

MAKES MEN SOUND AND STRONG

Detroit Specialist Making Men's Diseases a Specialty for Years, Will Accept Your Case, Giving It Individual Treatment, or You May Use It in the Privacy of Your Own Home.

Dr. S. Goldberg. Detroit Specialist who has 14 diplomas and certificates from medical colleges and state boards in diagnosing diseases of men, is positive he can cure a great many so called incurable cases.

DR. S. GOLDBERG. The possessor of 14 diplomas and certificates, who wants no money that he does not earn. In order to convince patients that he has the ability to do so, Dr. Goldberg will accept your case for treatment, and you need not pay a penny until a complete cure has been made; he wants to hear from patients who have been unable to get cured, as he guarantees a positive cure for all chronic, nervous, blood and skin diseases, which he accepts for treatment. He not only cures such conditions as rheumatism, bladder or kidney troubles, blood poison, physical and nervous debility, lack of vitality, stomach trouble, etc. The doctor realizes that it is one thing to make claims and another thing to back them up; so he has made it a rule not to ask for money unless he cures you, and when you are cured, he feels sure that you will willingly pay him a small fee. It seems, therefore, that it is to the best interests of everyone who suffers to write the doctor confidentially and lay your case before him, which will receive careful attention, and a correct diagnosis of your case will be made free of charge; if you have lost faith in him, as you have everything to gain and nothing to lose, you must remember that one penny need be paid until you are cured. All medicines for patients are prepared in his own laboratory to meet the requirements of each individual case. He will send a booklet on the subject, which contains the 14 diplomas and certificates, entirely free. Address him simply Dr. S. Goldberg, 208 Woodward Ave., Room 111, Detroit, Michigan. Medicines for Canadian patients sent from Windsor, Ont., consequently there is no duty to be paid.

Mistaken Identity. Senator Proctor of Vermont, accompanied by Mrs. Proctor and a party of some fourteen persons, was once making a tour of the west. A stop was made at Salt Lake City, and the party started off for a walk about the city. Senator Proctor and his wife headed the procession, and the ladies of the party brought up the rear, going in pairs. That very same day another party of easterners was making the rounds of Salt Lake City, and when they encountered the Proctor party in the main street they stood aside to let them pass. "Well, well!" exclaimed one of the second party. "There's a bit! Look at that old Mormon and his wives. Out for a constitutional, I suppose. I wonder," he added, "if he has any more."

A cheerful countenance betokens a good heart.

BEWARE OF THAT COUGH

**COOL WEATHER
Causes Much Distress to
Throat and Lung
Sufferers**

Clear, Frosty Morning Air Only
Stimulates Lungs that are Healthy

GRAVE DANGER

Observes Dr. Slocum, if a cold is allowed to run, La Grippe, Pneumonia, or Bronchitis is sure to follow if "Psychine" is not taken to prevent its progress.

Don't experiment with cheap cough mixtures or like decoctions, which at best can only temporarily relieve, until you are forced to your bed from which you will arise weaker—the more easy victim for consumption. This is the season of the year when people are started on the rapid road to the consumptive's grave, declares the eminent Lung Specialist.

PSYCHINE

(PRONOUNCED SI-KEEN)

will rid the system of all tuberculosis poison and build up weak and wasted bodies with healthy tissue. "Psychine" is a tonic and it creates strength, gives you a ravenous appetite and produces healthy flesh.

In cases of obstinate coughs, pain in the throat, sore throat, headache, pain in the limbs, extreme weakness, you cannot afford to be without "Psychine." It is prepared expressly for all diseases of the lungs and bronchitis, and if you have the least sign of a cough, sudden chill, shivers, feeling cold feet or depression, procure "Psychine" from your druggist.

If your druggist hasn't "Psychine" in stock, write Dr. T. A. Slocum, Limited, 179 King Street West, Toronto, Canada, and a sample bottle will be sent you promptly.

Y-Don't
you have a neat **Photo**
of yourself taken
at the
GIBSON STUDIO,
Cor. King and Fifth Sts

FREAKS OF SEA QUAKES.

One That Stranded Big Vessels Half a Mile Inland.

Sea quakes are mighty disturbances of the waters of the ocean, their cause or causes being identical with the causes of earthquakes. In Major C. E. Dutton's book, "Earthquakes," the author has some interesting facts regarding the ocean variety of quake. From the entries in the logs of many ships he concludes that in rare cases the power of the sea quake shocks may be great enough to render standing on deck as difficult as it sometimes is on land. It may even be great enough to shake the fear that the vessel is being shaken to pieces. Gigantic waves in the ocean are, of course, a frequent accompaniment of the sea quake. On the west coast of South America, where these waves are frequent, they sometimes follow a quake having its center below the sea level that is also felt on land. But more often they come without warning. The most memorable sea quake of this locality occurred Aug. 3, 1893.

