OVER AND OVER AGAIN.

Over and over again
My duties wait for me,
They ever come in monotonous round;—
Breakfast and dinner and tea.
Smoothing the snow-white clothes,
Sweeping and dusting with care,
There is ever some task in my little home
To brighten it everywhere.
What may I claim for my duties' fee?
Are these endless rounds of tasks to be
Naught but a dull monotony,
Over and over again?

Over and over again
The sun sinks low in the West,
And always over and over again
The birds come back to the nest.
The robin sings to his loving mate,
Close, close to my cottage door,
The same glad song I have heard him sing
For many a day before.
What does the robin say to me?
If the heart is tuned to love's glad 'key;
No task can be dull monotony,
Though over and over again.

—*Good Housekeeping.*

THE HOME.

Discourtesy of Women.

Every fair minded woman must admit the justice of the charge made against her sex, in the *Sunday School Times*, to the effect that "the average woman is not so courteous as the average man." One reason given for this is because men are trained from boyhood to pay deference to women, who thus become accustomed to receiving constant attention, and a habit of overlooking the rights of others is developed. The article closes as follows:

If two men, walking abreast on a street-crossing, meet a man walking in the opposite direction, one of them will instinctively drop behind the other in order to allow the third to pass them on the crossing. If two women be walking thus, they will move right along together when they meet a man, even though he must step off the crossing into the mud on either side of it, because of their walking abreast. There are exceptions to this rule; but this is the rule. Men walking together on a sidewalk generally have it in mind to give a fair share of the walk to passers of either sex, in the opposite direction. Women are not likely to be so thoughtful on this point.

In a crowded market house, or other business establishment, many a woman will push in before a customer at a counter or stall, and make known her wants as pressing, whether the customer whose rights have precedence of hers is a man or a woman—when a man would have no thought of crowding himself forward, and another out, in that way. The woman's habit of having the first place influences her, as the man's habit of conceding it influences him.

Any street-car conductor, in any city, would testify that women are less prompt and considerate in seeing to it that room is made for as many sitters as can be accommodated in the car than men are; that is, that women are not so ready to aid in providing seats for women, as men are to aid in providing seats for men. And that same conductor will tell you that he has far less trouble with a car full of men than with a car full of women, at a time when all the cars are crowded.

In any scramble for seats in a public car, a courteous man is bound to give precedence to a woman. But when a man has paid for, and is occupying, a seat in a car—whether it be a parlor car, an ordinary passenger car, or a street car—he is not *bound* to vacate that seat in favor of a woman who afterwards enters the car. The *duty* of providing a seat for other passengers rests on the railroad company, rather than on the passengers who have already taken seats. As a matter of special courtesy, however, many a man is always ready to rise and proffer his seat to any woman who may enter a car where the seats are all occupied. A woman who accepts such a courtesy has a *duty* to acknowledge it as a courtesy, and to return her thanks for it. Yet, as a matter of fact, many a woman never thinks of saying a word of thanks in recognition of such a courtesy as this. If a man were to be given a seat by a younger man, it would be a rare thing if he did not give hearty thanks for it.

If a woman attempts to get on or off a crowded street car, a man standing on the platform of the car is quite likely to step off and stand in the street—sometimes in the rain—in order to make room for her. For this act of courtesy, as for every other, specific thanks are due from the woman to the man. Yet such thanks are rarely given by a woman, although it would be a strange thing if a man were to fail of thanking another man who showed this courtesy toward him.

Similar illustrations of this truth might be multiplied. But enough has been said to call the attention of parents to the duty of training their daughters, as daughters, to courtesy; for the hope of the correction of such an evil is in the bringing up of a new generation in a better way than that of the present one. Girls ought to be trained to courtesy in every direction; to be watchfully considerate of one another, and deferential toward their seniors; to be prompt to rise and give their seats, when occasion calls for it, to women or to elderly or infirm men; and to be explicit in their thanks for every courtesy of any sort which is proffered to them by any person whatsoever. There are girls who are thus trained, and who give evidence of it continually. When such training is more general, there will be less reason than now for complaining of any lack of courtesy among women.

