B. O'BLIDT.

M. HICKS & CO.

AND COMMISSION MERCHANTS

1821 & 1823 Notre Dame St.

COOKING RECIPES.

APPLE SHORTCAKE.

This is not so well known as strawberry shortcake, but it is equally good when well made. What is needed is a reasonably plain piecrust, which, by being handled like puff-paste, can be made very nice. This paste should be rolled in two thin layers and lightly baked on a jelly-tin, placing one on top of the other, but being careful not to press them together. When baked they can be separated with much greater ease than it made into one cake and pulled apart. The rich apple sauce should then be liberally spread between the two layers of crust and on top, and served with cream.

APPLE BISCULS.

In spite of their name these do not belong to the bread family at all, as neither flour nor yeast enters into their composition. Peel and core some ripe apples, and reduce them to pulp; flavor with essence of lemon, and mix while warm with their weight of powdered sugar; drop on plates, or into paper cases, and dry in a slow oven for several days. The heat should never be sufficient to bake, only to dry them. When thoroughly dried they should be packed in glass or tin for winter use. Apricots, pears, raspberries, strawberries, plums, etc., may be done in the same way.

PASTIES TO FRY.

Take twenty tart apples; pare, core and cut into bits like dice. Then stew them in butter; add three ounces of biscuit bread, six ounces of grated cheese. six yolks of eggs, six ounces of sugar. climamon to taste. Pound all together in a mortar; shape into half moons, and fry in boiling lard.

Cucumber Pickles-Take as many aniall crisp cucumbers as will fill a halfgallon glass jar; cover with a brine made of one quart of water to one-half cup of salt, and let stand over night. Remove from brine. Pack as closely as possible in jar. Bring to a boil one cup of strong vinegar and one-third cup of water, one-half cup of sugar, two sticks of cinuamon and a dozen whole cloves tied in a thin cloth, fill jar and close air tight. They will keep for any length of time or will be ready for use in two

Current Jani-Wash, stem and mash the fruit. Allow the proportion of one pound of sugar to one pound of fruit. Put the fruit and one-quarter of the sugar into a granite kettle; when boiling add another quart of the augar, and when all is used let it boil till very thick. Cooking in only a little sugar at a time prevents the fruit from becoming

Egg-Plant Fritters-Put a small eggplant whole into boiling, salted water mixed with one tablespoonful of vinegar; cook twenty minutes; drain and mash. To one pint of egg-plant add half a cup of flour, two beaten eggs, one heaping saltspoonful salt and one-half saltspoonful pepper. Fry in small cakes in deep fat, browning well on both sides.

Cottage Cheese—One quart sour milk, one teaspoonful butter, one saltspoon ful of salt, one tablespoonful cream; place the milk in a pan on the back of the stove and scald it until the curd has separated from the whey; spread a strainer cloth over a bowl, pour in the milk and drain till quite dry; put the curd in a bowl with the butter, salt and cream; mix to a smooth paste with the hand, then roll into small balls.

NEED FOR WOMEN TO MARRY DECREASING.

In the occupations which women have "invaded" in the largest numbers, those of teachers, salesmen, bookkeepers, stenographers, typewriters, etc., the ratio of increase has been about the same with the two sexes. Taking all the gainful occupations, although the ratio of increase for women is 47.88 per cent, and for men only 27.64 per cent, yet the women are in 1890 but 17 per cent of the total, as against 15 per cent in 1880. It is a fair conclusion that while many more women earned their own living in 1890 than in 1880, they had over the whole field to a very slight extent only displaced the men. The change in the proportion of women who now earn an income, and presumably a living, is the important point. About one in three of the total population is engaged in "gainful occupation," and only one in about twenty of the female population. The proportion to females of marriageable age is, of course, much larger, and it is this percentage that produces the effect I have noted as to the necessity of marriage to women as a means of support. What the effect is upon society I do not now propose to discuss, but the facts show that it is becoming clearly easier for the average woman to earn her livelibood without marriage in the United States—if she so choose—Forum.

THE LATEST FAD.

