

Hard at it: Newfoundland's Bucket Truck slam the Marquee with trademark energy. See pg.15

photos by Robin Kuniski

Halifax Bible Church Pastor makes more enemies

Pastor David Brown sets up shop in front of angry protestors

BY AMY DURANT

Students walking past the Dalhousie Student Union Building (SUB) early Wednesday afternoon met with people protesting an open-air sermon held by Halifax Bible Church pastor David Brown.

While the discussion was

reasonably small at first, the group quickly became boisterous.

Brown, accompanied by his wife, passed out fliers - complete with a picture of a hammer and sickle - denouncing the Dalhousie Student Union (DSU) which he claims is "controlled by special interest groups" "The Student Union is

driven by the need to appease certain minority groups," said Brown. "It's protecting their human rights, and shattering our own"

Brown says that while his Church is controversial, it's not hateful. "What we say is enough to

debate," he said. "It's enough to have disagreements with'

Several students stopped to hear what Brown was preaching from his pedestal while others walked by in disgust. One student refused the flier Brown handed to him calling it "hateful literature".

Shortly after this refusal, Brown commented that people are generally very open to hearing his ideas

The attention on Wednesday, however, was not all supportive of Brown.

"I didn't really appreciate the way he called everyone sinners," said Brady Highway, a second year environmental science student. "We came by at first to see this guy on the pedestal, I called my friends over and said you gotta see this. But how can you really appreciate any of this? He's just going off at the mouth'

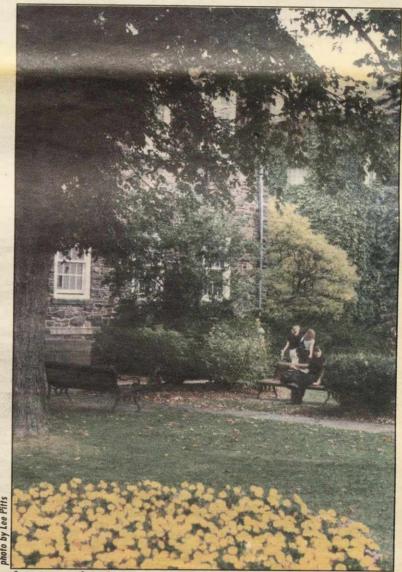
Brian Kellow, Executive Vice-President of the Dalhousie Student Union (DSU) says Brown does not belong on campus.

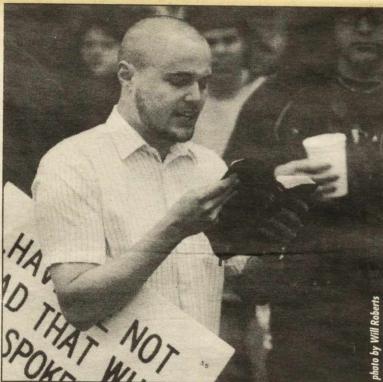
"The DSU has a role on campus, we represent over two hundred societies," said Kellow. "They all foster a climate of tolerance. We're founded on

respect. There's just no place for him'

Brown, it seems, doesn't

continued on page 3





Sermon on the box: Pastor Brown spreads the harsh word

Federal throne speech hints at education initiatives

BY CHRIS BODNAR

OTTAWA (CUP) - The federal government's latest throne speech gave little attention to post-secondary education funding and is being blasted by opposition parties for meddling in provincial affairs

Education initiatives announced in the speech included added funding to federal researchgranting agencies, expanding Canadian university research in the field of genetics, climate change and advanced engineering, and the creation of 21 research chairs at Canadian universities.

The Liberal government also announced plans to increase corporate business links with universities.

Few details were given in regard to any of the education plans

The speech didn't mention additional funds for federal transfer payments for education, nor did it announce any further commitment to student funding, such as the Millennium Scholarship Fund announced in the 1998 federal budget.

"I think that what they have to do is increase the transfer payments to the provinces," said Elsie Wayne, a Conservative Party MP.

"It's the provinces who are in control of education. They're the ones who set up the programs. It shouldn't be dictated from up here, it should be negotiated with the provinces, working with them."

The Liberals have cut \$7

continued on page 3

Sunny, sunny days: Summer sights fade Dal campus dritts into tall

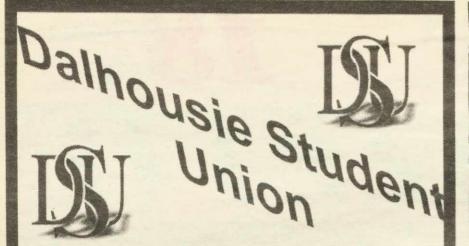
Computer Science building opens **Reviews** mixed

BY KATIE TINKER

After various delays and a month and a half of going to classes in every available empty space on campus, computer science students now have a building they can call their own.

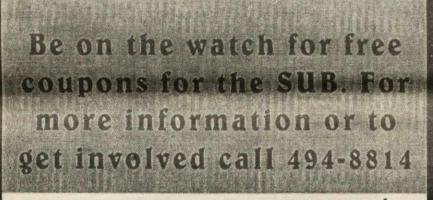
The new Computer Science building officially opened its doors to students on Tuesday October 12. Though some say the building is not without its flaws, everyone agrees that having their

continued on page 3



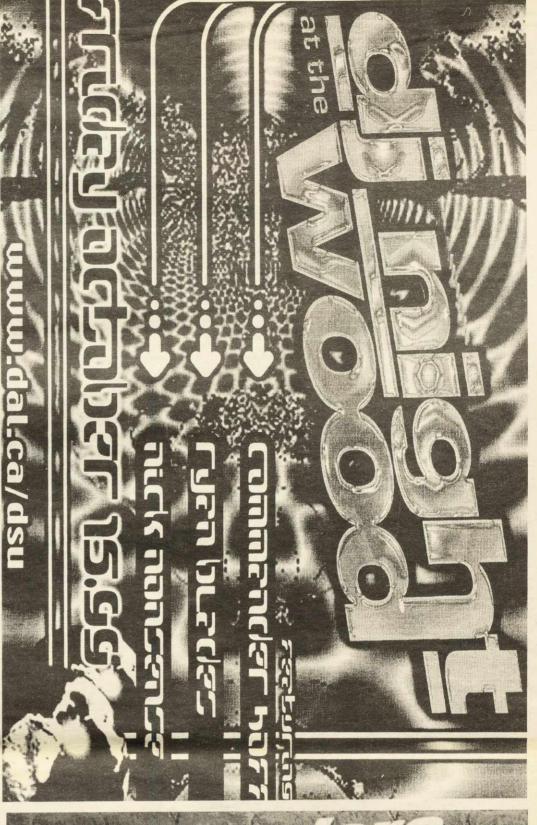
DSU Annual General Meeting Wednesday, Nov. 17 7PM SUB Greenroom

The DSU Wants You! Awarness Campaign



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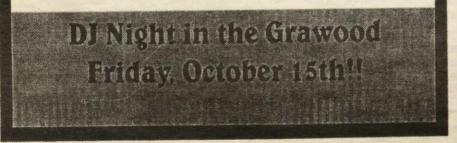
Society Round Table Wednesday. October 20 6pm In the McInnis Room of the SUB. All society presidents. vice-presidents and treasurers must attend. Call 494-8814/1278 for more information.

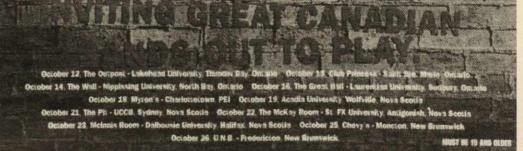


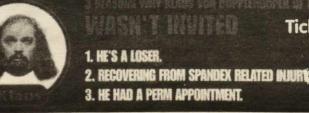
THE REALT

matthew good band

DSU Council meeting Sunday, Oct. 17 at 1pm at the Alumni Lounge in the A Building of DalTech!!







Tickets on sale @ SUB Info Desk & HMV

October 14, 1999

Pastor makes enemies

continued from page 1

belong very many places. The YMCA on Gottigen Street, where his Church meets every Sunday has recently revoked his rental license at their facility.

June Saunders, General Manager of the community YMCA noted that "space is needed for our programs. My concern is that we rent to groups that uphold our views . . . what he's preaching is not open." said Saunders.

Both Saunders and Kellow say they have received several complaints from their respective communities.

'He attacks a wide ban of our members," said Kellow. "A lot of people have said they're not happy with him around . . . he's a hate-monger. It's sounds harsh, but he's a fool"

Brown disagrees with the DSU, saying he has a right to exercise his freedom of speech. opinion on controversial topics". One of Brown's beliefs

which received the most response was his take on feminism.

"I think feminists are anti-Christian. I think they're anti-humanity,"— Pastor David Brown of the Halifax **Bible Church**

> "I think feminists are anti-Christian, I think they're antihumanity," said Brown. "[Feminism is] pseudo science, it's selective anthropology. Like many of their Goddesses, it's a myth".

> Patty Thompson, Director of the Dal Women's group and members of her group reacted to Brown's comments with picket signs and chants.

"It's totally wrong," said Thompson.

Brown also made an attack on the Dalhousie Chaplaincy, saying that comments made by Dr.

"It's not hateful. It's just our Paul Friesen of the Chaplaincy were "...lies, ridiculous and absurd." He also referred to the Chaplaincy as liars, saying that they had manipulated information on the history of Christianity.

The Dal Chaplaincy office responded to Brown's comments, which they feel are misled.

'I think he's being unwise and he's being immature," said Dr. Paul Friesen of the Chaplaincy office.

Brown responds to such criticism of his Church with anger and denial

When approached by Kellow and a Dalhousie Security officer and told to refrain from putting his literature in the student union building, Brown called Kellow a fool and denied putting his fliers anywhere on the campus.



News

Pastor Brown (left holding sign) and his wife (forground centre) attempt to bring their message to the people.

Despite repeated requests by the DSU to stop coming to Dalhousie, Brown has made appearances outside almost weekly, each time gaining a larger audience.

About an hour after he

arrived at the SUB, Brown stepped down from his pedestal and began to pack up, promising the people around him he would be back next week.

With files from Donna Lee

Computer Science building opens

continued from page 1

own building on campus is a huge improvement over previous years, when the Computer Science faculty was housed in the Maritime Centre on Spring Garden road.

"We used to have to travel up to a mile and a half between classes" said William Hody, a Computer Science student and past president of the Computer Science Society.

'There's been a bit of griping about why the building isn't ready yet. But when you look at computer science, this is our first permanent home. Even when we weren't in the new building, we were actually in a better position than when we were in the Maritime Centre."

Most other computer science students said they were pleased with the new building.

"I think it's great," said Mark Lamey. "I like the openness about it. Everything's visible, everything's accessible to everybody.

Lamey says he's particularly happy not to have to run around campus tracking down temporary classrooms any longer.

"It's been a bit of a hassle, trying to figure out where people are located. I didn't know anything about the building not being ready until I came to actually register, and saw a big sign ... it

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was kind of a shock."

One student said she has safety concerns regarding the computer labs.

'Instead of big computer labs they have little pockets of 3 to 4 computers," said Catherine Hanus

"The panel of designers wanted it that way - they wanted people in smaller groups.

But Hanus says she doesn't think the panel thought the decision through enough.

"The thing is, they had all men on the panel. But all the women I've talked to prefer larger computer labs, because they feel safer in larger groups, especially at night.'

Carol Serroul is the current president of the Computer Science Society.

"It's been a long process," she said.

"Moving in during the middle of the term has been a bit confusing, and we've all had our share of mix-ups."

Aside from the delays, Serroul says she has a few complaints about the building itself.

"Like anything, it's not perfect," Serroul said. "We could do with a little bit more undergraduate space, say, an undergraduate lounge. But it's much better than we were, it's a drastic improvement. It's nice to have our own space, and it makes us feel

more like a community."

Bill Lord, of Facilities Management, has been involved with the construction of the new building from the beginning. He says the delays, while unfortunate, are not completely unexpected.

"We always thought there would be a chance of not meeting the deadlines," said Lord, citing various factors from the difficulties of getting building permits under the new Halifax Regional Municipality, to delays caused by winter weather, to the fact that the planning team had "fast-track", or design as they went, in order to get the building done as quickly as they did

Lord also adds that if they'd tried to speed the process up any more, they would have run into heavy costs.

"We were already working a lot of overtime and weekends. If we'd pushed it faster, it gets very, very expensive, and we would have just gone over our budget. We felt it was important not to.'

Nicola Embleton-Lake, Projects Coordinator for the new building, says even with the deadline pushed back, it was an exhausting effort to get everything ready for the students by Tuesday.

"Too many people have been working too many long hours to get ready," she said. "But it's been well worth the effort, and we've got a nice home to show for it."

Federal throne speech

continued from page 1

billion dollars in post-secondary education and training since taking office in 1993.

This has opposition members asking why the government is directing its funding to specific research grant initiatives rather than giving the money to provinces for distribution.

Constitutionally, education is a provincial responsibility.

Bloc Quebecois Leader Gilles Duceppe said that by giving money to specific research initiatives rather than through transfer payments to the provinces, the Liberals are attempting the control how provinces spend money on education.

Meanwhile, Libby Davies, New Democratic Party education critic, said the speech gave no indication that the government will move to lower student debt load.

