

WAR MEANS GOOD HEALTH

FAMOUS DOCTOR HAS FEWER PATIENTS IN WAR-TIME.

Fear of Income Being Decreased Patients Decide They Cannot Afford Treatment.

You may think that, war or no war, doctors would continue to be as busy as usual; that people would need medicine and operations—if they ever needed them at all—as much now as in peace-time.

But, as a matter of fact, almost any doctor—especially one whose patients come from the wealthier classes—will tell you that directly war broke out his patients began to grow fewer, and have gone on decreasing in number ever since.

It is interesting to note that precisely the same thing happened during the Crimean War, also during the South African War, though in neither case was it so noticeable as it is now.

Operations Avoided. There are three main reasons for this decrease.

Firstly, a large number of the operations that are performed are what are known as "operations of choice"—that is to say, they are not of vital importance. The patient would probably get well without an operation, though probably not quite so quickly.

When the public mind is in a state of nervous excitement this type of patient lets his operation "slide," and probably gets along just as well without it. But it means so much less grist to the medical mill.

Then there is the patient who may be in real need of medical attention but who fears that the war will decrease his income. He decides that he cannot afford to call in the doctor's or surgeon's aid, which, again means a direct loss to the profession.

Thirdly, there are those people who are continually in a state of dread in regard to their health, who are never so happy as when "under the doctor," and who, among the best "customers" of the surgeon and the medical man. This class, more than any other, is most affected by any great happening such as the present war.

A Cure for "Nerves." Their aches and pains are largely imaginary; their continual visits to consulting-rooms, nursing-homes and the like are prompted more by fear and selfishness than by any real need for medical attention or rest cures, and so forth.

But when the war came along it did one good thing. It made these unfortunate people forget themselves, and forced them to realize that there are greater evils in life than an imaginary attack of appendicitis—that nerve is more important than "nerves."

Yet all this, good as it may be for the individuals concerned, is giving the whole medical profession a very bad time. Probably no business has been hit so hard by the war as has that of doctoring. This falling off in the number of paying patients represents an enormous loss to a highly-trained body of men and women.

Good for the Country. It will be seen at once the tremendous effect the war is having on the whole of the medical profession and its dependents.

But, after all, may not this be a good thing for the country in the end? There may, of course, be a few people who will suffer greatly by being unable to see a doctor just now, but, on the other hand, there must be any number of men who have been forced by the war to forget selfish fears and imaginary ailments.

Pat's Faith. There had been an epidemic of colds in the town, and one physician who had scarcely any sleep for two days called upon a patient—an Irishman—who was suffering from pneumonia, and as he leaned over to hear the patient's respiration he called upon Pat to count.

The doctor was so fatigued that he fell asleep, with his ear on the sick man's chest. It seemed but a minute when he suddenly awoke to hear Pat still counting:

"Tin thousand an' sivity-six, tin thousand an' sivity seven."

The Charm Inscrutable. "Why do all the women wear their summer straw hats during the bleak winter weather?"

"Ho, that's easy! So they can put on their fur and velvet ones in the heat of July and August!"

Covent Garden, London's greatest vegetable and fruit market, was once a convent garden owned by the monks of Westminster.

A GOOD MEDICINE FOR THE SPRING

Do Not Use Harsh Purgatives—A Tonic is All You Need

Not exactly sick—but not feeling quite well. That is the way most people feel in the spring. Easily tired, appetite fickle, sometimes headaches, and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order—that the indoor life of winter has left its mark upon you and may easily develop into more serious trouble.

Do not dose yourself with purgatives, as so many people do, in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you this is true. What you need in spring is a tonic that will make new blood and build up the nerves. Dr. Williams' Pink Pills is the only medicine that can do this speedily, safely and surely.

Every dose of this medicine makes new blood which clears the skin, strengthens the appetite and makes tired, depressed men, women and children bright, active and strong. Mrs. S. E. Stephens, Ponoka, Alta., says: "I suffered severely from headaches, and was badly run down in health. I had tried several remedies with no benefit, until I was advised to try Dr. Williams' Pink Pills, and these have fully restored my health, and I can recommend them with confidence to all weak women."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

FLIERS NOT MEANT FOR WAR.

