { ronto, Winnipeg }\end{gathered}$ Ottawa and other arge Canadian centres they are universally displayed.
$\mathbf{R E D}^{\mathrm{ED}}$ fickers through the color scheme or bursts upon the vision like the flame from the artillery at the
front. It is ront. It is against the acepted psycho-
loght the colors of war chould be exploited while war
is on. It is better to be sane than foolish when one approaches the subdanger sign in clothes. The scarlet counters where red fabrics are placed and it should be worn by the mannequin who parades in a red gown. It is the color of conflict; it is not the color of peace. The woman who can wear it well is thrice blessed, and she is apart from her neighbors because she is a rare type.
None of this applies to dark red. No danger sign is needed against the rich wine surface that brings out what is best in a woman's complexion and eyes. These well-known Burgundy
shades are offered. shades are offered. They come in duvetyn, serge, satin, velvet and Rodith, which our weavers are imitatia in a successful way. The world has go or two feeling that gray is the tone of sadness and that its Ouakerish ugliness must be avoided. This season, however, all doubts are dispersed by the superior tones which the dyers have imparted to the various fabrics grouped under the elastic name of gray There is moonlight gray, artillery gray, granite gray and
the gray of London the gray of London smoke. There is the gray of a New England sea mist, and the tone that one gets from the glitter of cut steel.
These are beautifui whese are beautiful Whinese blue, jade and Egyptian green with
Mandarin yellow and Mandarin yellow and Materials just now
jute offer
choice.
Serge is good if it is soft, otherwise it should be barred. The fundamental thing is to get the fabric that clings to

## he figure. <br> he figured Gabardine is chosen

for frocks that are not to be draped elour for top coats, street frocks and tailored suits; velveteen for one piece gowns and top coats. Velvet that is sufficiently supple to resemble satin is chosen for evening gowns as an ifset to the rich, heavy satin that ha There is a back into the markets. by Rodier who kind of jersey invented fabrics. It is strong the world o is sometimes sometimes double-faced with a brilliant color
on the inside, which is sparingly shown to the public when into a garment. The Paris last spring used stockinette jersey, and exhas been improved upon and
that it is far more effective than satin and strikes a newer
note.
Doeuillet has used a good deal of it in his new Jodens; so have emet.
more effective be Tive because they are not so skirts of They can be draped into
Mme. Paquin for
rare piece of old black instance, takes a it with a dull red and creet and puts it with a dull red and cream brocade lines and is girdled with a great sash of the brocade
This autumn a successful conclusion has been reached to the attempts to produce a network of braiding on suits and gowns. All the French houses have adopted this type of trimming as significant of high fashion.
Mme. Jenny of Paris signs her name, as it were, to almost every gown she makes by using a design in soft silk braid that resembles Chinese

Paquin imitates it by using stitched strips of material. Drescoll, Doeuillet Cheruit and many of the other désigners play with the braid as though it were paint brush.
Chiffon and georgette in colors matching the tailored suits are as


A cape of gray squirrel made of two deq. rumes with a large
button at the side. It is very chic with a velpet street
popular as ever and especially wheu designed with a collar or vest.
One piece dresses are now as estab hished an article of women's appare dhe shirt waist and many differen are shown.
As to the shirt waist-since it advent in America thirty years ago the idea has had many innovations added to it-has strayed a long way from the commonplace and inartistic early garments.
In millinery, crocheted chenille is seen in pretty soft crowns, Owing to the fact that chenille can be obtaine in a large assortment of colors there is a wonderful opportunity for effective combinations with velvet or panne of contrasting shades. One of these crochet tams was seen in a Canadian shop, in sand chenille, which was posed on a tiny head size of touquoise panne, bringing out the beauty of the chenille by a smart little beaver cocade at the front. With this is worn a bag using the same com-
binations, with the chenille for the main binations, with the chenille for the main
portion and the cuff of the panne trimportion and the cuff of
med by a beaver band.

TOP coats which are so much in torists, were never smarter. Oxford grey camel's hair is very much used in the making of exclusive models. The oose yoke effect is everywhere seen. The yoke is worn only in the back and its fullness is held with large buttons, and is cut in one piece with the belt and pockets. A large gray squirrel
In the matter of skirts there is one evil that besets the November fashion devotée -the question of panels. They are widely shown but every woman should recognize in them a danger signal.
The question of belts on tunics is another matter of importance. One to the gown, but drapery an accessory to the gown, but the artist and the that it is the kind of trifle that makes or mars the whole.
It is well that every Canadian woman remembers this truth during will find as the monthis season. She ake all her ingenuity to deal wit will extraordinary influx of belts with the extraordinary influx of belts, girdles. sashes and waist drapery of pleasant to the south and elsewhere neighbor here will be exercising theme caution.

