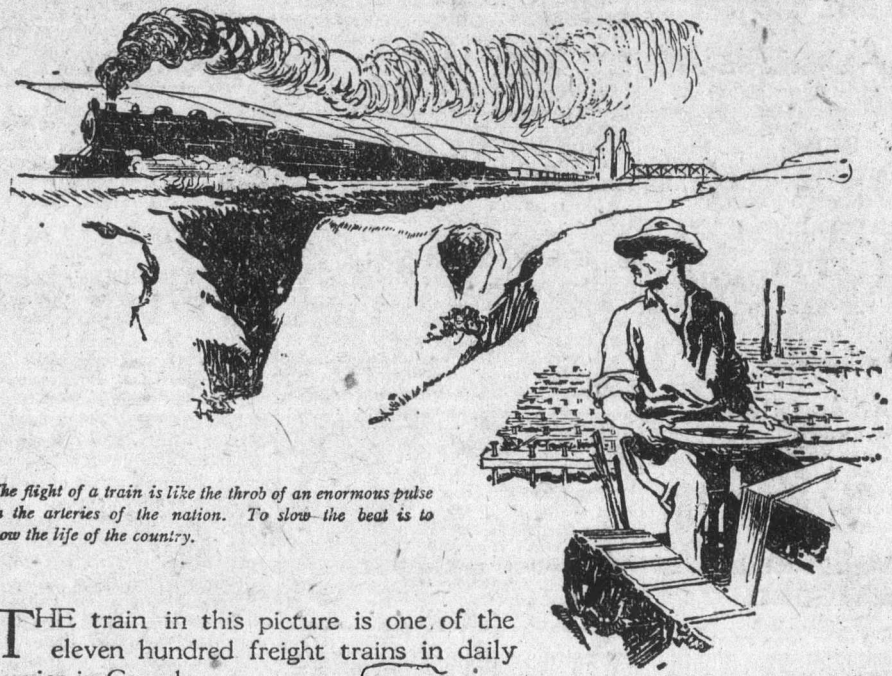


CANADIAN PACIFIC FARM LABORERS WANTED

"Fare Going"—\$15 to WINNIPEG. "Fare Returning"—\$20 from WINNIPEG.
 1/2 cent per mile Winnipeg to destination. 1/2 cent per mile starting point to Winnipeg.

GOING DATES	TERRITORY
AUGUST 9, and AUGUST 16.	From Stations in Ontario, Smith's Falls to and including Toronto on Lake Ontario Shore Line and Havelock-Peterboro Line. From Stations Kingston to Renfrew Junction, inclusive. From Stations on Toronto-Sudbury direct line, between Toronto and Parry Sound inclusive. From Stations Drancoel to Port McNicoll and Burketon, to Bobcaygeon, inclusive.
AUGUST 11, and AUGUST 18.	From Stations South and West of Toronto to and including Hamilton and Windsor, Ont. From Owen Sound, Wainwright, Teeswater, Wingham, Elora, Listowel, Goderich, St. Mary's, Port Burwell, and St. Thomas Branches. From Stations Toronto and North to Bolton, inclusive.

SPECIAL TRAINS FROM TORONTO
 Full particulars from Canadian Pacific Ticket Agents. W. E. HOWARD, District Passenger Agent, Toronto.



The sight of a train is like the throbbing of an enormous pulse in the arteries of the nation. To slow the beat is to slow the life of the country.

THE train in this picture is one of the eleven hundred freight trains in daily service in Canada.

It consists of one heavy-duty freight engine and 45 standard box cars.

It can carry 2,000 tons of wheat.

In 1913 its engine could have been built for \$34,700—to-day \$81,000; its box cars for \$1,138.85 each—to-day \$3,797.50.

In other words the rolling stock alone in the movement of 2,000 tons of wheat has increased in cost from \$85,948.25 to \$251,887.50 or 193.1%!

The labor bill of the railways has risen in the same period from \$115,000,000 to \$231,000,000,—101%!

The cost of rails for a mile of track has gone up from \$9,497 to \$19,680—107%!

No cost has been unaffected by the general rise.

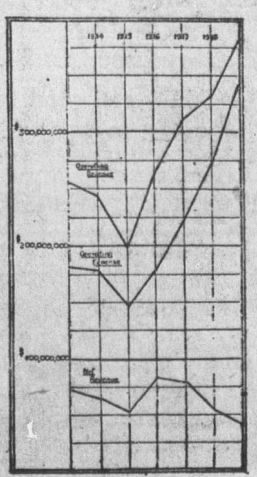
Operating expenses continue to rise more rapidly than Gross earnings. Net earnings are sinking at an alarming rate.

These are the facts that lie behind the application for increased freight rates for the railways.

*Estimated

This is the second of a series of advertisements published under the authority of
The Railway Association of Canada
 formerly the CANADIAN RAILWAY WAR BOARD

Explanation of Chart:
 Top line shows the rise of Gross revenue.
 Middle line shows the more rapid rise of Operating Expenses.
 Bottom line shows the downward plunge of Net earnings as a result of the rise in the middle line—Operating Expenses.



GOITRE IN LIVE STOCK

All Classes More or Less Liable to This Trouble.

The Cause of Goitre Not Yet Well Understood—Simple Treatment is Suggested—Summer Dairy Hints.
 (Contributed by Ontario Department of Agriculture, Toronto.)

GOITRE, or Bronchocele, is an enlarged condition of the thyroid gland, which consists of two lobes situated one on each side of the windpipe in the region of the throat, and connected by an isthmus. Animals of the different classes, of all ages, are liable to this condition, but we wish to discuss the trouble when appearing at, or shortly after, birth.

Each of the said lobes is ovoid, and consists of minute vesicles surrounded by a plexus of minute blood vessels. The gland has no duct, but is plentifully supplied with blood fluid, which becomes absorbed. The function of this gland is not well understood. The lobes can be felt in an animal of any age by careful manipulation, and, as stated, are liable to become enlarged (either one or both lobes) at any age. In some cases, especially in lambs and calves, it is of abnormal size at birth. This is more frequently noticed in lambs than in any other class of stock, and sometimes the enlargement is so great that respiration is interfered with, the young animal is weak and unthrifty and not infrequently dies.