One of the latest New York crazes is the collecting of teapots! A leader of society, who started the idea, has already amassed a collection of over a thousand examples varying in capacity from three gallons to under a thimbleful. The material is most heterogeneous; copper, silver, glaze, crackle-every sort of pottery is represented, and, of course, every color. One pot represents Buddha; heads, figures, birds, animals, fishes, beetles and reptiles turn out to be receptacles for the favorite beverage, some of the prettiest being tiny swams. In fact, the fair enthusiast—who spent some years in Japan in pursuance of her taste -has reason to be proud of her treasures, though the endeavors of her friends to emulate her may succeed in sending up the price of teapots to an alarming extent.—Philadelphia Record.

EARLY AUTUMN FROCKS.

The materials for early autumn frocks shown by the importers are the smooth faced cloths, the loosely woven Scotch homespun, the smooth lightweight cheviots and the lightweight tweeds.

hairlines, line plaids of a narrow strine that looks so like the herring-bone stitch that one wonders if the thread was really sewed to position or printed. The mixed cloths show a fine plaid with a distinct line running through it here and there. This design is specially good in a cloth that has a brown and white check background with a hairline of bright scarlet crossing it in plaid tashion.

Mohairs in black, golden brown and stetl are liked for utility dresses. They are made with the simplicity of the tailor made frock of four years ago and are commended for any one who has much traveling, shopping or business to attend to that will call her out in the busy world. The smartest suits shown, up to date, are those made entirely of black broadcloth. Occasionally the gleam of a steel button is seen upon them sometimes a satin waisicoat brings out their somber elegance, but quite as often the envire gown is of black broadcloth, decorated only with black.— Inabel.A. Mallon in Ladies' Home Jour-

INSOMNIA.

"Take this little white powder; it will give you a night's delightful sleep," says some persuasive friend, and you look hesitatingly and longingly at the folded paper which encloses such longed for possibilities. It is so hard to lie awake night after night, hearing the clocks strike one, two, three, four, knowing full well that you will be desperately sleepy when the rising bell shall send its tocsin pealing through the house, and realizing -too, that the next day's duties will confront you as an armed battalion, when you will have neither courage nor strength to face them.

But it is a mistake, believe me, to take the sleeping powder, unless, indeed, your physician absolutely orders it.

In this whole matter of insomnia the wiser way is to fight the wakeful fiend by lying calmly still, with eyes shut and hands and feet stirless if you can. To be genuinely tired by exercise in the open air, to detract the blood from the too active brain by a light repast before going to bed, and, above all, not to fret and worry, are better remedies than the whole range of the apothecary's shop

conditions

In some conditions the gain from the use of Scott's Emulsion of cod-liver oil is rapid. For this reason we put up a 5oc. size, which is enough for an ordinary cough or cold or useful as a trial for babies and children.

In other conditions gain must be slow, sometimes almost imperceptible, health can't be built up in a day. For this Scott's Emulsion must be taken as nourishment, food rather than medicine, food prepared for tired and weak digestions.

Scott & Bowns, Chemists,

ILLINOIS CONVENTION

A Large and Enthusiastic Meeting-The State Ticket Made Up.

The Illinois Democratic Sound Money Convention, composed of more than a thousand delegates, adopted ringing resolutions at Chicago, last week, in behalf of sound money, indorsed the adminisstration of President Cleveland and nominated this full State ticket :-

Governor, John C. Black, Chicago: Lieutenant Governor, Chester A. Babcock. Quincy; Secretary o State, Charles S Wiley, Coles county; Auditor, Henry E. W. Brink, Washin, ton county; Treas urer, Edward Ridgel v. Springfield, and Attorney General, W. S. Forman, St. Clair.

