

Here, the effect of the digitalis upon the right ventricle, and that of the strychnia upon the respiratory center, work together for good with most satisfactory results. The good effects of this combination are conclusively demonstrated in those cases where digitalis, given alone, fails to do good, but where the addition of strychnia at once makes a striking alteration. Inversely, when there exists any condition of lung or bronchiæ by which the respiration is embarrassed, or the thoracic space diminished, then digitalis may be added to the cough mixtures with decided advantage. Whenever the breathing is embarrassed and the radial pulse feeble, while the contractions of the heart are vigorous upon auscultation—a condition which tells that the right side of the heart is laboring—then digitalis may be given with a respiratory stimulant, as ammonia, or nux vomica, or both, to the great relief of the patient. Usually, that is. Of course, if there be anatomical changes which forbid real relief, then the effects are less palpable. The proper relation of digitalis to stimulants of the respiratory center is a matter not understood as generally as is desirable.

The indication then for digitalis is not a murmur in the heart, nor a certain form of valvular lesion, nor tumultuous action, nor yet rapidity of action, but, as Rosenstein has put it, whenever it is desirable "to fill the arteries and empty the veins." That is the impression which each student of medicine should form in his mind as to the action of digitalis. If he would do so, the doubts which otherwise may beset his mind in the exigencies of practice will not often embarrass him. To remember Rosenstein's axiom will serve him well many a time and oft, when in doubt as to what to do—to give or withhold digitalis. Say it is a case of aortic regurgitation: if the arterial system is well filled then digitalis is contra-indicated; but if the wall of the heart be yielding in the later stages, then surely it ought to be given. In almost all cases of mitral lesion digitalis is indicated. But there is another condition in which digitalis is sometimes given with injurious effects which contrast with these conditions. The hypertrophied gouty heart often palpitates when there is arteriole spasm, and the larger arteries are tense and full of blood. The resistance offered by this full arterial system to the onward flow of the blood at the cardiac systole is such that the ventricle palpitates in its efforts to contract effectually. Such a condition is commonly seen in the "chronic Bright's disease without albuminuria;" so well described by Dr. Mahomed. Here digitalis does no good, but harm; for the arteries are already full to the risk of apoplexy. Indeed this last accident has followed the administration of digitalis under these circumstances. The full artery, then, is a contra-indication, just as much as an empty artery is an indication for the administration of digitalis, whether the heart be diseased or not.

Digitalis is a diuretic, says another: "Whenever the bulk of urine rises then I know digitalis is doing

good." Certainly, if a horse be yoked to a cart previously stationary, and after that the cart be seen moving away, it is a pretty accurate inference that the horse is drawing the cart. The bulk of urine, as Traube taught, is the index of arterial fullness. When the arteries are filled by the action of digitalis the bulk of urine is increased. The rise in the bulk of urine tells in the most unmistakable manner that the action of the drug is filling the arteries. In dropsy, when the bulk of urine is low and the specific gravity is high, then digitalis is pre-eminently useful. When albuminuria is present from venous engorgement in heart failure, the administration of digitalis will often be followed by its disappearance. As the arteries are filled the veins are depleted; the albumen, which tells of venous congestion, disappears as this state of the veins is relieved; as the arteries are filled the bulk of urine rises.

The great matter for the practitioner to remember about digitalis is, that it increases the energy of the ventricular contractions; and that the clinical indication for its administration is an empty artery. With such view before his mental vision the practitioner will rarely experience any difficulty in deciding when to give, or when to withhold the potent digitalis—potent for good or harm according to the circumstances under which it is prescribed.

In cases of cerebral anemia digitalis may often be prescribed with advantage when it is desirable to raise the blood-pressure within the arteries.

#### BORACIC ACID FOR RINGWORM.

℞ Acid. boracic., gr. xx;  
Alcoholis, fʒj;  
Ætheris, fʒj.

Sig.—To be forcibly rubbed into the affected parts of the scalp three times daily with a rag or moderately stiff brush. The head also to be thoroughly washed each morning with soap and hot water.—CAVAFY.

#### CARBOLIZED IODOFORM.

The following formula is given by C. Sherck (*Berliner Klin. Wochenschrift*) as a great improvement over plain iodoform:

℞ Iodoform., 10 gr.;  
Acid. carbolic., .05 gr.;  
Ol. menth. pip., 2 drops.

The acid is to be rubbed up with the iodoform, and the peppermint oil added subsequently. The disagreeable odor of the drug is completely covered, and it is not again developed, even at an elevated temperature.