

U. S. TO ESTABLISH ARMED NEUTRALITY

Wilson to Ask Congress For Authority To Defend American Ships

FOOD SHORTAGE GROWING MORE SERIOUS IN GERMANY

President of Food Regulations Board Admitted That Stocks are Scanty and Must be Carefully Managed

Amsterdam, via London, Feb. 26.—A telegram from Berlin says that it is officially announced that the Bundesrat has authorized Chancellor von Bethmann-Hollweg to claim and wherever necessary seize, the whole production of coal, lignite, briquettes and coke in Germany.



THE LATE MAJOR WALTER A. WILKES.

SUGAR CARDS IN FORCE IN FRANCE NOW

Must be Signed by All Household in Order to Obtain a Supply FRESH ROLLS BARRED And Parisians Have Now Only Stale Whole Meal Bread

Paris, Feb. 26.—Dinners in Paris restaurants were served Saturday night with fancy bread fresh from the ovens, the last they will get in all probability for a long time.

The abolition of night work often has been demanded by working bakers and this has been brought about by force of circumstances.

Preparations for the distribution of sugar cards also were begun in earnest yesterday when papers to be filled out and signed by each household became available.

AMERICAN SHIP IS SAFE

Freighter Orleans Has Passed in Safety Through Danger Zone

Bordeaux, Feb. 26.—The American Freighter Orleans, was sighted off Pointe de la Coure, at the entrance to the Gironde at 8.30 this morning.

Weather Bulletin

Toronto, Feb. 26.—A moderate disturbance is moving eastward across the Great Lakes causing unsettled weather with rain and snow from Ontario to the Maritime provinces.

State of Armed Neutrality Signifies Protection of the Rights of the American Nation But Does Not Necessarily Enter War--Pres. Wilson Will Act in Spite of Opposition

By Courier Leased Wire Washington, Feb. 26.—President Wilson will ask for authority to establish a state of "armed neutrality."

The President completed the address to Congress early this morning and it was sent to the public printer at 9:30 o'clock. At the same time the president discussed his speech with Chairman Stone of the Senate foreign relations committee.

To ask for authority to use the forces of the United States to protect American rights is not in any sense to ask for a declaration of war, nor is it an act of war.

The President decided that before Congress adjourned for the session, it was necessary that he be given additional authority to protect American rights.

In his address the President will point out that Germany's acts since the break in diplomatic relations indicate her determination to go forward with her campaign of ruthlessness despite the protests of neutrals whose rights are invaded.

Washington, Feb. 26.—President Wilson will address a joint session of congress at 1 p.m. today. He will ask Congress to empower him to use the forces of the United States to protect American rights on the high seas.

The president will point out, that while he desires peace, there is something greater than peace—the protection of the sovereign rights of America, and that of the untrammelled right of American ships to sail the seas unmolested by any nation must be upheld.

Mr. Wilson's decision to go before Congress was partly caused by the fact that Germany's campaign is keeping American ships tied up in American ports. Such a condition, the President will point out, is unbearable.

Continued invasion of the pledged regard of neutrals on the high seas, further sacrifices of American lives and ships, the intolerable blockade of American commerce—almost as effectual as if the country were at war—have taken the place of a decided "overt act" which was expected to shock the world, and have forced the president into the next step towards war.

KUT-EL-AMARA FALLS TO THE ATTACKING BRITISH FORCES

Andrew Bonar Law Makes Momentous Announcement in House of Commons

By Courier Leased Wire Bulletin, London, Feb. 26.—Kut-el-Amara has been captured from the Turks by the British forces, according to a statement made in the House of Commons to-day by Andrew Bonar Law, member of the British war council.

Mr. Bonar Law announced in the House of Commons that as a result of the operations on the Tigris River front, all of the Turkish positions from Sunnayut to Kut-el-Amara have been secured and that the town of Kut-el-Amara automatically passed into the hands of the British.

London, Feb. 26.—The Turks on the Tigris River front are in full retreat toward Baghailah, 24 miles to the west of Kut-el-Amara, says an official statement issued to-day by the British war department. The fleeing Turks are being engaged by pursuing British cavalry.

COAST OF ENGLAND IS BOMBED

German Destroyers Shell Broadstairs and Margate; Two Killed

By Courier Leased Wire. London, Feb. 26.—German destroyers bombarded Broadstairs and Margate early this morning. One woman and one child were killed and two persons were injured. Two houses were damaged. This announcement was made in the House of Commons to-day by Sir Edward Carson, first lord of the admiralty.

