

My Heart And I.

So much there is we know, My heart and I, That, as we forward go, My heart and I.

When the Mail Reaches Nulato

(By Frances Gillespie in the Rosary Magazine)

It was in the sunshiny, almost warm, days of early June that the first steamer of the year made its slow way up the Yukon carrying food supplies, and even better—mail—to the traders and miners and missionaries who had been ice-barred from the world throughout the long months of an Arctic winter.

In the crowd and hardly less excited than the Indians themselves was Father Hudson, the only priest stationed at the mission. He was almost childlike eager for his share of the ship's treasures, and overjoyed to hear again his own tongue and to get a glimpse of the outer world, for which he would not admit, even to himself, that he was homesick.

A money order for fifty dollars fell from the letter as he unfolded it, and at the sight his eyes danced; his poor were so very poor, his church so very bare! Next he tore the paper from his package and found a stout little box in which, carefully packed in cotton and tissue paper there was a watch, a small, worn almost smooth by

Aching Joints

In the fingers, toes, arms, and other parts of the body, are joints that are inflamed and swollen by rheumatism—that acid condition of the blood which affects the muscles also.

Hood's Sarsaparilla

Removes the cause of rheumatism—no outward application can. Take it.

many years of use. Father Hudson looked at it for a long long time; he turned it over and over in the palm of his hand; he examined the almost obliterated etching on its case; and his eyes grew moist and more than once his lips trembled.

He slipped his penknife under the rim to force open the back of the case, but quickly changing his mind, laid the watch on the deal table before him and began to read his letter. It was from a priest—Father O'Meara—who had been a classmate of Father Hudson's at Woodstock and was then pastor in an out-of-the-way Western town.

He commissioned me to tell you that although the watch is only silver and not very valuable—it was quite evident that he did not believe this—it keeps perfect time and was never out of order in all the years that he carried it. Then, for the first time since I have known him, he talked about himself and his own affairs. I was deeply touched by his simple little story and am going to repeat it to you word for word. You will only half appreciate your watch if you do not hear it.

SCOTT'S EMULSION is now a summer as well as a winter remedy. It has the same invigorating and strength-producing effect in summer as in winter. Try it in a little cold milk or water. ALL DRUGGISTS

how—how it happened that he liked me so well. I never made another real friend. I haven't known how. Somehow, no one else cared much. And when I was sixteen years old, my father decided to come West.

Germany The Obstacle.

Replying to the argument of pacifists, the British Foreign Secretary, Rt. Hon. A. J. Balfour, said in the British House of Commons last Thursday afternoon that the true obstacle to peace was that educated Germany unitedly upheld the grossly immoral heresy that a policy of universal domination was the true policy of any nation wishing to be great.

A Hot Wave

The fearful heat wave in the United States and on the Peninsula of Ontario continues without abatement. The warmest large city in Canada last Wednesday was Toronto, where the official government temperature was 101 in the shade.

Three Hundred Downed

Paris, Aug. 8.—The French official statement on aviation says: "During the month of July 184 enemy airplanes were downed. One hundred and fifty-four enemy airplanes were seen falling out of control inside the enemy lines, of which number fifteen had been damaged by the fire of our aircraft guns. Thus 338 enemy machines were destroyed or badly damaged."

DIARRHOEA WAS SO BAD Could Scarcely Do Work.

Mrs. O. Pritchard, Elora, Ont., writes: "About a year ago I was troubled very much for a whole week with diarrhoea. It was so bad some days I could scarcely do my housework. I took two or three different kinds of medicine, but got no relief, and was just at the point of going to see the doctor when I explained my case to a friend."

Give "Overt" A Chance.

Many a fine adjective has been spoiled by being hooked up in some facile phrase, to a commonplace noun. For example, overt. Never in my life, writes H. L. Mencken in the New York Sun, have I encountered overt save in front of act.

MINARD'S LINIMENT CURES DIPHTHERIA

W. H. O. Wilkinson, Stratford says:—"It affords me much pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of Milburn's Rheumatic Pills. Price 25c. a box."

A SENSIBLE MERCHANT

Milburn's Sterling Headache Powders give women prompt relief from monthly pains, and leave no bad after effects whatever. Be sure you get Milburn's price 25 and 50 cts.

MINARD'S LINIMENT CURES DISTEMPER

Wish him many unhappy returns of the day. "This is old Grouch's birthday. I suppose I ought to say something to him about it."

MINARD'S LINIMENT CURES DISTEMPER

There is nothing harsh about Laxa Liver Pills. They cure Constipation, Diarrhoea, Sick Headache and Bilious Spells without griping, purging or harshness. Price 25 cts.

MINARD'S LINIMENT CURES DISTEMPER

After any serious operation or sickness, the nervous system is generally left in an extremely weakened condition, and a course of Milburn's Heart and Nerve Pills will do more towards building it up than anything else.

MINARD'S LINIMENT CURES DISTEMPER

Milburn's Heart and Nerve Pills are 50c. a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

LET US MAKE Your New Suit When it comes to the question of buying clothes, there are several things to be considered. You want good material, you want perfect fitting qualities, and you want your clothes to be made fashionable and stylish, and then you want to get them at a reasonable price. This store is noted for the excellent quality of the goods carried in stock, and nothing but the very best in trimmings of every kind tailored to go into a suit. We guarantee to fit you perfectly, and all our clothes have that smooth, stylish, well-tailored appearance, which is approved by all good dressers. If you have had trouble getting clothes to suit you, give us a trial. We will please you. MacLellan Bros. TAILORS AND FURNISHERS 153 Queen Street.

