

FIVE-MINUTE SERMON

THIRD SUNDAY AFTER EASTER

PLEASURE IN SERVING GOD

"Rejoice in the Lord always; again I say, rejoice." (Phil. iv. 4.)

It has often been noticed, my dear brethren, and we every day come across examples of it, that when things are going well men think very little about God and the practice of their religious duties.

We may almost say that, as things are at present, most men will not perform their duty to God unless they are driven to do so by something unpleasant and hard to bear.

Now, I am not going to say a word about the service of God which springs from "the fear of the Lord," which is the beginning of wisdom.

This is the teaching of the Holy Scripture, and especially of the great Apostle our patron, St. Paul. The best is but a sample of similar injunctions which might be found in every one of his Epistles.

Well, there are ten thousand reasons why the service of God should be delightful and satisfactory; but I can refer to one only this morning—one, however, of which I think we can all ever feel the force.

There is a profitable and successful business, so long as everything goes well, tolerably happy. You don't see him going about with a long face, and although he may grumble a little, as most men do, you can see that he does not mean it.

TERRIBLE HEADACHES

Trouble Merchant Driven To Despair By Th. Pain.

"FRUIT-A-TIVES" CURED HIM

TRANTON, Ont., Jan. 29th, 1909. "I was a dreadful sufferer for many years from Stomach and Liver Trouble—but my greatest suffering was from violent headaches. They were so distressing that I almost had to give up my business.

"Fruit-a-tives" not only cured my headaches, but completely cured me of all indigestion, and restored me to perfect health again." W. J. McCOMB.

"Fruit-a-tives" is the greatest cure for headaches in the world and is the only medicine made of fruit juices.

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fact she is decidedly cool, and the coolness interlopes seriously with the work of both teachers. They need to get together, to consider what can be done to improve the situation, but between them stands the gossip who has been allowed to fetch and carry tales until she simply can't hold her tongue."

WHAT IS RELIGION?

THE SUPREME LAW WHICH ALL ARE BOUND TO OBEY IN THOUGHT, WORD AND DEED

In a sermon preached recently in St. Aloysius' church, Pottstown, Rev. William A. Wachter gave the answer to the question, "What is Religion?" and incidentally exposed the unsoundness of some of the remarks made at one of the meetings during the "Men and Religion Forward Campaign." Father Wachter said:

The office of religion is to teach us the truths we must believe, the laws we must observe and to furnish us with the means to keep the laws of God. Religion is not a mere sentiment, it is not a passing emotion of the heart.

Religion is the Supreme Law which all are bound to obey in thought, word and deed. It comes from the Supreme Law-giver, God, who has a right to legislate for the understanding and conscience of man.

It has been said to the people of Pottstown: "Our Saviour did not preach theology and He left behind no creed, but it is recorded of Him that He went along doing good." Dr. William E. Lampe, The Standard Dictionary defines creed as "a formal summary of fundamental points of religious belief."

The purposeless gossip is bad enough, but there is a worse type, the gossip who has a mission, who "thinks it her duty" to do harm. Such a gossip as this happened into a church—of all places to ply her art!—and a pure sweet voice in the choir held her attention.

She thought she recognized it. A former school-mate had just such a voice, but it was a worse type, the gossip who had a mission, who "thinks it her duty" to do harm.

PRESIDENT SUSPENDERS Common Suspenders Resist Every Motion The "Sliding Cord" permits free play. All dealers, 50 Cents. Light, medium and heavy weights. Dominion Suspender Company - Niagara Falls

teaches, "The hour cometh wherein all that are in the graves shall hear the voice of the Son of God and they that have done good things shall come forth unto the resurrection of life; but they that have done evil unto the resurrection of judgment." (St. John vi., 39, 40).

The Jewish Church, instituted by God, taught theology and had a creed. Our Lord recognized the authority of that Church to teach, and He approved its creed. He said, "The scribes and the Pharisees have sitten on the chair of Moses. All things therefore whatsoever they shall say to you observe and do; but according to their works do ye not." (St. Matt. xxiii., 2, 3).

Dr. Lampe tells us that "Paul gave a fine definition of religion that is applicable even in the twentieth century." "Pure religion and undefiled before God and the Father is this, to visit the fatherless and widows in their affliction and to keep himself unstained from the world." It is rather strange for the Doctor to quote this text. Paul never gave this fine definition of religion at all. It is not found in any of St. Paul's epistles, but in the epistle of St. James. (I., 27.)

Therefore, from the very concept of religion, from the clear teaching of our Lord, from the comments of His hearers, from His positive commission to His Apostles, from the testimony of Sacred Scripture, particularly of St. Paul just quoted, from the constant practice of the Christian Church in the recitation of the Apostles' Creed, we must admit that Christ did teach theology and that He did leave behind Him a creed.—Catholic Standard and Times.

COMIC PAPERS

The first thing some Catholic fathers of families do on Sunday morning as they step out from Mass is to purchase some one of the many notorious Sunday newspapers. This paper, reeking with filth, is then taken home where its atrocious comic supplement is handed over to the children.

