

THERE is perhaps nothing against which students are more frequently warned than the tendency to disregard the laws of health while pursuing their studies. These warnings come sometimes in the form of words from men of sound judgment and experience, and sometimes from the broken down constitutions of unwise students. And yet it is astonishing they are so little regarded. Young men come from active physical employments, it may be, and after a brief period of excessive application to study during which little thought is given to the conditions upon which health is retained, they begin to complain of being unwell and they wonder what has brought about the disorder. Many who come to College in sound health, go away with dull prospects of ever being able to do much good to others or of having much enjoyment themselves. College training is poor compensation for a broken down body. But when we say that this evil is the result of too much study and too little exercise it can scarcely be said that we have given the cause. Most students might perform more work than they do, and the more diligent and ambitious might perform no less without injury to themselves. Nature demands that a certain amount of time be devoted to exercise and diversion, but there are other familiar laws of health to which too little importance seems to be attached. But we are not going to deliver a lecture on hygiene. What we wish to say is that while active, bodily exercise is extremely important, there is a number of other things which are practically underrated in respect to the influence they have in determining our physical condition.

IN another column will be found a notice of the death of a much esteemed fellow student. Up to the Christmas vacation of last year there was no one in his class of seventeen members more healthy and vigorous looking than Mr. Morse. Soon after the opening of the second session he began to complain a little, but nothing seri-

ous was suspected. On the 2nd of February he went home, thinking that care and rest would restore his wonted vigor in a few weeks. But his College life had ended. He continued to grow worse; and it was soon discovered that the disease was of such a character as to give no hope of his recovery.

With a desire again to see his fellow-students and the place where he had spent nearly four years, he, with considerable effort, came to the June anniversary. By this time he had lost his strong and ruddy appearance. As once more he stood in the midst of familiar scenes and old companions, and thought of death as only a little way off for him, the feeling of sadness which came over him was only momentary. Already he had learned to say, "Thy will be done." He felt safe in the hands of that Master to whose service he had given himself six years before. Though an intense sufferer, throughout all his illness he was never known to murmur.

As a student Mr. Morse was diligent and successful; as a companion he was kind and congenial; as a Christian he was consistent.

In the midst of our studies there is no doubt but what we are too apt to forget life's great work. An arousing voice is uttered in this death. After we have paid a tribute to the memory of our departed friend, and returned to our accustomed duties, the lesson of his early demise still remains to be studied for our eternal good.

DESYNONYMIZING AND ETYMOLOGIZING

If you do not know what they mean ask the dictionary. If you have not a Webster or a Worcester Unabridged, get one and use it. Look up all the words you meet that you don't know the meaning of, and most of those you think you do. This will beget a discriminating habit in the use of language. A *vague* idea of what words mean is accompanied with looseness of expression and inability to appreciate a precise writer.