

The Alberta Star

Vol. X

CARDSTON, ALBERTA, THURSDAY, DECEMBER 24, 1908

No. 29

Post Reading Room

Christmas Specials

Express Wagons
and Doll Carriages

Just received a big shipment
and the prices are right.

Merry Christmas

H. S. ALLEN & Co., Ltd.
Department Store

The Cahoon

Southern Alberta's most up-to-date hotel
CARDSTON ALBERTA

The Alberta Drug & Book Co.

Limited
LETHBRIDGE AND CARDSTON

Everything in
DRUGS, STATIONERY, SCHOOL BOOKS
FISHING TACKLE, KODAKS and Supplies.
Quality first, Price next

TAISANG & COMPANY

RESTAURANT and BAKERY

Just Arrived for Christmas !!!

Chinese Silks and Chinaware

These goods will be sold at a remarkably low price.
Call and examine them.

THE CARDSTON SADDLERY CO.

S. H. HORNER - MANAGER

Just opening in the Mercantile Block,
where a full line of

Harness and Horse Furnishings

will be kept

GIVE US A CALL AND EXAMINE OUR STOCK
REPAIRING DONE IN A NEAT AND WORKMANSHIP MANNER

Polmatier Sisters

The concert given by the Polmatier Sisters Concert Company on Saturday evening last, under the auspices of the M. I. A. was undoubtedly the most thoroughly enjoyed musical treat of the season. The Polmatier Sisters are a musical organization of more than ordinary merit. The orchestra numbers were all well rendered and the solo parts beautifully sustained. Each and every member of the company is an artist of the highest type, and it would be hard for the keenest critic to find fault with any item of the program.

Perhaps the most appreciated number was the "Anvil Chorus" from "Il Trovatore" given by the orchestra with electrical effect.

A large audience was out to witness the concert and the M. I. A. are to be congratulated on securing such a talented company. The program rendered, was as follows:

PART I
1—(a) March, "Prince Imperial" (C. E. Duble). (b) Overture "Z-diaak" (H. Bayman) Polmatier Sisters' Orchestra.

2—Soprano Solo, "Adoration" (Violin Obligato). Maurice Telma, Miss E. Phyllis
3—Corno Solo "The Volunteer" (Walter Rogers) Miss Helene.
4—Trio for Violin, Cello and Piano, "Meditation" (J. H. Richardson) Misses Lu Seba, E. Phyllis, Pauline.

5—Flute Solo, "Concertino" "Serenade," (Tit) Miss Lu K.
6—Humorous readings, "After the Ball," Miss Lu Seba,

PART 2
1—String Quartette, "College Life" (Frautzen), Polmatier Sisters.
2—(a) Sextette from "Lucia di Lammermoor" (Donizetti) (b) "Anvil Chorus" from "Il Trovatore," (Verdi) Polmatier Sisters Orchestra.

3—Vocal Trio "The Glow waru" (Paul Lincke) Misses E. Phyllis Helene, Lu Seba.
4—Corno and Trombone Duo "Good Friends," (Chas. Puerner) Misses Helene and E. Phyllis.
5—Xylophone Solo, Selected, Miss Lu K.
6—American Volunteers, God Save the King, Polmatier Sisters' Orchestra.

No Room For Pessimists

Mr. J. P. Morgan's advice regarding the United States applies equally, if not with increased force to the Canada of today. "Any man who is a bear on the future of this country will go broke." Reverses and setbacks we must have but in this young Dominion of barely touched resources every period of prosperity must carry us further forward than the one immediately preceding.

Bijou Theatre

The Bijou's new Moving Picture machine is now here and will be installed for Christmas eve and Christmas day.

This is the best and latest machine made and will be flickerless and right up-to-date.

The Bijou has gone to a lot of expense to have this machine installed and will have the best show of its kind in Canada and asks your support to help keep it so.

The Craubrook Prospector remarks, "As the advertising twig is bent, so will the advertising tree incline."

Buy Seed Grain

Mr. A. E. Humphries, Lethbridge, of the Immigration Department, was in town on Friday last. He purchased from S. M. Woolf 100 bushels of Alberta Red Winter Wheat. The wheat brought \$1.25 per bushel and will be used for exhibition purposes only.

This speaks well for the Cardston district.

Farming in Canada

There is no immigration agent like the successful settler. Here is one just going back to England for Christmas, who will show his old neighbors that he has reaped as large crops from homesteaded Alberta land as he raised in England on land that he rented at \$15 per acre. That is an argument that will appeal to the right sort of men.—Toronto News.

Correspondence

Cardston Dec. 20, 1908.
To Editor of the "Alberta Star,"

Sir,
That he should have his dog poisoned is only what a resident of the town of Cardston is led by experience to expect; but why can you tell me why, Mr. Editor, does not the perpetrator of the outrage finish his foul work and bury the corpse?

To give a dog a dose of strychnine, nicely calculated to enable him to crawl home to his master's door,—here to die,—is not only to do evil to a harmless animal, but also to give the unlucky wight who owned and paid taxes for him, the doubtful consolation of digging a grave in the frozen ground.

Such additional injury tends to make the digger feel towards the criminal anything but 'harmless' even though he were sufficiently inhuman not to feel sore over the loss of a faithful friend.

Very truly yours
H. Birkett.

The Englishman In Canada

Toronto News: A Canadian who would rudely refuse an Englishman employment merely because of his nationality would be neither a gentleman nor a man of sense. In so doing he would violate the primary duty of courtesy and consideration towards a stranger. He would betray his ignorance of the historical fact that Canada owes everything to the old countryman. He it was who by hard work and steady moral qualities laid the foundation of the Canada of today. The English have always been the sturdiest of pioneers, the pre-eminently successful colonizers, the foremost of nation-builders, witness the dominions of the king which flank the seven seas, and the onward march of liberty and civilization under the aegis of the British flag in all parts of the world!

There is, of course, a class of Englishmen, as there is a class of every other nationality, which is not welcome in Canada or anywhere else in the world. He was not a success at home, and he a misfit here. He is the ne'er-do-well, the unadaptable, or the lazy.

There is no reason why the Englishman who comes to Canada in the ways of mind, and determined to adopt himself to the ways of the country, should not work out a successful career for himself. Certainly we can get out here. These are the best material out of which to mould a nation.

Decline In Sheep Raising

There were 7,000,000 more sheep in Ontario twenty-two years ago than there are to-day, and yet Canadian woolen mills import much foreign wool. Is the trouble that our farmers do not know what kind of wool to grow? Or is it that they find other departments of live stock raising more profitable? Or is the decline in the domestic woolen trade responsible?

The wheels of new railways are not moving yet, but the Alberta government has started its wheels moving in the right direction.

"A man's work," said the preacher, "should give him a great uplift." "True enough," said the elevator boy.

China is very particular that the quality of the foreign goods it buys shall be fully up to sample, but pays very promptly for what it does buy. A Chinese merchant's word is as good as his bond.

The twelve principal field crops of the United States, namely, corn, winter wheat, spring wheat, oats, barley, rye, buckwheat, flax, rice, potatoes, hay, tobacco, which represents approximately 70 per cent greater than in 1907, and 24 per cent greater than the average of the preceding five years.

Hundreds of towns have been started in the West in the last five years. The organization of a town means opportunity for the young men who are alert. Consequently thousands of men who were seeking fortunes five years ago are pretty well settled to day in the West.

An American editor has been victorious in a long drawn out battle with a prominent saloon keeper of that city. The saloon keeper went to trash the newspaper man in his office and came off second best. When last seen he was running northward minus a hat and plus numerous black eyes and a display head beautifully illustrated with cuts. When will these foolish ones properly appreciate the power of press.

On Aug. 26, 1908, there was a wheat field. That day men drove into the field with loads of lumber, and the Canadian Pacific Railway held an auction sale, securing \$68,000 for parts of that field staked out as town lots. A good many people were sceptical, but the men in the lumber wagons began to build as soon as the auctioneer's hammer fell, and that was the start of Outlook. Now it is a bustling, thriving prairie town, and all scepticism has vanished. That is the way a Western town is begun.

The government of British Columbia is beginning a big suit against the Dominion government for the recovery of the millions of acres in the railway belt lying for twenty miles on each side of the C. P. R. from the tidewater to Alberta and of three million acres in the Peace river district. The contention is that the province is still owner of these lands never having parted with the title of them and that the Dominion government is but a trustee and not owner.

This raises one of the largest questions ever brought before a Canadian court for if the province is ultimately successful the Dominion must not now relinquish its trusteeship to millions of acres in British Columbia and re-convey its trust lands to the province, but it must render an accurate and full account of the revenues derived for more than the twenty years during which it has administered these lands as if it were owner.

Distribution of Seed Grain and Potatoes

By instruction of the Hon. Minister of Agriculture distribution is being made this season of samples of superior sorts of grain and potatoes to Canadian farmers for the improvement of seed. The stock for distribution has been secured mainly from the Experimental Farms at Indian Head, Sask., and Brandon, Man. The samples consist of oats, spring wheat, barley, peas, Indian corn (for ensilage only) and potatoes. The quantity of oats sent is 4 lbs., and of wheat and barley 5 lbs., sufficient in each case to sow one-twentieth of an acre. The samples of Indian corn, peas and potatoes weigh 3 lbs. each. A quantity of each of the following varieties has been secured for this distribution:

Oats.—Banner, Danish Island, Wide-Awake, White Giant, Thousand Dollar, Improved Ligow, all white varieties.

Wheat.—Red varieties, Red Fife (Beardless), Chelsea, Marquis Stanley and Percy (early beardless), Preston, Huron and Pringle's Champlain (early bearded). White varieties, White Fife (beardless), Bobs (early beardless).

Barley.—Six-rowed.—Mensury, Odessa, and Mansfield. Two-rowed.—Invincible and Canadian Thorpe.

Field Peas.—Arthur and Golden Vine.
Indian Corn (for ensilage).—Early sorts, Angel of Midnight, Compton's Early and Longfellow; later varieties, Selected Leaming, Early Mastodon and White Cap Yellow Dent.

Potatoes.—Early varieties, Rochester Rose, and Irish Cobbler. Medium to late varieties, Carman No. 1, Money Maker, Gold Coin and Dooley. The later varieties are a rule more productive than the earlier kinds.

Only one sample can be sent to each applicant, hence if an individual receives a sample of oats he cannot also receive one of wheat, barley, peas, Indian Corn or potatoes. Lists of names from one individual, or applications for more than one sample for one household, cannot be entertained. The samples will be sent free of charge through the mail.

Applications should be addressed to the Director of the Experimental Farms, Ottawa, and may be sent in any time from the 1st of December to the 15th of February, after which the lists will be closed, so that the samples asked for may be sent out in good time for sowing. Applicants should mention the variety they prefer, with a second sort as an alternative. Applications will be filled in the order in which they are received, so long as the supply of seed lasts. Farmers are advised to apply early to avoid possible disappointment. Those applying for Indian corn or potatoes should bear in mind that the corn is not usually distributed until April and that potatoes can be mailed until danger from frost in transit is over. No postage is required on mail if addressed to the Central Experimental Farm, Ottawa.
W. M. SAUNDERS,
Director of Experimental Farm.

Canada's Indians

Just now a good many obituary notices of the Canadian Indian are being written. These obituaries, though well meaning are premature. As a Western journey points out, though there was a very slight decrease in the Indian population last year there was no decrease as compared with five years ago. Besides, it must always be remembered that no colony is drawn against the Indian. Just as soon as he can do a white man's work he is treated as a white man, and numbers are thus constantly being absorbed into the general population of Canada. The future of the Indian is absorption not extinction.

HEALTH

HEART-DISEASE IN CHILDREN.

Diseases of the heart are generally supposed to be the fate of adults and not of children and this is largely true, although there are exceptions to the rule, if rule it can be called.

These exceptions are generally the result of the acute infectious disorders in childhood, such as scarlet fever. An attack of rheumatic fever in childhood is almost certain to affect the heart, but heart weakness may be the sequel to any debilitating disease.

The symptoms of heart trouble in children are very much the same as in adults. There may be a feeling of distress round the heart, or even of actual pain. There will almost certainly be a rapid pulse and shortness of breath on exertion, accompanied by great sensations of fatigue. The sufferer is subject to attacks of the "blues," a small or capricious appetite is usual, with consequent loss of flesh. The child will sometimes start from sleep in great agitation and terror with a rapidly beating heart, and chorea—St. Vitus's dance—is often an accompaniment of a damaged heart.

In these cases, on placing the ear to the region of the heart a distinct blowing sound or "murmur" will be heard, and this is a proof that the valves are not doing their work properly.

Children often outgrow these valvular affections of the heart, and the danger with them is not so much in the immediate present, as in the future. There is danger that the heart may become so far damaged that it will meet badly the demands made upon it by adolescence.

In the treatment of this condition rest is of the greatest importance, drugs being only secondary.

To establish an rigidly carry out a proper mode of life, and then rest, rest, is where the difficulty comes in. It is impossible to make a little, restless, active child understand the importance of keeping quiet, and this makes it absolutely necessary that watchfulness on the part of the parent or teacher should not be relaxed. Stairs should be taken slowly, running should be forbidden, and the child should not be allowed to wrestle with other children. Skipping-ropes and hoops and all toys calling for violent exercise should be put out of sight, and a daily effort be made to keep the child amused and occupied in a quiet fashion. A happy medium must be found between spoiling the child and allowing it to cry violently, and this is a matter for all the tact that can be exerted. The medical treatment will of course be in the hands of the physician.—Youth's Companion.