Sir Edward Carson said that one of four British torpedo boat destroyers on patrol duty in the English Channel last night encountered several German destroyers, and a short engagement ensued. The British destroyer was not damaged, though she was under heavy gun and torpedo fire.

"ALL OR NOTHING" IS THE ISSUE NOW FACING GERMANY



SERGEANT-MAJOR S. RIDLEY A former employee of The Courier, who has won promotion at the front.

Have Reason For Satisfaction in Results of Sub. Campaign, Says Prominent Teuton Shipping Magnate

Amsterdam, via London, Feb. 26.—In an interview in the Taegelsche Rundschau, Albert Ballin, director-general of the Hamburg-American Line, says that Germany can be most highly satisfied with the success so far of unrestricted submarine warfare.

Referring to the German ships lying in United States harbors, Herr Ballin said that a treaty existed between Germany and America, which did not allow confiscation, and that he had no ground to assume that the United States would not observe this treaty.

President Wilson, he added, had based the rupture of diplomatic relations on international law, and therefore he considered it quite impossible that the president would himself disregard international law agreements.

Win or Lose "Germany's aim," he concluded, "is to issue from the war victorious. With victory she will have won all, without it she will have lost all."

ENEMY LINES ENTERED BY THE FRENCH

Number of German Shelters Destroyed and Number of Prisoners Taken

THREE HUN PLANES Brought Down by French Pilots, Says Official

Paris, Feb. 26.—"Late yesterday French detachments broke into the German lines near Ville-sur-Tourbe (25 miles west of Verdun), destroyed a number of shelters and brought back prisoners and materials," says today's official statement.

"Yesterday our pilots brought down three German airplanes. One of these machines fell in our lines near Mersy, in the vicinity of Rheims; the second, south of Pinon, in the Aisne; the third southeast of Aikireh. Our air squadrons threw projectiles on bivouacs and installations depots near Spincourt, where a number of explosions were heard; also on the aviation ground and hangars at Buzanoy, the railway at Ars-sur-Moselle and on the railway station at Boussewiller and Woelfling in the region of Wissembourg."

"There was intermittent cannonading at some points on the front.

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BERNSTORFF TO SAIL SOON

Steamer Frederik VIII Is Practically Ready for Departure From Halifax

By Courier Leased Wire. Halifax, Feb. 26.—The Steamer Frederik VIII with the German ambassador and consular officials from the United States on board after a stay in Halifax of ten days for examination, was practically ready to put out to sea this morning.

The ship is only being detained by coaling operations which, as 1,700 tons are to be put aboard, will hold her here to-day and perhaps part of tomorrow.

All the officials who have been engaged in examining passengers and baggage had completed their work and those operatives brought from Montreal, Ottawa and Toronto, had left for home.

About the last thing the officials did was to remove the rubber heels from the boots of any of the German officials who might be wearing them. All the passengers on the vessel have been passed. The guards who have been stationed in every part of the Frederik VIII will not be taken off till the last minute.

WAR WILL END FEB. 28 The war on high prices of House furnishing will be over then, you had better come now. J. W. Burgess, 44 Colborne St.

BATTLE OF VERDUN ON THE SCREEN

Thrilling Film "War as It Really Is" Shown Under Auspices of The Courier

Success should attend the exhibition at the Box theatre to-night and tomorrow evening of "WAR AS IT REALLY IS," the marvellous seven reels of film made at the firing line in France by Capt. Donald C. Thompson, and brought to this city under the auspices of The Courier. These pictures give every detail of the great campaign of Verdun, and most prove of interest to every Canadian audience.

They are the only war pictures of undoubted authenticity, and they show every method of warfare as it really is. They prove conclusively that the Allies are winning the war, and that the peace efforts put forward by the Germans, were simply a trick to try and save themselves from the overwhelming defeat that is surely approaching.

"WAR AS IT REALLY IS" was taken in thirty reels, which were cut down to seven, in which every moment is seething with action—where hair-raising excitement is produced almost too many times for comfort, and where actual trench fighting is shown on the motion picture screen for the first time in history. Throwing aside all ideas of personal safety, Thompson went into the trenches at a point where the Hun lines were only 40 feet away, and what his camera recorded is terrific in its thrills.

The films made at the Verdun front, show every phase of action on that section of the campaign. The ruin and desolation from months of pounding by the heavy guns of the Germans is shown by views of the city, where even hospitals are wrecked, and fires burst out every five minutes of the day and night from shell fire.

