 The Guardian.


## Coal. Coal. Just Landed Ex Ss. "Skutorn" 1870 TONS Best North Sydney

 Screened Coal $\$ 12.00$pianze THONT
Avalon Coal Co. Ltd., Coley's Pt., Bay Roberts

$\$ 1.00 \mathrm{~A}$ YEAR, in ADVANOE
PRICE: TWO CENTS
bay roberts, nfid, friday, decibmber 14, 1923
$\left\lvert\, \begin{aligned} & \text { MissonaRY MERTNG. } \\ & \text { Non }\end{aligned}\right.$




A Flour that's at the Head Cracker Jack
It has a natural and earnod right to take such high It has a natural and ecause the When from which it is made, the ranil, because the Whegr from which it is made, the
skill, care and cleanliness used in its manufacture, prove our claim that Cracker Jack Flour is the best made.


| Christmas |
| :---: |
| Entertainmen |
| Nithem |
| Dec. 25 |
| 边 |
| S. A. Banque |

Annual Meeting
 ROYAL BLAC
cronit
19ath
19th

Christmas
Presents


Missionary Service




Hello: Hello! FOR A FEW DAYS ONLY Special Prices

Sleigh for sale!
Lumber

Notice.
royal naval reserve
 A supplementary fistribution of
naval prize monof has been re-
ceived and is \&ov being paid at
the Pay \& Record office.
Where possiblo applications
should be made person.
There are about one hundred
amounts be the previous distri-
bution not hee cheimed. Those
who have not received this for-
mer payment are requested to
apply for same at the earliest
possible opportunity.
possible
nov23.



For the Guidance of wianufacturers
1st. The manage in charge of factory yust see that the livers
are fresht that all brown or poor livers are hirown out; that there
is no gall blader attached to any livers. are fresh; that all brown or poor livers are thrown out; that there
is no gall batader attached to any yivers.
2ndid The good livers must then be yashed in a tub of clean
tereb wate 3rd. The pan in which the livers ape b
clean inside, before any livers are placef in
clean inside, before any iivers are elaced in it.
4th. Before you start to boil any ivers, you must have suffi $\underset{\substack{\text { cient steam. } \\ \text { sth. } \\ \text { Tur } \\ \text {. }}}{ }$
Sth. Turn on the steam, and us as much as you need to have
for the quantity of livers you have in your pan. Boil until the whit
 tha sides are brought into direct cootact with the steam all the time.
6th. Turn the steam off, and fllow all to settle, not exceeaing five minintes, cacording to capacity of liver boiler.
Yth. Then you dip ail the oif you can get, which is the fines,
white oil. Put this oil in a coofing tank made of galvanized iron and let the oil remain there till/ Inext morning. Don't forget to put
straining clotho over the cooling tank before you put any oil in, straining
that itll catch any bits of flubber; allow to remain 12 or 14 hours or longer if possible, then dypfrom cooling tank and strain through
double calico bag, inside bap to be one inch smaller all around then strain into a tin shute undef the bags, the cask to be at the end of the shute with a funnel,
covered with neeese cloth.
8th. When you have dipped the finest oil from the top of the
liver ooiler pan, take all the blubber from the pan while et it warm. The oil from this blubber is not fit for medicinal purposes
oth. Then cleap your liver pan with warm water a.
powder. Have it bifight and clean for the next boiling.
$10 . t h$. . Every Yyag, cioth, tank, funnel and pan, must bewashee
only
with warm The best reesults for medical oil can only be obtained by the us of tin barretrik Wooden packages. generally make the oil dark, and
destro its fine flavor. Keep alloil in barrels in a cool place, and destroy its ine tivor.
covered from the sun.

DEPARTMENT OF MARINE AND FISHERIES

## IRIFGUTLAMIOINS

For Salting Scotch Pack Herping




rule on salt.
Matt Fulls....
Medium Fulls.
Large Fulls...
Large Fulls..
$101 / 2$ inches
$111 / 2$ inches long.
$121 / 2$ inches long and up.... Miltor r
Medium Filling... $11 / 1 /$ inches long and upward
Large Filling .... $12 \% / 2$ inches long and upwards
Filling Fish may be branded as Scotch Cure without the Crown
Brand
No drowned, stale, or scafeless herring can be used as Scotch
ack, nor herring in half froten state.
he pleasing of the palato of the consumer; and if we bear in mind that over three-fourths of all Scotch-Pack Herring are consumed as a tonic before the mid-day meal, just as they come out of the barrel,
without any fire cooking, we can see the reason at a glance for the without any fire cooking, we can see the reason at a glance or the
right salting. The herring is dressed by the head and the tail being ut off, the main bone taken out. It is then cut into squares of about ne inch, and is gerved with vinegar and other condiments. This the consumer in the best of health.
and eating right is just as essential as the arto of curing; and based on the best medical directions, and with the chemical analysis of the constituent parts of herring as a food ever kept before the consumer
we need not be surprised that the people who eat most herring are the most healthy and efficient. DEPARTMENT MARINE AND FISHERIES

## For sale

| Parcel of LEand in Bay Roberts; also | Barrister-at-Liaw, Solicitor, etc. |
| :--- | :--- | Dwelling House in Conutry Road, to $\quad$ RENOUF BUILDING,



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## $k$

 ded ? DRID EVENT
THEIR SIGNIFICANCE.
by Willian Banks.

Notes and Ideas which may help you.
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## C. \& A• DAWE

Our Prices and Qualities are Right for Provisions, Groceries and Dry Goods.
WE HAVE LATELY IMPORTED A LARGE STOCK OF BOOTS
FOR LADIES, CHILDREN AND MEN, AND OFFER YoU A Wide range of fuotwear to select
FROM. ALL THESE Boots are guaranteea by the manufactu: ERS. WE Have also Yots of local manu
FACTURED boots at RIGHT PRICES. COME AND SEE OUR STOCK.

 Your Satisfaction our First Thought.

## VICT0R FLOUR

Sold by JOHN PARSONS


## Newfoundland

## Postal Ielegfraphs

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The Commercial Cable Company

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