


The Countess
of Landon.

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Laxatives do not overcome constipation

AXATIVES and cathartics only, at the expense of permaonly, at inje expense of permanent injury. In time, says an eminent physician, an almost
incalculable amount of harm is done by the use of pills, salts, mineral waters, castor oil and the like.
Some laxatives, according to an in. Nujol is used in leading hospitals Some laxatives, according to an in- and is prescribed by physician
testinal specialist, contain poisons throughout the world. Nujol is not which affect the stomach and intes- a medicine or laxative and cannot tines, resulting in grave disorders. gripe. Like pure water it is harm-
Certain laxatives are a di-
lees. Certain laxatives are a di-
rect cause of piles.
$\qquad$ Physicians Advise
Lubrication for Lubrication for
Internal Cleanliness Medical science, through
knowledge of the intestinal

servation, has found at last in lubrication a means of overcoming constipation. The gentle lubricant,
Nujol, penetrates and softens the hard food waste and thus hastens its passage through and out of the body. Thus Nujol brings interna cleanines

Not a Medicina Get rid of constipation and avoid disease by adopting
the habit of intemal clean the habit or itermal clean
liness. Take:Nujol as reg-
ulatl ularly as you brush you
teeth or wash your face
For salo by all dous Nujol For Internal Cleanliness Sole Age

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KIDNEY Sale Prices Every Day of the Week BLAIR'S

Below we give an Unbeatabie List of Low Priees, a study of which will
save many people, many dollars. The type for our advertisement may be save many people, many dollars. The type for our advertisement
smaller than usual, but certainly our prices are. Just consider!
LADIES' BROWN HEATHER ALL WOOL CASHMERE HOSE. Only 65 c ladies black all wool cashmere hose. Only g5c. Pair LADIES' BLACK ALL WOOL CASHMERE HOSE. Only 65c. Pair.
LADIES COLOURED ALL WOOL CASHMERE HOSE, all colours, 85c. P LADIES' VELVET HATS, from only 25 c. each. LADIES' VELVET HATS, from only 25 c. each.
CHILDREN'S wool CAPS. Only $10 c$. each.
CHILDRENS WOOL SETS (Cap and Scarf). Only $\$ 1.00$ the set
SMALL CHILDREN'S SCOTCH WOOL GLOVES. Only $10,15 \& 20 c$. Pair. LADIES' SCOTCH WOOL GLOVES, all colours. Only 60c. Pair LADIES' SCOACK FLEECED CASHMERE GLOVES. Only 255. Pair LADIES' HEAVY CREAM and GREY FLEECED BLOOMERS. Only $\$ 1.00$ CHILDRENS HEAVY GREY FLEECED BLOOMERS, also, at reduced Prices.
LADIES' SUPERIOR white fleeced vests and Pants. Only 65 c. LADIES' WHite flannelette knickers, from only 19c. Pair. LADDES' WHTE FLANNLETTE KNIGEERS, from only 19 . Pair, LADIES, MENS and BOYS' STANFIELD WOOL UNDERWEAR-A Lower Prices than obtainable anywhere. INFANTS' FINE QUALITY STANFIELD WOOL
LADIES' CORSETS, Superior Quality, from $\$ 1.15$ Pair. LADIES' SERGE and CLOTH COSTUME SKIRTS. Only $\$ 1.75$ each. LADIES' WINTER COATS, from $\$ 3.50$ and $\$ 4.50$ each. childrens winter coats, at very Low Prices. LADIES' WOOL JERSEYS-Large assortment-Big Value at $\$ 2.95$ each. LADIES FUR SETS Scarfs and Muffs, at Half Prices. LADIES' WHTTE IMITATION FUR NECKLETS, from only 65c. each. ENGLISH WOOL BLANKETS, from only $\$ 3.95$ Pair.
ENGLISH WHITE and CREAM FLANNELETTEES, 36 inches wide; won-
derful Value and selling like hot cakes, at 33 . and 39 . . yard. STAIR CANVAS, Painted Back, $1 / 2$ yard wide, at 39c. yard. STAIR CANVAS, Painted Back, $1 / 2$ yard wide, at 39c. yard. FLOOR CANVAS, Painted Back, 2 yarus wie, at 1.25 yard. CORTLCELL WOOL, in Bals. Only 18c. Ball.
MONARCH WOOL, in Balls. Oniy 15e. Ball.
CORTICELLI SLLK, in Slips. Regular 6c. Slip. Now 5 c. each.
SUNSET DYES. Now 11c. each.
SUNSET DYES. Now 1le. eac
VORX SOAP. Now tc. Cake.
TOILET SOAP. Regular 6c. Now 4c. Cake. Other Toilet Soaps at Low est Prices. The Famous PROPHYLACTIC tooth brush. Regular 70c. Now 59 c . each.

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## Just Folks.












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| Shall Met." |} A nem iovel by the crean


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