Not a seat in the great hall of Butlery D was vacant, about eight thousand persons being present Comptroller Eckels was chosen as permanent presiding officer, and among the representative democrats present were Senator Palmer, Benjamin T. Cable, former Congressman Forman, former Mayor H pkins, State Chairman C. A. Ewing, Judge A. A. Goodrich, former Mayor Cregier, Judge Thomas A. M. ran and others, while every county in the State except five was represented by prominent party workers. Every mention of the names of the President, Henry Watterson, Secretary Carlisle and other honest money leaders was greeted with applause, while the names of Tillman and Altgeld were roundly hissed. Mr. Bryan's name was

not mentioned once. The resolutions were adopted with great enthusiasm, but there was some disappointment manifested because Colonel Henry Watterson was not endorsed for the nomination for President at Indianapolis. The resolutions, however, were nothing more than a declaration of principles, and it was decided to abstain from all personal mention. Senator Palmer wanted a denunciation of the Altgeld administration, but after debate it was decided to pass the Governor by with silent contempt. The

resolutions declared that:—
"The democratic party is primarily and solemnly pledged to liberty regulated by law; to equal justice to all men; to economy, to peace and honest friendship with all nations and entangling alliances with none; to the payment of debts in honest money and to the maintenance of the public faith; is opposed to class legislation, and endorsed every act, executive, legislative and judicial of the present democratic national administra-

tion." In regard to the honest money question the resolutions could not have been cnewlots and the lightweight tweeds sixty years has been the American that tweeds almost invariably show, on standard of value, fixed by Democratic a light background in contrasting colors, statesmen who are opposed to a debased square. Tel. 8358.



and fluctuating currency, and that it is the measure upon which private and public faith has rested and now rests.

There is also a demand for the retirement of the United States from the banking business and the gradual redemption and cancellation of all United States and Treasury notes.

The Democratic National Convention was denounced as "controlled by agents of the silver mining interests, agitators and demagogues." The resolutions also declared uncompromisingly in favor of the constitutional independence of the United States Supreme Court, as one of the three co-originate powers in this Government, and commended President Cleveland for his impartiality in the selection of the members of this court.

MANITOBA CROPS.

PROVINCIAL GOVERNMENT CROP BULLETIN. WINNIPEG, Man., August 26.-The autumn crop bulletin of the Provincial Agricultural Department was issued today. Owing to the unusual weather conditions which prevailed early in the season, this bulletin has been awaited with much interest by business men and the public generally, and it is satisfactory to know that the result of the harvest will be much better than was anticipated. In spite of the unfavorable spring, which delayed seeding and prevented ploughing in many districts, the Province, according to the estimates of the Government correspondents, will produce 18,565,198 bushels of wheat, 16,632,222 bushels of oats, 3,696,460 bushels of barley, and nearly half a million bushels of other kinds of cereals, or a grand total of over 40,000,000 bushels. The bulletin is valuable as showing the evil of sowing grain on stubble land without ploughing. Fifty per cent of such land so sown will give no return. In this connection an explanation is given of how the estimated average and total yields are reached in summarizing the reports. The average yield of wheat is placed at 18.57 bushels per acre, oats at 37 5, and barley at 29 9. The reports concerning live stock are favorable.

[From the Montreal Gazette.]

The latest Manitoba crop report estimates the grain yield of the Province at 40 000,000 bushels, as compared with about 60,000,000 bushels last year. The wheat crop this year is calculated at 18,-500 000 bushels, as compared with 30-000,000 bushels in 1895. The falling off is partly due to decreased acreage, partly to negligent cultivation, and partly to an inferior yield per acre. Last year, it is to be remembered, was a phenomenal an acre of wheat, 374 of oats and 29 of is may be inferred from the fact that in Onterio, which ranks first among the agricultural regions of Eastern North America, the average yield of spring wheat, the variety grown in the North west, is only 14½ bushels, of barley only 25½ bushels, and of oats only 32 bushels an acre. Besides offering the farmer cheaper land, the Prairie Province gives him also a greater return for his labor in the quantity of its produce. It will be a fair harvest that will be reaped in Manitoba.