"The speech was hugely disappointing because it completely failed to address the reality of a crushing student debt load," said Davies. "This shows how



The Throne Speech: tonight's entertainment on Adrienne Clarkson Presents

Robinson says the CAUT welcomes any new funds for humanities research that may be given in the increases to research funding.

But Minister of Human Resources and Development Jane Stewart defended her government's record on post-secondary education initiatives.

"I think that when you look at the strategies towards research and investment, the 21 new chairs to be placed in our universities, that's an area that the country does depend on. I think it's an extraordinarily piece from the speech from the throne," said Stewart. Meanwhile, the Association of Universities and Colleges of Canada (AUCC) sees some hope for education as an issue of importance in the upcoming session of parliament.

page 3

removed the government is from the general public."

Some university representatives were equally lukewarm about the government's plans.

"I find it somewhat hypocritical that a government that has cut back transfer payments says it has made it easier to save for their children's education and created more accessible education," said David Robinson, director of Public Policy for the Canadian Association of University Teachers.

"Now we have increasing ties between corporate interests and public education," he added. "As far as technology is concerned in the speech, I'm not against promoting it, but for what purpose? It's not clear to us. If you wire all the classrooms, who controls the technology?"

'We always welcome the emphasis on research in universities," said Sally Brown, AUCC senior vice-president. "We believe that universities are key pillars to carrying out the initiatives of this speech.'

Brown says the need for strong post-secondary education institutions, as outlined by the Liberal's speech, will give added bargaining power going into the next federal budget.

"We see this as an opportunity to put our agenda forward," said Brown.

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Sunday, October 17, 1999 10-11:30am

• Wrap up celebrations with a Family Skate at Dalhousie Memorial Arena



National News

THE GAZETTE

Universities increasingly relying on corporate money

BY SIMON GLEZOS AND MIKE COX

VICTORIA (CUP) - A recently released Statistics Canada report says Canadian universities are increasingly reliant on student and corporate money.

The report, which compares university revenue between 199498, shows government grants and contracts have decreased by 13.3 percent, while revenue from student fees is up 29.6 percent.

Non-governmental grants and contracts have also risen by 20 percent.

Overall, university revenue across Canada was up 4.5 percent. In British Columbia, where

AIR

THE

the provincial government has frozen tuition since 1995, government grants and contracts still provide more than half of university revenue.

But there is still an increased reliance on students and corporate fees.

In B.C., tuition and other student fees account for 16.3 percent of revenue, while nongovernmental contracts, donations and sales provide a combined 27.5 percent of university revenue.

The statistics anger student leaders who say the federal government should be paying for post-secondary education, not students or corporations.

"Now it's a case of who's the richest and whose pockets are the deepest," said Summer McFadyen, University of Victoria Student Society (UVSS) director of finance.

McFadyen says tuition fees should only be a minor part of university revenue, and that government education cuts leave universities open to corporate sponsorship.

"Corporations want to influence the research at universities," said Summer, pointing to McGill University where Sony has a representative on the curriculum committee because of the donations made to the music department. "It's all about the control of knowledge, research and learning.'

Rob Fleming, the Canadian Federation of Students (CFS) national executive in B.C., said corporations place limits on a university's freedom.

"The danger with corporate sponsorship is that eventually the strings attached get stronger and stronger," he said.

Fleming also stressed the importance of increased federal government funding so universities aren't reliant on tuition as a major part of its revenue.

The StatsCan report also provided a breakdown of university spending.

Salaries and benefits constituted the majority of university spending, though they have dropped from five years earlier.

Canadian universities also showed an increased allotment of funds to scholarships and bursaries, which accounted for \$314.2 million, up 43.1 percent from 5 years earl, er.

CASA tells Ottawa to restore provincial transfer payments

BY LEIF LITTLE

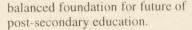
WINNIPEG (CUP) -Preparing for the launch of their national education campaign later this month, the Canadian Alliance of Student Associations is asking

annual

students to help them in their lobby efforts.

general meeting

At all of CASA's 17 member campuses, which Dal is a part of, students are being asked to sign posters with a brick wall motif, symbolizing a strong and



CASA will present the signed posters to federal Members of Parliament on October 20. The organization will also officially launch its Education Builds a Nation campaign on that day as part of its national conference, being held October 18-22 in Ottawa.

University of Manitoba Students' Union President Steven Fletcher is a national CASA board member

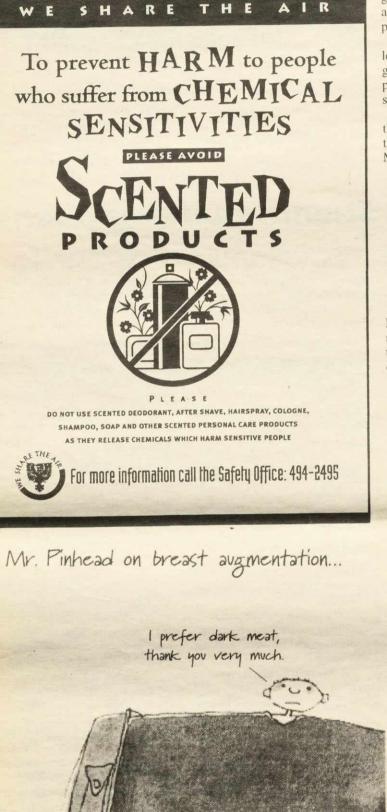
He says the new campaign will pressure Ottawa to boost transfer payments to the provinces

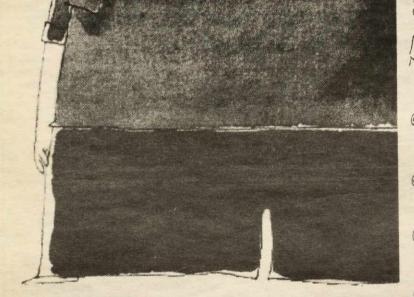
"The U of M is a member of CASA, so the goal would be to lobby for increased transfer payments [to] the provinces so the provinces can spend more on university education," he said.

CASA is a coalition of 17 student unions and associations, representing 280,000 Canadian post-secondary students.

John Duford, CASA's government-relations coordinator, believes the federal government should increase transfer payments to the level they were a decade ago.

"We'd like to have the Canadian Health and Social Transfers restored to the early '90s level," said Duford. "We [CASA] call for \$4 billion over the next two years. We feel that \$4 billion is a satisfactory number to get things back on track." Duford says CASA's October national conference will give student leaders an opportunity to address federal politicians. Federal Minister of Finance Paul Martin will be attending, along with finance critics from other part, es. Representatives from the millennium scholarship fund will also be speaking at the conference, as well as representatives from Canada's major banks. Student leaders will be paired up with individual MPs to discuss post-secondary issues. In addition to the restoration of transfer payments, the Education Builds a Nation campaign calls for interest relief on student loans, the removal of GST on textbooks, and the elimination of discriminatory inter-provincial tuition fees.





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THE GAZETTE

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October 14, 1999

Puly Piveting

A new

intrepretation to the sinking of the Titanic

BY LAURA CLENCH AND KRISTA COLLINS Long has the human aspect of the sinking of the titanic been explored in stories, songs, and movies. On October 7th at 8 p.m. in the Rebecca Cohn auditorium, William H. Garzke, Junior Chairperson of the Marine Forensic Panel of the Society of Naval Architects and Marine Engineers, gave a riveting lecture on the lesser-known aspect of the sinking of the Titanic; the physical reality of the event.

SCIENCE & ENVIRONMENT

Arguably the foremost authority on the titanic, Garzke spoke for a little over two hours to an interested crowd. Using overheads and video clips, Garzke presented his lecture titled "Exploring the Titanic: A new interpretation", the third and final lecture in the annual Killam lecture series. Although this year's lecture theme, Spirits in the Material World, was not evident throughout Garzke's presentation, he was nonetheless an expert orator.

Maneuvering through topics associated with marine forensics, such as techniques and analysis, the importance of witness testimony in corroborating physical evidence and the contributions of advanced science, not to mention findings and conclusions as to what really caused the Titanic to sink, Garzke held audience attention well.

Garzke dispelled the popular myth that the Titanic stood nearly perpendicular to the ocean's surface while sinking. Recent advancements in marine forensics indicate that its actual elevation was only between eleven and fourteen degrees.

Forensics have also shed light on the fact that the Titanic did not sink due to a puncture hole, but rather due to some poor quality rivets. As Garzke explained, the collision with the iceberg caused the heads of the rivets to pop off. This happened relatively easily due to the poor quality iron of the rivets. This poor quality also contributed to the rivets being unequipped to handle the stress of the collision. Rivets were then lost, causing the seams of the hull's steel plates to separate, and the vessel to take on water. There were also miniscule cracks around the rivet holes which formed when the steel was drilled while cold, which further weakened the ships integrity.

Other interesting points discussed by Garzke included the fact that the resulting gash in the titanic measured only 110 feet, contrary to the 300-foot gash that comprises popular belief. Also, the actual flooding was not a continuous event, but was a period of decline and stability before the final onslaught of water.

This highly technical lecture was also peppered with almost anecdotal tales that included the baker who sent bread to the lifeboats, the lying witness and the lax lez dership qualities of Captain Smith. These tales of human nature, however, could not compare to the image created by Garzke of this massive 'unsinkable' ship literally coming loose at the seams, ripping apart and finally sinking.

Overall, Dalhousie was extremely fortunate to have such an exemplary expert as William H. Garzke. His presentation was informative, entertaining and received appreciably. It would be an honor to have him return.



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Check out a complete listing of participating bars the third Thursday of each month in **The Chronicle-Herald**

A look at genetically engineered foods

BY DANIEL MCKILLOP

The presence of marketed foods that have been altered or improved genetically has fueled a debate of great passion on the part of both supporters and doubters.

The sides of the debate which grab much of the media attention include radical protesters ferociously certain of their position, as well as overzealous experts who militantly defend their faith in science. However, despite the controversy, no law currently exists in North America that requires the labeling of genetically engineered foods. Moreover, genetically engineered products that are already in Canadian stores are mixed with non-engineered foods, which are also unlabelled.

Genetically engineered yeast, enzymes and additives can be used to produce baby food, fruit juices, beer, sugar, bread, and many other processed foods. Genetically engineered corn can be used in carbonated beverages as a corn sweetener, as well as in corn oil, cornstarch, virtually all sweetened products and corn meal products including cereal and potato chips.

Genetic engineering is unlike any previous strategy in history for improving the human food supply, including selective breeding. It is a technology that involves altering physical traits in organisms through a direct transfer of hereditary material that has been manipulated outside of the cell. This fairly recent advancement in technique and knowledge gives scientists an unprecedented freedom in experimenting with novel organisms, that are the direct result of industrial inventiveness. Although the potential benefits of harnessing this power are great, biotechnological corporations and other research centers should proceed with caution.

For instance, some corn plants have been engineered to produce a toxin (B.t) designed to kill the corn burrowing insects which feed on the plants. This toxin is unfortunately also fatal to the caterpillars of moths and butterflies, and may threaten the regional ecosystem as a result. The Bt toxin contains a microorganism called Bacillus thuringiensis, and, like any corn pollen, is blown by winds from the corn plant and onto other surrounding plants, namely the milkweed on which caternillars

depend. According to lab tests done by entomologists at Cornell University, nearly one half of the monarch caterpillars that consumed milkweed leaves dusted with B.t. corn pollen died, whereas nearly no deaths occurred among those that ingested normal corn pollen. The U.S. Endangered Species list names nineteen species of threatened or endangered butterflies and moths.

Moreover, the are inherent dangers in engineering any population that is genetically monocultural, making it much more susceptible to the destructive intrusions of parasites and viruses than more diverse populations.

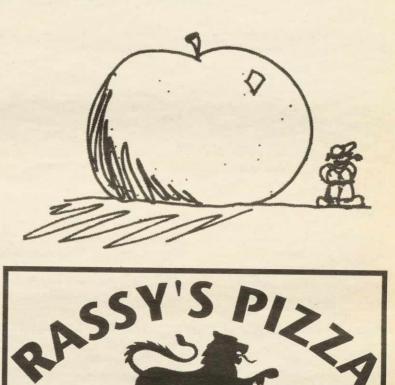
As well, patents of engineered products necessarily gives more ownership and control of crops to corporations and far less to the farmers who work the lands. According to some supporters of the Canadian-based organization known as R.A.F.I. (Rural Advancement Foundation International), the struggle for control of food production between companies and workers is a more serious issue than the actual genetically engineered products themselves.

One patent in particular has fallen under harsh scrutiny in

recent years. Coined by R.A.F.I. as the "terminator," the patent involves an engineered sterile seed and is jointly owned by the U.S. Department of Agriculture and Delta & Pine Land Co. (a subsidiary of Monsanto, the world's leading biotechnology corporation). In order that Monsanto protect its investments in genetically-improved crops, this particular seed sold to farms has been made sterile, forcing farmers to repurchase the seed every year. The problem is that 1.4 billion farmers in the world (mostly in Africa, Asia and Latin America) depend on saved seeds as a crucial resource for better crop yields and for minimizing cost. However, as of the 4th of October, Robert B. Shapiro, chairman and C.E.O. of Monsanto, issued a letter to the Rockefeller Foundation claiming that the so-called "terminator' seed will not be sold. R.A.F.I., and others opposed to this patent hope that the company will follow through with this promise.