Major Dutton describes it as follows: "The coast of South America was shaken all the way from Guayaquil, in Ecuador, to Valdivia, in Chile. The highest intensity being manifested in the neighborhood of Arica. The force of the quake in this town was very great, throwing down most of the structures and producing land slips. A few minutes later—precisely how many minutes is not known—the sea was observed to retire slowly from the shore, so that ships anchored in seven fathoms of water were left high and dry.

"A few minutes later still it was seen returning in a great wall, or 'bore,' which caught up the ships in the roadstead and swept them inland as if they were mere chips of wood. Among them was the United States steamer Waterlee, one of the improvised war vessels of the blockading fleet in the civil war, which was carried inland nearly half a mile and left with little injury on shore by the recession of the waves."

KEEP THESE IN MIND.

The power of kindness. It wins when all coercive measures fail.

The dignity of simplicity. When the "frills" are off the man is "on."

The wisdom of economy. The man who saves makes more than he saves.

The pleasure of working. The only really unhappy, rich or poor, are the idle.

The influence of example. Practice does more than precept in showing the way.

The worth of character. In the last analysis the only real value is a clear conscience.

The success of perseverance. "Keeping overlastingly at it" brings the hoped-for result.

The value of time. Lost capital may be restored by diligent use of experience. Time lost is lost forever.

The obligation of duty. Your concern should not so much be what you get as what you do for what you get.

Temperament and Food.

For bilious persons a chart of life published by Professor Boyd Laynard gives emphatic warning of dangerous rocks in the shape of sausages, pork, turtle and other commodities. Bile must not be eaten by brain workers, chilly persons should cultivate a taste for sardines, while irritable people are warned away from ginger, and the melancholy man must not touch bacon. Whitebait, it is suggested, is inadvisable for persons who are of an amorous nature, asparagus is forbidden to those who suffer from excitement, and languid persons are told to be careful when they indulge in peas, potatoes, arrowroot and macaroni. Duck for some mysterious reason is described as unsuitable for the bashful, the irate, the pale, the drowsy and the inebriate. —St. James' Gazette.

Only One Way to Save Him.

"While the religion of some men is intellectual," said a well known New York clergyman, "the religion of many is a thing of emotions."

"Back in my boyhood days I remember a man in the country who used to go to camp meeting. After singing a few inspiring hymns he would become to outward appearance the happiest and most pious man in the camp. But his emotion would always die out and his religion wouldn't tide him over to the next meeting."

"A cynical neighbor of this man once remarked that the only way to save his soul was to get him happy and pious in one of the meetings and then kill him."

Too Much Name.

A Maryland congressman tells of a baptism in a village in the black belt of that state. "What is the name?" asked the minister of the child's father. "John James George Washington Fitz-Hugh Lee Blaine Harrison Pitts," answered the father. The old minister jotted down the names, and then, walking to the baptismal font, a crockery wash basin, said to the janitor: "Moses, get some more water. There ain't half enough to baptize this child if we have to take in all his names."

Trying to Be Charitable.

"Mr. Bliggins means well, but he doesn't stop to think."

"Perhaps," answered Miss Cayenne, "he feels that time is too valuable to be trifled away in hopeless undertakings." —Washington Star.

The Making of It.

"If they're both deaf and dumb, I don't see how they could make love."

"No? I should say it was the best kind—all handmade, you know." —Philadelphia Ledger.



COWS' MILK BRINGS ENORMOUS INCOME TO THE AMERICAN FARMER.

ITS FOOD QUALITIES.

The average lactation from each cow throughout the United States is about \$27.00 per year. In some states, notably Pennsylvania, they bring their owners an income on an average of \$35.00 each a year. There are over seventeen million milk cows in the United States, according to the last census. Of the states, Iowa has the lead with over five million and a half horned cattle. Milk is healthy and fattening when fresh and from good, healthy cattle. It is good for consumptives and those weakened by disease. The only danger comes from the fact that milk affords a splendid medium for germs of typhoid fever and consumption to grow in and then infect the blood of the person drinking it. Again, the cows themselves often suffer from tuberculosis or consumption, and this can infect the human being drinking their milk. When we come to count our chances for taking disease however, we should not fear infection unless our blood is in disorder and our constitution run down.

Many thousands of cases have been known where persons who were suffering from incipient phthisis, or the early stages of consumption, were absolutely cured by Dr. Pierce's Golden Medical Discovery. It maintains a person's nutrition by enabling him to eat, retain, digest and assimilate the proper nutritious food. It overcomes the gastric irritability and relieves indigestion, and the person is thereby saved from fever, night-sweats, headache, etc., which are so common. For sale at all drug stores.

