Beauty is Only Skin Deep"

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but a beautiful skin is possible only when the liver and kidneys are active, and the bowels functionate properly. The secret of beauty as well as of health s to maintain perfect digestion and elimination.

help to preserve beauty and maintain health, because they influence liver, kidneys, skin and stomach to functionate in harmony and efficiently.

Worth a Guinea a box. Sold everywhere in Canada. In boxes, 25c., 50c.

Every Day in the Week 45 6

oronto-Vancouver (Both Ways)

TORONTO 9.15 P.M. DAILY MOST MODERN EQUIPMENT

Sunday, Monday, Wednesday, Eriday Ganadian Mational off the way.

tuesday, Thursday, Saturday

Canadian National Railwaus

HEY, THERE

you grouchy people sit aroun' and pout, you try to be cheerful ut that mopin' out?

t is th' use in mournin' lettin' your spirits halt? be laughin' and praisin', always findin' fault.

ere, vou gloomy knockers, tle a bit an' sing. he p an' be good natured, there's fun in everything.

there you sullen people, ke up, and look above. ight to be thankful you're livin' know how to laugh an' love.

at's the use in mopin' Sipin' your weepin' eyes? in th' autumn sunshine shout in the azure skies.

here, you crabbed creatures, start up a song, it's light an' love an' laughter mshes the world along.

pie who are always "stick their dignity" are continually iends and making enemies, follering a spirit of unhappiness mselves.

Wrice to creditors

len, State of Utah, widow,

RSUANT to Sec. 56, of Chapter J. O., 1914, notice is hereby

hat all creditors and others claims against the estate of ma B. Kaiser, late of the City of ma, b the County of Weber, Utah, a died on or about the 15th of read by 1919, are, on or before 18th day of December, A. D., 1919, tend by post, pre-paid, to William track, administrator with the will except of the said deceased, their stan names and surnames. tases among the parties entitled not have turned out as it did. which notice shall then have the said assets or any part such distribution.

ed at Aylmer this 30th day of WILLIAM WARNOCK,

Aylmer, Ontario MILLER, itor for the Administrator, Aylmer, Ontario.

When you are tempted to worry about something, write down cause of the worry on paper and that night or at the end of the week, you'll find it has faded away. Most of us worry over objects that never appear or even that never take place. And worty is the greatest enemy of success, health and happiness. So after this, when you are inclined to worry over next month's rent or the crops, or the weather, or any of the millions of other things that come up and make lines on your face, write them down and see how they come out. The large majority of them will never materialize at all and the others will all turn out for the best. Cultivate this habit and after a while, you will learn what a foolish slave worry

Do not be afraid to say complimen tary things to your friends. More people's lives are saddened over the lack of these, than are spoiled because of the abundance.

makes all of us.

The people who make a lot of fuss and bustle in the world never accomplish half as much or give nearly the same amount of pleasure as the quiet ones who attend strictly to business without fuss or noise, and pursue the even tenor of their ways. at the same time consulting the pleasure of their friends without making their kindness too uncomfortably

The ability to find fault is considered by some people as a sure sign of superior insight, when in the majority of cases it is only the indica tion of shallowness and ill nature. One deserves as much credit for finding out the lovely traits in a character as for lying in wait for its imperfections

"Man proposes, Gor disposes"how often we see the working out of that law. And how many of us are inclined to resent it. When some of our carefully thought-out plans "gang aft aglae," we sometimes think that some cruel fate is dogging our footsteps and closing our doors to success and happiness. We forget that there is one who can see the outcome of their claims, a statement their secounts and the nature of securities, if any, held by them, that after the day last aforesaid said Administrator will proceed the said Administrator will proceed the said Administrator will proceed the said among the parties entitled state among the parties entitled state among the said the said and closing our doors to success and happiness. We forget that there is one who can see the outcome of these same plans and who knows what is best for our own good. Instead of growing resentful at such times, we should realize that it is all for our own good or it would not have turned out as it did.

So often to all of us comes the time an as above required, and when we must decide almost unan-administrator will not be swerable problems. Two courses lie when we must decide almost unanopen to us, neither of which looks te any person or persons of tempting yet we must choose which on or claims notice shall not been received by him at the can do is that which seems best and in keeping with our highest ideals and gard only, to the claims of the shall then have notice. feelings. And once the die is cast, we should not regret the step we have A. D., 1919. taken if we do what seems best to us at the time, that is all that can be , expected of us. And it probably is the best in the long run even though subsequent events will sometimes lead us to think differently. For these things are all controlled by a Nov. 27; Dec. 4, 11 and 18, 1919.

higher Power which is working only for our own good, and who can see far better than we, just what that good is and in which direction it lies.

How many times, when we were children, did we yearn for the time when we would be our own boss. Yet, after we reach the age of responsibility, how we long to go back and be children again—to shift res-ponsibility on broad shoulders and have someone to help us over th rough places.