It is worthy of note that in foetal life the gland is quite large, but normally becomes reduced before birth. The cause of enlargement is not well understood. Some claim that the condition in the young animal is the result of insufficient nourishment for the dam during the period of gestation. Others claim that it is caused by the pregnant animal consuming water too highly impregnated with lime.

Symptoms—The symptoms cannot readily be mistaken. Either or both lobes are enlarged, sometimes at birth and sometimes not until a variable time after birth. If both lobes are enlarged a well-marked, movable lump will be noticed at each side of the throat, there not appearing to be any connection between the two, but appearing, both to sight and manipulation, as two separate lumps. If but one lobe be enlarged, of course one side appears normal. These enlargements are not sore to the touch, and in most cases do not apparently interfere with the health of the animal, but in some cases, especially in lambs, they interfere with respiration and strength.

Treatment—In many cases treatment is not necessary, as the glands gradually become reduced without it, but treatment is wise in other cases, and in all cases hastens reduction. It consists in rubbing well once daily with an ointment made of 2 drams each of iodide of potassium and iodine mixed with 2 oz. vaseline, or other ointment or lard containing a large percentage of iodine or one of its compounds.—Dr. J. H. Reed, O. A. College, Guelph.

Summer Dairy Notes.

I realize that the majority of dairy farmers do not need reminders as to what they should do in ordinary practice, but mankind tends to slackness. Most men need a wife to give occasional prods in order to keep them up to the mark. These notes are given with the same good intention that a wife "just tells her husband"—because she is interested in him.

Falling pastures should be supplemented with grain, meal or green feed in the stable. The hot dry weather of June means short feed for July and August; this means small milk and cream cheques, or a small amount of butter to sell. By the size of the milk or cream cheque we may know the value of our herd, but not the value of individual cows, which latter can be known only by testing each cow in the herd, with scales and fat test.

Next to feed in importance, comes salt and water. Without plenty of these, cows cannot milk well. Salt aids digestion and gives tone to a cow's system. An average cow requires about one ounce of salt daily. Water is the great carrier of nature's supplies of plant and animal feed. A cow in full flow of milk will drink from ten to twenty gallons of water daily. Needless to say the water should be pure.

Cooling milk and cream on the farm is perhaps next in importance. Milk for the condensery, cheeseery, or for city trade, should be cooled to below 70 degs. as soon as possible after milking—to a lower temperature if at all possible. Some firms will not accept milk at a temperature above 65 degs. F. and prefer it below 60 degs. Plenty of cold water, or preferably ice-water for cooling milk is needed. Where water is scarce it may be used for watering stock after cooling the milk, if the cooling tank be kept clean. A milk cooler is a great convenience where there is a good supply of cold water under pressure.

RHEUMATISM FOR OVER 16 YEARS

No Return Of The Trouble Since Taking "Fruit-a-tives"

103 CHURCH ST., MONTREAL.
 "I was a great sufferer from Rheumatism for over 16 years. I consulted specialists; took medicine; used lotions; but nothing did me good. Then I began to use "Fruit-a-tives", and in 15 days the pain was easier and the Rheumatism much better. Gradually, "Fruit-a-tives" overcame my Rheumatism; and now, for five years, I have had no return of the trouble. I cordially recommend fruit medicine to all sufferers."

P. H. Mc H
 50c a box, 6 for \$2.50, trial 5
 At all dealers or sent posty
 Fruit-a-tives Limited, Ottawa

COURTESY is much more easily done, because there is only about ten to fifteen per cent. the bulk to cool, as compared with milk. Immediately after separating the fresh cream should be placed in cold water and allowed to remain there until the cream pail is needed for the next lot. Empty into the cream can, wash and repeat the operation twice a day. This will insure good, sweet cream for buttermaking or for any other purpose. We need better cream for the making of fine butter in Ontario. Everybody should give Ontario butter a boost upward in quality.—Prof. H. H. Dean, O. A. College, Guelph.

Children Cry FOR FLETCHER'S CASTORIA

Fall Fair Dates—1920

Strathroy	Sept.	20, 21, 22
Petrolia	"	23, 24
Sarnia	"	27, 28
Glencoe	"	28, 29
Wilkesport	"	30
WATFORD	"	30, Oct. 1
Forest	Oct.	5, 6
Brigden	"	4, 5
Florence	"	7, 8
Wyoming	"	7, 8
Alvinston	"	12, 13

SCHOOL FAIR DATES

Sarnia Township Hall	Sept.	13
North Enniskillen, Petrolia	"	14
Bosanquet Township, Jericho	"	17
Warwick Township, Arkona	"	20
Warwick Village	"	22
Dawn Township, Rutherford	"	23
South Enniskillen, Oil Springs	"	27
Euphemia Township, Cairo	"	27

ASTHMA

If you have Asthma, don't imagine that you must always suffer untold misery. Relief quick, sure and safe is guaranteed in even the worst cases by using

TEMPLETON'S RAZ-MAH CAPSULES

We are so certain of results we will send you a free sample of these capsules, confident that you will find them all we have claimed. Write to Templetons, 142 King St. W., Toronto. 63a
 Sold by reliable druggists everywhere for \$1.04 a box.
 Local Agent—J. W. McLaren.

INSURANCE

J. H. HUME.

AGENT FOR FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.
 REPRESENTING Five Old and Reliable Fire Insurance Companies
 you want your property insured call on J. H. HUME and get his rates.

—ALSO AGENT FOR—
 P. R. Telegraph and Canada Permanent Loan and Saving Co.
 Ticket Agent For C. P. R.—Ticket to all points in Manitoba, Northwest and British Columbia

THE LAMBTON Farmers' Mutual Fire Insurance Company.

(Established in 1875)
 JOHN W. KINGSTON PRESIDENT
 JAMES SMITH VICE-PRESIDENT
 ALBERT G. MINNELLY DIRECTOR
 THOMAS LITHGOW DIRECTOR
 GULFORD BUTLER DIRECTOR
 JOHN PETER McVICAR DIRECTOR
 JOHN COWAN K. C. SOLICITOR
 J. F. ELLIOT FIRE INSPECTORS
 ROBERT J. WHITE }
 ALEX. JAMIESON } AUDITORS
 P. J. McSWEN }
 W. G. WILLOUGHBY, MANAGER AND WATFORD SEC. TREASURER
 PETER McHEIRAN, Wainstead P. Agent for Warwick and Plympton.