Messrs. Northrop and Lyman are the proprietors of *Dr. Thomas' Eclectric Oil*, which is now being sold in immense quantities throughout the Dominion. It is welcomed by the suffering invalid everywhere with emotions of delight, because it banishes pain and gives instant relief. This valuable specific for "almost every ill that flesh is heir to," is valued by the sufferers as more precious than gold. It is the elixir of life to many a wasted frame. If you have not purchased a bottle, do so at once, and keep it ready for an emergency. Its cheapness, 25 cents per bottle, places it within the reach of all. To the farmer it is indispensable, and it should be in every house.

THE FARM.

Cultivation of Currants.

As a rule, currants are not cultivated at all. They are planted in some out-of-the-way place, or along a fence where, at best, they can be cultivated or hoed only on one side. They are pruned spasmodically, or not at all, and soon become a tangled mass of weeds, dead wood, moss-covered trunks, or branches with a stunted growth of shoots on top, and the feeblest cluster of buds on the two-year old wood. At best, such a row of currant bushes can give only a poor crop of the smallest fruit. But after the currant worm attacks them and strips off the leaves, the currants wither up and are not worth picking. Currants should have as good cultivation as corn or potatoes, and this, with a coat of manure or a top-dressing of superphosphate and nitrate of soda, has a wonderful effect. The pruning consists in cutting out the old branches, stripping out all the old suckers (except two or three to be left to form new branches), and in the fall or spring, cutting back the shorts or suckers about one-half. The weaker they are, the more should they be shortened back.

The best way to renovate an old row of currant bushes is to set out new ones where you can cultivate on both sides of the row. Meantime, if you do not wish to root out the old ones, give them a severe pruning, and either hoe or fork the ground to kill the grass and weeds, or cover the ground thick enough with manure or mulch to smother the grass and weeds; or, better still, sow three or four ounces of equal parts of nitrate of soda or superphosphate to each bush.

Seed Potatoes.

The very largest, smoothest and most perfectly formed is the only true seed. "Like produces like," and large potatoes will produce large potatoes, and in this way the yield of the general crop can be largely increased. Small and indifferent potatoes will produce small and indifferent potatoes, and a small yield of inferior quality. The cause of potatoes "running out" is using small ones for seed, and it is known that when potatoes begin to "run out" that the quality is inferior. "High breeding" in the potato is as fruitful of desirable results as high breeding is in live stock. When farmers begin to appreciate the principles that apply to the production of the best grown vegetables, their profits will be very largely increased. Why should it be thought for a moment that small potatoes are suitable for seed? Farmers do not select the smallest ears of corn for seed. Why should the potato crop be so neglected? After selecting the best for seed they should be put into sacks of one bushel each and kept in a dry cellar. If the cellar is not perfectly dry make a platform of boards raised one to two feet from the floor of the cellar, and place the sacks on this platform, and ventilate the cellar during the winter as frequently as practicable.

MERINO SHEEP FROM FRANCE.—Although established over a century ago, the national sheep breeding farm at Rambouillet, in France, is said to be still in existence, and quite celebrated. The Spanish Merino has there been bred to perfection without the admixture of foreign blood for nearly a century; and the stock is famous among Merino breeders the world over, being especially adapted to Australia, New Zealand, and South America. A favorite cross in France is that of the Merinos and Leicesters, the progeny being called Anglo-Merinos and being notable for early maturity, good conformation, and fine yield of wool. The stock from which the original flock of Rambouillet was derived, is said to have been composed of individuals beautiful beyond any that had ever before been taken from Spain, and chosen from a great number of flocks in different parts of the kingdom.

TEMPERANCE.

Boys and Tobacco.

