

"6. Municipalize Harley Street (the chief place of residence of London doctors).

"7. Treat the private operator exactly as you would treat a private executioner.

"8. Treat persons who profess to be able to cure disease as you treat fortune tellers.

"9. Keep the public carefully informed by special statistics and announcements of individual cases of all illnesses of doctors or in their families.

"10. Make it compulsory for a doctor using a brass plate to have inscribed on it, in addition to the letters indicating his qualifications, the words, 'Remember that I, too, am mortal.'

"11. In legislation and social organizations, proceed on the principle that invalids, meaning persons who cannot keep themselves alive by their own activities, cannot, beyond reason, expect to be kept alive by the activities of others. The theory that every individual alive is of infinite value is legislatively impracticable. The man who costs more than he is worth is doomed by sound hygiene as inexorably as by sound economics.

"12. Do not try to live forever. You will not succeed.

"13. Use your health, even to the point of wearing it out. That is what it is for. Spend all you have before you die, and do not outlive yourself.

"14. Take the utmost care to get well born and well brought up. Be particularly careful to have this done at the expense of the nation, the chances being about forty to one against your being able to pay for it directly yourself." *Boston Med. and Surg. Jour.*, 30th March.

MEDICAL PREPARATIONS, ETC.

AN IMPROVED HYDRATED MAGNESIA.

An agent which undoubtedly deserves to be more widely employed than it is at present is magnesium oxide. While long held in high professional favor, many physicians in the past have refrained from prescribing it because of the many faulty preparations which found their way upon the market. Practitioners who have felt this restraint would do well to make a test of Milk of Magnesia, P., D. & Co., an improved hydrated magnesia which lacks the objectionable features of many similar preparations, and which may be depended upon for uniform and certain results.