CLUB NEWS

In London.

MOTHERS' UNIT HOLDS SOCIAL well-attended affair of the wee! was the Valentine social held Monevening under the auspices of the Mothers' Unit of St. John's School. A delightful feature of the evening was the bright program with dances by Misses Louis McLel-3an, Mary Frawley and Helen Gal-braith, and a recitation by Miss Harding, Mrs. Murray acted as accompanist. Progressive euchre was played, and supper was served later in the evening. The committee in charge of the excellent arrangements included the president, Mrs. La France, Mrs. Newman, Mrs. Kennedy, Mrs. Galbraith and Mrs.

KNOLLWOOD PARK ELECTS

Mrs. J. Short was elected president of the Women's Association of Knollwood Park Church at their annual meeting held Wednesday last The other officers elected were: Vice-president, Mrs. John Taylor; secretary, Mrs. Ada Greenslade; treasurer, Mrs. Wood; registrar, Mrs. Horner. The reports of the year showed the splendid work this association has done during the past year. A large amount of money has been raised in various ways, a part of which has been used to cover the church expenses.

BROWN BEES ELECT OFFICERS.

The Brown Bees was the name hosen by a class of young girls o Hill Street Methodist Church which was organized Friday evening at the Askew was elected president, with the following executive: Secretary, Miss Myrtle Hooper; treasurer, Pauline Edmond; membership committee Misses Bertha Clarke and Inez Noble; social committee. Miss Francis Johnston and Myrtle Dockstader. Following the business part of the meeting a social hour was held, and a hostess, Mrs. Askew.

ACKNOWLEDGES CONTRIBU-TIONS.

REMOVING INK.

Water which is barely warm is the best medium for removing ink stains from shiny wood. The rather green which remains after a thorough treatment with water, can be

FRESHENING VEILS.

When your veil seems hopelessly wrinkled and crushed dampen it natural position and not stretched.

Bronzed aluminum coins are be-

Watch Waist Line



BY MARIAN HALE.

Miss Edna LONDON, Feb. 13.—The very low mous run and probably will extend a social at which the men of the conquite into the summer season. But there is a noticeable tendency in the advance models toward the natural of the program: Mrs. F. R. Thornadvance models toward the natural on, Mrs. D. Henderson, Mrs. Taylor and the and even rumors of the and Mrs. Skinner. really raised line.

However, the placing of the waist line is really an individual matter. dainty supper was served by the The secret of the thing is in knowing oneself and one's gown.

> This lovely Claire model-a gracehem line.

of the base of the frock. Italian lace,

slightly and then pin it out straight on a flat surface. It should be pinned so that the mesh is in apples are handmade and give the frock a decidedly distinctive touch.

Sodium iodide has been adminising issued in France to replace paper tered as a prophylactic in gotter money declared unsanitary. with marked results. frock.

Grippe Tablets

Beware of

February Colds!

Vital health statistics for Canada show that more deaths occur in February

than in any other month of the year. Dr. J. A. Amyot, deputy minister of

health, is authority for the statement that the main causes of this heavy

death list are pneumonia and bronchitis. And these dread diseases often re-

During this month especially, therefore, don't take any chances with a cold.

Prevent and Check With

BIONIN

Recognize it for what it is-a serious menace to health.

A New Treatment fo

Grippe, Influenza and Colds

THE KELPION CO. TORONTO

KELPION LIMITED LONDON E.C.

Cynthia Grey's Mail-Box

WHO'LL HELP M. H. D?

Dear Miss Grey,—It is some time since I wrote to you and

have seen very many changes. The mail-box is coming back to its self again. I enjoy the letter

so much, having been shut in all

winter. I am going to ask for help which I really have to do. I

cannot see any other way out, as I have a large family and an

aged father and my husband has been laid up with neuritis all

winter. I am not able to go out,

and am looking for a little visitor

very soon and nothing prepared and no means to get things. If

any one will help me I will be

obliged. I can sew clothes my

self or make over. Some one of-fered old sheets in the paper of

Feb. 3, if no one else wants them

If no one has received the sheets

There have been so many appeals re-

box friends have responded splen

ARE YOU INTERESTED IN

INVESTMENTS?

