POOR COPY

COPIE DE QUALITEE INF

HOME CIRCLE COLUMN

Pleasant Evening Reveries dedicated to tired Mothers as they Join the Home Circle at Evening Tide.

THE OLD-FASHIONED WOMAN.

No clever, brilliant thinker, she, With college record and degree; She has not known the paths of fame, The world has never heard her name; She walks in old, untrod den ways— The valleys of the yesterdays

Around her childish hearts are twined, As with some reverent saint coshrined, And following hers, the childish feet Are led to ideals pure and swe And find all purity and good

She keeps her faith unshadowed still, God rules the world in good and ill; Men in her creed are brave and true, And women pure as pearls of dew; And life for her is high and grand, By work and glad endeavor spanned.

This sad old earth's a brighter place All for the sunshine of her face; Her very smile a blessing throws, And hearts are happier where she goes, A gentle, clear-eyed messenger, To whisper love—thank God for her t

Some men stumble over straws in the road to heaven but climb over hills on the road to destruction.

In the home life never forget that the children have social rights, and the chief among these is the right to laugh when they are happy, and to cry when arehappy, and to make a noise.

The great event in every young man's life is his awakening. There comes a time when he's aroused from the dreamy carlessness of boyhood by the opening passibilities of life. If he then drops iato indifference and begins life in an easy, shiftless way, he fritters away his chances. If he comes to a deep, carnest purpose to be at his best and do his he arrives early at the highest rank he arrives early at the highest rank among equals in business, profession or trade.

The mother who radiates peace, radiates strength also. The restlessness, the noise, the rush of the life of to-day, make it all the more necessary to main-tain within the home an atmosphere of serenity and sweetness, so that the threshold once crossed, the outside noise and clatter and strife are left securely behind. This is, perhaps, an old-fashioned conception of home.

Encouragement is something we naturally look for. A little praise, a word of hope or a cheerful smile—something for the hungry soul to grasp and the weary mind to rest upon as we climb the toilsome mountain of life. How many poor hearts have sunken into despondency, when a little encourage-

CANADA'S INSECT DESTROYERS.

Canada's bird visitors are rapidly returning for the warmer season, and we may again look forward to their assistance in the destruction of caterpillars and insects, so destructive to our

birds is the woodpecker. It feeds on larvae and small insects, which are found in crevices of the bark; securing them with its protrusible tongue. This One Pennsylvania quail, examined by a congue is sharp, hard at the end, has barbs directed backward, and can be of 127 potato bugs in its stomach. The extended several inches. The red moral is obvious headed woodpecker, besides digging insects out of bark, seizes them on the In the examination of over 700 stomachs of woodpeckers, animal food, mostly insects, was found to constitute 76 per cent of the diet and vegetable

The chicadee is anothe The chicadee is another of our most active insect destroyers. It is especially active in the vicinity of any timber, or wood chopping. The birds will become very familiar, and will readily make friends. Not being equipped, as the woodpecker is, with a long bill, they take advantage of the cutting of cordwood, etc., to secure the grubs found tader the bark or exposed in the cutting. As a rule, however, they feed upon the of our mos As a rule, however, they feed upon the issects of the orchard, the bush or rubbery.

The woodpecker and the chickadee

are only two of the many birds which ountry, and it is surely not too much ask that people give them the necessary protection to allow them to conduct their invaluable work.

Midwinter is the most dangerous time in regard to fires in buildings but so far our forests are concerned, spring is one of the worst periods. The dead one of the worst periods. The dead leaves of last season and the dead twigs and branches on the ground are more brittle and dry in the first few days of bring, just after the snow leaves, than any other time of the year. Those the go into the woods for any purpose re, therefore, cautioned to be careful with their camp fires and with matches. They should also see that any cigar or igarette stubs are dead before they throw them away. Observance of these garette stubs are dead before they throw them away. Observance of these precautions will do more for conservation than many meetings and conventions ten years from now and this duty is urged on all patriotic citizens. The fact that Canada is at war makes this duty all the more important.

Children Cry FOR FLETCHER'S CASTORIA ment has reassured them. The soldier looks for it on the field of battle. It is the cheering voice of his leader that urges him on through the danger of death and crowns the day with victory

It is just as possible to keep a calm house as a clean one, a cheerful house as a warm one, if the heads set themselves to do so. Where is the difficulty of consulting each other's weaknesses as well as each other's wants; each other's tempers as well as each other's well as each other's character. Peace rules the day when reason rules the mind. Oh! it is by leaving the peace at home to chance, instead of pursuing it by system that so many houses are unhappy. It deserves notice, also, that almost anyone can be courteous and forbearing and patient in courteous and forbearing and patient in a neighbor's house. If anything goes wrong or is out of tune, or disagreeable there, it is made the best of, not the worst; even efforts are made to excuse it, it is attributed to accident, not de-sign; and this is not cally core. sign; and this is not only easy, but natural, in the house of a friend.