In Ontario the season has been less favorable than was hoped for, but still the province can be congratulated. It there are deliciencies in some crops there is an abundance of others. The apple and fruit yield promises to be very large, indeed, while the shortness in the hay crop is likely to be made up for largely by the fine pasturage and the large output of dairy product this implies. Quebec's not very perfect reports indicate that another good return has crowned the year's toil of the farmer. In Nova Scotia the agricultural departments bulletin declares of the province that "it may be said generally that this is a most fruitful year," and "the promise of a magnificent output of apples places this important branch of agriculture beyond peradventure." There is not likely to be anything in Nova Scotia's situation that is not repeated in Prince Edward Island and New Brunswick. It may be said, therefore, that as to quantity of the harvest, the people of Canada have much to be thankful for, even though prices may not be as remuner live as those who ruise the crops could wish.

Break Up a Cold in Time BY USING PYNY-PECTORAL The Quick Cure for COUGHS, COLDS, CROUP, BRON-CHITIS, HOARSENESS, etc. MRS. JOSEPH NORWICK, of 68 Sorauren Ave., Toronto, writes: "Pyny. Pectoral has never failed to cure my children of croup after a few doses. It cured myself of a long-standing cough after several other remedies had failed. It has also proved an excellent cough cure for my family. I prefer it to any other medicine for coughs, croup or hoarseness."

H. C. BARBOUR, of Little Rocher, N.B., writes: "As a cure for coughs Pyny-Pectoral is the best selling medicine I have; my cus-tomers will have no other." Large Bottle, 25 Cts. DAVIS & LAWRENCE.CO., LTD. Proprietors, MONTREAL 00-2-41112-4-1112-4-4-6

A REGULAR CRIPPLE.

THE STORY OF AN OLD SETTLER IN DUFFERIN COUNTY.

SUFFERED TERRIBLY WITH RHECMATISM AND HAD TO USE MECHANICAL APPLI-ANCES TO TURN IN BED - FRIENDS THOUGHT HE COULD NOT RECOVER.

From the Economist, Shelburne, Ont.

Almost everybody in the township of Melanethon, Dufferin Co., knows Mr. Wm. August, J.P., postmaster of Auguston. Mr. August, now in his 77th year, came to Canada from England forty years ago, and for thirty-eight years has been a resident of Melancthon, During some thirty years of that time he has been a postmaster, and for eleven or twelve years was a member of the town-ship council, for some years holding the position of deputy reeve. He has also been a justice of the peace since the formation of the county. It will thus be seen that Mr. August stands high in the

estimation of his neighbors.

In the winter of 1894-95 Mr. August was laid up with an unusually severe attack of rheumatism, being confined to the house and to his bed for about three months. To a reporter of the Economist, Mr. August said: "I was in fact a regular cripple. Suspended from the ceiling over my bed was a rope which I



would seize with my hands, and thus change my position in bed or rise to a sitting posture. I suffered as only those racked with rheumatic pains could suffer, and owing to my advanced age, my neighbors did not think it possible for me to recover. I had read much concerning Dr. Williams' Pink Pills, and at last determined to give them a trial. I commenced taking the pills about the 1st of Feb., 1895, taking at the outset one after each meal and increasing to three one in the Prairie Province, the harvest at a time. Within a couple of weeks I exceeding all anticipations, and very could notice an improvement, and by much exceeding the average. The result | the first of April I was able to be about this year is expected to show 18½ bushels as usual, free from the pains, and with an erre of wheat 37½ of outs and 29 of but very little of the stiffness left. I barley. How satisfactory a return this is may be inferred from the fact that in longer and found myself fully restored. It is now nearly a year since I discontinued taking the Pink Pills, and I have not had any return of the trouble in that time. I have no hesitation in saying that I owe my recovery to Dr. Williams' Pink Pilla."

These pills are a perfect blood builder and nerve restorer, curing such diseases as rheumatism, neuralgia, partial paralysis, locomotor ataxia, St. Vitus' Dance, nervous headache, all nervous troubles, palpitation of the heart, the after effects of la grippe, diseases depending on humors of the blood, such as scrofula.

chronic erysipelas, etc, Pink Pills give a healthy glow to pale and sallow complexions, and are a specific for troubles peculiar to the female system, and in the case of men they effect a radical cure in all cases arising from mental worry, overwork, or excesses. Dr. Williams' Pink Pills may be had of all druggists, or direct by mail from Dr. Williams' Medicine Co., Brockville, Ont., or Schenectady, N Y., at 50 cents a box, or six boxes for \$2.50. See that the company's registered trade mark is on the wrapper of every box offered you and positively refuse all imitations or substitutes alleged to be "just as good." Remember no other remedy has been discovered that can successfully do the work of Dr. Williams' Pink Pills.