Recently, a meeting of a newly-formed group called C.E.A.G.E. (the Coalition for Education and Action in Genetic Engineering) was held. They are a Halifax-based group that is actively uniting various provincial and national organizations in order to establish common positions on the subject of genetically-engineered foods. They are struggling to convince the government of Canada to change the national policy of labeling genetically engineered food, and are even arguing that a morato-

rium be placed on genetically engineered products until more tests are done to ensure that all food on the market is safe for the environment and for human consumption. They are also planning a panel debate this coming year on this topic, which will involve five differing viewpoints from various experts followed by a question period.





WANTED:

The whereabouts of these environmental activists I have heard so much about. Where are they when an editor desperately needs writers? Is this not the perfect forum to put out your environment message?

If you see anyone who seems to care about the earth, humans and animals, please send them to SUB 312, preferably during *Gazette* meetings on Monday afternoons at 4:30. (Although anytime is acceptable as beggars cannot be choosers!)

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THE GAZETTE

October 14, 1999

Why drinking champagne makes me giggle

I'm not quite sure when it first happened.

To tell you the truth, I don't even know if I could pinpoint a distinct moment, or whether it's just been a realization over

time. All I know

is that I looked around one day and noticed the change. (This is

where I'm supposed to have some funny one-liner that makes everyone laugh and sigh in relief that they haven't roped themselves into reading one of those horrible "serious editorials").

Sorry.

The thing I've realized, this frightening knowledge that has kept me lying wide-eyed and awake some nights, is that we are growing up.

I know it sounds a little weird. I know we've been growing up now all of our lives. Constantly looking upwards and ahead of ourselves. Setting goals and expanding our horizons.

But I guess I just looked around that day and saw that I was absolutely surrounded by mature people. (Not to say that we weren't mature when we went to J.J's every Wednesday night, timing our entrances perfectly with power hour, far from it).

There isn't a definition of a grown-up and there isn't a right or better way to get to that point of maturity. There isn't a birthday you can mark as your "entry into adulthood

It happens at different times for everyone

What I'm finding though right now is that it's happening for a lot of people here.

All of these people are planning their careers and their futures and they're even achieving some of the goals they set out to do in the past.

Maybe you've all been doing that for the past three years, and I'm just only now starting to think about life. I have always had ideas in my head about where I

want to be in the future, what I want to be doing. And then the next week I

would always think of something better.



But now it's exciting to think about the future. So many times I have found myself wondering about where I will be and what I will be doing in five years time. Not only that, but also where I will choose to be and what I will choose to be doing.

Some of us are here for different reasons. Some of us loved the thought of going to Dal. Some of us followed someone else here. Some of us came here because it's just what's done when high school ends. Some of us have known (and oh god I so wish I belonged to this group) since we were five what we wanted to be when we grew up.

No matter why we decided to come to university, we are all here and one way or another we

will all leave this place. You either choose to check out other things than university life or you will make the decision to remain here.

And that's a part of growing up. You're making decisions for yourself.

But it's frightening to realize that you're in this position of power and control now. There are so few days left of dependence on other people. And then there is the pressing knowledge that you are making decisions that will affect your life, not just your evening out.

I don't know when it started for me and when I'll be able to say "I'm past the point of giggling everytime I drink champagne" and I don't know when it'll start for you

There are benchmarks, though, and celebrations that make us feel as though we're one step closer to becoming who we are

Some friends have told me about this symbolic tradition that occurs all over Britain. When someone turns 21 they are given a key to open the door of life. The key is in your hands.

Amy Durant

The Gazette will elect a new **Board of Directors**

If you are interested in becoming a member of the Board of Directors, come to the Annual General Meeting, Tuesday the 19th October at 6pm in Council Chambers, SUB



THE DALHOUSIE GAZETTE Volume 132, no. 6 editorial board

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OPINION **Fishing for rights**

History shows that fishing treaty should be upheld.

The recent dispute over native fishing rights has raised questions about the constitutional rights of natives, as well as the impact that unlimited native fishing will have on fish and lobster stocks in Atlantic Canada.

But in order to understand the conflict it has to be looked at from an historical perspective in terms of the way natives have been treated by the establishments that govern Canada and the way governments have reacted when natives have attempted to assert their rights.

First, Canada is a land supposedly built upon consensus. When the British came to North America, they brought doctrines hailing the rule of law and respect for all persons. And, while the British subjugated several cultures around the globe during the era of colonialism, they had two compelling reasons to extend this "rule of law" to Canada's indigenous population: France and America.

The threat of French interests and the threat of Manifest Destiny, an American dream that envisioned the United States as the sole governor of North America, created the need for a standing British army in Canada - and if the natives could be brought on side, all the better.

So the British signed treaties granting natives special rights in exchange for their support in warding off the Americans and the French. What the natives were never told is that the British never intended to follow through with their sides of the contracts. Once the border was secured, the true intentions of governing Canadians showed through. The land supposedly "guaranteed" to natives became less and less, and the indigenous culture that was to be preserved by treaties was attacked practicing an indigenous culture was discouraged, and in some cases, such as that of Northwest Coast tribes in British Columbia, was outlawed entirely.

In fact, the treatment of Northwest Coast tribes shows the true intentions of the British. It is an especially telling case because there was little threat to the British on the west coast - America was kept at bay by the Rockies and the French showed little interest. So, the British outlawed the potlatch, the ceremony that symbolized the strength and togetherness of native communities. Many signs of native culture — art, totems and languages, among others were outlawed as well. Links to that heritage exist today only because many natives practiced the culture and language secretly. All of this was done in the name of "progress" The Northwest Coast case is

one where natives weren't needed to advanc : or protect the British cause. But what about those native tribes that were needed? What about the treaties they signed?

We could say natives were too trusting of the British. Or maybe they felt Britain was the best alternative of the three factions competing for their land. We could even argue that they were poor deal makers - after all, the treaties required the natives to put up their end of the bargains first, with the British coming through in the end. However, as a society that respects the rule of law and the honoring of treaties and contracts above all else, we cannot argue that the treaties should not be respected simply because the British thought they could pull one over on natives.

And that brings us to 1999. The ruling that allows Mi'kmaq and Maliseet natives to fish unlimited quantities is the upholding of one of those treaties that was never supposed to be honored. And, while natives have welcomed the news, it couldn't have come at a worse time. Fish stocks are depleted, and fishermen all over the place are losing their jobs due to years of overfishing and mismanagement by the government and the fishermen themselves.

And that might be the case, but that's not what angers most people.

What really gets people is that natives used the system created by the white establishment, went through the proper legal channels, and were granted rights guaranteed to them under our constitution. Rule of law, that crazy Supreme Court believes, applies to minorities as well.

The argument that natives shouldn't be allowed to fish whatever they want due to conservation concerns is simply a smokescreen. Most native communities have been holding public meetings with fishermen about responsib'e quotas and how they will police their members. But that has not appeased the fishermen.

As far as I'm concerned, natives don't have to appease anybody

After all, who depleted the fish stocks to nothing? It wasn't the natives. It was non-native fishermen. If these non-natives are so concerned about fish stocks, I ask them to accept responsibility for their actions and - now this is radical - stop fishing. It is wrong to place the blame on natives - and even more wrong to deny their rights as a way of correcting the mistakes of others

contributors

Mark Evans • Nicole Villeneuve • Fredrick Vokey • Alison Capstick • Amy MacDonald Greg McFarlane • Laura Clench • Krista Collins • Joel Marsh • David Fox-Procenko • Damiel McKillop

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All submissions must be typed double-spaced on paper, e-mailed, or on a Mac or IBM 3 1/2 inch disk, in a WP version not greater than Word 6.0 or equivalent. The deadline is Mondays at 4:30 p.m.

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GREG MCFARLANE.

Comments? email your comments to: gazette@is2.dal.ca



October 14, 1999

Taking back the night: an insider's perspective

VANCOUVER (CUP) -On Saturday, September 25, one of the first really cold evenings of that month, a diverse group of women from all over Greater Vancouver gathered in front of the Vancouver Art Gallery to "Take Back the Night."

The apparent agenda of Take Back the Night is twofold: first, it is a symbol of women reclaiming the streets that, according to those in attendance, are currently unsafe.

Secondly, it confronts the issue of violence against women in general, and seeks to offer security and support for those women who suffer because of violence

This annual rally is for women only and is publicized as a protest of male violence against females. Because of these two features, it has evoked ambivalence and sparked controversy among both men and women.

My own ambivalence towards the rally's agenda specifically concerning the level of safety in the streets of Vancouver - placed me clearly on the political periphery.

I don't identify with a need to reclaim the night, and my lack of affinity with the cause made me feel like an impostor and an outsider. I have only occasionally felt afraid on the streets of Vancouver, and am not afraid of men or the night.

Perhaps my rose coloured glasses will be violently removed, perhaps not.

When a male acquaintance of mine walked through the budding rally and questioned me on its purpose, the woman beside me replied angrily, "So that a woman can walk the streets of Vancouver without an escort."

I silently wondered how it could be that two women's experiences in the same city could be so disparate.

So, feeling more a spectator than a participant, I was genuinely curious to discover what life experiences bound these many women of all ages, classes and races together.

Many of the women present were organized in groups, while carrying placards and banners upon which indignant messages were written.

Among them were those one might expect: Men must stop rape now, Rape is not sex, Equal pay now, Child Care, We are not afraid, and a puzzling, Nice men rape too.

Still other declamations seemed to be fragments of arguments that were curiously out of place: Censorship is not the answer, Censorship is nonconsensual, and Strip-searching anywhere, anytime, is sexual assault.

These various statements

exhibited the fact that many agendas and beliefs were being represented, connected only by the loosely knitted fabric that forms the women's rights movement.

40 minutes into the cold night, the speakers appeared and gave coherence and voice to this crowd

When the final speaker, the feminist writer and activist Andrea Dworkin, addressed the crowd, I realized why men aren't invited and why they shouldn't be. This rally was a show of support for women in need on their own terms, which is the only form that true support can take.

Take Back the Night is about solidarity, support and selfdetermination for all women especially those who are currently marginalized.

But unfortunately, Take Back the Night is not by all women or for all women. Dworkin spoke of her experience

living on the street, how she was degraded and exploited by poverty and the system that promotes it.

She decried the chasm existing between women living on the street in poverty and those who live in relative privilege; I was a testament to that fact. She complained that

organizations supporting women in need are understaffed and underfunded, and encouraged women to support one another with volunteer hours and money. 'No women are free until all

are free.'

This must be true, and when poverty, race, and circumstance divide women to the point where the genuine struggles of some are misunderstood and belittled by others, then surely the women's movement has a long distance to travel.

Submit your

Sarah Isaacs

The plight of the First Nations

TORONTO (CUP) ---

Sherman Labelle, 17, of Stoney First Nation Reserve in Alberta, tied a belt around his neck and hung himself in May of last year.

A tragedy of our system, he entered a child welfare ward at 13 and was placed in six different foster homes over four years.

A teenage alcoholic, he attended regular alcohol treatment sessions but had to stop when the centre closed because of allegations of sexual abuse by staff members.

And when supplemental treatment programs were initiated, tribal chiefs claimed they did not have sufficient funds to sustain them

Despite annual revenues of over \$50 million, not only do the residents of Stoney Reserve no longer have these treatment centres, but many are forced to live in sub-standard housing. Moreover, the community suffers a 90 percent unemployment rate, while only 55 out of the 3,300 on the reserve have acquired a highschool diploma.

The reserve's three chiefs, meanwhile, collected \$450,000 in tax-free income in 1997.

And to make matters worse, government representatives have been accused recently of turning a

desperately needed to offset the false security and protection that gangs offer.

However, it is still an uphill battle

The justice system in Canada is just beginning to take a hard look at the interaction between government leadership and Native Canadians

In 1997, Alberta Provincial Judge John Reilly condemned tribal leaders and government officials by ordering a full-scale inquiry into reserve conditions.

The Alberta Justice Department responded by scaling back the scope of the investigation, while the federal Department of

Indian affairs hired an accounting firm to manage band finances and investigate the accusations of corruptions.

But it is not in the best interest of government departments to publicize the underlying problems that have led to Labelle's untimely death.

As long as Indian Affairs are involved, the issues may never be resolved.

Reilly asserts that crimes against the natives should be prosecuted - including those committed by their own leaders. He also believes there

should be some assurance that proper education and health

programs are provided. Ultimately, he believes that Indian Affairs are an integral part of the problem and should be abolished.

Is the answer the abolishment of reserves? Since 62 percent of Canada's aboriginal population is under 29, a new generation is quickly coming into their own.

Many have left the reserves to compete in the white world and are coping with acquiring skills to exist in a larger society.

What does the future hold for them? Is there even time to assure them of one? Only time will tell

Lisa Gardner





blind eye to the misappropriation and mishandling of money and services that should have been used to prevent the tragedy.

For example, in 1996, between royalties and government funding, approximately \$30,000 was made available for every resident on the reserve. But due to financial mismanagement the money was never allocated.

This type of mismanagement has left a legacy of hopelessness for young people, resulting in a suicide rate 10 times the national average.