EXECUTORS' NOTICE

NOTICE is hereby given that creditors and others having claims against the estate of CHARLES EDWARD STEWART, late of the Township of Warwick, in the County of Lambton, Farmer, deceased, are to send in full particulars of such claims together with the nature of security (if any), by mailing them to Cowan, Towers & Cowan, at Watford, on or before the twentieth day of August, 1920, and after the said date the executors will proceed to distribute the estate among the parties entitled thereto, having regard only to the claims of which they shall then have received notice.

COWAN, TOWERS & COWAN,
Solicitors for Executors,
Charles E. Lester and Charles W. Stewart,
Dated this 20th day of July, A. D. 1920.

EXECUTOR'S NOTICE

NOTICE is hereby given that creditors and others having claims against estate of AARON LEVI DOUGHERTY, late of the Village of Arkona, in the County of Lambton, butcher, deceased, are to send in full particulars of such claims together with the nature of security (if any), held by them, by mailing them to Cowan, Towers & Cowan, at Watford, Ontario, on or before the first day of September, A. D. 1920, and after the said date the executor will proceed to distribute the estate among the parties entitled thereto, having regard only to the claims of which he shall then have received notice.

COWAN, TOWERS & COWAN,
Solicitors for Joseph Willocks,
Executor,
Dated this 24th day of July, 1920.

Executors' Notice to Creditors

Notice is hereby given that creditors and others having claims against the estate of ELIZABETH MOORE, late of the Township of Warwick, in the County of Lambton, spinster, deceased, are to send in full particulars of such claims together with the nature of security (if any) by mailing them to Cowan, Towers & Cowan at Watford, on or before the 15th day of September, 1920, and after the said date the executors will proceed to distribute the estate among the parties entitled thereto, having regard only to the claims of which they then shall have received notice.

COWAN, TOWERS & COWAN,
Solicitors for Executors,
Luther Smith and John A. Minnelly,
Dated this 31st day of July, 1920.



**Eye Headaches
Need Not Be**

THERE is no need for anyone to suffer with headaches caused by strained vision. Our special lenses will cure and cure quickly. All you have guessed about your eyes may be wrong. Visit our optical department and have a thorough examination of your eyes. We can locate any existing eye trouble.

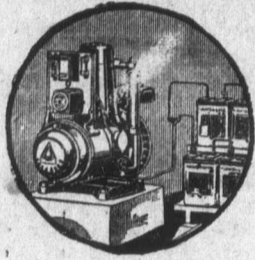
Glasses made to order.
CARL CLASS
Jeweler and Optician
ISSUER OF MARRIAGE LICENSES

Used Cars at a Bargain

1 Briscoe, in first-class condition, fully equipped and good as new.
One 1920 Ford, has only been run short while, a good bargain for a quick purchaser.
One 1915 Ford in good running condition.
One 1917 Maxwell in good running condition.
If you are thinking of buying a used car come in and see us before purchasing. We also have a full line of accessories, tires, etc.

Williams Bros. Garage

W. H. Pollard, well known in Petrolia in the nineties, died in Chicago recently after a short illness.



**EVERY USER
A BOOSTER**

Electric power saves time and labor on the farm, to say nothing of the convenience, safety and comfort of electric lights in the home and around the farm buildings. Delco-Light brings dependable electric service to any farm at low cost.

WRITE FOR CATALOG

Spalding & Morgan
KERWOOD and WATFORD

DELCO-LIGHT
"Electricity for every Farm"

SALT

We have pleasure in notifying all users that the well-known "ELARTON SALT" is now being manufactured and can be obtained either from stores in the neighboring towns and villages or direct from the works.

The Elarton Salt Works Co.
Limited
WARWICK ONTARIO
R. R. 5, Watford.
Phone Brooke Municipal 79r11.
MANAGING DIRECTOR:
MAJOR J. H. FRANKLIN

FERTILIZER

Order Now

A car of **BASIC SLAG** to hand August 1st. Farmers all know that **BASIC SLAG** is the best Fertilizer made for fall wheat, etc. No necessity to pay high prices for your fertilizer when you can secure **BASIC SLAG** for \$27 and \$30 per ton, containing 11% phosphoric acid.

Place Your Order Early

JOS. McMANUS
McManus House
WATFORD

WANT COLUMN.

FOUND—License No. 99788. Owner may have same at this office.

FOR SALE—Two barns in Warwick Village. Also democrat in good condition. Apply to JOHN HUMPHRIES, Watford.

POULTRY WANTED—Highest market prices paid. Premium paid for fowl delivered in Watford. —SILVERWOODS LIMITED, Watford. a61f

FOUND—Six Bags of Sugar, both brown and granulated, is awaiting an owner. Found in the woods, two miles east of Watford. Owner apply to J. F. ELLIOT.

LOST—A side curtain for a Ford car, on townline of Brooke and Enniskillen, or Warwick and Plympton, or between Forest and Hillsboro. Rider please notify W. J. McNALLY, Petrolia R.R.1.

BONDS FOR SALE—Dominion or Province of Ontario Bonds can be supplied at all times by J. H. HUMR, Watford. Broker and Insurance Agent. Agent for C.P.R. a61f

LIVE HORSES BOUGHT at the highest price, also injured horses.—LETT BROS., fur ranchers, lot 18, con. 13, Brooke; Rural phone 48-21. Watford P. O. Phone messages at our expense.

WORK WANTED—All kinds of repairs done to Furniture, Cabinets, etc., or Upholstered. Bring your work to me or I will call for it and give estimate. Terms reasonable. Phone 511. J. TOMLIN, Erie St.

TWO excellent farms for sale, one in Plympton containing 200 and the other in Adelaide containing 100 acres. Both these farms have good buildings on and are well situated. Other farms and some town property also for sale. Apply to W. E. FITZGERALD, Barrister &c., Watford.

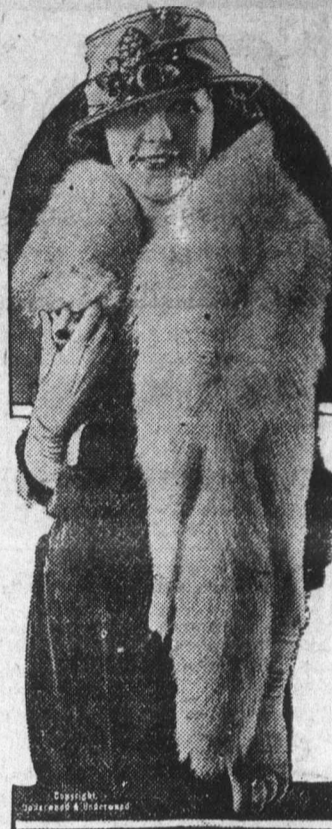
Before Your Boy Leaves Home
Have him visit ROBSON,
The Photographer,
Studio, Archer Block, Petrolia.