VI ODISTES in Montreal and Tocoming winter seaso, whill ber that the coming wincer seal will be one of points where the thermometer othe much below zero these must of keeps sity, be heavy fur trimmed and the oats be heavy, fur trimmed and the they may be more varied
But never has the
greater for suits. A striking been greater for suits. A striking model establishment was of black and Bur gundy checked broadcloth, with black charmeuse binding.
The skirt was fashioned on straight Thes showing the soft panel backs nd extent panel formed cu-in pocket at the back. The coat was taitoned on rather severe lines, with tailored skirt which gave a tunic effect to the skirt. The bell sleeve was buttoned to the elbow, and a smart narrow black velvet collar added an extremely chic finish.
Controversies rage as to whether the or or a suit should be long or short, mined not by thirty-six inch coat on one woman has an entirely different appearance on another woman-depending on her height.
And so when Milady goes a-shopping Canadian stores, when she visit things to modistes she has all those what they have to offer, and knowing, she can choose effectively; choosing effectively she can economize, and economizing she can help out in the
spirit of the times.

## Furs and Fur Cloths

Both are Used For Trimming and for Accessories

1 Canada's largest churches stated:
"I find singers suffer less from nervousness and self consciousness when gowned, becarse they are free from distracting thoughts regarding heir personal appearance.
The appearance of a gowned choir lends dignity and solem. nity to the service and the discordant and clashing colors of an ungowned choir are eliminated."

It will place you under no obligation whatever to let us in wou how you out financial strain.
 are made from a variety of materials. In the illustration, one of shown, but you could of course,
use fur if you like, or velvet, or the material of the suit and trim it
with fur. The pattern includes two For the medium size will be needed, 1 yard of material 44 or 54 inches wide for the cape illustrated.
The pattern No. 9562 is cut in three The pattern No. 9562 is cut in three
sizes, small, 34 or 36 ; medium, 38 or 40; large, 42 or 44 bust.
Nos. 9530-9567. There are very suit and suits are in great demand The fitted body portion with th flaring skirt makes an exceedingiy
fashionable and attractive combin ation, and the skirt with its box
plait at each side is entirely plait at each side is entirely new
It is finished with a wide, oddly shaped belt at the upper edge which adds to its attractiveness, As the costume is shown here, the
material is duvetyn in a new, rich purplish red known as beetroot and For the medium size the coat will require $43 / \mathrm{yards}$ of material
inches wide, $31 / 2$ yards $44,25 / 8$ yards 54, and the skirt $43 / 4$ yards 36,358
yards 44 . 33 y yards 54 . The coat pattern No. 5330 is cut in sizes from
34 to 42 inches bust measure, and
the skirt, No. 9567 in si
36 inches waist measure.
Nos. 9592-9593 Whether yon costume for skating or for visiting, you
will find it exceedingly smart and attrac-
tive, and in every way desirable. tily-shaped flaring turt and a pretan exceedingly smart combination tion is longer on the bodice porthan on the left, that feature being an important one of the newmade of velvet and the buttons are covered with fur that matches the
trimming, and fur ceedingly, and fur buttons are ex-
the sell liked for uses of the sort, but this is for uses of
can be copied in silk or in that
cloth can be copied in silk or in broad-
cloth or in serge as well as in the
velvet illustrate cloth or in serge as well as in the
velvet illustrated. If you want a
dress for indoor. dress for indor. wear you want a
like the fur trimming it do not like the fur trimming it would be
pretty to use a serge or a broad-
cloth and to brid cloth and to braid some simple de-
sign on the edge of soutache, for that of the tumple de-
emith eminently for that trimming is an
eminable one, is ex-
ceedingly handsome and involves

For the medium size the bodice
with tunic will requ material 36 will require, 4 yards of 44, $23 /$ yards 54 . For the skirt will
be needed, $21 / 2$ yards of be needed, $21 / 2$ yards of any width.
The pattern of the bodice with
tunic, tunic, No. 9592 , is the bodice with
34 to 40 in sizes from 34 to 40 inches bust measure, and
the skirt, No. 9593 , in size from the skirt, No. 9593 , in sizes from 24
to 34 inches waist measure. (See Nos. 9578,9539 on Page 51)

## Simplicity Marks the Best Designs

For Dinner as Well as For Afternoon


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Monarch-Knit Hosiery is made in all grades for Men, Women and Children.

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THE
Monarch Knitting Co. Dunnville - Canada
 and you can make it in that way it you like and
with a closing at the back. The dress referred to
with high collar and draped pockets can be closed at the front. To make the dress illustrated in the medium size $41 / 2$ yards of material 36 or 44 inches wide will be needed. The pattern No. 9575 is cut in sizes from
34 to 40 inches bust mesure.

No. 9591. This is just one of the prettiest little afternoon dresses that could be offered for small as it is here, or of silk, or it can be made of serge or gabardine or of broadcloth or of a lightIf you like, you can cut the skirt off to form a tunic and wear it over a narrow two-piece skirt. On the figure the wide belt is braided with soutache to give a very smart effect with little labor and with
almost no cost. The deep collar and cuffs are of white satin, while the dress itself is made in a
medium blue that is fashionable and attractive. It (Continued on page 5T)




## Who Wants a Pony? I AM THE PONY MAN OF CANADA. I work for this Great Maga- zine, "Rural Canada." I am going to give away Shetland Ponies to Canadian Boys and Girls. <br> SOME BOY OR GIRL will get thir dandy Shetland Poay. I WANT YOU to have <br>   Fathers and Mothers should send the names of their bright children. <br> Relatives and Neighbours should vend in the names of Sright youngsters they know. I will enter the name for my inteligent and clever Shelland Pony for Boye and Girls. <br> No matter where you live, on the farm, in the village or town, tend in your nome and adder