The poorly funded educational programs have caused children to lack a sense of identity. In this chaotic space street gangs prey on kids that grow up in impoverished and dysfunctional situations. Inspiring native mentors and role models are

Spring Garden Road is a wacky place with a head full of chemicals. Stick to the sidewalk for your health and safety.

Not the time for empty-chair politics

MONTREAL (CUP) — Can you smell it? That heady spicy scent wafting through the atmosphere is the by-product of youth groups across Quebec burning the midnight oil.

They're preparing for this February's summit on Quebec and youth, to be held in Quebec City.

Young people across the province are putting their heads together to decide what kind of issues they want explored, so that once and for all we can eliminate the social and economic exclusion that is the daily reality of Quebecers who are under 35.

Some youth groups have even wizened up to the old "strength in numbers" credo and formed an ad hoc coalition called Concertation Jeunesse (Concentrated Youth). But one group is missing. Concordia University's Student Union (CSU) and its ally, the Quebec contingent of the Canadian Federation of Students (CFS-Q), have decided not to participate.

In fact, they're part of a group calling for the summit's cancellation.

The 21-member organizations of Concertation Jeunesse, whose only anglo voice comes from Alliance Quebec's youth wing, decided it was in their best interest to present a common front to the government.

Their demands so far seem to revolve around a broad range of youth concerns — education, suicide and integration into the labour market, to name but a few. But what about Concordia

DALHOUSIE UNIVERSITY Faculty of Graduate Studies Senate Review

The Dalhousie Senate is conducting a regular review of the Faculty of Graduate Studies. The purpose of the review is to improve academic activities and provide information for planning, budgeting and other decision-making processes.

The Senate Review Committee for Graduate Studies (chaired by Dr. Raymond Klein, Department of Psychology) is seeking information from all interested parties and is open to your comments and concerns. Faculty of Graduate Studies faculty, staff and graduate students (current and graduated) are particularly invited to participate in the review. Written submissions are welcome. Appointments can be arranged to meet with the Senate Review Committee and/or two external reviewers (who will be on campus from Monday, October 25th to Wednesday, October 27th for a site visit).

Any person or group wishing to meet with the Senate Review Committee and/or the External Reviewers is asked to contact Michele O'Neill as soon as possible.



Michele O'Neill Office of Institutional Affairs Life Sciences Centre, Rm 1336 Phone: 494-2328/Fax: 494-2001 E-mail: michele.oneill@dal.ca students? What do they care about? As it stands, no one at the summit will ever know.

This is not a good thing, given that the whole exercise is supposed to help the government create youth policy.

No CSU or CFS-Q means no one at Concordia will have their say on what should be done to ensure a viable future for young anglophone and allophones in Quebec.

It is my understanding that members of the CSU and the CFS-Q believe the summit to be a sham, a public relations exercise that will result in little more than rubber stamping a pre-determined government agenda.

They prefer to advocate through more activist means, such as student strikes and occupations. Fair enough. Individuals are allowed to have their opinions. It's a free country.

In fact, I must confess to a particular soft spot for activists. They have the courage of their convictions.

But the CSU is mandated to act in the best interests of Concordia students. At this point, I do not think that a boycott fulfils that mandate.

It is premature to accuse the government of acting in bad faith. It has made sure that the eight members of the youth summit's four working groups are equally divided between the young and the more senior members of society.

The proposed themes of employment — knowledge and training, social equity, and opening Quebec to the world are more than reasonable. And more importantly, young Quebecers are being asked to come up with the summit's content.

The results of the preliminary consultation will be in by the end of November. That is why it is vital that Concordia students have the opportunity to contribute. If anyone has problems integrating into Quebec society, it is the anglophones and allophones who walk these halls.

Moreover, we need to benefit from the strength in numbers that comes from the Concertation Jeunesse common front. Political alliances are crucial to our future in this province. Ctudent solidarity proved highly effective in forcing the government to freeze tuition rates. Imagine what 22 provincial youth groups could do if they put their heads together.

The CSU and the CFS-Q must sit down with Concertation Jeunesse and try to find common ground.

Let's wait until November to see if the preliminary reports reflect the real concerns of youth. If they don't, then it will be time to consider other action.

Now is not the time for the politics of the empty chair. The CSU and the CFS-Q owe it to present and future Concordia students to make an effort to work within the .system on our behalf.

It is only when these efforts have proved fruitless that other means should be considered.

We deserve to have a prominent seat at the summit table.

We deserve to be heard.

Kim Fraser

Chuck Wagon By CHARLES LACERTE

Cooking is not rocket science, anybody can do it. With the aid of recipes, you can create great dishes. You should choose recipes you feel comfortable attempting, since some require more experience than others. For successful dishes, you should read the entire recipe first. Make sure you understand all the steps and have all the ingredients and equipment. Now is when some understanding comes into play. If it is an older cookbook and it calls for pints, check to see if it is an American publication since their volumes (16oz) are less than imperial (20oz)

measurements. The extra liquid you add can alter the cooking time and end result.

The actual oven temperature is a larger factor in baking. The oven temperature could be different than what the setting is, so instead of buying a thermometer, pay attention to your actual

SHEPPARD'S PIE

1	8" square pan
2	Ib potatoes (peeled and cut)
3/4	cup diced onion
2	cloves garlic minced
1-1/2 lb	ground beef
4	tablespoons barbecue sauce
1	cup corn
1-1/4	cup milk
2	tablespoons butter
salt and p	epper to taste

cooking time and adjust your oven temperature accordingly. Some ingredients can be substituted for others depending on your taste and budget (chicken thighs for breasts, peanuts for macadamia nuts) realizing that every change makes the recipe yours and less the authors.

However, some such as eggs, are important and necessary for moisture and leavening. To remove for cholesterol reasons is not a good idea. If your results come out differently than the accompanying picture, do not be dishearted since they generally are arranged by professional food stylists and photographers. One last point is that not every recipe in every book has necessarily been tested. The recipe was created and in theory, good results should occur.

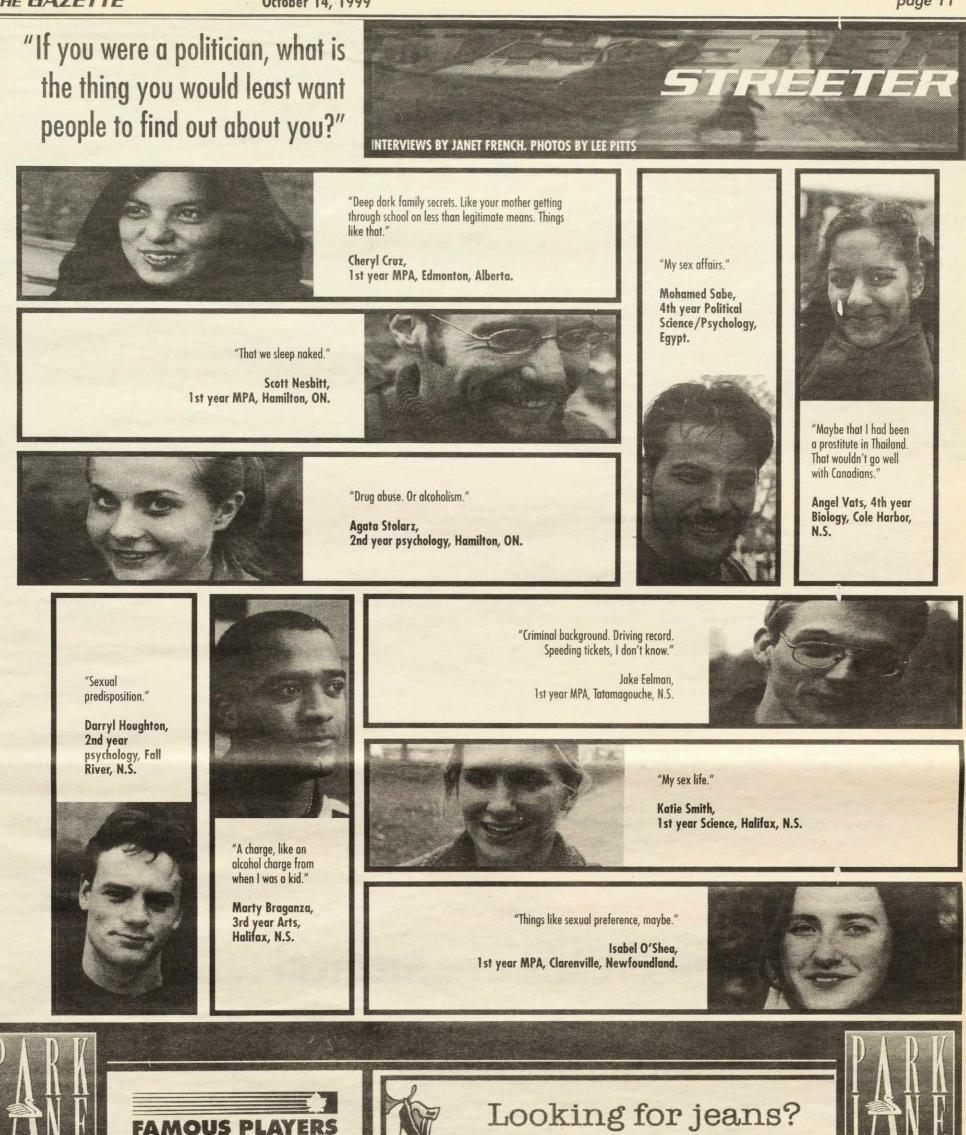


Place potatoes in a pot covered with water, add salt and boil until cooked. Place 1 tablespoon of butter in a frying pan on medium heat. Add onion, cook until soft (2-3 minutes) add garlic, cook another minute. Add ground beef, salt and pepper, cook until meat is done. Drain excess fat and add barbecue sauce Place in pan and top with corn. Drain cooked potatoes and mash, add remaining butter, milk, salt and pepper, mix until well combined. Place on top of corn in pan. Bake at 350F for 30 minutes, let rest for three minutes then serve. Can be accompanied by salad.

Annual General Meeting Tuesday the 19th of October at 6pm in Council Chambers, SUB FREE PIZZA All are welcome. Must be a Dal student to vote. THE GAZETTE

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Superstar (AA) Fri. & Mon. - Thurs. 7:40, 9:30 Sat. & Sun. 2:10, 4:10, 7:40, 9:30

Random Hearts (AA) Fri., & Mon.- Thurs. 7:10, 9:50 Sat. & Sun. 1:30, 4:15, 7:10, 9:50

Double Jeopardy (AA) Fri. & Mon.- Thurs. 7:30, 9:55 Sat. & Sun. 2:00, 4:30, 7:30, 9:55

American Beauty (AA/MSM/SC) Fri. & Mon.- Thurs. 6:50, 9:20 Sat. & Sun. 1:50, 4:20, 6:50, 9:20

Sixth Sense (PG) Fri. & Tues. - Thurs. 6:45, 9:00 Sat. & Sun. 1:40, 3:50 Mon. 9:00pm only

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Listings for Oct. 15 - 21 only. Park Lane movie line 423-4598 Matinees, & Mon. - Thurs. evenings \$5.75, weekend evenings \$9.

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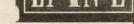
Mystery Alaska (AA/CL) nightly 9:10pm only

Blue Streak (AA) Sat. & Sun. 1:10pm only

Three Kings (R) Fri., Mon., Tues., & Thurs. 7:20, 9:40 Sat. & Sun. 3:30, 7:20, 9:40 Wed. 9:40 only

Fight Club (R) Fri. & Mon.- Thurs.7:00, 10:00 Sat. & Sun. 1:00, 4:00, 7:00, 10:00

Cargo pants?

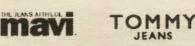


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In the heart of Spring Garden Road.

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THE GAZETTE

October 14, 1999

Degrassi reunion brings international fan base

"I mean, back in the 1980s, what other teen drama featured skinheads, punks, and goths as main characters? You did not see teen-pregnancy, suicide, or child molestation addressed on Saved by the Bell."

BY STEFAN DUBOWSKI

TORONTO (CUP) — Remember Degrassi? The sometimes painful and often poignant television show about a group of teenagers who attended the fictional Degrassi Junior High, and later Degrassi High?

Sure you do. So does Natalie Earl. The difference between you and Earl, though, is a few thousand kilometres. She was living in California when she saw her first episode of Degrassi Junior High.

And, unlike Earl, you probably don't feel a passion to stroll through the "real" hallways of Degrassi — the show was filmed at Toronto's Centennial College.

Earl, however, has a strong Degrassi drive. So strong, in fact, she helped organized a conference this past summer at Centennial that saw some of the show's stars come out of retirement.

"The convention basically evolved out of the Degrassi Web Ring websites and the Degrassi Digest Mailing List," wrote Earl in an email interview.

"Fan participation became so high that we decided to invite the mailing list subscribers to a party in Toronto."

Earl and her cohort, Mark Aaron Polger, rented Centennial's Bell Centre — the building where the show was shot — for an afternoon.

The event was pretty amazing, considering it was organized by someone who wasn't even in Canada when they first saw the show.

But unbeknownst to Canadian teens, Degrassi made a splash down south via KCET, a public television station in Los Angeles which aired the shows.