Zeppelin Did Not Originally Intend Them for Fighting.

When, seven years ago, the first Zeppelin landed at the Kaiser's feet, William II. saluted the inventor with the words:

"I salute the greatest man of the twentieth century."

Count Zeppelin has devoted twenty years to his work on dirigible balloons with metal bodies. "I intend," he explained when he began his first effort, "to construct a vessel able to go to places that cannot be approached by other means except with great difficulty, able to reach unknown coasts and interiors by always moving in a straight line above earth and sea, able to move from one naval base or army to another, carrying men or despatches, so as to observe the movements of fleets or hostile armies, but not for active participation in operations of war."

Count Zeppelin is an old acquaintance for France. On July 20, 1870, when war was declared, he and four young officers with seven cavalrymen started to make reconnaissance just before Marshal von Moltke was to open hostilities. They hoped to return before being discovered, but soon found themselves obliged to beat a hasty retreat. They were pursued, but succeeded in passing through Wissembourg, Worth, and some other villages. At Retschhof, however, a squadron of chasseurs barred the way, and one officer, Lieut. Winske, was killed. He was the first German to be killed in the war.

Three other officers and seven dragoons were surrounded and compelled to surrender.

Zeppelin, mounted on a French horse, which he had taken, managed to escape. He was promoted Colonel when peace was signed and General in 1891. Soon afterwards he retired and devoted himself to his dirigible balloon work. He was 70 years old when war was declared last summer.

CAREFUL DOCTOR

Prescribed Change of Food Instead of Drugs.

It takes considerable courage for a doctor to deliberately prescribe only food for a despairing patient, instead of resorting to the usual list of medicines.

Some truly scientific physicians recognize and treat conditions as they are and should be treated. Here's an instance:

"Four years ago I was taken with severe gastritis, and nothing would stay on my stomach, so that I was on the verge of starvation."

"I heard of a doctor who had a summer cottage near me—a specialist—and, as a last hope, sent for him."

"After he examined me carefully he advised me to try a small quantity of Grape-Nuts at first, then as my stomach became stronger to eat more."

"I kept at it and gradually began to have color in my face, memory became clear, where before everything seemed a blank. My limbs got stronger and I could walk. So I steadily recovered."

"Now after a year on Grape-Nuts I weigh 153 lbs. My people were surprised at the way I grew fleshy and strong on this food."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

OVER 1,000,000 MEN. Perfectly Armed and Equipped to the Last Button

Italy to-day has 1,300,000 first line soldiers under arms. They are from twenty to twenty-six years of age. They are perfectly armed and equipped otherwise "to the last button."

General Zupelli, the Italian Minister of War, speaking on the military situation in Italy, said that a miracle had been accomplished in that a country which for about twenty years had maintained a military organization merely for the preservation of peace had created what he termed one of the most perfect war machines. The change was not easy. General Zupelli said, as was proved wherever the same work was attempted. Great Britain, for example, had faced the same problem, and though possessing greater resources was even less prepared than Italy. The War Minister said that the equipment of the army with weapons was "prior proportionately to that of the German army at the beginning of the war."

Eagerness of the soldiers concentrated along the frontier to begin action is so great that their officers are compelled to hold them closely in check, for fear of disturbing border incidents.

In view of the extensive preparations which have been made the question is asked with increasing frequency why Italy does not enter the war. Men in a position to speak with authority say that a majority of the people prefer and the Government still hopes to obtain territorial concessions from Austria without a rupture of friendly relations.

Death Nearly Claimed

New Brunswick Lady

Was Restored to Her Anxious Family When Hope Had Gone.

St. John, N.B., Dec. 15th.—At one time it was feared that Mrs. J. Grant, of 2 White St., would succumb to the deadly ravages of advanced kidney trouble. "My first attacks of backache and kidney trouble began years ago. For six years that dull gnawing pain has been present. When I exerted myself it was terribly intensified. If I caught cold the pain was unendurable. I used most everything, but nothing gave that certain grateful relief that came from Dr. Hamilton's Pills of Maltreke and Butternut. Instead of being bowed down with pain, to-day I am strong, enjoy splendid appetite, sleep soundly. Lost properties have been instilled into my blood—cheeks are rosy with color, and I think that day that I heard of so good a medicine as Dr. Hamilton's Pills."