The habit of smoking among boys is getting to be an evil of alarming prevalence. Nervous, worthless wrecks by the hundred are growing up among us,—the natural, inevitable result of smoking by boys. The boldness with which the boys who smoke do it, shows that they regard it as a very manly thing; and the swagger which they often assume when puffing a "weed" is an expression of the superiority which they feel in having attained such an eminence among their mates. It is not alone the newsboys and bootblacks that are undermining both physical and moral health by this practice in youth. The sons of our best people are, many of them, going the same way. These youths are usually a little more shy about it at first; but, the habit acquired, they come out boldly with the same plea for its continuance that their fathers offer, that "now they have become accustomed to it, they cannot leave off." And, with bad grace, the fathers usually submit to the demand for supplies.

The worst thing about it is, that the boys begin the habit while yet so young, when anything in food or drink of an exciting or highly stimulating nature should not be given them, and much less anything purely a stimulant, like tobacco.

If the practice were deferred until the period of manhood were attained, until the life powers had, in a natural and unobstructed way, well established the physical health, the evil, afterwards, would be less than it is when mere boys smoke. The result in the latter case is lamentable in every respect. We have seen boys, many of them, at ten, twelve, and fourteen, with faces pale, cheeks sunken, and hands trembling from the use of tobacco. The writer is in a position to observe the effect of smoking upon the mental and moral faculties of boys. It is distressing in the extreme. Their minds and intellects clouded, they are absent-minded, and their sense of wrong becomes dimmed as the appetite for the stimulant grows more craving. It is extremely difficult to make much progress either in intellectual or moral attainments with a boy who feeds his brain and tissues with the fumes of tobacco.

We deem it a great moral wrong for dealers to sell tobacco in any form to minors. They buy it at that period in life when they do not know what is best for them—at a period when restraint in many things is necessary for their good. They need to be helped over this period, and by watchfulness and constant encouragement kept from contracting bad habits.

Our reformers work too exclusively against intoxicating liquors. They should attack tobacco as well. If our youth can be prevented from its use until years of judgment and discretion have come, very few will contract the habit then, for it is rare to find an adult person of sound reason who does not condemn the practice of using tobacco, even if he himself has become its slave.

Boys begin to chew and smoke tobacco, not because they like it, but because it seems to them a smart thing to do. Men that loaf about, seemingly with nothing to do but to enjoy themselves, are, for the greater part, smokers. Smoking seems to be the passport into the company that appears to the boys the most desirable; hence they must become smokers. So, little by little, the natural disgust which they have for the vile weed wears away, and they soon become perfect slaves to a craving for it. Every possible influence which can be brought to bear to prevent boys from the use of tobacco should be employed. The effect upon the health should be put in the strongest light, showing them that if they ever begin to use it they should wait till they are men. The expense of it should be shown them. The vileness of it should be held to scorn. And if pleadings and reasonings will not prevent them from this self-destruction, then *authority* should step in with a firm hand. —*Sel.*

How To Keep Sober.

In a rural district in the north of England, the following dialogue lately took place between a friend and a shoemaker who had signed the temperance pledge:

"Well, William, how are you?"

"Oh, pretty well. I had only eighteen pence and an old hen when I signed, and a few old scores, but now I have about ten pounds in the bank, and my wife and I have lived through the summer without getting into debt; but as I am only thirty weeks old, I cannot be so strong yet, friend."

"How is it that you never signed before?"

"I did sign it; but I keep it differently from what I did before, friend."

"How is that?"

"Why, gae doon on my knees and pray."

Better informed persons might learn a lesson in this respect by applying the source of strength now possessed by William, the shoe-maker.—*Sel.*

Will Wonders Ever Cease?

It has been discovered that by means of the circulating blood any organ of an animal can be paralyzed or stimulated into renewed activity if the proper material is administered. Cocaine, which has revolutionized delicate surgical operations, is only one of the results of this discovery. The use of Atropine by oculists is a remarkable example: For it matters not how administered, (even if injected into the big toe) the first effect seen is the enlarging of the pupil of the eye. Another application of this discovery, as practical as any, was the idea that the great loss suffered by the poultry raisers, owing to the fact that hens stop laying during cold weather, when eggs are worth fifty cents per dozen, could be overcome, if the ovaries of the hen could be reached and stimulated to egg-producing activity. The experiment was crowned with success, and the chemical compounds deficient in the ovaries of the hens at this season are now very important components of Sheridan's Condition Powder to make hens lay. And with its aid some of our most successful egg raisers believe it is as easy to obtain plenty of eggs in mid-winter as to raise early vegetables. Last December the poultry editor of the *N. E. Farmer* said to a subscriber, "the office of Sheridan's Condition Powder is to animate the ovaries. A hen to lay profitably must be in *condition*. I use Sheridan's Powder because I believe that hens can be *made* to lay even in winter by using it, and fully twice as much profit can be made in a year from a flock of fowls where it is used." Is not that good evidence? Then force your hens to laying now, or later you will reflect.