"Degrassi was relatively obscure in the United States," wrote Earl. "However, Americans are brain dead when it comes to educational programming. Degrassi was sort of a cult alternative against American fodder such as Beverly Hills 90210. "I became an obsessive Degrassi fan because it was the only program that portrayed teenagers in a realistic and gutsy sense. I mean, back in the 1980s, what other teen drama featured skinheads, punks, and goths as main characters? You did not see teen pregnancy, suicide, or child molestation addressed on Saved by the Bell."

One Degrassi website said 90210 was largely based on the Canadian classic.

The author claimed Fox Television courted the makers of Degrassi for some time, but when Fox discovered it couldn't tamper with the show's hard-edged formula, the company decided to make their own teen drama instead.

In other words, we can thank Degrassi for Brenda, Brandon, et al.

When Degrassi High went off the air in 1991, Canadian fans got their fix from Degrassi talks, a talk show based on the trials and tribulations of the average teenEarl had to be more creative.

"I spent years trying to find information about the show at the library and on the Internet," she wrote. "Then in 1998, when the episodes went into syndication on Showcase Canada, TRIO Network in the United States, and on Australian Broadcasting Corporation, the fans developed a revival on the Internet."

This revival has sparked new debate about 10-year-old episodes, and even includes new adventures, written by fans with an awful lot of time on their hands, for the attendees of Degrassi.

Unfortunately, the revival has also dragged some interesting characters out of their desk chairs and into the light.

While Degrassi stars have always had to deal with a certain amount of attention, some fans crossed the line between fanaticism and terror. In September, the Toronto Star reported that former Degrassi star Sarah Ballingal had been stalked by an Australian fan for a number of years.

This mess made it difficult for Earl to get in contact with other Degrassi members for their reaction to the convention.

Polger, Earl's partner in organizing the convention, shed some light on the situation.

"I think the Degrassi stars probably want to keep their privacy," he wrote in an email. "This was a show that was on so many years ago."

"[Yet again] there is such a large fan base in the USA, Australia, Israel, and of course Canada, be cause the show was so realistic, and entertaining at the same time. Kids seemed to click with it, understand it."

While neither Earl nor Polger would stalk a former Degrassi star, Earl has her eye on the show for her own, devious purposes.

"Ultimately I want to develop my own television series that is very similar to Degrassi."

A day in the life of a medical resident

BY VANESSA OWEN

Dr. Michel Samson, Dr. Trefor Nodwell and Dr. Roy Cheung are three of Halifax's brightest up-and-coming surgeons.

They are residents at the Queen Elizabeth II Health Science Centre.

The road to becoming a

it all over again. The people with Ph.D's that I talked to had reservations. Some even said, in hindsight, they would have made other choices. There are so many options available to you in medicine, a lot of independence."

The others agree. "I love medicine," added Dr. Nodwell, a first year general surgical resident. "I feel such

times that I get so tired. Like now, I haven't slept in over 35 hours. I feel waves of leaden heaviness coming and going."

But Dr. Samson says it is possible to juggle a demanding career and still have a family. "Of course you always hear

about the stereotypical surgeon that neglects his family. But really, having a family is possible. It takes planning and hard work, you just have to set your priorities.' There are other drawbacks that sometimes can come too close to home. "I once had a guy call me at home," said Dr. Nodwell. "I was doing a rotation on the psych ward and he had been a patient of mine. I have no idea how he got my phone number, especially on that floor. He was threatening to kill himself and made threats against me. It was pretty scary." The average surgeon goes through 12 years of intense training, including residency, before being able to open a private practice. That is on top of any fellowships or sub-specialties they may partake in, which can add two or three more years onto the training time.

In such a training-intense program, the bond and comradeship of the residents is paramount. They support and succour one another. Dr. Cheung details one of his experiences.

"I was on call when one of our nurses was struck and killed by a car last summer. I was completely shocked. I had seen her on rounds only a couple of and quips are common. Each speciality makes light-hearted humor at another. Dr. Nodwell relays his favorite joke, "How many surgeons does it take to change a light bulb? None. They would wait for a suitable donor and do a filament transplant."

The future holds endless possibilities and opportunities for each of these young men. Halifax

Doctor is a long one. It takes brains, dedication, a large time commitment and a lot of money. The average medical school graduate has in excess of \$80,000 in student loans, depending on which school you attend. This does not include residency tuition.

"It is really expensive to go to med school," said Dr. Cheung, a second year, ear, nose and throat resident. "They even charge you tuition when you are doing your residency."

So why the appeal?

Dr. Samson, a fifth year plastic surgery resident explains. "I decided on medicine after talking with some of my colleagues at the university. Every medical doctor I talked to loved what he was doing and would do passion for my work."

There are many positive aspects of being a doctor. Not the least of which is the ability to help people and improve their quality of life.

"The best part, to me, is the interaction with people," said Dr. Samson, "We have the ability to give [the patients] high level care. Even though the procedure is pretty routine to the surgeon, it is spectacular to the patient."

But, as in every profession, there are some drawbacks. According to Dr. Nodwell, the time commitment and fatigue is something the residents' face on a daily basis. Lack of personal and family time is another.

"I work between 80 and 100 hours a week. It definitely cuts into my personal time. There are hours beforehand. It was hard, but everybody was so supporting and we were all there for one another."

In the middle of the emotional intensity of the hospital, humor is readily available in large doses. Cracks about the hospital food are abundant. "Man, that is where they really getcha. The food, it is friggin' bad, " said Dr. Cheung.

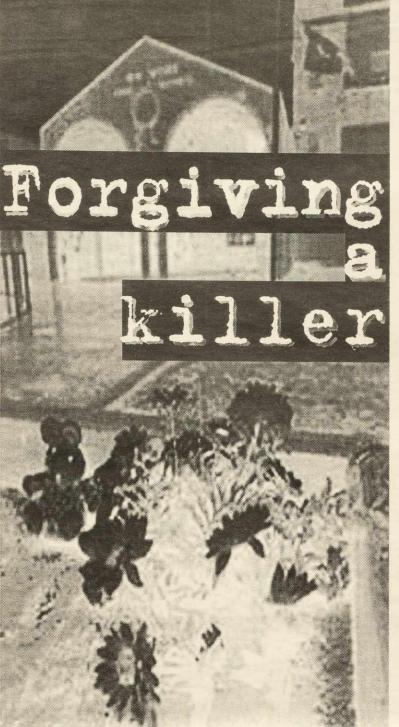
Also professional witticism

is but a stepping stone in their medical careers.

Dr. Nodwell sums his future up nicely, "I am not going to be a world class researcher, you won't see my name published anywhere, but I am really good at what I do, and I am only going to get better as my training continues. I will have a practice that is able to help a lot of people and improved the quality of ; heir lives."

I work between 80 and 100 hours a week. It definitely cuts into my personal time. Like now, I haven't slept in over 35 hours."

October 14, 1999



A father forgives his son's murderer

BY CHRIS MILLER

EDMONTON (CUP) — When Dale Lang found himself embroiled in what he called "every parent's nightmare" after his son was killed in the Taber high school shooting last April, he admits he felt anger — but only for a moment.

The University of Alberta Convocation Hall was nearly full last week as people listened to Lang tell his story and speak of the importance of learning to forgive others.

His son Jason was killed in a shooting at W.R. Meyers High School on April 28, 1999, only a week after 13 people were gunned down by a pair of armed students at Columbine High School in Colorado.

Lang and his wife had just returned home shortly after 1 p.m. when they received a call telling them their son Jason was in the hospital.

The two parents had been out shopping for a present for their oldest son's birthday, and, as they drove to the hospital, they had no idea that one son's birthday would be the day another of their sons would die.

"In a million years, no one could have convinced me, even after [the Columbine shooting], that my son would have been shot in the hallway of his high school," Lang told the audience.

When he and his wife learned their son didn't survive the wound from a bullet that struck him near his heart, Lang said he felt "a twinge of anger."

The anger quickly dissolved into sorrow.

Focus

"As the day progressed," he recalled, "nothing ever came back in terms of anger into my heart."

Despite the tragedy of losing his son, Lang spoke evenly and softly as he related the events of that day.

He told the audience that his Christian faith has helped him and his family through their loss.

"God has been gracious to us all through this time," he said. "He's been able to hold us up so we don't fall apart."

Lang believes part of the reason there was a shooting at the Alberta high school was because the shooter had been taunted and ridiculed while he had been a student there, filling him with hurt and anger that eventually exploded into violence.

"[Anger] is a place of being trapped. If we try to stuff it down inside ourselves it will fester there," Lang said. "We have to get rid of those things in our lives. We're not meant to carry that kind of weight and that kind of anger."

He told the audience anyone can find freedom from anger.

"If you're here today and have felt the pain of being hurt, God is saying to you, 'You don't have to live with that.' God will set us free."

After the shooting, Lang and his wife stood on the spot where their son had been shot, and spoke with students at the school.

"We just began to hug those people who came over to talk to us. We knew we needed that. What we didn't realize was how



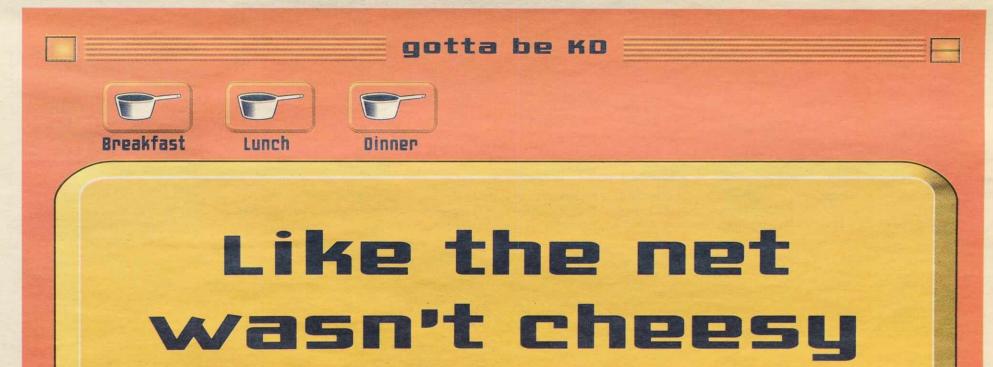
Surviving death and anger: Dale Lang (top) and son Jason who was slain by another student on a shooting rampage at his high school

much the kids needed that," he said. "It was God's love being spread through human touch. I believe God wants to hug us all."

Although they still live with the pain of their son's loss, Lang said they ε 'en't interested in seeing his killer punished, but instead pray for him.

Lang says he would like to meet his son's killer someday.

"I want to be able to say [to him], 'I forgive you and God forgives you, and wants to heal the hurt in your heart,"said Lang.





Focus

Canadian for a grand Refugees forced to cough up coin to live in Canada

BY JESSIE CLARKE

page 14

Canada is warm and welcoming to refugees.

Many of us would agree with this statement, even in light of the negative public response to the recent influx of Chinese migrants on the West Coast. It is a statement our government would also like Canadians to believe.

Relative to many countries, Canada has an open and progressive refugee policy.

Some critics argue that Canada's refugee policy may even violate the United Nations' Universal Declaration of Human Rights and Convention on Refugees.

The source of this harsh criticism is a little-known fee charged to all refugees and immigrants seeking landed immigrant status in Canada. The Right of Landing Fee is \$975, and it must be paid by every person over 19 seeking landed immigrant status.

Canada is the only country in the world which charges these fees to refugees as well as immigrants.

Since this fee was first charged in 1995, revenues from newly arriving Canadians, both immigrants and refugees, have increased from \$134.4 million to \$363.2 million.

Newcomers arriving in Canada in 1993 paid \$460 on average, only one third of the \$1526 fee faced by today's new arrivals.

The shameful secret behind the immigration system's rising revenues is inspiring political action from a wide range of individual Canadians.

Stephanie Connolly, president of the Victoria University Students' Administrative Council, and Rebecca Dolgoy, a student commissioner at the University of Toronto, are two such individuals who are taking an interest in the rights of immigrants and refugees.

The two student leaders have been inspired by the plight of

their friend Charles Conteh, a World University Service Canada (WUSC) sponsored refugee student at Victoria College.

Conteh, like all WUSC refugee students, automatically received a Canadian government loan of over \$2000 to cover his landing fee and transportation costs.

Conteh described how he believed he would be given extra time to repay the loan, since he was a student.

"I was shocked when I had a conversation with one of the immigration officers," explained Conteh. "I thought they would postpone repayment until we're done university, but he told me that we are supposed to begin repaying right away."

Soon after settling in Canada, finding a place to live, and registering for classes, Conteh began to receive notices of repayment.

"They sent me some forms and indicated that I was supposed to return them with a cheque," Conteh said. "I don't know the consequences of not paying, but it's illegal — the message is clear."

The message was also very clear for Connolly and the rest of the WUSC Committee who were supporting Charles.

"I found out that [Canada was] the only country that charges this kind of cover to get in," says Connolly. "I think it's ridiculous."

Dolgoy was equally disappointed when she learned of the fee.

"It's scary [that this fee] is not a more widely publicized thing," Dolgoy said, "because Canadians don't know. They think we're such a welcoming place."