Every woman should use these pills regularly because good health pays, and it's good, vigorous health that comes to all who use Dr. Hamilton's Maltreke and Butternut Pills.

HAVE MOVIES AT THE FRONT.

British Soldiers Enjoy Bath and Pictures in Rest Periods.

The British at the front are nearly all devotees of the "movies," and now they have a picture palace of their own. It is situated in the town hall of the village which is the headquarters of the Fourth Division and it is crowded every day with soldiers taking their rest from the trenches.

In the same village is a brewery fitted up as a bath house. The first thing the men do after issuing from the steaming vats and putting on fresh clothes is to flock to the picture show.

At first films were obtained at great expense from Paris and the mechanism was rigged up by soldiers who were movie operators before the war. Afterward one of the London agencies acquired some 10,000 feet of film and presented it to the brigade. Returning officers now make a point of bringing back fresh films with them.

The First Step.

"Pa," plaintively coaxed Mrs. Nookayne, "I want to get in society."

"All right," resignedly assented Mr. Nookayne. "I s'pose we kin hire a reporter to write somethin' scandalous about us."



The Hope of His Side.

Kaiser: "The strain is terrible. I'm afraid I can't keep the wicket long!"—Melbourne "Punch."

Suffered For More Than Two Years

THEN JOSEPH GAGNE FOUND A CURE IN DODD'S KIDNEY PILLS.

Quebec Man Took His Wife's Advice and Is Now Enjoying a New Lease of Health.

Ste. Marguerite Bay Mills, Saguenay Co., Que., April 28th (Special).—"Yes you can tell the public of the great relief I got from Dodd's Kidney Pills." The speaker was Mr. Joseph Gagne, a well-known resident of this place, and he has every reason to be enthusiastic over the great Canadian Kidney remedy.

"For more than two years I suffered from kidney disease," Mr. Gagne continued. "It finally developed into gonorrhea and I was a very sick man when my wife persuaded me to give Dodd's Kidney Pills a trial."

"I took just three boxes and they made me well." Dodd's Kidney Pills make their users enthusiastic because they not only cure the particular ailment aimed at but they spread good health all over the body. They do this by curing the kidneys. Cured kidneys strain all the impurities out of the blood. That means pure blood and new health all over the body.

A SQUARE DEAL.

In any organization so large as that of the C.P.R., where under normal conditions over 100,000 employees are on the payroll, one great problem is that of keeping the employees, so to speak, dynamic, part of a living organization and not of mere machines. Zeal and ambition must be kept burning. Just as every soldier of Napoleon carried a field marshal's baton in his knapsack, so every office boy in the Company must feel he is a possible president, not merely earn his dollar a day till pension day. One system introduced on the Western lines with this in mind has proved exceedingly efficient. Each superintendent or foreman or head of a department makes two reports a year on his staff. Bright men are thus earmarked for special promotion. If a man is criticized the report is shown to him and intimated by him before it goes to Winnipeg. He gets a square deal, and if he has any life in him he mends his ways so that no such criticism can be made twice. Then again there are independent scouts, looking for the bright men, the tidy station agent, the courteous trainman, the man cool in an emergency, the inventive mechanic, the stenographer who can run the office when the chief is absent. These scouts are searching for merit only, not for faults.

Over the whole system of the Canadian Pacific ideas and suggestions made by employees are not only welcomed, but lead to promotion. They go to the Record Office, where a statement of the employee's career is attached to the suggestion before it is considered by a committee. If the idea is adopted the record of the employee's career is then before the eyes of the powers that be, and recognition is sure to follow. The needle in the haystack is easy enough to find with a magnet, and there are a dozen magnets looking out for merit among the 100,000 employees of the C.P.R.

No More Corns

Cure Guaranteed. Never known to fail; acts without pain in 24 hours. Is soothing, healing, takes the sting right out. No remedy so quick, safe and sure as Putnam's Painless Corn Extractor. Sold everywhere—25c. per bottle.

