Shop & Save on Wellington St. South

Floyd Patterson Said to be Razor Sharp for Big Fight

By WENDELL SMITH | ed one sparring partner and | ficial workout at his training ELGIN, ILL. — After Floyd viciously assaulted two others camp, situated forty miles out-Patterson, razor-sharp, floor- | Saturday morning his first of-

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side Chicago, Dan Floria, the champions trainer, said:

"I'm going to make Floyd take it easy. He is so sharp right now that I'm afraid he may reach his peak before Sept. 25th, when he defends his title against Sonny Liston.

Patterson boxed three fast rounds during his initial spar-ring session here. A crowd of approximately four hundred stirred excitedly as the champion first pounded Richie Pittman in one-round melee, dropped Ben Skelton with a left hook in another threeminute session, and finished off the drill by pounding Wilson Hannibal from pillar to

Meanwhile, at nearby Aurora, Ill., the challenger was going through his first boxing exercise. Liston weighing 219, worked two rounds with slim Jim Robinson, a speedy sockabsorber, and concentrated on scoring with his left jab. He did not attempt to knock Robinson down.

Says Wilt 'Soft' On Bill Russell

call for professional basketball practice set to begin, within the next few weeks, Frank McGuire, coach of the 1961-1962 Warriors, says the game is behind him but, in parting, suggests that Wilt Chamberlain is so far superior to Boston Bill Russell, there is no contest.

"Russell's most skill against Chamberlain, says McGuire, "is their close friendship. Bill simply out-talks Wilt. I tried to make Wilt mad with Russell before the last Warriors - Celtics game, last spring.

"I remember very clearly," continued the coach who Warriors moved to San Francisco, some months ago, "that Wilt was waiting to take a pass-with Bill behind him, by three feet, ready to po-

"I knew Wilt wouldn't have done it for anything, but all he had to do was just drift back and make contact, lay against Russell; he'd take him up to the basket with him. That's why Russell has so much luck containing

McGuire turned down a \$35,000 contract to remain in the East.

Conservatism is the maintenance of conventions already in force. — Thorstein Veblen.

Stop Your Worrying If Sleeping Poorly

The more you worry about losing it, the more you will lose it.

Sleep is a blessed thing. but the lack of it is not the perilous curse that the blearyeyed, tossing-and-turning insomniac fears.

Here are a few scientific facts to calm you down next time you are battling with a rumpled pillow and fighting the strangle-grip of sheets that have turned into a hangman's rope at three o'clock in he morning.

Nearly everybody loses sleep from time to time, but very, very few people devel-op into true insomniacs. But if a poor sleeper can

haustion after three full days and nights of being awake can be repaired by a three-hour nap and one good night's

Wakefulness is NOT habitforming. There is no need to fear that a couple of bad nights will lead to more of them. In fact, a few sleepless nights on the run can halt almost any bout of insomnia.

The amount of wakefulness during a so-called sleepless night is seldom as much as it seem • •

All right, so none of these facts makes the long nights any shorter, nor the morning

Sleep is necessary to life, stop worrying about it, he is but even moderately severe probably well on the way to insomnia is not likely to do a self-cure.

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EDITOR, The

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