Connolly and Dolgoy have quickly turned their frustration into action, coordinating a cross-Canada letter-writing campaign, and seeking a meeting with Citizenship and Immigration Minister, Elinor Caplan.

Connolly and Dolgoy have already found support from many of U of T's college councils and from other universities in Canada. They are hopeful that they

will receive support from U of T administration and perhaps eventually from Minister Caplan herself.

"We have issues with the tax in general," explained Dolgoy, "but we started with refugee students specifically because it directly relates to us."

Francisco Rico-Martinez, President of the Canadian Council of Refugees, has many issues with the Right of Landing Fee.

"We've proven that people who come to Canada as immigrants and refugees quickly start producing and paying taxes," said Rico-Martinez. "But this \$975 charge prevents them from becoming productive citizens."

Rico-Martinez says the requirement to pay the fee has forced many newly arrived people onto welfare. He dismisses the government's argument that the loan program makes the system more flexible and accessible.

"In order to get a loan you have to prove that you can pay it back," he said. "This discriminates against women especially because single mothers are seen as a bad risk by loan officers."

He recounts the story of a Rwandan woman who sought help from the Canadian Council.

"She is a single mother with two daughters whose husband and older son are missing after the civil war," said Rico-Martinez.

The woman and her daughters recently had their refugee claim accepted. When Rico-Martinez heard the news, he was happy for the mother and her daughters, but he felt the need to warn her of what was ahead.

"I told her to start to save all the money she could," he said. "The positive decision [for refugee claimants] is a double edged one. They tell you 'Congratulations . . . now pay us 975 dollars!"

In addition to the Right of Landing Fee (R.L.F.), newly arrived immigrants and refugees must also pay a processing fee of \$500 per adult and \$100 dollars per child.

Rico-Martinez's Rwandan friend was able to scrape together the initial \$700 needed in processing fees, but only through cutting back in other areas.

"It was food banks all the way for her. Before having to pay the fee, she and her family had gone to food banks rarely," explained Rico-Martinez.

"But now she had to go to 15 food banks in one month in order to survive. Now she's worried what will happen if she doesn't get a loan to cover the R.L.F."

It's a worry shared by many newly arrived refugees.

Rico-Martinez and other refugee advocates believe it's a worry that should not be added to the already stressful situation of re-starting life in a new country.

"Why are we imposing this head tax on the poorest of the poor?"

Rico-Martinez believes the Canadian government is in total violation of the Geneva Convention.

"It specifically disallows charging fees," he said, referring to the 1951 United Nations Convention on Refugees. "This fee was imposed in 1995 because of the deficit, but now we have a surplus, so why can't it be abolished?"

When this question is posed to Citizenship & Immigration spokesperson Peter Lamey, he has little to offer in response.

"The R.L.F. remains a policy of this government. You may need to ask someone else about that. I'm not sure if I can answer this," Lamey said. "When the R.L.F came into being in 1995, it was to recover costs for settlement programs, and those costs are still there."

Lamey says he views the rate of loan repayment as a gauge of the program's success.

"Anecdotally, this program seems to be working," he said. "If whether or not repayment has occurred is one indication, then it seems to be working, because these loans are being repaid."

When Lamey is further queried about the difficult circumstances many refugees face and how more flexibility in the program would be welcomed, he suggests that the loan system is the answer.

"I think this is addressed through the loan," Lamey said. "The loan itself is a demonstration of flexibility in terms of not having to pay it up front."

Lamey is quick to defend Canada's record with regards to the UN Convention.

"Granting permission to become landed is a bit different than safe asylum," he argued. "Landing permission is permanent residence rather than temporary protection."

Lamey explains how Canada's refugee and immigration system is actually uniquely generous.

"Canada is distinct," he said, "in that it quickly gives refugees the same status as immigrants."

Unfortunately for many refugees, equal status also means equal obligation to pay Right of Landing Fees.

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October 14, 1999



POTENT

REFRESHING!

page 15

"[Bucket Truck] is a good way to burn off high calorie rum-andcokes or take out the frenzy of a head full of chemicals on the welcoming arms of a mosh pit."

Gazette — What's the best and worst thing about playing in Halifax?

Bucket Truck — We always have a good time playing here. The crowd is always pretty open to new bands. The worst thing is the lack of a heavy scene, but maybe we can help change that.

Gaz — If Bucket Truck were a sex toy, what toy would it be?

BT (without hesitation) — Nipple clamps.

Gaz — What's up and coming for you guys?

BT — Well, aside from making the move here in January, we got a four song demo coming out soon [included is a wicked cover of Sugar Ray's 'Mean Machine'] and in February we plan to go into the studio to start work on our next album.

Gaz — If your music were a WWF wrestling move, which move would it be?

BT (after a moment of careful reflection): —The Jimmy 'Superfly' Snuka Splash from the top of the steel cage.

Gaz — What can people expect from a Bucket Truck

show? BT — We're about having a

Newfoundland are planning to make the official move to the Metro area in January and will give a good spurt of Ko Ko B. Ware-approved high energy to the all too apathetic cord-and-sandal state of Halifax's music scene.

BY FREDRICK VOKEY

The somewhat flaccid

crowd got a ripe rush of blood when Bucket Truck took the stage

at the Marquee last Saturday

night. The sextet hailing from

A metal band torn between Sabbath and the Cure, prone to bouts of early Chili Pepper's punk funk and riddled with a tendency to completely lose it on stage (phallic chocolate bars, free spankings and a dangerously short mini-skirt), they stirred the crowd into a mosh pit and overcame a botched sound job to pull off a truly entertaining performance.

I caught up with the band after their show and asked them a few crucial questions to bring you, the loyal readers, into the intimate proximity only *Gazette* reporting can. good time and putting off a highenergy show; if you just want to stay in the back, stay at home.

But, for my sake, don't stay at home! Having lost Burnt Black, the Halifax music scene is in serious need of a set of heavy ones and Bucket Truck is a fat sack of rock that could get the ball (pardon the pun) rolling.

Besides, freaking out to favourites like "Little Green Man," "Rocketmoblie" and a kick-ass cover of L. L. Cool J's "Momma Said Knock You Out" is something everybody should do. Bucket Truck is a good way to burn off high calorie rum-andcokes or take out the frenzy of a head full of chemicals on the welcoming arms of a Bucket Truck-induced mosh pit. Hope to see you in the New Year!



Arts & Culture

October 14, 1999

The Good, the bad, and the ugly My trip to an Anna Leonowens Gallery exhibit.

BY FREDRICK VOKEY

page 16

What does a cool-assed silver Korean-crafted candleholder, metal lobster traps, insect wings and Jean-Paul Sartre have in common?

My trip to the exhibit at NSCAD's Anna Leonowens Gallery in all its goodness, badness and ugliness.

Gallery One is the temporary home of Alexander Graham's Traps, a giant pyramid-type structure of lobster traps made of steel. Unfortunately for those who enter through the main entrance, you have to pass this to get to the other exhibits.

With the bad quickly out of the way, we're onto the good with Gallery Two. Officially titled The Contemporary Young Korean Metal Arts Invitational, coordinator and curator Komelia Honju has said that she "believes

these artists' works will become the heirlooms of tomorrow."

A collection of functional art, ranging from table ornaments to jewelry, this collection is impressive (its juxtaposition with a pile of fake lobster traps aside) for its intricate detailing and professional look. As mentioned, Kwang Jung's silver candleholder was my favorite and Kiwon Wang's collection of four pendants (despite some, like deep titles such as Is it art?) deserves mentioning.

Having left for Gallery Three, I saw written in red on the corridor wall, "the obligation to will the freedom of others," a quote from existentialist philosopher Jean-Paul Sartre. Having read some of Sartre's stuff, I began to look forward to Cynara Mori's exhibit. Then I turned the

corner

Decorating the walls were 50 or so pipe-cleaner replicas of insect wings and two gobs of steel wool hanging from the ceiling that I guess were supposed to be clouds (like steel clouds, man, get it?).

On a table, along with

several puppy dog and kitten ornaments that had numerous tiny googily eyes glue gunned to their faces, was an explanation of the exhibit. Mori discusses how we live our lives oscillating between selfishness and selflessness and how the loss of our childhood fascination with insects reflects

this.

She then drags the entire non-western world into art and talks about Buddhists not killing insects. Needless to say I didn't get what she was driving at, but just to be sure, I killed every ugly little insect I could on my walk home.

Korean Metal Arts display comes to Halifax

BY KATHY REID

On October 5, the Contemporary Young Korean Metal Arts invitational took place in the Nova Scotia College of Art and Design

Mannamal

(NSCAD) Anna Leonowens Gallery

While interested spectators sipping coffee looked on, Komelia Hongia Okim gave a detailed outlook into the works of 21

accomplished young Korean metal artis s. Okim spoke to over 20 observers about attitudes towards contemporary art in Korea. She said "If you stick out with your ideas and opinions in Korea you're cut, but in America the more you stick out the more you get pampered." Somehow I believe this attitude extends beyond the realm of art.

In addition to her curator duties at this exhibit, she is a professor of Art in Jewellery and Metal-smithing at Montgomery College in Rockville, Maryland.

While the art represents a Korean outlook, many of the works are influenced by Western culture. One artist is from Canada, three from the United States and the rest fro n Korea.

Many of the 80 pieces of artwork in this exhibit are abstract, with a strong influence evidently arising from the artist's background and beliefs.

The considerable work ranges from tabletop functional objects, sculpture, decorative, and wearable arts.

This show is a travelling exhibition throughout Korea, Canada and United States. Although it is a three-year endeavour, only four destinations in Canada are planned.

Following the stay in Halifax, it is going to the Arts and Design School in Fredericton, NB, runnir g from Nov. 12 until Dec. 26.

From there, the exhibit will continue on to Vancouver, and then south to the United States. If you wish to check out the exhibit, it will be at NSCAD until Oct.16.

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October 14, 1999

American Beauty does ugly right

Spacey gives a stellar performance in a great film

BY MARK EVANS

Color me surprised if a better film than this comes out this year - very surprised. While some good films come with a target audience (Three Kings, for one), there is really nothing about American Beauty that should keep anyone from being interested. This is one of those movies where even those who dislike it will grudgingly appreciate the point it is trying to make.

Lester Burnham (Kevin Spacey) is going to die. We don't know how, we don't know when, but American Beauty decides to go the route of Sunset Boulevard and reveal its ending in the opening scene of the movie.

This is fine though, because the point of a film like this is not the big secret ending but a fascinating look at people who are barreling towards a conclusion they know nothing about.

The film is about the kind of hell that can be hidden behind the facade of typical suburban America, and it presents two very different families

Lester, his wife Carolyn (Annette Bening) and daughter Jane (Thora Birch) look like

normal folk on the outside. But Carolyn is a harsh critic, Jane is so self-conscious she's saving up for breast enlargement and Lester wants to feel young again so badly he becomes attracted to Angela (Mena Suvari), a considerably younger woman.

Disturbing as all that might sound, the next door neighbours make the Burnhams look like model citizens.

The Fitts' are made up of Colonel Fitts (Chris Cooper), a former military man who has exactly the narrow world view you'd expect of a hardcore marine; mother, Barbara (Allison Janney), who is practically catatonic and son, Ricky (Wes Bentley), who spends almost all of his time filming things, especially Jane.

Where all this is headed is obvious at times, but at others it is quite shocking. Just because we know the ending, it doesn't mean that there aren't plenty of surprises in store. There are two twists towards the end that are completely out of left field and totally change our previous perceptions of the characters

American Beauty is a film that depends on its cast and script, and both are flawless. Notably

Carolyn (Anette Benning) keeps it under control

impressive is Spacey, who cements his reputation as one of the best actors in Hollywood today. His portrayal of Lester is nothing short of phenomenal and makes him the man to beat right now for Best Actor at next year's Academy Awards.

The script is smart and witty, with both daring and bite. Although there are disturbing moments, American Beauty has plenty of solid laughs to make up for this. Even at its most caustic, the film still has a lot to say about what is important in life, and does so without descending into a sermon. The very last line goes a long way towards driving home just what American Beauty is

really about.

Bottom Line: See this film. We don't get many films of this calibre, and typically nobody goes to see them anyway. American Beauty deserves better, as it serves up top-notch entertainment while making an extremely profound point about where real beauty lies. Four out of four stars for the best film in the tres right now



Something for the bird cage Nova Scotia artist makes friends with the wildlife

BY DONNA LEE

Ever wanted to write your own book?

Here's a surefire method to success: sit in your backyard, give names to some birds, and observe everything for a while. And keep notes, that's also of importance. This prescription for literary success works for Linda Johns, who launched her book For the

AMBASSADOR

Birds on October 6. This reviewer wouldn't necessarily call this work a 'book,' but more or less a long and cute nature journal.

Johns, a Nova Scotian painter, sculptor and writer, has been dubbed "The Bird Lady." She takes injured birds and wildlife under her wing, nurses them to health and releases them. While they recover, she is inspired to carve sculptures or write. The author has done things

not many of us have - for one, she has pressed her face into an owl in order to smell its feathers. Johns also elaborates on the most minute details of her bird adventures, ad nauseam.

You might enjoy Johns' book if you are passionate about animals, especially those of the domesticated and feathered kinds. Then again, a brief trip to your own backyard could provide a similar experience.