WHEN VISITING SICK.

1. Let the invalids talk of themselves first. I have noticed particularly with those who are much alone, that they want to tell what they have been doing, who has called, and a little about their aches and pains. After that they will gladly listen to anything that you may have to say.

2. Do not impress upon them what a very good time you are having in the world, while they are out of it all.

3. Usually try to bring some little thing to them. It need not be expensive, but a single flower, a bunch of grapes, a potted plant, or a little leaflet. All these things relieve the monotony of their existence.

4. The weather often depresses sick people, and if practical it is advisable to call on stormy days, or on the second day of a long storm, thus bringing a little sunshine to them.

HOW TO STOP NOSE BLEED.

A simple way of stopping nose bleedings is to wind a piece of tissue paper about two inches long into a tight roll half the size of the little finger. This is then placed in the mouth under the upper lip, as far up as it can go. Of course this brings it just beneath the nose, and with the tongue the roll is kept in position. The advantage of this is that the nose presses against the arteries leading to the nasal passages, and stops the blood before it can reach them.

In very severe cases trying a handkerchief around the arms and legs, making the bandages tight enough to stop circulation, effectually stops the nose from bleeding. In removing the bandages all must not be taken off at once, but each one slowly, that the blood may not flow quickly, breaking out again at the weak place. When the bleeding is so severe as to require this treatment it would be well to call a physician.

DOG TAIL SOUP.

"You have heard, no doubt, of the feat!" "The traveller and his dog were lost and hungry on the plains. Night fell. It looked as though both must go supperless to bed."

"But the ingenious traveller cut off the dog's tail, made a nutritious soup of it and gave the hungry animal the bone."

GUARDING STATE JEWELS

AND HOW SOME OF THEM HAVE BEEN STOLEN.

Elaborate Precautions Are Always Taken to Safeguard Them From Thieves.

The theft of the Crown Jewels from Dublin Castle is all the more remarkable when one comes to reflect upon the elaborate precautions that are invariably taken, or are supposed to be invariably taken, to safeguard these costly gems, says London Tit-Bits.

In this particular case, it will be remembered, an armed sentry was on duty day and night outside the apartment where was kept the safe in which they were stored. Yet they were undoubtedly stolen; though when and by whom is, at the moment of writing, a mystery.

In like manner there disappeared, once upon a time, the Scottish regalia, now preserved in Edinburgh Castle. These historic relics consist of a jewelled crown, part of which, at least, encircled the brow of Robert Bruce; a sword of State, the gift of Pope Julius II. to James IV.; a sceptre, and an antique silver "rod of office." At the date of the Union these were safe. Soon after they were missing, although whether stolen or simply mislaid nobody seemed able to tell. Nor has the mystery been properly cleared up to this day.

All that is known for certain is that in the year 1818 they were restored to the light of day, having been accidentally found hidden away in one of the cellars of the building.

IN AN OLD OAK CHEST

There have been three attempts at least to steal the State jewels of England, which are kept in the Tower of London, the most serious by far being that engineered by a certain Colonel Blood, who actually succeeded in getting possession for a time of the crown and sceptre. This he did by overpowering and binding the aged keeper, with the assistance of two confederates. But the old man managed to raise an alarm, and help arriving from an unexpected quarter, the three desperadoes were pursued and overtaken, although not before they had got clear of the precincts of the building with their precious booty.

It was this affair which caused the introduction of the latest precautions for effectually guarding these priceless treasures which are in vogue, practically unchanged, at the present day. They consist in a special military guard of picked men, the giving and receiving of a countersign which is changed every twenty-four hours, and the establishment of a rigid system of visiting patrols, rounds, etc., at night, supplemented by special watchmen in the daytime.

Besides all this the bulk of the most valuable of the jewels are secured by

A MASSIVE IRON GRATING,

the keys of which are in the possession of the Lord Chamberlain, out of whose personal custody they are supposed never to be. Curiously enough, this seeming superfluity of caution very nearly resulted in the destruction of the entire collection by the great fire which broke out in the Tower in October, 1841. The flames had actually invaded the Jewel House before Mr. Swift, the keeper, had succeeded, with the aid of a crowbar, in forcing an aperture wide enough to admit of his handing out the treasures to the firemen and police in waiting, by whom they were promptly conveyed, under military escort, to the Governor's house.

More successful than Blood was the clever thief, also said to be an ex-army officer, who in 1829 stole the Dutch regalia, although this likewise was guarded by armed sentries and enclosed within a supposedly burglar-proof steel grille. For a long time the audacious robbery was enshrouded in the mystery that seems inseparable from this class of crime. But eventually, although the identity of the robber was never properly established, the bulk of the gold and gems were recovered some being traced to Brooklyn, New York, while another portion was found hidden in a cellar in Brussels.

FRENCH CROWN JEWELS.

Undoubtedly, however, the most successful coup of the kind ever made was that brought off by the trio of French burglars who in 1798 broke into the Gardie Meuse, in Paris, under the very noses, so to speak, of the officers and men of the guard stationed in the courtyard of the building. Not only did these clever villains succeed in carrying off the regalia, including, of course, the crown and sceptre, but they also made a clean sweep of every other article of value that the strong-room contained. Amongst these were the jewel-encrusted golden shrine bequeathed by Cardinal Richelieu to Louis XIII.; the great "Pitt" or "Regent" diamond, reputed to be worth \$2,500,000; some six hundred other valuable diamonds, rubies, emeralds, etc.; and a number of priceless vases of gold, agate, emethyst, and rock crystal.

The excitement occasioned by the robbery was intense—not only in Paris, but throughout France; and, as in the recent case at Dublin, the wildest and most sensational rumors were soon afloat regarding the identity of the thief or thieves, the names of high officials and people of rank and standing in society being freely bandied about from mouth to mouth. Nor was this mystery ever properly cleared up, although a portion of the stolen property was eventually found hidden in an alley-way in the Champs Elysees.

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WORST FLIRT IN EUROPE

SAID TO BE PRINCESS PAT OF CONNAUGHT.

King Edward's Beautiful Niece Takes Pleasure in Rejecting Suitors.

"The most incorrigible flirt in Europe," is what they are now calling the beautiful niece of King Edward, Princess Patricia of Connaught.

Married according to Dame Rumor a dozen times, the wilful daughter of King Edward's only brother, the Duke of Connaught, has steadily declined to slip in the bonds of Hymen, and now nobody will believe that her rumored engagement to the Duke of Turin is anything more than another of those pranks of which she is so fond.

IS VERY BEAUTIFUL.

Princess "Pat," as she is affectionately called by her people, who idolize her, violates many of the accepted laws regarding princesses. In the first place she is very beautiful, with golden hair and soulful blue eyes, a superb complexion, fine figure, youth and the charm of cultivation. Moreover, she steadfastly declines to be considered a mere pawn in the political game of Europe. She has announced that she will only marry where her heart dictates, but meantime she is having plenty of amusement at the expense of royal position.

King Edward had a thought for Patricia. Edward, while the most affectionate of uncles, is, nevertheless, patriotic to the core. He himself has made many sacrifices in the interest of Britain, and he exacts of every one of his relations that they likewise be willing to yield their own wishes to the good of the cause.

REJECTED ALFONSO.

His general policy is to bind the nations of Western Europe together, especially those situated along the Mediterranean, his thought being to isolate Germany, which power he regards as England's most redoubtable foe of the future. Hence when King Alfonso came to England avowing King Edward could hardly conceal his pleasure.

What monarch in Europe could offer to a kingly suitor such a bride as Princess "Pat"?

All that Edward thought of her attractiveness King Alfonso promptly concurred in. He had never seen such beautiful youth, such vivacity, such tact, such power to please. Patricia so filled his eyes that he had no time for any other of the royal ladies who sought to win his smiles. For a time it suited the whim of Patricia to indulge the dreams of the ruler of Spain. It passed from court to court throughout Europe that Patricia was to become the bride of Spain's ruler. King Edward could hardly restrain his expression of royal pleasure.

But one fine day Patricia told the real truth about her feelings, and Alfonso was sent about his business so roughly that his kingly head must have reeled.

Since then the capricious princess has rejected three or four eligibles of royal station, consequently society's distrust that she will ever become the Duchess of Turin.

QUITE SIMPLE, BUT—

Sometimes even the greatest minds have lapses. There is the story of Isaac Newton, the great scientist, who cut a large hole in his study door, so that his pet cat might pass freely in and out, and then cut a smaller one for the use of her kitten. Morse, the inventor of the telegraph, now in world-wide use, is the subject of a similar anecdote. When he had perfected his system, he submitted it to the officials of an American railway. In talking over the matter, Morse confessed that there was one difficulty he had not been able to surmount. "As long as poles can be used," he said, "it is no problem. But what must be done when we come to a bridge? We cannot use poles there, and the wire would break of its own weight without some support." "Well," immediately replied one of his hearers, "why not fix the wires to the bridge?" Morse looked at him for a moment. Then he exclaimed:—"I never thought of that. It's the very thing!"

"Dat boy," said the negro sadly, as he prepared to administer to little Ephraim Rastus his eighth spanking in the last three days, "is a mighty bad boy. He's de white sheep of de family."

ON THE FARM

ON WHAT DOES BUTTER QUALITY DEPEND.

Prof. Van Norman in the last report of the Farm's Normal Institute for Pennsylvania has something to say as to what the quality of butter depends on, that is worth considering by Canadian butter makers. Referring to the faults in the butter of his State, he says there is an unnecessary amount of manure gets into the milk due to lack of cleanliness in the stables. If cows are kept clean the butter will be just as acceptable to the trade and will fare better at the National Dairy Shows. To quote: "The trouble is that we lack the uniformity which comes from comparing our own make with others. When I sit down in my little room and make butter, I see no better except what I make myself. I have no means of judging wherein I fail or excel. My judgment is one-sided. That is the trouble with most of our butter-makers."

"What I want in a judge is a man who is brought into contact with different kinds of butter regularly. He needs the variety and practice to keep his judgment accurate."

One of the most original music hall characters in France, known as "Le Pendu," or the man who used to hang himself, recently died at Solles Pont, near Toulon. His real name was Simeon Aiguier, and he was born at Solles Ville in 1851. Unlike Fregoli, who imitates various personages by sudden changes of his body, and possessed the most curious physical adaptabilities ever known. When a young man writes a Paris correspondent he is surprised and puzzled the army doctor. As he presented himself for physical examination he appeared as a thin, spare-ribbed fellow, almost a skeleton, and before the examination was over he stood in the presence of the army doctor with an enormously inflated abdomen, as if he had dropsy. While the physician was examining this abnormal development the abdomen retreated, and a big bloated tumor suddenly grew on the young man's throat, as if he had an immense goitre. He had apparently, in the instant, transferred the swelling from the lower part of his body to his throat. When the examination was over he stood there, a skeleton-like young fellow as before.

KNOWN AS SKELETON MAN.

His power soon became known in his native district, and he was invited to show himself on the music hall stage. For a long time he was known as the skeleton man, though he also exhibited himself as the fat man. His physical transformations did not stop here. He was able to imitate the process of dying and death itself to perfection. Scientists and the members of various medical faculties often wished to examine his strange faculties but he constantly refused to divulge the secret of his transformations. When he imitated the state of a dead person he threw himself into a perfect coma. His heart apparently ceased to beat, and the most expert physicians are said to have been unable to detect the slightest movement of his pulse. They went as far as to apply various instruments to detect life without success, and even through the stethoscope could be perceived. The most expert doctors would have declared him dead, and yet in the next instant he would jump up and crack jokes, and be as much alive as anyone. His last trick, and the one which kept audiences spell-bound, was when he used to hang himself by the neck with a cord. There was

NO MERE MAKE-BELIEVE.

about it. He would hang himself, or allow himself to be hanged, from a nail in the ceiling in the presence of a large audience. The rope would fasten round his throat, his muscles would stiffen, and the frightened public would see him go through every one of the phases of a man who was actually hung. The ghastly spectacle was first exhibited in a cabaret in Monmartre, and despite its horrors, or rather, on account of them, it had a great success. A story is told that he once played the trick in a hotel where he was stopping. He hung himself from the ceiling, after ringing the bell, and when the waiter entered he was horrified by the sight and rushed down to inform the proprietor. Before they returned to the room the hanged himself had taken up his valise and met them quietly on the stairs. Although it might have been expected that some day he would hang himself in real earnest, such a calamity never befel him. He died of a most commonplace illness, the grippe, at his home near Toulon, where he had retired after earning a considerable fortune on the stage. He never divulged the secret of how he produced the extraordinary rigidity of the muscles of his neck when he used to perform his feats of hanging, and carried the mystery with him to his grave. Doctors proposed to perform an autopsy on his body to discover his secret, but his family refused to allow it.

THE CARE OF GROWING STOCK

At this time of the year, growing fowls require the most careful attention. Many poultry keepers are in the habit of letting the chickens take care of themselves after the first few weeks, but until they are three or four months old, it is essential that every care should be taken. A little neglect may ruin a very promising youngster. The aim of the poultry-keeper should be to keep the chickens steadily growing from the time they leave the shell to maturity, and this can only be accomplished by the strictest attention to every one of the many detail on which successful chicken rearing depends. See that the coops are well ventilated, and that they are regularly and thoroughly cleaned. Avoid overcrowding at any cost, as more cases of retarded growth and actual loss can be traced to this cause than to any other.