## Given to Boys and Girls

Upon receipt of your name and address, I will how you may win this dandy little fellow that you have always wanted. Don't wait a minute, send in your name and address quickly.
Parents:-Look at our captains of industry, our leading men and women. They look mighty big and import-ant-don't they ?-yet they were boys and girls once-and many of them did not have the opportunities that boys and girls have now. Help your boy or girl to a good start
now. Let them try to win out.- Let them now. Let them try to win out.-Let them have our interesting business training now. Your boy or girl can earn
money and win a pony. There are no insurmoynt difficulties. No matter where you live your bountable can makes. No matter where you live your boy or gir can make good.
hance as any other You can stand just the sam hance as any other boy or sirl and can win this little

## pony if you really want $i$. I will send you all particulare

 as soon as you send the coupon properly filled out.Clip and Mail this Coupon-Properly filled out
PONY COUPON

Decrees of Fashion for Children
and Misses


[^3]

Simplicity Marks the
that can be made serviceable in a greater
number of ways. while at the same time it is
essentially simple.
 54 , with $7 / 8$ yard 36 from the collar and
cuffs. The pattern No. 9591 is cut in sizes
for 16 and 18 years. No. 9558. This is a gown that is especially
adapted to two materials, although you can,
of course, make it of one if you like. Here, of course, make it of one if you like. Here,
satin and serge are combined and the trim.
ming is heavy worsted thread applied in
straight lines. The combination is a smart

Best Designs (Costinuzud trom pack to)

## Decrees of Fashion for

 Children and Misses (CONTINUED FROM PAGE 50)No. 9316.-Girl's Coat, 8 to 14 yésars, With collar that can be buttoned up about the
throat or rolled open with fronts to form throat
revers.
No. 9394.-CHiLD's Rompers, 2 to 6 years,
With long or short sleeves, high, round, ot With long or
spuare neck.
No. 9576.-Citid's. Night Drawers, ${ }^{2}$ to 6
years. With or without stocking feet. years. With or without stocking feet. Per-
forated for shorter legs that can be left loose
or gathered into bands. or gathered into bands.
No. 9527.-Child's Pxjamas, 2 to 8 years.
With drawers that are attached to under-side No, 8137.-Closed Drawers, 14,16 and 18 years. With straight
with or without frills.
No. 9552.-Girk's Coati, 8
collar that can be butto
rolled open with fronts.
No. 9547. - Grri's Box Plaited Dress, 8 to
14 years. With square or round collar:
No. 9546.-Dress for MISSES AND Small
WOMEN, 16 and 18 years. With square or Yomen,
round
sleeves.
Price of Pattern, 15 cents.

## True! $\eta$

"I tell you," said Pat, "the ould fri'nds are the best, after all, and, what's more, I can prove it. that has shtud by ye as long as the ould ones that hase?"

## Sweet Revenge

"I got even with the editor last night," said the budding authoress. "He always rejects "How did you do it?" gushed the confidential friend. "I declined his son, with thanks!"

## Neuer Again!

As the coach careened toward the edge of the cliff, the timid tourist gazed anxiousiy
down at the brawling stream 300 feet below. "Do people fall over this precipice often?" she asked.

The driver clucked to his horses.
but once."


## ROBINSON \& CLEAVER'S IRISH LINEN

World Renowned for Quality \& Value
T( 1 STABLISHED in 1870 at BELFAST-the centre of the Irish Linen Industry-they have a fully equipped factory for Damask and Linen Weaving at Banbridge, Co. Down ; extensive making-up factories at Belfast ; and for the finest work, hand-looms in many cottage homes. The following are examples :-
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$\$ 4 \cdot 68$ per dozen.

THE IDEAL COLORED DRESS
LINEN, non-crushable finish in white and fassionable shades, 36 inches wide, 8048
per yard. IRISH CJILLARS AND SHIRTS-Our
celebrated Linen-faced Castle Collars in every size and shape. 81.56 por dozen.
White Shirts. for dress or day wear, from $\$ 1.38$ each, Oxford or Zeppyr Shirts, from
$\$ 1.18$ each. Mercerised Twill, from $\$ 0.9$ $\$ 1.18$ each. Mercerised Twill, from $\$ 099$
each. Cellutar, 81 108. Medium Weight each. Celluar, 8108. Medium Werght
Flannel. 81.42 and $\$ 1.66$. Ceylon Summer
Weight Filanel, 81.18 . Heavy Winter Weight, all wool, 82.28 each. Size 144t to
16i inches in stock, Tother Majesties the

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Chester, Kent \& Co., Windsor, Canada

IN THE REALM OF BOOKS
(continued from page 14)
reads himself wilfully out of his church because he is convinced that by stay-
ing in it he will lose his soul through
in ing in it he will lose his soul through
insincerity. Very good. There is nothing new or unusual in that. Righteous men through all ages have
refused to profess creeds in which they have ost faith. Their doing so, how-
ever has never necessarily indicated ever, has never neeessarily indicated
that the creed in question was wrong. that the creed in question was wrong.
"The Soul of a Bishop" is so much a re-hash of "God the Invisible King, that one marvels that the author himself did not tire of the repetition. The public might be interested once, in
Mr. Wells' personal religious ravings, anyone can stand anything once!