The aeroplane fleet is another "scoop" made by Capt. Thompson, who films a battle in the air between a British and Hun aviator, while he was in another aeroplane above them. This is without question the most marvellous war event ever caught by a movie camera. In all, there are five hundred scenes in rapid succession, which tell the complete story of the war.

Vertical advertisements on the left margin including 'Theatre', 'Conquest of Canaan', 'Opera House', and 'DAILY'.

SHEEP ON IOWA FARM

From an Address by J. G. Hamner before the members of the Saddle and Sirloin Club of Iowa State College

(Iowa Agriculturist) — Mr. Hamner, who is now the college farm superintendent, was formerly proprietor of the Belmont Stock Farm, of Brantford, Ontario, Canada, and a successful importer and showman of Southdown and Shropshire sheep. He is an enthusiastic booster for the "wooly backs" and when asked the question, "Is there a place for sheep on the average Iowa farm?" replied in the affirmative.

"I can only say yes to this important question," he continued. "Present indications are that the very high price of wool, from thirty to forty cents per pound, is not the highest price that will be reached. I predict that within the next twelve months wool will advance 10 or 15 cents per pound. I base my conclusions upon the facts so generally conceded by the best authorities. The markets and manufacturers of woolen goods are short on wool in all parts of the world, and as we know, Australia and New Zealand have an embargo on wool in order to preserve the wool manufacturing industry in Britain. The production of wool in America is gradually, but surely growing less, owing to the fact that large areas of pasture land in the western part of the country, which were formerly used for sheep raising, are now being used for more condensed farming. The supply of wool in this country is growing less year by year, while our population is increasing and we cannot overlook the fact that a large portion of this country, probably 50 per cent., has climatic conditions so as to require the wearing of wooleens approximately five months of each year. All these facts point and prove conclusively that wool must sell at a comparatively high price.

"The shortage of meat throughout the world causes a continued high price for all classes of meat. In fact, good meat is a luxury. Lambs are selling at from 10 to 12 cents per pound, and at the late International show, yearling wethers of all Down breeds sold at 14c per pound, heavy wethers bringing from \$25 to \$30 each. These facts demonstrate to us the increasing necessity for a larger production of wool and mutton. This is Iowa, so well adapted to the breeding of sheep, with her rich pastures and healthy climate. Conditions, should be assisting her sister

states in feeding and clothing of the growing population of this great United States.

"I appeal to you young men of the Saddle and Sirloin Club, you are located in the different counties of this fair state. Can you not, when you return to the farms, inspired by the high ideals you have acquired through the instruction and object lessons given at this institution, so well maintained by the state, arrange a County Farmers' Club, and at your first meeting, by a majority or unanimous vote of the meeting, or unanimous voice of the meeting, determine which of the several popular mutton breeds of sheep would be best adapted to the soil and general conditions of your county, or possibly a group of counties, and encourage the breeding and further development of the particular breed you have selected? This proposition can be worked out by the selection of the different breeds for the different counties or groups of counties which you may represent. Your club could then, with minor cost to each breeder, advertise the breed of your locality. This would eventually work out to be an advantage to both buyer and seller. Carcasses of lambs of the same type which would command a higher price on any commercial market than lambs of mixed breeds, could be purchased in a day's time. The purchaser of pure bred rams and foundation ewes could also get a better selection with a much less expense bill, which would be an advantage to both buyer and seller. These are the conditions existing in Britain, and I assure you from personal experience in buying many different breeds on any of my trips to England, it has been a decided advantage to find a breed confined to a county where you may visit many breeders in one day.

"As to breeds, I recommend any of the following: Southdowns, Shropshires, Hampshire, Oxford Downs, Lincoln and Cotswolds. Select the breed which you admire the most and which you believe prospective customers will find the best suited to their needs, after studying carefully the net returns from various breeds for the money invested and feed consumed. After procuring the foundation flock, particular attention should be given to the selection of a sire and ram which you believe would give good results when mated with the ewes selected. I would suggest April 15th as the date to begin ma-

BRITISH WOMEN "DOING THEIR BIT" NOT FAR FROM THE FRONT LINE TRENCHES



This is an official photograph taken on the Western Front, of women ambulance drivers of the first-aid nursing yeomanry. They are doing a splendid work ministering to the needs of the sorely wounded Canadian and British Tommies.

