### 179

## SECTION II.

# EQUITATION.

### IST CLASS.

Leading the horse. Mounting and dismounting. Extension and balance motions. Seat while the horse is in motion. Dressing. Walking and trotting. Riding in saddles without stirrups. Saddling. Bridling. Fitting the stirrups. Mounting and dismounting without stirrups. Aids in turnings and paces. Single Ride.

Formation of the ride. Bending lesson. Turns in the bending lesson. The canter. Position with stirrups. Position of bridle hand with the bit. Mounting and dismounting with stirrups. Riding with swords. Leaping. Salute when mounted.

#### Double Ride.

Formation of the ride, &c. Bending lesson. Elementary instruction on care, management and veterinary treatment of horses.

## SECTION III.

# GYMNASTICS.

## 4TH CLASS,

# SIMPLE EXERCISES.

First Course-Introductory Exercises.

First Second	d "	With dumb bells. With bar bells.

" Part ompany

ruction. aphs I,

nstrucsword

actice,

sition. "

ng.

, IV

ses,'' III

s," at. [[. ni-

ld n d g