SCIENCE OF LIVING.

An Ounce of Good Cheer Is Worth a Pound of Melancholy.

"It has been said that it is better to be born lucky than rich," said Dr. George F. Butler, "but it is in fact better to be born tough than either lucky or rich. After forty at least and eliminate more. Drink more pure water and keep the peristaltic wave of prosperity constantly moving down the alimentary canal. Many people suffer from too much business and not enough health. When such is the case they had better cut out business and society for a time and come down to mud and milk and first principles. Don't be foolish. Eat less and play more. Indulge in less red fume and more fruit and fun. There are people too indolent to be healthy—literally too lazy to live. Work your brains and keep in touch with people. Do something for others and forget yourselves. There is nothing so insane and detrimental to mind and health as the conversation of people on their aches and pains and troubles. The froth of whipped eggs is a tonic compared to it. All our appetites are conditional. Enjoyment depends upon the scarcity. A worker in any field whose age is near either the shady or sunny side of fifty should consider himself in his prime, good for another half-century of temperate, judicious work. Let grandma wear bright ribbons and gaudy gowns if the colors become her, and let grandpa be as drollish as he pleases, with flashy neckties and cheerful garb. Both will be younger for it, and, besides, it is in harmony with nature. Gray hair is honorable; that which is dyed is an abomination before the Lord. Cultivate thankfulness and cheerfulness. An ounce of good cheer is worth a pound of melancholy."

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A RATTLESNAKE'S BITE.

Now, Under Some Conditions, It May Not Kill the Victim.

It may seem absurd to claim that there are cases where the bite of a rattlesnake is not fatal, yet such have happened, and to understand these it is necessary only to understand the manner in which this reptile strikes.

The spectacle of a rattlesnake at bay is one a beholder never forgets. The great, long body lies coiled in a tense spiral, the very embodiment of wickedness. Poised in air, the white bellied fore body is bent into a horizontal S, rigid as an iron bar. Raised from the middle of the spiral is the tall, quivering like a twanged banjo string and emitting a rattle like steam escaping from the pet cock of a radiator or like the sound of a mowing machine in a distant hayfield. Awe inspiring, the dread, flat, triangular head, eyes gleaming black and cold as icy steel, is ready to strike. As the grewsome mouth opens wide and pink, the long, thin poison fangs arise from a horizontal position and stand upright like a pair of slender, curved, needle pointed shad blades, ready for business. Like a flash, far too quick for the eye to follow, the snake strikes, sending home its fangs an inch or two, and in that same fraction of an instant he has squirted a tablespoonful of canary yellow, viscous fluid into the wound and lies coiled ready for a second attack.

In this incomprehensibly swift attack lies the answer why sometimes the bite of a rattlesnake is not fatal, for so wonderfully swift is the attack that a bite may be imperfect, leaving only a pair of tiny needle punctures with just enough venom to make a victim seriously ill.

Another reason why a rattlesnake's bite is not always fatal is that temporarily the reptile may be without venom. The snake may have exhausted its poison on a previous enemy. In which case it would have to wait several days before the deadly fluid has reaccumulated, or, again, the viper's fangs may have suffered accident. They may have been broken off and require time for new growth. In any case, certain it is that a rattlesnake's poison applied in the proper way will do its work, and then only the most expert and prompt assistance will save a victim. —A. W. Rolker in Pearson's Magazine.

POINTED PARAGRAPHS.

How a man who is hoarse likes to use his voice!

A person with a forgiving disposition has to put up with a lot.

The average woman is fond of saying that her ambition exceeds her strength.

A merchant is never so busy invoking that he isn't willing to wait on a good customer.

After a man gets converted his neighbors speculate every time they see him as to how soon he will pay what he owes them.

A family with an artistic temperament isn't really as much of an addition to the neighborhood as one owning a stepladder.

How easily gossip starts! Ever think how little pleasure you get out of a "story" you start and how much trouble you may be making others?

THE DEADLY TARANTULA.

The poison of the Mygalae species of tarantula is of a fearful nature—more dreaded than that of a rattlesnake—and unless only slightly scratched and heroic measures used the result is fatal. Many deaths are on record caused by these spiders. The most prolonged suffering was that of a San Diego woman. A tarantula sunk its fangs in her hand during the night. The flesh was cut away with a razor and medical assistance summoned at once. Her life was prolonged for a time as well as her sufferings. For three months she lingered under the effects, her hands constantly creeping and crawling along the bedding in horrible imitations of the motions of the tarantula.

A Bishop's Conundrum.

