wrong. Bridget looked cross and nervous, and she herself was so tired and unstrung and apprehensive of failure, that all attempts at conversation proved utterly useless: Is it not natural to suppose that the visitor noticed the ill-concealed embarrassment and effort, and commented upon them, with either generous pity, or critical amusement.
If the table had been arranged neatly and prettily, and the Dest of the every day fare, had been offered with dignity, candor and simplicity, a pleasant and profitable hour of cheerful happy converse might have been spent, leaving behind neither bitterness nor disappointment.

Why is it that the appearance of a friend so often brings a worried, I might add a frightened expression to the young hostess face? It is the vision of the household skeleton of 'keeping up appearances,' showing its gruesome face to the poor victim.
It is truly as great an art to grow poor gracefully as to grow old gracefully. Yet neither is impossible. If one adheres to that master key of all simplicity-Truth, one recoils from an acted social lie as well as a spoken one.-N. Y. 'Observer.'

## Teach Obedience.

Obedience lies at the foundation of all right living-to recognize the existence of law and yield to it the assent of the whole nature. A child may obey without being obedient. To obey-touches only habit, a obedient. To obey-touches only habit, a
decision as to what is, on the whole, the decision as to what is, on the whole, obedimost comfortable thing disposition, desire. A ent covers intention, disposition, desire. A
child may obey because he has discovered child may obey because he has discovered that rebellion is useless and that the easiest way is to yield without contest, just as
many an adult yields outward obedience to many an adult yields outward obedience to
law because he knows that in case of conlaw because he knows the worst of it. But
flict he is sure to get the to make a child obedient is to set his will on the side of law and develop in h1m a principle that becomes a part of his character, so that he shall not simply choose to obey but wish to obey; so that he shall not yield to authority but to right; so that obedience is wrought into his habit of thought as well as his habit of action. This im plies, as the thoughtful parent must see not the subduing of the child's will, but precisely the opposite. il means to awaken it, to enlist it on the side of right and to strengthen it that the child may hold himself to what youl have taught his judgment to approve. How much higher and more serviceable a thing it is to your child to have learned this than that he should simply have learned to obəy you. You ought, indeed, to be to him the embodimen of right; you must often decide for him what is right and wise in action, hut until he wishes to do right and takes that for his law he has not learned the obedience

# The Celebrated Inglish Cocor. <br>  

An admirable food, with all its natural qualities intact. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.
COCOA
The Most Nutritious and Bconomical.

Which is a part of character.-Emily Hunt ingdon Miller.

## An Incident.

Many preclous truths come to us by the Holy Spirit, when we are at work distributing clothing among the poor. The other day a woman came whose daughter is very sick, and has been for a long time. She apologised for having to come to me and said, 'I'se got grown up children, but' then they do about so much and won't do any more, and I can't get the things my ga ra'ally needs. She must have flannels, and $I$ isn't got the money to buy them. The other children helps me some and then stops.' 'That's not the way with the mother, is it?' I said, 'No, indeed, I goes from morning till night, out doors and in doors, through wet and through dry, and the last thing I does for her is just the same as in I'd never done anything before.' As I looked at her worn face the Spirit whispered, 'As one whom his mother comforteth' and my heart responded, 'that's like Thee, Jesus.' Thou hast succored and nourished and kept, supplied all my need day after day, year after year, and the love and care for the future is just as fresh and sweet and strong as if I had never before needed or had never grieved Thee; and a little prayer went up that He would make me to know untiring love to others, the 'Love that suffereth long and is kind,' that 'Beareth all things, believeth all things, hopeth all things, endureth all things.'