It is a mistake to feed growing fowls solely on "dry" chick feed; much better results can be obtained by giving soft and "dry" food alternately. Vegetable food is essential, and chickens cannot be reared to the best advantage unless they have a grass run. Where, however, it is impossible for a grass run to be provided, vegetables must be given; but care must be taken that they are perfectly fresh, and renewed daily. If decayed vegetables are left about in the run, they will do much more harm than good. A great mistake, which many poultry-keepers make, is to keep their chickens in too close confinement. If strong, big birds are desired, it is essential that the chickens, after the first week or so, should be given a free range or an extensive grass run. Exercise is the finest thing in the world for growing fowls, and the birds that take the most exercise make the biggest and most vigorous adults.

A shopkeeper had in his employ a man so lazy as to be utterly worthless. One day, his patience exhausted, he discharged him. Will you give me a character?" asked the lazy man. The employer sat down to write a non-committal letter. His effort resulted as follows:—"The bearer of this letter has worked for me one week, and I am satisfied."

Many a man looks upon a marriage license as a blotter with which he expects to conceal his past.

SHREDDED

Make Your Stomach Happy with SHREDDED WHEAT and fresh fruits. An ideal summer food, wholesome, nourishing, delicious. CONTAINS MORE REAL NUTRIENT THAN MEAT OR EGGS. SOLD BY ALL GROCERS.

WHEAT

MAN OFTEN HUNG HIMSELF IN MERRY OLD ENGLAND

FRENCHMAN WHO COULD TRANSFORM HIS BODY.

Strange Character Could Apparently Die at Will So as to Deceive Doctors.

One of the most original music hall characters in France, known as "Le Pendu," or the man who used to hang himself, recently died at Solles Pont, near Toulon. His real name was Simeon Aiguier, and he was born at Solles Ville in 1851. Unlike Fregoli, who imitates various personages by sudden changes of his body, and possessed the most curious physical adaptabilities ever known. When a young man writes a Paris correspondent he is surprised and puzzled the army doctor. As he presented himself for physical examination he appeared as a thin, spare-ribbed fellow, almost a skeleton, and before the examination was over he stood in the presence of the army doctor with an enormously inflated abdomen, as if he had dropsy. While the physician was examining this abnormal development the abdomen retreated, and a big bloated tumor suddenly grew on the young man's throat, as if he had an immense goitre. He had apparently, in the instant, transferred the swelling from the lower part of his body to his throat. When the examination was over he stood there, a skeleton-like young fellow as before.

KNOWN AS SKELETON MAN.

His power soon became known in his native district, and he was invited to show himself on the music hall stage. For a long time he was known as the skeleton man, though he also exhibited himself as the fat man. His physical transformations did not stop here. He was able to imitate the process of dying and death itself to perfection. Scientists and the members of various medical faculties often wished to examine his strange faculties but he constantly refused to divulge the secret of his transformations. When he imitated the state of a dead person he threw himself into a perfect coma. His heart apparently ceased to beat, and the most expert physicians are said to have been unable to detect the slightest movement of his pulse. They went as far as to apply various instruments to detect life without success, and even through the stethoscope could be perceived. The most expert doctors would have declared him dead, and yet in the next instant he would jump up and crack jokes, and be as much alive as anyone. His last trick, and the one which kept audiences spell-bound, was when he used to hang himself by the neck with a cord. There was

NO MERE MAKE-BELIEVE.

about it. He would hang himself, or allow himself to be hanged, from a nail in the ceiling in the presence of a large audience. The rope would fasten round his throat, his muscles would stiffen, and the frightened public would see him go through every one of the phases of a man who was actually hung. The ghastly spectacle was first exhibited in a cabaret in Monmartre, and despite its horrors, or rather, on account of them, it had a great success. A story is told that he once played the trick in a hotel where he was stopping. He hung himself from the ceiling, after ringing the bell, and when the waiter entered he was horrified by the sight and rushed down to inform the proprietor. Before they returned to the room the hanged himself had taken up his valise and met them quietly on the stairs. Although it might have been expected that some day he would hang himself in real earnest, such a calamity never befel him. He died of a most commonplace illness, the grippe, at his home near Toulon, where he had retired after earning a considerable fortune on the stage. He never divulged the secret of how he produced the extraordinary rigidity of the muscles of his neck when he used to perform his feats of hanging, and carried the mystery with him to his grave. Doctors proposed to perform an autopsy on his body to discover his secret, but his family refused to allow it.

THE CARE OF GROWING STOCK

At this time of the year, growing fowls require the most careful attention. Many poultry keepers are in the habit of letting the chickens take care of themselves after the first few weeks, but until they are three or four months old, it is essential that every care should be taken. A little neglect may ruin a very promising youngster. The aim of the poultry-keeper should be to keep the chickens steadily growing from the time they leave the shell to maturity, and this can only be accomplished by the strictest attention to every one of the many detail on which successful chicken rearing depends. See that the coops are well ventilated, and that they are regularly and thoroughly cleaned. Avoid overcrowding at any cost, as more cases of retarded growth and actual loss can be traced to this cause than to any other.

NO MERE MAKE-BELIEVE.

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YEAR'S FO SURPRISING AN ATL

Beer by the 1 and Potat

It must be ment on the fer, or else which they ru the proverbial ness among th shall turn out a groscope a gation has ac hearings, rea requested to planation. T due comes to after only a the food figu picturesquely steward of or Seaside pa how many of not comforta which the wh than \$4,000, once when it sence for \$7, none of the h their consum ously greater no matter ho has.

BEVERA

Before not of food it is p of those relat as to champagne an excellent ter a prevent sengers last out of only bottles of cla comes to cla respectably man may ra of the S that cheerfu the first cla 129,209 bottl good, but t third class p pear a mer for those in drank not l of claret, p known as p there is a s dents sing w There is re ing to rea grades of consumed 2 gallons. B drifting nipa at the figu of that bev tion gal not rep masters h duty to pe

FOND

The recent carte syste the modern amazing gr of delicat found on e the busine was exclus

THE DEATH OF A TEN-YEAR-OLD BY NAMED ALBERT WOOD WAS STATED AT AN INQUEST HELD AT BETHNAL GREEN TO HAVE BEEN CAUSED BY EATING ICE CREAM.

At Manchester Assizes, John James Stone was found guilty of murdering his nine-year-old daughter Alice at Oldham, but was declared to be insane.

A widow of tremendous strength was fined at Kingston for refractory conduct in the local workhouse. Her feat consisted in lifting a combustion stove and dashing it down on a table, breaking both.

At Studland, in Dorset, a whirlwind caught up a large pile of hay, weighing several hundred weight, carried it to a great height, and finally scattered it over the neighboring fields.

Stow Green pleasure fair, which has been held annually for more than 800 years, has practically ceased to the local workhouse. Her feat consisted in lifting a combustion stove and dashing it down on a table, breaking both.

On the ground that owing to the prevailing distress there many people cannot afford to buy soap, the Sunderland Health Committee has decided to supply free soap to the poor.

Devonshire's apple crop will not be nearly so good as was hoped. Fruit which had apparently set well has of late been dropping off in large quantities.

If the price of beef is going up the price of coal is coming down. In the London market there has been a fall of 5s. per ton in little over a month's time.

HOW MACARONI IS MADE.

This is how macaroni is made:—To very glutinous wheat flour is added a plentiful supply of dried eggs. Mixed with water this becomes a dough, which is so thickly kneaded as to be difficult to impress with the fingers. Then it is carried to a round press perforated with holes, through which the dough is pressed by means of a heavy plate worked by a screw. The result is macaroni without holes in the sticks. Pipe macaroni is made through a similar press, with the difference that a round piece of metal makes the central hole. As it issues in long, snaky ropes from the bottom of the press, they are violently fanned to prevent them from sticking together, and are afterwards taken out into the open and laid on long bamboo poles to dry. Two or three days' exposure in the warm, sunny air of Italy makes the dough-pipes hard and brittle, and fit to use for food.

YEAR'S FOOD, \$4,000,000

SURPRISING FIGURES FROM AN ATLANTIC LINE.

Beer by the Half Million Gallons and Potatoes by the 10,000 Tons.

It must be the gyroscope attachment on the modern transatlantic liner, or else the ball bearings on which they run, which has reduced the proverbial amount of sea-sickness among the passengers. If it shall turn out that they do not have a gyroscope attachment and that the bearings are respectively requested to supply their own explanation. That an explanation is due comes to one's understanding after only a little examination of the food figures relating to 1907, picturesquely set forth by the chief steward of one of the big lines.

Seasick passengers, no matter how many of them are carried, could not comfortably consume food of which the wholesale cost was more than \$4,000,000. This is seen at once when it is noted that the total expense for coal on the same line was but \$7,000,000, and of course none of the boilers was seasick and their consuming capacity is notoriously greater than any passenger, no matter how good an appetite he has.

BEVERAGES CONSUMED.

Before noting some of the figures of food it is pleasing to observe some of those relating to beverages. Now, as to champagne, which is said to be an excellent cure and for that matter a preventive of sea-sickness, passengers last year pulled the plugs out of only a few more than 51,000 bottles of champagne. When it comes to claret the figures jump so respectably that it is seen that a man may raise a thirst somewhere in the Suez as well as east. Of that cheerful and ruddy beverage the first class passengers consumed 129,209 bottles. That sounds pretty good, but the consumption by the third class passengers makes it appear a mere trifle by comparison, for those in the steerage joyfully drank not less than 121,297 gallons of claret, presumably of the variety known as petit bleu, about which there is a song which the Paris students sing when inspired with it.

There is something rather appalling to read that of the various grades of brandy the passengers consumed 20,641 bottles and 73,384 gallons. But these are after all trifling sips when we come to look at the figures relating to beer, for of that beverage more than half a million gallons were drunk, and it is reported that the quarter-masters had any unusual police duty to perform at that.

FOND OF DELICACIES.

The recent installation of the la carte system in the restaurants of the modern liners accounts for an amazing growth in the consumption of delicacies, such as were seldom found on even the best ships when the business of feeding passengers was exclusively d'hotel. Restaurant

LANDS WHICH DISAPPEAR

VAST AREAS COVERED BY OCEAN ONCE DRY LAND.

Fortunately the Mightiest Changes Are Very Slowly Brought About.

The recent discovery that a group of little islands some hundreds of miles south of New Zealand were once part of a great continental mass extending in all probability to Antarctica and South America, which finally sank beneath the ocean leaving only these remnants, calls attention to the fact that there are vast areas now covered by the sea which were once dry land. The process of disappearance was very slow. It involved no cataclysm or sudden catastrophe overwhelming all animal and vegetable life, but the work went on century after century till great surfaces were a part of the sea floor.

Events often occur that recall such vicissitudes. Not long after Chile's beautiful port of Valparaiso was destroyed by earthquake on August 16 1905, the news came that the island of Mas a Tierra, on which Alexander Selkirk was cast away for five years, his unhappy fate suggesting to Defoe the story of Robinson Crusoe, had sunk beneath the waves. The story was incorrect, but it called again to mind the facts that are believed to prove that the Juan Fernandez group, to which this island belongs, was formerly

A PART OF SOUTH AMERICA.

Land once rose above the wide waste of waters that now separates the islands from the mainland. Among the many proofs of this may be mentioned here only the two varieties of humming birds peculiar to Chile that have been seen on the islands ever since they were first visited. It is not very uncommon for volcanic islands after they have been thrust above the surface to disappear again. The island Krakatoa was literally blown into the air by a world shaking explosion in August, 1883, and the great wave that resulted, over 100 feet high, swept over the northern coast of Java, drowning 36,000 people.

SENTENCE SERMONS.

Service is the simple path to saintliness. He always appears orthodox who hits our neighbors hard. He is always generous who has left his purse at home. Taking the church as a fad does not make the life of faith. It is the bowed heart that heaven sees rather than the bent knee. Friendships never are the better for being punctured and then patched up. It is always easier, and often safer, to preach on old saints than on modern sinners. You may dodge the courts, but you cannot dodge the law of consequences. People who fear troubles are going to be troubled with too much force. Pride is the fear of what folks will think; honor the fear of our own hearts. We may not determine our circumstances, but we do determine our vital environment. When a man gets beyond the pangs of conscience there is not much left in him to punish. Many a man has been cured of any desire to join the heavenly choir by hearing the earthly ones.

IN MERRY OLD ENGLAND

NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE.

Occurrences in the Land That Reigns Supreme in the Commercial World.

Parasols for men are becoming fashionable in London. The year 1872 was the wettest year ever received in the British Isles. The average cost of a criminal prosecution in Britain is at present \$165. In keeping the accounts at the Bank of England over 50 ledgers are filed daily. During last year 34,954 were added to England's already large alien population. The new Liverpool docks are to be of such a size that they will accommodate the largest craft with ease. Clerical tailors in London have never known such a rush of business as they are now experiencing. British returns show that from January to May, 17,420 persons from Canada landed at United Kingdom ports. To save it from the builders, Liverpool, has opened a public park a new municipal open space of 18 1/4 acres. Capital to the amount of \$131,710,000 has been embarked in the tube systems of London in the last few years. By planting 5,000 cabbages in three hours and ten minutes, Mr. W. Cole, of Groombridge, claims to have created a record. There is in the Waterhead district of Oldham an old lady sixty-eight years of age, who acts as a telegram messenger. Quite a quantity of honey was made in Fleet street, London, the bees getting their sweet material from clover in Regent's Park. The Duke of Westminster was fined \$15 and costs at Kensington recently, for exceeding the motor-car speed limit of ten miles an hour. The London Gazette announces that General Sir Charles Henry Brownlow, G. C. B., Indian Army, has been promoted to be Field-Marshal. Chelsea Old Church has been entered by burglars, and valuable communion plate, including two cups and two flagons, has been stolen. An average of three British seamen lose their lives every day by drowning, and 300 British steamers and sailing vessels are lost yearly at sea. The lion which was injured in a recent fight with a rival lion in the "jungle" at Earl's Court Exhibition, London, is to be provided with a glass eye. In Chatfield road, Croydon, a young man named Thomas Manser, shot his mother and sister, killing them instantly, then took his own life by the same means. It is stated that at a Lambeth inquest on a boy who fell 50 feet from the window of a house, that he was the second child the parents had lost, within twelve months, through a habit of climbing.