The bishop of Landaff is fond of the concoction of conundrums, with which, when a country parson in Pembrokehire, he loved to bewilder the grave historian Thirlwall. The story goes that not long ago Bishop Lewis concluded a clerical meeting by asking his flock, "If it takes your bishop a week to eat a ham, how long would it take him to eat a hammer?" and made a diplomatic departure to catch his train. When the company had given up the problem they wired to Landaff for the solution and received the maddening reply, "I don't know; I've never tried." —London Globe.

Secret of Living.

If we can only come back to nature together every year and consider the flowers and the birds and confess our faults and our mistakes under the silent stars and hear the river murmuring in absoluteness we shall die young, even though we live long, and we shall have a treasure of memories which will be like the twin flower, a double blossom on a single stem, and carry with us into the unseen world something which will make it worth while to be immortal.

An Overdose.

"Is it true," asked Mr. Quizzo, "that your husband ordered Dr. Smoother out of the house?"

"Yes. Poor Jack had been carrying the baby all night and every night for a week and was run down to a thread. I called the doctor, and he told Jack that he must take exercise."

The Father's Idea.

Johnny—Paw, what's the rest of that quotation beginning, "Truth is mighty?"

Father—"Scarce," I reckon.—Pittsburg Post.

It is More Than Palatable

IT ABSOLUTELY DELICIOUS

"SALADA"

Black, Mixed or Green unrivalled as a "Pick me up" being absolutely pure.

25, 30, 40, 50, and 60c per lb. By all Grocers. Sold only in Sealed Lead Packets. HIGHEST AWARD ST. LOUIS, 1905.

WATCHMAKING.

There Are Eighty Separate Operations Upon a Balance Wheel.

M. Favre-Peret, who investigated the watchmaking industry in the New England states some years ago, stated that the average production of 40,000 workmen in Switzerland was forty watches each per annum, while in America the average was 150 fine watches for each man employed.

By the aid of special machines in these watch factories one man can make 1,200 fine screws per day, some of which are so small that more than 100,000 are required to weigh a pound. One of the finest pieces made is a "pallet arbor," or pivotal bolt, which for a small sized watch has a thread of 260 to the inch, weighs 1-130,000 of a pound, undergoes 25 operations and costs but 2 1/2 cents. Measurements are gauged to 1-25,000 of an inch.

The balance wheel, after being machined, weighs only 7 grains and when fitted with 16 gold screws weighs 7.2 grains. There are 80 separate operations upon a balance wheel, 66 of them being drilling, threading and counter-sinking holes. The drills revolve at a speed of 4,800 turns a minute, and one operator can drill upward of 2,200 holes for the balance wheels per day.—Annals of American Academy.

Appetite Was Poor.

Dizzy Most of The Time.

Could Not Sleep at Night.

Many people are unaware of having anything wrong with their heart or nerves till some little excitement or overwork makes them feel faint and dizzy, or perhaps simply going up or down stairs causes dizziness and specks float before the eyes. People troubled in this way should heed the warning, and not fail to take treatment before something more serious occurs.

For all heart and nerve troubles there is nothing to equal

Milburn's Heart and Nerve Pills.

We do not claim that they will cure chronic heart disease, but we do claim that they will strengthen the weak heart, and build up the shaky nerve system.

Here is what Mrs. Sidney Hoffman, Hillsdale, Ont., says:—

"I was troubled greatly with my heart, and was so very nervous that the least little thing startled me."

"My appetite was very poor; I could not sleep at nights, and was dizzy most of the time. I took three boxes of Milburn's Heart and Nerve Pills, and I am very pleased to say that they did me a wonderful lot of good."

Milburn's Heart and Nerve Pills are 50 cents per box, or 3 for \$1.25. All druggists, or mailed direct.

THE T. MILBURN CO., LIMITED, TORONTO, ONT.

CHRYSLER.

"Which do you think counts for the most in life, money or brains?"

"Well," answered Miss Cayenne, "I see so many people who manage to get on with so little of either that I am beginning to lose my respect for both."

His Compliment.

Fond Young Mother (with firstborn)—Now, which of us do you think he is like? Friend (judicially)—Well, of course, intelligence has not really dawned in his countenance yet, but he's wonderfully like both of you—Punch.

Minard's Liniment for Sale Everywhere.

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CANADIAN PACIFIC

TOURIST SLEEPING CAR SERVICE

Without change for Northwest and coast points, leaving Toronto at 1:45 p. m., on

Monday for WINNIPEG

Tuesday " VANCOUVER

Wednesday for WINNIPEG

Friday for WINNIPEG

Saturday for VANCOUVER

And from North Bay, connecting with train leaving Toronto at 1:45 p. m., on

Sunday for VANCOUVER

Thursday for VANCOUVER

Fully equipped with bedding, cooking range, etc. Porter in charge. For use of first and second class passengers. Moderate birth rates.