"How wise we are when the chance is gone,
And a glance we backward cast!
We know just the thing we should have done,
When the time for doing it's past."

For 50 cents I. S. Johnson & Co., Boston, Mass., will send two 25 cent packs; five packs for $1.00; or for $1.20, one large 2½ pound can of Sheridan's Powder, postpaid; six cans for $5.00, express pre-paid. The best poultry paper—*Farm-Poultry* one year, and a can of Powder for $1.50. Sample copy of paper 5 cents.

Winning a Good Name.

"Charlie Leslie," called out a farmer to a boy who was passing, "we are short of hands to-day. Couldn't you give us a turn at these pears? They must be off to market by to-morrow morning. If you will help me this afternoon, I'll pay you well."

"Not I," said Charlie; "I'm off on a fishing excursion. Can't leave my business to attend to other people's;" and with a laugh he walked on.

"That's what boys are good for now-a-days," growled the farmer. "These pears might rot on the trees for all the help I could get from them. Time was when neighbors, men and boys both, were obliging to each other, and would help in a pinch, and take no pay but 'thank ye.' Lads now-a-days are above work, if they haven't a whole jacket to their backs."

"Could I help you, Mr. Watson?" said a pleasant voice, as Fred Stacey appeared around the clump of lilac-bushes which had hid him from view. He had heard the conversation with Charley; and, as he was an obliging boy, he was sorry to see the farmer's fruit waste for want of hands to gather it; "I have nothing particular to do this afternoon, and would as lief work for a while as not."

"Might know it was you, Fred," said the farmer, well pleased. "I don't believe there's another boy about who would offer his services."

The matter was soon arranged, and Fred pulled off his jacket and went to work with a will, picking and assorting the fruit very carefully, to the great admiration of Mr. Watson.

"If that boy had to work for a living, I would engage him quick enough," he thought. "But he'll make his way in any business. One so obliging will make a host of friends, who will be always willing to lend a helping hand."

Fred would take no pay from the farmer, who he well knew was working hard to pay off his mortgage. But he did accept a basket of pears for his mother, as they were very excellent ones, and the farmer insisted so warmly on his taking them.

Ever after that Fred was sure of a good friend in farmer Watson, and one who was always ready to speak a word for him whenever his name was mentioned. Oh, if boys knew what golden capital this "good name" is, they would work hard to get it. Well did the wisest man say, "It is rather to be chosen than great riches." It has helped many a man to acquire riches. It is of great importance to a boy what the men of his place say of him. Never fancy they do not know you do—that they have no interest in what you do. Every business man sees and estimates the boys that pass before him at pretty near their own worth. Every man with sons of his own takes an interest in other men's sons. There is nothing like obliging ways to make friends of people, and to lead them to speak well of you. That will be a stepping-stone to your success in life.

No article takes hold of Blood Diseases like Northrop & Lyman's Vegetable Discovery. It works like magic. Miss C——, Toronto, writes: "I have to thank you for what Northrop & Lyman's Vegetable Discovery has done for me. I had a sore on my knee as large as the palm of my hand, and could get nothing to do any good until I used the Discovery. Four bottles completely cured it."

—In New-York last week a man saw a black cat run in front of him twice. He thought it was an unlucky omen and threw a stone at the cat. The stone broke a window, for which he was arrested and was obliged to pay $50. He now knows that seeing a black cat is unlucky.