Let us take time to get acquainted with our families. The wealth you are accumulating may be a doubtful blessing to the son who is a strenger to you. Your beautifully kept house, busy mother, can never be a home to the daughter whom you have no time to areas.

The home influence is either a bless The home influence is either a blessing or a curse, either for good or for evil. It cannot be neutral. In either case it is mighty, commencing with our birth; going with us through life, clinging to us in death, and reaching into the eternal world. The specific influences of husband and wife, of parent and child, of brother and sister, of teacher and pupil united and harmoniously blended, constitute the home influence. Like the calm deep stream it moves on blended, constitute the home influence. Like the calm, deep stream, it moves on in silent but over-whelming power. It strikes its roots deep into the human heart, and spreads its branches wide over our whole being. Like the lily that braves the tempest and the Alpine flower that leans its cheek on the bosom of eternal snow, it is exerted amid the wildest storms of life and breather a wildest storms of life and breathes a softening spell in our bosom even when a heartless world is freezing up the foun-tains of sympathy and love.

What Quail Eat.

Col. G. O. Shields, president of the League of American Sportsmen, declares that \$100,000,000 worth of cotton is ruined every year in the southern States because the southerners persist in shooting the quail, meadow larks and prairie chickens, while he maintains that the Hessian fly and chinch bug do \$200, 000,000 damage to the grain crop, which would be avoided if we would only pro-tect our song and insectivorous birds.

A Remarkable Child.

Brockville possesses a wonder in the person of little Leonard Wade, aged four years and one month, youngest child of J. L. Wade, 31-Abbott street. and the diet and vegetable child of J. L. Wade, 31-Abbott street. At the age of two and one-half years pillars, and includes many harmful singer, six months later appearing before an disperse in the Brock and Griffin Theatre respectively, and taking first prize at amateur contests. In a recent

prize at amateur contests. In a recent appearance at Brock Theatre, this art-less, child completely captivated the large andience present. Dressed in a thir singing a patriotic song. In response to one of the encores he gave the military solute in true British fashion. The possessor of a pleasing personality, perfect enunciation and an exceptionally. tary solute in true Brillsh lashion. The possessor of a pleasing personality, perfect enunciation and an exceptionally sweet voice this gifted child is assured of a welcome from Brockville audiences and if he lives, a brilliant future is predicted. His older brother, Bernard, is also one of Brockville's rising young excellists.

CHILDHOOD CONSTIPATION.

Mrs. Andrew G. Lund, Hughenden Mrs. Andrew G. Lund, Hughenden, Alta., writes:—"Two of my babies were very much troubled with constipation and I tried several remedies without success. A neighbor advised me to try Baby's Own Tablets and they were so satisfactory that now I would use nothing else." The Tablets never fail to cure constinution and they may be given nothing else." The Tablets never fail to cure constipation and they may be given to the youngest child with perfect safety. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Out.

Mrs. Amos W. Blanchard passed away on Tuesday at the home of her daughter at Vancouver. Several years ago Mr. and Mrs. Blanchard left Athens to live with their daughter, Mrs. (Dr.) A. E. Bolton, in Vancouver, B.C., and Mrs. Temple Cliffe, New Westminster.

Children Cry FOR FLETCHER'S CASTORIA

Retouching

to be able to cut and fit and make her own clothes. Some have not the time, while others have not the ability, and many have neither. The busy w especially hates to give her precious minutes to long hours with the dress maker, and it is for such that the shops put on their racks and counters such a number of stylish ready made garments. For the fastidious woman, however, it is something of a shock to see herself, so to speak, coming down the street in the identical frock or suit she is wearing. For her there is nothing to do but to invest in the cheaper ready made garments and put the re-

the

Ready Made

For sheer tailored blouses there is a happy expedient that any woman can resort to with a few stitches, and that is to apply under the sheer material a length of figured or contrasting colored ribbon. This will "dress up" the blouse with the smallest possible expenditure

mainder of the allowance into fixings that will make the frock, suit or blouse

partake of her own personality. After all, one's clothes should reflect one's

The styles are so accommodating at present that a frock may be completely changed with very little trouble. An imported gown in a smart shop suggests a way of putting "the punch" into a cheap taffeta dance frock. The imported model had a very straight gathered skirt, which was turned un-der at each side for a distance of four or five inches at the hem to reveal a lace petticont. This gave a bouffant appearance without interfering with the cut of the skirt. A girdle of old blue yelvet contrasted beautifully with the flesh tint of the frock. A tulle scarf was suggested for softening the corsage. A cheap drop skirt on an otherwise good looking dance frock may be omitted entirely, the lace petticoat sufficing to give the fluffy appearance

at the foot. Leather collars and cuffs, from new leather to be bought at a leather house or from the arms of a good pair of kid gloves where the hands are worn out, will make a bought suit take on a different air. A leather belt added in place of the fabric belt will give tone to a Russian blouse coat. New lining will make a cheaper plush coat look much more expensive and dressy, as often the lining is where the manufacturer has saved his pennies to make his profit on the coat.

