# 'Wood' You Believe?

There's a lot of history underfoot in the home with oak floors. The mighty oak, source of this handsome, durable wood, has been used for everything from a residence for ancient gods to a vessel for

"shooting the Falls."
Today, oak continues to make history in the home. The tree hasn't changed, but modern manufacturing methods and floor finishes have made oak moisture-and scratch-resistant and easy to care for.

Oaks stand tall, up to 100 feet; America's largest white oak tree at Wye Mills, Md. for example, is 400 years old and measures more than 27 feet around the trunk.

Because their branches reached to close to theh heavens, early people thought the oak to be a sacred tree. Roman mythology identifies the oak as the personal tree of their supreme god, Jupiter. In Prussia, pagan holy men lived in oak groves to tend the trees and venerate the gods they belived living in the upper

Later generations used oak to build churches. The fabled Irish town of Kildare took its name from the Gaelic phrase meaning "church of the oak." Many towns are named Holyoke or Oakland in tribute to the stately tree.

The abundance of oak trees their height, strength, and beauty, made them an ideal building material. While the nobility used artifully cut pieces of oak in elaborated parquet patterns for ballroom floors, farmers outside castle walls split thick oak planks for their flooring.

The Hall of Mirrors in the cent today as during the era
of Louis XIV. The knights
of the Round Table were said
timbers for ocean-goi to stride across oak floors at

The Venetians used oak for pilings when they built their city on 118 islands of the Ad-

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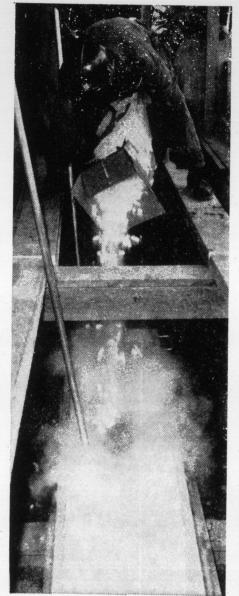


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## THE BIG FREEZE



A bane of early aviators, the frozen oil line, was recently put to good use in downtown Toronto by an Ontario Hydro cable crew. The men wanted frozen oil lines so badly, they used a giant cocktail of 60,000 pounds of dry ice and 450 gallons of alcohol.

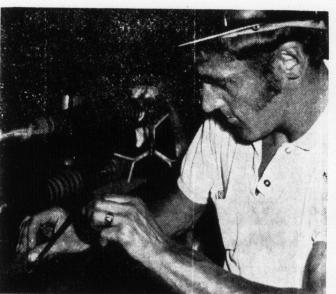
The mix was served up in troughs placed around pressurized pipes containing oil-insulated, 115,000-volt underground transmission cables between two transformer stations. At -40°C the oil formed "frost plugs" at six points in the pipe and allowed the crew to open the cable sheathing between them.

Cable from a new transformer station could then be spliced in between the plugs without leakage, pressure loss, or damage from moisture-laden air.

After the splices were completed, the air between the plugs was vacuumed out and the plugs allowed to thaw, refilling the pipe with oil.

This first for Ontario and Ontario Hydro made it possible to bring the new transformer station into service with minimum disruption of power service.

Ontario Hydro Photo



Palace of Versailles has an oak parquet floor as magnififor the gondolas which travel for her 1901 ride over the

Camelot. Oak leaves and ngthened with stout oak sides; through the rapids. She was clusters have been reproduc- so were the land - bound prair- the first person to go over ed as military insignia for ie schooners that carried the the Falls in a barrel and surpioneers to America's western frontier. During the canalbuilding era of the late 1800s engineers developed a unique use of oak flooring: smoothed the truks and lined the canal locks with oak.

bon whiskey, the phrase "Aged in Oak" is all-important, and means that charred white batches

for the gondolas which travel for her 1901 ride over the Niagara Falls. Banded with Later, shipwrights used oak timbers for ocean-going vessels. The Mayflower was streds trans. Banded with steel straps, the barrel with stood the 160 foot drop and carried Mrs. Taylor safely vive.

The Oaks is one of the world's oldest, most renowned horse races. In 1779, the English Earl of Derby set up a race and called it The Oaks For those who enjoy bour-run annually at Epsom Downs.

Each year the Indiana and Purdue football teams vie for the Old Oaken Bucket, a relic oak barrels have been used of the sport's early years when water boys carried oak bucklers found that charred oak retains the flavor of earlier outs. Indoors, the basketball courts are often made from 796 Hamilton Road oak, because their 'give' keeps oaken barrel was selected by players from tiring quickly.

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The leg expe the Loom Hos New York's top els would be source of infor care. So they girls with a "Le ionnaire to find get their legs in and keep them here are theh

Question No your legs from or to reduce foods do you the models were The big "no's" greasy foods (fine pecially!), salt, bread. As one "Anything that

When asked No. 2 what ex would recomm heavy legs, th stressed bicycli and a special ex Leg Raises: lie back and exten perpendicular t with the other out on the floo extended leg ba across your bo Then with other popular exercise floor with your ched, legs straig aid and pedal yo

For thin legs recommended w ling and special build the leg m standing with you er, hands on hij up and downon fast as you can And how do

keep their hips Walking." As or plains it, "You si - no carpet, ple crossed in front straight, and "w posterior, forwar backwards." For "For as long as y

Very few of

use cosmetics or To flatter their use specific legs If your legs ar they say wear the of legwear. The Fruit of the Lo Shape" pantyhos mon, Cafe Brown Navy and Black a mer" shades. And "Great Shape O a trim leg lool own and Deep costs, avoid patte: ured hose, the As a boon to he Fruit of the Loo have come up w support hose, busy model put rific thing about t don't look matro same designers ha created "Great S Size" and "Great size" for, as the woman who has erything." The he en, the models been neglected to it comes to gettin