ting ewes with the ram. Ewes should be kept dry during winter months (not warm), preferably fed on clover or alfalfa hay, one pound of oats and one 1/2 pound of bran each per day. In fact, they will winter well without any grain if the hay is of good quality. When the lambs have come, ewes and lambs may have oats, well eaten and bran, until pasture is good. They ought never to be allowed on old contaminated pasture. New seedling of clover with timothy and a field of rye should be provided. Also a small pen and a creep should be built where the lambs may get crushed oats, cake and bran, morning and evening. Lambs should be weaned not later than August 1, 20 acres of rape sown with oats in early spring at the rate of 6 or 8 pounds per acre, will, after the oats are harvested, furnish feed for at least 100 lambs until December 1. Lambs should then weigh 100 lbs. or more and be ready for market. I am safe in saying that 10 breeding ewes may be kept on the same feed required to keep one dairy or beef cow; that 10 ewes would produce 15 lambs each year, which will sell for at least \$10 per head. They will also produce 100 lbs. of wool at 40c. per pound, total \$190.

This should prove conclusively, considering capital invested, feed consumed, labor entailed, increase of fertility of soil and freeing of farm from weeds, that sheep are the most profitable domestic animal kept on the farm. They are properly designated the "Golden Hoof," and should have a place on the average Iowa farm.

When the convention of the British Columbia Federation of Labor convened in Revelstoke on January 29th, the opening session was attended by Mayor McKinnon, who has been associated with the Brotherhood of Locomotive Firemen and Engineers for nearly a quarter of a century, and he made an especial strong plea to the delegates to loyally support the union label by buying union label products. He said that he regretted to say that the average union man did not seem to realize the value of trades unionism, but the better conditions that the workers had secured in shorter hours, rates of wages, and more self-respecting conditions of labor where in every case directly traceable to organization. It is hardly necessary to state that his remarks were heartily applauded. President McVety, in reply, congratulated him, and stated it was the first time in his experience to attend a labor convention and be welcomed by a chief magistrate that understood and appreciated the work the movement was doing and the principles for which it stood.

JAPAN WITH THE ALLIES IN THE WAR

Assurance of Count Okuma Given to Commissioner Mapp of Salvation Army

LECTURED IN THE CITY

On Saturday and Sunday; Two Instructive Addresses Given

"Heart and soul Japan stands behind the Allied cause, prepared to support it even to her last man."

Such is the message borne to the people of Canada from Count Okuma of Japan by Commissioner Mapp of the Salvation Army, who yesterday and Saturday was a visitor in the city. With thirty years of service as an officer in the Salvation Army to his credit, Commissioner Mapp is at present waiting an appointment, and during the interval is lecturing upon the mission work of the army throughout the cities of eastern Canada. The commissioner spent many years as a Salvation Army missionary in India, did service in Great Britain, was four or five years chief secretary in Canada, and served in South America before being appointed to Japan. He has thus seen service in practically all parts of the world, and is in this manner eminently fitted to speak upon the subject of the work of the Salvation Army throughout the world.

Prior to his departure from Japan the commissioner was conceded an interview with Count Okuma, during the course of which the noted eastern statesman gave the assurance that to the utmost of her ability and resources Japan will stand by her Allies in the war.

China and India

Commissioner Mapp was a speaker at two well-attended gatherings while in the city. On Saturday evening the hall of the Salvation Army barracks was filled when he delivered a most instructive address upon

Men Wanted for the Navy

The Royal Naval Canadian Volunteer Reserve, wants men for immediate service Overseas, in the Imperial Navy

Candidates must be from 15 to 35 years of age and sons of natural born British subjects.

PAY \$1.10 per day and upwards. Free Kit. Separation allowance. \$20.00 monthly.

Experienced men from 38 to 45, and boys from 15 to 18 are wanted for the CANADIAN NAVAL PATROLS.

Apply to

COMMODORE EMILIUS JARVIS, Naval Recruiting Officer, Ontario Area, 103 BAY STREET, TORONTO, or to the Department of Naval Service, OTTAWA.

the subject, "India and China, their relation to the West." The commissioner dwelt upon the enormous populations of India and China, and emphasized particularly the fact that the Salvation Army is about to start missionary operations on a large scale in China, and that among those selected for pioneer work are several Canadian officers. Mr. John H. Schultz occupied the chair during the evening.