On the Edge of the War Zone
By Mildred Aldrich.
Musson Book Co. $\$ 1.25$.
THOSE who have already read Miss Aldrich's "Hill Top on the Marne,' or wire any scommenuation, will not require any recommendation of this later work.
letters, written to a friend in America and ranging in date from Septerica 1914 to April, 1917. It is practically a chronicle of the reconstruction of civit life in France in the district swept by the Germans on their march towards
Miss Aldrich succeeds in giving us several vivid pictures of the destruction wrought by the Boche. Of the delibershe says:-"Men have come and men have gone-it is the law of being. But the wilful, unnecessary destruction of the great works of man, the testimony which one age has left as a heritage to Time for that loss neither Man nor theft from futy consolation. It is a many will merit the hatred of the world through the coming generations." Miss Aldrich has much to say in praise of the French "poilu," and the entrance of America into the war at the the whole, this is a worthy contribution to the literature of the war and will repay the time spent in its perusal.

Anne's House of Dreams
By L. M. Montgomery.
McClelland, Goodchild \& Stewart
$\mathrm{A}_{\text {the career of }}^{\text {LL }}$ who hiss with interest charming child of Miss Montgomery's Gables," will be glad to renew their acquaintance with her in the author's latest volume, "Anne's House of Dreams." This is the chronicle of the first few years of Anne's married life and while in it we renew our friendship with many old friends, we are introduced to several new characters. Of these the most striking are, "Miss Cornelia, "who did not Jim." Miss just naturally despised hate men, but just naturally despised them," is a "Captain Jim," with his fender while and keen sense of the ridiculous his love of cats and dogs and friendly interest in all his neighbors' friendly will be dear to the heart of all who read. The story is a simple and pleasant little one and will be greatly enjoyed by girls, old and young. There is nothing morbid about Miss Montgomery's writings. They are thoroughly wholesome reading, taking the "place, for this generation, of the "Little Women" and "Good Wives," dear to the hearts of the girls of that which has just passed.

## Donald and Helen

## By R. W. Campbell.

Musson Book Co. Price $\$ 1.35$.
A DESCRIPTION of life in a High"Old Army," The being part of the "Old Army. The story ends with the opening of the present war. With it is two officers of the Regiment for of two officers of the Regiment for the of a Scottish Chieftain. The detail of regimental life are interesting tuats the book is written in an irritatingly flippant style and interspersed with stale anecdotes, occasionally in somewhat doubtful taste, and the principal characters are wooden and unlifelike. Some of the pictures of barrack-room life, however, are picturesque and vivid.

## NEEDED PRECAUTION

"It would please me very much, Miss Stout," said Mr. Mugley, "if you would go to the "Have you secured the seats?" inquired Miss Vera Stout.
not so heavy as all that.'

\section*{Burning the Candle (1) at Both Ends

\section*{You cannot burn a candle at both ends

## You cannot burn a candle at both ends without greatly shortening the period of its

 existence. The same applies to the nerve force -the power which drives the machinery of the body. The supply is limited. The waste resulting from the activities of the day is replenished by the night's rest and sleep-for sleep is Nature's greatest restorative.When the hours of activity are greatly increased and those of restoration cut down you are burning the candle of nerve force at both ends, and sooner or later nervous collapse must follow. There will be warning symptoms, such as headaches, sleeplessness, irritability, indigestion and feelings of fatigue and depression. If you will heed this warning take things easier and use Dr. Chase's Nerve Food. You can prevent serious developments.

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where for the same quality-every Hallam gar-
and
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# WIN THIS PONY 

$\mathrm{H}_{\text {and }}^{\text {ave gon } \text { Girs }}$ entered this sig contest for boys yourself on equal footing with every other boy pony is just like a big dog in pony, A faithfulness and
trust of its master. It costs trust of its master. It costs only a trifle to keep
a pony in feed and it will be a wonderful source
of joy and pleasure to of joy and pleasure to you. EEE PAGE 50

## YOUR SKIN TELLS TALES

Feet," Redness, Pimples, Blackheads, etc. No need to have tell of youth, freshness, health and vigor going to tell your story, let it non-infectious facial and skin blemishes without fail. You càn lave reguar treatments at our Institute or have our preparations sent, ome use Princess Complexion Purifier 81.50 . Princess Skin 1.50 ; White Rose Complexion Cream, 75 cents ; Lily Lotion (liquid Cream for 8 cents in stamps to cover postage and packing. Superfluous hair permanently removed by electrolysis. Con-
. Cow
HISCOTT INSTITUTE, LIMITED
Established 1892.

## Congratulations to Winners

## in Percy's Puzzled Contest

EVERYWOMANS WORLD extulations to Mr. Roy McGrath Ottawa, and to all the other winners of the big prizes given below, as an-
nounced by the judges in the "Percy's nounced by the judges in the "Percy's
On August 28th, promptly at 5.30 p.m., the Contest closed. Due consid-
eration, of course, was given to letters eration, of course, was given to letters
mailed from distant points bearing the postmark of mailing on or before that ally appointed committee, under the ally appointed committee, under the instructions of the judges, carefully examined all the entries, eliminating other reasons did not meet the condi tions laid down in the rules. All were carefully checked and handed over to the judges, Mr. H. D. Cantlon, and Mr. C. S. Furness, who then made their decisions and announced the awards-their decisions, of course, being accepted as final.
All prize winners have been notified gone forward.