Dear Miss Grey,-It is quite a long time since I last wrote to

the Mail-Box, and as the letters

appear to be growing less thought

I would just write a few lines and send a mite for the S. C. H.

think investments for women

would be an excellent topic to

discuss, and might be the means

a large number who have a few

hundred or a few thousand dol-

lars very often do not know just

what is best to do with it, whe

ther to invest in stocks, or mort-

gages or something else, and

probably someone who has had

gestions. I would like to get a

good recipe for chili con carne.

had a recipe once and lost it, and

have never been able to get it

again. Here is a tested recipe for yellow fruit cake: One pound

each of cleaned currants and Sul-

tana raisins; 1/2-lb. finely shred.

ded citron, mix and sprinkle over

the fruit; the juice of two

lemons, a teaspoonful of mace

and one grated nutmeg. Cover

and set aside until the batter is ready; 1/2-lb. butter, 11/2-lbs.

sugar creamed together; then the

beaten yolks of six eggs, then alternately beat in flour and one

pint of sour cream, in which 1

teaspoonful of soda is dissolved. When smooth, add stiffly beaten

whites of eggs, then the prepared

fruit. Bake in paper-lined tins two hours. I hope if anyone tries this they will have as good luck

asked for Kindly send in your name

to you. I think it a very good sug-

gestion to discuss investments in the

Mail-Box, and hope we will receive

some good sound judgment on the

which I am sure is a splendid one.

Thanks also for the generous hospital mite. Here is a good recipe for

chili con carne, the way I make it

pound chopped beef (or any leftover

meat may be used, beef or pork). Rub a little garlic over a frying pan,

add a taste of onion, and fry until meat is browned. Take 1 tin of

green pepper sliced, stew these while

meat is cooking, and flavor to suit

taste with chili powder, salt and

pepper. Then add meat, and let cook

A LITTLE SISTER ARRIVES.

Dear Miss Grey: It is a long time since I wrote

to you. I thought I would drop in and offer some help. I am a

great cook. I go to school every day, so you see I only get time on Saturday to bake, so I make good use of it. Since I wrote

last, we got the dearest little baby girl. I just wish you could

see her. Now, I am going to offer help to Mrs. Hoople. I am

offer help to Mrs. Hoopie. I am sending two white cake recipes. In return I would like a package of mixed hollyhocks. Wishing the Mail-box a very prosperous

new year.
"MOTHER'S HELPER."

am sure she will be delighted to receive the tried recipes of such an

excellent cook. I am quite sure your little sister is a darling. What is

BELUB MAKES A SUGGESTION. Dear Cynthia Grey,-Although

an interested reader of your column, this is my first appearance and I hope that you will follow

the Divine Law as you have so

kindly done to others. namely:

"I was a stranger and ye took men in." I had occasion to go

through London last week and while dining heard the Victrola

play the most beautiful selection and on making inquiries found it was called "In the Sunshine of

Your Smile." I had only time to try and purchase it but they failed to have it. I wonder if any

Boxite has it in sheet music and

me it was just a melody or a song without words, sweetly beautiful

and seemed to embody what I

consider the most beautiful stanza

in the English language taken from Shelly's "To a Skylark:"
"We look before and after And pine for what is not;
Our sincerest laughter with some

our sweetest songs are those That tell of saddest thoughts."

By the way Miss Grey let me

ggest each Boxite sending in

pain is fraught;

would loan it to me or sell it? To

tomatoes, 1 tin of kidney beans,

myself: One pound sausage meat,

Thank you for the recipe,

ROYAL PALM. I am sorry, Royal Palm, but I do

of doing a great deal of good, as

The fund is growing nicely.

could I have them?

CLARK-HARMER.

A pretty wedding was solemnized at the rectory, Southampton, on Wednesday evening, Feb. 8, when Miss Marjory Bernice Harmer of Southampton became the bride of Mr. Robert F. Clark, also of town, Rev. J. F. Parke officiating.

DOUGLAS-MASSON.