AN APPRECIABLE GIFT.

Appeal for Maple Syrup and Sugar for Red Cross Society.

The Canadian Red Cross Society has sent an urgent appeal to Mr. J. H. Grimm, who is well known in the maple syrup industry, for a donation of syrup and sugar for the boys at the front.

A letter from Colonel Gorrel, of the First Canadian Contingent, tells of the enthusiastic reception accorded a recent case from Canada containing, among other things, a few cakes of maple sugar. He states, "the men went fairly crazy with delight when it was given to them."

To a Canadian away from home it would be difficult to conceive of a more acceptable gift in the spring of the year than some genuine sugar or syrup from "the land of the Maple."

There are few farmers who could not spare at least a gallon of syrup or ten pounds of sugar for such a worthy and patriotic object. Those who respond—and it is hoped there will be many—are asked to pack carefully and express to the Canadian Red Cross Society, 53 Wellington St., Montreal, Que.

The express companies will carry such parcels free if plainly marked for "The Red Cross."

Ask for Minard's and take no other.

ED. 7. ISSUE 18-15.

THINGS WORTH KNOWING.

What is believed to be the most durable highway in the world have been made in France of a concrete composed of iron shavings, cement and sand. From ordinary sea weeds a London chemist claims to have extracted a gum that is proof against fire, acids and moisture and that is a better insulator against electricity than vulcanite.

A new electric torch for use about automobiles or machinery has an electric-magnet in its base, energized by the battery that supplies the light, to hold it against any iron or steel surface.

So that the humming of telephone wires fastened to a house will be lessened a new German system incloses the wires in cement cylinders, the inner surfaces of which are softer than the outer.

To test the strength of newly invented automobile inner tube it was used to tow a street car behind a traction engine in a California city and it withstood a strain estimated at seven tons.

Economy of fuel consumption in steamships often requires the mixing of two or more kinds of coal, and an Englishman has invented a coal-barge that mixes coal as it delivers it into a bunker.

An eastern railroad has built a machine operated by compressed air that loads two cars at once with steel rails or unloads them and places the rails ready for laying at a rate of four a minute.

The Russian government has been convinced by a number of Swiss engineers that it is perfectly feasible to bore a sixteen-mile tunnel through the Caucasus Mountains to join the Black and Caspian seas.

SICKLY CHILDREN PROMPTLY CURED

Baby's Own Tablets are an ideal medicine for little ones. They regulate the bowels and stomach and promptly cure constipation, indigestion, cold and simple fevers, expel worms, cure colic, and give baby health and happiness. Concerning them Mrs. Fred VanGorder, Dunnville, Ont., writes: "I have used Baby's Own Tablets for my four children and find they always give perfect satisfaction." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Some System.

Rankin—What do you think of the plan of giving cabaret patrons little hammers with which to pound on the tables for applause?

Phyle—It is an extremely ingenious method of turning a knock into a boost.

Sore Eyes

Granulated Eyelids. Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smearing, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Remedy Remedy or Murine Eye Remedy Co., Chicago.

Minard's Liniment Lumberman's Friend.

Boxing is now one of the subjects of physical instruction in the State schools of Australia.

Good-Bye, Old Backache

Nerviline Will Fix You!

Stiffness is Rubbed Right Out; Every Sign of Pain Disappears.

Gee whizz—think of it! No more stomach dosing necessary to cure your lame back.

Every trace of lameness, every bit of stiffness, every sign of weakness in the back's muscles can be rubbed away for all time to come by good old "Nerviline."

No other liniment can do the work so quickly, can penetrate so deeply, can bring ease and comfort to the back-weary sufferer as Nerviline invariably does.

Nerviline is quick to cure. For lumbago or sciatica you would go far to find relief so speedy as Nerviline gives. For chronic rheumatism there are pain-destroying properties in Nerviline that give it first rank. The way it humbers up a stiff joint and takes soreness out of strained or rheumatic muscles is simply a wonder.

If you have an ache or a pain anywhere, if you have a sore back, a stiff neck, a stiff joint, a strained muscle—If you have lumbago, congested chest or sore throat, just try Nerviline. Rub it on plentifully—it won't blister, it can't do anything but cure you quickly. The large 50c. family size bottle is the most economical, of course, but you can, from any dealer, also get the 25c. small size of Nerviline, the king of all pain-relieving remedies.