Waves about forty feet high swept over the hapless speck of land, carrying every particle of verdure and every form of life into the sea, and not a human being was saved. The upper part of the coral was broken off and swept away, and a few days later nothing but the placid waters of the ocean were seen where the atoll had stood. But such events are a part of our modern history and have little resemblance to the mighty movements that have buried wide lands beneath the sea. North of Europe is the shallow Barents Sea, whose bottom geologists now have no doubt was once above the water, so that Nova Zembla, Spitzbergen and Franz Josef Land were

A PART OF EUROPE.

Iceland, southern Greenland and a few other islands are all that is left above water of the great land bridge that once joined Europe and America, though we find in the submarine ridge that extends all the way from Iceland to Scotland a part of the foundation of that land. It has been for some time conclusively proved that a land mass once connected Madagascar with southern India and Ceylon, allowing the passage from Asia to Africa of land animals whose appearance in the West was once regarded as inexplicable. So the rock crust of the earth has its calamities and its revolutions like the human race that lives on it. Fortunately the mightiest and most far reaching of these disturbances are not cataclysmal and the changes are very slowly brought about.

DON'T BE AFRAID OF—

Thinking before you act. Doing a friend a good turn. Doing more than is required of you. Admitting when you are in the wrong. Doing your best, even that is not too good. Telling the truth, it is part of your honor. Thinking out new ways; originality is valuable. Risks; great successes are built up on great risks. Failure; keep on, though you fail a dozen times. Beginning at the bottom; it's the safest way to climb. Overtaxing your strength; work kills very few people. Work; it is healthy physical and mental exercise. Resting if run down; a strong mind requires a strong body.

WELLINGTON'S ORDERS.

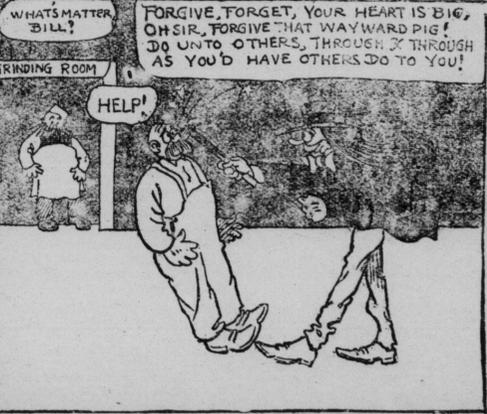
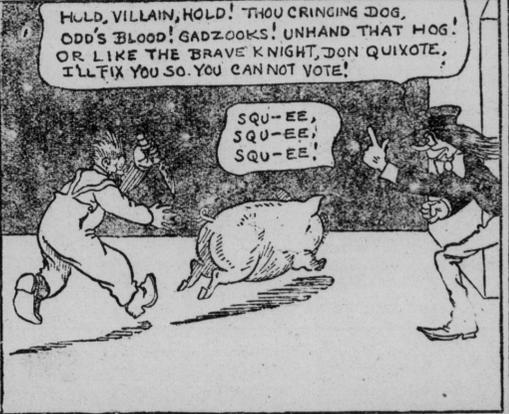
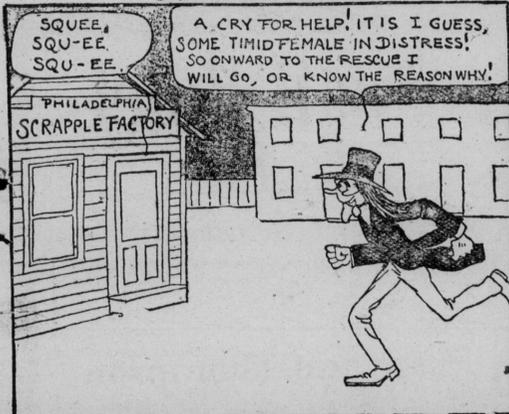
Iron Duke Wrote Orders on Asses' Skins, which were Returned.

It has been stated that the Duke of Wellington wrote his orders on horseback. On this point Priscilla, Lady Burghesh, questioned him and received the following explanation: "He said it was his constant practice in action, and peculiarly latterly, to write down the orders he sent by his aides de camp. Having found that the verbal orders were either incorrectly delivered or not comprehended, he adopted the practice of carrying in his pocket loose sheets of asses' skin of the size of a large card (such as the invitations from court are printed on) and a pencil, and when he had an order to send he wrote it with his pencil on one side of those sheets in his hand, the aides de camp standing at his horse's head the while." As an evidence of the Duke's frugal mind it may be added that after the action was over the asses' skins were returned to him to be cleaned and used over again. Let us conclude with an interesting note concerning the young Queen Victoria. "Yesterday, coming out of town, we met the Queen driving in an open carriage; and I saw her so well; in a white chip bonnet, very pretty and neat, smiling and looking pleased and happy. She was quite a pretty girl, with a peculiar sweet and intelligent countenance."

WHAT'S A VACATION?

A life insurance policy. A smile on the face of Father Time. An investment in the Bank of Health. The slot into which your savings drop. The funny supplement of life's newspaper. The sugar coating to the bitter pill of work. An addition in health by a subtraction in wealth. A rest wherein you work harder in spending your money than you ever did in earning it. We never know what we can do till we try, and then very often we are sorry we found out.

JINGLING JOHNSON--HE ALMOST GETS SCRAPPED



The Alberta Star

AN INDEPENDENT JOURNAL, Devoted to Politics, Education, Literature and the Presentation of Current News and the Diffusion of Useful Information.

Published every Friday at
CARDSTON, ALBERTA

FRED BURTON
EDITOR AND MANAGER

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\$1.50 per annum in advance.
Six months 75 cts in advance.

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The Alberta Star Job Department will set and make up all the latest and new styles in plain and fancy type, first class presser, and will be supplied with the most stationery and printing material of all descriptions.

DECEMBER 24, 1908.

May it be the merriest of the merry!

There is little hope for the boy who will not mind now.

If they don't fit you, you may exchange them. That's the arrangement your wife made.

Put on your "Oh-this-is-lovely-and-just-what-I-wanted" smile.

It's difficult for a man to lose his bad reputation or a Christmas necktie.

If you don't get what you want, here's hoping you'll want what you get.

Blessed is he who maketh Christmas presents and expecteth nothing in return, for he shall not be disappointed.

Buy him a necktie,
A collar or two;
Any old thing,
For father will do.

It takes a lot of will power on the part of a young man to enable him to remove the price tag from an expensive Christmas present to his best girl.

I heard the bells on Christmas day
Their old familiar carols play,
And wild and sweet
The words repeat
Of peace on earth, good will to men—
Longfellow.

Let the keynote of our Christmas be love,—"peace on earth good will to men." Let those whom God has blessed with plenty see to it that their neighbors and friends have good cheer and abundance to make their hearts glad.

The season of gifts again draws near when the kindest feelings of our hearts go out to those about us and longs to find expression in some simple token—some precious gift that may serve as a reminder of the love and good wishes cherished in days that will soon have flown far into the past. As it is silver and gold we have not to prefer you, the riches of earth have never been cast at our feet, and our pockets, though large, remains but a vacuum in spite of our desperate efforts. But kind reader, we have you in mind, and the past says "Tis blest to be remembered," so let us make one little spot of sunshine in your soul as we wait to you, one and all, far and near, wherever this number of ours may find a reader, a real joyous, felicitous, Merry Christmas.

Wedding Bells

FOLSOM—SHAFFER

A quiet wedding took place at Stirling on Friday evening last, when two of our most popular young people were joined together for the Journey of Life, the contracting parties being Miss Martha Shaffer and Mr. Roy Folsom. The event occurred at the home of the bride's parents.

The happy couple returned to Cardston on Saturday and on Tuesday evening a wedding reception was given at the Canon Hotel.

The STAR joins in with the large circle of friends and acquaintances in wishing them a long and happy voyage on the sea of matrimony.

Toronto Mail and Empire: At the close of every foot-ball season in the United States a list of the dead and the wounded is issued. For the present year the statistics are out and are as follows:

Dead..... 12
Wounded..... 350

These are large figures. There has been battles in which the casualties have not been more numerous. What noble devotion to sport these sacrifices of life and limb proclaim! Yet how much better it would be if pleasure could be made almost as safe as war.

This is the glad Christmas time, where comfortably off friends swap presents among themselves and give the scraps to the poor.

"Enoch Arden"

The local Dramatic Company, under the able management of Prof. M. Johnson, presented on Tuesday evening in the Assembly Hall, the beautiful drama entitled "Enoch Arden." The hall was packed from end to end, and a most enjoyable evening was spent.

The popularity of Mr. Johnson and his company was proven by the large and expectant house, nor had the large audience which greeted them any cause for disappointment. The acting was perfect throughout and reflected the highest credit upon the efforts of their instructor.

The costumes were correct, scenery, properties and production complete. Each of the five acts were handsomely staged and the parts handled with strength and grace by the well balanced and talented company.

In the play "Enoch Arden" are many situations to gladden the spectator, cause a laugh, and bring to the eyes tears of sympathetic pity. It is a play for the young and old, and affords entertainment for all classes of people. Its human story deals with emotions common to all and never fails to move the spectator.

Altogether the company showed itself one worthy of patronage and ought to be assured of good houses when they appear at Magnath and Raymond on Dec. 28th and 29th.

CAST OF CHARACTERS.

Enoch Arden, Mr. Mose Johnson,
Philip Ray, S. M. Woolf,
Dr. Grammett, Hugh Brown,
Ben, the Boatwain,
—Athos M. Johnson,
Old Barnacle, Samuel Anderson,
Gregory Smith, Jake Larkins,
Peter Laue, Jas. Anderson,
Walter Arden, Miss Eunice May,
Annie Lee, Miss Agnes May,
Mariam Laue, Miss Eva Harker,
Esther Arden, Maggie Lee,
Villagers, Sailors, etc.

OUR CHRISTMAS TREE.

O,
our
Christ-
mas tree
s' bright
and green,
awaits Old
Santa Claus,
And the Chim-
ney place all swept
and clean gapes wide
its ponderous jaws.
The little stockings are
all hung up, and baby's
just makes four. Won't
old Santa Claus be surpris-
ed when he finds there is
one more! There's an elegant
place up in the tree to hang
Johnny's gun, and a place for
May and one for Kate to leave
their dolls upon. But for for little
baby blue eyes a lower branch he
must choose, where she may reach
and find the place he's hung her
first new shoes. Turn down the
light a little now, so Old Santa
Claus can see, And baby and all
must go to bed, and be as good
as can be, and tomorrow morn
get up early after a long
night's sleep and
come
softly
down
to the
Xmas
tree
and
see
Who will get the first peep.

BURTON'S VARIETY STORE

"Cash Goods at Cash Prices"

We wish you all a very

MERRY CHRISTMAS

and a happy and prosperous

NEW YEAR

Burton's Variety Store

THE EDUCATED FARMER

The successful farmer of the future will be the educated farmer. This doesn't mean that he must be versed in the classics and the languages and all that, but he must have a thorough knowledge of the science of agriculture.

It used to be supposed that anybody could farm. The definition of farming has changed since the olden times. Anybody can try to farm, but only those who know how can farm in the true sense of the word.

We are reminded of this when we see two fields of corn side by side, one as good soil by nature as the other. Yet one is producing 60 bushels of wheat and the other 30. What made the difference? One man applied the science of farming, the other went at it on the plan of hit or miss. When they do that they nearly always miss.

The science of farming, we believe to be comparatively simple. It requires some brain sweat to obtain the knowledge, and it requires much labor and painstaking to carry it into practice.

But it pays, because sixty bushels of wheat are better than thirty.—Ex.

San Francisco, as a business centre, is on its feet again and the new city is to be greater than the old. In fact The Argonaut, a most careful and conservative journal, makes this striking statement: "Down-town San Francisco, although now only half completed is today the most modern metropolitan district in the world."

IT'S THE CLIMATE

Great is Alberta! If you don't believe it, read the following from the Vermillion Signal:—"From the simple announcement of a birth appearing in another column of this issue, nobody would gather that an event of the greatest moment in the lives of two people had occurred. Mr. and Mrs. Frank White came to Vermillion a year ago from Michigan. They had been married fourteen years, and were childless. But to day joy runs riot in the home of the Whites!"

PRAYER BY A SCOTCH CANADIAN MINISTER

"O Lord, we approach Thee this mornin' in the attitude o' prayer, and likewise o' complaint. When we came to the lan' o' Canady we expected tae fin' a lan' flowin' wi' milk and honey, but instead o' that we foun' a lan' peopled wi' ugodly Irish. O Lord, in Thy great mercy, drive them tae the uttermost parts o' Canady; make them hewers o' wood and drawers o' water; gie them nae emoluments gie them nae place o' abode; ne' usk' them magistrates or rulers among Thy people.

"But if ye hae any favors to bestow, or any guid lan' tae gie awa-gie it tae Thine ain. Thy peculiar people, the Scots. Mak' them members o' Parliament and magistrates, and rulers among Thy people. An' as for the Irish, tak' them by the heels an' shak' them ower the month o' hell, but dinna let them fa' in, an' the glory shall be Thine. Amen." Success Mag-azine.