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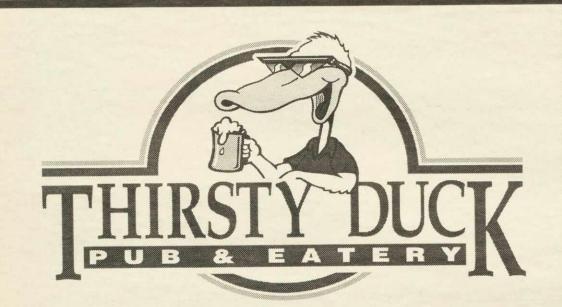
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THE GAZETTE

October 14, 1999

Another spin around Edwin

Making a name in Canadian music

BY JOEL MARSH

Only 10 minutes after entering the *Gazette* office for the first time, I am already suckered into interviewing Edwin, formerly of I Mother Earth. Edwin has just released his debut solo album *Another Spin Around the Sun*, which marks a significant change from his previous work in the band. *Another Spin Around the Sun* is more eclectic and vocally oriented, with a mainstream, radio-friendly flavor.

Gazette — What do you like better about being solo as opposed to being in a band?

Edwin — When you have an idea, you get to see it through. When you are in a band, it has to go through a democracy meeting and then everybody has to believe in it. When you're solo, if you think something is a good idea, you can follow it through to the end to see if it works or not.

Gaz — What about the other end of it? What do you like most about being in a band?

Ed — I like the feeling that it's like, four or five guys against the world.

Gaz — More the team aspect of it?

Ed — Yeah, the team aspect. The support for each other, the motivation towards each other to improve as a musician, and also in other areas. [Also], I like the travelling aspect of it with a band more, because you become a family. When you are a solo artist, you're a bit lonelier. You end up doing everything by yourself, it's a completely different headspace.

Gaz — So it is lonelier touring with your own band, as opposed to with a band of musicians who are just playing for you.

Ed — Not lonelier like "oh, poor me" but basically that everything, the success and failure of everything relies on you. In a band you share everything, glory, blame, everybody's in it for the same reason, to make a career out of it. But when you hire guys, they're getting paid and they'll be there for that reason. To expect a whole lot more out of them is probably expecting too much.

Gaz — I read in your bio

records took. It was a case where the songs were written and I knew what I wanted to hear in the studio, and the rest I just left up to the interpretation of the musicians. The producer and I were on the same page as to what we wanted to achieve. [Things went] smoother and quicker, as opposed to in a band where everything is up for discussion or negotiation.

Gaz — What was the most notable band that has ever opened for you?

Ed — Including I Mother Earth days, the most notable band that opened for us would be Collective Soul, they opened for us in Atlanta before they became huge. [Another band] who opened for us that became huge was Our Lady Peace. We took them on one of their first cross-Canada tours.

Gaz — Are you friends with a lot of other Canadian Bands?

Ed — I try to be. I'm not the most extroverted person, so I don't run around introducing myself to people unless they made some music that I loved, then I make a point to tell them that. But I don't go around pulling attitude or ego, I don't think there's much room for it among your peers that are just as good as doing what they do as you are at what you do.

Gaz — What kind of presents have you gotten from your fans?

Ed — Jewellery, beaded stuff, somebody made me a medicine wheel, I have it on my bedroom wall. Posters or letters, stuff like that.

Gaz — With this being your first solo album, what kind of image or target audience were you looking at?

Ed - Good question. I wasn't. Okay, maybe I wanted the record-buying public to like it. But I was fortunate both with my last band and in this project to have a wide variety of ages of fans show up for shows. I always thought [variety] to be a huge blessing because longevity is very important to a musician's career. If you only get a young-girl audience, then sure, it might propel you to higher levels of record sales, but the longevity of your career doesn't meet its guarantee. If you have all the fans,

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that it took over a year to write and record Another Spin Around the Sun.

Ed — That was three things actually, writing, recording and me getting my head together. I was emotionally drained after leaving I Mother Earth. I had to recharge my batteries and get my motivation back up to par. The best way I could describe it is when you break up with your girlfriend, the last thing you want to do is have another girlfriend right away. You gotta go through the grieving process before you move on. I think it was the whole headspace adjustment that made it take so long for the album to get up.

Gaz — Did it take less time than with the band.

Ed — Actually, it did take less time than any I Mother Earth not just the younger audience, then there's more chance that you'll have staying power.

Edwin and I discussed other things like dream-collaborations between artists like Chantal Kreviazuk, David Bowie, Tricky and Flood, trends in music and fashion and how they relate, and the wide variety of inspiration from the internet and underground music.

Edwin struck me as a person who is out to do his thing, and hopes people can understand his goals. Although some people might expect an ego floating around his head, this was noticeably non-existent.

Catch Edwin on the Halifax leg of his Canadian Tour in the McInnis Room in the SUB on October 23.

October 14, 1999

Arts & Culture

"A little bit of stuff from the kitchen" **Caper Celtic Colours Cabaret**

BY AMY MACDONALD AND KATIE TINKER

"How's she goin?" The often-repeated Cape Breton greeting was how Jennifer Roland started off the evening at Sunday night's Celtic Cabaret in Sydney

The concert - part of Cape Breton's annual Celtic Colours festival - featured three wellknown Maritime acts: Jennifer Roland, McGinty, and Kilt.

Introducing her music as "a little bit of stuff from the kitchen," Jennifer Roland showed off her multiple talents as both an accom-

plished traditional fiddler and a step dancer - she had both feet and fingers flying, often at the same time. The young musician, who has toured as far away as the UK, played songs from her previous album as well as from her newest release, Dedication.

Her fiddle playing was clean, energetic and pure. She danced as she played, and was engaging to watch; but the best moments of her set were when she brought the young, four-member dance troupe "Celtic Feet" on stage to accompany her tunes.

Jennifer impressed her audience by step-dancing along

Oldies: McGinty have 22 years of entertainment to their credit.

Theatre that teaches

BY DAVID FOX-PROCENKO

Every Thursday night, a group of approximately 20 people gather in a classroom at St Patricks-Alexandra School on Brunswick St., working to improve their theatrical skills through Improvisation games, storytelling, and forum theatre.

Known as the Irondale Ensemble project, the group uses theatre to teach children and adults about modern day, real life issues. Working with transition houses like Bryony House, they

Irondale, also celebrating their tenth anniversary next year, seeks to improve community awareness of theatre in general. Every Thursday night from 6:30-8:30 p.m., they open the doors to the community for theatre games, which improve and enhance both acting skills and stage confidence. It's free, open to anyone (usually from Grade four and up) and the main focus is to have fun in acting and improvisation.

The games we played involved everyone and were a lot of fun. The time flew by, as it was a fast, involving and intense two hours. Anyone who enjoys improv games would love this workshops. Some examples of the games we played are the Hat game, Mirror, and tug of war. In the Hat game, a group of people are trying to get the hat away from the person who is guarding it. The guard cannot move more than five feet from the hat in any direction, and anyone who is touched by the guard is frozen

for groups, and teaches participants how to work together. Mirror is played in pairs. One person starts a slow fluid movement, and the other person follows the movement. The second person does not so much follow but watches and mimicks at the same time, and the two switch from lead to follow.

with her guests as she fiddled,

somehow not to trip over her

violin chord. The flawless skill

and youthful energy of Roland's

set prompted a standing ovation

from the audience at its conclu-

played together for 22 years, is no

The woman next to us leaned over

enough to get into the Halifax bars

"It ain't new but it still

works" was how they introduced

one of their older numbers at the

concert, but the phrase could just

as easily apply to the group itself.

for "drinkin', figthin', or lovin',"

McGinty sang traditional Celtic

bar songs such as "Lord of the

Dance" and "Lukey's Boat" with

All three members are

Kilt, as always, made their presence known. The audience, until now fairly laid-back, were on their feet and dancing away with the first song, "Wrecker's Den". The group played this and a

few other numbers from their first

album, but the larger part of their

accomplished musicians, but for us their greatest appeal lay in their powerful voices and solid harmonies - showed off beautifully in their a cappella version of "North-

Playing music they said was

They were just as lively and

charming as ever.

typical gusto.

west Passage"

stranger to Maritime audiences.

and said that she was just old

when they started playing to-

The group McGinty, having

sion

gether.

while at the same time managing

This game is excellent at building concentration. The last game, Tug of War is played with an imaginary rope. Groups of two and up play tug back and forth on their imaginary rope, rather than a real one. This game also builds



Motivational presentation:: Kilt get audiences on their feet and in motion.

their new release, Four in the Crib

Kilt brought the audience to its peak of enthusiasm, and it wasn't hard to see why. They combine talent and skill with a great interaction together on stage. They move around constantly on stage, exchanging lots of smiles and playfully staring each other down. You just know they're having a fabulous time.

They lost a few people when they started playing their more unfamiliar self-written numbers, which tended to have an alternative feel. Perhaps it was the late hour, or perhaps it was just that after Jennifer Roland and McGinty, some members of the audience were more prepped for traditional tunes. The group's style also seemed to appeal mostly to a younger (and drunker) crowd. Though there were some pretty rosy-cheeked old-timers out on the floor - but hey, that's Cape Breton!

Overall, if you'd asked anyone at Sunday night's concert how she was goin', you'd have been sure to receive the appropriate Cape Breton response: "good, dear, good!'



Chris Cornell — Euphoria Morning (A&M)

Not having heard from Chris Cornell since Soundgarden took the Seattle dirt nap six years ago, this album's existence alone surprised me. Same booming voice and extensive guitar work can be found, but the songs ditch the metal roots of Cornell's earlier stuff in favor Oof a more laid back Radiohead/Scott Weiland sound. Not necessarily good but definitely not bad. ---- Fred

Matthew Good Band - Beautiful Midnight (Universal)

With their third full-length, MGB deepen the grooves in the already well-carved niche of Canadian rock. There are obvious singles here, but the other tracks rock out more subtly, unwinding and developing with each listen. "Born to Kill" starts out small and climaxes into a mini rock epic, with strings, screaming guitars and crashing drums. Matt's throaty, reverb soaked voice underscores the grittiness of the songs and leaving the MGB trademark. — Nicole

set was dedicated to music from

page 19

carefully weave scenes together about domestic violence, emotional and physical abuse, anger management, and rape.

Then they create "open forum" after their production where they discuss what happened with the audience, and how it can be solved. Forum theatre is best described as a game or theatrical discussion which puts the participants point of view into strategic action.

This is a great ice-breaker

concentration.

In playing these games, the participants learn to deal with real life issues through theatre.

Anyone interested in Irondale, should feel free to drop by St. PatricksAlexandra School through the Brunswick St. Entrance between 6:30-8:30 p.m. on Thursday nights. Their contact number is (902) 429-1370.

Promise Ring — Very Emergency (Jade Tree)

If such a label as "emo" exists, the Promise Ring are the poster boys. Highly accessible and dangerously catchy, this record is unstoppably popping rock. The third full-length release from the heart-throbs of Wisconsin is clever and contagious - there is nothing you can do to prevent the toe from tapping to this rock. Seemingly on the verge, this record is the kind of work capable of moving this underground scene into the fore. The only risk with this record is over-playing it. — Jon.

Sloan - Between the Bridges (Murderecords)

Between the Bridges, is a solid offering of melody filled rock and roll, with plenty of songs that will keep you humming all day long. From the harmony-driven "Sensory Deprivation" to the positively charming "Waiting for Slow Songs", this album is full of pop-rock gems. This record also sees the band assuming a more mature and sophisticated role. Along with pleasing your ears, hours can be spent deciphering the Nova Scotia references. The verdict: a quality release from the Haligonian fab-four. — Matt.

THE GAZETTE www.is2.dal.ca/~gazette

SPORTS Ontario schools upgrade athletic facilities

BY JONATHAN GREENAN

OTTAWA (CUP) — Finally, after 20 years of empty promises and shelved plans, the University of Ottawa has officially begun construction on a brand-new sports complex. On Sept. 22, top university administrators, local politicians and Sports Services officials launched the \$20-million mega-project that hopes to bring the U of O's on-campus sporting facilities out of the dark ages.

"This dynamic expansion shows that truly, we have wind in our sails here at the University of Ottawa," said rector Marcel Hamelin. "We have a long tradition of sports here, and want to improve the teaching, training and athletic facilities for our staff and students."

No doubt, the existing sports infrastructure here at the U of O leaves plenty to be desired. Montpetit Hall was designed to accommodate a student body of 10,000. Minto Arena, former home to the Gee-Gee's hockey team, was built in 1949. Over 115 sports teams at the U of O are in direct competition with each other for time in the gym, on the ice, or in the pool. But in the fall of 2000, when the sports complex first opens its doors, a brand new regulation-sized ice rink (seating capacity of 1,200), a 9,000 square-foot training and sports rehabilitation centre and modern teaching facilities will be available to the university community. By the following spring, a parking garage, an artificial turf football/ soccer field and another ice rink will be added when the second phase of construction is complete.