Do not delay in getting relief for the little folks. Mother Graves' Worm Exterminator is a pleasant and sure cure. If you love your child why do you let it suffer when a remedy is so near at hand?

—The bread of sorrow is leavened with error, mixed with imprudence, kneaded with adversity, and baked in the oven of dissapation.

Rheumatism, Gout, Lumbago, and similar troubles will not linger with you if your blood is pure, if it is not, we would recommend you to take Burdock Blood Bitters at once.

SOLID GOLD PLATED.
To introduce our Watches, Jewelry &c., &c., for 60 days we will send this elegant heavy gold-plated Ring to any address on receipt of 32 cents in postage stamps; and will also send free our mammoth Catalogue of Watches, Jewelry, &c., with special terms and inducements to agents. This Ring is a very fine quality, warranted to wear for years, and to stand acid test, and is only offered at 32 cts. for 60 days to introduce our goods. Order immediately, and get a $5.00 Ring for 32 cents. CANADIAN WATCH AND JEWELRY CO., 57 & 59 Adelaide St. East, Toronto, Ont.

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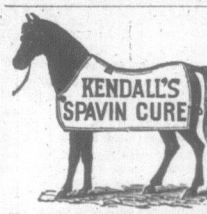

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DR. B. J. KENDALL CO.
Dear Sirs: I have always purchased your Kendall's Spavin Cure by the half dozen bottles, I would like prices in larger quantity. I think it is one of the best liniments on earth. I have used it on my stables for three years.
Yours truly, CHAS. A. SNYDER.

KENDALL'S SPAVIN CURE.
BROOKLYN, N. Y., November 3, 1888.
DR. B. J. KENDALL, CO.
Dear Sirs: I desire to give you testimonial of my good opinion of your Kendall's Spavin Cure. I have used it for Lameness, Stiff Joints and Spavins, and I have found it a sure cure. I cordially recommend it to all horsemen.
Yours truly, A. H. GILBERT, Manager Troy Laundry Stables.

KENDALL'S SPAVIN CURE.
BANT, WINTON COUNTY, OHIO, Dec. 19, 1888.
DR. B. J. KENDALL CO.
Gents: I feel it my duty to say what I have done with your Kendall's Spavin Cure. I have cured twenty-five horses that had Spavins, ten of Ring Bone, nine afflicted with Big Head and seved of Big Jaw. Since I have had one of your books and followed the directions, I have never lost a case of any kind.
Yours truly, ANDREW TURNER, Horse Doctor.

KENDALL'S SPAVIN CURE.
Price $1 per bottle, or six bottles for $5. All Druggists have it or can get it for you, or it will be sent to any address on receipt of price by the proprietors. DR. B. J. KENDALL CO., Enosburgh Falls, Vt.
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TRADE MARK
IS ESPECIALLY SUITABLE FOR INFANTS IN HOT WEATHER.
It requires no milk in preparation, and is very effective in the prevention of
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Ziemssen's Cyclopœdia of the Practice of Medicine, Vol. VII., says: "IN CASES OF CHOLERA INFANTUM NESTLE'S MILK FOOD IS ALONE TO BE RECOMMENDED. Because the gastro-intestinal disorders to which infants are so subject are provided for by presenting only the nourishing properties of cow's milk in a digestible form. Cow's milk produces a coagulated mass of curd and cheese, which the immature gastric juice is utterly UNABLE TO DISPOSE OF."
This is one of several reasons why infants' food requiring the ADDITION of cow's milk FAIL as a diet in hot weather.
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This watch has fine expansion balance, quick train (18, 000 beats per hour), accurately regulated and adjusted, full upper plate, dust proof, full jewelled, Waltham style movement, warranted an accurate timekeeper. The case is a genuine Dueber Silver-ine, warranted by the manufacturers a life time. In order to get good Agents immediately introduce our watches and jewelry we make a broad offer, good for 60 days. Cut this advertisement out and send to us with 50 cts. in postage stamps, as a guarantee of good faith, and we will send you the watch by express C.O.D. subject to examination. You can examine and test the watch and if found perfectly satisfactory and exactly as represented you can pay the express agent the balance, $4.48, and take the watch; otherwise you do not pay one cent. If you wish the watch sent by mail, cash in full must accompany order. SPECIAL—Order immediately, sending $4.98 in full with order, and if yours is the first order from this town we will give you the exclusive agency of your county and send you free in addition to the watch a valuable sample outfit of jewelry consisting of rings, chains, pins, charms, etc., etc. CANADIAN WATCH & JEWELRY CO., 57 & 59 Adelaide St. E., Toronto, Ont.
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CHRISTMAS AND REWARD CARDS
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PORT GREVILLE, Sept. 5th, 1889.
C. GATES, SONS, & Co.—Gents: Last summer I had a bad attack of rheumatism in the hip, caused by cold and exposure. I used a bottle of your Syrup and one of your Acadian Liniment, and it cured me, so that I have not had a return of it since, though often exposed at sea. At another time I used your Vegetable Plaster for a bad kink in the back with the best success.—Yours very truly,
CAPT. ISAIAH MORRIS.