Woolf Hotel

Pioneer Hotel of Cardston

Rates \$1.50 per day

Our Table Service is Unexcelled

Pratt and Thompson

UNION BANK OF CANADA

Capital, Rest and Undivided Profits Exceed \$5,000,000

Build Up Your Balance in your Savings Accounts now—when you are selling the season's crop, or getting the returns from your Dairying. Deposit as much and as often as you can in the Union Bank of Canada, and make your money earn interest.

Then if you need it later on, you can draw what you want without delay or inconvenience.

Interest paid 4 times a year at highest current rate. \$1.00 or upward opens an account.

Cardston Branch. R. H. Baird, Manager.

Local and General.

Read the change of ad. of A. T. Henson's in this issue.

Tuesday was the shortest day in the year.

Money to loan, plenty of it, on well improved farms. See A. M. Heppler, Great West Life Agent.

The Medicine Hat News will be issued as a daily, early in the new year.

On account of Christmas falling on Friday we are publishing one day earlier this week.

Read our advertising pages and receive pointers where to buy your Christmas gifts.

We refer you to our advertising columns where you will receive valuable pointers where to buy your Xmas presents.

Call in and buy your jewelry while our stock is large and complete at the Drug Store, Jewelry Department.

Jap Oranges, every box sorted and guaranteed good, 5 dozen in every box only 1 dollar per box at Phipps.

The ALBERTA STAR extends to its readers and friends sincere wishes for a happy, joyous Christmas and a pleasant and prosperous New Year.

Mr. and Mrs. A. A. Shaw Nanton, spent Friday, Saturday and Sunday in town, the guests of Mr. and Mrs. Wm. Burton. Mrs. Shaw is a sister of Mr. Burtons.

Our local jeweler, S. H. Campbell has been appointed issuer of marriage licenses by the Alberta Government. Any one requiring same can get them by applying to him.

If Alberta is to become important as a commercial district, this result can only be accomplished by the construction of more railways. —High River Times.

Among our large assortment of Christmas Bon Bons, we have some very pretty Ladies' work boxes, handkerchiefs and glove boxes, hand-painted floral and other designs. —Phipps.

Nelson's flagship Victory, almost the last relic of the great naval wars, is to be rigged, repainted, and as nearly as possible restored to the condition in which she gloriously led the fleet into the battle at Trafalgar.

The last Empress boat sailing for Britain carried 1,721 holiday passengers who will spend Christmas in the home land a large proportion of them are from the western provinces. The tales these successful settlers will tell in Great Britain will do more good than several car loads of immigration literature.

It is a good thing to live in a land where everything is new and where you can start with a clean sheet. In Alberta we have Government telephones, and we now telephone from Lloydminster in the northeast to Cardston, seven hundred miles in the southwest. Besides, we farmers are getting in on the ground floor, and six hundred miles of the total two thousand miles of the system are farmers' lines. That means that we Alberta farmers are enjoying some of the latest conveniences of civilization. —Toronto News.

Premier Rutherford of Alberta has outlined an extensive policy of railway building, and has declared that if the Dominion will not assist, then the people of Alberta will help themselves. Alberta is probably more in need of railways than any other part of the Dominion, and in regard to some lines it is possible Mr. Rutherford will advocate a Provincial Government railway such as Ontario has built. —Toronto News.

During the month of October the dairy department of the Montana Agricultural College, which is in charge of a Canadian old boy, Prof. W. J. Elliot, ran a dairy special train through the state for the purpose of conducting an educational campaign in the business of dairying. The train contained five cows, a milking machine, a fully equipped dairy, dairy literature, and a staff of lecturers. Dairying is becoming popular in Montana on account of the good markets in the mining districts. These markets give high prices for butter, ranging three to seven cents per pound higher than in the more easterly states. Five years ago there were only two creameries in the state, while today there are over forty, some of them bringing cream a distance of six hundred miles. The milking machine is being recommended where more than twenty-five cows are kept.

A choice line of Christmas candies and nuts at Lambs.

Grand Ball in the Assembly Hall Friday night the 25th.

Fresh Baltimore Oysters, selected, always on hand at Phipps.

Five and ten year terms given on loans with the Great West Life Co.

See the new machine and the extra fine program at the Bijou tonight.

Mr. M. A. Coombs, has built a large brick addition to his Sundry on Main Street, in order to meet the heavy increase in trade.

Don't forget our prize waltz Christmas eve Dec. 24th., after the show. Dancing from 10 to 3.30 a. m.

Gourlay Pianos and Organs and Singer Sewing Machines on view at A. T. Henson's Photo Parlors.

One of the largest cement plants in the world is located at Exshaw, Alberta, and it is now shipping cement to the United States, chiefly to Spokane.

The Bijou will give a Most Light Dance New Years Eve from 10 to 3.30. Special decorations for this event. This will be the best dance of the season.

You can rest assured that when you buy your jewelry from us, it will be reliable, as we do not sell inferior goods, at the Drug Store, Jewelry Department.

Mr. William Bradbury came in on Monday's train from Magrath where he has been working since 1st. May on the A. R. and I. Co. as section hand. He will stay home for the winter.

This is Canada's century and the eyes of the world are directed to this great Dominion. But outside attention is not confined to the earth. A late dispatch says that "Halley comet is coming our way." It may be necessary to enact legislation governing immigration from Mars or Venus.

For Christmas and New Year Holidays the Canadian Pacific Railway announces a rate of fare and one third for the round trip. Tickets on sale for Christmas, December 21, 22, 23, 24 and 25, for New Year, December, 28, 29, 30 and 31 and January 1, final return limit on all tickets January 5, 1909.

After all is said and done, it is only duty and justice, to encourage your home paper, extend to it the nourishment to which it is entitled; pay your subscription promptly and send a few copies to your friends, they will appreciate the favor and so will we, and through this medium Cardston will be well advertised.

Governor John A. Johnson of Minnesota is out for free trade between Canada and the United States. Minneapolis would like to keep her mills going on Canadian wheat and St. Paul would like to sell her manufactures in the Prairie Provinces. But United States trade with Canada is jugged enough already.

A heavy demand for Bibles more than seventy years old is reported from England. This does not indicate an increased interest in Scripture or bibliography. The Bibles are wanted for the purpose of writing in birth records in order that old age pensions may be secured.

Mr. J. J. Hill says that wheat is the modern lotus flower and that, when people once taste it, they will never again be content with poorer fare. Unlike the lotus-eaters of old, however, the wheat-eaters do not dream away the time in idleness, but go out to conquer the world.

Denmark for the past eight years has carried on the work of seed cultivation and selection particularly in regard to root crops and grasses. The result is that the yields of Danish farms are increasing, and further Denmark's exports of seeds are going up rapidly. There is just as much benefit in using pure-bred seed as in raising pure-bred stock, and Canada has not too soon taken up the work of seed improvement.

Alberta is getting her telephone system into shape. By the construction of two hundred miles of trunk line and four hundred miles of farmers' lines the leading centres of the Province are now pretty well connected and many of the farmers are enjoying telephone communication. It is possible now to telephone from Edmonton to Lloydminster from the east, to Banff in the west and to Cardston in the south. All told, there are about two thousand miles of line in the Province. —Toronto News.

Business is all right.

Only one day more until Christmas.

Hot Tamales and Hyt Scotch Meat Pies at J. T. Nobles,

C. F. Fox, Raymond was in town this week.

Lumber \$21.00 per M at H. D. Folsom's Lumber Yard.

There is one thing worse than "quitter," the man who is afraid to begin.

The special Christmas services in the Assembly Hall on Sunday evening were well attended.

Big reductions in building materials at H. D. Folsom's Lumber Yard.

A. Briggs and Carl Anderson, Magrath, spent Saturday and Sunday in town.

Mr. W. R. Vaughan leaves today for Oregon, where he will spend the winter months.

Mr. Albert Henson is now prepared to do repair work of all kinds in the line of whip lashes, etc. Leave orders at Photo Parlors.

If your farm is well improved the Great West Life will loan you money on it. A. M. Heppler, Agent.

Just in for Christmas trade a large supply of Biss Native Herbs, a most reliable medicine for child and adult. Sole Agents, Phipps.

Do evil that good may come, say some. Our experience has been that when we do evil we get it in the neck.

To meditate lugubriously is sometimes considered the proper way to be religious. Christmas joys should dispel such ideas.

John A. Woolf and John W. Woolf came from Cardston last Sunday. The former will spend the winter in this city, the latter in Salt Lake—Logan Republican.

Don't forget the Bijou's Matinee Christmas from 5 to 6.30. Prices 10, 15 and 25. Extra fine program Christmas night. Prices 15, 25 and 35.

Misses Effie Skouson and Bertha Thompson, and Messrs. Roy Rose and Rod. Whitbeck, Raymond, spent Saturday and Sunday in town.

We are headquarters for watches, rings, jewelry and novelties. Come and see them and get our prices, at the Drug Store, Jewelry Department.

The lucky number that wins the Singer Sewing Machine given away by the Knitted Raiment Factory Ltd., as a prize to its customers will be published in this paper early in January. Keep your tickets and compare them with them with the numbers published and claim the machine if you hold the right number.

201 Geo. H. Budd, Manager.

Notice
I wish to inform the public that I have appointed Mrs. Sara McLenan to act as my attorney, in place of Jos. B. Vaughan, who has acted in that position heretofore.

3. J. S. Sgd. W. R. Vaughan

The annual report of the secretary of agriculture at Washington gives the information that the capital of the farmers of the states, has increased during the past eight years 80 per cent., attaining in round numbers an aggregate wealth of twenty-eight billion dollars. The report shows that the value of farm products for 1908 was four times the value of the mining output, including mineral oils. Near forty per cent. of all raw material used in manufacturing comes from the farms. The report further shows that the number of farms is steadily increasing indicating the fact that the soil is not being monopolized by large holders.

No better augury of a country's future could be thought of. There is nothing that more effectively secures steadfastness of prosperity than valuable agricultural assets and for this reason Calgary may rejoice. There is no recent report on the increase of farm wealth in Alberta, but it may safely be figured at about a thousand per cent. And its increase of the past will scarcely be a circumstance in the future. With proper railway facilities, the agricultural wealth of Alberta would go soaring away into figures that, written down now, would read like a pipe dream. —Calgary Herald.

We wish you all a

Merry Christmas

and a bright and

Prosperous New Year

Cardston Mercantile Co. LIMITED.

What looks better than a room nicely decorated with fine quality pictures. I have just what you want in

Pictures

— AND —
Frames

The best stock of Frames ever in Cardston

Show rooms for Gourlay Pianos and Organs, and Singer Sewing Machines.

A. T. HENSON
PHOTO PARLORS

"But can You do That?"

Oh yes. Our business methods are different! We sell land and get the cash for it

List your property now as we are appointing our agents in the States and contracting for advertising—making ready for an early and vigorous spring campaign

OFFICE AT THE CARD HOUSE

Weeks-Brownrigg
Land Co.

Woolford Farm For Sale

This property consists of 301 acres of good farming land and is situated six miles due east of town. Together with all the modern improvements, it has good house, stables, granaries and cattle, horses, farm machinery, etc. Will sell altogether or separately. For full particulars apply to T. H. Woolford, Cardston.

The wheat yield of Alberta this year was over 5,500,000 bushels, and the oat crop over 12,000,000 bushels. This is clear gain, because we always used to think Alberta would be entirely a stock raising country.

Bank of Montreal

ESTABLISHED 1817

Capital (all paid up) \$14,400,000
Res. Fund \$12,000,000

Head Office: Montreal

HONORARY PRESIDENT
Rt. Hon. Lord Strathcona and Mount Royal
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Hon. Sir Geo. A. Drummond
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Branches in every Province of the Dominion, also in New York, Chicago and London, England

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A General Banking Business Transacted

Cardston Branch - F. G. WOODS
(MANAGER)

92½ cents per bushel
for Wheat

is the price we will pay you in flour, during the next few days

We have to move our warehouse and offer the above terms while it lasts. First come, first served.

The Cardston Milling Co., Limited

THE HOUSEMOTHERS' EXCHANGE

THE well-told tale of the perplexities the 19-year-old housewife has met in her efforts to set a "good table" on an income of \$11 a week has touched a responsive chord in so many hearts, and called forth such a wealth of affectionate counsel, that I am constrained to make today's issue of the Exchange a sort of symposium for her benefit. The chief end of our Corner is mutual helpfulness—not one-sided advice or complaint that falls still-born, so far as real good to write or reader goes. Our letters to the youthful inquirer are from all parts of our territory. "One touch of nature makes the whole world kin."