"We've been waiting a long time for this and finally we're here," commented Luc Gélineau, director of Sports Services. "The overwhelming success of our student-athletes, as well as the demand for new programs and services from the general student population has made this project possible." The new complex will finally give varsity athletes on the men's football and women's soccer and rugby teams adequate practice and training facilities on campus. "Finally, we'll have a home," said Gee-Gee soccer captain Michelle Davidson. " Some of us will not be able to enjoy this complex as students," added U of Oquarterback Phil Côté who 's set to graduate from the Faculty of Administration in April. "But we will definitely be back to support the athletes who will take our place."

After the press conference, the two athletes officially kicked off the construction. Davidson drop-kicked a soccer ball and Côté fired a football into the massive crater at the future site of the complex.

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Proper warm-up and cool downs to prevent injuries

Whether playing football competitively or recreationally, it is essential that all practices and games are preceded by a proper warm-up and followed by cool down activities. Both processes are believed to have major implications in the prevention of sport injuries. It is therefor essential that all participants are given the opportunity to properly warm-up and stretch before starting a game. The process of 'warm-

ing up' refers to the use of preliminary exercise activities rather than the use of hot showers, massage, etc. Many believe that proper warm-up is a preventative measure as it helps prevent and/or reduce the number of muscular strains and injuries. This is achieved because the main purpose of the warm-up is to raise both the general body and the deep muscle temperatures as well as stretch body tissue to allow for greater flexibility. This will help reduce the possibility of muscle tears, ligamentous tears and prevent muscle soreness.

A proper warm-up should consist of 15 - 30 minutes of gradual warmup activities to bring the body to a state of readiness. The warm-up should consist of two parts. Initially general body exercise such as jogging or skipping should be done until the athlete has increased their body temperature to a point where they start to sweat.

This should be followed by more specific exercises that are related to the activity that the athlete is participating in. It is important to note that on cool days, the warm-up should be increased in duration and should be performed in warm-up clothing. It is also important to include a stretching routine in the warm-up.

The cooling down process is the gradual diminishing of work intensity, which permits various body functions, (i.e. circulation to return to pre exercise levels). This should include 30 seconds to one minute of jogging followed by three to five minutes of walking. It is important to include stretching activities in the cool down as well. A proper cool down will help to diminish muscular soreness following exercise.

The next article will discuss the different stretching techniques and which ones are most helpful in preventing sport injuries.

> Submitted by Daniela Rubinger Physiotherapist, Clinic Director Physioclinic - Dalplex



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The basics of getting into shape

BY CARLA CLEGG

WINNIPEG (CUP) — Getting your body into shape does not have to cost an arm and a leg. Nor does it have to be time consuming and tedious. By using the patented "Survival Kit to Fitness," getting into shape can be made cheap and easy.

First of all, fitness is not about killing yourself to look like Schwarzenegger or Sable. So, the first thing to pull out of our survival kit is Knowledge. Fitness is all about active living incorporating some kind of physical activity into your daily life. The components of physical activity are cardiovascular endurance, muscular strength, endurance and flexibility.

The cardiovascular system is trained through continuous activities using large muscle groups such as the leg and arm action used in walking, jogging, and swimming. Cardio can be done four to seven times a week.

Muscular endurance and strength are achieved through activities that require you to work against any type of resistance. Resistance training can be done two to four days a week and is great for improving bones and posture.

Flexibility can be trained four to seven days a week. It is achieved through gentle reaching, bending and stretching activities. Stretching can be done while watching television or after exercising.

Now that we have the knowledge, let's move on to fitness for the financially challenged. From the survival kit, we present the personal gym. Yes, you too ean have a personal gym just like the rich and famous. There is no 800-number to call and you don't have to sign on a dotted line. Just look in the mirror, and there it is — your body. It's sturdy, it will last you a lifetime, and best of all, there is no assembly required.

Sports

For cardio work, put your favorite tunes on and dance, or run on the spot, up or down the stairs, or through the hallways of your dorm for 20-30 minutes.

Push ups are great for muscular strength and endurance of the arms, chest and shoulders. A squat sit against a wall for one minute is great for the legs. For the calves, do two sets of ten reps of heel raises, one fast and one slow. Good old sit ups are great for the abs, but remember to keep your back on the floor as you curl up. For the back, try a superman hold. Just lie on your stomach and lift your arms and legs off the floor.

If you find you personal gym too bare, there are some inexpensive items that can be added. Resistance bands are versatile and compact. These rubber bands come in a many sizes and esistance levels. They can be used to improve muscular strength and endurance, range of motion, and flexibility. Skipping ropes are not just child's play. Boxers use skipping as a major component of their cardio work out. Aerobic steps can be used for both aerobic and resistance training. Dumbbells are a muscle training must have if you plan to rev up your metabolism. The fact is, the more muscle mass you have, the more calories you burn.

Both the personal gym and the accessories are inexpensive and time efficient. However, you might find that they lack social atmosphere. To solve this problem, have some friends join your program c join a gym. The latter advice is more costly, but because it can be fun and motivating.

For now, remember fitness is part of your daily life. It's fun and can be inexpensive. On that note, keep on keeping fit.

Important principles of stretching

Things every athlete must know about flexibility

It is important for an athlete to maintain good flexibility as it is commonly believed that increased flexibility contributes to enhanced athletic performance.

It is also commonly thought that the increase in flexibility in inflexible joints tends to decrease the injuries to those joints. Since flexibility permits a greater range of motion within the joint, the ligaments and other connective tissues are not so easily strained or torn.

It also permits greater freedom of motion in all directions. The 'tight' or inflexible athlete performs with a handicap in terms of movement and is more susceptible to muscle strains and tears. It is also equally important to remember that the opposite of inflexible, being hyperflexibile, should be avoided because 'loose jointed' athletes may be prone to dislocations and separations.

There are many types of stretching techniques which have evolved over the years to aid in improving flexibility. The oldest technique is called ballistic stretching which makes use of repetitive bouncing motions. The second technique is known as static stretching which involves stretching a muscle to the point of discomfort and then holding it at that point for an extended period of time.

The third and newest technique is called proprioceptive neuromuscular facilitation (PNF). This involves alternating contractions and stretches.

Ballistic stretching techniques are not commonly recommended because of the dangers in exceeding the limits of the muscle when the person is performing the bouncing motions. They should therefor be avoided in most cases.

The static stretch technique is the technique most widely used today. The technique involves passively placing a muscle in its maximal position of stretch and then holding it there for an extended period of time. The recommended length of time that a stretch should be held varies. However, it should be held for a least 10 seconds and preferably up to 20 seconds. The static stretch of each muscle should be repeated three to four times.

stretched position and then the alternating combination of hold-relax or contract-relax is done. These techniques should consist of a 5-10 seconds pushing phase followed by a 5-10 seconds relaxation phase. Many of these PNF techniques are best done in partner situations.

Stretching should be done after a general warm-up, before starting any vigorous conditioning or sporting activity. Stretching should also be done as part of the cooling down process after physical activity. If an athlete is trying to increase their flexibility then they should perform their stretching routine two to three times a day.

While stretching it is important that the athlete starts with easy stretching first and then progresses to more intense stretching It is important to remember to breathe while stretching, exhaling the air as the stretch is assumed. It is also important to avoid painful severe stretching. Overstretching an area may produce minor muscular tearing and can lead to muscular soreness.



Stretching using the PNF technique can involve either hold-relax or contract-relax techniques. In either case the muscle is placed in its maximally

Submitted by Daniela Rubinger Physiotherapist, Clinic Director The Physioclinic ³Begins Oct 18 ³Ends Oct 24 ¹⁰Week of Oct 1 only

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Sports

THE GAZETTE

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- Oct. 15 Saint Mary's @ U.P.E.I., 4 p.m.
- Oct. 16 Acadia @ Memorial, 4 p.m. U.N.B. @ St. Francis Xavier, 2 p.m. Moncton @ U.C.C.B., 4 p.m.
- Oct. 17 Acadia @ Memorial, 1 p.m. Moncton @ U.C.C.B., 1 p.m. St. Francis Xavier @ Mount Allison, 3 p.m. U.N.B. @ Saint Mary's, 3 p.m.

Women's Soccer

- Oct. 13 Dalhousie @ Saint Mary's, 4 p.m. Mount Allison @ Moncton, 4 p.m.
 - Oct. 15 Saint Mary's @ U.P.E.I., 4 p.m.
 - Oct. 16 Acadia @ Memorial, 2 p.m. U.N.B. @ St. Francis Xavier, 12 p.m. Moncton @ U.C.C.B., 2 p.m.
 - Oct. 17 Acadia @ Memorial, 11 a.m. Moncton @ U.C.C.B., 11 a.m. St. Francis Xavier @ Mount Allison, 1 p.m. U.N.B. @ Saint Mary's, 1 p.m.

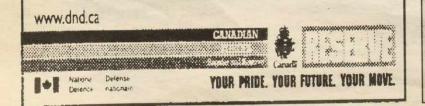
Men's Hockey

- Oct. 12 Dalhousie @ Saint Mary's, 7 p.m.
- Oct. 13 St. Thomas @ U.N.B., 7:30 p.m. Moncton @ U.P.E.I., 7 p.m.
- Oct. 15 U.N.B. @ St. Francis Xavier, 7:30 p.m.
- Oct. 16 U.N.B. @ Saint Mary's, 7 p.m. Dalhousie @ Moncton, 7 p.m.

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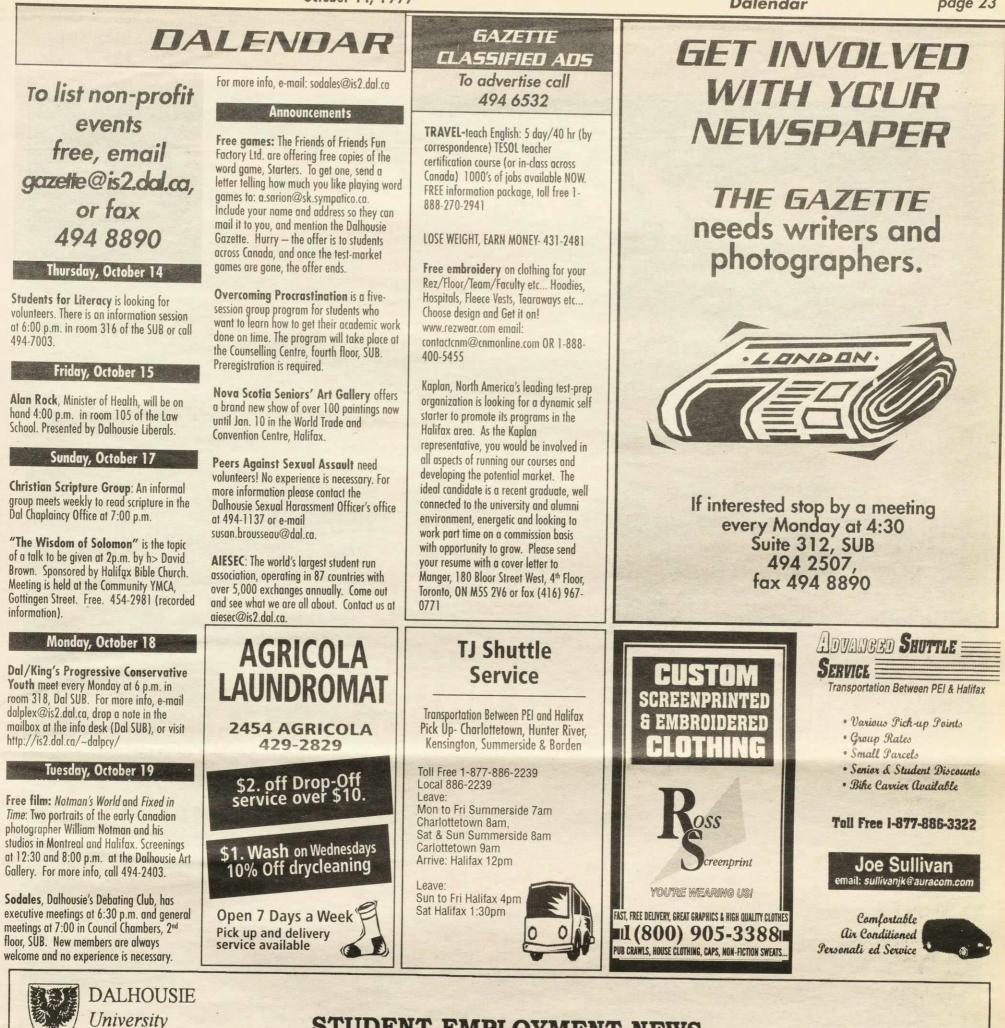
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October 14, 1999

Dalendar

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STUDENT EMPLOYMENT NEWS

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students as well as recent graduates. Visit us on the 4th floor of the SUB, 9 am to 4:30 pm, Monday to Friday, or on our web site www.dal.ca/sec. The Dalhousie Tutoring Service and Dalhousie Student Volunteer Bureau are also services of the Student Employment Centre and are located next to the Centre in the SUB. Visit your Student Employment Centre today!

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matthewgoodband

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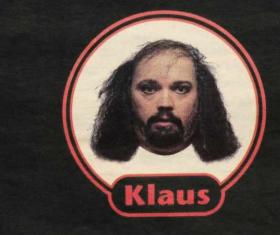
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October 21, The Pit - UCCB, Sydney, Nova Scotia & October 22, The McKay Room - St. FX University, Antigonish, Nova Scotia
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