Young people, each and every or of you hold in your own being the key of success or failure. And if you desire your life to be regarded as success, before God and man, make so. Do not give up the ideals of your youth. You may have to fight for them against odds—the world ma laugh you to scorn-but fight and yo will win and gain strength with th "He that wrestles with u strengthens our nerves and sharp ens our skill. Our antagonist is ou

How many times we see a' out men and women who are failures thirty-five-who are willing to gi up the struggle and own themselve beaten—and just at the time whe they are best equipped by nature an experience to win great things. The failure, you will find, is always du to one of two things; either the have forgotten their dreams and the minds wander around in a sea of hal tried enterprises, or, rememberit their dreams, they do not care enoug to put their mind and heart into the work and stick. The best word the vocabulary of any young persons that word "stick". If you stick t your ideals, you will win-give the up and lie down on the job and vo will lose your chance of success ar your .self-respect, which is man greatest asset, next to his love

Trouble, in a way is a blessing disguise, for it develops us morall mentally and physically. There are few people in the world who has never had any trouble. They are a good people, but mighty uninteres ing,, unsympathetic, and without refriends. And you never can te where they are going to stand wher trouble does come. It's the people who have met trouble in hand to hand combat and come off victors who are the dependable ones. Each trial simply adds to their strength to fight the next and their determination to win. And they usually are much more happy and cheerful than others. They are learning how to live and their metal is Belleville." being tested in the fiery furnace of being tested in the fiery furnace of life's storms. When the test is over, they will find a rich reward in store for them.

She (after quarrel)—Here is your well suit my poise would be Helen of Troy." But he said—to annoy:—
include the fiery furnace of She (after quarrel)—Here is your of Troy." But he said—to annoy:—
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in for them.

Do not excuse the house, furniture, or table you set before your guests. It is fair to suppose that their visits are to you, not to your surroundings.

It is a great mistake to suppose that the best work of the world is done by people of great strength and grat opportunities. It is unquestionably an advantage to have both these things, but neither of them is a necessity to the man who has the pluck to achieve great results. Some of the greatest work of our time has been done by men of physical feebleness

"The servant who works for me must be very, very economical," said the boarding-house mistress to the applicant for work.

"I'm such a one ma'am," promptly returned the applicant. "Indeed me iast mistress discharged me for bein' that way."

'For being economical?" "Yes, with me clothes; used to wear hers."

Sandy-"I disapprove o' ve wearin' those reedeeculous hobble skirts. Janet." His Wife-"Hoots, mon! Dinna ye

see that it's made wi' aboot half the material?

IN THE SURROGATE COURT OF THE COUNTY OF ELGIN

In the matter of the Estate of Francis Lesson, late of the Township of Malahide, in the County of Elgin, Farmer, Deceased.

NOTICE IS HERBY GIVEN pur-suant to R. S. O., 1914, Chap 121, Sec. 50 and Amending acts, (if any) that all persons having claims against the estate of the said Francis Leeson, who died on or about the Twenty-third day of August, A. D., 1919 are equired to send by post prepaid, or o deliver to William E. Lesson, Ayl ner, Ontario, or Francis Arthur Lee son, Aylmer, Ontario, or Dr. John D. Leeson, Aylmer, Ontario, the Execu-tors of the will of the said deceased, on or before the thirty-first day of December, A. D., 1919, their names, addresses, and descriptions, and a full claims and the nature of the security, (if any) held by them, duly certified, and that after the said day, the Executors will proceed to distribute the assets of the deceased among the parties entitled thereto, having remark only to the claims of which

William E. Leeson, Francis Arthur Leeson, Dr. John D. Leeson, Aylmer, Ontario By W. Harold Barnum, Their Solicitor

AYLMER HIGH SCHOOL REPORT OCTOBER EXAMINATIONS

FORM II.