Our Eastern Ally

"Japan, our Far Eastern Ally," was the subject of the Commissioner's address yesterday afternoon, for which the hall was again well filled. Ald. M. M. MacBride occupied the chair. Commissioner Mapp gave a full and comprehensive description of the country itself, telling of the customs of the people, their habits, modes of dress, etc. He also dwelt upon the great work the Salvation Army had accomplished during its twenty-one years of establishment in Japan. Apart from the ordinary religious work, it had been largely influential in the bringing about of temperance measures and legislation for the suppression of immorality. The speaker repeated the assurance of Count Okuma that to the last man Japan will stand by the allied cause.

Supporting Commissioner Mapp were Lt.-Col. Chandler, of Hamilton, Staff Capt. Burrows and Adjutant and Mrs. Orbourne of the local corps.

Children Cry FOR FLETCHER'S CASTORIA

Music and Drama

"THE GIRL WHO SMILES"

Added to a reputation for having achieved unlimited success during a run of 294 performances at the Longacre Theatre, in New York and the country-wide popularity of "The Girl Who Smiles" cannot fail to command unusual consideration on the occasion of its visit at the Grand Opera House next Tuesday. It is seldom that a musical comedy carries with it such conviction as "The Girl Who Smiles" possesses. In every feature of its intentions it provides convincing proof of its admirable qualities as an entertainment well calculated to win the most cordial approval.

The original scenic and costume productions will be in full evidence, and the cast, which contains the names of so many eminent trained artists, is inspiring to say the least. The chorus is made up of a goodly number of attractive girls, whose personal charms greatly enhance the value of unique gown creations.



Rippl's... I have the anthrax in my and remedies won't root it out and repeat, about acute... and how the doctor makes such things as bran and sage when I tell about the state old stomach's lining, it's wrong. But when I try to tell of aches that I'm enjoying neighbors say, "The subject long since we found it"



Goo's... Of course, Jack Spider had web shop where he wove par-cobweb for the fairies, but like mortals, grow tired of and by now there were so-cobweb paraisols in the forest nobody ever turned around one went by held daintily of head of a fairy.

It was a pansy fairy who things and changed the fash-paraisols.

The pansy fairy who always a gown of pansy velvet and lovely pansy-colored eyes, from her sleep one morning, a bed of pansies—fairy pansies—may be sure—in the fairy and yawned.

"Dear me," she said in so content. "I'm a little tired-cobweb paraisol. It lets it through and it lets the sun I'd like to have a better one."

And then she happened to her how a spider there in the forest had lived upon fairy and honey until its magic him into a giant.

"I know what I shall do the pansy fairy. "I'll water every morning with fairy honey and it will grow and paraisol size and it will be the

CAPT. DONALD C. THOMPSON'S

WONDERFUL SEVEN-REEL FILM TAKEN ON THE FRONT LINE IN FRANCE

"WAR AS IT REALLY IS"

AT THE REX THEATRE

MONDAY and TUESDAY February 26 and 27

MATINEE, 2.30 Price 15c

EVENING at 7 and 9, all Seats 25c

These Prices Include War Tax

CAPTAIN THOMPSON IS STAFF PHOTOGRAPHER FOR LESLIE'S WEEKLY

AN ASSAULT BY THE FRENCH

CARNAGE... THE COST OF TAKING A TRENCH

THE EFFECT OF A SHELL... CRATER 30 FT DEEP EXPOSING MINING OPERATIONS

GERMAN DEAD OUTSIDE A CAPTURED TRENCH

FILMED UNDER FIRE... SHOWS ACTUAL FIGHTING AND THE REAL TRUTH ABOUT THE TRENCHES

DEATH OF A GERMAN SPY

HESSER PUBLICITY BUREAU

LEN'TEN RECIPES FOR HOUSEW

- ### Clam Fritters
- Chop one pint of clams in a moving the heads, make a batter of 1 1/2 cups flour, 1/4 teaspoon 1/4 teaspoon baking powder, beaten egg, 1/2 cup each of clam liquor, stir in the clam drop by spoonfuls into boiling water.
- ### Oyster Fritters
- Wash well in their own a dozen oysters, chop them and add 1 cupful flour, 2 well beaten eggs, a teaspoonful baking powder and 1/2 cup milk. Drop in a minute turn them over; carefully and serve very hot with parsley; serve with butter and cut lemon.
- ### Baked Halibut Steak
- Lay thin slices of pork in a pan, place the steak upon it with salt and pepper, dip in melted butter, then in the crumbs and put a layer on top place second steak over the season as before, laying the of pork on top. Bake about an hour without water, then

OUR DA

Valuable Suggestion Order Any Pa Be St



Real art shows in the design waist. It is one of those muslin that may be developed in a weave that will proclaim its merit, or in a combination of a finely fabrics that will stamp it as an afternoon blouse.