FARM FOR SALE

A No. 1 Agriculture Farm of 65 acres, being east half of the east half of Lot 20 in 5 Con. N.E.R., of Warwick, 2 1/2 miles from Arkona. Good buildings, 10 acres of valuable timber, good orchard, hog pen/new, also well fenced and lots of good water. Will sell stock and implements with place, also a large quantity of feed.—Apply Box 37, Arkona. a6-2t

Wm. Jackson, at one time section foreman on the G. T. R., at Wyoming, met with a tragic death at Medicine Hat recently. While inspecting a defective gas main with the city engineer an explosion occurred from which Mr. Jackson received fatal injuries.

FURS TO BE SUMMER CRAZE



Milady's spring or summer wardrobe are not complete unless she has one of these stunning white fox neck pieces.

HOW ABOUT N.E.V HAND BAG?

Series of Fascinating Loops Is Latest Style; How the Convenience Is Constructed.

And here are some plans for a perfectly delectable little example of ultra-modern tendencies in bags. It is a bead bag, this, but a most different sort of bead bag, the beads not being used in all-over effect or even in outline effect, but in a series of perfectly fascinating loops.

Judging from what you've already seen, then, you will buy your beads already strung, nor trouble yourself to unstring them. Also, you will buy them quite small, and of gold or silver, or any of the variety of colors that may suit your fancy, or, better still, your costume.

Now, this bag model begins with the usual satin or taffeta foundation, and on more or less conventional drawing bag lines. Before you even think about "drawing" it, though, mark it off with horizontal lines about half an inch apart, much depending on the size of the bag itself, though, in the first place.

For the marking, choose either chalk or conspicuously colored basting stitches. Then using these stripes as guide lines, begin at one of the bag seams, tack the end of your bead strand into place, loop it till it reaches the guide line below, then secure it about a quarter or an eighth of an inch from the first tacking.

Continuing that way all along one line, go to the line below, until you reach the bottom, where, for finish, you will use either a great tassel of the beads or a fringe of loops rather larger than those used to cover the bag proper.

Finally go back to the opening, make taut little loops all around the top thereof, and pull a heavy silk cord through to act in the capacity of draw-string.

ARE DELICATE IN COLORING

New Voile Dresses Contrast With Those of Handkerchief Linen Which Are Very Gay.

While the new voile dresses are delicate in coloring, those of handkerchief linen are very gay. The pale blues and pinks of past summers are eclipsed by the bright orange and even deep mahogany tints of this year. Organdies are introduced in these same bright shades. An orange colored organdie dress is made very much like the straight line voile dresses with the exception of a highly gathered waistline, the gathers being held in place by an inch-wide black velvet ribbon which ties as a sash. The designer has cleverly added a touch that makes this model becoming to any woman. It is the addition of a deep collar of white organdie that is much like a little cape fastening with one button in the front at a low neckline.

Linens and voiles, however, will not have the fashion field entirely to themselves this summer, although they are very important. There are beautiful cross-barred dimities of the sheerest sort—much more sheer than any that we have ever had before.

**FROM TODAY UNTIL SOLD
CLEARING BALANCE OF STOCK
in Our Ready-to-Wear Dept.**

This includes Blouses, Smocks, Middies, Gingham and Print Dresses, Bungalow Aprons, White Duck, Drill and Garbardine Skirts.

THE HIGH COST OF BUYING CUT TO CLEAR AS FOLLOWS :

WHITE BLOUSES, Regular	\$1.60	\$1.75	\$2.50	\$3.50	\$4.50	\$6.00
Reduced to	1.30	1.38	2.00	2.85	3.40	5.00

SMOCKS--\$4.00 reduced to \$2.75, \$5.00 reduced to \$4.00, \$6.00 reduced to \$4.75. Your Big Saving.

MIDDIES--\$2.00 reduced to \$1.60, \$3.00 reduced to \$2.40, \$4.00 reduced to \$3.20.

All Wash Dresses Reduced from 10 to 20 percent.

Fancy Silk Waists, Crepe de chene and Georgette, Reduced 15 to 20 p.c.

This is a **BIG DISCOUNT** as some of these lines are just in and the makers have to lose, owing to late deliveries. See what you need and come quick to **SWIFT'S**, as this stock cannot last long at these prices. All big money-makers for next season's use.

SWIFT, SONS & CO.

July and August Stock-Clearing Sale

FARMERS

Wheat Participation Certificates

The Wheat Board has announced an initial payment of thirty cents per bushel on Wheat Participation certificates, payable on and after July 20th, 1920.

Any Branch of The Sterling Bank will collect for you the amount due on your certificates. Leave your certificates at the Bank next time you are in town and we will promptly make the collection for you.



THE STERLING BANK

OF CANADA

A Bank Account For Your Wife

More and more, are the wives of today running their homes on a business basis—systematically and efficiently. Many wives have a monthly allowance for household expenses. This, they deposit in a Savings Account in The Merchants Bank—settle bills by cheque—and thus have an accurate record of bills paid. Such a business-like method also gives a woman the feeling of happy independence in having a bank account of her own.



THE MERCHANTS BANK

OF CANADA Established 1864

Head Office: Montreal

WATFORD BRANCH, F. A. MACLEAN, Manager.
ALVINSTON BRANCH, G. H. C. NORSWORTHY, Manager.

The People's Store

ARKONA

SPECIAL OFFER

in

BULK TEAS

To introduce our TEAS, we offer Bulk Teas this month at 65c per lb. These Teas are unequalled both in quality and price. Give them a trial and be convinced. We specialize in Good Teas and Coffees.

PHONE YOUR ORDERS

W. A. WILLIAMS, PROPRIETOR

Shoe Specials

NO LUXURY TAX ON THESE!

Men's Harvest Shoes --- \$3.00

Men's Oxfords -- \$3.00 to \$9.00

Ladies' Oxfords \$2.00 to \$9.00

P. DODDS & SON

Watford's Busy Store Shoes for All the Family

Many farmers use The Guide-Advocate "Want Column" regularly—for selling any stock or machinery or for securing anything they wish to purchase. The cheapest service anywhere—5 lines and under, 25c per week.