## Its Purpose

$\mathrm{A}_{\text {tisements, the }}^{\mathrm{S} \text { frankly } \text { announced in our adver- }}$ great contest was to make EvEry

WOMAN's World still more widely known throughout Canada. It brought are now our active correspond who many of them having comfortable incomes from the regular work they doing for this magazine and our are publication, Rural Canada for Wo men.
The Contest has accomplished a vast amount of good if only through havEVERYWONOSSible the introduction of homes and thereby extended its new vening influence for the benefit many more people everywhere throughout Canada.
Special credit is due to those other contestants who sent in excellent doubtless place them amore care will winners in the next great contest.

## Prize Money Doubled

$T$ HE list of prize winners as given study, in that especially interesting to the number of swiccribeticed that nothing to do with the pla sent had though where four or more subscrip tions were secured the prize money was doubled.


Everywoman's World gratefully extends also its thanks for the interest and co-operation of the contestants fully given to their important work by the judges.

## The Winner's Replies

JUST as we go to press, the letters of acknowledgment are coming in from winners. Here is one from Mr Roy Mc being Thattawa
an think of no more appropriate time can think of no more appropriate time you for the delightful information which your letter contains, informing me that I have been awarded special first prize in "Percy's Puzzled" Contest, of the Ford touring car

Indeed, this was entirely surpris ing and unexpected.
I wish to assure you that it will be my earnest desire to do all in my power for such a splendid, wideawak woman's World as it is as EVERY pillar of inspiration and helpfulness to the people of Canada as a whole" One from Miss Eva A E Hether ington, who won fourth prize, a sum of $\$ 70.00$ cash, reads :
"Saturday night's mail did certainly bring me a very, very pleasurable had been awarded fourth my entry amount of seventy dollars. It seem like a fairy tale.
"I thank you most sincerely"

## Fowhems <br> OUWN PAGE of J(appiness



Do You Know that our Toronto postmen were deprived of holidays
this year? With nearly a hundred this year? With nearly a hundred of their number overseas the ones at home have had to be every day on the job-and the job growing
heavier all the time. Love laughs time
Love laughs at censors. The mails of this year and last-to go
back no further-have carried tons of bona fide love letters. And such letters What a book they would make with their revelations of unguessed tenderness, with the human heart throb making them alive and vivid, with deep secrets told baldly or brokenly as the case may be. But it is a book which will never be published. The letters are too precious. Each is a pearl of price hidden in somebody's heart
"I've heard from Billy to-day," confides the little matron across the way. "He was resting,
didn't have to go back to the trenches for twentyfour hours, so he had opportunity to write all sorts of things." She blushes as she says it, and her eyes are tender. You know that the "all sorts of things" resolve themselves into the familiar, "I am sitting here thinking of you," which has a place in most of the letters from the front. You picture him, pencil in hand, pad on knee, in the light or gloom baring his heart.
am sitting here thinking of you."
Sitting
Here
Thinking
of
You!

Baring His Heart! exclaims some one, "Where is the fire or passion
in that simple threadbare statein that simple threadbare statement?" Simple I grant you-
every primal truth is that-but threadbare, never. Ask the woman who gets such a letter, aye, are about it. No adding of tender line to tender line, loving precept to loving precept. There is no need for such may be his last chance to let her know how dear she is. "I am sitting here thinking of you." There is nothing in the world so well worth thinking of. He is seeing her eyes, her lips, the soft wave of her hair, seeing a face the smoke of battle cannot hide or blur, hearing a voice the
thunder of the guns cannot drown. All this goes thunder of "the guns cannot drown. All this goes
into his, "I am sitting here thinking of you," and all this-and more- will the woman, by the aid of love's own cypher, read into it. That love letter may come to her with the soil of the trench precious, with the stain of something infinitely precious, the life blood of her hero. "Thinking of you," she has the words by heart. A good thing, too, since her poor eyes are so filled with tears she cannot see. But, withal, by the gladthe stars, she knows that love is lord of all.

The
Mother's
Share is

AND While we are on the subject of love letters have you noticed how general is the feeling of underhome and the sons overseas? It is a beautiful thing in these troublous times, a heartening thing, like a glorious glint of sunshine
from behind a storm cloud. Yes, rom behind a storm cloud. Yes, into the eyes of the mothers and you will discern back of the darkness of foreboding, the rain of anxious tears, a light warm and wonderful. Over and over again you will hear a woman say in proudly tremulous tones
"I never really knew my boy until his letters A. mother and

A mother and her man-child are usually more affectionate than confidential. She loves him for time and eternity, but she does not know him out yonder in the all of reticence between. But a world of death and daring, the wall yonder in Ah! then he writes the true and wall goes down the woman who bore him, nursed himings to bosom nineteen, twenty, it may be thirty year ago, reveals himself as he has never done, perhap would never have done in ordinary life. "A man in the making! God bless him!" says the A man and so say we all. They tell us if all the Bibles in the world were destroyed the Word could still be gathered, bit by bit, from the highland shepherds who have it "hidden in the heart." So with the love letters from our soldier lads, here there, everywhere are they hidden in hearts that will hold them fast so long as life endures.