Rippling Rhymes
by Walt Mason

TRIALS OF A X INVALID.

I have the antrax in my knees, and remedies won't rout it; when I have any punk disease, I like to talk about it. Oh, I could tell you, and repeat, about acute lumbago, and how the doctor makes me eat such things as bran and sago. And when I tell about the state of my old stomach's lining, it's wonderful how I orate—my eloquence is shining. But when I try to tell the tale of aches that I'm enjoying, my neighbors say, "The subject's stale; long since we found it cloying."

Come, talk of battle and retreat, where nations strive together; discuss a while the winter wheat, and mander there of ailments that crop's killed in Delaware, the late dispatches tell you, and yet you sit and mander there of ailments that bettel you. The woollen mills are shutting down, because they can't get teasles, and yet you roam around the town, and talk about the measles." There is no solace for the gent who's loaded with diseases his healthy friends don't care a cent for all his sighs and wheezes.



Good Fairy
by Leona Delorme

FLOWER PARASOLS.

Of course, Jack Spider had a cobweb shop where he wove parasols of cobweb for the fairies, but fairies, like mortals, grow tired of things, and by now there were so many cobweb parasols in the forest that nobody ever turned around when one went by held daintily over the head of a fairy.

It was a pansy fairy who started things and changed the fashion in parasols.

The pansy fairy who always wore a gown of pansy velvet and had lovely pansy-colored eyes, woke from her sleep one morning in a bed of pansies—fairly pansey, you may be sure—in the fairy forest, and yawned.

"Dear me," she said in some discontent. "I'm a little tired of my cobweb parasol. It lets the wind through and it lets the sun through. I'd like to have a better one."

And then she happened to remember how a spider there in the fairy forest had lived upon fairy milk and honey until its magic turned him into a giant.

"I know what I shall do!" cried the pansy fairy. "I'll water a pansy every morning with fairy milk and honey and it will grow and grow to parasol size and it will be thick and

LEN'IEN RECIPES FOR HOUSEWIFE

Clam Fritters
Chop one pint of clams after removing the heads, make a batter of 1 1/2 cups flour, 1/4 teaspoon of salt, 3/4 teaspoon baking powder, 1 well beaten egg, 1/2 cup each of milk and clam liquor, stir in the clams and drop by spoonfuls into boiling fat.

Oyster Fritters
Wash well in their own liquor a dozen oysters, chop them a little and add 1 cupful flour, 2 well beaten eggs, a teaspoonful baking powder and 1/2 cup milk. Drop in kettle of hot fat, and after working a minute turn them over; drain carefully and serve very hot; garnish with parsley; serve with butter and cut lemon.

Baked Halibut Steak
Lay thin slices of pork in fish pan, place the steak upon it, dust with salt and pepper, dip oysters in melted butter, then in cracker crumbs and put a layer on the fish; place second steak over the oysters, season as before, laying thin slices of pork on top. Bake about 3/4 of an hour without water, then remove

Turbot a la Creme
Season large oysters with salt and pepper, cut fat English bacon in very thin slices, wrap an oyster in each slice and fasten with toothpicks; heat a frying pan and put in the little pigs, cook just long enough to crisp the bacon—about two minutes—place on slices of toast that have been cut into small pieces and serve immediately. This is a nice relish for lunch or tea, and garnished with parsley is a pretty one. The pan must be very hot before the pigs are put in, and then great care must be taken that they do not burn.

Turbot a la Creme
Three pounds Halibut boiled with plenty of salt; remove skin and bones and flake; boil one bunch of parsley and 1 large onion in little water to extract the flavor, take out and thicken with 3 tablespoonful of flour, then add it to one quart of cream and milk together, 1/2 cup butter, put alternate layers of fish and sauce in a deep buttered dish, sauce on top; cover with rolled crackers, bake until brown.

OUR DAILY PATTERN SERVICE

Valuable Suggestions or the Handy Homemaker—
Order Any Pattern Through the Courier.
Be Sure to State Size.

LADY'S WAIST.
By Anabel Worthington.