No. 1 is from the East:
Having read of the housewife of 19 who has to make both ends meet on \$11 a week, I offer these suggestions:
Liver, tripe and kidney make a nice change in the bill of fare and are cheap. Skirt steak, at from 12 to 14 cents a pound, may be filled with breadcrumbs and fried in a roll for a Sunday roast. Two calves' hearts at 8 or 10 cents apiece may be stuffed and roasted. Or a beef heart, at 25 cents, may be stuffed and roasted until sliced when cold to make two meals at least.
One pound of steak at 14 cents, chopped fine by the butcher, is "all meat" and seasoned to taste (I use onion and marjoram), made into balls and fried in some of the bacon fat saved from the breakfast bacon, goes farther than anything else I know of in the meat line. Fried beef makes a nice change.
I have a few other recipes in other

lines, but this seems rather long already.
SUBURBANITE (Holmesburg, Pa.).
If the other recipes are as practical and as clearly expressed as those you have sent in, let us have them, by all means. The chopped beef, as "Hamburg steak," may be had all ready for seasoning at the butcher's. A common fault is to serve it roasting with onion. My cook puts very little onion juice in it, seasoning with salt, pepper and herbs. Then she rolls the cakes in fine crumbs, and leaves them on the fire for an hour before trying them in dripping. When they are done, she serves in a hot platter, pouring over them a brown gravy made from soup-stock or from left-over gravy from a roast. Treated thus, they take rank among respectable luncheon or dinner dishes.
A western housemother steps forward, in turn.
The 19-year-old child wife asks for cheap and nourishing dishes.
This may help her on one round: Get a shank of pork, a liver of a young pig and a pound of barley. Cut the liver and meat into small pieces. Cover with water and cook slowly until tender. Put no salt or other seasoning in until it has boiled ten minutes. Take up with a perforated spoon and put into a chopping tray. Wash the barley and soak for an hour while the meat is cooking. When you take up the meat, turn the soaked and drained barley into the pot containing the broth and simmer tender. It should be a thick mush. Grate an onion and mix the juice with the chopped meat. If there is not enough liquor

to cover the barley, add water, and stir often to prevent sticking to the sides of the pot.
When the meat and liver are chopped fine stir into the barley-mush in the pot. Mix well.
This makes a big kettleful. If you do not want so much, buy half the quantity of materials. It will not cost much if you get all. A pig's liver is 19 cents; the meat will be but 19 or 23 cents more; an onion is a penny, and barley is 5 cents a

pound.
Let the mush and meat get cold and stiff; slice, and fry as you would fry browned hash. Serve baked potatoes with it, and some sweet relish or pickle.
I am not "hard up" by any means, but I often make this dish for my family. We like it very much, and it is good and nourishing.
Mrs. B. R. E. (St. Joseph's, Mich.).
You have described something so like

the far-famed Philadelphia scrapple as to make our mouths water. It is better than that savory compound in that it contains barley, which is more palatable and more nourishing than cornmeal.
One of our efficient corps of California housemothers incloses under cover to me a letter for the "child wife," making inquiries bearing so strongly and directly upon the subject which concerns most of us that I take the responsibility of publishing it here, and of asking the young housekeeper to answer it in the same way. She is a representative seeker for the "more excellent way" our California correspondent is apparently qualified to teach, and we have a right to learn with her.

Mrs. O. J. E.
Dear Madam—If you will send me full particulars as to rents and prices of provisions in your town, I could advise you more intelligently than I can without knowing of these and some other matters.
1. Does your husband take his luncheon to his work with him?
2. Does he ride or walk to his place of business?
3. Does he shave himself?
4. Do you do your own washing and ironing?
5. Do you know how to make biscuits and pies and bread?
All these items must be taken into account in computing weekly expenses. I think it is cheaper to buy bread for two people than to make it.
6. Do you cook with gas, or how?
7. What kind of light do you use—gas or lamps or electricity?
If you will answer these questions, I will lay out your money for you for two weeks, and send you recipes for the dishes I name. The expense of all will be less than \$11 per week.
Mrs. W. S. P. (Los Angeles, Cal.).
A Canadian co-worker proffers a similar request:
Would you favor me by asking "Mrs. O. J. E." (of Worcester, Mass.) to send her recipes and ideas that would suit her, having been in a

FAMILY MEALS FOR A WEEK

SUNDAY
BREAKFAST.
Melons, cereal and cream, calf's brains (fried), salty lumps, toast, tea and coffee.
LUNCHEON.
Jellied calf's tongue, tomato sauce, salt, brown bread, cream cheese, butter and cranberries, lead tea and lukewarm.
DINNER.
Cream of asparagus soup, brown rice, cream of chicken, boiled rice, crisp corn pudding, black and white coffee.
MONDAY
BREAKFAST.
Fruit, cereal and cream, bacon and eggs, toast, tea and coffee.
LUNCHEON.
Cheese fondy, lettuce salad with French dressing, sandwich, cranberry bread and cranberry sauce, tea.
DINNER.
Tomato soup, green peppers stuffed with minced chicken and rice (a left-over), young onions, spinach, turkey berry cake and coffee.
TUESDAY
BREAKFAST.
Fruit, cereal and cream, omelet, baked toast, white bread, tea and coffee.

LUNCHEON.
Breaded saddle of the brown bread and butter, onion soup (a left-over), salad, cranberries, sugar kaiserbread and marmalade, tea.
DINNER.
Potato soup, ragout of veal and green peas, fried sprouts, sugar kaiserbread and marmalade, tea.
WEDNESDAY
BREAKFAST.
Melons, rice boiled in milk, eaten with cream, black and white coffee.
LUNCHEON.
Stew of veal and peas (a left-over), cream of chicken, cranberries, lead tea and coffee.
DINNER.
Potato and onion soup (a left-over), rolled beefsteak, cranberries, turkey berry cake and coffee.
THURSDAY
BREAKFAST.
Fruit, cereal and cream, omelet, baked toast, white bread, tea and coffee.
LUNCHEON.
Savory stew of beef (a left-over), tomato toast, baked potatoes, berries and cream, cocoa.

DINNER.
Milk, stewed soup, roast lamb, green peas, cranberries, breaded and baked plum tart, black coffee.
FRIDAY
BREAKFAST.
Fruit, cereal and cream, fried panfish, potato biscuits, toast, tea and coffee.
LUNCHEON.
Baked salmon, tomatoes, lettuce and tomato salad, crackers and cheese, cake and stewed tea.
DINNER.
Clam broth with whipped cream on top, curry of lamb (a left-over), rice, cranberries, stuffed tomatoes, peach jelly-pot, black coffee.
SATURDAY
BREAKFAST.
Fruit, cereal and cream, bacon and eggs, muffins, toast, tea and coffee.
LUNCHEON.
Haddock roe, stuffed potatoes, tomato sauce, cranberries, cranberries, lead tea and coffee.
DINNER.
Béchamel soup, mutton chops baked in casserole, spinach, green peas, potatoes with cake, black coffee.

Answers to Correspondents

For Oily Skin

F. D.—Banish all rich and greasy foods, for diet has a great influence on the condition of the skin. Wiping off the face occasionally with diluted alcohol (25 per cent. strength) is beneficial in the case of an oily skin. A few drops of ammonia or a pinch of borax in the water with which the face is washed is also helpful.

Solution to Keep the Hair Curled

MARY J. H.—The following recipe for a hair-curling lotion may be helpful: Gum arabic, one ounce; good molasses, one-half ounce; pure hot water, three-quarters pint; alcohol, two fluid ounces; bicarbonate of mercury, six grains; sal ammoniac, six grains.
The last two should be dissolved in the alcohol before admixture. Lastly, add enough water to make the whole measure one pint. Perfume with cologne or lavender water. Moisten the hair with the fluid before putting it in the papers or curlers.
This is too strong a solution to be applied repeatedly, as it would surely have a destructive effect on the hair follicles. Therefore, it should not be too frequently applied and not at too short an interval. An occasional use, however, is practically harmless.

Tonic for Falling Hair

A. F. M.—The following recipe for hair tonic will increase the growth of your hair, if you use it persistently: One-half dram of phenol, seven and a half grains tincture nux vomica, one ounce tincture cinchona, one-half dram tincture of cantharides, four ounces cologne, and two ounces sweet almond oil. Apply to the roots of the hair with a soft sponge once or twice a day. This lotion is especially good for very dry hair.
This is a preparation which has been helpful to many persons troubled with dandruff: One ounce of tincture of cantharides, one dram liquid ammonia, one ounce glycerine, one-half ounce oil of thyme, and one-half dram rosemary oil. Mix all together with six ounces of rosewater. Rub the scalp thoroughly with the preparation until the dandruff entirely disappears.

Tea Hair Tonic

READER—Here is a recipe for a tonic which will darken the hair somewhat: Bay rum, two ounces; glycerine, two ounces; alcohol, two ounces; infusion of black tea, one quart. Mix and perfume to suit. The tea infusion should be made very strong, say an ounce of tea to ten or twelve ounces of boiling water. Let it steep for twenty minutes, then strain till cool, strain and add the other ingredients; apply with a soft sponge to the roots of the hair. It will darken blonde hair.

To Sweeten the Breath

ALICE B.—For a bad breath hold listerine and water in the mouth as long as possible. Gargle with listerine after meals.
When troubled with an offensive breath extra care should be taken of the teeth. This recipe makes a very good tooth powder, which should be used after each meal: Four ounces of precipitated chalk, eight ounces powdered orris root and one ounce powdered camphor. Triturate the camphor in a mortar, moistening it with a very little alcohol. Add other ingredients. Mix thoroughly, and sift through a fine bolting cloth.

Orange-Flower Skin Food

QUEENIE—Here is the recipe for the orange-flower cream. This cream is excellent for improving the condition of the skin, making it smooth and clear: Oil of sweet almonds, four ounces; white wax, six drams; spermaceti, six drams; borax, two drams; glycerine, one and one-half ounces; orange-flower water, two ounces; oil of neroli, fifteen drops; oil of bigarade (orange skin), fifteen drops; oil of petit grain, fifteen drops.
Melt the first three ingredients, add the glycerine to the orange-flower water and dissolve the borax in the mixture; then pour it slowly into the blended fats, stirring continuously.

To Polish Finger Nails

Mrs. W. I. P.—The best way to polish the nails is to put a little powder in the palm of your hand and rub the nails briskly. This gives the nails a pretty pink flush. Try this recipe for

hair powder: Talcum powder, one-half ounce; pumice stone, pulverized, two ounces. Mix thoroughly, add fifteen grains of carmine and a few drops of oil of rose, if a perfume is desirable. Sift through silk bolting cloth.
When annoyed with perspiring hands this recipe for a lotion will prove valuable: Boric acid, eighty grains; borax, 120 grains; salicylic acid, 150 grains; glycerine, two ounces.
Rub on the hands four or five times a day. Wash the hands in warm water before applying and dry carefully. Shake well. If the glycerine is heated it will increase the solubility of the preparation.

Poor Blood

HOPEFUL—To improve the condition of your skin I would advise you first to get a good tonic for your blood and take it regularly. Taking a dose one day and not taking any for the next two or three days will do you no good whatever. Along with the internal treatment it will be helpful to try some external means to get rid of the blemishes. Bathe the face in hot water, then steam it over a basin of boiling water. After drying the skin apply a good cream. The following recipe will make up into a splendid face cream: White wax, two ounces; spermaceti, two ounces; sweet almond oil, twelve ounces; distilled water, two ounces; glycerine, two ounces; salicylic acid, ninety grains.

Chest Weights

SKINNY—Chest weights are used to develop the muscles and increase the size of the chest. They are weights on pulleys which are fastened either to the floor or wall, and as the strength increases the weights are made heavier. They may be purchased at the athletic department of any store.

To Cure Double Chin

X. Y. X.—To help to reduce a double chin practice the following exercise: 1. Stand erect in military position. Place the hands lightly on the hips, fingers forward. Drop the chin slowly on the collarbone; then throw the head back to a quick, even movement that is not a jerk, but yet puts all the muscles into quick play. Repeat ten times. Turn the head quickly to the right till the chin is just over the right shoulder; then back again. Repeat ten times; then turn the head to the left in the same way. Repeat ten times. Do not tire the muscles of the neck, but gradually increase the number of exercises daily, until you can practice each one about fifty times without any discomfort.

Troubled With Dandruff

D. Z.—A little vasoline rubbed well into the roots of the hair will soften the dandruff so that it will brush out easily. Don't attempt to comb it out, as this will only irritate the scalp and increase the dandruff.
This dandruff remedy will prove helpful: Moisten the scalp with olive oil. When crusts are soft, wash scalp with tincture of green soap. Rinse thoroughly and apply, simply, oil to the scalp. Rub this with your fingers and then use the following lotion daily: Ammonia muriate, ten grains; glycerine, one ounce; rosewater, five ounces. Rub this briskly into the scalp. At the end of ten days shampoo.

Lotion for Oily, Damp Hair

KATE—For greasy, moist hair the following is an excellent drying lotion. If condition is extreme, produce a crispy process: Bicarbonate of soda, powdered, one-fourth ounce; borate of soda, powdered, one-quarter ounce; eau de cologne, one fluid ounce; alcohol, two fluid ounces; distilled water, sixteen fluid ounces. Mix and agitate until solution is complete.

Lotion for Premature Wrinkles

MOTHER—You will find this recipe for a lotion very good for removing all traces of wrinkles: Alum, powdered, seventy grains; almond milk (thick), one and one-half ounces; rosewater, six ounces. Dissolve the alum in the rosewater, then pour gently into the almond milk, with constant agitation. Apply with a soft linen cloth every night before retiring.

To Whiten the Neck

SUBSCRIBER—Wash the neck and face with warm water to remove all dust and dirt. Then rub the neck with equal parts of pure cream and lemon juice. The cream does away with scragginess and feeds the skin, while the lemon juice whitens it.

Prince Humbert

HERE is the photograph of another prince. This is Humbert, prince of Piedmont, and son of King Victor Emmanuel III and Queen Helene of Italy. He is crown prince, so in case of his father's death, he will ascend the throne of Italy. Quite a serious prospect, isn't it, for a little fellow who is not yet a year old!