in Beau Brummell's day the defnition of a bachelor ran: "One whom, youths copy and benedicts
envy., len! Here we have no less a person than Prof. King of the University of Pennsylvania, one of the best
known embryologists of known embryologists of the day,
coming forward with scientific coming forward with scientific
reasons for the
 bachelor human race will cease deteriorating!"' says Dr tion. A revival of the Spartan law which compelled marriagable men to marry is what this usually founded The bachelor estabishment i with it as well. He is too much taken up with

## The Husband's Soliloquy

She is so winsome and so wise she sways And heart and will
And when I hear the query put: "What mission does she fill?"
O, then I say with pride untold
This woman with the hree,
This woman with the heart of gold
She just keeps house for me
A full content dwells in her face, she's quite in love with life,
$\qquad$
sweet old fashioned "wife"
What though I toil from morn till night? What though I weary grow?
A spring of love and dear delight
Doth ever softly flow.
Our children climb upon her knee, and lie upon her breast,
And ah! her mission seems to me the
, then I say with the best.
And love with pride untold
This woman with the heart of gold
She just keeps house for me-
She just keeps house for me!
-Jean Blewett.
doing his duty toward himself to do his duty to one of our fine women by making her his wife, or toward his country by rearing a family. One honest husband is worth a dozen of him! When the war is over such of our soldiers as have not try is in her fighting The hope of the counmong them is maimed or halt, Never mind who with the pessimist that war, with its to believe hardships, will have impaired their virility and vitality. We need to preserve a race with or blood and fighting courage. There is going red be no place for bachelors.". The poor bachelors evidently suspect that they are being plotted against. The other day the little niece of one of them enquired the meaning of the term "Bachelor of Art. escape the yoke of matrimony in times like these, was his significant reply.

## The <br> Noble <br> Red Man Speaks

When the Moraviantown Indian who knows all about plant life was in the city for the Exhibition old fashioned neighbor whose nice ld fashioned rarden is nic of her heart. "Never the prid spring, what you can do in the fall, is my motto," she said ines and stalks upong a arm full of dead hands. "I'm making ready for a 1918 shaking which will make this year's one look like a mer nest egg." The Indian who was something of a poet spoke of the beauty of bloom, the mystery of growth, and quoted the "lovesome" lines:
Not God? In gardens when the eve is cool?
Nay, but I have a sign,
Tis very sure He walks

Our hostess nodded, remarking that garden re ligion was a long way ahead of some church religions in the matter of being bright and sun touched. "But putting poetry and preachment aside, a garden is a godsend to the woman wh keeps house. This one is 50 feet long and 25 across. It cost me five dollars for soil and fer tilizer and two dollars for plants and seeds, and the actual cash value of its yield this season wa ninety-eight dollars," she said. "Besides this, it a frovided enough wholesome exercise to cur a firmly seated case of gastritis, and, incidentally put my nervous irritability and bad temper on prosperous, and busy to spare time for 'em,


Next to being in the company of a boy of seven who has just pu so much to tell his tongue trips and breath fails getting the word out, or a girl who carries her first love letter in her bodice and in her heart a radiance she cannot help pass on to others, or a youns mother whose baby has taken the prize at the fair and who is nothing more or less than a living, breathing, beautiful bit of mater nity, or two glad people (old or young) who have a woman of middle up, 1 would rather be with in making a garden flourish. And preferably in a garden, an autumn garden
"It is a lovesome thing, God wot!"
This place of brown mould, crimson vines, happy hearts (another name for sunflowers) some pink in their second childhood, a row of hollyhock led by the stiffest backed hollyhock of all, a regular policeman of a hollyhock in musty, fusty grey uniform with many buttons and one lone bloom like a gay boutonniere on a shabby coat
with the bonfire's heat and all this blue smoke"it is like Indian summer"" we exclaim smokeman from Moraviantown laughs. "Indian sum man from Moraviantown laughs. "Indian sum "But what's in a name, eh? My children they But what's in a name, eh? My children they with what you think Dutch measles" and laughs again.

## Joy <br> That Goes With <br> Work

You LOOK AS THOUGH you were glad to be back at the old grind," a lady remarked to "dear teacher" on the day school opened after the vacation. "I am," came her reply, with a smile which turned her lips up at the corners. "If I weren't glad to be back I wouldn't be back. When teaching becomes a weariness rop it and try something else if only $j$ will to the pupils." She was else, if only in justice had a few lines, lovely lines on it but. Her face her lips and in her eyes. "You seem was on the lady continued almost rou seem very fit" course you've had two months of idleness," "but of have I? I worked on a farm all ifleness." "Oh hard. This toned my body up. July, worked first day of August to the thirty-first Irom the solitude loafing with my soul, with just the wind the water, and the woods for company. It ested me so I feel all made over, ready for any thing. Looking ahead, at the season's work I could cry 'hip-hurrah' tith the youngsters." Do "you wonder that she is a success, or that she is "dear teacher" to all her scholars? The more gladness goes into our work the better our work
is done.

