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D-1-10

Perhaps

The Newell post was not intended as a buffer on a "slide for life," but that boy must work off his surplus energy in some way. Don't rebuke the little man, he may yet solve the problem of practical aerial navigation.

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them the grotesque is reached. They bring tragedy to a simple Mozart melody, forcing passion to tatters, in the belief that they are displaying temperament. . . . The noisier a tenor is, the better pleased is the audience. Never a thought is there as to the real lack of art or to the uncouthness of shouting at the top of his voice; so long as he makes the welkin ring his success is assured."

Caruso's Nervous Pose

SIGNOR ENRICO CARUSO, who, it is rumoured, is shortly to marry a beautiful Sicilian girl, is a great sufferer from stage fright. As a matter of fact, he hardly ever appears in public without experiencing the most acute nervousness.

Curiously enough, he delights in this, for he believes that it eggs him on to do his best.

"There is only one kind of trouble that I adore," he has said; "it is the trouble that takes me in ambush when I go on the stage. I am then seized with nervousness, and the anguish alone makes my voice what it is. . . This fever reveals itself to the public by many mysterious effects, which fill it with emotion; but let it be known that Caruso on the boards is not responsible for the pleasure he may give to others, and that everything is due to that redoubtable deity called 'stage fright.'"

Certainly a modest view to take of his fame.

A Lengthy Beat

MOST people have a hazy notion of the district and the wide expanse of country which is patrolled by the Royal North-West Mounted Police. Under special arrangement with the Dominion Government, which controls the police, the provinces of Saskatchewan and Alberta are well covered by this force. In Saskatchewan there are police stations at Regina, Yorkton, Moosomin, Maple Creek, Battleford and Prince Albert and in Alberta there are stations at Lethbridge, Macleod, Calgary, Edmonton, Fort Saskatchewan, Athabasca Landing and Fort Chipewyan. In the Yukon district there are stations at White Horse and Dawson. In the Northwest Territories, stations stretch from the La Pas and Norway House, near the Manitoba boundary, to Split Lake, which is half way to Hudson's Bay, to Fort Churchill and Fullerton and again to Fort Resolution on the south shore of Great Slave Lake; to Fort McPherson near the mouth of the Mackenzie River and finally to Herschell Island in the Arctic Ocean.

The area covered by this force comprises a great many square miles. The official force is as follows:

	Square miles.
Saskatchewan	250,650
Alberta	253,540
Yukon	207,076
Northwest Territories	1,922,735

Total 2,634,001

On September 30th last year the strength of the force stood as follows: 51 officers, 600 non-commissioned officers and constables and 558 horses.

In addition to the four divisional posts in Saskatchewan there are 78 detachments, while in Alberta there are 64 detachments. The main strength of the force is in the southern and more populous portions of the two provinces. The present arrangement with this province expires on April 1st of next year, but will probably be renewed for another five years. Between November, 1908, and September 30th, 1909, this force handled a total of 6,888 cases with 5,849 convictions.

Doctors differ on some points, but they are unanimous in declaring that selected nuts are the most nutritious of all foods. HAVE YOU TRIED

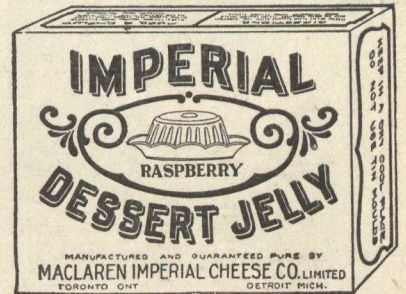
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COUGHS, COLDS, "LA GRIPPE"

Every one is familiar with the distressing symptoms of the above-named ailments—although they do not seem serious enough to justify the employment of a physician—remember "a stitch in time saves nine" and that if these ailments are allowed to run on unchecked they may terminate in diseases most destructive in their results, such as Bronchitis, Pneumonia, Lung Troubles, and Tuberculosis.



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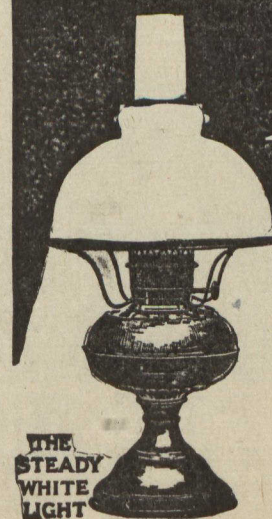
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