## Religious Notes.

Speaking in public recently, President Roosevelt expressed his opinion on matters of religion very strongly. The necessity of a religious foundation if the national life is to have any strength may be readily admitted by all Christians, yet it is well to be able to record such words as these from the head of a great nation. 'If it were not that in our villages and towns, as they have grown up, the churches have grown in them, symbolizing the fact that there were among their foremost, workers whose work was not for the things of the body, but for the things of the soul; this would not be a nation to-day, becanse this country would not be an abode fit for civilized men if it were not true that we put our material civillzation, our material prosperity, as the base only (a necessary foundation, a necessary base, but only as the base, as the foundation) upon which to build the superstructure of higher spiritual life:
'Fields ripe' indeed are the lands of the East. Not, in violation of the laws of nature, ready to welcome with open arms the interference of the foreigners in their closest concerns, but glad to avail themselves of all advantages offered, and not least among these do they recognize the benefits of the Christian religion. The 'Jiji Shimpo,' a newspaper of Japan, says: 'Although the Christian religion is of recent introduction, the improvement it has effected in Japan's moral condition, and the influence it has had on the minds of the people are very great. No one can deny the great good accomplished by the believers of that good accomplished by the believers of that religion, in establishing charitable institu-
tions, in assisting in the progress of the nation, and in promoting the happiness of the poor and helpless. There are already many schools and colleges in the country, both for boys and girls, which are supported entirely by Christians. As for the charitable institutions, excepting those founded by the government, it is not too much to say that they are all the result of Christian enterprise.'

In view of the trend of current critical thought, Pope Pius X. has authorised a commission of enquiry into the question of the Mosaie authorship of the Pentateuel Their report, which he approves, is, to sum up in brief, as follows. That the witness of both Old and New Testaments, the per suasion of the Jewish people, the tradition of the Church, and the internal evidence of the books themselves form too strong a
 prelate the Boweis Pumbr vogetasia.
SMLL PILL SMLL DOSE, SMML PRICE

case for the Mosaic authorship to be doubted. It is possible indeed that Moses con fided the records to men under h's instruc tion, or dictated his words, not however allowing of a mistaken rendering of his meaning or message. it is likely that he was largely influenced by traditions and learning received from earlier sources, even to the moderate use of these in quotation or adapted form. Lastly it may easily be ad mitted that there has been possible error in copying, and even later additions made in the way of explanatory notes, etc. These are the lawful province of the critic.

Cancerol, a Safe and Sure Treat
ment for Cancer.

No knife, burning plasters or painful Injec-
tions. Cancerol has been successfully used where all other methods failed. Investigate for yourself-costs but a trifle. Write to-day for free book. Address Dr. L. T. Leach, Drawer 88, Indianapolis, Ind,

## AGENTS EVERYWHERE, <br> Boys and Girls enter at nnce-our competitio

 closing December 15. Four cash prizes of $\mathbf{\$ 5 0}$ onch for tour largest sales, also generous com Previous experionce annecessarradstock manufactubine co.
NONG Mroist voom May he Worth WRITERS offer bus fore the music. Accept $n$ HAYS musio CO., 246. It is froo, Chig., Chicago

## © BABY'S OWN :

THE NORTHERN MESSENGER.

## ANNUAL SUBSCRIPTION RATES.

## single Copies <br>  <br> Four Copies, separately addressed if 1.00 <br> desired, per copy <br> Ton Copies or more, to one address, per copy <br> Pix months trial at hale the above rates <br> Pontage included for Canada (Montreal and suburbe oxZealand, Trunsvaal, Jamaica, Trinidaui, Gehama, Tslands, Nar Bew Baite badoes, Bermuda, British Hunduras, Ceylon, Gambla, Bara- walk Zanzibar, Hong Kona. Cyrus, also to the Unived Statos, Alaska, Cuba, Hiawanian Islands and Phullipine Islands. Pontage extrin to all countries not named in the abore list. Samplesand Subscriptiou Blanks freely and prompton request <br> SPECIAL OFFER TO SUNDAY SCHOOLS.

Any schowl that does not take "The Messenger," may have it suppliod free on trial Secretary or Pastor, stating the number of copies required.