A large suit skirt may be shirred into fitting at the waist line, and a belt of material, which comes from the piece taken off the hem, added for

Braiding on pockets will dress up a plain suit, or the addition of new fur will often help out.

A SAILOR, HO!

The Ever Popular Middy Suit For th Small Lad.

This correct lad is all set up in blue broadcloth and white linen neatly braided and cheyroned. The black silk



CLAIMED THE SHIP

Maro Thought He Was Eligible to Command a Cruiser.

AN OLD TIME NAVAL PRANK. The Shabby Trick That Was Played

Upon a Patriotic Greek Boilermaker by Some of Uncle Sam's Sailors With Whom He Had Shipped. "A number of years ago the cruiser which I was serving shipped a boilermaker while we were on the Mediterranean station," said a retired-petty officer of the navy. "Our former boil-ermaker's time expired while we were at Glbraltar, and as he was not in good

at Gibraltar, and as he was not in good physical shape he wasn't re-enlisted, but took his discharge and returned to the United States by mall steamer. So the ship was shy a boilermaker, a very important and necessary petty officer down below in the engineer's department, and when the ship pulled into Napies harbor the chief engineer went ashore to see if he couldn't dig up a follermaker.

"There was a clause in the enlist

ment regulations permitting command-ing officers to ship necessary men on foreign stations in short handed emer-gencies. The chief engineer brought back to the ship a Greek named Charlie Maro. The man couldn't speak any English to speak of, but he was a good man at the boilermaking business, and he was duly shipped aboard of us for three years. He was a wild, hairy looking lot, Maro was, and he got a good deal of a laugh at the lands of the crew, especially the younger fellows, from the time he first

over the side "Maro thought that there wasn't any "Mare thought that there wasn't any other country on the map except Greece, and after he got hold of enough English to make himself understood he used to take some of the young apprentice boys up into the eyes of the ship and tell them, with many gesticulations and furious words, of the different kinds of tar Greece could knock out of Turkey.

"The ship was around on the Pacific

station when the war broke out be-tween Greece and Turkey. When the news of the outbreak of the war got to Maro, our bollermaker, he-mearly had beart disease and a whole lot of other sudden this as from pure excitement. He just couldn't hold himself in, he looked so tickled.

"Da Greek man willa bin, bin, bin, bin, as Taurka man, was Charlie March."

da Taurka man,' was Charlie Maro's way of putting it, and he didn't see that the Turk had a ghost of a show. All hands forward encouraged him in the belief. They all acquiesced in ex-pressing the belief to Maro that Greece pressing the belief to Maro that Greece would simply eat Turkey up. Then a bo'sun's mate who knew how to crack the most impossible jokes with a face as solemn and wooden as an Indian's took Charlie in hand and told him some things. He told Maro that the United States was so much in sympathy with Greece in the struggle with Turkey that the navy department had decided to turn over all of the ships of the American navy to Greek commanders.

"'Here's a chance for you, Maro,'
the bo'sun's mate told Maro. 'You just want to work your edge. Here you are already shipped on this cruiser, and it's dollars to doughnuts that if you ask for the command of this ship in order to take her over to Greece to mix it up with the Turks you'll get it hands down. Better try it on.'

"That idea impressed Maro a heap. He asked the bo'sun's mate whom he'd have to apply to to get command of the

"'Why, to the commanding officer, of course,' was the reply.

Maro was tremendously important for a day or so while he let this huge idea grow within him, and he bullied the men detailed to work with him down below in the boiler room a good

deal. The bo'sun's mate kept working him up to it, and finally Maro appeared on deck one morning togged out in his very best mustering suit of bluejacket clothes and went up to the officer of the deck and asked permission to see the commanding officer at the mast. The officer of the deck was rather sur-prised to see the man all done up in his mustering togs when all hands were at work; but, as he is obliged to do when an enlisted man requests per-mission to see the commanding officer, he sent word to the skipper, who soon emerged from his cabin and appeared at 'the stick.'

"Well, my man? said the skipper to Maro, who stood bolt upright and sa-luted with a flourish." 'Sare, said Maro to the skipper, 'I

have a da honor to here-by taka da command of-a da ship.

"Hey? said the commanding officer, putting his hand to his ear and looking

putting his hand to his ear and localing as if he hadn't heard aright.