This back buttoned model is cut with drop shoulder yokes and has its fulness gathered front and back where the upper edges of the waist join the yokes. This treatment causes the folds of the garment to blouse effectively at the line of a belt—the belt may be silk or satin girdle or a bougitten leather belt. The roll collar with side flare is of contrasting goods and the dainty tucker in surplice effect corresponds. In a waist for practical wear the sleeve will be cut full, wrist length and finished with a crown cuff of goods in the collar; in an afternoon blouse, the "angel sleeve," as shown by the smaller view, will be effective. The double row of buttons may be added or not, below the tucker, for decorative purposes.

Lines, cotton poplin and the like are suitable for general wear; crepe and silk, satin and net, crepe de chine and lace and similar combinations may be considered for the matinee waist.

The waist pattern No. 8,113 cuts in sizes 36 to 42 bust. To make in size 36 requires 1 3/4 yards of 36 inch material; 3/4 yard of contrasting goods. Or cut, or in a combination of rich and flimsy fabrics that will stamp it a matinee or an afternoon blouse.

WOMEN'S INSTITUTES

Echo Place Woman's Institute had the pleasure of entertaining the ladies of Moyle Tranquillity Institute. The meeting was opened on time by our president in a few well chosen words, welcoming the visiting ladies to Echo Place.

Mrs. Douglas then read the Institute motto, which had been printed and placed where all could see it.

From the minutes of last meeting read by Mrs. J. L. Barnes, we heard there had been a parcel sent to each of our Echo Place members, a quilt. A quilt had been sent to Red Cross headquarters. There is about twenty-five dollars on hand. It was yarn and material for more work.

The ladies are asked to send any flannellette they can spare to one of the members, white for hospital quilts; colored for a quilt for sale, money for Red Cross supplies.

The roll call then followed, the secretary of each Institute calling the names alternately. The answers were all good and helpful.

Mrs. Burke then asked the president of Moyle-Tranquillity to take the chair, and the following excellent programme was listened to by a very appreciative audience.

Mrs. Lang's instrumental solo was delightfully rendered.

A paper by Mrs. Clump on "Equivalent." From this paper we learned that the buds, when they become flowers, have fulfilled their mission. The babe which is born, dies, and its body goes again to the dust, but its soul to the God who made it, has done its work. In a heathen country women are slaves. Here she is man's equal. Women have a mission here to mother's influence. Our best poets pay highest tribute to their mothers.

As woman's mission is a supreme one, it is her duty to develop her highest ideals. She should try to make her days, each one, better than the past, a stepping stone to a higher plane. The rich man is no better in God's sight than the humble boot black. Do not build on public opinion or custom but on qualities which are good and high.

Live one day at a time. Tomorrow's burdens added to the present days, makes a heavy load.

Self-control is necessary to enable a woman to overcome her failings. It is a bad habit to brood over circumstances over which you have no control.

One should cultivate reading and music. We should be deliberately kind, or we may be unconsciously cruel.

We were warned to beware of the envious person, beware of tattlers. We cannot eliminate the power of home influence; it reaches to heaven, and it should be a center of love and peace.

Miss Agnes Heath then gave a solo in her usual pleasing manner. Mrs. Cromar, accompanist.

Miss Sharps' recitation, "A Darky Minister on the Prodigal Son," was a humorous selection which would have to be heard to be appreciated. In response to a hearty encore she gave a patriotic selection, giving Canada her due praise, "Canadians Forever, but British Over All."

The next item was rendered by a very young soloist, Miss Lena Kenny. This was a little colored girl's query—"Would there be any black angels in Heaven." Little Miss Kenny's solo was much appreciated by the ladies.

Mrs. Moyle gave a very interesting paper on "Friendship," warning girls that their first care should be her friends, as the kind of friends she makes affects her whole life. Their influence helps or hinders. Their belief in us is a testimonial in our favor.

To make friends forget yourself and be good-natured and kind. To keep them—don't be hurt, be true, be sincere, keep the best and smile away those you don't want.

True friendship is edifying, the friend which adversity drives away never was a friend.

Jesus was a pattern friend, he showed us how to be a friend to rich and poor alike.



THE NEW TAILORED WAIST
This imported model shirt waist is made of durable Shanghai silk.

mentation of the finance committee to send \$100.00 a month in goods or cash to the C.W.C.A. the needs of which were so well told of by Mrs. McLaren Brown.

Room for returned soldiers was discussed at some length and while nothing definite was decided plans are under way for arranging an entertainment of some sort in March to provide funds for a returned Soldier's Club.