ARKONA COUNCIL

August 2nd, 1920.

Regular meeting of Council. Members present. Minutes read and on motion adopted.

Herrington—Ready, that the following accounts be paid and an order drawn on Treasurer for same.

Peter Bears, drawing gravel...	\$59.75
A. Meadows,	61.00
R. E. Wilson	39.00
	\$159.75

Eastman—Johnston, that the Keave be authorized to trim trees where they are interfering with the electric light wires of Rock Glen Power Co.—Carried.

Eastman—Johnston, that the council meet Thursday, Aug. 5th, at 7 p.m., to look over road and decide what action to take re water running off of road on to village property.—Carried.

Moved we adjourn.—Carried.

W. A. WILLIAMS, Clerk.

ARKONA

Mr. Len Irwin, Windsor, is visiting at his home here.

Eimo Curtis, Sparta, spent the week with his brother here.

Mr. Lloyd Hawkins, London, called on Arkona friends this week end.

Mr. Rich, Wilson, South Bend, Ind., is visiting his son, Mr. R. E. Wilson.

Peter Ginn, Chicago, is renewing old acquaintances in the Ark after an absence of 17 years.

Mr. and Mrs. John Hawkins, London, are spending the holidays at their summer home here.

Mr. and Mrs. Murray Jones and daughter, Detroit, are visiting their parents, Mr. and Mrs. Jos. Jones.

E. W. Cooper, Business College, Toronto, visited his grand-mother, Mrs. Jas. Hume, and other friends in the Ark this week.

The voters list for the village for 1920 contains the names of 139 voters in part one and 29 in part two. There are 44 eligible to serve on jurors.

Rev. Russell Baldwin and wife, who are camping at Ipperwash Beach, visited his nephew, Bert Baldwin, who recently underwent an operation at the home of W. J. Evans.

Mr. and Mrs. Lee Atkins and little sons, Ward and John, Mrs. Hugh Johnson and daughter, Gertrude, all of Marquette, Mich., are visiting this week at David Johnson's.

At the close of the evening Friend Canvass there will be a rally of the Methodist congregation in the church next Tuesday evening at 8.15. Every member and friend is cordially invited.

Next Sunday in the Methodist church the Busy People's Bible Class meets at 10 and at 11 a. m. The pastor's topic: "God's challenge to us." No evening service. The complete details of the Financial scheme will be laid before the people at this service. Don't miss these services.

The garden party held last Wednesday evening on the Methodist church lawn under the auspices of the Ladies Aid was well attended. The program given by the Empress Orchestra, readings by Miss Metcalfe, solos by Mr. Rossiter, all of London, was well received. Proceeds \$135.

The first Quarterly Official Board of the year met in the Methodist church last Monday evening. There were 20 present and much business was done. The following delegates were selected to attend the District meeting to be held in Petrolea, Sept. 6. Arkona—Mrs. Fred Wilson, Mrs. (Rev.) Couzens, Messrs. John Brown, Wm. Hall, and F. Lamb. Bethel—J. F. Smith, R. Hall, Jacob Cates, Harvey Vance and Will Vance. The secretaries of Religious Education elected were Mrs. F. Lamb for Arkona, Mrs. John Cable for Bethel. The Evangelistic Committee was elected. Arkona—Mrs. F. Lamb, Miss I. Brown, Miss Elvah Fuller, Mrs. F. Lamb, and Willard Eastman. Bethel—Mr. John Cable, Miss J. Vance, Mrs. Will Vance, John Cable, Henry Vance. The pastor, Rev. C. L. L. Couze, reviewed the work of God on the circuit and brought before the meeting a splendid plan for the increase of spirituality among the people. This was enthusiastically received. The stewards brought in a resolution to pay the minister \$1650 for this year and was unanimously adopted. The meeting was marked by the splendid spirit of enthusiasm and optimism.

KERWOOD

Saturday, August 7th, Kerwood Civic Holiday.

Mrs. Black is the guest of her aunt, Mrs. Geo. Mathews.

Mr. Ed. Cooper, of Toronto, is visiting friends in this vicinity.

Mr. W. Waddell and daughters, of London, called on friends recently.

Mr. and Mrs. E. Tidball and son, of Glencoe, spent Sunday at Mr. John Richardson.

Mr. S. Waite, of Strathroy, Mr. and Mrs. O. Dowling and infant son, of Port Huron, visited at Mr. G. Dowling's.

Professor H. Morgan, President of the University of Tennessee, visited at Mr. Meredith Morgan's this week.

The Oddfellows are holding a picnic on Saturday, August 7th, at Springbank. Everyone is welcome. Come and bring a well-filled basket.

The Mission Circle will meet again on Thursday for sewing at the home of Beatrice Woods. The members are urged to attend this important meeting.

Mr. Thomas Chambers is attending the Old Boys' Reunion at Highgate this week. He returned on Saturday after spending a week visiting relatives at Jeddo and Harbor Beach, Mich.

The Women's Missionary Society of the Methodist church will meet on

Thursday, August 12th, at the home of Mrs. Wm. Thompson. An interesting program will be given. A welcome is extended to all the ladies.

Upper School and Hon. Matric Exams.

The following list contains the names of the candidates in Lambton who passed on one or more parts of the Upper School examination, or who were successful in obtaining honor standing on one or more subjects of the honor matriculation examination, or both, as the case may be.

D. G. Carr, Parts 1 and 2; G. M. Cox, Part 1; S. M. Cran, Part 2; L. Fuller, Part 1; R. M. Harkness, Part 1 (Sup.); S. E. Howden, Part 1 (Hon.); M. V. Knowles, Part 1; H. Lackie, Biol. I, Chem. II.; D. J. Livingstone, Part 2; C. C. Manore, Eng., Hist. III; M. A. McGeachy, Part I (Hon.); M. J. McKercher, Part 2; K. P. Watson, Part 1.

SUMMER

ASTHMA—HAY FEVER

—sleepless nights, constant sneezing, streaming eyes, wheezy breathing—

RAZ-MAH

brings relief. Put up in capsules, easily swallowed. Sold by reliable druggists for a dollar. Ask our agents or send card for free sample to Templeton's, 142 King St. W., Toronto. Agents, all Toronto and Hamilton druggists.