"'Da ship,' repeated Maro. 'For-a da navee of-a Hellas—de Greeka navee—I

LITTLE BOY BLUE.

tie is knotted of a memento from the battleship Connecticut. These middy suits are especially serviceable during winter months, as they take the place of leggings.

Rice Snowballs.

Wash two teaspoonfuls of rice and boil it in one teacuful of water and one of milk, with a little salt. If the rice is not tender when the milk and water are absorbed add a little more milk and water; when the rice is tender flavor with vanilla, form if into balls or mold into a compact form with little cups; place these rice balls around the inside of a deep dish, fill the dish with a rich, soft custard and serve either hot or cold. The custard and balls should be flavored alike.

"Pa ship,' repeated Maro. 'For-a da navee of a Hellas—de Greeka navee—I have da honor to take da command.'

"All hands among the enlisted men were up on the to'galiant fo'c'sle taking the thing in, and they broke into a roar that you could have heard five cable lengths' distance. Maro heard it and, suspecting that his confidence had been abused, got red and flabbergasted. He suddenly bolted for the engine room hatch and made his way below, and it took three marines to drag him aft to the sick bay, where the surgeon, at the skipper's command, gave Maro a half hour's examination as to his santout to give the name of the enlisted men were up on the to'galiant fo'c'sle taking the thing in, and they broke into a roar that you could have heard five cable lengths' distance. Maro heard it was eable lengths' distance. Maro heard it was period for the engine room hatch and made his way below, and it took three marines to drag him at took three marines to drag him at took three marines to drag him and took three marines to drag him to the skipper's command, gave Maro a half hour's examination as to his santout to the skipper's command, gave Maro a half hour's examination as to his santout to the skipper's command, gave Maro a half hour's examination as to his santout to the skipper's command, gave Maro a half hour's examination as to his santout to

A movement has set in among Ontario weekly newspapers to make their subscription price \$1.50 per year, instead of a \$1.00 as heretofore. The proposition is a good one. The newspaper is about the cheapest thing in the modern world for its value. If nothing else were considered save the nsefulness of the advertisements and the market prices to the average home, a dollar spent in buying newspapers must mean the saving of many dollars in any home. And assuredly the country newspapers in particular, which have only a limited revenue from advertising, ought to be cheerfully backed up in subscriptions by their local public, to which they give news and information not obtainable from the city papers which sometimes flood the same territory. But for the fact that nearly all country newspapers are aided by some profit from jobprinting annexes, few of them would have shown the standard ot excellence they have. They have been sold to cheaply at \$1.00 a year. A fairer price will not only towards better papers, but be a measure of justice to the publishers, who are generally among the hardest-working of men.—Ottawa Journal.

Potash and Feidspar.

Dr. Frank D. Adams, speaking at the recent annual meeting of the Commission of Conservation, said: "A question of great importance is whether we cannot find deposits of potash in Canada. It is practically impossible for us to find deposits of potash similar to the German ones, but locked up in the rocks of the northern Laurentian country, where we have these great granites, we possess northern Laurentian country, where we have these great granites, we possess enormous deposits of silicate of potash and feldspar. These are now awaiting the arrival of some one who will invent a method to get supplies from the old granite rocks. Whenever that can be done we will have in the northern country an enormous and inexhaustible supply of potash."

To exterminate them, clean up, and Drain off stagnant water, or where drainage is not possible, spray with coal oil. Let the sunlight into damp places. Cover rain-water barrels with a fine

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For Infants and Children In Use For Over 30 Years

Dangerous Condition Relieved Just In Time By "Fruit-a-tives"



MR. F. J. CAVEEN
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For two years, I was a victim of Stomach. It afterwards attacked my Heart, and I had pains all over the body, so I could hardly move around. I tried all kinds of medicines but none of them did me any good. At last, acting on the advice of a friend, I decided to try 'Fruit-a-tives'. I bought the first box last June, and now I am well, after using only three boxes. I recommend 'Fruit-a-tives' to anyone suffering from Indigestion, no matter how acute". FRED J. CAVEEN.

Simple Indigestion often leads to Heart Atlacks, Catarrh of the Stomach and constant distress of mind and body. If you are bothered with any Stomach Trouble, and especially if Constipation troubles you, take 'Fruit-a-tives'.

50c. a box, 6 for \$2.50, trial size, 20 At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Making Prisoners Pay for their Keep.

Germany's food bill for her prisoners is upwards of \$187,500 a day. During the first part of the war there was a disposition on the part of some of Germany's citizens to begrudge the prisoners their food, and a few public protests were made, but that feeling has died out entirely. In the first place, Germans fear starvation no longer; and in In Use For Over 30 Years

Always bears
the
Signature of Carttelliteker

Out entirely. In the first place, Germuns fear starvation no longer; and, in the second place, they realize that Germany's unusually large crops in 1915 were made possible by prison labor.

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In one of the Best Mills.

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