ne ne		Composition	Grammar	Spelling	History	Latin	French	Arithmetic	Algebra	Science	Geography	Per cent.	Rank
a	Appleford, G.	56		50									
it	Arkell, E.	62	53	53	64	17	55	32	12	63	53	46	31
of	Barnum, J.	68	.53	47	42	79	81	84	83	50	42	63	14
ht	Ballah, N.	54	67	67	52		48	16	12	62	30	46	33
ay	Bentley, I	66	64	77	77	50	72	38	23	79	66	61	17
ou	Black, L.	67	49	80	59	54	46	48	32	51	24	51	25
he	Chapman, F.	69	75	77	71		71	48	16	86	42	62	16
15,	Chase, M.	69	57	77	54	60	39	32	18	52	38	50	26
p- ur	Christie K.	74	. 59	53	23	46	39	52	36	60	37	48	28
	Dancey, J.	72	63	83	73	77	88	52	31	75	82	70	10
us	Dancey B.	69	61	97	81	63	85	22	7	78	30	59	18
at	Davidson, E.	64	52	90	72	88	93	72	46	73	56	71	8
ve	Floto, H	70	75	93	51	65	89	84	76	55	34	69	11
es	Garner, F.	58	65	30	39	30	46	60	38	57	65	49	27
en	Hankinson, E.	65	85	75	89	89	81	96	59	56	45	74	6
nd	Hardwick, E.	47	81	23	69	78	77	68	47	56	46	59	19
eir l	Harper, S.	46	60	57	69	60	61	84	33	68	41	58	21
ey	Hunt, L.	77	89	93	88		89	84	40	89	70	80	1
ir	Karn, G	60	. 71	63	65	80	81	70	42	74	52	66	13
f-	Kaiser, A.	66	56	77	50			72	22	66	39	56	22
ng	Koyle, R.	56		33	75						73		-
gh	Leeson, L.	60	56	37	59	45	61	20		75	61	47	29
ir	Martin, M.	58	63	57	72	10	52	20	10	62	53	46	32
in	Millard, Eugene	57	49	67	55	16	22	32		54	72	42	34
to !	Millard, Estella	65	55	50	46		21	60	9	55	22	42	35
m	Miller, A.	68	80	70	82	55	78	68	22	62	35	62	15
ou	McKnight, J	76	71	87	81	86	68	76	76	82	62	77	2
nd	McTaggart, W.	68	75	70	67	89	86	80	50	77	84	75	4
i's	Parkes, L.	68	64	73	48	80	71	36	37	- 56	50	58	20
of	Price, D.	60	43	47	45	63	40		58	58	60	47	29
	Readman, C.	70	48					56	12	89			
	Riddell, F.	60	76	67	60	88	72	64	53	79	49	67	12
in	Robert, A.	57	76	83	77	85	73	68	55	85	83	74	5
y,	Robertson, H.	60	73	87	86	88	94	88	45	82	45	75	3
a	Sealey, A.	59	61	7	84			42		a	70		36
ve	Summers, V.		57	63	59		59	10	30	71	54	53	24
it-	Summers, G.	60	56	60	82	73		44	22	74	28	55	23
al	Teeple, G.	69	82	47	46	89	95	62	72	72	53	70	9
ell	White, P.	70	81	67	70	90	81	76	70	69	55		7
en		_					-		.0	00	00	10	

The train was pulling into Union Station, and as the passengers crowded to get off, the hotelman walked up and down calling "King George, King George?" Coming up to a gentleman, he said, while stooping for the man's

bag, "King George, sir?"
"No sir," replied the man, "you are I'm Mr.

Clerk (absently)-I don't know that I have it. But I can send you something just as good.

and tall in some dress—what she didn't know," I think," she remarked, didn't know," I think," she remarked, Dated at Aylmer this 7th day of "Funniboise, that a role that would November, A. D., 1919.

RULES THE ROAD

The Forecast prints the following English-Japanese copy of the rules of the road that govern motor traffic in Japan.

At the rise of the hand of policeman, stop rapidly. Do not pass him, or otherwise disrespect hin

When a passenger of the foot hove in sight, tootle the horn trumpet to him melodiously at first. If he still obstacles your passage, tootle him with vigor and express by word of the mouth the warning, "Hi! Hi!"

Beware of the wandering horse that he shall not take fright as you pass him. Do not explode the exhaust box at him. Go soothingly by.

Give big space to the festive dog that make sport in the roadway. Avoid entanglement of dog with your wheel spokes.

Go soothingly on the grease mud, as there lurk the skid demon. Press the brake of the foot as you roll round the corners and save the collapse and tip up.

Knicker-Has Jones returned to his pre-war work? Bocker-Yes, he is looking for the same job he was looking for before the war.

NOTICE TO CREDITORS

Of Robert Charles Gibson, Laborer, Deceased.

Pursuant to Sec. 56, Chapter 121, R. S. O., 1914, notice is hereby given that all creditors and others having claim against the estate of Robert Charles Gibson, late of the Town of Aylmer, in the county of Elgin, laborer, who died on or about the eighteenth day of August, A. D., 1919, are required on or before the twentieth day of December A. D., 1919, to send by post, prepaid to the undersigned Fred Gibson, administrator of the said deceased, their christian names and deceased, their christian names and deceased, their christian names and surnames, addresses, and descriptions, the full particulars of their claims, a statement of their accounts, and the nature of the securities, if any, held by them, and that after the day last aforesaid, the said administrator will proceed to distribute the assets of the said deceased among the parties entitled thereto, having regard or the said deceased among the par-ties entitled thereto, having regard only to such claims of which notice shall then have been given as above required, and the said administrator will not be liable for the said assets She was fair, fat and forty, was Flo
Funniboise, and she wanted to go to
for any part thereof to any person or
persons of whose claim or claims
notice shall not then have been rea fancy-dress ball, and appear slim | ceived by him at the time of such dietribution.

FRED GIBSON, Administrator, Aylmer, Ont. Nov 13, 20, 27 and Dec. 4, 1919.

OR transportation the automobile has proven its economy and its convenience. It saves time. It saves energy. It gets you there and back quickly and comfortably. With a Chevrolet "Four-Ninety" Roadster you can save more than time and energy—you can save money. Here is a car that costs very little to operate. It is frugal with fuel and saving on tires. And yet it will satisfactorily fulfill every requirement that could be expected of an efficient, dependable motor car. Come in and let us explain HOW and WHY Chevrolet transportation will give you maximum service at minimum cost. GEORGE W. HOUSE & CO. Ark Garage Aylmer, Ontario