Local Agent—J. W. McLaren.

Read Guide-Advocate Want Ads.

Holiday Time is KODAK Time

Cameras and Kodaks

all sizes all prices

SEE OUR WINDOW

This is your Kodak Store. Films, etc. for all cameras. Developing, Printing and Enlarging of the best quality.

SWIM CAPS

Beautiful designs and a big assortment. Made of the best quality rubber. Come in and see them today.

50c and up

J. W. McLaren

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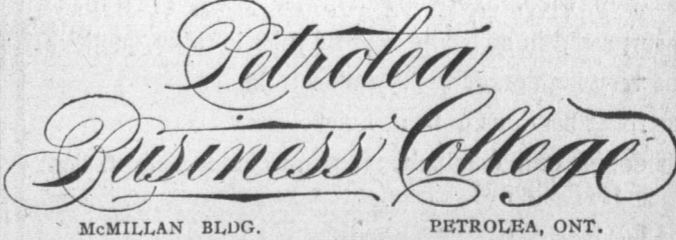
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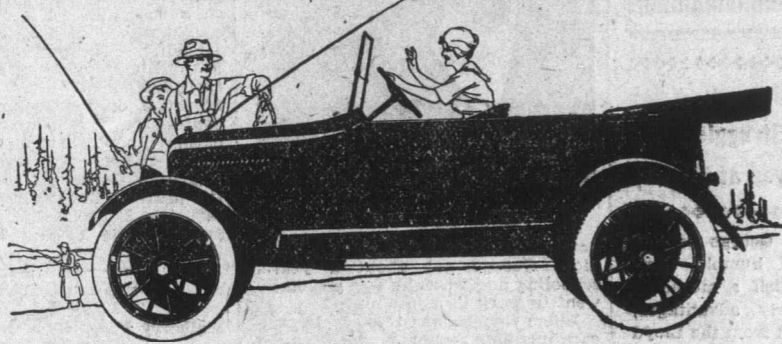
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FARM WATER SUPPLY

Attend to This as a Safeguard to Health.

Polluted Water Causes Much Typhoid
—Get Your Drinking Water Tested—Septic Tank for Sewage Disposal.

(Contributed by Ontario Department of Agriculture, Toronto.)

WATER pollution is responsible for many outbreaks of typhoid fever. This is due to the fact that the typhoid bacillus is frequently present in sewage or surface seepage with which the water supply is so easily contaminated if proper care is not taken to prevent such contamination.

Typhoid bacilli get into sewage from two sources, viz., typhoid patients or convalescents and typhoid carriers. The excreta, both solid and liquid, from such individuals is liable to contain millions of the typhoid bacilli, consequently anything that gets contaminated therewith, particularly food materials or water, is liable to spread the disease.

In connection with the water supply of towns and cities steps are usually taken by the authorities to see that seepage contamination does not occur or to see that the water is purified should contamination take place, as it occasionally does, even when great care is taken to prevent it. Frequent bacteriological analyses are made of such water supplies and these readily show the presence of sewage bacteria, should contamination occur. The water may look bright and clear and still have many sewage bacteria, including the typhoid bacilli, present in it. If these are found the water is purified, usually by chlorination.

In connection with the private water supply on the farm and in small rural communities where dependence is largely placed on wells and springs as sources of water used for household purposes, it is essential that adequate measures be taken to prevent contamination of these sources of supply.

Again and again outbreaks of typhoid fever have occurred on farms where the well or spring from which the household water is obtained has become contaminated. In such cases the trouble does not usually remain confined to the farm, as the contaminated water, when used for washing dairy utensils, milk pails and cans, and for cooling the milk is liable to contaminate the milk. Then when the typhoid bacilli get into the milk from the contaminated pails, cans,



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These records, says, they are properly made and the consumers of such milk are liable to develop typhoid. Many outbreaks of typhoid fever in towns and cities have been traced to the contaminated well water on the farm from which milk has been sent for use in such towns and cities. Hence the necessity for the strictest care being taken to prevent contamination of the sources of water supply on the farm. Should contamination occur it means danger not only for the farmer and his household but for the entire community that uses the products, especially the milk, from the farm.

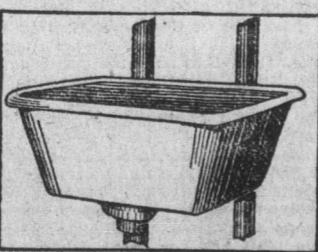
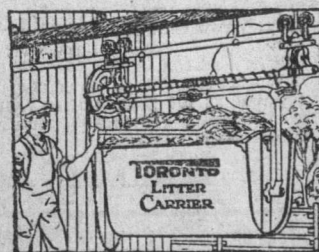
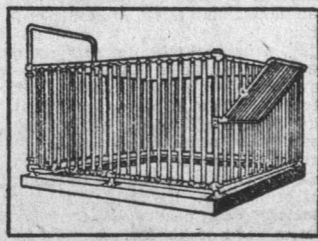
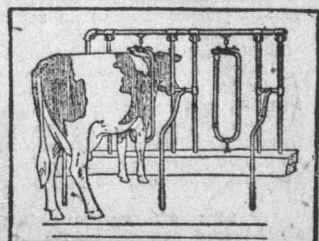
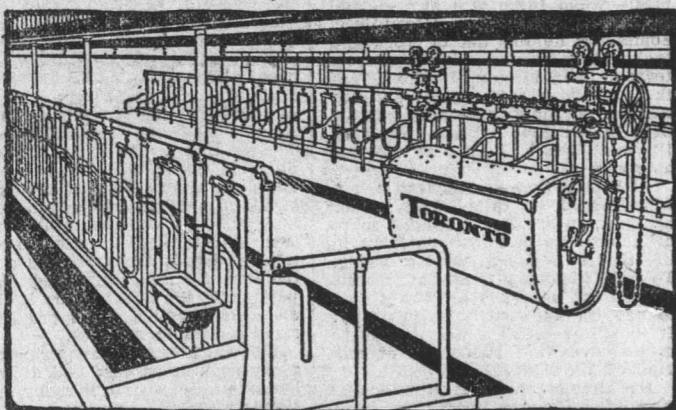
Every care should be taken to prevent surface drainage or seepage getting into the well or spring, because such drainage or seepage may contain the typhoid bacilli that have been given off by typhoid convalescents or carriers.—Prof. D. H. Jones, O. A. College, Guelph.

