

praise and petitions, our thanksgiving and supplication before the throne of God in sight of the whole heavenly court.

#### FAMILY PRAYER.

We trust that the practice of united family prayer, at all times commendable, and especially appropriate to the forty days of Lent, shall be observed most punctually in all homes of the Diocese of Kingston from Ash Wednesday to Easter Sunday; most particularly in those that are too distant from the Church to admit of the family's attendance at the public devotions. If we cannot go into the desert with our Divine Master and Saviour, let us invite Him to come in spirit each evening and be the centre of the household at the time of prayer. He has promised to come, if He be asked: "Where there are two or three gathered together in My name, there am I in the midst of them." (Matt. 18ch.) Where parents and children, masters and servants, assemble together in their peaceful homes to close the day with adoration and thanksgiving to God, and supplication for pardon of their offences, and petition for continuance of heaven's favors, through the Saviour's merits and the Virgin Mother's intercession, with the blessed beads in every hand and the cross pendent from every beads, they are then and there assembled in Christ's Name, and most assuredly He will be in the midst of them.

#### PASCHAL PRECEPT.

Although the Paschal Precept does not absolutely demand fulfilment in this Province before Trinity Sunday, it is more proper and more safe not to defer it beyond the Octave of Easter, especially because the pious discipline of Lent is intended by the Church as a preparation of her children's souls and bodies for the fruitful reception of the Word made Flesh, who is the "living bread that cometh down from heaven and giveth life to the world" (John VI.) To this end we hereby grant, in the name of the Sovereign Pontiff, a Plenary Indulgence to all who, having made a good Confession, shall receive the Blessed Eucharist on any day from Ash Wednesday to Low Sunday, inclusively. We especially recommend our people to approach the Sacraments