## ADVERTISING RATES:  <br> The Guardian. <br> 

## bay roberts, Nfid., friday, JUNE 15, 1923 <br> PRICE: TWO CENTS. <br> $\$ 1.00$ a year, in advance

If You are Proud of your Baking and want the Really Perfect Loaf of Bread we Recommend You to use


Pound Seeds! Seeds! Remnants CILDRENS

| Sizes 5 to 9 in . at 19c. to 30 c . an infants |
| :---: |
| ced top |

WOOLS

## CRESCENT Red ticket Blk. only Original Blk. and light.... Original I4 colours. BEEHIVE Bik. and Coloured scotch <br> UNDERWEAR

LADIES'<br>Sumer vests $\quad$ 2ec. 40 . 5 . 55 c . and up Medium weight vests at lot of Child

slighty soile,
ing cheap.
A. A. Kmbry, Coley's Pt

## NEW ARRIVALS

Dress Poplins in Black
Tweeds $\$ 1.25$ per yd.
The following Pound goods: Tweeds, Cotton Tweeds, lowest cash prices.

The following at Special Cut Prices


## A Big Variety of

Wall Papens
various Shades and Pattern

## lso the followin

1e2es frumem Ereecls
lay Seeds, Vegetable Seeds, and Flower Seeds, and to
arrive, Potato and Turnip Fertilizer
A. E. MERCER, Bay Roberts W.

## TheDoctorWas Right

When the good old family doctor was asked about baking powders, he said:
"Use Royal. It is made from Cream of Tartar and is absolutely pure. You could dissolve a couple of teait with benefit. That's a health test mighty few baking powders can meet."
The doctor was right.


Made irom Cream of Tartar derived from grapes
Contains No Alum-Leaves No Bitter Taste

| Women's Missionary |
| :--- | :--- |
| Society Convention | The Newfoundland Branch of the $\begin{gathered}\text { Junction on Mon Monday event oning } \\ \text { nect }\end{gathered}$





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## - Jxivo <br> EणTルE FOR <br> Making Cod Liver Oil <br> For the Guidance of Manufacturtrs

1st. The manager in charge of factory must see that the livers
re fresh; that all brown or poor livers are thrown out; that there is no gall bladder attached to any livers.
2nd.
fresh water.
ard
3rd. The pan in which the livers are bo
clean inside, , fefore any livers are placed in it
4th.
cient steam.
5th. Turn on the steam, and use as much as you need to have for the quantity of livers you have in your pan. Boil until the whit scum floats off (which will take about thirty minutes.) Don't forge
tostir the livers, and see that those in the bottom and those aroun the sides are brought into direct contact with the steam all the time
6th. Turn the steam off, and allow all to settle, not exceeding five minntes, according to capacity of liver boiler. white oil. Put this oil in a cooling tank mat, which is the fines white oil. Put this oil in a cooling tank made of galvanized iron,
and let the oil remain there till next morning. Don't forget to put straining cloth over the cooling tank before you put any oil in, s that it will catch any bits of blubber; allow to remain 12 or 11 houns
or longer if possible, then dip from cooling tank and strain throug double calico bag, inside bag to be one inch smaller all around; the strain iato a tin shute under the bags, the cask to be at the end o the shute with a funnel, to
covered with cneese cloth.
8th. When you have dipped the finest oil from the top of th
liver woiler pan, take all the blubber from the pan while it is warm The oil from this blubber is not fit for medicinal purposes. 9th. Then clean your liver pan with warm water a.
powder. . Every bag, cloth, tank, funnel and pan, muss
10th.
only with warm water, soap and water. Soda must not be used. of tin barrels. Wooden packages generally make the oil dark, and destroy its fine flavor. Keep all oi: in barrels in a cool place, a covered from the sun. DEPARTMENT OF MARINE AND FISHERIES

## $-\underline{\text { St. John's. }}$ <br> 事

RHEGUTATIIONS For Salting Scotch Pack Herping
and half barrels herring-Lavge Fuls One barrel salt to six barrels herring-Medium Fulls.
One barrel salt to six and a half barrels herring-Matt Fulls. This amount of salt is for dredging and laying on rows only. does not take into account that put on the herring before gibbing.
All salt falling off herring in rousing tubs is put on rows as $y$ pack unless very dirty or scaly; in that case, you have to make
good the same amount, or otherwise you could not have any fixed le on salt
Matt Full

$$
\begin{aligned}
& \text { e on salt } \\
& \text { Matt Fulls...... } 101 / 2 \text { inches long............. Milt or roe } \\
& \text { Medium Fulls. ... } 11 / 2 \text { inches long.......... Milt or roe } \\
& \text { Large Fulls..... } 121 / \text { inches long and upwards. Militor roe } \\
& \text { Medium Filling. } .111 / 2 \text { inches long and upward }
\end{aligned}
$$

Medium Filling
Filling Fish may be brand inches long añ́d upwards Brand
Nock; nor herring in half frozen state.
The ront cause of light salting is to come as near as possible to
he pleasing of the palate of the consumer; and if we bear in min that over three-fourths of all Scotch-Pack Herring are consumed as
onic before the mid-day meal, just as. they come out of the barrel without any fire cooking, we can see the reason at a glance for the
tight salting. The herring is dressed by the head and the tail being cut off, the main bone taken out. It is then cut into squares of abou ives and is serva wis degar the following meal and he consumer in the best of health.
nd eating right is iust as essential as the tre of curing; and based on the best medical directions, and with the chemical analysis of the e need not he surprisd that the people who eat most herring a the most healthy and efficient.
DEPARTMENT OF MARINE AND FISHERIES

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## For Sale

 Parcel of Land in Bay Roberts; alsoDwelling House in Conatry Road, to e removed from and; Moving Pic Aerated Water Plant, suitable for an atport; one Sleigh. For particulars apply at this officef.
F. GORDON BRADLEY, LL.B.

Barristef-at-Law, Solicitor, eta renour building, Duckworth Stree st. ЈонN's.
р. О. BOX $\mathbf{\text { г270. }}$


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LUEY GRAHAM'S SECRET


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 Repairers of all kinds ofMARINE AND STATIONARY Marine and station
enngines. All Outport Orders cor to
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 guaranteedby the manufactuk ers. We have also LOTS OF LQCAL MANU FACTURED BOOTS
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We Are Now Offering ALL DRF GOOOS Boots and Shoes and Readymades
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George Hierlihy

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 Matched Lumber, Fancy Ceiling Clapboard, dressed and undressed Framing, $2 \times 4,2 \times 5,2 \times 6$ and up to $2 \times 10$ Shingles and Palings. Mouldings. Door and Window Finish
## John Bishop's Lumber Mill

Monuments - Headstones Chislett's Marble Works

Entire Satisfaction Guaranteed.

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Railway and Steamship Service
Travel and Ship your Freight by our Railway and Steamship Service. It affords its patrons the speediest, safest and best Service.
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