A pretty wedding took place at he home of Mr. and Mrs. Jas. Nelson, Seymore Township, near Burnbrae, when Emily Stewart Masson became the bride of Rev. James Harkins Douglas of Kemble, near Hepworth, Rev. J. J. Black, D.D., of Burnbrae officiating. The bride, who was given away by her father, Mr. Norman Masson, was prettily at-tired in a dress of embroidered navy canton crepe. Miss Gertrude Nel-son, niece of the bride, played the Wedding March. Rev. and Mrs. Douglas will reside at Kemble.

Western Ontario Women's Activities

The Coldstream Women's Institute are meeting Tuesday, Feb. 14, in the

KINTORE W. M. S.

Mrs. W. H. Magee gave an interesting paper on "Auxiliary Meets Today" at the regular meeting of the Kintore W. M. S. held recently. In the absence of President Mrs. Walter Oliver, the vice-president presided. The March meeting will take the form of

SALEM WOMEN'S INSTITUTE.

The February meeting of the Salem W. I. was held at the home of Mrs. W. Jeffrey, with Mrs. J. Jackson presiding. A very interesting address on ful combination of 'chiffon, Italian "Our Canadian Poetesses" was given lace and organdie-is sashed quite by Miss Ruth McLean, and Mrs. (Dr.) The following contributions have at the natural waist line, a thing been received for the Princess Mary done with an eye admirably sensibeen received for the Princess Mary done with an eye admirably sensigift fund: Mary Hodge, \$5; Mary S.,
50c; Kathleen Smith, 50c; Mrs. Mary
Elizabeth Reid, \$25; Ladies' Aid of
Harrietsville Methodist Church, \$5. extends below the rather indistinct for a box social to be held at the home of Mrs. Demary, Con, 4 Dor-Chiffon is used for the fashioning chester, on Wednesday, Feb. 15.

The program for the March meetsoft and lovely, ripples on either side ing, which will be held at the home of of a front panel, extends over the Mrs. G. Cochran, will be furnished by shoulders and forms a very plain the members who are grandmothers. and very handsome blouse back. A hearty vote of thanks was tendered An interesting color note of the Mrs. Jeffrey and the ladies in charge gown, which is otherwise black, is the fastening of little bunches of hour a dainty lunch was served by

> Jet combs, bracelets and necklaces are the choice of the discrim-



ADVERTISER PATTERNS

3811 .- For anything that spells service

tector for the dress over which it may be worn. Gingham, percale, sateen, rubberized cloth, sanitas, drill, repp arge 46-48 inches bust measure. nedium size requires 31/8 yards of 36- hostess during the evening. nch material. A pattern of this illustration mailed o any address on receipt of 15 cents in

ilver or stamps. Address all pattern orders to Pattern Department,

Province

Age (if child's or misses' pattern).....

Measurement: Bust..... Walst

CAUTION: Be careful to inclose the CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 38, 44, or whatever it may be. When in waist measure. 22, 24, 25, or whatever it may be. If a skirt give waist and length measure. When misses or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years," Patterns cannot reach you in less than one week from the date of application.

All Miss Marjorie Reid, Mrs. Farquhar, Mrs. Canfield, Miss Hilda Smith, Mrs. Canfield, Mrs. Farquhar, Mrs. Canfield, Mrs. Farquhar, Mrs. Canfield, Mrs. Farquhar, Mrs. Canfield, Miss Hilda Smith, Miss Madeline Green, Miss Headlon Meredith, Miss Marjorie Reid, Mrs. Farquhar, Mrs. Canfield, Miss Hilda Smith, Miss Madeline Green, Miss Hallow, Mrs. Farquhar, Mrs. Canfield, Mrs. Farquhar, Mrs. Canfield, Mrs. Farquhar, Mrs. Canfield, Miss Marjorie Reid, Mrs. Farquhar, Mrs. Canfield, Miss Hilda Smith, Miss Madeline Green, Miss Hallow, Mrs. Richard Cronyn, Mrs. Douglas State Hallow, Mrs. Richard Cronyn, Mrs. Douglas State Hallow, Mrs. Richard Cronyn, M not seem to have your address on file, so cannot send you the seeds

her favorite verse and from whose works taken, so that those who run may read and learn from them. Take for example Long-fellow's little gem: "Be still, sad heart, and cease re-

pining, Behind the clouds is the sun still shining;