Russia
Girl
Warriors
Popular Heroines

They are strict disciplinarians and they fight like devils," says a press report of Mme. Butchkareff' Death" is the name it has earned or itself. "How else has earne fight!" exclaims the intrepid leader The wrongs worked us by the brutal Huns, the murder of inno cent children and rape of virgins the desolation and death have killed all softnes in our bosoms, driven us into a mad fury of retaliation. It is as devils we desire to meet We are told that the people of Petrograd battalion over the bravery and success of this cyanide of cyanide of potassium to end her life in case of

# The Importance of the School Luncheon 

# The Mother Should See That Her Children Have Nourishing Food at Mid-Day 

By MARJORIE DALE

1WONDER if the average mother realizes the importance of the school luncheon? It is served at the time of day when the child should have his most important meal, yet it is so often a hurried affair sometimes prepared by the child himself! It so frequently consists of a few meagre sandwiches and a piece of cake!
If at all possible a child should come home for a hot substantial mid-day meal. But this is sometimes out of the question for the average high school boy and girl in most parts of Canada, especially in suburban or rural districts.
In the average American city the school, especially the high school, has a Luncheon Kitchen where children can obtain at a very low rate-practically cost-a dish of hot soup, hot stew, or hot chocolate. This is indeed an excellent arrangement. In lieu of his, the child should be given a well planned, attractive luncheon, put up The luncheons for the younger children demand a different treatment, for all young children require a goodly a mount of tissue building foods. one milk and should depend largely upon milk and eggs to furnish this type of nourishment. Custard, Junkets and Blanc Manges are excellent. Milk iced cold, can be carried in the thermos bottle. Similarly, the child can keep milk, choco-
late, cocoa, etc., hot. And who does ate, cocoa, etc., hot. And who does winds begin to assert themselves.

T HE older child may have meats, of the high school the boy and girl of the high school age, a little
condiment may be added to tempt the appetite-but the habit is really not a good one.
A small sweet may find its way into the luncheon bag-stuffed dates or and plain cakes, some times a few good candies.
Fruit must never be omitted, especially when there is no drink supplied A nice rosy apple or big juicy orange is just the thing.
Do not give the child too much, but be sure it has enough. The diet of the growing child must be considered arefuly. Mothers the school lunch ardy when preparing the school lunch-

## The Luncheon Outfit

$\mathbf{V I}^{\circ}$
ONEY spent on simple but strong luncheon outfits for the children is money well spent. They can now be found at practically any price and with service for one or more. They should be of good quality and light. Always keep papier mache cups and plenty of waxed paper on hand they may be put into these cups and may be put into these cups and
tied around with waxed paper and the hildren can throw them away when finished.
For all sandwiches cut bread very thin; do not remove the crusts because you take away the most nourishing part of the bread. Use bread at least wenty-four hours into appetizing size and wrap in wiched paper-white crepe paper napwaxed paper-white crepe paper napprove excellent for packing the school uncheon.-

## Practical Suggestions

L UNCHEON for the children of the
unior grades:-
Stuffed Eggs Brown Bread and Custard Cup Cocoa

## Tuesday

Chopped Chicken or Veal SandCocoa Junket Cold Milk


The Child's Luncheon should be well and attractively made up.

Tuesday
Tuna Fish Salad Cheese Sticks Celery
Apple Cake Milk

Date and Nut Sandwiches with Brown Bread EGG Sandwich
Orange Jelly Chocolate Squares Milk
Thursday
Lamb Salad Sandwich Celery Chocolate Cornstarch Pudding Stuffed Figs

Friday
Halibut Salad Biscuit and Butter Candy Lady Fingers Milk

## RECIPES EMPLOYED

## Stuffed Egg

Boil egg till hard-remove from shell. When cool cut in half, remove yoke, careful not to break the white. little pepper and salt, a little chopped tomato, return to egg-halfs roll in waxed paper.

## Custard Cups

One large cupful milk-1 egg well beaten-1 tablespoonful sugar-nutmeg, pinch of salt.
Heat milk in double boiler-add milk to egg well beaten-with sugar and salt-put into custard cups; place

## Chopped Chicken Sandwich

Chop chicken (or veal) and put through mincer with a little celeryadd a little cream, very little salt to flavor. Put between thin buttered brown bread.

## Rolled Ham Sandwich

Cut bread very thin-butter, add Ham, dampen the fingers and ro Press edge, use tooth pick to hold.
cupful lemon juice, 1 cupful boiling water
Soak gelatine in cold water 5 minutes and then dissolve in boiling water, add sugar, stirring until dissolved. Add lemon juice and strain through a
cheese cloth into molds which have been dipped in cold water, chill.

## Sponge Cake

Four eggs, 1 cupful granul ted sugar, 1 cupful frour, $1 / 4$ teacupful water, 1 teasponful Baking Powder, Finch salt,
Vanilla.
Beat eggs separated, bring sugar and water to a boil, pour boiling svrup on eggs, after mixing them, then beat for
10 minutes before adding flour which you sift 4 times with Baking Powder then stir in lightly, add salt and flovoring. Bake in a pan with a funinl in the centre, sprinkle top lightly with sugar before putting in the ovin.
Bake slowly 40 minutes. Do not Bake slowly 40 minutes. Do not
open oven the first 15 minutes.

## Cotara

Cottage Cheese and Walnut Sandwich
Mix equal quantity of cottage cheese and chopped walnuts, add salt and pepper to taste and a little mayportion on thin buttered bread.