PLAYED ON HER FEELINGS.

tramp, as he sidled up to the door, keeping his eyes on a large dog who seemed abnormally proud of his teeth, and showed them as though he were advertising some sort of tooth powder; "madam, will you have pity on me? I was wrecked on a bar."

"Poor feller," replied the woman, "I will. My husband was a sailor, too. Here is some nice pie and a piece of dynamite to split it with. Was the bar you were wrecked on in the Indian of the seemed abnormally proud of his teeth, and showed abnormally proud of his teeth, and show.

St. Lin, St. Eustache, 5.30 p.m., 6.95 p.m.
St. Aguthe and Labelle, 5.30 p.m., 5t. Aguthe and Labelle, 5.30 p.m.

St. Aguthe and Labelle, 5.30 p.m., 5t. Agut "Madam," whined the woebegone tramp, as he sidled up to the door, keep

Ocean ?"

"No, mum," said the tramp, throwing the pie at the dog and cutting off a large piece of dynamite to chew, "it was down in Crowley's saloon."

Just then he closed his teeth over the dynamite, and the dog was saved the trouble of attending to him.

THE WORK ABOUT A SHOE. In a pair of fine shoes there are two

sewed pieces, two inner soles, two stiffenings, two pieces of steel to give a spring to the instep, two rands, twelve heel pieces, thirty tacks, twelve nails in the heels, and twenty buttons, to say

Have You Tried STEWART'S English Breakfast Tea At 35c per lb. IF NOT DO SO.

but the wonder is found in the rapid-

ity with which these multitudinous pieces are combined in a single complete

work, for as an experiment, some of our

shoe factories have from the leather com-

pleted a pair of shoes in less than an

pair of men's shoes have been finished

LIVE AND LEARN.

Small Merchant.-Dere goes Mr Rich-

man past midout looking in. He neter

buy off me. Vy is dot?

New Clerk.—He belongs to a class who

never deal at cheap stores; he is one of

those who believe in paying a good price

for good goods.
"Mein Cracious! Is dere many lika

"Mein Cracious! And I refer knew

it. Shonny' Mark effery ding oop vifty per cent."-New York Weekly.

NO TIME TO LOSE.

the breakfast bell at 4 o'clock this morn-

Boarder-Why in creation did you ring

Cook-The missus heard it thundering

and told me to hurry up and serve break-

fast before the milk soured .- New York

HIS SINCERE REGRETS.

Jarvis (in surprise)-Why, Jenkins, a

that you? I heard you were killed! Jenkins (sadiy)—No; it was my

Jarvis (thoughtlessly)-Too bad, too

in twenty minutes.

Thousands."

him ?"

ing?

Weekly.

hour and a half, and as a test a single

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St. Johns-s9.00 a.m., 4.95 p.m., *85.20 p.m., 185.40 p.m., Newport-s9 a.m., 4.95 p.m., *85.20 p.m. Halifax, N.S., St. John, N.B., etc., 188.40 p.m. Sherbrooke-4.05 p.m. and 188.4 p.m. Beauharnois and Valleyfield, 8.10 a.m., 11 a.m., *s4.25 p.m., 7.10 p.m. Hudson, Rigaud and Point Fortune, 31.30 p.m., a 5.15 p.m., 6.15 p.m.

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PAIN-KILLER is the well tried and Mechanic, Farmer, Planter, Saidor, and in lat all classes wanting a medicine way, at had, and ASEE TO PER Intermediate or externally with certainty of relief. certainty of relief.

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Abenskis ineral Spring Water certain Crue for Rheumatism. Indigestion, Kidney and Liver Complaints, Salt Rhoum, General Debility, &c.

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The state of the s