Humbert shouldn't be nearly as lonely as the little prince of Spain, because he has three little princess sisters, Iolande, Matalda and Giovanna. And they are all as pleasant-looking as the prince himself.

should be kept out of reach of children and the bottle should be labeled.
The hands in summer are very likely to become tanned and freckled, and both of these defects should be remedied at once. For this purpose it is always well to have a half lemon on the washstand so that the juice may be rubbed into the hands every time they are washed. This serves to keep the hands white and attractive.
Hard and callous hands should be washed in oatmeal water made by dipping little cheesecloth bags of oatmeal into the basin, or they may be washed in a paste made of raw oatmeal and warm water.
Gloves, too, are sometimes worn at night to soften and whiten the hands, and the gloves are prepared for use by ripping them open and spreading the inside with a paste. The ripped seam may be again sewed up. The paste is made of ground barley, the white of an egg, a teaspoonful of glycerine and one ounce of honey. The gloves should have the fingers cut off at the ends to allow the air to reach the hands. It is best to choose a large size.
A nice lotion for the hands is made by putting into a bottle two ounces of glycerine, two ounces of water, four tablespoonfuls of lemon juice and a few drops of carbolic acid. Shake well, and, after washing and drying the hands, rub a little of the mixture into them.
Sea bathing frequently makes finger nails brittle, but equal parts of turpentine and myrrh melted together and spread upon the nails at night will make them stronger, while that mixture may be removed with a little olive oil in the morning.
Freckles and sunburn often disfigure the wrists and arms, but there is a good remedy which may be put up in bottles and applied when convenient. Three drams of lemon juice, eleven ounces of hot water, two drams of borax, one ounce of red rose petals; dissolve all together. After twenty-four hours the whole is strained through a jelly bag; the clear portion is bottled with one ounce of glycerine and the remedy is ready for use.

Ideas and Recipes

I have taken from some "ideas" and recipes which you may find available for the Exchange:

1. Apple and other fruit pies run over very easily, and thus the bottom of the pie is lost. To prevent this, leave the undercrust extending about three-quarters of an inch beyond the edge of the pie tin. After you have put on the top crust, the edge of the lower is folded back over the upper and pressed down all around. By this contrivance the pie retains all the juice.
2. When sheets begin to show signs of wear they should be cut down the middle and the outside edges sewed together with a "whip" seam; then hem the raw edges. What were the outer edges, being selvages, the overhead or whip seam will hardly show. Or they may be substituted on the machine, one edge being laid over the other.
3. A new lease of life may be given to tablecloths by cutting out of strips of cotton on one side and one end, and then rehemming. This brings all the creases into different places.
4. A delicious berry shortcake may be made by using a regular biscuit dough. That is: Two cups of flour, two teaspoonfuls of baking powder and a pinch of salt. Sift the flour, baking powder and salt in a tablespoonful each of lard and of butter with the fingers. Wet with milk to a soft dough. Now roll out with a cookie cutter. This makes six individual shortcakes. When they are baked they are broken open and crumbed berries mixed with sugar and whipped cream put within them and on top. Cover them with whipped cream and stick a nut in the center of each on the cream.
5. A pretty way of serving watermelon is to cut it crosswise in slices about one inch in thickness. Then circles are cut out of the red "heart," one large one for the center and several smaller to lay about the large. The whole is arranged upon a freshly washed grape leaf. This avoids the rind, which is so much in the way, and very little of the eatable part of the melon is wasted.
6. When one does not like basting, a pretty way to finish the tops of "marbled" nightgowns, etc., is to sew the insertion on the top of the garment-flat. Then the ribbon may be run under the insertion.
7. A simple and excellent way of making plain cake is to substitute orange juice for milk or water. Other juices may be used in like manner.
E. E. F. (Kalamazoo, Mich.).

Thank you for the "perfect number" of helpful ideas. May I ask a single question? In substituting fruit juice for milk, is there not need of adding soda to neutralize the increased acid in the batter? I should fear that it would make the cake heavy. And would not a cupful of orange juice increase the cost of the cake unreasonably? It would take four oranges of medium size to make a half pint of the liquid substitute.

Let us hear from you again on this and upon other matters pertaining to the common good.

Try it Yourself.

A man once declared he could move an ordinary brick attached to two miles of cord along a level road. He failed to move the brick. It is estimated that the friction of the cord on the road made the weight of the brick and cord not far short of a ton.

Wanted the Soft Kind.

Little Boy—I want a nice brush, sir. Druggist—Any special kind?

Little Boy—Er—I think I'd like one with a soft back, if you have it.

CARE that the HANDS REQUIRE



THE hands have often been called the index of character, as the eyes are known as the windows of the soul, so surely such important members are well worth care. They need care, too, particularly in summer

time, when they are so seldom covered with gloves and when the sun has ample opportunity to mar their whiteness with tan and freckles. Ideal hands are white, not dead bluish white, but pinky white; they are not too soft—at least, not soft enough to lack character. The nails are man-

aged, and at all times of the year, perfect hands are neither too hot nor too cold. Of course, such wonderful hands are quite the exception, but every woman can do a little toward keeping them in condition. Perspiring hands are, for instance, far from desirable and a good remedy is to wash them in a solution

of tincture of belladonna one-half ounce, cologne water three ounces. This mixture should be kept at hand and always rubbed well into the skin after the hands are washed in hot water. As belladonna is a poison, the solution

of tincture of belladonna one-half ounce, cologne water three ounces. This mixture should be kept at hand and always rubbed well into the skin after the hands are washed in hot water. As belladonna is a poison, the solution

Libby's Food Products

Libby's Sweet Mixed Pickles

That firm, crisp quality and delicious flavor is what you get when you insist on Libby's Mixed Pickles at your dealers. They are always the finest and never disappoint. It's the same with Libby's Sweet Cherrins and Sweet Midgits. Ask for them.

Libby's Olives

The cultivation of centuries marks the olive groves of Spain as the world's best. Libby's Olives are imported from the oldest and most famous of these groves. The result is a rare product, delightfully appetizing. Try one bottle and you'll buy more and never be without them.

Libby's Preserves

Pure, ripe fruit and pure sugar in equal parts, cooked just right and timed to the second, in Libby's Great White Kitchen, is the secret of the extreme superiority of Libby's Preserves. There's none as good at any price. Grocers and delicatessen stores carry all of Libby's Food Products. They are warranted the best to both you and the dealer.



Write for free booklet—How to Make Good Things to Eat. Insist on Libby's at your dealer's. Libby, McNeill & Libby, Chicago.

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Have fitted up Libraries at Ottawa, Toronto, Belleville, Brampton, Chatham and Sarnia, and are the only Canadian Company that can furnish full information in regard to Card Catalogs, Charging Systems, Furniture and Book Stacks.

Information sent free of charge on application.

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WILSON'S FLY PADS

One packet has actually killed a bushel of flies.

—SOLD BY—
DRUGGISTS, GROCERS AND GENERAL STORES
10c. per packet, or 3 packets for 25c.
will last a whole season.

LOGIC.

"Look here, waiter, this pudding is wrongly named," grumbled a guest when brought the ice cream pudding she had ordered. "There ought to be ice cream served with it."

"Cannot help it, mum," replied the waiter. "We don't name the puddings. Besides, you don't get a cottage with a cottage pudding, you know."

Cupid used to aim his dart at a maiden's fragile heart. Now he aims, with cunning look, at her father's pocket book.

THERE ARE OTHERS.

Teacher—"Johnny, can you tell me what great crime Nero was guilty of?"
Johnny—"Yes'm. He played the fiddle."

DODD'S KIDNEY PILLS

FOR ALL KIDNEY DISEASE
URIC ACID
GRAVEL
RHEUMATISM
BRIGHT'S DISEASE
DIABETES
MIGRAINE
HEADACHE
NEURALGIA
PAIN IN THE BACK
AND OTHER AFFECTIONS
The public may be assured that these pills are genuine, and are sold only in the original wrapper.

ISSUE NO. 32-08.

EMERGENCY WAR-CHESTS.

Money Does not Last Long When War Begins.

The \$30,000,000 in gold, which Germany keeps hoarded up in the Julius Tower at Spandau against the next great European war, and which certain clerical members of the Reichstag recently wanted to convert to other and more immediate needs of the Empire, is not a great sum as Government war-chests go. In the event of hostilities breaking out with, say, France, it would probably be exhausted inside of a week.

True, in the war of 1870-71, Bismarck made the \$25,000,000 he had on hand last over the first fortnight. But wars then were not nearly so costly as they have since become. Russia possessed a war-chest of \$200,000,000 when hostilities broke out between her and Japan in 1904. Or, at all events, so she asserted. Yet she was borrowing money freely before the campaign was four weeks old.

This, by the bye, was the biggest "kriegsschatz" (emergency war-chest) ever got together by any nation, although the United States once bid fair to equal it. This was after the civil war of 1861-65, when the Government at Washington was in such dire straits for money that it notes sank in value until they would fetch something less than one-third their face value.

One of the first things it did, consequently, when public credit was at length fully restored, was to start a "kriegsschatz" with an eye to future emergencies. Its war treasure, however, was not in gold, but in coined silver, and the weight of this presently broke down the walls of the treasury, the resultant avalanche of dollars killing, and temporarily burying, several unhappy clerks.

After this experience, the United States determined to rely, as does Britain, on her ordinary bank reserve.

SKILLED.

"How did you acquire such skill?" asked the inquisitive one of the clever juggler.

"Why, I have a natural talent—hereditary, I might say. My father used to eat peas with a knife."

MOTHERS!

Give the Children a Chance

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box 100, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

Everything he wants will come to the man who waits until he doesn't want anything.

They Cleanse the System Thoroughly.—Parmelee's Vegetable Pills clear the stomach and bowels of bilious matter, cause the excretory vessels to throw off impurities from the blood into the bowels and expel the deleterious mass from the body. They do this without pain or inconvenience to the patient, who speedily realizes their good offices as soon as they begin to take effect. They have strong recommendations from all kinds of people.

They met in the street. "Do you remember me?" "Can't say that I do." "Well, just ten years ago to-night I asked you for a match at this corner. You gave it to me, I went home, lit the match, accidentally burnt the house down, and got a thousand dollars insurance. I am glad of an opportunity to reward you." "With—?" "With another match."



The final luxury of tea-drinking, the quality which distinguishes it as the world's best, is assured users of "Salada" Tea. Ask your grocer.

DEAR OLD DAYS.

"Why do you stick out the middle finger of your right hand so straight while you are eating?" asked the compassionate woman. "Was it broken?"

"No, mum," answered the hobo, with a sniff. "But during my halcyon days I wore a diamond ring on that finger, and old habits are hard to break, mum."

Lord Lewson—"Why, Pat, there used to be two windmills there." Pat—"Thrus for you, sir." Lord Lewson—"Why is there but one now?" Pat—"Bedad, they took one down to lave more wind for t'other."

Do you happen to know a father who would want his son to follow in his footsteps?

CANINE SUPERINTENDENT.

On Allan Line Docks at Liverpool, "Jack" Starts Day's Work.

A retriever known as Jack has taken upon himself the duties of canine superintendent of the Allan Line at The Canada dock, Liverpool. As soon as one of the company's steamers arrives he is the first up the plank, making tracks for the galley, where the cook awaits him with a bone.

At 7 o'clock every morning he ushers the dock laborers to their work, barking at the head of the procession. He accompanies them out to dinner, and leads them in again for the afternoon. Jack at 1 o'clock then may go a mile away to board an Allan steamer in the graving dock, but he never makes the mistake of going on a wrong vessel.

Sunday is Jack's visiting day. How he found out various Allan officials' homes in Everton or Walton, miles away, nobody knows, but he barks at the doors regularly and is taken in to dinner at one house and to tea at another. At 11 o'clock at night he returns to the dock, where he barks until the watchman opens the gate for him.

BABY'S GREAT DANGER DURING HOT WEATHER

More little lives are lost during the hot weather than at any other time of the year, diarrhoea, dysentery, cholera, infantum and stomach troubles come without warning, and when a medicine is not at hand to give promptly the short delay too frequently means that the child has passed beyond aid. During the hot weather months Baby's Own Tablets should be kept in every home where there are small children. An occasional dose of the Tablets will prevent stomach and bowel troubles. Or if the trouble comes unawares the prompt use of this medicine will bring the child through safely. Mrs. J. Renard, New Glasgow, Que., says: "One of my children had a severe attack of diarrhoea which Baby's Own Tablets promptly cured. I know of no medicine so good for stomach and bowel troubles." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

RACE FOLLOWING.

Wig—"Bjones follows the races, doesn't he?"
Wagg—"Yes, that is, I've never heard that he was ever ahead of them."

The Crick in the Back—"One touch of nature makes the whole world kin," sings the poet. But what about the touch of rheumatism and lumbago, which is so common now? There is no poetry in that touch, for it renders life miserable. Yet how delighted is the sense of relief when an application of Dr. Thomas' Electric Oil drives pain away. There is nothing equals it.

"Why, Jimmie, is it true that you gave little Bobbie a black eye?"
"Y-essum." "What excuse have you for such a brutal act?"
"Well, he provoked me." "How did he provoke you?" "He hit me back!"

Weak and Pale Women foolishly keep this way when they use of Ferromin. The best tonic, they could very quickly recover their health and strength. Try it.

Hewson—"That man Scalper has a natural bent towards speculation." Hume—"Yes, and the last time he bent too far and got broken."

They Advertise Themselves.—Immediately they were offered to the public, Parmelee's Vegetable Pills became popular because of the good report they made for themselves. That reputation has grown, and they now rank among the first medicines for use in attacks of dyspepsia and biliousness, complaints of the liver and kidneys, rheumatism, fever and ague and the innumerable complications to which these ailments give rise.