Thy fate is the common fate of Into each life some rain must

and dreary. What a comfort I would have missed had I not known that when lost the best of fathers in November and a kind brother-in-

law last week. Just read Sweet Briar's letter, telling of her trouble and of her sister-in-law's illness with pernicious-anaemia. She has my sincere sympathy. BELUB. Your suggestion was a very good one, Belub, but of course the quotations would have to be brief, as we wouldn't have the space to print

long ones. You must have forgotten the shin-plaster—did you? If any of the Boxites have the song you re-fer to, I am sure they will loan it to

CAPES.

Some of the smartest of homespu capes sport huge collars of fur. The collars are generally unlined so their warmth is not too great for spring days.

TRIMMINGS.

Trimming which emphasizes the width of the hat is quite the smart-The seeds and recitation have been mailed to you and I hope they will est fancy of the moment. be satisfactory. I have forwarded

your recipes to Mrs. Hoople, and I WAS SICK FOR YEARS, FOUND HEALTH AGAIN

And Gives the Credit to Dodd's Kidney Pills.

Bte. Langlois Now Recommender Dodd's Kidney Pills to All Who Suffer or Are in Bad Health.
Lac Ste. Marie, Que., Feb. 13.—(Spe-ial)—Simple and direct is the story

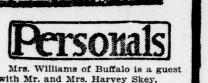
J. Bte. Langlois, a well-known resident of this place, tells of Dodd's Kidney Pills. Here it is:
"Dodd's Kidney Pills produced in my case very satisfactory results. For five years I tried other medicines and better. For six months I have

taken Dodd's Kidney Pills. Now I am "To all who suffer or are in bad health I say take Dodd's Kidney Pills. They will help."
Dodd's Kidney Pills will help because they put the kidneys in condition to strain all the impurities, all

the seeds of disease out of the blood. Sound kidneys mean pure blood. Pure blood means good health. Ask your neighbors if Dodd's Kid-ney Pills do not make sound, healthy kidneys.—Advt.

tiah mollim

440 CLARENCE STREET. JAPANESE LACQUER BOXES In wonderful Oriental colors and designs 50c to \$2.00.



Mrs. W. G. R. Bartram, Richmond

street, is entertaining today at a valentine party. Miss Babby Chisholm is entertain-

ing Tuesday afternoon in honor of

Mrs. A. C. Egleton is entertaining the Euchre Club at her home in Tecumseh avenue Tuesday afternoon.

The Women's Association of Knor Church are holding a silver tea this afternoon in the schoolroom of the

Misses Complin, Duchess avenue, entertained Monday afternoon in honor of their sister, Mrs. William

Mrs. William Higginson of Saides, B. C., and Col. E. C. Complin are visiting their father, Mr. C. F. Complin, Duchess avenue.

A delightful surprise party and handkerchief shower was given by the choir and Baptist Builders, a class of young ladies, in honor of or occupation, this model will prove Anderson avenue. The evening was convenient and comfortable as a proby a dainty supper.

Miss Bertha Smith was the hostess lawn, crash, cretonne and calico are all of the meeting of the Abigail Becker good materials for this style. The Chapter at her home in Wortley road inder-arm closing simplifies laundering. Monday. The evening was spent in The patetrn is cut in four sizes, small sewing, as the chapter is busy mak-34-36, medium 38-40, large 42-44, extra ing little garments for needy children. A A dainty supper was served by the

> Another delightful affair in honor of the popular bride-elect, Miss Beatrice Seaborne, was the bridge and tea given Monday afternoon by Miss Ruth Robinson. Five tables of bridge were in play, and numerous guests dropped in at tea hour. The cooms were tastefully decorated with pink begonia, which was also used to brighten the tea table, where Mrs. Gerald Pierson and Mrs. Catheart presided. The guests were Miss Anna Seaborne of New York, Miss Mary Thompson, Miss Florence Stuart of Oakville, Miss Mabelle Stuart, Miss Frances Lowe, Miss Gillespie, Miss Beth Pennington, Miss Babby Chisholm, Mrs. David Arnott, Prichard, Mrs. Redmond Meredith, Miss Marjorie Reid, Mrs. Farquhar,

HEAD COLDS

peedily Respond to the Antiseptic Healing Virtues of Wormwood.

