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FORD : MONARCH

U.S. TRIBUTE TO

LADY READING

(From the New York Tribune)
The National Achievement award sponsored by Chi Omega is usually reserved for an outstanding American woman. This year the award committee selected for the honor England's Dowager Marchioness of Reading. She was designated for "distinguished services to her country which have been an inspiration to women of other countries." Chief of these services was the brilliant achievement in organizing Britain's women for war work, which furnished the pattern for our own Women's Voluntary Services.

The award is the latest of many, including the Grand Cross of the British Empire, made to Lady Reading during an extraordinary career of public service. She began with Red Cross work in the first World War, then went to India as a member of the Viceroy's staff. She married the Viceroy, Lord Reading in 1931, helped him with all his public works. She herself has held many posts, organized many community efforts. The final feat of recruiting more than a million "ordinary women", organizing them into a valuable auxiliary of her country's defense and maintaining their spirit during the darkest war days was superb.

Lady Reading is too dynamic a person to stop with one good job well done—or a dozen. She is now chairman of Women's Home Industries, an organization bent on developing individual craftsmanship to earn dollars for hard-pressed England. Her career is truly an inspiration. The American proferring and Lady Reading's acceptance of this award is a mark of the esteem between individuals of the two countries.

EMERGENCY FOOD

A Toronto scientist, Dr. Henry Borsook, now professor of biochemistry at the California Institute of Technology, is reported to have developed a concentrated food which may help to solve emergency relief problems at home as well as abroad.

Dr. Borsook's invention is a cereal which contains most of the essential elements required for adequate human nutrition.

It is known that a person's health and growth depend upon daily intake of the right amounts of protein, calcium, iron, phosphorus, iodine, calories and certain vitamins. Scientists have proven by laboratory tests that a diet lacking any one nutritive essential is a "disease-producing" diet. Children who live on sub-standard diets are stunted in growth, and develop deficiency diseases. Mal-nourished adults lack energy and vitality and are often incapable of resisting disease.

With this in mind, Dr. Borsook recently invented MPF—Multi-Purpose Food. The research which led to its discovery was financed by grants from the California Dehydrators' Association. But the sale and distribution of MPF is controlled by a philanthropic agency called Meals for Millions Foundation. Since July, 1946, the foundation provided MPF to 32 relief agencies which have distributed more than 5,000,000 meals in 21 war-ravaged countries.

Dr. Borsook's MPF is a coarse, light-brown cereal containing essential proteins, minerals and vitamins. Its base is soybean from which the unpleasant tasting oil has been removed and to which have been added protein, food yeast, herbs, vitamins, minerals and salt. It is low in calories and lacks vitamin C, which does not withstand cooking. Two ounces of MPF are said to be equal in nutritive value to an "average helping" of beef, green peas, milk and a small potato.

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