Septic Tank for Sewage Disposal.

This system consists ordinarily of a two-chamber concrete, waterproof tank equipped with an inlet, overflow and vent pipe, and an automatic siphon for emptying the tank of the liquid sewage from time to time, and a system of tile, called the "absorption bed," consisting of several parallel rows of 3 or 4 inch land tile laid with open joints, almost level, and shallow, and branching off from a main line of sewer pipe which connects it to the tank. For the ordinary sized home each tank should be about 3 feet square and 3 feet deep, and 150 feet to 200 feet of land tile would be required for the absorption bed. The vitrified sewer tile is best for the main and the number of them will depend upon the distance of the absorption bed from the tank.

The sewage enters one chamber by a 4-inch inlet pipe, where it is decomposed to a large extent by a certain kind of bacteria, thence in a semi-liquid condition it passes over into the other chamber through a 4-inch overflow pipe. Here it remains until a depth of about 18 inches is reached, when the siphon automatically comes into operation and discharges it in a couple of minutes into the main sewer pipe, from which it passes into the rows of tile. Through the open joints in these it escapes into the top layer of soil where another kind of bacteria completes the work of destruction began by the ones in the tank. The bacteria in the tank thrive and work best in the dark and away from the air, while those in the soil require plenty of air, hence the tanks must be kept tightly closed except for a small vent for escape of decomposition gases, and the land tile laid near the surface. The intermittent flushing of the tank by the siphon favors the bacterial action in the soil by increasing soil ventilation, the air being forced out of the soil on discharge of siphon and afterwards coming back into it pure and fresh.

If this system be properly installed it will dispose of sewage in a very satisfactory manner and without endangering the water supply. Complete plans in blue-print form for installing it may be secured for the writing from the Department of Physics, Ontario Agricultural College, Guelph, Ont.—R. R. Graham, O. A. College, Guelph.



TORONTO STABLE EQUIPMENT

Means Greater Profit

The modern up-to-date farmer makes three times the money his grandfather did. Why? Because there are inventions which make it possible for one man to do the work of six, and which increase his production. Convenient, sanitary, stable equipment increases your earnings 25%. Pays for itself. Toronto stable equipment takes the arm work out of farm work. Makes your cattle healthier, more productive. Quickly pays for itself in your increased profits.

Toronto Stalls, by making your stable more sanitary and comfortable for the cattle, will increase milk production. There are no solid partitions to keep out daylight or secrete vermin. Stables are more easily cleaned and easy to keep clean with Toronto Stalls.

Toronto Litter Carriers are great time savers. All the unpleasantness of stable cleaning is done away with. With the steel tub there is no dripping or splashing. Carries manure any distance from stables. One man can easily do the work of three with a Toronto Litter Carrier.

Toronto Stanchions are a great improvement over ordinary stanchions. They not only hold the cow in place, but give her practically complete freedom. They are easily removed both top and bottom.

Every stable should be equipped with Toronto Water Bowls. If your cattle are to pay, fresh water should be continually within reach. The shape and size of Toronto Water Bowls permits easy access. They are built to withstand the greatest strain.

Toronto Bull Pens are made of the strongest steel tubing. This tubing is further reinforced with high grade Malleable Castings. Toronto Calf Pens are equipped with stanchions for feeding. They may be opened separately or all together. It is impossible for an animal to hurt itself in these pens.

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At the first sign of illness during the hot weather give the little ones Baby's Own Tablets or in a few hours he may be beyond aid. These Tablets will prevent summer complaints if given occasionally to the well child and will promptly relieve these troubles if they come on suddenly. Baby's Own Tablets should always be kept in every home where there are young children. There is no other medicine as good and the mother has the guarantee of a government analyst that they are absolutely safe. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

School Reports

Report of promotion exams, S. S. 13, Brooke. III to IV—Margaret Lucas, Kathleen Burns. I to II—Janet Hewitt, Hazel Griffith. Primer to I—Humina Lucas, Gerald Swan, A. COWAN, teacher.

Report of promotion exams for S. S. No. 9, Brooke. Jr. IV to Sr. IV—Alma Johnston, Gladys Zavit, Orville Shugg. Sr. III to Jr. IV—Edna Dolbear, Beatrice Shamblaw, Clayton Chittick, Kathleen

Annett, Clifford Edgar. Sr. II to Jr. III—Cecil Dolbear, Gerald Chittick. I to II—Vera Johnston, Harold Annett.—A. C. MITCHELL, Teacher.

Report of promotions of S. S. No. 17, Brooke. Entrance—Lena Healy (honors), Verlie Williamson, Buelah Saunders. Jr. III to Sr. III—Fred Kidd, Ada Coristine, John Rundle. II to III—Raymond Kidd (honors), Goldie Lucas, Elsie Coristine. Easter promotion, Primer to I—(Norma Kidd, Victor Kidd) equal, May Shirley, Garnet Rundle. GERRARD LUCAS, Teacher.

Report of promotion exams of S. S. No. 8, Warwick. Those marked with asterisks have attained honors. Jr. IV to Sr. IV—Edgar Sitter, Grant Evans. Sr. III to Jr. IV—Harold Dunlap*, Wilbert Eastman*, Cecil Dunham, Harold Evans. Jr. III to Sr. III—Vera Fitzsimmons, Gordon Dunlop. II to Jr. III—Jean Butler*, Leona Butler*, Eldon Smith*, Alice Wambaugh*, Fred Harrington*, Lawrence Benedict*. Jr. II to Sr. II—Hettie Percy, Leonard Sitter, Evelyn Cochran, George Wambaugh, Alma Dunlop. I to II—Dean Percy*, Franklin Muma*, Mary Wambaugh*. Primer to Jr. I—Evert Butler*, Russell Dunham*, Harry Wilson, Donald Harrington, Margaret Wambaugh. E. A. STONHOUSE, Teacher.

British Labor Leader

**Had an Uphill Struggle,
But He Arrived at the Top**

THE fact that George Barnes, the son of humble work people, himself a mechanic without early advantages, who recently resigned from the Lloyd George Cabinet, became a British Cabinet Minister, is no longer remarkable. British politics has instances like it aplenty. The peculiar distinction of Mr. Barnes is his high order of administrative ability. He cannot make a brilliant speech like Tom Mann. He is not a born agitator like Bob Smillie. He has no personal charm like John Burns. He is no leader of men, like "Jim" Thomas. George Barnes has not even a nickname. He is a plodding, unobtrusive, self-effacing and solidly respectable workman, simple, domesticated, even pious. He is an administrator with a capacity to make official ma-

chine work smoothly, silently, cheaply and with speed.