"Dat boy," said the negro sadly, as he prepared to administer to little Ephraim Rastus his eighth spanking in the last three days, "is a mighty bad boy. He's de white sheep of de family."

Regarded as one of the most potent compounds ever introduced with which to combat all summer complaints and inflammation of the bowels, Dr. J. D. Kellogg's Dysentery Cordial has won for itself a reputation that no other cordial for the purpose can aspire to. For young or old suffering from these complaints it is the best medicine that can be procured.

An old woman of the name of Gordon, in the North of Scotland, was listening to the account given in Scripture of Solomon's glory, which was read to her by a little grandchild. When the little girl came to tell of the thousand camels which formed part of the Jewish Sovereign's live stock, "Eh, lassie," cried the old woman, "a thousand Camphalls, say ye! The Campbells are an auld clan, sure enouch; but dinna ye see the Gordons, too?"

Looks now as though we ought to have a good ice crop.

ALL RUN DOWN.

Miss Della Stroebel, who had Completely Lost Her Health, Found Relief from Peruna at Once.

Read What She Says:

MISS DELLA STROEBEL, 710 Richmond St., Appleton, Wis., writes: "For several years I was in a run-down condition, and I could find no relief from doctors and medicines. I could not enjoy my meals, and could not sleep at night. I had heavy, dark circles about the eyes.

"My friends were much alarmed. I was advised to give Peruna a trial, and to my joy I began to improve with the first bottle. After taking six bottles I felt completely cured. I cannot say too much for Peruna as a medicine for women in a run-down condition."

Peruna Did Wonders. Mrs. Judge J. P. Boyer, 1421 Sherman Ave., Evanston, Ill., says that she became run down, could neither eat nor sleep well, and lost flesh and spirit. Peruna did wonders for her, and she thanks Peruna for new life and strength.

900 CUBIC FEET OF GOLD.

All the gold mined during the year 1908, says Mr. T. F. Van Wageningen, could be packed into a room 10 feet square and 9 feet high. The value of this gold is about \$400,000,000, and its weight is nearly 674 tons. Since the discovery of America the world has mined altogether about 21,424 tons of gold. That part of the globe controlled by the Anglo-Saxon race has been the most prolific in gold, having produced five-sixths of the total amount mined in 1908.

A CONTEST WORTH ENTERING.

A Life Annuity of FIFTY-TWO DOLLARS is offered by the ORANGE MEAT people to the one sending in the largest number of bottoms of ORANGE MEAT packages before May 31, 1909. This means that the winner will receive One Dollar EVERY WEEK, or FIFTY-TWO DOLLARS every year, as long as he or she lives, or they can exchange it for a CASH PRIZE of SEVEN HUNDRED DOLLARS. Besides the above there is a second Cash Prize of ONE HUNDRED DOLLARS, also other Cash Prizes as follows:—
Ten Cash Prizes of TWENTY DOLLARS each.
Ten Cash Prizes of TEN DOLLARS each.
Twenty Cash Prizes of FIVE DOLLARS each, and ONE HUNDRED Cash Prizes of ONE DOLLAR each.

The only condition attached is that you cut out the bottoms of the ORANGE MEAT packages and send them in to ORANGE MEAT, Kingston. The bottom of a Jumbo package counts equal to Three of the smaller size. You should be able to win one of the above prizes if you start immediately and get your friends to help you. Send your name and address to ORANGE MEAT, Kingston, T.O., and state that you are entering the contest. It is surely worth trying for.

"How did the wedding come off to-day?" "Without a hitch." "Glad to hear it." "I said without a hitch. The bride backed out at the last minute."

You cannot be happy while you have corns. Then do not delay in getting a bottle of Holloway's Corn Cure. It removes all kinds of corns without pain. Failure with it is unknown.

Miss Dressington (to little boy who is siddling up to her)—"What do you want, dear—to give me a kiss?" Little Boy—"No, I want my bread-'n'-butter that you're sittin' on!"

Scratching is foolish; it only makes a bad matter worse. Weaver's Cerate allays the pain, cleanses the skin of scurfiness and other sores; why not buy a bottle today?

The Bank of England is empowered by its charter to sell any goods or merchandise upon which it has advanced money, and which have not been redeemed.

Help your children to grow strong and robust by counteracting anything that causes ill-health. One great cause of disease in children is worms. Remove them with Mother Graves' Worm Exterminator. It never fails.

Third-Floor Tenant—"See here! I'm one of a committee of men in this building, and I've called to ask you to sell your fute." Second-Floor Tenant—"Delighted to see you. I am one of another committee, and was about to come up and ask if you'd sell your baby."

Get acquainted with **Black Watch** the big black plug chewing tobacco. A tremendous favorite everywhere, because of its richness and pleasing flavor.

RECIPES FOR LONG LIFE.

Thomas Kelly, of Ballygawley, County Tyrone, Ireland, who at 107 climbed a ladder and repaired his own roof, is the latest centenarian to give to the world his recipe for old age, which is made up of "plain food, early rising, hard work, a sparing use of alcohol, plenty of fresh mountain air," says the Westminster Gazette. A Mrs. Mary Bradley attributed her good health at 101 to her lifelong indulgence in a daily cold bath. Miss Eliza Works at 105 said:—"I attribute my long life to temperate habits and to my favorite diet of bread and milk. I never ate sweetmeats or drank tea or coffee."

Celebrating a wooden wedding doesn't always demonstrate that the husband is a perfect stick.

FITS

PERMANENTLY CURED BY DR. KLINE'S GREAT NERVE RESTORER

\$2 TRIAL BOTTLE FREE

Sent through Canadian Agency Permanent Cure, not only temporary relief for Nervous Debility, Epilepsy, Spasms, St. Vitus Dance, Debility, Exhaustion. Founded 1871.

DR. H. R. KLINE, Ltd., 631 Arch St., Philadelphia.

AGENTS WANTED. A reliable man in every city and town in Canada with waterworks to sell a patented article in every home, hotel and public building. Sells at sight. Hustlers can and are making \$5.00 a day. Write at once for particulars. Geo. T. Cole, Owen Sound, Ontario.

The Mild Climate of Virginia

offers splendid opportunities for stock raising, fruit growing, dairying and general farming. Winters are short. Climate healthful. Land good and selling below its value, but increasing in value each year. Many Canadians are living in Virginia. Write for information to G. W. KOEHLER, Commissioner of Agriculture, Richmond, Va.

CLEANING LADIES' ...

WALKING OR CUTTING SUITS

Can be done perfectly by our French Process. TRY IT

BRITISH AMERICAN DYEING CO.

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All prices and styles from \$12.40 to \$2.40. Write for free catalogue.

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Correspondents—Chas. Head & Co., Members New York and Boston Stock Exchanges.

PANGO

For Neuralgia, Headache, Rheumatism, Pain, Etc.

50 CENTS. ALL DRUGGISTS, OR

The Pango Company, Toronto

WHOLESALE

LYMAN BROS. & CO., Toronto and Montreal; LYMAN KNOX & CLARKSON, Toronto; NATIONAL DRUG CO., London.

LARDER CITY GOLD MINES LIMITED.

(No Personal Liability)

Authorized Capital, \$4,000,000.00

Directors—President, Arthur Dinnis, contractor, Toronto; Vice-President, A. S. Wigmore, Manager Holmes Electric & Protection Co., Toronto; Secretary-Treasurer, Fred Armstrong, contractor, Toronto; F. H. Herbert, architect and engineer, Toronto; J. C. Holby, contractor, Toronto; George Duthie, manager Roofers' Supply Co., Toronto; J. H. Tighe, miner, Larder City.

Bankers—The Crown Bank, Toronto.

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The property consists of 28 40-acre claims immediately adjoining the now famous Harris Maxwell and upon the same amount of development should prove equally as good. 100,000 shares are now offered to the public at 15 cents per share. Do not lose this golden opportunity of investing in one of the most promising properties in the district. For full particulars apply to

HENRY F. DARRELL, FISCAL AGENT, No. 8 Colborne Street, Toronto.

LADIES

Send your name and address and you will receive a free sample of SLOCUM'S COMPOUND PENNYROYAL TEA. Every mother and lady should use it. Used successfully by thousands of ladies. A powerful but harmless vegetable medicine for sickness peculiar to women and all diseases arising therefrom. See size for sale by all druggists. Dr. T. A. Slocum, Limited, 175 King St. W., Toronto.

Bell

IS THE NAME OF CANADA'S BEST PIANO

Send for free catalog, No. 75.

The Bell Piano and Organ Co., Ltd., Guelph, Ont.

Every Farmer Knew

how much money he could save by using a Fairbank-Morse saw. All-Trade Gasoline Engines to saw wood, pump water, grind feed, &c. We would not be able to supply the demand. Cut this ad. out and send to us to-day, and we will send you our free catalogue.

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Address _____
The Canadian Fairbanks Co., Limited, Toronto, Ont. Montreal, Winnipeg, Vancouver.

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Near 60th Street Subway and 52nd Street Elevated Station.

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Have closed deal whereby I can sell 320 acres, war grant, \$1.65 per acre. Choose land any time up to end 1910.

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The Local Improvement Act, Village Act and School Assessment Ordinance

Notice is hereby given that under the provisions of the Local Improvement Act, Village Act and School Assessment Ordinance the Honourable Mr. Justice Beck has appointed Tuesday, January 12th, 1910, at ten o'clock a. m., at the Court House in the City of Lethbridge for the holding of a Court for confirmation of the Estimates made under the Provisions of section 91 of the Local Improvement Act in respect of the following Local Improvement Districts, viz:—Local Improvement Districts 62 and 66. And of section 92 of the Village Act in respect of the following Villages, viz:—The Village of Striving and the Village of Stavelly. And of section 19 of the School Assessment Ordinance in respect of the following School Districts, viz:—School Districts Nos. 408, 410, 484, 678, 694, 825, 1196, 1271, 1281 and 1485. Dated at Edmonton this 10th day of November, 1908.

J. N. STOKES,
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STRAYED—On the premises of J. A. Strate N. W. 12, 2, 28, one brown mare branded T on right shoulder.
3 J. 1

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KIMBALL - - - ALBERTA

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We carry a full line of merchandise

FREE! FREE!

We are giving a beautiful watch away at Christmas. Call and examine it—you might be the lucky customer.

LOW & JENSEN

SYNOPSIS OF Coal Mining Regulations

Coal mining rights of the Dominion, in Manitoba, Saskatchewan, Alberta, the Yukon Territory, the North-West Territory and British Columbia, may be leased for a term of twenty-one years at an annual rental of \$1 an acre, not more than 2,560 acres will be leased to one applicant.

Application for a lease must be made to the Agent or Sub-Agent of the district in which the rights applied for are situated.

In surveyed territory the land must be described by sections, or legal sub-divisions of sections, and in unsurveyed territory the tract applied for shall be staked out.

Each application must be accompanied by a fee of \$5, which will be refunded if the rights applied for are not available but not otherwise. A royalty shall be paid on the merchantable output of the mine at the rate of five cents per ton.

Every lessee of coal mining rights which are not being operated shall furnish the district agent of Dominion Lands with a sworn statement to that effect at least once in each year.

The lease will include the coal mining rights only, but the lessee may be permitted to purchase whatever available surface rights may be considered necessary for the working of the mine at the rate of \$10 an acre.

For full information application should be made to the Secretary of the Department of Interior, Ottawa, or to any Agent or Sub-Agent of Dominion Lands.

W. W. CORY,
Deputy Minister of the Interior.

Municipal Directory, '08

TOWN GOVERNMENT

Mayor—J. T. Brown
Council—H. Stappole, Wm. Barton, J. C. Cahoon, M. A. Coombs, Thos. Duce, J. Hunt,
Secretary-Treasurer—Martin Wolf Sr.

Solicitor—Wm. Laurie
Constable—S. Jeppson
Chief of the Fire Department—

BOARD OF TRADE

President—Martin Wolf
Vice-President—D. S. Beach
Secretary—D. E. Harris, Jr.
Treasurer—H. A. Donovan
Executive Committee—Walter H. Brown, R. H. Baird, Sterling Williams

SCHOOL BOARD

W. O. Lee (chairman), F. W. Atkins, D. E. Wilcox, D. E. Harris Jr.

Teaching Staff—J. W. Low (principal), Devoe Wolf, Miss A. Robinson, Miss A. Hudson, Miss Hirdle, Mrs. Toffey, Miss Stuart
Miss Alward (asst. principal)
Secretary of Board—E. A. Law

AGRICULTURAL SOCIETY

President—James Hansen
Secretary—S. M. Woolf
Treasurer—S. L. Eversfield

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Money orders issued to all parts of Canada and the United States. Office hours from 8 a.m. to 7 p.m.
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Arrives 12:20 p.m.
Leaves 2:15 p.m.

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Hot Scotch Meat Pie
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Meals 35c. After 10:30 p.m. 40c.
Meal Tickets—21 meals for \$5.00.

Bread, cakes and pastry baked to order

A choice line of confectionery and fruit in season always on hand

Give us a Call CAHOON HOTEL Block

The BEST IN THE WORLD
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Ask your GROCER for it.

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Single Fare

Plus \$2.00 for the Round Trip

From all stations in Ontario, Port Arthur and west, Manitoba, Saskatchewan and Alberta to

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Also to Okanagan Valley and Kootenay Points

Tickets on sale December 1, 2, 3, 17, 18, 19, 1908, January 4, 5, 6, 21, 22, 23 and 24, 1909, good to return within three months.

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