A Base Libel.

She—I gave Rover one of my doughnuts to-day, and what do you suppose he did with it?

He—I don't know. Did he eat it?

She—No! Really? And yet they say dogs have no reasoning powers.

Just a Scratch

BUT it needs looking after. Carbulated "Vaseline" will help it to heal quickly and prevent risk of infection. First aid treatment with

CARBOLATED Vaseline

Trade-mark. Made in Canada.

It is a most effective antiseptic dressing for cuts, bruises, boils, and skin irritations of all kinds, such as eczema, poison ivy and barber's itch. Also good for corns.

AVOID SUBSTITUTES. Insist on "Vaseline" in original packages bearing the name, CHESEBROUGH MANUFACTURING CO., Consolidated, for sale at all Chemists and General Stores.

For further information request

CHESEBROUGH MFG. CO. (Consolidated)

1880 CHABOT AVE., MONTREAL.

Contributory Negligence.

Mrs. Phatpurs—Percy Bargoold married! Taken in by a designing parlor maid! How shocking!

Mrs. Studdrol—Deserves it, I say. Ought to have looked up her references before he hired her.

Just That.

Johnny—What is an expert, pa?

Pa—A fellow who tells others how to do the things he can't do himself.

Keep Minard's Liniment in the house.

SEED POTATOES.

EARLY IRISH COBBLER POTATOES. Specially selected and Government inspected for seed. Only limited quantity. Price, One Dollar per bushel L.O.B. Brampton. Also Connoisseur's Pride and New Snow, two excellent new potatoes. Price, Two Dollars per bushel. Special prices for large quantities. Cash must accompany all orders. H. W. Dawson, Brampton.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB OFFERS for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Cullingswood, Ont.

Kermath Marine Engines

"America's Standard 4 Cycle Marine Motor" by Kermath. For sale by all dealers. Write for literature. Kermath Marine Engines Co., Ltd., 100 King St. W., Toronto.

Just a Scratch

BUT it needs looking after. Carbulated "Vaseline" will help it to heal quickly and prevent risk of infection. First aid treatment with

CARBOLATED Vaseline

Trade-mark. Made in Canada.

It is a most effective antiseptic dressing for cuts, bruises, boils, and skin irritations of all kinds, such as eczema, poison ivy and barber's itch. Also good for corns.

AVOID SUBSTITUTES. Insist on "Vaseline" in original packages bearing the name, CHESEBROUGH MANUFACTURING CO., Consolidated, for sale at all Chemists and General Stores.

For further information request

CHESEBROUGH MFG. CO. (Consolidated)

1880 CHABOT AVE., MONTREAL.

Contributory Negligence.

Mrs. Phatpurs—Percy Bargoold married! Taken in by a designing parlor maid! How shocking!

Mrs. Studdrol—Deserves it, I say. Ought to have looked up her references before he hired her.

Just That.

Johnny—What is an expert, pa?

Pa—A fellow who tells others how to do the things he can't do himself.

Keep Minard's Liniment in the house.

THE NEW PERFECTION Oil Cookstove, for years manufactured in the United States, is now made in Canada.

The Perfection Stove Company, Ltd., at Sarnia, Ont., is manufacturing these stoves for distribution by The Imperial Oil Company, Ltd., throughout the Dominion.

The NEW PERFECTION is the best-known and most-liked oil stove in the world. Over 2,000,000 are now in use—saving money and labor for their users and keeping kitchens clean and comfortable.

The NEW PERFECTION brings gas stove conveniences to the kitchen. It lights like gas, cooks like gas. 1, 2, 3, and 4 burner sizes.

Ask your dealer to show you a NEW PERFECTION Oil Cookstove—made at Sarnia, Ont., by Canadian workmen. If he can't supply you, write us direct.

ROYALITE OIL GIVES BEST RESULTS

THE IMPERIAL OIL COMPANY Limited

BRANCHES IN ALL CITIES

Made in Canada

THE IMPERIAL OIL COMPANY LIMITED