Mrs. Willoughby Cummings who was present spoke of the great enjoyment and benefit the soldiers derived from such a club in Toronto and urged the W. P. L. to take the matter up without loss of time.

This Advertisement

may induce you to try the first packet of
"SALADA"

but we rely absolutely on the inimitable flavour and quality to make you a permanent customer. We will even offer to give this first trial free if you will drop us a postal to Toronto. B113

"If advertising space in newspapers could be sold at standardized rates—based upon a fixed price per line for each thousand of circulation—space buyers would rejoice. At least, some of them seem to think that they would. But advertising space does not have a standardized VALUE, therefore cannot be sold at a standardized rate. IN THE CASE OF NO OTHER COMMODITY DOES QUALITY PLAY A STRONGER PART."—Editor and Publisher.

The Courier rightly claims "Quality" circulation in Brant County. Its subscribers are people of real purchasing power.

Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1. No. 2, 50c. No. 3, 25c per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet: THE COOK MEDICINE CO. TORONTO, ONT. (Formerly Walker)

WOMEN'S PATRIOTIC LEAGUE MEETING

The matter of providing a Club for the Women's Patriotic League had a meeting in the M. C. A. Club Room on Thursday, Feb. 22, which was very largely attended. The President Mrs. Livingstone presided and the various reports presented showed an increased output of Red Cross supplies and a deeper interest in the work.

Particularly interesting were the reports of the work among the school children through the Art Leagues in the various schools. In Dufferin school the children are knitting, in Victoria school a seasonal month has resulted in a collection of \$30.00 with which 300 pounds of sugar is to be purchased and sent overseas. In Alexandra school the pupils are knitting and doing other forms of Patriotic Work.

All of the affiliated Societies represented told of the work being done for Red Cross and Soldiers Comforts. It was decided on the recom-

"What's the row?"
"No row—I dropped a piece of WRIGLEYS"



WRIGLEY'S

This delicious, refreshing, long-lasting sweetmeat is a boon to the Soldier in the trenches and the Sailor on the seas.

It relieves fatigue, allays thirst, provides a most agreeable antiseptic for mouth and throat.

Sold everywhere.

Send some to your boy.

MADE IN CANADA

Wm. Wrigley Jr. Co., Ltd., Wrigley Bldg., Toronto

The Flavor Lasts!

Chew it after every meal

SIDE TALKS
By RUTH & CAMERON

HOW IT HAPPENED BEFORE

Is there anyone in the world who has not at one time or other had that haunting sense of having said or heard just the same thing under the same conditions some time before, attack him in the midst of a conversation?

I doubt it.

And so, I presume everyone will be interested in an explanation of someone has offered, and in my experiences with it.

You Remember What You Subconsciously Heard

The explanation is this—that during the conversation your conscious mind has been wandering while your subconscious mind has remained on the job. Your conscious mind hears the thing said, a second later your subconscious mind comes back to earth and also hears it. And it is the subconscious mind's record of it which the conscious mind remembers and thinks is some impression of a former existence.

I read that explanation one day and sniffed at it. "Nonsense!" I thought, and discarded it loftily.

A Song I Haven't Thought Of For Years.

A few days later, as I was sitting in an electric car, I found my mind humming that silly old popular song "I find the Western Union a convenience, everywhere I roam." "What on earth brought that to my mind?" I wondered. And then suddenly, I became conscious that we were passing a building on which there was a big white lettered sign, "Western Union."

Evidently my subconscious mind had seen that sign before my conscious mind, which was busy with other things.

And evidently the same thing might happen in a conversation.

Not Nonsense After All

Whereupon I decided to retract my verdict of "Nonsense"—an experience I sometimes have when I am too positive.

I was talking about this subject to the Cynic and he said, "Yes, I've had that same experience seeing a word on a page of print. I'll be looking at a newspaper or a magazine and suddenly I'll find myself thinking of some particular word. I'm not conscious of having read it, and often I can't find it at first, but sooner or later I track it down. It's always there. I suppose for some reason my subconscious mind picks it out."

I have had the same experience, but with sign boards rather than the printed page, probably because my eyes are not so good as the Cynic's.

Truly, this subconscious mind is a wonderful and fascinating force. It seems to be there infinitely more alert and diligent than the conscious mind. If we could only find some way of setting at its stores of hidden power the Surgeon-General might be better off. And then, perhaps, that will be the next great invention.