George Barnes, we read in the Yorkshire Post, is a Scot, although he does not reveal his origin in his accent. His father was a Scottish mechanic. His mother was the daughter of a mechanic. She was a pious woman, reared in the strictest notions of the "kirk," and she took pains to see that her son George—who was born at Lochee some sixty years ago—should know the Bible. The parents of young Barnes roved about the British Isles because the father of the family worked in machinery that had to be set up in mills here and there. Before George had reached the age of ten he was quite a traveler. He had to subsist in dire poverty, his mother cutting



GEORGE BARNES.

down his father's old clothes to fit him. George got about a year's schooling and when he was eleven he went to work in a jute mill.

When George was thirteen he was earning fifty cents a week in a Dundee knitting mill. The conditions under which he had to live and labor were those of the slum and the insanitary yarn-house. Until he was nearly fifteen he lived in a factory hell.

The parents of young Barnes had contrived to save a little out of their joint earnings, and George was bound apprentice to an engineer when he had attained the age of fifteen. For the next five years he was dependent upon his father and mother, for his own earnings were nominal. He stuck to his engineering and lived on oatmeal—when there was any—and tea. He often went supperless to bed. Sometimes he was out of work and took to wandering the highway from town to town, sleeping by the side of the road with the gypsies and the tramps. His only companion was the little Bible his mother had given him. His mother is still alive at a venerable age.

Although George Barnes is not what would be called "clever" or brilliant, in spite of his keen sense of humor, he had learned early in life that he stood in need of study. To make his difficulty all the greater, he was not naturally alert, not able to acquire knowledge with facility. It took him many a weary hour to master even the rudiments of any kind of knowledge.

He attacked the French language sturdily, but being unable to afford himself a teacher, he had to pronounce it as it is spelled, with an English effect that lingers to this day. His originally defective memory was trained to a degree of niceness and accuracy which make it a marvel to-day. His supreme discovery in his rambles through the wilderness of London's bookstalls was the "Progress and Poverty" of Henry George. He resolved to specialize in the study of economics. He read Mill and the sociology of Spencer and Carlyle, and on the eve of his introduction to the world of trade-unionism was a convinced radical.

The rise of George Barnes in the world of British labor was a slow one. He had to be content with doing the drudgery of the secretaryship and with keeping the accounts. He had the quiet plodding efficiency of the hard worker. Until his advent in the trade union world, collective bargaining was a happy-go-lucky thing. The administrative genius of this Scot evolved a working arrangement that keeps all parties to a dispute within bounds. Another great achievement was economy in the management of trade union funds, in which he devised a system of strike benefits and strike assessments that has spread all over Great Britain. Barnes is deemed a sort of financial wizard in the trade union world.

It looked for a long time as if George Barnes could not get into the House of Commons. He tried and tried without success, because he could not strike the imagination with a speech. However, some fourteen years ago he was chosen by a Glasgow labor constituency and he came to the front of a scene

FREQUENT HEADACHES

A Sure Sign That the Blood is Watery and Impure.

People with thin blood are much more subject to headaches than full-blooded persons and the form of anaemia that afflicts growing girls is almost always accompanied by headaches, together with disturbance of the digestive organs.

Whenever you have constant or recurring headaches and pallor of the face, they show that the blood is thin and your efforts should be directed toward building up your blood. A fair treatment with Dr. Williams' Pink Pills will do this effectively, and the rich, red blood made by these pills will remove the headache. More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment, and you may be troubled with insomnia, neuritis, neuralgia or sciatica. Muscles subject to strain are under-nourished and you may have muscular rheumatism or lumbago. If your blood is thin and you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills, and as the blood is restored to its normal condition every symptom of the trouble will disappear. There are more people who owe their present state of good health to Dr. Williams' Pink Pills than to any other medicine, and most of them do not hesitate to say so.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

Barnes lives with his wife and children — one of his sons was old enough to lose his life in the war — in a small flat in a cheap London neighborhood on a scale of extreme frugality. The one ambitious room is the library with its books and its reproduction of great masterpieces on the walls, for George Barnes will confess that if he were rich he would gather about him a collection of works of art.

George Barnes is summed up in the press of Great Britain as a conservative labor leader. He gives no anxiety even to the Tory London Post.

SILK CULTURE.

Mulberry Trees Give Owners a Rich Return.

Canada and the United States import annually from China, Japan, Armenia, France and other sections of the globe, nearly \$500,000,000 worth of silk. And every precious pound of it might be had within its own domain with enormous profits to American producers.

It is estimated that an average acre of wheat is worth about \$50, including the straw. A half-acre of cotton is worth about \$100, including the cottonseed that comes from it. But a properly cared for five-year-old acre of "silk" trees (mulberries) is worth \$1,000 in silk production.

Improved mulberry trees, kept pruned back, grow hardly higher than one's head and yield large quantities of leaves for the silk worms to feed upon. Modern, scientifically-bred super-silk worms, twice the size of the old oriental species, have been induced to weave 18 fast colors, instead of only three—cream, yellow and white — which was the limit of their ancestors. With these two essentials so highly improved, as a contributor to the illustrated World points out, the silk industry is placed on a footing that bears promise of rapid strides in America.

Silk culture, while requiring some study as well as care and attention in feeding the worms, is really rather simple after all. Improved mulberry trees are planted about 15 feet apart, making nearly 200 to an acre. If kept pruned back, a one-year-old tree will produce from five to ten pounds of leaves; a two-year-old tree from 15 to 20 pounds; a 3-year-old tree from 35 to 40 pounds, and a 5-year-old tree from 175 to 200 pounds of leaves. The life of the trees extends up to 500 years, but they are at their best when between 25 and 50 years of age.

An acre of one-year-old trees should feed enough worms to produce \$100 worth of silk. An acre of five-year-old trees, properly kept, should grow enough leaves for worms to make a thousand dollars' worth of silk in a season.

Worms from an ounce of eggs will eat about 2,000 pounds of leaves and produce from 150 to 200 pounds of cocoons—pure silk.

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