## Caramel Pudding

Half cupful browń sugar, $1 / 2$ cupful milk, $1 / 2$ cupful water, butter size of an egg, pinch salt, 1 heaping tablespoonful corn starch diluted in water, Vanilla.
Caramelize sugar, add butter, milk, water, salt, boil till sugar is dissolved, add corn starch, boil till corn starch is thoroughly cooked. Add vanilla, chill.

## Brown Bread

Three cupfuls Graham flour, $13 / 4$ teaspoonful soda, 1 cupful white flour, 11/2 teaspoonfuls salt, $3 / 4$ cupful molasses
$11 / 2$ cupfuls sour milk. Mix dry ingredients, add molasses and milk, stir until well mixed, turn into greased until, well mixed, turn into greased
mold, filling $i t 2 / 3$ full, fasten cover on securely steam $21 / 2$ hours. Then bake $1 / 2$ hour in slow oven.

Date and Nut Sandwich
Wash and stone dates, chop, put on to boil with $1 / 2$ cupful water and sugar, boil till pulp and tender, put a way in glass.
When requ
amount of dared for use mix equa between date pulp and nuts, spread outtered bread.

## Orange Jelly

Two and a half tablespoons gelatine 3/4 cupful sugar, 1 cupful cold wate $1 / 2$ cupful orange juice, pulp of 1 orang skinned and finely chopped, 2 cupfuls boiling water.
Soak gelatine in cold water 5 minutes then dissolve in boiling water, ad sugar, stirring till dissolved; strained orange juice and orange pulp, put int mold, which has been dipped in col water, or fill some individual mold
for the children. Chill

## Small Chocolate Cornstarch Pudding

Three-quarter ounces bitter chocolate $1 / 4$ cupful corn starch, $13 / 4$ cupful milk, $1 / 4$ cupful sugar.
Melt chocolate in double boiler, and add the milk and sugar. Heat to boiling point and add corn starch which has been wet with cold water and mixed till smooth. Stir frequently until thickened and cook 15-20 minute in double boiler. Pour into cups

## Halibut or Fish Salad

Flake sufficient cold boiled halibut add little chopped green pepper and a little chopped celery and salt to taste, mix with dressing made as follows:
One egg yoke, 1 cupful iced olive oil, paprika salt, juice of 1 large lemon.
Have plate and silver fork Have plate and silver fork ice cold beat yoke, drop oil, drop by drop, beating all the time, when all the oil is finished and egg and oil are of jell paprika to taste, keep on ice.

## FURTHER CHOICE

Banana and Peanut Salad
Bread and Butter Sandwich
Lemon Jelly
Cookies
Baked Salmon Sandwiches
Cup Custard with Figs
Wafers
Kidney Bean and Walnut Salad Orange Cress Fingers

Peanut Butter Sandwiches Celery Pineapple Jelly Apple

Bread and Butter Sandwiches Egg Stuffed with Sardines Orange Jelly Biscuit
Walnut Sandwiches
Cress Roll Roll Glass Milk
Orange Jelly Roll

Banana and Pea Nut Salad
Banana, $1 / 4$ cupful chopped peanuts, mayonnaise
Slice bananas, roll in mayonnaise and then in chopped peanuts Pack

## Baked Salmon Sandwich

Left-over salmon, chopped, 2 ripe olives finely chopped with a little
Mix together with oil salad dressi and spread well between brown bread

## Kidney Bean Salad

Three-quarter mache cupful kidney beans, $10-12$ walnuts chopped, mix

## Egg Stuffed Sardines

One egg hard boiled, 2-3 sardines, Cut edressing.
Cut egg lengthwise, remove yolk, smooth, season, mix with yolk till smooth, season, add dressing if desired
return to cases.


[^0]:    hundred spectators watching every move we made. My room-mate wore
    a black evening dress because she had to represent a man guest. I wore my little gold gown. None of us
    wore flowers-you know it is wartime.

[^1]:    Girls! A chance you can't afford to buttorfys, Bprays, medallions. atata and mice and dozens
    
    
    
    
    
    
    
    

[^2]:    YOU may have enjoyed other farm magazines, but RURAL CANADA for
    Women is the best yet-it is distinctly for the

[^3]:    No. 9555.-Girl's Bungalow Apron, 8 to 14
    years. To be slipped on over the head. Made with square or $V$-shaped neck, long or short

    No. 9566.-Girl's Dress, 6 to 12 years. With
    blouse that blouse that can be made with long or short
    sleeves and separate over-bodice. With
    square or round collar

    No. 9548.-ChiLD's Empire Dress, 4 to 10
    years. With round neck, with or, without collar, or with square neck, with long or
    short sleeves.
    No. 9563.-Bcy's Suir, 2 to 6 years. With
    elbow sleeves or with long se finished en sleeves or with long sleeves that can ers are buttoned to the blouse bene trous-
    wide belt.

    No. 9602.-Child's Night Dears
    years. With or without sitocking feet. With 2 to 8
    long or short sleeves, ong or short sleeves, high or square neck.
    No. 9573.-Army Shirt, 36 to 44 breast
    For Nos. 0316, $9394,9576,9527,8137,9552,9547$,
    Patterns are 15 cents each, post paid. When 9546 , see page 51
    address, number and size of pattern wanted, and ordering, write very plainly, give name and
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    Toronto.