FLEISCHMANN'S YEAST TO MAKE GOOD BREAD You must have Good Yeast GOOD BREAD is, without question, the most important article of food in the catalog of man's diet; surely, it is the "staff of life." Good bread is obtainable only by using the Best Yeast, the best flour, and adopting the best method of combining the two. Compressed Yeast is in all respects the best commercial Yeast yet discovered, and Fleischmann's Yeast is indisputably the most successful and best leaven known to the world. It is uniform in quality and strength. It saves time and labor, and relieves the housewife of the vexation and worryment she necessarily suffers from the use of an inferior or unreliable leaven. It is, moreover, a fact that with the use of Fleischmann's Yeast, more loaves of bread of the same weight can be produced from a given quantity of flour than can be produced with the use of any other kind of Yeast. This is explained by the more thorough fermentation and expansion which the minute particles of flour undergo, thereby increasing the size of the mvs and at the same time adding to the nutritive properties of the bread. This fact may be clearly and decisively demonstrated by any who doubt that there is economy in using Fleischmann's Yeast. If you have never used this Yeast give it a trial. Ask your Grocer for a "Fleischmann" Recipe Book.

R. F. MADDIGAN & Co. Agents for P. E. Island. W. J. P. McMILLAN, M.D. PHYSICIAN & SURGEON J. D. STEWART Barrister, Solicitor and Notary Public. OFFICE AND RESIDENCE 105 KENT STREET. CHARLOTTETOWN, P. E. ISLAND. OFFICE: NEWBORN BLOCK Charlottetown Branch Office, Georgetown. Money to Loan on Real Estate Dec 13, 1916 - 7lv. McLean & McKinnon Barristers, Attorneys-at-Law CHARLOTTETOWN, P. E. I. Job Printing Done at The Herald Office

Summer Footwear Wear something light and easy on hot days. We carry a full stock for every member of the family. For Women White Boots (leather or rubber soles) \$1.65 a pair and up White Pumps, Sneakers, Oxfords, all kinds. For Men Canvas Shoes, Sneakers, Low Shoes, for any wear. For Misses & Children Sandals, Slippers, Pumps, White Canvas Boots and Pumps. TRY HERE ALLEY & CO.

Live Stock Breeders. List of Pure Bred Live Stock for Sale. NAME ADDRESS BREED AGE Geo. Annear Montague Ayrshire bull calves (3 yrs, 8 mos) Wm. Aitken Lower Montague Ayrshire Bulls (3 yrs, 8 mos) M. McManus New Haven Shorthorn Bull (5 years) W. F. Weeks Fredericton " " (2 years) David Reid Victoria Cross " " (2 years) Ramsay Auld West Covehead " " calf Frank Halliday Eidon 6 Yorkshire Pigs (5 weeks) Ramsay Auld West Covehead Yorkshire Hog (2 years) J.A.E. McDonald Little Pond Duror Jersey Boar (2 years) 5 " Sows (4 weeks)

Are You Far Sighted? Must you hold the book or paper at arm's length to get the proper focus. If so, you will be "far sighted" in a proper sense if you come to us at once for a remedy.

Change of Time Commencing Friday, June 28th, 1918, and until further notice, the Car Ferry Prince Edward Island will be with drawn from service between Borden and Tormentine, and the S.S. Northumberland will be placed on the Summerside, Pt. du Chene route. Trains west will therefore be changed and run daily, Sunday excepted, as follows: Leave Charlottetown 6.25 a. m., arrive Summerside 8.50 a. m., leave Summerside 12.20 p. m., arrive Tignish 6.05 p. m. Leave Charlottetown 4.00 p. m., arrive Summerside 7.20 p. m., leave Summerside 8.50 p. m., arrive Tignish 11.55 p. m. Leave Tignish 5.30 a. m., arrive Summerside 8.35 a. m., leave Summerside 9.10 a. m., arrive Charlottetown 11.10 a. m. Leave Tignish 5.30 p. m., arrive Summerside 8.35 p. m., leave Summerside 8.45 p. m., arrive Charlottetown 11.10 p. m. Leave Borden 6.20 a. m., arrive Emerald 7.20 a. m., arrive Charlottetown 10.15 a. m. Leave Charlottetown 12.15 p. m., arrive Summerside 4.10 p. m., leave Summerside 6.10 p. m., arrive Emerald Jct. 7.20 p. m., leave Emerald Jct. 9.45 p. m., on arrival of night train from Summerside and arrive Borden 10.45 p. m. Trains between Souris, Georgetown, Murray Harbor and Charlottetown will continue to run as at present. District Passenger Agent's Office, Charlottetown, P. E. I. July 3, 1918.

E. W. Taylor Optician, Watchmaker, Jeweler South Side of Queen Square CHARLOTTETOWN - P. E. I. CANADIAN GOVERNMENT RAILWAYS Change in Time Table Commencing Monday August 19th, 1918, the Car Ferry, Prince Edward Island, will resume service between Borden and Tormentine, and the time table will be the same as was in effect when she was withdrawn, giving two return trips to the Mainland daily. The service between Summerside and Pt. du Chene will be discontinued after Saturday, August 17th, 1918. District Passenger Agent's Office August 10th, 1918. August 14, 1918 - 11

Mail Contract SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa, until noon, on Friday, the 5th July, 1918, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, six times per week. Over Rural Mail route No 1 from Cherry Valley, P. E. Island from the 1st October next. Printed notices containing further information as to conditions of proposed Contract may be seen, and blank forms of Tender may be obtained at the Post Office of Cherry Valley, and at the office of the Post Office Inspector. JOHN F. WEBER, Post Office Inspector Post Office Inspector Charlottetown, P. E. I. August 14, 1918 - 11