Prompt relief-guaranteed-no Prompt relief—guaranteed—no more hawking, spitting, or blowing, dry tick-lings, dull headaches or buzzing head noises. Just put a little antiseptic Geero Wormwood Balm in your nostrils twice a day and bid good-by to catarrh, Your clogged nostrils and air passages quickly open up—you breathe through your nose freely (as nature intended), and your dull old head feels clear and clean.

clean.

The soothing, cooling, healing and antiseptic virtues of Wormwood Compound penetrates to every nook and corner of the air passages of the head and throat, soothing and stimulating the delicate inflamed membranes and throwing off the mucus.

Relief is prompt, certain and gratifying

ying.

Be sure and get "Geero" Wormwood-Advt.

"Say it With Flowers" ON ST. VALENTINE'S DAY

WEST Floral Co. 249 Dundas St.

DON'T THROW YOUR OLD CARPETS AWAY!

They Make New
REVERSIBLE "VELVETEX" RUGS.
Send for Velvetex Leaflet.

Canada Rug Co., London, Ont.



BANISH THE FIRST GRAY HAIR DO NOT despair when that first gray hair

appears. Keep your youthful appearance by tinting gray, faded, streaked or bleached hair instantly to its original color -any shade of brown or black. "Brownatone," the modern hair tint, is guaranteed absolutely harmless to the hair, scalp or skin. Easily applied at home. Will not rub or wash off and cannot be detected. Sold at all dealers 50c and \$1.50. Trial bottle sent direct for 10c. The Kenton Pharmacal Co., 612 Coppin Bldg., Covington, Ky.

Brownatone is soid and recom-mended in London by Cairneross & Lawrence, Taylor Drug Co., Stan-dard Dug Co., Ltd., and other lead-

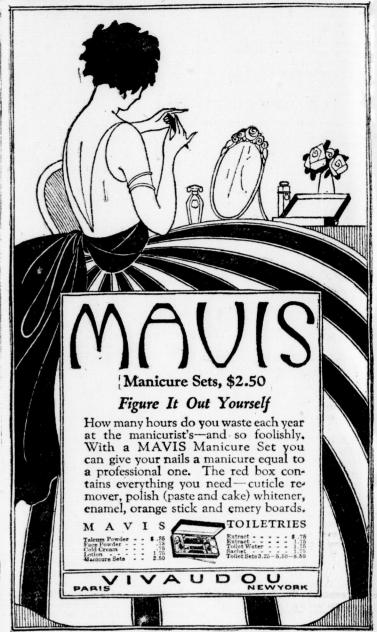


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Try Our Economy Washing Plan

EVERYTHING MACHINE IRONED, NO STARCH 15 POUNDS \$1.50 EXCESS 90 PER POUND.

SOMEWAY AND SOMEHOW THE PARISIAN SHOULD LAUNDRY Launderers, Dry Cleaners, Dyers and Rug Cleaners.





Save the price of an "Extra" Blouse To-morrow

We are holding a

Huge Sale of Lovely Voile **Blouses**

ONLY \$1.98

Quite worth double

Yes, actually, you can buy two of these exquisite little Voile Blouses to-morrow for almost the usual price of one!

The Voiles-so soft and dainty-are the usual D'Allaird "supreme" quality. Fresh and new-all styles of the moment Cross tucks, embroidering, fine laces, pretty stitching and best pearl buttons. We need scarcely urge an early visit.



Grippe Tablets

At the first sign of a cold, take two Bionin Grippe Tablets, a remarkably efficient, established remedy for Colds, Grippe and Influenza. Follow with one every two hours until three more have been taken, Your head will clear, pains and fever

The Kelpion Co., Toronto, Ont.

sult from a simple, common cold.

"The First Dose Gives Relief"

disappear. Bionin Grippe Tablets do not cause perspiration. You need not stay home when taking them.

Thousands of boxes of Bionin Grippe Tablets are used annually. Get a box from your druggist NOWhave them handy for immediate use.

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