"It is a lamentable fact that can not be denied, that the low theater and the nasty moving picture show are to-day the great pitfalls of the young in all our cities and towns. With them, completing a demoralizing quartet of diabolical agencies for the destruction of souls, go the poisonous cigarette and the atrocious dime novel. To which might be added, as a fifth agent of the devil, the so-called 'comic supplement' of the sensational Sunday newspapers.

WHISKEY HOLDS ITS VICTIMS Until Released by Wonderful Samaria Prescription

Liquor sets up inflammation and irritation of the stomach and weakens the nerves. The steady or periodical (spree) drinker is often forced to drink even against his will by his unnatural physical condition.

Samaria Prescription stops the craving, steadies the nerves, builds up the general health and makes drink, actually distasteful and nauseous. It is tasteless and odorless, and can be given with or without the knowledge of the patient.

Now, if you know of any family needing this remedy tell them about it. If you have any friend or relative who has formed or is forming the drink habit, help him to release himself from its awful clutches. Samaria Prescription, is used by physicians and hospitals.

If You Are Not Insured You should delay no longer. Now, to-day, is none too soon to secure the life insurance that you should carry. Every day, week and month you allow to pass lessens your chance of protecting your family. And each birthday passed means a higher premium eventually. To delay is unfair to yourself as well as to your family. See one of our representatives to-day about a policy. North American Life ASSURANCE COMPANY HOME OFFICE TORONTO

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Surplus Earnings Statement showing the surplus earnings of the Mutual Life OF CANADA For the past five years, compared with the total premiums received from policy-holders during the same period:

Table with 4 columns: Year, Surplus Earned, Percentage of Premiums Received. Data for years 1907-1911.

This \$1 Coupon FREE Good for a regular \$1.00 pair of Magic Foot Drafts to be sent Free to try (as explained above)

Just what you want for summer comfort on lawn, porch or in camp, the "IDEAL" Hammo-Couch. Everywhere replacing the old-fashioned, saggy, shift "half-moon" hammocks. Used as a seat or lounge or as a couch for outdoor sleeping it gives real comfort and years of service.

DON'T GOSSIP

Don't gossip. Of all the mean contemptible ways of squandering time gossip holds first place. It is such a lazy, idle occupation that men, women and children drift into it without effort, and they rarely have character enough left to save themselves from its baneful influence.

The child comes home from school, not with information relative to the day's results in learning, but with the gossip little-tattle about other children and other children's parents, homes, etc., to which the mother listens eagerly; and sometimes she supplements the tale with things that she knows herself about the persons under discussion; and on the occasion of the next school quarrel Anna tells Katherine that Katherine's mother is up to her ears in debt, that the milkman refused to leave any more milk, that the rent was unpaid, etc.

Or it may be John who thinks there is not a better man than his father in the whole world until Joseph deceives him by telling him what other people know—that John's father drinks, or has sold his vote, or has done something else disreputable. "My father said so," is Joseph's clinching argument, and it goes with the man not up to the standard, giving herself the satisfaction of commenting on another teacher's failure to get results, and straight goes a little gossip back to Miss C—with the words, "Naturally Miss C—finds it hard to be pleasant when she meets her critic; in

Drink and Tobacco Habits

There is a mistaken idea that only men who can out-class any woman in length of tongue and willingness to use it. Any politician campaigner proves this assertion. Some party leaders run the whole range from gossip to vituperation and slander, and if they do not succeed in establishing anything else they certainly do establish a reputation for being character-killers. In less arduous times many men spend their leisure in trivial discussion of social follies or of the failings of their fellow-members of various organizations. Debates on subjects worth while are rare in stores and offices and club-rooms. Even current issues that ought to be of interest are neglected, while intellect dwindles on a diet of gossip.

Manly men, womanly men, and young people who are welcome in the homes of their friends, have a better use for their time and their tongues than employing both in destroying their neighbor's reputation.—Sacred Heart Review.

Were a remedy known that would cure the craving for liquor or tobacco without the knowledge or cooperation of the patient it would be the greatest discovery since the discovery of the automobile. In a very short time, would be found in the land.

An IHC Manure Spreader a Necessity on Every Farm

If you expect to continue farming and raise a paving crop every good year, you must arrange to return to the soil the plant food taken from it by growing crops. Neglect is bound to decrease the productivity of your farm, and, in the end, to ruin it. When a farm is once run down it takes years of slow, careful upbuilding to bring it back to its original fertility.

IHC Manure Spreaders Corn King and Cloverleaf will spread manure as it should be spread; in an even coat all over the field, light or heavy as may be needed, and pulverized so that the plant and soil in it combine with the soil.

Compare the IHC apron feed mechanism with that of any other manure spreader and see how much stronger and more positive it is. IHC spreaders are so constructed in every detail that they do their work positively, with the least effort on the part of driver or horses.

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