GATES' LIFE of MAN BITTERS IS THE BEST.
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Life of Man Bitters,
and it helped me at once. I can recommend it to any one similarly troubled.—Very truly,
McKINLAY CORBITT.

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Sent the Largest Number of Wrappers of
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German Baking Powder
AND WRITES:
WESTVILLE, Pictou Co., Sept. 5, 1889.
I have received through Mr. Balfour, Postmaster, the prize ($5) offered for the largest number of Wrappers of Woodill's German Baking Powder, and thank you. I was not influenced by offer to use any extra quantity. Have used it for years, and can recommend it as a First-Class Baking Powder.
(Signed) E. HALE.
$10, $5, $3, offered until Nov. 30 to the three families in New Brunswick sending Wrappers representing the most value.
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All Diseases are Cured by our Medicated Electric Belt and Appliances. On the principle that Electricity is Life, our appliances are brought directly into contact with the diseased part. They act as perfect absorbents, by destroying the germs of disease and removing all impurities from the body. Diseases are successfully treated by correspondence, as our goods can be applied at home.
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REV. CHAS. HOLE, Halifax, N. S., is happy to testify to the benefits received from our Butterfly Belt and Actina. SENATOR A. E. BOTSFORD, Sackville, N. S., advises everybody to use Actina for failing eyesight. REV. FRANCIS PORTRIDGE, Halifax, N. S., will give anyone writing him full particulars. Henry Conway, 44 Centre Street, Toronto, cured of intermittent fever in ten days, one year's standing; used Actina and Belt. Mrs. S. M. Whitehead, 578 Jarvis street, Toronto, a sufferer for years, could not be induced to part with our Electric Belt. Mr. J Fuller, 44½ Centre street, coughed eighteen months, cured in two treatments by Actina. J. McQuaig, grain merchant, cured of rheumatism in the shoulders after all others failed. Jas. Weeks, Parkdale, sciatica and lame back, cured in fifteen days. Wm. Nellis, Thessalon, cured of lame back, pain in breast and dyspepsia, after being laid up all winter. Mrs. J. Swift, 87 Agnes street, cured of sciatica in six weeks. D. K. Bell, 155 Simcoe street, cured of one year's sleeplessness in three days by wearing Lung Shield and using Actina. L. R. McKay, Queen street, tobacconist, cured of headache after years of suffering. Miss Annie Wray, Manning Avenue, music teacher, finds Actina invaluable. E. Riggs, 220 Adelaide street west, cured of catarrh by Actina. 44.8 Pardee, 51 Beverley street, cured of lame back after all medicines had failed. Miss Della Clayton, Toronto, cured of paralysis after being in the hospital nine months. John Thompson, 109 Adelaide west, cured of a tumor in the eye in two weeks by Actina. Miss E. M. Forsyth, 18 Brant street, reports a lump drawn from her hand, 12 years' standing. Mrs. Hatt, 512 St. Clarence avenue, Toronto, cured of BLOOD POISON.
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